#### **REVIEW PAPER**



# Association of C677T (rs1081133) and A1298C (rs1801131) Methylenetetrahydrofolate Reductase Variants with Breast Cancer Susceptibility Among Asians: A Systematic Review and Meta-Analysis

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### Abstract

This systematic review and meta-analysis were conducted to investigate the association between methylenetetrahydrofolate reductase (MTHFR) C677T and A1298C polymorphisms with breast cancer (BC) in Asians. Systematic searches were conducted in PubMed, EMBASE, Web of Science, and Scopus by May 2020. Interstudy heterogeneity was also assessed with a Q test, along with  $I^2$  statistics. Random-effects models were applied to pooled crude ORs with corresponding 95% CIs for the genetic models. A total of 1097 identified results, along with 36 qualified studies were included: for MTHFR C677T polymorphism, a total of 36 studies was comprised of 11,261 cases and 13,318 controls and for MTHFR A1298C polymorphism, a number of 19 studies contained 7424 cases and 8204 controls. Likewise, for C677T polymorphism, an increased risk of BC was seen for the allelic (OR 1.21, 95% CI 1.09–1.33, P < 0.01,  $I^2 = 78.9\%$ ), dominant (OR 1.17, 95% CI 1.05–1.30,  $P < 0.01, I^2 = 71.8\%$ ), recessive (OR 1.43, 95% CI 1.23–1.67,  $P < 0.01, I^2 = 55.8\%$ ), and homozygous models (OR 1.48, 95% CI 1.25–1.75, P < 0.01,  $I^2$  59.9%) among BC patients compared to controls. Also, in terms of A1298C polymorphism, an association was found between the allelic (OR 1.15, 95% CI 1.04–1.28, P < 0.01,  $I^2$ 70.4%) and homozygous models (OR 1.38, 95% CI 1.15–1.66, P < 0.01,  $I^2$  44.2%) with the risk of BC. In conclusion, findings revealed that MTHFR C677T variant might be a factor that predisposes BC in Asians. Furthermore, it was found that A1298C variant acts as a BC risk factor, particularly in a Western Asia population.

Keywords Breast cancer  $\cdot$  Methylenetetrahydrofolate reductase  $\cdot$  Variant  $\cdot$  Polymorphism  $\cdot$  SNP

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### Introduction

Considered as a major cause of death all over the world, breast cancer (BC) is seen as one of the most common malignancies among women, accounting for 30% of all new cancer diagnoses. Moreover, although the malignancy is observed in both developed Western countries and developing Asian countries, BC is estimated to have a higher mortality percentage in Asian countries than in Western ones (Mubarik et al. 2019; Paydar et al. 2019). The reason for the higher rate of mortalities in these countries may be due to a variety of factors such as increased longevity, late diagnosis, insufficient access to care, higher exposure to risk factors, high-fat foods consumption, reduced pregnancy rates, and obesity (Ghoncheh et al. 2016; Yip 2009).

According to what was previously stated, the incidence of BC is intensified by hereditary and genetic factors. More than 170 genomic loci harboring common variants related to BC have been recognized by genome-wide association studies (GWAS). The most well known are mutations in the BRCAs genes (Ferreira et al. 2019; Momenimovahed and Salehiniya 2019). Also, the mutation in methylenetetrahydrofolate reductase (MTHFR) has been shown to have a positive correlation with BC (Meneses-Sanchez et al. 2019). Located on chromosome 1 (p36.22), the MTHFR gene with 20.373 base pair contains 13 exons (Antonaros et al. 2019). This enzyme has been indicated to catalyze the irreversible conversion of 5.10-methylenetetrahydrofolate (methyleneTHF) to 5-methyltetrahydrofolate (methylTHF). The latter is involved in the conversion of homocysteine to methionine, thereby the formation of S-adenosylmethionine (SAM). Therefore, the MTHFR is involved in the methylation of DNA, indicating an association with cancer development (Odin et al. 2006). It has been shown that among the MTHFR mutations, C677T (rs1801133) and A1298C (rs1801131) are the most reported ones (Wan et al. 2018). The C677T polymorphism (rs1801133) transforms alanine into valine, resulting in reduced enzyme activity (Kumar et al. 2015; Zhu et al. 2014). Numerous studies have revealed that the MTHFR C677T polymorphism is a risk factor for BC (Ergul et al. 2003; He and Shen 2017; Waseem et al. 2016). As enzyme activity decreases by this mutation, the plasma levels of homocysteine increase, as a result of which methylation of DNA reduces, hence the development of cancer (Waseem et al. 2016). However, other studies have shown contradictory results (Floris et al. 2020; Hekim et al. 2007; Kalyankumar and Jamil 2006). Another common SNP, A1298C (rs1801133), transforms glutamate to alanine at 429 residues and reduces enzyme activity (Wan et al. 2018). Similar to C677T, there is still controversy as to the association of this mutation with BC, particularly in Asian population (Castiglia et al. 2019; Kaya et al. 2016).

Given the higher rate of breast cancer among Asians and the contradictory results as to the role that MTHFR C677T and A1298C variants play in susceptibility to BC among Asians, the aim of this systematic review and meta-analysis study was to investigate the role of MTHFR C677T and A1298C gene polymorphisms in BC in Asian populations.

# Methods

### Literature Search

We ran a systematic search of electronic databases such as PubMed, EMBASE, Web of Science, Scopus, and Google Scholar in order to identify the related studies which investigated the association between MTHFR C677T and A1298C variants in an Asian population up to May 2020. The searches for the related literature were conducted using a combination of the following MeSH terms and relevant keywords: "methylenetetrahydrofolate reductase (MTHFR)," "polymorphism," "genetic," "mutation," "point mutation," "mutation," "missense," "breast cancer," and "breast neoplasms" (Supp 1). To increase the comprehensiveness of our searches, we manually screened the references mentioned in the previous reviews and included articles. Searches were conducted in the English Language without any published date limitation.

# **Study Selection**

Two researchers (SS and MM) carried out an independent review of the literature search results to select relevant studies based on our inclusion. It is worth noting that any disagreement was resolved through consensus and discussion. The studies that met the following inclusion criteria were selected for use in the meta-analysis: studies that investigated the association between MTHFR polymorphisms (including C677T and/or A1298C) and BC susceptibility were conducted with a non-familial, case–control design, reported sufficient genotype data or possessed the information to calculate the pooled OR and the corresponding 95% confidence intervals (CIs), and included participants who were from an Asian population. So, studies without usable data, with participants other than those of an Asian population, or with combined ethnicities, having cases not confirmed by other approaches, and those lacking full texts were excluded. When there were overlapping published studies, only a recent study with the most complete data for our meta-analysis was included.

#### **Data Extraction**

To achieve more precision, two researchers separately performed the extraction of data for all the eligible studies (SS and MM). The following items were extracted: first author's name, year of publication, study location, ethnicity, participants' descriptive characteristic, type of polymorphism, type of control, total sample size, and the number of alleles and genotypes in both case and control groups. A standardized data abstraction of Excel forms was used to extract the pertinent data.

