# Association of C677T (rs1081133) and A1298C (rs1801131) Methylenetetrahydrofolate Reductase Variants with Breast Cancer Susceptibility Among Asians: A Systematic Review and Meta-Analysis 

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#### Abstract

This systematic review and meta-analysis were conducted to investigate the association between methylenetetrahydrofolate reductase (MTHFR) C677T and A1298C polymorphisms with breast cancer (BC) in Asians. Systematic searches were conducted in PubMed, EMBASE, Web of Science, and Scopus by May 2020. Interstudy heterogeneity was also assessed with a $Q$ test, along with $I^{2}$ statistics. Ran-dom-effects models were applied to pooled crude ORs with corresponding 95\% CIs for the genetic models. A total of 1097 identified results, along with 36 qualified studies were included: for MTHFR C677T polymorphism, a total of 36 studies was comprised of 11,261 cases and 13,318 controls and for MTHFR A1298C polymorphism, a number of 19 studies contained 7424 cases and 8204 controls. Likewise, for C677T polymorphism, an increased risk of BC was seen for the allelic (OR 1.21, $95 \%$ CI $1.09-1.33, P<0.01, I^{2}=78.9 \%$ ), dominant (OR 1.17, 95\% CI 1.05-1.30, $P<0.01, I^{2}=71.8 \%$ ), recessive (OR 1.43 , $95 \%$ CI $1.23-1.67, P<0.01, I^{2}=55.8 \%$ ), and homozygous models (OR 1.48, 95\% CI 1.25-1.75, $P<0.01, I^{2} 59.9 \%$ ) among BC patients compared to controls. Also, in terms of A1298C polymorphism, an association was found between the allelic (OR 1.15, 95\% CI 1.04-1.28, $P<0.01, I^{2}$ $70.4 \%$ ) and homozygous models (OR 1.38, 95\% CI 1.15-1.66, $P<0.01, I^{2} 44.2 \%$ ) with the risk of BC. In conclusion, findings revealed that MTHFR C677T variant might be a factor that predisposes BC in Asians. Furthermore, it was found that A1298C variant acts as a BC risk factor, particularly in a Western Asia population.


Keywords Breast cancer • Methylenetetrahydrofolate reductase • Variant •
Polymorphism • SNP

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## Introduction

Considered as a major cause of death all over the world, breast cancer (BC) is seen as one of the most common malignancies among women, accounting for $30 \%$ of all new cancer diagnoses. Moreover, although the malignancy is observed in both developed Western countries and developing Asian countries, BC is estimated to have a higher mortality percentage in Asian countries than in Western ones (Mubarik et al. 2019; Paydar et al. 2019). The reason for the higher rate of mortalities in these countries may be due to a variety of factors such as increased longevity, late diagnosis, insufficient access to care, higher exposure to risk factors, high-fat foods consumption, reduced pregnancy rates, and obesity (Ghoncheh et al. 2016; Yip 2009).

According to what was previously stated, the incidence of BC is intensified by hereditary and genetic factors. More than 170 genomic loci harboring common variants related to BC have been recognized by genome-wide association studies (GWAS). The most well known are mutations in the BRCAs genes (Ferreira et al. 2019; Momenimovahed and Salehiniya 2019). Also, the mutation in methylenetetrahydrofolate reductase (MTHFR) has been shown to have a positive correlation with BC (Meneses-Sanchez et al. 2019). Located on chromosome 1 ( p 36.22 ), the MTHFR gene with 20.373 base pair contains 13 exons (Antonaros et al. 2019). This enzyme has been indicated to catalyze the irreversible conversion of 5.10-methylenetetrahydrofolate (methyleneTHF) to 5-methyltetrahydrofolate (methylTHF). The latter is involved in the conversion of homocysteine to methionine, thereby the formation of $S$-adenosylmethionine (SAM). Therefore, the MTHFR is involved in the methylation of DNA, indicating an association with cancer development (Odin et al. 2006). It has been shown that among the MTHFR mutations, C677T (rs1801133) and A1298C (rs1801131) are the most reported ones (Wan et al. 2018). The C677T polymorphism (rs1801133) transforms alanine into valine, resulting in reduced enzyme activity (Kumar et al. 2015; Zhu et al. 2014). Numerous studies have revealed that the MTHFR C677T polymorphism is a risk factor for BC (Ergul et al. 2003; He and Shen 2017; Waseem et al. 2016). As enzyme activity decreases by this mutation, the plasma levels of homocysteine increase, as a result of which methylation of DNA reduces, hence the development of cancer (Waseem et al. 2016). However, other studies have shown contradictory results (Floris et al. 2020; Hekim et al. 2007; Kalyankumar and Jamil 2006). Another common SNP, A1298C (rs1801133), transforms glutamate to alanine at 429 residues and reduces enzyme activity (Wan et al. 2018). Similar to C677T, there is still controversy as to the association of this mutation with BC, particularly in Asian population (Castiglia et al. 2019; Kaya et al. 2016).

Given the higher rate of breast cancer among Asians and the contradictory results as to the role that MTHFR C677T and A1298C variants play in susceptibility to BC among Asians, the aim of this systematic review and meta-analysis study was to investigate the role of MTHFR C677T and A1298C gene polymorphisms in BC in Asian populations.

## Methods

## Literature Search

We ran a systematic search of electronic databases such as PubMed, EMBASE, Web of Science, Scopus, and Google Scholar in order to identify the related studies which investigated the association between MTHFR C677T and A1298C variants in an Asian population up to May 2020. The searches for the related literature were conducted using a combination of the following MeSH terms and relevant keywords: "methylenetetrahydrofolate reductase (MTHFR)," "polymorphism," "genetic," "mutation," "point mutation," "mutation," "missense," "breast cancer," and "breast neoplasms" (Supp 1). To increase the comprehensiveness of our searches, we manually screened the references mentioned in the previous reviews and included articles. Searches were conducted in the English Language without any published date limitation.

## Study Selection

Two researchers (SS and MM) carried out an independent review of the literature search results to select relevant studies based on our inclusion. It is worth noting that any disagreement was resolved through consensus and discussion. The studies that met the following inclusion criteria were selected for use in the meta-analysis: studies that investigated the association between MTHFR polymorphisms (including C677T and/or A1298C) and BC susceptibility were conducted with a non-familial, case-control design, reported sufficient genotype data or possessed the information to calculate the pooled OR and the corresponding $95 \%$ confidence intervals (CIs), and included participants who were from an Asian population. So, studies without usable data, with participants other than those of an Asian population, or with combined ethnicities, having cases not confirmed by other approaches, and those lacking full texts were excluded. When there were overlapping published studies, only a recent study with the most complete data for our meta-analysis was included.

## Data Extraction

To achieve more precision, two researchers separately performed the extraction of data for all the eligible studies (SS and MM). The following items were extracted: first author's name, year of publication, study location, ethnicity, participants' descriptive characteristic, type of polymorphism, type of control, total sample size, and the number of alleles and genotypes in both case and control groups. A standardized data abstraction of Excel forms was used to extract the pertinent data.

## Quality Assessment

The Newcastle-Ottawa Scale (NOS) was used to assess the quality of included studies. The following three domains were applied to critically evaluate each study: the
selection of case/control, comparability, and outcome. It is noteworthy that NOS scores ranged from 0 to 9 and that studies with scores of seven or more were considered as having a good quality.

