

# the REVIEW

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Peninsula

Wednesday,  
July 19, 1989  
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## Residents force open meeting

North Saanich residents were dismayed with what they saw, Monday, after forcing a preview of government plans for the Lands End-Highway 17 interchange.

By VALORIE LENNOX  
Review Staff Writer

Two dozen residents attended a closed meeting of North Saanich council with Transportation and Highways, and B.C. Ferries representatives, demanding to see plans for the area.

Ministry representative Bill Weir said the plans were preliminary and would be on display at public information meetings next Wednesday and Thursday. Asked by council if he would agree to an open meeting, he yielded to residents' insistence that they be allowed to stay.

He asked that the media be excluded. But Ald. Maurice Chazottes suggested reporters stay, once the meeting had been opened to residents.

After seeing the plans, resident Ruth Jacox objected to bringing Highway 17 to freeway standard, with overpasses, all the way to the B.C. Ferry toll gates.

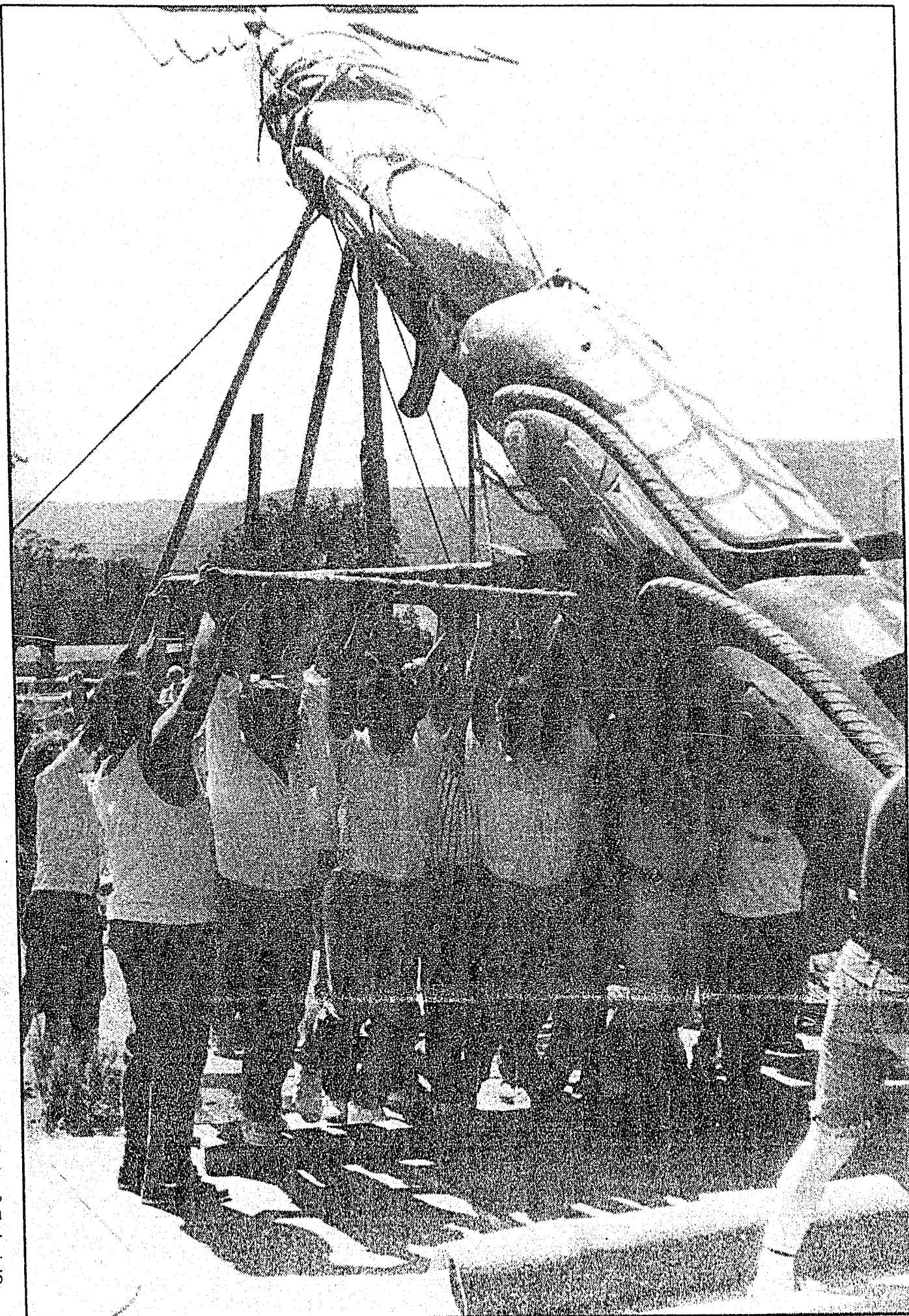
Although three plans were outlined by ministry staff, resident Barbara Brock noted ministry members did not seem interested in alternate proposals from residents.

"I don't think they've explored all the alternatives that are available." Instead of expanding the ferry terminal southeast to obtain more ferry parking, Brock suggested tiered parking on existing B.C. Ferries' property.

Jacox questioned the effect on local traffic of extending Dunne Road and constructing an overpass at Highway 17 and Lands End Road.

Canoe Cove manager John Simpson said B.C. Ferries is eyeing 15 acres of the marina's property. Although highways ministry staff say plans are not finalized, Simpson said he has received a letter from the Ministry of Highways stating "no matter what proposal we do, we want your 15

Continued on Page A2



## Review eyes change to tab format

An easier-to-read, more colorful Review may soon be landing on local doorsteps, the publisher has announced.

"We're seriously considering a change to tabloid format from the current broadsheet, but first we want to hear from readers," Vic Swan said Monday.

Swan will take calls, pro and con, from 3 to 5 p.m. daily at 656-1151.

He said a tabloid format would allow greater use of full-color photos — a move which the public should appreciate.

"We've experimented a number of times with front-page color, and reader response has been, without exception, positive. Now, with the Times-Colonist using color regularly, readers expect it of us, too."

The publisher said the smaller tabloid format would make the newspaper easier to read.

"You need a desk or table to read a broadsheet comfortably, because it has to be unfolded. But a tabloid can be read anywhere."

Despite their convenience, tabloids still have an image problem, Swan said. "Some people associate them all with the racy sensationalism of the British tabloids or the supermarket tabloids."

"But more and more good, solid community newspapers are using the tabloid format."

"The Review has no intention of changing the content and quality readers have come to expect."

"If we change to tabloid, the newspaper will be the same product in a more convenient and more attractive package."

**MASSIVE AMOUNT OF manpower was needed to raise a pole into place in front of the Lauvelnew School during its grand opening Saturday afternoon.** GLENN WERKMAN photo

## Mt. Newton valley development 'crazy'

"Taken from a planning point of view, development of Mt. Newton is crazy," Paul Gaskin said.

By GLENN WERKMAN  
Review Staff Writer

The Central Saanich resident of the Mt. Newton valley also said a recently unveiled Mt. Newton Heights Comprehensive Develop-

ment Plan commissioned by the municipality leaves too many unanswered questions.

"Their data make several assumptions, (including) it will take \$8-\$9 million to do the job (of off site servicing)," Gaskin said. "I have information that number is off by a considerable amount."

He said that after considering

the possible cost of off-site services, including water line and sanitary and storm sewers installation, lot prices would rise to around the \$100,000 mark. Add the cost of building and homes would be \$250,000 to \$300,000.

"I don't think there's a market out there," Gaskin said. "This could leave the municipality bank-

rupt." Gaskin, a residential developer with a recently completed project in Saanich, is also concerned hundreds of trees on the Mt. Newton Crossroad right of way will be destroyed if development does take place.

"Council says the farmland will be preserved at any cost — and

that there will be growth," Gaskin said. "Those two things are so all-powerful and so mutually incompatible."

Gaskin has written to the Ministry of Municipal Affairs with queries about the comprehensive development plan, funded with a \$25,000 ministry grant.

Continued on Page A2

## Business calls: Kubek resigns from council

The time requirements of a growing business have forced Sidney's youngest alderman, Ron Kubek, to resign effective Sept. 30.

By GEORGE LEE  
Review Staff Writer

"When I do something, I like to do it well," Kubek, 26, told The Review Monday. "I just didn't have the time to do the homework anymore."

Kubek was first elected to council in 1985 — at just 22 years old, the youngest B.C. alderman at the time. In 1987 he was re-elected.

He worked for Block Brothers in downtown Sidney at the time of both elections. But about a year ago, he started NRS Peninsula Properties Ltd., and today he's its sole owner.

Mayor Norma Sealey was out of town and unavailable for comment yesterday morning.

Kubek's company grew from four realtors to 14 in less than six months, and another 15 realtors want to join.

Kubek now plans to move the Central Saanich office into a larger building, more than tripling his space.

As a realtor, Kubek has been criticized by some for being unfairly pro-development. But Kubek doesn't believe it's so.

"Actually, I've been criticized on the other side, too — for being a little too hard on developers."

Kubek's business often forced him to step out of council chambers because of potential or perceived conflicts of interest. But that wasn't a reason for his resignation.

"If I had a list of reasons, that wouldn't even make the list."

He said electors knew his profession when they voted him into office. "They knew what they were getting."

Kubek, a Peninsula native, also dismisses claims that a real estate salesman should not run for council.

Anyone in business can run into conflicts on council, he said. Limits can't be placed on the type of occupation represented, and council should be a cross-section of the public.

In fact, a business approach to council affairs is important, and he encourages downtown businessmen to seek the position he leaves

behind. Kubek also thinks his youth was an asset to council.

In his letter given to Sealey Monday, Kubek wrote: "When I first decided to run for council in 1985, I had... property located within the Town of Sidney, an office located in Sidney and more time... to devote to council."

"Recently I have been forced to miss council meetings because my work has taken me all over the Peninsula, Greater Victoria and also to Vancouver, Toronto, Calgary and the United States on a regular basis."

**"When I do something, I like to do it well."**

"I have also been asked to train to become an instructor for the Certified Commercial Investment Member program in Canada, which will take me out of town a minimum of six weeks per year."

These commitments and the sole ownership of his company mean less time for council business.

"I also wish to devote more time

to my business and to my family and, therefore, I feel that it is in the best interest of the Town of Sidney that I resign."

He's proud of several achievements over his time on council.

"It may not seem like much, but the stop signs at Bevan and Fifth Street were something I really fought for." Now, all the intersection needs are flashing lights to completely alleviate the safety hazard, he said.

He planted the seed for the whale museum, bringing the idea back from Hawaii. But it's the work of Ald. Herb Addison that's turned it into a reality, he noted.

And he's strived for downtown revitalization, a project "I would have liked to have seen through."

Kubek said he's been pleased to work on "two good councils" that have helped "improve the health of the town."

It hasn't been a job without conflict. In fact, debates often placed Kubek opposite the mayor.

"We have an exceptionally good mayor and council — and I say that even though Norma and I and council have butted heads once or twice."

But aldermen and the mayor were always able to leave the debates at the table and "have coffee together afterwards," Kubek said.

The alderman also said town staff have been helpful during his years on council.

Kubek said Sidney is "not a second-rate town. It's a first-rate town."

And it's a town he'll keep supporting, through his work on the Jazz Festival and other volunteer activities, Kubek said.



RON KUBEK



A gathering of fishermen — or is it? ..... Page A3



Wide-eyed art: kittens and innocence ..... Page B1



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**NEWTON**

Continued from Page A1

"Have all costs been considered, including acquisition of easements and rights of way for utility lines, roads, parks, reservoirs for water containment and discharge, and costs of detailed engineering studies, increased staff and space at the municipal hall to administer the project, and increased police and fire protection during construction?" is one of 18 questions asked of Municipal Affairs representative Tom Mastechuk.

Mt. Newton Crossroad hobby farmer Ken Travis said the proposed density of development should be much lower.

"They should have some buffer of green belt around (the agricultural lands) so its integrity isn't destroyed," Travis said. He farms 1.5 acres of kiwi fruit and raspberries.

"I think people are being pushed into either choosing Option 1 or the ALR will be used," Travis said. "I don't think growth is necessarily progress."

Clarence Bolt, another Mt. Newton Valley resident, is concerned about preserving farmland.

"For farming to survive it has to be in a context that farming can survive in," Bolt said. "Farms adjacent to development end up being abandoned."

Gaskin is worried that the municipality has another motive for doing the comprehensive development plan — to reduce pressure for residential development of the ALR by giving developers a piece of the municipality that cannot be developed.

"I think it's impossible to build up there," Gaskin said. "To pass something that they know is contrary to what it says on its face is wrong."

"If the plan is presented as a relief valve then the council has stooped to a level of chicanery that is doomed to failure," Gaskin said.

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656-1151

**Perrys determined to prevent further Hydro line accidents**

The parents of a Sidney teenager who was electrocuted last winter are taking steps to ensure similar accidents don't happen.

Philip and Gwen Perry, through their lawyer, have written to Van Isle Marina and B.C. Hydro requesting a meeting before they proceed with legal action.

"To us there are more important things involved than money," Philip Perry said.

"We could go ahead and sue for money but we have more meaningful things — such as their responsibility and what's to be done in the future to prevent this sort of thing from happening," Perry said.

Perry said his family has their own ideas of what can be done to prevent further accidents involving high voltage lines.

Colin Christopher Perry, 17, was electrocuted while removing decorative Christmas lights from a large outdoor tree situated on private property, about 1 p.m. New Year's Eve 1988.

The Workers' Compensation Board has fined Van Isle Marina but Perry said that B.C. Hydro was equally responsible.

"They could have eliminated the hazard right then and there," Perry said. "They could have lowered (the lights) below the 14,400

volt Hydro line." Perry said the a WCB report revealed that a B.C. Hydro lineman said he could have been killed putting the lights up.

"It's not going to bring our son back to us but if we can prevent it from happening again, then at least we're doing something," Perry said.

A lawyer representing Van Isle Marina has agreed to meet with the Perrys and their lawyer, but word hadn't been received from B.C. Hydro about the proposed meeting.

"If they don't move pretty soon we'll have to take them to court," Perry said.

In a July 5 letter, B.C. Hydro's Vancouver Island Region manager John Carmichael said: "The lineman warned the person responsible for the lighting installation (and) it was concluded that because the lighting installation was on private property, and was expected to be removed safely because the owner had been made aware of the need to avoid contact with the line, no further action was necessary."

"From my review of the incident, and disregarding hindsight, I believe this was a reasonable conclusion," Carmichael said.

**INTERCHANGE**

Continued from Page A1

acres — but we welcome your input."

Residents are extremely concerned about rumors of an expanded B.C. Ferries carpark, said resident Michael Coney.

"We don't want the ferries to spread over the whole area like giant fungus. We have a faint feeling of mistrust; if we miss any step we'll end up with a fait accompli."

Weir assured residents the ministry will consider public input before finalizing the plans.

Public information meetings are slated for July 26 and 27 at North Saanich municipal hall from 3 to 5 p.m. and 7 to 9 p.m. Detailed information on the proposed plans

and questionnaires for residents will be available then.

Ald. Don Caverley said the wishes of residents must be heeded above all other considerations. He encouraged residents to continue fighting to protect their area.

Ald. Dee Bailin was opposed to the whole project, including the upgrading of the Pat Bay Highway to freeway status and the interchanges.

Ald. Rebecca Vermeer said council must protect the interests of residents.

"B.C. Ferries is not a taxpayer of North Saanich and it shouldn't be our business to protect the interests of B.C. Ferries," Vermeer said.

**Wife beater jailed**

A Saanichton man who returned home twice to beat his common-law wife in front of their three children was sentenced Thursday to 30 days Thursday by Judge Alan Filmer.

William Thomas, 28, pleaded guilty to assault.

Crown counsel Derek Lister said neighbors of the victim called police after the woman ran from her home just before 8 a.m. March 20.

Thomas had returned home after a week's absence and began kicking and punching his wife. The couple's children, a boy, 12, and two girls, 9 and 10, witnessed the assault. Thomas ordered the woman to leave the home by the

end of the day and walked out.

The woman ran out of the home and, as Thomas returned for a second attack, ran to the neighbors. She was taken to hospital, treated for bruises and a cut, and released.

"The general repugnance with which society views physical violence against one person by a stronger person has been well documented," Lister said, requesting a jail sentence. The couple's marital history has been tumultuous, he added.

Thomas's record includes convictions for breaking and entering, theft, possession of stolen property and impaired driving.

Defence lawyer Grant Warrington said marriage conflicts caused by Thomas's drinking problem and participation in longhouse activities had led to a separation a week earlier. Thomas has lost his job because of his drinking problem and had been drinking heavily before the assault.

Warrington suggested counseling for alcohol abuse and probation.

Judge Filmer said the incident proved Thomas could do serious physical harm and attacked without provocation.

"The court is not going to condone this type of activity. This activity has to be stopped," said Filmer.

In addition to the 30-day jail sentence, Filmer placed Thomas on probation for 18 months and directed him to take counseling for alcohol and drug abuse.

**Sea experts sing shanties**

Two experts in maritime studies will present a tuneful side of their research with a concert of sea shanties in North Saanich July 25.

Stuart Frank is director of the Kendall Whaling Museum and past president of the Council of American Maritime Museum. Mary Malloy is advisory curator of Northwest Coast Art and Ethnology at the Kendall museum.

Both will perform in a concert sponsored by Deep Cove Folk, starting at 8 p.m. in St. John's United Church, 10990 West Saanich Road.

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# Mural docked on 4th Street



CHATTING WITH HIS CREATIONS is local artist Charlie Smith who created the 44 foot long mural now displayed on 4th Street in Sidney. A second mural showing native carvers, also by Smith, is to be mounted nearby.

There's a fishing boat parked beside 4th Street, complete with a dock and lounging fishermen, thanks to the talents of local artist Charlie Smith.

The eight-by-44-foot mural was completed at intervals over the past 18 months. The artist's wife, Tricia Smith, wanted the mural to decorate the blank wall adjoining her Avenue Arts shop.

Smith said he tried to make the figures life-sized, so people walking past the scene would feel as if they were seeing other people.

Smith began drawing as a child and has been painting full-time since retiring from a drafting career. Another of his works, an eight-by-12-foot painting of natives carving a totem pole, will soon be erected on the professional building beside Avenue Arts.

Tricia Smith said the couple are not trying to turn Sidney into an echo of Chemanius, known for its artwork on buildings.

"This is just a large illustration that makes a blank wall look nicer," she said.

## Channels and charges increasing

More channels and more charges are coming to cable television for Shaw subscribers.

Starting July 31 the all-news channel, CBC Newsworld, will be broadcast on Channel 27.

The channel will cost subscribers an additional 43 cents a month, starting in September. Shaw Cable cannot make the new channel optional because CBC Newsworld was licensed for basic cable, said system manager Jim McHugh.

The 43 cent increase will be included in a \$1.59 per month increase proposed for September. The increase will raise Shaw Cable's monthly rate to \$11.47 from the present \$9.98, not includ-

Shaw Cable applied to the Canadian Radio and Telecommunications Commission to approve the increase, which includes 54 cents in network charges, 33 cents to cover inflation and 72 cents towards system improvements.

"We don't anticipate the increase being disallowed," said McHugh.

Over the next year Shaw Cable plans to spend \$1 million upgrading the Peninsula system. Included is \$313,000 for new construction to unserved areas, a \$495,000 upgrade of existing equipment, a \$66,500 microwave link from Salt Spring Island to improve reception and a \$19,000 expenditure on the local community television

station. The company now offers 28 channels in its basic service to almost 12,000 Peninsula subscribers.

Upgrading equipment now will ensure the cable system can handle the high-tech information services and high definition television which McHugh believes will come in the future.

Starting Oct. 1, Shaw Cable will add TV 5, an international French language channel, to the system at no additional charge to subscribers.

"What we're trying to do as a cable company is offer people a selection to suit all viewers," said McHugh.

## Society rejects school site

Opposition from the community convinced Memorial Park Society directors to reject a site south of Sidney Elementary as a possible location for a new Sanscha Hall.

Directors voted last Wednesday to abandon the idea, after receiving a letter from Sidney School Association president Susan Holmes.

Holmes was shocked the school was site was considered for the hall without parents or teachers being consulted. She noted parents raised \$4,000 for new playground equipment, which would be jeopardized if the new Sanscha Hall was built near the school.

The site is one of the few remaining green areas in urban Sidney. If the new community hall was built on the property, Holmes predicted a concentration of massive structures surrounded by parking lots.

The Memorial Park Society also received a letter from the Peninsula Soccer Club claiming use of the site for a community hall would cost the club two soccer fields.

School board chairman Marilyn Loveless said staff were considering possible benefits to students if

the Memorial Park proposal went ahead. Both the society and the board were interested in the benefits to the community, she said, and either could withdraw if the project was not beneficial.

"We never contemplated making any kind of sale," she said. "It was an interesting idea."

The society is still seeking a new site for Sanscha Hall, said president George McKimm. The present hall will be demolished when a new overpass is built at Beacon Avenue and Highway 17.

## FREE SUMMER PROGRAM

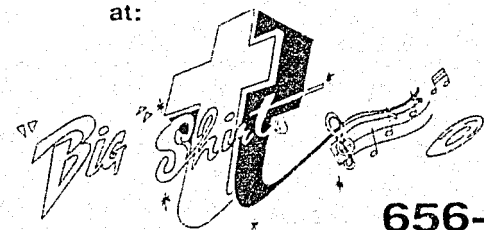
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### TOP 30 COUNT DOWN

T/W	SONG/ARTIST
1	This time I know it's for real DONNA SUMMER
2	Rooms on fire STEVIE NICKS
3	If you don't know me by now SIMPLY RED
4	We can last forever CHICAGO
5	No more rhyme DEBBIE GIBSON
6	It doesn't matter COLEMAN WILDE
7	Dream come true FROZEN GHOST
8	Holding out PETER CETERA
9	Unborn heart DAN HILL
10	Best years of our lives NEIL DIAMOND
11	You moved me to this IVAN LINS & BRENDA RUSSELL
12	Cry WATERFRONT
13	Darlin' VANESSA WILLIAMS
14	End of the innocence DON HENLEY
15	How'm I gonna sleep TIM FINN
16	Everlasting Love HOWARD JONES
17	Right here waiting RICHARD MARX
18	Keep each other warm BARRY MANILOW
19	Anything can happen WAS (NOT WAS)
20	Do you believe ONE TO ONE
21	Soul provider MICHAEL BOLTON
22	I'll be loving you forever NEW KIDS ON THE BLOCK
23	Nobody knows MIKE & THE MECHANICS
24	Giving up on love RICK ASTLEY
25	Clear blue skies CROSBY STILLS NASH & YOUNG
26	Jackie Brown JOHN C. MELLANCAMP
27	Miss you like crazy NATALIE COLE
28	Through the storm ARETHA FRANKLIN & ELTON JOHN
29	One night with you ROGER WHITTAKER & CARROLL BAKER
30	Spell DEON ESTUS

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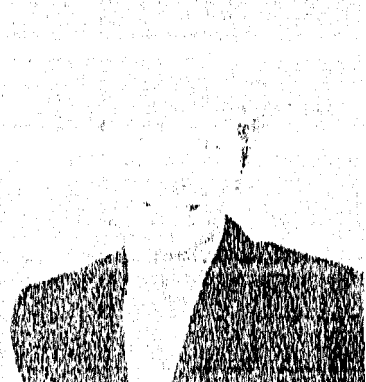
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## Correction

The story "Noise level set for Central Saanich industrial zone" that appeared on the front page of last week's Review incorrectly quoted Ald. Ed Hernblad when he said: "I think it's unreasonable to expect industry to come within 10 db of what a heat pump emits in an industrial zone."

What Hernblad said was: "I think it's unreasonable to expect industry to come within 10 db of what a heat pump emits in a residential zone."

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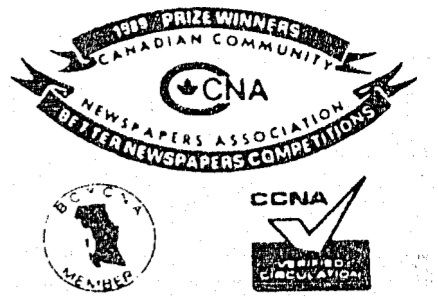
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### The best laid plans

Official community plans are sets of guidelines designed to reflect the vision the population has for the future of the municipality. And like any plans, they are never perfect.

The trouble with a community plan is that — despite its best efforts — it can't foresee every set of blueprints that will come before council, every unique idea, every change in economic climate. In fact, if it can foresee a small number of those, it will be serving its purpose well.

The true barometer of public feeling, however, must always be the council of the day. That's what aldermen are hired at the ballot box to be. If they simply become protectors and administrators of the plans they have developed, they are not living up to the needs of the public.

Two cases in point were covered on the front page of last week's Review. The one that pulls the most heart strings is council's decision against allowing a low-cost seniors housing project on James Whyte Boulevard. The decision was made despite a desperate need for affordable housing on the Saanich Peninsula.

A recent Review series on housing explored the situation. One of its conclusions was that political will is essential if more affordable housing is ever to hit the market. Unfortunately, Sidney council demonstrated no political will by rejecting the Kiwanis proposal — and rejecting it largely on the basis of its conflicts with the official community plan.

A low-cost seniors housing project would free up housing for others. It would provide 20 units for seniors — and there's already a list of 85 people wanting to move in. To top it off, the Kiwanis project already has conditional funding approval from the province.

Of course, council must look at things other than need. It must decide whether the location is right. The Kiwanis Club has noted that the site is close to stores, its close to a bus stop, its close to the Silver Threads centre. We'll add that it would hardly conflict with the use across the street, to the north: residential.

Council noted that the Kiwanis project does not conform with the community plan. There was also limited discussion that the site is on too busy a street for a seniors project. But the bulk of the talk was on the community plan conflict. The plan envisions a major commercial development in the area.

The next rejection based on the community plan is for waterfront condos — hardly as emotional a subject as seniors housing, but nonetheless one that demonstrates an unfortunate rigidity of thinking. Council decided not to listen to an architect and developer argue their case for high density over medium density. The reasoning was twofold: the proposal had already been rejected by council once, and the area is envisioned — as stated in the official community plan — for medium-density development.

Yet what the developer hoped to prove to council was that a high-density project can be less obtrusive and more attractive than a medium-density one. He also wanted to show that an addition to the waterfront walkway — through a donation of land to the town — would extend public access all the way to the corner of Second Street and Mount Baker Avenue. A public walkway at the Port of Sidney, it should be noted, is a council ideal.

Council may or may not have rejected the condo project, once all the information was heard. But it's a pity that council wouldn't even allow the information to come forward.

And it's a pity that the community plan is being used to replace debate rather than enhance it.

A sound community plan is essential for a growing community. So are occasional divergences.

### Where the news is from

The Review relies primarily on local sources for its news. We are not a member of any news co-operative, and use a limited amount of syndicated news or columns.

The bulk of the local news, sports, feature stories and photographs that appear in the paper are staff produced. Occasionally, we publish freelance stories and photos of local interest.

Government and other news releases that cross the news desk are sometimes published verbatim, but normally, if they're used at all, they are background material a Review reporter uses. Information from a news release is identified as such within a story.

Some "filler" stories are used, usually to complement a section of the newspaper. For example, a release on boating safety might appear on the boating page, one on fashion on the living page.

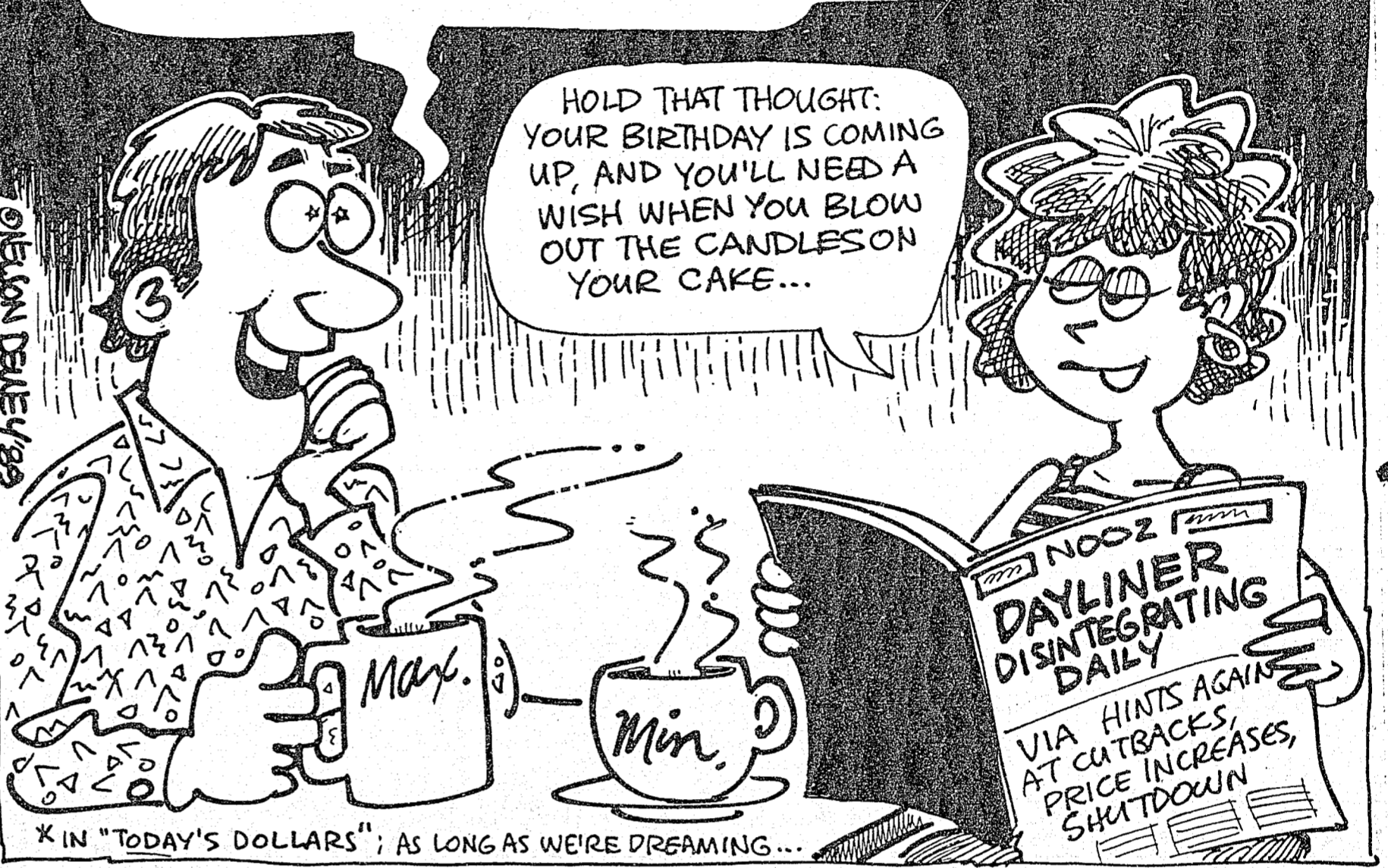
Some of our columns are syndicated. Hubert Beyer, who writes At the Legislature, syndicates to a number of B.C. papers. And Mike Grenby, Smart Money, syndicates nation-wide. Hugh Nash, Hugh's Views, is read in several B.C. papers — but his local ties are strong. Nash is a past editor of The Review, and he lives in Victoria. We occasionally run Mainstream Canada, by Ann Smith, which is produced by the Canadian Federation of Independent Business.

