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CRITICAL REVIEW – INVITED COMMENTARY

Reply to the commentary by Ben-Ari and Delpire: Bumetanide and neonatal seizures: Fiction versus reality

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Abstract

In this response to a commentary by Ben-Ari and Delpire on our recent study on the pharmacology of neonatal seizures in a novel, physiologically validated rat model of birth asphyxia, we wish to rectify their inaccurate descriptions of our model and data. Furthermore, because Ben-Ari and Delpire suggest that negative data on bumetanide from preclinical and clinical trials of neonatal seizures have few implications for (alleged) bumetanide actions on neurons in other brain disorders, we will discuss this topic as well. Based on the poor brain penetration of bumetanide, combined with the extremely wide cellular expression patterns of the target protein NKCC1, it is obvious that the numerous actions of systemically applied bumetanide described in the literature are not mediated by the drug's effects on central neurons.

KEY WORDS

asphyxia, blood–brain barrier, diuretics, GABA, KCC2, NKCC1, pharmacokinetics

Key Points

- Seizures are the most common neurological emergency in the neonatal period and only poorly respond to antiseizure drugs
- Birth asphyxia is a frequent cause of neonatal seizures, mortality, and poor neurodevelopmental outcome
- Bumetanide was proposed to potentiate the antiseizure activity of phenobarbital, but we found that bumetanide is ineffective in a novel rat model of birth asphyxia
- In a commentary article, Drs. Ben-Ari and Delpire discussed our data, but incorrectly described our model and the outcome of our experiments
- Here we respond to their commentary and also briefly discuss the (alleged) bumetanide actions on neurons in other brain disorders

1 | RESPONSE TO THE COMMENTARY BY BEN-ARI AND DELPIRE

We thank Drs. Y. Ben-Ari and E. Delpire¹ for their interest in our study² on the actions of bumetanide, phenobarbital

(PB), and midazolam on neonatal seizures carried out on a novel, physiologically validated model of birth asphyxia³; both papers appear in this issue of *Epilepsia*. In our reply to their commentary,¹ we wish to rectify the inaccurate descriptions of our model and data. Furthermore, because Ben-Ari and Delpire¹ suggest that negative data on bumetanide from

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preclinical and clinical trials of neonatal seizures have few implications for (alleged) bumetanide actions on neurons in other brain disorders (see also Ben-Ari et al.⁴), we will discuss this topic as well.

2 | BIRTH ASPHYXIA IS NOT A HYPOXIA-ONLY CONDITION

The original model paper by us³ (see also Pospelov et al.⁵) is focused on showing that exposure to pure hypoxia, as done in a large number of studies on rodents, does not mimic birth asphyxia (i.e., the combination of hypoxia and hypercapnia), and totally fails to reproduce its key physiological and pathophysiological manifestations within and outside the brain. Among the major differences in the physiology and pathophysiology between pure hypoxia and our asphyxia models is that, in the former, seizures are triggered during the insult, whereas in our “intermittent asphyxia” protocol (for details see Johné et al.² and Ala-Kurikka et al.³), the seizures commence after the insult, akin to the situation in human neonates. Thus, we were surprised to read in the commentary of Ben-Ari and Delpire¹ that our work on bumetanide, PB, and midazolam (with asphyxia) was done under “experimental conditions with very minor differences” when compared to the work of Cleary et al.,⁶ which is based on hypoxia only.

The profound differences between the birth asphyxia and hypoxia-only models are likely to account for the finding that bumetanide did not potentiate PB's effect on seizures in our study,² whereas such an effect was reported by Cleary et al.⁶ Importantly, our negative data on bumetanide are in line with those of a clinical trial (the NEMO trial) in human neonates.⁷