## Statistical Analysis

All the statistical analyses were conducted using STATA (version 11.0; Stata Corporation, College Station, TX). Crude odds ratios (ORs) with corresponding 95\% CIs were estimated to investigate the strength of association between the MTHFR polymorphisms (includes C677T and/or A1298C) and BC susceptibility. With respect to C677T variant, genotypes were analyzed using genetic models such as the allelic ( T vs. C), recessive (TT vs. $\mathrm{CT}+\mathrm{CC}$ ), dominant ( $\mathrm{TT}+\mathrm{CT}$ vs. CC), homozygote (TT vs. CC), heterozygous (CT vs. CC), and codominant models (CT vs. TT+CC). Likewise, A1298C genotypes were analyzed using the following genetic models: the allelic ( C vs. A), recessive (CC vs. AC + AA), dominant (CC+AC vs. AA), homozygote ( CC vs. AA), heterozygous (AC vs. AA), and codominant models (AC vs. CC + AA). Hardy-Weinberg Equilibrium (HWE) was used to assess the distribution of genotypes in the control group of each included study which has not deviated from HWE by using the Chi-square test. Inter-study heterogeneity was evaluated using the Cochran $Q$ test and $I^{2}$ statistic. It should be noted that a $P<0.1$ for $Q$ test and $I^{2}$ greater than $50 \%$ showed a substantial heterogeneity. In the presence of heterogeneity, the random-effects model was used to pool the ORs and their 95\% CIs, otherwise, the fixed-effect model was applied ( $P>0.1$ with $I^{2}<50 \%$ ). Subgroup analyses were conducted to stratify the pooled findings based on the potential suspected variables including ethnicity (Western Asia vs. Southern Asia vs. Eastern Asia), source of control (population base vs. hospital base vs. NI), genotyping (other techniques vs. PCR-RFLP), agreement with HWE (yes vs. no), and quality status (high vs. low) to explore the source of heterogeneity. Sensitivity analyses as an additional procedure were performed to assess the stability of the pooled ORs after excluding each study using the leave-one-out method and also to find the source of heterogeneity. Evidence of potential publication bias across included studies was quantitatively examined using Egger's and Begg's tests and funnel plot asymmetry was assessed visually.

## Results

A total of 1097 studies were identified through comprehensive database searches. Out of all the screening studies, only a number of 36 qualified studies (Akilzhanova et al. 2006; Akram et al. 2012; Chou et al. 2006; DELIGEZER et al. 2005; Ergul et al. 2003; He and Shen 2017; Hedayatizadeh-Omran et al. 2017; Hekim et al. 2007; Hesari et al. 2019; Hosseini et al. 2011; Huang et al. 2014; Jiang-hua et al. 2014; Kalyankumar and Jamil 2006; Kaya et al. 2016; Lajin et al. 2012; Lee et al. 2004; Lin et al. 2004; Liu et al. 2013; Lu et al. 2015; Mir et al. 2008; Mohammadzadeh et al. 2016; Naushad et al. 2011; Niu et al. 2017; Ozen et al. 2013; Pooja et al.

2015; Prasad and Wilkhoo 2011; Rahimi et al. 2019; Sangrajrang et al. 2010; Shrubsole et al. 2004; Song et al. 2016; Suzuki et al. 2008; Waseem et al. 2016; Weiner et al. 2010; Weiwei et al. 2014; Yu et al. 2007; Zhang et al. 2015) were found to be eligible based on inclusion criteria for the current meta-analysis. Figure 1 shows the flowchart of how the studies were identified and then selected step by step. A total of 1097 studies were identified through comprehensive database searches.

The association between C677T polymorphism and BC was reported by 36 studies (containing 11,261 cases and 13,318 controls) and the association between A1298C polymorphism and BC was demonstrated by 19 studies (including 7424 cases and 8204 controls). As the basic characteristics of the included studies are shown in Table 1, it was found that the genotype distributions of the controls were not in line with those of HWE in studies conducted by the He and Shen (2017), Weiwei et al. (2014), Hosseini et al. (2011), and Jiang-hua et al. (2014) with studies on C677T polymorphism and also by Akram et al. (2012), Ozen et al. (2013), Mir et al. (2008), Sangrajrang et al. (2010),


Fig. 1 The flowchart of, step by step, the study identification and selection process
Table 1 Basic characteristics of qualified studies

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\#}$ | $12^{\#}$ | $22^{\#}$ | $P$-value <br> HWE* | NOS <br> score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hesari et al. (Hesari et al. 2019) | 2018 | Iran | TaqMan-probebased | $\begin{gathered} 48.50 \pm 9.97 \\ 46.71 \pm 8.09 \end{gathered}$ | PB | C677T | Case control | $\begin{array}{r} 40 \\ 126 \end{array}$ | 27 15 | 33 1 | 0.46 | 9 |
| Akram et al. (Akram et al. 2012) | 2012 | Pakistan | SSCP and PCRRFLP | NI | HB | C677T | Case Control | 65 55 | 25 45 | 20 10 | 0.85 | 7 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 35 30 | 55 75 | 10 5 | 0.00 |  |
| Chou et al. (Chou et al. 2006) | 2006 | Taiwan | PCR-RFLP | $\begin{gathered} 50.5 \pm 9.5 \\ 49.2 \pm 8.6 \end{gathered}$ | HB | C677T | Case <br> Control | 73 132 | 51 120 | 18 33 | 0.47 | 7 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 104 172 | 30 95 | 8 18 | 0.32 |  |
| Lu et al. (Lu et al. 2015) | 2015 | China | TaqMan SNP Genotyping Assay | $\begin{array}{r} 47.0 \pm 8.5 \\ 47.3 \pm 8.9 \end{array}$ | HB | C677T | Case Control | 170 | 288 250 | 102 84 | 0.27 | 7 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 369 352 | 172 185 | 19 23 | 0.83 |  |
| He et al. (He et al. 2014) | 2014 | China | PCR-RFLP | $\begin{gathered} 50.1 \pm 8.7 \\ 44.3 \pm 7.9 \end{gathered}$ | HB | C677T | Case <br> Control | 159 220 | 97 117 | 54 44 | 0.00 | 6 |
|  |  |  |  |  |  | A1298C | Case Control | 138 173 | 132 155 | 40 53 | 0.05 |  |
| Song et al. (Song et al. 2016) | 2016 | China | Sequencing | $\begin{gathered} 48.59 \pm 4.99 \\ 49.16 \pm 6.14 \end{gathered}$ | HB | C677T | Case <br> Control | 165 216 | 226 280 | 96 109 | 0.27 | 7 |
| Hedayatizadeh et al. (HedayatizadehOmran et al. 2017) | 2017 | Iran | PCR-RFLP | NI | NI | C677T | Case <br> Control | 38 38 | 13 18 | 3 4 | 0.36 | 6 |

Table 1 (continued)