Deanna Boulter-Bell's CrossQuotes is produced in Victoria for The Review and several other papers. Tight Lines, by Rob Waters, appears in The Review and the Goldstream Gazette. Our other columns are written locally, exclusively for The Review. Cartoons by Nelson Dewey appear in several papers, although often a particular cartoon is created specifically for The Review.

All editorials, which appear in this space each week, are written by the editor or an editorial staff member, under the editor's direction. Opinions are generally reserved for editorials, columns, the cartoon, Readers' Mailbox, Insights and Outbursts, and, to a limited extent, From the Top of the Pile and Shop Talk, both of which are staff-written.

Feature stories are somewhat subjective, so they may contain some of the writer's opinion. Other news stories, unless clearly identified as opinion or analysis, we strive to make as objective as possible.

... IMAGINE IF CPRAIL ADMITTED THEY AREN'T INTERESTED IN LIVING UP TO THEIR OBLIGATION... AND GAVE BACK TO THE PEOPLE OF VANCOUVER ISLAND ALL THE EQUIPMENT, TRACK, RIGHT-OF-WAY... AND WHAT'S LEFT OF THE "E&N" GRANT" LANDS... AND ALL THE MONEY THEY'VE MADE OFF IT... AND LET US OPERATE THE RAILROAD THE WAY IT SHOULD BE RUN...



## READERS' MAILBOX

### A good leader

Editor: There has been much controversy regarding the Sidney breakwater.

While I have often disagreed with Mayor Norma Sealey's opinions on this subject, the comments and rhetorical remarks she made to questions directed at her in the recent Review article on the breakwater ("Sealey on offensive: port is fine," June 21) were pertinent, sensible and well-answered, and showed her to be a woman of integrity with the courage of her convictions.

The Town of Sidney is fortunate to have a mayor with that kind of backbone.

Margaret Jestico  
Saanichton

### Startling costs

Editor: I've received some startling figures from the Ministry of Education.

School District 63 (Saanich) increased its supplementary amount from \$321 per pupil in 1988/89 to \$778 per pupil in 1989/90, an increase of 142 per cent. This amount must be funded locally by residential homeowners and business.

This is only one example of costs agreed to by the school board. Others are substantial improvements in employment conditions, as well as salary increases in excess of other public — and private — sector settlements.

Unless some restraint is placed on the school board by the public or the government, taxpayers must expect these unbearable costs to increase yearly.

I would suggest concerned homeowners and businesses write the minister of education regarding some changes being made.

George Simmons  
Sidney

### Smashing story

Editor: Congratulations on the excellent

article on local racers, Don Affleck and Tony Van Wyk, by staff writer Glenn Werkman ("Smashing and passing round and round," The Review, July 12). Their recognition is overdue.

Many Peninsula businesses support other cars at the track as well and contribute not only financially but in community spirit.

I encourage those who have not taken in the races at Western Speedway to take the opportunity this summer. It's a great way to spend the evening.

Echo Eburne  
Sidney

### Law of the sea

Editor: The recent seizures of two Canadian fishing vessels by the U.S. Coast Guard in the waters of the Dixon Entrance should cause us to reflect for a moment on the state of maritime law in North America as compared with the law as applied on land.

No one can question the Coast Guard's right (and power) to arrest fishing vessels and their crews

when caught fishing in US waters. Patrolmen on land do it every day when misdemeanors are committed; arrests 14 to 16 hours after alleged misdemeanors have been known to occur on land and at sea.

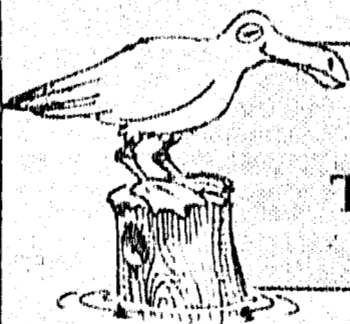
But what sort of law is it that permits a patrolman (territorial or maritime) to determine guilt and assign the penalty in this (and like) cases?

It might be argued that guilt is not determined by the Coast Guard. But a penalty most certainly was — the two skippers were deprived of the use of their vessels for four or five days (until they could raise \$50,000) to reclaim their means of livelihood. And that's punitive with a vengeance, particularly in a short seasonal industry. How are they expected to look after their families?

What kind of a law, I ask myself, allows patrolmen to do that sort of thing? A Magnuson law, I'm told. Well, such a law would, I hope, be adjudged as administering "cruel and unusual punishment" under Canada's Constitution.

Continued on Page A5

## Keeping the meals in motion



### FROM THE TOP OF THE PILE

HELPING KEEP the munchies moving are the local Job's Daughters, who contributed \$754 recently to Meals on Wheels. The cheque was presented by Samantha Eburne, junior princess.

ALSO MOVING are members of the 1st Tzarlip and 2nd Tzarlip Boy Scouts' venture, Dave Eburne and Tobi Hall. With the help of community donations and their own contributions, the boys left last week for the Canadian jamboree in Prince Edward Island.

THE REST HAVEN Lodge Auxiliary has completed another busy year of volunteer activity. Thanks to continued public support of the group's bazaar and tea party, bake tables at Samscha events, and residents' patronage of the tuck shop, it has supplied not only the regular added comforts to the lodge, but also \$1,500 towards maintenance of the lodge bus. On the executive for the 1989/90 year are: Eileen Uren, president; Doreen Woldnik, vice-president; Harriet Cumliffe, treasurer; Dorothy Toller, secretary.

A FEW AWARDS WE DIDN'T have space for last week follow. These are for students of North Saanich School. Performing arts awards to Lyianne Westie in Grade 6, Jeremy Sera, Mike Pinchback, Grade 7, and Cari Williams, Philip Clark, James Ingram, Grade 8. Theatre awards: A.M. Robertson Stagecraft, Jeff Costin, Geoff Wallace, Josh Appleyard; Dandelion Theatre acting, Elissa Allen; Dandelion Theatre ensemble, Aleah Williams. French awards (in order of academic excellence, most enthusiastic, and most improved): Grade 6, Alicia Pendray, Christos Makris, Angela Conpe; Grade 7, Chad Ganske and Kim Hall, Darcy Rundell, Andrew Krakowski; Grade 8, Graeme Gallins, Chris Popejoy, Ameliese Quint.

OTHER NORTH SAANICH SCHOOL awards went to James Krull and Cari Williams, mathematics; Spring Courts, North Saanich citizenship; Julie Clark, John D. Elliot service; Teresa Jackson, Sidney and Peninsula Kiwanis Club student achievement and citizenship; Tanya Grant, Sarah Price, most improved; Caroline Morris, Don Benjamin award for athletic achievement and sportsmanship, and the Breckenridge award; Ameliese Quint, Norseman award.

NOT EVERYTHING written in The Review is neatly clipped for a spot of prominence on the refrigerator. In fact, we have on good authority that one recent editorial is posted in the Victoria General Hospital's nursing station. Apparently, a few nasty comments about the opinion have been added.

# First, he taught you to write; now, he'll teach you to dict



**HUGH'S VIEWS**  
by HUGH NASH

I've noticed over the years that other people's diction is getting worse. When people talk to me they leave out words; mumble phrases; slur whole sentences. Mostly they speak in low monotones.

It must be the teachers' fault. School teachers are blamed for most everything so they might as well take the rap for monotone mumbling.

I was talking to a teacher, a Miss Floggs who lives in our neighborhood, the other day about this problem and I could hardly hear what she was saying she mumbled so. Remember when you and another guy ducked under the water at the swimming pool and he yelled bubbled words in your ear and you had to guess what he said? She spoke like that only drier.

One phrase I did hear clearly was, "Turn left before you visit the cow" and when I asked what that bit of silliness was supposed to mean she said she'd said, "Hearing problems seemed to be on the increase now," which isn't what she said first at all and I'm going to write to her school board and point out that at least one person on its staff can't remember from one minute to the next what she says.

Blue Eyes, who is not Frank Sinatra in case you were wondering, said I should lay off the teachers for once and concentrate on what we laughingly refer to as the garden, which needs a hot of work and which I've neglected recently because it's been too hot outdoors to even stand up; or indoors too for that matter so I've been doing a lot of lying down — reading.

One book, A River Runs Through It, is about life and fly fishing. It was written by a guy in his '70s called Norman Maclean. It could be out of print so you may have to check at the library.

I recommended it to Blue Eyes and she said, very softly, "Thank

you but I have to be going," or it might have been, "For you the river's stopped flowing," which I said didn't make any sense and she said, overly loud I thought, "Read my lips, the lawn badly needs mowing."

Whilst I was out in the broiling sun I noticed that my neighbor, Mr. Roberts, had also been sent to shorten his hay field. I went over and asked him if he had noticed that my wife's diction had slipped and he said the same thing had happened to his wife's and I said I thought so too.

Even though he'd turned off his mower I almost had to yell at him to get him to understand what I was saying, and his diction was so poor I had to ask him to repeat almost everything.

While we were yelling at each other in front yard our wives were mumbling at one another out back. Every now and then one of them would gesture in our direction and tap her head or point at her mouth.

It seemed to be some sort of wifely sign language which helped them communicate because their diction had become so bad that nothing else worked.

I mentioned this to Mr. Roberts, twice, and he said, "The deck chairs have been dropped in some bogs," which under close questioning he changed to, "I'm building a house full of logs," which he then modified to, "if I were you I'd tell Mrs. Floggs" and I said I'd already seen Floggs, and that she's a Miss, and he said if he saw any dogs on his lawn he'd chase them with a rake.

By this time we were exhausted and the sun had done a job on our thirst glands so I invited him in for a drink and he accepted. We had this last conversation in sign language.

Inside we sat and sipped and looked through the window at our half-cut lawns until we were in the same condition and I wondered if coming generations, because of the decline in diction, would be forced to communicate only in sign language.

"That'll be the case unless someone shakes up the school system," I said.

Mr. Roberts replied with something that was so unrelated to what I'd said that I didn't have the heart to tell him he must have a hayrack load of wax in each ear so I just nodded and looked out the window again.

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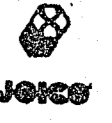
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# Safe steel mill is a costly possibility

VICTORIA — Building an environmentally safe steel mill isn't cheap but it's possible, according to an environmental survey team that recently toured steel mills in Asia and Canada.

The team, which was to determine the feasibility of building a \$4 billion steel mill in British Columbia without harm to the environment, estimates the cost of environmental controls at 12 per cent to 20 per cent of the initial investment.

At that ratio, it will cost anywhere from \$480 million to \$800 million to make the proposed steel mill environmentally acceptable. It is important to note that the survey team's report stresses the absolute necessity of applying the most stringent environmental controls to the project if and when it goes ahead. And for good reason.

Pollution, mostly in the form of acid rain, has already rendered 14,000 Canadian lakes biologically dead. They support no fish, no vegetation. According to a recent Science Council of Canada report, another 10,000 to 40,000 lakes will die, unless acidic depositions are reduced.

Add to that the dangers of the greenhouse effect and the depletion of the ozone layer, and politicians urging economic growth without consideration to the environment have got a first-rate time bomb on their hands.



**AT THE LEGISLATURE**  
by HUBERT BEYER

Hence the new-found preoccupation with sustainable development.

The concept was first proposed by the World Commission on Environment and Development, established by the United Nations in 1983, and while mainstream politicians just recently discovered the sustainable-development bandwagon, they have lost no time jumping on.

When B.C. Economic Development Minister Elwood Veitch announced that the government will proceed with what it calls pre-feasibility studies of the proposed steel mill, he stressed that the project would only go ahead with an iron-clad environmental protection mechanism.

So far, the government believes it can have its cake and eat it. One of the survey team's major conclusions is that the technology exists to make a steel mill environmentally safe.

Environmentalists have been trying to get that message across for a long time. The

technology to make steel mills and pulp mills coexist with the environment has been around for a long time.

The problem has been and still is that the industry will invariably try to get away with as little as possible when it comes to protecting the environment from the harmful effects of their plants. That's why we've got dead lakes.

The survey team was obviously aware of that problem. Hence its conclusion that "the ultimate environmental feasibility of an integrated steel plant will depend on establishing rigorous (environmental control) criteria and standards."

That's telling the government that unless it can assure the investors' compliance with rigorous standards, it might as well forget the whole thing. And if anything goes wrong, don't say we didn't warn you.

The potential environmental dangers of steel mills are their impact on air and water quality. After touring five mills — two in

Korea, and one each in Taiwan, Japan and eastern Canada — here's what the survey team concluded:

The technology to treat waste-waters generated at an integrated steel mill is available and can produce a final effluent of high quality; analysis carried out at the Canadian mill shows that persistent organic chemicals of concern are either not detectable or at very low levels.

The final effluent from the Canadian mill does not appear to have any significant effect on the receiving waters, including the fresh-water ecosystems; fish viability or reproduction; water reuse and recycling can be practised to a level as high as 95 per cent, resulting in a lower volume of effluent.

Backup or safety measures are practicable and can be incorporated into the waste-water management scheme; storm water runoff from large areas used for stockpiling raw materials can be collected and treated before reuse or discharge into receiving waters.

Based on all these findings, the survey team recommended the government proceed with pre-feasibility studies, and the government agreed.

If the team's findings are confirmed, it's up to China Steel to decide whether it can live with the cost of doing business in British Columbia.

## MORE FROM THE MAILBOX

Continued from Page A4

What about the "right to life, liberty and the pursuit of happiness" (which should include providing food for the family) under the U.S. Constitution?

A comparison has been suggested between these sorts of incidents (containing a bond) and seizures of vehicles at border crossings when drugs are found. There is really no comparison: drug trafficking is not a legitimate business; fishing is.

The assignment of guilt and the imposition of penalties are surely matters that should be left solely with the courts.

Don Munro  
Sidney

## Wrongful rebuke

Editor:  
Susan Lapham's letter of rebuke ("Offensive omission," The  
Continued on Page A6

## StreetScapes



HAS CY RELPH really gone on the road with his products — and expanded his line? No, this truck moved a new awning to his Beacon Avenue business, and the camera shutter clicked before the awning made it home.

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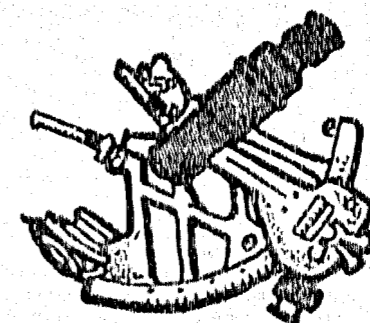
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**SAY YOU SAW IT IN THE REVIEW**

Continued from Page A5

Review, July 12) — aimed at the Sidney Days committee of the Peninsula Celebrations Society for not acknowledging Sanscha Hall as a major contributor to the July 1 weekend festivities — is wide of the mark.

The Peninsula Celebrations Society and the Sidney Jazz Society paid for the use of Sanscha Hall and facilities. They were not donated. Chuck Harvey no doubt went that extra mile, as always, but he too is remunerated for his services as manager of Sanscha Hall.

Furthermore, Don Trivett, who is chairman of the Sidney Days committee and Joyce Rhodes, secretary, are both on the board of Sanscha as well. Don is also on the board of the Memorial Park Society.

It is difficult to believe that Susan Lapham is unaware of all this and of Don's hard work and efforts on behalf of all three Societies — unless, of course, her husband, like mine, never tells her anything!

Nowhere in Lapham's letter does she express any appreciation for the hard work of the few community-spirited people who have put Sidney on the map. The lady was not on target.

Helen Perodeau  
 Sidney

**Job success**

Editor:

The Canada Employment Centre for Students wishes to acknowledge the support of people of the Saanich Peninsula in helping us meet our goal of finding local jobs for local students. The co-operation of businesses and homeowners in this area has resulted in more than 95 students finding summer employment on the Peninsula.

Special thanks must go to the accommodating and helpful staff of the Peninsula Employment Project offices, to The Review for continued support of the Canada Employment Centre for Students program, and to the many people who hired students to garden, sell, type, answer telephones, cook, chop wood, and serve food.

Should anyone require student

**MORE FROM THE MAILBOX**

help for home or office after the July 15 closing date of the Sidney student employment office, please call 388-3458, the Victoria CEC-S. Students may also call for any job search assistance they may still need.

Many thanks for the excellent community support.

Tiffany Potter  
 Student Placement Officer

**Don't dare remove farm**

Editor:

Emphasizing available posterity to carry out his promise of continuing farm operation, George Aylard included his son and nephew in support of his 1980 request that a strip of his farm be down-zoned for residential development to help his family economically maintain the balance of the acreage for farm purposes.

His tale of woe, or whatever, changed the vote of at least two who had run for council on a ticket of preserving farmland, and Aylard's avowed last territorial demand was met, violating the community plan.

Now George Aylard is violating his own word. I don't think he can plead economic deprivation this time.

His present golf course plan is old hat for this property. Such a proposal was made over two decades previously for the part of his farm originally known as Kingswood, and was rejected for a reason even more critical today — it was farmland.

All North Saanich services are badly distended above and below ground, and the only sane move now is to play catch up. The new community plan now under consideration recognizes this, and should not be undermined by eroders of farmlands and foreshores.

Should the next generation be left nothing to protect? How dare we.

Gert Lawrie  
 Sidney

**Developers' view**

Editor:

Your two articles by Glenn Werkman in the July 5 issue of The Review on Central Saanich planning should give grave concern to all residents who care about the preservation of agricultural land.

The report by the Central Saanich Business Association referred to on Page A3 is one which tends

to destroy this precious resource. The proposal "that 203 acres be removed from the agricultural land reserve" is so typical of the short-range, profit-oriented view of many developers and their associates.

Those who will take the time to read the report of the association will find it full of incomplete statements. One of the most obvious is the one quoted, "The development of Mt. Newton is impractical; however, if it does occur, off-site costs should be borne by the developer."

Obviously, if the development is impractical, it will not occur. Such specious statements must not go unchallenged.

We hope that all citizens concerned about our farmland will make their views known and will become involved. This is especially important for the ratepayers of Central Saanich.

The native people tell us, "We borrow our land from our grandchildren." We hope we may be worthy stewards of their inheritance.

F.E. Ashwell  
 W.H.J. Ashwell  
 Saanichton

**He says, I say**

Editor:

I've now had time to follow O.B. Philp's instructions and read his July 3 letter exactly three times ("I think he says," The Review, July 5). I believe I get his drift now or at least as well as he got mine.

In simple terms, he suggests it's my alleged "dislike" of George Aylard which blinds me to the numerous manifest benefits which will be lavished on North Saanich should our council do the right thing and allow the conversion of its best agricultural land to golf courses. These benefits include increased tax revenues, jobs and the preservation of land which might otherwise be divided into 50-acre sections prior to (according to Philp) further subdivision into lots smaller than one acre (such as those originally proposed by Aylard a few years ago for much of his farmland).

The golf course, he says, could even be reverted to agricultural use should a national food emergency arise.

It all does sound very reasonable, except that, as in his previous advocacies of Aylard projects, Philp has not put all the cards on the table, yet asks and implicitly expects our trust. The arrogance of this last assumption was the point of my previous letter which Philp had difficulty in understanding.

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Philp and Aylard apparently feel that their stated distaste for a 50-acre subdivision requirement is enough excuse in itself, for overriding zoning designations which have been central to the last two or three community plan bylaws, which have all emphasized the importance of maintaining North Saanich agricultural core which is centred on the Aylard farm.

Against the will of the majority of residents, our last community plan bylaw was previously amended to allow Aylard to put suburban or urban densities on his agricultural land in order, so we were told, to insure the continued viability of his farm. Now, just a few years later, we are informed that he isn't farming much of the remaining prime land anyway, without even a token explanation or excuse.

Clearly preservation of a viable dairy operation wasn't the object of Aylard's previous development effort and we may be justified in looking very skeptically at the benefits and motivations behind this new venture.

None of the project proponents even attempt to deal with the major impact of their proposal, namely, that it's approval will make it unequivocally clear that North Saanich has no serious commitment to preserving and encouraging its rural, agricultural community. Few developers or real estate promoters will treat our zoning laws or community plans with anything but contempt once we have accustomed them to the case with which we abandon our principles once the financially powerful autocrats set their terms.

Condominium and luxury housing development on agricultural lands on and surrounding the golf courses would be inevitable. History tells us that the resulting swelling of the population and its demand for services will increase the individual taxpayer's burden many times beyond those promised additional tax revenues.

And yet while we may still be able, in principle, to plow up the greens should mass starvation threaten, we will be increasingly vulnerable to food price gouging by foreign and domestic food suppliers since we will have made those lands too expensive to provide self-sufficiency.

In short, we will have created a Colwood of the North, with happiness found only on the links or in the club lounge.

In conclusion, I do not expect that Philp will cease advocacy of his project, however many times he reads this letter. Both he and Aylard know full well the direction in which they are taking our community. Hopefully, resistance to their efforts will prevail and our council will show responsible leadership.

In the interim I, for one, would appreciate it if we were spared further promises of universal benefit when we accede to the wishes of Philp and Aylard.

John R. Marko  
 Sidney

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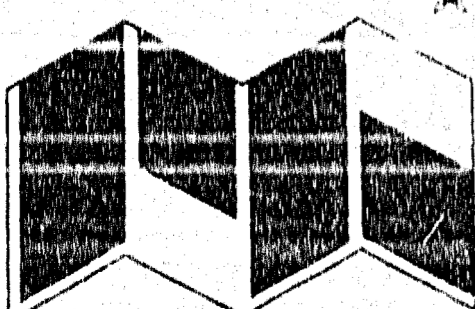
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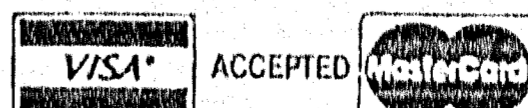
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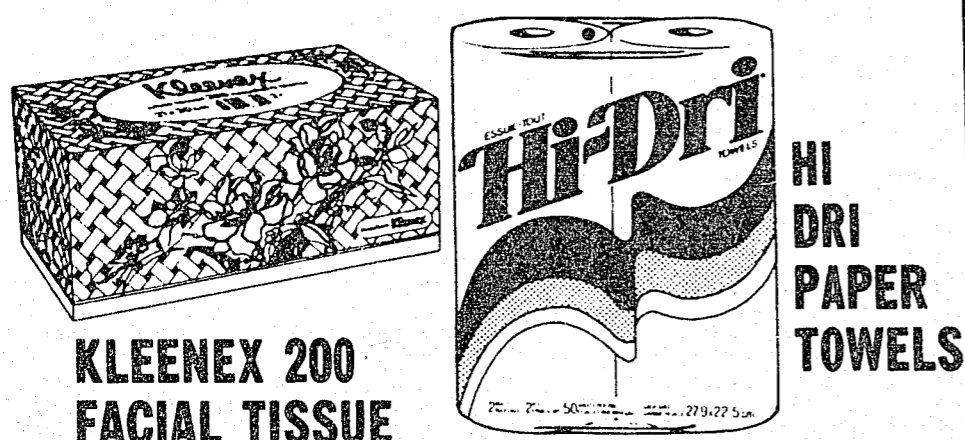
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# SHOPPERS DRUG MART

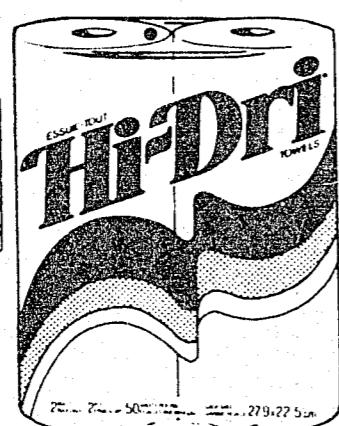
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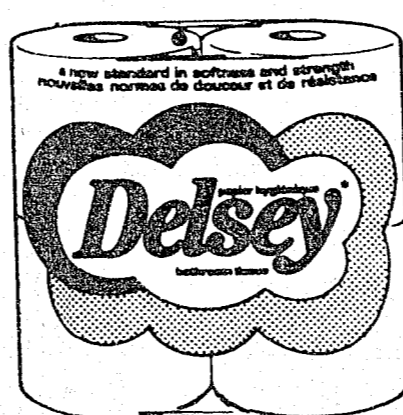
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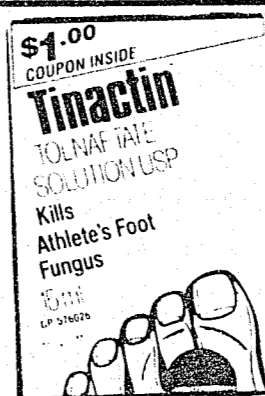
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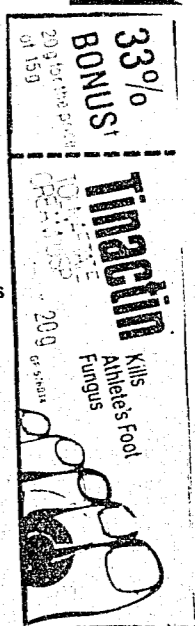


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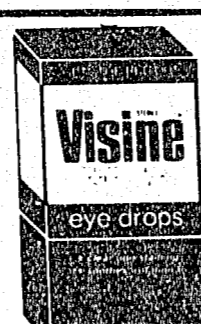
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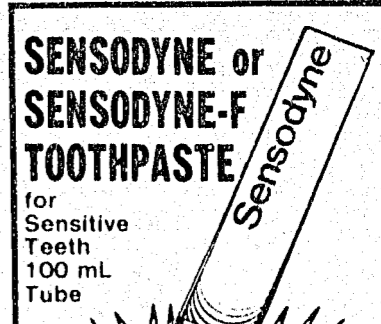


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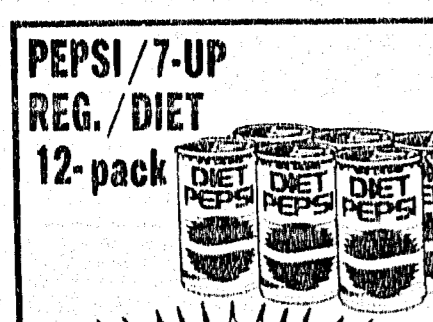


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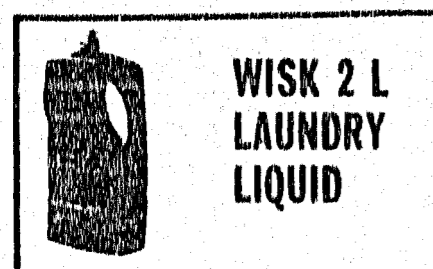
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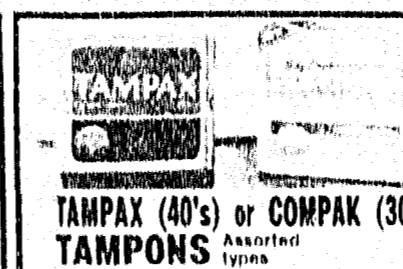
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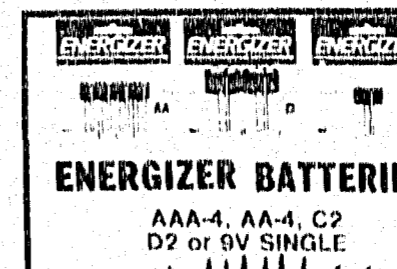
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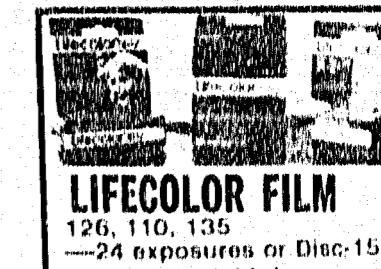


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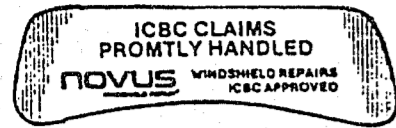
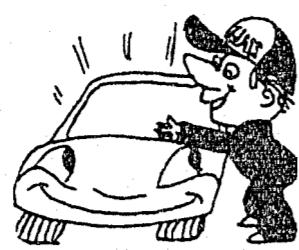
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### Aviation museum gets half a door

Over 3,000 visitors passed through the gates of the B.C. Aviation Museum Saturday and many of them marveled at a one-of-a-kind airplane.

The Avro Anson Mark V was built as a military training aircraft for Second World War in 1943.

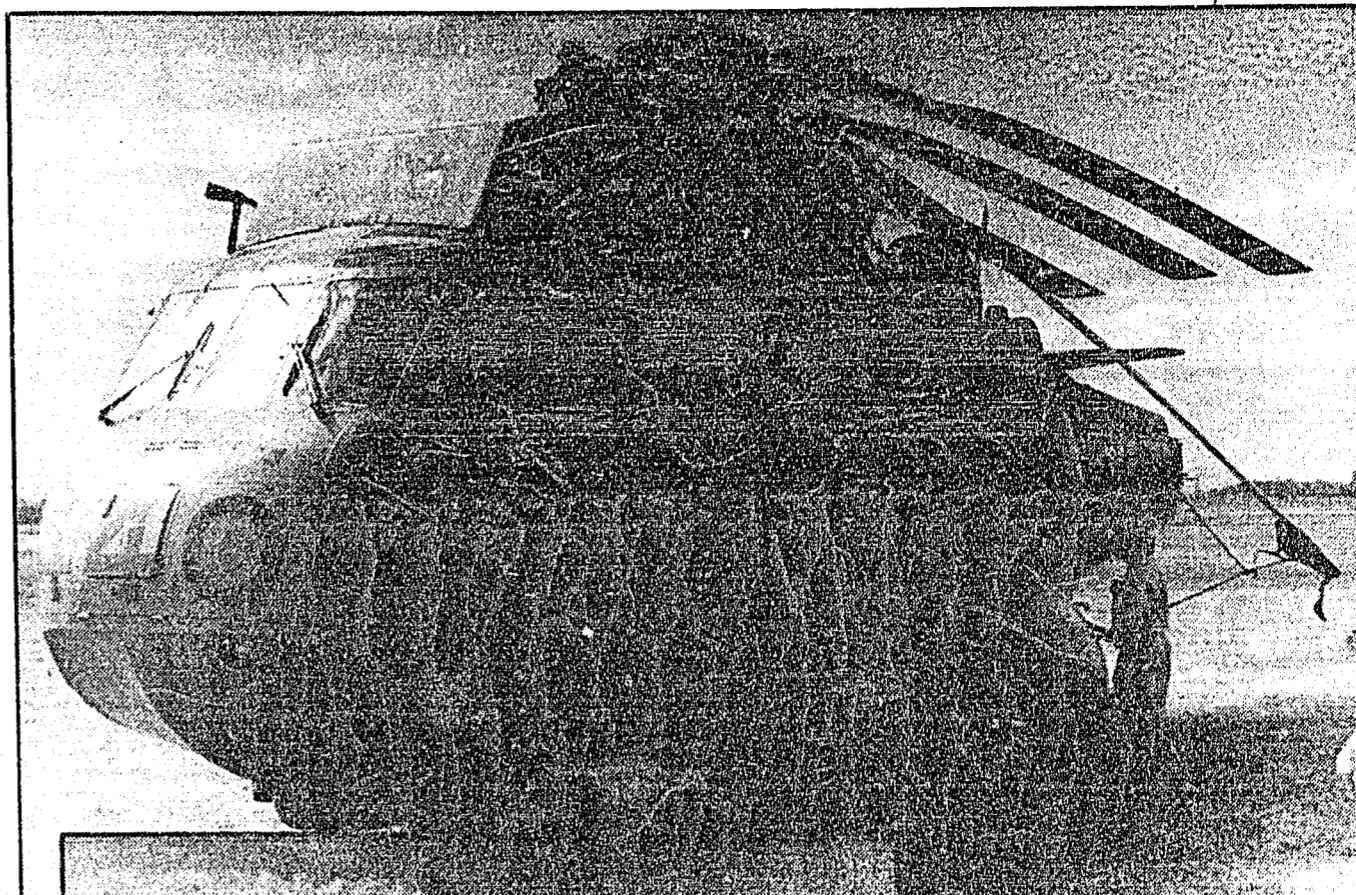
Some were based at the Pat Bay Airport but now there's only one left.