# **Quality Assessment**

The Newcastle–Ottawa Scale (NOS) was used to assess the quality of included studies. The following three domains were applied to critically evaluate each study: the selection of case/control, comparability, and outcome. It is noteworthy that NOS scores ranged from 0 to 9 and that studies with scores of seven or more were considered as having a good quality.

#### **Statistical Analysis**

All the statistical analyses were conducted using STATA (version 11.0; Stata Corporation, College Station, TX). Crude odds ratios (ORs) with corresponding 95% CIs were estimated to investigate the strength of association between the MTHFR polymorphisms (includes C677T and/or A1298C) and BC susceptibility. With respect to C677T variant, genotypes were analyzed using genetic models such as the allelic (T vs. C), recessive (TT vs. CT+CC), dominant (TT+CT vs. CC), homozygote (TT vs. CC), heterozygous (CT vs. CC), and codominant models (CT vs. TT+CC). Likewise, A1298C genotypes were analyzed using the following genetic models: the allelic (C vs. A), recessive (CC vs. AC+AA), dominant (CC+AC vs. AA), homozygote (CC vs. AA), heterozygous (AC vs. AA), and codominant models (AC vs. CC+AA). Hardy-Weinberg Equilibrium (HWE) was used to assess the distribution of genotypes in the control group of each included study which has not deviated from HWE by using the Chi-square test. Inter-study heterogeneity was evaluated using the Cochran Q test and  $I^2$  statistic. It should be noted that a P < 0.1 for Q test and  $l^2$  greater than 50% showed a substantial heterogeneity. In the presence of heterogeneity, the random-effects model was used to pool the ORs and their 95% CIs, otherwise, the fixed-effect model was applied (P > 0.1 with  $I^2 < 50\%$ ). Subgroup analyses were conducted to stratify the pooled findings based on the potential suspected variables including ethnicity (Western Asia vs. Southern Asia vs. Eastern Asia), source of control (population base vs. hospital base vs. NI), genotyping (other techniques vs. PCR-RFLP), agreement with HWE (yes vs. no), and quality status (high vs. low) to explore the source of heterogeneity. Sensitivity analyses as an additional procedure were performed to assess the stability of the pooled ORs after excluding each study using the leave-one-out method and also to find the source of heterogeneity. Evidence of potential publication bias across included studies was quantitatively examined using Egger's and Begg's tests and funnel plot asymmetry was assessed visually.

# Results

A total of 1097 studies were identified through comprehensive database searches. Out of all the screening studies, only a number of 36 qualified studies (Akilzhanova et al. 2006; Akram et al. 2012; Chou et al. 2006; DELIGEZER et al. 2005; Ergul et al. 2003; He and Shen 2017; Hedayatizadeh-Omran et al. 2017; Hekim et al. 2007; Hesari et al. 2019; Hosseini et al. 2011; Huang et al. 2014; Jiang-hua et al. 2014; Kalyankumar and Jamil 2006; Kaya et al. 2016; Lajin et al. 2012; Lee et al. 2004; Lin et al. 2004; Liu et al. 2013; Lu et al. 2015; Mir et al. 2008; Mohammadza-deh et al. 2016; Naushad et al. 2011; Niu et al. 2017; Ozen et al. 2013; Pooja et al.

2015; Prasad and Wilkhoo 2011; Rahimi et al. 2019; Sangrajrang et al. 2010; Shrubsole et al. 2004; Song et al. 2016; Suzuki et al. 2008; Waseem et al. 2016; Weiner et al. 2010; Weiwei et al. 2014; Yu et al. 2007; Zhang et al. 2015) were found to be eligible based on inclusion criteria for the current meta-analysis. Figure 1 shows the flowchart of how the studies were identified and then selected step by step. A total of 1097 studies were identified through comprehensive database searches.

The association between C677T polymorphism and BC was reported by 36 studies (containing 11,261 cases and 13,318 controls) and the association between A1298C polymorphism and BC was demonstrated by 19 studies (including 7424 cases and 8204 controls). As the basic characteristics of the included studies are shown in Table 1, it was found that the genotype distributions of the controls were not in line with those of HWE in studies conducted by the He and Shen (2017), Weiwei et al. (2014), Hosseini et al. (2011), and Jiang-hua et al. (2014) with studies on C677T polymorphism and also by Akram et al. (2012), Ozen et al. (2013), Mir et al. (2008), Sangrajrang et al. (2010),



Fig. 1 The flowchart of, step by step, the study identification and selection process

Table 1 Basic charac	teristics of qualifie	ed studies										
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11 <sup>#</sup>	12#	22# <i>P</i> H	-value ] WE*	NOS score**
Hesari et al. (Hesari	2018	Iran	TaqMan-probe-	$48.50 \pm 9.97$ ,	PB	C677T	Case	40	27	33	0.46	
et al. 2019)			based	$46.71 \pm 8.09$			control	126	15	1		
Akram et al.	2012	Pakistan	SSCP and PCR-	IN	HB	C677T	Case	65	25	20	0.85	7
(Akram et al.			RFLP				Control	55	45	10		
2012)						A1298C	Case	35	55	20	0.00	
							Control	30	75	5		
Chou et al. (Chou	2006	Taiwan	PCR-RFLP	$50.5 \pm 9.5$ ,	HB	C677T	Case	73	51	18	0.47	7
et al. 2006)				$49.2 \pm 8.6$			Control	132	120	33		
						A1298C	Case	104	30	8	0.32	
							Control	172	95	18		
Lu et al. (Lu et al.	2015	China	TaqMan SNP Geno-	$47.0\pm 8.5,$	HB	C677T	Case	170	288	102	0.27	7
2015)			typing Assay	$47.3 \pm 8.9$			Control	226	250	84		
						A1298C	Case	369	172	19	0.83	
							Control	352	185	23		
He et al. (He et al.	2014	China	PCR-RFLP	$50.1 \pm 8.7$ ,	HB	C677T	Case	159	76	54	0.00	ý
2014)				$44.3 \pm 7.9$			Control	220	117	44		
						A1298C	Case	138	132	40	0.05	
							Control	173	155	53		
Song et al. (Song	2016	China	Sequencing	$48.59 \pm 4.99$ ,	HB	C677T	Case	165	226	96	0.27	7
et al. 2016)				$49.16 \pm 6.14$			Control	216	280	109		
Hedayatizadeh et al.	2017	Iran	PCR-RFLP	NI	IN	C677T	Case	38	13	3	0.36	
(Hedayatizadeh- Omran et al. 2017)							Control	38	18	4		

