

## Research data supporting RESIST publication "The Youth and Childhood Adversity Scale: A step towards developing a new measure of adversity and its severity"

### RESIST author

Jessica Fritz, correspondence: [jf585@cam.ac.uk](mailto:jf585@cam.ac.uk)

### List of all authors on the associated manuscript

P. Schlechter,\* J. Fritz,\* M. Cassels \*, S.A.S. Neufeld, P. O. Wilkinson

\*shared first author of the manuscript

### Brief variable description

1. Please note information regarding the measures of the variables are available in the methods section of the manuscript "The Youth and Childhood Adversity Scale: A step towards developing a new measure of adversity and its severity" (a link to the manuscript can be found on <http://jessica-fritz.com/>).

2. The analysis code is available from:

[https://osf.io/g2nkx/?view\\_only=1ec7b12cdfb7404ba989a34f7a221974](https://osf.io/g2nkx/?view_only=1ec7b12cdfb7404ba989a34f7a221974)

### Descriptive variables

Variable Name(s)	Description
id	Random 5 digit number between 10000 and 99999.
therapy	Answers the question: "In the last six months, have you received a course of talking therapy/counselling/psychological therapy?" Binary variable with the values 0 = "no" and 1 = "yes".
medication	Answers the question: "In the last six months, have you taken medication prescribed by your doctor for mental health problems (e.g. antidepressants)?" Binary variable with the values 0 = "no" and 1 = "yes".

### Youth and Childhood Adversity Scale: Presence vs Absence

Variable Name	Item	Answer categories
<i>Section Header: This section will ask you about your experiences of potentially traumatic events. Please indicate whether you have experienced those at any time in your life.</i>		
yts_1	<i>A death of a very close friend or family member?</i>	1 Yes 0 No
yts_2	<i>A major upheaval between your parents (such as divorce, separation)?</i>	1 Yes 0 No
yts_3	<i>A traumatic sexual experience (raped, molested, etc.)?</i>	1 Yes 0 No
yts_4	<i>Were you the victim of violence (child abuse, mugged or assaulted other than sexual)?</i>	1 Yes 0 No
yts_5	<i>Did you ever see a parent, sibling or significant other being the victim of violence?</i>	1 Yes 0 No

yts_6	<i>Were you extremely ill or injured?</i>	1 Yes 0 No
yts_7	<i>Was a parent, sibling, or significant other seriously ill or injured?</i>	1 Yes 0 No
yts_8	<i>Did a parent, sibling, or significant other suffer from mental illness?</i>	1 Yes 0 No
yts_9	<i>Were you separated from one of your parents for more than 1 year?</i>	1 Yes 0 No
yts_10	<i>Was either of your parents unemployed for more than 1 year when they wanted to be working?</i>	1 Yes 0 No
yts_11	<i>Was parental, sibling, or significant other alcohol or drug use severe enough to cause family problems?</i>	1 Yes 0 No
yts_12	<i>Did parents, siblings, or significant others engage in criminal activities severe enough to cause significant stress or worry?</i>	1 Yes 0 No
yts_13	<i>Did you experience any other major upheaval that you think may have shaped your life or personality significantly?</i>	1 Yes 0 No

### Youth and Childhood Adversity Scale: Severity

Variable Name	Item	Answer categories
yts_[x]a_full Show the field ONLY if: [yts_[x]] = '1'	In case of multiple experiences, please choose the most traumatic one for the following questions. How traumatic was this?	1 Not at all traumatic 2 3 4 somewhat traumatic 5 6 7 extremely traumatic

### Sum Scores of Validation Scales

Variable Name	Scale	Source
w_sum	General Health Questionnaire (GHQ-12)	Goldberg, D. (1992). General Health Questionnaire (GHQ-12). Windsor: NFER-NELSON
pss_sum	Perceived Stress Scale (PSS)	Cohen, S., Kamarck, T., & Mermelstein, R. (1983). A global measure of perceived stress. <i>Journal of Health and Social Behavior</i> , 385-396.
ccms_sum	Child Maltreatment Scale (CCMS)	Higgins, D. J., & McCabe, M. P. (2001). The development of the comprehensive child maltreatment scale. <i>Journal of Family Studies</i> , 7(1), 7-28.
rses_sum	The Rosenberg Self-Esteem Scale (RSES)	Rosenberg, M. (1965). Rosenberg self-esteem scale (RSE). <i>Acceptance and Commitment Therapy. Measures Package</i> , 61, 52.

**Missing data**

Missing data is indicated with 'NA'.

**Keywords**

Measuring childhood adversities, adversity severity, adversity frequency, presence vs absence of adversity, mental health

**File format**

Data is in the standard .csv format.

**Software/Usage instructions**

As the data is in the standard .csv format, no specialized software is required.

**Correspondence email address**

jf585@cam.ac.uk or replacement email available from <http://jessica-fritz.com/>

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**Is embargo needed**

No