



Phosphorylation and O-GlcNAcylation of the PHF-1 Epitope of Tau Protein Induce Local Conformational Changes of the C-Terminus and Modulate Tau Self-Assembly Into Fibrillar Aggregates

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Phosphorylation of the neuronal microtubule-associated Tau protein plays a critical role in the aggregation process leading to the formation of insoluble intraneuronal fibrils within Alzheimer's disease (AD) brains. In recent years, other posttranslational modifications (PTMs) have been highlighted in the regulation of Tau (dys)functions. Among these PTMs, the O- β -linked N-acetylglucosamylation (O-GlcNAcylation) modulates Tau phosphorylation and aggregation. We here focus on the role of the PHF-1 phospho-epitope of Tau C-terminal domain that is hyperphosphorylated in AD (at pS396/pS404) and encompasses S400 as the major O-GlcNAc site of Tau while two additional O-GlcNAc sites were found in the extreme C-terminus at S412 and S413. Using high resolution NMR spectroscopy, we showed that the O-GlcNAc glycosylation reduces phosphorylation of PHF-1 epitope by GSK3 β alone or after priming by CDK2/cyclin A. Furthermore, investigations of the impact of PTMs on local conformation performed in small peptides highlight the role of S404 phosphorylation in inducing helical propensity in the region downstream pS404 that is exacerbated by other phosphorylations of PHF-1 epitope at S396 and S400, or O-GlcNAcylation of S400. Finally, the role of phosphorylation and O-GlcNAcylation of PHF-1 epitope was probed in *in-vitro* fibrillization assays in which O-GlcNAcylation slows down the rate of fibrillar assembly while GSK3 β phosphorylation stimulates aggregation counteracting the effect of glycosylation.

Keywords: Alzheimer's disease, microtubule-associated protein tau, phosphorylation, O-GlcNAc glycosylation, protein aggregation, NMR spectroscopy

INTRODUCTION

Alzheimer's disease (AD) is defined by two types of lesions, the extraneuronal senile plaques made of A β peptides and neurofibrillary degeneration constituted by intraneuronal inclusions of hyperphosphorylated Tau proteins. Tau is a microtubule (MT)-associated protein which is mainly expressed in neuronal axons under six alternatively spliced isoforms in adult brain. Although it has been shown that its primary function is promoting assembly and stability of MTs (Weingarten et al., 1975; Cleveland et al., 1977), other important functions have been described more recently at the cell membrane (Morris et al., 2011) and in the nucleus (Sultan et al., 2011; Mansuroglu et al., 2016) regulating cell signaling, genome expression and stability, and neuronal plasticity at synapses. The various functions of Tau are regulated by phosphorylation that was also shown to play a crucial role in Tau pathogenesis related to fibrillar aggregation in neuronal disorders referred to as tauopathies. In addition to phosphorylation, Tau is highly regulated in its physiological state by an intricate array of posttranslational modifications (PTMs) including ubiquitination, acetylation, N-glycosylation, and O- β -linked N-acetylglucosaminylation (O-GlcNAcylation) (Hanger et al., 1998; Morris et al., 2015).

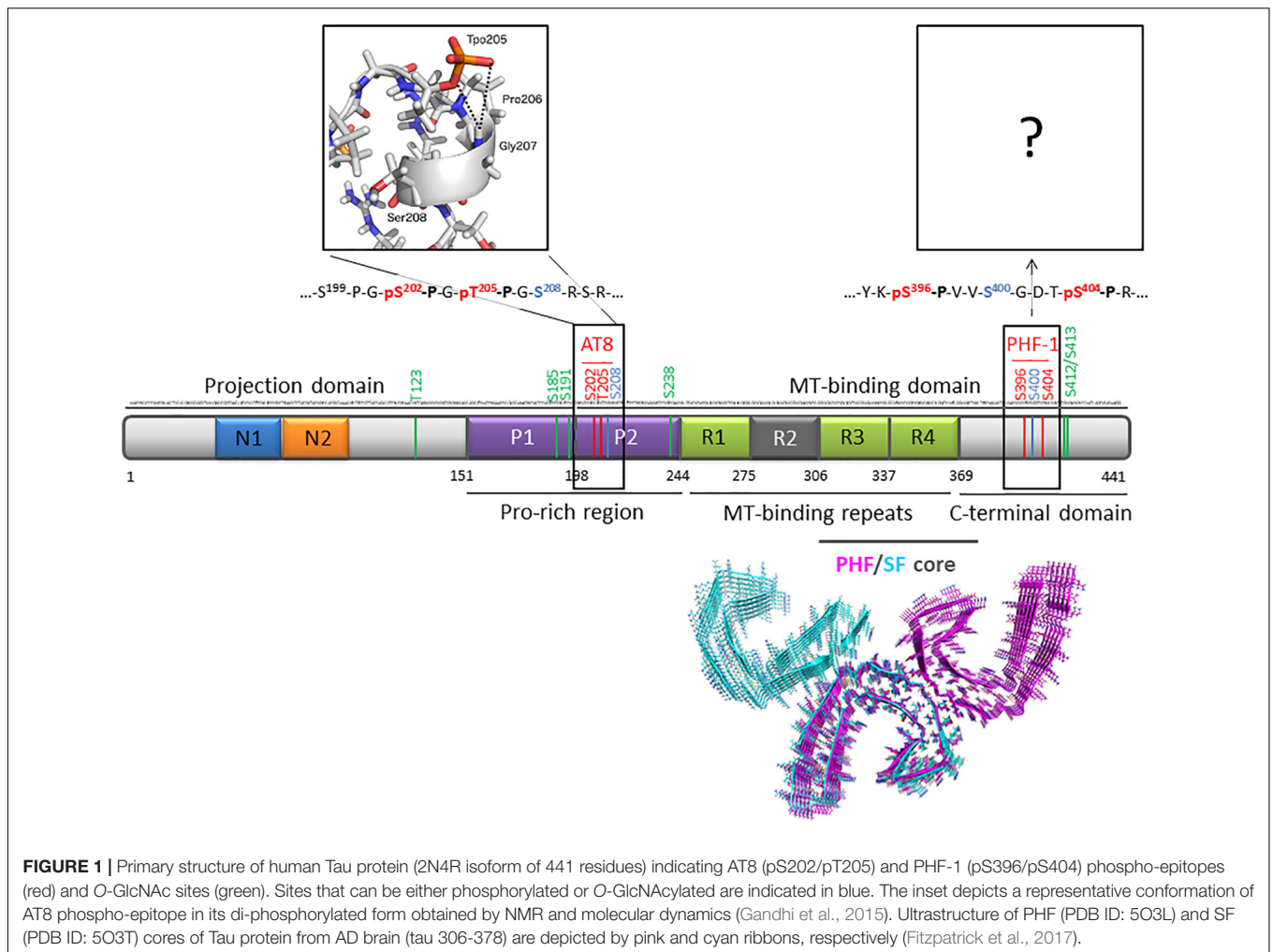
Tau is an intrinsically disordered protein and its primary structure is divided into four regions: an N-terminal projection domain, a proline-rich domain (PRD), a microtubule-binding domain (MTBD), and a C-terminal region (**Figure 1**) (Mandelkow et al., 1996; Buée et al., 2000). In its fibrillar state, however, Tau MTBD forms highly ordered structures that are disease-specific (Fitzpatrick et al., 2017; Falcon et al., 2018a,b; Fyfe, 2018). In AD, two types of filaments, the paired helical filaments (PHFs) and straight filaments (SFs), are the main constituents of the neurofibrillary inclusions consisting of the same protofilament structure, yet differing by the protofilament assembly (Fitzpatrick et al., 2017). In these structures, the region encompassing residues 306–378 of Tau MTBD adopt a cross- β / β -helix fold (**Figure 1**). While Tau is hyperphosphorylated in its disease-associated fibrillar state, phosphorylation sites (as well as other PTMs) were not observed in former cryo-EM structures of PHF-Tau from AD brains presumably due to PTM heterogeneity failing to provide a detail view of phosphate accommodation into filament assembly (Fitzpatrick et al., 2017). Tau filaments in AD and cortico-basal degeneration (CBD) were shown to be extensively modified by phosphorylation, acetylation, trimethylation and ubiquitination with acetylation and ubiquitination occurring mainly within the fibril cores (Arakhamia et al., 2020). In contrast, the large majority of

phosphorylation sites are found in the proline-rich region and the C-terminal domain localized at the N- and C-terminal ends of MTBD, respectively (Hanger et al., 1992, 1998, 2007). It has been proposed that ubiquitin or poly-ubiquitin could stabilize the stacking of β -strands along the fibril axis and mediate inter-protofilament interfaces in straight filaments from AD (Arakhamia et al., 2020). Therefore, diverse PTM patterns could be crucial in mediating distinct packing of protofilaments leading to the ultra-structure polymorphism. However, despite increasing knowledge in site-specific characterization of Tau PTMs and structures of Tau filaments from various tauopathies, the mechanisms underlying fibrillization as well as the role of abnormal phosphorylation are still not fully understood. Besides detaching Tau from microtubules, abnormal phosphorylation was thought to alter Tau conformation inducing accumulation of free Tau in the cytosol into a pathological conformation prone to self-assembly that may convert normal Tau into abnormal oligomers that are not only the primary state of insoluble fibrils but also acting as seeds to propagate Tau pathology from neurons to neurons (Goedert et al., 2010, 2017).

The O-GlcNAc glycosylation is another dynamic PTM involved in regulation of Tau, notably through impairment of its phosphorylation and toxicity (Arnold et al., 1996; Liu et al., 2004, 2009; Yuzwa et al., 2008). While phosphorylation is dynamically regulated by hundreds of kinases and phosphatases, O-GlcNAcylation is only regulated by two antagonist enzymes, O-GlcNAc transferase (OGT) and O-GlcNAc hydrolase (OGA) (Hart, 1997, 2014; Hart et al., 2007; Bullen et al., 2014). It has been shown that O-GlcNAcylation of Tau does not alter microtubule polymerization but displays intrinsic properties to reduce *in vitro* fibrillization of Tau induced by heparin without altering its conformation (Yuzwa et al., 2012, 2014). It could rather act by increasing monomer solubility or directly hindering interactions at play in Tau self-assembly during the fibrillization process. Pharmacological increase of O-GlcNAcylation upon treatment of cells or mice with inhibitors of OGA leads to neuroprotective effects therefore constituting a potent strategy to tackle neurodegenerative diseases and providing a valuable alternative to kinase inhibitors (Yuzwa et al., 2012; Graham et al., 2014).