Table 1 (continued)												
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11#	12#	22# <i>P</i> H	-value [WE*	NOS score**
Hekim et al. (Hekim	2007	Turkey	PCR-RFLP	$44.64 \pm 5.55$ ,	IN	C677T	Case	22	16	5	0.87	6
et al. 2007)				4/.12±11.62		-	Control	38	26	4		
Huang et al. (Huang	2014	Taiwan	PCR-RFLP	IN	HB	C677T	Case	538	519	175	0.28	8
et al. 2014)						-	Control	596	533	103		
						A1298C	Case	787	386	59	0.72	
						-	Control	796	391	45		
Kalyankumar et al.	2006	India	PCR-RFLP	IN	PB	C677T	Case	45	37	9	0.69	5
(Kalyankumar and							Control	61	31	б		
Jamil 2006)						A1298C	Case	49	33	9	0.50	
						_	Control	65	26	4		
Kaya et al. (Kaya	2016	Turkey	PCR-RFLP	$52.44 \pm 11.297$ ,	PB	C677T	Case	102	75	22	0.54	6
et al. 2016)				$54.06 \pm 9.262$			Control	101	81	13		
Lee et al. (Lee et al.	2004	South Korea	PCR-RFLP	IN	HB	C677T	Case	58	96	32	0.07	2
2004)							Control	50	80	17		
Liu et al. (Liu et al.	2013	China	PCR-RFLP	$47.5 \pm 8.5$ ,	HB	C677T	Case	250	153	32	0.22	8
2013)				$47.3 \pm 8.6$		-	Control	255	150	30		
						A1298C	Case	206	176	53	0.11	
						_	Control	214	172	49		
Niu et al. (Niu et al.	2017	China	PCR-RFLP	$49.78 \pm 11.06$ ,	IN	C677T	Case	235	172	59	0.73	6
2017)				$49.49 \pm 10.90$		-	Control	274	168	28		

Table 1 (continued)												
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11#	12#	22# <i>P-</i> H	value l WE* s	VOS core**
Shrubsole et al.	2004	China	PCR-RFLP	$46.4 \pm 9.9$ ,	PB	C677T	Case	374	555	83	0.44	
(Shrubsole et al. 2004)				$46.7 \pm 8.8$			Control	387	577	96		
						A1298C	Case	768	311	42	0.57	
							Control	824	344	40		
Weiwei et al. (Wei-	2013	China	PCR-RFLP	48.3±7.4,	HB	C677T	Case	156	76	44	0.00	1
wei et al. 2014)				$47.5 \pm 8.3$			Control	185	93	28		
						A1298C	Case	135	129	32	0.68	
							Control	151	130	25		
Yu et al. (Yu et al.	2007	Taiwan	PCR-RFLP	NI	PB	C677T	Case	56	44	6	0.33 8	~
2007)							Control	225	170	25		
Zhang et al. (Zhang	2015	China	PCR-RFLP	<i>5</i> 1.4±7.6,	HB	C677T	Case	114	83	19	0.17 8	~
et al. 2015)				$50.6 \pm 8.1$			Control	128	81	٢		
						A1298C	Case	98	87	31	0.12	
							Control	105	84	27		
Weiner et al.	2010	Russia	PCR-RFLP	$55 \pm 9, 60 \pm 16$	PB	C677T	Case	399	364	74	0.80	10
(Weiner et al.							Control	386	326	<b>6</b> 6		
(0107						A1298C	Case	398	353	80	0.73	
							Control	379	330	76		
Waseem et al.	2016	India	PCR-RFLP	$35.6 \pm 4.45$ ,	HB	C677T	Case	178	91	9	0.81	•
(Waseem et al. 2016)				$35.5 \pm 4.49$			Control	217	55	б		

Table 1 (continued)												
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11#	12#	22#	<i>P</i> -value HWE*	NOS score**
Suzuki et al.	2008	Japan	TaqMan SNP	52.8±10.7,	HB	C677T	Case	150	220	84	0.52	5
(Suzuki et al. 2008)			Assays	$53.6 \pm 10.8$			Control	338	425	146		
Rahimi et al. (Rahimi et al.	2019	Iran	PCR-RFLP	$49.5 \pm 10.2$ , $51.2 \pm 10.9$	IN	C677T	Case	50	40	10	0.15	7
2019)				I			COULOU	/11	ţ	þ		
Prasad et al. (Prasad	2011	India	PCR-RFLP	IN	ĪN	C677T	Case	124	5	1	0.06	9
and Wilkhoo 2011)							Control	116	~	1		
Pooja et al. (Pooja	2015	India	PCR-RFLP	IN	HB	C677T	Case	437	134	17	0.37	9
et al. 2015)							Control	386	111	11		
Ozen et al. (Ozen	2013	Turkey	Strip assay	$51.55 \pm 7.01$	ĪZ	C677T	Case	28	18	5	0.08	5
et al. 2013)							Control	76	30	0		
						A1298C	Case	17	29	5	0.04	
							Control	71	35	0		
Mohammadzadeh	2016	Iran	PCR-RFLP	$48.56 \pm 11.32$ ,	HB	С677Т	Case	68	48	٢	0.09	9
et al. (Moham- madzadeh et al. 2016)				<b>48.96</b> ±781			Control	57	49	4		
Mir et al. (Mir et al.	2008	India	PCR-RFLP	NI	IN	C677T	Case	29	9	0	0.95	5
2008)							Control	19	12	0		
						A1298C	Case	15	19	1	< 0.01	
							Control	11	22	0		
Lin et al. (Lin et al.	2004	Taiwan	PCR-RFLP	IN	PB	C677T	Case	43	38	٢	0.38	7
2004)							Control	173	145	24		

Table 1 (continued)												
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11 <sup>#</sup>	12#	22#	<i>P</i> -value HWE*	NOS score**
Lajin et al. (Lajin	2012	Syria	ARMS-PCR	IN	IN	C677T	Case	60	47	12	0.38	9
et al. 2012)							Control	58	58	10		
						A1298C	Case	44	52	23	0.35	
							Control	65	48	13		
Hosseini et al. (Hos-	2011	Iran	PCR-RFLP	IN	IN	C677T	Case	168	84	42	0.00	7
seini et al. 2011)							Control	150	6	60		
						A1298C	Case	36	96	162	0.16	
							Control	60	135	105		
Ergul et al. (Ergul	2003	Turkey	PCR-RFLP	$37.63 \pm 11.05$ ,	HB	C677T	Case	09	41	17	0.16	7
et al. 2003)				$36.44 \pm 9.43$			Control	94	87	12		
						A1298C	Case	50	48	20	0.74	
							Control	90	85	18		
Deligezer et al.	2005	Turkey	PCR-RFLP	IN	IN	С677Т	Case	98	68	23	0.75	9
(DELIGEZER et al. 2005)							Control	128	83	12		
Naushad et al. (Nau-	2011	India	PCR-RFLP/AFLP	IN	PB	C677T	Case	185	56	ю	0.17	9
shad et al. 2011)							Control	205	39	0		
Sangrajrang et al.	2010	Thailand	TaqMan 5' nuclease	$46.0 \pm 10.6$ ,	HB	C677T	Case	410	144	6	0.42	7
(Sangrajrang et al.			assay	$43.2 \pm 12.4$			Control	366	110	11		
2010)						A1298C	Case	302	223	38	0.02	
							Control	258	206	23		

