



## Non- $\beta$ -Blocking Carvedilol Analog, VK-II-86, Prevents Ouabain-Induced Cardiotoxicity

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**Background:** It has been shown that carvedilol and its non  $\beta$ -blocking analog, VK-II-86, inhibit spontaneous  $\text{Ca}^{2+}$  release from the sarcoplasmic reticulum (SR). The aim of this study is to determine whether carvedilol and VK-II-86 suppress ouabain-induced arrhythmogenic  $\text{Ca}^{2+}$  waves and apoptosis in cardiac myocytes.

**Methods and Results:** Rat cardiac myocytes were exposed to toxic doses of ouabain ( $50 \mu\text{mol/L}$ ). Cell length (contraction) was monitored in electrically stimulated and non-stimulated conditions. Ouabain treatment increased contractility, frequency of spontaneous contractions and apoptosis compared to control cells. Carvedilol ( $1 \mu\text{mol/L}$ ) or VK-II-86 ( $1 \mu\text{mol/L}$ ) did not affect ouabain-induced inotropy, but significantly reduced the frequency of  $\text{Ca}^{2+}$  waves, spontaneous contractions and cell death evoked by ouabain treatment. This antiarrhythmic effect was not associated with a reduction in  $\text{Ca}^{2+}$  calmodulin-dependent protein kinase II (CaMKII) activity, phospholamban and ryanodine receptor phosphorylation or SR  $\text{Ca}^{2+}$  load. Similar results could be replicated in human cardiomyocytes derived from stem cells and in a mathematical model of human myocytes.

**Conclusions:** Carvedilol and VK-II-86 are effective to prevent ouabain-induced apoptosis and spontaneous contractions indicative of arrhythmogenic activity without affecting inotropy and demonstrated to be effective in human models, thus emerging as a therapeutic tool for the prevention of digitalis-induced arrhythmias and cardiac toxicity.

**Key Words:** Apoptosis; Arrhythmias; Carvedilol; Digitalis; VK-II-86

Cardiotonic glycosides (CG) or digitalis are positive inotropes used in clinical practice and also exist as endogenous ligands of the  $\text{Na}^+/\text{K}^+$ -ATPase (NKA).<sup>1</sup> These compounds selectively bind to the NKA and cause an increase in intracellular  $[\text{Na}^+]$ , which reduces  $\text{Ca}^{2+}$  extrusion via the sarcolemmal  $\text{Na}^+/\text{Ca}^{2+}$  exchanger (NCX), resulting in an increase in sarcoplasmic reticulum (SR)  $\text{Ca}^{2+}$  load and systolic  $\text{Ca}^{2+}$  release. This produces a positive inotropic effect, which has motivated their use for the treatment of heart failure.<sup>2</sup> However, CG have toxic effects that limit their clinical use.<sup>3</sup> In the heart, they have been associated with arrhythmias and loss of cardiac myocytes due to apoptosis.<sup>4–7</sup> The pro-arrhythmic effects have been proposed to occur when the SR  $\text{Ca}^{2+}$  storage capacity is exceeded, resulting in diastolic SR  $\text{Ca}^{2+}$  waves

and delayed after depolarizations (DADs), in a process termed “store overload-induced  $\text{Ca}^{2+}$  release” (SOICR).<sup>8</sup> Additionally, SOICR has been associated with apoptosis of cardiomyocytes mediated by mitochondrial  $\text{Ca}^{2+}$  overload or activation of  $\text{Ca}^{2+}$ -dependent kinases.<sup>9–12</sup> In addition to the role played by SR  $\text{Ca}^{2+}$  overload in digitalis-induced arrhythmias, we and others demonstrated that ryanodine receptor (RyR2) site Ser2814 phosphorylation by  $\text{Ca}^{2+}$  calmodulin-dependent protein kinase II (CaMKII) is a key determinant of digitalis-induced  $\text{Ca}^{2+}$  waves and arrhythmias.<sup>5,13</sup> Indeed, pharmacological and genetic interventions that prevent CaMKII-dependent RyR2 phosphorylation have been effective in reducing digitalis-induced SOICR.<sup>5,14</sup> Interestingly, beyond its arrhythmogenic effect, CaMKII has been shown to mediate digitalis-induced apoptosis.<sup>6</sup>

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Unfortunately, cardiac-specific CaMKII inhibition is not currently available. However, the pharmacological modulation of RyR2 has emerged as a therapeutic option to prevent arrhythmogenic SR Ca<sup>2+</sup> release.<sup>15-17</sup> Indeed, carvedilol has been shown to have a unique property, not shared by other  $\beta$ -blockers, which is to suppress SOICR and prevent arrhythmias in mice.<sup>16</sup> The antiarrhythmic mechanism of carvedilol has been attributed to its action on RyR2 gating, particularly the reduction in the duration of RyR2 openings.<sup>16</sup> Although at present, the specific RyR2 binding site for carvedilol has not been established, we speculate that a reduction in RyR2 open time could be an effective approach to reduce the cardio-toxic effects of digitalis.

Carvedilol is the  $\beta$ -blocker of choice for patients with heart failure.<sup>18-20</sup> Nevertheless, the concentrations required to suppress SOICR are higher than those required for  $\beta$ -blockade (~1 nmol/L).<sup>8</sup> Therefore, SOICR inhibition would require high doses of carvedilol, inducing excessive  $\beta$ -blockade and bradycardia.<sup>21</sup> In contrast, VK-II-86, a structural analog of carvedilol has minimum  $\beta$ -blocking activity, but retains its capacity to reduce SOICR.<sup>16</sup> Thus, we hypothesized that VK-II-86 could reduce the incidence of arrhythmogenic SR Ca<sup>2+</sup> waves in cardiac myocytes treated with digitalis. Another aim of this work was to test the efficacy of VK-II-86 to reduce digitalis-induced cell death.

## Methods

All experiments were performed in accordance with the Guide for the Care and Use of Laboratory Animals (NIH Publication No.85-23, revised 1996) and approved by the Institutional Animal Care and Use Committee of La Plata University.

### Rat Cardiac Myocytes Isolation and Culture

Male Wistar rats (200–300 g) were anaesthetized by an intra-peritoneal injection of ketamine (79 mg/kg) and diazepam (5 mg/kg), and hearts were excised when plane three of phase III of anaesthesia was reached. Plane three of phase III of anaesthesia was verified by the presence of slow deep diaphragmatic breathing, loss of the corneal reflex and the absence of tongue retraction. Cardiac myocytes were isolated by collagenase-based enzymatic digestion, as previously described.<sup>21</sup>

For culture, isolated cells were re-suspended in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with (in g/L) 0.017 ascorbic acid, 2 BSA, 0.4 L-carnitine, 0.66 creatine, 0.62 taurine, 50 U/mL penicillin, and 50 U/mL streptomycin, and counted. Myocytes were plated at a density of  $\sim 2 \times 10^4$  rod-shaped cells/mL into culture dishes for 1 h to allow cell attachment. After this period, the culture media was changed for a fresh one with or without ouabain and the presence or absence of pharmacological compounds according to the protocols performed (see Results). After 24 h of culture, the cells were photographed to assess viability and apoptosis.

