ESMO Clinical Practice Guideline for the diagnosis, staging and treatment of patients with metastatic breast cancer

SUPPLEMENTARY TEXT

Section 1. Diagnosis, pathology and molecular biology

In addition to oestrogen receptor (ER), progesterone receptor (PgR) and human epidermal growth factor receptor 2 (HER2), the following biomarkers are linked to the use of approved drugs and should therefore be assessed as part of routine clinical practice [see European Society for Medical Oncology (ESMO) scale for clinical actionability of molecular targets (ESCAT) for further details – **supplementary Table S1**]:

- Germline *BRCA1/2* mutation (*gBRCAm*) testing to guide therapy [i.e. the use of platinum chemotherapy (ChT) and poly (ADP-ribose) polymerase (PARP) inhibitors, where available], with optional *partner and localiser of BRCA2 (PALB2)* mutations and somatic *BRCA* mutations testing [I, A; ESCAT score: I-A].¹
 Research indicates that the majority of *BRCA* germline variants can be identified by somatic tumour sequencing [II, A].
- Programmed death-ligand 1 (PD-L1) by immunohistochemistry (IHC) in metastatic triple negative breast cancer (mTNBC). The use of companion assays and scoring systems, i.e. antibody SP142 (Ventana) immune cells score (IC) ≥1% or antibody 22C3 (Dako) combined positive score (CPS) ≥10, are required to select first-line treatment with atezolizumab plus nab-paclitaxel or pembrolizumab plus chemotherapy (ChT) in patients with mTNBC [I, A; ESCAT score: I-A]. The positivity rate may vary according to tissue origin (primary versus site of metastasis) liver metastases are known to have low PD-L1 expression.² Reassessment in another tissue site may therefore be needed in such cases, although caution should be taken interpreting results from decalcified bone samples.³
- Phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha (PIK3CA) mutations in ER-positive, HER2-negative breast cancer (BC) [I, A; ESCAT score: I-A].

Genomic profiling and further tests on the tumour should be performed as part of routine clinical practice if the result will change the treatment approach, as guided by the ESCAT scale tier I (see **supplementary Table S1**). Where corresponding therapies are available as a treatment option, the following should be tested:

- Microsatellite instability (MSI) by IHC or a validated PCR or sequencing method [III, A; ESCAT score: I-C].
- Tumour mutation burden (TMB)-high by a validated sequencing method [III, B]
- Neurotrophic tyrosine receptor kinase (NTRK) screening by IHC, with confirmation by fluorescence *in situ* hybridisation (FISH) or next-generation sequencing (NGS) of DNA or RNA, at least if there is suspicion of secretory BC. This is optional for all other tumour types given the rarity of NTRK fusions [III, A; ESCAT score: I-C].

There are additional markers that have the potential to guide therapy, although assessment is optional (see **supplementary Table S1**):

- Oestrogen receptor 1 (ESR1) mutation testing if second-line aromatase inhibitor (AI) therapy is being considered [I, B; ESCAT score: II-A].
- BRCA tumoural status is optional as gBRCAm status is required for the treatment indication. Nevertheless, testing on the tumour to identify somatic mutations may identify treatment options [III, B; ESCAT score: II-A].
- Research testing for HER2 and AKT1 mutations and HER2-low status by IHC [ESCAT score: II-B] (see new drugs section).

There are additional markers that should not be measured due to a lack of evidence for clinical consequences in metastatic breast cancer (MBC):

- Ki67 testing is not recommended [I, D].⁴
- Tumour-infiltrating lymphocytes (TILs) assessment is not recommended [I, D] unless in the setting of concurrent PD-L1 evaluation.⁵
- There is evidence that patients with ER-positive, HER2-negative BC and retinoblastoma tumour-suppressor gene (RB1) loss-of-function mutations or basal-like gene expression profile may not benefit from CDK4/6 inhibitors. However, testing RB1 is not routinely recommended [III, C].

Current evidence suggests that both tissue biopsy and circulating tumour DNA (ctDNA) assays can be used to test for *PIK3CA* mutations and MSI status. ctDNA assays vary in sensitivity and some give false negative results; a tissue biopsy may therefore be needed to confirm a negative ctDNA result.^{6,7}

Section 2. Triple-negative breast cancer definitions

Recently, triple-negative breast cancers (TNBCs) have been subdivided into six subtypes including two basal-like (BL1 and BL2), an immunomodulatory (IM), a mesenchymal (M), a mesenchymal stem-like (MSL) and a luminal androgen receptor (LAR) subtype.⁸ Among these, certain subtypes are associated with a probability of response to specific treatments such as antiandrogens for LAR. BRCA mutations are more common in the BL1 subtype and, in general, the prevalence of *gBRCAm* is much higher in women with TNBC referred for genetic counselling.⁹ In addition, the new definition of a HER2-low population, which may benefit from certain anti-HER2 treatments,¹⁰ could also be considered soon. It is estimated that nearly a third of TNBCs have a HER2-low status.¹¹ Finally, treatments targeting the tumour environment such as immune checkpoint Inhibitors (ICIs) or antiangiogenic drugs have been preferentially studied or used in TNBC due to the initial absence of targeted treatments specific to these cancers. The establishment of guidelines for the management of TNBC therefore requires, on the one hand, a global approach in the absence of theragnostic factors and, on the other hand, the individualisation of strategies specific to the populations that may benefit from specific treatments.

Section 3. Hereditary BC (gBRCAm)

A small study suggests that PARP inhibitors are efficacious in patients with germline *PALB2* alterations or in tumours that harbour somatic *BRCA* alterations.¹ There are theoretical reasons that breast and ovarian cancers associated with RAD51C or RAD51D will also respond, although there are so far no clinical data demonstrating this.¹²

Criteria that have been used to determine eligibility for g*BRCAm* testing were designed to counsel patients in the setting of hereditary BC rather than for use as a predictive factor in the setting of therapy selection. Studies suggest that these criteria

are imperfectly sensitive for the detection of pathogenic/likely pathogenic alterations. For example, in a hospital-based series of 3,907 women with BC, the United States (US) National Comprehensive Cancer Network (NCCN) criteria for genetic testing were only 87% sensitive for the detection of *gBRCAm*.¹³ When evaluating women for a therapeutic option such as PARP inhibition, criteria-based testing risks unacceptable misclassification and failure to identify patients who may benefit from a PARP inhibitor. Expanding criteria to allow testing of all women diagnosed with BC at or before the age of 65 raised the sensitivity to 98%.¹³ However, expanding access to testing will require broader access to and modification of existing pre-test counselling models and test turn-around times to accommodate time-sensitive treatment decision-making.