Table 1 (continued)												
Authors (ref)	Publication Year	Country	Genotyping	Mean age (Case vs. control)	Source of con- trols	Type of SNP	Group	11#	12#	22# 1 I	<sup>2</sup> -value HWE*	NOS score**
Aklizhanova et al.	2013	Kazakhstan	TaqMan SNP Geno-	55.3±9.8,	PB	C677T	Case	181	109	25	0.16	9
(Akılzhanova et al. 2013)			typing assay	$40.5 \pm 13.4$			Control	287	269	48		
						A1298C	Case	138	142	35	0.82	
							Control	318	242	44		
Jiang-hua et al.	2014	China	PCR-RFLP	52.5±8.9,	HB	C677T	Case	241	189	105	0.00	8
(Jiang-hua et al.				$45.7 \pm 8.1$			Control	365	226	82		
2014)						A1298C	Case	258	235	42	0.15	
							Control	351	280	42		
PCR-RFLP polyme: rium, NOS Newcastl	rase chain reaction-1 e-Ottawa Scale	restriction frag	ment length polymorp	hism, <i>PB</i> population t	ase, HB ho	spital base, <i>M</i> r	ot indica	ted, H	WE Ha	urdy-V	Veinberg	Equilib-
#11, 12, and 22 shov	v the frequency of t	he common he	mozygote, heterozygo	ote, and rare homozyg	otes, respec	tively (for the C	677T po	lymorl	hism:	1 is tl	he C-allel	e, and 2

is the T-allele and for the A1298C polymorphism: 1 is the A-allele and 2 is the C-allele)

\*A P-value < 0.05 in HWE's test was indicated not to be in agreement with HWE

\*\*A value of 7 or more was considered to have a high level of quality

and studies on A1298C polymorphism. The included studies were published between 2003 (Ergul et al. 2003) and 2019 (Rahimi et al. 2019).

### Association of the MTHFR C677T Polymorphism with Breast Cancer Risk for Asians

The forest plots which represent the association of the C677T polymorphism with BC risk among an Asian population are shown in Fig. 2. The use of the random-effects model based on 36 qualified studies on the pooled results indicated that there was a significant association between genetic models including the allelic (OR 1.21, 95% CI 1.09–1.33, P < 0.01,  $l^2 = 78.9\%$ ), the dominant (OR 1.17, 95% CI 1.05–1.30, P < 0.01,  $l^2 = 71.8\%$ ), the recessive (OR 1.43, 95% CI 1.23–1.67, P < 0.01,  $l^2 = 55.8\%$ ), and the homozygous models (OR 1.48, 95% CI 1.25–1.75, P < 0.01,  $l^2 = 59.9\%$ ) with an increased risk of BC among an Asian population, whereas the heterozygous (OR 1.08, 95% CI 0.98–1.19, P = 0.11,  $l^2 = 57.5\%$ ) and the codominant models (OR 0.98, 95% CI 0.90–1.08, P = 0.72,  $l^2 = 59.6\%$ ) did not reveal such a significant association.

According to the evidence of inter-study heterogeneity across the qualified studies  $(P < 0.01 \text{ with } I^2 > 50\%)$ , subgroup analyses were carried out according to moderator variables including ethnicity, source of control, genotyping, agreement with HWE, and quality status. With reference to Table 2, the results of the subgroups indicated the reduced heterogeneity in some of the strata. Meanwhile, it was found that there was a significant association between the all genetic models and the risk of BC in participants of Eastern Asia and hospital-based controls. Yet, the association between the codominant models and BC risk remained non-significant in different strata.

Following sensitivity analyses, the findings showed that after each study was removed, the pooled ORs for the allelic, dominant, recessive, homozygous, and codominant models maintained their stability. However, the lower and higher pooled ORs in sensitivity analyses for these genetic models are presented in Table 3. But, for the heterozygous model, the sensitivity analysis results revealed that removal of a study conducted by Aklizhanova et al. (2013) changed the pooled OR (OR 1.10, 95% CI 1.00–1.20).

The funnel plot shapes of the genetic models were almost symmetrical, showing the lack of any evidence for publication bias (Supp 1 Fig. S1–S6). However, significant potential publication biases were statistically found using Begg and Egger's tests for the recessive (*P* Begg's test=0.01, *P* Egger's test=0.04), and the homozygous models (*P* Begg's test=0.02, *P* Egger's test=0.06). After including the findings of censored studies using the trimming estimator with the linear method, there were no significant differences for these two genetic models in the pooled ORs between before and after the inclusion of censored studies.

# Association of the MTHFR A1298C Polymorphism with Breast Cancer Risk for Asians

A number of 19 qualified studies examined the association between A1298C polymorphism and BC risk. It was found, using random-effects model, that the allelic (OR 1.15, 95% CI 1.04–1.28, P < 0.01,  $I^2 = 70.4\%$ ) and the homozygous

Study			
ID		OR (95% CI)	Country
ID Hesari (2018) Akram (2012) Chou (2006) Lu (2015) Hedgyatzadeh (2017) Hekim (2007) Huang (2014) Kalyankumar (2006) Kaya (2016) Lee (2004) Liu (2013) Niu (2017) Shrubsole (2004) Weiwei (2013) Niu (2017) Shrubsole (2004) Weiwei (2013) Yu (2007) Zhang (2015) Weiner (2016) Wasseem (2016) Suzhim (2019) Praisad (2011) Pooja (2015) Ozen (2013) Mohammadzadeh (2020) Mir (2008) Lin (2004) Lin (2004) Lin (2003) Deligezer (2005) Naushad (2011) Sangrafrang (2010) Akilzhanova (2013) Jiang-hua (2014) Overall (1-squared = 78.9%, p = 0.000) NOTE: Weights are from random effects ana		OR (95% CI) 13.65 (7.77, 23.98) 1.00 (0.66; 1.51) 0.99 (0.67, 1.24) 1.32 (1.11, 1.56) 1.44 (1.06; 1.69) 1.32 (1.11, 1.56) 1.44 (1.06, 1.69) 1.00 (0.53, 1.89) 1.07 (0.40, 1.48) 1.00 (0.53, 1.89) 1.27 (1.13, 1.43) 1.60 (0.98, 2.60) 1.27 (1.38, 1.54) 1.19 (0.87, 1.63) 1.44 (1.88, 1.77) 0.99 (0.88, 1.11) 1.41 (1.09, 1.81) 1.44 (1.88, 1.77) 0.99 (0.88, 1.11) 1.41 (1.09, 1.81) 1.43 (1.09, 1.81) 1.43 (1.01, 1.88) 1.66 (0.91, 1.23) 1.65 (1.34, 2.26) 0.66 (0.25, 1.77) 1.53 (1.04, 2.26) 0.66 (0.25, 1.77) 1.53 (1.04, 2.26) 0.66 (0.25, 1.77) 1.53 (0.47, 2.63) 0.56 (0.64, 1.46) 0.29 (0.11, 0.80) 1.15 (0.81, 1.64) 1.37 (1.00, 1.86) 1.68 (1.10, 2.56) 1.67 (0.63, 0.97) 1.46 (1.23, 1.73) 1.21 (1.09, 1.33)	Country Iran Pakistan Taiwan China China China China Turkey South Kore China China China China China China China China China China China India India India India India Turkey India Turkey India Turkey Iran Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India Turkey Iran India
0117	1 1		
.0417	1 24	-	
	Α		
Study ID		OR (95% CI)	Country
Hesari (2018)	→	11.81 (6.13, 22,77)	Iran



Fig. 2 Forest plots of breast cancer risk associated with the MTHFR C677T polymorphism for the allelic (a), dominant (b), recessive (c), heterozygous (d), homozygous (e), codominant models (f)