We have recently highlighted using high resolution NMR spectroscopy that S400 O-GlcNAcylation and S404 phosphorylation act as a unique motif regulated by a direct PTM crosstalk inducing each other chemical shift changes that suggest a spatial proximity between both sites in full-length Tau protein (Bourré et al., 2018; Theillet et al., 2012). However, the overall effect of O-GlcNAcylation in modulation of Tau phosphorylation is at least scarce in the context of a low phosphorylation level that mimics physiological phosphorylation state of Tau and absent in a context of high phosphorylation level mimicking the hyperphosphorylated state (Bourré et al., 2018). We have previously shown in peptides, however, that S400 O-GlcNAcylation could act as a direct mechanism that blocks the formation of the pathological PHF-1 phospho-epitope (pS396/pS400/pS404) in the C-terminal domain of Tau by disrupting the sequential phosphorylation by GSK3 β (Smet-Nocca et al., 2011). Although it was shown

Abbreviations: AD, Alzheimer's disease; CDK2: cyclin dependent kinase 2; Fmoc, 9-fluorenylmethoxycarbonyl; HSQC, heteronuclear single quantum correlation; IPTG: isopropyl- β -D-1-thiogalactopyranoside; MALDI-TOF MS, matrix-assisted laser desorption ionization-time-of-flight mass spectrometry; NOESY: Nuclear Overhauser Spectroscopy; pS, phosphorylated Ser; gS, O-GlcNAcylation; GSK3 β , glycogen synthase kinase 3 β ; MT, microtubule; PTM, posttranslational modification; O-GlcNAc, O- β -linked N-acetylglucosamine; OGT, O-GlcNAc transferase; SDS-PAGE, sodium dodecyl sulfate-polyacrylamide gel electrophoresis; PHF, paired helical filaments; RP-HPLC: reverse phase high performance liquid chromatography; TFA: trifluoroacetic acid; THP: Tris(hydroxypropyl)phosphine; TOCSY: Total Correlation Spectroscopy.



that O-GlcNAcylation does not perturb the conformation of non-phosphorylated Tau (Yuzwa et al., 2014), another potential role relies on conformational changes occurring in (hyper)phosphorylated Tau in which O-GlcNAcylation could prevent abnormal conformations that promote self-assembly into insoluble filaments.

This points to a role of the O-GlcNAc modification in the direct crosstalk with GSK3 β -mediated phosphorylation towards regulating Tau conformation and properties in fibrillar self-assembly. GSK3 β is a constitutively active serine/threonine kinase involved in physiological Tau phosphorylation that regulates its binding to MT (Spittaels et al., 2000; Sun et al., 2002). Several studies have highlighted that GSK3 β preferentially phosphorylates most of its substrates, including Tau, after prephosphorylation (priming) by other kinases such as Protein Kinase A, Casein Kinases 1 and 2, cdk5 or members of the mitogen-activated protein kinase family (Singh et al., 1995; Cho and Johnson, 2003; Li et al., 2006). In most cases, GSK3 β phosphorylates (S/T)-XXX-(pS/pT) motifs (where pS/pT is the priming site) that is at a Ser/Thr residue located four residues N-terminal to the priming site, more rarely at a five or six residue N-terminal to the priming site (Leroy et al., 2010). This points

towards a regulatory role of the O-GlcNAc modification either at the priming sites or GSK3 β targeted sites. Interestingly, primed or unprimed Tau has a differential impact on its phosphorylation by GSK3 β with functional modulation on MT binding (Cho and Johnson, 2003; Li et al., 2006). Tau encompasses as many as 24 strict consensus sequences for GSK3 β , fourteen of these Ser/Thr pairs were found to be phosphorylated by GSK3 β *in vitro* (Reynolds et al., 2002). Furthermore, it has been shown that phosphorylation of the PHF-1 epitope does not required priming by another kinase. Instead, priming can be performed by GSK3 β itself in which phosphorylation of the S404 proline-directed site plays a critical role (Leroy et al., 2010). GSK3 β plays also a key role in AD pathogenesis in which it contributes to several phosphorylation sites found in hyperphosphorylated PHF-Tau (Hanger et al., 1992; Morishima-Kawashima et al., 1995; Reynolds et al., 2002; Avila et al., 2010; Hernandez et al., 2012; Llorens-Maritin et al., 2014). In AD, it has been proposed that GSK3 β could be the link between amyloid peptide and Tau phosphorylation since activation of GSK3 β is regulated by signaling pathways targeted by amyloid peptide (Alvarez et al., 1999; Hernández et al., 2010). On the other hand, GSK3 β regulates A β level and toxicity through

Tau phosphorylation and neurodegeneration. Overexpression of GSK3 β *in vivo* accelerates Tau-induced neurodegeneration while Tau-knockout mice did not exhibit deleterious effects of GSK3 β overexpression indicating that Tau mediates GSK3 β toxicity. Inhibitors of GSK3 β reduce tauopathy and alleviate neurodegeneration *in vivo* (Noble et al., 2005), and are therefore considered as therapeutic agents (Engel et al., 2008; Hernandez et al., 2009; Medina et al., 2011) highlighting the role of GSK3 β in Tau pathology.

In this study, we have investigated by NMR spectroscopy the phosphorylation pattern induced by GSK3 β with or without priming by CDK2/cyclin A and its modulation by the direct crosstalk with O-GlcNAcylation. A per-residue resolution allowed a precise characterization of Tau PTMs at the protein level prior to investigating their role in Tau fibrillization *in vitro*. Furthermore, conformational changes induced by PTM combinations of Tau PHF-1 epitope was studied in chemically synthesized and modified peptides (Reimann et al., 2015, 2017; Schwagerus et al., 2016) by NMR chemical shift analyses.

MATERIALS AND METHODS

Tau Mutants

TauS262A mutant was obtained by site-directed mutagenesis of Tau2N4R (longest isoform of 441 residues) (Despres et al., 2017). TauPHF1 mutant was obtained by gene synthesis with codon optimization for production in *E. coli*. Tau proteins were cloned into pET15b vector (Novagen) into NcoI/XhoI allowing removal of the sequence coding for the polyhistidine tag. TauPHF1 protein corresponds to a mutated form of Tau2N4R in which every Pro-directed Ser/Thr phosphorylation site as well as S262, S356 and S191 were mutated into Ala to prevent phosphorylation except those of the PHF-1 phospho-epitope (pS396/pS404).

Production of Tau Proteins

TauS262A and TauPHF1 mutants were produced as described previously for wild-type Tau (Qi et al., 2017). Briefly, BL21(DE3) *E. coli* strains transformed with Tau mutants were grown in M9 minimal medium enriched with ¹⁵N as nitrogen source for ¹⁵N-labeling (6g Na₂HPO₄, 3g KH₂PO₄, 0.5g NaCl, 4g glucose, 1g ¹⁵NH₄Cl, 0.5g ¹⁵N-Isogro® (Sigma), 1 mM MgSO₄, 10 ml MEM vitamin cocktails (Sigma), 100 mg ampicillin per liter) at 37°C until OD at 600 nm reached 0.8–0.9. For ¹⁵N/¹³C-labeling, 0.5g ¹⁵N/¹³C-Isogro® (Sigma) and 2g ¹³C₆-glucose instead of glucose were used. Then, cultures were induced by 0.5 mM isopropyl-thiogalactoside (IPTG) and cells were grown at 37°C for approximately 3 hours. The bacterial pellets harvested by centrifugation were resuspended in 40ml per liter of culture of cation exchange equilibrium buffer (50 mM Na₂HPO₄/NaH₂PO₄ pH 6.6, 2 mM EDTA) supplemented with 0.5% Triton X100, 2 mM DTT and cComplete™ EDTA-free protease inhibitor cocktail (Roche). Cell lysis was performed by high pressure homogenization and the soluble extract was obtained by centrifugation at 30,000 × *g* for 30 min at 4°C. Then, heating of the soluble extract at 80°C for 15 minutes followed by centrifugation was performed as a first purification

step before cation-exchange chromatography (HiTrap SP 5 ml column, GE Healthcare). Homogeneous fractions containing full-length Tau proteins as checked by SDS-PAGE and MALDI-TOF mass spectrometry were pooled and buffer-exchanged in 50 mM ammonium bicarbonate prior to lyophilization.

O-GlcNAcylation of Tau by OGT

ncOGT (110 kDa, nucleocytoplasmic isoform) and O-GlcNAc Tau (hereafter named Tau-G, **Table 1**) was obtained as described in Bourré et al. (2018). Briefly, 10 mg of lyophilized Tau protein was incubated at 800 μM with ncOGT at 0.5 mg/ml and 10 mM UDP-GlcNAc in OGT reaction buffer (50 mM KH₂PO₄/K₂HPO₄ pH 7.6, 150 mM NaCl, 1 mM EDTA, 0.5 mM THP, 12.5 mM MgCl₂) at 31°C for 2 days. O-GlcNAcylated Tau protein was enriched by reverse phase high-pressure liquid chromatography (Zorbax 300SB-C8 column 5μm, Agilent). To increase amounts of Tau-G for NMR analyses, a second round of O-GlcNAcylation/purification was performed with the non-O-GlcNAc enriched fraction. Both O-GlcNAc-enriched fractions were pooled together. Following this procedure, an average of 1.8 O-GlcNAc per Tau molecule were found by MALDI-TOF mass spectrometry considering a mass increment of +203 Da per GlcNAc group (see **Supplementary Figures 1E–G**).

Phosphorylation of Tau by CDK2/Cyclin A

CDK2 phosphorylated at T160 was produced in *E. coli* by coexpression of human GST-CDK2 and *S. cerevisiae* GST-Cak1 using a pGEX vector (GE Healthcare), as described (Brown et al., 1999; Welburn and Endicott, 2005). Human cyclin A3 (residues 174–432) lacking the destruction box was expressed in *E. coli* and co-purified with phosphorylated CDK2 on glutathione sepharose resin (GE Healthcare) (Brown et al., 1999; Welburn and Endicott, 2005). The complex was eluted through GST digestion on column by Prescission protease in 50 mM Tris pH 7.0, 150 mM NaCl, 1 mM DTT buffer. The complex was then buffer-exchanged in phosphorylation buffer (50 mM Hepes, KOH pH 7.8, 12.5 mM MgCl₂, 1 mM EDTA, 5 mM DTT), concentrated at 46 μM (as determined by Bradford assay), frozen in liquid nitrogen and stored at –80°C until use.

TABLE 1 | Abbreviations used for the diverse PTM combination in Tau proteins in this study.

Protein name	Posttranslational Modifications
Tau	–
Tau-P	CDK2/cyclin A3 phosphorylation
Tau-PP	CDK2/cyclin A3 followed by GSK3 β phosphorylation
Tau-P(GSK3)	GSK3 β phosphorylation
Tau-G	OGT O-GlcNAcylation
Tau-G/P	OGT O-GlcNAcylation and CDK2/cyclin A3 phosphorylation
Tau-G/PP	OGT O-GlcNAcylation and CDK2/cyclin A3 followed by GSK3 β phosphorylation
Tau-G/P(GSK3)	OGT O-GlcNAcylation and GSK3 β phosphorylation

Tau protein refers to either TauS262A or TauPHF1 mutants.

Tau proteins (Tau or Tau-G) were incubated at a final concentration of 0.1 mM with the recombinant CDK2/cyclinA3 complex and 5 mM ATP in phosphorylation buffer at 22°C overnight. After incubation, the kinase was removed by a heating step at 80°C for 15 min and subsequent centrifugation. Tau proteins were then buffer-exchanged in 50 mM ammonium bicarbonate prior to lyophilization. Overall phosphorylation levels were determined by MALDI-TOF mass spectrometry analyses considering a mass increment of +80 Da per phosphate group. Tau or Tau-G proteins phosphorylated by CDK2 were hereafter named Tau-P or Tau-G/P, respectively (**Table 1**).