Section 4. Site-specific management

Locoregional breast surgery in patients diagnosed with primary stage IV disease. The incidence of newly diagnosed BC patients presenting with stage IV disease with an intact primary tumour is as high as 20% in some settings. The role of locoregional therapy (LRT) in this situation is still unclear. Four randomised controlled trials (RCTs) addressed this question, collectively including almost 1000 patients.¹⁴⁻¹⁷ However, none of these RCTs stratified patients according to tumour burden or subtype, nor did they mandate metastatic biopsy to verify diagnosis. Two RCTs excluded patients who progressed on systemic therapy,^{14,16} but in two trials,^{15,17} randomisation was performed at initial presentation. Patients with bone-only disease represented 20%-50% of the population. Surgery performed in the LRT groups was mastectomy in >70% of patients.

None of the trials met their primary survival endpoint [overall survival (OS) or 3-year OS], but with longer follow-up (5 years), in the Soran et al trial,¹⁷ an OS benefit was detected for LRT [42% LRT versus 24% systemic therapy, hazard ratio (HR) 0.66; P = 0.005]. An unplanned subgroup analysis also showed better OS in the LRT group for hormone receptor (HR)-positive tumours, HER2-negative tumours, age <55 years and patients with bone-only solitary metastasis. In contrast, all trials showed a clear benefit in time to locoregional progression in patients treated with LRT. The impact of treatment on health-related quality of life (HRQoL) in the trials

that reported this endpoint^{15,16} did not differ between patients in either group since an improvement was seen for all patients treated for their disease.

Systemic therapy was not optimal in most studies, resulting in a wide range of median OS reported from 19 months¹⁴ to 54 months,¹⁶ and in one study,¹⁴ only 5% of patients received taxanes and 92% of HER2-positive patients did not receive anti-HER2 therapy, which would impact prognosis of these patients. Other relevant limitations are that some patients randomised to systemic therapy received LRT as palliative therapy for locoregional progression, and none of the trials considered surgery or stereotactic body radiotherapy (SBRT) for oligometastatic disease (OMD).

The ongoing JCOG1017 PRIM-BC¹⁸ and future trials considering optimal systemic therapies and local therapies with a curative intent in OMD may add evidence regarding how to better manage patients with an intact primary tumour diagnosed with stage IV BC.

OMD. A proportion of patients with MBC may present or recur with limited metastatic disease, referred to as OMD. Various definitions of OMD have been proposed based on the number and/or size of the metastatic lesions.¹⁹⁻²¹ The patient may have up to five lesions in total, not necessarily in the same site/organ. Importantly, all lesions should be potentially amenable to local treatment.

The clinical challenge in these scenarios is whether treatment should follow a *palliative* approach or be escalated to pursue complete and sustained remission (*curative* approach).

In most cases, multimodality approaches involving local therapy or LRT [high conformal radiotherapy (RT), image guided ablation such as radiofrequency ablation (RFA), selective internal radiotherapy (SIRT) and/or surgery] combined with systemic treatments are tailored to the disease presentation in the individual patient [V, C]. Some subtypes of BC may be very sensitive to systemic treatment. Thus, although the ideal therapy sequence has not been defined, it seems reasonable to document tumour response with systemic treatment before suggesting localised RT or surgery [V, C].

There are no definitive data from randomised trials regarding the best management of OMD.²² However, these patients need to be discussed in a multidisciplinary context in order to define the best approach [V, C].

Bone metastases. Bone metastases are a common clinical problem, affecting up to 70% of patients with MBC, and are associated with significant morbidity and frequently compromise QoL.²³ A multidisciplinary supportive approach is essential to manage patients with bone metastases and prevent skeletal-related events (SREs) [V, A].

Appropriate diagnostic imaging [i.e. computed tomography (CT) for fracture risk and magnetic resonance imaging (MRI) for suspected cord compression] is recommended to define the extent of disease and the risk of fractures depending on the structural damage and the specific metastatic site. An orthopaedic evaluation is advised in case of significant lesions in long bones or vertebrae as well as in patients with metastatic spinal cord compression (MSCC) to discuss the possible role of surgery [IV, A].

RT is indicated for lesions at moderate risk of fracture and those associated with moderate to severe pain [I, A]. A single 8 Gy fraction has been shown to be as effective as fractionated schemes in uncomplicated metastases [I, A].²⁴ However, a recent RCT demonstrated superior and more prolonged pain response rates in patients treated with 24 Gy in two daily fractions delivered via SBRT.²⁵ RT should be delivered after surgery for stabilisation or separation surgery for MSCC [III, B].

Systemic treatment should follow general principles of managing MBC according to subtype.

Bone modifying agents (BMAs, e.g. bisphosphonates or denosumab) are recommended for all patients with bone metastases whether symptomatic or not [I, A].^{26,27} In patients treated with zoledronate, it is safe and effective when administered every 12 weeks in cases of stable disease after 3-6 monthly treatments [I, B]. Denosumab is a receptor activator of nuclear factor kappa-B ligand (RANKL) inhibitor that can be administered subcutaneously. It should be administered every 4 weeks and has been shown to be more effective than zoledronate in delaying first and subsequent SREs [I, B].²⁶ There is no efficacy data for other intervals besides

monthly treatment. From a health economics perspective, bisphosphonates are considered more cost effective [III, B].²⁸ For patients progressing on a BMA, it is unclear if changing to another agent with a different mechanism of action is of benefit. In patients progressing on intravenous bisphosphonates, denosumab could be an alternative since it has shown some benefit in a small phase II trial.²⁹

Before initiation of BMA therapy, patients should have a complete dental evaluation and ideally complete any required dental treatment.³⁰ Concomitant calcium and vitamin D supplementation should be recommended to all patients using these agents [III, A].

