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1 **Subanesthetic ketamine exerts antidepressant-like effects in**  
2 **adult rats exposed to juvenile stress**

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1 **Abstract**

2 Juvenile stress, like that caused by childhood maltreatment, is a significant risk factor  
3 for psychiatric disorders such as depression later in life. Recently, the antidepressant  
4 effect of ketamine, a noncompetitive *N*-methyl-*D*-aspartate receptor antagonist, has been  
5 widely investigated. However, little is known regarding its efficacy against depressive-  
6 like alterations caused by juvenile stress, which is clinically relevant in human depression.  
7 In the present study, we evaluated the antidepressant-like effect of ketamine in adult rats  
8 that had been subjected to juvenile stress. Depressive-like behavior was assessed using  
9 the forced swim test (FST), and electrophysiological and morphological alterations in the  
10 layer V pyramidal cells of the prelimbic cortex were examined using whole-cell patch-  
11 clamp recordings and subsequent recording-cell specific fluorescence imaging. We  
12 demonstrated that ketamine (10 mg/kg) attenuated the increased immobility time caused  
13 by juvenile stress in the FST, restored the diminished excitatory postsynaptic currents,  
14 and caused atrophic changes in the apical dendritic spines. Ketamine's effects reversing  
15 impaired excitatory/inhibitory ratio of postsynaptic currents were also revealed. These  
16 results indicated that ketamine could be effective in reversing the depression-like  
17 alterations caused by juvenile stress.

18

1 **Keywords**

2 antidepressant effect, E/I ratio, EPSC, glutamatergic neurotransmission, medial prefrontal

3 cortex, prelimbic,

4

1 **List of abbreviations**

2 3wFS: 3-week footshock

3 5-HT: Serotonin

4 ACSF: Artificial cerebrospinal fluid

5 AMPA:  $\alpha$ -amino-3-hydroxy-5-methyl-4-isoxazolepropionic acid

6 ANOVA: Analysis of variance

7 BLA: Basolateral amygdala

8 EAAT: Excitatory amino acid transporter

9 EPSCs: Excitatory postsynaptic currents

10 E/I: excitatory/inhibitory

11 FST: Forced swim test

12 HCN: Hyperpolarization-activated cyclic nucleotide-gated

13 IEI: Inter-event interval

14 IL: Infralimbic area

15 IPSCs: Inhibitory postsynaptic currents

16 Ket: Ketamine

17 mEPSCs: Miniature excitatory postsynaptic currents

18 mIPSCs: Miniature inhibitory postsynaptic currents

- 1 mPFC: medial prefrontal cortex
- 2 NMDA: *N*-methyl-*d*-aspartate
- 3 PL: prelimbic area
- 4 sEPSCs: Spontaneous excitatory postsynaptic currents
- 5 sIPSCs: Spontaneous inhibitory postsynaptic currents
- 6 SPT: Sucrose preference test
- 7 TTX: Tetrodotoxin
- 8 VEH: Vehicle

## 1 **1. Introduction**

2 Depression is a mental health disorder characterized by persistent depressive mood  
3 and loss of interest. Over 300 million patients worldwide suffer from depression, making  
4 it a leading cause of social disability. It is associated with 800 thousand suicides every  
5 year and a significant social and economic burden (Kessler et al., 2003; WHO, 2018).

6 Intense juvenile stress, such as child abuse, is a substantial cause of depression later in  
7 life (Anda et al., 2010; Heim and Nemeroff, 2001; Lupien et al., 2009). Studies suggest  
8 that juvenile stress induces epigenetic alterations in the immature brain, which lead to an  
9 increased risk for psychiatric disorders (Menke and Binder, 2014). Juvenile stress also  
10 induces atrophic changes in the pyramidal cells of the medial prefrontal cortex (mPFC)  
11 (strongly associated with mood control and cognitive function in humans (Drevets et al.,  
12 1997; Sullivan and Gratton, 2002)) and increases depressive-like behavior in adult  
13 rodents (Lyttle et al., 2015; Yamamuro et al., 2018). These findings indicate that  
14 glutamatergic neuronal deficits in the mPFC, caused by juvenile stress, may be strongly  
15 associated with depression in adulthood. Furthermore, Tunnard et al. (Tunnard et al.,  
16 2014) demonstrated an association between child abuse and depression with treatment  
17 resistance and suicidal ideation. This indicates a complex mechanism for depression  
18 induced by juvenile stress. In recent years, the non-competitive *N*-methyl-*d*-aspartate



1 (NMDA) receptor antagonist, ketamine, has gathered marked attention as a rapid-acting  
2 antidepressant (Berman et al., 2000; Duman, 2018; Zarate et al., 2006) when administered  
3 at subanesthetic doses (5-30 mg/kg) (Li et al., 2010; Wu et al., 2020). While ketamine's  
4 effectiveness for treatment-refractory depression has been reported (Wilkinson et al.,  
5 2018), its efficacy against depression originating from juvenile stress is poorly understood.  
6 Such information is clinically relevant for human depression.

7 In the present study, we examined whether ketamine exerts an antidepressant-like  
8 effect in adult rats that had experienced juvenile stress, using a 3-week footshock (3wFS)  
9 model (Hiraide et al., 2012; Kimura et al., 2011; Lyttle et al., 2015; Matsuzaki et al., 2011).  
10 The forced swim test (FST) and sucrose preference test (SPT) were used to evaluate the  
11 antidepressant-like effect of ketamine. The whole-cell patch-clamp recordings and the  
12 subsequent morphological examination of the mPFC layer V pyramidal cells, which  
13 preferentially receive synaptic inputs from the ventral hippocampus (Carreno et al., 2016),  
14 were used to study the underlying behavioral mechanisms. The pyramidal neurons at layer  
15 V of the mPFC mainly integrate information from other brain areas and are the main  
16 output source from the mPFC. Moreover, the distal dendrites of the layer V pyramidal  
17 cells are especially sensitive to chronic stress (Liu and Aghajanian, 2008). To verify that  
18 an appropriate balance of excitatory and inhibitory inputs is essential for the normal brain

1 function, we investigated the alterations of excitatory postsynaptic currents (EPSCs) and  
2 inhibitory postsynaptic currents (IPSCs) caused by juvenile stress and ketamine (Gerhard  
3 et al., 2019; Workman et al., 2018).

## 1    **2.        Results**

2        Rats were randomly assigned to one of the following four groups: non-footshock +  
3        vehicle administration (noFS-VEH), noFS + ketamine treatment (noFS-Ket), 3wFS +  
4        VEH (3wFS-VEH), and 3wFS + Ket (3wFS-Ket). The time course of exposing the rats  
5        to juvenile stress and administering ketamine or saline is shown in Fig. 1.

6

### 7    **2.1.      Ketamine reverses depressive-like behavior caused by juvenile stress in the** 8    **FST**

9        We employed the FST to evaluate the antidepressant-like properties of ketamine by  
10       comparing immobility, which represents non-escape-related behaviors, among the four  
11       groups (Fig. 2). A two-way analysis of variance (ANOVA) identified a significant 3wFS  
12       × ketamine interaction ( $F_{(1, 27)} = 17.185, P < 0.001$ ). Significant differences between the  
13       noFS-VEH and 3wFS-VEH ( $P = 0.007$ ), and 3wFS-VEH and 3wFS-Ket ( $P = 0.004$ ), and  
14       noFS-Ket and 3wFS-Ket groups ( $P = 0.007$ ) were revealed, indicating that ketamine  
15       attenuates the increased immobility by 3wFS. Interestingly, ketamine paradoxically  
16       increased the immobility counts in the noFS groups ( $P = 0.011$ ; Fig. 2).

17       Next, we assessed the dose-dependency of ketamine for immobility in the 3wFS rats  
18       (Fig. S1). Although the statistical analysis was not performed due to the repetitive use of

1 the data, 1 mg/kg ketamine did not reduce the immobility counts. This indicates that an  
2 insufficient dose of ketamine does not exert antidepressant-like effects, similar to  
3 previous findings in chronic stress models (Zanos et al., 2016).

4

## 5 **2.2 3wFS-rats did not show anhedonia-like behavior in the SPT.**

6 To test the anhedonia-like alteration by 3wFS, we performed the SPT (Fig. S2). No  
7 significant difference was detected between noFS and 3wFS groups ( $t_{(12)} = 0.893$ ,  $P =$   
8  $0.39$ ; Student's t-test). This result indicates that 3wFS does not induce anhedonia-like  
9 alteration in adulthood.

10

## 11 **2.3. Ketamine increases input resistance of layer V pyramidal cells in the** 12 **prelimbic cortex**

13 To examine the alterations of neuronal excitability, we tested the effects of 3wFS and  
14 ketamine using current-clamp recording (Fig. 3). We did not find any interaction of 3wFS  
15  $\times$  ketamine  $\times$  current (three-way ANOVA,  $F_{(1,729, 53,597)} = 0.293$ ,  $P = 0.715$ ), but we  
16 observed that ketamine increased the firing frequency ( $F_{(1, 31)} = 32.388$ ,  $P < 0.001$ ; Fig.  
17 3C). Regarding input resistance, a two-way ANOVA showed no 3wFS  $\times$  ketamine  
18 interaction ( $F_{(1, 31)} = 0.213$ ,  $P = 0.648$ ), but identified a main effect of ketamine enhancing

1 input resistance ( $F_{(1, 31)} = 4.751$ ,  $P = 0.037$ ; Fig. 3E), while there were no significant  
2 differences in the resting membrane potential (Fig. 3F). These results indicate that  
3 ketamine increases the firing frequency by enhancing the input resistance of the layer V  
4 pyramidal cells in the prelimbic area (PL). Conversely, in the infralimbic area (IL), we  
5 did not find any significant differences in the firing pattern, membrane resistance, or  
6 resting membrane potential (Fig. S2A–D).