Phosphorylation of Tau by GSK3 β

BL21(DE3) *E. coli* strains transformed with a pGEX vector (GE Healthcare) carrying the human *gsk3 β* were grown in 1L LB at 37°C for 3 hours until OD at 600 nm reached 0.8–0.9, then the culture was cooled down to 20°C and protein induction was performed at 20°C overnight upon addition of 0.2 mM IPTG. Harvested cells were resuspended in 40 ml extraction buffer (PBS, 10% glycerol, 1% Triton X-100, 10 mM EDTA, 2 mM DTT complemented with protease inhibitor cocktail) and cell lysis was performed by high pressure homogenization. Soluble proteins were isolated by centrifugation at 30,000 \times g for 30 min at 4°C followed by purification on 1 ml of glutathione sepharose resin (GE Healthcare) per liter of culture. Resin beads were incubated with the soluble extract at 4°C for 3 hours and extensively washed with the extraction buffer, then with phosphorylation buffer supplemented with 50% glycerol. The GST-GSK3 β fusion protein on resin beads was stored at –20°C until further use.

Tau proteins (Tau, Tau-G, Tau-P or Tau-G/P) were incubated at final concentrations of 0.1 mM with the recombinant GSK3 β kinase (the beads of GST-GSK3 β kinase were washed with phosphorylation buffer for glycerol removal) and 5 mM ATP at 30°C overnight in phosphorylation buffer. After incubation, resin beads were removed by centrifugation and heating of the supernatant was performed at 80°C for 15 min followed by centrifugation. Tau proteins were then buffer-exchanged in 50 mM ammonium bicarbonate prior to lyophilization. Overall phosphorylation levels were determined by MALDI-TOF mass spectrometry analyses. Tau, Tau-G, Tau-P or Tau-G/P proteins phosphorylated by GSK3 β were hereafter named Tau-P(GSK3), Tau-G/P(GSK3), Tau-PP or Tau-G/PP, respectively (**Table 1**).

Peptide Synthesis, Purification, and Characterization

All reagents, amino acids, and solvents were purchased from commercial suppliers and used without further purification if not further mentioned. Solvents- acetonitrile, dimethylchloride, dimethylformamide (DMF)- were purchased from ACROS ORGANICS. Peptides were synthesized on SyroXP-I peptide synthesizer (Multi-SynTech, Witten, Germany) according to standard Fmoc/tBu chemistry using O-(benzotriazol-1-yl)-N,N,NORGANICS. Peptides were synthesiz-phosphate (HBTU)/ hydroxybenzotriazole (HOBt) and preloaded resins (Novabiochem). Fmoc-Ser/Thr(PO(OBzl)OH)-OH (Bachem)

was activated with N-[(Dimethylamino)-1H-1,2,3-triazolo-[4,5-b]pyridin-1-ylmethylene]-N-methylmethanaminium hexafluorophosphate N-oxide (HATU)/ diisopropylethylamine (DIPEA) and coupled manually to the resin. DIPEA was added in 3-fold excess with respect to the amino acid and HATU. The reaction time was extended to 6 hours. The coupling of Fmoc-Ser(β -D-GlcNAc(Ac)₃)-OH was carried out with 2 eq. of the amino acid, HBTU, HOBt and DIPEA in DMF over a time of 6 h (Schwagerus et al., 2016; Reimann et al., 2017). A mixture of 1,8-diazabicyclo[5.4.0]undec-7-ene (DBU) and piperidine (2% each) in DMF was used for Fmoc deprotection. Peptides were cleaved from the resin by treatment with trifluoroacetic acid (TFA)/triisopropylsilane (TIS)/H₂O (95/2.5/2.5) for 3 hours followed by precipitation with cold diethyl ether.

Purification was carried out by preparative reversed phase HPLC on a Knauer Smartline system (Knauer, Berlin, Germany) equipped with a Luna C8 column (10 μ m, 250 \times 21.20 mm; Phenomenex, Torrance, CA, United States) running with acetonitrile/0.1% TFA and water/0.1% TFA gradient at 20 mL/min. Purified peptides were characterized by analytical HPLC and high resolution MS. The analytical HPLC was carried out with a VWR-Hitachi Elite LabChrom system (VWR, Darmstadt, Germany) equipped with a Luna C8 column (5 μ m, 250 \times 4.6 mm; Phenomenex, Torrance, CA, United States). Peptide mass to charge ratios were measured by using an Agilent 6210 ESI-TOF (Agilent Technologies, Santa Clara, CA, United States) (**Table 1**).

NMR Spectroscopy

NMR experiments were performed at 293K on a Bruker 600 MHz SB Avance III HD and 900 MHz Avance NEO spectrometer (Bruker, Karlsruhe, Germany) equipped with 5-mm cryogenic triple resonance probe heads. For NMR experiments, ¹⁵N-labeled proteins and unlabeled peptides were dissolved at 0.2 mM and 2 mM, respectively, in a buffer containing 25 mM NaH₂PO₄/Na₂HPO₄ pH 6.6, 25 mM NaCl, 2.5 mM EDTA, 1 mM DTT and 5% D₂O either in a volume of 200 μ l (in 3 mm tubes) or in 300 μ l (in Shigemitsu tubes). All ¹H spectra were calibrated with 1 mM sodium 3-trimethylsilyl-3,3',2,2'-d₄-propionate as a reference. ¹H spectra were acquired with 64 scans and 32 dummy scans, and a spectral windows of 14 ppm centered on 4.7 ppm sampled with 32k points. For 2D and 3D experiments, a spectral window of 14 ppm centered on 4.7 ppm was used for the proton dimension.

For peptide assignment, standard NOESY and TOCSY experiments were recorded on peptides with 200 and 69 ms mixing times respectively, with 4096 and 512 points and using a DIPSI2 sequence for mixing. TOCSY and NOESY spectra were recorded with 32 scans and 64 scans per increment (and 128 dummy scans), respectively, with spectral windows of 13.98 and 10.0 ppm in each proton dimension centered on 4.69 ppm. ¹H-¹⁵N HSQC spectra were recorded at nitrogen-15 natural abundance with 128 scans per increment, with 2048 and 128 points in the proton and nitrogen dimensions, respectively, and with a window of 25 ppm centered on 118 ppm for the nitrogen dimension. ¹H-¹³C HSQC spectra were recorded with 32 scans per increment, with 1440 and 512 points in the proton and carbon

dimensions, respectively, and with a window of 80 ppm centered on 45 ppm for the carbon dimension.

For ^{15}N -labeled proteins, ^1H - ^{15}N HSQC spectra were recorded with 32 scans per increment and 32 dummy scans with 3072 and 512 points in the proton and nitrogen dimensions, respectively, and with a window of 25 ppm centered on 118 ppm for the nitrogen dimension. Heteronuclear experiments were recorded with a WATERGATE sequence for water suppression and a double INEPT (INsensitive nuclei Enhanced by Polarization Transfer) for sensitivity improvement. All experiments were acquired with a recycle delay of 1 s.

Assignment of phosphorylation sites in CDK2/GSK3 β phosphorylated TauS262A protein required the acquisition of three-dimensional NMR experiments on $^{15}\text{N}/^{13}\text{C}$ -labeled Tau sample at 293K. The HNCACB and HN(CO)CACB experiments were recorded with non-uniform sampling with 32 scans per increment and 16 dummy scans, with 1540, 90 and 180 points in the proton, nitrogen and carbon dimensions, respectively, and with a window of 25 ppm and 60 ppm centered on 118 ppm and 44 ppm for the nitrogen and carbon dimensions, respectively. The HN(CA)NNH experiment was recorded with non-uniform sampling with 24 scans per increment and 16 dummy scans, with 2048, 120 and 100 points in the proton and both nitrogen dimensions, respectively, and with a window of 25 ppm centered on 118 ppm for the nitrogen dimensions.

O-GlcNAc and phosphorylation levels were determined for individual Ser/Thr residues based on intensity of their respective amide correlations of modified and non-modified isoforms from the ^1H - ^{15}N HSQC experiment. Resonance assignment, peak intensity and integration are given for phosphorylation and/or O-GlcNAcylation sites in TauPHF1 proteins (see **Supplementary Table 1**). Percentage of phosphorylation for a given residue was calculated as the peak intensities corresponding to phospho isoforms $I(p)$ on the sum of total peak intensities including non-modified $I(np/ng)$ and O-GlcNAcylation $I(g)$ isoforms as described in Equation (1). Percentage of O-GlcNAcylation is calculated similarly as described in Equation (2). Note that modification of a given residue could affect resonances of vicinal residues leading to resonance splitting, each corresponding to a specific isoform (as exemplified by S400 and S404). Therefore, $I(p)$, $I(g)$ or $I(np/ng)$ corresponds to the sum of peak intensities of a given residue in its phosphorylated, O-GlcNAcylation or non-modified state, respectively, which could occur as several resonances depending on the modification state of its neighbors.

$$\% \text{ phosphorylation} = \frac{I(p)}{I(p) + I(np/ng) + I(g)} \quad (1)$$

$$\% \text{ O-GlcNAcylation} = \frac{I(g)}{I(p) + I(np/ng) + I(g)} \quad (2)$$

The levels of phosphorylation or O-GlcNAcylation can either be determined using peak integration to take into account changes of relaxation of amide ^1H and ^{15}N upon modification. However, overlapping peak could lead to misinterpretation of

modification levels. A comparison of values obtained from peak intensities and peak integrals gives similar results (see **Supplementary Table 2**).