Ben-Ari and Delpire¹ argue that “the NEMO trial is irrelevant to the use of bumetanide to treat brain disorders,” because “bumetanide was injected intra-venously at very high doses that might indeed be toxic and are certainly not used in other clinical situations.” However, this is not true. The intravenous doses of bumetanide in the NEMO trial (.05, .1, .2, and .3 mg/kg) are in the dose range used (and approved) for induction of diuresis in neonates and are generally considered safe.⁸ Similar doses were also used in the experiments on neonatal seizures in our study² and the study of Cleary et al.⁶ As correctly noted by Ben-Ari and Delpire,¹ we have repeatedly shown by direct measurements from brain tissue samples that at such low doses of bumetanide, the maximum total and unbound brain levels of this drug are at least an order of magnitude below concentrations needed to inhibit the Na-K-2Cl cotransporter NKCC1 expressed in central neurons.^{2,9–11} This is plain fact, and not a result of speculations on pharmacokinetic factors. We will discuss below some of the many additional reasons why bumetanide is not a promising drug candidate for targeting central nervous system (CNS) neurons.

3 | HYPOXIA, SEIZURES, AND INTEGRITY OF THE BLOOD–BRAIN BARRIER

Ben-Ari and Delpire¹ suggest that “brain levels are, as expected, higher after the asphyxia insult” and cite Cleary et al.⁶ in this respect. However, in the hypoxia-only postnatal day 10 (P10) rat model used by Cleary et al.,⁶ bumetanide brain levels were not significantly higher than determined by the same group in neonatal control rats or, in a previous study, in adult rats.¹² Thus, 30 minutes following administration of .3 mg/kg ip bumetanide, the average brain bumetanide level was 1.07 ng/g in P10 rats exposed to hypoxia compared to .94 ng/g in controls,⁶ which is not a relevant (or statistically significant) difference. These values have to be corrected by the substantial (>80%) binding of bumetanide to lipids and proteins in the brain parenchyma.¹¹ Thus, both total and the functionally more relevant free bumetanide brain levels are far below those needed to inhibit NKCC1.¹³ Similarly, the brain levels of bumetanide determined by us in postasphyxic P11 rats with seizures² were not higher than those determined in adult rats,¹⁰ further refuting the assumption that brain insults by hypoxia or asphyxia lead to an impairment of blood–brain barrier (BBB) integrity, and to a consequent increase in the brain penetration of bumetanide in the studies discussed presently. It is a widely held misconception that BBB impairment due to brain insults “opens” the BBB to drugs.¹⁴

Ben-Ari and Delpire¹ note that “the main reason for this poor brain availability [of bumetanide] is the fact that ~97% of BUM binds to serum proteins, e.g., albumin.” However, this is not a major factor in the present context. For instance, midazolam is ~95% bound to plasma proteins but, following intravenous administration, it has an almost immediate onset of anticonvulsant action.¹⁵ As shown by Johné et al.² for rat neonates, midazolam's brain:plasma concentration ratio exceeds 2, which is 400-fold higher compared to the brain:plasma ratio of .005 reported at peak brain levels of bumetanide in hypoxic rat neonates.⁶ Rather than plasma protein binding, the extremely high ionization rate (>99%) of bumetanide in plasma and active efflux transport at the BBB restrict brain entry of this drug.^{13,16,17} It is of interest to note here that seizures may increase active drug efflux at the BBB and thus further reduce drug brain levels.¹⁸

4 | PB AND NEONATAL SEIZURES

In contrast to the comments of Ben-Ari and Delpire,¹ we certainly do not claim that the convulsive seizures in our novel model of birth asphyxia are—to any degree—resistant to PB.² A relatively high (30 mg/kg) dose applied before the asphyxia exposure was effective in fully blocking the convulsive postasphyxia seizures, whereas nonconvulsant

seizures were resistant to PB, which is in line with clinical experience.¹⁹ The lack of effect of PB when administered after the asphyxia simply reflects the brief time window (~2–3 minutes) between the end of the asphyxia and onset of seizures in our model, and the slower tissue distribution and brain penetration of PB when compared to midazolam, as explained in detail in our paper.² Thus, one of the major points of the commentary¹ is based on a misunderstanding. Although PB is certainly not an ideal treatment for neonatal seizures, as stated by Ben-Ari and Delpire,¹ it is unfortunately still the best available option in clinical practice²⁰ (but see also Davidson et al.²¹). Notably, midazolam was very effective in preventing neonatal seizures in our experimental study.² Midazolam is the most effective benzodiazepine currently available and widely used as an emergency treatment for termination of seizures.²² Contrary to the statement by Ben-Ari and Delpire,¹ midazolam is not related to zolpidem, which is a “Z drug” and not a benzodiazepine, but an imidazopyridine. Zolpidem differs from midazolam in its effects on γ -aminobutyric acid type A (GABA_A) receptors and other targets.^{23,24}

