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## Postharvest fruit quality of apple influenced by ethylene antagonist fumigation and ozonized cold storage

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1           **Postharvest fruit quality of apple influenced by ethylene antagonist**  
2                           **fumigation and ozonized cold storage**

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15 **Abstract**

16 The effects of two new ethylene antagonists namely ~~1~~*H*-cyclopropabenzene (BC) and *1H*-  
17 cyclopropa[*b*]naphthalene (NC), as well as 1-methylcyclopropene (1-MCP) on ethylene  
18 production and fruit quality of Cripps Pink and Granny Smith apple in ozonized cold storage, were  
19 investigated. When compared to control, Cripps Pink fruit fumigated with BC and NC exhibited  
20 significantly lowest ethylene production and respiration, whilst the Granny Smith fruit treated with  
21 1-MCP exhibited lowest ethylene production followed by NC and BC treatments ~~exhibited lower~~  
22 ~~ethylene production when compared to control~~. Application of ozone in cold storage maintained  
23 higher levels of sugars but elevated ethylene production in both the apple cultivars. No significant  
24 interaction was recorded between ethylene antagonists and ~~presence or absence of~~ ozone  
25 application in cold storage on the ethylene production, respiration and other fruit quality  
26 parameters. In conclusion, results suggest that BC and NC are potential ethylene antagonists in  
27 Cripps Pink and Granny Smith apples during the cold storage.

28 **Keywords:** Ethylene; Ethylene Antagonists; Ozone; *1H*-cyclopropabenzene; *1H*-  
29 cyclopropa[*b*]naphthalene; 1-Methylcyclopropene; Apple; Fruit Quality

30 **Abbreviations:** BC\_ *1H*-cyclopropabenzene, NC\_ *1H*-cyclopropa[*b*]naphthalene, 1-MCP\_ 1-  
31 ~~M~~methylcyclopropene

32 **Patent applications and registrations:** A patent application (*U.S. Patent Application No.*  
33 *15/772,324*) has been filed on the method of retarding an ethylene response in a plant or plant  
34 part by the compounds BC and NC.

35 **Funding:** This research did not receive any specific grant from funding agencies in the public,  
36 commercial, or not-for-profit sectors.

37 PubChem CID: Ethylene (6325); Ozone (24823); 1-Methylcyclopropene (151080); 1H-  
38 cyclopropa[b]naphthalene (136126); 1H-cyclopropabenzene (138310)

### 39 **1. Introduction:**

40 A sequence of irreversible events occurs during fruit ripening process which affects the peel and  
41 pulp colour, firmness, eating quality, levels of nutrients of the fruit and finally leads to its  
42 senescence and deterioration. The phytohormone ethylene invariably promotes the fruit ripening  
43 process in climacteric fruits like apples and affects the postharvest quality and storage life (Tucker,  
44 2012). Apple fruit is very sensitive to external ethylene exposure ~~even at minute concentrations~~  
45 and in turn, produce large amounts of ethylene during the ripening process. Different techniques  
46 have been tested to downregulate the ripening process, to extend the storage life and to maintain  
47 the postharvest fruit quality by inhibiting ~~ethylene~~ production, action ~~as well as~~ exposure of  
48 ethylene (Giovannoni, 2008). The low-temperature storage retards the activities of various  
49 enzymes ~~involved in ethylene biosynthesis, metabolic pathways and fruit softening as well as~~  
50 ~~thus delays~~ the ripening-associated physiological changes in the fruit ~~and hence extend the storage~~  
51 ~~life~~ (Gross et al., 2016).

52 The ethylene antagonists irreversibly block the ethylene receptors at the cellular level and thus  
53 inhibit the ethylene action in the fruit (Sisler, 2006). 1-Methylcyclopropene (However, the cold  
54 storage cannot effectively downregulate the ethylene levels in the storage environment or the  
55 ethylene action in the fruit. 1-MCP) fumigation has been identified as one of the most effective  
56 approach ethylene antagonists among the several methods to antagonize impede the ethylene  
57 action and retard the internal ethylene production in apple fruit (Watkins, 2006). The commercial  
58 encapsulated form of 1-MCP is widely being used by the apple growers around the world. ~~It blocks~~  
59 ~~the ethylene receptors at cellular level irreversibly and thus inhibits the ethylene action in the fruit~~

