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## Mid-infrared spectroscopic analysis of raw milk to predict the blood nonesterified fatty acid concentrations in dairy cows

Aernouts, Ben

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1 **Interpretative summary: Predict Blood Plasma Non-Esterified Fatty Acids from Milk Mid-**  
2 **Infrared Spectra. Aernouts.**

3 Cows with a negative energy status typically have increased levels of non-esterified fatty acids  
4 in the blood plasma. In this study, a model to predict the concentration of these fatty acids from the  
5 milk mid-infrared spectra of individual cows was developed and validated. The model can  
6 discriminate well between low and elevated levels based on milk spectra that are routinely measured  
7 in the context of milk recording. This approach could allow for cost-efficient identification of cows  
8 that are at risk of a negative energy status.

9

10 PREDICT BLOOD PLASMA NON-ESTERIFIED FATTY ACIDS FROM MILK MID-  
11 INFRARED SPECTRA

12

13 **Mid-Infrared Spectroscopic Analysis of Raw Milk to Predict the Blood Plasma Non-Esterified**  
14 **Fatty Acid Concentration in Dairy Cows**

15

16 Ben Aernouts,\*†‡1 Ines Adriaens,\*† José Diaz-Olivares,\*† Wouter Saeys,† Päivi Mäntysaari,§  
17 Tuomo Kokkonen,# Terhi Mehtiö,§ Sari Kajava,|| Paula Lidauer,§ Martin H. Lidauer,§ Matti  
18 Pastell‡

19

20 \*KU Leuven, Department of Biosystems, Biosystems Technology Cluster, Campus Geel,  
21 Kleinhoefstraat 4, 2440 Geel, Belgium

22 †KU Leuven, Department of Biosystems, Mechatronics, Biostatistics and Sensors division,  
23 Kasteelpark Arenberg 30, 3001 Leuven, Belgium

24 ‡Natural Resources Institute of Finland (Luke), Maarintie 6, 02150 Espoo, Finland

25 §Natural Resources Institute of Finland (Luke), Tietotie 4, 31600 Jokioinen, Finland

26 #University of Helsinki, Department of Agricultural Sciences, Koetilantie 5, 00014 Helsinki, Finland

27 †Natural Resources Institute of Finland (Luke), Halolantie 31 A, 71750 Maaninka, Finland

28

29 <sup>1</sup>Corresponding author: Ben Aernouts, KU Leuven, Department of Biosystems, Biosystems

30 Technology Cluster, Campus Geel, Kleinhoefstraat 4, 2440 Geel, Belgium, +32 (0)14 72 13 64,

31 [ben.aernouts@kuleuven.be](mailto:ben.aernouts@kuleuven.be)

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33

### ABSTRACT

34 In high yielding dairy cattle, severe postpartum negative energy status is often associated with  
35 metabolic and infectious disorders that negatively affect production, fertility and welfare.  
36 Mobilization of adipose tissue associated with a negative energy status is reflected through an  
37 increased level of non-esterified fatty acids (**NEFA**) in the blood plasma. Earlier, identification of a  
38 negative energy status through the detection of increased blood plasma NEFA concentration required  
39 laborious and stressful blood sampling. More recently there have been attempts to predict blood  
40 NEFA concentration from milk samples. This study aimed to develop and validate a model to predict  
41 the blood plasma NEFA concentration using milk mid-infrared (**MIR**) spectra that are routinely  
42 measured in the context of milk recording. To this end, blood plasma and milk samples were collected  
43 in weeks 2, 3 and 20 post-partum for 192 lactations in 3 different herds. The blood plasma samples  
44 were taken in the morning, while representative milk samples were collected during the morning and  
45 evening milk session on the same day. To predict the blood plasma NEFA concentration from the  
46 milk MIR spectra, partial least squares regression models were trained on part of the observations  
47 from the first herd. The models were then thoroughly validated on all other observations of the first  
48 herd and on the observations of the two independent herds to explore their robustness and wide  
49 applicability. The final model can accurately predict blood plasma NEFA concentrations below 0.6  
50 mmol/L with a root mean square error of prediction (RMSE) of less than 0.143 mmol/L. However,

51 for blood plasma with more than 1.2 mmol/L NEFA, the model clearly underestimates the true level.  
52 Additionally, it was found that morning blood plasma NEFA levels were predicted with a  
53 significantly higher accuracy ( $p = 0.009$ ) using MIR spectra of evening milk samples compared to  
54 morning samples, with RMSEP values of respectively 0.182 and 0.197 mmol/L and  $R^2$  values of  
55 0.613 and 0.502. These results suggest a time delay between variations in blood plasma NEFA and  
56 related milk biomarkers. Based on the MIR spectra of evening milk samples, cows at risk for a  
57 negative energy status, indicated with detrimental morning blood plasma NEFA levels ( $> 0.6$   
58 mmol/L), could be identified with a sensitivity and specificity of respectively 0.831 and 0.800. As  
59 this model can be applied to millions of historical and future milk MIR spectra, it opens opportunities  
60 for regular metabolic screening and improved resilience phenotyping.

61 **Key words:** milk mid-infrared spectroscopy, blood plasma non-esterified fatty acid  
62 concentration, negative energy status, milk biomarker

63

64

## INTRODUCTION

65 The transition from pregnancy to lactation in high-yielding dairy cows is typically accompanied  
66 by a negative energy status in which the energy requirement exceeds the energy input from feed. As  
67 severe negative energy status increases the susceptibility to various health and fertility problems  
68 (Leblanc, 2010; Ospina et al., 2010a), the duration and degree of negative energy status should be  
69 limited through preventive actions in combination with individual monitoring and imperative  
70 treatment.

71 To compensate for the energy deficit and maintain high milk production, adipose tissue is  
72 mobilized and non-esterified fatty acids (**NEFA**) are released in the blood. Hence, a blood plasma  
73 NEFA concentration above 0.6 mmol/L is generally used as an indicator for negative energy status  
74 in dairy cattle (Ospina et al., 2010b). These high concentrations of circulating NEFA have a  
75 detrimental effect on the oocyte quality and the immune response of dairy cows (Leroy et al., 2005;

76 Scalia et al., 2006). In the liver, part of the NEFA are oxidized completely to deliver energy or  
77 incompletely to produce ketone bodies (Adewuyi et al., 2005). Another portion of the NEFA is  
78 esterified to triglycerides and either stored in the liver or transported as lipoproteins to e.g. the alveolar  
79 epithelial cells of the udder tissue to synthesize milk fat. In this way, fatty acids (**FA**) and ketone  
80 bodies derived from the NEFA end up in the produced milk. Previous studies have demonstrated the  
81 use of milk biomarkers for monitoring negative energy status in individual cows, e.g. through the  
82 measurement of certain FA (Van Haelst et al., 2008; Jorjong et al., 2014; Dórea et al., 2017), ketone  
83 bodies (Enjalbert et al., 2010), citrate and many more (Bjerre-Harpøth et al., 2012). In contrast to  
84 taking blood samples, milk sampling requires less labor and can be done without distressing the  
85 animals. Nevertheless, the reference techniques to measure these milk biomarkers are typically labor-  
86 intensive and costly (Jorjong et al., 2014).

87 A relatively straightforward and cost-efficient technique for milk analysis is mid-infrared (**MIR**)  
88 spectroscopy. As the covalent bonds of molecules in milk absorb MIR radiation at very specific  
89 wavenumbers, the concentrations of these milk components can be derived from the MIR absorbance  
90 spectra. Typically, multivariate linear models are trained to predict the milk constituents from the  
91 acquired spectra (De Marchi et al., 2014). Already for decades, this technique is accepted as the  
92 reference for accurate and routinely characterization of the main milk components in the context of  
93 milk recording (ISO, 2013; ICAR, 2019). Since the commercial introduction of Fourier-transform  
94 MIR spectrometers for milk analysis, milk MIR spectra can be obtained with a higher accuracy and  
95 repeatability. This opens opportunities for measuring minor milk components and milk biomarkers  
96 such as FA profiles (Rutten et al., 2009; Afseth et al., 2010; Soyeurt et al., 2011), protein composition  
97 (Franzoi et al., 2019), minerals (Soyeurt et al., 2009), ketone bodies and citrate (Grelet et al., 2016).

98 Recently, Benedet et al. (2019), Grelet et al. (2019) and Luke et al. (2019) developed models to  
99 predict the blood plasma NEFA concentrations from milk MIR spectra of individual dairy cows.  
100 However, the prediction performance of Grelet's model was rather poor ( $R^2 = 0.39$ ), while Benedet's

101 model performed better ( $R^2 = 0.52$ ). Nevertheless, both models were not validated for a completely  
102 independent herd (Benedet et al., 2019; Grelet et al., 2019). Accordingly, the reported results might  
103 be overoptimistic compared to applying the model on the data of a new herd where the cows are  
104 managed differently. This was clearly illustrated by Luke et al. (2019) as the determination coefficient  
105 ( $R^2$ ) of their model dropped from 0.61 for a randomly selected validation set, covering the same herds  
106 as the ones included in the calibration set, to 0.45 for a completely independent herd.

107 We hypothesized that a better prediction performance can be obtained through increasing the  
108 number of calibration samples and applying a very strict timing in the sampling of blood and milk  
109 samples relative to the diurnal pattern and the feeding schedule of the cows (Quiroz-Rocha et al.,  
110 2010). To test this hypothesis, a high number of samples was collected following a strict protocol for  
111 blood and milk sample collection to obtain high quality data for training the prediction models.  
112 Additionally, it is investigated whether MIR spectra of morning or evening milk samples result in a  
113 better prediction of the NEFA concentration of the respective blood samples taken in the morning of  
114 that day. Finally, the performance of the prediction models is evaluated extensively on a completely  
115 independent validation set.