7

#### 8 **2.4. Ketamine rescues excitatory postsynaptic currents attenuated by 3wFS**

9 Using voltage-clamp recordings, we monitored the spontaneous EPSCs (sEPSCs) to  
10 analyze the alteration of the excitatory synaptic inputs in the PL pyramidal neurons of  
11 each group (Fig. 4). Representative traces are shown in Fig. 4A. Regarding the sEPSC  
12 amplitude, we found no significant 3wFS  $\times$  ketamine interaction ( $F_{(1, 60)} = 0.185$ ,  $P =$   
13  $0.669$ ) and effect of 3wFS ( $F_{(1, 60)} = 2.077$ ,  $P = 0.155$ ) or ketamine ( $F_{(1, 60)} = 2.3$ ,  $P =$   
14  $0.135$ ; Fig. 4B). In the inter-event intervals (IEIs) of sEPSC, a significant 3wFS  $\times$   
15 ketamine interaction ( $F_{(1, 60)} = 10.943$ ,  $P = 0.002$ ) was identified. There were significant  
16 differences in the IEIs between the noFS-VEH and 3wFS-VEH ( $P < 0.001$ ), and the  
17 3wFS-VEH and 3wFS-Ket groups ( $P = 0.002$ , Fig. 4C). The latter indicated that ketamine  
18 reversed the decrease in sEPSC frequency.

1 Then, we investigated the miniature EPSCs (mEPSCs) by utilizing tetrodotoxin  
2 (TTX), to further obtain insights in the alteration of the presynaptic glutamate release  
3 and/or properties of postsynaptic receptors induced by 3wFS and ketamine.

4 Representative traces of mEPSCs are shown in Fig. 4D. Regarding the amplitude, we  
5 observed a significant 3wFS  $\times$  ketamine interaction ( $F_{(1, 53)} = 10.958$ ,  $P = 0.002$ ). We  
6 further found a significant difference between the noFS-VEH and 3wFS-VEH ( $P = 0.036$ ),  
7 and 3wFS-VEH and 3wFS-Ket groups ( $P = 0.008$ , Fig. 4E). In the mEPSC IEs, a  
8 significant 3wFS  $\times$  ketamine interaction was detected ( $F_{(1, 53)} = 12.956$ ,  $P < 0.001$ ). There  
9 were significant differences between the noFS-VEH and noFS-Ket ( $P = 0.042$ ) and the  
10 3wFS-VEH and 3wFS-Ket ( $P = 0.042$ ), and the noFS-Ket and 3wFS-Ket groups ( $P =$   
11  $0.001$ ). Furthermore, there was a tendency of significant effect of 3wFS in the VEH group  
12 ( $P = 0.093$ ; Fig. 4F). These results suggested that 3wFS attenuates excitatory inputs, and  
13 ketamine restores them.

## 14

### 15 **2.5. Ketamine increased the amplitude of sIPSCs, and 3wFS increased the** 16 **frequency of mIPSCs**

17 Representative traces are shown in Fig. 5A. Regarding the spontaneous IPSCs  
18 (sIPSCs) amplitude, we did not observe a significant 3wFS  $\times$  ketamine interaction ( $F_{(1,$

1  $_{40} = 0.152, P = 0.699$ ) or a main effect of 3wFS ( $F_{(1, 40)} = 0.027, P = 0.87$ ), but observed  
2 a significant main effect of ketamine was evident ( $P = 0.006$ ; Fig. 5B). Regarding the  
3 sIPSC IEIs, there were no significant interactions ( $F_{(1, 40)} = 2.236, P = 0.143$ ) or a main  
4 effect of 3wFS ( $F_{(1, 40)} = 2.121, P = 0.153$ ) and ketamine ( $F_{(1, 40)} = 0.079, P = 0.78$ ; Fig.  
5 5C) were observed.

6 Representative mIPSCs traces are shown in Fig. 5D. Regarding the amplitude, there  
7 were no significant interactions ( $F_{(1, 35)} = 0.324, P = 0.573$ ) or main effects of 3wFS ( $F_{(1,$   
8  $_{35)} = 1.411, P = 0.243$ ) and ketamine ( $F_{(1, 35)} = 1.267, P = 0.268$ , Fig. 5E). No significant  
9 interaction was found in the mIPSC IEIs ( $F_{(1, 35)} = 0.206, P = 0.653$ ) or main effects of  
10 ketamine ( $F_{(1, 35)} = 0.608, P = 0.441$ ), but there was a significant main effect of 3wFS ( $F_{(1,$   
11  $_{35)} = 5.26, P = 0.028$ ) was identified (Fig. 5F).

12

## 13 **2.6. Ketamine reversed impaired excitatory/inhibitory (E/I) ratio by 3wFS**

14 As balanced excitatory and inhibitory inputs are essential for the healthy brain  
15 function (Workman et al., 2018), the E/I ratio of charge and IEI was calculated with the  
16 data obtained from the same cells (Fig. 6). Regarding the E/I ratio of the charge, there  
17 was a lack of interaction ( $F_{(1, 32)} = 0.350, P = 0.558$ ) or main effects of 3wFS ( $F_{(1, 32)} =$   
18  $0.019, P = 0.890$ ) and ketamine ( $F_{(1, 32)} = 0.351, P = 0.557$ ; Fig. 6A). In the E/I ratio of

1 the IEL, significant 3wFS  $\times$  interaction was identified ( $F_{(1, 32)} = 17.14$ ,  $P = 0.011$ ).  
2 Significant differences between the noFS-VEH and 3wFS-VEH groups ( $P = 0.041$ ), the  
3 3wFS-VEH and 3wFS-Ket groups ( $P = 0.004$ ), and a tendency of significance between  
4 the noFS-VEH and noFS-Ket groups ( $P = 0.094$ ) were found (Fig. 6B). These results  
5 indicated that ketamine restored decreased excitatory neurotransmission, and that  
6 ketamine exerted antidepressant-like effect by reversing impaired E/I ratio in the mPFC.

7

## 8 **2.7. Ketamine restored atrophic changes in apical dendritic spines, while there** 9 **was no significant change in the basal dendritic spines**

10 Stress and depression induce neuronal atrophy and a decreased number of synapses  
11 in the mPFC that are associated with depressive-like behaviors in rodent models (Duman,  
12 2018). We analyzed the alterations of spine density and the proportion of mature spines,  
13 which are associated with a stronger glutamatergic synaptic transmission (Moench and  
14 Wellman, 2015). The data obtained from the dendritic areas are shown in Fig. 7A. The  
15 average measured lengths of the apical dendrites [mean  $\pm$  standard error of the mean  
16 (SEM)] were as follows: noFS-VEH,  $112 \pm 6.6 \mu\text{m}$ ; noFS-Ket,  $111 \pm 4.5 \mu\text{m}$ ; 3wFS-VEH,  
17  $115 \pm 4.6 \mu\text{m}$ ; and 3wFS-Ket,  $118 \pm 7.6 \mu\text{m}$ . A significant 3wFS  $\times$  ketamine interaction  
18 was identified in the apical dendritic spine density (two-way ANOVA,  $F_{(1, 39)} = 5.418$ ,  $P$



1 = 0.025). Further, 3wFS decreased the spine density in the VEH group ( $P < 0.001$ ; Fig.  
2 7B), a trend that was reversed by ketamine in the 3wFS groups ( $P = 0.097$ ). Regarding  
3 the proportion of the mature spines, a two-way ANOVA identified a lack of interaction  
4 between 3wFS and ketamine ( $F_{(1, 39)} = 1.902$ ,  $P = 0.176$ ), and revealed a main effect of  
5 ketamine ( $F_{(1, 39)} = 10.044$ ,  $P = 0.003$ ; Fig. 7C), indicating that ketamine rescued the  
6 atrophic changes of the spine, congruent with the results of previous studies (Li et al.,  
7 2010; Liu et al., 2015). In contrast, there were no significant differences in the basal  
8 dendritic spine density and the proportion of the mature spines (Fig. 7 E–G). The average  
9 measured lengths of basal dendrites (mean  $\pm$  SEM) were as follows: noFS-VEH,  $119 \pm$   
10  $4.8 \mu\text{m}$ ; noFS-Ket,  $126 \pm 6.8 \mu\text{m}$ ; 3wFS-VEH  $109 \pm 5.2 \mu\text{m}$ ; and 3wFS-Ket,  $103 \pm 6.1$   
11  $\mu\text{m}$ .

