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Formation of chiral CO polyhedral crystals on icy interstellar grains

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ABSTRACT

The crystallinity and morphology of solid carbon monoxide (CO) on icy interstellar grains were examined by observing the deposition, crystallization, and UV and electrons irradiation of solid CO using transmission electron microscopy. Herein, we found that solid CO deposited in molecular clouds was crystalline, and that even if amorphous CO was deposited, amorphous CO crystallized within 10^3 yr at 10 K. Conversely, crystalline CO was not amorphized by UV rays or electron beam at 10 K. These results indicated the occurrence of chiral crystalline CO instead of amorphous CO in space. Furthermore, the large surface diffusion coefficients of CO on eamorphous H₂O and crystalline CO at 10 K facilitated the morphological equilibration of crystalline CO. Bad wetting of crystalline CO with amorphous H₂O proved that the morphology of the ice grains was not spherical with an onion-like structure, as hitherto assumed, but rather it was a polyhedral crystalline CO attached to amorphous H₂O. This has important implications for phenomena associated with the collision and subsequent sticking between ice grains, surface chemical reactions, non-thermal desorption of molecules and the origin of homochirality in interstellar biomolecules.

Key words: astrochemistry – method: laboratory: solid-state – ISM: dust.

1 INTRODUCTION

The morphology of icy interstellar grains is important for various astrophysical and astrochemical phenomena as it governs collision and sticking/disruption processes (Dominik & Tielens 1997; Poppe, Blum & Henning 2000; Musiolik et al. 2016), sintering (Sirono 1999), and the optical properties (Li & Greenberg 1997) of icy interstellar grains. However, the proposed models for ice–grain aggregates (Dominik & Tielens 1997; Sirono 1999; Wada et al. 2007) usually assume that the grains are spheres or spheroids containing an onion-like structure with an H₂O-rich ice mantle that is, in turn, covered by a CO-rich ice mantle (Ehrenfreund et al. 1998; Sirono 2011; Boogert, Gerakines & Whittet 2015; O’berg 2016; Musiolik et al. 2016; Okuzumi et al. 2016). If ice grains are amorphous, the morphology of the icy layer follows the shape of the refractory core grain due to the small self-diffusion coefficients. Conversely, if some ice components are crystalline, their morphologies preferentially adopted polyhedral structures rather than uniform layers due to their large self-diffusion coefficients. Sticking or fragmentation processes occur randomly if the grain’s surface is covered with

polyhedral structures, regardless of the collision velocities (Poppe et al. 2000). In this case, precisely knowing the crystallinity of the ice grains is essential, whether the grains are amorphous or crystalline. Furthermore, the ice grains’ crystallinity provides information on their thermal history.

In the case of H₂O ice, the conditions for the deposition and preservation of amorphous H₂O (am-H₂O) have been examined both theoretically and experimentally (Kouchi et al. 1994; Ciesla 2014). Although we usually use ‘a-’ as the abbreviation for amorphous, we will not adhere to this convention in the present paper to avoid any confusion between a-CO and α -CO (one of the polymorphs of crystalline CO). Instead, we will use ‘am-’ to refer to am-H₂O or am-CO. Also, crystalline polymorphs are usually distinguished using Greek letters (e.g. α -CO and γ -CH₃OH) or roman numerals (e.g. CO₂ IV and ice XI). The formation of am-H₂O during deposition occurs when the flux of the water vapour is larger than the critical value threshold, and the preservation of am-H₂O is achieved when temperature is lower than a critical value. The latter condition could be verified via experiments on the temperature dependence of crystallization as a function of time (Kouchi et al. 1994; Jenniskens & Blake 1996; Baragiola 2003; Mastrapa, Grundy & Gudipati 2013). Another important factor influencing the crystallinity of H₂O ice is radiation-induced amorphization (Famá et al. 2010). It has been

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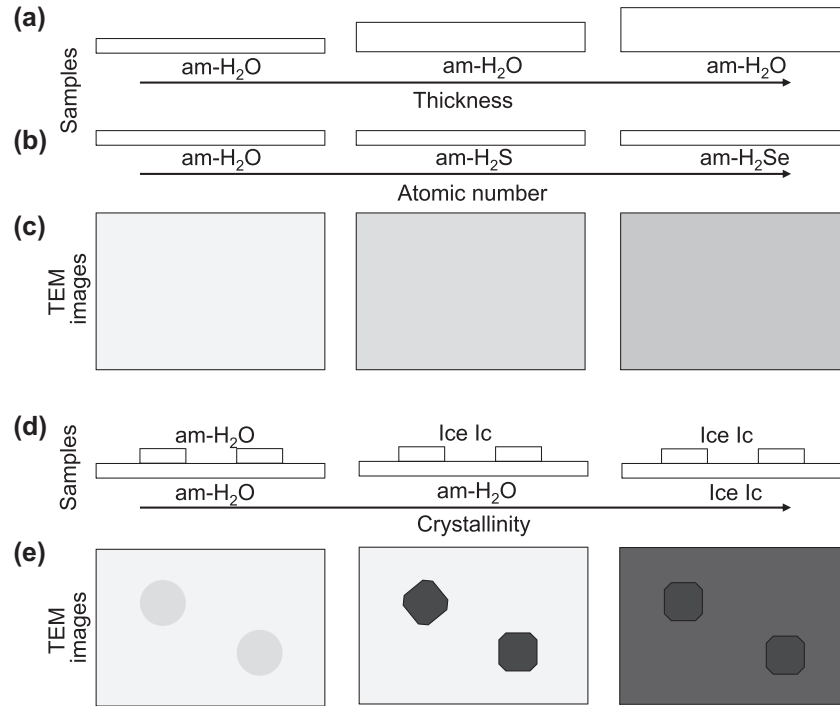


Figure 1. Schematic illustrations on the brightness of TEM images of amorphous materials with increasing thickness or atomic number (a–c) and the effect of crystallinity (d, e). The former (a–c) is attributed to the scattering contrast and the latter (d, e) is attributed to the diffraction contrast.

shown that UV irradiation (Kouchi & Kuroda 1990; Leto & Baratta 2003), electron beam (Heide 1984; Heide & Zeitler 1985), and other high-energy particle bombardments (Strazzula et al. 1992; Moore & Hudson 1992) facilitate the amorphization of ice I crystals at temperatures lower than ~ 70 K. Therefore, UV rays or other particle irradiation sources obscure the thermal history of ice I crystals.

An important factor controlling the morphology of icy interstellar grains is substrate wetting. When the wetting is complete, the ice crystals adopt a uniform film configuration, regardless of the inherent degree of crystallinity. Conversely, bad wetting causes the formation of 3D ice islands. However, research on wetting is extremely limited in astrophysically relevant systems. Noble et al. (2012) investigated the adsorption of CO, CO₂, and O₂ on non-porous am-H₂O, crystalline ice, and SiO₂, and quantitatively discussed wetting. There has been no study on the wetting analysis of CO during further growth.

Since CO₂ and CO are abundant ice components, after H₂O, in interstellar molecular clouds (Gibb et al. 2004; Boogert et al. 2015), understanding the crystallinity of CO₂ and CO is essential for discussing the thermal history of low-temperature interstellar grains. The crystallinity of solid CO₂ has been examined in detail via infrared spectroscopy (Escribano et al. 2013; Gerakines & Hudson 2015; Baratta & Palumbo 2017; He & Vidali 2018) and transmission electron microscopy (TEM) (Kouchi et al. 2020). Additionally, the effect of UV and electron beam irradiation on solid CO₂ was investigated by Tsuge et al. (2020). To date, there are no IR studies on the nature of amorphous CO (am-CO). Although Kouchi (1990) observed the crystallization of am-CO via reflection high-energy electron diffraction, observations were limited at a specific heating rate. Kouchi et al. (2020) determined the extent and factors influencing CO deposition on am-H₂O via TEM and determined the associated activation energy of the surface diffusion of CO and CO₂ on am-H₂O. However, they used only porous am-H₂O as a

substrate and not non-porous am-H₂O. Furthermore, no findings on the conditions governing the formation of am-CO and crystalline CO were discussed. In light of the above-mentioned circumstances, a systematic investigation of the described processes is highly desirable, particularly for understanding the deposition of CO, the crystallization of am-CO on astrophysically relevant substrates like porous and non-porous am-H₂O, and the radiation-induced amorphization of crystalline CO. This investigation would help to define the crystallinity of solid CO. Furthermore, the processes and mechanisms governing the wetting of α -CO using am-H₂O should also be investigated to determine the morphology of α -CO on am-H₂O grains.