### Pharmacological Agents

Ouabain, Atenolol and Carvedilol were purchased from Sigma-Aldrich; VK-II-86 was synthesized as reported in Zhou et al,<sup>16</sup> and Ru360 was purchased from Calbiochem, USA.

### Cytosolic Calcium and Cell Shortening Measurements

Myocytes were loaded with 10  $\mu$ mol/L Fura-2 AM (ThermoFisher Scientific) for 12 min. Fura-2 fluorescence was measured on an inverted microscope adapted for epifluorescence by Ion Optix hardware. The ratio of the Fura-2 fluorescence (510 nm) obtained after exciting the dye at 340 and 380 nm was taken as an index of Ca<sup>2+</sup>. The amplitude of the Ca<sup>2+</sup> transient induced by rapid application of 15 mmol/L caffeine was used to estimate SR Ca<sup>2+</sup> content.<sup>9</sup> Cell shortening was registered by video-detection of cell length.<sup>9</sup>

### Detection of Spontaneous Ca<sup>2+</sup> Release by Confocal Microscopy

Myocytes were loaded with 10  $\mu$ mol/L Fluo-3 AM (ThermoFisher Scientific) and examined using a Zeiss 410 inverted confocal microscope (LSM Tech, Pennsylvania, USA). Cells were imaged in line-scan mode along their long axis, exciting with the 488 nm line of an argon laser and collecting emission at >515 nm.<sup>5</sup> Data were analysed using the 'Sparkmaster' plugin for ImageJ.<sup>22</sup>

### Immunodetection by Western Blot Analysis

Homogenates were prepared from the pulverized ventricular tissue of Langendorff-perfused rat hearts, as previously described.<sup>9</sup> For details, refer to the supplementary material.

### Human Cardiomyocytes Derived From Induced Pluripotent Stem Cells

Induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs) were obtained by using the monolayer differentiation protocol described by Burrige et al.<sup>23</sup> For this purpose, the FH2.1 induced pluripotent cells were used.<sup>24</sup> The assessment of the efficiency of cardiac differentiation was performed by using standard flow cytometry to determine the percentage of Troponin C<sup>+</sup> cells. The cells were maintained in Roswell Park Memorial Institute (RPMI) medium supplemented with B27 at 37°C and 5% CO<sub>2</sub> until 35 days after the start of differentiation. Cells were used between days 35 and 37.

### Human Cardiac Myocyte Mathematical Model

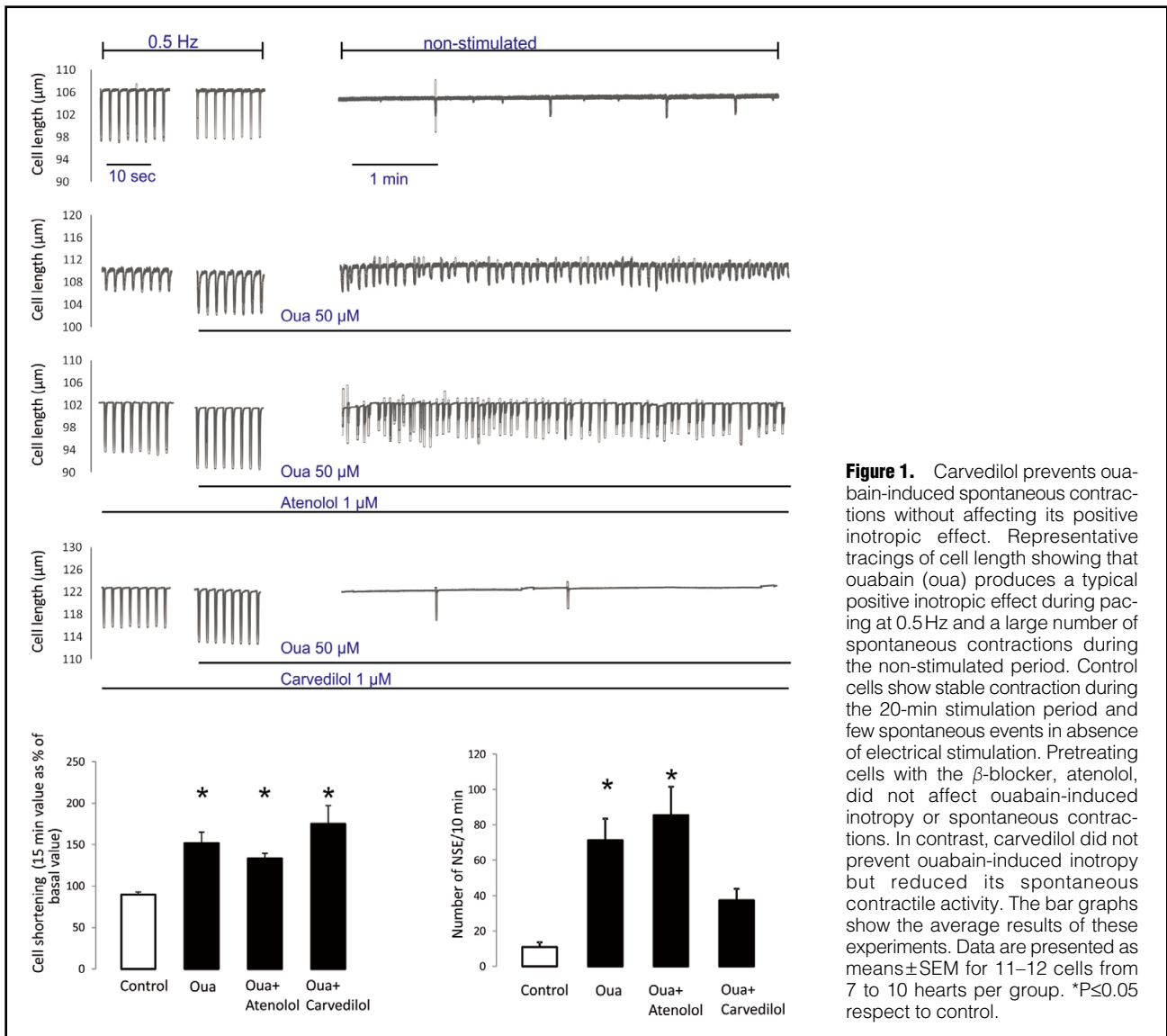
A modified ten Tusscher-Panfilov human ventricular myocyte model (TP)<sup>25</sup> was used to test the effects promoted by VK-II-86, Ouabain and their combination. This model has been validated by us and others.<sup>26,27</sup> For details, refer to the supplementary material.