60 ~~(Sisler, 2006). The effects of Application of 1-MCP to the apple fruit, in retarded-retarding~~ the rates  
61 of respiration and ethylene production as well as ~~maintaining delayed fruit softening fruit quality~~  
62 during cold ~~and controlled atmosphere and controlled atmosphere~~ storage ~~have been reported as~~  
63 ~~well as reviewed by several authors (Blankenship and Dole, 2003; Watkins, 2006; Valero et al.,~~  
64 ~~2016; Hackbarth et al., 2017)~~. However, the effectiveness of 1-MCP in inhibiting the ethylene  
65 action differed with concentrations, treatment duration, cultivars, storage period and temperatures  
66 (Watkins, 2006). The 1-MCP treatment has also been reported to increase the susceptibility to  
67 fungal diseases like blue mould (Janisiewicz et al., 2003) as well as aggravated physiological  
68 disorders such as flesh browning in some apple cultivars (Watkins, 2006; Saba and Watkins, 2020).  
69 Moreover, the 1-MCP at room temperature is an unstable liquid making it difficult to handle (Sisler  
70 et al., 2006). Singh et al. (2018) discovered the capacity of two compounds namely 1*H*-  
71 cyclopropabenzene (BC) and 1*H*-cyclopropa[*b*]naphthalene (NC) to antagonize ethylene action in  
72 the fruit ~~similarly as to~~ 1-MCP. ~~Previously, Khan (2014) also found the ethylene antagonistic~~  
73 ~~activity of BC and NC in some cultivars of plum, apple and nectarine fruit kept at ambient~~  
74 ~~temperature. The structural properties of these compounds are different from 1-MCP and this~~  
75 ~~allows BC to be as liquid and NC to be as solid at the room temperature.- Recently, Tokala et al.~~  
76 ~~(2020) have reported the effectiveness of fumigation treatments with BC and NC in retarding the~~  
77 ~~postharvest ethylene production in the cold stored ‘Cripps Pink’ apple fruit.~~

78 Ozone, the tri-atomic form of the oxygen, is a powerful oxidizing agent and well known for its  
79 biocidal properties (Kim et al., 1999). Skog and Chu (2001) reported that application of ozone gas  
80 in cold storage oxidized the ethylene in the storage environment but did not show any effect on  
81 the endogenous ethylene production in apple fruit. Earlier, it has also been reported that the  
82 application of ozone maintained postharvest fruit quality as well as extended the storage life by

83 reducing the fungal decay (Skog and Chu, 2001). The beneficial effects of the 1-MCP and ozone  
84 on extending the storage life and maintaining the quality of different fruit, have been previously  
85 reported (Valero et al., 2016; Tokala et al., 2018; Shezi et al., 2020). However, no information is  
86 available on the additive and/or synergistic effects of the ethylene antagonists (BC, NC and 1-  
87 MCP) fumigation and presence of ozone in the cold storage environment on ethylene production  
88 and respiration rate as well as the quality of apple fruit. It was hypothesised that fumigation with  
89 ethylene antagonists and ozone application in the cold storage environment would synergistically  
90 reduce ethylene action and maintain fruit quality. Therefore, the objective of this investigation was  
91 to examine the effect of new ethylene antagonists (BC and NC), 1-MCP as well as fumigation  
92 treatment along with cold storage ( $0 \pm 2$  °C,  $90 \pm 5$  % RH) with or without ozone gas in retarding  
93 ethylene production and respiration rate while maintaining postharvest fruit quality of cold-stored  
94 Cripps Pink and Granny Smith apple following 90 and 120 d of storage.

## 95 **2. Material and methods**

### 96 *2.1. Plant materials and fruit*

97 Apple fruit of Granny Smith (firmness  $55.06 \pm 3.21$  N; SSC  $10.94 \pm 0.05$  %; TA  $0.61 \pm 0.03$  %) and Cripps Pink (firmness  $65.95 \pm 3.49$  N; SSC  $13.7 \pm 0.08$  %; TA  $0.74 \pm 0.02$  %) cultivars was  
98 harvested from a commercial orchard at Manjimup, Western Australia ( $34^{\circ}13'$  S latitude,  $116^{\circ}08'$   
99 E longitude) during April and May 2017, respectively. The trees were 11-year old and previously  
100 grafted on M.26 rootstock. They were planted in North-South orientation with the spacing of  $4.5$   
101  $\times 1$  m and received uniform cultivation practices throughout. After the harvest all the fruit were  
102 dipped in aqueous solution containing 'Scholar' (a.i.  $230 \text{ g L}^{-1}$  fludioxonil) @  $2.00 \text{ mL L}^{-1}$ , 'Caltop'  
103 (a.i.  $165 \text{ g L}^{-1}$  calcium) @  $7.00 \text{ mL L}^{-1}$ , 'DPA' (diphenylamine) @  $1.70 \text{ mL L}^{-1}$  to prevent any  
104 postharvest diseases or disorders during cold storage. After air-drying the fruit properly, they were  
105

106 then packed in corrugated cardboard boxes with soft board trays and immediately transported to  
107 Curtin Horticulture Research Laboratory, Perth, using the air-conditioned vehicle. The relatively  
108 uniform-sized fruit, free from bruises, pests and visible symptoms of diseases were used for the  
109 experiment.

## 110 2.2. Chemicals

111 The chemicals used as the treatments in the experiment were all synthesized at Chemistry  
112 laboratory, Curtin University. The procedure detailed by Fisher and Applequist (1965) was used  
113 to ~~prepare-synthesise~~ 1-MCP from methallyl chloride, while BC was synthesised from 1,3-  
114 cyclohexadiene and NC from naphthene in anhydrous tetrahydrofuran, and NC were prepared  
115 using following the procedure detailed by Davalian et al. (1980) and Billups and Chow (1973),  
116 respectively.