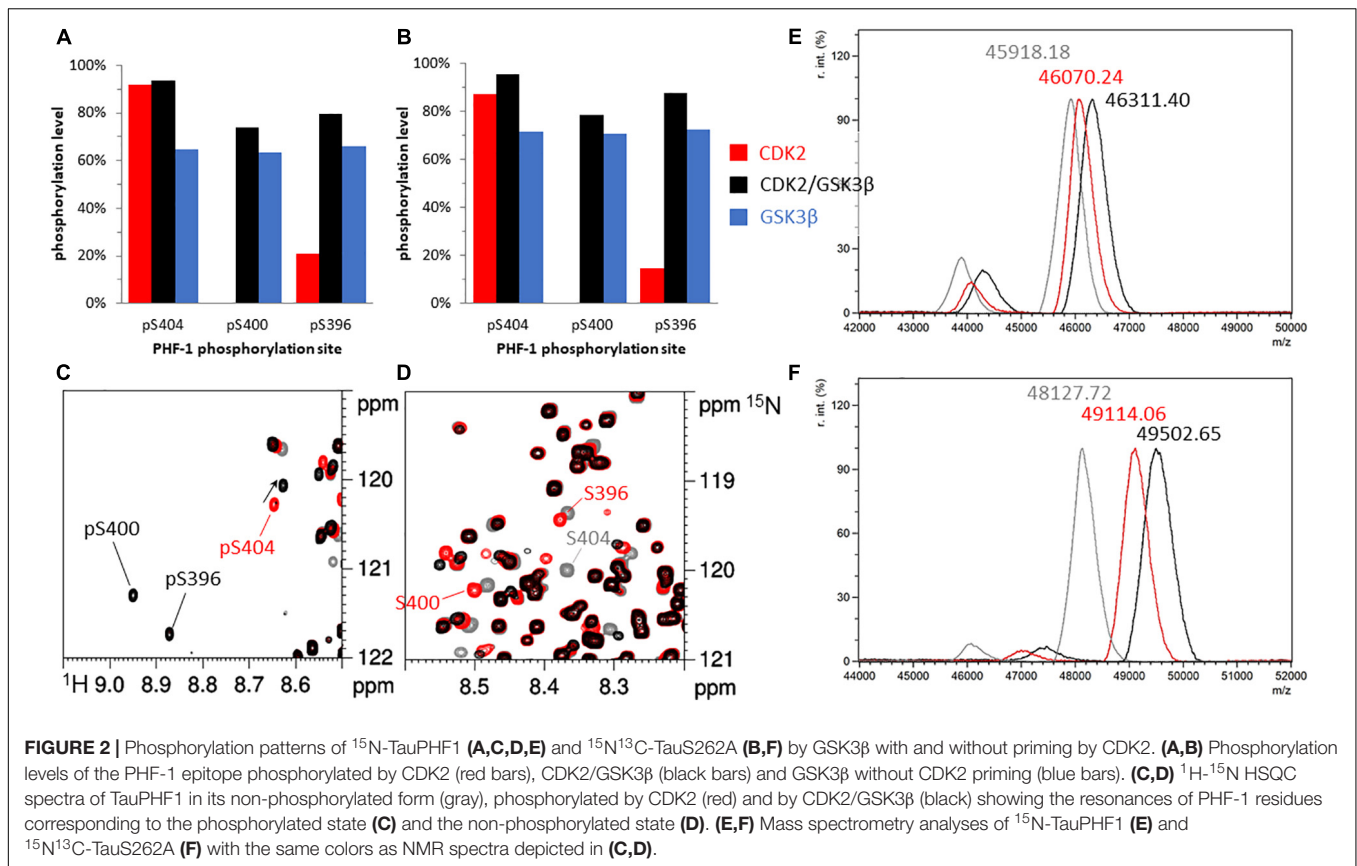
MALDI-TOF Mass Spectrometry

Tau proteins were analyzed by MALDI-TOF MS (Axima Assurance, Shimadzu) in a linear positive ion mode with sinapinic acid matrix after ZipTip $^{\text{®}}$ -C4 desalting (Millipore). For the calculation of overall phosphorylation and O-GlcNAcylation levels, m/z increments of +80 Da and +203 Da were used, respectively.

Aggregation of Tau Proteins

Aggregation reactions were performed into 96-well black plate (Greiner) in a plate reader (PHERASar, BMG Labtech) at 37°C without agitation. A 5 mM aqueous stock solution of ThT (Sigma) was filtered through a 0.22 μm -filter. Tau aggregation was induced by heparin (as sodium salt from porcine intestinal mucosa, polydisperse heparin with molecular weight range 6–30 kDa with most chains in the 17–19 kDa range; Sigma) and kinetics were measured for 5–7 days with 10 μM Tau and 2.5 μM heparin (ratio 4:1) in a buffer containing 25 mM $\text{NaH}_2\text{PO}_4/\text{Na}_2\text{HPO}_4$ pH 6.6, 25 mM NaCl, 2.5 mM EDTA, 0.33 mM DTT, and 50 μM ThT. Kinetics of fibril formation were monitored by ThT fluorescence emission at 490 nm (with excitation at 440 nm). Aggregation reactions of each Tau PTM isoform were performed in duplicate or triplicate and kinetics curves represented as mean \pm standard deviation were fitted with a model of single-phase association with the GraphPad Prism software. Different batches of kinase and phosphorylated Tau were prepared and involved in aggregation reactions with kinetics curves similar as those depicted in **Figure 5** except for the plateaus that differ between batches. Measurements of decrease in soluble Tau monomers upon aggregation was performed at end-point on SDS-PAGE (4–20% polyacrylamide) by comparing the protein amounts before and after aggregation (equivalent of 5 μg of monomeric Tau were loaded in each lane) using the ImageJ software (Abramoff et al., 2004). Observation of fibril morphology was performed at the end of aggregation reactions by transmission electron microscopy (Zeiss EM 900 microscope at 80kV equipped with a Gatan Orius 1000 camera). Two grids per sample were prepared with 10 μl of aggregation reaction that were applied on 400-mesh hexagonal formvar-coated grids for 90 sec. The sample-loaded grids were washed three times with ultrapure water and drained. The grids were then negatively stained with 2% uranyl-acetate solution for 90 sec and washed twice with ultrapure water. All TEM images were selected as representative for each experimental condition (i.e., Tau isoform).

For aggregation reactions induced by seeding, seeds were prepared by incubating TauS262A (in its non-modified form) at 10 μM and heparin at 2.5 μM (ratio 4:1) for 7 days at 37°C. After sonication, the aggregation reaction was diluted at 1:10 6 in fresh monomeric Tau at 25 μM in 100 mM MES pH 6.9, 2mM EGTA, 1mM MgCl_2 , 20 mM NaF, 1 mM DTT, 100 μM ThT. Control of seeds without fresh monomeric Tau was performed in the same conditions. As a control of the



absence of free heparin, TauS262A protein at 25 μM was incubated with 0.25 μM heparin (ratio 100:1) in the same conditions than the seeding reactions. Seeding reactions were incubated for a total of 5 to 7 days at 37°C. Negative-staining TEM imaging and SDS-PAGE measurement of decrease in soluble monomer concentration upon assembly were performed at the aggregation end-point as described for heparin-induced aggregation assays.

RESULTS

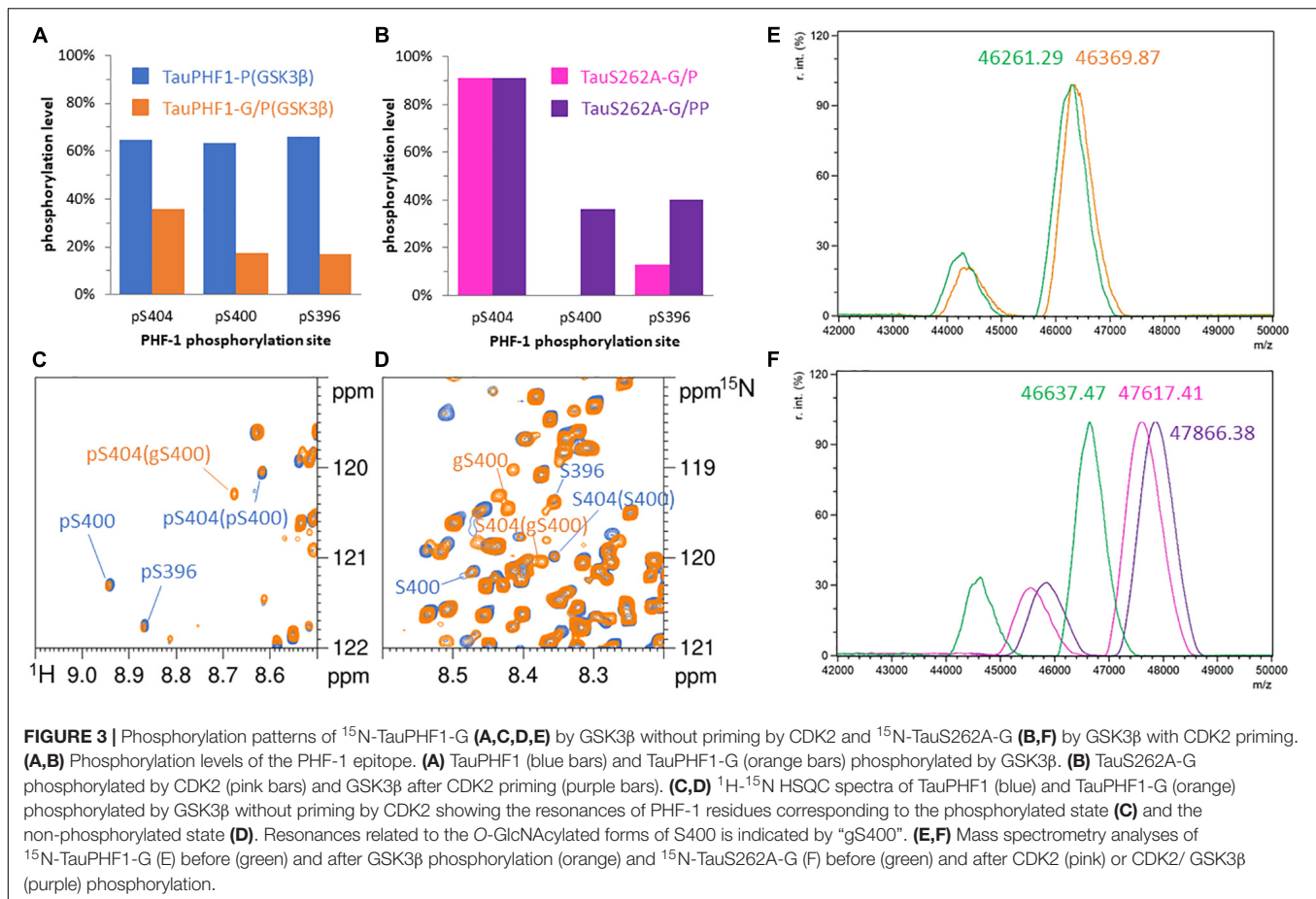
Phosphorylation and O-GlcNAcylation Crosstalk in Tau Protein

GSK3 β Phosphorylation of Tau With and Without Priming by CDK2/Cyclin A

We aim to investigate how O-GlcNAcylation modulates phosphorylation of Tau by GSK3 β with or without priming by the proline-directed kinase CDK2/cyclin A3 (referred hereafter as CDK2). As major O-GlcNAc sites were all found in the C-terminus of Tau (see **Supplementary Figures 1A,B**) (Bourré et al., 2018), we focused the study of PTM crosstalk between phosphorylation and O-GlcNAcylation in a mutated form of Tau – TauPHF1– in which most of Ser/Thr proline-directed phosphorylation sites except those of the PHF-1 epitope were mutated into Ala residues (see

Supplementary Figure 2). Mutations in TauPHF1 allowed to simplify the phosphorylation pattern for further functional studies of the PHF-1 epitope's role in Tau aggregation. The PTM patterns of TauPHF1 were compared to those of the TauS262A mutant protein in which S262 mutation into alanine prevents inhibition of Tau aggregation by S262 phosphorylation (although phosphorylation of S262 is expected here neither with CDK2 nor GSK3 β activity). TauS262A protein exhibits a more complex phosphorylation pattern due to the presence of 17 Ser/Thr-Pro motifs targeted by proline-directed kinases such as CDK2 (Amniai et al., 2009; Landrieu et al., 2010).