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\text {\# }}$ | $12^{\#}$ | $22^{\#}$ | $P$-value HWE* | NOS <br> score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hekim et al. (Hekim et al. 2007) | 2007 | Turkey | PCR-RFLP | $\begin{aligned} & 44.64 \pm 5.55 \\ & 47.12 \pm 11.62 \end{aligned}$ | NI | C677T | Case <br> Control | 22 38 | 16 26 | 2 4 | 0.87 | 6 |
| Huang et al. (Huang et al. 2014) | 2014 | Taiwan | PCR-RFLP | NI | HB | C677T | Case <br> Control | 538 596 | 519 533 | 175 103 | 0.28 | 8 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 787 796 | 386 391 | 59 45 | 0.72 |  |
| Kalyankumar et al. (Kalyankumar and Jamil 2006) | 2006 | India | PCR-RFLP | NI | PB | C677T | Case <br> Control | 45 61 49 | 37 31 33 | 3 | 0.69 0.50 | 5 |
|  |  |  |  |  |  | A1298C | Control | 65 | 36 26 | 4 | 0. |  |
| Kaya et al. (Kaya et al. 2016) | 2016 | Turkey | PCR-RFLP | $\begin{array}{r} 52.44 \pm 11.297 \\ 54.06 \pm 9.262 \end{array}$ | PB | C677T | Case <br> Control | 102 101 | 75 81 | 22 13 | 0.54 | 9 |
| Lee et al. (Lee et al. 2004) | 2004 | South Korea | PCR-RFLP | NI | HB | C677T | Case <br> Control | 58 50 | 96 80 | 32 17 | 0.07 | 7 |
| Liu et al. (Liu et al. 2013) | 2013 | China | PCR-RFLP | $\begin{array}{r} 47.5 \pm 8.5 \\ 47.3 \pm 8.6 \end{array}$ | HB | C677T | Case <br> Control | 250 | 153 150 | 32 30 | 0.22 | 8 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 206 | 176 172 | 53 49 | 0.11 |  |
| Niu et al. (Niu et al. 2017) | 2017 | China | PCR-RFLP | $\begin{gathered} 49.78 \pm 11.06 \\ 49.49 \pm 10.90 \end{gathered}$ | NI | C677T | Case <br> Control | 235 274 | 172 168 | 59 28 | 0.73 | 6 |

Table 1 (continued)

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\#}$ | $12^{\#}$ | $22^{\#}$ | $P$-value HWE* | NOS score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Shrubsole et al. (Shrubsole et al. 2004) | 2004 | China | PCR-RFLP | $\begin{gathered} 46.4 \pm 9.9 \\ 46.7 \pm 8.8 \end{gathered}$ | PB | C677T | Case Control | 374 387 | 555 577 | 183 196 | 0.44 | 9 |
|  |  |  |  |  |  | A1298C | Case | 768 | 311 | 42 | 0.57 |  |
|  |  |  |  |  |  |  | Control | 824 | 344 | 40 |  |  |
| Weiwei et al. (Weiwei et al. 2014) | 2013 | China | PCR-RFLP | $\begin{array}{r} 48.3 \pm 7.4 \\ 47.5 \pm 8.3 \end{array}$ | HB | C677T | Case <br> Control | 156 185 | 97 93 | 44 28 | 0.00 | 7 |
|  |  |  |  |  |  | A1298C | Case | 135 | 129 | 32 | 0.68 |  |
|  |  |  |  |  |  |  | Control | 151 | 130 | 25 |  |  |
| Yu et al. (Yu et al. 2007) | 2007 | Taiwan | PCR-RFLP | NI | PB | C677T | Case <br> Control | 56 225 | 44 170 | 9 25 | 0.33 | 8 |
| Zhang et al. (Zhang et al. 2015) | 2015 | China | PCR-RFLP | $\begin{gathered} 51.4 \pm 7.6 \\ 50.6 \pm 8.1 \end{gathered}$ | HB | C677T | Case <br> Control | 114 128 | 83 81 | 19 7 | 0.17 | 8 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 98 105 | 87 84 | 31 27 | 0.12 |  |
| Weiner et al. (Weiner et al. 2010) | 2010 | Russia | PCR-RFLP | $55 \pm 9,60 \pm 16$ | PB | C677T | Case <br> Control | 399 386 | 364 326 | 74 66 | 0.80 | 5 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 398 379 | 353 330 | 80 76 | 0.73 |  |
| Waseem et al. <br> (Waseem et al. 2016) | 2016 | India | PCR-RFLP | $\begin{gathered} 35.6 \pm 4.45 \\ 35.5 \pm 4.49 \end{gathered}$ | HB | C677T | Case <br> Control | 178 217 | 91 55 | 6 3 | 0.81 | 9 |

Table 1 (continued)

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\#}$ | $12^{\#}$ | $22^{\#}$ | $P$-value <br> HWE* | NOS <br> score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Suzuki et al. (Suzuki et al. 2008) | 2008 | Japan | TaqMan SNP Assays | $\begin{aligned} & 52.8 \pm 10.7 \\ & 53.6 \pm 10.8 \end{aligned}$ | HB | C677T | Case Control | 150 338 | 220 425 | 84 146 | 0.52 | 5 |
| Rahimi et al. (Rahimi et al. 2019) | 2019 | Iran | PCR-RFLP | $\begin{gathered} 49.5 \pm 10.2 \\ 51.2 \pm 10.9 \end{gathered}$ | NI | C677T | Case <br> Control | $\begin{array}{r} 50 \\ 117 \end{array}$ | 40 74 | 10 6 | 0.15 | 7 |
| Prasad et al. (Prasad and Wilkhoo 2011) | 2011 | India | PCR-RFLP | NI | NI | C677T | Case <br> Control | 124 116 | 5 8 | 1 1 | 0.06 | 6 |
| Pooja et al. (Pooja et al. 2015) | 2015 | India | PCR-RFLP | NI | HB | C677T | Case <br> Control | 437 | 134 111 | 17 11 | 0.37 | 6 |
| Ozen et al. (Ozen et al. 2013) | 2013 | Turkey | Strip assay | $51.55 \pm 7.01$ | NI | C677T | Case <br> Control | 28 76 | 18 30 | 5 0 | 0.08 | 5 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 17 71 | 29 35 | 5 0 | 0.04 |  |
| Mohammadzadeh et al. (Mohammadzadeh et al. 2016) | 2016 | Iran | PCR-RFLP | $\begin{gathered} 48.56 \pm 11.32 \\ 48.96 \pm 781 \end{gathered}$ | HB | C677T | Case <br> Control | 68 57 | 48 49 | 7 | 0.09 | 6 |
| Mir et al. (Mir et al. 2008) | 2008 | India | PCR-RFLP | NI | NI | C677T | Case <br> Control | 29 19 | 6 12 | 0 2 | 0.95 | 5 |
|  |  |  |  |  |  | A1298C | Case <br> Control | 15 11 | 19 22 | 1 0 | $<0.01$ |  |
| Lin et al. (Lin et al. 2004) | 2004 | Taiwan | PCR-RFLP | NI | PB | C677T | Case <br> Control | 43 173 | 38 145 | 7 24 | 0.38 | 7 |

Table 1 (continued)