The optimal duration of BMA therapy has not been defined but interruption after 2 years may be discussed for patients in remission [II, B].³⁰

Brain metastases. BC is the second leading cause of brain metastases (BMs).³¹ The median OS of patients with BMs is 2-16 months depending on involvement of the central nervous system (CNS), the extent of the extracranial metastatic disease and the treatment applied.³² The presence of BMs should be explored by brain imaging in all patients who present with clinical signs or symptoms of raised intracranial pressure, seizures or new neurological deficits. In mTNBC or HER2positive MBC, brain imaging could be considered in asymptomatic patients based on the high probability of BMs in these subtypes, even as the first site of metastasis, if detection of CNS metastases will alter the choice of systemic therapy [V, C].^{33,34} The diagnostic work-up of patients with suspected BMs, as a minimum, should include cranial MRI. If MRI is not available, a contrast CT scan can be performed. Patients with a single BM should be considered for surgery whenever possible; stereotactic radiosurgery (SRS) is recommended for patients with a limited number (1-4) of BMs [I, A]. However, SRS may be considered even for patients with a higher number of BMs (4-10) provided the cumulative tumour volume is <15 mL [II, B].³⁵ Whole brain radiotherapy (WBRT) should be considered in case of multiple BMs [III, B]. The use of systemic therapy should consider molecular subtype and CNS efficacy. In HER2positive MBC, the use of anti-HER2 therapies may be considered in patients not requiring immediate local therapy [II, B]. Tucatinib (together with trastuzumab and capecitabine) yielded a significant OS improvement even in patients with active BMs

in the HER2CLIMB trial.³⁶ The use of intrathecal trastuzumab remains investigational.³⁷ In patients with HER2-negative BC, ChT may be considered [III, B]. This topic has been reviewed extensively in the recent European Association of Neuro-Oncology (EANO)-ESMO Clinical Practice Guideline (CPG) on the management of patients with BMs from solid tumours.³⁵

Local treatment for asymptomatic CNS disease remains controversial and upfront systemic therapy may also be an option for these patients depending on the tumour subtype.

Leptomeningeal metastases. BC, lung cancer and melanoma represent the three most common causes of leptomeningeal metastases (LMs).³⁸ Patients with lobular subtype or triple-negative tumours have a relatively higher risk of LMs than patients with other subtypes.³⁹ Median OS is poor and limited to 1.75-4.5 months in MBC.

Three agents are commonly used for intrathecal treatment of LMs: methotrexate (MTX), cytarabine (ara-C), including liposomal ara-C, or thiotepa, but they have not demonstrated improvements in OS. RT should be considered for patients with symptomatic LMs, either as localised RT for nodular lesions or as WBRT for extensive nodular or linear LMs. Recommendations for treatment are well described in the EANO-ESMO CPG for the management of patients with LMs from solid tumours.³⁸ In MBC, new agents with documented CNS efficacy may also constitute systemic therapy options.^{40,41}

Section 5. New drugs

Despite progress in treating MBC, the disease remains incurable and effective treatment options are limited for some patient populations. For example, in patients with mTNBC, 5-year survival rates for distant disease remain low at approximately 11% in the US.⁴² ChT response rates range from approximately 15%-20%, with a median progression-free survival (PFS) of only 2-3 months. Less than 50% of patients qualify for currently approved targeted agents or immunotherapy, with approximately 10%-20% of patients harbouring *gBRCAm* and 40%-50% having a positive PD-L1 status or a TMB >10. As such, there is an ongoing need for new agents and strategies in this area. Drug development has led to recent advances in

antibody-drug conjugates (ADCs), immunotherapy and targeted therapies, and several drugs have received license approval in MBC in the US and/or in Europe over the past 2 years, with future approvals anticipated throughout the rest of the world.

A number of ADCs, utilising a variety of antibodies, linkers and chemotherapeutics for a variety of BC subtypes, have entered the clinical trial pipeline; patients should be encouraged to participate in these trials.

Sacituzumab govitecan-hziy [sacituzumab; Food and Drug Administration (FDA)-approved, not European Medicines Agency (EMA)-approved] is an ADC comprising a humanised anti-Trop2 antibody, a hydrolysable linker and a payload consisting of DNA-38, a metabolite of irinotecan. Trop2 is an epithelial antigen expressed on many solid tumours; however, initial data suggest that measurable expression of the antigen on TNBC cells is not essential for activity.⁴³ The linker has been optimised to enable a high drug—antibody ratio of 7.6:1 which, along with its hydrolysable nature, is thought to enable both high direct payload delivery and a bystander effect. Accelerated FDA approval for sacituzumab was based on a single arm, phase I/II dose escalation, dose expansion study (IMMU-132-01), which enrolled patients with breast, urothelial, lung and other cancers in the phase II part of the study.⁴⁴ Regular approval was granted by the FDA based on results of ASCENT, a phase III confirmatory trial that randomised the same mTNBC population (i.e. >2 prior lines of ChT) to sacituzumab 10 mg/kg on day 1 and 8 q3w versus treatment of physician's choice (TPC), with options including eribulin, vinorelbine, gemcitabine or capecitabine.⁴⁵ Sacituzumab has also been explored in metastatic HR-positive BC, and among 54 patients who had received at least one line of ChT for metastatic disease, response rate (RR) was 31.5% [95% confidence interval (CI) 19.5%-45.6%], and median PFS was 5.5 months (95% CI 3.6-7.6).⁴⁶ These data led to the randomised phase III trial, TROPICS-02, which randomised patients with metastatic HR-positive, HER2-negative BC to sacituzumab or TPC.⁴⁷

Another area of rapid new drug development is in the setting of HER2-positive MBC. Here, three new agents have been approved by the US FDA and two by the EMA over the past 2 years: fam-trastuzumab deruxtecan-nxki (trastuzumab deruxtecan), tucatinib (FDA-approved, not EMA-approved) and margetuximab-cmkb (margetuximab; FDA-approved, not EMA-approved). Trastuzumab deruxtecan is an

ADC that is comprised of a HER2-directed monoclonal antibody, an enzymecleavable linker and a novel topoisomerase I inhibitor payload. Trastuzumab deruxtecan received accelerated FDA approval in December 2019 based on the DESTINY-Breast01 trial for HER2-positive MBC. Data from a phase IB study also suggests that trastuzumab deruxtecan has activity in patients with HER2-low [IHC 1+ or 2+/*in situ* hybridisation (ISH)-negative] BC, with an objective response rate (ORR) of 37% reported among 54 evaluable patients.⁴⁸ These data led to a randomised phase III trial comparing trastuzumab deruxtecan with TPC ChT in pretreated patients with metastatic HER2-low BC (NCT04494425).