### Assessment of Cell Viability and Apoptosis

Cells were evaluated morphologically, being classified as viable or non-viable according to their length-to-width ratio ( $\geq 3$  were considered viable).<sup>21</sup> From each culture, which was considered as an n equal to 1, at least 8 photographs per group were taken to count and classify the cells. Caspase-3 activity, used as an index of apoptosis, was determined using the caspase-3 fluorescent substrate, Phiphilux (OncoImmunit; Gaithersburg, MD, USA). Briefly, 2.5  $\mu$ mol/L Phiphilux was added to each culture dish at the end of the incubation period and allowed to incubate for 1 h at 37°C. Myocytes were gently washed once and imaged under a fluorescence microscope.<sup>21</sup>

### Statistical Analysis

Unpaired Student's t-test and one-way ANOVA followed



**Figure 1.** Carvedilol prevents ouabain-induced spontaneous contractions without affecting its positive inotropic effect. Representative tracings of cell length showing that ouabain (oua) produces a typical positive inotropic effect during pacing at 0.5 Hz and a large number of spontaneous contractions during the non-stimulated period. Control cells show stable contraction during the 20-min stimulation period and few spontaneous events in absence of electrical stimulation. Pretreating cells with the  $\beta$ -blocker, atenolol, did not affect ouabain-induced inotropy or spontaneous contractions. In contrast, carvedilol did not prevent ouabain-induced inotropy but reduced its spontaneous contractile activity. The bar graphs show the average results of these experiments. Data are presented as means  $\pm$  SEM for 11–12 cells from 7 to 10 hearts per group. \* $P \leq 0.05$  respect to control.

by the Tukey-Cramer post hoc test were used for statistical comparisons when appropriate. Data are expressed as mean  $\pm$  SEM. Differences were considered significant at  $P \leq 0.05$ .

## Results

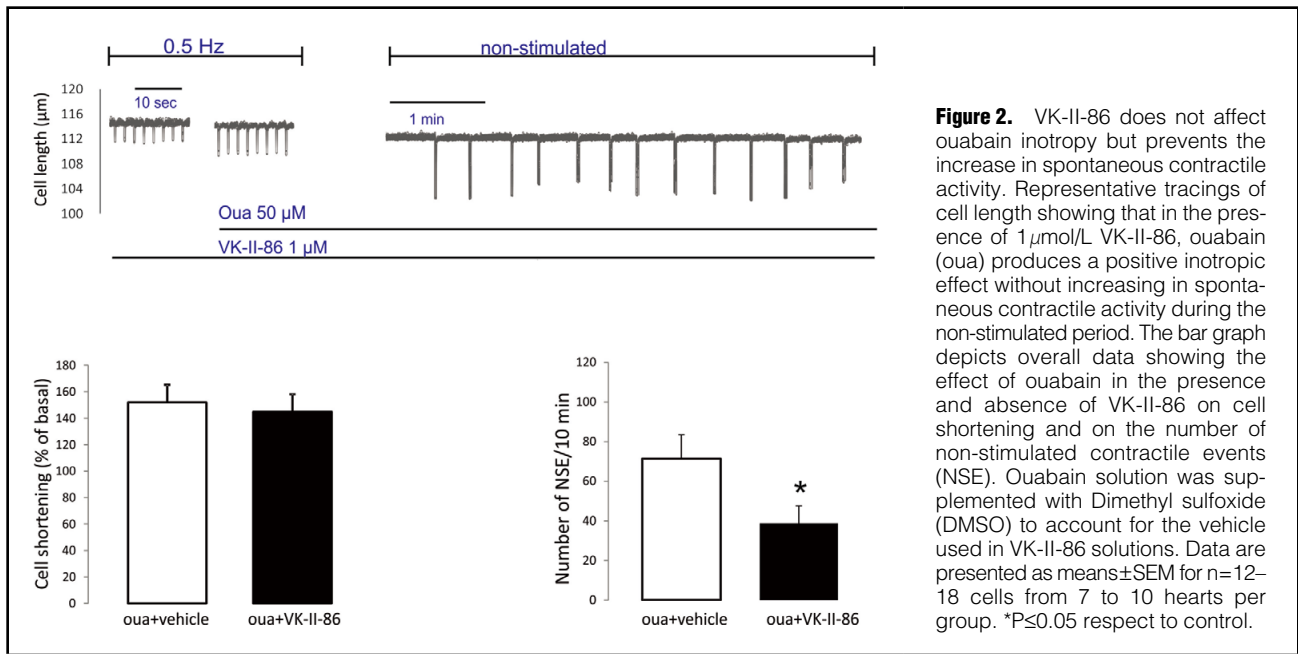
### Carvedilol Prevents Ouabain-Induced Spontaneous Contractile Activity

Previous reports from our and other laboratories demonstrated that 50  $\mu$ mol/L ouabain promotes SOICR and its associated spontaneous contractions in rat cardiac myocytes.<sup>5,28</sup> Thus, we compared in the same experimental conditions the efficacy of carvedilol and atenolol, 2 different  $\beta$ -blockers with and without anti-SOICR properties, to abolish ouabain-induced non-stimulated contractile events (NSE). The effect of 50  $\mu$ mol/L ouabain on cell shortening and the incidence of NSE were tested in rat cardiomyocytes. Myocytes were field-stimulated at 0.5 Hz and superfused with 50  $\mu$ mol/L ouabain. After 20 min, field stimulation was stopped and myocyte length was monitored

for an additional 10 min. Consistent with previous results,<sup>5</sup> the typical tracings depicted in **Figure 1** show that ouabain superfusion produces a positive inotropic effect and enhances the incidence of NSE during the non-stimulated period compared to untreated control cells. Overall, ouabain promoted a 51.9  $\pm$  13.3% increase in contractility and increased the number of NSE from 11  $\pm$  2.6 in control cells to 71.4  $\pm$  12.1 events/10 min in ouabain-treated cells. The tracings further show that pretreatment of cells with 1  $\mu$ mol/L of atenolol does not affect either the ouabain-induced positive inotropic effect or the associated increase in NSE. In contrast, pretreatment with 1  $\mu$ mol/L carvedilol significantly reduced the ouabain-induced increase of NSE without affecting inotropy. The bars graphs in **Figure 1** shows the overall data.

### VK-II-86 Prevents Ouabain-Induced Spontaneous Contractions Without Affecting the Inotropic Response to Ouabain

We next evaluated the effects of VK-II-86 on ouabain inotropy and the propensity for NSE. As can be observed



**Figure 2.** VK-II-86 does not affect ouabain inotropy but prevents the increase in spontaneous contractile activity. Representative tracings of cell length showing that in the presence of 1 µmol/L VK-II-86, ouabain (oua) produces a positive inotropic effect without increasing in spontaneous contractile activity during the non-stimulated period. The bar graph depicts overall data showing the effect of ouabain in the presence and absence of VK-II-86 on cell shortening and on the number of non-stimulated contractile events (NSE). Ouabain solution was supplemented with Dimethyl sulfoxide (DMSO) to account for the vehicle used in VK-II-86 solutions. Data are presented as means±SEM for n=12–18 cells from 7 to 10 hearts per group. \*P≤0.05 respect to control.

in the typical tracings and overall results depicted in **Figure 2**, treating cells with 1 µmol/L VK-II-86 did not affect the ouabain-induced positive inotropic effect but significantly reduced the incidence of NSE.