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\#}$ | $12^{\#}$ | $22^{\#}$ | $P$-value <br> HWE* | NOS <br> score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Lajin et al. (Lajin et al. 2012) | 2012 | Syria | ARMS-PCR | NI | NI | C677T | Case | 60 | 47 | 12 | 0.38 | 6 |
|  |  |  |  |  |  |  | Control | 58 | 58 | 10 |  |  |
|  |  |  |  |  |  | A1298C | Case | 44 | 52 | 23 | 0.35 |  |
|  |  |  |  |  |  |  | Control | 65 | 48 | 13 |  |  |
| Hosseini et al. (Hosseini et al. 2011) | 2011 | Iran | PCR-RFLP | NI | NI | C677T | Case | 168 | 84 | 42 | 0.00 | 7 |
|  |  |  |  |  |  |  | Control | 150 | 90 | 60 |  |  |
|  |  |  |  |  |  | A1298C | Case | 36 | 96 | 162 | 0.16 |  |
|  |  |  |  |  |  |  | Control | 60 | 135 | 105 |  |  |
| Ergul et al. (Ergul et al. 2003) | 2003 | Turkey | PCR-RFLP | $\begin{array}{r} 37.63 \pm 11.05 \\ 36.44 \pm 9.43 \end{array}$ | HB | C677T |  | 60 | 41 | 17 | 0.16 | 7 |
|  |  |  |  |  |  |  | Control | 94 | 87 | 12 |  |  |
|  |  |  |  |  |  | A1298C | Case | 50 | 48 | 20 | 0.74 |  |
|  |  |  |  |  |  |  | Control | 90 | 85 | 18 |  |  |
| Deligezer et al. (DELIGEZER et al. 2005) | 2005 | Turkey | PCR-RFLP | NI | NI | C677T | Case | 98 | 68 | 23 | 0.75 | 6 |
|  |  |  |  |  |  |  | Control | 128 | 83 | 12 |  |  |
| Naushad et al. (Naushad et al. 2011) | 2011 | India | PCR-RFLP/AFLP | NI | PB | C677T | Case | 185 | 56 | 3 | 0.17 | 6 |
|  |  |  |  |  |  |  | Control | 205 | 39 | 0 |  |  |
| Sangrajrang et al. (Sangrajrang et al. 2010) | 2010 | Thailand | TaqMan 5' nuclease assay | $\begin{gathered} 46.0 \pm 10.6 \\ 43.2 \pm 12.4 \end{gathered}$ | HB | C677T | Case | 410 | 144 | 9 | 0.42 | 7 |
|  |  |  |  |  |  |  | Control | 366 | 110 | 11 |  |  |
|  |  |  |  |  |  | A1298C | Case | 302 | 223 | 38 | 0.02 |  |
|  |  |  |  |  |  |  | Control | 258 | 206 | 23 |  |  |

Table 1 (continued)

| Authors (ref) | Publication Year | Country | Genotyping | Mean age (Case vs. control) | Source of controls | Type of SNP | Group | $11^{\#}$ | $12^{\#}$ | $22^{\#}$ | $P$-value <br> HWE* | NOS <br> score** |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aklizhanova et al. <br> (Akilzhanova et al. 2013) | 2013 | Kazakhstan | TaqMan SNP Genotyping assay | $\begin{aligned} 55.3 & \pm 9.8 \\ 40.5 & \pm 13.4 \end{aligned}$ | PB | C677T | Case Control | 181 287 | 109 269 | 25 48 | 0.16 | 6 |
|  |  |  |  |  |  | A1298C | Case | 138 | 142 | 35 | 0.82 |  |
|  |  |  |  |  |  |  | Control | 318 | 242 | 44 |  |  |
| Jiang-hua et al. (Jiang-hua et al. 2014) | 2014 | China | PCR-RFLP | $\begin{gathered} 52.5 \pm 8.9 \\ 45.7 \pm 8.1 \end{gathered}$ | HB | C677T | Case | 241 | 189 | 105 | 0.00 | 8 |
|  |  |  |  |  |  |  | Control | 365 | 226 | 82 |  |  |
|  |  |  |  |  |  | A1298C | Case | 258 | 235 | 42 | 0.15 |  |
|  |  |  |  |  |  |  | Control | 351 | 280 | 42 |  |  |

[^1]and studies on A1298C polymorphism. The included studies were published between 2003 (Ergul et al. 2003) and 2019 (Rahimi et al. 2019).

## Association of the MTHFR C677T Polymorphism with Breast Cancer Risk for Asians

The forest plots which represent the association of the C677T polymorphism with BC risk among an Asian population are shown in Fig. 2. The use of the random-effects model based on 36 qualified studies on the pooled results indicated that there was a significant association between genetic models including the allelic (OR 1.21, $95 \%$ CI $1.09-1.33, P<0.01, I^{2}=78.9 \%$ ), the dominant (OR $1.17,95 \%$ CI $1.05-1.30, P<0.01$, $I^{2}=71.8 \%$ ), the recessive (OR $1.43,95 \%$ CI $1.23-1.67, P<0.01, I^{2}=55.8 \%$ ), and the homozygous models (OR 1.48, 95\% CI 1.25-1.75, $P<0.01, I^{2}=59.9 \%$ ) with an increased risk of BC among an Asian population, whereas the heterozygous (OR 1.08, $95 \% \mathrm{CI} 0.98-1.19, P=0.11, I^{2}=57.5 \%$ ) and the codominant models (OR 0.98, $95 \% \mathrm{CI}$ $0.90-1.08, P=0.72, I^{2}=59.6 \%$ ) did not reveal such a significant association.

According to the evidence of inter-study heterogeneity across the qualified studies ( $P<0.01$ with $I^{2}>50 \%$ ), subgroup analyses were carried out according to moderator variables including ethnicity, source of control, genotyping, agreement with HWE, and quality status. With reference to Table 2, the results of the subgroups indicated the reduced heterogeneity in some of the strata. Meanwhile, it was found that there was a significant association between the all genetic models and the risk of BC in participants of Eastern Asia and hospital-based controls. Yet, the association between the codominant models and BC risk remained non-significant in different strata.

Following sensitivity analyses, the findings showed that after each study was removed, the pooled ORs for the allelic, dominant, recessive, homozygous, and codominant models maintained their stability. However, the lower and higher pooled ORs in sensitivity analyses for these genetic models are presented in Table 3. But, for the heterozygous model, the sensitivity analysis results revealed that removal of a study conducted by Aklizhanova et al. (2013) changed the pooled OR (OR 1.10, 95\% CI 1.00-1.20).

The funnel plot shapes of the genetic models were almost symmetrical, showing the lack of any evidence for publication bias (Supp 1 Fig. S1-S6). However, significant potential publication biases were statistically found using Begg and Egger's tests for the recessive ( $P$ Begg's test $=0.01, P$ Egger's test $=0.04$ ), and the homozygous models ( $P$ Begg's test $=0.02, P$ Egger's test $=0.06$ ). After including the findings of censored studies using the trimming estimator with the linear method, there were no significant differences for these two genetic models in the pooled ORs between before and after the inclusion of censored studies.

## Association of the MTHFR A1298C Polymorphism with Breast Cancer Risk for Asians

A number of 19 qualified studies examined the association between A1298C polymorphism and BC risk. It was found, using random-effects model, that the allelic (OR $1.15,95 \%$ CI 1.04-1.28, $P<0.01, I^{2}=70.4 \%$ ) and the homozygous


Fig. 2 Forest plots of breast cancer risk associated with the MTHFR C677T polymorphism for the allelic (a), dominant (b), recessive (c), heterozygous (d), homozygous (e), codominant models (f)



Fig. 2 (continued)