116

117

## MATERIALS AND METHODS

### 118 *Experimental Setup*

119 The experimental protocol was approved by the Finnish Animal Experiment Board  
120 (ESAVI/5688/04.10.07/2013) and applied on 3 experimental herds in Finland: Luke Jokioinen (herd  
121 A), University of Helsinki in Viikki (herd B) and Luke Kuopio (herd C). All cows in these herds that  
122 calved for the first time in the period between September 2013 and October 2016 were included in  
123 the study, resulting in a total of 143 Nordic Red dairy cows from which 103 were in herd A, 24 in  
124 herd B and 16 in herd C. For 49 of these 143 cows, also the second lactation was included in the study  
125 period, thus resulting in a total of 192 lactations. All cows in herds A and C were housed in a freestall

126 barn, whereas some cows in herd B were kept in tiestalls in early lactation before being moved to a  
127 freestall barn. All cows were milked twice a day with the morning milking between 06:30 and 08:00  
128 h and the evening milking between 16:00 and 17:30 h. The cows in herds A, B and C were  
129 respectively milked with a 2 × 6 auto-tandem milking parlor, an automatic milking system and a 2 x  
130 8 herringbone milking parlor. All cows had ad libitum feeding and were fed grass silage and a  
131 concentrate mix. In herds A and C, silage was fed 4 times a day while concentrate was provided  
132 separately using concentrate feeders with 5 feeding periods per day. In addition, each cow received  
133 0.3 kg of concentrate during each milking. The cows of herd B kept in tiestalls were fed grass silage  
134 and concentrate separately, whereas cows in the freestall barn received a partial mixed ration of grass  
135 silage and concentrate and additional concentrate from the milking robot. Further details on the ration  
136 and the mean intakes of silage and concentrate are provided in Mäntysaari et al. (2019). Cows with  
137 clinical signs of ketosis received an oral supplementation of 230g propylene glycol twice a day during  
138 the period of the symptoms. Severe ketosis cases were additionally treated with a single intramuscular  
139 cortisone injection (dexamethasone 0,04 mg/kg).

140

#### 141 ***Data Collection***

142 For each lactation, blood samples were taken from the coccygeal vein within one hour after the  
143 morning milking session, on two non-consecutive days in week 2 and in week 3 after calving, and  
144 once in week 20. This sampling rate was chosen because in week 2 and 3, cows have an elevated risk  
145 of negative energy status and thus increased blood NEFA concentrations are expected. At week 20,  
146 on the other hand, cows are beyond the period of maximal energy requirement, typically resulting in  
147 low blood NEFA concentrations. Accordingly, both high and low blood NEFA concentrations were  
148 included. This is needed to train a model that can operate over the entire concentration range. This  
149 sampling scheme resulted in a total of 5 blood samples per lactation. Handling of the lactating cows  
150 prior to blood-sampling was minimized to reduce its effect on the blood plasma NEFA concentrations

151 (Leroy et al., 2011). Blood was collected in 10 mL EDTA tubes and stored in ice until centrifuged at  
152  $-4^{\circ}\text{C}$  for 15 min at  $2,000 \times g$ . Plasma samples were frozen and stored at  $-20^{\circ}\text{C}$  for later analysis of  
153 NEFA at the university of Helsinki (Salin et al., 2012). An enzymatic colorimetric acyl-CoA  
154 synthetase (ACS)-acyl-CoA oxidase (ACOD) method [NEFA-HR(2) kit, Wako Chemicals GmbH,  
155 Neuss, Germany] was used according to the manufacturer's instructions to determine the blood  
156 plasma NEFA concentrations, further referred to as 'blood NEFA'. Intra- and interassay coefficient  
157 of variation for blood NEFA determination were 1.61 and 3.53% for low NEFA concentration (0.23  
158 mmol/L) and 0.77 and 2.91% for high NEFA concentration (1.24 mmol/L).

159 Representative milk samples ( $\pm 30$  mL) were collected during the morning and evening milking  
160 sessions on the same days as the blood collection, providing a total of 10 milk samples per lactation.  
161 The milk samples were stored at  $4^{\circ}\text{C}$  using a preservative ( $\pm 0.3$  mg bronopol per ml milk, Broad  
162 Spectrum Microtabs II, D and F Control Systems Inc., Dublin, CA). The MIR analyses (MilkoScan  
163 FT6000 spectrometer, Foss, Hillerød, Denmark) were carried out by the Valio Ltd. milk laboratory  
164 (Seinäjoki, Finland) according to ISO 9622:2013 (ISO, 2013). The MIR spectrum of each milk  
165 sample consisted of 1060 values, representing the infrared light transmittance through  $50 \mu\text{m}$  of  
166 sample between wavenumbers  $5010.2$  and  $925.7 \text{ cm}^{-1}$  with a resolution of  $4 \text{ cm}^{-1}$ . The MIR spectra  
167 were standardized following the procedure developed by Grelet et al. (2015). Because of data storage  
168 problems, the MIR spectra of 152 morning milk samples and 183 evening milk samples got lost. The  
169 resulting final dataset therefore included 808 and 777 MIR spectra for respectively morning and  
170 evening milk samples (Table 1).

171

### 172 ***Prediction of the Blood Plasma NEFA Concentrations from Milk MIR Spectra***

173 The milk MIR spectra, blood NEFA concentrations and the respective cow identifier numbers  
174 and sampling dates and times were imported into R version 3.4.3 (R Core Team, 2017). The cow  
175 identifier numbers and the sampling dates and times were solely used to relate the blood NEFA



176 concentrations to the correct milk MIR spectra. The prediction model thus only uses the milk MIR  
177 spectra as input to predict the blood NEFA concentration. All the observations were approached by  
178 the prediction model as being totally independent. Only the spectral regions from 2977 to 2768  $\text{cm}^{-1}$ ,  
179 1800 to 1684  $\text{cm}^{-1}$  and 1607 to 926  $\text{cm}^{-1}$  were used in the analysis. Moreover, the signal-to-noise ratio  
180 in the spectral regions between 3660 and 2977  $\text{cm}^{-1}$ , and between 1684 and 1607  $\text{cm}^{-1}$ , was considered  
181 too low due to substantial MIR absorption by the water molecules. The spectral regions above 3660  
182  $\text{cm}^{-1}$  and between 2768 and 1800  $\text{cm}^{-1}$  were deleted because they do not contain significant spectral  
183 information on relevant milk components (Aernouts et al., 2011; Grelet et al., 2019). A principal  
184 component analysis (**PCA**) with maximum 20 principal components was used to identify potential  
185 outlier spectra. For each of the 20 PCA models, the root mean square error of cross-validation  
186 (**RMSECV**) was calculated from the difference between the actual spectra and the ones predicted (in  
187 the cross-validation procedure) with the ‘missing data’ approach (Bro et al., 2008). Accordingly, the  
188 PCA model with the minimum RMSECV was selected and the Hotelling  $T^2$  statistic versus  $Q$   
189 residuals (influence plot) was studied. When both the  $Q$  residuals and the Hotelling  $T^2$  statistic were  
190 above their 99% confidence limits, the spectrum was removed from the analysis (Bro and Smilde,  
191 2014).

192 As blood samples were only taken once per cow per sampling day, while 2 milk samples were  
193 collected for respectively the morning and evening milking session of that day and cow, the number  
194 of blood NEFA analyses was half of the amount of milk MIR spectra. Accordingly, the same blood  
195 NEFA concentration was assigned to both the morning and the evening milk MIR spectrum of the  
196 respective cow and day. The combination of a morning milk MIR spectrum together with the  
197 respective blood NEFA concentration is further referred to as a morning observation, while the  
198 combination of an evening milk MIR spectrum together with the respective blood NEFA  
199 concentration is further referred to as an evening observation. The morning and evening observation  
200 of the same cow and day thus have the same blood NEFA concentration, while they have different

201 milk MIR spectra. Next, about 60% of the morning and evening observations of herd A were allocated  
202 to the calibration set, while the remaining 40% of the observations of herd A and all observations of  
203 herds B and C were assigned to the validation set (Figure 1, step 1). Moreover, the observations of  
204 herd A were split 60/40 by applying the duplex selection method after ordering them on their blood  
205 NEFA concentration (Snee, 1977). This procedure assured that both sets had similar descriptive  
206 statistics. Observations for the same cow were treated as a block with all of them either in the  
207 calibration or validation set to prevent overoptimistic validation results in case of modeling cow-  
208 specific effects (Kemps et al., 2010). This data structure allows to evaluate the envisaged prediction  
209 model on independent observations of the herd used for calibration (herd A), as well as 2 totally  
210 independent herds (B and C). Comparing the model performances for the 3 herds will provide deep  
211 insights into the robustness and applicability of the model.