2 EXPERIMENTAL

2.1 Transmission electron microscopy

Although a modern transmission electron microscope has various modes, imaging and electron diffraction are its most valuable and widely used techniques. High-energy electron beam and electromagnetic lenses enable us to create an image with resolution down to nm-scale. In general, the brightness of TEM images of amorphous materials decreases from bright (pale grey) to dark (dark grey) with increasing thickness or atomic numbers owing to the scattering contrast, as shown in Figs 1(a)–(c) (Reimer & Kohl 2008, chapter 6). The brightness of crystalline samples (ice Ic in Figs 1d and e) is much darker (black) than that of am-H₂O (pale grey) owing to the diffraction contrast (Reimer & Kohl 2008, chapter 9). Therefore, the detection of crystals on amorphous substrates (centre image of Fig. 1e) is easier than those of amorphous materials on amorphous substrates and crystals on crystalline substrates, as shown in left and right images in Fig. 1(e), respectively. Electron diffraction patterns provide information not only on the crystallinity, amorphous,

or crystalline but also on crystal structures. These two modes, imaging and electron diffraction, have advantages over the generally used technique in laboratory astrophysics and astrochemistry, such as optical spectroscopy and temperature-programmed desorption method. Only few works using TEM have been performed in these fields (e.g. Jenniskens & Blake 1996). As commercially available TEM uses high-vacuum pumping system, the pressure attained is only 10^{-5} Pa order. In this situation, residual water vapour condenses onto the low temperature substrate and it becomes extremely difficult to observe the ice samples. Therefore, we developed a JEM-2100VL ultra-high vacuum (UHV)-TEM (JEOL) for the *in situ* observation of ices (Kouchi et al. 2016, 2020; Tachibana et al. 2017).

A column of the UHV-TEM was evacuated using five ion pumps. The pressure between the specimen chamber and the ion pump was $\sim 1 \times 10^{-6}$ Pa. The pressure near the specimen was kept lower than $\sim 1 \times 10^{-6}$ Pa as the specimen was surrounded by a liquid nitrogen shroud. We used a Gatan ULTST liquid He cooling holder for sample cooling procedures. A 5-nm-thick, non-porous amorphous Si (am-Si) film (SiMPore Inc. US100-A05Q33) was used as the substrate for sample deposition. There were three ICF 70 ports for *in situ* studies, which were directed at the specimen's surface at an incident angle of 55° . One of the ports was used for sample deposition; a Ti gas inlet tube with a 0.4-mm inner diameter connected to variable-leak valve was faced to the substrate. In another port, a 30-W D₂ lamp (Hamamatsu, L7293) was also equipped.

Damage to the samples caused by the electron beam was avoided by employing a low-dose technique (Tachibana et al. 2017) using an 80-kV accelerating voltage, very weak electron beam intensity of 6×10^{-3} electrons $\text{\AA}^{-2} \text{s}^{-1}$ at the sample position with $\times 50000$ and low-magnification observation using a Gatan ES500W CCD camera. All electron diffraction patterns were taken within a 700-nm radius of the central portion of the TEM images unless otherwise noted.

2.2 Experimental protocol

Experiments were performed following the protocol described below.

The CO deposition experiment was conducted by first making a ~ 10 -nm-thick am-H₂O layer on the am-Si substrate.

Porous am-H₂O was made via vapour deposition with a deposition rate of ~ 8 nm min^{-1} at ~ 10 K. For non-porous am-H₂O, porous am-H₂O was annealed at 100 K for 5 min. Then, CO was deposited onto the am-H₂O with a deposition rate of ~ 1 nm min^{-1} (corresponding flux: $\sim 4 \times 10^{13}$ CO molecules $\text{cm}^{-2} \text{s}^{-1}$) at 10–20 K. We observed deposition process *in situ* using UHV-TEM, as previously reported by Kouchi et al. (2020).

The crystallization experiment was performed by first making a ~ 20 -nm-thick layer of porous or non-porous am-H₂O onto the substrate, followed by the deposition of a 20-nm-thick am-CO layer onto the am-H₂O layer at a deposition rate of ~ 1 nm min^{-1} . After deposition of am-CO at 10 K, the sample was rapidly heated (at a rate of ~ 40 K min^{-1}) to 15–25 K, and crystallization process was observed *in situ* at the desired temperatures using UHV-TEM. The time-scale of crystallization is defined as the time required to visually see the 100 per cent crystallization of am-CO (e.g. Kouchi et al. 1994). Although detecting the onset of crystallization was not extremely challenging using TEM, determining the end-point of crystallization proved rather difficult (Jenniskens & Blake 1996; Mastrapa et al. 2013) unlike IR spectroscopy applied to the crystallization of am-H₂O (e.g. Schmitt et al. 1989; Maté, Rodríguez-Lazcano & Herreo 2012). This is because the detection of a small amount of remaining am-CO in α -CO via TEM is considerably difficult. Therefore, our

measurement of the crystallization time-scales might have errors of about one order of magnitude.

The first steps of the UV and electron beam irradiation experiments entailed the direct deposition of CO onto the am-Si film to avoid contamination via H₂O. Both am-CO and α -CO were deposited with a deposition rate of ~ 1 nm min^{-1} at 10 K and 19 K, respectively. UV rays emitted from the 30-W D₂ lamp in the range of 115–400 nm was used as UV source. Although we could not measure the UV flux at the sample position in TEM, the UV flux measured using another vacuum chamber equipped with a Si-photodiode (IRD, AXUV-100 G) was $\sim 2 \times 10^{13}$ photons $\text{cm}^{-2} \text{s}^{-1}$ before setting the lamp for TEM. The UV rays were collimated using a mirror-finished pure Al-collimator, which might have affected the UV flux at the sample's position. We observed the UV irradiation processes *in situ* using the UHV-TEM.

For the electron beam irradiation experiments, normally weak and enlarged electron beam was strengthened and focused to 5–10 μm in diameter. The intensity of the electron beam was roughly measured using a conventional Faraday cup equipped in the UHV-TEM. We observed the samples just before and after the irradiation using the enlarged electron beam.

3 RESULTS

3.1 Crystallinity and morphology of solid CO during deposition

Fig. 2 compares the CO deposition process at 19 K on porous and non-porous am-H₂O. The TEM images after the appearance of CO crystals (black images: 4.5, 6 min in Fig. 2a, and 5, 6 min in Fig. 2b) clearly show that the CO crystals (α -CO) did not grow as uniform films but rather as 3D islands regardless of the porosity of am-H₂O as schematically noted beneath the TEM images. These results indicated that α -CO hardly wets am-H₂O regardless of the porosity of am-H₂O.

The number density of α -CO islands on non-porous am-H₂O is smaller than that on porous am-H₂O, suggesting larger surface diffusion coefficient of CO on non-porous am-H₂O. To elucidate this finding, we observed the CO deposition process at 10–20 K on non-porous am-H₂O, as shown in Fig. 3. It is clear that with decreasing substrate temperature, the number density of α -CO islands increased and that the crystalline sizes decreased. At lower temperatures, the formation of uniform am-CO film was observed as shown in Fig. 3(d). This transition temperature on non-porous am-H₂O lies between 11.5 and 14 K, which is lower than that on porous am-H₂O, between 14 and 18 K.

From the saturated number density of α -CO, mean distances between crystalline islands and mean diffusion distances X of CO on non-porous am-H₂O were derived through the method of Kouchi et al. (2020). Fig. 4 shows the plot of $\ln X$ versus $1/T$, whose slope corresponds to $E_{\text{sd}}/2R$ where E_{sd} the activation energy of surface diffusion of CO, T temperature, and R the gas constant (Kouchi et al. 2020). We obtained the E_{sd} of CO on non-porous am-H₂O of 200 ± 40 K. This value is smaller than E_{sd} of CO on porous am-H₂O of 350 ± 50 K. Noble et al. (2012) measured the adsorption energy of CO on non-porous am-H₂O, 828 K. E_{sd} of CO on non-porous am-H₂O obtained in this study is 0.24 of this value.