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### 1 **3. Discussion**

2 The main findings of the present study were: (1) subanesthetic doses of ketamine in  
3 adult rats reversed the behavioral, excitatory and inhibitory neurotransmission, and  
4 morphological alterations diminished by juvenile stress; and (2) ketamine paradoxically  
5 exhibited prodepressant-like effects in the noFS rats.

6 Although the mechanisms behind ketamine's antidepressant effect have not been well  
7 examined, previous electrophysiological studies have strongly indicated that restoring  
8 EPSCs plays a critical role (Duman and Aghajanian, 2012; Zanos et al., 2018). Our  
9 analyses on the FST, EPSCs, the balance of synaptic excitation and inhibition, and apical  
10 dendritic spine imaging indicated that 3wFS induced depressive-like alteration during  
11 adulthood and that ketamine attenuated this effect, consistent with previous studies using  
12 chronic stress models (Li et al., 2010; Li et al., 2011). To our knowledge, this is the first  
13 study that analyzed the ketamine's antidepressant effect on juvenile stress-induced  
14 alteration in rodents, which is a major cause of depression in humans (Anda et al., 2010).  
15 However, further studies are required to extrapolate these results to humans.

16 We demonstrated that 3wFS increased the immobility counts in adult rats and that  
17 ketamine reversed this increase (Fig. 2). Although we did not measure ketamine's effect  
18 on the locomotor activity, previous studies reported that ketamine 10 mg/kg transiently

1 increased locomotion in the very early period (~ 1 h) and promptly reversed it to the  
2 placebo levels (Hetzler and Wautlet, 1985; Podkowa et al., 2016). As we injected  
3 ketamine 16 h before the FST, the significant differences in immobility in the FST  
4 between the noFS-VEH, 3wFS-VEH, and 3wFS-Ket groups could not be attributed to the  
5 alteration in the locomotor activity. Furthermore, ketamine 1 mg/kg did not reverse  
6 immobility in our study, similar to other reports (Fig. S1) (Li et al., 2010; Zanos et al.,  
7 2016).

8 Interestingly, we demonstrated that ketamine increased the firing frequency and input  
9 resistance in the PL, but not in the IL (Fig. 3 and Fig. S2). This suggested that the effects  
10 of ketamine on the PL neurons might be different from those on the IL neurons. There are  
11 pyramidal neurons in the IL and PL, but the effects of the drug could be different between  
12 them. For example, our previous report (Lyttle et al. 2015) showed that repeated  
13 fluvoxamine treatment recovered stress-induced dendritic atrophy in the IL but not in the  
14 PL, though it examined the layer II/III. Moreover, several studies indicated that the IL  
15 plays a pivotal role in the antidepressant-like effects (Hamani et al., 2010a; Hamani et al.,  
16 2010b; Hamani and Temel, 2012; Lyttle et al., 2015). Taken together with previous and  
17 present findings, we speculated that the recovery of PL or IL is sufficient for  
18 antidepressant-like effects, but the recovered region depends on the type of the used drug.

1 However, further studies are required to elucidate how and why drugs seemingly have  
2 differing effects on the same type of neurons in different areas. Further, ketamine might  
3 affect other brain regions than the IL or PL and indirectly induce plastic changes of  
4 pyramidal neurons, depending on the source of inputs.

5 Increased firing frequency is not likely a result of ketamine's effect on input resistance,  
6 because those in the noFS-Ket and 3wFS-VEH groups were almost the same (Fig. 3E). A  
7 recent study reported that a low dose of ketamine increased the spontaneous firing of  
8 mPFC pyramidal neurons by attenuating the small conductance calcium-activated  
9 potassium channel-mediated action potential hyperpolarization current and rapidly  
10 enhanced mPFC neuronal excitability within the therapeutically relevant time window  
11 (Bambico et al., 2020). The increment of input resistance was due to the decrease of ion  
12 permeability on the membrane. A previous study reported that input resistance was  
13 increased by blockade of the hyperpolarization-activated cyclic nucleotide-gated (HCN)  
14 channels in the CA1 pyramidal neuron (Surges et al., 2004), and it has also been reported  
15 that ketamine inhibits HCN1 and increases the efficacy of cortical inputs (Chen et al.,  
16 2009; Ku and Han, 2017; Wang et al., 2007). Further investigation is required to test the  
17 aforementioned possibilities.

18 The synaptic current analysis demonstrated that 3wFS diminished the sEPSC

1 frequency in adulthood, which could cause increased immobility and reflect depressive-  
2 like alteration by juvenile stress (Menke and Binder, 2014; Yamamuro et al., 2018). As  
3 ketamine's antidepressant effect works by enhancing EPSC in the mPFC (Li et al., 2010;  
4 Li et al., 2011; Liu et al., 2015), it is reasonable to assume that ketamine recovers the  
5 excitatory inputs altered by juvenile stress. By investigating the mEPSCs, we further  
6 demonstrated the significance in the amplitude, and the tendency of significance in the  
7 IEI. These parameters generally indicate the change in the functions of postsynaptic  
8 receptors and the probability of action potential-independent presynaptic glutamate  
9 release, respectively (Arborelius and Eklund, 2007; Ishikawa et al., 2002; Oertner et al.,  
10 2002). Although the effects of ketamine on the presynaptic terminals remain unclear, a  
11 previous report has shown that subanesthetic ketamine restores the function of the  
12 excitatory amino acid transporter 3 (EAAT3) and alleviates the depressive-like behavior  
13 in rats (Zhu et al., 2017). However, as EAAT3 is located on the pre- and postsynaptic  
14 regions of the neurons found in the hippocampus and the cortex, further examination is  
15 required to clarify the ketamine's presynaptic modulations in the mPFC. Consistent with  
16 previous reports on the effects of ketamine on postsynaptic sites (Duman et al., 2016;  
17 Duman, 2018; Liu and Aghajanian, 2008), we also demonstrated that the administration  
18 of ketamine in 3wFS rats restored the EPSC amplitude reflecting the number of  $\alpha$ -amino-

1 3-hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) receptors, spine density, and the  
2 percentage of the mushroom-shaped matured spine, resulting in postsynaptic  
3 potentiation via the AMPA receptors (Gould et al., 2019). It is also possible that the  
4 increased amplitude of the EPSC was due to a change in the presynaptic vesicle content  
5 (Yu et al., 2018). Recent studies suggested that ketamine blocks the NMDA receptors on  
6 the neurotransmitter gamma-aminobutyric acid (GABA)-ergic interneurons and causes  
7 disinhibition, subsequently leading to the synaptogenesis of AMPA receptors (Duman and  
8 Aghajanian, 2012). However, there is the possibility that ketamine activates the prefrontal  
9 serotonergic system through an AMPA receptor-independent mechanism (Ago et al.,  
10 2019).

11 Cortical circuits are composed of excitatory glutamatergic pyramidal neurons and  
12 inhibitory GABAergic interneurons, which together create a delicate balance of excitation  
13 and inhibition (Workman et al., 2018; Xue et al., 2014). Moreover, we also measured the  
14 IPSCs and calculated the E/I ratio. Our study demonstrated that ketamine increased the  
15 sIPSCs amplitude (Fig. 5B), and that the 3wFS reduced the mIPSCs IEI (Fig. 5F).  
16 Previous studies proposed a putative mechanism that involves preferential ketamine-  
17 mediated inhibition of NMDA receptors localized in the interneurons, followed by  
18 disinhibition of the glutamatergic pyramidal neurons and an increased release of

1 glutamate (Miller et al., 2016). In fact, the ketamine's effect on IPSCs in the cortical  
2 pyramidal neurons remains unclear. The mPFC layer V pyramidal neurons are the main  
3 output source to other brain regions, and the net activity of the mPFC is controlled by  
4 integrating the excitatory and inhibitory inputs into those neurons (Ferguson and Gao,  
5 2018).

6 The E/I balance has been shown to change during the early development of the  
7 pyramidal neurons (Kroon et al., 2019), and these alterations have been found in rodent  
8 models of psychiatric disorders (Chen et al., 2020; Gatto and Broadie, 2010). The current  
9 study revealed that 3wFS increased the E/I ratio in the IEI of spontaneous postsynaptic  
10 currents, and ketamine reversed this change, indicating that ketamine reversed diminished  
11 excitability in the mPFC (Fig. 6). The input from the ventral hippocampus is a likely  
12 candidate due to the distribution of terminals, which are concentrated in the mPFC  
13 (Carreno et al., 2016; Liu and Carter, 2018). Taken together, our results indicated that  
14 ketamine increased the excitatory inputs, restored the E/I balance in the PL, and might  
15 contribute to the antidepressant mechanisms underlying the ventral hippocampus-PL E/I  
16 balance.

17 As aforementioned, our results showed that ketamine reversed the synaptic loss in the  
18 apical dendrites caused by stress (Fig. 7). However, consistent with previous reports, no

1 significant changes were observed in the basal dendrites (Cook and Wellman, 2004; Liu  
2 and Aghajanian, 2008; Radley et al., 2004). Additionally, a previous report (Liu and  
3 Aghajanian, 2008) showed that the apical dendritic regions predominantly generate  
4 serotonin (5-HT)-induced EPSCs in the layer V mPFC pyramidal neurons and a  
5 significant decrease of EPSCs in stressed rats. Considering that ketamine increases 5-HT  
6 release in the mPFC (Ago et al., 2019), our observed selective synaptogenesis in the apical  
7 dendrites might indicate the ketamine's direct (with the subsequent promotion of protein  
8 synthesis via the activation of the mechanistic target of rapamycin complex 1) and indirect  
9 antagonistic effect on the postsynaptic NMDA receptors (Duman, 2018).

