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# Traditional uses of wild plants in Mardin central district and attached villages (Turkey)

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This research reveals traditional uses of wild plants found in Artuklu district in Mardin Province in the Southeastern Anatolia Region of Turkey. This study, conducted between 2017 and 2019, gathered information on the medicinal and other uses of plant species traditionally used in Artuklu and the local names of these plants. Face to face surveys were conducted with 183 people in 91 neighbourhoods. The ethnobotanical uses of 125 plants belonging to 35 families, which are traditionally underutilized by the local people, have been recorded. Our results showed that the highest Relative Frequency of Citation (RFC) was recorded for the species *Lathyrus pseudocicera* Pamp. (0.32). 1 taxon is from Stereocaulaceae of Fungi, 2 taxa are from Pteridophyta and the others 122 taxa are from Magnoliophyta. In the region, plants mostly belonging to the families Fabaceae (21 taxa), Lamiaceae (11 taxa), Asteraceae (10 taxa) and Brassicaceae (10 taxa) were determined. The recorded ethnobotanical uses are for: food (64), medicinal (40), fodder (12), children's toys (5) and various other purposes (4). Due to the fact that Turkish, Kurdish, Arabic and Assyrian people have lived together in the Artuklu district, this ethnic diversity increased the use of wild plants and added richness. Preserving the coexistence of different cultural and religious groups in the research zone is essential for the maintenance of the rich wild plant local heritage.

Keywords: Artuklu, Ethnobotany, Mardin, Relative frequency of citation, Turkey, Wild plant IPC Code: Int Cl.<sup>21</sup>: A61K 8/9783, A61K 36/00, A61K 36/18, A61K 36/48, A61K 36/185, A61K 45/06

Ethnobotany defines the full relation between humans and plants and investigates both the traditional botanical information of local people and how they use plants for various purposes<sup>1</sup>. Ethnobotanical studies emphasise the dynamical relations among biological diversity and social and cultural systems<sup>2</sup>.

Researches of conventional uses of wild plants and their products round the world have rised over recent years<sup>3</sup>. People have always used local flora, not only as a food, but also for medicine and various other purposes. Information and characteristics about plants collected from nature and used ethnobotanically were passed down from generation to generation through the natural flow of daily life. However, there is a problem in the transfer of this information between the older and the younger generation in the age we live in, the transfer of ethnobotanic data is in danger. Attention in ethnobotanical studies has increased significantly in recent years to withstand this washout of knowledge<sup>4,5</sup>.

Currently, numerous wild food plants are being identified as foods with health benefits and could promote investigations on healthy diets and food tactics aimed at prevention of important illnesses<sup>6</sup>. However, their part, significance and potential have often been overlooked<sup>7</sup>. The documentation of this locality specific ethnobotanical information is, consequently, very important to prevent its loss<sup>8</sup>. Turkey has wealthy flora owing to its geographical location. geomorphologic structure and effect of several climate types. The number of species found in Turkish flora is 12.000, inclusive plants by foreign origins along with cultivated plants. Concerning endemism, the number of endemic species in the flora is 3.035. Addition of 500 endemic subspecies to this number along with 253 varieties, we get an aggregate number of 3.788 endemic taxa<sup>9</sup>. Endemism is one of the most serious indicators to appreciate the ecological worth of an area. In Turkey, the ratio of endemism in plant species is comparatively high when compared with other European countries<sup>10</sup>. The district of Artuklu is located in the Tigris part of the southeastern zone of Anatolia

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and phytogeographically located in the Irano-Turanian zones. The district further has very few numbers of Euro-Siberian (Euxine) and Mediterranean phytogeographic elements.

Anatolian people living far from the city have traditionally used the plants grown around them for centuries. This traditional use is often the use of plants for nutritional and medicinal purposes<sup>11</sup>. This traditional use of plants has attracted the attention of researchers in our country in recent years<sup>12-16</sup>.

No before floristic and ethnobotanical studies are stated to have been carried out in Artuklu. As a result of this study carried out in Artuklu District in the Southeastern Anatolia Region, both the plants usage areas and local names of these plants were determined with the ethnobotanical data obtained from the informants.

# **Materials and Methods**

## Study area

Mardin is located in southeastern Anatolia at the intersection of 36°55'- 38°51' North latitudes and 39°56'- 42°54' East longitudes. It is a city that connects the Upper Tigris basin to the Al-Jazeera plain and was established on the east slope of the Taurus Mountains at 1083 m above sea level on the roads from Iran, Azerbaijan and Anatolia to Syria and Iraq.

The Artuklu district of Mardin, which was selected as the study area, holds a significant place in world culture. It was located on the Tigris and Euphrates basin in southeastern Anatolia, eastern Nusaybin, Yesilli and Ömerli, west Kiziltepe and Mazidagi, north of Diyarbakir and Savur, in the south, surrounded by Syrian soil Artuklu (Fig. 1)<sup>17</sup>. The Mediterranean, terrestrial and desert climates in the region, and height between the mountain and plain sections at 600–800 m has resulted in increased plant diversity. Artuklu is one of the few cities in the world that has maintained its culture and architecture over time. In this respect, this district was chosen because it is home to a wide range of cultures, and there have been no studies on medicinal, food and various other purposes in this area. There are not only different cultures in this area but also people from different religions. Muslim and Assyrian (Christian) people live together in the region. In addition to Turkish, Kurdish, Arabic, and Syriac are also spoken in the area.

## Ethnobotanical data collection

Field studies conducted in the research area were aimed to be performed during the vegetative and reproductive terms of plants used by the local people and sold in markets as herbs. Thus, through field studies, it was aimed to ensure continuity in both collecting the plants at various stages and monitoring plants that were collected and brought to market or used. Surveys were conducted only with local people in the fields where the field studies were conducted.