3.2 Crystallization of am-CO

Fig. 5 shows an example of am-CO crystallization on (a) porous am-H₂O and (b) non-porous am-H₂O. The TEM images of solid CO deposited at 10 K showed uniform films and the electron diffraction pattern was halo, indicating that these samples were

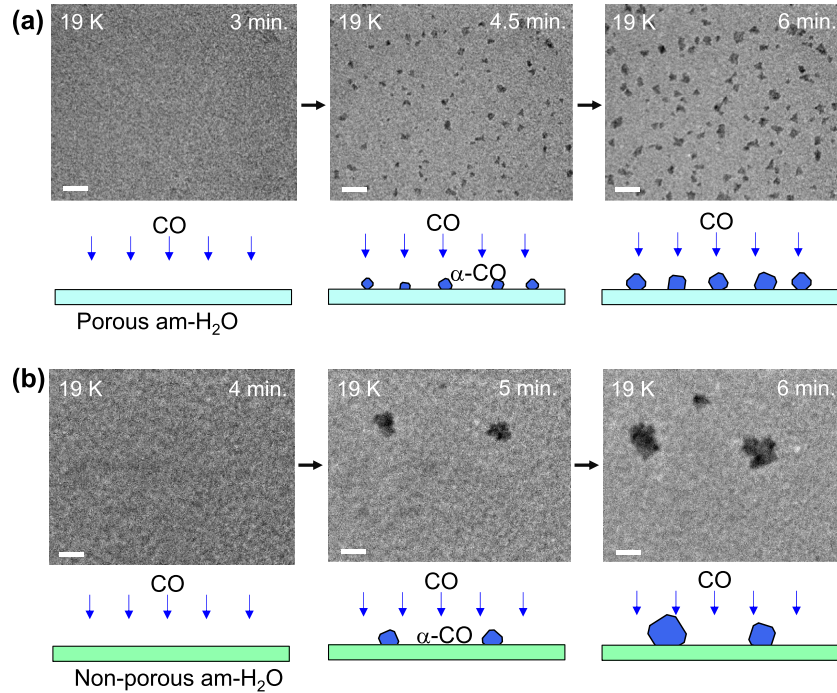


Figure 2. *In situ* TEM observation and corresponding schematics of the CO deposition process at 19 K on porous am-H₂O (a) and non-porous am-H₂O (b). The times shown were noted after the start of the CO deposition process. Thin blue arrows labelled CO represent impinging CO gas onto the substrates. The sharply contrasting (black) images are the CO crystals. All scale bars are 500 nm.

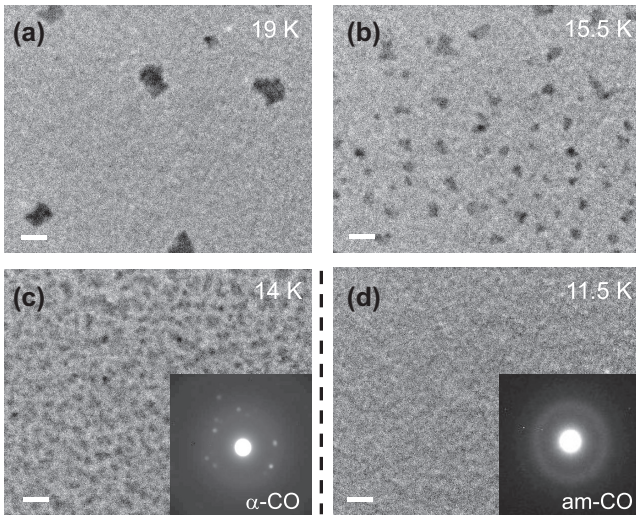


Figure 3. TEM images after the saturation of number densities of α-CO during CO deposition at 11.5–19 K on non-porous am-H₂O. The corresponding electron diffraction patterns are shown for some TEM images. At temperatures higher than the critical temperature shown by broken line, α-CO were formed. Conversely, at temperatures lower than the critical temperature, am-CO was deposited. All scale bars are 500 nm.

am-CO. The TEM images and a corresponding electron diffraction pattern obtained at 24.5 K showed the presence of CO crystals (α-CO). The image taken at 0.2 min and 24.5 K contained uniformed crystals that were ~50 nm in size (Fig. 5a), and that at 1 min and 24 K ~200 nm in size (Fig. 5b).

The images taken after 3 min at 24.5 (Fig. 5a) and 24 K (Fig. 5b) contained only specific crystals that had grown ~200 nm and

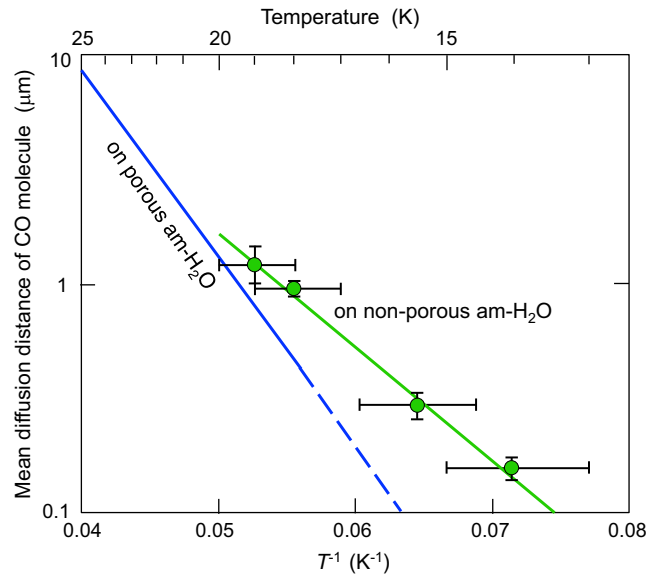


Figure 4. Plot of the mean diffusion distance of CO on non-porous am-H₂O (green circles and line) and that of porous am-H₂O (blue line, Kouchi et al. 2020) versus inverse of temperature. From the saturated number densities of crystals in Fig. 3, mean diffusion distances are calculated by the method of Kouchi et al. (2020).

~400 nm in size, respectively, whereas the other crystals remained unchanged in size or had shrunken via Ostwald ripening (Voorhees 1985; Bhakta & Ruckenstein 1995). If we consider the grains in different sizes coexisting during the phase transformation process, larger grains grow, whereas smaller grains shrink. This phenomenon proceeds because smaller grains are thermodynamically unstable

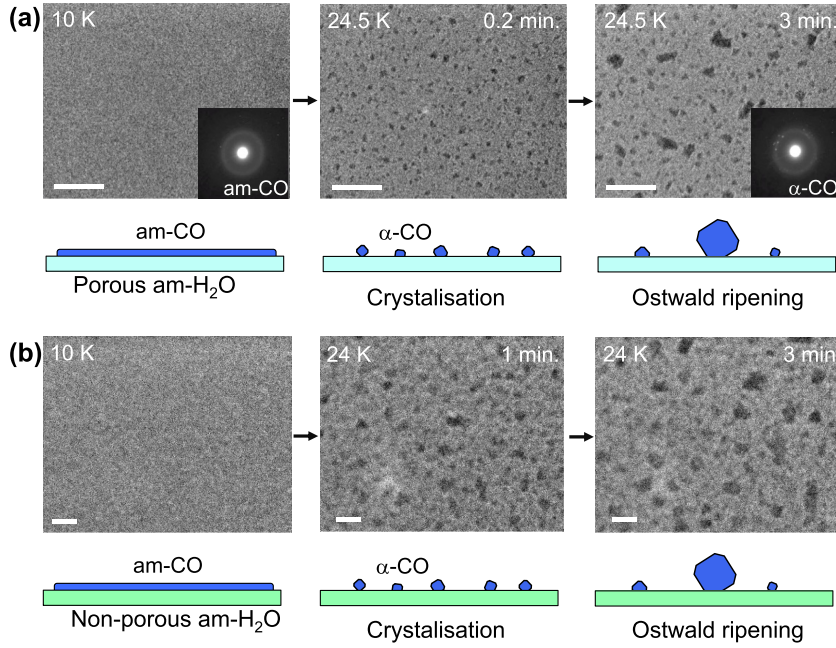


Figure 5. *In situ* TEM observations and corresponding schematics of the crystallization of am-CO at 24.5 K deposited on porous am-H₂O (a) and that at 24 K on non-porous am-H₂O (b). The times shown were noted after heating to 24.5 K (a) and 24 K (b). The corresponding electron diffraction patterns are shown in some images. All scale bars are 500 nm.

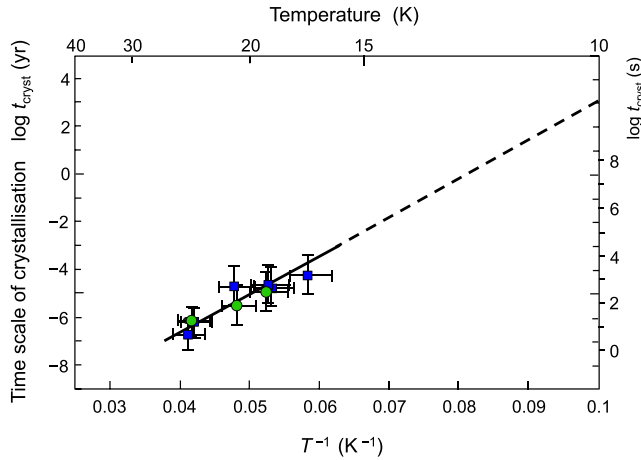


Figure 6. Time-scales of 100 percent crystallization of am-CO (t_{cryst}) on porous am-H₂O (blue squares) and non-porous am-H₂O (green circles). The solid line is fitting by equation (1), and the broken line extrapolation to lower temperatures.

due to surface energy and is termed Ostwald ripening. Note that the size of α -CO was almost the same as the ice grains observed in interstellar molecular clouds. 3D islands were also formed when am-CO crystallized to form α -CO on am-H₂O (Fig. 5). The results in Fig. 5 indicated again that α -CO formed by the crystallization of am-CO hardly wets am-H₂O regardless of the porosity of am-H₂O.