10 As ketamine exerts its peak antidepressant effect within 24 h (Krystal et al., 2013;  
11 Pešić et al., 2016; Zarate et al., 2013), the most preclinical studies performed their  
12 morphological investigations at 24 h after ketamine's administration, demonstrating a  
13 significant recovery in both spine density and the proportion of the matured spines (Li et  
14 al., 2010; Li et al., 2011; Zanos et al., 2016). However, the time course between  
15 spinogenesis and behavioral changes remains unclear, while previous studies reported  
16 that the immobility reversal by ketamine precedes the spine formation by at least 9 h  
17 (Moda-Sava et al., 2019). We conducted the examinations at 16 h after ketamine  
18 administration, as it would provide some insights into the halfway point of the



1 antidepressant-like changes. Our results showed that the proportion of the matured spines  
2 increased, while the spine density remained unchanged. Previous findings and our results  
3 showed that recovery of glutamatergic transmission in the early period was accomplished  
4 by the maturation of the existing spines, followed by spine regeneration. A previous study  
5 (Li et al., 2010) reported increased levels of synaptic signaling proteins 2 h after ketamine  
6 administration. This signifies that synaptogenesis induced by ketamine could occur very  
7 rapidly, which is congruent with the clinical appearance (Berman et al., 2000). Thus, our  
8 results may suggest a synaptogenesis time course in the apical dendritic spines of the  
9 pyramidal cells in the PL layer V. The restoration tendency of spine density between  
10 3wFS-VEH and 3wFS-Ket groups could support this hypothesis.

11 Our finding that ketamine increased immobility in noFS rats is in conflict with those  
12 of previous studies (Autry et al., 2011; Carreno et al., 2016; Li et al., 2010; Maeng et al.,  
13 2008) showing ketamine's antidepressant effect using naïve animals. However, our  
14 EPSC/IPSC results (increased mEPSC IEI and increased sIPSC amplitude than the  
15 corresponding in the noFS-VEH group) indicated impaired excitability in the mPFC,  
16 which is consistent with increased immobility in the FST (Li et al., 2011). Therefore, at  
17 least in our experimental condition, we are reasonably sure that ketamine worked as a  
18 prodepressant agent. This was an unexpected result and warrants further investigation.

1 However, it was beyond the scope of this study because our main goal was to examine  
2 the effects of ketamine on 3wFS model rats, not on control rats. At this point, it remains  
3 an open question.

4 However, our study had some limitations. First, although there are some reports  
5 indicating that the human mPFC is involved in depression (Scheinost et al., 2018;  
6 Treadway et al., 2015), the idea that the rat mPFC can be considered homologous to  
7 human mPFC is still controversial (Uylings et al., 2003). Second, although we have  
8 reported that 3wFS induced various depressive-like alterations in the adult rats, this model  
9 only reflects a part of depression-like symptoms (Lyttle et al., 2015). For example, in our  
10 study, 3wFS did not change the anhedonia-like behavior in the SPT. To assess the  
11 ketamine's antidepressant-like effect for juvenile stress, different models like maternal  
12 separation should be investigated in future studies. Third, the number of samples used in  
13 electrophysiological experiments is relatively low. Although the most *P*-values in  
14 insignificant comparison were greater than 0.1, we could miss the significant difference  
15 due to the small sample size.

16 In conclusion, we demonstrated that ketamine reversed depressive-like alterations  
17 caused by juvenile stress in adult rats. Using electrophysiological and morphological  
18 methods to examine the PL layer V pyramidal cells, we showed that the excitatory inputs

1 derived from the apical dendrites might play a critical role in the antidepressant effect of  
2 ketamine. Furthermore, pre- and post-synaptic factors contributed to the alteration of the  
3 EPSCs. The recovery of the diminished glutamatergic transmission in the early period  
4 could be due to synaptic maturation. We observed that ketamine had a pro-depressant  
5 effect in noFS rats, which is of significant interest to basic research on depression. Finally,  
6 we suggested the contribution of IPSCs in the ketamine's antidepressant effect. We  
7 believe that these findings could contribute to elucidate the pathophysiology of  
8 depression and its therapeutic process.

## 1 **4. Experimental Procedure**

### 2 **4.1 Animals**

3 We used male offspring of timed-pregnant Wistar/ST rats purchased from Japan SLC  
4 (Shizuoka, Japan). The rats were weaned on postnatal day (PND) 21 and group-housed  
5 at  $21 \pm 2^\circ\text{C}$  and relative humidity of 40–50% with a 12-h light-dark cycle (lights on at  
6 19:00). Food and water were provided ad libitum, and all experiments were conducted  
7 during the dark period. All procedures were conducted in accordance with the guidelines  
8 for the Care and Use of Laboratory Animals of the Animal Research Committee of the  
9 Hokkaido University. In total, 74 animals were included.

10

### 11 **4.2 Juvenile stress exposure**

12 A juvenile stress paradigm was used, based on our previous reports (Lyttle et al.,  
13 2015; Matsuzaki et al., 2011). On PND 21, rat pups were weaned and received an electric  
14 foot shock once a day until PND 25. The time course of the experiments and the protocol  
15 of juvenile stress induction are shown in Fig. 1A. Rat pups were randomly assigned to an  
16 inescapable electric foot shock (3wFS) or a noFS group. Each rat was acclimated in the  
17 foot shock box for 5 min and subsequently subjected to five series of electrical foot shocks  
18 (intensity, 0.5 mA; duration, 2 s; and inter-shock interval, 30 s). The rat pups remained in

1 the foot shock box for another 5 min after the last foot shock and then returned to their  
2 home cage. The rats assigned to the noFS group were acclimated in the foot shock box  
3 for the same time as the FS rats (12.5 min) without receiving an electric shock. After  
4 being subjected to juvenile stress, the rats were group-housed in the same setting, as  
5 aforementioned, until PND 70, and they were subjected to experiments between the PND  
6 70 and PND 90.

7

#### 8 **4.3 Sucrose preference test**

9 To test anhedonia-related behavior induced by 3wFS, the SPT was performed. Our  
10 procedure here was based on the Willner's method (Willner et al., 1987). The rats were  
11 singly housed for a period of 7 days prior to the start of sucrose preference testing. The  
12 rats were not deprived of food or water before or during the test. Sucrose preference  
13 testing started with a habituation interval of 24 h. During the habituation period, the rats  
14 received two bottles of a 1% sucrose solution. Following the habituation period, three  
15 baseline measures of sucrose preference were taken. A third day of baseline period was  
16 selected based on preliminary experiments. For assessment of baseline sucrose preference,  
17 the rats were provided 200 ml of tap water and 200 ml of a 1% sucrose solution. The  
18 bottle positions were counterbalanced each successive day to prevent place preference.

1 The consumption of water and sucrose solution was measured by weighing the bottles.  
2 Sucrose preference was calculated as the percentage of the division between the sucrose  
3 solution and the total consumptions.

4

#### 5 **4. 4 Drug administration**

6 Based on previous reports (Li et al., 2010; Zanos et al., 2018), the animals in both  
7 groups received 10 mg/kg racemic ketamine (Ket; Daiichi Sankyo, Tokyo, Japan) or 0.9%  
8 saline (vehicle, VEH) intraperitoneally, approximately 16 h before the experiments (Fig.  
9 1B). Ketamine was dissolved in a total volume of 2 mL of a saline solution immediately  
10 prior to the injection.

11

#### 12 **4.5 Forced swim test**

13 The FST was conducted on PND 70, according to our previous report (Lyttle et al.,  
14 2015). A cylindrical acrylic container (20-mm inner diameter × 600-mm height) filled up  
15 to 450 mm with water ( $25 \pm 1^\circ\text{C}$ ) was used. The rats were recorded for 15 min, and the  
16 behavioral parameters were measured by hand count at the end of each 5-s interval  
17 (Jutkiewicz et al., 2006; Lyttle et al., 2015). Immobility was defined as no additional  
18 activity other than required to keep the rats' heads above water. The counts of immobility

1 were compared among the four groups. The counting procedure was performed in a  
2 blinded manner. The rats exposed to the FST were not used for other experiments, as the  
3 test itself can be a significant stressor and affect the results of other experiments (Sarkar  
4 and Kabbaj, 2016). Further, to investigate the dose-dependent effects of ketamine, a group  
5 of 3wFS-subjected rats was administered with 1 mg/kg ketamine.