## 117 2.3. Fumigation treatments and cold storage

118 Two independent experiments were conducted using Granny Smith and Cripps Pink apple fruit.  
119 The apple fruit were fumigated with ethylene antagonists (BC, NC and 1-MCP) using 60 L  
120 hermetically sealable plastic drums at room temperature ( $20 \pm 2$  °C and  $65 \pm 5$  % RH). The apple  
121 fruit were arranged in each drum and calculated volume of ethylene antagonist solution was  
122 dispensed on to Petri-plate with filter paper, placed inside the drum, to produce 1  $\mu$ M BC  
123 ( $0.09\mu\text{L.L}^{-1}$ ) or 1  $\mu$ M NC ( $0.14\mu\text{L.L}^{-1}$ ) or 18  $\mu$ M 1-MCP ( $1\mu\text{L.L}^{-1}$ ) vapours and the drums were  
124 immediately sealed. Before sealing the plastic drum, 30 g of granular soda lime in a Petri-plate to  
125 absorb any excess carbon dioxide (CO<sub>2</sub>) produced and a battery-operated portable fan was also  
126 placed for uniform distribution of ethylene antagonist vapours. The untreated fruit were considered  
127 as a control. The experiment was laid in completely randomised design and each treatment was



128 replicated for four times with fifteen fruit per replication. On completion of 18 h, the drums were  
129 unsealed in an open-air environment and the fruit were then packed in corrugated cardboard boxes  
130 with soft board trays. The boxes were duly labelled for the treatments and transferred into the cold  
131 storage ( $0 \pm 2$  °C,  $90 \pm 5$  % RH) with or without ozone gas ( $0.1 \pm 0.08$   $\mu\text{L L}^{-1}$ ). The two lots of  
132 boxes were stored for 90 d and 120 d in separate cold storages. On the end of the designated storage  
133 period, the fruit were taken out for the determination of rates of respiration, ethylene production  
134 and other quality parameters.

#### 135 *2.4. Determination of ethylene production and respiration rate*

136 After completion of the respective storage duration, two fruit per replication were chosen randomly  
137 to determine ethylene production and respiration rate. The observations were recorded until a  
138 distinct climacteric peak was achieved in all the treatments and control. The selected fruit were  
139 sealed for 1 h in the 1 L glass jar with rubber septum at the top. The 1 mL gas sample was extracted  
140 from the headspace and injected into a gas chromatograph (Model 6890N, Agilent Technology,  
141 CA, USA) equipped with a stainless-steel column of 2 m long, 3.18 mm internal diameter packed  
142 with 80/100 mesh size (Porapak-Q, Supelco, PA, USA) and a flame ionisation detector (FID). The  
143 nitrogen ( $\text{N}_2$ ) gas with a flow rate of  $20 \text{ mL min}^{-1}$  was used as a carrier gas, and the column, inlet  
144 and detector temperatures were maintained at  $110$  °C,  $150$  °C and  $250$  °C, respectively. A gas  
145 sample from empty sealed glass jars was injected to test the possibility of the rubber septum to  
146 produce ethylene and no ethylene was detected. The headspace gas sample (2 mL) was injected  
147 into Infrared gas analyser (Servomex Gas Analyser, 1450 Food Package Analyser, Servomex  
148 Limited, East Sussex, UK) to determine rates of respiration as  $\text{CO}_2$  production. The concentrations  
149 of ethylene production were calculated as  $\mu\text{mol kg}^{-1} \text{ h}^{-1}$  and respiration rate as  $\text{mmol kg}^{-1} \text{ h}^{-1} \text{ CO}_2$ .

#### 150 *2.5. Physiological loss of weight (PLW)*

151 The fruit were weighed before transferring them into respective cold storage rooms and recorded  
152 as initial weight. The final weight was then recorded on completion of the respective storage  
153 duration. The PLW was calculated following the below equation and expressed as %.

$$154 \quad \text{PLW (\%)} = \frac{\text{Initial weight (kg)} - \text{Final weight (kg)} \times 100}{\text{Initial weight (kg)}}$$

### 155 *2.6. Fruit firmness*

156 Texture Analyser (TA Plus, Ametek Lloyd Instruments Limited, UK) with 5/16" (8 mm) Magnus-  
157 Taylor probe, equipped with a 500 N load cell was used to determine fruit firmness. The peeled  
158 portion of the fruit was punctured in two opposite sides at the equatorial region by the probe to 7  
159 mm sample depth with 100 mm s<sup>-1</sup> test speed and 5 N trigger force. The fruit firmness in Newton  
160 (N), is then calculated by interfaced software Nexygen<sup>®</sup> version 4.6 software installed on the  
161 computer.

### 162 *2.7. SSC, TA and SSC: TA*

163 The pooled juice from the portions cut from thirteen fruit per each replication was used to  
164 determine soluble solids concentration (SSC) and titratable acidity (TA). SSC was estimated using  
165 a digital refractometer (Atago – Palette PR 101, Atago Co., Tokyo, Japan) and was expressed as  
166 %. The diluted juice sample was titrated against 0.01 N sodium hydroxide (NaOH) with 2-3 drops  
167 of phenolphthalein indicator till pale pink colour endpoint to estimate TA. The TA was expressed  
168 as % malic acid. The SCC and TA values were then used to calculate SSC: TA.