In order to collect and identify plants that were collected and benefited from in accordance with the information of the local people, they were photographed in their habitats and stored in the herbarium in accordance with scientific regulations. Other materials of vegetable origin that could not be brought to the herbarium after drying were preserved in plastic and paper bags. The date of sample collection and name of the village/locality where they were located were recorded and GPS records were also taken. In the identification of the plants whose use has been determined, various flora books have been used<sup>9,18</sup>. The scientific names of the plant species are determined according to the International Plant Name Index with the site "bizimbitkiler.org"9. Endemism and risk categories<sup>19</sup> of ethnobotanical plants whose taxon names were determined.



Fig. 1 — Map of the study area

## Interviews with local people

The local people were those whose names were obtained during ethnobotanical studies. Individually, in the collection of information about local folk food and remedies, mukhtars were interviewed in villages and the names of people who had knowledge of and experience with traditional uses of wild plants were collected. During the research, "Traditional Uses of Wild Plants" questionnaire form was used to compile information about the plants (Appendix A). After the study area was determined, it was ensured that information was obtained in consequence of face-to-face interviews with resource persons living in the regions of the rural area of Artuklu and surrounding areas.

Within the scope of this study, the number of local people interviewed was 183, of which 119 were male (65%) and 64 were female (35%). Herein, students aged 18 and over, women and men over middle age, shepherds, those treating people using certain plants, village headmen, religious leaders, agriculturalists, academics, and teachers were selected.

Students were requested to fill out the questionnaires with their families. We aimed to learn how much of the use and interest in plants was transferred from previous generations to the present generation, to develop a sense of curiosity and learn this information, which was about to be forgotten. In light of the data obtained as a result of the surveys, research trips were organized to the neighbourhoods and parents of the students were visited (Fig. 2).

Local people were taken into consideration when determining ethnic backgrounds. Four ethnic groups were found in the study area: Turks, Kurds, Arabs and Assyrians. Neighbourhood visits with the local people turned into collective conversations in their houses, gardens and village squares. Thus, the information obtained was verified by more than one person (Fig. 3).



Fig. 2 — View from the surveys conducted in schools a. Gökçe Multi-Program High School b. Fehim Adak Vocational Technical Anatolian High School

## **Relative frequency of citation (RFC)**

The gathered ethnobotanical knowledge was quantitatively analyzed using an index of relative frequency citation (RFC) as:  $RFC_s = FCs/N \rightarrow RFC = FC/N (0 < RFC < 1)$ 

This index indicates the local significance of each species and obtained by dividing the number of informants who mention the use of the species, also known as the frequency of citation (FC), by the number of informants participating in the survey  $(N)^{20}$ . This index theoretically varies from 0, when nobody refers to the plant as useful, to 1 in the unlikely case that all the informants would mention the use of the species<sup>21</sup>.

## **Result and Discussion**

The main idea of this research was to determine the medicinal use of wild plants rather than cultivated plants. This research will contribute to the elimination of the deficiencies in the literature of endemic and rare plants especially used as medicinal and food. In our research, Artuklu was chosen because of the different cultures and the fact that no ethnobotany or floristic research had been carry out in this area. This study focal point on determining uses of medicinal plant, describing uses of new ethnobotanical and perusing our findings with regards to cultural ethnobotany.



Fig. 3 a-e — View of the plants grown in the region in Artuklu centre sold in herbal and markets and from interviews with local people

## Demographic features of the resource people

Considering the questionnaire data of high school and university students, visits were made to the district center and villages to interview expert persons. As a result of questionnaires and face-to-face interviews with resource persons, the demographic characteristics of the persons were determined and recorded. 183 persons over the age of 18 were interviewed.

The local people interviewed in the study area were generally farmers, farmer's wives and mukhtars. Of these, 119 were male (65%) and 64 were female (35%). As for their ages, 20 were 18 years old (11%), 120 were between 18 and 60 years old (66%) and 43 were 60 years old or older (23%). With regards to their education, 30 were illiterate (16%), 69 only completed primary school (38%), 54 only ended high school (30%) and 30 were university graduates (16%) (Table1).

# **Taxonomic identification**

The ethnobotanical methods and their uses, scientific naming of the wild plants used in Artuklu is given in Table 2.

Table 1 — De	mographic char interviewe	racteristics of the local d (n= 183)	people
Demographical characteristics	Number %	Demographical characteristics	Number %
Age		<b>Educational level</b>	
18	11	Illiterate	16
18-60	66	Primary school	38
$\geq 65$	23	High school	30
Sex		University	16
Male	65	<b>Residential status</b>	
Female	35	Villages	75
		City center	25

Table 2 — The list of wild plant species and their uses in the study area (A: Arabic, E: Endemik, K: Kurdish, S:Syriac)

Family, Plant species, voucher specimen	Local names		Preparations	Part	Uses	RFC
and endemism		usage	utilization	used		
Stereocaulaceae						
Lepraria finkii M.Kılıç 171	Henetitik (K)	Medicinal	Fresh	As a whole	Nappy rash in children	0.12
Equisetaceae					a 11	0.11
Equisetum giganteum L. M.Kılıç 171	Fırçeşîşe (K)	Medicinal	Decoction	Aerial parts	Common cold	0.11
Pteridaceae	$Q_{1} = 1 Q_{1} + 1 \Delta_{2} (A)$	M. D. L.	Destrict	TC	C	0.11
Adiantum capillus-veneris L. M.Kılıç 171	Şair el Cebbâr (A)	Medicinal	Decoction	Leaf	Gynaecological diseases	
Apiaceae Eryngium creticum Lam. M.Kılıç 146	Greg, Şekırok (K),	Medicinal	As food	Base leaf	Diabetes	0.11
Eryngium creucum Lani. Mi.Kinç 140	Ikkeyde (A), Bellikraned (S).	Wetheniai	AS 1000	Dase leaf	Diabetes	0.11
Scandix stellata Banks & Sol. M.Kılıç	Hizemok, Ârafat	Food	Fresh	Aerial part	Salad	0.13
, 144	(K), Hırfraf (A).			1		
Tordylium aegyptiacum (L.) Lam.	Hizemok,	Food	Fresh	Aerial part	Salad	0.11
M.Kılıç 163	Ârafat (K).					
Torilis arvensis (Huds). Lunk M.Kılıç 158	Kurincok (K)	Food	Fresh	Aerial part	Salad	0.11
Zosima absinthifolia (Vent.) Link M.Kılıç 171	Birik (K)	Food	Fresh	As a whole	Joins into cheese	0.11
Asparagaceae						
Ornithogalum narbonense L. M.Kılıç 149	Sersipik, Ağbandır, Pılneğş, Gula spi (K), Mığtıtıl anıs (A).	Food	Roasted	Aerial parts	Cracked wheat cooked with tomatoes	0.23
Asteraceae						
Arctium minus (Hill) Bernh. M.Kılıç 160		Food	Fresh	Tuber	Eat raw	0.13
Bellis perennis L. M.Kılıç 143	Gulnişan (K)	Medicinal	Infusion	Aerial part	Headache treatment	0.11
Carthamus lanatus L. M.Kılıç 187	Strizerk, Trizerk (K) Şevketil kelbe (A).	, Food	Fresh	Base leaf	As food	0.16
Chardinia orientalis (L.) Kuntze M.Kılıç 176	Tokayê zaroka (K)	Children's toys	Buckle	Flower	To fix the leaves of the Verbascum sp. plant to their heads	0.14
Cichorium intybus L. M.Kılıç 178	Taliye, Tehli, Tali (K).	Medicinal	Decoction Mash	Base leaf	Gall bladder, liver Inflammation	0.11
						(Contd.)

