New Trends in Psychobiography

Claude-Hélène Mayer · Zoltan Kovary Editors

New Trends in Psychobiography



Editors
Claude-Hélène Mayer
Department of Industrial Psychology
and People Management
University of Johannesburg
Johannesburg, South Africa

Zoltan Kovary Institute of Psychology Eötvös Loránd University Budapest, Hungary

Institut für Therapeutische Kommunikation und Sprachgebrauch Europa Universität Viadrina Frankfurt (Oder), Germany

ISBN 978-3-030-16952-7 ISBN 978-3-030-16953-4 (eBook) https://doi.org/10.1007/978-3-030-16953-4

Library of Congress Control Number: 2019936289

© Springer Nature Switzerland AG 2019

This work is subject to copyright. All rights are reserved by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, expressed or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This Springer imprint is published by the registered company Springer Nature Switzerland AG The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

Foreword

I am delighted to celebrate the publication of New Trends in Psychobiography. The life historical investigation of creative people—exceeding the Cartesian split between subject and object—represents the unity of life and thought, the principle of all psychobiographical researches. I've been interested in psychobiography for more than a half century. When I began my graduate work at Harvard in 1965, Harvard was the first and last stronghold of a traditional academic personality psychology known as personology. This was a tradition established by Henry Murray in the 1930s. Its basic principle was that academic knowledge of human personality can be achieved by the systematic in-depth study of the individual person, this is a claim that is odd with academic psychology going back to then, and it is still the case. In 1972, when I joined the faculty of Rutgers University, we tried to re-establish the tradition of personology at Rutgers. Our effort failed, but the one concrete result of those efforts that George Atwood and I (George was on the faculty at that time) was that we embarked to plan a series of psychobiographical studies of the personal subjective origins of the theoretical systems of Freud, Jung, Wilhelm Reich, and Otto Rank. These studies formed the basis of our first book, "Faces in a cloud. Subjectivity in personality theory," published in 1979 but actually completed in 1976. In the conclusion of that book, we surmised that since theories of personality can be shown to be shaped by the subjective world of the theorist, what psychoanalysis needed was a theory of subjectivity itself. We laid down the principles of such a theory that we called psychoanalytic phenomenology. Since then, we have done psychobiographical studies of philosophers like Sartre, Kierkegaard, Nietzsche, Wittgenstein, and lastly Heidegger. Our study of Heidegger, especially Heidegger's descent into Nazism, was published in different volumes in recent years, for example in a book edited by Zoltan Kovary, one of the editors of this current volume. So, I am very grateful to him and Claude-Hélène vi Foreword

Mayer, and all the other authors of this book for expanding and enriching the tradition of psychobiography—psychobiography by the way as an instance of personology. So, I wish them all the best with this wonderful volume.

Santa Monica, CA, USA

Robert D. Stolorow robertdstolorow@gmail.com

Acknowledgements

We would like to thank our authors for developing "New Perspectives in Psychobiography" and for publishing them with us. Special thanks to James Anderson and William McKinley Runyan, for their encouragement, ideas, and conversations around the topic of psychobiography. We also would like to thank Robert D. Stolorow, who wrote this book's foreword and who is the pioneer of modern-day psychobiography along with his longtime fellow and co-author George E. Atwood. We are delighted to have them among the authors of this volume, too. We would also like to thank Elisabeth Vanderheiden for formatting the manuscript for us with lots of enthusiasm, love for detail, and engagement. We further would like to thank our publisher Springer International—and particularly Hendrikje Tuerlings—for the support in publishing the book.

Contents

1	Claude-Hélène Mayer and Zoltan Kovary	1
Par	rt I Cornerstones of Psychobiography	
2	Executing Psychobiography James William Anderson and William L. Dunlop	11
3	Adventures in Psychobiography and the Study of Lives: A Personal Journey William McKinley Runyan	35
4	An Ethics Guide to Psychobiography: A Best Practice Model Joseph G. Ponterotto and Jason D. Reynolds (Taewon Choi)	55
5	Abstractions of Intent: How a Psychobiography Grapples with the Fluidity of Truth	7 9
Par	rt II Theoretical, Methodological and Conceptual Approaches in Psychobiography	
6	Psychobiography, Self-knowledge and "Psychology as a Rigorous Science": Explorations in Epistemology, Clinical Practice and University Education	99
7	Systems Psychodynamics in Psychobiography: The Individual Within the (Unconscious) Systems' Dynamics	115