### 169 *2.8. Individual sugars and organic acids*

170 The levels of individual sugars and organic acids in the pulp samples were estimated by reverse-  
171 phase HPLC system (Waters 1525, Milford Corporation, USA). The Dual  $\lambda$  UV absorbance  
172 detector (Water 2487, Milford Corporation, USA) at 214 nm was used to estimate individual  
173 organic acids, while the individual sugars were estimated by the Refractive Index (RI) detector  
174 (Water 2414, Milford Corporation, USA). The detailed description of instruments, procedures to  
175 prepare and analyze the samples were previously explained by Tokala (2019). The levels of sugars  
176 and organic acids are expressed as g kg<sup>-1</sup> fresh weight basis.

### 177 *2.9. Total phenols*

178 The procedure described by Robles-Sánchez et al. (2009), with few modifications as mentioned  
179 earlier by ~~Vithana-Tokala~~ et al. (20182020) was used to determine the levels of total phenols in  
180 the fruit pulp samples. The absorbance of the samples prepared was recorded at 750 nm wavelength  
181 using a UV/VIS spectrophotometer (Jenway spectrophotometer Model 6405, UK). The levels of  
182 total phenolic content calculated from the gallic acid standard curve were expressed as g Gallic  
183 Acid Equivalent (GAE) kg<sup>-1</sup> fresh weight basis.

### 184 *2.10. Ascorbic acid*

185 The levels of ascorbic acid in the fruit pulp samples were estimated using metaphosphoric acid,  
186 following the procedure detailed previously by ~~Vithana-Tokala~~ et al. (20182020). The absorbance  
187 of the samples prepared was recorded by a UV/VIS spectrophotometer at 760 nm. The standard L-  
188 ascorbic acid curve was used to calculate the levels and expressed as g kg<sup>-1</sup> fresh weight basis.

### 189 *2.11. Total antioxidant capacity*

190 The DPPH (2,2-diphenyl-1-picrylhydrazyl) assay detailed by Brand-Williams et al. (1995) and  
191 procedure explained previously by ~~Vithana et al. (2018Tokala et al. (2020)~~ was used to determine

192 the total antioxidant capacity in the fruit pulp samples. The absorbance of the samples was recorded  
193 at 515 nm by a UV/VIS spectrophotometer. The levels of total antioxidant capacity were calculated  
194 with reference to the standard curve of Trolox (6-hydroxy-2,5,7,8-tetramethylchromane-2-  
195 carboxylic acid (97 %)) and expressed as  $\mu\text{M kg}^{-1}$  Trolox fresh weight basis.

## 196 2.12. Statistical analysis

197 The data recorded were analysed by using the *GenStat* software version 14.0 (Lawes Agricultural  
198 Trust, Rothamsted Experimental Station, UK). The data were analysed by two-way analysis of  
199 variance (ANOVA) with ethylene antagonist treatments and cold storage type as two factors. The  
200 least significant difference (LSD) with 5 % error probability was determined by the F-test. The  
201 treatment means were compared using Duncan multiple comparison tests. The results were  
202 presented as means  $\pm$  standard errors (SE) of the means. The data of 90 d and 120 d of storage  
203 were analysed separately.

## 204 3. Results

### 205 3.1. Ethylene production and respiration rates

206 The BC, NC or 1-MCP fumigation have reduced the rates of ethylene production when compared  
207 to the control fruit in Cripps Pink and Granny Smith apple following 90 and 120 d of cold storage  
208 (Figure 1 and 2). In comparison with the control, the Cripps Pink apple fumigated with BC, NC  
209 and 1-MCP reduced the rates of ethylene climacteric peak by 83 %, 88 % and 40 % in 90 d stored  
210 and by 89 %, 90 % and 70 % in 120 d stored fruit, respectively (Figure 1 and 2). When compared  
211 to control fruit, Granny Smith apple fumigated with BC, NC and 1-MCP also expressed the  
212 reduced rates of ethylene climacteric peaks by 26 %, 70 % and 99 % following 90 d and by 14 %,  
213 72 % and 99 % following 120 d of cold storage, respectively (Figure 1 and 2). The Cripps Pink

214 apple fruit stored in ozonised cold storage exhibited 29 % and 21 % higher rates of ethylene  
215 climacteric peaks when compared to cold storage without ozone, following 90 and 120 d of  
216 storage, respectively (Figure 1 and 2). Likewise, the Granny Smith apple stored in cold storage  
217 with ozone also exhibited 21 % and 11 % higher rates of ethylene climacteric peaks when  
218 compared to non-ozonised cold storage, following 90 and 120 d of storage, respectively (Figure 1  
219 and 2). The onset of ethylene climacteric peak was delayed by 8, 7 and 9 d following 90 d and by  
220 4, 5 and 4 d following 120 d in the Cripps Pink apple fruit fumigated with BC, NC and 1-MCP  
221 when compared to control fruit, respectively (Figure 1 and 2). The ethylene climacteric peak onset  
222 in the Granny Smith fruit fumigated with BC, NC and 1-MCP was delayed by 4, 5 and 8 d for 90  
223 d of storage and by 2, 3 and 5 d for 120 d of storage (Figure 1 and 2). There was no significant  
224 effect of ozone application on the ethylene climacteric peak onset in Cripps Pink and Granny Smith  
225 apple fruit during 90 and 120 d of cold storage.