6

#### 7 **4.6 Brain slice preparation**

8 Brain slice preparation was performed according to our previous report (Tsutsui-  
9 Kimura et al., 2014). Briefly, after decapitation under CO<sub>2</sub> anesthesia, the rats' brains  
10 were rapidly removed and placed in an ice-cold low-Na<sup>+</sup> solution containing (in mM) 120  
11 choline-Cl, 3 KCl, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 28 NaHCO<sub>3</sub>, 8 MgCl<sub>2</sub> · 6 H<sub>2</sub>O, and 22 d-glucose (pH  
12 7.4), aerated with 95% O<sub>2</sub> and 5% CO<sub>2</sub>. Next, 300- $\mu$ m acute transverse slices containing  
13 the mPFC were cut using a VT1200S slicer (Leica, Heidelberg, Germany). For tissue  
14 recovery, slices were incubated for 30 min at 35°C in a 1:1 mixture of low-Na<sup>+</sup> solution  
15 and normal artificial cerebrospinal fluid (ACSF) containing (in mM) 125 NaCl, 2.5 KCl,  
16 2 CaCl<sub>2</sub>, 1 MgSO<sub>4</sub>, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 26 NaHCO<sub>3</sub>, and 20 d-glucose (pH 7.4), followed by  
17 another 30 min at 25°C in ACSF aerated with 95% O<sub>2</sub> and 5% CO<sub>2</sub>.

18

## 1 **4.7 Electrophysiological recordings**

2 Whole-cell patch-clamp recordings were obtained from the layer V pyramidal cells  
3 in the PL, based on our previous report (Shikanai et al., 2012). We utilized an upright  
4 microscope (BX51WI, Olympus, Tokyo, Japan) equipped with an infrared charge-  
5 coupled device camera system (IR filter-removed DP72; Olympus) in ACSF at 32°C.  
6 Recording pipets with 3–5-M $\Omega$  resistance were used. For stimulation and data acquisition,  
7 an Axopatch 200B amplifier and the Clampex 10.6 software (Molecular Devices,  
8 Sunnyvale, CA, USA) were utilized. Signals were digitized at 20 kHz and filtered with a  
9 low-pass Bessel filter at 3 kHz. Clampfit 10.4 (Molecular Devices) was used for data  
10 analysis.

11 A standard intracellular solution containing (in mM) 6 KCl, 130 K<sub>D</sub>-gluconate, 10  
12 NaCl, 0.5 EGTA, 2 MgCl<sub>2</sub>, 0.16 CaCl<sub>2</sub>, 10 HEPES, 4 (2Na)-ATP, and 0.4 (2Na)-GTP (pH  
13 7.3) was used in current-clamp recordings. After holding the pyramidal cells at -60 mV,  
14 the recording was started in the current-clamp mode. A stepwise current injection  
15 (intensity, -0.2–0.5 nA with 0.05-nA increments; duration, 500 ms) was administered, and  
16 the changes in membrane potentials were recorded. The liquid junction potential was  
17 approximately 9 mV between the pipette solution and ACSF and was subtracted from the  
18 recorded data.



1 We designed the procedure to obtain the data of EPSCs and IPSCs from the same cell  
2 at comparable times (Kroon et al., 2019) using the cesium-based internal solution,  
3 containing (in mM) 7.5 CsCl, 127.5 Cs-methanesulfonate, 0.6 EGTA, 10 HEPES, 2.5  
4 MgCl<sub>2</sub>, 4 Na<sub>2</sub>-ATP, 0.4 Na<sub>3</sub>-GTP, and 10 Na<sub>2</sub> phosphocreatine was used in voltage-clamp  
5 recordings, which was adjusted to match the physiological intracellular Cl<sup>-</sup> concentration  
6 (12.5 mM) in the mature neurons. sEPSCs and sIPSCs were recorded at -70 and 0 mV,  
7 respectively. To record mEPSCs and mIPSCs, 0.5 μM TTX (Nacalai Tesque) was applied  
8 in the ACSF. The data were obtained at least 10 min after drug application to establish the  
9 appropriate effects. To confirm the validity of our experimental design, we verified that  
10 the postsynaptic currents clamped at -70 and 0 mV were totally blocked by 3 mM  
11 kynurenic acid (Sigma, St. Louis, MI, USA) and 0.1 mM picrotoxin (Nacalai Tesque,  
12 Kyoto, Japan), respectively. sIPSC and mIPSC were recorded within 1 min immediately  
13 after changing the holding potential from -70 to 0 mV. Pipet capacitance and series  
14 resistance compensation, or bridge-balance adjustments, were performed in voltage- or  
15 current-clamp mode, respectively, as follows: the series resistance was <10 MΩ; the  
16 maximal residual voltage error was <10%; the pipet offset potential between was zeroed  
17 before the gigaohm seal was established. Mini Analysis (Synaptosoft Inc, Decatur, GA,  
18 USA) was used for data analysis of the amplitude (pA), IEI (ms), and charge (fC) of

1 postsynaptic currents. Three times the RMS value of baseline was set as the threshold for  
2 signal detection for each recording. The other detection parameters were set as follows;  
3 Period to search a local maximum ( $\mu$ s): 10,000 for EPSCs and 20,000 for IPSCs, time  
4 before a peak for baseline ( $\mu$ s): 5,000 for EPSCs and 10,000 for IPSCs, period to search  
5 a decay time ( $\mu$ s): 20,000 for EPSCs and 40,000 for IPSCs, fraction of peak to find a  
6 decay time: 0.37, period to average a baseline ( $\mu$ s): 500. The acquired data (30-s) were  
7 manually inspected to reject the false events caused by noise and to include events that  
8 were not detected automatically.

9

#### 10 **4.8 Dendritic spine analysis**

11 Morphological analyses of dendritic spines were performed as previously described  
12 (Tsutsui-Kimura et al., 2014). Biocytin (0.1%; Nacalai Tesque) was added to the  
13 intracellular solution for the following morphological analysis. After whole-cell  
14 recordings, slices were transferred to 4% paraformaldehyde (0.1 M phosphate buffer) and  
15 fixed overnight at 4°C. Subsequently, slices were processed with streptavidin conjugated  
16 to Alexa 488 (1:1000; Jackson Immuno Research, Westgrove, PA, USA) to visualize the  
17 recorded pyramidal cells. A 3D image was obtained utilizing an FV1000 confocal laser  
18 microscope with FV10-ASW ver3.1 software (Olympus). Apical and basal dendritic

1 spines were recorded under 60× objective, 2× digital zoom, and Z-stacks at 0.5-μm steps.  
2 The criteria for the area from which the images were obtained were as follows: for apical  
3 dendrites, (1) just distal from the bifurcation of the main shaft (“tufts”), (2) within 200  
4 μm from the pia, (3) >1-μm diameter tuft in the acquired image, to compare tufts with the  
5 similar condition; for basal dendrites, we excluded the spine-sparse area next to the soma.  
6 The typical area from which we obtained images is shown in Fig 6A. Spine head diameter  
7 and density were measured from the obtained images. For processing and analysis of  
8 acquired images, Image J (Schneider et al., 2012) and SPISO (Mukai et al., 2011) were  
9 used. Since spine diameter correlates with synaptic strength, we sorted the spines into two  
10 types based on their transverse diameters: mature (>0.8 μm) or immature (<0.8 μm).

11

## 12 **4.9 Statistical analysis**

13 Statistical analysis was performed using SPSS Statistics version 23 (IBM Corp.,  
14 Armonk, NY, USA). The most data were analyzed using two-way ANOVA. When the  
15 data were not normally distributed, the Aligned Rank Transform (Wobbrock et al., 2011)  
16 was employed to detect the interaction effects or main effects. Because we have only two  
17 groups for each factor (noFS versus 3wFS, or vehicle versus ketamine), we did not  
18 conduct post hoc tests when we found main effects without a significant interaction

1 between two factors. When a significant interaction was detected, the simple main effects  
2 were calculated to assess the difference at each level. As for the Aligned Rank  
3 Transformed data, the Wilcoxon signed-rank test with Holm's correction was utilized  
4 when a significant interaction was detected. For firing frequency analysis, a three-way  
5 ANOVA was utilized by adding a current intensity factor. The Greenhouse-Geisser  
6 correction was applied when the results of the Mauchly sphericity test were found to be  
7 significant. The statistically significant level was set at  $P < 0.05$ .

8

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6

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10

1 **Figure legends**

2 **Fig. 1. Experimental time course and juvenile stress protocol**

3 (A) Rat pups were weaned at PND 21 and exposed to foot shock once a day until PND  
4 25. The black electric marks indicate each foot shock. Each rat pup was acclimated in the  
5 foot shock box for 5 min and subjected to five electric foot shocks (intensity, 0.5 mA;  
6 inter-shock interval, 30 s; shock duration, 2 s). The rat pups were returned to their home  
7 cage 5 min after the last foot shock. (B) Between PND 70 and 90, the rats received  
8 ketamine or saline injection intraperitoneally approximately 16 h before the subsequent  
9 experiments.