Family, Plant species, voucher specimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
Crepis foetida subsp. rhoeadifolia M.Bieb.) Čelak. M.Kılıç 175	Taliye, Tehli, Tali (K).	Fodder	Fresh	Base leaf	Animal feed	0.11
<i>Leontodon crispus</i> DC. ex Nyman M.Kılıç 176	Taliye, Tahli, Tali (K).	Medicinal	Mash	Base leaf	Diabetes	0.11
Corzonera cana (C.A.Mey.) O.Hoffm. A.Kılıç 175	Gepa miye, Barıka miye, Sping (K), Jinebil ğeyr, Gezrik (A).	Food	Fresh Roasted	Aerial part	Eat raw With onions and eggs	0.22
<i>iebera pungens</i> (Lam.) J.Gay M.Kılıç 76	Çavbelok (K)	Children's toys	Buckle	Flower	To fix the leaves of the <i>Verbascum</i> sp. plant to their heads	0.14
Fragopogon buphthalmoides Boiss. M.Kılıç 175	Gepa miye, Barıka miye, Spıng (K), Jınebil ğeyr, Gezrik (A).	Food	Roasted	Base leaf	With onions and eggs	0.17
Boraginaceae						
Dnosma alborosea Fisch. & C.A.Mey. A.Kılıç 177	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.14
Dnosma bourgaei Boiss. M.Kılıç 169	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.1
Dnosma gigantea Lam. M.Kılıç 178	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.13
<i>Dnosma lanceolata</i> Boiss. & Hausskn. <i>A</i> .Kılıç 178	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.1
Dnosma orientalis (L.) L. M.Kılıç 162	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.1
Dnosma sericea Willd. M.Kılıç 160	Mıjmıjok (K)	Food	Fresh	Flower	Its nectar sucked	0.1
<i>aracaryum sintenisii</i> Hausskn. ex Jornm. M.Kılıç 186	Guriz, Mıjmıjok (K).	Food	Fresh	Flower	Its nectar sucked	0.1
Brassicaceae Irabis aucheri Boiss. M.Kılıç 189	Nançük (K)	Food	Fresh	Leaf	Salad	0.1
<i>rabis montbretiana</i> Boiss. M.Kiliç 90	Nançük (K)	Food	Fresh	Leaf	Salad	0.1
Brassica cretica Lam. M.Kılıç 144	Gihaye küruma, Ğerdela küruma (K).	Medicinal	Decoction Cook	Leaf	Lowering intestinal worms	0.1
Brassica elongata Ehrh. M.Kılıç 145	Ğerdel (K, A)	Food	Roasted	Base leaf	As food	0.1
Brassica napus L. M.Kılıç 163	Şelim (K)	Food	Roasted	Base leaf	As food	0.1
<i>Iirschfeldia incana</i> (L.) LagrFoss. A.Kılıç 165	Ğerdel, Ğerdel (K, A)	Food	Fresh Roasted	Leaf	Salad With onions and eggs	0.1
<i>Lepidium coronopus</i> (L.) Al-Shehbaz M.Kılıç 166	Pirkelaç, Harık (K).	Food	Roasted	Base leaf	With onions and eggs	0.2
Lepidium ruderale L. M.Kılıç 173	Tuzık (K)	Food	Fresh Roasted	Leaf	Salad With onions and eggs	0.2
Neslia paniculata subsp. thracica Velen.) Bornm. M.Kılıç 184	Ğerdel (K)	Food	Fresh Roasted	Leaf	Salad With onions and eggs	0.1
Sisymbrium loeselii L. M.Kılıç 183	Harık, Hârk (K).	Food	Fresh Roasted	Leaf	Salad With onions and eggs	0.13
Caprifoliaceae						
cabiosa calocephala Boiss. A.Kılıç 147	Merkes (K)	Tool making	Fresh	Aerial part	Broom	0.1
cabiosa rotata M.Bieb. M.Kılıç 144	Merkes(K)	Tool making	Fresh	Aerial part	Broom	0.1
Valeriana dioscoridis Sm. M.Kılıç 171	Giyakitik (K)	Food	Fresh Roasted	Base leaf	Salad With onions and eggs	0.1
Caryophyllaceae Dianthus floribundus Boiss. M.Kılıç 75	Nıkıla dika, Nıkla dika, Nıkıle dika, Nıkle dika	Food	Fresh	Flower	Its nectar sucked	0.1
	(K), Denıl êser (A).					