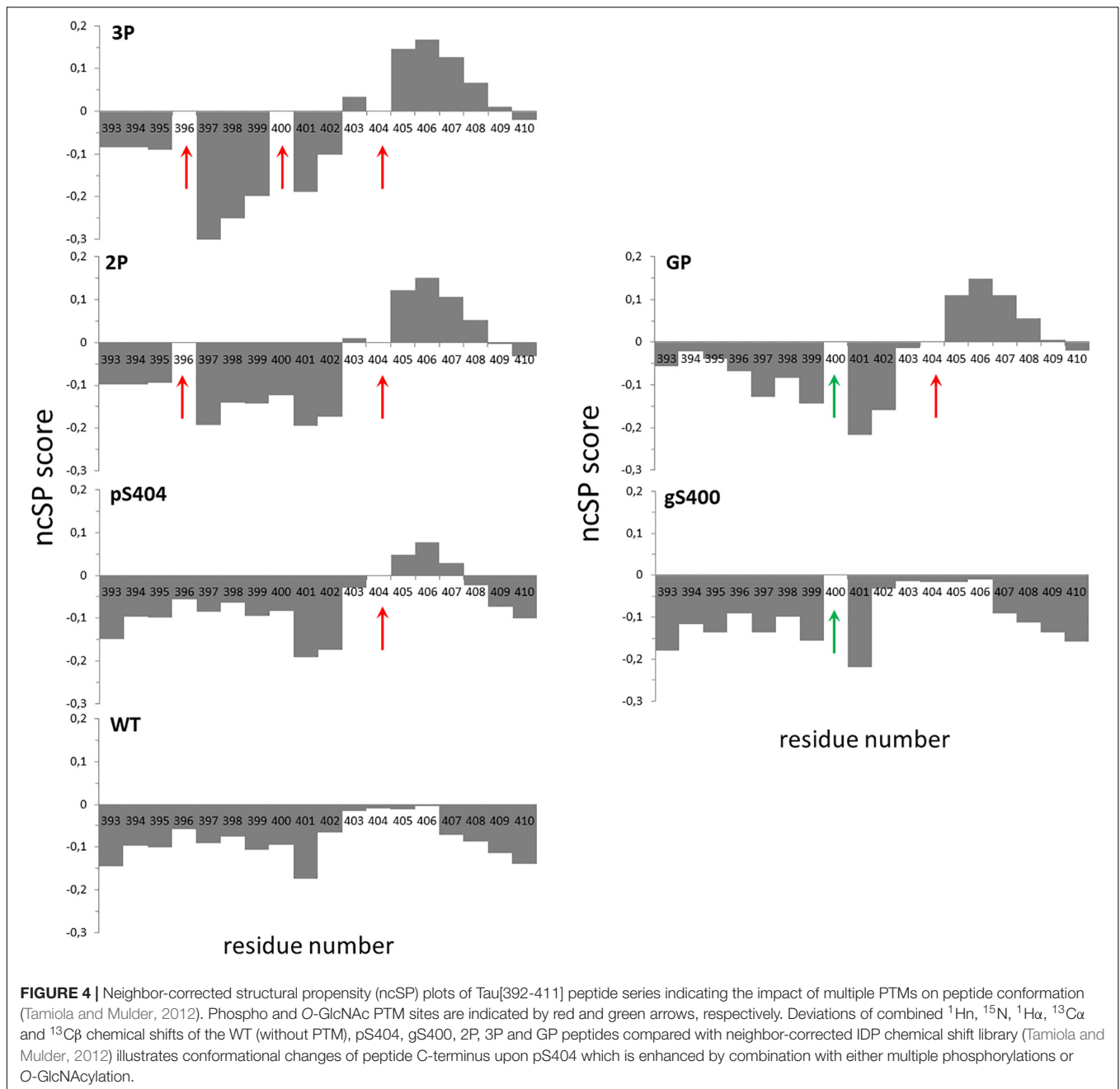
To establish baseline conditions, we first compare GSK3 β phosphorylation with or without priming by CDK2 in non-O-GlcNAcylation Tau mutants, using mass spectrometry and NMR spectroscopy (Smet et al., 2004a; Lippens et al., 2006, 2016; Landrieu et al., 2010; Danis et al., 2016, 2019). Without priming by CDK2, only few phosphorylations were detected in the ^1H - ^{15}N HSQC spectrum of TauS262A (see **Supplementary Figures 3B,D**). Resonances corresponding to the amide group of phospho-residues exhibiting downfield ^1H chemical shifts as compared to their non-phosphorylated counterparts were the same in both TauS262A and TauPHF1 mutants indicating that GSK3 β -mediated phosphorylation is restrained to residues of the PHF-1 epitope when Tau was not primed by CDK2 (see **Supplementary Figures 3A,B**). Mass spectrometry analyses of TauPHF1-P(GSK3) indicate a



m/z increment of $+218.0 \pm 52$ Da as compared to the non-phosphorylated protein corresponding to an average of 2.7 ± 0.6 phosphate per Tau molecule. The same overall phosphorylation level was measured for TauS262A-P(GSK3) (see **Supplementary Figures 3C,D**). Assignment of phospho-residue resonances allowed both the identification of phosphorylation sites and the quantification of phosphorylation levels in a site-specific manner (Landrieu et al., 2010; Theillet et al., 2012; Danis et al., 2016, 2019). Single resonances were detected for each phospho-residue (S396, S400, S404) (**Figure 2C**, see **Supplementary Figures 3A,B**) together with similar phosphorylation levels of $72\% \pm 2\%$ for TauS262A and $65\% \pm 2\%$ for TauPHF1 (**Figures 2A,B**). These data indicate a homogenous pattern of phosphorylation corresponding to the triple phosphorylated state of the PHF-1 epitope, hereafter named PHF1-3P.

In contrast, CDK2 priming prior to GSK3 β phosphorylation of TauS262A and TauPHF1 led to distinct phosphorylation patterns (**Figures 2E,F**). CDK2-mediated phosphorylation of TauS262A (annotated by TauS262A-P) occurred at several sites in the proline-rich region at T153, T175, T181, S199, S202, T205, T212, T231, S235 residues (see **Supplementary Figures 4A,B**), upstream the MTBD, and at S396 and S404 within the C-terminal domain while only S396 and S404 were found in TauPHF1, as expected (**Figures 2A–C** and **Supplementary Figures 4A–C**). Mass spectrometry analyses of

TauS262A-P indicate a m/z increment of $+986.34 \pm 64$ Da as compared to the non-phosphorylated protein corresponding to an average of 12.3 ± 0.8 phosphate per Tau molecule (**Figure 2F**). Subsequent phosphorylation by GSK3 β (annotated by TauS262A-PP) is modulated by CDK2 priming. A m/z increment of $+1374.93 \pm 61$ Da as compared to the non-phosphorylated protein corresponding to an average of 17.2 ± 0.8 phosphate per Tau molecule was found indicating an addition by GSK3 β of about 5 ± 0.8 phosphate per Tau (**Figure 2F**). In TauS262A-PP, three new phosphorylation sites were identified at S198 and S208 in the PRR resulting from priming at S202 and T212, respectively, and S400 in the C-terminus resulting from priming at S404 while S396 phosphorylation level is strongly increased. Phosphorylation by GSK3 β after CDK2 priming leads to a triple phosphorylation state of both AT8 (pS202/pT205/pS208, AT8-3P) and PHF-1 epitopes (**Figures 2B,F** and **Supplementary Figures 4A,B**). At the PHF-1 epitope, CDK2 phosphorylation reached 85% and 15% on S404 and S396, respectively. After GSK3 β phosphorylation, S404, S400 and S396 were phosphorylated at a level of 95%, 80% and 88%, respectively, leading to an overall level of 80% for the PHF1-3P epitope (75% in TauPHF1) considering a sequential phosphorylation mechanism (**Figures 2A,B**, see **Supplementary Figure 4E**). Together, these data indicate that PHF-1 epitope is unique as GSK3 β substrate within Tau sequence as the only



epitope that does not require priming by another kinase. In contrast, AT8-3P required priming at T212 by CDK2, or another proline-directed kinase, prior to GSK3 β phosphorylation.

GSK3 β Phosphorylation of O-GlcNAcylated Tau With and Without Priming by CDK2/Cyclin A

In a similar manner described for TauS262A and TauPH1, GSK3 β phosphorylation of O-GlcNAcylated forms was investigated with and without CDK2 priming. In accordance with what we have previously described (Bourré et al., 2018), when incubated with full-length Tau, recombinant OGT (in its nucleocytoplasmic isoform referred as ncOGT) provides three major O-GlcNAc sites

that are all found in the C-terminus at residues S400, S412 and S413. These O-GlcNAcylated Tau proteins are hereafter named Tau-G (TauS262A-G and TauPHF1-G). As the quantitative pattern of O-GlcNAcylation is dependent on the conditions used for the O-GlcNAc transferase reaction, we achieve a high level of O-GlcNAc modification by reverse phase high-performance liquid chromatography enrichment of O-GlcNAcylated species in order to unambiguously detect perturbations of phosphorylation patterns induced by O-GlcNAcylation. This procedure leads to an overall O-GlcNAc level of 1.8 ± 0.3 GlcNAc per Tau molecule and site-specific O-GlcNAcylation of $61\% \pm 2\%$, $27\% \pm 1\%$ and $47\% \pm 2\%$ on S400, S412 and S413,

respectively, determined by high resolution NMR spectroscopy on both TauS262A-G and TauPHF1-G (see **Supplementary Figures 1A,B,E,F**).

GSK3 β -mediated phosphorylation of TauPHF1-G drop down to an average of 1.3 ± 0.6 phosphate per Tau molecule (**Figure 3E**) with a phosphorylation level of 38% on S404 and 14% on both S400 and S396 (**Figure 3A**). Three resonances were detected for the amide function of pS404 isoforms in TauPHF1-G/P(GSK3 β) representing 21%, 14% and 3% of the total population and were assigned to pS404/gS400, pS404/pS400 and pS404/S400 isoforms (**Figure 3C**), respectively, based on comparison with spectra of TauPHF1-P and TauPHF1-PP in which resonance of pS404/S400 and pS404/pS400 were found, respectively (**Figure 2C**). In contrast, O-GlcNAcylation did not affect S404 and S396 phosphorylation by CDK2 (90% and 15%, respectively). However, subsequent GSK3 β phosphorylation is significantly reduced as compared to non-O-GlcNAcylated Tau to ca. 36% and 40% on both S400 and S396 sites, respectively (**Figure 3B**).

Hence, O-GlcNAcylation reduces GSK3 β phosphorylation on PHF-1 epitope in which S400 O-GlcNAcylation is likely involved. Overall phosphorylation of PHF1-3P is reduced from 80 to 36% approximately upon sequential activity of CDK2 and GSK3 β , and from 65 to 14% in the absence of CDK2 priming. In TauPHF1-G/P(GSK3 β), the overall S404 phosphorylation level of 38% is distributed between three isoforms: 14% for PHF1-3P, 21% for gS400/pS404 and 3% for S400/pS404, the last two being not subjected to further phosphorylation at S400 and S396 (**Figure 3C**). These data indicate that phosphorylation and O-GlcNAcylation of respective S404 and S400 sites are not exclusive but rather competitive. The non-phosphorylated S404 isoform contains a higher proportion of gS400 (75%) than the pS404 isoform (55%) indicating that O-GlcNAcylation is preferentially associated to the non-phosphorylated isoform.

Furthermore, levels of 26% and 38% for pS400/pS404 and gS400/pS404 isoforms, respectively, were expected considering a S404 phosphorylation level of 65% (as PHF1-3P) and S400 O-GlcNAcylation level of 60%. Lower values were measured indicating that O-GlcNAcylation not only reduces S404 phosphorylation by GSK3 β (by two-fold) and directly prevents formation of PHF1-3P epitope, but also reduces S404 phosphorylation in the S400 non-O-GlcNAc fraction indicating a potential role of O-GlcNAcylation at S412 and S413 sites in modulation of PHF-1 epitope phosphorylation.

In contrast, remote phospho-epitopes localized in the proline-rich domain of TauS262A were not regulated by O-GlcNAc modifications within the C-terminal domain. Therefore, O-GlcNAcylation neither modulates CDK2 priming nor has a long-range influence on phosphorylation sites localized in the proline-rich domain.

