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# Subclinical myasthenia gravis in thymomas

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### ABSTRACT

*Background:* A proportion of thymoma-patients without a history of myasthenia gravis (MG) before thymectomy, appears to have positive anti-AChR-antibodies in the serum. These subclinical MG-patients could be underdiagnosed because analyzation of anti-AChR-antibodies in thymomas is not always performed in patients who did not experience neurological symptoms. The prevalence and long-term outcomes of subclinical MG are never described in literature yet.

*Methods*: We retrospectively analyzed 398 consecutive patients who underwent a robotic-assisted thoracoscopic surgery at the Maastricht University Medical Center+ (MUMC+) between April 2004 and December 2018. In the MUMC+, a robotic approach is the standard surgical approach in patients with thymic diseases. Inclusion criteria were thymomas, thymectomy performed in the MUMC+ with a follow-up of at least one year and age above 18 years old. Exclusion criteria were patients with thymic carcinomas, refused participation, or those who were lost to follow-up.

*Results*: Of the 102 included thymoma-patients, 87 patients (85 %) were tested for anti-AChR-antibodies before thymectomy, of which 57 patients were diagnosed with clinical MG and seven subclinical MG-patients were found. Of the 15 patients who were not tested for anti-AChR-antibodies, four more subclinical MG-patients were discovered in the years after thymectomy. The median follow-up time was 62 months. In total, 11 subclinical MG-patients were found, with a mean age of 54 years and predominantly females (64 %). Ten subclinical MG-patients (91 %) developed clinical-MG, within six years after thymectomy. Immunosuppressive drugs were prescribed in five patients. Four patients were diagnosed with a recurrence of the thymoma. No surgical mortality was reported. Two patients died due to a myasthenic crisis.

*Conclusions:* The prevalence of subclinical MG in thymomas was found to be 10.8 %. One in four patients who experienced no neurological symptoms before thymectomy, appeared to have anti-AChR-antibodies and 91 % of these patients developed clinical MG within six years after the thymectomy. Analyzing anti-AChR-antibodies in the serum is recommended in all suspected thymomas before a thymectomy is performed.

#### 1. Introduction

Myasthenia gravis (MG), a rare auto-immune disorder featured by muscle weakness, is found in 20–25 % of the patients with a thymoma. Almost all thymoma-patients with MG have anti-AChR-antibodies [1]. In our center, we have discovered a proportion of thymoma-patients that appears to have positive anti-AChR-antibodies in the serum without neurological symptoms before the thymectomy. We have defined this population as seropositive patients without clinical symptoms in the medical history, thus a subclinical variant of the more commonly described clinical MG. The existence, the prevalence and long-term outcomes of subclinical MG are not described in previous literature yet. Testing anti-AChR-antibodies in patients, when a diagnosis of a thymic epithelial tumor is suspected, is mentioned sporadically in evidence-based guidelines [2,3]. However, some thymoma-patients without neurological symptoms are not analyzed for

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anti-AChR-antibodies in the serum, nor seen by a neurologist if there are no clear symptoms of muscle weakness. When the antibody status is unknown before surgery, optimal precautions are not considered adequately. An optimal pre-evaluation of MG-patients is necessary for adequate drug treatment, anesthetics and ventilation during the thymectomy and for minimizing the risk for a postoperative myasthenic crisis [4].