Family, Plant species, voucher pecimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
-	Nıkıla dika, Nıkla dika, Nıkıle dika, Nıkle dika (K), Denıl êser (A).	Food	Fresh	Flower	Its nectar sucked	0.15
62-1	<ul> <li>(R), Denn eser (A).</li> <li>Nıkıla dika, Nıkla dika,</li> <li>Nıkıle dika, Nıkle dika</li> <li>(K), Denıl êser, Hınekıl cec, Ğınağcec (A).</li> </ul>	Food	Fresh	Flower	Its nectar sucked	0.11
,	Nıkıla dika, Nıkla dika, Nıkıle dika, Nıkle dika (K), Denıl êser, Hınekıl cec, Ğınağcec (A).	Food	Fresh	Flower	Its nectar sucked	0.21
Chenopodiaceae						
triplex tatarica L. M.Kılıç 170	Seromask (K)	Food	Roasted	-	With onions and eggs	0.10
Chenopodium album L. M.Kılıç 159 Colchicaceae	Seromask, Selmast (K).	Food	Roasted	Aerial part	With onions and eggs	0.12
Colchicum serpentinum Woronow ex Aisez. M.Kılıç 191	Pivok, Pivokatal (K).	Medicinal	Fresh	Tuber	Diabetes	0.12
Convolvulaceae Convolvulus betonicifolius Mill. I.Kılıç 154	Lavlavk (K)	Food	Roasted	Leaf	With onions and eggs	0.12
Crassulaceae						
edum album L. M.Kılıç 168	Tirye pire (K)	Food	Fresh	Aerial part	As food	0.12
edum pallidum M.Bieb. M.Kılıç 164 yperaceae	Tirye pire (K)	Food	Fresh	Aerial part	As food	0.12
Carex pachystylis J.Gay M.Kılıç 162-1	Çırg, Nankê çivikê (K).	Fodder	Fresh	Seed	Bird fodder	0.10
abaceae						
lhagi maurorum Medik. M.Kılıç 147	Agul (K)	Medicinal	Infusion	-	Kidney stone lowering	
82	Dorpisik, Gunpisik (K).	Fodder	Fresh	Aerial part	Animal feed	0.12
<i>stragalus lamarckii</i> Boiss. (E) 1.Kılıç 149	Guni, Gunih (K).	Glue	Putty	Root	As adhesive	0.10
<i>stragalus mardinensis</i> Nábělek (E) A.Kılıç 176	Dorpisik, Gunpisik (K).	Food	Fresh	Seed	Eat raw	0.11
Cercis siliquastrum L. M.Kılıç 179	Ergevan (K)	Food	Fresh	Flower	Eat raw	0.13
<i>lippocrepis unisiliquosa</i> L. M.Kılıç 78	Nefel (K)	Medicinal	Fodder	Aerial part	Digestive diseases of animals	0.11
athyrus annuus L. M.Kılıç 152	Şokıl (K), Bakille, Keşşun (A), Şokkılle (S).	Food	Fresh	Seed	Eat raw	0.14
athyrus aphaca L. M.Kılıç 161	Şokıl (K), Bakille, Keşşun (A), Şokkılle (S).	Food	Fresh	Seed	Eat raw	0.15
<i>athyrus gorgoni</i> Heldr. ex Nyman A.Kılıç 148	Şokıl, Keşun (K), Bakille, Keşşun (A), Şokkılle (S).	Food	Fresh	Seed	Eat raw	0.14
abaceae	, , , , ,					
athyrus pseudocicera Pamp. M.Kılıç 52	Bakıla ğatuni, Keşun (K), Bakille, Keşşun (A), Şokkılle (S).	Food	Fresh	Fruit	Eat raw	0.32
ens culinaris subsp. orientalis (Boiss.)	Nisk (K), Ades, İtluk (A), Havhe (S).	Medicinal	Fresh Chewing	Aerial part	Cancer treatment	0.12
Ponert M.Kılıç 182						

Family, Plant species, voucher specimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
Dnobrychis kotschyana Fenzl M.Kılıç	Nefel (K)	Fodder	Fresh	Aerial part	Animal feed	0.14
Dnonis viscosa subsp. sicula (Guss.) HubMor. M.Kılıç 177	Heştırav, Heştrav (K).	Medicinal	Mash Burn	Root	Callus treatment	0.10
<i>Trifolium bullatum</i> Boiss. & Hausskn. M.Kılıç 169	Nefel, Yonja (K).	Medicinal	Fresh	Aerial part	Digestive diseases of animals	0.12
<i>Trifolium boissieri</i> Guss. ex SoyWill. & Godr. M.Kılıç 177	Nefel, Yonja (K).	Medicinal	Fresh	Aerial part	Digestive diseases of animals	0.12
Frifolium stellatum L. M.Kılıç 169	Nefel, Yonja (K).	Medicinal	Fresh	Aerial part	Digestive diseases of animals	0.14
Frigonella monspeliaca L. M.Kılıç 182	Indeko, Indeko bave zeko, Nefel (K).	Fodder	Fresh Dried	Aerial part	Animal feed	0.14
Trigonella spruneriana Boiss. M.Kılıç 183	Indeko, Indeko bave zeko, Nefel (K).	Fodder	Fresh Dried	Aerial part	Animal feed	0.14
<i>Vicia cracca</i> subsp. <i>stenophylla</i> Velen.) C.D.Preston M.Kılıç 182	Bakıl, Şolık (K).	Food	Fresh	Flower Fruit	Eat raw	0.16
<i>Zicia sativa</i> subsp. <i>nigra</i> (L.) Ehrh. A.Kılıç 193	Bakıl, Şolık (K)	Food	Fresh	Flower Fruit	Eat raw	0.17
Gentianaceae Gentiana olivieri Griseb. M.Kılıç 171	Gihayê tırsê (K), Heşşişıl hepta (A).	Medicinal	Infusion	Leaf	Fear relief	0.12
Geraniaceae Grodium ciconium (L.) L Her. M.Kılıç		Food	Roasted	Base leaf	With onions and eggs	0.11
81 <i>Erodium cicutarium</i> (L.) L Hér. 4.Kılıç 140	(K). Derziya pire, Derbı pire (K).	Food	Fresh	Fruit	Eat raw	0.22
Geranium purpureum Vill. M.Kılıç 155		Food	Fresh	Fruit	Eat raw	0.20
Geranium rotundifolium L. M.Kılıç 56	Derziya pire, Derbı pire, Ğelilok (K).	Food	Roasted	Base leaf	With onions and eggs	0.20
Geranium tuberosum L. M.Kılıç 150	Penırok, Kındazo, Sabinok (K), Cezuğaraban (A).	Food	Fresh	Tuber	Eat raw	0.18
Iypericaceae <i>Iypericum lysimachioides</i> Boiss.& Ioë M.Kılıç 175 ridaceae	Botav, Bahtof, Batof (K), Aran (A).	Medicinal	Decoction	Aerial part	Stomach diseases	0.16
<i>Gladiolus atroviolaceus</i> Boiss. M.Kılıç	Gangılok (K), Cezuğarab (A).	Food	Fresh	Corm	Eat raw	0.11
<i>ris persica</i> L. M.Kılıç 191 xioliriaceae	Bılbêzık, Bilbizek (K).	Food	Fresh	Corm	Eat raw	0.13
xiolirion tataricum Herb. M.Kılıç 164	Ğiyar (K), Terğuzılcebel (A).	Food	Fresh	Flower	Its nectar sucked	0.11
amiaceae <i>linopodium serpyllifolium</i> subsp. <i>rachycalyx</i> (P.H.Davis) Brauchler 1.Kılıç 188	Rıhan (K)	Medicinal	Infusion	Leaf	Tension (Balances)	0.10
<i>Aarrubium cuneatum</i> Banks & Sol. I.Kılıç 190	Çaya çiyan (K)	Medicinal	Infusion	Flower	Cough Common cold	0.10
epeta cataria L. M.Kılıç 190	Nânê (K), Nınhe (A), Nunıvo (S).	Medicinal	Infusion	Leaf	Throat ache	0.10
	Çaya çiyan, Guhbelok	Medicinal	Infusion	Leaf	Common cold	0.14