212 The spectral pre-processing of the MIR spectra was a combination of (1) a logarithmic spectral  
213 transformation (Beer, 1852) or not; (2) a baseline correction, detrending, standard normal variates  
214 weighting or multiplicative scatter correction (Geladi et al., 1985; Barnes et al., 1989; Ruckstuhl et  
215 al., 2001) or none of those; (3) a first or second order Savitzky-Golay derivative (Savitzky and Golay,  
216 1964) with a second order polynomial filter and 10 different spectral window lengths (3 to 21 spectral  
217 wavenumbers in steps of 2) or no derivative and (4) mean centering. This resulted in 210 different  
218 combinations, as presented in Figure 1 (step 2) and described in detail in Aernouts et al. (2011). For  
219 each of these 210 combinations, a partial least squares regression (**PLSR**) model with up to 20 latent  
220 variables was built to predict the blood plasma NEFA concentrations, further referred to as ‘predicted  
221 blood NEFA’, from the pre-processed MIR spectra (Martens and Næs, 1987). A group-wise cross-  
222 validation with 20 groups, each containing spectra of 3 to 4 cows, was performed on the observations  
223 of the calibration set to obtain the prediction error for each observation and calculate the RSMECV  
224 from them. In each cross-validation iteration, all the observations of a cow were either in or out the  
225 training set to prevent modeling cow-specific effects or relations (Kemps et al., 2010). We selected

226 the smallest number of latent variables for which the PLSR model was not significantly worse  
227 compared to the same model with the number of latent variables resulting in the lowest RMSECV.  
228 The statistical comparison in this procedure was based on a one-sided paired  $T$ -test ( $\alpha = 0.05$ ) applied  
229 on the absolute residuals of the cross-validated observations (Cederkvist et al., 2005). A similar  
230 approach was followed to select the best spectral pre-processing combination. Moreover, the PLSR  
231 models resulting from the 210 combinations were ranked by increasing RMSECV, and the one with  
232 the smallest number of latent variables and not being significantly worse compared to the model with  
233 the lowest RMSECV was selected. Again, a one-sided paired  $T$ -test ( $\alpha = 0.05$ ) on the absolute  
234 residuals of the cross-validated observations was used to statistically compare the models (Cederkvist  
235 et al., 2005; Aernouts et al., 2011).

236 The selected pre-processing combination was applied on the MIR spectra to be used as an input  
237 for 4 different variable selection methods (Figure 1, step 3): variable importance in projection, jack-  
238 knife, reversed interval PLSR and forward interval PLSR (Norgaard et al., 2000; Westad and Martens,  
239 2000; Chong and Jun, 2005). Each of these 4 methods resulted in a set of most relevant wavenumbers  
240 for which a PLSR model with an optimal number of latent variables was built as described earlier.  
241 The performances of these 4 PLSR models were compared mutually and with the model that uses all  
242 wavenumbers. Finally, the set of wavenumbers related to the most parsimonious model whose  
243 prediction performance was not significantly worse (one-sided paired  $T$ -test,  $\alpha = 0.05$ ) than that of  
244 the model with the lowest RMSECV was selected.

245 The final prediction model (Figure 1, step 4), together with the selected combination of spectral  
246 pre-processing techniques and the selected set of wavenumbers, was used to predict the NEFA  
247 concentrations of the observations in the validation set. Accordingly, an error or residual could be  
248 calculated for each observation of the validation set. Based on these residuals, the root mean square  
249 error of prediction (**RMSEP**), further referred to as the ‘prediction error’, was calculated for the entire  
250 validation set. Because this validation set is very diverse, containing morning and evening

251 observations from 3 different herds with blood NEFA concentrations ranging from very low to very  
252 high, the RMSEP was also calculated for different subsets of the validation set, allowing for a better  
253 understanding of the prediction performance of the model under different situations. These subsets  
254 were defined based on a combination of the following features:

- 255 • Milking time: only morning observations, only evening observations or both morning and  
256 evening observations;
- 257 • Herd: observations from herd A, herd B, herd C or for the 3 herds together;
- 258 • NEFA range: observations with blood NEFA concentrations in the low (0 – 0.6 mmol/L),  
259 middle (0.6 – 1.2 mmol/L), high (1.2 – 2.0 mmol/L) or complete range (0 – 2 mmol/L). These  
260 ranges were defined like this because 0.6 mmol/L is generally considered as critical threshold  
261 (Ospina et al., 2010b) and because the blood NEFA concentration was always underestimated  
262 for true concentrations above 1.2 mmol/L.

263 The procedure described above (Figure 1) was initially followed to develop and validate a PLSR  
264 model that predicts the blood NEFA independent of the moment of milk sampling by training it on  
265 all the observations – both morning and evening – of the calibration set. This model is further referred  
266 to as the ‘full model’. To evaluate the effect of restricting the calibration set to only morning or  
267 evening observations, 2 new models were trained following the same procedure as elaborated above,  
268 but with respectively only the morning or the evening observations of the calibration set for training  
269 the respective PLSR models. These models are further referred to as respectively the ‘morning model’  
270 and the ‘evening model’. All 3 models (full, morning and evening) were validated on the same  
271 observations – both morning and evening – of the validation set to allow for an objective comparison  
272 of the prediction performance.

273 The prediction performances of the 3 models were compared by applying a repeated-measures  
274 ANOVA on the absolute residuals for all the observations of the validation set. Moreover, ‘model’  
275 was treated as a fixed effect, while ‘sample’ was specified as a random effect in the two-way ANOVA

276 (Cederkvist et al., 2005). When the ANOVA test pointed out a significant effect ( $\alpha = 0.05$ ) of the  
277 model, then the performance of the 3 models was compared bilateral using a Tukey HSD multiple  
278 comparison ( $\alpha = 0.05$ ). The 3 models were compared for all the observations in the validation set, as  
279 well as the observations in the different subsets of the validation set. The model (full, morning or  
280 evening) which was not significantly different from the best model for most of the subsets of the  
281 validation set was identified as the most robust. This model was further evaluated on its ability to  
282 identify detrimental blood plasma NEFA concentrations (next section). Finally, a 4-way ANOVA  
283 analysis, with the model, the milking time, the herd, the NEFA range and all possible interactions as  
284 fixed factors, was applied on the absolute residuals for the observations of the entire validation set  
285 and subsets of the validation set. This analysis was not paired, so the samples could not be taken as a  
286 random factor. If one of the interactions was significant ( $\alpha = 0.05$ ) then all possible combinations of  
287 the factors involved in these interactions were compared bilateral using the Tukey HSD multiple  
288 comparisons. In absence of significant interaction for a factor, the effect of the factors could be  
289 interpreted separately. Moreover, if this factor had a significant ( $\alpha = 0.05$ ) influence on the  
290 performance, then the different levels within this factor were compared bilateral with the Tukey HSD  
291 multiple comparisons.

292

### 293 *Identify Detrimental Blood Plasma NEFA Concentrations from Milk MIR Spectra*

294 To evaluate whether the predicted blood NEFA concentrations can be used to identify detrimental  
295 blood NEFA levels ( $> 0.6$  mmol/L), receiver operating characteristic (**ROC**) analyses were performed  
296 (Ospina et al., 2010b; Jorjong et al., 2014; Dórea et al., 2017). The ROC curves plot the true positive  
297 rate or sensitivity versus the true negative rate ( $= 1 - \text{specificity}$ ) for different thresholds applied on  
298 the predicted blood NEFA concentration. Only the most robust model, the one that performed best  
299 according to the procedure described in the previous section, was subjected to this ROC analysis. A  
300 separate analysis was done for the morning and evening observations of the validation set. The R

301 package *pROC* version 1.13.0 (Robin et al., 2011) was used to calculate the ROC curves, to apply  
302 binormal smoothing to the ROC curves, to calculate the 95% confidence intervals (CI) of  
303 sensitivities, specificities and area under the curve (AUC) of the smoothed ROC curves and to  
304 statistically compare the smoothed ROC curves. The CI were calculated with 100 000 bootstrap  
305 replicates to obtain a fair estimate of the second significant digit (Fawcett, 2006). Statistical two-  
306 sided pairwise comparisons ( $\alpha = 0.05$ ) between ROC were done based on the area under the curve  
307 (AUC) and based on the sensitivities at given specificities from 0 to 1 in steps of 0.01, both using the  
308 bootstrap method with 100,000 replicates.

309

310

## RESULTS

### 311 *Data Exploration*

312 Table 2 gives an overview of the frequency of observations for which the blood NEFA levels  
313 were above 0.6 mmol/L in function of the herd (A, B or C) and the lactation stage (2, 3 or 20 weeks)  
314 of the respective cows. This table clearly shows that the prevalence of detrimental blood NEFA  
315 concentrations decreased with lactation stage and was 0% at week 20 in lactation. For week 2 in  
316 lactation, the highest prevalence (41.0%) was observed for herd A, while for week 3 in lactation, herd  
317 C had the highest prevalence (23.3%). Herd B clearly had the lowest prevalence, independent of the  
318 lactation stage.

319 The MIR transmittance spectra of the 1585 milk samples included in this study are presented in  
320 the top part of Figure 2 as the black solid and dotted lines. The Hotelling's  $T^2$  and  $Q$ -statistics of the  
321 PCA model with 7 selected principal components (99.2% of spectral variability) and the scores for  
322 the first 2 principal components of that model were far beyond the 99% confidence limits for the  
323 spectra of sample 1445 (herd B, evening milking) and sample 1546 (herd C, morning milking), as  
324 shown in Appendix A1. Also, the raw transmittance spectra of these 2 outliers, illustrated with black  
325 dotted lines in top part of Figure 2, are clearly different from the other 1583 spectra, while the

326 corresponding blood NEFA concentrations are not outlying. This suggests that these 2 samples have  
327 erroneous spectral measurements and were therefore removed from the dataset.

328 The reliability, accuracy, and robustness of spectroscopic calibrations are restricted to the range  
329 of the constituent of interest and the variation in measurement conditions taken into account during  
330 the calibration (Williams and Norris, 2001). The descriptive statistics of the blood NEFA  
331 concentrations linked to different subsets of milk MIR transmittance spectra are presented in Table  
332 3. The entire calibration and validation set contain respectively 790 and 793 observations and they  
333 have a very similar mean, standard deviation and range for the blood NEFA. This table also illustrates  
334 the larger variability and range of the blood NEFA levels in herd A compared to herd B and C. Likely,  
335 this is the result of the higher number of blood samples being collected and analyzed ( $n = 658$ ) and  
336 cows being monitored ( $n = 103$ ) in herd A. Additionally, this might also be caused by differences in  
337 the genetics and the management between the herds. The descriptive statistics for morning and  
338 evening samples in a same herd(s) are similar, but not exactly the same. This is because for some of  
339 the blood plasma samples only the respective morning or evening milk MIR spectra were collected  
340 and not both (Table 1).