Myasthenia gravis has a potentially deadly outcome due to a myasthenic crisis with respiratory failure [5]. MG is characterized by fluctuating muscle weakness, fatigability and exhaustion of skeletal muscles, especially worsening upon exertion. Autoantibodies in MG are acting against the acetylcholine receptor (anti-AChR), muscle-specific tyrosine kinase (anti-MuSK), or lipoprotein receptor-related protein four (anti-LRP4) [6,7]. MG is diagnosed by medical history and physical examination and can be confirmed by electromyography and autoantibodies in the serum [8,9]. The prevalence of clinical MG and MG-associated-thymomas in the Netherlands was found to be 167 and 13 per million inhabitants respectively [10,11]. The negative predictive value of analyzing anti-AChR-antibodies is 100 % in thymoma-patients with late-onset myasthenia gravis (LOMG) and 99.5 % in thymoma-patients with early-onset myasthenia gravis (EOMG) [12]. There are several pathogenic mechanisms found in patients with a thymoma. One of the triggers, in thymoma-patients, irrespective of MG-status, is a defective expression of the autoimmune regulator (AIRE). This protein is a transcription factor in the medulla of the thymus that drives ectopic expression of peripheral tissue-specific autoantigens, including the AChR-α-subunit. In 95 % of all patients with a thymoma, the failure to express AIRE is a possible contribution in disturbed pathways involved in autoimmunity [13,14]. Most thymomas have a slow grow pattern with overall benign features. However, in all patients with a thymoma, a thymectomy should be performed because a thymoma could have a potential malignant behavior with a risk for invasiveness and metastatic disease. A robotic thymectomy is safe and feasible in early-stage thymomas and some selected advanced thymomas [15-18]. Furthermore, a thymectomy improves clinical outcomes over a 5-year period in patients with nonthymomatous MG who have anti-AChR-antibodies [19,20]. Therefore, a thymectomy is recommended in all patients with positive anti-AChR-antibodies, even in the case that the presence of a thymoma is less likely. Because pulmonary oncologists are the center point in the treatment of patients with a thymoma, it is essential to have a clear overview of the potential risks of paraneoplastic syndromes, like (subclinical) myasthenia gravis.

This retrospective study aims to investigate the prevalence of subclinical MG in patients with a thymoma and to analyze the long-term outcomes of these patients after thymectomy.

#### 2. Patients and methods

We retrospectively analyzed all consecutive 398 patients who underwent a robotic-assisted thoracoscopic surgery (RATS), using the DaVinci Robotic System at the Maastricht University Medical Center+ (MUMC+) between April 2004 and December 2018. This study was approved by the medical ethical commission of the MUMC + in 2019. In the MUMC+, a robotic approach is the standard surgical approach in patients with thymic diseases. The MUMC + is the principal referral center in the Netherlands for robotic thymectomy in patients with thymomas and myasthenia gravis. Because most of the patients were referred to the MUMC + only for the thymectomy, the follow-up data for the neurological and oncological status after thymectomy was requested in the referring hospitals with consent of the patients (written permission). Inclusion criteria were: pathologically proved thymomas, a thymectomy performed in the MUMC + with a follow-up of at least one year and age above 18 years old. Exclusion criteria were: thymic carcinomas, refused permission by the patient for requesting data in the referring hospital and patients who were lost to follow-up. Anti-AChR-antibodies were measured by radio immune assay (RIA) or enzyme-linked

immunosorbent assay (ELISA) in the referring hospital. In RIA, the antibodies were found positive in case of >0.25 nmol/L and in ELISA, cutoff values provided by the manufacturers were applied. The clinical severity of MG was classified by the criteria of the Myasthenia Gravis Foundation of America (MGFA). Subclinical MG was defined as positive anti-AChR-antibodies in the serum, without previous clinical MGsymptoms. All the MGFA scores were retrospectively examined by the same blinded physician. Thymomas were histologically classified by the WHO Histological Classification of Thymomas. The tumor invasion was classified by the Masaoka-Koga Staging System and TNM Classification of Malignant Tumors.

#### 3. Results

From April 2004 until December 2018, a total of 398 patients underwent a robotic thymectomy in the MUMC + . A robotic thymectomy was performed in 130 patients for a thymoma, of which 102 patients (78.5 %) were included and 28 patients (21.5 %) were excluded based on the study criteria. A flow chart of this study is shown in Fig. A1 in Appendix A. Of the 28 excluded patients with a thymoma, seven patients had an objection against participating in this follow-up study and did not give permission for requesting their data at the hospitals where they were treated. Six patients died in the years before the start of this study. Of the remaining 15 patients, some patients migrated outside the country or were not answering the request for permission. Patients were excluded from this study if they still not answered the request after four attempts.