Study ID	OR (95% CI)	Country
Hesari (2018) Akram (2012) Chou (2006) Lu (2015) He (2014) Song (2016) Hedayatizadeh (2017) Hekim (2007) Huang (2014)	69.45 (9.30, 518.61) 2.22 (0.99, 5.00) 1.11 (0.60, 2.05) 1.26 (0.92, 1.73) 1.62 (1.05, 2.48) 1.12 (0.82, 1.52) 0.82 (0.18, 3.86) 0.84 (0.15, 4.82) 1.81 (1.40, 2.35)	Iran Pakistan Taiwan China China Iran Turkey Taiwan
Kaya (2016) Lee (2004) Liu (2013) Niu (2017) Shrubsole (2004) Weiwei (2013) Yu (2007) Zhago (2015)	2.24 (0.34, 9.20) 1.74 (0.85, 3.56) 1.59 (0.84, 2.99) 1.07 (0.64, 1.80) 2.29 (1.43, 3.66) 0.97 (0.78, 1.21) 1.73 (1.04, 2.86) 1.42 (0.64, 3.14) 2.88 (1.18, 7.00)	Turkey South Korea China China China China Taiwan China
Weiner (2010) Waseem (2016) Suzuki (2008) Rahimi (2019) Prasad (2011) Pooja (2015) Ozen (2013) Mohammadzadeh (2020)	1.05 (0.74, 1.48) 2.02 (0.50, 8.17) 1.19 (0.88, 1.59) 3.54 (1.25, 10.03) 0.96 (0.06, 15.54) 1.35 (0.62, 2.90) 25.19 (1.36, 465.02) 1.60 (0.46, 5.62)	Russia India Japan Iran India India Turkey Iran
Mir (2008) Lajin (2012) Hosseini (2011) Ergul (2003) Deligezer (2005) Naushad (2011) Sangrairang (2010)	0.18 (0.01, 3.84) 1.15 (0.48, 2.75) 1.30 (0.54, 3.13) 0.67 (0.43, 1.03) 2.54 (1.17, 5.53) 2.44 (1.18, 5.04) 7.09 (0.36, 137,93) 0.70 (0.29, 1.71) 1.00 (0.60, 1.65)	India Taiwan Syria Iran Turkey Turkey India Thailand
Akizranova (2013) Jiang-hua (2014) Overall (I-squared = 55.8%, p = 0.000) NOTE: Weights are from random effects analysis	1.76 (1.29, 2.41) 1.43 (1.23, 1.67)	China
.00193 1 31	9	
	9	
C Study	9 OR (95% CI)	Country
Study     C       Hesari (2018)	OR (95% Cl) 5.67 (2.75, 11.70) 0.47 (0.26, 0.86) 0.75 (0.55, 1.199) 1.55 (0.82, 1.61) 1.55 (0.81, 1.38) 0.72 (0.31, 1.68) 1.06 (0.61, 1.38) 0.72 (0.31, 1.68) 1.06 (0.64, 1.240) 1.03 (0.64, 1.239) 1.03 (0.64, 1.67) 1.04 (0.67, 1.62) 1.04 (0.67, 1.62) 1.15 (0.67, 1.62) 1.15 (0.67, 1.62) 1.15 (0.77, 1.71) 1.06 (0.87, 1.76) 1.04 (0.67, 1.62) 1.15 (0.79, 3.37) 0.58 (0.19, 1.84) 1.07 (0.80, 1.42) 1.03 (0.46, 1.33) 0.78 (0.46, 1.33) 0.78 (0.46, 1.33) 0.58 (0.19, 1.84) 1.07 (0.85, 1.21) 0.78 (0.46, 1.33) 0.74 (0.45, 1.21) 0.74 (0.45, 1.21) 0.74 (0.45, 1.21) 0.74 (0.48, 0.86) 1.27 (0.98, 1.63) 1.08 (0.98, 1.19)	Country Iran Pakistan Taiwan China China China China Taiwan China China China China China China China China China China China China India Japan India

Fig. 2 (continued)



Fig. 2 (continued)

models (OR 1.38, 95% CI 1.15–1.66, P < 0.01,  $I^2 = 44.2\%$ ) were associated with the risk of BC among BC patients compared to controls; however, no such significant association was seen between the dominant (OR 1.11, 95% CI 0.99–1.25, P = 0.068,  $I^2 = 60.3\%$ ), recessive (OR 1.23, 95% CI 0.99–1.52, P = 0.065,  $I^2 = 65.5\%$ ), heterozygous (OR 1.23, 95% CI 0.97–1.57, P = 0.085,  $I^2 = 89.5\%$ ),

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Subgroups	C677T polymorphism			A1298C polymorphism		
	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(I^2\%, P^{\mathrm{a}})$	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(l^2\%, P^a)$
	Allele model (T vs C)			Allele model C vs A		
Ethnicity						
Western Asia	13	1.28 (0.97, 1.68); 0.081	89.1%, < 0.01	9	1.53 (1.16, 2.01); 0.002	84.1%, < 0.01
Southern Asia	8	1.19 (0.92, 1.52); 0.181	66.2%, < 0.01	4	1.10(0.94, 1.29); 0.242	0.60%, 0.38
Eastern Asia	15	1.20(1.11, 1.30); < 0.001	55.0%, < 0.01	6	1.03 (0.95, 1.11); 0.519	27.6%, 0.19
Source of control						
Population base	7	1.62 (1.12, 2.34); 0.010	93.1%, < 0.01	3	1.04 (0.90, 1.19); 0.343	31.9%, 0.23
Hospital base	16	1.21 (1.13, 1.31); < 0.001	41.0%, 0.04	10	1.04 (0.96, 1.12); 0.591	21.8%, 0.24
IN	13	1.05 (0.85, 1.29); 0.645	73.9%,<0.01	9	1.59(1.25, 2.01); < 0.001	64.4%, 0.01
Genotyping						
Other techniques	8	1.46(1.06, 2.00); 0.020	92.7%, <0.01	5	1.35 (1.00, 1.84); 0.050	84.9%, < 0.01
PCR-RFLP	28	1.17(1.08, 1.28); < 0.001	61.3%,<0.01	14	1.11 (1.00, 1.23); 0.043	61.0%, <0.01
Agreement with HWE						
Yes	32	1.21 (1.09, 1.34); < 0.001	78.3%,<0.01	15	1.13 (1.02, 1.26); 0.020	69.2%, <0.01
No	4	1.20 (0.89, 1.62); 0.229	86.1%, <0.01	4	1.34 (0.85, 2.13); 0.208	80.0%, <0.01
Quality status						
High	20	1.26(1.10, 1.44); < 0.001	84.4%, <0.01	12	1.10 (0.98, 1.23); 0.324	66.8%, <0.01
Low	16	1.14(1.00, 1.31); 0.054	65.0%, <0.01	7	1.33 (1.05, 1.70); 0.002	77.0%,<0.01
	Dominant model (TT +	CT vs CC)		Dominant model (CC+	AC vs AA)	
Ethnicity						
Western Asia	13	1.17 (0.87, 1.57); 0.288	84.1%, <0.01	9	1.55 (1.13, 2.11); 0.006	75.3%,<0.01
Southern Asia	8	$1.15\ (0.85,\ 1.56);\ 0.370$	70.3%,<0.01	4	1.01 (0.74, 1.38); 0.939	31.4%, 0.22
Eastern Asia	15	1.20(1.10, 1.30); < 0.001	27.4%, 0.15	6	1.01 (0.91, 1.12); 0.817	30.1%, 0.17