Fig. 6 shows variations in the time-scale of am-CO crystallization, t_{cryst} , with relevance to temperature. We found that there is no difference between t_{cryst} on porous am-H₂O (blue squares) and non-porous am-H₂O (green circles), although t_{cryst} might have errors of approximately one order of magnitude. This suggests that the nucleation of α -CO was hardly affected by the porosity of am-H₂O.

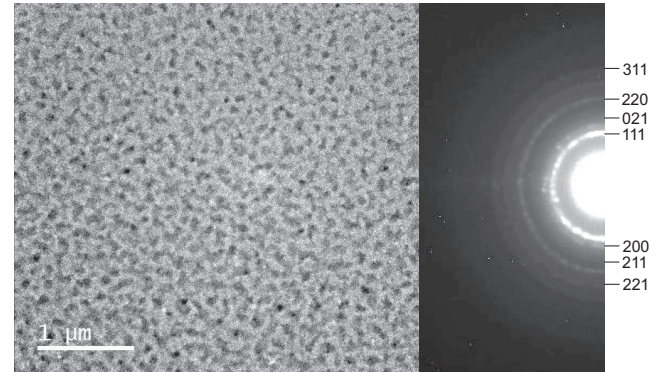


Figure 7. TEM image and the corresponding electron diffraction pattern of a crystalline CO formed via annealing of am-CO on am-Si at 19 K. The electron diffraction pattern confirms that the crystalline CO is α -CO.

Therefore, t_{cryst} was fitted following Kouchi et al. (1994) by

$$t_{\text{cryst}} = A \exp(E/kT), \quad (1)$$

where A and E are constants determined from the fitting, k is Boltzmann's constant, and T represents the temperature. We obtained $A = 1.4 \times 10^{-6}$ s and $E/k = 375$ K.

3.3 Structure of crystalline CO

We analysed the electron diffraction pattern obtained from the crystallization of am-CO on am-Si at 19 K (Fig. 7). This sample is suitable for analysis because there are many diffraction spots from many tiny crystals, the so-called Debye-Scherrer rings. We identified from seven Debye-Scherrer rings that this sample is α -CO. Furthermore, it was confirmed that all the diffraction spots observed in Figs 3 and 5 belong to some diffractions shown in Fig. 7. As the

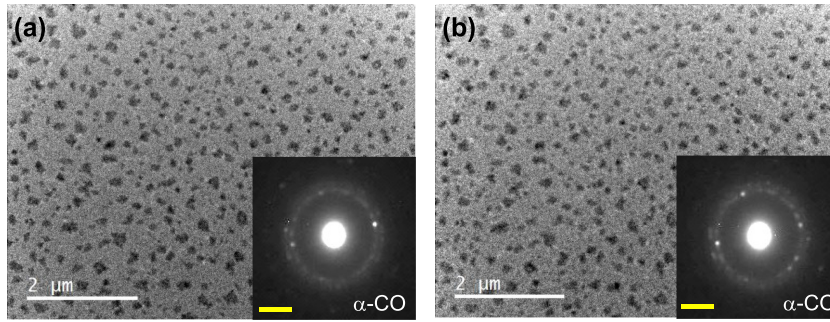


Figure 8. TEM observation of UV irradiation experiment: (a) α -CO deposited on am-Si film at 19 K, (b) 30-min UV-irradiated α -CO at 10 K. The corresponding electron diffraction patterns are attached to respective TEM images (all yellow bars are 2 nm^{-1}). A 30-min UV irradiation period corresponds to 4×10^5 yr of UV irradiation in the molecular clouds, if we assume that the UV flux in molecular clouds is $10^3 \text{ photons cm}^{-2} \text{ s}^{-1}$.

formation conditions of crystalline CO observed in Figs 3 and 5 are similar with that in Fig. 7, those crystals could also be α -CO.

3.4 Effect of UV rays and electron beam irradiation on the α -CO

Although the above results indicated the presence of α -CO instead of am-CO in space, there was a possibility that α -CO might be amorphized under UV irradiation or cosmic ray bombardment. Therefore, we performed UV and strong electron beam irradiation experiments at 10 K. After a 30-min UV irradiation, which corresponded to a time-scale of $\sim 4 \times 10^5$ yr in the molecular clouds, we did not observe any textural and structural changes in the crystals (Fig. 8), indicating that the α -CO crystal was not amorphized via UV exposure. The strong electron beam irradiation experiment also revealed that α -CO sputtering proceeded preferentially over amorphization (Fig. 9). Tsuge et al. (2020) observed the similar phenomena that crystalline CO_2 was not amorphized by the irradiation of UV rays or strong electron beam.

Urso et al. (2016) did not observe any changes in the IR and Raman band at 2140 cm^{-1} , which was associated with solid CO, after bombardment with 200 keV H^+ . Although there was no discussion about the crystallinity of their samples, we speculate that the samples from Urso's study were α -CO because the reported deposition temperature was rather high at 17 K and there was no reported change in the 2140 cm^{-1} band between 17 and 32 K. Thus, it was reasonable to interpret their results as evidence of no α -CO amorphization at 17 K. Therefore, we conclude that α -CO are never amorphized by the UV irradiation or cosmic ray bombardment at low temperatures.

3.5 UV and electron beam-induced crystallization of am-CO

In am- CO_2 , Tsuge et al. (2020) observed that am- CO_2 was crystallized by the irradiation of UV rays or strong electron beam. To clarify this possibility in am-CO, we performed UV and strong electron beam irradiation experiments at 10 K. After a 10-min UV irradiation, which corresponded to a time-scale of 1.3×10^5 yr in the molecular clouds, formation of α -CO was observed (Fig. 10). The strong electron beam irradiation experiment revealed that sputtering of am-CO proceeded preferentially (Fig. 11a). Simultaneously, crystallization of am-CO proceeded rapidly only in electron beam-irradiated region (Fig. 11c) but did not on the non-irradiated region (Fig. 11b). Here, we conclude that irradiation preferentially promoted am-CO crystallization, and from the results of Sections 3.4 and 3.5, there is no am-CO in molecular clouds.

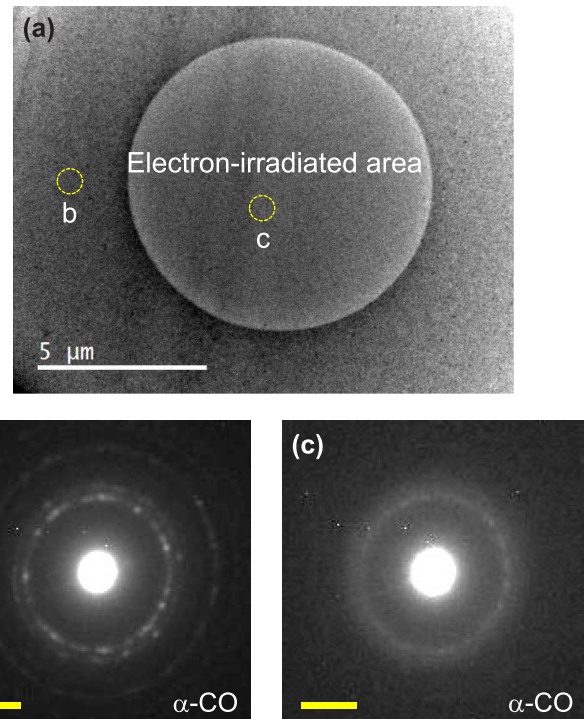


Figure 9. Low-magnification TEM image (a), the electron diffraction patterns of the non-irradiated position (b), and the irradiated position (c) after α -CO was exposed to 80-kV electron beam irradiation for 5 min at 10 K. The flux of the electron beam during irradiation was $\sim 1 \text{ electrons } \text{\AA}^{-2} \text{ s}^{-1}$. Although most of the α -CO was sputtered, the electron diffraction pattern (c) clearly showed that the remaining CO was crystalline (α -CO). The sputtering rate of α -CO was roughly estimated as $\sim 4 \text{ nm min}^{-1}$, which corresponded to a sputtering yield of ~ 0.2 molecules electron^{-1} . The scale bars in electron diffraction patterns are 2 nm^{-1} .