Table 2 — The list of wild plant spe	cies and their uses in the	study area (	A: Arabic, E: E	ndemik, K:	Kurdish, S:Syriac) (C	ontd.)
Family, Plant species, voucher specimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
Salvia montbretii Benth. M.Kılıç 181	Çaya çiyan (K), İkoro, Bızzeyn (A).	Medicinal	Decoction	Aerial parts	Urticaria	0.12
Salvia spinosa L. M.Kılıç 185	Çaya çiyan (K), İkoro, Bızzeyn (A).	Medicinal	Decoction	Aerial parts	Urticaria	0.11
Salvia trichoclada Benth. M.Kılıç 203	Çaya çiyan (K), İkoro, Bızzeyn (A).	Medicinal	Decoction	Aerial parts	Urticaria	0.10
Sideritis libanotica subsp. kurdica Bornm.) HubMor. M.Kılıç 206	Çaya çiyan (K)	Medicinal	Dried	Leaf	Diabetes (Swallow)	0.13
Stachys megalodonta subsp. nardinensis R.Bhattacharjee (E) M.Kılıç 162	Rıhana tehtan (K)	Medicinal	Dried	Leaf	Diabetes (Swallow)	0.10
Stachys menthoides Kotschy & Boiss. E) M.Kılıç 179	Rıhana tehtan (K)	Medicinal	Dried	Leaf	Diabetes (Swallow)	0.10
<i>Feucrium paederotoides</i> Boiss. & Hausskn (E) M.Kılıç 179	Gihabok (K)	Medicinal	Dried,Fresh	Aerial parts	Stomach ache (Swallow with water)	v 0.11
Ziziphora capitata L. M.Kılıç 185 Liliaceae	Cahter (K)	Spice	Dried	Leaf	Used to impart flavor to food	0.20
<i>Fritillaria pinardii</i> Boiss. M.Kılıç 181 Linaceae	Gulanisanê (K)	Food	Fresh	Corm	Eat raw	0.10
inum nodiflorum L. M.Kılıç 198	Gihakê malamelê (K)	Medicinal	Mash	Aerial parts	Rheumatic diseases (externally)	0.11
Malvaceae Malvella sherardiana (L.) Jaub. & Spach M.Kılıç 153	Zırtolık (K)	Food	Roasted	Leaf	With onions and eggs	0.11
Papaveraceae Papaver arenarium M.Bieb. M.Kılıç 58-1	Bukuzava, Kulilkabukuzava, Zengılzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.12
Papaver argemone L. M.Kılıç 151	Bukuzava, Bukuzava, Kulilkabukuzava, Zengılzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.12
<i>Papaver clavatum</i> Boiss. & Hausskn. x Boiss. (E) M.Kılıç 174	Bukuzava, Kulilkabukuzava, Zengılzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.09
Papaver glaucum Boiss. & Hausskn. ex Boiss. M.Kılıç 188	Bukuzava, Kulilkabukuzava, Zengılzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.11
Papaver macrostomum Boiss. & A.Huet M.Kılıç 175	Bukuzava, Kulilkabukuzava, Zengilzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.12
						(Contd