226 When compared to the control fruit, the Cripps Pink apple fumigated with BC, NC and 1-MCP  
227 exhibited reduced rates of the respiratory climacteric peak by 15 %, 20 % and 5 % following 90 d  
228 and by 22 %, 30 % and 15 % following 120 d of cold storage, respectively (Figure 3). Whilst, in  
229 the Granny Smith apple, the rates of respiratory climacteric peaks were reduced in the fruit  
230 fumigated with BC, NC and 1-MCP by 19 %, 9 % and 29 % in 90 d cold storage and by 14 %, 27  
231 % and 34 % in 120 d cold storage, respectively in comparison with control (Figure 3). When  
232 compared to the control fruit the onset of respiratory climacteric peaks was delayed by 6, 6 and 5  
233 d following 90 d storage and by 3, 3 and 4 d following 120 d storage, in the Cripps Pink fruit  
234 fumigated with BC, NC and 1-MCP, respectively (Figure 3). The respiratory climacteric peak  
235 onset in the Granny Smith fruit fumigated with BC, NC and 1-MCP was delayed by 4, 5 and 2 d  
236 for 90 d of storage when compared with control, but not significantly affected for 120 d of storage

237 (Figure 3). The respiratory climacteric peak rates and onset were not significantly affected by  
238 ozone application in Cripps Pink and Granny Smith apple fruit during 90 and 120 d cold storage.  
239 The interaction effect between ethylene antagonist treatments and application of ozone on the rates  
240 and onset of ethylene and respiration climacteric peak was not significant.

### 241 3.2. *PLW and fruit firmness*

242 The PLW in the Cripps Pink apple was reduced by 33 %, 19 % and 27 % following 90 d and by 7  
243 %, 13 % and 14 % following 120 d cold storage in the fruit fumigated with BC, NC and 1-MCP,  
244 respectively, when compared to control (Table 1). Similarly, in Granny Smith apple fruit, in  
245 comparison with control the fumigation treatment with BC, NC and 1-MCP has reduced PLW by  
246 22 %, 6 % and 44 % in 90 d cold storage and by 7 %, 14 % and 17 % in 120 d cold storage,  
247 respectively (Table 1). The application of ozone in the cold storage has reduced the PLW in Cripps  
248 Pink apple by 23 % and by 28 % as well as in Granny Smith apple by 17 % and 4 %, following 90  
249 and 120 d of storage, respectively (Table 1). When compared to the control the fruit firmness in  
250 the Cripps Pink apple fumigated with BC, NC and 1-MCP were maintained 1.01, 1.03 and 1.02  
251 times higher following 90 d of storage and by 1.07, 1.05 and 1.07 times higher following 120 d of  
252 storage, respectively (Table 1). In case of Granny Smith apple, when compared to control, the  
253 fumigation treatment with BC, NC and 1-MCP have maintained the fruit firmness 1.16, 1.12 and  
254 1.21 times higher in 90 d stored and by 1.09, 1.17 and 1.28 times higher in 120 d stored,  
255 respectively (Table 1). The fruit firmness in Cripps Pink apple fruit was not significantly affected  
256 by the application of ozone gas following 90 and 120 d of cold storage, while the Granny Smith  
257 apple fruit stored in ozonised cold storage showed comparatively lower firmness values for 90 d  
258 cold storage (Table 1). The interaction effect between ethylene antagonist treatments and  
259 application of ozone on the PLW and fruit firmness was not significant.

### 260 3.3. SSC, TA and SSC: TA

261 The Cripps Pink apple fruit fumigated NC and 1-MCP exhibited significantly lowest SSC values  
262 when compared to other treatments following 90 d (14.69 % and 14.58 %, respectively) and 120  
263 d (14.46 % and 14.38 %, respectively) of cold storage (Supplementary material, Appendix 1, Table  
264 1). Whilst in case of the Granny Smith apples, when compared to all other treatments the fruit  
265 fumigated with 1-MCP exhibited significantly highest values of SSC following 90 d (12.81 %)  
266 and 120 d (12.65 %) of cold storage (Supplementary material, Appendix 1, Table 1). The apple  
267 fruit stored in the ozonised cold storage exhibited comparatively higher values following 90 d but  
268 had lower SSC values following 120 d in both Cripps Pink and Granny Smith fruit (Supplementary  
269 material, Appendix 1, Table 1). The interaction effect between ethylene antagonist treatments and  
270 cold storage type on SSC did not exhibit any specific trend in Cripps Pink and Granny Smith apple  
271 fruit. There was no significant effect of ethylene antagonists or ozone application on the TA values  
272 of Cripps Pink and Granny Smith apple fruit following 90 and 120 d of cold storage. The ethylene  
273 antagonist treatments did not show any significant effect on the SSC: TA values of Cripps Pink  
274 and Granny Smith apple fruit. The effect of ozone application in cold storage as well as the  
275 interaction effect between ethylene antagonists and ozone application on the SSC: TA values of  
276 Cripps Pink and Granny Smith apple fruit did not follow any specific trend (Supplementary  
277 material, Appendix 1, Table 1).