Fig. 2 (continued)
models (OR 1.38, 95\% CI $1.15-1.66, P<0.01, I^{2}=44.2 \%$ ) were associated with the risk of BC among BC patients compared to controls; however, no such significant association was seen between the dominant (OR 1.11, 95\% CI 0.99-1.25, $P=0.068, I^{2}=60.3 \%$ ), recessive (OR $1.23,95 \%$ CI $0.99-1.52, P=0.065$, $I^{2}=65.5 \%$ ), heterozygous (OR $1.23,95 \%$ CI $0.97-1.57, P=0.085, I^{2}=89.5 \%$ ),
Table 2 Subgroup analyses for the association of C677T and A1298C polymorphisms with breast cancer

| Subgroups | C677T polymorphism |  |  | A1298C polymorphism |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled crude OR <br> ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity $\left(I^{2} \%, P^{\mathrm{a}}\right)$ | No | Pooled crude OR (95\% CI) with $P$-value | Heterogeneity ( $I^{2} \%, P^{\mathrm{a}}$ ) |
|  | Allele model (T vs C) |  |  | Alle |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 1.28 (0.97, 1.68); 0.081 | $89.1 \%,<0.01$ | 6 | 1.53 (1.16, 2.01); 0.002 | $84.1 \%,<0.01$ |
| Southern Asia | 8 | 1.19 (0.92, 1.52); 0.181 | $66.2 \%,<0.01$ | 4 | 1.10 (0.94, 1.29); 0.242 | 0.60\%, 0.38 |
| Eastern Asia | 15 | 1.20 (1.11, 1.30); <0.001 | $55.0 \%,<0.01$ | 9 | 1.03 (0.95, 1.11); 0.519 | 27.6\%, 0.19 |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.62 (1.12, 2.34); 0.010 | 93.1\%, <0.01 | 3 | 1.04 (0.90, 1.19); 0.343 | 31.9\%, 0.23 |
| Hospital base | 16 | 1.21 (1.13, 1.31); <0.001 | 41.0\%, 0.04 | 10 | 1.04 (0.96, 1.12); 0.591 | 21.8\%, 0.24 |
| NI | 13 | 1.05 (0.85, 1.29); 0.645 | $73.9 \%,<0.01$ | 6 | 1.59 (1.25, 2.01); <0.001 | 64.4\%, 0.01 |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.46 (1.06, 2.00); 0.020 | 92.7\%,<0.01 | 5 | 1.35 (1.00, 1.84); 0.050 | $84.9 \%,<0.01$ |
| PCR-RFLP | 28 | 1.17 (1.08, 1.28); <0.001 | $61.3 \%,<0.01$ | 14 | 1.11 (1.00, 1.23); 0.043 | $61.0 \%,<0.01$ |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.21 (1.09, 1.34); <0.001 | 78.3\%, <0.01 | 15 | 1.13 (1.02, 1.26); 0.020 | $69.2 \%,<0.01$ |
| No | 4 | 1.20 (0.89, 1.62); 0.229 | $86.1 \%,<0.01$ | 4 | 1.34 (0.85, 2.13); 0.208 | 80.0\%, <0.01 |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.26 (1.10, 1.44); <0.001 | $84.4 \%,<0.01$ | 12 | 1.10 (0.98, 1.23); 0.324 | 66.8\%, <0.01 |
| Low | 16 | 1.14 (1.00, 1.31); 0.054 | 65.0\%, <0.01 | 7 | 1.33 (1.05, 1.70); 0.002 | $77.0 \%,<0.01$ |
|  | Dominant model (TT + CT vs CC) |  |  | Dominant model (CC +AC vs AA) |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 1.17 (0.87, 1.57); 0.288 | $84.1 \%,<0.01$ | 6 | 1.55 (1.13, 2.11); 0.006 | $75.3 \%,<0.01$ |
| Southern Asia | 8 | 1.15 (0.85, 1.56); 0.370 | $70.3 \%,<0.01$ | 4 | 1.01 (0.74, 1.38); 0.939 | 31.4\%, 0.22 |
| Eastern Asia | 15 | 1.20 (1.10, 1.30); <0.001 | 27.4\%, 0.15 | 9 | 1.01 (0.91, 1.12); 0.817 | 30.1\%, 0.17 |

Table 2 (continued)

| Subgroups | C677T polymorphism |  |  | A1298C polymorphism |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled crude OR ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity $\left(I^{2} \%, P^{\mathrm{a}}\right)$ | No | Pooled crude OR (95\% CI) with $P$-value | Heterogeneity $\left(I^{2} \%, P^{\mathrm{a}}\right)$ |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.57 (1.06, 2.31); 0.023 | $89.4 \%,<0.01$ | 3 | 1.04 (0.88, 1.24); 0.638 | 34.4\%, 0.21 |
| Hospital base | 16 | 1.21 (1.09, 1.33); < 0.001 | 43.4\%, 0.03 | 10 | 1.01 (0.91, 1.11); 0.917 | 25.4\%, 0.20 |
| NI | 13 | 0.97 (0.78, 1.21); 0.808 | $62.4 \%,<0.01$ | 6 | 1.61 (1.17, 2.21); 0.004 | 59.3\%, 0.03 |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.43 (0.99, 2.08); 0.059 | $90.5 \%,<0.01$ | 5 | 1.40 (0.96, 2.02); 0.077 | $83.4 \%,<0.01$ |
| PCR-RFLP | 28 | 1.14 (1.04, 1.25); 0.007 | $46.7 \%,<0.01$ | 14 | 1.06 (0.96, 1.17); 0.260 | 35.2\%, 0.09 |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.16 (1.03, 1.31); 0.013 | $72.3 \%,<0.01$ | 15 | 1.10 (0.99, 1.23); 0.076 | $52.3 \%,<0.01$ |
| No | 4 | 1.19 (0.90, 1.58); 0.230 | $73.9 \%,<0.01$ | 4 | 1.21 (0.63, 2.34); 0.571 | $81.2 \%,<0.01$ |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.22 (1.05, 1.42); < 0.001 | $78.1 \%,<0.01$ | 12 | 1.03 (0.93, 1.15); 0.928 | 41.1\%, 0.07 |
| Low | 16 | 1.10 (0.94, 1.29); 0.144 | $58.4 \%,<0.01$ | 7 | 1.40 (1.04, 1.87); 0.027 | $72.5 \%,<0.01$ |
|  | Recessive model (TT vs CT + CC) |  |  | Recessive model ( CC vs $\mathrm{AC}+\mathrm{AA}$ ) |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 1.67 (1.09, 2.56); 0.018 | $71.9 \%,<0.01$ | 6 | 1.76 (1.17, 2.64); 0.007 | $70.1 \%,<0.01$ |
| Southern Asia | 8 | 1.43 (0.93, 2.18); 0.102 | 2.8\%, 0.41 | 4 | 0.96 (0.32, 2.91); 0.940 | $82.7 \%,<0.01$ |
| Eastern Asia | 15 | 1.41 (1.21, 1.65); <0.001 | $52.8 \%,<0.01$ | 9 | 1.13 (0.96, 1.33); 0.140 | 0.0\%, 0.88 |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.65 (0.99, 2.75); 0.054 | $74.6 \%,<0.01$ | 3 | 1.06 (0.82, 1.38); 0.647 | 0.0\%, 0.70 |
| Hospital base | 16 | 1.43 (1.26, 1.64); <0.001 | 19.7\%, 0.23 | 10 | 1.01 (0.78, 1.32); 0.932 | $61.5 \%,<0.01$ |
| NI | 13 | 1.47 (0.96, 2.21); 0.062 | $61.6 \%,<0.01$ | 6 | 2.06 (1.63, 2.61); <0.001 | 0.0\%, 0.48 |