5 | DEPolarizing GABA ACTIONS AND BIRTH ASPHYXIA

We are fully aware that “GABAergic inhibition is particularly activity-dependent and can even reverse polarity.”¹ The widely used term “ionic plasticity” of GABAergic signaling was coined by one of us (K.K.; see Rivera et al.²⁵; reviewed in Kaila et al.^{26,27}). However, the detailed discussion on “depolarizing GABA actions” in the commentary of Ben-Ari and Delpire¹ has little to do with our work. We do not provide any evidence, nor do we argue that NKCC1-dependent depolarizing GABA actions would have any role in the postasphyxia seizures in the present model. We would also like to note here that we certainly do not postulate a “universal common underlying mechanism” (see Summary in Ben-Ari and Delpire¹) for neonatal encephalopathic seizures.

The NKCC1 expressed in neurons was originally suggested as a promising therapeutic target of bumetanide by Dzhala et al.,²⁸ who used kainate (sic) in P9–10 rats as a model of neonatal seizures. In support of their hypothesis that neuronal NKCC1 facilitates neonatal seizures in human neonates, they erroneously reported that in the neonatal human cortex, neuronal expression of NKCC1 would be high and KCC2 would be low, leading to depolarizing and excitatory GABAergic signaling. Although depolarizing actions of GABA on pyramidal neurons have been observed in neonatal rats and mice,²⁹ it is important to note that these animals are at a much more immature stage of cortical development than the human term neonate.^{30–32} Work on the expression

patterns of cation-chloride cotransporters (CCCs) has shown that KCC2 mRNA and protein expression are high in human cortical neurons at term birth,^{33–36} clearly indicating that GABAergic transmission is hyperpolarizing at this stage (for reviews, see Kaila et al.,^{26,27,37}).

That neonatal seizures and neuronal damage in the postasphyxic human neocortex might lead to downregulation of KCC2 and decreased extrusion of neuronal Cl[−]—as first shown by us in adult kindled adult mice³⁸—is entirely possible. However, specifically targeting these neurons with systemically applied bumetanide is not feasible, as explained above.

Moreover, even with direct application of bumetanide or any other NKCC1 blocker into the brain, a very high number of off-target effects would be expected. This is because neuronal NKCC1 constitutes only a minor fraction of the total brain NKCC1, which is expressed in practically all cells in the CNS parenchyma, as well as in the BBB and vasculature, as described below.

Despite the advances in research on the developmental patterns of CCCs in the developing human neocortex (see above), the discussion section of a recent clinical study³⁹ on the possible mechanisms of bumetanide actions on neonatal seizures is still based on the false data and assumptions by Dzhala et al.²⁸ In this pilot randomized, controlled double-blind clinical trial, neonates with electroencephalographically (EEG)-confirmed seizures after ≥ 20 and < 40 mg/kg PB were randomized to receive additional PB with either placebo (control) or .1, .2, or .3 mg/kg bumetanide.³⁹ Drug efficacy was not analyzed as percentage seizure reduction, which is the benchmark readout in antiseizure medication trials,^{7,40,41} but as quantitative change in seizure burden. This was, strikingly, the case also in the original Dzhala et al. study,²⁸ where the conclusions of the “seizure-suppressing effect” of bumetanide were based on quantification of EEG power (not seizures as such) in six rats treated with kainate and six controls. Changes in the spectral power of ictal EEG have little relevance to clinical seizure treatment, which aims at blocking—not modifying—the electrographic seizure activity.⁴²

Similar to the study of Pressler et al.,⁷ add-on treatment with bumetanide was associated with ototoxicity,³⁹ which might have been potentiated by the concurrent treatment with the aminoglycoside antibiotic gentamicin. As noted by Ben-Ari and Delpire,¹ ototoxic aminoglycosides should not be used together with bumetanide. Notably, however, in both clinical studies with bumetanide in neonates,^{7,39} there was an increased risk of ototoxicity also in those neonates that did not receive aminoglycosides.