#### VK-II-86 Does Not Affect Ouabain-Induced RyR2 Phosphorylation or SR Ca<sup>2+</sup> Load

Previous reports (by us and others) showed that ouabain-induced arrhythmias result from SR Ca<sup>2+</sup> overload and a CaMKII-dependent phosphorylation of the RyR2.<sup>5,14</sup> To assess whether the antiarrhythmic effects of VK-II-86 are due to reversal of these alterations, we examined the effect of VK-II-86 on ouabain-induced CaMKII activity, RyR2 phosphorylation and SR Ca<sup>2+</sup> load. **Figure 3** shows typical blots and average results indicating that ouabain-induced CaMKII activity (p-CaMKII), oxidation (OxiCaMKII); phosphorylation of phospholamban (PLN; residues Serine 16 and Threonine 17) and the RyR2 (residues Serine 2808 and 2814) are preserved in the presence of VK-II-86.

The traces in **Figure 4A** show the effect of ouabain, in the absence and presence of VK-II-86, on the caffeine-induced Ca<sup>2+</sup> transients, performed to evaluate SR Ca<sup>2+</sup> content. As can be observed in the typical traces and average results, VK-II-86 fails to affect caffeine-induced SR Ca<sup>2+</sup> release in ouabain-treated cells.

Consistent with the observation that VK-II-86 prevents spontaneous contractions that arises from Ca<sup>2+</sup> waves, **Figure 4B** depicts typical confocal images and average results showing that ouabain significantly increases Ca<sup>2+</sup> wave frequency compared to untreated cells, and that this increase is prevented when ouabain is administered in the presence of VK-II-86. In addition, the overall results show that VK-II-86 prevents the ouabain-induced increase in Ca<sup>2+</sup> spark frequency without affecting sparks morphology. This suggests that the effect of VK-II-86 on RyR2 gating directly has an effect on the probability of Ca<sup>2+</sup> spark formation, which ultimately reduces Ca<sup>2+</sup> waves frequency.

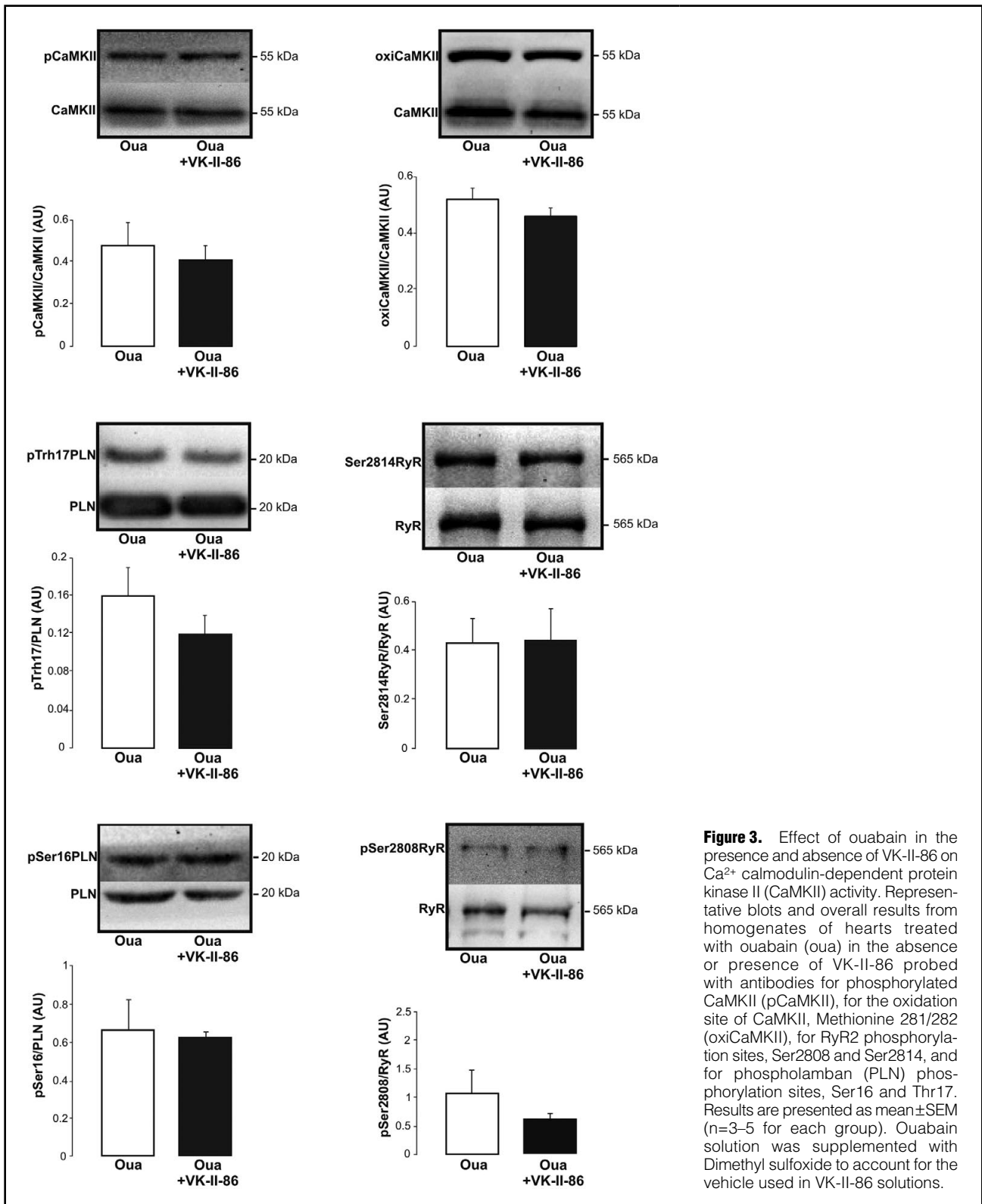
Finally, as SR Ca<sup>2+</sup> waves represent propagated Ca<sup>2+</sup>

release triggered by cytosolic Ca<sup>2+</sup> released from neighboring RyR2 clusters, we examined the effect of VK-II-86 on the velocity of SR Ca<sup>2+</sup> waves as a measure of RyR2 response to cytosolic Ca<sup>2+</sup>. As shown in **Figure 4C**, VK-II-86 also fails to affect the velocity of Ca<sup>2+</sup> waves.

Taken together, these results suggest that the ability of VK-II-86 to reduce ouabain-induced arrhythmic activity is due to its capacity to reduce RyR2 open time rather than to a non-specific reduction in CaMKII activity, SR Ca<sup>2+</sup> load or the sensitivity of the RyR2 to cytosolic Ca<sup>2+</sup>.