Table 2 (continued)

| Subgroups | C677T polymorphism |  |  | A1298C polymorphism |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled crude OR ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity $\left(I^{2} \%, P^{\mathrm{a}}\right)$ | No | Pooled crude OR ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity ( $I^{2} \%, P^{\mathrm{a}}$ ) |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.30 (0.91, 1.86); 0.156 | $70.2 \%,<0.01$ | 5 | 1.49 (0.96, 2.31); 0.072 | 50.5\%, 0.09 |
| PCR-RFLP | 28 | 1.49 (1.26, 1.77); <0.001 | $50.0 \%,<0.01$ | 14 | 1.16 (0.90, 1.49); 0.263 | 69.6\%,<0.01 |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.45 (1.23, 1.71); < 0.001 | $52.0 \%,<0.01$ | 15 | 1.29 (1.09, 1.53); 0.003 | 41.8\%, 0.04 |
| No | 4 | 1.35 (0.86, 2.12); 0.195 | $79.2 \%,<0.01$ | 4 | 1.38 (0.34, 5.61); 0.657 | $86.1 \%,<0.01$ |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.46 (1.18, 1.79); < 0.001 | 67.7\%,<0.01 | 12 | 1.17 (0.88, 1.55); 0.285 | 73.2\%,<0.01 |
| Low | 16 | 1.40 (1.13, 1.74); <0.001 | 26.2\%, 0.16 | 7 | 1.33 (0.93, 1.90); 0.083 | 45.5\%, 0.08 |
|  | Heterozygous model (CT vs CC) |  |  | Heterozygous model (AC vs AA) |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 1.00 (0.80, 1.25); 1.00 | 67.8\%, <0.01 | 6 | 1.32 (1.01, 1.72); 0.040 | 61.1\%, 0.02 |
| Southern Asia | 8 | 1.09 (0.78, 1.51); 0.619 | 72.7\%,<0.01 | 4 | 0.92 (0.63, 1.34); 0.671 | 46.3\%, 0.13 |
| Eastern Asia | 15 | 1.12 (1.04, 1.20); 0.002 | 0.0\%, 0.57 | 9 | 1.29 (0.85, 1.96); 0.241 | 94.7\%, <0.01 |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.31 (0.99, 1.74); 0.056 | 76.6\%, <0.01 | 3 | 2.57 (0.51, 12.85); 0.252 | 98.3\%, <0.01 |
| Hospital base | 16 | 1.13 (1.01, 1.26); 0.028 | 47.2\%, 0.02 | 10 | 0.96 (0.88, 1.05); 0.360 | 0.0\%, 0.69 |
| NI | 13 | 0.90 (0.76, 1.07); 0.220 | 34.5\%, 0.10 | 6 | 1.36 (0.99, 1.86); 0.055 | 53.1\%, 0.06 |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.24 (0.91, 1.67); 0.167 | 83.3\%, <0.01 | 5 | 1.28 (0.92, 1.79); 0.145 | 77.8\%, <0.01 |
| PCR-RFLP | 28 | 1.06 (0.97, 1.16); 0.171 | 31.8\%, 0.06 | 14 | 1.19 (0.87, 1.63); 0.267 | 91.6\%,<0.01 |

Table 2 (continued)

| Subgroups | C677T polymorphism |  |  | A1298C polymorphism |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled crude OR (95\% CI) with $P$-value | Heterogeneity ( $I^{2} \%, P^{\mathrm{a}}$ ) | No | Pooled crude OR (95\% CI) with $P$-value | Heterogeneity $\left(I^{2} \%, P^{\mathrm{a}}\right)$ |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.07 (0.96, 1.19); 0.199 | 60.3\%,<0.01 | 15 | 1.28 (0.97, 1.67);0.078 | 91.0\%, <0.01 |
| No | 4 | 1.13 (0.95, 1.35); 0.161 | 17.3\%, 0.30 | 4 | 1.06 (0.56, 2.03); 0.852 | $79.7 \%,<0.01$ |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.11 (0.97, 1.26); 0.156 | $64.9 \%,<0.01$ | 12 | 1.17 (0.83, 1.65); 0.282 | 93.0\%, <0.01 |
| Low | 16 | 1.40 (0.90, 1.19); 0.170 | 44.8\%, 0.03 | 7 | 1.32 (1.02, 1.71); 0.043 | 61.5\%, 0.02 |
|  | Homozygote model (TT vs CC) |  |  | Homozygote model (CC vs AA) |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 1.66 (1.04, 2.64); 0.032 | $74.9 \%,<0.01$ | 6 | 1.98 (1.23, 3.19); 0.005 | $72.2 \%,<0.01$ |
| Southern Asia | 8 | 1.38 (0.90, 2.13); 0.144 | 3.4\%, 0.40 | 4 | 1.73 (1.10, 2.71); 0.018 | 0.0\%, 0.55 |
| Eastern Asia | 15 | 1.50 (1.27, 1.78); $<0.001$ | $54.7 \%,<0.01$ | 9 | 1.15 (0.97, 1.35); 0.109 | 0.0\%, 0.78 |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.83 (1.04, 3.24); 0.037 | $78.0 \%,<0.01$ | 3 | 1.08 (0.82, 1.40); 0.594 | 0.0\%, 0.59 |
| Hospital base | 16 | 1.53 (1.34, 1.75); <0.001 | 66.5\%, <0.01 | 10 | 1.20 (1.02, 1.42); 0.032 | 0.0\%, 0.45 |
| NI | 13 | 1.42 (0.91, 2.22); 0.126 | 34.5\%, 0.10 | 6 | 2.27 (1.69, 3.06); <0.001 | 4.7\%, 0.38 |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.44 (0.92, 2.24); 0.107 | $77.1 \%,<0.01$ | 5 | 1.67 (0.96, 2.91);0.070 | 66.3\%, 0.01 |
| PCR-RFLP | 28 | 1.51 (1.26, 1.82); <0.001 | $52.5 \%,<0.01$ | 14 | 1.32 (1.10, 1.58); 0.003 | 32.4\%, 0.11 |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.49 (1.24, 1.78); <0.001 | 55.5\%,<0.01 | 15 | 1.32 (1.11, 1.58); 0.002 | 40.7\%, 0.05 |
| No | 4 | 1.40 (0.83, 2.37); 0.203 | $83.0 \%,<0.01$ | 4 | 2.90 (0.97, 8.62); 0.056 | 56.1\%, 0.07 |

Table 2 (continued)