Family, Plant species, voucher specimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
Papaver orientale L. M.Kılıç 175	Bukuzava, Kulilkabukuzava, Zengilzeva, Kulilka erêba (K), Ceybuğuten (A), Kırceh, Şuşanê (S).	Food	Roasted	Base leaf	With onions and eggs	0.12
Plantaginaceae Veronica anagallis-aquatica L. M.Kılıç 165	Bennık (K)	Food	Fresh	Leaf	Salad	0.21
Poaceae Arrhenatherum palaestinum Boiss. M.Kılıç 188	Fêrız (K)	Fodder	Fresh Dried	Aerial part	Animal feed	0.11
Briza humilis M.Bieb. M.Kılıç 148	Gihareş (K)	Children's toys	Fresh Dried	Flower	Attaches to the ears as earrings	0.12
Hordeum murinum subsp. glaucum Steud.) Tzvelev M.Kılıç 182	Ceh (K)	Fodder	Fresh Dried	Aerial part	Animal feed	0.15
Hordeum spontaneum K.Koch M.Kılıç 56	Ceh (K)	Fodder	Fresh Dried	Aerial part	Animal feed	0.20
Saccharum strictum (Host) Spreng. M.Kılıç 151	Kamuş (K), Sıkke nebet (A).	Medicinal	Sugar	Aerial part	Treatment of intra-oral wound	0.11
ecale cereale L. M.Kılıç 147	Çevder (K)	Fodder	Fresh Dried	Aerial part	Animal feed	0.18
olygonaceae Rumex pulcher L. M.Kılıç 193	Tırşoka ga (K)	Fodder	Fresh	Base leaf	Animal feed	0.13
Ranunculaceae Ranunculus arvensis L. M.Kılıç 138	Kulilka kevenden (K)	Medicinal	Raw	Flower	Rheumatic diseases (externally)	0.13
Ranunculus damascenus Boiss. & Gaill. M.Kılıç 141	Kulilka kevenden (K)	Medicinal	Raw	Flower	Rheumatic diseases (externally)	0.10
Ranunculus ficaria subsp. ficariiformis Rouy & Foucaud M.Kılıç 175	Kulilka kevenden (K)	Medicinal	Raw	Flower	Rheumatic diseases (externally)	0.11
Ranunculus repens L. M.Kılıç 192	Kulilka kevenden (K)	Medicinal	Raw	Flower	Rheumatic diseases (externally)	0.10
Rhamnaceae Rhamnus punctata Boiss. M.Kılıç 177	Rihok, Riğok (K).	Food	Jam	Fruit	As food	0.15
Rosaceae Erataegus monogyna Jacq. M.Kılıç 90	Guhij (K)	Food	Fresh	Fruit	Eat raw	0.20
Prunus spinosa L. M.Kılıç 186	Ělûce, Erûk (K), Aluce, Aluciye (A).	Food	Fresh	Fruit	Eat raw	0.13
1.Kılıç 190	Gul, Şilan (K), Verdenıf (A).	Food	Fresh	Fruit	Eat raw	0.13
alicaceae alix acmophylla Boiss. M.Kılıç 184	Darabihe (K)	Medicinal	Incinerate Mash	Bark	Rheumatic diseases (externally)	0.12
crophulariaceae						
<i>erbascum laetum</i> Boiss. & Hausskn. x Boiss. M.Kılıç 174	Guluberğık (K)	Children's toys	Fresh	Leaf	Girls ornaments they wear on their heads as children	0.13
<i>erbascum speciosum</i> Schrad. M.Kılıç 78	Guluberğık (K)	Children's toys	Fresh	Leaf	Girls ornaments they wear on their heads as children	0.13
					ennuren	

Table 2 — The list of wild plant specie	es and their uses in t	he study area ( A	A: Arabic, E: En	demik, K:	Kurdish, S:Syriac) (Co	ontd.)
Family, Plant species, voucher specimen and endemism	Local names	Purpose of usage	Preparations utilization	Part used	Uses	RFC
Solanaceae						
Hyoscyamus albus L. M.Kılıç 181	Bızre bence, Benc (K).	Medicinal	Burn	Fruit	Earache (fume with funnel)	0.12
Hyoscyamus aureus L. M.Kılıç 182	Bizre bence, Benc (K).	Medicinal	Burn	Fruit	Earache (fume with funnel)	0.12
Hyoscyamus niger L. M.Kılıç 185	Bizre bence, Benc (K).	Medicinal	Burn	Fruit	Earache (fume with funnel)	0.12
Hyoscyamus reticulatus L. M.Kılıç 187	Bızrı bence, Benc (K).	Medicinal	Burn	Fruit	Earache (fume with funnel)	0.12

As a result of the interviews with the local people living in Artuklu District and its villages, it was determined that 125 plants were used in the research region. The most used families in the region are given in Figure 4.

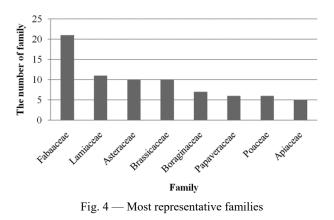
These families are Fabaceae (21 taxa), Lamiaceae (11), Asteraceae (10), Brassicaceae (10). Asteraceae (15), Lamiaceae (11), Fabaceae (9), Rosaceae (6), Asteraceae (10), Rosaceae (7), Fabaceae (6), Lamiaceae (4)<sup>14</sup> were compared in studies conducted in the vicinity of our area of research.

In a study performed in Sanlıurfa, it was observed that plants related to the families of Fabaceae, Asteraceae, Poaceae, Lamiaceae<sup>22</sup>; Lamiaceae, İzmir<sup>23</sup>; Fabaceae in Fabaceae, Asteraceae, Asteraceae, Lamiaceae, Rosaceae in Denizli<sup>8</sup>: Rosaceae in Malatya<sup>24</sup>; Asteraceae, Lamiaceae, Asteraceae, Lamiaceae, Rosaceae, Fabaceae in Batman<sup>14</sup> are used prevalently by the folks of the regions.

Astragalus lamarckii, Astragalus mardinensis, Stachys megalodonta subsp. mardinensis, Stachys menthoides, Teucrium paederotoides, Silene brevicaulis, Papaver clavatum were found to be the endemic plants used for ethnobotanical purposes in Artuklu (Mardin-Turkey). According to the Red Data Book of Turkish Plants<sup>18</sup>, Teucrium paederotoides is grouped under "endangered" category, whereas other six taxons are categorized as "least concern" and phytogeographic regions were given (Table 3).

In the literature analysis of the plants used in our study, 125 plants were found to be already in use for ethnobotanical purposes, whereas seven plants presented no literature records. The ethnobotanical uses of Astragalus lamarckii, A. mardinensis, Stachys megalodonta subsp. mardinensis, S. menthoides, Teucrium paederotoides, Silene brevicaulis and Table 3 — Danger categories and phytogeographical distributions of endemic taxa

Endemic taxa	Danger category	Phytogeographical distribution
Astragalus lamarckii	LC (Least concern)	Iran-Turan
Astragalus mardinensis	LC (Least concern)	Iran-Turan
Stachys megalodonta subsp. mardinensis	LC (Least concern)	Iran-Turan
Stachys menthoides	LC (Least concern)	Iran-Turan
Teucrium paederotoides	EN (Endangered)	Mediterranean
Silene brevicaulis	LC (Least concern)	Iran-Turan
Papaver clavatum	LC (Least concern)	Iran-Turan



*Papaver clavatum* which were found being used in our study area were recorded for the first time.