#### Human Cardiomyocytes Derived From Induced Pluripotent Stem Cells and a Human Computational Cardiomyocyte Model Reproduce the Arrhythmic and Inotropic Effects of Ouabain and the Antiarrhythmic Action of VK-II-86

Cell shortening was assessed in human-induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs) between days 35 and 37 of culture. Control cells showed stable contraction cycles during a 15-min period, and a similar pattern was observed in cells treated with 1 µmol/L VK-II-86 (not shown). Treatment with 50 µmol/L ouabain produced a typical positive inotropic effect that was not affected by co-treatment with VK-II-86 (**Figure S2**). As can be observed in **Figure 5A**, ouabain promoted an increase in the frequency of spontaneous beats, whereas VK-II-86 was effective in preventing this alteration. To further characterize the anti-arrhythmic efficacy of VK-II-86 in a human model, we examined the effect of ouabain in the presence and absence of VK-II-86 in a mathematical human ventricular myocyte model. **Figure 5B** shows myocyte shortening simulation in the presence and absence of ouabain with and without VK-II-86. The model predicts that ouabain application produces an increase in sarcomere shortening and elicits spontaneous contractions during the unstimulated phase. **Figure 5B** further shows that pre-treatment with VK-II-86 prevents the occurrence of ouabain-induced spontaneous contractions. Similarly, simulating CaMKII inhibition significantly reduced the number of spontaneous contractions, as shown in the

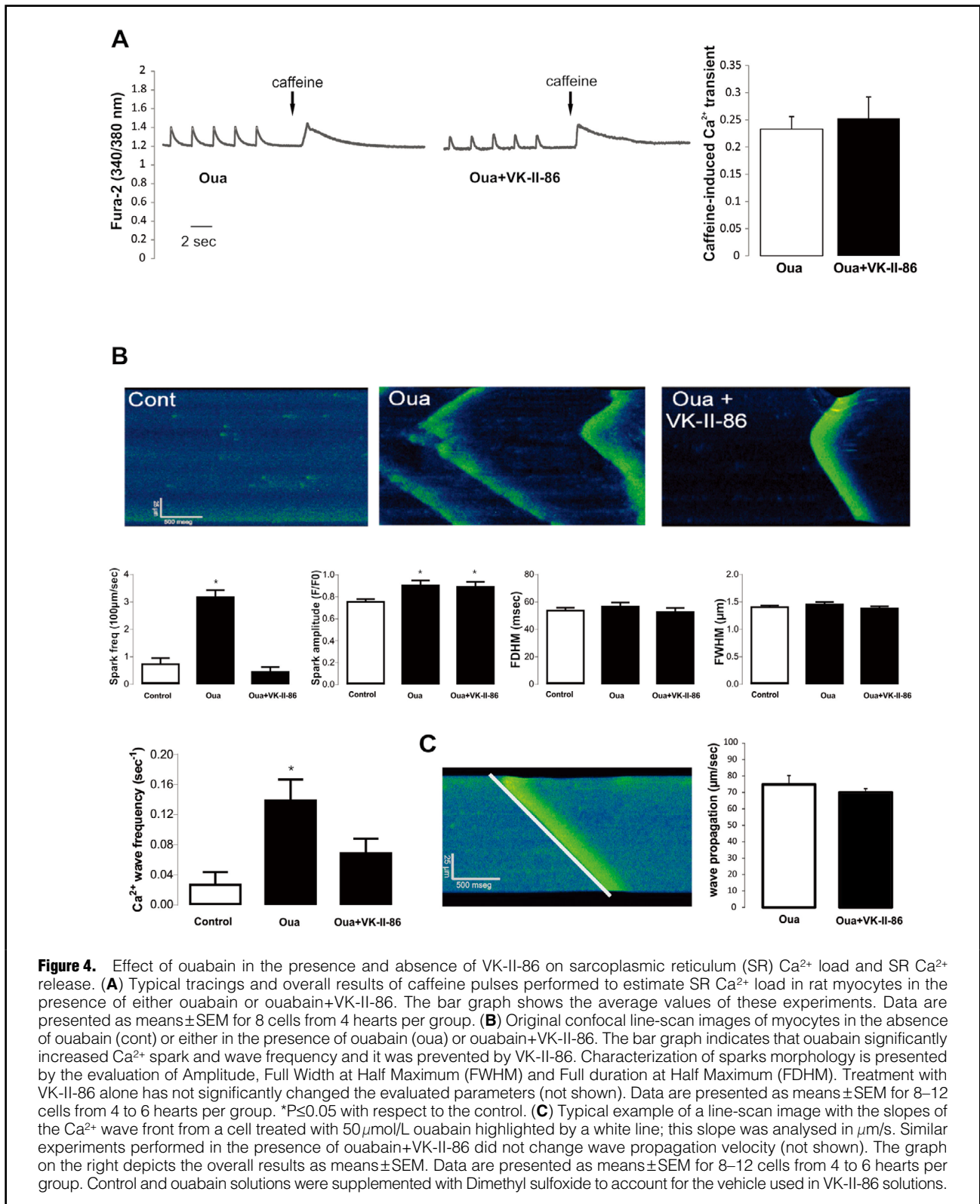


**Figure 3.** Effect of ouabain in the presence and absence of VK-II-86 on Ca<sup>2+</sup> calmodulin-dependent protein kinase II (CaMKII) activity. Representative blots and overall results from homogenates of hearts treated with ouabain (oua) in the absence or presence of VK-II-86 probed with antibodies for phosphorylated CaMKII (pCaMKII), for the oxidation site of CaMKII, Methionine 281/282 (oxiCaMKII), for RyR2 phosphorylation sites, Ser2808 and Ser2814, and for phospholamban (PLN) phosphorylation sites, Ser16 and Thr17. Results are presented as mean±SEM (n=3–5 for each group). Ouabain solution was supplemented with Dimethyl sulfoxide to account for the vehicle used in VK-II-86 solutions.

typical traces and the bar graphs of overall results. The bar graphs further show the inotropic response to ouabain (25% increase in sarcomere shortening) and its preservation in the presence of either VK-II-86 (22%) or CaMKII inhibition (25%). This is consistent with the preserved