4 DISCUSSION

4.1 Surface diffusion coefficients of CO

Although the value of surface diffusion coefficient of CO on am- H_2O , D_s , is necessary to discuss various phenomena, there was no direct means of measuring it. Therefore, we calculated D_s using the E_{sd} ($350 \pm 50 \text{ K}$) value on porous am- H_2O measured by Kouchi et al. (2020) and that on non-porous am- H_2O measured herein ($200 \pm 40 \text{ K}$). Assuming that the pre-exponential factor, D_0 , is expressed by $b^2\nu$ ($\nu = 10^{12} \text{ s}^{-1}$), where ν is the hopping frequency of the adsorbed

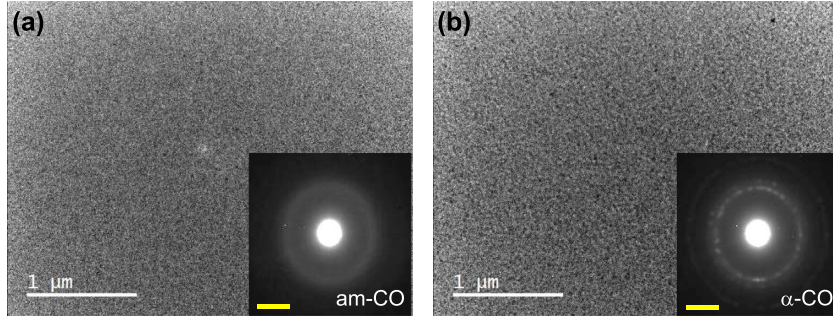


Figure 10. TEM observation of the UV irradiation experiments for am-CO deposited on am-Si film at 10 K (a) and α -CO after 10-min UV irradiation at 10 K (b). The corresponding electron diffraction patterns are attached to the respective TEM images (all yellow bars are 2 nm^{-1}). A 10-min UV irradiation period corresponds to 1.3×10^5 yr of UV irradiation in the molecular clouds.

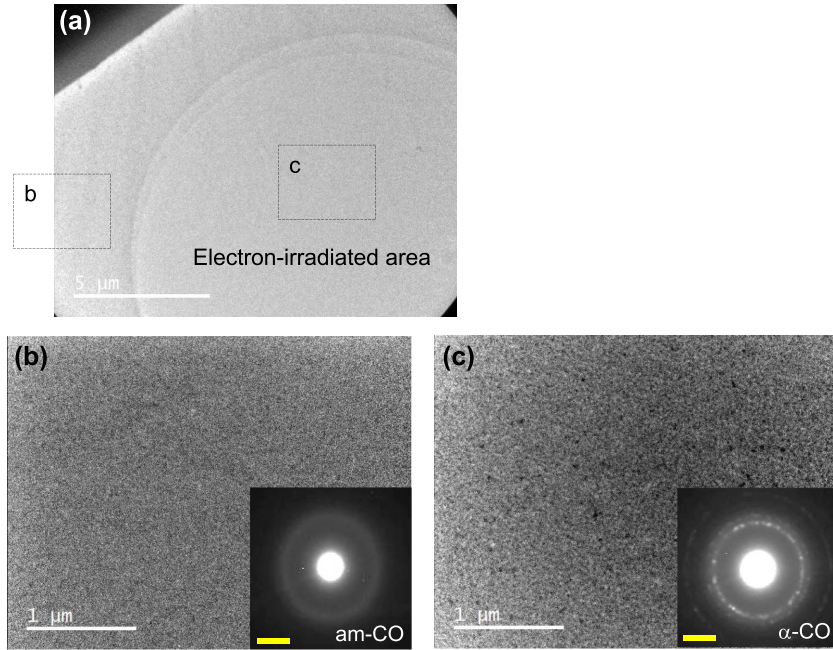


Figure 11. TEM observation of electron beam irradiation of am-CO after 15 min at 10 K. Low-magnification TEM image (a), and high-magnification images of the non-irradiated (b) and irradiated regions (c), respectively. The flux of the electron beam during irradiation was $\sim 0.4 \text{ electrons } \text{\AA}^{-2} \text{ s}^{-1}$. The scale bars in the electron diffraction patterns are 2 nm^{-1} .

CO molecules, b the distance to the neighbouring adsorption site. This assumption was plausible because the error of ν was one order of magnitude (Hama & Watanabe 2013). The calculated D_s of CO on am-H₂O (Fig. 12) revealed that the CO molecules diffuse almost freely on porous and non-porous am-H₂O even at 10 K.

It is well known that am-H₂O made by the vapour deposition at 10 K is extremely porous, the porosity decreases with temperature, and am-H₂O became non-porous at temperatures higher than 90 K (e.g. Stevenson et al. 1999). While, Palumbo (2006) and Accolla et al. (2011) observed that porous am-H₂O changed to non-porous am-H₂O at low temperatures by irradiation of high-energy ion and H-atoms, respectively, Oba et al. (2009) showed experimentally that am-H₂O formed by the surface atomic reactions at 10–40 K is compact and non-porous. At present, it is difficult to assess which is suitable for mimicking am-H₂O in molecular clouds, porous or non-porous am-H₂O. It is noted that this ambiguity does not affect the following discussion because we use $E_{\text{sd}} = 350 \text{ K}$ in Section 4.3.

4.2 Wetting of CO against am-H₂O

Before discussing the wetting of CO against am-H₂O, which is an important factor controlling the morphology of icy interstellar grains, we will briefly review growth modes of thin film on the substrate. Fig. 13(a)–(c) schematically illustrates three modes of thin film growth (e.g. Smith 1995, chapters 5 and 6). The crystal grows as a uniform film or wets the substrate completely as shown in Fig. 13(a) because

$$\gamma_c + \gamma_i < \gamma_s, \quad (2)$$

where γ_c and γ_s are surface energies of crystal and substrate, respectively, and γ_i interfacial energy between crystal and substrate. This suggests that total surface energy decreases for the wetted substrate than that for the bare one. This growth mode is referred to as the Frank–van der Merwe growth. When γ_s becomes smaller,

$$\gamma_c + \gamma_i > \gamma_s, \quad (3)$$

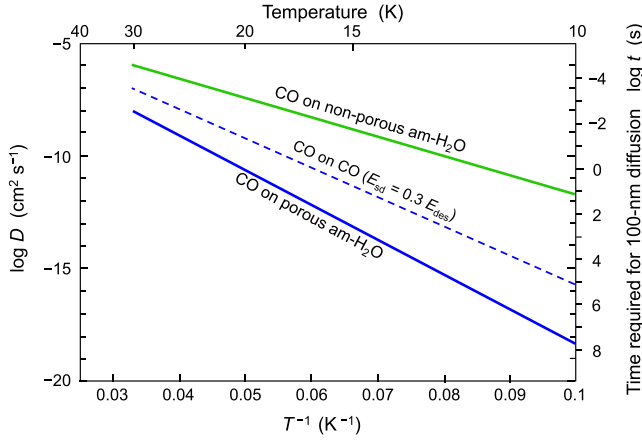


Figure 12. Surface diffusion coefficients of CO on porous am-H₂O (blue solid line) and non-porous am-H₂O (green solid line) and CO on α -CO (broken line). The time required for 100-nm diffusion on the 2D substrate is also shown in the right ordinate.

the film does not wet the substrate but forms 3D islands, as shown in Fig. 13(b). This growth mode is referred to as the Volmer–Weber growth. Third growth mode is referred to as the Stranski–Krastanov in which the growth changes from layer to islands due to the change of energy situation as follows:

$$\gamma_c + \gamma_c' + U > \gamma_c', \quad (4)$$

where γ_c' is surface energy of monolayer-covered substrate and γ_c' interfacial energy between crystal and monolayer-covered substrate. U is strain energy term mainly owing to the lattice mismatch. When U becomes sufficiently large such that the inequality (2) is not satisfied, growth mode changes from film growth to 3D island growth, as shown in Fig. 13(c).