It's owned by the Canadian Warplane Heritage Museum, in Ottawa, but is based in Vancouver and operated by sponsor Harold Hope — who has spent a great deal of time on the now-unique aircraft.

Visitors made contributions towards the continued success of the museum, dedicated to preserving B.C.'s aviation history.

"We're very pleased with the results and we're going to go ahead and order the steel (for the hangar door)," said museum society president Pat Phillips.

"We've got enough to start on it," he said.



OPEN HOUSE AT the B.C. Aviation Museum featured Canadian Forces Sea King helicopter, above, and unique 1943 Avro Anson Mark V military training aircraft. Over 3,000 people viewed the many exhibits. GLENN WERKMAN photo

### Booze spurs botched break-in

A thwarted effort to enter a home landed James Underwood, 23, of Saanichton in Sidney provincial court Thursday, charged with mischief.

Underwood pleaded guilty to the charge.

Crown counsel Derek Lister said an intoxicated Underwood pulled off window screens, pounded on the back door and smashed a basement window with a car jack as he attempted to enter the home at 8:50 a.m. May 13. The homeowner called police and Underwood was arrested.

Underwood has two previous convictions for mischief, one in 1983 and one in 1986. Lister suggested the man has a drinking problem.

A commercial fisherman, Underwood earns \$8,000 annually. He is single and has no dependents.

Filmer placed Underwood on probation for one year and ordered him to pay restitution of \$125 for the broken window. He also suggested Underwood receive counseling for alcohol abuse.

### Stealing safes unsafe

Michael Cousins of Victoria played it safe the wrong way with a theft of condoms from Beacon Drugs last year.

Cousins, who pleaded guilty to the shoplifting charge in Sidney provincial court June 29, was fined \$150 by Judge Alan Filmer.

The 35-year-old Cousins was spotted by staff when he took two packages of condoms from the store at 5:40 p.m. Nov. 9. The condoms were worth \$10.98.

Cousins' previous record included convictions for breaking, entering and theft, attempted break and entering, possession of narcotics, dangerous driving and three impaired driving charges.

He is single and just started working as a handyman.

Judge Filmer was surprised anyone would try shoplifting, given the vigilance of staff.

### Accident stops drunken driver

Bryne James didn't escape after a hit-and-run May 13. He ended up in provincial court Thursday charged with impaired driving.

The 26-year-old Sidney man was stopped by police after an accident on Third Street, when a pick-up driven by James collided with a parked car at 1 a.m. A witness described James's vehicle to police, who stopped the truck on Ocean Avenue.

James gave breathalyzer readings of .17 and .19.

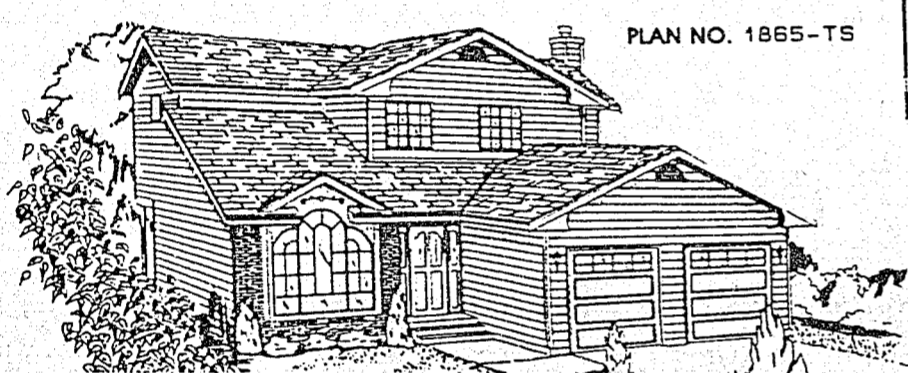
A carpenter, he had been drinking with fellow workers after his shift. After hitting the parked vehicle, he realized he had too much to drink, panicked and drove away.

He earns \$1,400 per month but will be liable for damages to both vehicles.

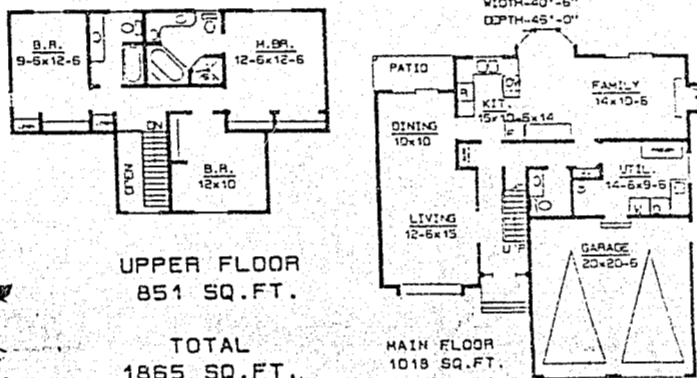
Judge Alan Filmer fined James \$500 and suspended his licence for one year.

Say you saw it in the Review

# Saanich Peninsula HOME PLAN OF THE WEEK



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PLAN NO. 1865 TS  
Copy by C.J. Johnson

Planned for comfortable living, this contemporary home with its elegant window treatment will meet the needs of a family well.

Downstairs, the living area is located off the entry hall and is highlighted by a box window design while a corner nook, created by hallway coat closet, allows for interesting arrangement of furniture. Adjoining this area is the dining room with its sliding glass doors opening onto a secluded, covered patio.

Kitchen location is convenient as it offers direct access for serving casual meals in the sunny breakfast nook as well as formal meals in the dining room. Addition of a fireplace in the family room assures a cozy atmosphere throughout the entire area and sliding glass doors are a plus when it comes to summer activities in the back yard.

Off the central hall you'll find a handy two piece bathroom, linen cupboard and large utility room with space for freezer. Entrance to the double garage is through here enabling gardening enthusiasts to wash up easily.

The entire second floor is devoted to spacious sleeping accommodation. An impressive master bedroom has two separate closets flanking an entire wall plus an ensuite that boasts double sinks, an attractively angled tub and separate stall shower. Both additional bedrooms are large with plenty of closet space and share a central bath.

Plans for No. 1865 TS may be obtained for \$159.00 for a package of 5 sets, and \$15.00 for each additional set of the same plan. Allow \$6.00 extra to cover postage and handling. B.C. residents add 6% sales tax. Please make all cheques and money orders payable to "The Review Home Plan of the Week" and mail to: Home Plan of the Week, c/o Pacific West Home Designs Ltd., #205-107 Evans St., Duncan, B.C. V9L 1P5. Phone 746-1720.

Volume 2 Plan book with 60 designs is now available for \$3.95 at The Review, or if you would like it mailed to you, please remit \$5.00 (includes postage). Make cheque payable to The Review and mail to P.O. Box 2070, Sidney, B.C. V8L 3S5.

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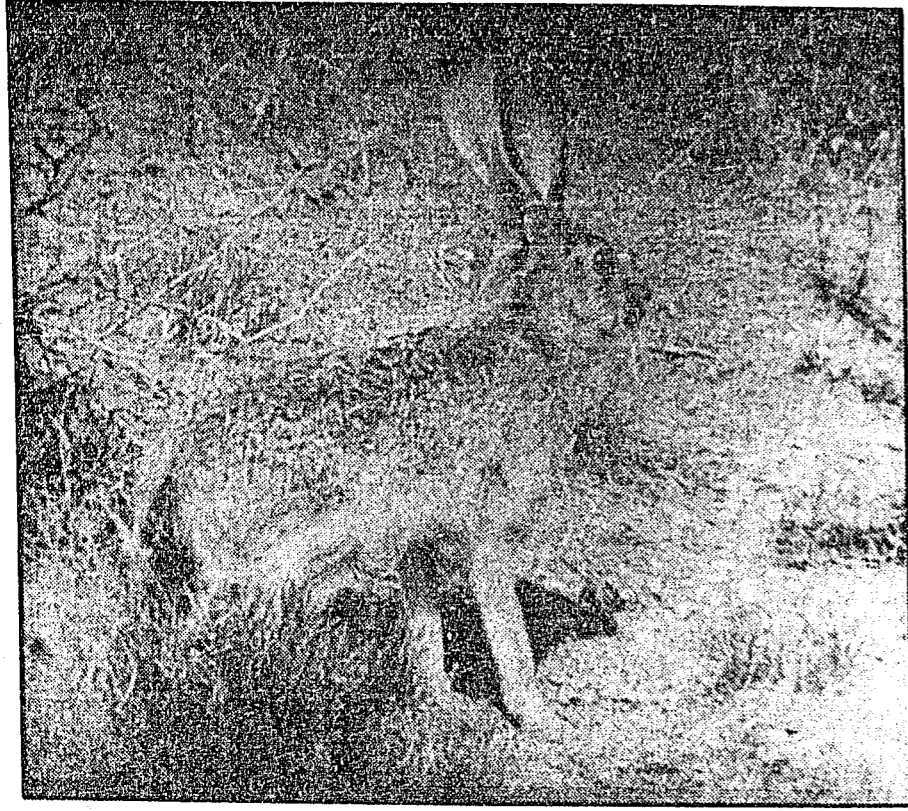
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# Snakes do it, hares do it, people do it



BLACK-TAILED JACKRABBIT Cy Hampson photo

For several days, I have been watching the garter snakes that live under a pile of wood under our back porch on the south side of our house. I have been particularly interested in their activities in relation to temperature.

In early morning, shortly after the sun has reached the south wall, they come out and stretch out on the black earth in the warming sun. They are lethargic and feel cold to the touch.

By 12 noon, they have warmed up a great deal and slither away quickly when one approaches. When very warm on a hot day, the snakes seek the shelter of the shade of Mary's tomato plants or leafy marigolds. Or they may retreat under the woodpile for a time.

They, like virtually all amphibians and reptiles, are controlling their body temperatures by changing their immediate environment for one which will enable them to warm up or cool off. For such animals have little else in the way of strategies or mechanisms for regulating their body temperatures.

And I thought of the neighbor's big shaggy dog, Lady, who romps merrily along the beach with the youngsters. Her enthusiasm, for a time, is boundless. She seems confident that this time she will catch a seal or three, bring back a brace of river otters or fetch at least one of those sea lions that she has watched plunging along a few yards off shore.

But in an hour, Lady returns and curls up on the cool concrete side walk, not that far from the garter snakes, her broad pink tongue lolling from her open mouth and dripping profusely as she pants heavily. She, too, is controlling her body temperature so that it remains within the narrow range best suited for the sum total of a dog's life.

The moisture from her tongue, the lining of her mouth, windpipe and lungs is evaporating which results in cooling. Dogs and their relatives have very little in the way of sweat glands.

In the desert, I photographed a black-tailed jackrabbit with enormous ears. While those large ears are functional organs of sound perception, they serve yet another purpose in the hot environment. The ears have thousands of tiny blood vessels which dilate when the animal becomes warm, bringing large quantities of heated blood to the surface where heat is lost by radiation.

And this reminds me of Mary! She, too, flushes when unduly warm, her blood vessels dilating at the surface in the interests of promoting heat loss. She also perspires, losing excess heat by evaporative cooling.

Remember how your forehead cools during a fever by placing a wet cloth over it? In the reverse order, such blood vessels near the surface tend to constrict when the animal is to cool, sharply decreasing heat loss.

In East Africa, during much of the day hippos take to the cool waters of streams where they dissipate excess heat to the environment. Mice and voles in the cold winter climates of northern temperate and Arctic zones seek shelter under the insulating snow cover.

Fishes and other marine forms live in surroundings in which temperatures do not fluctuate nearly so widely as they do in the habitats of terrestrial vertebrates where changes often involve well over 100 F.

It is not surprising that such aquatic forms have evolved little in the way of temperature regulating mechanisms.

Birds lack sweat glands. On very warm days, they pant with mouths open and lose heat by the evaporation of liquid from the moist lining of their mouth, throat, windpipe and lungs. At such times they also

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by CY HAMPSON

smooth the feathers down close to the body, thus decreasing insulation and affecting heat loss.

On cold mornings, our chestnut-backed chickadees and juncos fluff out their body feathers, trapping more air and increasing insulation which retards heat loss. Many of our other birds leave for warmer climates in the winter.

Perhaps the two most vulnerable animals to heat loss are humans and the threatened sea otter, the latter a victim of oil spills. Humans live in a extremely narrow band of temperature variation, so much so that a fluctuation of a mere 2 C spells trouble. Hence, they take the temperature regulating mechanisms of their immediate environment with them to the High Arctic and scorching desert-suitable clothing, dwellings, stoves, blankets, etc. And internally, they possess a thermostat, the hypothalamus in the base of the brain which measures and regulates the temperature of the blood bathing its cells with great precision.

The sea otter has an outer body covering of guard hairs which are underlain by a dense coat of fine fur. When only a small quantity of oil penetrates to the skin beneath the fur, it diffuses rapidly and the otter, lacking the thick insulating layer of blubber common to many marine mammals, suffers from hypothermia.

Una Dobson, Norris, reports five vesper sparrows, a "quick, three cheers" olive-sided flycatchers and an albino starling.

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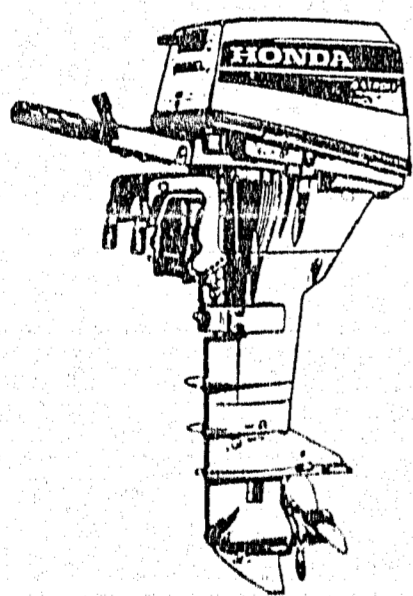
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## Fisheries expects 12 million Fraser sockeye

### Tight Lines by Rob Waters

Ron Kehl, Fisheries enforcement officer from Victoria, confirmed that the entire Fraser River movement of sockeye has been upgraded to 12 million fish. Of the 12 million, Ron suggests, the Horseshy run composes about 75 per cent.

To date the bumper run has not arrived on the Island's West Coast. The smaller sockeye now being taken in Juan de Fuca are the early run comprised mostly of the Stewart return. The late arrival puts the annual migration behind one week to 10 days.

The pinks are being estimated at somewhere between 17 and 27 million returning fish to the Fraser, with some up to nine lb. already being caught. Ron feels it indicates the bumper size of this year's expected return.

The bread and butter catch on the West Coast commercial fishery has been the coho, now moving into the straits.

The commercial net fleet's scheduled opening was Monday. The seiners started at 7 a.m., the gillnetters 7 p.m.

The Department of Fisheries and Oceans will have three chinook verification teams observing and recording the incidental catch. Ron Hehl of Victoria will be supervising the net fleets fishery starting Monday — I'll talk to Ron next week and update that fishery.

In the past when the nets fish Juan de Fuca the corresponding catch in the sport fishery falls within 24 hours of the start and picks up 24-36 hours after the close.

In Sidney, Gord at Harvey's indicates good returns in their waters, Bob Nicholson using large strip boated an 18 lb. off Coal, Ron McLaren a 15.6 lb. again coal using strip, Harvey Dubuc 23-1/2 lb. from Sidney Spit using tiny strip and Colin Penny and Carey Spanier teamed up for six chinooks one day, weighing 8 to 24 lb. Good returns showing off the Powder Wharf and Sidney Spit.

Saanich Inlet's Bamberton shore is providing some good sport — Bob Pers returning with 12-1/2 and 14-1/2, Ray Smith, 13-1/2, 10-1/2

and eight pounders. Chinooks to nine lbs. are now showing off Shepherd Point, green and white hootchies trolled 150 feet off the downrigger or 300 feet and a planer producing the best action in the Inlet waters. Moving inside through Hall's — Jack James a 15 lb. on squirt, Rose Leong 12 and 13 lb. from the Stone House, Betty Chow a 19 lb. from Chesterfield on a Tomic plug, Marianne Woo a 14 lb. and Phil Columbe a 12-1/2 from Chesterfield. Lots of success around 9 lbs. in lower Inlet waters this week.

The hot spots around Victoria to Sooke in the lower Island continue to offer the most consistent quality fishery for sport anglers.

A good bite this morning off Secretary Island saw Dale Arsenault land a 37 lb. Spring Fever Charters a 31-1/2 and 24 lb., Tar Baby Charters a 31 lb.

The largest of the week went to Glen Peterson, 43 lb., eight oz. off Secretary Island using Anchovy.

Spring Fever had a good day Sunday guiding Joe Barr in the morning into a 37 lb., eight oz. chinook off Secretary and in the afternoon took New York visitor Steward Gilbert to Otter Point and boated 27-1/2 and 40 lb. trophies. Dave Myles hooked a 36-1/2 lb. Salmon Buster Charters guest Jerry LeBouthillier landed a 33 lb. 4 oz. heavy weight.

Beecher Bay's highliner was Ken Apt netting a 41 lb. off Beechey Head, Ian Maitland followed with a 20 lb., and Irv Streeter dressed one out at 27 lb.

Beechey Head was also good to George Goy with a 40 lb. and John Alessio scored one 38 lb. John's success came from the Trap Shack while the Head was productive for most anglers this week.

Pedder Bay brushed 40 lb. but not quite, Floyd Lottridge registering a 39 lb., eight oz. from Swordfish Island.

Brian Bradt returned with a 33 lb. from the Trap, and Grant and Paul Pitty shared 29 and 22 lb. success.

Oak Bay: Lee Smith hooked a 29 lb., Peter Kerr, 23 lb., Mark Twidale a 25 lb. and Oak Bay Charters a 21 and 19 lb. the morning bite in the Gap trolling strip or squirts has been the best combination.

The deep sea fishing aboard the M.V. Discovery Princess has been very good — Red Snapper and Ling Cod exceeding 20 lbs. Making up the daily catch.

Comparing Island Hot Spots — Lower Island rated high for angling success and we can expect more next week.

Until next week Rob Waters wishing you tight lines and calm seas.



### THE LAST WORD by GEORGE LEE

The first thing you learn when you take sailing lessons is how to tie a knot, something I've only been able to do with my shoelaces in the past.

They say everyone has a learning disability. Keeping things like ropes and sails neatly knotted and folded is mine. I imagine I would be quite adept at folding ropes and knotting sails, but there's little need for that talent at sea, Billy.

Fear of knots kept me out of boy scouts, and I'm worried I'll fail the knot test at the end of the lessons my wife and I are taking, through Sidney and North Saanich Yacht Club. This will force me into remedial knot lessons for the rest of my life, which is about the closest thing to hell I can imagine.

It was a nasty ploy, exposing me to those ugly knots so early. People are always out to get the media. But even without the knowledge of the knots, I've already learned to sail.

We were on the water after Lesson 2, under the power of the wind, and Kathy and I are already checking the classifieds for a used boat.

Each Tuesday and Thursday night of July, we trundle down to the clubhouse, properly attired in orange life jackets, to learn to tame the raging swells of Tsehum Harbour in the evening calm. (Occasionally, we've spotted large ripples in the water — which indicate a wind of a particular speed, which I lost somewhere between the bow-line and the reef knot.)

Our teachers are those young and perfect types — people who will remain youthful until they're 90.

They fill our heads with the appropriate jargon — beam reach,

## Where the halyard do you tie that knot?

close haul, halyard, head of the sail, shroud, points of sail, run, irons, tack, jibe. . . it goes on and on and on.

"It'll all make sense when you're on the water," she assures us. On the water, however, everything deteriorates into "things."

But gradually — out of necessity, because there are lots of "things" on a boat — the foreign language of sailing oozes into your consciousness.

So far, we've learned to rig our boats, to tack and jibe without letting go of the tiller or turning our backs to the bow, and to sail at various points of sail. We're followed closely by boat with a motor, which is reassuring.

And we're in Flying Juniors, almost unsinkable dinghies that are perfect for beginners.

I sank ours on the third night.

It's not as bad as it sounds. It was at the dock, I'm quite sure it was my wife's fault, and the water, although a little stinky, was warm.

I sailed the rest of the night in wet, seaweed-strewn clothes.

And I watched rather sheepishly at the end of the night as my instructors bailed out the boat we'd started to sail.

That'll teach them for giving me knot lessons.

## Your next big one

Sports fishermen who prefer the waters of Active Pass during recent weekend excursions are being warned to watch out for big ferries — not just big fish.

B.C. Ferries vessels en route from Swartz Bay to the Mainland and Gulf Islands have been frustrated by being forced to navigate through between 70 and 100 small boats operated by recreational fishermen.

"The problem is (small boat operators) are more interested in fishing than what the ferries are doing," said Pender RCMP Cpl. Don Clark.

"It's a situation that's difficult for many boaters out there," Clark said.

Small boat operators have been warned to stay out of ferry lanes and allow the ferries safe passage

but not all of them listen, Clark said.

"There's always a discrepancy between what's safe and what's not between the ferries and small boats," he said.

The problem seems to occur every year just after the fishing season re-opens in early July. It usually closes for one month in early June before re-opening.

The Sidney RCMP patrol boat is sometimes called to the area to free up the pass from congested boat traffic. An RCMP member on Maine Island also responds occasionally, as does one small RCMP vessel from Pender Island.

"It's not an easy situation to get everyone to move," Clark said.

He said common sense is the best rule for recreational boaters to follow.

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## Do they practise what they preach?

I always like to ask tax and other financial advisers how they handle their own money.

Over several weeks, Elio Luongo, of Thorne Ernst & Whinney, chartered accountants, is providing readers of this column with more than three dozen ways to save income tax.

And he is also showing how ordinary people can save or defer thousands of dollars in income tax in a single year with some reasonably basic tax planning.

Luongo, 29, has been in the accounting business for six years. Now a senior tax manager with the country's largest CA firm, he has also worked for Revenue Canada and been a credit union lending officer.

What tax-saving strategies does he use?

"We're putting every penny toward paying down our 12-percent mortgage," said Luongo, whose 30-year-old wife Rosanna used to be a Grade 2 teacher until their own son Dominic was born early last year.

"We put Dominic's family allowance into an account in his name. And in the past, I contributed to a spousal registered retirement savings plan for my wife."

Luongo said while tax planning can be fairly straightforward, some concepts do involve technical details. "One fact in a person's situation can make a big



### SMART MONEY MIKE GRENBY

difference" in strategy.

"So it's important to check that a tax planning technique is appropriate, and to get expert advice if you are not sure."

Mark which of these tips could benefit you or somebody else in your family. Then, because this is only a summary, do some research to get all the details. And do seek professional advice, especially if a large amount of money is involved.

- Use your income and savings to buy personal-use items and pay down non-deductible debt (home mortgage, car loans, credit cards). Then borrow to invest, so the interest could be tax-deductible. Too often, people take the opposite approach: they use their savings for investing, and borrow to buy furniture, a car, etc.

- If you are required to pay tax instalments (monthly or quarterly) or if you owe tax, pay up promptly. Last April's budget added another two per cent to the interest rate formula, effective

Oct. 1.

- Open an account in your name "in trust for" your children. Deposit family allowance cheques into this account. The interest or dividends earned will be considered the child's for tax purposes, not the parent's — even if some or all of the baby bonus is "clawed back" because the parents' income exceeds \$50,000.

However, the parent must still declare the family allowance payments themselves as income.

- Use savings to pay down the mortgage you took out to buy your principal residence. The interest on the mortgage is not deductible and is usually higher than the (fully taxable) interest you earn on your savings. Then set up a line of credit to replace that cash reserve.

- Make charitable donations in December rather than January. And consider making both this and next year's donations in 1989. You get a tax credit of about 26 per cent on the first

\$250 of your donations and about 45 per cent on the rest. Contribute \$500 in 1989 instead of \$250 this year and \$250 next year — and save \$178 tax instead of \$130.

- The spouse (partner) in the higher tax bracket should pay all the bills and the person in the lower tax bracket should do all the saving/investing.

- Higher-tax-bracket spouse should pay lower-tax-bracket spouse for guaranteeing higher's business loan. Higher deducts the expense, lower declares the income — particularly effective if one spouse is in the lowest tax bracket (as in the previous tax tip).

- Higher-tax-bracket spouse should pay lower-tax-bracket spouse's tax bill. Lower can then invest the money saved and the income will be taxed in the lower bracket. This works well with, for example, a self-employed or retired person who pays quarterly instalments.

- Once a student's federal tax bill is at zero, unused tuition and education tax credits may be transferred to a supporting spouse, parent or grandparent under certain conditions.

- One spouse's unused age, pension and disability amounts may be transferred the same way to the other spouse.

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## SHOP TALK

THOSE MAGIC Chevron keys don't last forever — maybe

### Hotel contract

Union workers at the Airport Travelodge and the Hotel Sidney have a new contract that gives them a 13 per cent raise in pay over three years.

About 70 local members of the Hotel, Restaurant and Culinary Employees and Bartenders Union Local 40 are party to a three-year agreement approved last week.

The membership voted 78 per cent in favor of the agreement July 10 after voting 84 per cent in favor of a strike in late-June.

A B.C. Government Employees' Union representative bargained with the B.C./Yukon Hotel Association/Hotel Industrial Relations board to reach the agreement, mediated by negotiator Vince Ready.

The hotel employees will receive a wage increase of 13 per cent over three years, plus a signing bonus of 25 cents for each hour worked between Nov. 1, 1988, and June 30, 1989.

For statutory holidays, hotel workers will be paid at two-and-half times their normal rate, said Al Brunelle, BCGEU staff representative.

The agreement also provides increased benefits, rights and protections for employees, Brunelle said.

Health and welfare program contributions by the employer will increase by 18 cents per hour during the agreement.

Now, pub and lounge employees who serve food will be entitled to a meal if they work five hours or more — a benefit previously enjoyed by dining room and restaurant workers.

The contract covers about 4,000 workers at 164 hotels in British Columbia and the Yukon.

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\$ 7. = \$ 8.22	\$ 19. = \$ 22.31
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not even as long as the game. But don't tape your broken key back together. Local stations are giving out replacements, providing you're willing to sign your name and give the reason why you need a new key.

\*\*\*

**THE SAANICH PENINSULA Chamber of Commerce** will make winners out of quite a few local residents, in regular draws starting in October. The chamber is selling tickets for \$20 each — and each ticket is good for chances on \$20 from Saturday to Thursday of each week, \$50 on Fridays, and \$200 the end of each month. In addition, the 365 Day Ticket raffle kicks off with a \$1,000 draw Oct. 1 and winds up with a \$3,000 grand prize draw Sept. 30, 1990. And you can win more than once; winning tickets stay in the game.

\*\*\*

### Sidney firm gets \$1.6 million contract

Quester Tangent Corporation of Sidney has been awarded a \$1.6 million contract to build 29 automated hydrographic systems for the federal government.

The Integrated Systems for Automated Hydrography will be used by Fisheries and Oceans Canada to provide integrated navigation, survey control and data acquisition throughout Canadian waters.

The contract was awarded after a demanding five-year field test and evaluation program, Quester Tangent president John Watt said.

"This 29-system order will increase the Canadian Hydrographic Service-installed base to 49 ISAH systems which are to be deployed from regional bases at Sidney, Burlington, Ont., Mont Joli, Que., and Dartmouth, N.S., for survey operations throughout Canada," Watt said in a news release.

Quester Tangent's ISAH is

designed for rough use in the outdoors aboard ocean-going vessels and provides a valuable tool to meet hydrographic, oceanographic, sea survey and integrated ship-board marine systems requirements.

Last year, equipment developed by Quester Tangent was used in Australia to search out and find the wreck of the S.S. Cambridge, which was sunk during the Second World War.

Quester Tangent is an independent Canadian systems engineering and manufacturing company that was incorporated in 1983.

"The ISAH applies a rugged, powerful processor with rugged, waterproof peripherals to meet the interfacing, real-time data processing, logging, survey control and display requirements of the working, field hydrographer," Watt said.



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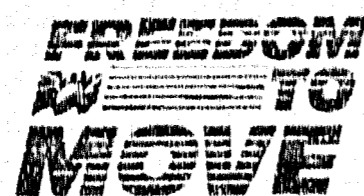
Plans, maps and picture concepts will be available for viewing at:

North Saanich Municipal Hall,  
 1620 Mills Road,  
 Sidney, B.C.