| Subgroups | C677T polymorphism |  |  | A1298C polymorphism |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled crude OR ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity ( $I^{2} \%, P^{\mathrm{a}}$ ) | No | Pooled crude OR ( $95 \% \mathrm{CI}$ ) with $P$-value | Heterogeneity ( $I^{2} \%, P^{\mathrm{a}}$ ) |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.51 (1.20, 1.90); <0.001 | 70.0\%,<0.01 | 12 | 1.36 (1.12, 1.66); < 0.001 | 35.5\%, 0.11 |
| Low | 16 | 1.44 (1.12, 1.84); 0.002 | 37.7\%, 0.06 | 7 | 1.54 (0.98, 2.41); 0.087 | 60.1\%, 0.02 |
|  | Codominant (CT vs TT + CC) |  |  | Codominant ( AC vs $\mathrm{CC}+\mathrm{AA}$ ) |  |  |
| Ethnicity |  |  |  |  |  |  |
| Western Asia | 13 | 0.89 (0.71, 1.10); 0.284 | 68.9\%,<0.01 | 6 | 1.07 (0.79, 1.44); 0.674 | $75.7 \%,<0.01$ |
| Southern Asia | 8 | 1.06 (0.76, 1.48); 0.738 | 73.9\%, 0.40 | 4 | 0.82 (0.51, 1.31); 0.396 | 67.2\%, 0.02 |
| Eastern Asia | 15 | 1.01 (0.95, 1.08); 0.751 | 0.0\%, 0.78 | 9 | 0.98 (0.90, 1.07); 0.719 | 7.2\%, 0.37 |
| Source of control |  |  |  |  |  |  |
| Population base | 7 | 1.17 (0.95, 1.44); 0.134 | 59.8\%, 0.02 | 3 | 1.01 (0.88, 1.17); 0.846 | 13.1\%, 0.31 |
| Hospital base | 16 | 1.03 (0.92, 1.14); 0.656 | $52.3 \%,<0.01$ | 10 | 0.94 (0.83, 1.06); 0.326 | 43.5\%, 0.06 |
| NI | 13 | 0.81 (0.66, 0.98); 0.029 | 51.0\%, 0.02 | 6 | 1.04 (0.70, 1.55); 0.850 | 77.0\%, <0.01 |
| Genotyping |  |  |  |  |  |  |
| Other techniques | 8 | 1.06 (0.84, 1.34); 0.618 | $75.6 \%,<0.01$ | 5 | 1.14 (0.87, 1.48); 0.339 | 66.5\%, 0.01 |
| PCR-RFLP | 28 | 0.97 (0.87, 1.07); 0.523 | 53.3\%,<0.01 | 14 | 0.93 (0.82, 1.05); 0.236 | 52.5\%, 0.01 |
| Agreement with HWE |  |  |  |  |  |  |
| Yes | 32 | 1.00 (0.91, 1.10); 0.980 | 53.3\%, <0.01 | 15 | 0.98 (0.89, 1.08); 0.754 | 40.5\%, 0.05 |
| No | 4 | 0.88 (0.60, 1.29); 0.512 | $83.9 \%,<0.01$ | 4 | 0.91 (0.48, 1.71); 0.762 | 81.1\%, <0.01 |
| Quality status |  |  |  |  |  |  |
| High | 20 | 1.00 (0.87, 1.14); 0.978 | 70.0\%, <0.01 | 12 | 0.89 (0.79, 1.01); 0.834 | 51.6\%, 0.02 |
| Low | 16 | 0.96 (0.85, 1.09); 0.512 | 33.7\%, 0.09 | 7 | 1.20 (0.98, 1.46); 0.073 | 43.0\%, 0.10 |

Table 3 An assessment of the contribution of each qualified study in the association of C677T and A1298C polymorphisms with breast cancer based on sensitivity analyses

| Variable | Pre-sensitivity analysis |  |  | Upper \& lower of effect size | Post-sensitivity analysis |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled OR (random effect) | 95\% CI |  | Pooled OR (random effect) | 95\% CI | Excluded studies |
| C677T polymorphism |  |  |  |  |  |  |  |
| Allele model ( T vs C ) | 36 | 1.21 | 1.09, 1.33 | Upper <br> Lower | $\begin{aligned} & 1.22 \\ & 1.15 \end{aligned}$ | $\begin{aligned} & 1.11,1.34 \\ & 1.07,1.24 \end{aligned}$ | Hosseini <br> Hesari |
| Dominant model (TT + CT vs CC) | 36 | 1.17 | 1.05, 1.30 | Upper <br> Lower | $\begin{aligned} & 1.19 \\ & 1.12 \end{aligned}$ | $\begin{aligned} & 1.07,1.32 \\ & 1.03,1.23 \end{aligned}$ | Aklizhanova Hesari |
| Recessive model (TT vs CT +CC ) | 36 | 1.43 | 1.23, 1.67 | Upper <br> Lower | $\begin{aligned} & 1.47 \\ & 1.38 \end{aligned}$ | $\begin{aligned} & 1.27,1.70 \\ & 1.21,1.59 \end{aligned}$ | Hosseini <br> Hesari |
| Heterozygous model (CT vs CC) | 36 | 1.08 | 0.98, 1.19 | Upper <br> Lower | $\begin{aligned} & 1.10 \\ & 1.06 \end{aligned}$ | $\begin{aligned} & 1.00,1.20 \\ & 0.96,1.16 \end{aligned}$ | Aklizhanova Waseem |
| Homozygote model (TT vs CC) | 36 | 1.48 | 1.25, 1.75 | Upper <br> Lower | $\begin{aligned} & 1.52 \\ & 1.42 \end{aligned}$ | $\begin{aligned} & 1.29,1.79 \\ & 1.22,1.66 \end{aligned}$ | Hosseini <br> Hesari |
| Codominant (CT vs TT +CC ) | 36 | 0.98 | 0.90, 1.08 | Upper <br> Lower | $\begin{aligned} & 1.01 \\ & 0.96 \end{aligned}$ | $\begin{aligned} & 0.92,1.09 \\ & 0.88,1.05 \end{aligned}$ | Hosseini Waseem |
| A1298C polymorphism |  |  |  |  |  |  |  |
| Allele model ( C vs A) | 19 | 1.15 | 1.04, 1.28 | Upper <br> Lower | $\begin{aligned} & 1.17 \\ & 1.11 \end{aligned}$ | $\begin{aligned} & 1.06,1.30 \\ & 1.01,1.21 \end{aligned}$ | Chou <br> Hosseini |
| Dominant model (CC + AC vs AA) | 19 | 1.11 | 0.99, 1.25 | Upper <br> Lower | $\begin{aligned} & 1.13 \\ & 1.07 \end{aligned}$ | $\begin{aligned} & 1.02,1.26 \\ & 0.97,1.18 \end{aligned}$ | Chou <br> Ozen |
| Recessive model (CC vs AC + AA) | 19 | 1.23 | 0.99, 1.52 | Upper <br> Lower | 1.31 1.15 | $\begin{aligned} & 1.11,1.55 \\ & 0.94,1.41 \end{aligned}$ | Akram <br> Hosseini |
| Heterozygous model (AC vs AA) | 19 | 1.23 | 0.97, 1.57 | Upper <br> Lower | $\begin{aligned} & 1.27 \\ & 1.05 \end{aligned}$ | $\begin{aligned} & 0.99,1.63 \\ & 0.94,1.17 \end{aligned}$ | Akram <br> Shrubsole |

Table 3 (continued)

| Variable | Pre-sensitivity analysis |  |  | Upper \& lower of effect size | Post-sensitivity analysis |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No | Pooled OR (random effect) | 95\% CI |  | Pooled OR (random effect) | 95\% CI | Excluded studies |
| Homozygote model (CC vs AA) | 19 | 1.38 | 1.15, 1.66 | Upper | 1.42 | 1.17, 1.72 | Weiner |
|  |  |  |  | Lower | 1.30 | 1.09, 1.54 | Hosseini |
| Codominant | 19 | 0.97 | 0.87, 1.08 | Upper | 0.99 | 0.90, 1.10 | Hosseini |
| ( AC vs $\mathrm{CC}+\mathrm{AA}$ ) |  |  |  | Lower | 0.95 | 0.86, 1.05 | Ozen |



Fig. 3 Forest plots of breast cancer risk associated with the MTHFR A1298C polymorphism for the allelic (a), dominant (b), recessive (c), heterozygous (d), homozygous (e), codominant models (f)


Fig. 3 (continued)


Fig. 3 (continued)
and the codominant models (OR 0.97, 95\% CI $0.87-1.08, P=0.57, I^{2}=55.4 \%$ ) (Fig. 3).