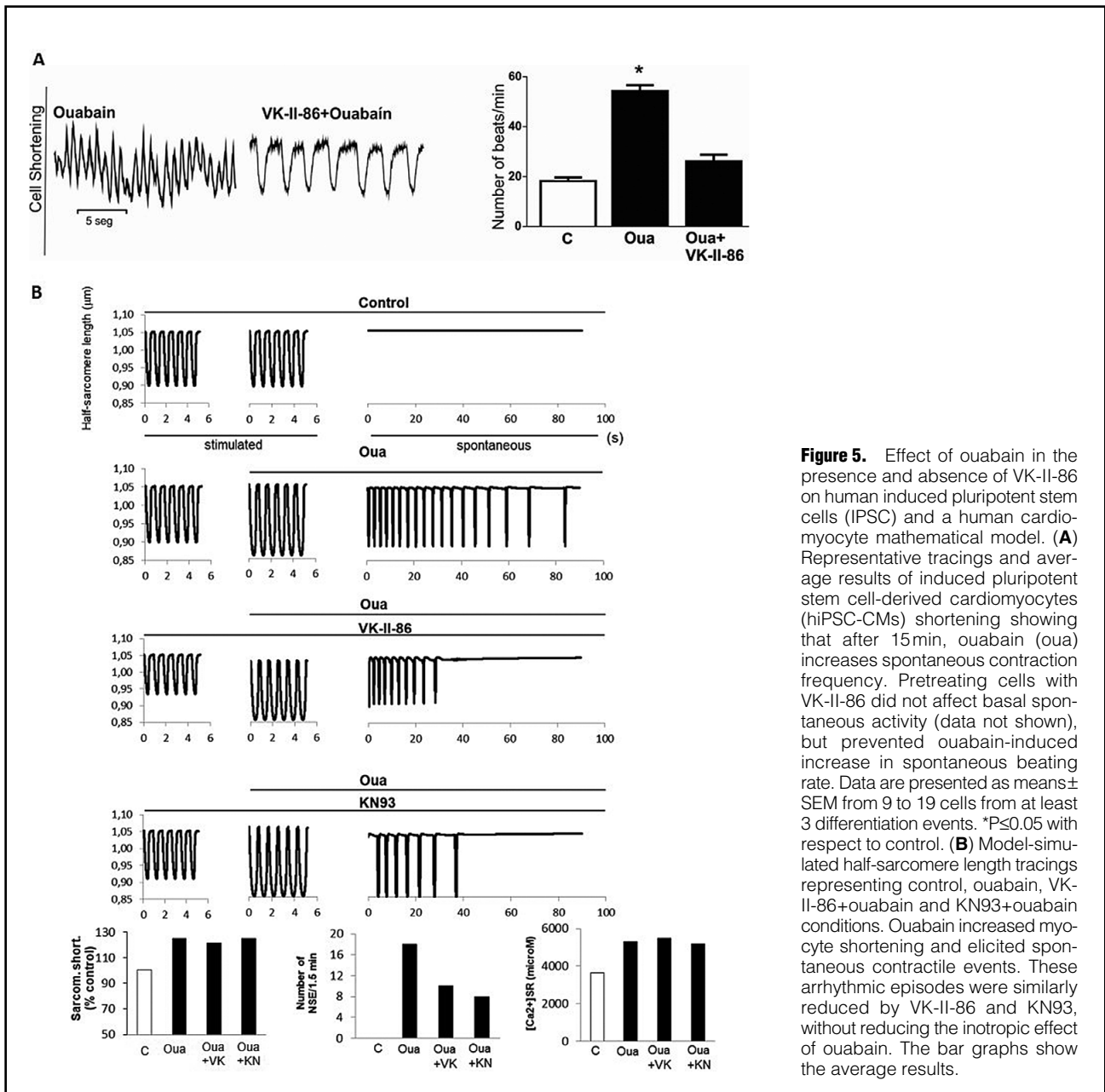
ouabain-induced increase in SR Ca<sup>2+</sup> load in the presence of VK-II-86 or CaMKII inhibition.

**Carvedilol and VK-II-86 Prevent Ouabain-Induced Cell Death**  
In previous reports, we and others demonstrated that



chronic exposure (24h) to sub-arrhythmogenic concentrations of ouabain (2  $\mu$ mol/L) promote cardiomyocyte apoptosis.<sup>6,29</sup> Although the mechanisms underlying ouabain-induced cardiomyocyte death are not fully understood, previous reports from our and other laboratories

have suggested that under pathological conditions,  $Ca^{2+}$  leaking from the SR can be shuttled into the mitochondria via the  $Ca^{2+}$  uniporter, resulting in mitochondrial  $Ca^{2+}$  overload, which triggers the apoptotic cascade.<sup>11,30</sup> **Figure 6A** depicts representative images and overall results, showing



**Figure 5.** Effect of ouabain in the presence and absence of VK-II-86 on human induced pluripotent stem cells (IPSC) and a human cardiomyocyte mathematical model. **(A)** Representative tracings and average results of induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs) shortening showing that after 15 min, ouabain (oua) increases spontaneous contraction frequency. Pretreating cells with VK-II-86 did not affect basal spontaneous activity (data not shown), but prevented ouabain-induced increase in spontaneous beating rate. Data are presented as means  $\pm$  SEM from 9 to 19 cells from at least 3 differentiation events. \* $P < 0.05$  with respect to control. **(B)** Model-simulated half-sarcomere length tracings representing control, ouabain, VK-II-86+ouabain and KN93+ouabain conditions. Ouabain increased myocyte shortening and elicited spontaneous contractile events. These arrhythmic episodes were similarly reduced by VK-II-86 and KN93, without reducing the inotropic effect of ouabain. The bar graphs show the average results.