PTMs of PHF-1 Epitope Modulate Local Conformation of Tau Peptides

The effect of phosphorylation, O-GlcNAcylation and combination of both PTMs on Tau conformation was investigated by high-resolution NMR spectroscopy (see

TABLE 2 | Primary structure of the Tau-PHF1 peptide series and posttranslational modification sites.

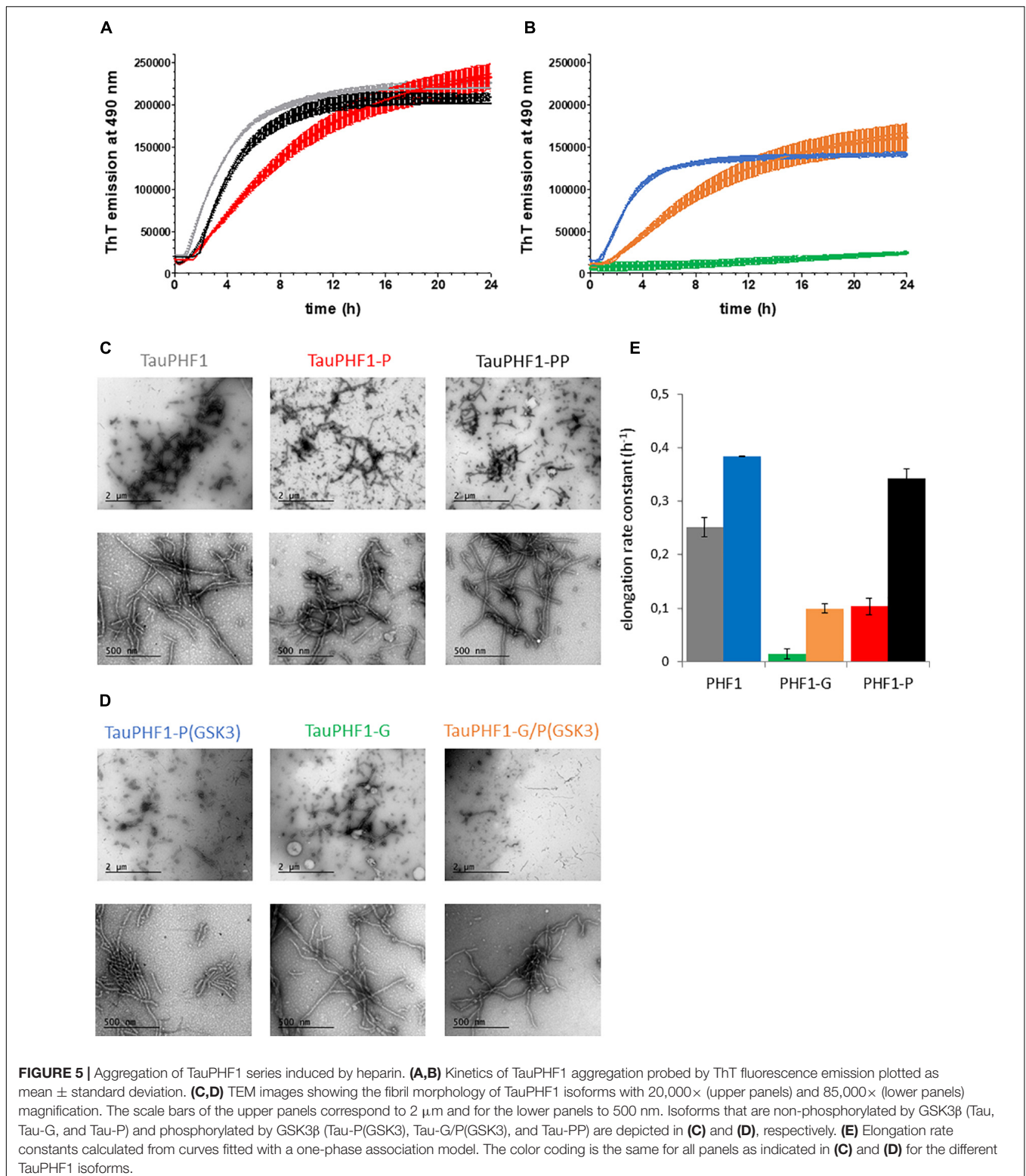
Modification site	Tau[392-411] peptides 392IVYKSPVVS GD TS PR HLSNV411							
	WT	pS396	pS400	pS404	2P	3P	gS400	GP
S396		■			■	■		
S400			■			■	■	■
S404				■	■	■		■

Phosphorylation are indicated in red and O-GlcNAcylation in green.

Supplementary Figures 5A,B) in small peptides centered on the PHF-1 epitope from amino acid 392 to 411 (according to numbering of the longest Tau2N4R isoform of 441 residues, hereafter named Tau[392-411], **Table 2**). Here, solid-phase peptide synthesis allows the introduction of PTMs in a site-specific manner providing homogenous modification patterns. All peptides exhibit random coil conformations as shown by ¹³C secondary chemical shifts of C α and C β (see **Supplementary Figure 6A**). Peptides without PTM or with S400-O-GlcNAc have both a weak propensity of secondary structure along the entire sequence as shown by neighbor-corrected Structural Propensity (ncSP) calculation (**Figure 4**) (Tamiola and Mulder, 2012). In contrast, peptides with phosphorylation on S404 have a slight propensity to adopt helical conformation in the C-terminal region (from S404 to L408) as highlighted by both secondary structure propensity (SSP) based on ¹H α , ¹³C α and ¹³C β (**Supplementary Figure 6B**) (Marsh et al., 2006) and ncSP scores based on ¹H_N, ¹⁵N, ¹H α , ¹³C α and ¹³C β (**Figure 4**). This structural propensity is more pronounced in the presence of other PTMs, either phosphorylation of S396 (Tau[392-411]-2P) or double phosphorylation of S396/S400 (Tau[392-411]-3P) or glycosylation of S400 (Tau[392-411]-GP) while the N-terminal region (from I392 to D402) have an even more pronounced extended conformation upon multiple PTMs (**Figure 4**). Conformational changes induced by pS404 and enhanced by multiple PTMs are also evidenced by the extent of perturbations of amide and H α -C α chemical shifts from R406 to N410 (see **Supplementary Figures 5B, 7A,B**). Together, these data suggest that phosphorylation of S396, and phosphorylation or O-GlcNAcylation of S400 have a remote effect on the conformation of the region immediately downstream pS404 inducing a propensity to helical structure probably stabilized by H-bond and/or salt bridges between pS404 and basic residues within the C-terminus.

Effect of Phosphorylation and O-GlcNAcylation of PHF-1 Epitope on the Formation of Tau Fibrillar Aggregates

The effect of PTMs within the PHF-1 epitope was then investigated at the functional level in Tau self-assembly into fibrillar aggregates. Without external inducer, neither TauS262A-P(GSK3), TauPHF1-P nor TauPHF1-PP were able to form fibrils as monitored by Thioflavin T (ThT) fluorescence during several days at 37°C and negative-staining transmission electron



microscopy (TEM). Hence, we first stimulated aggregation of the diverse phosphorylated/O-GlcNAcyated Tau isoforms by using heparin and tracking aggregation kinetics by ThT fluorescence combined with TEM imaging at the end-point of aggregation to

probe fibril morphology and extent. We have previously shown that heparin as a polyanionic cofactor mainly interacts with lysine residues in Tau protein with higher avidity for MTBR and flanking regions (Sibille et al., 2006; Kamah et al., 2014).

Hence, multiple mutations of Ser/Thr into Ala residues did not significantly affect heparin binding to TauPHF1 mutant which forms fibrillar aggregates with kinetics similar to TauS262A (Figure 5A,D, see Supplementary Figures 8A, 9A). We have observed the formation of filaments for the various PTM isoforms of TauPHF1 with morphology similar to PHFs as detected by TEM (Figure 5D). However, it has been described that heparin-induced fibrils of Tau are polymorphic and morphologically distinct from those extracted from AD brain (Fichou et al., 2018d; Zhang et al., 2019). As the molecular structure of fibrils from Tau PTM isoforms may be different from *bona fide* PHFs, we hereafter referred them to PHF-like fibrils.

Formation of filaments of TauPHF1 proteins was modulated by the different PTMs. Notably, O-GlcNAcylation reduces the elongation rate of TauPHF1 as previously shown (Yuzwa et al., 2012). However, ThT signal of TauPHF1-G was increased significantly at end-point of aggregation reactions although about 3 times lower than TauPHF1 (Figures 5A,B, see Supplementary Figures 8A–C). TEM examination and measurement of variations in the amount of soluble TauPHF1-G before and at the end of aggregation indicate a high content of fibrils together with a significant decrease of soluble protein suggesting that O-GlcNAcylation does not prevent fibrillar assembly of Tau (Figures 5B,D, see Supplementary Figures 8D,E). While both CDK2 and sequential CDK2/GSK3 β phosphorylation strongly decrease TauS262A aggregation, aggregation of TauPHF1 was modulated by the sole phosphorylation of PHF-1 epitope in different way depending on kinase involved: CDK2 phosphorylation decreases the rate of fibril formation while GSK3 β phosphorylation stimulates aggregation of all proteins - Tau-P(GSK3), Tau-PP and Tau-G/P(GSK3) - as shown by comparing the elongation rate constants derived from aggregation kinetics with values of Tau proteins before GSK3 β phosphorylation - Tau, Tau-P and Tau-G, respectively (Figure 5C). GSK3 β phosphorylation after CDK2 priming or without priming leads to similar patterns of phosphorylation in TauPHF1 mutant primarily defined by a high level of PHF1-3P (Figure 2A) and same aggregation kinetics of PHF-like fibril formation (Figures 5A–C). In contrast, even though GSK3 β phosphorylation stimulates aggregation of Tau-G, it does not restore the aggregation rate at the level of non-modified Tau but rather parallel the aggregation kinetics of Tau-P. Together, these data indicate that the PHF1-3P isoform plays an active role in Tau aggregation and O-GlcNAcylation although decreasing the elongation rate and modulating the extent of PHF1-3P isoform interferes only weakly with the fibrillar assembly of phosphorylated Tau.