10 FST: forced swim test; PND: postnatal day

11

12 **Fig. 2. Ketamine rescues increased immobility counts induced by juvenile stress**

13 Effects of juvenile stress (foot shock, 3wFS) and ketamine on the immobility counts in  
14 the FST on PND 70. Data are expressed as means  $\pm$  standard error of the mean. Statistics  
15 were calculated by two-way analysis of variance. \*,  $P < 0.05$ ; \*\*,  $P < 0.01$ ; simple main  
16 effect of 3wFS or ketamine. The number of animals in the groups was as follows; noFS-  
17 VEH, 7; noFS-Ket, 10; 3wFS-VEH, 7; and 3wFS-Ket, 7. noFS-VEH: non-footshock +  
18 vehicle administration; noFS-Ket: non-footshock + ketamine treatment; 3wFS-VEH: 3-

1 week footshock + vehicle administration; 3wFS-Ket: 3-week footshock + ketamine  
2 treatment; FST: forced swim test; PND: postnatal day  
3  
4 **Fig. 3. Ketamine increases firing rates in the prelimbic area layer V pyramidal cells**  
5 (A) Schematic of an acute transverse slice containing mPFC. The square corresponds to  
6 the area photographed in B. (B) Representative photograph during the whole-cell patch-  
7 clamp recording from the PL layer V pyramidal cells. Scale bar, 100  $\mu$ m. (C and D)  
8 Membrane potential changes in the PL layer V pyramidal cells evoked by positive current  
9 injection (C) and representative recordings (D). (E and F) Membrane resistance (E) and  
10 RMP (F) in the PL layer V pyramidal cells. Data are expressed as means  $\pm$  standard error  
11 of the mean. Statistics were calculated by a three-way or two-way analysis of variance. #,  
12  $P < 0.05$ ; ##,  $P < 0.01$ ; main effect of ketamine. The number of animals and cells in each  
13 group for data acquisition was as follows: (animals, cells): noFS-VEH (6, 9), noFS-Ket  
14 (4, 12), 3wFS-VEH (5, 7), and 3wFS-Ket (3, 7). IL: infralimbic; PL: prelimbic; noFS-  
15 VEH: non-footshock + vehicle administration, noFS-Ket: non-footshock + ketamine  
16 treatment, 3wFS-VEH: 3-week footshock + vehicle administration, 3wFS-Ket: 3-week  
17 footshock + ketamine treatment; mPFC: medial prefrontal cortex; RMP: resting  
18 membrane potential.

1

2 **Fig. 4. Ketamine reverses the diminished spontaneous and miniature excitatory**  
3 **postsynaptic currents**

4 (A) Representative data of sEPSCs of each group. (B and C) Amplitude (B) and IEI (C)  
5 of sEPSCs in PL layer V pyramidal cells. (D) Representative data of mEPSCs of each  
6 group. (E and F) Amplitude (E) and IEI (F) of mEPSC. Data are expressed as means  $\pm$   
7 standard error of the mean. Statistical results were obtained using a two-way analysis of  
8 variance with the Aligned Rank Transform. \*,  $P < 0.05$ , \*\*,  $P < 0.01$ ; simple main effect  
9 of 3wFS or ketamine. The number of animals and cells in each group for data acquisition  
10 were as follows: for sEPSCs: (animals, cells): noFS-VEH (3, 14), noFS-Ket (4, 9), 3wFS-  
11 VEH (4, 22), and 3wFS-Ket (3, 19); for mEPSCs: noFS-VEH (3, 15), noFS-Ket (4, 15),  
12 3wFS-VEH (3, 12), and 3wFS-Ket (3, 15). noFS-VEH: non-footshock + vehicle  
13 administration; noFS-Ket: non-footshock + ketamine treatment; 3wFS-VEH: 3-week  
14 footshock + vehicle administration; 3wFS-Ket: 3-week footshock + ketamine treatment;  
15 spontaneous excitatory postsynaptic currents; mEPSC; miniature excitatory postsynaptic  
16 currents; PL: prelimbic; IEI: inter-event interval

17

18 **Fig. 5. Ketamine induces distinct alterations in the inhibitory postsynaptic currents**



1 (A) Representative recordings of sIPSCs in each group. (B and C) Amplitude (B) and IEI  
2 (C) of sIPSCs. (D) Representative recordings of mIPSCs in each group. (E and F)  
3 Amplitude (E) and IEI (F) of mIPSCs. Bars represent the means  $\pm$  standard error of the  
4 mean. Statistical results were obtained using a two-way analysis of variance with the  
5 Aligned Rank Transform. ##,  $P < 0.01$ ; main effect of ketamine. \*,  $P < 0.05$ ; main effect  
6 of 3wFS. The numbers of animals and cells in each group used for data acquisition were  
7 as follows: for sIPSCs (animals, cells): noFS-VEH (2, 12), noFS-Ket (3, 7), 3wFS-VEH  
8 (2, 12), and 3wFS-Ket (3, 13). For mIPSCs (animals, cells): noFS-VEH (3, 10), noFS-  
9 Ket (3, 6), 3wFS-VEH (2, 9), and 3wFS-Ket (3, 12). noFS-VEH: non-footshock + vehicle  
10 administration; noFS-Ket: non-footshock + ketamine treatment; 3wFS-VEH: 3-week  
11 footshock + vehicle administration; 3wFS-Ket: 3-week footshock + ketamine treatment;  
12 IPSCs: inhibitory postsynaptic currents; spontaneous inhibitory postsynaptic currents;  
13 mIPSCs: miniature inhibitory postsynaptic currents; IEI: inter-event interval

14

15 **Fig. 6. Ketamine reversed the E/I ratio of the inter-event interval**

16 (A) E/I ratio of charge. (B) E/I ratio of IEI. sEPSCs and sIPSCs were obtained from the  
17 same cells, and the E/I ratios were calculated by dividing the charge or IEI of sEPSCs by  
18 those of IPSCs. Bars represent the means  $\pm$  standard error of the mean. Statistical results

1 were obtained using a two-way analysis of variance. \*,  $P < 0.05$ , \*\*,  $P < 0.01$ ; simple  
2 main effect of 3wFS or ketamine. The numbers of animals and cells in each group used  
3 for data acquisition were as follows (animals, cells): noFS-VEH (2, 8), noFS-Ket (3, 6),  
4 3wFS-VEH (2, 11), and 3wFS-Ket (3, 11). noFS-VEH: non-footshock + vehicle  
5 administration; noFS-Ket: non-footshock + ketamine treatment; 3wFS-VEH: 3-week  
6 footshock + vehicle administration; 3wFS-Ket: 3-week footshock + ketamine treatment;  
7 sIPSCs: spontaneous inhibitory postsynaptic currents; sEPSCs: spontaneous excitatory  
8 postsynaptic currents; IEI: inter-event interval; E/I: excitatory/inhibitory

9

10 **Fig. 7. Ketamine did not rescue spine density, but increased the proportion of the**  
11 **mature spines**

12 (A) A typical image of a PL layer V pyramidal cell showing the area from which the spine  
13 data were obtained. (B and C) Spine density (B) and the proportion of mature spines (C)  
14 in the apical dendrite. (D) Representative fluorescent images of apical dendritic spines in  
15 each group. (E and F) Spine density (E) and the proportion of matured spines (F) in the  
16 basal dendrite. (G) Representative images of basal dendritic spines in each group. Scale  
17 bar, 5  $\mu\text{m}$ . Data are shown as mean  $\pm$  standard error of the mean. Statistics were calculated  
18 by two-way analysis of variance. \*\*,  $P < 0.01$ ; main effect of 3wFS. ##,  $P < 0.01$ ; main

1 effect of ketamine. The number of animals and cells in each group were as follows: for  
2 apical dendritic spines (animals, cells): noFS-VEH (3, 11), noFS-Ket (3, 10), 3wFS-VEH  
3 (4, 12), and 3wFS-Ket (4, 10); for basal dendritic spines (animals, cells): noFS-VEH (7,  
4 11), noFS-Ket (3, 10), 3wFS-VEH (6, 11), and 3wFS-Ket (4, 13). PL: prelimbic; noFS-  
5 VEH: non-footshock + vehicle administration; noFS-Ket: non-footshock + ketamine  
6 treatment; 3wFS-VEH: 3-week footshock + vehicle administration; 3wFS-Ket: 3-week  
7 footshock + ketamine treatment.

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1 **Supplementary Figure Legends**

2 **Fig. S1. Dose-dependent effects of ketamine on the immobility counts**

3 Ketamine 1 mg/kg did not reverse immobility counts. Data are shown as mean  $\pm$  standard  
4 error of the mean. Statistical analysis was not performed as the data of ketamine 0 mg/kg  
5 and 10 mg/kg were the same as those of 3wFS-VEH and 3wFS-Ket in Fig. 2, respectively.  
6 There were 7 animals in each group. 3wFS-VEH: 3-week footshock + vehicle  
7 administration; 3wFS-Ket: 3-week footshock + ketamine treatment

8

9 **Fig. S2. 3wFS did not induce a difference in the sucrose preference test.**

10 Baseline sucrose preference of animals subjected to no foot shock versus three-week foot  
11 shock exposure. No significant difference in sucrose preference was noted between the  
12 groups. (Student's t-test:  $t(12) = 0.893$ ,  $P = 0.39$ ). Data expressed as the means  $\pm$  standard  
13 error of the mean. Seven rats were used in each group.