### 278 3.4. Individual sugars and organic acids

279 The Cripps Pink and Granny Smith apple fruit fumigated with 1-MCP exhibited significantly  
280 higher levels of glucose but lower sucrose and sorbitol levels when compared to all other  
281 treatments following 90 d and 120 d of cold storage (Figure 4). The Cripps Pink apple fruit stored  
282 in the cold storage with ozone gas exhibited comparatively higher levels of glucose (4.96 folds),

283 fructose (1.07 folds), sorbitol (1.01 folds) and lower sucrose (1.09 folds), following 90 d of storage  
284 (Figure 4). Whilst, following 120 d of cold storage all the individual sugars studied were higher in  
285 the Cripps Pink fruit stored in ozonised cold storage (Figure 4). Similarly, the levels of glucose  
286 (1.10 folds), fructose (1.04 folds) and sucrose (1.01 folds) were higher in the Granny Smith apple  
287 fruit cold stored with ozone following 90 d of storage (Figure 4). Whereas, the levels of sorbitol  
288 were comparatively lower in the Granny Smith apple fruit cold stored with ozone following 90 d  
289 (1.15 folds) and 120 d (1.14 folds) of storage (Figure 4). Overall, the Cripps Pink and Granny  
290 Smith apple fruit stored in ozonised cold storage had higher levels of total sugars when compared  
291 to the fruit stored in cold storage without ozone.

292 The Cripps Pink apple fruit fumigated with NC exhibited highest levels of malic acid when  
293 compared to all other treatments, following 90 d (5.51 g kg<sup>-1</sup>) and 120 d (6.65 g kg<sup>-1</sup>)  
294 (Supplementary material, Appendix 1, Table 2). Whilst, in the case of Granny Smith apple fruit,  
295 there was no significant effect of ethylene antagonist treatment on the levels of malic acid  
296 following 90 and 120 d of cold storage. The fruit fumigated with 1-MCP exhibited the highest  
297 levels of succinic acid in both the cultivars studied. The succinic acid levels were 1.15 and 1.16  
298 folds higher in Cripps Pink and 1.39 and 1.21 folds higher in Granny Smith apple fruit, when  
299 compared to the control fruit, following 90 and 120 d of storage, respectively (Supplementary  
300 material, Appendix 1, Table 2). The interaction effect between ethylene antagonists and  
301 application of ozone on the levels of individual sugars and organic acids did not follow any definite  
302 trend in both the cultivars studied.

### 303 *3.5. Total phenols, ascorbic acid and total antioxidant capacity*

304 The levels of total phenols were recorded highest in the Cripps Pink apple fruit fumigated with NC  
305 following 90 d (33.12 g GAE kg<sup>-1</sup>) and 120 d (40.61 g GAE kg<sup>-1</sup>) cold storage when compared to



306 all other treatments (Table 2). Whilst, in the Granny Smith apple fruit, there was no significant  
307 effect of ethylene antagonists on the levels of total phenols. The Cripps Pink and Granny Smith  
308 apple fruit stored in cold storage with ozone maintained higher levels of total phenols following  
309 90 d but again the levels of total phenols were lower following 120 d when compared to fruit stored  
310 in the cold storage without ozone (Table 2). The effect of ethylene antagonists or ozone on the  
311 levels of ascorbic did not follow any significant trend in Cripps Pink and Granny Smith apples.  
312 The Cripps Pink and Granny Smith apple fruit fumigated with 1-MCP exhibited higher levels total  
313 antioxidant capacity following 90 d and 120 d of cold storage when compared to all other  
314 treatments (Table 2). The Cripps Pink apple stored in ozonised cold storage exhibited higher levels  
315 of total antioxidant capacity following 90 d ( $11.31 \mu\text{M kg}^{-1}$  Trolox) and 120 d ( $11.62 \mu\text{M kg}^{-1}$   
316 Trolox) when compared to the fruit stored in the cold storage without ozone (Table 2). Contrarily,  
317 the levels of total antioxidant capacity were comparatively lower in the Granny Smith apple fruit  
318 stored in ozonised cold storage in 90 d ( $10.99 \mu\text{M kg}^{-1}$  Trolox) and 120 d ( $12.78 \mu\text{M kg}^{-1}$  Trolox)  
319 than fruit stored in cold storage without ozone (Table 2). The interaction effect between ethylene  
320 antagonists and ozone application on the levels of total phenols, ascorbic acid and total antioxidant  
321 capacity was not significant or did not follow any definite trend in cold-stored Granny Smith and  
322 Cripps Pink apple fruit.