 Table 2
 Subgroup analyses for the association of C677T and A1298C polymorphisms with breast cancer

Table 2 (continued)						
Subgroups	C677T polymorphism			A1298C polymorphism		
	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(I^2\%, P^a)$	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(l^2\%, P^a)$
Source of control						
Population base	7	1.57 (1.06, 2.31); 0.023	89.4%, < 0.01	3	1.04 (0.88, 1.24); 0.638	34.4%, 0.21
Hospital base	16	1.21 (1.09, 1.33); <0.001	43.4%, 0.03	10	1.01 (0.91, 1.11); 0.917	25.4%, 0.20
NI	13	0.97 (0.78, 1.21); 0.808	62.4%, < 0.01	9	1.61 (1.17, 2.21); 0.004	59.3%, 0.03
Genotyping						
Other techniques	8	1.43 (0.99, 2.08); 0.059	90.5%, < 0.01	5	1.40 (0.96, 2.02); 0.077	83.4%, < 0.01
PCR-RFLP	28	1.14 (1.04, 1.25); 0.007	46.7%, < 0.01	14	1.06 (0.96, 1.17); 0.260	35.2%, 0.09
Agreement with HWE						
Yes	32	1.16 (1.03, 1.31); 0.013	72.3%,<0.01	15	1.10 (0.99, 1.23); 0.076	52.3%, < 0.01
No	4	1.19 (0.90, 1.58); 0.230	73.9%,<0.01	4	1.21 (0.63, 2.34); 0.571	81.2%, < 0.01
Quality status						
High	20	1.22 (1.05, 1.42); <0.001	78.1%,<0.01	12	1.03 (0.93, 1.15); 0.928	41.1%, 0.07
Low	16	1.10 (0.94, 1.29); 0.144	58.4%,<0.01	7	1.40 (1.04, 1.87); 0.027	72.5%, < 0.01
	Recessive model (TT vs	s CT+CC)		Recessive model (CC v	/s AC+AA)	
Ethnicity						
Western Asia	13	1.67 (1.09, 2.56); 0.018	71.9%,<0.01	9	1.76 (1.17, 2.64); 0.007	70.1%, < 0.01
Southern Asia	8	1.43 (0.93, 2.18); 0.102	2.8%, 0.41	4	0.96 (0.32, 2.91); 0.940	82.7%,<0.01
Eastern Asia	15	1.41 (1.21, 1.65); < 0.001	52.8%,<0.01	6	1.13 (0.96, 1.33); 0.140	0.0%, 0.88
Source of control						
Population base	7	1.65 (0.99, 2.75); 0.054	74.6%,<0.01	3	1.06 (0.82, 1.38); 0.647	0.0%, 0.70
Hospital base	16	1.43 (1.26, 1.64); < 0.001	19.7%, 0.23	10	1.01 (0.78, 1.32); 0.932	61.5%, <0.01
NI	13	1.47 (0.96, 2.21); 0.062	61.6%, <0.01	9	2.06(1.63, 2.61); < 0.001	0.0%, 0.48

Table 2 (continued)						
Subgroups	C677T polymorphism			A1298C polymorphism		
	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(P^2\%, P^{\mathrm{a}})$	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(l^2\%, P^a)$
Genotyping						
Other techniques	8	1.30 (0.91, 1.86); 0.156	70.2%, < 0.01	5	1.49 (0.96, 2.31); 0.072	50.5%, 0.09
PCR-RFLP	28	1.49 (1.26, 1.77); < 0.001	50.0%, < 0.01	14	1.16(0.90, 1.49); 0.263	69.6%, < 0.01
Agreement with HWE						
Yes	32	1.45(1.23, 1.71); < 0.001	52.0%, < 0.01	15	1.29 (1.09, 1.53); 0.003	41.8%, 0.04
No	4	1.35 (0.86, 2.12); 0.195	79.2%, < 0.01	4	1.38 (0.34, 5.61); 0.657	86.1%, < 0.01
Quality status						
High	20	1.46(1.18, 1.79); < 0.001	67.7%, < 0.01	12	1.17 (0.88, 1.55); 0.285	73.2%, < 0.01
Low	16	1.40(1.13, 1.74); < 0.001	26.2%, 0.16	7	1.33 (0.93, 1.90); 0.083	45.5%, 0.08
	Heterozygous model (C	T vs CC)		Heterozygous model (A	(C vs AA)	
Ethnicity						
Western Asia	13	1.00(0.80, 1.25); 1.00	67.8%,<0.01	9	1.32 (1.01, 1.72); 0.040	61.1%, 0.02
Southern Asia	8	1.09 (0.78, 1.51); 0.619	72.7%,<0.01	4	0.92 (0.63, 1.34); 0.671	46.3%, 0.13
Eastern Asia	15	1.12 (1.04, 1.20); 0.002	0.0%, 0.57	6	1.29 (0.85, 1.96); 0.241	94.7%, <0.01
Source of control						
Population base	7	1.31 (0.99, 1.74); 0.056	76.6%,<0.01	3	2.57 (0.51, 12.85); 0.252	98.3%,<0.01
Hospital base	16	1.13 (1.01, 1.26); 0.028	47.2%, 0.02	10	0.96 (0.88, 1.05); 0.360	0.0%, 0.69
IN	13	0.90 (0.76, 1.07); 0.220	34.5%, 0.10	6	1.36 (0.99, 1.86); 0.055	53.1%, 0.06
Genotyping						
Other techniques	8	1.24 (0.91, 1.67); 0.167	83.3%, <0.01	5	1.28 (0.92, 1.79); 0.145	77.8%,<0.01
PCR-RFLP	28	1.06 (0.97, 1.16); 0.171	31.8%, 0.06	14	1.19 (0.87, 1.63); 0.267	91.6%,<0.01