14

15 **Fig. S3. Ketamine did not alter the membrane characteristics in the infralimbic layer**  
16 **V pyramidal cells.**

17 (A and B) Membrane potential changes evoked by positive current injection (A) and  
18 representative recordings (B) in IL layer V pyramidal cells. (C and D) Membrane

1 resistance (C) and RMP (D). Statistics were calculated by a three-way or two-way  
2 analysis of variance. No significant difference was detected in IL layer V pyramidal cells.  
3 The numbers of animals and cells in each group used for data acquisition were as follows  
4 (animals, cells): noFS-VEH (5, 9), noFS-Ket (3, 9), 3wFS-VEH (3, 8), and 3wFS-Ket (5,  
5 9). Data are expressed as mean  $\pm$  standard error of the mean. IL: infralimbic; RMP: resting  
6 membrane potential; noFS-VEH: non-footshock + vehicle administration; noFS-Ket:  
7 noFS + ketamine treatment; 3wFS-VEH: 3-week footshock + vehicle administration;  
8 3wFS-Ket: 3-week footshock + ketamine treatment.

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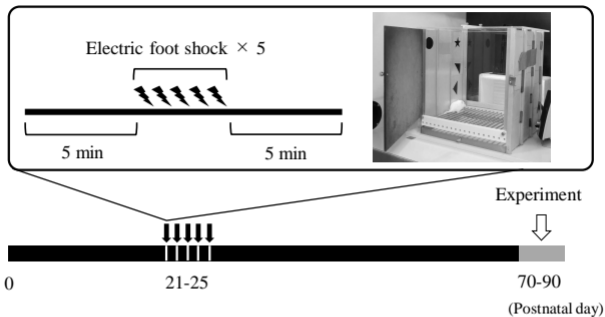
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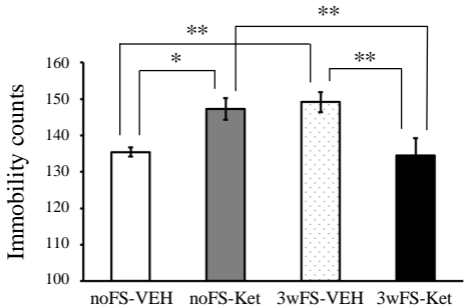
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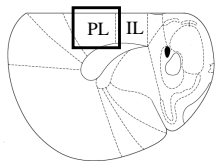
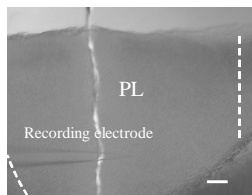
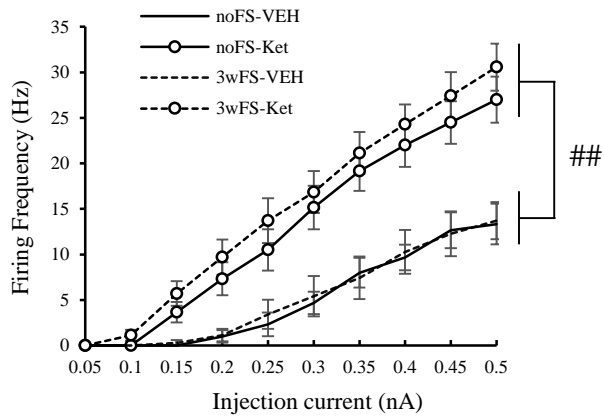
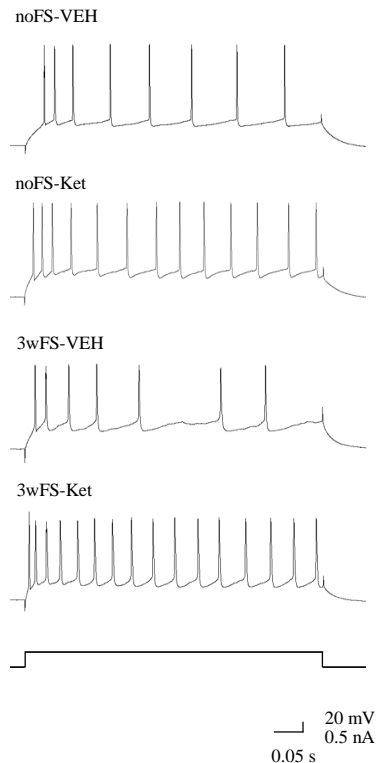
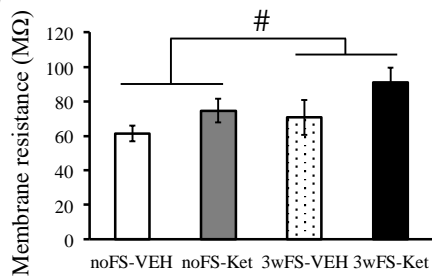
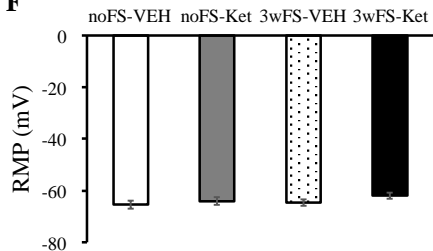


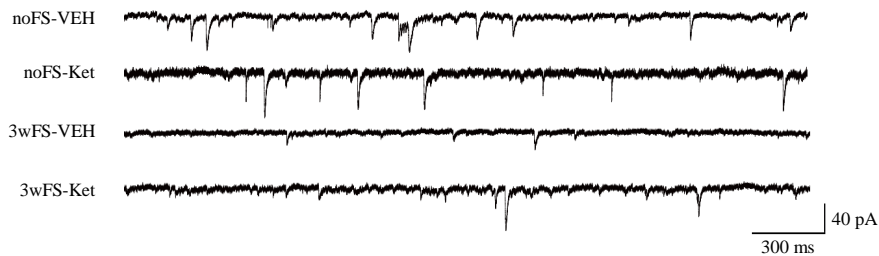
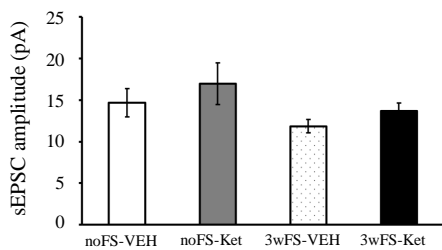
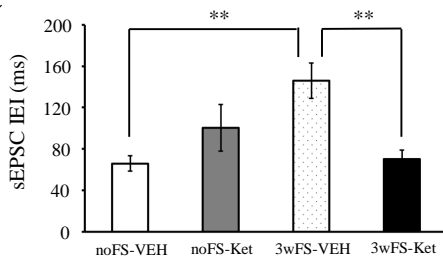
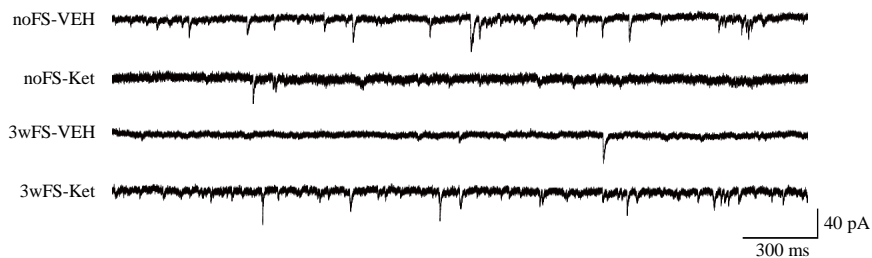
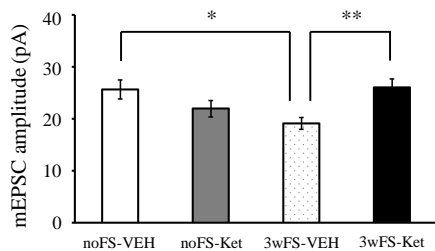
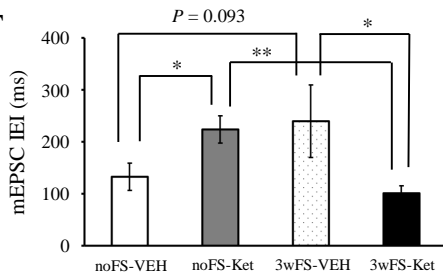
FST or patch-clamp recordings