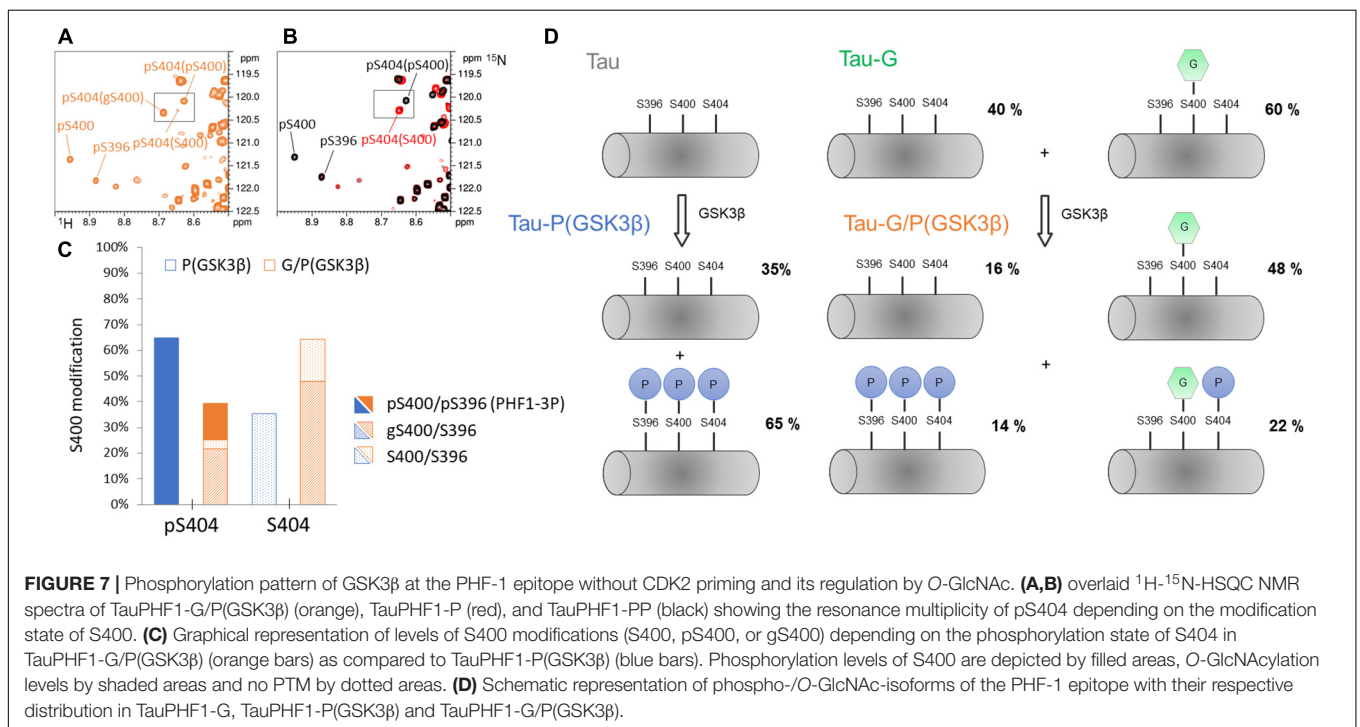
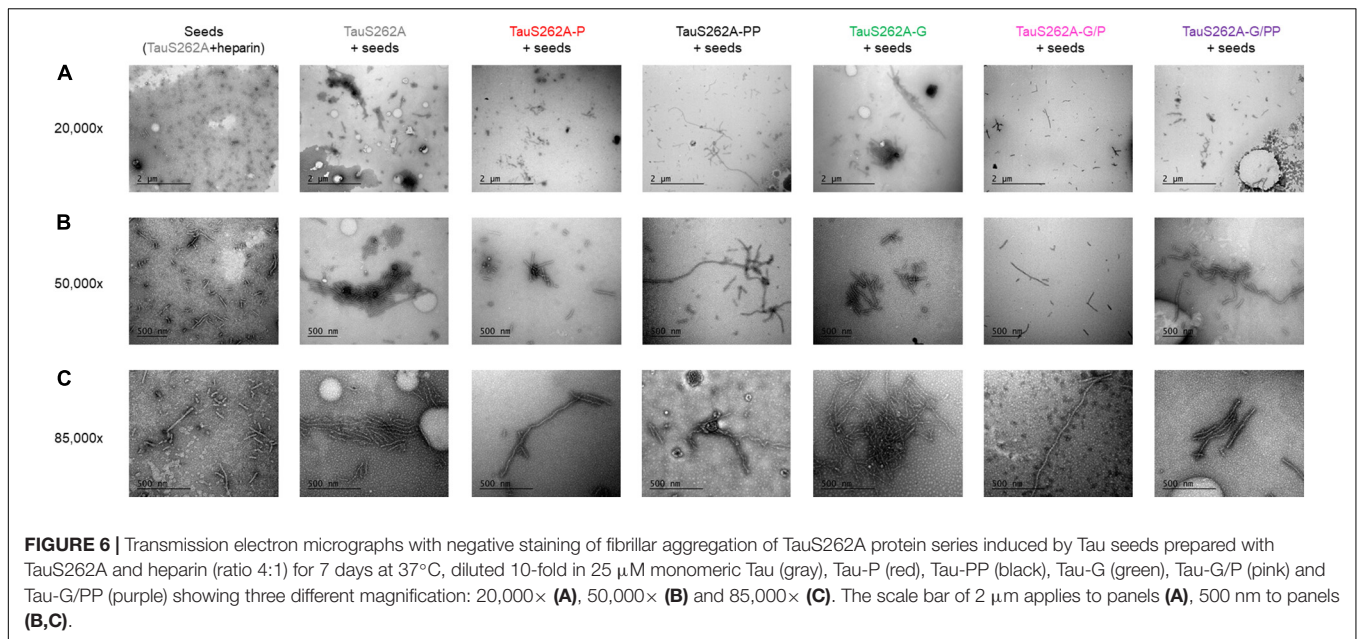
TauS262A mutant phosphorylated by CDK2 or sequentially by CDK2 and GSK3 β (TauS262A-P or TauS262A-PP), both providing high levels of phosphorylation, only marginally forms fibrillar aggregates using heparin as external inducer as compared to the non-phosphorylated isoform (see Supplementary Figures 9A,B). Phosphorylation, either high level or site-specific, probably competes with heparin binding making it impossible to use and meaningless. Along this line, other PTM of Tau could also modulate fibril formation by interfering with inducer binding complicating data interpretation. To circumvent issues related

to potential reduction of heparin binding upon phosphorylation and/or O-GlcNAcylation, we have then investigated aggregation induced by seeds formed with TauS262A in the presence of heparin. ThT fluorescence was only weakly increased in aggregation reactions of soluble, monomeric Tau proteins at 25 μ M in the presence of a 10-fold dilution of seeds rendering difficult the interpretation and comparison of kinetics parameters (see Supplementary Figures 10A,B). However, observation of PHF-like fibrils by TEM clearly indicate an increase of the fibril content and length in the presence of monomeric Tau proteins bearing diverse PTMs as compared to seeds alone. A high content of isolated and clusters of long PHF-like fibrils were observed for both TauS262A and TauS262A-G proteins while only individual short-length fibrils were detected for seeds alone (Figure 6). In contrast, phosphorylated forms of TauS262A and TauS262A-G prevents the formation of clusters of fibrils and promote rather individual PHF-like filaments longer than those observed in seeds alone. In TauPHF1 isoforms, phosphorylation by GSK3 β of either Tau, Tau-P or Tau-G promotes the formation of large fibrillar clusters constituted of long PHF-like filaments (see Supplementary Figure 11A).

DISCUSSION

We have investigated phosphorylation of Tau by GSK3 β with and without priming by CDK2, with and without prior O-GlcNAcylation by OGT to probe modulation of GSK3 β -mediated phosphorylation pattern and its role on Tau self-assembly into PHF-like filaments. The phosphorylation pattern provided by GSK3 β in TauS262A is highly regulated by CDK2 priming. While only the triple phosphorylated state of PHF-1 epitope or PHF1-3P (pS396/pS400/pS404) was observed without priming as previously shown (Leroy et al., 2010), prior CDK2 priming provides additional phosphorylation in the PRD. CDK2 phosphorylates the AT180 phospho-epitope (pT231/pS235) and AT8 epitope in its double phosphorylated state or AT8-2P (pS202/pT205). Other phosphorylations were also detected in the PRD (pT153, pT175, pT181, pT212) with pT212 and pS202 that serves as priming sites for phosphorylation by GSK3 β of S208 and pS198, respectively, leading to a triple phosphorylated state of AT8 or AT8-3P (pS202/pT205/pS208) (Despres et al., 2017). Together, most of phosphorylation sites were found within the C-terminal half of TauS262A protein with an overall high phosphorylation level of 17 ± 1 phosphate per Tau when sequentially combining CDK2 and GSK3 phosphorylation, in agreement with physiological Tau expressed in Sf9 eukaryotic cells (Drepper et al., 2020).

On the other hand, O-GlcNAcylation by OGT is solely localized within the C-terminus of Tau at S400, S412 and S413 residues. With or without CDK2 priming, OGT glycosylation only regulates phosphorylation of PHF-1 epitope primarily through S400 O-GlcNAcylation embedded in that epitope (at a level of ca. 60%), acting by both decreasing phosphorylation on S404 and disrupting sequential phosphorylation of S400/S396 by GSK3 β as previously described in peptides (Smet-Nocca et al., 2011) while priming by CDK2 on S404 is not affected.



Formation of PHF1-3P by GSK3β without priming by CDK2 was decreased upon O-GlcNAcylation from about 65% to 14% (Figures 3A, 7C). Phosphorylation and O-GlcNAcylation of respective S404 and S400 sites are not exclusive as they co-exist in an isoform representing 21% of all isoforms. However, the gS400 glycosylation, differentially distributed into pS404 and S404 isoforms, is prevalent in the non-phosphorylated S404 isoform (see Supplementary Figure 12). This is in agreement with what we have previously shown with phosphorylation of Tau-G by

the kinase activity of a rat brain extract (Bourré et al., 2018). Furthermore, O-GlcNAcylation not only reduces the formation of PHF1-3P epitope but also decreases S404 phosphorylation in the S400 non-O-GlcNAc fraction pointing to regulatory role of other O-GlcNAc sites at S412 and S413 in modulation of PHF-1 phosphorylation.

From a conformational point of view, our NMR data indicate that amide resonances of pS404 or S404 are sensors of the PTM state of S400, and conversely (Figures 2C,D, 3C,D, and

Supplementary Figures 1C,D) underpinning a spatial proximity of both sites and potential conformational crosstalk. The study of local conformational changes induced by PTM of the PHF-1 epitope was performed in small peptides (**Table 2** and **Supplementary Figures 5A,B**) ranging from residue 392 to 411 using NMR chemical shifts. Chemical shift index (Wishart et al., 1992, 1995) and secondary chemical shift (Wishart et al., 1991; Wishart, 2011) analyses based on $^{13}\text{C}\alpha$ and $^{13}\text{C}\beta$ indicate a random coil conformation for Tau[392-411] peptides independently of their PTM status (see **Supplementary Figure 6A**). Chemical shift analyses of Tau[392-411] peptides with SSP and ncSP indicate an extended conformation for the N-terminal region (from residue 392 to 402) while the peptide C-terminus displays conformational changes according to PTM involved. An extended conformation of a di-phosphorylated peptide, pS396/pS404, was revealed by an X-ray structure of the PHF-1 epitope in complex with a monoclonal Tau antibody emphasizing side chain interactions between Y394 and pS396 stabilized by specific interactions with an antigen binding site (Chukwu et al., 2018). In ^1H - ^{15}N HSQC spectra of pS396-containing Tau isoforms and peptides, a large shift was observed for K395 resonance upon S396 phosphorylation (see **Supplementary Figures 4A,C, 5A, 7B**) while perturbations of chemical shifts of surrounding residues such as Y394 are weaker. This suggests that adjacent K395 and pS396 residues engage in a salt bridge as also shown in MD simulations of model peptides of similar sequence surrounding a phosphosite (Rani and Mallajosyula, 2017). It has been proposed that an intramolecular salt bridge between lysine or arginine side chain and phosphate locks the peptide in a Poly-Proline II (PPII) conformation. In RT 231 PP sequence of Tau, a salt bridge interaction between R230 and pT231 was suggested to compete with an intermolecular salt bridge with tubulin (Schwalbe et al., 2015). Similarly, phosphorylation of S396 could lock both K395 and S396 in a salt bridge preventing interactions of these residues with other partners.