Wednesday, July 26, 1989 and  
 Thursday, July 27, 1989

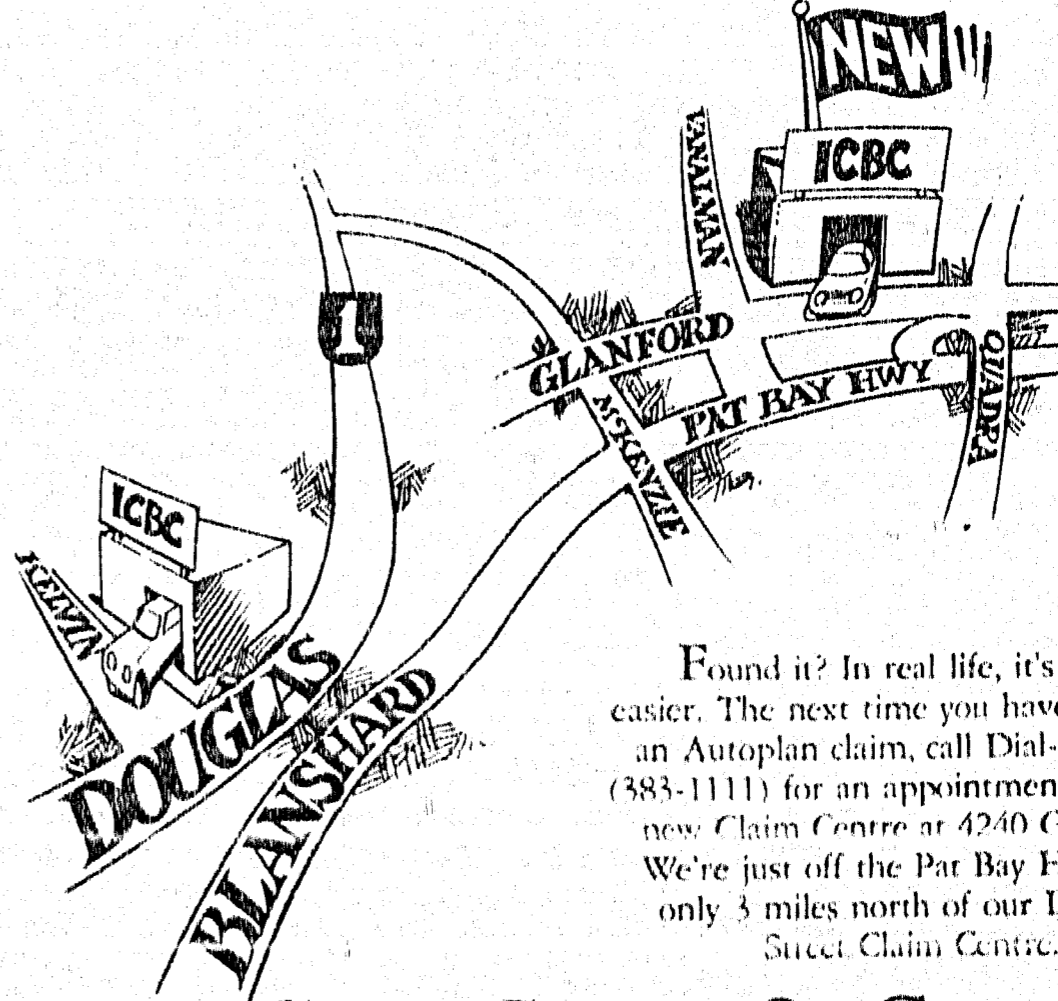
3:00 p.m. - 5:00 p.m. and  
 7:00 p.m. - 9:00 p.m.

North Saanich Municipal, Ministry of Transportation and Highways and British Columbia Ferry Corporation staff will be on hand to answer your questions and provide information on the designs. We look forward to your input.



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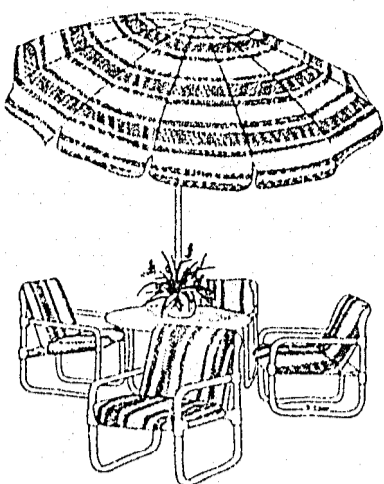
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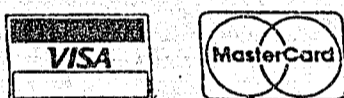
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**SUBMISSIONS ARE INVITED BY THE PUBLIC REVIEW PANEL ON TANKER SAFETY AND MARINE SPILLS RESPONSE CAPABILITY**

The Public Review Panel on Tanker Safety and Marine Response Capability has been appointed by the Federal Government to conduct a public review into all facets of the distressing problem of spills from tankers and barges bearing oil or chemicals.

The Panel will review the systems currently in place to support the safe movement of oil and chemicals in bulk by tanker or barge through Canadian waters and fishing zones, and the capability of Canada to respond to tanker spills of these materials.

The public hearings will begin in Vancouver/Victoria in the belief that people in these and surrounding communities, having experienced the Nestucca and Valdez incidents, will be prepared to share their ideas with the Panel. The review will also include Canada's Atlantic Coast, the St. Lawrence River and Great Lakes System and both Eastern and Western Arctic waters.

The Panel is seeking input from special interest groups including environmentalists, native people and others; the three levels of government; and industry including shipping, oil, chemical, fishing and others, as well as the general public.

Should you wish to make a submission please write or telephone for details as indicated below.

**WEST COAST HEARINGS SCHEDULE**

1:00 pm to 5:00 pm and 6:30 pm to 9:30 pm each day

Vancouver: Tues., Wed., Thurs. July 25, 26 and 27, 1989  
Victoria: Fri. July 28, 1989  
in Trade and Convention Centre, Robson Square Media Centre  
Empress Hotel

Hearings in Prince Rupert and a further hearing in Vancouver will be held in late November 1989.

For further information, please write or call:

Public Review Panel on Tanker Safety and Marine Spills Response Capability  
14th Floor, Terrasses de la Chaudiere  
25 Fddy Street, Hull, Que., K1A 0H3  
or telephone toll free to 1-800-567-6876

**Strings attached to sewer service**

Indian reserves may have to toe the North Saanich official community plan line to get sewer and water service from the district, Mayor Linda Michaluk suggested during council debate on the

upcoming sewer referendum.

Before any agreement is made for municipal services, she wants a written agreement from the bands controlling the type of development which would follow provision of sewer and water.

North Saanich is now negotiating with the bands and the Department of Indian and Northern Affairs on the provision of sewer and water service to the Tseycum and Pauquachin reserves, which border North Saanich.

Ald. Rebecca Vermeer criticized the mayor for what she classed as a hostile approach. Development on reserve lands could be controlled by limiting the capacity of the sewer and water lines, she said.

"Let's be more reasonable and deal with them as neighbors," she said, adding that native land is not under municipal jurisdiction.

"You bet it's not," Michaluk said.

Vermeer said an agreement for sewer service to the reserves, financed by the federal government, could cut costs for sewer service to adjoining areas.

Ald. Dec Bailin noted those living on the reserves will not vote on the sewer referendum.

Municipal administrator Ron O'Genski suggested provision of sewer service to the reserve not be included when calculating costs for the sewer referendum. If agreement is reached with the bands and Indian affairs, the resulting lower costs to area residents will be a bonus.

Council agreed and also directed staff to continue negotiations.

**MLA hopes to hear concerns**

If rumors that the B.C. Legislature will adjourn by 6 p.m. Thursday are correct, Saanich and The Islands MLA Terry Huberts will be able to hear concerns about a proposed highway interchange at Lands End/Tryon roads in North Saanich.

"If possible I'll be there to listen," Huberts said Monday. "I don't have the proposals the Ministry (of Transportation) will bring forward the following week but I will listen to concerns."

Huberts said he has seen three options for development of a highway interchange at the Pat Bay Highway intersection closest to the Swartz Bay ferry terminal but had only a short time for perusal and cannot furnish details about the proposal.

"I assume the Curteis Point Community Association wants to make sure their MLAs are apprised of their concerns," he said.

The Sacred party whip denied a Huberts' request to be absent from the House Thursday evening in order to attend the meeting, called for Sanscha Hall at 8 p.m.

Huberts said rumors are that the House will adjourn at 6 p.m. Thursday and promised he'll make it to the meeting, even if he's late.

He doesn't plan to have a Ministry of Transportation highway planner with him to answer technical questions.

"It's the following week that the answers will be there," Huberts said.

Public information meetings where proposed interchanges will be revealed by planners are scheduled for July 26 and 27.

**CrossQuotes**  
No. 37

**CROSS-QUIZ**

- Objections can often be heard here (9)
- Swing to and fro or up and down (9)
- Small beetle whose wingless female emits light from end of abdomen (4-4)
- Danish author of "The Ugly Duckling" & other fairy stories (8)
- Practice of conferring offices on preferred relatives (8)
- Egypt's leader at this time (7)
- Minute endocrine gland at base of skull (9)
- Invented by answer to Clue #10 (8)
- Movie actors often require them (8)
- Italian electrical engineer (1874-1937) who first developed short-wave transmissions over long distances (7)
- Obligated (8)
- Brass wind instrument (4) Big and strong (5)
- Latent wisdom (9)
- Harsh, discordant sound (9)

	A	B	C	D	E	F	G	H	I	J
1.										
2.										
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10.										
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13.										
14.										

First, start finding answers to the quiz; transfer the required letters to the Quotation grid below. Should you choose to guess words in the Quotation grid, make sure the letters match a correct answer in the quiz. Reading down Column A of the finished quiz will give the author of the Quotation.

10G		7G	3H		2A	9H	5B		3C	12G		9B	14G	4G					
12B	9D	14F	3G	1B	5F	2B	8E	4C											
7D	5A	10C	8G	3D	14C	6F	13D	4D	11H		10A	7B	3B	8F	2D	1E	4B	13E	
8B	7E	5E	13H	10E	9C	1H		3E	12E	5D	6B								
8I	7C	6E	2H	13B	4F	12H	11A	14D	5G		1C	14E	6C	2E	11C		6D	11D	
6G		12C	10B	4H	6H	7H	1F	5C	9E		9A	1D	8C	9G	10F	14B	12F		

Answers to last week's CrossQuotes #36:

1. Livingstone 2. archaeology 3. renew; Twist 4. olive branch 5. chipmunk; set 6. hermit; sinew 7. entitle; wasp 8. flash; Swift 9. ostrich; tart 10. undertaking 11. chatter; hush 12. Archipelago 13. uttered; Nash 14. lyricist 15. dense; Bonn

CrossQuotes #36 quotation:

**HAPPINESS LIES IN THE TASTE, NOT IN THE THINGS; IT IS FROM HAVING WHAT WE DESIRE THAT WE ARE CONTENT, NOT FROM HAVING WHAT OTHERS THINK DESIRABLE.**

Author: La Rochefoucauld (Duc de) (1613-1380) French writer heavily involved in political work against Cardinal Richelieu and his control over the French royalty. In 1652, he abandoned politics for a sheltered intellectual life, where his writings revealed biting observations of human nature, society and man's pretence to virtue.

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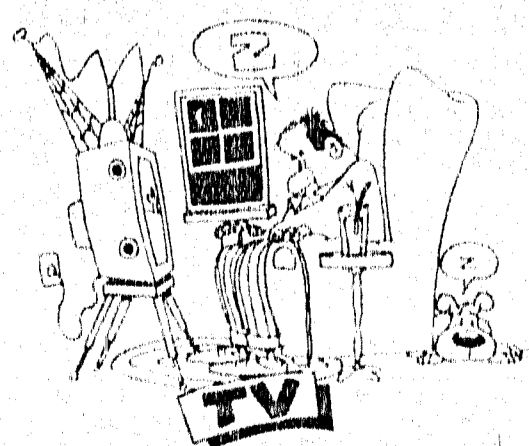
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**SMITH, THELMA MAY.** Peacefully in the Saanich Peninsula Hospital on July 17, 1989. She leaves her loving family; husband Vernon, daughters Lori Fitzpatrick, Michelo Schultz, Shawn Fitzpatrick, and husband Dale; sons Daniel and wife Linda and Steven and wife Sandy, her sister Dorothy Murray; thirteen grandchildren and three foster children Colleen, Kim and Kenneth; nephews Kenneth, Samuel, David & Brian

**GODWIN, William,** passed away on Saturday, July 8, 1989 at the Saanich Peninsula Hospital at the age of 78 years. Survived by his loving wife, Evelyn; one son, William and his wife, Susanno of Vienna, Austria; one daughter, Vicki and her husband, Eugene Bozick of Cedar, Utah; four grandchildren and one brother, Leonard of Calgary, Alberta. Memorial service was held on Thursday, July 13, at 2 p.m. in St. Andrew's Anglican Church, Sidney, B.C. Howard David will officiate. Entombment in the Westview Crematorium. Donations may be made to Alzheimer Society of B.C., 101-1095 West 9th, Victoria, Vancouver, V6H 1G4 or Canadian Cancer Society, 2708 Belknap Rd. Victoria. Arrangements through FIRST MEMORIAL FUNERAL SERVICES, 4225 Falgout Drive, Victoria V8S 5E4.

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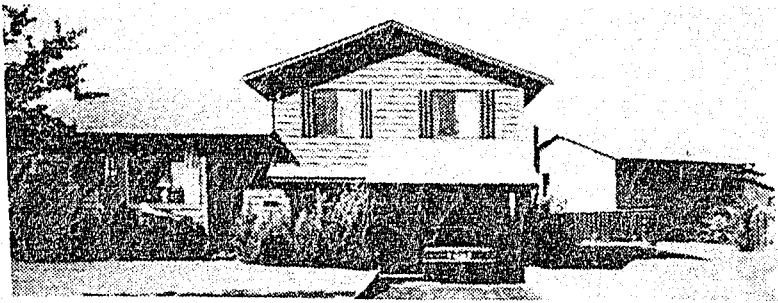
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BLOCK BROS. REALTY LTD.  
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**BLUE WATERS.** Bright two bedroom quiet corner suite on ground floor, easy access, enclosed balcony, hardwood floors, lounge and bedrooms have carpet over hardwood, dishwasher, garbage disposal, low monthly maintenance includes heat and hot water. Many extras. Parkland and beach across the road. \$89,000. 655-3779.

**ARDMORE - BY OWNER.** 9507 Inverness (off Bradley Dyne). Contemporary style home on private .93 acre. 4 bdrm., 2 full baths, large kitchen, 2 FP's, full rec. rm., 3 sunrooms. Approx. 2800 sq ft. \$189,000. 656-2504.

**212 REAL ESTATE FOR RENT**

**BRENTWOOD 1236 VERDIER**  
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**ADULT BUILDINGS:**

One & two Bdrm. Suites  
Rents include: heat, T.V., Parking amenities, swirl pool, billiards, exercise rm and garden plots. R.V. parking, shopping, bus, golf, fishing minutes away.  
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Join Capital Iron in this new building on Main St. #2 in Sidney. We have only 1 space remaining, so move fast. Competitive rates and excellent tenant improvement packages available.  
OTHER SPACES AVAILABLE IN SIDNEY FROM 800 SQ. FT. TO 7,500 SQ. FT.  
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**Peninsula Properties**  
652-5171

**WANTED FEMALE TO SHARE WITH**

Home \$450/mth incl laundry and utilities. 656-3003

**ONE BDRM. BASEMENT suite** Saanich. Patio. N/S Utilities incl. \$450. 652-2404

**LIGHT INDUSTRIAL SPACE** for lease. 1800 sq ft to 5400 sq ft. Good exposure, one year old building. Competitive rates. Call Fred or Joe. 652-0747. Ask for Freddie or Joe.

**OPEN HOUSE**  
SAT. 2-4  
PERFECT FAMILY HOME  
ML 7399 SAAN P \$144,500  
See this solid 5 bedroom, 3 bathroom home within short walk to Brentwood Village and shops. Located on a quiet, short cul-de-sac, a terrific location for raising the children. Large living room with fireplace, dining area, fenced yard, large all-day sundeck with distant views. Generous corner lot.

**OPEN HOUSE**  
SAT. 2-4  
2115 James White Blvd.  
Price reduced to \$124,000 on this 10 yr old - 3 bedroom, 2 bathroom in nice residential "back street" in Sidney. Large lot 50' x 147' (garden already planted for you) big shed - back faces south, price includes fridge & stove. Cozy fireplace with fan. Lots of room - perfect for the active retiree! ML 6681

**OPEN HOUSE**  
SUN. 2-4  
LOCHSIDE WATER VIEWS  
ML 6680 \$189,500  
Big, bright kitchen with built-ins, island with double sink, stove-top, built-in oven, dishwasher, dining nook — a cook's dream. Roomy split level — 2 bedrooms (possible 3rd down), dining room, cozy family room with stove, all this and more on .70 acre and water views!

John Tate 656-6466  
Logan Sudeith 655-1336  
NRS Block Bros Realty  
656-5584

**OPEN HOUSE**

212 REAL ESTATE FOR RENT

\$250/month, \$70/wk. Furnished room, share kitchen and bath. Parking and utilities included, welfare welcome. 655-3820.

COMMERCIAL WATERFRONT office/retail space for rent. Two spaces 320' and 600'. Harbour Rd., Sidney at Bosun's Landing, 656-6644.

\$250 MONTH, \$70/wk. Furnished room, share kitchen and bath. Parking and utilities included. Welfare welcome. 655-3820.

ONE BDRM., QUIET ADULT BLOCK -fridge, stove, drapes, water & parking included. \$460. No pets. To view, call Phyllis, 656-7821.

RETAIL, LIGHT MANUFACTURING, Third St., 500 sq. ft. \$375/mth. 656-1459.

THE LANDMARK. \$590. Available Aug. 1st. 1 bdrm. spacious apt., large balcony, 5 major appl., underground parking, sound resistant concrete building. Adults only. No pets. 656-5251.

ELEGANT 2 BDRM. 2 storey, garaged townhouse. Close to downtown Sidney. 5 appl. Maintained grounds. For those 43 & up. \$775. per month. Phone 655-3070, after 6 p.m.

2 BDRM. HOUSE in Sidney, quiet street, \$800., no pets. 652-9177 evenings, available Aug. 1.

ELDERLY GENTLEMAN WISHES a mature couple to live in fully furnished cottage by the sea... share half of food bill only. Must be able to drive a car if necessary. References necessary. Apply Box 405, 9781 Second St. Sidney, B.C. V8L 4P8.

SIDNEY 2 BDRM. rancher, \$700. per month, references required. N/S. 655-4107.

SIDNEY DUPLEX - 3 BDRM. \$775., Aug. 1. 388-6275, pgr. 2064.

SACRIFICE, SUBLET 1/2 cost. Almost 1000 sq. ft. studio/office space. Upstairs front, bright, wired for kiln. 9783 Third St. Sidney, \$210 + utilities. 1-745-6643.

MATURE RESPONSIBLE M/F, to share 2 bdrm. house with professional 40's male. N. Sidney, 656-7744, after 6 p.m.

LARGE ROOMS FOR rent, one self-contained. Separate entrance, all utilities paid. Reasonable rent. Available immediately 652-4199.

EXECUTIVE BUNGALOW, lease, references. N/S, no children, no pets. Keating area. 656-9931.

CABIN TO RENT on Saturna Island by the day. 1-539-2620.

LARGE 1 BDRM. apartment with study. \$475. Doug 595-5953.

FURNISHED BASEMENT SUITE for reduced rent to help with the garden and husband with a light stroke. N/S. 656-5708.

213 REAL ESTATE WANTED

NEEDED: Christian family desire to rent a four bdrm. home in the Brentwood/Saanichton/Keating areas for Sept. 1. References. 652-9228.

ONE BEDROOM unfurnished suite with private entrance. North Saanich area. Single male in mid-twenties. Contact Adams Electronics at 656-4351.

RCMP FAMILY IN SIDNEY looking for house sit/rent while their home is being built. Call Cpl. Joe Gerich at 656-4304.

CARE N. Saanich - SIDNEY. Excellent references. A few openings for Aug. & Sept. 656-2625.

WANTED TO RENT in Sidney by working couple w/one child, 2 bdrm. home. Very reliable, and clean. Can do repairs and yardwork. Excellent references. 655-4875.

BOATBUILDER REQUIRES SHOP and large living quarters/conditions of living quarters unimportant. call Russ (collect: 718-7341) after 5:00 p.m. week-ends.

RESPONSIBLE, WORKING SINGLE mom with baby needs 1 or 2 bdrm. suite. References available. 656-9210.

WORKING MOTHER OF THREE seeks 2 or 3 bdrm. home. Rent approx. \$600. Central Saanich area preferred. 479-7966.

FAMILY OF FOUR, employed, keen gardeners, seek comfortable 3 bdrm. Saanich Peninsula area for Aug. 1st or 15th. Lease preferred. References. \$750-\$850. 727-0431.

BOTH UNITS OF SXS duplex, each 2 bdrm. Sept. 1 or Oct. 1. Good rental tenants. 655-7177 or 655-7184.

RESPIR. FLIGHT ATTENDANT seeks quiet, reasonable 2 bdrm. accommodation. Airport vicinity preferred. Ex. ref. Call 656-4932, leave message.

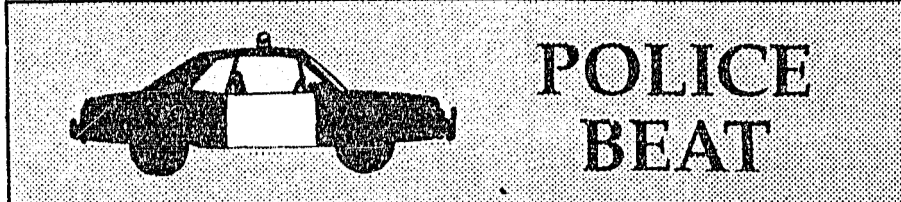
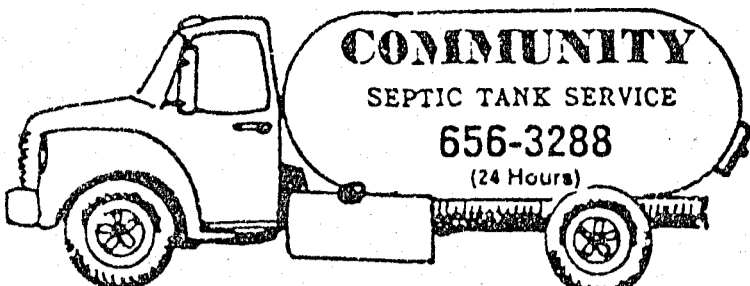
WILL GIVE TLC to your home, pets, garden, livestock. Just sold hobby farm, looking for Central Saanich or nearby rental/housing for Aug. 1 or thereafter. Excellent references. 652-0116.

ROOM WANTED to rent - Sidney area ASAP. 55 yr. old male, non-smoker, non-drinker. Phone 595-3453 after 6:30 p.m.

QUIET, RESPECTABLE, RECENTLY divorced lady with responsible 16 yr. old son requires housing that will accept 2 neutered well-behaved cats. Pleased to do light yard work, wall papering, etc. in exchange for reasonable rent. Son uses headphones for stereo. 656-3246 before 10 p.m. please.

TEACHER'S FAMILY REQUIRES 3 or 4 bedroom house Saanich Peninsula, Aug. 1st; references; (reasonable rental); phone collect 536-7984 (White Rock)

WANTED TO RENT: four or three bedroom house for clean, house-proud family. N/S. Needed August 1 or as soon thereafter. Call Geoff Wright, 656-0881. Mon.-Fri. before 5 p.m.



Church Services

FRIENDSHIP BAPTIST CHURCH 7820 Central Saanich Rd. SUMMER SCHEDULE WORSHIP.....10:30 a.m. EVENING.....6:30 p.m. E. Krafoff - Pastor Rob Parker 477-8527 652-2723

BRENTWOOD ANGLICAN CHURCH 792 Sea Dr. Brentwood Bay Family Service 10:30 a.m. REV. ALSTAIR PETRIE 652-3860 652-5025

ST. MARY'S ANGLICAN CHURCH SAANICHTON TRINITY IX JULY 23rd 8:15 a.m.....Service 10:00 a.m.....Communion Arch Deacon W. Hill 721-0695 Church 652-1611 Anglican - Episcopal Book of Common Prayer

WELCOME TO ST. JOHN'S UNITED CHURCH 10990 West Saanich, Deep Cove REV. HORI PRATT

ST. ELIZABETH'S Roman Catholic Church 10030 Third St., Sidney 652-1909 Saturday Mass.....5:00 p.m. Sunday Mass.....10:30 a.m.

OUR LADY OF ASSUMPTION Roman Catholic Church 7726 W. Saanich Road 652-1909 Sunday Mass.....8:30 a.m. Sunday Mass.....12:30 p.m.

BETHEL BAPTIST CHURCH 2269 Mills Rd. 656-5012/652-4065 Morning Worship.....11:00 a.m. Evening Fellowship 6:30 p.m. Pastor: GERALD W. MELLER

SAANICHTON PENINSULA CHRISTADELPHIANS Moose Hall 7925 E. Saanich Rd. Memorial Meeting 11:15 a.m. 652-3606

Ron & Eunice Freeman welcome you to PENINSULA ALLIANCE CHURCH 4TH & Mt. Baker, Sidney 656-9957 SUNDAY 10:30 A.M.....Family Service A Caring Fellowship for the whole Family

ST. PAULS UNITED CHURCH OF CALADIA 2410 Malava Sunday Service.....10:00 a.m. REV. DALE PERKINS 656-3213 (Home 592-5487)

SAANICHTON BIBLE FELLOWSHIP 2159 Mt. Newton Cross Rd. Comm. Service.....9:30 a.m. Family Service.....11:00 a.m. Nursery, Sunday School Youth Groups, Bible Studies Pastor: Rick Stinton 652-6311 656-4730

SAANICHTON PENINSULA PRESBYTERIAN CHURCH Meeting at the Seventh-Day Adventist Church for Family Worship and Sunday School 9:30 a.m. Come join our Growing Fellowship Rev. Peter Coutts - 656-3548

HOLY TRINITY ANGLICAN CHURCH W. Saanich and Mills Rd. Sunday Services 8 a.m. and 10 a.m. Sunday School 10 a.m. THE REV. D.L. MALONE 656-3223

ST. STEPHEN'S ANGLICAN CHURCH (Mt. Newton & St. Stephen's Rd.) 652-4311 8:30 a.m. Holy Eucharist 10:00 a.m. Sung Eucharist 10:00 a.m. Wednesday Eucharist

PEACE LUTHERAN CHURCH 2295 WEILER AVENUE VBS.....August 21-25 Worship Service.....10:30 a.m. Nursery, Youth Group, Bible Studies Rev. David A. Carnahan 656-2721 656-3544

Jesus Christ, the same yesterday, today, and forever Morning worship.....10:30 a.m. Children's Church.....11:00 a.m. Wed. Bible Study.....7-9 p.m. PASTOR LARRY GESSNER 474-2520 656-3544

SIDNEY PENTECOSTAL ASSEMBLY 10364 McDonald Park Road Sidney, B.C. V8L 3Z9 Pastor: David Hauser Sunday Morning 10:30 a.m. Worship Service "Super-Church for children" For Mid-week services Call 656-3712

TRUTH TABERNACLE United Pentecostal Church Where Bible salvation is preached invites you to be in service with us Call Pastor Gabor Czinger 655-7029 For service times and Home Bible studies

ST. ANDREW'S ANGLICAN CHURCH 9686-3rd St. Sidney SUMMER SCHEDULE 8 a.m. and 10 a.m. Childcare & Nursery 10 a.m. The Rev. David Fuller 656-5322

ATTEND CHURCH THIS SUNDAY

A Warm Welcome Awaits You At the Elk Lake Baptist Church by the lake 10:30 a.m. Morning Worship Rev. LESLIE M. PUNK 5363 Patricia Bay Highway Victoria, B.C. V8Y 1S9

Excessive speed causes crash

A 20-year-old Saanichton man has been charged with driving with excessive speed and handed a 24-hour licence suspension after he lost control of a 1989 Ford Mustang and slid into a light standard about 1 a.m. Friday. The driver of the car was north-bound on the Pat Bay Highway and was attempting to turn left to go east on Mt. Newton Crossroad when the crash occurred, Central Saanich police said. "He slid into the light standard after attempting to slow down from a high speed," deputy police Chief George Lawson said. The driver and an 18-year-old female passenger were treated for

minor injuries at the scene by Emergency Health Services ambulance. Damage to the Mustang was estimated at \$5,000. An alert neighbor is credited for scaring away two youths who are suspected of trying to steal a gas barbecue from a balcony of a home in the 900-block Paclona Place in Brentwood, about 11 p.m. July 12. A 12-volt battery valued at \$100 was stolen from under the hood of a 1979 Ford van parked in the driveway of a home in the 6600-block Reay Road overnight July 10-11, Central Saanich police report.

GOODWILL ENTERPRISES for the Handicapped LADIES BLOUSES.....2 for the price of one MENS' TIES.....2 for \$1.49 BOY'S SHIRTS.....2 for the price of one

SWEET TOOTH THIEF Worth \$250 of office equipment was stolen from the North Saanich municipal hall during a break-in over the July 8-9 weekend, Sidney RCMP report. A Canon desk calculator, a photograph and a chocolate bar were stolen after the front doors to the hall were forced open, employees discovered July 10. FERRY BREAK-IN The concession stand trailer at the Washington State Aquacortec ferry terminal was broken into during the early morning hours of July 15, Sidney RCMP report.

Watch for our BIRTHDAY BASH SALE! United Carpet SIDNEY 655-4854

California Women's \$44.95 Children's \$32.95 I Love L.A. 1999 Discount Off Regular Prices With Ad

HAIRPORT CUTS.....\$12 CHILD (under 10).....\$8 PERMS.....\$25 COLORS.....\$18 SEMI-PERMANENT COLORS.....\$16 HI LITES.....\$20

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TO OUR JAMES ISLAND FRIENDS CONSTRUCTION ACTIVITY AND A HIGH FIRE HAZARD MAKE IT NECESSARY TO ASK OUR VISITORS TO RESTRICT ACTIVITIES TO THE BEACHES AND NOT BUILD FIRES UNTIL CONDITIONS RETURN TO NORMAL.

WESTCOM WHEELCHAIRS LTD. Specializing in Medical Mobility 9843 2nd Street, Sidney, B.C. PHONE: 655-1549 LOCATED IN THE MARINA COURT

# COMMUNITY CALENDAR

The Review provides this community calendar free of charge, space permitting. Preference will be given to local, non-profit clubs and organizations. Upcoming event notices are printed in the edition prior to the event; continuing announcements run no longer than four weeks. Please submit written information by noon Friday.

## TUESDAY July 25

**DEEP COVE FOLK**  
Deep Cove Folk invite Peninsula residents to a special concert starting at 8 pm at St. John's United Church, 10990 West Saanich Rd, featuring Mary Malloy and Stuart Frank playing violin, guitar and squeezebox. The concert will feature beautiful harmonies and hilarious introductions to the performance. Admission is \$5.

### OF CONTINUING INTEREST

**HELP HISTORY**  
The Sidney Museum needs volunteers for the reception desk in the museum, 2538 Beacon Ave. Anyone with 2 to 3 hours a week to spare is asked to call 656-1322.(28)

**READ THIS**  
PALS Literacy Project for adults with limited reading/writing skills has afternoon or evening classes starting in Sept. No upper age limit, innovative technology for self-paced learning in a relaxed learning environment. Info and assessment, call Lesley at 652-1151.(26)

**KIDS CO-OP**  
Sidney pre-school, a co-op, has openings for Sept. '89. Info, 652-1281 or 655-1588.(27)

**MUSEUM OPEN**  
Discover the exciting and colorful history of Sidney and North Saanich through a diverse collection of artifacts from Bagan Bay bricks to Coast Salish spruce root baskets. Come to the Sidney Museum, 2538 Beacon Ave., and see life as it was in the early days of the Saanich Peninsula. Open 10 to 4 daily. Closed Thursday. Info, 656-1322.(28)

**STREET WHEELS**  
Victoria Streetsurf Association presents skateboarding demonstrations and competitions July 23, 1-6 pm, Centennial Square.

**K.I.C.S. FOR KIDS**  
K.I.C.S. Kids in Central Saanich, meets from 9 am to 4 pm, Monday to Friday, in Centennial Park on Wallace Drive. Outdoor adventures, crafts, sports, games and field trips for children 5 to 10, continuing until Sept. 1. Cost is \$25 per week. Register at Central Saanich municipal hall, 8:30 am - 4 pm, Mon. to Fri. Info, 652-4444, local 233.(28)



THIS POLISHED POT, cleaned by volunteer Michael Robertson, might be sold for half price at the P.C.A. Thrift Shop's anniversary sale today.