341

#### 342 ***Calibration on MIR Spectra of Morning and Evening Milk Samples (Full Model)***

343 The 790 morning and evening observations of the calibration set were used to build a PLSR  
344 model (= full model) that relates the blood NEFA concentrations to the MIR transmittance spectra.  
345 The best performance was obtained when the MIR transmittance spectra were pre-processed using a  
346 2<sup>nd</sup> order Savitzky-Golay derivative with a window length of 7 wavenumber variables, followed by  
347 mean-centering. After this pre-processing step, the reversed interval PLSR method selected 117  
348 wavenumbers that were most informative and resulted in the best model. The most informative  
349 regions of the MIR spectra are indicated as the grey regions in Figure 2.

350 Figure 3a shows the RMSECV and the RMSEP as a function of the number of latent variables  
351 included in the full PLSR model after applying the best pre-processing and selecting the best  
352 wavenumbers. A separate RMSEP is provided for the morning and evening observations of the  
353 validation set, respectively indicated with  $RMSEP_M$  and  $RMSEP_E$ . The PLSR model with 6 latent  
354 variables, indicated with the green triangle, was finally selected. This model complexity resulted in  
355 nearly the minimum  $RMSEP_M$  and  $RMSEP_E$ , confirming the right choice of number of latent  
356 variables based on the cross-validation and illustrating the robustness of the full model. Figure 3a  
357 clearly shows that the  $RMSEP_E$  is smaller than the  $RMSEP_M$  and that the latter is smaller than the  
358 RMSECV.

359 The regression coefficients for the full model with 6 latent variables are presented with a green  
360 solid line in the bottom part of Figure 2. The regression coefficients follow a relatively smooth curve  
361 in function of the wavenumbers, which indicates that the PLSR model is not overfitting the calibration  
362 data. High absolute values for the regression coefficients were obtained around  $2950\text{ cm}^{-1}$ ,  $1750\text{ cm}^{-1}$   
363 and  $1150 - 990\text{ cm}^{-1}$ , corresponding to important fat absorption bands: respectively the fat B, fat A  
364 and C-O stretch vibrations (Afseth et al., 2010). As the PLSR model uses the 2<sup>nd</sup> derivative of the  
365 MIR spectra, some of the peaks in the regression coefficients are located at the flanks rather than the  
366 center of typical absorption peaks.

367 Figure 3b presents the predicted versus measured scatter plot for the full model with 6 latent  
368 variables. This figure illustrates that the prediction error of the full model varies a lot with the  
369 predicted blood NEFA concentration (y-axis), both for the cross-validated observations of the  
370 calibration set as well as for the morning and evening observations of the independent validation set.  
371 Additionally, the blood NEFA concentration is generally overestimated for true values (x-axis)  
372 between 0.2 and 0.55 mmol/L, while it is always underestimated for true concentrations above 1.2  
373 mmol/L. The latter could explain why the  $RMSEP_M$  and  $RMSEP_E$  are lower than the RMSECV, as  
374 the validation set contains less observations with a very high blood NEFA concentration (Table 3).



375 In Figure 3b, the predictions based on the evening observations of the validation set (blue crosses)  
376 are closer to the identity line compared to the ones based on the morning observations of the same set  
377 (red circles). This is the reason why the  $RMSEP_E$  values are smaller than the  $RMSEP_M$  values in  
378 Figure 3a and it suggests that the blood NEFA concentration in the morning can be predicted more  
379 accurately using MIR spectra of milk samples taken in the evening of that day rather than morning  
380 milk samples.

381 The prediction errors of the full model for different subsets of the validation set are summarized  
382 in Table 4. The heteroscedastic prediction error of the full model is clearly shown by the increasing  
383 RMSEP with increasing blood NEFA range (different horizontal sections of Table 4). Moreover, for  
384 the observations in the low blood NEFA range (0 – 0.6 mmol/L), the RMSEP values of the full model  
385 are all between 0.062 and 0.143 mmol/L, while for the middle blood NEFA range (0.6 – 1.2 mmol/L),  
386 the RMSEP values vary between 0.198 and 0.290 mmol/L. For the high blood NEFA range (1.2 – 2  
387 mmol/L), the RMSEP values of the full model are between 0.620 and 0.793 mmol/L. Within the low,  
388 middle and high blood NEFA range, the RMSEP values do not differ much between herds, illustrating  
389 that the model can be used for new herds as well (cfr. herd B and C). Compared to the morning  
390 observations of the validation set, the RMSEP values for evening observations are in most cases  
391 slightly higher for the low blood NEFA range, while they are clearly lower for the complete, middle  
392 and high blood NEFA ranges. The observations based on the RMSEP values described in this  
393 paragraph are similar to the ones based on the  $RMSECV$  values obtained from the cross-validation  
394 of the calibration samples (results not shown), confirming the robustness of the full model.

395

### 396 ***Calibration on MIR Spectra of Morning or Evening Milk Samples***

397 The PLSR model trained on the morning observations of the calibration set (= morning model),  
398 as well as the one trained on the evening observations (= evening model) provided the best results  
399 after applying a 2<sup>nd</sup> order Savitzky-Golay derivative on the MIR transmittance spectra, followed by

400 mean-centering. The optimal window length for the derivative was respectively 7 and 13 wavenumber  
401 variables. For both models, reversed interval PLSR proved to be the best variable selection method,  
402 resulting in respectively 92 and 126 retained wavenumbers (grey regions in Figure 2). Finally, 3 and  
403 5 latent variables were selected for respectively the morning and evening PLSR model. The regression  
404 coefficients for the final morning and evening model are presented as respectively the red dashed and  
405 blue dotted lines in the bottom part of Figure 2. Both models have high absolute values for the  
406 regression coefficients in the regions near important MIR fat absorption bands, similar to the  
407 regression coefficients of the full model.

408 Analogues to the RMSEP values of the full model, the prediction errors of the morning and  
409 evening model for different subsets of the validation set are also provided in Table 4. The prediction  
410 performances of the three models (full, morning and evening) are compared for each subset of the  
411 validation set. Within each column (herd x milking time) and a specified blood NEFA range  
412 (complete, low, middle or high), RMSEP values with different subscripts indicate significant ( $\alpha =$   
413 0.05) differences between the 3 models. Most subsets of herd C and some subsets involving herd B  
414 indicated no significant difference between the models. For those subsets, it was found that the  
415 statistical tests lacked power ( $\beta > 0.4$ ) because of a too low number of samples. Therefore, the further  
416 discussion of the model comparison was only based on the tests with sufficient power ( $\beta < 0.2$ ), which  
417 all happened to indicate a statistical effect of the model. The first column of Table 4 presents the  
418 RMSEP values for all the observations of the validation set in each of the 4 specified blood NEFA  
419 ranges.

420 In the complete range, the full model performs significantly better than the morning and the  
421 evening model, while there is no significant difference between the morning and the evening model.  
422 The full and evening models are not significantly different for the observations of the validation set  
423 in the low blood NEFA range, while they are both significantly better compared to the morning model.

424 On the other hand, for the observations in the middle and high range, the morning model is  
425 significantly better than the full model, while the latter is better than the evening model.

426 For the low, middle and high blood NEFA range, the same trends are reflected in the different  
427 subsets of the validation set where the observations are split up per herd and/or milking time (Table  
428 4, columns 2 to 9). For the complete blood NEFA range, the full model is significantly better  
429 compared to the evening model for all validation subsets with only morning observations, while it is  
430 significantly better compared to the morning model for all the subsets with evening observations.  
431 Additionally, it was found that the blood NEFA concentrations predicted with the morning model  
432 were on average 0.042 mmol/L higher compared to the predictions by the full model applied on the  
433 same milk MIR spectra, while the evening model resulted in blood NEFA predictions which were on  
434 average 0.048 mmol/L lower compared to the predictions by the full model. Given the fact that low  
435 blood NEFA concentrations are generally overestimated by the models, while the high blood NEFA  
436 concentrations are underestimated (Figure 3b), the morning model results in lower predictions in the  
437 high NEFA range, while the evening model results in lower prediction errors for the low NEFA range.  
438 This is also clearly reflected by the models' RMSEP values for the different blood NEFA ranges. As  
439 the models mainly rely on the absorption by fat-related covalent bonds (Figure 2), the offset between  
440 the models probably results from the difference in average fat content between the morning milk  
441 samples (4.3%) and the evening milk samples (5.1%) involved in the training. Taken all this into  
442 account, it was concluded that the full model is the most robust of the 3 models and is therefore further  
443 explored in the ROC analysis in the next section.

444 Apart from the comparisons between the full, the morning and the evening model for each of the  
445 subsets of the validation set, a single 4-way ANOVA analysis was performed on the residuals of the  
446 observations in these different subsets. As all but one of the two-way interactions between the  
447 ANOVA factors were significant, the effect of the individual factors could not interpret independently  
448 from the other factors involved in the interaction(s). Accordingly, all combinations of the factors

449 involved in these interactions were compared bilateral using a Tukey HSD multiple comparison. This  
450 analysis mainly points out that the prediction errors for the middle and high blood NEFA range are  
451 significantly higher compared to the complete and low range, but that the absolute levels of these  
452 errors depend on the model, the farm and the milking time.

453 Table 4 can also be used to study the difference in prediction error when 1 of the 3 models is  
454 applied on the different herds, or on either morning or evening observations. The RMSEP values for  
455 the 3 herds, except for the evening observations of herd C, are very close to each other for the same  
456 blood NEFA range (low, middle or high) for either morning or evening observations. This illustrates  
457 that the models can be easily transferred to new herds. The RMSEP values for the subsets of evening  
458 observations in herd C should be interpreted with caution as each of them is based on a low number  
459 of observations ( $n \leq 13$ , Table 1). Comparing the prediction errors between morning and evening  
460 observations for respective subsets shows that the prediction errors for the morning observations are  
461 generally higher, especially for blood NEFA concentrations above 0.6 mmol/L (middle and high  
462 ranges). For the full model, a one-sided paired *T*-test applied on all the observations of the validation  
463 set pointed out that the blood NEFA predictions are more accurate ( $p = 0.009$ ) if the model is applied  
464 on evening milk MIR spectra. This confirms that the blood NEFA concentration in the morning is  
465 predicted more accurately from milk MIR spectra taken during the evening milk session of the same  
466 day.