On the other hand, chemical shift analyses with SSP and ncSP highlight a helical propensity in the C-terminus of peptides containing phosphorylation at S404 (**Figure 4**). In contrast, none of individual phosphorylation on S396 or S400 or O-GlcNAcylation of S400 induce similar conformational changes (see **Supplementary Figure 6B**). The S404 phosphorylation-induced conformational change is in agreement with what was previously observed for phosphorylation of AT180 epitope where phosphorylation of T231/S235 induces a N-cap stabilizing a α -helix in the C-terminal region of phosphorylation sites (from S237 to A246) (Bielska and Zondlo, 2006; Sibille et al., 2011). Interestingly, the helical conformation tendency induced by pS404 is exacerbated when other PTMs are present on either S396 and/or S400. Surprisingly, O-GlcNAcylation (Tau[392-411]-GP) induces the same effect on the C-terminus conformation as single phosphorylation of S396 (Tau[392-411]-2P) or double phosphorylation of S396/S400 (Tau[392-411]-3P) (**Figure 4**). It was shown in Tau peptides from PRD that phosphorylation induces the formation of a PPII helix while O-GlcNAcylation have an opposite role by destabilizing it (Brister et al., 2014). In a study performed in model

α -helical peptides, both phosphorylation and O-GlcNAcylation localized at the N-terminus of an α -helix were shown to stabilize it with a greater effect for phosphorylation over O-GlcNAcylation, and both destabilize it when localized within the helix sequence with a greater effect for O-GlcNAcylation (Elbaum and Zondlo, 2014). Here, in the PHF-1 epitope, phosphorylation of S396 and S400 as well as O-GlcNAcylation of S400 are located in an extended N-terminal region with respect to those of helical propensity and remotely stabilize a conformational change induced by phosphorylation of S404. Such conformational changes may have critical implications in interactions of Tau with microtubules or other binding partners, in regulating Tau function of tubulin polymerization or self-assembly into fibrils.

The role of PHF-1 phosphorylation and O-GlcNAcylation in fibrillar aggregation was then investigated *in vitro* in the presence of heparin or seeds of Tau2N4R to induce aggregation. High level or site-specific phosphorylation are likely to compete with Tau binding to heparin due to charge repulsion, as illustrated by all phosphorylated isoforms of TauS262A and TauS262A-G (see **Supplementary Figures 9A-C**). Phosphorylation sites encompassed in the PRD are prone to interfere with heparin binding due to a high proportion of positively charged residues, especially lysine residues, in this region involved in heparin interactions while the C-terminal domain contains a lower concentration of binding sites (Sibille et al., 2006; Kamah et al., 2014; Despres et al., 2019). Hence, phosphorylation of PHF-1 epitope is less likely to interfere with heparin binding than multiple phosphorylation within the PRD. Reducing phosphorylation sites in TauPHF1 mutant leads to appreciable aggregation rates of phosphorylated isoforms as measured by ThT fluorescence and sizable amounts of PHF-like fibrils observed by TEM. In this aggregation setup in which heparin stimulates the formation of filaments, phosphorylation by CDK2 (Tau-P) as well as O-GlcNAcylation by OGT (Tau-G) both reduce fibrillar aggregation rates with a greater effect for O-GlcNAcylation, which also affects the initial phase of fibrillization related to nucleation processes (**Figure 5**, see **Supplementary Figure 8**). Nevertheless, significant increase of ThT fluorescence and decrease of soluble protein content at aggregation end-point as well as large amounts of PHF-like filaments shown by TEM (**Figure 5D**, see **Supplementary Figure 8**) indicate that O-GlcNAcylation does not prevent fibrillar assembly of Tau but only reduces the elongation rate.

In contrast, phosphorylation by GSK3 β accelerates aggregation rates of Tau, Tau-P or Tau-G isoforms by 1.5-, 3.3- and 7.1-fold, respectively (**Figure 5C**). Each of the respective phospho-isoforms resulting from GSK3 β phosphorylation contains PHF1-3P epitope at a relative level of 65%, 75% and 14% (**Figures 2A, 3A, 7C**). Even though Tau-G/P(GSK3 β) still contains a significant amount of non-phosphorylated gS400 isoform (48%) that was shown to strongly inhibit the aggregation rate, GSK3 β phosphorylation significantly stimulates fibrillar assembly even with a low amount of PHF1-3P. Together these data indicate that the PHF1-3P isoform is a potent stimulant of Tau fibrillization. Along this line, it was previously shown that

the C-terminus displays an inhibitory role in Tau assembly and that inhibition can be partly reversed by pseudo-phosphorylation at the PHF-1 epitope (S396E/S404E) or truncation of the C-terminus (Abraha et al., 2000). Moreover, we have shown in peptides that a combination of S400 O-GlcNAcylation and S404 phosphorylation induces similar conformational changes in the region downstream S404 as PHF1-3P. Therefore, in Tau-G/P(GSK3 β), the significant amount of gS400/pS404 isoform (21%) could also contribute to a large extent to acceleration of Tau fibrillar aggregation thereby counteracting the O-GlcNAc-mediated inhibition. This would suggest that a combination of phosphorylation and O-GlcNAcylation could be deleterious in the same way than PHF-1 phosphorylation in fibrillar assembly.

We have shown here that seeds of Tau2N4R formed with heparin are able to induce fibrillar aggregation of monomeric TauS262A isoforms bearing various PTMs into PHF-like filaments as detected by TEM (Figure 6). Despite the large amount of fibrillar material, increase of ThT signals was by far weaker as compared to those of aggregation reactions of TauPHF1 series induced by heparin, and the variations of ThT emission signal is too weak to be interpreted unambiguously. It must be noticed, however, that ThT signals at the initial time is high as compared to aggregation reactions induced by heparin and higher than those of seeds alone, and there is no lag phase as well. This argues that Tau seeds promote aggregation of monomeric Tau regardless of the PTM status by reducing the nucleation rate as previously described (Meyer et al., 2014; Dinkel et al., 2015) even in the absence of external cofactors. In our setup, a 10-fold dilution of seeds made of Tau2N4R pre-incubated with heparin leads to a final heparin dilution with monomeric Tau (equivalent to 0.25 μ M heparin for 25 μ M monomeric Tau considering the initial heparin concentration used to prepare seeds) beyond a concentration in which heparin is able to efficiently promote aggregation (see Supplementary Figure 10C). It is likely that most of heparin used to prepare seeds is incorporated into fibrils and a very low amount is expected to be available to induce aggregation of fresh monomers. Fichou et al. have shown that Tau fibrils induced by heparin dissociate upon treatment with heparinase concluding that heparin is an essential cofactor of Tau aggregation and a cofactor is required to sustain fibril seeding (Fichou et al., 2018c, 2019). However, it appears in our study that Tau seeds without additional heparin are able to stimulate fibril formation but the content of fibrils is limited by the amount of seeds and rapidly reaches a plateau. TEM imaging of aggregation reactions of monomeric Tau and Tau-G shows the presence of individual filaments together with large clusters of fibrils while seeds alone are made of individual fibrils of shorter length (Figure 6). These observations indicate that Tau seeds allow Tau and Tau-G monomers to aggregate and O-GlcNAcylation does not intrinsically inhibit the fibrillization process. Phosphorylation of both Tau and Tau-G, on the other hand, induce the formation of individual fibrils to a lesser extent with greater length than seeds and no fibrillar clusters were observed indicating a distinct mechanism of fibrillization as compared to the non-phosphorylated isoforms. This suggests that at least part of

heparin within Tau seeds is still accessible as shown in Fichou et al. (2018c), and reduces interactions of phosphorylated Tau species with seeds. In contrast, seeding of TauPHF1 aggregation also shows that GSK3 β phosphorylation significantly stimulates the formation of PHF-like filaments of Tau, Tau-P and Tau-G isoforms as shown by a greater extent of long fibrillar species and clusters, and the significant reduction of soluble Tau monomers at aggregation end-point (see Supplementary Figures 11A,C,D).

A reciprocal regulation of Tau phosphorylation and O-GlcNAcylation has been shown in various cellular models of tauopathies or *in vivo* in transgenic mice. In most cases, decreasing protein O-GlcNAcylation through OGT knock-down or by mimicking impaired glucose metabolism and uptake as in AD brain leads to increased site-specific phosphorylation of Tau (Liu et al., 2004, 2009). Conversely, Thiamet-G, a potent OGA inhibitor, increases protein O-GlcNAcylation in the brain of TG mice, reduces Tau phosphorylation and alleviates Tau pathology (Yuzwa et al., 2008; Hastings et al., 2017). However, Thiamet-G injection was also shown to trigger GSK3 β activation leading to an increased site-specific Tau phosphorylation (Yu et al., 2012). The proposed mechanism was that increased O-GlcNAcylation leads to inhibition of AKT that negatively regulates GSK3 β by phosphorylation of serine 9. Here, we have shown that O-GlcNAcylation modulates GSK3 β phosphorylation of PHF-1 epitope as previously observed in peptides (Smet-Nocca et al., 2011), but does not modify CDK2 priming nor remote phosphorylation in the proline-rich domain excluding an extended effect of O-GlcNAcylation on phosphorylation distributed along the entire Tau protein. Furthermore, O-GlcNAcylation does not antagonize the conformational changes induced by phosphorylation of S404 nor the increased fibrillization properties of GSK3 β -phosphorylated Tau. Our data sustain the hypothesis that regulation of Tau phosphorylation and aggregation as well as neurodegeneration through O-GlcNAc modulation (e.g., with OGA inhibitors) is likely an indirect process involving the O-GlcNAc-mediated regulation of enzymes implicated in phosphorylation dynamics (Lubas and Hanover, 2000; Dias et al., 2012; Shi et al., 2012; Wang et al., 2012; Xie et al., 2016) or other actors in Tau pathology (Smet et al., 2004b; Landrieu et al., 2006; Lippens et al., 2007; Borghgraef et al., 2013).

CONCLUSION

In this study, we have shown that GSK3 β exacerbates fibrillar aggregation of Tau protein *in vitro* and significantly counteracts inhibition of fibrillization mediated by O-GlcNAc posttranslational modifications although O-GlcNAcylation severely reduces the PHF1-3P isoform. Conversely, priming by CDK2 increases GSK3 β phosphorylation in both Tau and O-GlcNAcylated Tau isoforms by providing a number of phosphorylation sites in the proline-rich domain which otherwise is not targeted by GSK3 β activity. A conformational study of the impact of PTMs in the C-terminal region around the PHF-1

epitope shows that phosphorylation of S404 triggers a dynamic conformational change in the region immediately downstream S404 site that is enhanced by other phosphorylations of the PHF-1 epitope or S400 O-GlcNAcylation. These data suggest that multiple phosphorylations or combination of phosphorylation and O-GlcNAcylation within the PHF-1 epitope have the same conformational effect while increasing the formation of PHF-like filaments.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author.

AUTHOR CONTRIBUTIONS

CS-N designed research. F-XC, AL, CS-N, and XT performed research. CD, OR, NG, CH, and CS-N contributed new materials/analytic tools. F-XC, AL, XT, and CS-N analyzed data. IL and CS-N wrote the manuscript. All authors contributed to the article and approved the submitted version.

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SUPPLEMENTARY MATERIAL

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fnmol.2021.661368/full#supplementary-material>

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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