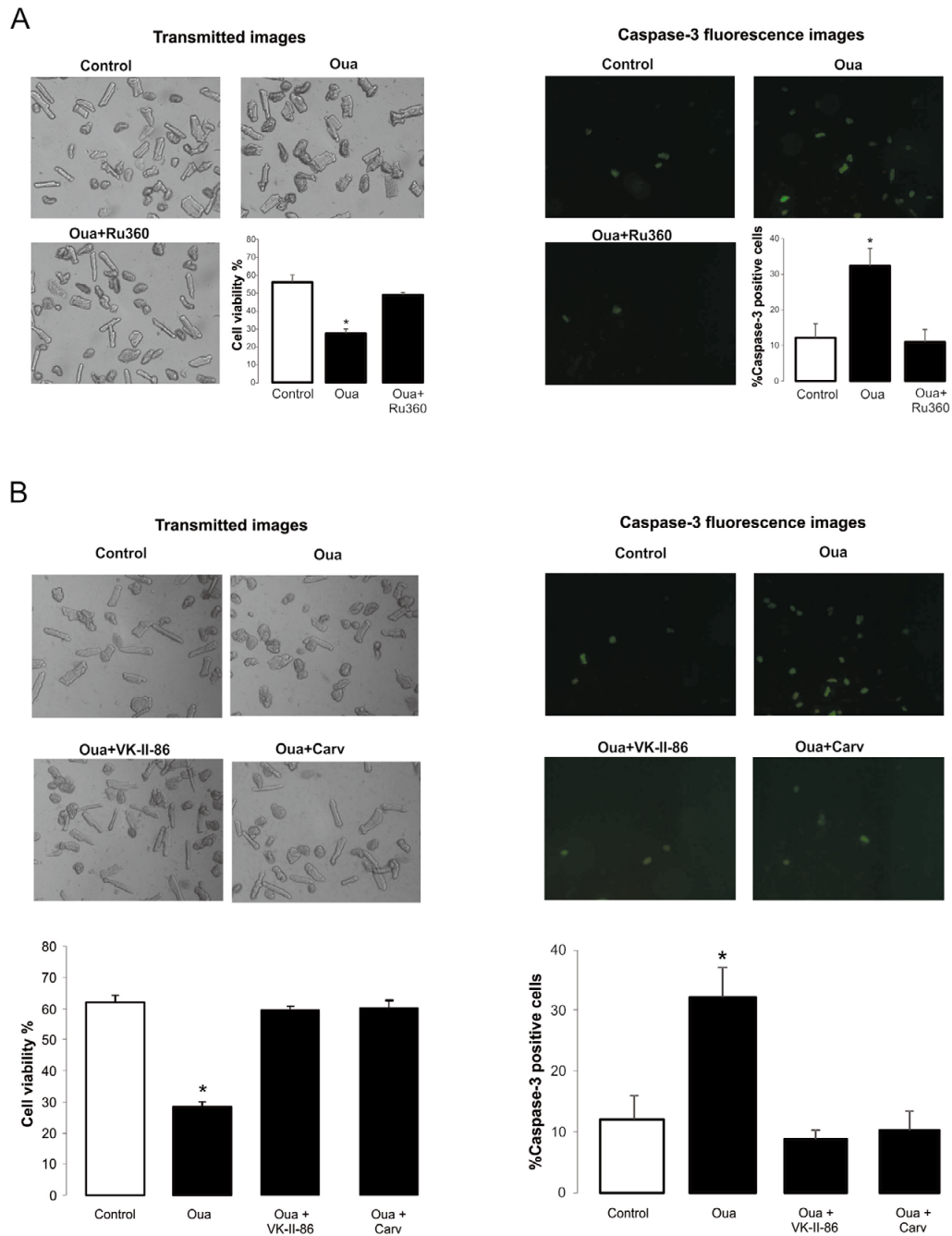
that 10  $\mu\text{mol/L}$  of the mitochondrial  $\text{Ca}^{2+}$  uniporter inhibitor, Ru360, is able to prevent ouabain-induced apoptosis, supporting that mitochondrial  $\text{Ca}^{2+}$  overload is involved in ouabain cytotoxicity. In addition, **Figure 6B** shows that ouabain-induced cell death can be prevented by carvedilol and VK-II-86. These results indicate that reducing RyR2-mediated  $\text{Ca}^{2+}$  release is effective to prevent ouabain-induced cell death. Control experiments showed that 10  $\mu\text{mol/L}$  Ru360, 1  $\mu\text{mol/L}$  carvedilol or 1  $\mu\text{mol/L}$  VK-II-86 did not, per se, affect cell viability (not shown).

## Discussion

Major findings of this study are: (1) carvedilol and its analog, VK-II-86, reduce the propensity for arrhythmogenic  $\text{Ca}^{2+}$  waves and the associated spontaneous contractions in rat

cardiac myocytes treated with toxic doses of ouabain; (2) based on the use of 2 human cardiomyocyte models, our results may be extrapolated to human ventricular cardiomyocytes; (3) VK-II-86 does not affect the ouabain-induced increase in CaMKII activity, PLN and RyR2 phosphorylation or SR  $\text{Ca}^{2+}$  load, suggesting that its antiarrhythmic effect is due to modulation of RyR2 gating properties; (4) VK-II-86 does not blunt the ouabain-induced positive inotropic effect; and (5) VK-II-86 is able to prevent ouabain-induced cardiomyocyte death.

Diastolic SR  $\text{Ca}^{2+}$  waves activate the inward NCX current ( $\text{I}_{\text{NCX}}$ ) causing DADs. Threshold-surpassing DADs have been proposed to underlie arrhythmias in catecholaminergic polymorphic ventricular tachycardia (CPVT), heart failure and digitalis toxicity.<sup>31</sup> Indeed, previous reports from our and others have shown that an increase in SR



**Figure 6.** Carvedilol and VK-II-86 prevent ouabain-induced cell death. **(A)** representative images and overall results of myocyte viability and caspase-3 activity of myocytes cultured for 24 h in culture medium alone (cont) or culture medium supplemented with  $2\ \mu\text{mol/L}$  ouabain (oua) either in the absence or the presence of  $10\ \mu\text{mol/L}$  Ru360 ( $n=5$  per group). **(B)** Representative images and overall results of myocyte viability and caspase-3 activity of myocyte in culture medium alone (cont) or culture medium supplemented with  $2\ \mu\text{mol/L}$  ouabain (oua) either in the absence or presence of  $1\ \mu\text{mol/L}$  carvedilol (carve) or  $1\ \mu\text{mol/L}$  VK-II-86. These images and the overall data depicted in the bar graphs show that carvedilol and VK-II-86 prevent ouabain-induced cell death ( $n=5$  per group). \* $P\leq 0.05$  with respect to the control.

$\text{Ca}^{2+}$  load and in CaMKII-dependent Ryr2 phosphorylation contributes to the enhanced diastolic SR  $\text{Ca}^{2+}$  release that generates the DADs associated with digitalis treatment.<sup>5,14</sup> These arrhythmias and toxic effects such as cardiomyocyte death have limited the therapeutic use of

digitalis.<sup>3</sup> In an attempt to enhance the safety of these compounds, we previously suggested that CaMKII inhibition could prevent digitalis-induced arrhythmias.<sup>5</sup> However, the ubiquitous nature of CaMKII expression and its effects on different targets precludes its inhibition as a therapeutic



tool. Albeit not impossible, pharmacological CaMKII inhibition would require cardiac-specific CaMKII inhibitors, which are at present unavailable. The involvement of RyR2 in the development of arrhythmias during digitalis toxicity allows us to postulate an alternative, which is to directly target RyR2 function. We are aware of one report that tested this approach in the setting of digitalis treatment.<sup>32</sup> Using the multi-channel blocker, JTV-519, which stabilizes RyR2-FK506 binding protein (FKBP) interaction, Sacherer et al were able to reduce SR Ca<sup>2+</sup> leak. However, JTV-519 impaired the positive inotropic response to digitalis due to inhibitory effect on the L-type Ca<sup>2+</sup> current.<sup>32</sup>

Recently, carvedilol has been shown to reduce the RyR2 mean open time, thus suppressing spontaneous SR Ca<sup>2+</sup> release in a mouse model of CPVT.<sup>16</sup> Moreover, the antiarrhythmic effects of carvedilol were shared by its non- $\beta$ -blocking analog, VK-II-86.<sup>16</sup> These results, prompted us to evaluate whether carvedilol and VK-II-86 were able to prevent arrhythmogenic SR Ca<sup>2+</sup> release during digitalis toxicity. Using the number of NSE as an index of diastolic SR Ca<sup>2+</sup> release, we observed that although not affecting basal contractility (not shown), carvedilol and VK-II-86 significantly reduce the arrhythmogenic substrate induced by ouabain without blunting its positive inotropic effect (Figures 1,2).