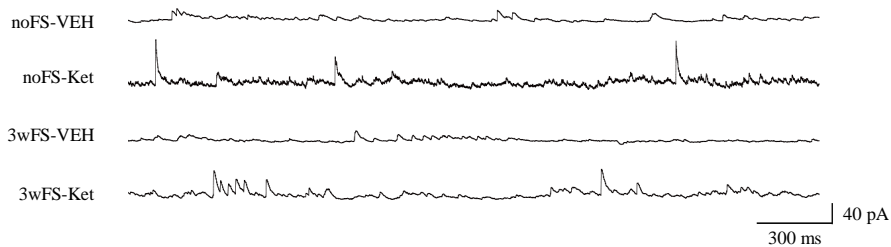
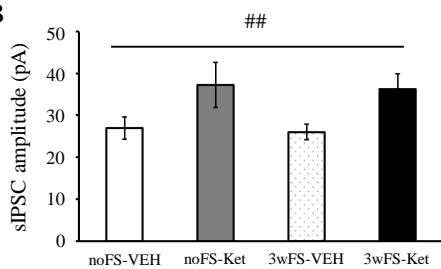
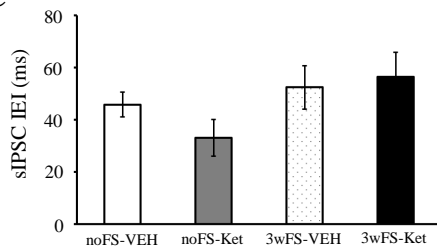
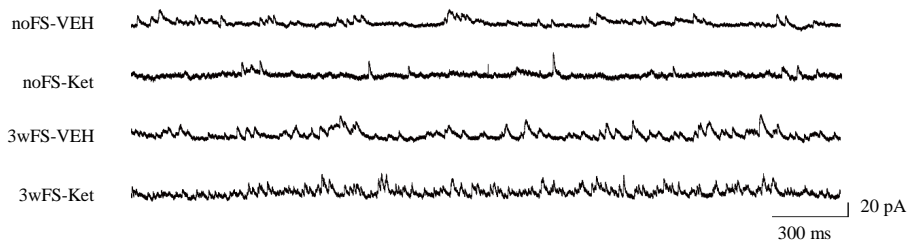
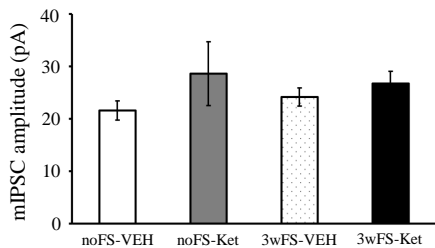
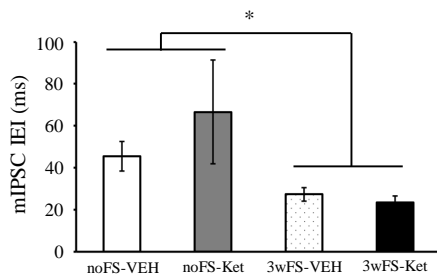
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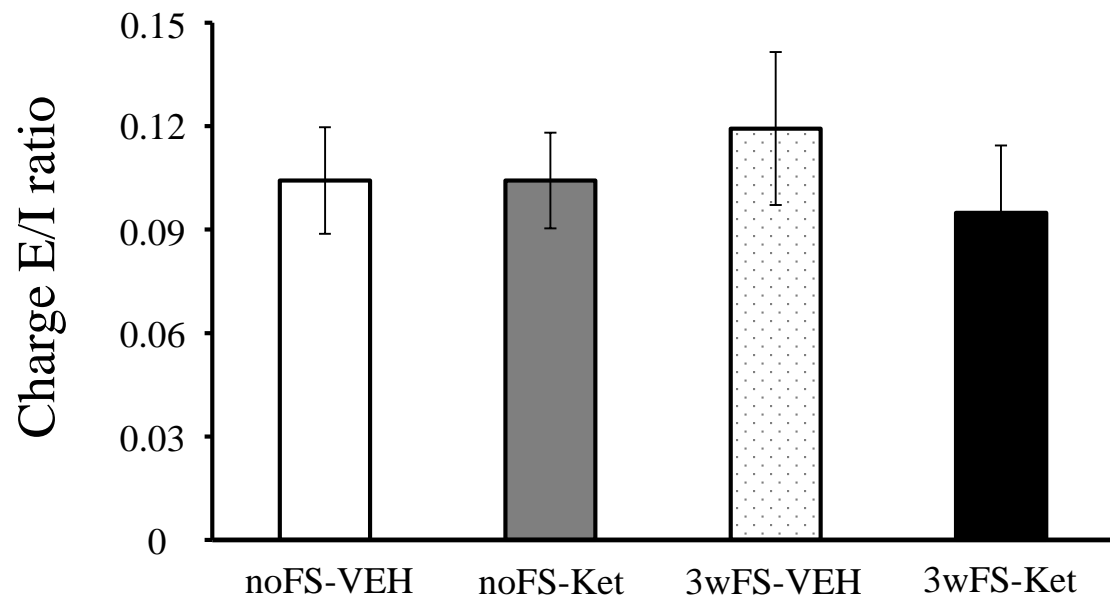
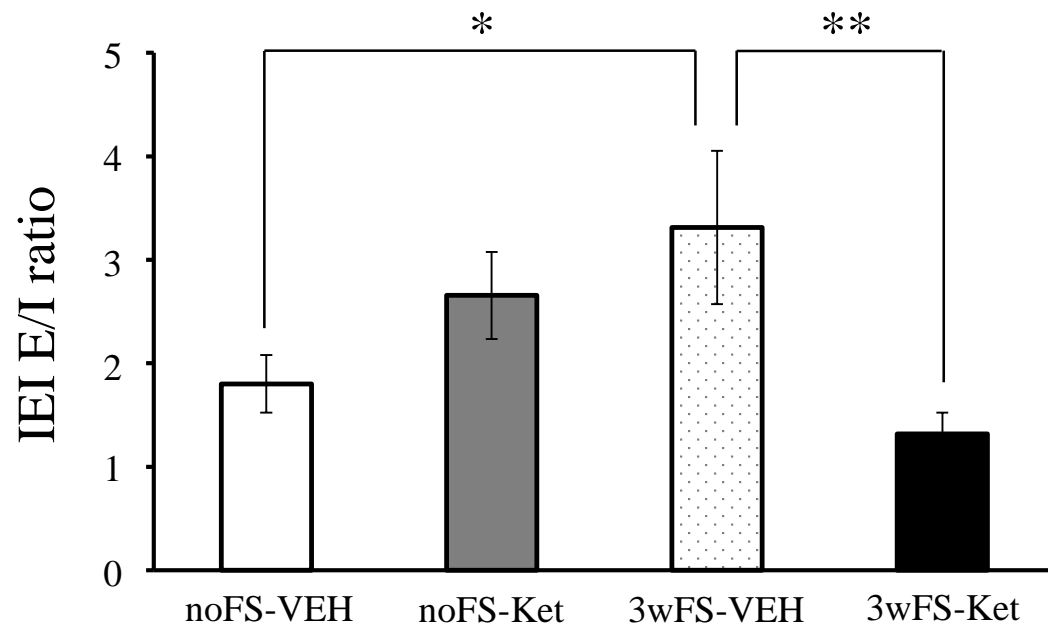


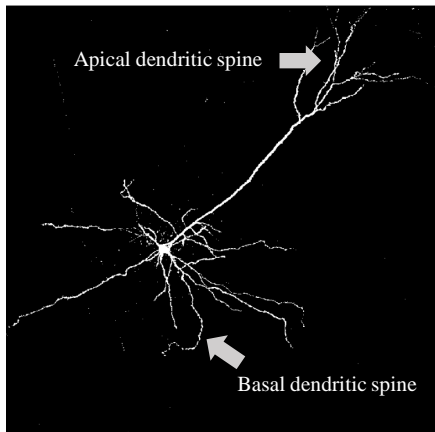
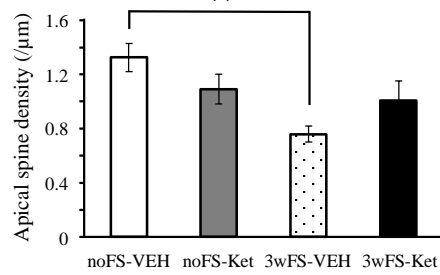
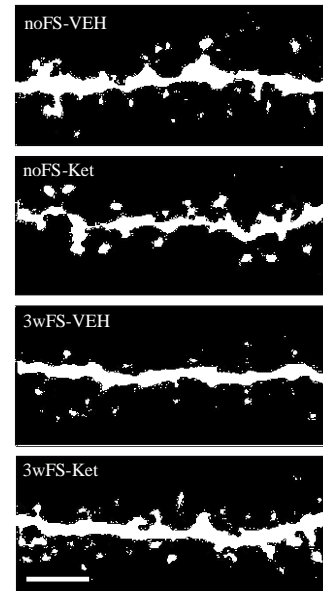
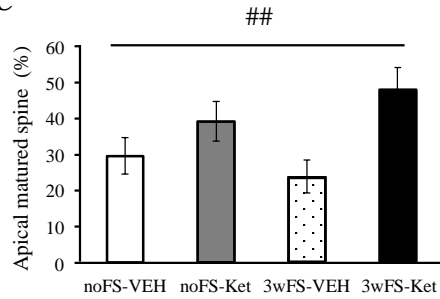
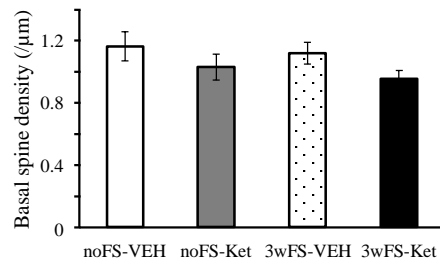
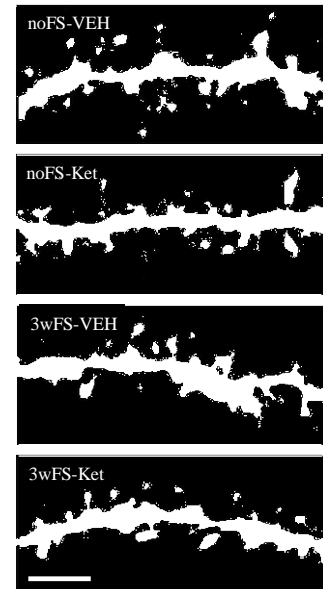
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**A****B****C****D****E****F**



**A****B****C****D****E****F**

**A****B**

**A****B****D****C****E****G****F**