467 The observations based on the RMSEP values described in this section are similar to the ones  
468 based on the RMSECV values obtained from the cross-validation of the calibration samples (results  
469 not shown), confirming the robustness of the models and the validity of this analysis.

470

#### 471 ***Receiver Operating Characteristic Analysis of the Full Model***

472 The smoothed ROC curves for the identification of detrimental blood NEFA concentrations  
473 based on the predictions of the full model are shown in Figure 4. Separate smoothed ROC curves are

474 provided for the morning (red) and the evening observations (blue) of the validation set. The AUC of  
475 the smoothed ROC curves for the morning and evening observations are respectively 0.860 (95% CI:  
476 0.815 – 0.901) and 0.898 (95% CI: 0.860 – 0.930). Accordingly, the AUC for the morning  
477 observations is significantly lower ( $p < 0.001$ ) compared to the evening observations. Moreover,  
478 compared to the evening observations, the sensitivities for the morning observations are significantly  
479 lower in the range of specificities from 0.48 to 0.97. The average sensitivities are 0.752 and 0.573 for  
480 the morning observations and 0.831 and 0.690 for the evening observations (Figure 4) at specificities  
481 of respectively 0.8 and 0.9. Thus, cows with a detrimental blood NEFA concentration, as determined  
482 from their morning blood samples, can be detected more accurately using the MIR spectra of their  
483 milk collected during the evening milking session of that day. Moreover, it can identify 83 out of 100  
484 cows with detrimental blood NEFA concentrations, while 20 out of 100 healthy cows will be wrongly  
485 classified as being at risk. Appendix A2 provides the mean values of the sensitivities and the 95% CI  
486 of the sensitivities and specificities at given specificities from 0.7 to 0.95 (in steps of 0.05) for the  
487 morning and the evening observations of the validation set.

488

489

## DISCUSSION

### *Morning and Evening Milk Samples*

491 The validation of the PLSR models clearly indicates that, compared to morning milk, the MIR  
492 spectra of evening milk support more accurate predictions of the NEFA levels in blood taken in the  
493 morning of that day (Table 4, Figure 3 and Figure 4). Several studies have shown that blood NEFA  
494 follows a diurnal pattern with elevated levels from about 06:00 to 10:00 h in the morning, associated  
495 with a reduced energy intake during the night (Blum et al., 2000; Meier et al., 2010; Quiroz-Rocha et  
496 al., 2010). For this reason, extra attention was paid to the consistent timing of the blood and milk  
497 sampling. As the morning milking session was between 06:30 and 08:00 h, the majority of the period  
498 of expected elevated blood NEFA concentrations was after the morning milking session, thus mainly

499 overlapping with the period in which the evening milk was produced. This likely introduced a time  
500 delay between the moment of elevated blood NEFA levels and the moment at which a change in the  
501 concentration of related milk biomarkers could be noticed, which is even further delayed by the  
502 metabolic processes in the liver that transfer NEFA into milk precursors and constituents (e.g.  
503 lipoproteins and ketone bodies). This delay would explain why the blood NEFA concentrations were  
504 predicted more accurately from MIR spectra of evening milk compared to morning milk as the blood  
505 samples were taken within 1 hour after the morning milking session, right in the time window of  
506 expected elevated blood NEFA levels. This hypothesis is also supported by the slightly higher NEFA  
507 levels predicted based on MIR spectra of evening milk samples compared to those based on the paired  
508 morning milk samples, especially for cows with detrimental blood NEFA concentrations (Figure 3b).  
509 It might be interesting for future research to study these dynamics more in detail by measuring the  
510 blood NEFA level at a frequent interval and investigating the link with the MIR spectra of morning  
511 and evening milk samples on that day and the days after. Hence, taking into account a detailed image  
512 of the blood NEFA concentrations over the entire period in which the respective milk was produced  
513 would likely result in a stronger relation with related milk biomarkers.

514 The fact that the morning blood NEFA concentration can be predicted more accurately when the  
515 full model is applied on MIR spectra of evening milk rather than morning milk suggests that the  
516 evening milk samples contain more information on the morning blood NEFA concentration and/or  
517 that the morning milk samples are more subject to interfering effects. Nevertheless, training the model  
518 on solely evening milk MIR spectra (evening model) did not improve the prediction performance  
519 compared to the full model, even not if only MIR spectra of evening milk samples are considered in  
520 the validation. Moreover, the performance of the evening model was worse if applied on MIR spectra  
521 of morning milk samples. This suggests that including morning milk MIR spectra in the calibration  
522 set makes the prediction model more robust for potential interfering parameters that vary independent  
523 of the cow's blood NEFA level. One of these interfering effects might be the total fat content in the

524 milk, which is generally higher in evening milk compared to morning milk (Forsbäck et al., 2010).  
525 Artificially doubling the number of blood NEFA records and linking them to respectively the morning  
526 and evening milk MIR spectra thus helps the prediction model to find an “average” response. Apart  
527 from the results obtained in our study, the full model is probably the most robust under practical  
528 conditions where farms have varying milking and feeding frequencies when compared to the morning  
529 and evening model.

530

### 531 ***Prediction of Blood Plasma NEFA Concentration***

532 The regression coefficients in Figure 2 show that the PLSR models primarily use information  
533 from the fat-related MIR absorption bands. During negative energy status, excessive amounts of  
534 NEFA are mobilized from the adipose tissue and part of them is transferred to the milk. These NEFA  
535 are particularly rich in long-chain fatty acids (FA), such as C18:1 FA (Jorjong et al., 2014). Dórea et  
536 al. (2017) found a nonlinear relation ( $R^2 = 0.42$  and  $p < 0.001$ ) between the concentrations of NEFA  
537 in the blood plasma and C18:1 FA in the milk fat. Moreover, the milk C18:1 FA increased nearly  
538 linearly with increasing blood NEFA for blood NEFA levels below 400  $\mu\text{Eq/L}$ , while the milk C18:1  
539 FA concentration was practically constant for blood NEFA concentrations above 800  $\mu\text{Eq/L}$ . This  
540 suggests that the C18:1 FA concentration in milk fat saturates when the blood NEFA increases above  
541 a certain concentration. On the other hand, Jorjong et al. (2014) suggested a linear relation ( $R^2 =$   
542  $0.383$ ) between the concentrations of NEFA in the blood plasma and C18:1 *cis*-9 FA in the milk fat.  
543 However, their linear function slightly underestimated the milk C18:1 *cis*-9 FA for blood NEFA  
544 concentrations between 0.2 and 0.4 mmol/L, while it overestimated the milk C18:1 *cis*-9 FA for blood  
545 NEFA levels below 0.1 and above 0.9 mmol/L. Accordingly, the data of Jorjong et al. (2014) confirms  
546 the non-linear trend found by Dórea et al. (2017). In our study, the predicted blood NEFA  
547 concentrations versus the actual blood NEFA levels (Figure 3b) follows a very similar nonlinear trend  
548 as the milk C18:1 FA in the studies of Dórea et al. (2017) and Jorjong et al. (2014). Therefore, it is

549 likely that our PLSR models largely rely on the MIR absorption by C18:1 and related FA in milk.  
550 Several researchers already explored MIR spectroscopy to predict the concentration of certain FA in  
551 milk, obtaining  $R^2$  values for the prediction of C18:1 FA between 0.11 and 0.96 (Rutten et al., 2009;  
552 Afseth et al., 2010; Soyeurt et al., 2011). Mäntysaari et al. (2019) used the PLSR models developed  
553 by Soyeurt et al. (2011) to predict the milk FA concentrations from milk MIR spectra and accordingly  
554 studied the relation between the predicted milk FA and the blood NEFA concentration. It was found  
555 that C18:1 *cis*-9 and the sum of C18:1 FA in milk had the highest correlation ( $r = 0.73$ ) with blood  
556 NEFA, confirming our hypothesis.

557 The predicted versus measured scatterplot in Figure 3b, as well as the RMSEP values in Table 4,  
558 clearly show that the accuracy of the prediction of the blood NEFA from milk MIR spectra is limited,  
559 especially if the blood NEFA concentration is high. The full model results in RMSEP values of 0.197,  
560 0.182 and 0.190 mmol/L when evaluated on respectively morning observations, evening observations  
561 or a mixed set of morning and evening observations of the validation set. Taking into account the  
562 standard deviations of the blood NEFA concentration for the different sets (Table 3), the  $R^2$  values  
563 are respectively 0.502, 0.613 and 0.558. Nevertheless, the RMSEP and  $R^2$  values strongly depend,  
564 because of heteroscedasticity, on the proportion of observations with a high blood NEFA  
565 concentration in the respective datasets. To account for this non-linear effect, we also explored non-  
566 linear models, such as convolutional neural networks or a logarithmic transformation of the blood  
567 NEFA levels before applying PLSR, unfortunately without any success. Moreover, using a more  
568 balanced calibration set with a similar number of observations with high and low blood NEFA levels  
569 through bootstrapping did not improve the performance of the prediction model either (results not  
570 shown). Because of the heteroscedasticity of the prediction error, benchmarking our results against  
571 earlier studies is challenging and should be done with caution.