x Contents

8	The Case for the Psychobiography as a Phenomenological-Hermeneutic Case Study: A New Phenomenological-Hermeneutic Method of Analysis for Life-Narrative Investigations Zelda Gillian Knight	133
9	The Positive Psychology Movements PP1.0 and PP2.0 in Psychobiography	155
10	Suitability Indicators in the Study of Exemplary Lives: Guidelines for the Selection of the Psychobiographical Subject Barbara Burnell, Carla Nel, Paul J. P. Fouché and Roelf van Niekerk	173
11	Less Is More but More Is Different: Distinction Between High Resolution and Low Resolution Psychobiography	195
12	The Use of Unusual Psychological Theories in Psychobiography: A Case Study and Discussion Carol du Plessis and Christopher R. Stones	209
Par	t III Psychobiographies on Selected Individuals	
13	Amor Fati or Posttraumatic Growth? The Case of Etty Hillesum in the Time of the Holocaust	231
14	An Early Calling, a Late Career: Psychobiographic Investigations into Paulo Coelho's Career Development	245
15	Goethe's Creative Relationship with His Mother Under Psychobiographical Perspectives Rainer Matthias Holm-Hadulla	265
16	Dostoyevsky and Nietzsche—The Contradictory Nature of the Self in a Dream of Raskolnikov and in the Breakdown of Nietzsche Tamás Tényi and Dalma Tényi	285
17	Time, Death, Eternity: Imagining the Soul of Johann Sebastian Bach George E. Atwood	299
18	Constructing "Georgia": Love, Play, Work as a Central Theme in O'Keefee's Early and Late Memories	325

Contents xi

19	In Search of Self: How Chanel Became Coco to the World Leandi Verwey and Zelda Gillian Knight	343
20	"I Have to Be All Things to All People": Jim Jones, Nurture Failure, and Apocalypticism	363
21	The Concept of "Cratism" and "Heteropathic Feelings" in the Psychobiography of Jesus from Nazareth (Psychobiography in Lvov-Warsaw School)	381
22	Psychological Reflections on the Build-Up to the First Heart Transplant Roelf van Niekerk, Tracey Prenter and Paul J. P. Fouché	405
23	A Psychobiographical Portrait of Adam Small's Eriksonian Ego-Strengths or Virtues: Contextualized Within South Africa's Apartheid-Eras Paul J. P. Fouché, Pravani Naidoo and Theo Botha	423
24	The Psychosocial-Historical Turning Points in the Life of Sol Plaatje: Co-founder of the African National Congress Crystal Welman, Paul J. P. Fouché and Roelf van Niekerk	443
25	The Amazing Life of Charlize Theron Tracey Prenter, Roelf van Niekerk and Paul J. P. Fouché	463
26	Psychobiography as an Effective Research Methodology for the Advocacy of Abused and Neglected Youth in South Africa	481
Par	t IV Reflections of Contemporary Psychobiographers	
27	Jim Anderson in Interview with Claude-Hélène Mayer; September 26, 2018	503
28	William McKinley Runyan in Interview with Claude-Hélène Mayer; September 27, 2018	507
29	Joseph G. Ponterotto in Interview with Claude-Hélène Mayer; September 21, 2018	511

xii Contents

30	Dan P. McAdams in Interview with Claude-Hélène Mayer;	
	September 19, 2018	517
	Dan P. McAdams	
31	Jefferson A. Singer in Interview with Claude-Hélène Mayer;	
	September 22, 2018	521
	Jefferson A. Singer	

Editors and Contributors

About the Editors

Claude-Hélène Mayer Dr. habil., Ph.D., Ph.D., is a Full Professor in Industrial and Organisational Psychology at the University of Johannesburg, in Johannesburg, South Africa, an Adjunct Professor at the European University Viadrina in Frankfurt (Oder), Germany and a Senior Research Associate at Rhodes University, Grahamstown, South Africa. She holds Master degrees in Crime Science (MSc) and Cultural Anthropology (Mphil), a Ph.D. in Psychology (University of Pretoria, South Africa), a Ph.D. in Management (Rhodes University, South Africa), a doctorate in Cultural Anthropologiy and Intercultural Didactics (Georg-August University, Germany), and a habilitation (European University Viadrina, Germany) in Psychology with focus on work, organizational, and cultural psychology. She has published monographs, text collections, accredited journal articles, and special issues on transcultural mental health, sense of coherence, shame, transcultural conflict management, mediation and consulting, women in leadership, family therapy and constellation work, and psychobiography.