### Mechanisms Underlying VK-II-86-Dependent Ca<sup>2+</sup> Waves Inhibition

Recently, Zhou et al reported that VK-II-86 shortens the duration but increases the frequency of RyR2 channel opening.<sup>16</sup> This could affect how Ca<sup>2+</sup> leaks out the SR by reducing intra-cluster RyR2 recruitment, inter-cluster RyR2 recruitment or both. In light of our results, it seems that VK-II-86 reduces intra-cluster RyR2 recruitment as it prevented ouabain-induced increase in spark frequency and secondarily reduced Ca<sup>2+</sup> wave incidence. This interpretation is compatible with a reduction in spark-mediated SR Ca<sup>2+</sup> leak without significant changes in SR Ca<sup>2+</sup> content. Consistently, we showed that VK-II-86 was able to reduce the ouabain-induced increase in wave frequency without affecting SR Ca<sup>2+</sup> content (Figure 4A,B).

Previous reports from our laboratory showed that CaMKII-dependent RyR2 phosphorylation is a crucial determinant of digitalis-induced arrhythmias.<sup>5,33</sup> More recently, Ho et al proposed that digitalis-induced arrhythmias occur due to oxidative activation of CaMKII, which leads to phosphorylation of the RyR2 at site Ser2814.<sup>14</sup> Supporting this conclusion, transgenic mice, in which the Ser2814 site of the RyR2 cannot be phosphorylated (S2814A mice), were resistant to digitoxin-induced arrhythmias, providing unequivocal evidence of the causal role of S2814 phosphorylation in the digitalis-induced RyR2 dysfunction.<sup>14</sup> This last observation also suggests that RyR2 oxidation does not contribute to the arrhythmic effect of digitalis. Nevertheless, carvedilol has been shown to have acute antioxidant activity on RyR2,<sup>34</sup> and we cannot exclude that this antioxidant activity could explain part of the antiarrhythmic action of this compound and its structurally similar analog. Indeed, our results showing that VK-II-86 does not affect ouabain-induced CaMKII autophosphorylation (p-CaMKII) or its oxidation state (Oxi-CaMKII) (Figure 3) suggests that the antiarrhythmic effect of VK-II-86 is due to a direct action on RyR2.

In addition, although VK-II-86 reduced ouabain-induced

Ca<sup>2+</sup> wave frequency (Figure 4B), it failed to affect Ca<sup>2+</sup> wave velocity (Figure 4C). Ca<sup>2+</sup> waves represent SR Ca<sup>2+</sup> release triggered by cytosolic Ca<sup>2+</sup> released from neighboring RyR2 clusters. Therefore, the velocity of Ca<sup>2+</sup> waves can be used as an index of RyR2 sensitivity to cytosolic Ca<sup>2+</sup>.<sup>35</sup> Thus, our results suggest that VK-II-86-antiarrhythmic actions are not due to a reduction in RyR2 sensitivity to cytosolic Ca<sup>2+</sup>. These results are consistent with previous evidence showing that the antiarrhythmic mechanism of carvedilol and its analogs is mediated by their direct action on RyR2-mediated SOICR.<sup>16</sup>

### Carvedilol and VK-II-86 Do Not Affect the Inotropic Response of Ouabain-Treated Cardiac Myocytes

One of the most important therapeutic benefits of digitalis is their capacity to increase intracellular Ca<sup>2+</sup> with the consequent development of a positive inotropic effect. Thus, prevention of arrhythmias during digitalis treatment should not blunt the development of their inotropic effect. Interestingly, carvedilol and VK-II-86 reduced ouabain-induced arrhythmias, without affecting the ouabain-induced positive inotropic effect (Figures 1,2).

The possibility of using an Food and Drug Administration (FDA)-approved drug such as carvedilol to target RyR2 in combination with cardiac glycosides to treat heart failure patients is promising. However, a possible limitation is that the concentration of carvedilol required to reduce RyR2 open time is high, and its  $\beta$ -blocking action would produce undesirable bradycardia. The lack of  $\beta$ -blocking effect of VK-II-86 represents a favorable feature and suggests that it could be used as an adjunct to digitalis therapy.

### Human Cellular and Mathematical Models Support Antiarrhythmic Actions of VK-II-86

To enhance the translational relevance of our findings, we performed experiments in hiPSC-CMs, which exhibit molecular and functional properties of human cardiac cells.<sup>36,37</sup> Importantly, ouabain-induced arrhythmias have been detected in hiPSC-CMs, suggesting that these cells can be used to analyze clinically relevant outcomes.<sup>38</sup> Similar to rat cardiomyocytes, VK-II-86 prevented the ouabain-induced increase in spontaneous contractile activity of hiPSC-CMs without affecting inotropy, suggesting that VK-II-86 may be effective in humans (Figures 5A,S2).

We further corroborated these findings in a mathematical model that simulates human cardiac Excitation-contraction coupling. The model reproduced the positive inotropic effect induced by ouabain, together with the arrhythmic activity (Figure 5B). Furthermore, the model predicts that a reduction of RyR2 open time by VK-II-86 is effective to reduce the ouabain-induced arrhythmic events in human ventricular myocytes. Taken together, these results provide evidence supporting the protective role of VK-II-86 against ouabain-induced arrhythmias in a human model of digitalis toxicity.

### Carvedilol and VK-II-86 Prevent Ouabain-Induced Cardiac Myocyte Death

Activation of CaMKII is a common intermediate of diverse death stimuli that induce apoptosis in cardiac cells.<sup>6,11</sup> Consistently, we have demonstrated that CaMKII activity mediates ouabain-induced myocyte apoptosis.<sup>6</sup> Interestingly, we recently reported that rapid pacing-induced apoptosis, also CaMKII dependent, can be prevented by

targeting RyR2 with carvedilol and VK-II-86.<sup>9</sup> Considering that ouabain-induced cytotoxicity involves SR Ca<sup>2+</sup> release through RyR2, which could drive mitochondrial Ca<sup>2+</sup> overload and cell death, we hypothesized that reducing RyR2 open time could prevent ouabain-induced cell death. Confirming the role of mitochondrial Ca<sup>2+</sup> overload in ouabain-induced cell death, cells treated with the mitochondrial Ca<sup>2+</sup> uniporter inhibitor, Ru360, were protected from ouabain cytotoxicity (**Figure 6A**). In addition, we show herein that carvedilol and VK-II-86 prevented ouabain-induced apoptosis, suggesting additional benefits of reducing RyR2-mediated spontaneous Ca<sup>2+</sup> release during digitalis treatment (**Figure 6B**). Interestingly, chronic carvedilol incubation has been shown to have antioxidant activity in cardiac myocytes.<sup>34</sup> Thus, the antioxidant capacity of carvedilol could be additionally beneficial to prevent ouabain-induced cell death.

In summary, our results demonstrate that carvedilol and VK-II-86 are able to prevent ouabain-induced arrhythmias and myocyte death, indicating that these compounds, in particular VK-II-86, could be a promising approach to enhance the safety of digitalis therapy.

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### Disclosures

None.

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### Supplementary Files

#### Supplementary File 1

##### Supplementary Methods

**Figure S1.** Diagram of the 4-state RyR2 model.

##### Supplementary Results

**Figure S2.** hiPSC-CMs shortening expressed as a percentage of L<sub>max</sub>.

Please find supplementary file(s);  
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