572 Dórea et al. (2017) obtained RMSE values of 169 – 220  $\mu\text{Eq/L}$  (equivalent to  $\mu\text{mol/L}$ ) and  $R^2$   
573 values of 0.080 – 0.457 for the prediction of blood NEFA levels for individual cows from different



574 linear combinations or ratios of milk FA concentrations obtained from GLS analysis. As the  
575 descriptive statistics for the blood NEFA are very similar in their dataset and ours (Table 3), it is fair  
576 to compare the results of these 2 studies. The prediction errors reported by Dórea et al. are very close  
577 to the ones obtained in our study. Nevertheless, the performances of their models are only reported  
578 for the calibration set and thus might be overoptimistic. Additionally, the approach followed by Dórea  
579 et al. requires labor and cost intensive FA isolation and GLS analysis.

580 Mäntysaari et al. (2019) used a linear combination of C18:1 *cis*-9 and medium chain FA  
581 concentrations in milk, derived from evening milk MIR spectra, and lactation stage to predict the  
582 morning blood NEFA concentration, obtaining an  $R^2$  of 0.61 and an RMSECV of 0.182 mmol/L. A  
583 similar approach using morning milk MIR spectra resulted in an  $R^2$  of 0.52 and an RMSECV of 0.198  
584 mmol/L. Although these results only represent the cross-validation of the model, and thus might be  
585 overoptimistic, they are in close agreement with the results obtained for the independent validation  
586 in our study.

587 Recently, Benedet et al. (2019), Grelet et al. (2019) and Luke et al. (2019) published PLSR  
588 models that predict the blood NEFA levels directly from the MIR spectra of raw milk samples. The  
589 prediction performance of Grelet's model ( $R^2 = 0.39$  and RMSECV = 344  $\mu\text{eq/L}$ ) is only based on  
590 cross-validation of the calibration set and should thus be confirmed on an external validation set  
591 (Grelet et al., 2019). Still, their results are inferior to the ones obtained in our study due to the higher  
592 prediction error by Grelet's model in the low blood NEFA range. Moreover, while our full model is  
593 relatively accurate ( $\text{RMSEP} \leq 0.143$  mmol/L) in this range, Grelet's model generally overestimates  
594 the low blood NEFA concentrations. In the high blood NEFA range, Grelet's model performs similar  
595 to our models, both underestimating the blood NEFA concentration. As a result, the prediction error  
596 of Grelet's model is nearly homoscedastic, but worse compared to our model, especially in the low  
597 blood NEFA range. Benedet et al. (2019) obtained a PLSR model that performed better, compared to  
598 Grelet's model, with an  $R^2$  of 0.52 and a standard error of prediction  $\left[SEP = n\sqrt{RMSEP^2 - bias^2}/\right.$

599  $(n - 1)$ ] of 0.24 mmol/L for a randomly selected validation set. Still, these results are slightly worse  
600 compared to the ones obtained in our study. In contrast to our models, Benedet's model only uses  
601 wavenumbers between 1450 and 1000  $\text{cm}^{-1}$  and thus ignores the fat absorption bands at around 2928,  
602 2858 and 1745  $\text{cm}^{-1}$ . Additionally, it should be taken into account that the model performance  
603 typically deteriorates when it is applied on a completely independent herd, as illustrated by Luke et  
604 al. (2019). Moreover, the  $R^2$  of Luke's model dropped from 0.61 for a randomly selected validation  
605 set, covering the same herds as the calibration set, to 0.45 for a totally independent herd. The better  
606 performance of our full model is likely the result of a higher number of calibration samples ( $n = 790$ )  
607 in combination with a well-controlled timing and protocol for blood and milk sample collection  
608 (Quiroz-Rocha et al., 2010).

609 In the current study, only the milk MIR spectra were considered as inputs for predicting the  
610 respective blood NEFA concentrations. Nevertheless, the relation between the concentrations of milk  
611 biomarkers and blood NEFA might change with parity, lactation stage, daily milk yield, breed and  
612 season. Therefore, accounting for this information in the prediction model has the potential to further  
613 improve its performance. Mäntysaari et al. (2019) obtained a slight improvement of their model that  
614 predicts the blood NEFA from milk FA concentrations by also including information on the lactation  
615 stage. In that study, a simple linear approach without any interactions was used, while the actual  
616 relationship might be much more complex. Therefore, future research should focus on how the  
617 relation between blood NEFA and milk metabolites is influenced by these factors and how this  
618 knowledge can help to improve the accuracy and robustness of the prediction models.

619

### 620 *Receiver Operating Characteristic Analysis*

621 Unlike the regression analysis, in which the RMSE is subject to the effect of heteroscedasticity,  
622 the result of the ROC analysis is less dependent on the relative number of observations with a high  
623 blood NEFA concentration. Accordingly, these ROC analyses allow for a more objective comparison

624 among different studies. Dórea et al. (2017) obtained their best results to identify cows with  
625 detrimental blood NEFA concentrations ( $\geq 600 \mu\text{Eq/L}$ ) based on the milk C13:0 FA using a threshold  
626 of 0.036 g FA per 100 g milk fat. This resulted in an AUC, sensitivity and specificity of respectively  
627 0.90, 0.859 and 0.823. The ROC curve to detect detrimental blood NEFA levels based on milk C18:1  
628 *cis*-9 FA and reported by Jorjong et al. (2014) had a sensitivity of 0.75 and 0.5 at a specificity of  
629 respectively 0.79 and 0.935. The full model obtained in our approach and applied on the evening  
630 observations resulted in an AUC of 0.898 and a sensitivity of 0.831 at a specificity of 0.8. The same  
631 model applied on morning observations has an AUC of 0.860 and a sensitivity of 0.752 at a specificity  
632 of 0.8 (Appendix A2). Therefore, it can be concluded that our model, which only requires MIR  
633 spectral analysis of raw milk, is not inferior compared to more complex techniques that require  
634 characterization of certain FA in the milk fat. A similar approach followed by Luke et al. (2019) to  
635 identify elevated blood NEFA levels resulted in a AUC values of 0.87 and 0.82, sensitivities of 0.73  
636 and 0.25 and specificities of 0.81 and 0.90 for respectively a randomly selected and a completely  
637 independent validation set. Thus, our model tends to be slight more robust compared to the one of  
638 Luke et al. (2019).

639 The validation on 3 independent herds suggests that the model can potentially be used on other  
640 herds too. Nevertheless, this still needs to be evaluated and confirmed. Although the prediction  
641 accuracy is far from excellent, the developed model is indicative for the blood NEFA concentration  
642 and thus might provide valuable information to further improve genetics, nutrition and management  
643 of dairy cows. As it can be applied on millions of historical and future milk MIR spectra, this approach  
644 can reveal information on the energy status of individual cows, herds and pedigrees. This could  
645 potentially result in improved estimations of breeding values and the identification of specific genetic  
646 markers for metabolic resilience. For practical use of the prediction model, however, the model will  
647 need to be compatible with 50/50 mixtures of milk from the morning and evening milking sessions

648 of individual cows. This could influence the prediction performance of the model and should thus be  
649 further investigated.

650

651

## CONCLUSIONS

652 In this study, we aimed to predict the blood NEFA level in individual dairy cows from their milk  
653 MIR spectra. The best model was obtained after training on MIR spectra of both morning and evening  
654 milk samples. The NEFA concentration of blood plasma samples taken in the morning were predicted  
655 with a slightly higher accuracy if the model was applied on MIR spectra of evening milk samples.  
656 The obtained prediction accuracy is acceptable for low blood NEFA levels, but is unsatisfactory if  
657 the blood NEFA concentration is high. Nevertheless, low and intermediate/high blood NEFA levels  
658 could be discriminated to identify 83 out of 100 cows with detrimental blood NEFA levels, while  
659 only 20 out of 100 healthy cows are wrongly classified. This opens opportunities for identifying cows  
660 at risk of a negative energy status and studying the metabolic resilience of individual cows and  
661 pedigrees.

662

663

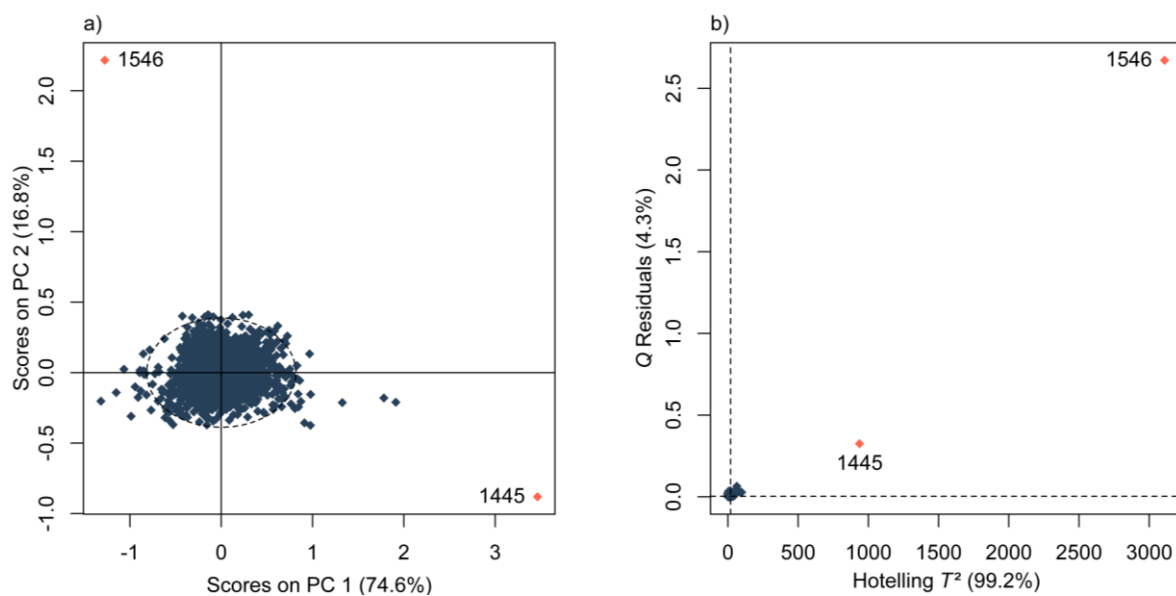
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670

## APPENDICES

671 **Appendix A1** Figures of a) The scores plot of principal component (PC) 1 versus PC2 of the principal  
672 component analysis (PCA) on all 1585 mean-centered mid-infrared transmittance spectra. The dashed  
673 ellipse represents the 99% confidence limits of the scores on PC1 and PC2. b) The influence plot ( $Q$   
674 residual versus Hotelling  $T^2$  statistics) for the PCA model with 7 PC presenting the of the PCA. The  
675 dashed lines represent the 99% confidence limits on respectively the 2 statistics. In both figures, each  
676 dot represents a different sample spectrum and the red dots (with sample number) indicate potential  
677 outlier spectra.