Section 6. Side effects

Management of common toxicities

Fatigue is the most common side effect of BC treatment. It can appear early in treatment, be overwhelming and is not eased by rest. Contributing factors should be considered, including concomitant medications, anaemia and progressive disease. The recommended management of fatigue includes a dose reduction of current treatment and physical activity with intermittent rest periods.⁴⁹

Nausea and vomiting are common side effects of many therapies. Principles of management include both prophylaxis and rescue medications. Newer therapies, such as 5-HT3 antagonists, substance P/neurokinin 1 (NK1) receptor antagonists, and the antipsychotic olanzapine added to standard medications such as dexamethasone, have greatly improvement symptom control.^{50,51}

Bone marrow suppression, including neutropaenia, anaemia and less commonly, thrombocytopenia, occur with the majority of therapies used to treat BC. Management generally includes myeloid growth factors, transfusions, dose reduction and delay.⁵²⁻⁵⁴

Menopausal symptoms, including vasomotor effects, reduced libido and vaginal dryness, are common side effects in younger women that can have a significant impact on quality of life (QoL). These symptoms can be managed with low-dose antidepressants (for hot flushes; interactions with tamoxifen metabolism need to be taken into account) and low-dose vaginal oestrogens with transient

negligible absorption.⁵⁵ For decreased libido, two agents are approved, but there are no safety data in women with BC [III, A].

Peripheral sensory neuropathy can occur with several classes of agents used to treat BC. Treatment includes dose reduction, a change in schedule and gabapentin for symptom management. Early studies suggest possible prevention with exercise and functional training as well as with compression and/or cold gloves and socks [IV, A].⁵⁶

Alopecia from many common chemotherapeutic agents may be reduced by scalp cooling; this is agent-, schedule- and dose-dependent [III, A].⁵⁷

Management of therapy-specific toxicities

Targeted therapies are associated with side effects that may be distinct from ChT or endocrine therapy (ET). In general, toxicities must be assessed and managed in the context of the specific drug, as exemplified by neutropaenia induced by CDK4/6 inhibitors versus that by ChT. Some toxicities are off-target effects, exemplified by the side effect profile of ICIs, which can elicit a wide spectrum of immune-related toxicities affecting any organ (skin being the most common), and are distinct from conventional cytotoxics. Adverse events (AEs) can occur early as well as months after last exposure to the drug. Endocrine effects of ICIs can include hyper- or hypothyroidism, adrenal insufficiency and, rarely, diabetes. Close monitoring is therefore essential. Another example is the PIK3CA inhibitor, alpelisib, which is associated with hyperglycaemia and rash. Examples of drug-specific toxicities are shown in **supplementary Table S2**.

Proactive management requires early identification and management, and in some cases prophylaxis.

Section 7. Patient perspective

Patient expectations of treatment and what 'clinical benefit' means for patients

Every person facing a diagnosis of MBC does so in their own way but there are great similarities. Throughout MBC treatment, patients receive different drugs and many of them have severe side effects. Patients very often emphasise that QoL is more

important to them than PFS or OS. A healthy person would tend to ask why but a patient with cancer would agree. Hereby, the importance of psychosocial support comes to the forefront.

For all patients with BC, including those with MBC, receiving optimal care as part of a multidisciplinary team (MDT) approach is of greatest importance.

Besides access to optimal treatment, patient information and education is particularly important. Only well-informed and educated patients can be equally involved in treatment choices, leading to improved treatment outcomes.⁵⁸ Patient education can be achieved by good communication between the patient and their doctor/MDT. Patients should have access to all information about their treatments in lay language, explained in simple terms.

In the metastatic setting, patients are aware of different options but sometimes differences are not clear, particularly in terms of expectations of a new treatment and how this may improve their lives. A common concern for many patients when starting a new treatment is that they don't want to suffer cancerand/or treatment-related effects. For every new line of treatment, patients expect disease progression to stop, but not at all costs. Patients want to maintain good QoL, the definition of which can differ from patient to patient depending on personal preferences, cultural and religious perspectives and age. Again, this highlights the need for good communication, with a high level of confidence/trust, as well as professional psychosocial support right from the beginning. This communication and support will also result in better recognition and management of side effects by the patient and improved treatment adherence.

For patients with MBC, it is not just treatment that is important since they are also facing a lot of uncertainty and anxiety regarding their future in terms of what will happen next, how to organise their lives and what additional help they may need in the future. In addition to psychosocial support, patient support groups or on-line closed groups can provide safe places for patients and give them a lot of the emotional support that they need.

Patient perceptions of the ESMO-MCBS

The ESMO-Magnitude of Clinical Benefit Scale (ESMO-MCBS) is a highly appreciated tool for scoring the clinical benefit of treatments and is simple to use.⁵⁹ Given the fact that it is still not well-recognised among patients, patient-directed education regarding the ESMO-MCBS is needed.

Supplementary Table S1. List of targetable alterations of level I/II according to ESCAT in MBC.

Gene or protein	Alteration	Prevalence	ESCAT score ^a	
	Protein expression ≥ 1% by	75%	NA	
ER	IHC			
	ESR1 mutation	40%	II-A	
	Amplifications or 3+ by IHC	15%-20%	I-A	
ERBB2 ^{60,61}	HER2-low status by IHC	400/ 500/		
	(1+, 2+ non amplified)	40%-50%	II-B	
	Hotspot mutations	4%	II-B	
BRCA1/2 ⁶⁰	Germline mutations	4%	I-A	
DNCA 1/2	Somatic mutations	3%	II-A	
PALB2 ⁶¹	Germline mutations	1%	II-A	
	Expression by IHC on			
PD-L1 (TNBC) ²	Immune cells (ic) and	40%	I-A	
	tumour cells (CPS)			
PIK3CA				
(ER-positive, HER2-	Hotspot mutations	30%-40%	I-A	
negative) ⁶⁰				
MSI ⁶⁰	MSI-H	1%-2%	I-C	
NTRK ⁶⁰	Fusions	<0.1%	I-C	
ESR1	Mutationa			
(ER-positive, HER2-	Mutations	30%	II-A	
negative)	(mechanism of resistance)			
AR (TNBC)	AR expression (testing and	?	II-B	
AR (INDC)	cut-off not validated)	{	II-D	
AKT1 ^{E17K 60,61}	Mutations	5%	II-B	

AR, androgen receptor; CPS, combined positive score; ER, oestrogen receptor; *ERBB2, Erb-B2 receptor tyrosine kinase 2*; ESCAT, ESMO scale for clinical actionability of molecular targets; *ESR1, oestrogen receptor 1*; HER2, human epidermal growth factor receptor 2; ic, immune cells; IHC, immunohistochemistry; MBC, metastatic breast cancer; MSI, microsatellite instability; MSI-H, microsatellite instability high; NA, not available; *NTRK, neurotrophic tyrosine receptor kinase*; *PALB2, partner and localiser of BRCA2*; PD-L1, programmed death-ligand 1; PIK3CA, phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha; TNBC, triple-negative breast cancer.