#### **Plant uses**

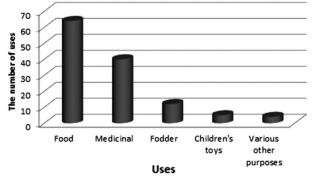
Five primary uses were recorded: food (64 taxa), medicinal (40 taxa), fodder (12 taxa), children's toys (5 taxa) and various other purposes (4 taxa) uses (Fig. 5). Quantitatively, food and medicinal species are by far the most important in this area.

Informants report using different plant parts for different ethnobotanical purposes: leaf 40 (32%), aerial part 34 (27.2%), flower 23 (18.4%), fruit 13 (10.4%), seed 5 (4%) tuber 3 (2.4%), corm 3 (2.4%), root 2 (1.6%) and whole 2 (1.6%) (Table 4).

## **Highly utilized species**

According to the calculation of the relative frequency of citation  $(RFC)^{20}$ , the 20 most culturally important taxa in Artuklu district are shown in Figure 6. *L. pseudocicera* (0.32) has the highest value, and *P. clavatum* (0.09) has the lowest. Based on our analyses, RFC ranged from 0.09 to 0.32 and revealed the common ethnobotanical usages for the following taxa: *E. creticum* (0.11), *S. stellata* (0.11), *H. niger* (0.12), *S. rotata* (0.12), *I. persica* (0.13), *R. orientalis* (0.14), *P. armeniaca* (0.14), *H. murinum* subsp. glaucum (0.15), *H. lysimachioides* 

Table 4 — Plant parts used by local people in the study area						
Part of plant	Number	%				
Leaf	40	32				
Aerial part	34	27.2				
Flower	23	18.4				
Fruit	13	10.4				
Seed	5	4				
Tuber	3	2.4				
Corm	3	2.4				
Root	2	1.6				
Whole	2	1.6				





(0.16), A. aucheri (0.17), T. buphthalmoides (0.17), G. tuberosum (0.18), N. paniculata subsp. thracica (0.18), S. cereale (0.18), C. monogyna var. monogyna (0.20), G. purpureum (0.20), L. ruderale (0.20) and Z. capitata (0.20). The highest RFCs are recorded for L. pseudocicera (0.32), O. narbonense (0.23), E. cicutarium (0.22), S. cana (0.22), L. coronopus (0.21), S. subconica (0.21), and V. anagallis-aquatica (0.21).

Especially those living in Artuklu villages have no difficulty in reaching the widely used species. The villagers always keep plant materials for medical or food use, as they dry and store the plants they have collected on time under suitable conditions. Most of the plant species that have high RFCs can be grown easily such as *L. pseudocicera*, *O. narbonense*, and *E. cicutarium*. The plants used as animal fodders in Artuklu are collected because they are grown easily and are numerous.

Some highly utilized plant species have been investigated in terms of ethnobotanical uses. For example, *L. pseudocicera* is traditionally used as a food in the region. In our study, fruits of *L. pseudocicera* are used as food. The *Lathyrus* genus includes 160 species, some of which have economic importance as food, fodder and ornamental crops<sup>25</sup>. This species are being used as food in Jordan<sup>26</sup>; food and fodder in Nepal<sup>27</sup> and food in Şanlıurfa<sup>28</sup>.

*O. narbonense* is traditionally used as a food in the region. In our study, aerial parts of *O. narbonense* are used as food. This species are being used as food in Middle Anatolia<sup>29</sup>, Adana<sup>30</sup> and Şanlıurfa<sup>16</sup>. They were reported in previous studies carried out in Adana and Canary Islands that they are used to treat acne disease, emetic, diuretic, cardioactive in Adana<sup>30</sup>; and for diuretic, expectorant in Canary Islands<sup>31</sup>.

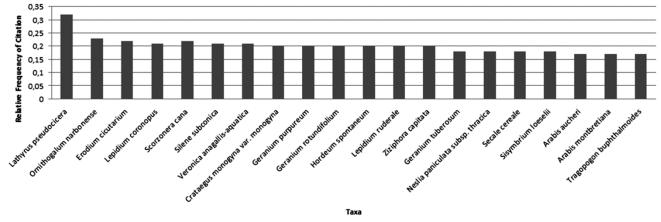


Fig. 6 — Relative Frequency of Citation of the 20 most relevant taxa

RFC and the cultural importance index (CI) are closely related to indices. Therefore, we compared these two indices of our study. E. cicutarium (RFC 0.22) is traditionally used as a food. E. cicutarium is reportedly used as food in Batman with CI  $0.24^{14}$ . These species are being useding as food in the Middle Aegean Region<sup>8</sup>; Yeşilli<sup>15</sup> and as medicinal plants in Bolivian Andes<sup>32</sup>. The same taxon is also used for stomach ailments in Yozgat with a similarly high CI 0.15<sup>33</sup>. S. cana has RFC 0.22 and is used as a food in Artuklu. Several studies reported the use of *Scorzonera* spp. as food<sup>45</sup> and as medicine<sup>13</sup>. V. anagallis-aquatica with RFC 0.21 is used as a salad in Artuklu. This species are being used as salad in Central Kurdistan<sup>34</sup> and like food and fodder in Central Anatolia<sup>35</sup>. Fruits of C. monogyna var. monogyna are consumed as food. It is used as food in Şanlıurfa<sup>16</sup>, Batman<sup>14</sup>, the fruits of the plant are used as diabetic illnesses in Adana<sup>36</sup> and the flowers of the plant are used for cardiac disorder in Malatya<sup>24</sup>. L. ruderale is consumed as salad in Artuklu. In Balıkesir province, the leaves of this plant are used as salad<sup>37</sup>.