## Seven years of good luck

It may be the most useful little shop on the Peninsula.

Not only does it provide low-cost clothing, household items and furniture to those in need, but the profits from the operation support Peninsula Community Association programs.

Today the PCA Thrift Shop celebrates its 7th Anniversary with coffee, lemonade and cookies for all comers plus a half-price sale. The shop is open from 9:30 a.m. to 4:30 p.m.

Originally called the Peninsula Old and New Shop, the outlet opened on Second Street in 1982. Three days after the shop opened, an arsonist started a fire in the building and almost all the donated items were lost.

The store was closed over the weekend while volunteers cleaned up and more donations poured in from the community. The shop re-opened Monday morning and has not stopped growing since.

Initially the shop carried used items plus crafts made by local seniors. A farmers market was held in the parking lot during the harvest season.

Donated produce was sold while those selling their own produce set up tables and turned over 10 per cent of the sales to the shop. In its first six months, the volunteer run shop raised \$16,000 for the Peninsula Community Association.

Now the shop raises \$38,000 to \$40,000 each year for community programs, thanks to the donations from the community and the efforts of over 50 volunteers.

Five of the volunteers who started seven years ago still help with the shop. Among them is Adell Bishop, who has contributed to the steady growth of the store.

"We've just progressed and progressed," she said.

On Valentine's Day, 1984, the shop moved to the present site on 3rd Street, just off Beacon Avenue and near the P.C.A. office.

Two years ago the name was changed to the P.C.A. Thrift Shop. A depot for donations fills a corner of the P.C.A. building.

But there is always room for more donations to be transformed from cast-offs into funds for community programs.

## Peninsula Community Association

656-0134

**EMPLOYMENT PROJECT**  
PEP encourages clients to register in the following categories: casual labor, gardening, food services. Call 656-0851.

**CALLING CHILDREN**  
Summer day programming for six to 12-year-olds. Parents invited to contact Bill Scott at 656-0134 on daytime activities. Summer camp list available at P.C.A. Call 656-0134 for info or mail out.

**ENJOY WALKING?**  
Elderly folk enjoy short walks with a companion. Call 656-0134 if you can be a walking companion.

**GRIEVING?**  
Grief support group starting soon. If interested, contact Laurie Branner at the P.C.A., 656-0134.

## SIDNEY FLORIST

When was the last time you said "I love you?"

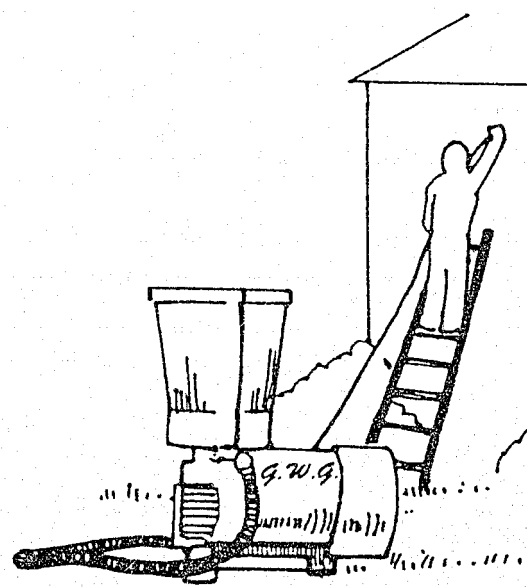
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2499 Beacon Ave., Sidney, B.C.

## PAINTING YOUR HOUSE?

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## GOOD MORNING MR. SMITH, YOU'VE JUST WON \$3000!

GRAND PRIZE DRAW  
OCTOBER 1ST 1989  
\$1000

Imagine, a phone call Out of the Blue to tell you that you've won! It could happen if you have The One and Only Out of the Blue 365 Day Ticket.

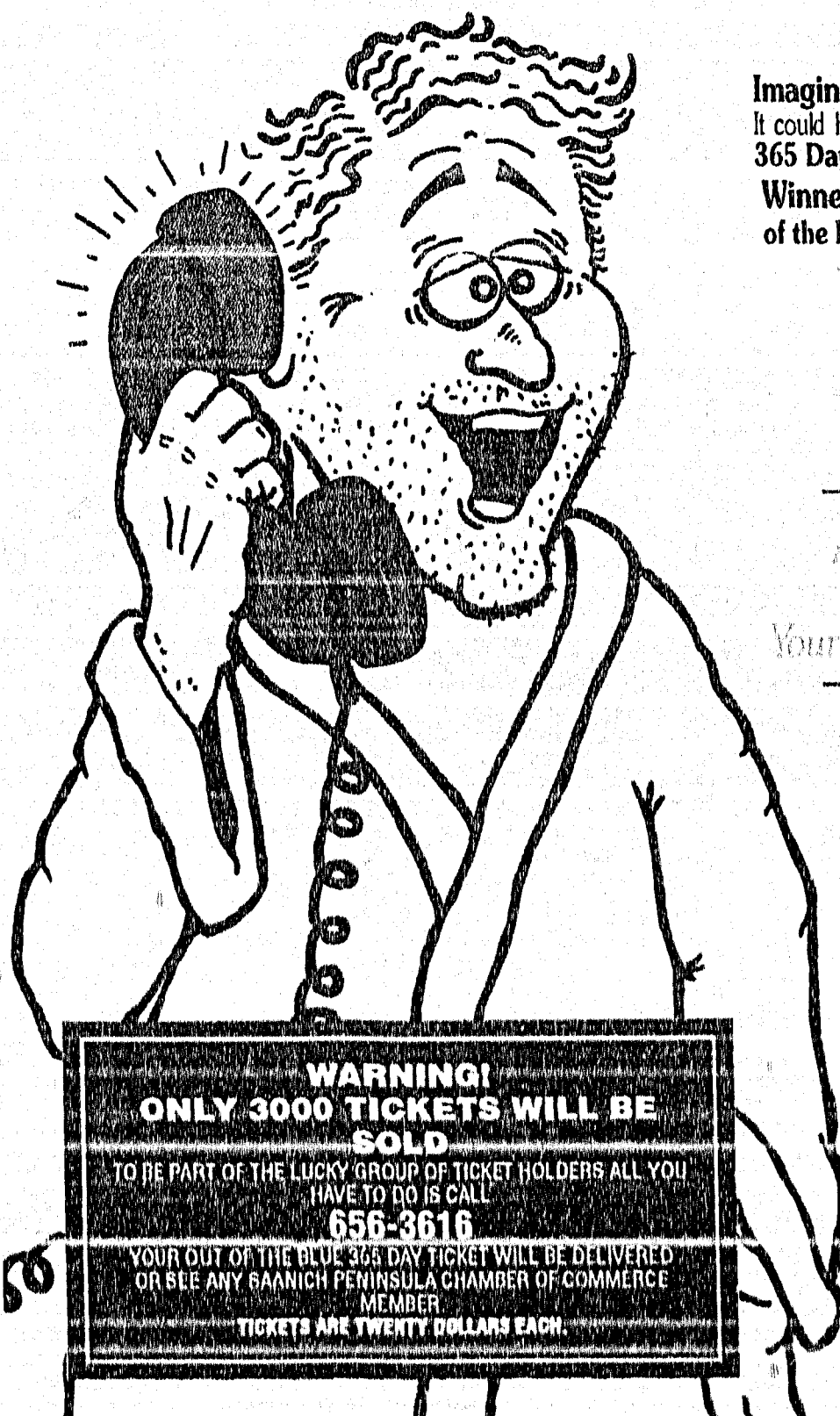
Winners Every Day! When you have the One and Only Out of the Blue 365 Day Ticket you're covered for the whole year!

- ★ October 1st Someone will win \$1000
- ★ Every Saturday to Thursday win \$20
- ★ Every Friday win \$50
- ★ The Last Day of the Month win \$200

GRAND PRIZE DRAW  
SEPTEMBER 30th 1990 \$3000

ALL WINNING TICKETS ARE RETURNED TO THE DRAW!  
Your Ticket Could Win More than Once!

All You Have To Do Is Call 656-3616  
Tickets Are Twenty Dollars Each  
Proceeds support important local Chamber Projects.



**WARNING!**  
ONLY 3000 TICKETS WILL BE SOLD

TO BE PART OF THE LUCKY GROUP OF TICKET HOLDERS ALL YOU HAVE TO DO IS CALL

656-3616

YOUR OUT OF THE BLUE 365 DAY TICKET WILL BE DELIVERED OR SEE ANY SAANICH PENINSULA CHAMBER OF COMMERCE MEMBER

TICKETS ARE TWENTY DOLLARS EACH

The Out of the Blue 365 Day Ticket Draws are supervised by the independent accounting firm MOORE ROBERTS & Co., Sidney, BC



## GOOD BOOKS

By Echo Eburne

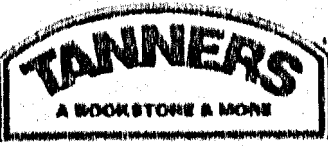
### TO YOUR HEALTH!

It is doubtful that any other age has produced such overwhelming interest in physical health as ours. Today you can find books on almost any aspect of your body that you can imagine. Tanner's carries numerous books of reference on health but there are two that I would particularly like to highlight this week.

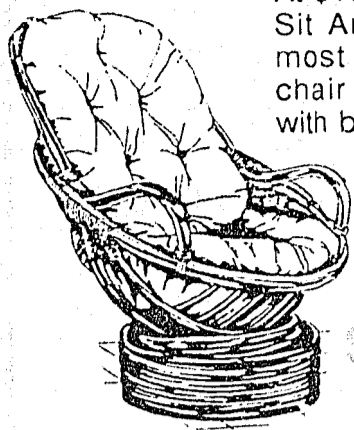
"Forever Young" by Stuart M. Berger, M.D. is the first part of the review. Many readers will recall Berger as the author of "The Immune Power Diet". The doctor offers advice on care of the body, inside and out, to prevent and even reverse the effects of aging. Even if aging isn't of great concern at this point of your life, Berger has some very healthy suggestions for everyday living.

The second book in this week's series is of special interest to me - "Good Cholesterol, Bad Cholesterol" by Ell M. Roth, M.D. and Sandra Streicher, R.N. At the beginning of the year, I had blood tests come back with a high cholesterol rating and my quest for information began. Roth and Streicher have produced a highly satisfying book on the subject. They have been very thorough - covering 'what is cholesterol' right through to some suggested recipes.

Both of these books were enjoyable and easy to read because the authors are devoted to their subjects and have taken great care in relating necessary information to the reader.



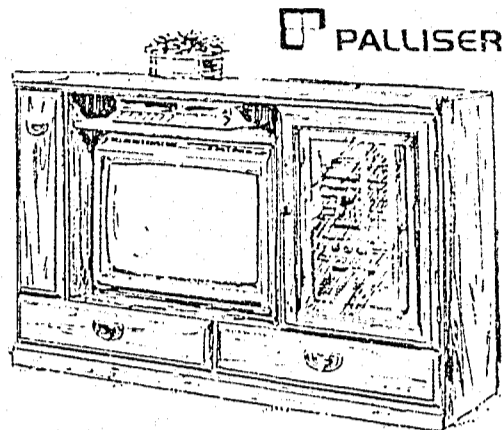
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**TRANSITIONAL ENTERTAINMENT UNIT**

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Reg. \$579.00

**SALE \$499.00**

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**MARCH 1**

**1990**

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P.A.C.

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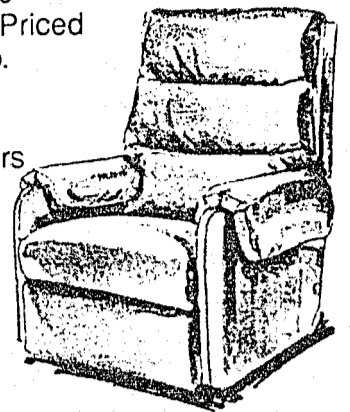
**LA-Z-BOY**  
CHAIR COMPANY

BUY FROM WESTERN CANADA'S LARGEST SELECTION OF LA-Z-BOY RECLINERS

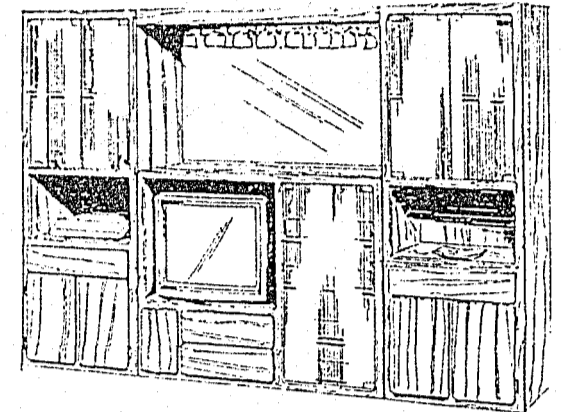
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**PALLISER CONTEMPORARY PIER WALL GROUPING**

Oak and pier units. TV/VCR light and mirror back. Also available seperately.

Complete Unit **SALE \$1399.00**

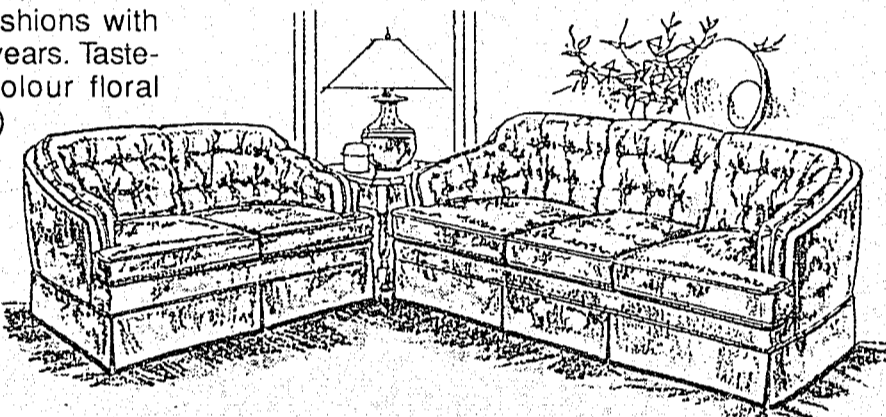
**SKLAR TRADITIONAL SOFA/LOVESEAT**

Features Sklar Plus seat cushions with coils that are guaranteed 10 years. Tastefully upholstered in rose colour floral Jacquard fabric. (5 sets only)

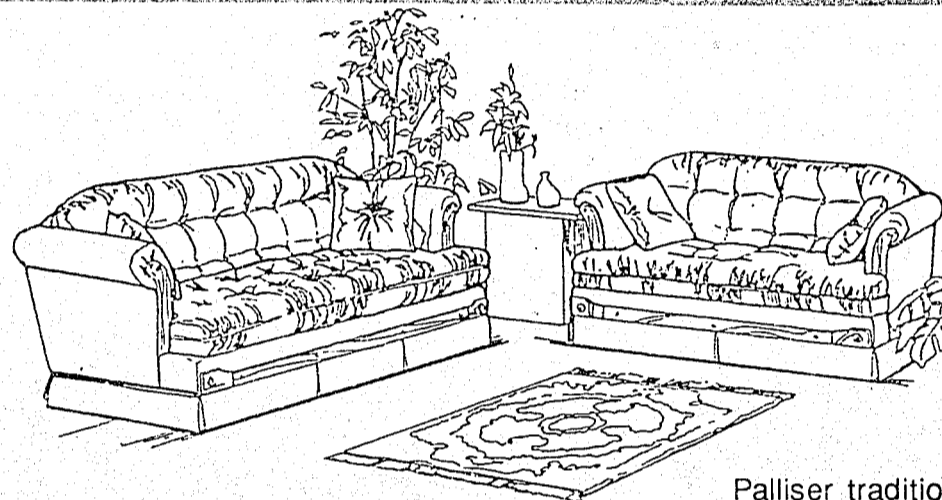
Our Reg. \$2548.00

**SUPER LOW! LOW! PRICE!**

**SALE \$1699.00**



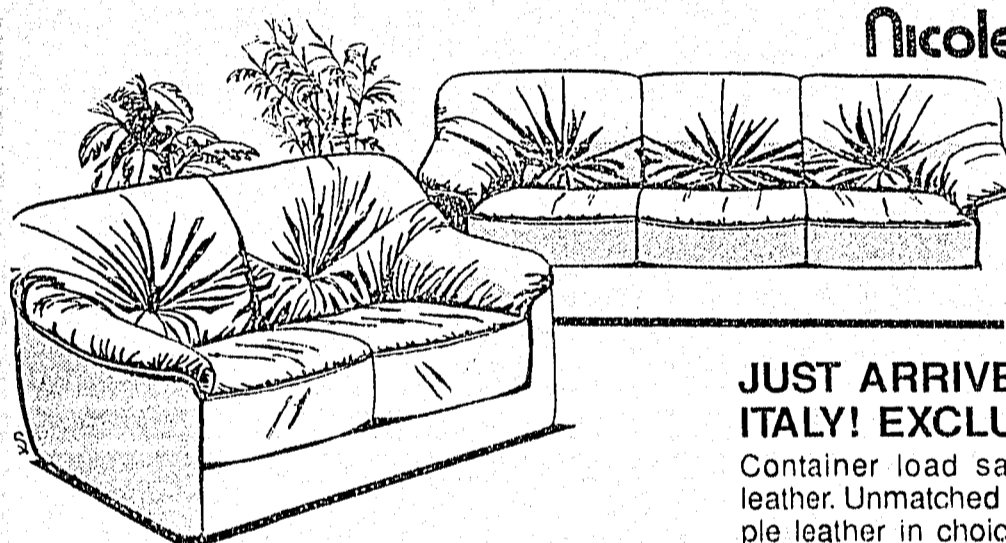
**Sklar-Peppier**



PALLISER

Palliser traditional sofa/loveseat, oak trim, deep button tufting. 100% nylon velvet fabric.

**UNBEATABLE PRICE**  
Our Reg. \$1354.00 **SALE \$999.00**

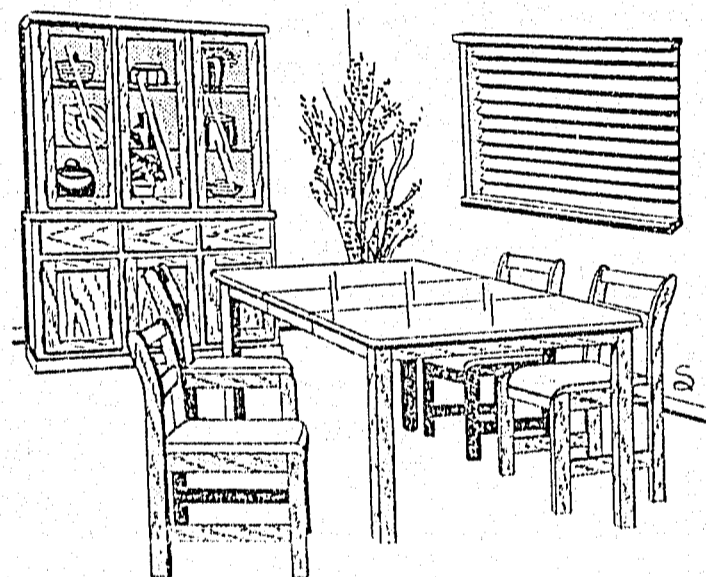


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Sofa/loveseat: Our Reg. \$3070 **NOW \$2199** Matching chair Our Reg. \$885 **NOW \$699**



**APARTMENT SIZE**

7 pc. modern oak dining suite. Hutch with adjustable glass shelves and display light, solid oak dining room table 38"x54" extending to 74". Complete with 4 side chairs upholstered seat.

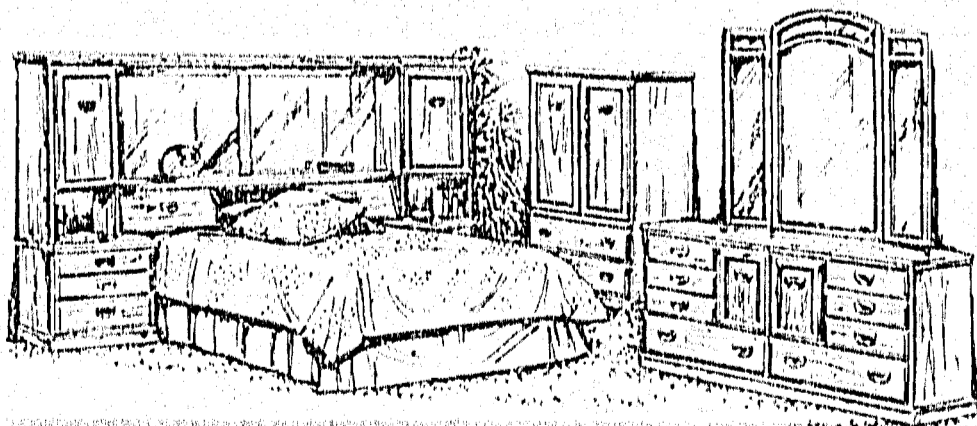
**SALE \$2599.00**

**PALLISER TRANSITIONAL BEDROOM**

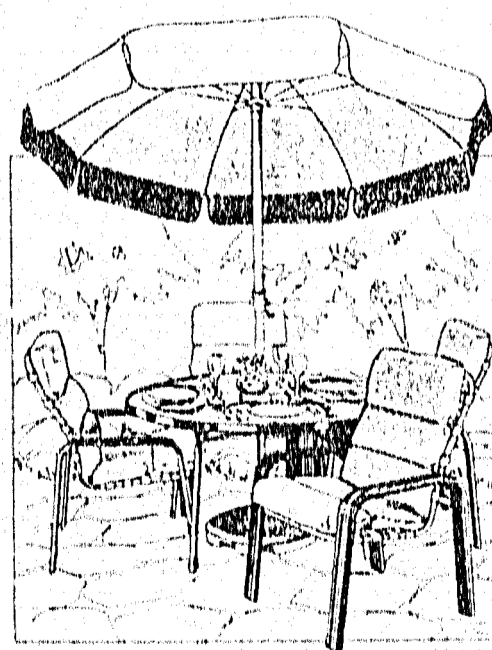
Lots of options in this beautiful suite finish in attractive Melbourne oak finish.

	Reg.	<del>SALE</del>
Pier group	\$1585.00	<b>\$1349.00</b>
T.V. Armoire	\$695.00	<b>\$599.00</b>
Dresser and mirror	\$1094.00	<b>\$899.00</b>

PALLISER



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waterproof cushions

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# Gentle art from Germany glows in a new land

Cartoon-bright paintings more innocent than the rollicking kittens they display are the speciality of Anne Freidank, who has brought her unique art from West Germany to North Saanich.

By VALORIE LENNOX  
 Review Staff Writer

"I am a simple person and I paint simple things. Children love my paintings because the work is in their language — they understand it."

The deceptively simple work requires a sophisticated technique. Most of her paintings are done in reverse, on glass. Derived from folk art, the technique creates a glowing image with more immediacy than a conventional painting under a glass frame. Sometimes Freidank combines several panes of glass to create three-dimensional scenes.

In Germany, Freidank was well-known for her skillful creation of whimsical, childlike images. Her works were used as prizes on a popular television program and several galleries still handle her paintings, despite the difficulty of shipping the work overseas.

"I have two different types of customers. There are people who love the paintings and buy from the heart and very sophisticated customers who recognize the humor."

When she first gained recognition for her work she was surprised. She had never attended art school and started painting as a hobby.

She was working as production secretary for a television station 12 years ago when she learned she had cancer. Forced to quit her job, she took up painting as therapy.

"This was my start of being an artist."

She was fascinated by reverse glass paintings. She studied books on the art form, which dates back 400 years, and began teaching herself the technique.

"It's a challenge to paint backwards. It looks so different because the paint is connected to the glass and shines through."

Through her research, she discovered many famous artists practised the technique between the 18th and 19th centuries. As a folk art, it was done by entire families, who usually produced icons of saints to sell.

At first, Freidank imitated traditional subjects. Her first major commission was for 600 paintings, copied from old manuscripts, which were used by a book publisher as a promotion.

It was good training but not the type of painting Freidank wanted to produce.

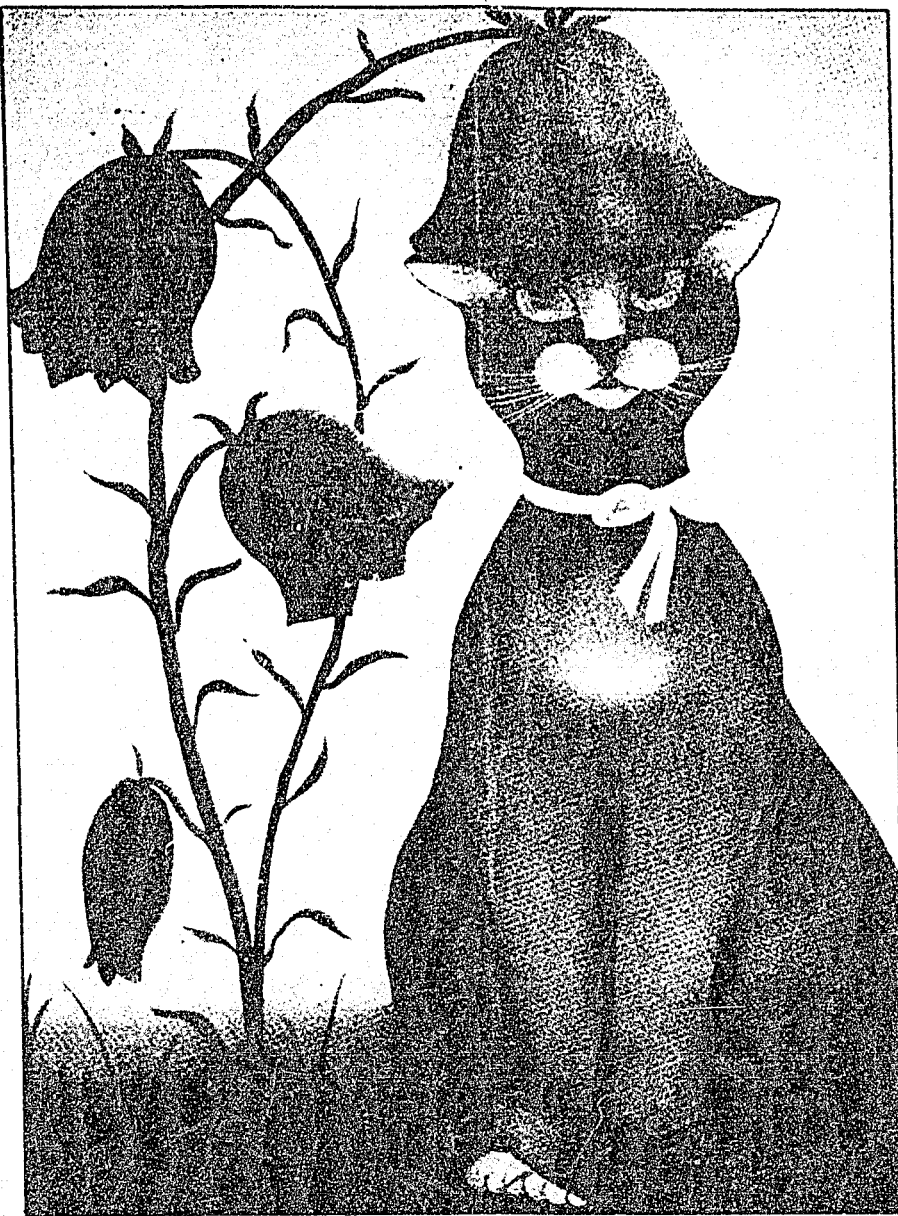
Always fond of cats, with pets of her own, she began observing and painting the animals. She also painted a series of seasonal pictures and scenes of children and snow in three-dimensional layers on the glass panes.

"I do naive paintings with ideas left over from childhood in the country with my grandmother," said Freidank. As a child she remembered making silhouettes and drawing dwarves and elves.

The whimsy of such childish work still exists in her paintings, although conveyed with adult skill.

"I just learned myself and developed this technique for myself."

When she found she was able to comfortably support herself with her work, she says, "I almost didn't believe it."



Five years ago she came to Vancouver Island to visit relatives and fell in love with the area. She had always loved nature and dreamed of a little home with a garden.

In North Saanich she found such a home for a fraction of what a similar property would cost in Germany. Three years ago she bought a house and moved to North Saanich a year ago.

"It was a big decision to leave my friends and family." She also left an established art career and is starting all over in Canada.

To gauge public reaction to her work, she entered a craft fair. "It's not so good for my image," she admits, noting that two years ago she had a successful show of her art in New York.

She has her work in two local galleries and works from her home in Deep Cove, behind the gates which are cut out and painted to resemble Siamese cats.

"My bread and butter are the miniatures." The tiny examples of her work, also on glass, sometimes contain multiple panes which

create exquisite three-dimensional scenes.

She just completed an order of 350 miniature paintings for Japan. Over the last 12 years she has made about 12,000 miniatures.

She also has limited edition prints and postcards of her work. Gradually she hopes to re-establish her career in her new home. She is also enjoying the chance to do her own organic gardening and is studying the healing properties of herbs.

"My plan is to live more in harmony with nature and listen more to the natural things."

It is a simple and gentle goal, reflecting Freidank's simple and gentle art.

A CAT CUDDLED in her arms, Deep Cove artist Anne Freidank considers her efforts to re-establish her career in Canada. (Left) One of her creations, a wide-eyed cat peers out from under a blossom.



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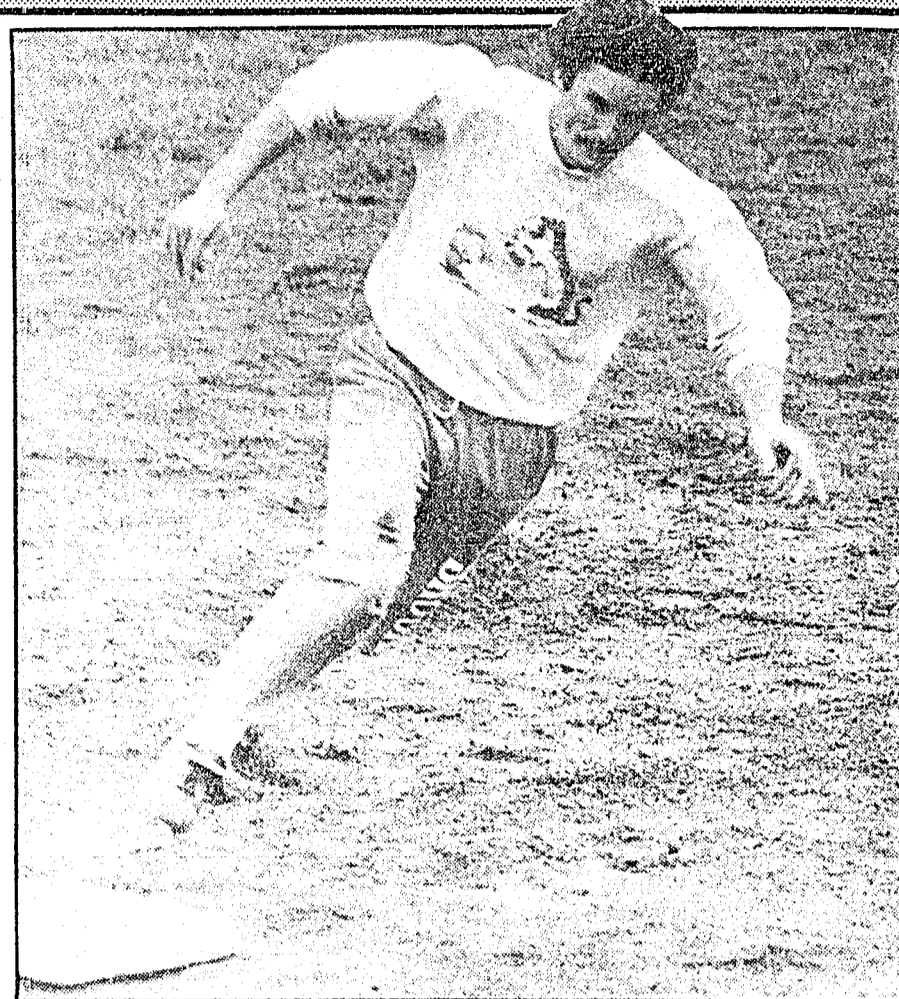
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Think Service think ...