^a ESCAT scores apply to genomic alterations only. These scores have been defined by the guideline authors and validated by the ESMO Translational Research and Precision Medicine Working Group.⁶²

Supplementary Table S2. Drug-specific toxicities and associated management strategies

Toxicity	Agent	Management	LoE, GoR
Diarrhoea	Neratinib,63 lapatinib,	Dose escalation (neratinib)	III, B (neratinib)
	pertuzumab, abemaciclib,	 Antipropulsives, dietary adjustment and dose 	
	alpelisib, everolimus	reduction/delay	
LVEF decline	Trastuzumab,	Monitor EF at baseline and hold therapy in cases	I, A/B
	pertuzumab, HER2-	where EF is below normal range	
	targeted oral TKIs and	Monitor cardiac function throughout therapy	
	ADCs ⁶⁴	For trastuzumab, data suggests that concomitant	
		cardiac medications (ACE inhibitors or beta blockers)	
		can reduce cardiac toxicity	
Hyperglycaemia	Alpelisib	Hyperglycaemia occurs early (within 1-3 weeks) and	I, A/B
		can be severe	
		 Screen for risk with HbA1c and fasting glucose 	
		Monitor closely every week for the first 4 weeks of	
		therapy	
		• Early initiation of hypoglycaemic agents and endocrine	
		consultation	
Rash	Alpelisib ⁶⁵ , everolimus	• Rash occurs early (within the first 2-3 weeks of starting	IV, A/B
		therapy)	

		Prophylaxis with non-sedating antihistamines starting	
		 before initiation of alpelisib Treatment with topical or systemic steroids, as 	
		• Treatment with topical of systemic steroids, as indicated	
Immunotoxicity	PD-L1 and PD-1	Endocrine toxicity: hormone deficiency should be	I, A
	antibodies (ICIs)	promptly replaced. In general, no adjustment to ICI	
		therapy is needed	
		• Other: any organ can be affected. ICI therapy should	
		be held for grade 2 or 3 toxicity depending on the	
		affected organ. Steroids should be promptly initiated,	
		with specialist consultation. It is not clear in which	
		cases it is safe to restart ICI therapy; this should only	
		be considered when the severity of the toxicity has	
		reduced to grade ≤1	
		• Early suspicion/identification of toxicity, work-up and	
		treatment is critical	
		Some of these toxicities may occur after stopping ICI	
		treatment	
QTc prolongation	Ribociclib ⁶⁶	Monitor ECG QTcF interval at baseline then every 2	II, B
		weeks for the following 4 weeks for QTcF <450 ms	

		•	Do not combine ribociclib with agents that are known to prolong QTcF, including tamoxifen	
Mucositis	Everolimus ⁶⁷	•	Mouthwash (e.g. steroid-containing) used prophylactically to swish, hold and spit five times per day during the first 8 weeks of therapy markedly decreases the incidence and severity of stomatitis	II, A
Liver enzyme elevation	Ribociclib, abemaciclib, tucatinib	•	Liver enzymes should be monitored regularly during treatment Drugs should be held for a grade 3 elevation in liver enzymes and dose reduction should be considered	
Pneumonitis (ILD)	Trastuzumab deruxtecan, ⁶⁸ atezolizumab, pembrolizumab, everolimus, abemaciclib, palbociclib, ribociclib	•	Inflammation of the lung can occur with various different targeted agents, with a highly variable incidence rate from common to extremely rare Strict guidelines for monitoring, treatment interruption (even for asymptomatic grade 1 pneumonitis) and early institution of steroids has been recommended for trastuzumab deruxtecan, where pneumonitis-related mortality has been observed	

ACE, angiotensin-converting enzyme; ADC, antibody-drug conjugate; ECG, electrocardiogram; EF, ejection fraction; GoR, grade of recommendation; HbA1c, haemoglobin A1C; HER2, human epidermal growth factor receptor 2; ICI, immune checkpoint inhibitor; ILD, interstitial lung disease; LoE, level of evidence; LVEF, left ventricular ejection fraction; PD-1, programmed cell death protein 1;

PD-L1, programmed death-ligand 1; QTc, corrected QT interval; QTcF, QT interval corrected using Fridericia's formula; TKI, tyrosine kinase inhibitor

Supplementary Table S3. Randomised clinical trials of ICIs in mTNBC

Study Name	Design	Ν	Median	Median OS,	Median	ORR, %	Remarks
Population			follow-up,	months	PFS,		
			months	(95% CI)	months		
			(IQR)		(95% CI)		
Monotherapy tria	ls	I					
KEYNOTE-11969	ChT ^a	310	31.5	10.8	3.3	10.6	No median OS or PFS
			(27.8-34.6)	(9.1-12.6)	(2.7-4.0)		benefit with
Previously	Pembrolizumab	312	31.4	9.9	2.1	9.6	pembrolizumab
treated mTNBC			(27.8-34.4)	(8.3-11.4)	(2.0-2.1)		according to PD-L1
							CPS different cut-offs
							Better ORR for
							pembrolizumab
							(17.7%) versus ChT
							(9.2%) in PD-L1 CPS
							≥10 population (<i>P</i> =
							0.04)
SAFIR02-	ChT	35	19.7	14.0	NR in TNBC	NA	No PFS benefit
BREAST			(16.5-22.3)	(9.5-16.1)	subgroup		reported in mTNBC
IMMUNO trial ⁷⁰	Durvalumab	47	1	21.2			subgroup exploratory
				(16.6-27.3)			analysis: unadjusted