The pre-surgical MGFA was based on the clinical status at the last outpatient clinic before the thymectomy, at the latest three months before surgery. The median follow-up time was 62 months (range: 13-153 months). Of the 102 included patients with a suspected thymoma, 87 patients (85.3 %) were analyzed for anti-AChR-antibodies prior to the thymectomy. Of the 58 patients who were diagnosed with clinical MG in the months before the thymectomy (range: 2-120 months), 57 patients had positive anti-AChR-antibodies. The patient characteristics of all included patients are shown in Table B1 in Appendix B. One patient had a negative AChR-test, despite the presence of clinical MG-symptoms. Anti-MuSK-antibodies or anti-LRP4antibodies were not analyzed in the referring hospital. Thymomas in anti-MuSK-antibody positive patients are seldom described, but very rare. Seven subclinical MG-patients were discovered prior to the thymectomy, and medical precautions (e.g. fewer muscle relaxants in anesthesia, extra monitoring of neuromuscular- and respiratory status, etc.) were made during the thymectomy and hospital stay. Of the 15 patients (14.7 %) who were not analyzed for anti-AChR-antibodies prior to the thymectomy, four patients were discovered with positive anti-AChR-antibodies in the years after the thymectomy. These four patients developed newly diagnosed muscle weakness and consulted a neurologist. The remaining 10 thymomas who were never analyzed for anti-AChR-antibodies, did not consult a neurologist and did not develop neurological symptoms as far as the follow-up has shown.

In a total of 102 thymomas, 44 patients did not experience MGsymptoms before the thymectomy. Follow-up showed that of this group of 44 patients, a total of 11 patients were eventually found with positive anti-AChR-antibodies. Thus, of the patients without MGsymptoms before the thymectomy, 25 % of these patients appeared to have anti-AChR-antibodies in the serum. Seven out of 11 patients were diagnosed before thymectomy and four out of 11 patients were diagnosed after thymectomy. In all 102 included thymomas, the presence of 11 patients with subclinical MG leads to a prevalence of subclinical MG of 10.8 %. A specific overview of the patients with subclinical MG is shown in Table C1 in Appendix C. Of the 11 subclinical MG-patients, 10 patients (91 %) developed clinical MG (range MGFA 1–4B). Symptoms of MG started from one day till 74 months after the thymectomy (median time: 28 months). Immunosuppressive drugs were prescribed in five patients (45 %). Advanced stage thymomas (Masaoka-Koga stage  $\geq$  III) were found in four subclinical MG-patients (36 %). In one patient, no tumor size was reported in the pathological report. In de rest of the group, tumor sizes were found between 25–105 mm (median size: 62 mm). One patient underwent an extended robotic thymectomy with access ports on both sides of the thorax. No conversions to thoracotomy or sternotomy were reported in subclinical MG-patients.

Five patients with subclinical MG (45 %), of whom two patients underwent debulking surgery, were diagnosed with a recurrence of the thymoma after the thymectomy (median time, 47 months; range 7–85 months). Four out of five patients who were diagnosed with a recurrence, have received adjuvant radiotherapy after thymectomy (50–60 Gy in 25–30 fractions). All subclinical MG-patients with a recurrence were diagnosed with a B2-thymoma. Two patients with subclinical MG were treated with chemotherapy after the thymectomy. One of these patients received adjuvant cisplatin-etoposide and the other patient, who also underwent neoadjuvant chemotherapy (cisplatin-etoposide), received second-line paclitaxel-carboplatin.

No surgical mortality was reported. Three out of 11 subclinical MGpatients died during follow-up.

The first patient (patient I) developed MG-symptoms 72 months after surgical resection. He initially started with Pyridostigmine, but he started with Prednisone as well after the MG-symptoms worsened. In the meantime, he developed a recurrence of the B2-thymoma with pleural metastasis, 85 months after the thymectomy. Due to the extensiveness of the metastasis, surgical treatment was not an option. The patient preferred to wait with chemotherapy and best support of care was provided. He died 99 months after the thymectomy in the hospital, where he was treated with Prednisone and IVIG for a myasthenic crisis, that was probably triggered after Prednisone was tapered at home. The most likely cause of death was reported as an asystolic cardiac arrest after he was collapsed in the hospital bed and did not respond to cardiopulmonary resuscitation. At the request of the family, no obduction was performed.