#### 323 **4. Discussions**

324 The effects of new ethylene antagonists (BC and NC) and 1-MCP fumigation, as well as ozone  
325 application during storage on the rates of respiration and ethylene production as well as on various  
326 fruit quality parameters, have been investigated for the first time in the cold stored Cripps Pink  
327 and Granny Smith apples. The 1-MCP fumigation antagonises the ethylene action in the fruit as  
328 well as retard ethylene production, by irreversibly binding to ethylene receptors in the fruit

329 (Apelbaum et al., 2008). Pirrung et al. (2008) explained ethylene antagonistic action of 1-MCP by  
330 proposing a cyclopropene ring-opening reaction mechanism to form a copper carbenoid  
331 intermediate. The intermediate formed ~~to~~ blocks the ethylene action by irreversibly reacting with  
332 amino acids of the protein domain of ethylene receptor. The structure of BC and NC is different  
333 from 1-MCP, but the mechanism of ethylene action inhibition in the fruit is similar to that of 1-  
334 MCP. The BC and NC compounds react with copper (I) cofactor situated with the ETR1 ethylene  
335 receptor and antagonize the ethylene action (Singh et al., 2018).~~The two new ethylene antagonistic~~  
336 ~~compounds (BC and NC) are structurally different from 1-MCP but their proposed mode of action~~  
337 ~~is similar to that of 1-MCP in binding the ethylene receptors and antagonising ethylene action in~~  
338 ~~the fruit (Singh et al., 2018).~~ The rates of respiration and ethylene production were retarded, and  
339 the onset of the climacteric peaks was delayed in the Cripps Pink and Granny Smith apple  
340 fumigated with BC, NC and 1-MCP, when compared to the control fruit (Figure 1, 2 and 3). This  
341 suggests that all the ethylene antagonist treatments could successfully block ethylene receptors  
342 and hinder ethylene action in fruits (Sisler, 2006). Ozone gas is well known for its broad-spectrum  
343 biocidal properties (Shezi et al., 2020), but its effects on the fruit quality and physiological  
344 parameters depend primarily upon factors such as cultivar, concentrations of ozone applied,  
345 storage temperatures and duration of ozone exposure (Tokala et al., 2018). The Cripps Pink and  
346 Granny Smith apple fruit stored in ozonised cold storage exhibited comparatively higher rates of  
347 ethylene production than the fruit cold-stored without ozone gas (Figure 1 and 2). Ozone is one of  
348 the strongest oxidising agent and exposure to very high concentrations can induce oxidative stress  
349 in the plant tissues (Pell et al., 1997). The elevated levels of ethylene in the apple fruit stored in  
350 ozonised storage could possibly be attributed to the stress-induced ethylene production (Liew and  
351 Prange, 1994).

352 The PLW was lowered in the Cripps Pink and Granny Smith apple fruit fumigated with BC, NC  
353 and 1-MCP when compared to control (Table 1). The PLW in the fruit is primarily caused due to  
354 the loss of water from the fruit, which in turn occurs as a result of physiological activities such as  
355 respiration and transpiration (Becker and Fricke, 1996). The reduced PLW in the fruit fumigated  
356 with the ethylene antagonist possibly be attributed to the retarded rates of respiration and ethylene  
357 (Martínez-Romero et al., 2007). The Cripps Pink and Granny Smith apple fruit stored in ozonised  
358 cold storage exhibited reduced PLW during storage (Table 1). A similar reduction in PLW in  
359 ozonised cold storage has been reported previously in various fruit such as strawberries (Zhang et  
360 al., 2011) and papaya (Ali et al., 2014).

361 The Cripps Pink and Granny Smith apple fruit fumigated BC, NC and 1-MCP retained higher fruit  
362 firmness when compared to the control fruit (Table 1). The reduction in fruit firmness during  
363 storage occurs mainly due to loss of cell turgor and cell wall hydrolysis. The activity of cell wall  
364 hydrolysing enzymes during the fruit ripening is activated mainly by the phytohormone ethylene  
365 (Giovannoni, 2008). The retention of the firmness in the fruit fumigated with ethylene antagonist  
366 may be associated with reduced rates of ethylene production and PLW during cold storage (Harker  
367 et al., 1997; Giovannoni, 2008). The application of ozone gas in the cold storage did not show a  
368 significant effect on the fruit firmness of Cripps Pink and Granny Smith apple fruit. Similarly,  
369 Skog and Chu (2001) also reported that ozone application in the cold storage did not show a  
370 significant effect on the firmness of apple fruit.

371 The Cripps Pink apple fruit fumigated with BC, NC and 1-MCP exhibited reduced levels of SSC,  
372 whilst Granny Smith apple fruit fumigated with ethylene antagonist had higher SSC when  
373 compared to control fruit (Supplementary material, Appendix 1, Table 1). Likewise, the levels of  
374 different sugars also exhibited random fluctuations with fumigation of different ethylene

375 antagonist. Earlier, Blankenship and Dole (2003) have also reported such contrasting effects of  
376 ethylene antagonist treatments on the levels of sugar content in different apple varieties. It was  
377 also mentioned that the effects of ethylene antagonist treatments could vary in different cultivars.  
378 Fan et al. (1999) also indicated that sugar accumulation in the apple fruit during the storage is not  
379 essentially associated with ethylene perception. The Cripps Pink and Granny Smith apple fruit  
380 stored in ozonised cold storage exhibited higher levels of sugars when compared to the fruit stored  
381 in cold storage without ozone gas. A similar increase in the sugar levels of the Fuji apple fruit  
382 stored in ozonised cold storage was previously reported by Rui-min (2009). No significant effect  
383 or a distinctive trend was recorded in the values of TA and SSC: TA ratio from the ethylene  
384 antagonist (BC, NC and 1-MCP) fumigation or by ozone application in cold-stored Cripps Pink  
385 and Granny Smith apples. Likewise, the non-significant effect of 1-MCP on TA values have been  
386 previously reported in different cultivars of apple viz., Redchief Delicious (Mir et al., 2001) as  
387 well as McIntosh, Empire, Delicious and Law Rome (Watkins et al., 2000).