Maintenance							HR 0.54 (95% CI 0.30-
therapy in							0.97); log-rank test P =
HER2-negative							0.0377
MBC							
Combination the	rapy trials						
IMpassion13071	Nab-paclitaxel	451	17.5	18.0	5.0	42.6	Results shown are in
	+ placebo		(8.4-22.4)	(13.6-20.1)	(3.8-5.6)		PD-L1-positive patients
First-line	Nab-paclitaxel	451	18.5	25.0	7.5	52.9	using SP142
treatment of	+ atezolizumab	431				52.9	Improved median PFS:
locally advanced			(9.6-22.8)	(19.6-30.7)	(6.7-9.2)		HR 0.62 (95%CI 0.49-
unresectable or							0.78), log-rank test P <
mTNBC							0.001
							Improved median OS
							(exploratory analysis):
							HR 0.71 (95%CI 0.54-
							0.94)
IMpassion13172	Paclitaxel +	220	8.6	28.3	5.7	55	Results shown are in
	placebo		(0.0-26.1)	(19.1-NE)	(CI 5.4-7.2)		PD-L1-positive patients
First-line	Deeliteval	404		22.4		62	using SP142
treatment of	Paclitaxel +	431	9.0	22.1	6.0	63	
locally advanced	atezolizumab		(0.5-25.4)	(19.2-30.5)	(5.6-7.4)		

unresectable or							•	No median OS or PFS
mTNBC								benefit observed with
								atezolizumab
KEYNOTE-35573	ChT ^b + placebo	281	26.3	NR	5.6	39.8	•	Results shown are in
			(22.7-29.7)					PD-L1 CPS ≥10
First-line	ChT [⊳] +	566	25.9	-	9.7	53.2	•	Improved median PFS
treatment of	pembrolizumab		(22.8-29.9)					in PD-L1 CPS ≥10
locally advanced								(primary endpoint): HR
unresectable or								0.65 (95%CI 0.49-
mTNBC								0.86); log-rank test $P =$
								0.0012
							•	Median PFS was not
								different for the overall
								population or in the
								PD-L1 CPS ≥1
								population

ChT, chemotherapy; CI, confidence interval; CPS, combined positive score; HER2, human epidermal growth factor receptor 2; HR, hazard ratio; ICI, immune checkpoint inhibitor; IQR, inter-quartile range; MBC, metastatic breast cancer; mTNBC, metastatic triple-

negative breast cancer; N, number; NA, not applicable; NE, not estimable; NR, not reported; ORR, objective response rate; OS, overall survival; PD-L1, programmed death-ligand 1; PFS, progression-free survival; TNBC, triple-negative breast cancer.

^a Capecitabine, eribulin, gemcitabine or vinorelbine.

^b Nab-paclitaxel, paclitaxel or gemcitabine plus carboplatin.

Supplementary Table S4. ESMO-MCBS table for relevant therapies/indications in MBC

Therapy	Disease	Trial	Control	Absolute	HR (95% CI)	QoL/toxicit	ESMO-
	setting			survival gain		у	MCBS
							score ^a
Abemaciclib +	First-line locally	MONARCH 374-76	Placebo + Al			Not	3
AI	advanced or					clinically	(Form 2b)
	MBC in	Phase III	Median PFS	PFS gain: 13.4	PFS HR: 0.54	significant	
	postmenopaus		control: 14.8	months	(0.42-0.70)		
	al, hormone	NCT02246621	months				
	receptor-						
	positive, HER2-						
	negative						
Abemaciclib +	Second-line	MONARCH 277-79	Placebo			No QoL	4
fulvestrant	locally					benefit	(Form 2a)
	advanced or	Phase III	Median PFS:	PFS gain: 7.1	PFS HR: 0.55	observed	
	MBC in		9.3 months	months	(0.45-0.68)		
	postmenopaus	NCT02107703					
	al, hormone		Median OS:	OS gain: 9.4	OS HR: 0.76		
	receptor-		37.3 months	months	(0.61-0.95)		
	positive, HER2-						
	negative						

Abemaciclibe	Hormone	MONARCH 1 ⁸⁰	Single arm	Median PFS:			3
	receptor-			6.0 months			(Form 3)
	positive, HER2-	Phase II					
	negative ABC			ORR: 19.7%			
	or MBC with	NCT02102490					
	disease			DoR: 8.6			
	progression			months			
	following ET						
	and prior ChT						
	in the						
	metastatic						
	setting						
Palbociclib +	Hormone	PALOMA-3 ⁸¹⁻⁸⁴	Fulvestrant +			Delayed	4
fulvestrant	receptor-		placebo			deterioratio	(Form 2b)
	positive, HER2-	Phase III				n of QoL	
	negative locally		Median PFS:	PFS gain: 4.9	PFS HR: 0.46		
	advanced or	NCT01942135	4.6 months	months	(0.36-0.59)		
	MBC previously						
	treated with ET		Median OS:	OS gain: 6.9	OS HR: 0.81		
			28.0 months	months	(0.64-1.03) NS		

Palbociclib +	First-line	PALOMA-2 ⁸⁵⁻⁸⁸	Letrozole +			No QoL	3
letrozole	postmenopaus		placebo			benefit	(Form 2b)
	al, ER-positive,	Phase III					
	HER2-negative		Median PFS:	PFS gain: 10.3	PFS HR: 0.58		
	locally	NCT01740427	14.5 months	months	(0.46-0.72)		
	advanced MBC						
Ribociclib +	First-line	MONALEESA-7 ⁸⁹⁻⁹¹	Placebo + ET			Delayed	5
ET	premenopausal					deterioratio	(Form 2a)
	, hormone	Phase III	Median PFS:	PFS gain: 10.8	PFS HR: 0.55	n of QoL	
	receptor-		13.0 months	months	(0.44-0.69)		
	positive, HER2-	NCT02278120					
	negative ABC		Median OS:	OS gain: 16.0	OS HR: 071		
			40.9 months	months ^b	(0.54-0.95)		
Ribociclib +	First- or	MONALEESA-392-94	Placebo +			No QoL	4
fulvestrant	second-line		fulvestrant			benefit	(Form 2a)
	postmenopaus	Phase III				observed	
	al, hormone		Median PFS:	PFS gain: 7.7	PFS HR: 0.59		
	receptor-	NCT02422615	12.8 months	months	(0.48-0.73)		
	positive, HER2-						
	negative ABC		Median OS:	OS gain: 15.6	OS HR: 0.72		
			40.0 months	months ^c	(0.57-0.92)		