Zoltan Kovary Ph.D., habil is a clinical psychologist, litterateur and linguist in Budapest, Hungary. He is a full time associate professor at Eötvös Loránd University, Budapest, Department of Clinical Psychology and Addictions. Zoltan has a doctorate in theoretical psychoanalysis, and also runs a private practise at a counselling center. His main research topics are psychoanalysis and existential psychologies and their epistemological background, the psychology of creativity and the application of psychobiography. Zoltan has two monographies in Hungarian and several international publications, including psychobiographics of eminent creators and the methodological questions of psychobiographical idiographic studies.

xiv Editors and Contributors

Contributors

James William Anderson Clinical Psychologist, Chicago, IL, USA; Department of Psychiatry and Behavioral Sciences, Feinberg School of Medicine, Northwestern University, Chicago, IL, USA

Athena Androutsopoulou Private practice, Athens, Greece;

'Logo Psychis'—Training and Research Institute for Systemic Psychotherapy, Marousi, Attica, Greece

George E. Atwood Rutgers University, New Brunswick, NJ, USA; Clinical Psychologist in Private Practice, Providence, RI, USA

Ágnes Bálint Faculty of Humanities, Institute of Education Sciences, University of Pécs, Pécs, Hungary

Theo Botha Department of Psychology, Faculty of the Humanities, University of the Free State, Bloemfontein, South Africa

Barbara Burnell Bloemfontein, South Africa

Frans Cilliers Department of Industrial and Organisational Psychology, University of South Africa, Pretoria, South Africa

Amadeusz Citlak Institute of Psychology, Polish Academy of Sciences, Warsaw, Poland

Márta Csabai Institute of Psychology, University of Szeged, Szeged, Hungary

Evgenia Dima 'Logo Psychis'—Training and Research Institute for Systemic Psychotherapy, Marousi, Attica, Greece

Carol du Plessis University of Johannesburg, Auckland Park, South Africa; University of Southern Queensland, Ipswich, Australia

William L. Dunlop Department of Psychology, University of California, Riverside, CA, USA

Paul J. P. Fouché Department of Psychology, Faculty of the Humanities, University of the Free State, Bloemfontein, South Africa

Rainer Matthias Holm-Hadulla Center for Psychosocial Medicine, Heidelberg University, Heidelberg, Germany

Sharon Johnson Cornerstone Institute, Cape Town, South Africa

James L. Kelley Norman, OK, USA

Zelda Gillian Knight Department of Psychology, University of Johannesburg, Auckland Park, South Africa

Editors and Contributors xv

Zoltan Kovary Department of Clinical Psychology and Addictions, Eötvös Loránd University, Budapest, Hungary

Michelle May Department of Industrial and Organisational Psychology, University of South Africa (UNISA), Pretoria, South Africa

Claude-Hélène Mayer Department of Industrial Psychology and People Management, University of Johannesburg, Johannesburg, South Africa; Institut für Therapeutische Kommunikation und Sprachgebrauch, Europa Universität Viadrina, Frankfurt (Oder), Germany

Dan P. McAdams Department of Psychology, Northwestern University, Evanston, IL, USA

Robert F. Mullen ReChanneling Inc., Walnut Creek, USA

Pravani Naidoo Department of Psychology, Faculty of the Humanities, University of the Free State, Bloemfontein, South Africa

Carla Nel Department of Psychiatry, University of the Free State, Bloemfontein, South Africa

Sofia Papageorgiou 'Logo Psychis'—Training and Research Institute for Systemic Psychotherapy, Marousi, Attica, Greece

Theodora Papanikolaou 'Logo Psychis'—Training and Research Institute for Systemic Psychotherapy, Marousi, Attica, Greece

Joseph G. Ponterotto Division of Psychological & Educational Services, Fordham University at Lincoln Center, New York, NY, USA

Tracey Prenter Rustenburg Addiction Care, Somerset West, South Africa

Jason D. Reynolds (Taewon Choi) Department of Professional Psychology and Family Therapy, Seton Hall University, South Orange, NJ, USA

William McKinley Runyan School of Social Welfare, Institute of Personality and Social Research, University of California, Berkeley, CA, USA

Jefferson A. Singer Faulk Foundation Professor of Psychology, Connecticut College, New London, CT, USA

Christopher R. Stones University of Johannesburg, Auckland Park, South Africa; Rhodes University, Grahamstown, South Africa

Dalma Tényi Department of Neurology, University of Pécs, Pécs, Hungary

Tamás Tényi Department of Psychiatry and Psychotherapy, University of Pécs, Pécs, Hungary

Roelf van Niekerk Department of Industrial and Organisational Psychology, Nelson Mandela University, Port Elizabeth, South Africa

xvi Editors and Contributors

Leandi Verwey Department of Psychology, University of Johannesburg, Auckland Park, South Africa

Crystal Welman Wellness Centre, Central University of Technology, Bloemfontein, Free State, South Africa