388 The levels of total phenols and total antioxidant capacity in the cold stored apple fruit fumigated  
389 with ethylene antagonists were higher when compared to the control fruit (Table 4). The fruit  
390 ripening process is an oxidative process and involves the production of different reactive oxidative  
391 species (ROS) (Masia, 1998). The phenolics and flavanols form chief bioactive compounds in the  
392 apple fruit and actively degrade ROS produced during ripening processes (Łata and Tomala, 2007;  
393 Valero et al., 2016). The retention of higher levels of total phenols and total antioxidant capacity  
394 in the apple fruit fumigated with ethylene antagonist indicates decelerated ripening process due to  
395 retarded rates of ethylene and respiration (Masia, 1998).

## 396 **5. Conclusions**

397 The Cripps Pink apple fruit fumigated with BC and NC exhibited significantly lowest ethylene  
398 production and respiration than 1-MCP and control fruit. While, the Granny Smith fruit treated  
399 with 1-MCP exhibited lowest ethylene production followed by NC and BC treatments, compared  
400 to control. The BC and NC fumigation treatment possess the potential to be used as an ethylene  
401 antagonist in apple fruit, without any negative effects on quality. ~~with new ethylene antagonists~~  
402 ~~(BC and NC) as well as 1-MCP effectively retarded the ethylene production and also maintained~~  
403 ~~the fruit quality in the cold stored Cripps Pink and Granny Smith apple. Therefore, BC and NC~~  
404 ~~possess the potential to be used as an alternative ethylene antagonist in the apple fruit industry.~~

405 The ozone application in the cold storage aided in maintaining the postharvest fruit quality but  
406 increased ethylene production in both the cultivars. There was no significant interaction effect  
407 between the ethylene antagonist fumigation and ozone application in cold storage, on the ethylene  
408 production and respiration rates as well as on the other quality parameters studied. The magnitude  
409 of the effects caused by the ethylene antagonist fumigation and ozone application on postharvest  
410 physiology and quality parameters varied based upon the apple cultivar. The effects of different  
411 ozone concentrations on the fruit quality of apple cultivars and standardising the optimum gas  
412 concentration warrant future investigation to effectively exploit advantages of ozone.

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#### 423 **Declaration of interest**

424 All the authors declare that there is no conflict of interests.

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550

551 **Figure captions:**

552 Figure 1. Changes in the ethylene production during ripening days (D) due to ozone and ethylene  
553 antagonist (BC, NC and 1-MCP) treatment (T) in Cripps Pink and Granny Smith apple fruits cold  
554 stored ( $0\pm 2^{\circ}\text{C}$ ) for 90 and 120 d. Vertical bars represent standard error (SE) of mean values and  
555 are not visible when the values are smaller than the symbol.  $n=4$  replicates (2 fruit per replication).  
556 LSD ( $P \leq 0.05$ ) (A)  $T=0.05$ ,  $D=0.08$ ,  $\text{TXD}=0.21$  (B)  $T=0.06$ ,  $D=0.08$ ,  $\text{TXD}=0.21$  (C)  $T=0.11$ ,  
557  $D=0.14$ ,  $\text{TXD}=0.39$  (D)  $T=0.09$ ,  $D=0.11$ ,  $\text{TXD}=0.31$

558 Figure 2. The ethylene climacteric peak onset (d) and climacteric peak rates ( $\mu\text{mol kg}^{-1}\text{h}^{-1}$ )  
559 influenced by the ethylene antagonists (BC, NC and 1-MCP) and ozone in the Cripps Pink and  
560 Granny Smith apple fruit cold stored ( $0\pm 2^{\circ}\text{C}$ ) for 90 d and 120 d.

561 Figure 3. The respiratory climacteric peak onset (d) and climacteric peak rates ( $\text{mmol kg}^{-1}\text{h}^{-1}$ )  
562 influenced by the ethylene antagonists (BC, NC and 1-MCP) and ozone in the Cripps Pink and  
563 Granny Smith apple fruit cold stored ( $0\pm 2^{\circ}\text{C}$ ) for 90 d and 120 d.

564 Figure 4. The levels of individual sugars ( $\text{g kg}^{-1}$ ) influenced by the ethylene antagonists (BC, NC  
565 or 1-MCP) and ozone in the pulp of Cripps Pink and Granny Smith apple fruit cold stored ( $0\pm 2^{\circ}\text{C}$ )  
566 for 90 d and 120 d. Each bar represents the mean of four replicates with two fruit per replication.  
567 The vertical bars in the graph represent SE of the mean values.