Ribociclib +	First-line	MONALEESA-295-97	Placebo +			No QoL	3
letrozole	postmenopaus		letrozole			benefit	(Form 2b)
	al, hormone	Phase III				observed	
	receptor-		Median PFS:	PFS gain: 9.3	PFS HR: 0.57		
	positive, HER2-	NCT01958021	16.0 months	months	(0.46-0.70)		
	negative ABC						
					No mature OS		
					data		
Lapatinib +	HER2-positive,	EGF104900 ^{98,99}	Lapatinib				4
trastuzumab	hormone						(Form 2a)
	receptor-	Phase III	Median PFS:	PFS gain: 3.0	PFS HR: 0.74		
	negative MBC		8.1 weeks	weeks	(0.58-0.94)		
	after	NCT00320385					
	progression on		Median OS:	OS gain: 4.5	OS HR: 0.74		
	prior		9.5 months	months	(0.57-0.97)		
	trastuzumab +						
	ChT regimen(s)						
Pertuzumab +	HER2-positive	CLEOPATRA ¹⁰⁰⁻¹⁰⁴	Placebo +			No	4
trastuzumab +	locally		trastuzumab +			improveme	(Form 2a)
docetaxel	recurrent	Phase III	docetaxel			nt in QoL	
	unresectable or						

	MBC with no	NCT00567190	Median PFS:	PFS gain: 6.3	PFS HR: 0.62		
	prior anti-HER2		12.4 months	months	(0.52-0.75)		
	therapy or ChT						
	for metastatic		Median OS:	OS gain: 16.3	OS HR: 0.69		
	disease		40.8 months	months	(0.58-0.82)		
T-DM1	HER2-positive,	EMILIA ^{105,106}	Lapatinib +			Delayed	4
	unresectable		capecitabine			deterioratio	(Form 2b) ^h
	locally	Phase III				n in QoL	
	advanced or		Median PFS:	PFS gain: 3.2	PFS HR: 0.65		
	MBC who	NCT00829166	6.4 months	months	(0.55-0.77)		
	previously						
	received		Median OS:	OS gain: 5.8	OS HR: 0.68		
	trastuzumab		25.1 months	months	(0.55-0.85)		
	and a taxane						
	(extensive						
	crossover)						
Margetuximab	Previously	SOPHIA ¹⁰⁷	Trastuzumab				2
+ ChT ^e	treated HER2-		+ ChT				(Form 2b)
	positive MBC	Phase III					
			Median PFS:	PFS gain: 0.9	PFS HR: 0.76		
		NCT02492711	4.9 months	months	(0.59-0.98)		

			Median OS: 19.8 months	OS gain: 1.8 months	OS HR: 0.89 (0.69-1.13) NS interim		
Neratinib +	Previously	NALA ¹⁰⁸	Lapatinib +			No QoL	1
capecitabine ^e	treated HER2-		capecitabine			benefit	(Form 2b)
	positive	Phase III				observed	
	advanced or		Median PFS:	PFS gain: 2.2	PFS HR: 0.76		
	MBC	NCT01808573	6.6 months	months	(0.63-0.93)		
			Median OS:	OS gain: 1.8	OS HR: 0.88		
			22.2 months	months	(0.72-1.07) NS		
Trastuzumab	Patients with	DESTINY-	Single arm	Median PFS:		52.2%	2
deruxtecan	unresectable or	Breast01 ¹⁰⁹		16.4 months		grade ≥3	(Form 3)
	metastatic					toxicity	
	HER2-positive	Phase II		ORR: 60.9%		2% toxic	
	BC who have					fatalities	
	received ≥2	NCT03248492		DoR:14.8			
	prior anti-			months			
	HER2-based						
	regimens						

Tucatinib +	HER2-positive	HER2CLIMB ³⁶	Placebo +				3
trastuzumab +	locally		trastuzumab +				(Form 2a)
capecitabine ^e	advanced or	Phase II	capecitabine				
	MBC after at						
	least 2 prior	NCT02614794	PFS control:	PFS gain: 2.2	PFS HR: 0.54		
	anti-HER2		5.6 months	months	(0.42-0.71) ^f		
	treatment						
	regimes		OS control:	OS gain 4.5	OS HR: 0.66		
			17.4 months	months	(0.50-0.88) ^g		
Atezolizumab	First-line	IMpassion13071,110,1	Placebo +			No QoL	3
+ nab-	treatment for	11	nab-paclitaxel			benefit	(Form 2b)
paclitaxel ⁱ	unresectable					observed	
	locally	Phase III	Median PFS	PFS gain: 2.5	PFS HR 0.62		
	advanced or		(PD-L1-	months	(0.49-0.78)		
	metastatic, PD-	NCT02425891	positive): 5.0				
	L1 ≥1%		months				
	positive TNBC						
			Median OS	OS gain: 7.0	OS HR: 0.71		
			(PD-L1-	months	(0.54-0.94) ^d		
			positive): 18.0				
			months				

Pembrolizuma	First-line	KEYNOTE-355 ¹¹²	Placebo + ChT				3
b + ChT ^j	treatment of						(Form 2b)
	locally	Phase III	Median PFS:	PFS gain: 4.1	PFS HR: 0.65		
	recurrent		5.6 months	months	(0.49-0.86)		
	inoperable or	NCT02819518					
	metastatic						
	TNBC PD-L1						
	(CPS >10)						
Olaparib	Previously	OlympiAD ¹¹³⁻¹¹⁵	Standard ChT			Delayed	4
	treated		(physicians'			deterioratio	(Form 2b)
	BRCA1/2-	Phase III	choice)			n of QoL	
	mutated,					Reduced	
	HER2-negative	NCT02000622	Median PFS:	PFS gain: 2.8	PFS HR: 0.58	toxicity	
	MBC		4.2 months	months	(0.43-0.80)		
			Median OS:	OS gain: 2.2	OS HR: 0.90		
			17.1 months	months	(0.66-1.23) NS		
Talazoparib	Post	EMBRACA ¹¹⁶⁻¹¹⁹	Standard ChT			QoL	4
	anthracycline					improved	(Form 2b)
	and taxane in	Phase III	Median PFS:	PFS gain: 3.0	PFS HR: 0.54		
	BRCA1/2-		5.6 months	months	(0.41-0.71)		

	mutated,	NCT01945775					
	HER2-negative		Median OS:	OS gain: -0.2	OS HR: 0.848		
	ABC		19.5 months	months	(0.670-1.073)		
					NS		
Alpelisib +	Postmenopaus	SOLAR-165,120-122	Placebo +			Increased	2
fulvestrant	al <i>PIK</i> 3CA		fulvestrant			toxicity	(Form 2b)
	mutated,	Phase III				No QoL	
	hormone		Median PFS:	PFS gain: 5.3	PFS HR: 0.65	benefit	
	receptor-	NCT02437318	5.7 months	months	(0.50-0.85)	observed	
	positive, HER2-						
	negative locally		Median OS:	OS gain: 7.9	OS HR: 0.86		
	advanced or		31.4 months	months	(0.64-1.15) NS		
	MBC previously						
	treated with ET						
Sacituzumab	Patients with	ASCENT ⁴⁵	Physician's			Increased	4
govitecan-	unresectable		choice of			toxicity	(Form 2a)
hziy ^e	locally	Phase III	single-agent				
	advanced or		ChT				
	metastatic	NCT02574455					
	TNBC who		Median PFS:	PFS gain: 3.1	PFS HR: 0.43		
	have received		1.7 months	months	(0.35-0.54)		