The second patient (patient J), with a mass in the anterior mediastinum and suspected pleural metastasis on PET-CT, first underwent mediastinoscopy and bronchoscopy. Because both results were negative, the multidisciplinary medical team decided to perform a wedge resection and a pleural biopsy. The biopsy showed a B2-thymoma. A complete resection was initially purposed but converted to debulking surgery. Multiple pleural metastases were found and the brachiocephalic vein was totally encapsulated and invaded by tumor tissue. Clips on the borders of the surgical resection were left. Adjuvant radiotherapy was suggested but due to the progression of multiple metastases and a newly suspected supraclavicular metastasis, local therapy was not an option. The patient started with cisplatin-etoposide and after a short period of tumor regression, he showed progression after three months of chemotherapy. Molecular analysis of the previous resected tissue showed no mutations, and 68Ga-DOTATOC PET/CT imaging was found negative. Second-line chemotherapy (cisplatin- doxorubicin- cyclophosphamide) was suggested, but the patient preferred to wait. He developed a superior vena cava syndrome and a superior vena cava stent was placed, followed by palliative radiotherapy. In the meantime, the patient developed MG-symptoms, 24 months after the thymectomy, and was treated with Pyridostigmine and Prednisone. More than a year later, the patient experienced dyspnea with progressive weakness of ocular and bulbar muscles after Prednisone was tapered. The cardiac evaluation showed no pathological abnormalities and a pulmonary embolism was excluded by CT-imaging. IVIG was suggested, but the patient preferred to die at home instead of hospitalization. He died 39 months after the thymectomy.

The third patient (patient K) had an advanced stage IVa thymoma with implants in the pleura, lung, pericardium, and both phrenic nerves. Therefore, a complete resection (R0) was not feasible. He first received neoadjuvant chemotherapy and after surgical resection, he received local adjuvant radiotherapy. Seven months after the thymectomy, he developed a recurrence of the thymoma with pleural implants.

Molecular analysis showed no mutations. A surgical or radiological treatment was not an option due to the extensiveness of the disease. After two cycles of second-line chemotherapy (paclitaxel-carboplatin), the patient developed pneumonia and died after antibiotic treatment, 16 months after the thymectomy. He developed no myasthenic symptoms during his follow-up of 16 months.

#### 4. Discussion

In this retrospective study, we found a prevalence of 10.8 % of subclinical myasthenia gravis in patients with a thymoma who underwent a thymectomy. Of the patients without neurological symptoms before the thymectomy, 25 % of these patients appear to have positive anti-AChR-antibodies. Of the subclinical MG-patients, 91 % of these patients developed clinical symptoms within six years after the thymectomy.

If subclinical patients developed MG-symptoms, it was on average at 28 months after the thymectomy. Therefore, we think that the one and only patient who did not develop MG-symptoms and died at 16 months after the thymectomy, had a follow-up period that was possibly too short for the development of clinical significant MG-symptoms. Since nearly all subclinical MG-patients in our series developed MG-symptoms and some patients need to be treated with immunosuppressive drugs, it is now clear that mild to severe MG can develop for many years after the thymectomy in patients with a thymoma who never experienced MGsymptoms before thymectomy. Because there is no previous literature on this topic, it is hard to compare our results with other centers. However, the results in this study should be an eye-opener and emphasize the importance of analyzing anti-AChR-antibodies in all suspected thymomas before a thymectomy is performed.

In the last two decades, more guidelines for the treatment of thymic tumors were developed. Patients with a suspected thymoma and positive anti-AChR-antibodies without MG-symptoms have never been described as a group that needs extra attention during preoperative evaluation and postoperative follow-up. Because pre-surgical blood-analysis is a standard in all patients, ordering a test for anti-AChR-antibodies is a minor addition for the physician. Patients with positive anti-AChR-antibodies are at risk for the development of myasthenic symptoms during hospitalization and after discharge from the hospital. Medical precautions are performed in all patients with positive anti-AChR-antibodies, for example adequate drug treatment, fewer muscle relaxants in anesthetics, more adjusted ventilation during the thymectomy, and minimizing the risk for a postoperative myasthenic crisis [3]. If the antibody status is unknown before the thymectomy, patients with undiagnosed subclinical MG will receive incomplete presurgical evaluation. The presence an of anti-AChR-antibodies is also a warning for the future because it is now clear that most subclinical MG-patients will develop clinical MG. It is important to inform the patients with subclinical MG about what the future can reveal, by creating attention and awareness of MG during a neurological consultation before the thymectomy.