678

679 **Appendix A2** Table with the mean values of the sensitivities and the 95% confidence intervals (CI)  
 680 of the sensitivities and specificities at given specificities for the morning and the evening observations  
 681 of the validation set.

682

| Sp    | Morning observations |       |               | Evening observations |       |               |
|-------|----------------------|-------|---------------|----------------------|-------|---------------|
|       | 95% CI Sp            | Se    | 95% CI Se     | 95% CI Sp            | Se    | 95% CI Se     |
| 0.700 | 0.600 - 0.794        | 0.850 | 0.775 - 0.924 | 0.584 - 0.800        | 0.902 | 0.841 - 0.953 |
| 0.750 | 0.661 - 0.830        | 0.807 | 0.725 - 0.890 | 0.648 - 0.835        | 0.872 | 0.803 - 0.932 |
| 0.800 | 0.724 - 0.866        | 0.752 | 0.661 - 0.844 | 0.714 - 0.870        | 0.831 | 0.754 - 0.902 |
| 0.850 | 0.788 - 0.902        | 0.678 | 0.577 - 0.778 | 0.781 - 0.905        | 0.775 | 0.687 - 0.856 |
| 0.900 | 0.852 - 0.939        | 0.573 | 0.463 - 0.683 | 0.848 - 0.941        | 0.690 | 0.589 - 0.785 |
| 0.950 | 0.918 - 0.974        | 0.410 | 0.293 - 0.533 | 0.916 - 0.974        | 0.545 | 0.425 - 0.660 |

Sp = specificity; Se = sensitivity

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## TABLES

837 **Table 1** Number of mid-infrared (MIR) transmittance spectra of morning and evening milk samples  
838 available for the 3 different herds included in this study.

| Milk samples | All herds | Herd |     |    |
|--------------|-----------|------|-----|----|
|              |           | A    | B   | C  |
| Morning      | 808       | 640  | 121 | 47 |
| Evening      | 777       | 646  | 118 | 13 |

839

840 **Table 2** Frequency (in %) of observations for which the blood NEFA levels were above 0.6 mmol/L in function of lactation stage (wk) and the  
841 herd.

| Lactation stage | Herd A | Herd B | Herd C |
|-----------------|--------|--------|--------|
| 2 wk            | 41.0   | 20.4   | 28.0   |
| 3 wk            | 21.2   | 8.5    | 23.3   |
| 20 wk           | 0      | 0      | 0      |

842

843 **Table 3** The descriptive statistics of the blood plasma non-esterified fatty acid (NEFA) concentrations linked to different subsets of milk mid-  
 844 infrared transmittance spectra.

| Blood<br>NEFA<br>(mmol/L) | Calibration set (Herd A) |         |         | Validation set (Herd A, B and C) |                 |        |        |        |                 |        |        |        |
|---------------------------|--------------------------|---------|---------|----------------------------------|-----------------|--------|--------|--------|-----------------|--------|--------|--------|
|                           | Overall                  | Morning | Evening | Overall                          | Morning samples |        |        |        | Evening samples |        |        |        |
|                           |                          |         |         |                                  | All herds       | Herd A | Herd B | Herd C | All herds       | Herd A | Herd B | Herd C |
| Number                    | 790                      | 395     | 395     | 793                              | 412             | 245    | 121    | 46     | 381             | 251    | 117    | 13     |
| Mean                      | 0.436                    | 0.436   | 0.435   | 0.445                            | 0.442           | 0.477  | 0.372  | 0.444  | 0.448           | 0.479  | 0.372  | 0.530  |
| SD                        | 0.296                    | 0.296   | 0.296   | 0.286                            | 0.280           | 0.316  | 0.187  | 0.246  | 0.292           | 0.324  | 0.188  | 0.298  |
| Minimum                   | 0.036                    | 0.036   | 0.036   | 0.055                            | 0.055           | 0.055  | 0.069  | 0.087  | 0.055           | 0.055  | 0.069  | 0.092  |
| Maximum                   | 1.951                    | 1.951   | 1.951   | 1.748                            | 1.631           | 1.631  | 1.080  | 1.256  | 1.748           | 1.748  | 1.080  | 1.033  |

845



846 **Table 4** Root mean squared error of prediction (RMSEP) for the non-esterified fatty acid (NEFA) concentration in the blood plasma by the  
847 partial least squares regression models trained on morning and evening observations (= full model), only morning observations (= morning  
848 model) and only evening observations (= evening model) of the calibration set. The RMSEP values are provided for the different subsets (blood  
849 NEFA range, milking time and herd) of the validation set. Within each column and a specified blood NEFA concentration range, the RMSEP  
850 values with different subscripts indicate significant ( $\alpha = 0.05$ ) differences between the models according to Tukey HSD multiple comparison,  
851 with a letter lower in the alphabetical order indicating a better model.

| Blood<br>NEFA<br>range<br>(mmol/L) | Model   | Validation set - RMSEP (mmol/L) |                      |                    |                      |                      |                      |                      |                      |        |
|------------------------------------|---------|---------------------------------|----------------------|--------------------|----------------------|----------------------|----------------------|----------------------|----------------------|--------|
|                                    |         | Overall                         | Morning observations |                    |                      |                      | Evening observations |                      |                      |        |
|                                    |         |                                 | All herds            | Herd A             | Herd B               | Herd C               | All herds            | Herd A               | Herd B               | Herd C |
| Complete:<br>0 – 2                 | Full    | 0.190 <sup>a</sup>              | 0.197 <sup>a</sup>   | 0.220 <sup>a</sup> | 0.135                | 0.204                | 0.182 <sup>a</sup>   | 0.199 <sup>a</sup>   | 0.140 <sup>a</sup>   | 0.167  |
|                                    | Morning | 0.194 <sup>b</sup>              | 0.194 <sup>a</sup>   | 0.211 <sup>a</sup> | 0.143                | 0.209                | 0.194 <sup>b</sup>   | 0.207 <sup>b</sup>   | 0.169 <sup>b</sup>   | 0.139  |
|                                    | Evening | 0.206 <sup>b</sup>              | 0.225 <sup>b</sup>   | 0.252 <sup>b</sup> | 0.161                | 0.220                | 0.183 <sup>a</sup>   | 0.195 <sup>a</sup>   | 0.156 <sup>a,b</sup> | 0.162  |
| Low:<br>0 – 0.6                    | Full    | 0.129 <sup>a</sup>              | 0.124 <sup>a</sup>   | 0.132              | 0.109                | 0.128                | 0.134 <sup>a</sup>   | 0.143 <sup>b</sup>   | 0.122 <sup>a</sup>   | 0.062  |
|                                    | Morning | 0.158 <sup>b</sup>              | 0.141 <sup>b</sup>   | 0.145              | 0.129                | 0.152                | 0.174 <sup>b</sup>   | 0.184 <sup>c</sup>   | 0.161 <sup>b</sup>   | 0.071  |
|                                    | Evening | 0.132 <sup>a</sup>              | 0.136 <sup>a,b</sup> | 0.135              | 0.135                | 0.145                | 0.128 <sup>a</sup>   | 0.120 <sup>a</sup>   | 0.143 <sup>a</sup>   | 0.098  |
| Middle:<br>0.6 – 1.2               | Full    | 0.241 <sup>b</sup>              | 0.269 <sup>b</sup>   | 0.270 <sup>b</sup> | 0.253 <sup>a,b</sup> | 0.290 <sup>a,b</sup> | 0.208 <sup>a,b</sup> | 0.198 <sup>a,b</sup> | 0.230                | 0.258  |
|                                    | Morning | 0.211 <sup>a</sup>              | 0.234 <sup>a</sup>   | 0.232 <sup>a</sup> | 0.218 <sup>a</sup>   | 0.277 <sup>a</sup>   | 0.185 <sup>a</sup>   | 0.174 <sup>a</sup>   | 0.219                | 0.206  |
|                                    | Evening | 0.281 <sup>c</sup>              | 0.328 <sup>c</sup>   | 0.339 <sup>c</sup> | 0.286 <sup>b</sup>   | 0.322 <sup>b</sup>   | 0.223 <sup>b</sup>   | 0.221 <sup>b</sup>   | 0.226                | 0.231  |
| High:<br>1.2 – 2                   | Full    | 0.668 <sup>b</sup>              | 0.713 <sup>b</sup>   | 0.704 <sup>b</sup> |                      | 0.793                | 0.620 <sup>b</sup>   | 0.620 <sup>b</sup>   |                      |        |
|                                    | Morning | 0.607 <sup>a</sup>              | 0.675 <sup>a</sup>   | 0.668 <sup>a</sup> |                      | 0.738                | 0.530 <sup>a</sup>   | 0.530 <sup>a</sup>   |                      |        |
|                                    | Evening | 0.711 <sup>c</sup>              | 0.781 <sup>c</sup>   | 0.780 <sup>c</sup> |                      | 0.784                | 0.633 <sup>b</sup>   | 0.633 <sup>b</sup>   |                      |        |

852

853

## FIGURES

854 **Figure 1** Schematic overview of the methodology to build a partial least squares (PLSR) model to  
855 predict the blood plasma non-esterified fatty acid concentration from milk mid-infrared spectra. CV  
856 = cross-validation, RMSECV = root mean square error of cross-validation, RMSEP = root mean  
857 square error of prediction.