Soul et al.³⁹ concluded that definitive proof of bumetanide's efficacy awaits an appropriately powered Phase 3 trial, which we would emphatically advise against because of the many reasons explained in this commentary.

6 | CELLULAR TARGETS OF BUMETANIDE OUTSIDE THE BRAIN

It is obvious that the data presented by Soul et al.³⁹ (or any data from clinical trials using bumetanide) are not proof of concept that bumetanide acts by inhibiting NKCC1 in neurons or any other brain cells. Here, we would like to call attention to the finding that NKCC1 is expressed in practically all cells and organ systems in the body. Therefore, nonspecific manipulation of NKCC1 in the organism can lead to unexpected effects, and especially so if research is based on the outdated dogma referred to above. For instance, we found very recently that constitutive disruption of expression of the *Slc12a2* gene, which codes for NKCC1, leads to enhanced severity of seizures in the widely used kainate model of temporal lobe epilepsy.⁴³

Interestingly, systemic administration of bumetanide has an anti-inflammatory action outside the brain, whereas direct application into the brain in vivo has the opposite effect.⁴⁴ There are also intriguing findings obtained using low systemic doses of bumetanide and other diuretics in rodents (e.g., Krystal et al.,⁴⁵ and Marguet et al.⁴⁶) that point to beneficial actions, based on unidentified mechanisms outside the brain. However, effects of bumetanide may also be mediated by targets other than NKCC1. A recent example is the brain-permeant bumetanide derivative, bumepamine, which despite its structural similarity to bumetanide does not inhibit NKCC1 at all, but is a potent diuretic.^{11,47,48} Strikingly, bumepamine is much more effective than bumetanide at potentiating the effect of PB on neonatal seizures in our birth-asphyxia seizure model,⁴⁹ but again, the underlying mechanisms remain to be identified.

7 | CONCLUSIONS

Although CCCs, such as NKCC1, are considered attractive CNS drug targets, bumetanide and other existing NKCC1 inhibitors are suboptimal because of pharmacokinetic constraints and lack of target specificity at the cellular level. Furthermore, with respect to the presumed role of neuronal NKCC1 in diverse neurological and psychiatric disorders, a major caveat here is that our understanding of the spatiotemporal expression patterns of NKCC1 in the brain is still in its infancy.⁵⁰ NKCC1 expression in certain glial subtypes is much higher than in neurons,⁵⁰ and glial NKCC1 seems to regulate neuronal signaling and plasticity in a robust manner (e.g., long-term potentiation⁵¹). We do not argue that bumetanide may not be beneficial in some brain disorders, such as autism spectrum disorders,^{1,4} but such effects of bumetanide are obviously not related to inhibition of NKCC1 in CNS neurons. Effects of bumetanide on NKCC1 located in the BBB or in the hypothalamic–pituitary–adrenal axis, as

well as secondary actions resulting from bumetanide's strong diuretic activity, may all be relevant here (see Puskarjov et al.¹³). Putative targets also include the choroid plexus, which has a uniquely high level of NKCC1.⁵⁰ This epithelium is directly exposed to blood-borne drugs and has been shown to regulate the neuronal microenvironment of immature cortical neurons during brain development.⁵² Finally, chronic diuresis of offspring might influence parental attention and behavior in both mice and men, for the benefit of social and other aspects of brain development. We are convinced that open-minded research on the diverse effects of bumetanide will enhance our understanding of the multiple roles of NKCC1 in cells and organ systems, thus paving the way to rational design of NKCC1-modulatory drugs and to possible therapeutic applications thereof.

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CONFLICT OF INTEREST

Neither of the authors has any conflict of interest to disclose.

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