In CO deposition on non-porous am-H₂O, we did not observe complete wetting but partial wetting, as in Figs 2(b) and 3. Conversely, Noble et al. (2012), via a temperature-programmed desorption method, observed that CO adsorbed the whole surface of non-porous am-H₂O, complete wetting, as schematically shown in Fig. 13(d). We will discuss on these experimental results. In the latter case,

following inequality should be satisfied,

$$\gamma_{\text{CO}} + \gamma_{\text{H}_2\text{O}-\text{CO}} < \gamma_{\text{H}_2\text{O}}, \quad (5)$$

where γ_{CO} and $\gamma_{\text{H}_2\text{O}}$ are surface energies of CO and am-H₂O substrate, respectively, and $\gamma_{\text{H}_2\text{O}-\text{CO}}$ interfacial energy between CO and am-H₂O substrate. In these systems, there has been no direct measurement of surface energy and interface energy. However, we could check inequality (equation 5) using measured binding energies because surface energy γ is expressed by $\gamma \sim E/d^2$, where E is binding energy and d lattice constant for crystal. If we assume that d is constant regardless of materials and crystallinity, inequality (equation 5) could be rewritten to

$$E_{\text{CO}} + E_{\text{CO}-\text{H}_2\text{O}} < E_{\text{H}_2\text{O}}, \quad (6)$$

where E_{CO} , $E_{\text{H}_2\text{O}}$, and $E_{\text{CO}-\text{H}_2\text{O}}$ are binding energies of CO on solid CO, H₂O on non-porous am-H₂O, and CO on non-porous am-H₂O, respectively. If we use $E_{\text{CO}} = 960$ K (Sandford & Allamandola 1988), $E_{\text{CO}-\text{H}_2\text{O}} = 830$ K (Noble et al. 2012), and $E_{\text{H}_2\text{O}} = 5070$ K (Sandford & Allamandola 1988), it is clear that inequality (equation 6) and thus inequality (equation 5) hold, supporting conclusion of Noble et al. on complete wetting. It is noted that the observation of adsorption layer using TEM is extremely difficult. Conversely, the detection by temperature-programmed desorption method (e.g. Noble et al. 2012; Fayolle et al. 2016) or infrared spectroscopy (e.g. Collings et al. 2003) is not so difficult. Kouchi (1990) obtained reflection electron diffraction pattern of adsorbed CO on am-H₂O using the reflection high-energy electron diffraction and found that adsorbed CO was not crystalline but amorphous-like. In addition, the fact that inequalities (equation 5) and (equation 6) hold also suggests that the Volmer–Weber mode growth shown in Fig. 13(e) does not proceed.

Once the surface of non-porous am-H₂O has been covered completely by adsorbed CO as shown in Fig. 13(d), energy situation has been changed from Figs 13(e) to (f). As a result, growth mode of CO should be changed from thin film mode (CO adsorption) to island growth like the Stranski–Krastanov mode (Fig. 13(c)). In this case, following inequalities should hold:

$$\gamma_{\text{CO}} + \gamma_{\text{COads}-\text{COcryst}} + U' > \gamma_{\text{COads}}, \quad (7)$$

$$E_{\text{CO}} + E_{\text{COads}-\text{COcryst}} + E' > E_{\text{COads}}, \quad (8)$$

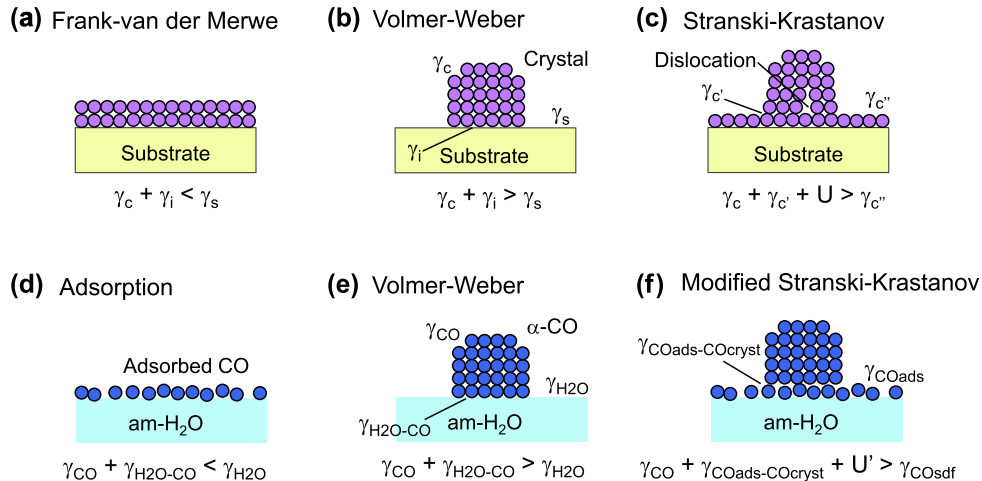


Figure 13. Schematic illustrations of thin film growth on the crystalline substrate (a–c) and CO adsorption and growth on the am-H₂O substrate (d–f). Corresponding relations on surface and interfacial energies are also shown.

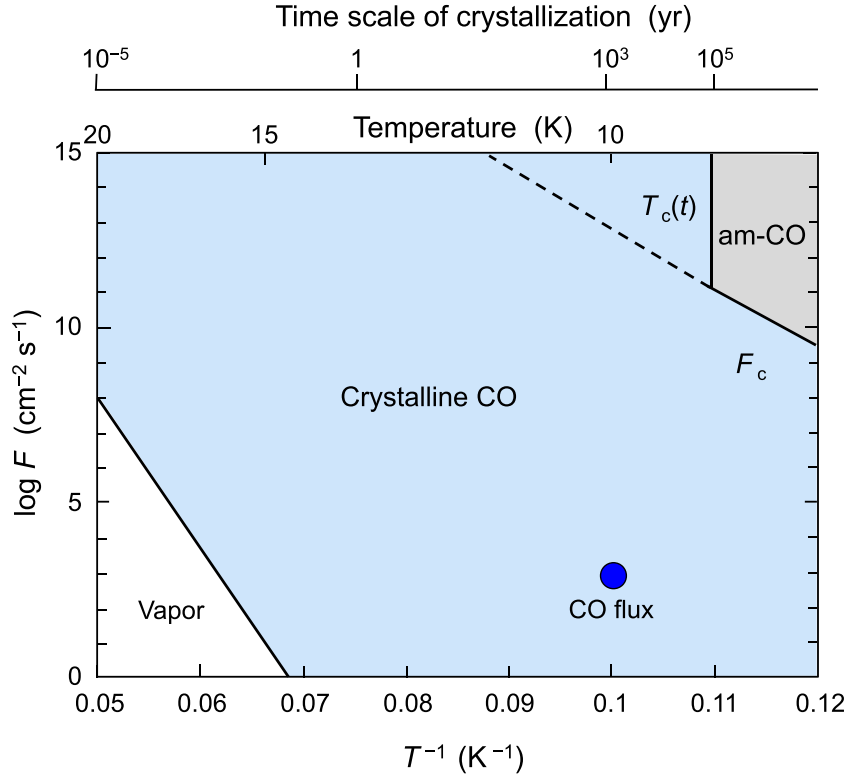


Figure 14. The crystallinity of solid CO in molecular clouds. F_c is the critical flux above which the am-CO is deposited, and $T_c(t)$ is the crystallization temperature threshold of am-CO as a function of the time-scale (t_{cryst}). The time-scale for crystallization is shown in the upper abscissa. Thus, the F - T condition for am-CO is limited only to grey region. Conversely, the CO crystallization becomes wide within the F - T ranges, as shown in pale-blue. The CO flux in the molecular clouds is shown by a blue circle.

where γ_{COads} is surface energy of CO-adsorbed non-porous am-H₂O, $\gamma_{\text{COads-COcryst}}$ interfacial energy between CO-adsorbed non-porous am-H₂O, and α -CO, U' extra energy due to misfit between CO-adsorbed non-porous am-H₂O and α -CO, E_{COads} , and $E_{\text{COads-COcryst}}$ binding energies of CO on CO-adsorbed non-porous am-H₂O and that between α -CO and CO-adsorbed layer, respectively, and E' is defined by $U' \sim E'/a^2$. If we assume that E_{COads} and $E_{\text{COads-COcryst}}$ have similar values to E_{CO} , it is clear that inequality (equation 7) and thus inequality (equation 8) hold. Above discussion clearly explains both observations of Noble et al. and ours on CO deposition process on non-porous am-H₂O. Furthermore, it is suggested that the small value of the E_{sd} on non-porous am-H₂O measured herein (200 ± 40 K) might be attributed to the complete wetting of CO on non-porous am-H₂O.

In CO deposition on porous am-H₂O, Kouchi et al. (2020) attributed the formation of 3D islands of α -CO to a bad wetting, shown as schematics in Fig. 2(a). However, our observation cannot reveal whether the surface of porous am-H₂O is covered by adsorbed CO (i.e. Figs 13f or e, respectively). There has been no quantitative analysis of the CO adsorption on porous am-H₂O like Noble et al. (2012), wherein complete wetting of CO on non-porous am-H₂O was reported. Therefore, it is highly desirable to perform quantitative analysis of the CO adsorption on porous am-H₂O from the point of view of wetting.