Following subgroup analyses, inter-study heterogeneity was changed among some of the strata. Table 2 shows more detailed results of subgroup analyses. It is worth noting that, in all the investigated genetic models except for the codominant mode, the participants in Western Asia were significantly associated with the risk of BC.

Moreover, after the step-by-step removal of the included studies, no statistical change was witnessed between pre- and post-sensitivity pooled ORs for the allele, the heterozygous, the homozygotes, and the codominant models. However, the pooled OR for the dominant model was sensitive to the study by Chou et al. (2006) (OR 1.13, $95 \%$ CI 1.02-1.26) and the pooled OR for the recessive model was sensitive to that of Akram et al. (2012) (OR 1.31, 95\% CI 1.11-1.55) (Table 3).

In spite of the fact that the included studies were visually and quantitatively assessed, no significant evidence of publication bias was found, indicating a low risk of publication bias; except for the homozygous model ( $P$ Begg's test $=0.02, P$ Egger's test $=0.01$ ) (Supp 1 Fig. S7-S12). After using a nonparametric method (Duval and Tweedie), it was found that the summary effect size did not change before and after the included studies were censored to pool the association between the homozygous model with the risk of BC.

## Discussion

BC is a multifactorial disease that is not only developed due to environmental factors but also by genetic variants that affect the expression and function of proteins. The MTHFR enzyme plays a very important role in folate metabolism, hence its involvement in the process of DNA methylation (Botezatu et al. 2013; Cheng et al. 2012). DNA methylation may lead to suppression of tumor suppressor genes as well as activation of proto-oncogenes (Meneses-Sanchez et al. 2019). This is the first systematic review and meta-analysis which has incorporated a considerable number of studies (36 studies) on the association of RNLS MTHFR C677T and A1298C variants with susceptibility to BC among Asians. It was found that the MTHFR C677T polymorphism was associated with BC. Also, concurrently, this association was more documented through subgroup analyses in terms of ethnicity, source of control, genotyping, and agreement with HWE. In the case of A1298C polymorphism, allelic and homozygous models were associated with increased risk of BC ; moreover, Western Asia populations showed the same association in the heterogeneous models which are considered as the first report in this regard.

Located in exon 4, the C677T (rs1801133) polymorphism is folate binding site of the MTHFR gene and affects the process of protein expression (Teng et al. 2013), thereby playing an important role in relation to cancers. The results of the current meta-analysis study revealed that although the C677T variant, in 24,579 subjects and 36 studies, significantly increased the risk of BC in homozygous, recessive, dominant, and allelic models, no such a significant difference was found in heterozygous and overdominant
models. Consistent with these results, Hi and Shen in a meta-analysis study on the MTHFR C677T polymorphism and BC demonstrated that this variant may be a risk factor for BC in 14,299 Asian populations (He and Shen 2017). Despite the results achieved in the subgroup analyses, we could find a significant association between the heterozygous models with the risk of BC in participants of Eastern Asia and hospitalbased controls. Hence, it may be hypothesized that the controls and ethnicity may have been the source of the biased results. Furthermore, the results of the sensitivity analysis in this model showed that removing a study conducted by Aklizhanova et al. (2013) changed the pooled OR (OR 1.10, $95 \%$ CI 1.00-1.20). It has been reported that folate deficiency is related to aberrant DNA methylation, increased mutations, and breaks in chromosomes that can be associated with an enhanced risk of cancer (Choi and Mason 2000; Tomita 2016). Interestingly, several studies have shown that the modification of DNA methylation by MTHFR C677T and A1298C variants may only occur under conditions of limited folate content and that folate stabilizes the MTHFR C677T polymorphism (Del Gobbo et al. 2018). The study by Aklizhanova et al. was performed on the Kazakhstan population where traditional food is meat, which leads to the deficiency of folate, thus promoting the risk of BC development (Akilzhanova et al. 2006). Additionally, they found low levels of serum folate not only in BC cases but also in normal subjects, bringing about the hypothesis that low levels of serum folate in participants may be the possible causes of this discrepancy.

In a total of 19 studies on 15,628 subjects, it was revealed that another polymorphism, rs 1801131 (A1298C), located in exon 7 of the MTHFR gene (Castiglia et al. 2019), was significantly associated with BC in homozygous and allelic models, even though no significant difference was found in recessive, dominant, heterozygous, and overdominant models. Interestingly, the subgroups analysis seemed to suggest that genetic models of recessive, dominant, heterozygous, homozygous, and allelic in participants from Western Asia were significantly associated with the risk of BC. Additionally, a number of other studies have shown that this polymorphism was not significantly related to the risk of BC (Rai 2014; Zhang et al. 2016). Nonetheless, the results of subgroup analysis also revealed that this polymorphism was significantly associated with the risk of BC in participants from Western Asia in all the investigated genetic models, except for the codominant model. Therefore, it has been speculated that the discrepancy between the findings was most likely due to the racial ethnic differences, ethnicity, patient selection criteria, sources of control, and sample size. A meta-analysis conducted by He and shen (2017) investigated only the MTHFR C677T variant, while our meta-analysis assessed both MTHFR C677T and A1298C SNPs. Moreover, they included 19 Asian studies and concluded no significant association between MTHFR C677T and breast cancer among Asians. However, we included 36 Asian studies (almost twofold compared to the study by He and Shen (2017), indicating the association of MTHFR C677T and breast cancer. In addition, in the case of the A1298C variant, allelic and homozygous genetic models were associated with increased risk of BC; moreover, Western Asia populations showed the same association in the heterogeneous models which are considered as the first report in this regard.

Although this is an up-to-date meta-analysis study, there were a number of limitations that need to be mentioned. First, given the high rate of heterogeneity in a
number of findings, it is likely that the results are negatively affected, suggesting further studies are required. Second, subgroup analysis was not performed according to the levels of serum folate. Third, this analysis was carried out only on researches published in English. However, the present study also had some highlights which include more reliable results due to the increased sample size, as well as the use of all the possible genetic models in examining the association between these two polymorphisms and the risk of BC.

## Conclusion

In conclusion, the present meta-analysis showed that the MTHFR C677T variants might be a promising factor that predisposes BC in an Asian population. In contrast to other studies reporting a non-significant association between the A1298C variant and BC, we found that the A1298C variant acts as a risk factor for BC, particularly in the Western Asian population. Nevertheless, further studies are required to show the association of MTHFR C677T and A1298C gene polymorphisms with BC in an Asian population in the presence of other factors such as folate levels.

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## Compliance with Ethical Standards

Conflict of interest Authors declare that they have no conflicts of interest.
Ethical Approval This article does not contain any studies with human participants or animals performed by any of the authors.

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[^0]:    Supplementary Information The online version of this article (https://doi.org/10.1007/s10528-020-10020-z) contains supplementary material, which is available to authorized users.

[^1]:    $P C R-R F L P$ polymerase chain reaction-restriction fragment length polymorphism, $P B$ population base, $H B$ hospital base, $N I$ not indicated, $H W E$ Hardy-Weinberg Equilibrium, NOS Newcastle-Ottawa Scale
    \# 11,12 , and 22 show the frequency of the common homozygote, heterozygote, and rare homozygotes, respectively (for the C677T polymorphism: 1 is the C-allele, and 2 is the T-allele and for the A1298C polymorphism: 1 is the A-allele and 2 is the C -allele)
    *A $P$-value $<0.05$ in HWE's test was indicated not to be in agreement with HWE
    **A value of 7 or more was considered to have a high level of quality

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