Table 2 (continued)						
Subgroups	C677T polymorphism			A1298C polymorphisn	u	
	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(I^2\%, P^{\mathrm{a}})$	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(l^2\%, P^a)$
Agreement with HWE						
Yes	32	1.07 (0.96, 1.19); 0.199	60.3%, < 0.01	15	1.28 (0.97, 1.67);0.078	91.0%, < 0.01
No	4	1.13 (0.95, 1.35); 0.161	17.3%, 0.30	4	1.06 (0.56, 2.03); 0.852	79.7%, < 0.01
Quality status						
High	20	1.11 (0.97, 1.26); 0.156	64.9%, < 0.01	12	1.17 (0.83, 1.65); 0.282	93.0%, < 0.01
Low	16	1.40 (0.90, 1.19); 0. 170	44.8%, 0.03	7	1.32 (1.02, 1.71); 0.043	61.5%, 0.02
	Homozygote model (T7	Γ vs CC)		Homozygote model (C	C vs AA)	
Ethnicity						
Western Asia	13	1.66 (1.04, 2.64); 0.032	74.9%, < 0.01	9	1.98 (1.23, 3.19); 0.005	72.2%, < 0.01
Southern Asia	8	1.38 (0.90, 2.13); 0.144	3.4%, 0.40	4	1.73 (1.10, 2.71); 0.018	0.0%, 0.55
Eastern Asia	15	1.50(1.27, 1.78); < 0.001	54.7%,<0.01	6	1.15 (0.97, 1.35); 0.109	0.0%, 0.78
Source of control						
Population base	7	1.83 (1.04, 3.24); 0.037	78.0%,<0.01	3	1.08 (0.82, 1.40); 0.594	0.0%, 0.59
Hospital base	16	1.53 (1.34, 1.75); <0.001	66.5%,<0.01	10	1.20 (1.02, 1.42); 0.032	0.0%, 0.45
NI	13	1.42 (0.91, 2.22); 0.126	34.5%, 0.10	9	2.27 (1.69, 3.06); <0.001	4.7%, 0.38
Genotyping						
Other techniques	8	1.44 (0.92, 2.24); 0.107	77.1%,<0.01	5	1.67 (0.96, 2.91);0.070	66.3%, 0.01
PCR-RFLP	28	1.51 (1.26, 1.82); <0.001	52.5%,<0.01	14	1.32 (1.10, 1.58); 0.003	32.4%, 0.11
Agreement with HWE						
Yes	32	1.49(1.24, 1.78); < 0.001	55.5%,<0.01	15	1.32 (1.11, 1.58); 0.002	40.7%, 0.05
No	4	1.40 (0.83, 2.37); 0.203	83.0%,<0.01	4	2.90 (0.97, 8.62); 0.056	56.1%, 0.07

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Table 2 (continued)						
Subgroups	C677T polymorphism			A1298C polymorphism		
	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(P^2\%, P^a)$	No	Pooled crude OR (95% CI) with <i>P</i> -value	Heterogeneity $(l^2\%, P^a)$
Quality status						
High	20	1.51 (1.20, 1.90); <0.001	70.0%, < 0.01	12	1.36(1.12, 1.66); < 0.001	35.5%, 0.11
Low	16	1.44 (1.12, 1.84); 0.002	37.7%, 0.06	7	1.54 (0.98, 2.41); 0.087	60.1%, 0.02
	Codominant (CT vs TT	+ CC)		Codominant (AC vs CC	(+ AA)	
Ethnicity						
Western Asia	13	0.89 (0.71, 1.10); 0.284	68.9%, < 0.01	6	1.07 (0.79, 1.44); 0.674	75.7%, < 0.01
Southern Asia	8	1.06 (0.76, 1.48); 0.738	73.9%, 0.40	4	0.82 (0.51, 1.31); 0.396	67.2%, 0.02
Eastern Asia	15	1.01 (0.95, 1.08); 0.751	0.0%, 0.78	6	0.98 (0.90, 1.07); 0.719	7.2%, 0.37
Source of control						
Population base	7	1.17 (0.95, 1.44); 0.134	59.8%, 0.02	3	1.01 (0.88, 1.17); 0.846	13.1%, 0.31
Hospital base	16	1.03 (0.92, 1.14); 0.656	52.3%,<0.01	10	0.94 (0.83, 1.06); 0.326	43.5%, 0.06
NI	13	0.81 ( $0.66$ , $0.98$ ); $0.029$	51.0%, 0.02	6	1.04 (0.70, 1.55); 0.850	77.0%,<0.01
Genotyping						
Other techniques	8	1.06 (0.84, 1.34); 0.618	75.6%,<0.01	5	1.14 (0.87, 1.48); 0.339	66.5%, 0.01
PCR-RFLP	28	0.97 (0.87, 1.07); 0.523	53.3%,<0.01	14	0.93 (0.82, 1.05); 0.236	52.5%, 0.01
Agreement with HWE						
Yes	32	1.00 (0.91, 1.10); 0.980	53.3%,<0.01	15	0.98 (0.89, 1.08); 0.754	40.5%, 0.05
No	4	0.88 (0.60, 1.29); 0.512	83.9%, <0.01	4	0.91 (0.48, 1.71); 0.762	81.1%, < 0.01
Quality status						
High	20	1.00 (0.87, 1.14); 0.978	70.0%, < 0.01	12	0.89 (0.79, 1.01); 0.834	51.6%, 0.02
Low	16	0.96 (0.85, 1.09); 0.512	33.7%, 0.09	7	1.20 (0.98, 1.46); 0.073	43.0%, 0.10

Table 3         An assessment of the contributises	on of each g	ualified study in the as	sociation of C677	F and A1298C pol	ymorphisms with breas	t cancer based on s	ensitivity analy-
Variable	Pre-sensit	iivity analysis		Upper &	Post-sensitivity ana	lysis	
	No	Pooled OR (random effect)	95% CI	lower of effect size	Pooled OR (random effect)	95% CI	Excluded studies
C677T polymorphism							
Allele model	36	1.21	1.09, 1.33	Upper	1.22	1.11, 1.34	Hosseini
(T vs C)				Lower	1.15	1.07, 1.24	Hesari
Dominant model	36	1.17	1.05, 1.30	Upper	1.19	1.07, 1.32	Aklizhanova
(TT + CT vs CC)				Lower	1.12	1.03, 1.23	Hesari
Recessive model	36	1.43	1.23, 1.67	Upper	1.47	1.27, 1.70	Hosseini
(TT vs CT + CC)				Lower	1.38	1.21, 1.59	Hesari
Heterozygous model	36	1.08	0.98, 1.19	Upper	1.10	1.00, 1.20	Aklizhanova
(CT vs CC)				Lower	1.06	0.96, 1.16	Waseem
Homozygote model	36	1.48	1.25, 1.75	Upper	1.52	1.29, 1.79	Hosseini
(TT vs CC)				Lower	1.42	1.22, 1.66	Hesari
Codominant	36	0.98	0.90, 1.08	Upper	1.01	0.92, 1.09	Hosseini
(CT vs TT + CC)				Lower	0.96	0.88, 1.05	Waseem
A1298C polymorphism							
Allele model	19	1.15	1.04, 1.28	Upper	1.17	1.06, 1.30	Chou
(C vs A)				Lower	1.11	1.01, 1.21	Hosseini
Dominant model	19	1.11	0.99, 1.25	Upper	1.13	1.02, 1.26	Chou
(CC+AC vs AA)				Lower	1.07	0.97, 1.18	Ozen
Recessive model	19	1.23	0.99, 1.52	Upper	1.31	1.11, 1.55	Akram
(CC vs AC + AA)				Lower	1.15	0.94, 1.41	Hosseini
Heterozygous model (AC vs AA)	19	1.23	0.97, 1.57	Upper	1.27	0.99, 1.63	Akram
				Lower	1.05	0.94, 1.17	Shrubsole

Table 3 (continued)							
Variable	Pre-sensit	iivity analysis		Upper &	Post-sensitivity anal	lysis	
	No	Pooled OR (random effect)	95% CI	lower of effect size	Pooled OR (random effect)	95% CI	Excluded studies
Homozygote model (CC vs AA)	19	1.38	1.15, 1.66	Upper	1.42	1.17, 1.72	Weiner
				Lower	1.30	1.09, 1.54	Hosseini
Codominant	19	0.97	0.87, 1.08	Upper	0.99	0.90, 1.10	Hosseini
(AC vs CC+AA)				Lower	0.95	0.86, 1.05	Ozen



Fig. 3 Forest plots of breast cancer risk associated with the MTHFR A1298C polymorphism for the allelic (a), dominant (b), recessive (c), heterozygous (d), homozygous (e), codominant models (f)



Fig. 3 (continued)



Fig. 3 (continued)

and the codominant models (OR 0.97, 95% CI 0.87–1.08, P = 0.57,  $I^2 = 55.4\%$ ) (Fig. 3).