ROUNDING THE BASES during the A Division playoff final at Panscha Park Sunday is a member of the Knights of Pythias team that finished in a close-fought second place.

**Ninth season best ever for Slow Pitch**

The ninth was the best for Sidney slowpitch.

Until the 24-team Labour Day tournament comes around all 18 teams in the ninth edition of the Sidney Mixed Slow Pitch League are resting after a 25-game schedule that began in early-spring.

Part of the reason for this season's success is because of a change back to two divisions, the league president said.

"We made a few changes from

past years and went back to two divisions — which created a friendly and competitive atmosphere," Paul Noyce said.

Noyce has other reasons for a season that is deemed successful.

"The umpiring improved greatly, which improved the quality of games," he said.

"And there was more cooperation than ever in maintaining the ball fields, especially our number one ball field at Sanscha

Park."

Noyce said that getting players more involved helped everyone. "Work parties created a lot more support for teams and players and that reflected in the success of the season as a whole," he said. "There was a better feeling all around because it made people feel they contributed something."

Next action for slowpitch teams at Peninsula venues will be September 2, 3 and 4 as the league hosts a 24-team invitational tournament on six ball diamonds at Centennial Park on Wallace Drive in Central Saanich.

Deadline for registration will be August 21 — at which time a new league executive will be elected by team representatives and team performance bonds will be returned.

Invitations have already been sent out to various teams across the province.

"Hopefully everyone enjoyed the 1989 season and next year will be even better," Noyce said.

**SIDNEY MIXED SLOWPITCH LEAGUE**  
PLAYOFF FINAL RESULTS

A DIVISION	B DIVISION
Ron's Disposal	Wellmaster
Knights of Pythias	Bowcott
Hotel Sidney	Aquamets
Home Hardware	Shooters
Harvey's Sporting Goods	McDonalds
Accutemp	Golden Bears
Rock & Roll Express	Sidney Pool & Spa
Songhees Eagles	Pemberton-Holmes
Whistlers	Glitcon

**Awards abound as season ends**

The league playoffs went down to a two-game matchup between four teams in two divisions of the Sidney Mixed Slow Pitch League Sunday at Sanscha Park.

In the A Division the Knights of Pythias had to defeat an undefeated Ron's Disposers Mixed Nuts team in two back-to-back games to take the title.

The Knights almost did it, winning the first game 8-7. But the second game of the forced double header didn't end with the same result — as the Nuts rallied for a 12-7 victory.

In the B Division it was a different story. Wellmaster was in the same situation as the Knights, but they won back-to-back contests to take the title — first with a 9-5 win and then edging the previously-undefeated Bowcott squad with a close 8-7 score.

The end of the playoffs marked a special time for players and teams to nominate outstanding players for awards.

In the A Division, Rob Sharpe of the Knights was named the men's most valuable player, while

pitcher Shannon Noyce of Ron's Disposers received the ladies' MVP award.

In the B Division, Wellmaster's Brian Brown was named the men's MVP while Dana Gineault of Bowcott received the ladies' MVP award.

Kevin Hesch of Pemberton-Holmes took the men's long ball trophy with a 265-foot drive while Terri Wilson of the Knights picked up the ladies' honor with her 101-foot smash.

Best offensive team honor went to the Hotel Sidney squad while Ron's Disposers Mixed Nuts took the best defensive team honor.

The award for the best league batting average went to Dan Kotyk of Mixed Nuts for his .756 average. The former Saskatoon league player just completed his first year in the Sidney league.

For the ladies, it was Sue Richardson of the Knights with the hottest bat all year, resulting in a .509 average.

The Home Run King honor went to Ron Thynne of Ron's Disposers for cranking it over the

fence 11 times during the season. Sidney Pool & Spa was honored for being the most sportsmanlike team.

Perpetual trophies went to the top three teams in each division, 32 team MVPs were given plaques, umpires and scorers received crests and appreciation trophies went to the Hotel Sidney, the Travelodge and Ron's Disposal.

The playoff's final day featured male and female all-star teams from each division battling it out, Sunday morning at Sanscha park.

Umpire Paul Noyce brought a certain kind of flavor to the ladies' all-star game first thing Sunday morning, in the rain.

"I was definitely influencing the outcome of the game," Noyce said.

Fans were asked for an opinion on pitches, and girls batting to a count of three balls and no strikes had the next pitch called a strike, regardless if the pitch bounced a couple of times on its way across the plate.

**SIDNEY MIXED SLOWPITCH LEAGUE**

FINAL STANDINGS EFFECTIVE JULY 17

A DIVISION					
	W	L	PTS	RF	RA
Ron's Disposal	23	2	46	299	152
Knights of Pythias	19	6	38	284	180
Harvey's Sporting Goods	18	7	36	286	214
Hotel Sidney	17	8	34	317	199
Home Hardware	17	8	34	264	164
Accutemp	15	10	30	251	223
Whistlers	12	13	24	208	227
Rock & Roll Express	11	14	22	265	198
Eagles	3	22	6	108	229
B DIVISION					
	W	L	PTS	RF	RA
McDonalds	18	7	36	293	202
Wellmasters	16	9	32	301	216
Aquamets	14	11	28	216	192
Golden Bears	14	11	28	250	218
Shooters	9	16	18	211	277
Bowcott	9	16	18	235	247
Glitcon	8	17	16	178	285
Pemberton-Holmes	5	20	10	214	316
Sidney Pool & Spa	1	24	2	133	297

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White pastel combination, Red, Navy and Yellow combination. Bone and Taupe combination \$38

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**PIZZA PLACE**  
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WAYNE PRESENTS 1st PRIZE, A 15 Speed MOUNTAIN BIKE TO MARG CLARK  
2nd PRIZE, \$30 PANAGOPOULOS GIFT CERTIFICATE TO LYNN REID  
3rd PRIZE, PANAGOPOULOS SWEAT SHIRT TO D. SCHROEDER

THANK YOU TO ALL WHO ENTERED

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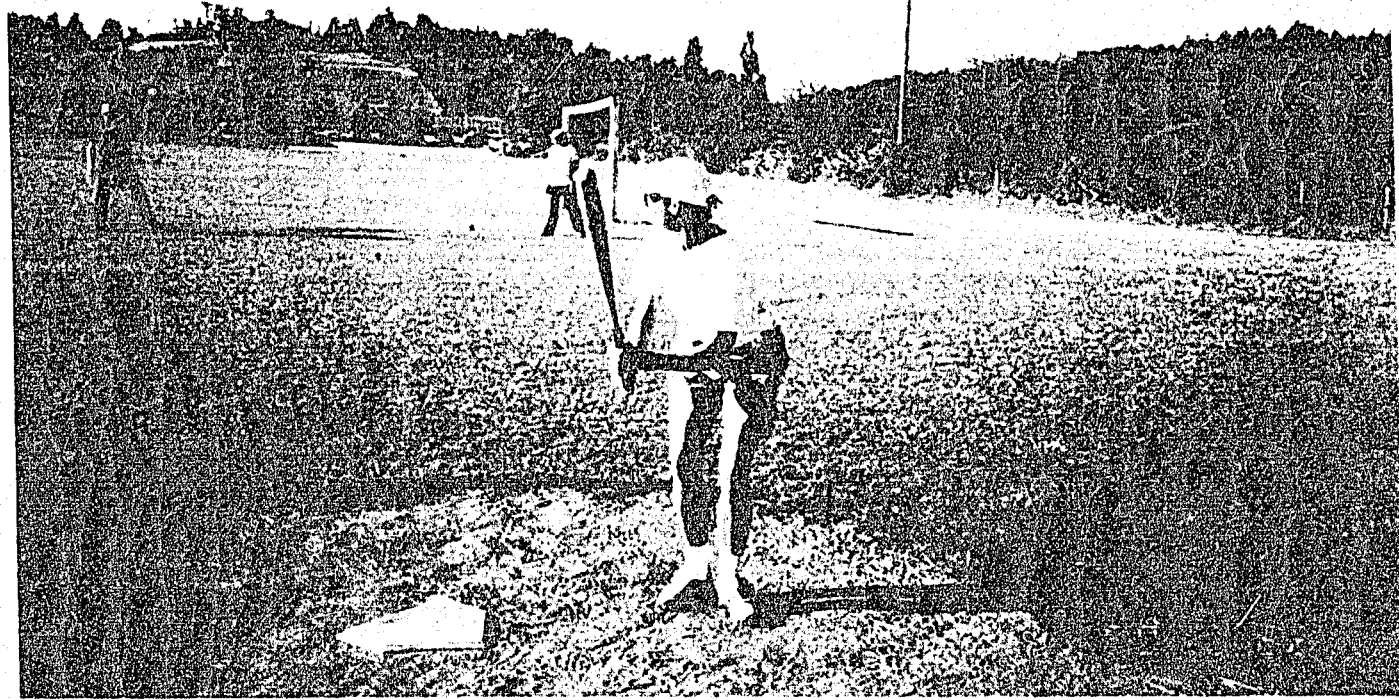
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# NRS The PENINSULA Page NRS



NRS Peninsula Property's DEBORAH GRAY is serious about two things: baseball and real estate. She was instrumental in helping the NRSPP team "win the pennant" 2 weeks ago. An incomparable first base person, Deb was also invaluable at bat. Why not let her go to bat for YOU?!

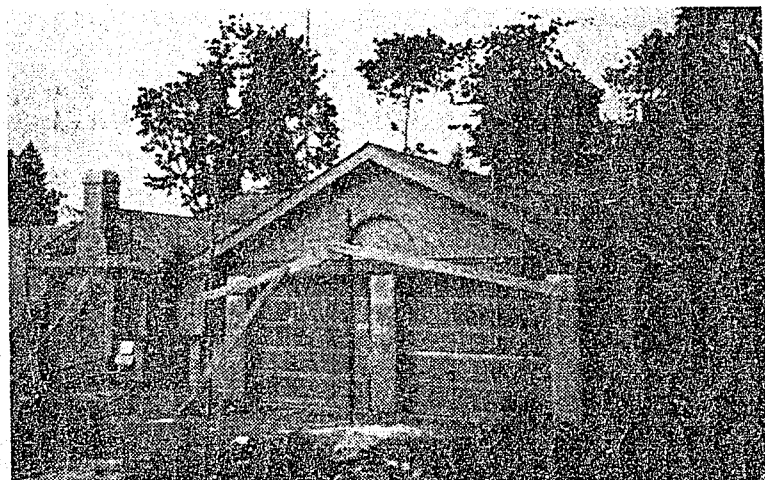
## Showing our colors

Just in case you haven't heard yet! — the NRS Peninsula Properties staff baseball team was "showing its colours" last month in a hot and heavy confrontation with the *Sidney Review*.

An impartial passer-by was heard to remark that not only was the NRSPP team elegantly dressed but exceptionally good-looking as well. Contributing to the overall effect was Deborah "The Grabber" Gray who fields shots like a pro and, indeed, has been approached by the major leagues. Ron "Baryshnikov" Kubek, an asset to any team, saved the day more than once with footwork that had to be seen to be believed.

Other team members deserving honourable mention included Craig "Big Tuba" Walters, Alex "Walleye" Fischer, Terry "Nobody Stops" Cushing and the irreplaceable Juanita Hutton-Potts who completely psyched the opposition with her obvious charms.

If your team would like to challenge our team, call 652-5171!

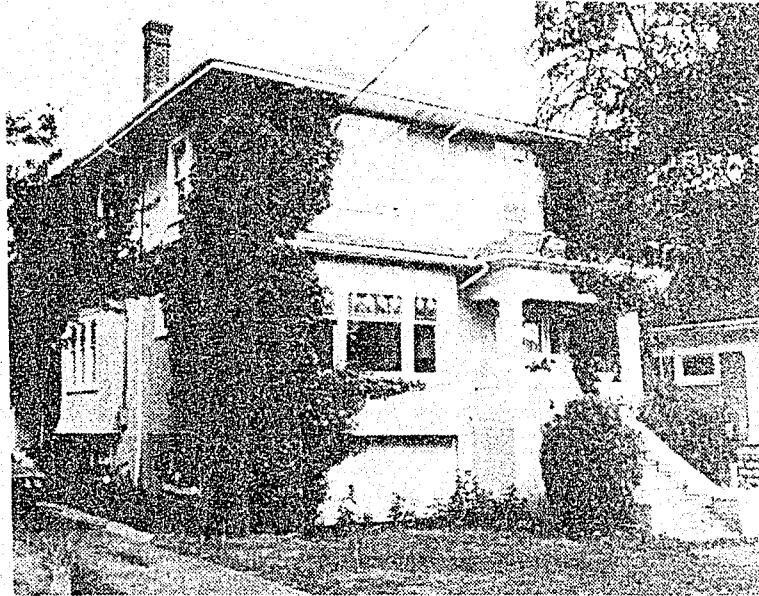


8582 KINGCOMBE CRESCENT

Features: new amblerwood home; new home warranty; 2,158 sq.ft. rancher; PLUS partial basement; great back yard! \$219,700 offers.



Craig WALTERS

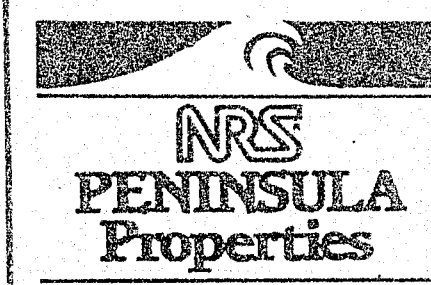


FAIRFIELD CHARACTER

Sitting on the front steps of this 1913 two storey residence with ivy climbing up around me, I knew why I was drawn to this area of Victoria. A short stroll up Howe St. and I am looking out across ocean, mountains, and people flying kites. All along the street people are pruning roses and drinking lemonade with smiles to greet you. Walking back to the house with its two storey leaded glass windows, oak floors, open feeling, I knew again this house was made for kids, entertaining, and relaxation. There is also additional accommodation down for mom and dad. Call Debbie soon to view and take a stroll!! P279



Deborah GRAY



### Business Opportunities

**BE BUSY AS A BEE ON BEACON**  
... in this fun-to-run fabric, wool and crafts shop. Use your imagination to expand in the direction of your own crafty talents. Present all offers on \$15,000. (Goodwill and equipment.) Statements and more information available from ALEX FISCHER 652-5171 ML 7651 NRS 376337.

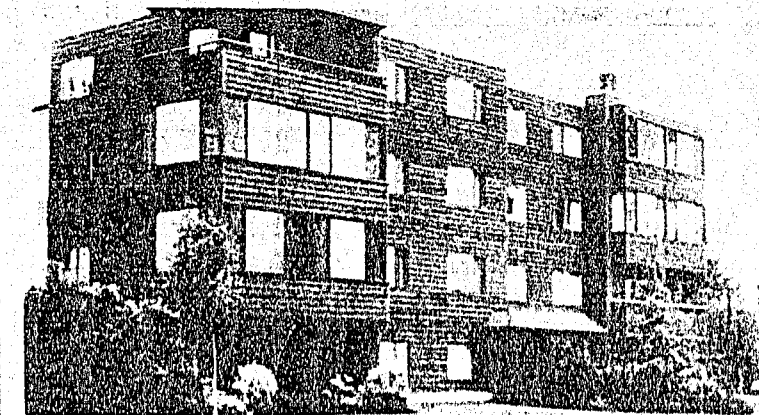


ONCE IN A LIFETIME

Comes the opportunity to live on prestigious Towner Park Road. Follow the winding, private drive through your own mature forest to peaceful, parklike grounds and tastefully renovated country home. Swim, sail, fish, birdwatch or just daydream on your extensive southfacing waterfront. You have 1.96 acres, a logal cottage, greenhouse, fruit trees, a secure investment and an unequalled lifestyle awaiting you. Offered at \$475,000. Serious calls welcomed. ML 8350. ALEX FISCHER 652-5171. NRS 379131.



Alex FISCHER



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For appointment to view:  
Wendy Flynn 652-5171



Wendy FLYNN

### Residential

#### MOVE RIGHT IN

Cordova Bay \$154,900. Just listed and you can move right in. Two level - 4 bedroom home close to village in Cordova Bay. Nice country kitchen with sundeck off separate dining room and living room with fireplace. One 4 pcc. and 3 pcc. bathroom. Lovely rear yard with storage shed and privacy. CALL DEBBIE. P259

#### ROYAL OAK ADDITIONAL ACCOMMODATION

Call soon on this exciting new listing. Lovely 3 BR home with vaulted cedar ceilings, feature fireplace with insert, two level, split. Separate additional accommodation with 625 sq. ft. 1-2 BR unit both those units are clean, bright, with sep. driveway, storage sheds, lge. patio with rear lawn. This home sits well back off the street on .35 of an acre with streetlight paid for. Great location near shops, bus, restaurants. CALL DEBBIE. P244

#### FIX ME UP IN BRENTWOOD

Older type home built in an area of new homes. This three bedroom split is open for offers and could be a good investment for the handy man. Around 1325 sq. ft., oil heat, oil sower with Mun. water, nice yard 70x156 with trees and privacy. CALL DEBBIE NOW!! P268

#### BRENTWOOD CONTEMPORARY

This exciting new listing won't last long, so call us now. The current owners who have lived here since day one are being transferred. Woodsy, west coast feeling outside with lge. sundeck out back and private patio off master bedroom, lge. bright home, split level with vaulted ceilings and skylites. Atrium at front entrance gives an outdoor feeling and adds sunshine throughout Dining room and Living room area. Three BR and 2-4 pcc. baths with crawl space for storage. CALL SOON!! P255

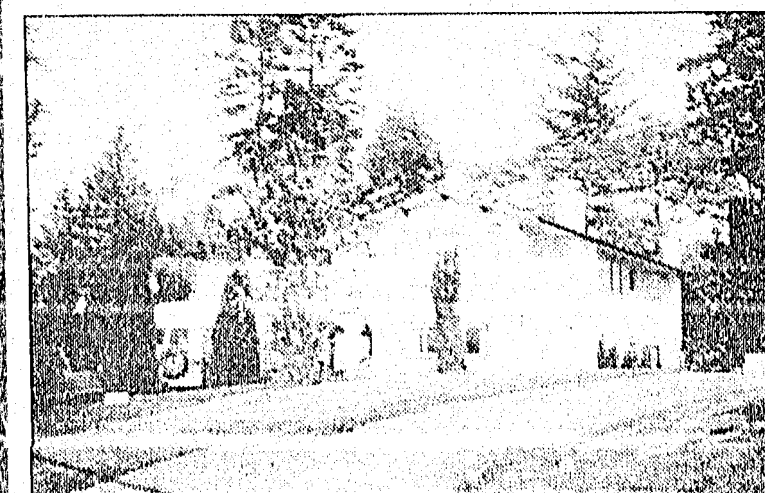
#### HOBBY FARM WITH INCOME \$139,900

Just adorable is all we can say about this renovated 1943 bungalow. Beautiful wood floors, new kitchen, feature brick/wood heater (will heat house) Three bedrooms and old fashioned cast iron tub. Outside you will be amazed at the property. Fully fenced with separate area for horses and farm animals. 100 chickens to gross over \$300.00 per summer, plus geese, rabbits and a sheep. Call soon and we will be delighted to show you around. CALL DEBBIE. P262

#### OLD WEST RETREAT 13.33 ACRES

It wasn't until the owner of this rural paradise, threw me in his car, and drove me around, that I saw the years of clearing and work that had gone into the land. We drove down over the natural springs (apparently fed underground from the Olympic Mtns.) where the pond sits. The artisan well which serves this house and the neighbour tastes like natural springs and cold! Nine acres cleared and the rest in timber with roads throughout great for cattle or horses. The house 2 BR -- 1973 and to find out more call Debbie!! P270

The information contained herein, while believed correct, should not be relied on without verification.

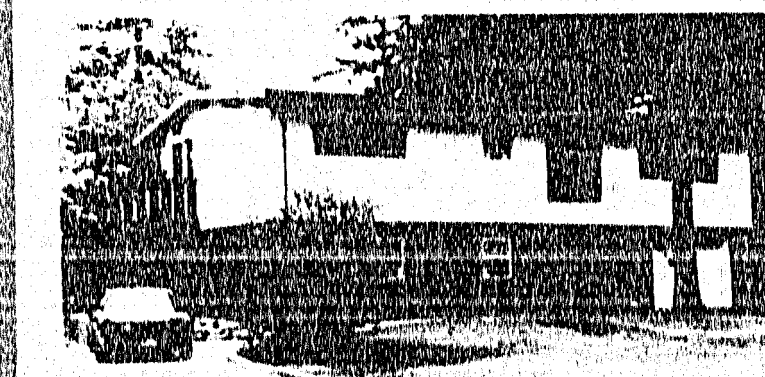


\$139,900

The setting of this 3 bedroom home in the Rural community of Brentwood Bay offers views of Brentwood Bay & the malahat. Watch the boats, ferry & the sunsets from your balcony sundeck. S. (Paddy) Paddison 652-5171.

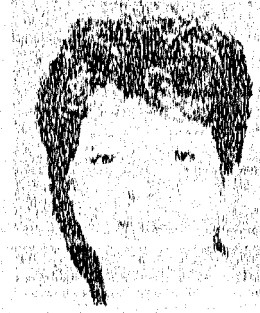


Paddy PADDISON

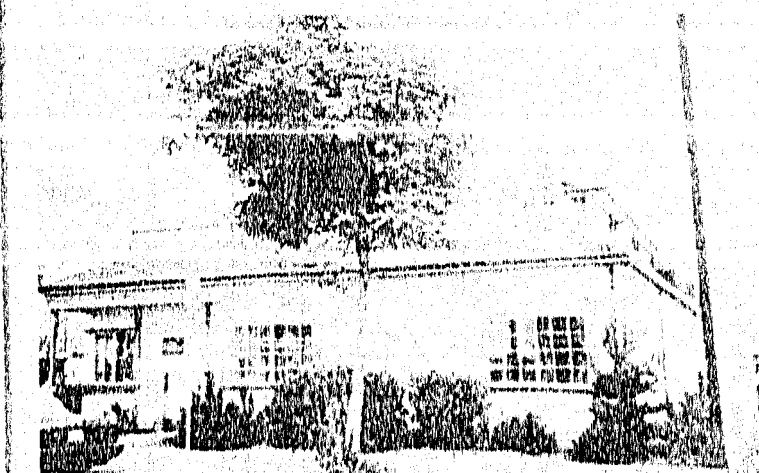


SOME LIKE IT HOT!! 119,900

And this one is hot. Post & Beam construction Vaulted Ceilings. Oak hardwood floors. 2 fireplaces in dining room and family room. New carpet and lino. 2 baths, 3 bedrooms. Big lot on quiet street. Sundeck and Sauna. Don't miss out on this excellent opportunity. Call today. M/L 7340. Juanita Hutton-Potts, NRS Peninsula Properties Ltd. 652-5171



Juanita HUTTON-POTTS

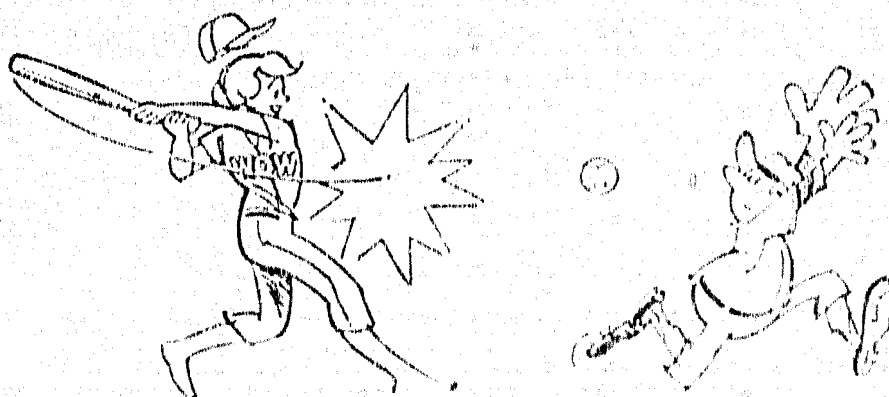


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Downtown Sidney, 800-1200 sq. ft. Very reasonable rates. Access to main transit. Call now to view these deluxe offices. I also have retail office spaces for lease from View Royal to Sidney.

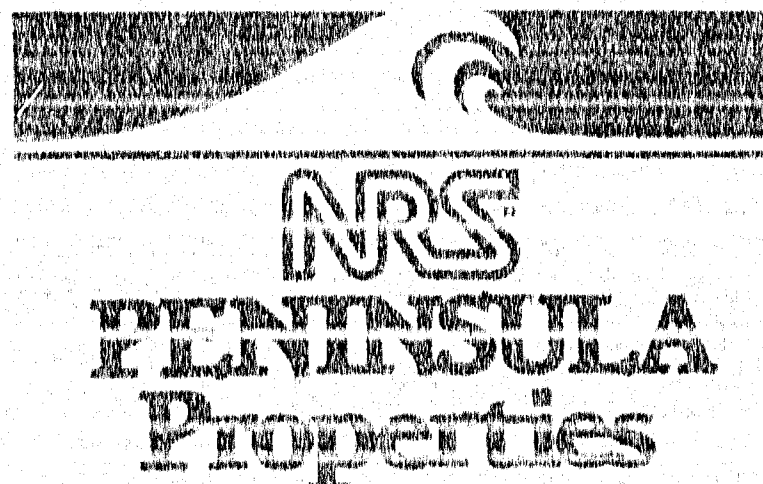


Terry CUSHING



## Let's Play Ball

If your company or organization has a mixed fun baseball team, we would enjoy the opportunity of getting to know you better by having a game of baseball. For more information phone 652-5171.



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# NRS The PENINSULA Page: 2 NRS

### Congratulations to our 3 TOP SALESPERSONS FOR JUNE



Paul ASKEW



Craig WALTERS



Deborah GRAY



### WE'RE ON THE BALL

Whether it's a baseball, or just plain HAVING a ball on our Sidney Days Parade float . . . the NRS Peninsula Properties team is out in the community!

### FILM OF THE MONTH

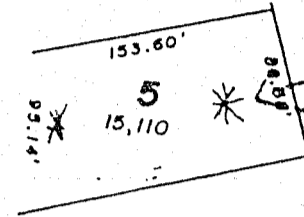


Craig WALTERS



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#### 8584 KINGCOME CRES.



- Best priced lot in Dean Park
- Views
- Fully serviced
- \$72,900 offers!