Furthermore, our series showed two patients with subclinical MG who were treated with adjuvant and second-line chemotherapy and one of them received neoadjuvant chemotherapy as well. Both chemotherapy and checkpoint-inhibitors, could increase MG-symptoms and may have to be reconsidered for all patients with a thymoma and positive anti-AChR-antibodies [21–23]. For example, the presence of anti-AChR-antibodies put patients with a thymoma at risk for developing myositis after treatment with avelumab, an immune checkpoint inhibitor targeting programmed death-ligand 1 (PDL-1) [24].

Previous research proved the safety and feasibility of minimally invasive techniques for patients with early-stage thymomas and selected advanced stage thymomas [15–18]. For this reason, all the suspected thymomas in our center were initially operated by robotic-assisted thoracoscopic surgery if computer tomography precluded no invasion of tumor in greater thoracic vessels [25]. In this study, no conversions to thoracoscopy or sternotomy were reported in patients with subclinical MG. In our total group of patients with a thymoma, seven recurrences occurred of which five patients were diagnosed with subclinical MG. Although a low recurrence rate was found in the groups with clinical MG (3%) and without MG (3%), the recurrence rate in the group with subclinical MG is higher (45 %), despite adjuvant radiotherapy was performed in 80 % of these patients. Of the five patients with a recurrence, two recurrences were pre-surgically expected due to invasive stage IV disease. Possibly, there is an association between the recurrence rate and the higher amount of advanced staged thymomas in the group with subclinical MG. To analyze the clinical significance of this possible association, a larger amount of patients is required for further research.

The present study has several limitations. First, MG is frequently described as a paraneoplastic syndrome in patients with thymomas but the prevalence in our series was found higher compared with previous literature, as a result of a referral bias [12,26,27]. In the Netherlands, the MUMC + is the principal tertiary hospital for performing robotic thymectomies in thymomas and MG. Last years, more thymectomies are performed in patients with MG after the randomized MGTX-trial of Wolfe et al. [19,20]. Secondly, a possible selection bias is caused by the necessary permission of the patient for requesting their follow-up data in the referring hospitals. Furthermore, the follow-up was performed at the referring hospitals which may have resulted in different decisions regarding the drug treatment and oncological follow-up after the thymectomy. Finally, subgroup analyses and comparative statistical analyses were not feasible in this study due to a relatively small group of patients with subclinical MG.

A study with a larger group of patients may lead to more specific predictors of disease in patients with subclinical MG. Furthermore, it could be interesting to analyze the serum levels of anti-AChR-antibodies in patients with subclinical MG with respect to possible predictive value.

#### 5. Conclusions

In this study, the prevalence of subclinical MG in thymomas was found to be 10.8 %. And one in four patients who experienced no neurological symptoms before the thymectomy, appeared to have anti-AChR-antibodies. At least 91 % of the patients with subclinical MG developed clinical MG within six years after the thymectomy. Analyzing anti-AChR-antibodies is recommended in all suspected thymomas and should be part of the pre-surgical screening by the pulmonary oncologist. It is malpractice if the antibody status is unknown at the time of a thymectomy. Diagnosing positive anti-AChR-antibodies will lead to a complete presurgical evaluation, specific medical precautions during the hospital stay and personalized treatment after the thymectomy, including oncological- and neurological therapy. Further research is required for performing comparative statistical analyses and specific predictors of disease.

#### Informed consent

Approval of ethics committee (non-WMO research).

#### CRediT authorship contribution statement

Florit Marcuse: Methodology, Formal analysis, Investigation, Data curation, Writing - original draft, Visualization. Monique Hochstenbag: Conceptualization, Resources, Writing - review & editing, Supervision. Janneke G.J. Hoeijmakers: Resources, Writing - review & editing. Myrurgia Abdul Hamid: Resources, Validation, Writing - review & editing. Jan Damoiseaux: Resources, Validation, Writing - review & editing. Jos Maessen: Methodology, Resources, Writing - review & editing. Marc De Baets: Resources, Validation, Writing - review & editing, Supervision, Project administration.

#### **Declaration of Competing Interest**

No conflicts of interest were reported by the authors.