Following subgroup analyses, inter-study heterogeneity was changed among some of the strata. Table 2 shows more detailed results of subgroup analyses. It is worth noting that, in all the investigated genetic models except for the codominant mode, the participants in Western Asia were significantly associated with the risk of BC.

Moreover, after the step-by-step removal of the included studies, no statistical change was witnessed between pre- and post-sensitivity pooled ORs for the allele, the heterozygous, the homozygotes, and the codominant models. However, the pooled OR for the dominant model was sensitive to the study by Chou et al. (2006) (OR 1.13, 95% CI 1.02–1.26) and the pooled OR for the recessive model was sensitive to that of Akram et al. (2012) (OR 1.31, 95% CI 1.11–1.55) (Table 3).

In spite of the fact that the included studies were visually and quantitatively assessed, no significant evidence of publication bias was found, indicating a low risk of publication bias; except for the homozygous model (*P* Begg's test=0.02, *P* Egg-er's test=0.01) (Supp 1 Fig. S7–S12). After using a nonparametric method (Duval and Tweedie), it was found that the summary effect size did not change before and after the included studies were censored to pool the association between the homozygous model with the risk of BC.

# Discussion

BC is a multifactorial disease that is not only developed due to environmental factors but also by genetic variants that affect the expression and function of proteins. The MTHFR enzyme plays a very important role in folate metabolism, hence its involvement in the process of DNA methylation (Botezatu et al. 2013; Cheng et al. 2012). DNA methylation may lead to suppression of tumor suppressor genes as well as activation of proto-oncogenes (Meneses-Sanchez et al. 2019). This is the first systematic review and meta-analysis which has incorporated a considerable number of studies (36 studies) on the association of RNLS MTHFR C677T and A1298C variants with susceptibility to BC among Asians. It was found that the MTHFR C677T polymorphism was associated with BC. Also, concurrently, this association was more documented through subgroup analyses in terms of ethnicity, source of control, genotyping, and agreement with HWE. In the case of A1298C polymorphism, allelic and homozygous models were associated with increased risk of BC; moreover, Western Asia populations showed the same association in the heterogeneous models which are considered as the first report in this regard.

Located in exon 4, the C677T (rs1801133) polymorphism is folate binding site of the MTHFR gene and affects the process of protein expression (Teng et al. 2013), thereby playing an important role in relation to cancers. The results of the current meta-analysis study revealed that although the C677T variant, in 24,579 subjects and 36 studies, significantly increased the risk of BC in homozygous, recessive, dominant, and allelic models, no such a significant difference was found in heterozygous and overdominant

models. Consistent with these results, Hi and Shen in a meta-analysis study on the MTHFR C677T polymorphism and BC demonstrated that this variant may be a risk factor for BC in 14,299 Asian populations (He and Shen 2017). Despite the results achieved in the subgroup analyses, we could find a significant association between the heterozygous models with the risk of BC in participants of Eastern Asia and hospitalbased controls. Hence, it may be hypothesized that the controls and ethnicity may have been the source of the biased results. Furthermore, the results of the sensitivity analysis in this model showed that removing a study conducted by Aklizhanova et al. (2013) changed the pooled OR (OR 1.10, 95% CI 1.00-1.20). It has been reported that folate deficiency is related to aberrant DNA methylation, increased mutations, and breaks in chromosomes that can be associated with an enhanced risk of cancer (Choi and Mason 2000; Tomita 2016). Interestingly, several studies have shown that the modification of DNA methylation by MTHFR C677T and A1298C variants may only occur under conditions of limited folate content and that folate stabilizes the MTHFR C677T polymorphism (Del Gobbo et al. 2018). The study by Aklizhanova et al. was performed on the Kazakhstan population where traditional food is meat, which leads to the deficiency of folate, thus promoting the risk of BC development (Akilzhanova et al. 2006). Additionally, they found low levels of serum folate not only in BC cases but also in normal subjects, bringing about the hypothesis that low levels of serum folate in participants may be the possible causes of this discrepancy.

In a total of 19 studies on 15,628 subjects, it was revealed that another polymorphism, rs1801131 (A1298C), located in exon 7 of the MTHFR gene (Castiglia et al. 2019), was significantly associated with BC in homozygous and allelic models, even though no significant difference was found in recessive, dominant, heterozygous, and overdominant models. Interestingly, the subgroups analysis seemed to suggest that genetic models of recessive, dominant, heterozygous, homozygous, and allelic in participants from Western Asia were significantly associated with the risk of BC. Additionally, a number of other studies have shown that this polymorphism was not significantly related to the risk of BC (Rai 2014; Zhang et al. 2016). Nonetheless, the results of subgroup analysis also revealed that this polymorphism was significantly associated with the risk of BC in participants from Western Asia in all the investigated genetic models, except for the codominant model. Therefore, it has been speculated that the discrepancy between the findings was most likely due to the racial ethnic differences, ethnicity, patient selection criteria, sources of control, and sample size. A meta-analysis conducted by He and shen (2017) investigated only the MTHFR C677T variant, while our meta-analysis assessed both MTHFR C677T and A1298C SNPs. Moreover, they included 19 Asian studies and concluded no significant association between MTHFR C677T and breast cancer among Asians. However, we included 36 Asian studies (almost twofold compared to the study by He and Shen (2017), indicating the association of MTHFR C677T and breast cancer. In addition, in the case of the A1298C variant, allelic and homozygous genetic models were associated with increased risk of BC; moreover, Western Asia populations showed the same association in the heterogeneous models which are considered as the first report in this regard.

Although this is an up-to-date meta-analysis study, there were a number of limitations that need to be mentioned. First, given the high rate of heterogeneity in a number of findings, it is likely that the results are negatively affected, suggesting further studies are required. Second, subgroup analysis was not performed according to the levels of serum folate. Third, this analysis was carried out only on researches published in English. However, the present study also had some highlights which include more reliable results due to the increased sample size, as well as the use of all the possible genetic models in examining the association between these two polymorphisms and the risk of BC.

### Conclusion

In conclusion, the present meta-analysis showed that the MTHFR C677T variants might be a promising factor that predisposes BC in an Asian population. In contrast to other studies reporting a non-significant association between the A1298C variant and BC, we found that the A1298C variant acts as a risk factor for BC, particularly in the Western Asian population. Nevertheless, further studies are required to show the association of MTHFR C677T and A1298C gene polymorphisms with BC in an Asian population in the presence of other factors such as folate levels.

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#### **Compliance with Ethical Standards**

Conflict of interest Authors declare that they have no conflicts of interest.

Ethical Approval This article does not contain any studies with human participants or animals performed by any of the authors.

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