#### 852 WAIN RD.



- 1.76 acres
- Deep cove
- 3,066 sq.ft. home
- Barn & garage
- \$209,000 offers

#### 1958 GENOA PLACE



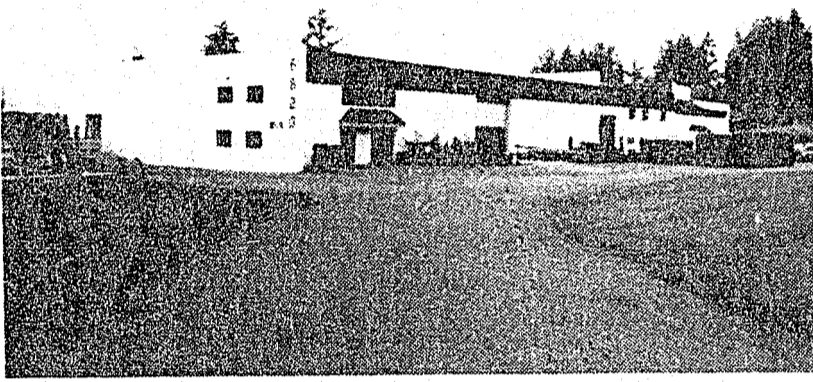
- Cape Cod
- Saar
- 3 bedrooms, 2 baths
- 1,400 sq.ft.
- \$124,900

#### 140 DURRANCE RD.



- 5.6 acres
- 2,225 sq.ft.
- Hobby Farm!
- \$199,000 offers

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Picture yourself soaking up the sun on a new deck located high over Esquimalt Harbour, with tremendous views of the Outer Harbour to the south. Private country lake leads to this 2,100 sq. ft. home with 3 bedrooms and den with room to develop in basement. Built in 1969 with new shake roof, double garage and a mature fully landscaped lot. CALL PAUL TODAY!! P252

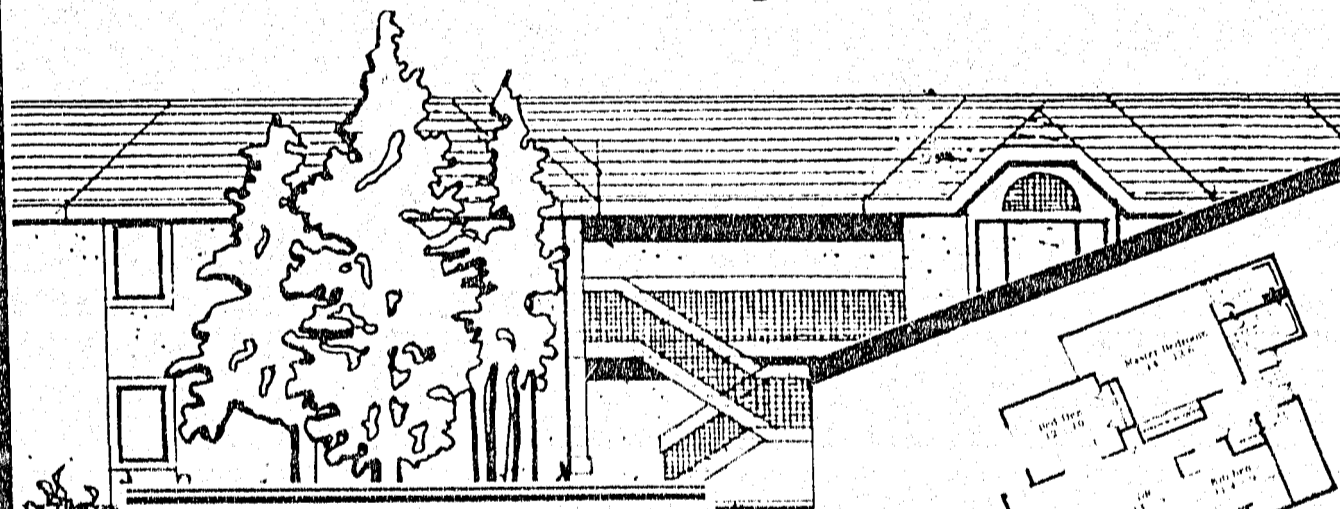
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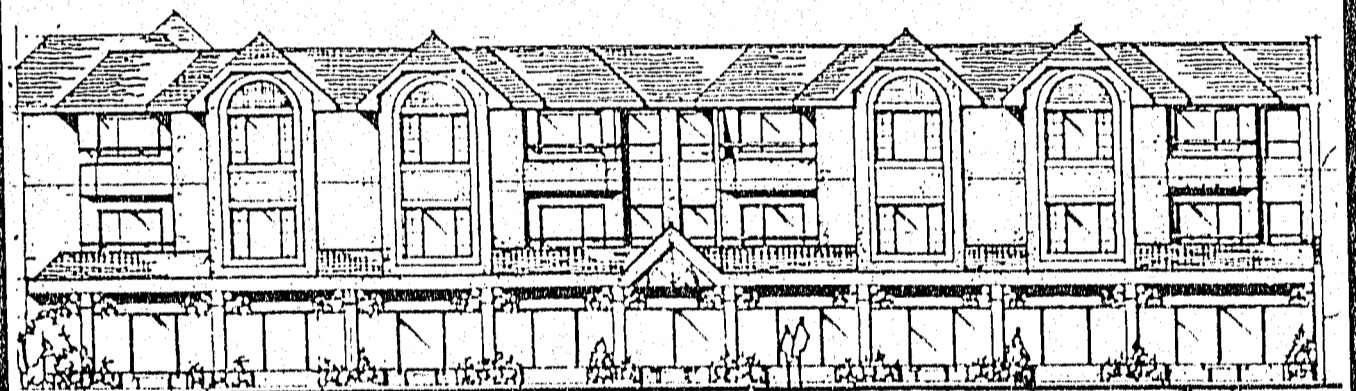
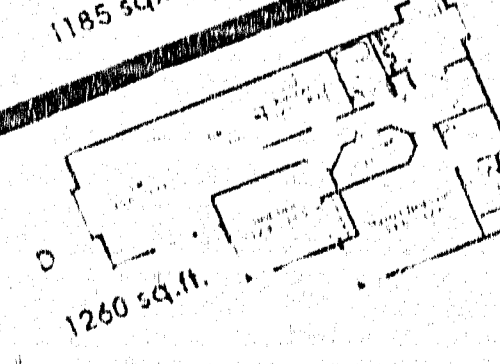
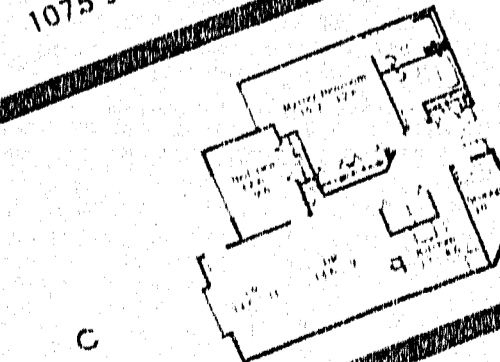
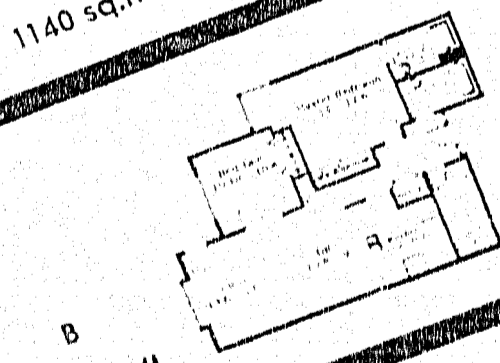
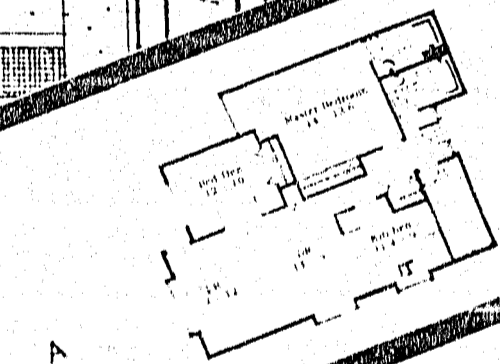
- 2 full bathrooms
- Built-in cupboards
- Located in a prime area
- Skylights in 6 units
- Hardwood floors & carpeting included
- Storage & laundry
- High grade wall to wall
- Thermopane windows
- Fully insulated
- Professional wall construction
- Stucco exterior finish

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## SUNRISE COURT

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**To Montreal first**

**Rowers train for B.C. in Canada Games**

Three Peninsula rowers have made the provincial grade.

Kirsten Jakobsen, Lisa Iverson and Will Zantvoort will be representing British Columbia in the Canada Games, hosted by Saskatoon next month.

Until then daily training sessions occupy their time.

"We'll train right up until August 1," said Jakobsen, an 18-year-old Parkland School graduate who started rowing three years ago.

"We've been told there'll be eyes watching us," she said. "There'll be national team coaches and... it'll be good even for getting on the UVic team.

"We'll learn a lot to prepare us for other things," Jakobsen said.

For the past week Jakobsen has been training with B.C. team coach Pat Kelly.

"It's going really good, we're learning a lot from her." More control in the boat and an emphasis on technique has dominated recent training sessions, she said.

Jakobsen is on the sweep crew and will likely row on the eights and fours team, with a coxswain.

An advantage is that four of the eights crew have rowed together on Vic City Rowing Club teams. Three members are from Brentwood College, another is from Shawnigan and another is from Vancouver.

Parkland rowing coach Gord Redlin is impressed.

"It's a really nice cap to their high school years and hopefully they'll have the opportunity to row well in front of provincial coaches and junior national coaches," Redlin said.

Both Zantvoort and Jakobsen just graduated from Parkland but



**ROWERS ON THE B.C. Provincial team are Kirsten Jakobsen (in front) and Lisa Iverson (back) while in competition for Parkland School. They'll be joined in Montreal by Sidney rower Will Zantvoort, then on to Saskatoon for the Canada Games.**

Iverson just completed Grade 10 and was one of the youngest members of the Parkland crew.

Jennie MacVicar, a Grade 11 Parkland student, has been named alternate coxswain for the women's sweep crew. Two other Parkland students narrowly missed making the provincial team.

Both Anette Thingsted and Nicola Lambrechts were right up there until the final cut, Redlin said.

Iverson, a 15-year-old sculling crew rower, is excited about being in the Canada Games but knows it takes a lot of hard work to be

successful.

"We're really working hard, practicing twice a day," Iverson said. "All I do is sleep and row."

She will part of the quad and doubles B.C. crews and will be rowing with two other Grade 10 girls and one Grade 11 girl.

Iverson qualified for the provincial team in competition at Elk Lake last month where doubles crews were matched up against each other. Iverson convincingly won five out of six races.

On August 2 the B.C. teams will be in Montreal for the Royal Canadian Championships — clad

in new red, white and blue uniforms.

"It's going to be quite an experience," Iverson said. "We're just going to try our best and see where we go."

Zantvoort will be rowing on the men's sculling teams during the Games and during the first week of August in Montreal under the direction of coach Doug White.

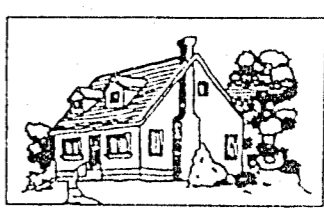
Competition in the Quebec city will be held in the Olympic basin near the old Expo site. Jakobsen, who has competed there twice before, is looking forward to the experience because it's a long man-made course that is ideal for rowing.

All new equipment will be waiting for the team when they arrive in Montreal. Vic City is providing a new fours shell, Shawnigan a new eights shell and Rowing B.C. a new pair shell — a joint effort by Vancouver Island rowers for the B.C. team.

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**SPECIALS OF THE MONTH**

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**Sidney Days Regatta led by More Romsplomp**

The yacht More Romsplomp with Robert Van Halm at the helm took first place in the Sidney North Saanich Yacht Club officiated Sidney Days Regatta, July 1.

Harmony took second place in the A Division event of the annual yacht race with Allen and Redlin jointly in charge of navigation.

In the B Division, John Barker and Interlude placed first with Singleton and Jim Wagonar at the helm.

In other race results from the Sidney North Saanich Yacht Club, the final Wednesday night round the buoys series was won by Acrobatic Rat skippered by Rob Scott.

Jim Morris and Madeleine took

second place in the A Division with Bill Carley and Cyanus trailing in third.

In the B Division, Bob Serenius and Gaudeamus took first place with Larry LePard and Tranquility in second and Gordon Howard aboard Bongo sailing into third spot.

In the final spring series long distance race held recently the A Division vessels were led by Sundance VII with Hans Stoffelsma at the helm.

He was followed by Don Manness aboard Class Act and Rob Scott aboard Acrobatic rat.

Gordon Howard and Bingo took top honors in the B Division and was followed by corrected-time

finishers Don Walker aboard Pytheas and W. Patrick Shera steering Compass Rose.

In the C Division it was Paul Stupka aboard Bonita, Dave Thornley and Cirrus and Koit Teng and his vessel Kibu.

Jim Morris and Madeleine took the A Division honors in a round the buoys spring series with Acrobatic Rat close behind and Ewan Cadger and Pressure Drop rounding out for third place.

In B Division it was Tranquility, Bongo and Pytheas while Paul Stupka and Bonita was the lone C Division finisher.

In a recent joint spring series long distance race, hosted by the Canoe Bay Racing Club and the Sidney North Saanich Yacht Club, Gord Inglis piloted his Backwater Eddy to a first-place finish in the A Division.

Trailing in his wake were Bob Bentham in Dystocia and Hans Stoffelsma aboard Sundance.

Holger Brix showed his worthy seamanship to capture first place in B Division aboard Samara. Gord Howard and Bongo placed second and was followed by Aquaint with Mike Bunner at the helm.

Woodstock led the way in C Division with Bonita at its heels and Cirrus bringing up the rear.

**Ball hockey provincials**

Port Moody is the site for the 12th Annual Provincial Ball Hockey Championships and Peninsula teams in the Panorama Ball Hockey League are invited.

"Our provincials will feature many professional NHL players such as Doug Bodger (Buffalo), Robin Bawa (Washington) and Don Loranze (New York Islanders)," said a B.C. Ball Hockey Association news release.

Other NHL players currently in playoffs include Joe Sakic of the Quebec Nordiques.

The provincial competition starts August 3 with Vancouver Canuck media relations co-

ordinator Darcy Rota getting it rolling as tournament chairman.

Teams from across the province will compete for the provincial crown and entry into the Canadian Ball Hockey Championships to be held in Mississauga, Ont., August 27-September 3.

The provincial association is involved in women's and men's A and B Division hockey, and a minor program featuring players from five to 17 years.

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LT235/85R16 D	\$209.70	\$141.19
LT235/85R16 E	\$232.70	\$162.89
750 R 16 D	\$193.50	\$135.48
875 R 16.5 D	\$211.70	\$148.19
950 R 16.5 D	\$148.19	\$155.75

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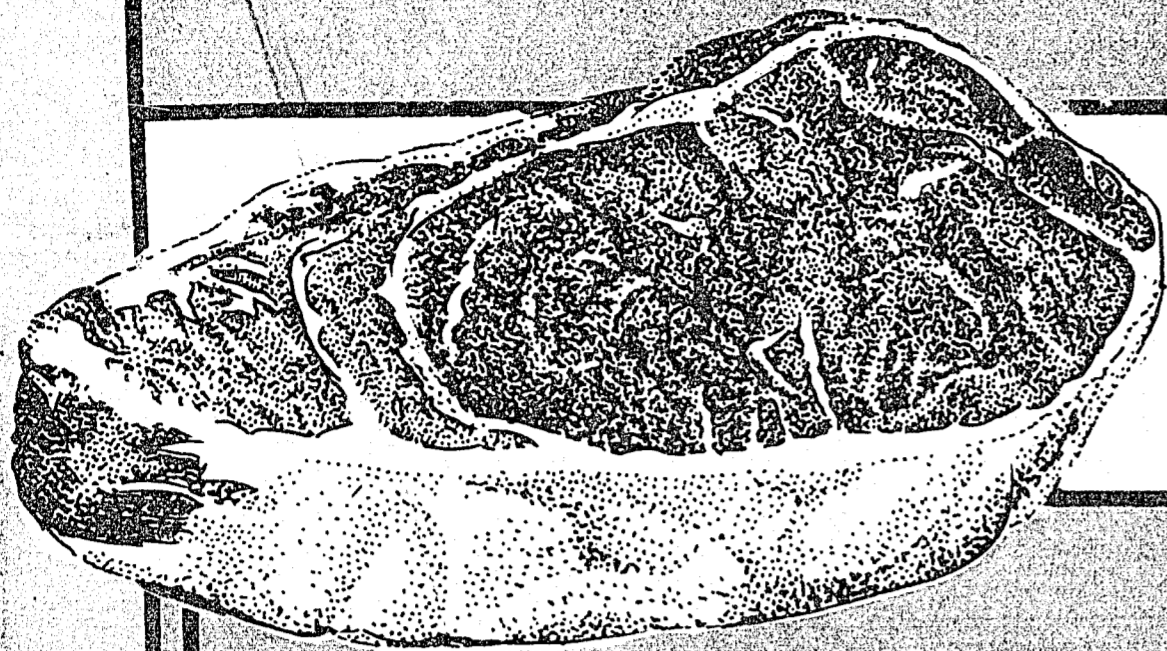
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9 MARINE

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<p>FRESH FROM NEW ZEALAND <b>TOP SIRLOIN STEAK</b> Boneless, 6.13 kg.</p> <p><b>278</b> lb.</p>	<p>GRADE "A" GRAIN FED <b>SIRLOIN TIP STEAK</b> Boneless, 5.25 kg.</p> <p><b>238</b> lb.</p>	<p>ISLAND GROWN — BONELESS <b>PORK LEG ROAST</b> Fresh, Lean, Tender, 3.92 kg.</p> <p><b>178</b> lb.</p>
<p>GRADE "A" GRAIN FED <b>TOP ROUND ROAST</b> Lean, Boneless, 5.91 kg.</p> <p><b>268</b> lb.</p>	<p><b>THRIFTY CHOICE CERTIFIED BEEF</b></p> <ul style="list-style-type: none"> <li>• NO PRESERVATIVES</li> <li>• NO ARTIFICIAL ADDITIVES</li> <li>• NO PESTICIDES</li> <li>• NO GROWTH HORMONES ADDED</li> </ul>	
<p>FLETCHERS QUALITY <b>BULK WIENERS</b> Skin-On, Reg. or BBO 2.16 kg.</p> <p><b>.98</b> lb.</p>	<p>FRESH ISLAND GROWN <b>FRYING CHICKEN DRUMSTICKS</b></p> <p><b>118</b> lb.</p>	<p>FLETCHERS <b>SLICED COOKED HAM</b> 175 g. pkg.</p> <p><b>158</b> ea.</p>
<p>THRIFTY FRESH <b>TURKEY SAUSAGE</b> 5.69 kg.</p> <p><b>258</b> lb.</p>	<p>FRESH ISLAND GROWN <b>FRYING CHICKEN THIGHS</b></p> <p><b>148</b> lb.</p>	<p>FRESH ISLAND GROWN <b>PORK LEG CUTLETS</b> Boneless, Sliced or Tenderized 5.25 kg.</p> <p><b>238</b> lb.</p>
<p>J&amp;L <b>BEEF BURGER PATTIES</b> Frozen 1 kg. Sleeve</p> <p><b>398</b> ea.</p>	<p>FRESHLY MINCED <b>MEDIUM GROUND BEEF</b> All Size Pkgs. 3.26 kg.</p> <p><b>148</b> lb.</p>	

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ISLAND FARMS <b>CREAM CHEESE</b> 250 g.	<b>138</b>
WINSTON HOUSE <b>PURE WHITE VINEGAR</b> 2.5 litre	<b>198</b>
PREGO <b>PASTA SAUCE</b> 750 ml.	<b>158</b>
V-8 <b>VEGETABLE COCKTAIL</b> 1 litre	<b>118</b>
MONARCH <b>MUFFIN MIX</b> Dark Bran, Honey Bran 340 g.	<b>.78</b>
CORINA <b>TOMATOES</b> 398 ml.	<b>2/98</b>
CASHMERE <b>BATHROOM TISSUE</b> 8 Roll pkg.	<b>228</b>
SAFFLOWER OR LIGHT <b>HOLLYWOOD MAYONNAISE</b> 710 ml.	<b>198</b>
ALL VARIETIES <b>HOLLYWOOD DRESSING</b> 355 ml.	<b>148</b>
ALL VARIETIES <b>SUNBURST CUP NOODLES</b> 70 g.	<b>.68</b>
'NEW' OZONE SAFE <b>PAM OLIVE OIL SPRAY</b> 110 g.	<b>288</b>
NESCAFE <b>INSTANT COFFEE</b> 200 g.	<b>488</b>
VIVA, COLOMBIA <b>INSTANT COFFEE</b> 150 g.	<b>478</b>
NESTEA <b>ICED TEA MIX</b> Lemon, Tropical Blend, Light 425-680 g.	<b>288</b>
ALL VARIETIES <b>REG. &amp; DIET COKE, SPRITE, CANADA DRY</b> Plus Dep. 750 ml.	<b>.66</b>
THRIFTY SOLID <b>ALBACORE TUNA</b> In Water 198 g.	<b>188</b>
SALADA <b>TEA BAGS</b> 72's	<b>198</b>
DUNCAN HINES <b>LAYER CAKE MIXES</b> 500 g.	<b>108</b>
DUNCAN HINES <b>DELITES</b> 500 g.	<b>118</b>
DUNCAN HINES <b>BROWNIE MIX</b> 440 g.	<b>118</b>

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FRESH WILD <b>WHOLE COHO SALMON</b> Head-On 3-5 lb. Avg. 2.98 lb. 100 g.	<b>.66</b>
FRESH PACIFIC <b>SMOKED COD FILLETS</b> Cook Before Serving 3.28 lb. 100 g.	<b>.72</b>
EAST COAST <b>FRESH LARGE SCALLOPS</b> Atlantic's Finest 7.98 lb. 100 g.	<b>176</b>

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FRESH FROM OUR OWN OVENS <b>FRENCH BREAD</b> 454 g. loaf	<b>.98</b>	WHOLESOME <b>OAT BRAN MUFFINS</b> pak of 6	<b>188</b>
CRISP FRESH BAKED <b>CHOCOLATE CHIP COOKIES</b> pak 12's	<b>198</b>	FRENCH <b>CRUSTY BUNS</b> pak 12's	<b>118</b>
COUNTRY <b>HARVEST BREAD</b> All Varieties 675g loaf	<b>.98</b>		
FLAMINGO <b>LITTER, LEMON OR PECAN TARTS</b> Pak 10's	<b>198</b>	WONDER PLAN <b>ENGLISH MUFFINS</b>	<b>.88</b>

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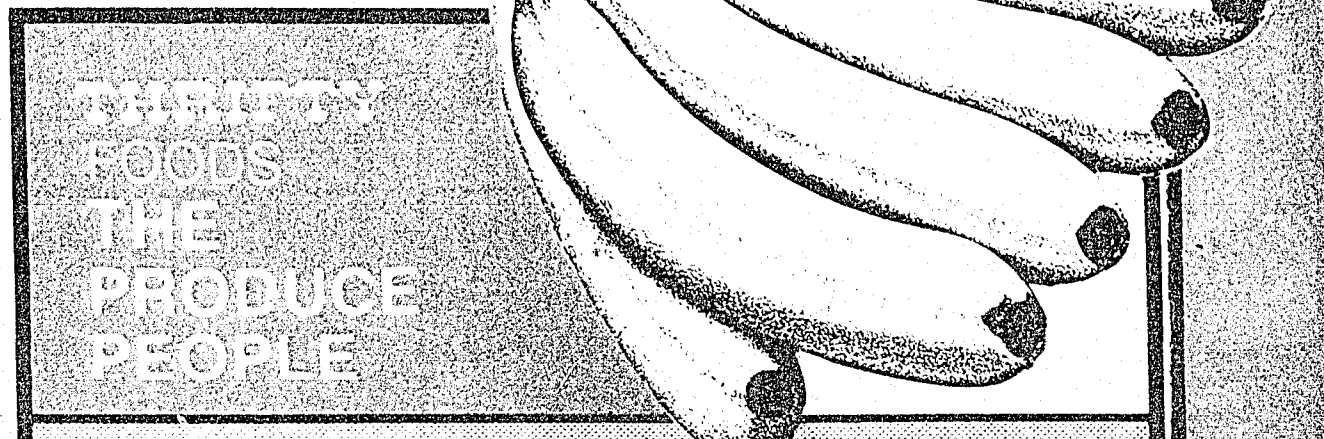
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98	'NEW' DEL MONTE KETCHUP 1 litre	<b>248</b>
58	DEL MONTE PINEAPPLE & FRUIT BLENDS 1 litre	<b>108</b>
18	'NEW' NABISCO MINI-BOWL CEREALS 260 g.	<b>188</b>
78	ALYMER BAKED BEANS 398 ml.	<b>.58</b>
98	CRISCO OIL 1 litre	<b>228</b>
228	THRIFTY TOMATO SAUCE 398 ml.	<b>.68</b>
198	ALL VARIETIES PEDIGREE PAL DOG FOOD 680 g.	<b>138</b>
148	WHISKAS DRY CAT FOOD 500 g.	<b>118</b>
68	KAL KAN CAT FOOD 383 g.	<b>.68</b>
288	LEMON LIME, LEMONADE, ORANGE GATORADE THIRST QUENCHER 950 ml.	<b>118</b>
188	ALL VARIETIES HARVEST CRUNCH 800-900 g.	<b>348</b>
178	REALEMON LEMON JUICE 675 ml.	<b>138</b>
288	MILKMADE CHOCOLATE, CHOCOLATE FUDGE SYRUP 700 ml.	<b>178</b>
66	KRAFT PARKAY MARGARINE 1.36 kg.	<b>228</b>
188	KRAFT MOZZARELLA, COLBY, MONTEREY OR FARMERS CHEESE 227 g.	<b>198</b>
198	KRAFT DAIRY FARM RANDOM CUT CHEESE Mild, Med. or Mozz.	<b>25%</b> Off At Check Out
108	KELLOGG'S RICE KRISPIES WITH COUPON 248   WITHOUT COUPON 308	
118	<p>REDEEMABLE ONLY AT THRIFTY FOODS STORES <b>SAVE 60%</b> ON THE PURCHASE OF ONE 125 g PACKAGE OF Kellogg's RICE KRISPIES For redemption mail to: Herbert A. Wain Ltd. PO Box 2149, Victoria, British Columbia V8W 1Y1 Expiry: August 31, 1989. Coupon Code: KRB04069 Coupon Expires July 24/89. Coupon Code: KRB04069</p>	
118		

FINE, REG. EX. FINE GRINDS MJB COFFEE 300 g. tin	<b>218</b>
SUNRYPE BLUE LABEL PURE APPLE JUICE Limit 6 1 litre	<b>.88</b>
SUNRYPE BLUE LABEL PURE APPLE OR APPLE LIME JUICE 250 ml.	<b>2/78</b>
SUNRYPE APPLE LIME JUICE 1 litre	<b>.88</b>
FRENCH'S PREPARED MUSTARD 500 ml.	<b>.98</b>
DAYSRING BLUE LABEL FIRM TOFU 454 g.	<b>.98</b>
<b>THRIFTY FOODS FROZEN FOODS</b>	
ISLAND FARMS VELVET ICE CREAM 2 litre tub	<b>238</b>
HOT & MILD ROSITAS FROZEN BURRITOS 3x142 g.	<b>198</b>
ALL VAR. MINUTE MAID OR FIVE ALIVE 355 ml.	<b>108</b>
MCCAIN DICED FROZEN HASH BROWNS 680 g.	<b>.58</b>
MCCAIN PEAS, MIXED VEG., PEAS & CARROTS, CUT GR. BEANS 1 kg.	<b>198</b>
MCCAIN DELUXE, PEPPERONI, HAWAIIAN TENDERCRISP PIZZA 454-482 g.	<b>228</b>
ORANGE, GRAPE, RASP., CHERRY MR. JUICY 6x66 ml.	<b>138</b>
<b>THRIFTY FOODS ORIGINALS</b>	
KERR WIDE-MOUTH LIDS 12s	<b>138</b>
KERR WIDE-MOUTH PINT JARS Case of 12 jars	<b>668</b>
A.B.C. DETERGENT POWDER 10 litre	<b>568</b>
BLUE FOR BOYS, PINK FOR GIRLS Med. 44 LUVS DIAPERS Lg. 32	<b>1048</b>
ALCAN FOIL WRAP 18"x 25 ft.	<b>208</b>
HI DRI TABLE NAPKINS 150s	<b>148</b>
SANI-FLUSH 4-MONTH 400 g.	<b>238</b>
EASY ON STARCH OR SIZING 567 g.	<b>168</b>



GOLDEN RIPE CHIQUITA  
**BANANAS** .84 kg lb. **.38**

**SALADS SUPREME!**  
B.C. HOT HOUSE NO. 2  
**TOMATOES** 1.50 kg lb. **.68**

LOCALLY GROWN LARGE For dips or crunchy salads!  
**CAULIFLOWER** ea. **.98**

VANCOUVER ISLAND 'FRESH CROPS' VANCOUVER ISLAND  
GREEN .40 kg **.18** | RED .62 kg **.28**  
CABBAGE lb.

B.C. GROWN FRESH  
GREEN LEAF, RED LEAF  
OR ROMAINE LETTUCE **3/98**

LOCALLY GROWN **2/49** | LOCALLY GROWN  
GREEN ONIONS | BUNCH RADISHES

B.C. GROWN  
**ALFALFA SPROUTS** **2/88**

WALLA WALLA 'SWEET CROP'  
**JUMBO ONIONS** lb. **.38**

KRAFT ASSORTED...7 TANTALIZING FLAVOURS  
**SALAD DRESSINGS** 355 mL jar **168**

## THRIFTY FOODS BULK FOODS

TIME TO STOCK UP!  
BABE'S HONEY 1.19 lb. 100 g. **.26** | INDIAN WHITE BASMATI RICE .99 lb. 100 g. **.22**

NEILSON'S ASSORTED CHOCOLATES 3.99 lb. 100 g. **.88** | DARE CREME COOKIES 1.77 lb. 100 g. **.39**

TICKETS AVAILABLE ONLY AT THRIFTY FOODS  
 **VICTORIA AIRSHOW '89**

**SCHNEIDER'S & THRIFTY FOODS**  
**CONGRATULATE THE WINNERS OF THE PROPANE BARBEQUE!**  
• M. GHAG VICTORIA, B.C. • MR. & MRS. C. AVERY SHAWNIGAN LAKE, B.C. • MRS. E. VIVIAN VICTORIA, B.C.  
• G.Y. SOMMERVILLE SIDNEY, B.C. • MR. R. HORNSLEY VICTORIA, B.C. • N. WEEKS NANAIMO, B.C.

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rent a car  
2440 BEVAN AVE.  
**DISCOUNT CARS**  
FROM **\$16<sup>95</sup>** + 10¢ km on 1987 or later models **656-0551 DAILY**



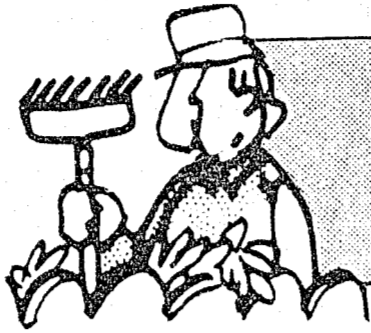
**WATER!**

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- CHLORINATION
- PURIFICATION
- FREE WATER ANALYSIS

**WATERTECH**

**24 HOUR SERVICE — 382-9468**

**Meekers the berry best in Helen's garden**



**OVER THE GARDEN FENCE**  
by HELEN LANG

656-5918

"Himself" has spent at least an hour this morning picking raspberries. He says, choking on another berry, "You know I think you should turf out these other varieties, and only plant Meekers. They are almost twice as large as the Conox and Everlastings, and (cough, cough!) taste just as good."

Thinking of all the work connected with removing the other rows of smaller fruit, while towing a hundred feet of hose clutching any obstacle it can find, I mutter a vague, "Mmmmmmm," and pass on by. I know he has a good point — they are certainly the best berries we have ever grown.

We are off to Vancouver tomorrow for the weekend, and I am watering with determination and spending the afternoon applying mulch — so we won't arrive home to a parched garden. I'm also going to move all the hanging baskets, and pots into the shade, and give them a final watering tomorrow early in hopes that they too will survive.

I hate to leave the garden right now, but "Himself" has some rights too, and he wants desperately to go, so the garden will have to do its best on its own.

Yesterday we got ourselves a whopping amount of seaweed, five large garbage bags of it out near Sooke. It's lovely dry stuff piled almost two feet deep; we could easily have gotten a truck load, but the car would only hold the five bags plus, as we found to our horror when we unloaded them, half a million sandfleas. Poor little urchins are now dancing madly all over the lawn. Even if we knew what to do with them, there isn't a hope of capturing them. I only hope they aren't vegetarians!

We also saw hundreds of elderberry bushes heavily laden with glistening red fruit. I was sorely tempted to stop and pick some, but was deterred by "Himself" who assure me they were poisonous, plus the fact that we didn't have any sort of container. This morning I

called our knowledgeable friends, the Dawsons, to see if they could help determine if they could be safely eaten. John says yes, but Katie was doubtful, and certainly the birds aren't interested, so maybe it was just as well to leave them where they were.

In the book, Common Edible Plants of B.C., it says that the berries are unpleasant to the taste, but regarded as being harmless. It must be blue elderberries people use to make wine.

A few days ago we tried something interesting. We added a few large radishes to summer turnips and steamed them together. It was almost impossible to tell the difference, and they were both delicious. As usual we have far too many radishes, so this makes a neat way of using them up.

This is the first year we've had summer turnips in the vegetable garden; for some weird reason I was sure that "Himself" didn't like them. It turns out he loves them, and they are a cinch to grow.