858

859 **Figure 2** Top: Relative mid-infrared (MIR) transmittance spectra of the milk samples. The dotted  
860 black lines (with sample number) indicate 2 potential outlier spectra. The grey regions indicate the  
861 wavenumbers included in at least 1 of the 3 final partial least squares regression (PLSR) models (full,  
862 morning or evening) to predict the blood plasma non-esterified fatty acid concentration after applying  
863 a variable selection technique. Bottom: Regression coefficients for the 3 different PLSR models  
864 constructed using a calibration set with MIR spectra of respectively i) morning and evening milk  
865 samples (= full model, green solid), ii) only morning milk samples (= morning model, red dashed)  
866 and iii) only evening milk samples (= evening model, blue dotted) of herd A.

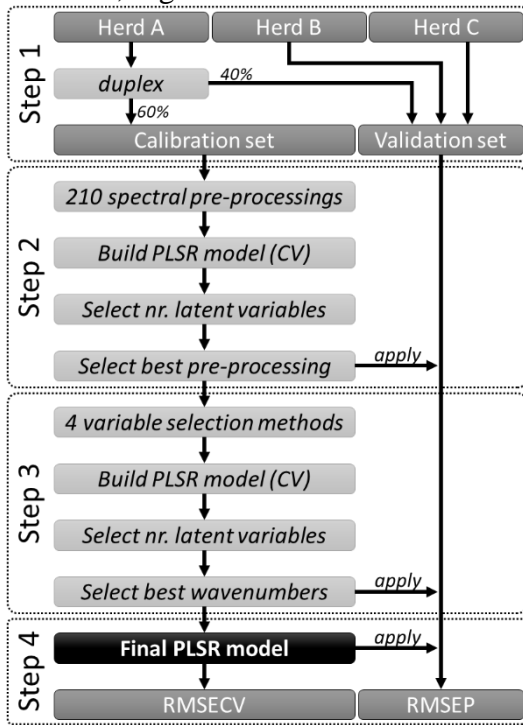
867

868 **Figure 3** The results of the partial least squares regression (PLSR) model trained on a calibration set  
869 of mid-infrared transmittance spectra of milk samples collected during morning and evening milking  
870 sessions (= full model) on herd A to predict the non-esterified fatty acid (NEFA) concentration in the  
871 blood plasma of the respective cows for which blood was sampled in the morning. a) Root mean  
872 squared error (RMSE) for the calibration set in cross-validation (CV) and the morning ( $P_M$ ) and  
873 evening ( $P_E$ ) observations of the validation set (all 3 herds), in relation to the number of latent  
874 variables of the PLSR model. The green triangle indicates the number of selected latent variables ( $n$   
875 = 6) for the final PLSR model. b) The predicted versus measured scatterplot for the calibration set  
876 (herd A) in cross-validation (CV) and the morning ( $P_M$ ) and evening ( $P_E$ ) observations of the  
877 validation set (3 herds).

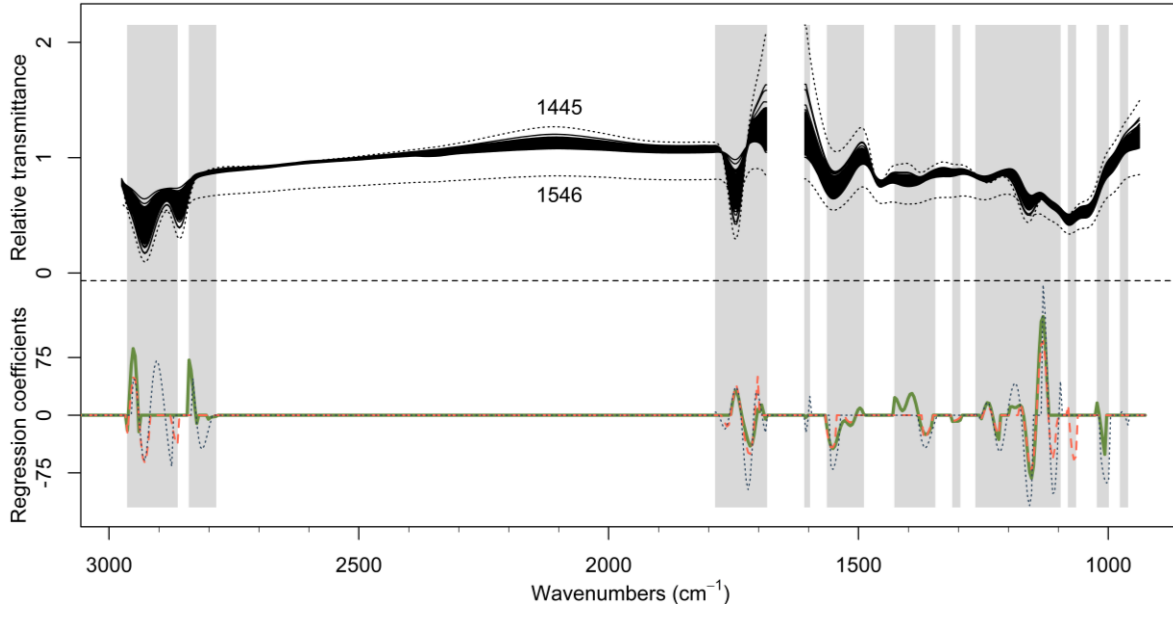
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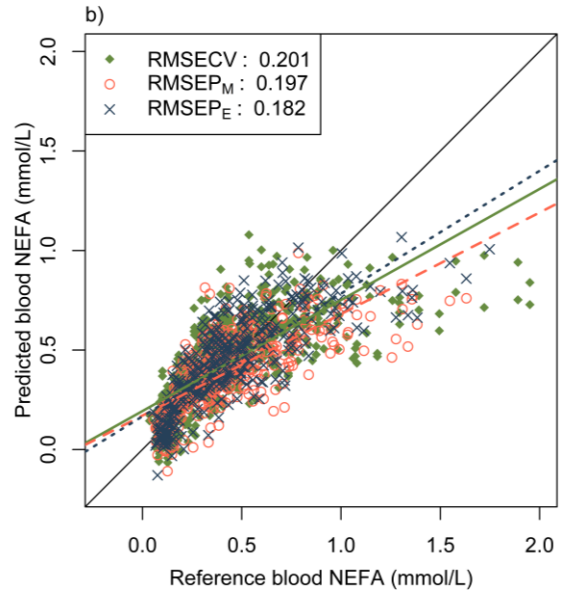
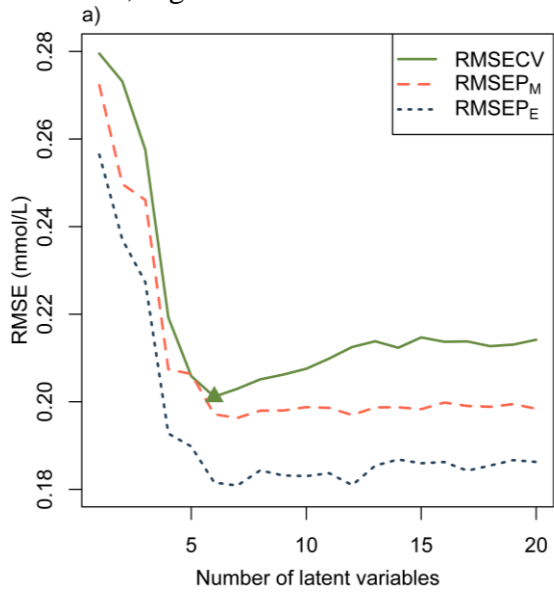
879 **Figure 4** Smoothed receiver operating characteristic (ROC) curves for the identification of  
880 detrimental blood plasma non-esterified fatty acid (NEFA) concentrations ( $\geq 0.6$  mmol/L). The  
881 NEFA concentrations were predicted with partial least squares regression models trained on morning  
882 and evening observations (= full model) of the calibration set. The mean values (lines) and 95%  
883 confidence intervals (areas) for the smoothed ROC curves are provided for morning (red, dashed) and  
884 evening observations (blue, dotted) of the validation set.

885 Aernouts, Figure 1

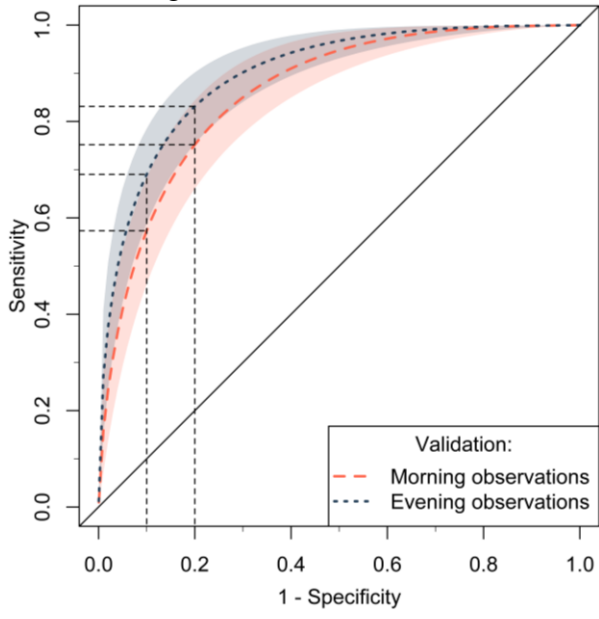


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891 Aernouts, Figure 4



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