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## Appendix A

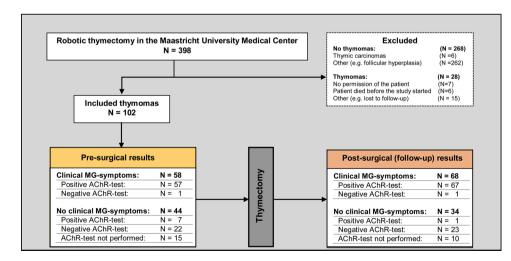


Fig. A1. Flowchart.

Legend: Before thymectomy, seven patients without clinical MG-symptoms and positive anti-AChR-antibodies were found. In the group of patients who were initially not analyzed before thymectomy, four more patients with positive anti-AChR-antibodies were found in the years after thymectomy. The prevalence of subclinical MG in all included thymomas was found 10.8 %. One in four patients (25 %) without clinical MGsymptoms before thymectomy, appeared to have positive anti-AChR-antibodies. Of this group, 10 out of 11 patients (91 %) developed clinical MG after thymectomy.

# Appendix B

# Table B1

Patient characteristics of all included thymomas.

|   | Thymomas                         |                                     |  |
|---|----------------------------------|-------------------------------------|--|
|   | Clinical<br>myasthenia<br>gravis | Subclinical<br>myasthenia<br>gravis | No myasthenia<br>gravis  |
| Patients, n   | 58                               | 11                                  | 33   |
| Female, n (%)   | 30 (52 %)                        | 7 (64 %)                            | 17 (52 %)  |
| Mean age at surgery, years                                    | 55.04                            | 54.36                               | 65.05  |
| Median length of follow-<br>up, months                        | 61                               | 65                                  | 57   |
| Median duration of MG<br>before thymectomy,<br>months (range) | 16 (2–120)                       | -                                   | -  |
| Anti-AChR-antibodies, n                                       | 57 (98 %)                        | 11 (100 %)                          | In 23 patients: 0 %  |
| (%)   | 0, (50 %)                        | 11 (100 %)                          | In 10 patients: no<br>measured                                     |
| Therapy for MG at<br>surgery, n (%)                           |                                  |                                     |  |
| No therapy  | 2 (3 %)                          | 11 (100 %)                          | _  |
| Anticholinesterase  | 24 (42 %)                        | _                                   | _  |
| monotherapy   |                                  |                                     |  |
| Immunosuppressive drugs<br>Pre-surgical MGFA                  | 32 (55 %)                        | -                                   | -  |
| classification (at the  |                                  |                                     |  |
| latest 3 months before  |                                  |                                     |  |
| thymectomy), n (%)  |                                  |                                     |  |
| 0   | 2 (3 %)                          | 11 (100 %)                          | -  |
| I   | 13 (22 %)                        | -                                   | -  |
| IIA + IIB<br>IIIA + IIIB                                      | 31 (54 %)<br>10 (17 %)           | -                                   | -  |
| IIIA + IIIB<br>IVA + IVB                                      | 10(17%)<br>1(2%)                 | -                                   | -  |
| V   | 1 (2 %)                          | -                                   | -  |
| v<br>Neoadjuvant  | 1 (2 %)                          | _<br>1 (9 %)                        | 2 (6 %)  |
| chemotherapy, n (%)   | 1 (2 /0)                         | 1 () /0)                            | 2 (0 /0)   |
| Thymoma diameter  | 19 (33 %)                        | 5 (45 %)                            | 17 (52 %)  |
| >50 mm, n (%)   |                                  |                                     |  |
| WHO histological type, n<br>(%)                               |                                  |                                     |  |
| A   | 6 (10 %)                         | 2 (18 %)                            | 4 (12 %)   |
| AB  | 10 (17 %)                        | 1 (9%)                              | 14 (42 %)  |
| B1  | 1 (2%)                           | 0 (0%)                              | 5 (15 %)   |
| B2  | 26 (45 %)                        | 7 (64 %)                            | 6 (18 %)   |
| B3  | 15 (26 %)                        | 1 (9 %)                             | 2 (6 %)  |
| Micronodular  | 0 (0 %)                          | 0 (0 %)                             | 1 (3 %)  |
| Degenerated   | 0 (0 %)                          | 0 (0 %)                             | 1 (3 %)  |
| Staging, n (%)  | =1 (00.04)                       |                                     |  |
| Early stage thymomas*   | 51 (88 %)                        | 7 (64 %)                            | 28 (85 %)  |
| Advanced stage<br>thymomas**                                  | 7 (12 %)                         | 4 (36 %)                            | 5 (15 %)   |
| Adjuvant radiotherapy, n<br>(%)                               | 21 (36 %)                        | 5 (45 %)                            | 2 performed (6 %<br>and 2<br>recommended but<br>refused by patient |
| Adjuvant/second-line<br>chemotherapy, n (%)                   | 0 (0 %)                          | 2 (18 %)                            | 0 (0 %)  |
| Recurrence, n (%)   | 2 (3 %)                          | 5 (45 %)                            | 1 (3 %)  |
| Mortality after   | 5 (9 %)                          | 3 (27 %)                            | 5 (15 %)   |
| thymectomy, n (%)   |                                  |                                     |  |