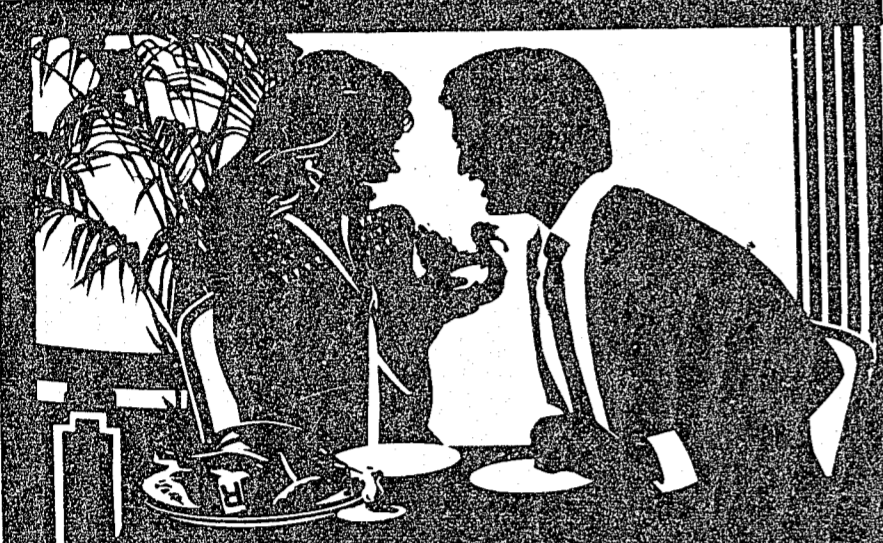
They are mature in about six weeks, and should be used as soon as possible as they are subject to root maggots, or cover your crop with Reemay cloth which will successfully keep both radishes and turnips trouble-free!

Today marks the start of the zucchini season. This morning we harvested four eight-inch little beauties, and the thought of zucchini bisque occurs to me. Meanwhile they go into the fridge. The bisque will just have to wait. The raspberries will go into the freezer, without being washed, to be dealt with when we get back from Vancouver. At this time of year everything seems to come at once...I'm not complaining mind you, just a bit overwhelmed. Another nasty thought: it's time to clean out the freezer again, a job I dread above almost all others, but it has to be done if there is to be room for all the goodies the garden is producing.

A call this a.m. from Pat Blackman who is unused to gardening in this area, and felt she needed a good book to help her. I suggested the Pacific Gardener, it being specifically designed for this particular part of the province, and not terribly expensive. Pat also is concerned about peach-leaf curl on her tree, and wanted to know what she could do about it.

I think I mentioned visiting a garden where a peach tree espaliered against a wall was completely free of curled leaves. The gardener sprays just before leaf-fall with copper spray, and rakes up all fallen leaves later. Another alternative is Elizabeth Nyland's recipe for nettle tea.

Now it is outside for me, for a mad job of moving pots, and applying mulch!



**PENINSULA DINING GUIDE**

**Bayshore**

CHINESE & WESTERN COMBO FOR ONE

- CHICKEN CHOW MEIN
- CHICKEN FRIED RICE
- S&S BONELESS PORK
- S&S PRAWNS
- TEA OR COFFEE

**\$6.25**

6812 Verdier Ave. Brentwood Bay 652-3622

**Diet Center**

The weight loss professionals.

IN MARINA COURT 656-9505 9843 B-2nd Sidney

**NOW OPEN MON-FRI 6:30 a.m.-5 p.m.**

**OBYSIA**  
STEAK, PIZZA & SPAGHETTI HOUSE  
**PASTA NIGHT**  
Every Monday Night  
**ONLY \$3.95**  
TAKE OUTS 656-5596-7  
5th & Beacon Sidney

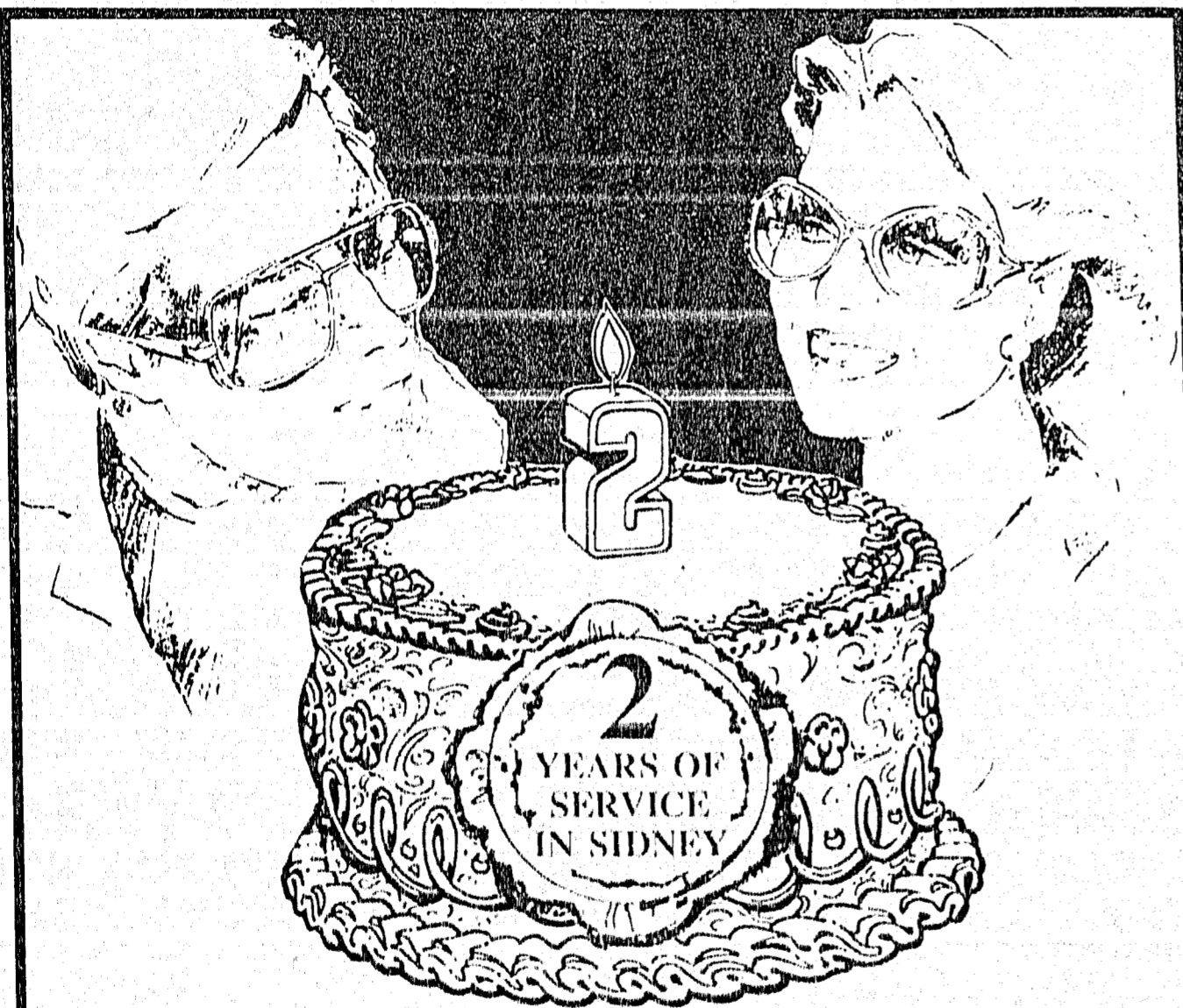
**Dairy Queen** MONDAY & TUESDAY ONLY  
D.Q. HOUNDER BASKET DEAL  
1/4 lb HOT DOG  
FRIES & 16 oz. SOFT DRINK  
Reg. 3.50 **\$2.99**  
SUMMER HOURS:  
9 a.m.-10 p.m. Drive Thru 11 p.m.  
Bevan Ave., Sidney



THIS LITTLE BANDIT was caught in search of a free meal in Deep Cove, last week. Raccoons make regular treks through the yards — and garbage cans — of the area.  
GEORGE LEE photo

**On the community channel**

- Monday July 24:  
6 p.m. Special Report: - Driftnet Fishing (r)  
6:30 Arts Calendar - from the Victoria Arts Council  
7:30 Best of Helen Sims - cooking (r)  
7:30 People in Perspective - talk (r)  
8:30 Baby's Best Chance - instructional (#10)  
8:30 Viewer's Choice - what do YOU want to watch?
- Tuesday July 25:  
6 p.m. SPECIAL: Playsafe: from the Canadian War Amps  
6:30 LIVE: Swap & Shop - buy, sell & trade (1 hr)  
7:30 1989 Sidney Days Highlights - The "Science Squad" (r)  
8:30 SPECIAL: Carmanah Forever - documentary
- Wednesday July 26:  
6 p.m. Keep Fit With Kathi - exercise  
6:30 People In Perspective - talk  
7:30 1989 Sidney Days Highlights - The Slegg Challenge (r)  
7:30 Arts Calendar - from the Victoria Arts Council (r)  
8:30 SPECIAL - C.P.R.: You Can Save A Life - instructional
- Thursday July 27  
6 p.m. PREVIEW - CBC Newsworld  
6:30 Baby's Best Chance - instructional (#9) (r)  
7:30 What's Happening? - variety (1 hr.)  
8:30 Best of Helen Sims - cooking (r)  
8:30 Keep Fit With Kathi - exercise (r)  
Schedule subject to change; watch Cable 11 for detailed listings.



**2nd ANNIVERSARY SALE**  
**JULY 15-30th**  
**ALL FRAMES**  
**25%-40% OFF**

A SMALL DEPOSIT WILL HOLD THE FRAME OF YOUR CHOICE

**MAYCOCK OPTICAL**  
SINCE 1949  
Eyewear Fashion  
IN SIDNEY CENTRE  
1001-2278 BEACON AVE., SIDNEY 655-1122

**Sidney BEAUTY SALON**  
**STREAKING SPECIAL**  
**\$38.00** INCLUDING STYLING (Until Aug 31st)  
BEACON PLAZA MALL MON-SAT 9-5:30 656-3622  
"SENIORS DAY TUESDAY"

**Eagle Ridge Estates**  
"Luxury living in a natural setting"  
A unique blend of 75 adult orientated carriage homes nestled throughout 75 acres of manicured and prestine parkland.  
OPEN DAILY 10-5  
1255 Wain Road, Sidney 655-3111

Phase 1 Sold  
Phase 2 Over  
50% Sold.

Barb Brennan, The Review's cooking columnist, has not abandoned us. Not Another Cooking Column will return next week. Brennan has been busy with her farm's raspberry crop.

**BUDDIES TOYS**

**Uniset PRESS & PEEL**  
THE UNIQUE PICTURE MAKING SYSTEM THAT CAN BE USED AGAIN & AGAIN!  
A FUN ACTIVITY  
2 Sizes Available Starting at **\$6.10**  
Mon-Sat. 9:30-5:30  
Sunday Noon-4 p.m.  
2496 Beacon Ave.  
**655-7171**

## 1940 Ford shown first time since restored

A 1940 Ford two-door sedan saw the light of day for the first time in a long time Saturday at the Early Ford V-8 Club of America's Island Regional Group's ninth annual show and picnic.

Over 150 early Fords were on display at the Saanich Historical Artifacts Society property adjacent to the Pat Bay Highway in Central Saanich.

But it was John Allen's 1940 two-door with a brand-new gleaming paint job that got most of the attention.

Restored over an 18-month time period in a Deep Cove-area garage, the Ford has been completely restored — from the frame up.

The paint is close to the original color and was done in the Deep Cove shop.

"It takes a while to realize the money back but as the hobby catches on more people realize the time and money it takes to do this sort of thing," Allen said.

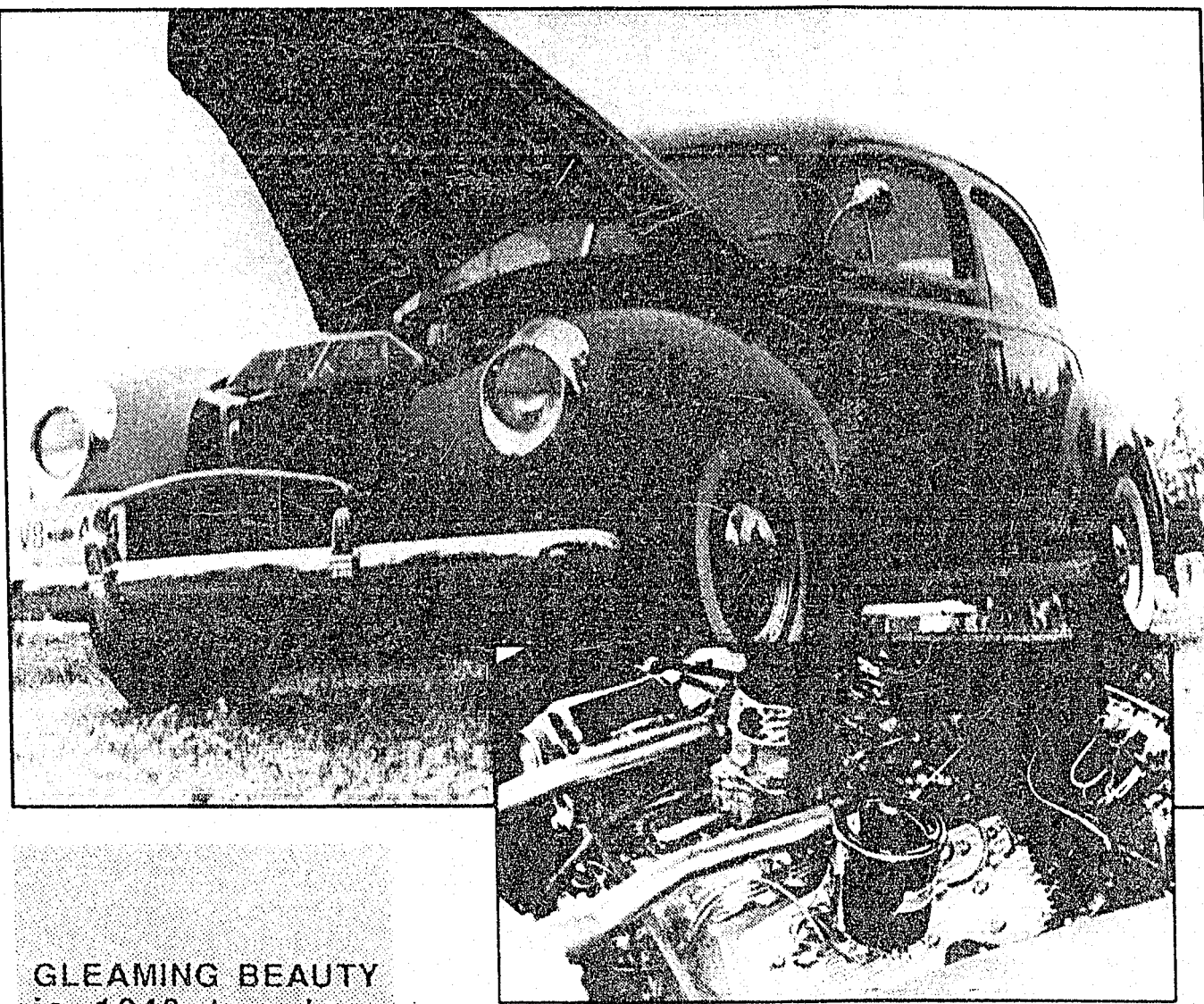
Saturday was the first time Allen took the completed restoration project on the road. And despite misgivings about what a little rain might do to the new paint, it turned out to be one of the stars of the show.

"Every conceivable part has been taken apart," Allen said. "We started with the frame and went up from there."

About 1,500 hours labor and \$22,000 was required to complete the job.

The interior is immaculate, the paint flawless and the engine compartment a joy.

Under the hood lies a three-quarter race flathead engine, with about a 252 c.i. displacement, and a pair of two-barrel carburetors.



**GLEAMING BEAUTY** is 1940 two-door sedan restored by John Allen of Deep Cove over the last 18 months. It was shown Saturday for the first time. Inset, the flathead V-8 engine is fueled by twin two-barrel carburetors.

## Street machines hit the road

Sidney Street Machines are holding their Second Annual Sidney Car Run, Saturday July 29.

Last year over 40 street rods of various size and description gathered at the Beacon Plaza parking lot for a run around Greater Victoria.

This year organizers are hoping it'll get even bigger.

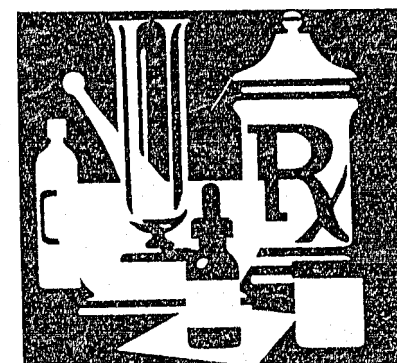
"This cruise is open to all antique, sport and special interest vehicles," said organizer Tina

Allen.

The street machines will meet at the Beacon Plaza parking lot at 6:30 p.m. to proceed on a mystery tour through Greater Victoria, to end at a dance at the Prospect Lake Community Hall.

"Don't miss out on the fun night of cars and cruising," Allen said.

For more information call 655-4048.



7181 West Saanich Road Brentwood

**BRENTWOOD**  
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**H.D.A. PHARMACY**

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- ★ 10% OFF TUESDAYS
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OPEN:  
MON-SAT  
9:00am-6:00pm  
652-1821

## NOTICE

Registered Producers, Feeders, Producers/Feeders and Merchants

Feed Grain Market  
Development Program  
88 Crop Year

The program expiry date is **JULY 31, 1989.**

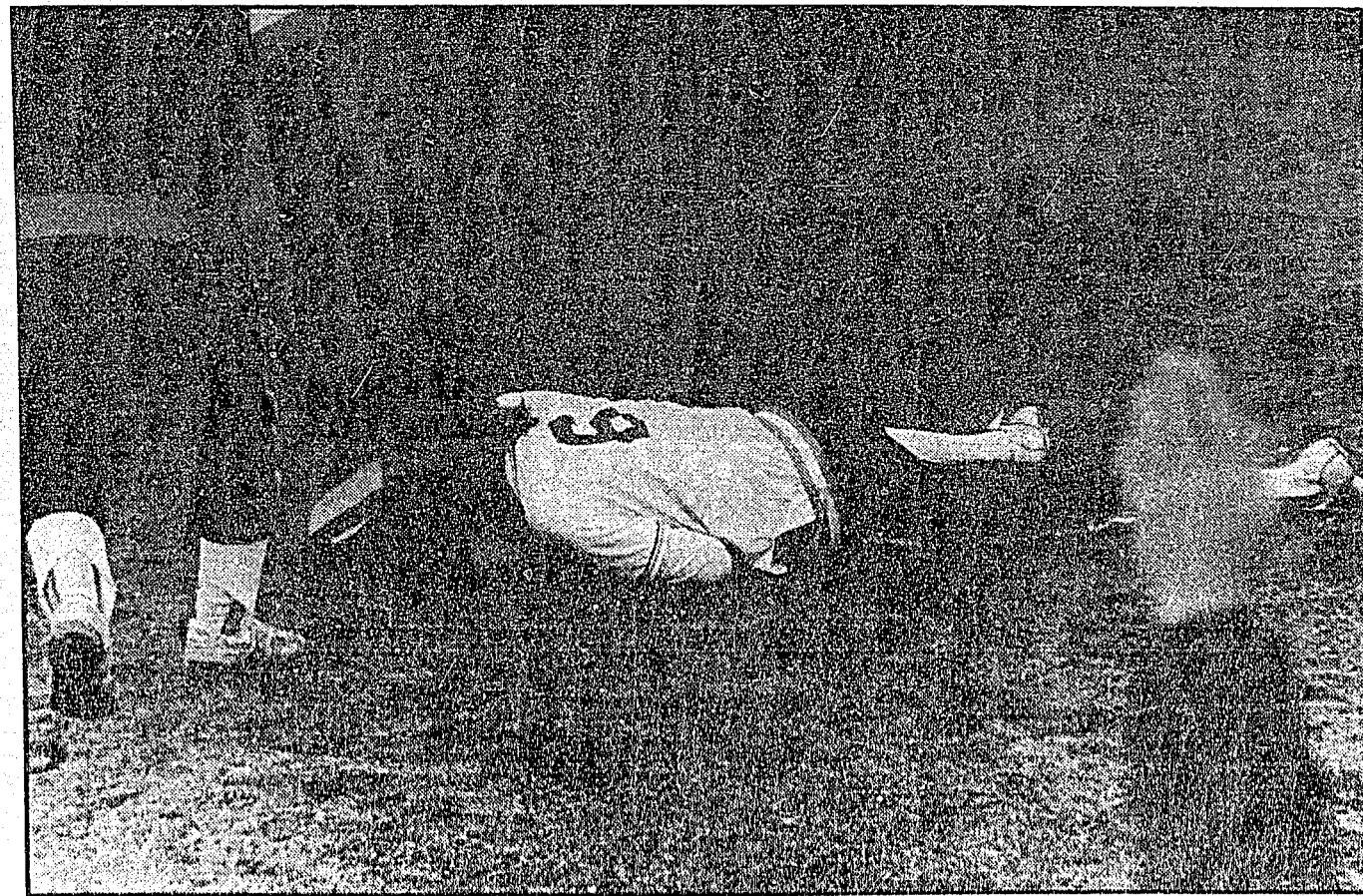
ALL sales and purchase transactions must be completed by July 31, 1989 in order to receive benefits for the 88 Crop Year.

October 31, 1989 is the final date to submit a claim under the Program relative to the 88 Crop Year.

Forms and information are available at Ministry of Agriculture and Fisheries regional and district offices.



Province of British Columbia  
Ministry of Agriculture and Fisheries  
Hon. John Savage, Minister



**HAPPY TO BE SAFE** at third base is a member of the Ron's Disposers Mixed Nuts Division A slow pitch team during the final playoff game Sunday at Sanscha Park. The Nuts lost Game One but came back to beat the Knights in Game Two to take the championship.

## Summer field hockey searching

Ladies and men, oldtimers and beginners — all are welcome to join in on the fun experienced by the Peninsula Field Hockey Club.

"We're playing summer hockey at the moment and thought people might come out and see what it's like, or get into shape before the September season starts," said spokesman Francis

Cowley.

Fun games will be held Wednesday evenings during July and August and once the league resumes play in September, games will be Saturdays or Sundays with Wednesday practices.

Interested field hockey enthusiasts are asked to call Frances at 652-5973.

## Gardner rolls to victory

Wheelchair track athlete Kevin Gardner of Sidney rolled his way to a first-place victory in the 1989 Sidney days 10-kilometre Fun Run.

He completed the course in 28.29 minutes, edging out the fastest runner by about five minutes.

Vlad Pomoziol of Nanaimo was the first runner to cross the finish line. He had a time of 33.36.

Anne Mathers was the first woman to finish, with her time of 39.27.

### SHARPENING SERVICE

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Rotary Lawnmower, Blades  
We repair:  
Small Elec. Hand Tools  
Small Appliances  
**SPECIAL**  
Complete 21 Point Bicycle Tune Up **\$19.95**  
Brentwood Cycle 652-5614  
7115 A.W. Saanich Rd. Brentwood

### GETTING IT STRAIGHT

If something we printed is wrong, tell us about it.  
656-1151

## DINNER SPECIALS OF THE WEEK

### DINNER FOR 2

- ☆ 2 Egg Rolls
- ☆ Chicken Chow Mein
- ☆ Diced Chicken Almond Chop Suey
- ☆ S&S Boneless Pork

**14.95**

### DINNER FOR 3

- ☆ 3 Egg Rolls
- ☆ Chicken Chow Mein
- ☆ Diced Chicken Almond Chop Suey
- ☆ Deep Fried Prawns
- ☆ S&S Boneless Pork

**19.95**

### DINNER FOR 4

- ☆ 4 Egg Rolls
- ☆ Chicken Chow Mein
- ☆ Pork Fried Rice
- ☆ Diced Chicken Almond Chop Suey
- ☆ Deep Fried Prawns
- ☆ S&S Boneless Pork

**25.95**



**THE SAANICHTON TOWN RESTAURANT**

PIZZA \*CHINESE \*WESTERN

7784 East Saanich Rd. 652-1213  
(across from the Prairie Inn on Mt. Newton X Rd.)

## Announcement

**Dr. John Hamilton Burke**  
Family Practice  
Maternity  
NEW PATIENTS WELCOME

Suite 204  
9775-41st St. Sidney

Bus. 655-3838  
Home 592-1906

## MUNICIPALITY OF CENTRAL SAANICH CALL FOR TENDERS

The following Sub Contractors are required for renovations to the Central Saanich Police offices.

- |            |                        |             |
|------------|------------------------|-------------|
| FRAMING    | FINISH CARPENTRY       | ELECTRICAL  |
| INSULATION | MILL WORK              | PLUMBING    |
| DRYWALL    | FLOOR COVERINGS        | VENTILATION |
| PAINTING   | ROOFING (Tar & Gravel) | GLAZING     |

For further information contact Lorne James, Project Manager at 652-4444 or Pager 1-979-3788

# Footsteps

FASHION FOOTWEAR FOR WOMEN

**SEMI**

**ANNUAL SALE**

**UP TO 60% OFF**

**ALL REGULAR SPRING**

**& SUMMER STOCK**

**2451 BEACON AVE.**

**656-9650**

# NAME YOUR OWN COUPONS

SUBMIT YOUR COUPONS TO: OAKCREST

**JUST FILL IN THE PRODUCT OF YOUR CHOICE!**

Coupon value off item of your choice. Excluding tobacco products and magazines. One coupon per item. Coupon value cannot exceed price of merchandise. A \$2.50 maximum value of the attached coupons is only valid with a grocery order of \$25 or more. One coupon strip per customer.

**15¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**20¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**25¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**30¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**35¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**35¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**40¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

**50¢ COUPON**  
ITEM \_\_\_\_\_  
Prices effective Tues. to Mon., July 18 - July 24/89

# OAKCREST FOOD STORE

★ SIDNEY CUSTOMERS WELCOME ★

Prices Effective  
Tuesday - Monday  
July 18 - July 24, 1989

7816 E. Saanich Road  
Mon. - Sat. 8:00 am - 9:00 pm Sunday 9:00 am - 7:00 pm

We Reserve the Right  
to Limit Quantities  
While Stocks Last

### FRESH FRUITS & VEGETABLES

#### FRESH LOCAL B.C. GROWN

RED DELICIOUS APPLES	85¢/kg	39¢ lb.
SNAP-TOP CARROTS	85¢/kg	39¢ lb.
BROCCOLI	85¢/kg	39¢ lb.
LONG ENGLISH CUCUMBERS		89¢ ea.
RADISHES AND GREEN ONIONS	Bunches	4/79¢ lb.

FRESH FAMILY PACK CHICKEN DRUMSTICKS  
2.18 kg 99¢ lb.

FRESH QUARTER PORK LOIN ROAST  
3.51 kg 1.59 lb.

FRESH FAMILY PACK LEAN GROUND BEEF  
3.29 kg 1.49 lb.

FROZEN TURKEY WINGS  
42¢/kg 19¢ lb.

FRESH CENTRE CUT PORK LOIN CHOPS  
5.49 kg 2.49 lb.

FROM B.C. WATERS FRESH PINK SALMON  
3.95 kg 1.79 lb.

FRESH STEAK & CHUNK LING COD  
3.79 kg 1.69 lb.

FRESH PORK TENDERLOIN  
11.00 kg 4.99 lb.

CALIFORNIA FIELD TOMATOES  
1.30 kg 59¢ lb.

CANADA #1 CALIFORNIA PEACHES  
1.30 kg 59¢ lb.

CUT FROM GR. 'A' BEEF NEW YORK STRIP LOIN STEAK  
11.00 kg 4.99 lb.

From Our Deli — FLEETWOOD'S FINEST

BAVARIAN SMOKIES	100G	55¢
EUROPEAN HAM	100G	75¢
BEER SAUSAGE	100G	75¢
LYONER SAUSAGE	100G	59¢

CUT FROM GR. 'A' BEEF BONELESS CROSS RIB ROAST  
3.95 kg 1.79 lb.

### ★ MONDAY IS OUR SENIOR CITIZENS DAY OFF YOUR GROCERY ORDERS AND FREE DELIVERY ON ORDERS \$25 AND OVER

NABOB 100% COLOMBIAN SUMMIT COFFEE  
2.89 300g

CARNATION COFFEE MATE  
2.29 500g

CAMPBELL'S CREAM OF MUSHROOM SOUP  
59¢ 284 mL

CAMPBELL'S CREAM OF TOMATO SOUP  
49¢ 284 mL

NESTLE'S 9 VARIETIES MINI PUDDINGS  
1.49 4x142g

LIBBY'S CANNED 6 VARIETIES BEANS  
77¢ 398 ml

DAIRY MAID CALIFORNIA ICED TEA  
67¢ 1 L Tetra

INWOOD CANADA #1 GRADE LIMIT IN EFFECT BUTTER  
2.27 454g

CORTINA RANDOM CUT CHEDDAR CHEESE  
30% OFF

E.D. SMITH SQUEEZE KETCHUP  
1.99 1 L

McLAREN'S SPANISH MANZANILLA OLIVES  
1.79 625 mL

TEXANA EXTRA FANCY LONG GRAIN RICE  
White 99¢ Brown 1.09 907g

UNICO PLUM & CRUSHED TOMATOES  
97¢ 796 mL

60¢ REDEEMABLE ONLY AT OAKCREST FOOD STORES 60¢

**SAVE 60¢**  
ON THE NEW SIZE OF ONE 250g PACKAGE OF  
Kellogg's RICE KRISPIES

For information call 1-800-4-A-KELLOGG or write to Kellogg's, 2100 West 21st, Burnaby, B.C. V5A 4K6. Expires August 31, 1989. \*Some restrictions apply.

FOUR STAR HALVES & SLICES PEACHES  
79¢ 398 mL

PACIFIC POWDERED SKIM MILK  
4.79 1 kg

UNICO CHICK PEAS & RED KIDNEY BEANS  
89¢ 540 mL

FRENCH'S PREPARED MUSTARD  
99¢ 500 mL

PACIFIC TALL EVAPORATED MILK  
89¢ 385 mL

PRINGLE'S POTATO CHIPS  
1.98 200g

HUNT'S THICK & RICH SPAGHETTI SAUCE  
79¢ 398 mL

KRAFT STRAWBERRY & RASPBERRY JAM  
2.59 500g

ISLAND FARMS SOUR CREAM  
1.29 500 mL

HUNT'S TOMATO SAUCE  
1.09 796 mL

ARMSTRONG SUPER THIN PROCESSED CHEESE SLICES  
2.29 500g

FAMILY PACK ICE CREAM  
Plastic 3.48 4 L

SARA LEE ASSORTED FROZEN CAKES  
2.29 All Sizes

SAFFLO SUNFLOWER MARGARINE  
99¢ 454g

ISLAND BAKERY CRACKED WHEAT BREAD  
89¢ 567g

SUNLIGHT LIMIT IN EFFECT LAUNDRY DETERGENT  
99¢ 1.5 L

ROYALE BATHROOM TISSUE  
1.49 4 Roll

E.D. SMITH GARDEN & TOMATO CLAM COCKTAIL  
99¢ 796 mL

SAFFLO SUNFLOWER OIL  
2.09 1 L

CREAMETTE PASTA SPAGHETTI & MACARONI  
99¢ 907g

SUNLIGHT DISHWASHING GRANULES  
2.99 1.4 kg

ROYALE MAN SIZE FACIAL TISSUE  
1.19 60's