	≥2 prior						
	therapies, at		Median OS:	OS gain: 4.9	OS HR: 0.51		
	least 1 of them		6.9 months	months	(0.41-0.62)		
	for metastatic						
	disease						
Bevacizumab	First-line	E2100 ¹²³	Paclitaxel				2
+ paclitaxel	treatment of						(Form 2b)
	patients with	Phase III	Median PFS:	PFS gain: 5.9	PFS HR: 0.60	No QoL	
	MBC	NCT00028990.	5.9 months	months	(0.51-0.70)	benefit	
			Median OS:	OS gain: 1.5	OS HR: 0.88		
			25.2 months	months	(NS)		
Everolimus +	Hormone	BOLERO-2 ^{124,125}	Exemestane +			No QoL	2
exemestane	receptor-		placebo			benefit	(Form 2b)
	positive, HER2-	Phase III					
	negative ABC		Median PFS:	PFS gain: 6.5	PFS HR: 0.36		
	in combination	NCT00863655.	4.1 months	months	(0.27-0.47)		
	with						
	exemestane in		Median OS:	OS gain: 4.4	OS HR: 0.89		
	postmenopaus		26.6 months	months	(0.73-1.10) NS		
	al women						

	without					
	symptomatic					
	visceral					
	disease after					
	recurrence or					
	progression					
	following a					
	non-steroidal Al					
Larotrectinib	Patients with	A study to test the	Three single	ORR: 75%		3
	refractory	safety of the	arm trials			(Form 3)
	NTRK fusion-	investigational drug		DoR: 9+		
	positive	larotrectinib in		months		
	cancers who	adults that may				
	are locally	treat cancer				
	advanced,	Phase I				
	metastatic or	NCT02122913				
	where surgical					
	resection is	SCOUT				
	likely to result	Phase I/II				
	in severe	NCT02637687				
	morbidity and					

	who have no	NAVIGATE				
	satisfactory	Phase II				
	treatment	adults				
	options	NCT02576431126				
Entrectinib	Patients with	STARTRK-1	Four single	ORR: 57%		3
	solid tumours	Phase I	arm trials			(Form 3)
	expressing an	NCT02097810		DoR: 104		
	NTRK gene			months		
	fusion	STARTRK-2				
		Phase II				
		NCT02568267				
		ALKA-372-001				
		Phase I				
		EudraCT, 2012–				
		000148–88				
		STARTRK-NG				
		Phase I/II				
		NCT02650401 ¹²⁷				

ABC, advanced breast cancer; ADC, antibody-drug conjugate; AI, aromatase inhibitor; BC, breast cancer; CI, confidence interval; CHMP, Committee for Medicinal Products for Human Use; ChT, chemotherapy; CPS, combined positive score; DoR, duration of response; EC, European Commission; EMA, European Medicines Agency; ER, oestrogen receptor; ESMO-MCBS, European Society for Medical Oncology-Magnitude of Clinical Benefit Scale; ET, endocrine therapy; FDA, Food and Drug Administration; HER2, human epidermal growth factor receptor 2; HR, hazard ratio; MBC, metastatic breast cancer; NS, not significant; *NTRK, neurotrophic tyrosine receptor kinase*; ORR, objective response rate; OS, overall survival; PD-L1, programmed death-ligand 1; *PIK3CA, phosphatidylinositol-4,5-bisphosphate 3-kinase catalytic subunit alpha*; PE, point estimate; PFS, progression-free survival; QoL, quality of life; T-DM1, ado-trastuzumab emtansine; TNBC, triple-negative breast cancer.

^a ESMO-MCBS version 1.1⁵⁹ was used to calculate scores for new therapies/indications approved by the EMA or the FDA. The scores have been calculated by the ESMO-MCBS Working Group and validated by the ESMO Guidelines Committee (<u>https://www.esmo.org/guidelines/esmo-mcbs/scale-evaluation-forms-v1.0-v1.1/scale-evaluation-forms-v1.1</u>).

^b Calculated estimate of gain based on PE HR 0.71.

^c Calculated estimate of gain based on PE HR 0.72.

^d OS was an exploratory, unplanned *post hoc* analysis not eligible for ESMO-MCBS grading.

^e FDA-approved, not EMA-approved.

^f PFS for the first 480 patients randomised.

^g OS for a total of 612 patients randomised.

^h Score derived from form 2b criteria with an upgrade for early stopping based on OS advantage detected at interim analysis.

ⁱ EMA-approved, not FDA-approved.

^j FDA-approved, CHMP positive opinion September 2021, pending EC decision.

Supplementary Table S5. Levels of evidence and grades of recommendation (adapted from the Infectious Diseases Society of America-United States Public Health Service Grading System^a)

Levels of evidence

	Evidence from at least one large randomised, controlled trial of good
	methodological quality (low potential for bias) or meta-analyses of well-
	conducted randomised trials without heterogeneity
П	Small randomised trials or large randomised trials with a suspicion of bias
	(lower methodological quality) or meta-analyses of such trials or of trials
	demonstrated heterogeneity
	Prospective cohort studies
IV	Retrospective cohort studies or case-control studies
V	Studies without control group, case reports, expert opinions

Grades of recommendation

A	Strong evidence for efficacy with a substantial clinical benefit, strongly recommended
В	Strong or moderate evidence for efficacy but with a limited clinical benefit, generally recommended
С	Insufficient evidence for efficacy or benefit does not outweigh the risk or the disadvantages (adverse events, costs, etc.), optional
D	Moderate evidence against efficacy or for adverse outcome, generally not recommended
E	Strong evidence against efficacy or for adverse outcome, never recommended

^a Reprinted by permission of Oxford University Press on behalf of the Infectious Diseases Society of America.¹²⁸

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