4.3 Crystallinity of solid CO in molecular clouds

The crystallinity of solid CO in molecular clouds could be discussed by considering the flux of CO molecules and the time-scale of

crystallization of am-CO, as demonstrated in H₂O ice (Kouchi et al. 1994).

Here, the condition for the formation of am-CO during vapour deposition was expressed by:

$$F > F_c \equiv D_s/a^4 = D_0 \exp(-E_{\text{sd}}/kT)/a^4, \quad (9)$$

where F is a flux of CO vapour, F_c is the critical flux, D_s is the surface diffusion coefficient of CO on am-H₂O, a represents the distance to the neighbouring CO molecules on the surface of the CO crystal ($a = 0.3$ nm), D_0 is the pre-exponential factor, E_{sd} is the activation energy of surface diffusion, k is Boltzmann's constant, and T represents the temperature (Kouchi et al. 1994).

The CO flux in 10-K molecular clouds was calculated following Kouchi et al. (1994), where the density of H₂ was assumed to be 10^4 cm⁻³ and the abundance ratio of CO/H₂ was 10^{-4} ; the value was determined to be $\sim 10^3$ molecules cm⁻² s⁻¹. As shown in Fig. 14, the critical flux (F_c) calculated using equation (9) was 10 orders of magnitude larger than the CO flux. Although above discussion strictly holds only for the crystalline CO substrate, experimental results shown in Fig. 3 suggest that the above discussion also holds on the am-H₂O. Taking the above discussion and experimental results shown in Fig. 3 into consideration, we conclude that the solid CO deposited in molecular clouds was crystalline (α -CO).

The condition required for preserving am-CO was determined by the crystallization time-scale (t_{cryst}) of am-CO in Fig. 6. If the fitting of equation (1) was extrapolated to the lower temperatures as shown by broken line, the time-scale of crystallization was estimated to be 10^3 yr at 10 K. From these data, we could obtain the temperature of crystallization [$T_c(t_{\text{cryst}})$], which was defined by the temperature

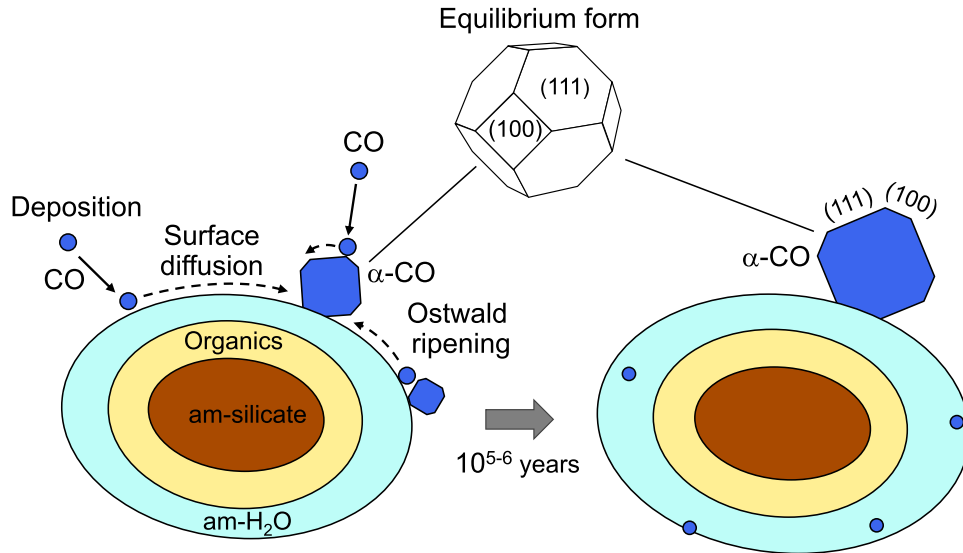


Figure 15. Schematic of the formation and evolution of a CO crystal on the ice grain in molecular clouds.

above which crystallization occurred on the time-scale (t_{cryst}). For example, $T_c(10^5 \text{ yr})$ was 9 K, as shown in Fig. 14. This clearly showed that even if am-CO was formed, the am-CO crystallized on a time-scale much shorter than the deposition time-scale of 10^{5-6} yr . This also supported the above-mentioned conclusion that the solid CO in molecular clouds was crystalline (α -CO).

In the above discussion, we did not consider the effect of H_2O molecules formed simultaneously. To clarify the effect of H_2O , we should compare the time-scale for CO diffusion on am- H_2O with the coverage time-scale by H_2O . The coverage time-scale by H_2O molecules, t_{cover} , is given by (10)

$$t_{\text{cover}} = 1/F_{\text{H}_2\text{O}}a^2, \quad (10)$$

where $F_{\text{H}_2\text{O}}$ is the hypothetical flux of H_2O onto the surface. As the formation of H_2O molecules occurs via surface atomic reactions including O-atoms (Miyachi et al. 2008; Ioppolo et al. 2008; Dulieu et al. 2010; Oba et al. 2012; Hama & Watanabe 2013), it could be assumed that $F_{\text{H}_2\text{O}} \sim F_{\text{O}}$, where F_{O} is the flux of O-atoms. Kouchi et al. (1994) estimated the F_{O} in 10-K molecular clouds to be $2.7 \times 10^3 \text{ atoms cm}^{-2} \text{ s}^{-1}$. Then t_{cover} is calculated to be $4 \times 10^{11} \text{ s}$, which is significantly longer than the time required for the 100-nm CO diffusion on am- H_2O , $\sim 10^8 \text{ s}$ (see Fig. 12). This result clearly shows that most CO was not buried in am- H_2O but diffused on am- H_2O to form a few α -CO and that the above discussion ignoring the effect of H_2O was not invalid.

When all the experimental results and above discussions were taken into consideration, we concluded that molecular clouds contained crystalline CO (α -CO) but no am-CO. This was supported by reports detailing the absence of amorphous CO_2 in molecular clouds (Escribano et al. 2013; Tsuge et al. 2020) due to the considerably lower am-CO crystallization temperature relative to its am- CO_2 counterpart.

4.4 Formation of α -CO in molecular clouds

Information on the surface diffusion coefficient is essential for identifying α -CO and determining its morphology on the am- H_2O grain. As already shown, CO molecules diffused almost freely on am- H_2O even in 10 K. Since there was no direct means of measuring

the surface self-diffusion coefficients of CO on α -CO, we calculated this value shown by the broken line in Fig. 12, assuming that the activation energy of the surface diffusion was 0.3 of that of the desorption (Sandford & Allamandola 1988). This, too, was evidence that the CO molecules diffused almost freely on α -CO even at 10 K.

These results implied that there should be only one α -CO on each am- H_2O ice grain in molecular clouds and that α -CO should be its equilibrium form. Generally, the equilibrium form of crystal is defined as the prevailing crystal form when thermodynamic equilibrium is attained. In this case, the Gibbs free energy of the system, which is the sum of the volume and surface energies, should be minimized. Report has shown that the equilibrium form of the α -CO might be a truncated-regular octahedron (Toshev 1973).

From the findings of this study, we proposed a mechanism for the formation of ice on the refractory grains in molecular clouds. The general tendency of the compositional changes of the ice, which was detailed using various chemical evolution models (Garrod & Pauly 2011; Furuya et al. 2015; Ruaud et al. 2016; Kouchi et al. 2020), consisted of the inner portion comprising pure H_2O linked to the $\text{H}_2\text{O}:\text{CO}_2$ transition layer, followed by the $\text{H}_2\text{O}:\text{CO}:\text{CO}_2$ outer layer. The H_2O molecules were formed continuously via surface atomic reactions (Miyachi et al. 2008; Ioppolo et al. 2008; Dulieu et al. 2010; Oba et al. 2012; Hama & Watanabe 2013), resulting in the formation of am- H_2O (Fig. 15). Conversely, the solid CO was formed via CO deposition from the vapour phase. The solid CO deposited was one single α -CO crystal because the CO molecules diffused onto am- H_2O almost freely thanks to the very large diffusion coefficient (Fig. 12), thereby accumulating to form one crystal. In other words, Ostwald ripening proceeded very efficiently. As already shown, solid CO should be crystalline, and α -CO was its projected equilibrium form. Remaining CO molecules might be adsorbed on am- H_2O and trapped in am- H_2O as an impurity. IR observations of CO ice band ($4.67 \mu\text{m}$) show the occurrence of two major CO bands: one comprises apolar CO and another comprises polar CO (e.g. Boogert et al. 2015). The former is regarded as solid CO, and the latter impurity in am- H_2O and adsorbed CO on am- H_2O (e.g. Pontoppidan et al. 2003). These observations are consistent with our present model. In addition, the adsorbed CO on am- H_2O might be