WHO: World Health Organization; MGFA: Myasthenia Gravis Foundation of America.

\* Early stage thymomas: Masaoka-Koga stages I and II / TNM < T3N0M0.</li>
 \*\* Advanced stage thymomas: Masaoka-Koga stages III and IV / TNM ≥ T3N0M0.

Appendix C

| Patient | Age             | Total                            | Size of | OHM            | Masaoka-  | (Neo)-adjuvant therapy   | Recurrence of                       | Dead, months<br>م   | Start of MG-                         | MGFA              | MGFA           | Therapy  |
|---------|-----------------|----------------------------------|---------|----------------|-----------|--|-------------------------------------|---------------------|--------------------------------------|-------------------|----------------|----------|
|         | (years),<br>sex | duration<br>follow-up,<br>months | tumor   | classification | Koga      |  | thymoma, months<br>after thymectomy | atter<br>thymectomy | symptoms atter<br>thymectomy, months | score at<br>onset | worst<br>score | for MG   |
| A       | 34, F           | 94                               | 55 mm   | Thymoma B2     | Stage I   | No   | 71                                  | No                  | 3                                    | 2A                | 3A             | Steroids |
| В       | 54, F           | 111                              | 50 mm   | Thymoma B2     | Stage III | Adjuvant radiotherapy  | 55                                  | No                  | 60                                   | 2B                | 2B             | No       |
| U       | 47, F           | 94                               | 42 mm   | Thymoma AB     | Stage I   | No   | No                                  | No                  | 7                                    | 2A                | 2B             | Steroids |
| D       | 66, F           | 28                               | 50 mm   | Thymoma A      | Stage I   | No   | No                                  | No                  | 24                                   | 2A                | 2A             | Pyrido-  |
|         |                 |                                  |         |                |           |  |                                     |                     |                                      |                   |                | stigmine |
| Е       | 50, F           | 54                               | 25 mm   | Thymoma B2     | Stage IIA | No   | No                                  | No                  | 14                                   | 1                 | 1              | No       |
| F       | 50, F           | 74                               | 105 mm  | Thymoma A      | Stage IIA | No   | No                                  | No                  | 56                                   | 4B                | 4B             | Steroids |
| ť       | 58, F           | 62                               | 28 mm   | Thymoma B2     | Stage IIA | No   | No                                  | No                  | 24                                   | 2A                | 2B             | No       |
| Н       | 63, M           | 39                               | 80 mm   | Thymoma B3     | Stage III | Adjuvant radiotherapy  | No                                  | No                  | One day post-surgery                 | 2B                | 2B             | No       |
| I       | 64, M           | 66                               | N/A     | Thymoma B2     | Stage IIB | Adjuvant radiotherapy  | 85                                  | Yes, 99 months      | 72                                   | 2B                | Λ              | Steroids |
| ſ       | 58, M           | 39                               | 80 mm   | Thymoma B2     | Stage IVA | Adjuvant chemotherapy + palliative<br>radiotherapy                   | 17                                  | Yes, 39 months      | 24                                   | 3B                | 4B             | Steroids |
| К       | 54, M           | 16                               | 100 mm  | Thymoma B2     | Stage IVA | Neoadjuvant<br>chemotherapy + adjuvant<br>radiotherapy + accord.line | 7                                   | Yes, 16 months      | No symptoms                          | I                 | I              | I        |
|         |                 |                                  |         |                |           | chemotherapy   |                                     |                     |                                      |                   |                |          |

WHO: World Health Organization; MGFA: Myasthenia Gravis Foundation of America.

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