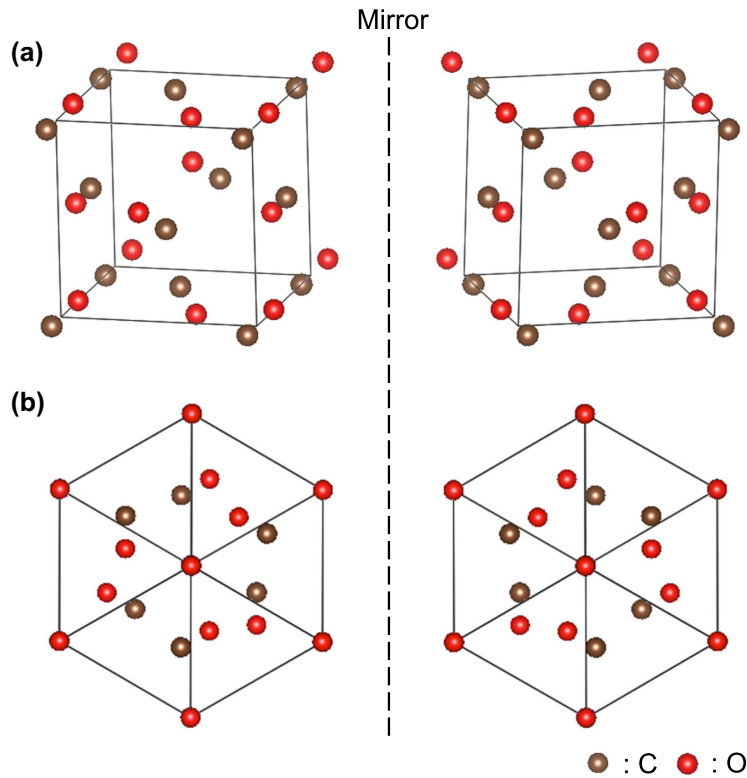


Figure 16. Crystal structure of chiral α -CO (space group: $P2_13$). Bird's-eye view (a) and projection form in the $\langle 111 \rangle$ direction (b).

reacted with H-atoms or other radicals to form H_2CO , CH_3OH , and CO_2 (e.g. Watanabe & Kouchi, 2002; Oba et al. 2010). Pontoppidan et al. (2003) and Hama & Watanabe (2013) suggested the possible presence of α -CO as apolar CO towards embedded young low-mass stars. The findings put forward by the present study are in good agreement with the results of Pontoppidan's study. We theorized that because wetting of the α -CO crystal against am- H_2O was bad, as shown in Figs 2 and 5, α -CO was not embedded in am- H_2O , as shown in Fig. 15. As a result, the ice grain adopted a morphology similar to that of α -CO, with a truncated-regular octahedron attached to a spherical am- H_2O -covered refractory grain.

4.5 Is α -CO in molecular clouds chiral?

The crystal structure of α -CO at low temperatures is cubic, with four CO molecules in a unit cell and belonged either to the $P2_13$ or $Pa3$ space group. The former and the latter are orientationally ordered and disordered phases, respectively. There has been no strong evidence to confirm the structure of α -CO via X-ray (Vegard 1930; Mizuno, Kofu & Yamamuro 2016) or electron diffraction (Kovalenko et al. 1973) techniques. This study could not confirm the structure of α -CO. Finally, Wang et al. (2020) reported that neutron diffraction studies on α -CO at low temperatures confirmed that these crystals belonged to the $P2_13$ space group (Fig. 16); thus, α -CO is chiral, as proposed by Vegard (1930). This was consistent with the results obtained for the heat capacity experiments (Atake, Suga & Chihara 1976) and the nuclear magnetic resonance and nuclear quadrupole resonance (NMR-NQR) analysis (Li et al. 1981). Therefore, we concluded that α -CO in molecular clouds belonged to space group $P2_13$ and that it was chiral. Chiral crystal occurs in both left- and right-handed variants. These two variants could not be superimposed on each other by any translational and/or rotational operation; however, they could

be superimposed by mirror operation, shown by the broken line in Fig. 16. As a result, macroscopic morphology and surface structure differ between left- and right-handed α -CO.

5 OUTLOOK

The present studies showed that icy interstellar grains, which were mainly composed of CO and H_2O , were not spherical with an onion structure as hitherto assumed but rather a polyhedral chiral α -CO attached to am- H_2O . This finding has important implications for the direction of future research on this topic. We will mention some implications although some of these are speculative.

Numerous theoretical studies have detailed the formation and evolution of ice on interstellar dust grain surfaces in star-forming regions by using chemical reaction network models (see Cuppen et al. 2017 for a recent review). In the vast majority of these studies, it was assumed that the ice grains were spherical and that each chemical species was characterized by a single binding energy and a surface diffusion activation energy barrier with values appropriate for the am- H_2O surface. However, our study has shown that solid CO was crystalline and that the different surface chemical reactions proceed simultaneously on the am- H_2O and the α -CO. Although there were no data on the adsorption and surface diffusion of atoms, radicals, and molecules on the molecularly flat surface of α -CO, there was a possibility that these values differed greatly from those obtained on am- H_2O . Measuring these values on the α -CO or estimating them is highly desirable. Furthermore, it should be noted that the non-thermal desorption of molecules or radicals from the am- H_2O and α -CO surfaces occurred simultaneously. The photo-desorption of H_2O molecules also took place (Hama et al. 2010; Hama, Kouchi & Watanabe 2016), in spite of the occurrence of solid CO, because the bare surface of am- H_2O was exposed. This could

explain the detection of H₂O vapour in the centre of the pre-stellar core of L1544, where CO freeze-out was significant (Caselli et al. 2012).

The collision and subsequent sticking or fragmentation of grains or grain aggregates are important elemental processes to discuss when studying the formation of planetesimals in protoplanetary discs. Theoretical models for collisions usually assumed that the grains' morphology was spherical (Dominik & Tielens 1997; Wada et al. 2007), and, as such, most laboratory experiments for particle collisions used spherical samples (Blum & Wurm 2000; Gundlach & Blum 2015; Gärtner et al. 2017). However, Poppe et al. (2000) demonstrated that the sticking probability of irregularly shaped grains was a weak function of the collision velocity, with some sticking collisions occurring even at high-collision velocities. This suggested that even simple collision models that assume the presence of spherical grains may not accurately capture the sticking properties of irregularly shaped grains or the attached am-H₂O grains. The stickiness of CO, CO₂, and H₂O ice groups in protoplanetary discs could be determined by understanding the morphologies of crystalline CO₂ and H₂O, as demonstrated in the present study.

Biological homochirality is one of the unsolved mysteries surrounding the origin of life. Here, the proposed mechanisms for the homochirality of organic molecules suggested the occurrence of chiral selection on inorganic chiral crystals such as quartz and cinnabar (Hazen & Sholl 2003; Weissbuch & Lahav 2011; Soai 2019). Since these minerals could be formed only in evolved bodies such as meteoritic parent bodies and terrestrial planets, it was shown that there was no chiral crystal in interstellar grains. However, the present study clearly showed the possible presence of chiral CO crystals in molecular clouds. When one-handed circularly polarized light, which has been emitted from various sources (Bonner 1991; Bailey et al. 1998), was used to irradiate ice grains with nanoparticles during α -CO formation, the resulting crystal enantiomeric excess might be several tens of per cent. This suggestion could be supported by laboratory experiments on NaClO₃ chiral crystallization (Niinomi et al. 2016; Cheng et al. 2020) and theoretical studies (Tang & Cohen 2010; Liu et al. 2015; Ho et al. 2016). The peak attributed to circular dichroism of the chiral molecule, which generally lies in UV region, could be transferred to the visible wavelength region in these cases (Zhang & Govorov 2013; Wang et al. 2014; Vestler, Ben-Moshe & Markovich 2019). Asymmetric synthesis and/or asymmetric adsorption might be shown to proceed efficiently on the surface of the one-handed α -CO. Our present study expands the scientific quest of homochirality in space.

The origin of homochirality in interstellar organic molecules was described in light of asymmetric photolysis (Greenberg et al. 1994; Meierhenrich et al. 2005) or asymmetric synthesis (Takano et al. 2007; Modica et al. 2014) in organic molecules via exposure to circularly polarized UV. Additionally, the enantiomeric excesses obtained in these experiments were 2 per cent at most. However, this idea has the difficulty of UV penetration into molecular clouds or protoplanetary discs. As mentioned above, the problem could be resolved by using circularly polarized 'visible' light with nanoparticles on grains. In this case, the enantiomeric excesses might improve by several tens of a per cent.

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DATA AVAILABILITY

The data underlying this article will be shared on reasonable request to the corresponding author.

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