In the current study, *H. lysimachioides* is used for stomach diseases in Artuklu. Some similar usages of the plant are reported for stomach ulcer<sup>38</sup>. *P. armeniaca* is used in Artuklu as a herbal tea for the common cold. *P. armeniaca* is also used as fodder in the Middle Aegean Region<sup>8</sup> and as milk enhancer in the east of Turkey<sup>14</sup>.

Above, we discussed the ethnobotanical uses of plants with high RFC values in Artuklu. Here, plants that are not widely used but with considerable uses are mentioned. In our study, corms of I. persica are used as food. This species is being used as food in Batman<sup>14</sup> and Yeşilli<sup>15</sup>, as ornamental in Kalecik Mountain<sup>28</sup> and Erzincan<sup>44</sup>. E. creticum is used in Artuklu as food for diabetes. In addition, it is used as a food and as medicine<sup>15</sup> and the stems of the plant are also used as a food<sup>16</sup> in southeast regions of Turkey. S. stellata is consumed as a food in Artuklu. In Sanliurfa province, all plant parts of this plant are used as food<sup>16</sup>, as fodder in Kalecik Mountain<sup>28</sup> and like a food in Midyat<sup>12</sup> and it is used for stomach tonic in Iran<sup>39</sup>. Residents of Artuklu use S. libanotica subsp. kurdica is used for diabetes treatment. S. libanotica used the broom and herbal tea in Midyat<sup>12</sup>. H. niger seed is burned and used for earache disease. Moreover, the flowers are used as a toothache in Yozgat<sup>33</sup> and seeds are used as a toothache in Bingöl<sup>13</sup>.

In the region, utilizing plants as brooms was common ethnobotanical usage. *S. rotata* is used as broom and the same usage was reported previously in Bozova<sup>40</sup>. Additionally, *S. rotata* is used as fodder in Şanlıurfa<sup>16</sup> and against skin diseases in Adıyaman<sup>41</sup>. *C. orientalis* is used as a buckle in children's toys. The same usage was reported previously in Muş<sup>42</sup>. *C. orientalis* is used as a medicinal plant in Adıyaman<sup>41</sup>, Azerbaijan and Iran<sup>43</sup>.

The local people in Artuklu both consume and sell local plants by collecting them and make a profit from it and promote their region. As an example, leaves of *Brassica napus* are eaten fresh and then sold by local people.

Flowers of *B. humilis* and leaves of *V. laetum* and *V. speciosum* are used as children's toys in Artuklu, and the people of Artuklu consume the flowers of *V. cracca* subsp. *stenophylla*, *V. sativa* subsp. *nigra* and *C. siliquastrum*.

Endemic plants for which there was no previous information on ethnobotanical use are shown in Table 2, 3. In addition, the ethnobotanical uses of these endemic plants are also detailed. Seven endemic plants were reported (Table 2) namely, A. lamarckii, A. mardinensis, S. megalodonta subsp. mardinensis, S. menthoides, T. paederotoides, S. brevicaulis and *P. clavatum.* These plants have little use; for example, A. lamarckii root is used as glue. Such use of this endemic plant only in Mardin, constitutes a problem in the protection of this species. Another species, A. mardinensis, is only traditionally used as food and therefore not considered as endangered as compared to the previous species. S. megalodonta subsp. mardinensis and S. menthoides, whose leaves are used to cure diabetes is not common plants usage and found in limited locations. The location of S. megalodonta subsp. mardinensis and S. menthoides make them challenging to collect because they grow in the mountains and in shrubs. T. paederotoides is used for stomach ache in Artuklu. This endemic plant with potential medicinal use, is just spread in two places in Turkey. This plant needs to be protected, but excessive and uncontrolled collection can destroy populations. S. brevicaulis is locally used by children, who consume the flower latex and P. clavatum is used as food; they are, however, not extensively used and therefore not in danger.

## Conclusion

Artuklu is a district that has hosted different civilizations, multilingual, cultures and has different

religions. Artuklu people have lived peacefully for thousands of years due to their respect and tolerance towards other religions and cultures. Although the people of the region have hosted different civilizations, their coexistence from the past has also resulted in their ethnobotanical knowledge.

Within the scope of this study, in the Artuklu district in Southeastern Anatolia, between February 2018 and July 2019, a total of 183 people were interviewed in 23 neighbourhoods connected to the district centre and 68 neighborhoods in rural areas. In the study zone, locality humans were determined to use 125 plants from 35 families used ethnobotanical. We also document not only the medicinal uses of wild plants, but also their uses for food, animal food, children's toys and for a variety of purposes. The local people who make use of these plants collect these plants from nature in the spring. By drying these plants they collect from nature and use them by applying infusions and decoctions methods in almost every period of the year. It has been seen in the study that the use of plants as medicinal and food has become a tradition for the local people. We determined the highest RFCs for L. pseudocicera (0.32) and O. narbonense (0.23); further biochemical and biological activity study needs to be done for these species. This valuable information comes from generation to generation, it is very important for its protection and transmission to future generations.

The literature review has shown that the wild plants found in Artuklu are used for ethnobotany with the same or similar uses in different parts of the world. Some of the plants used in treatments in the region had adverse effects and should be used carefully, as recorded during our field and survey studies. *Hyoscyamus albus*, *H. aureus*, *H. niger*, *H. reticulatis* plants cause deafness if used too much in treatments. *Hypericum lysimachioides* species will damage the eyes as a result of excessive use.

Attention should be paid to the local and scientific names of the plants used in almost every region of Anatolia as ethnobotanical, and we shouldn't use plants which we do not know without consulting experts.

In the following studies, taxonomic, biochemical and biological activity studies of the plants whose ethnobotanical uses are determined should be made. Thus, a further step is taken for the plant to be used in the treatment of diseases and the use of the plant as food would be more meaningful. It should be ensured that local foods made with plants are recorded and promoted in order to be promoted, and they should be promoted in markets and markets.

It should be ensured that the protection measures of the taxa, whose medical data are recorded for the first time and which are endemic and threatened, should be taken as soon as possible and that their generation will continue.

As a result of this study, by specifying the ethnobotanical data of different cultures living in Artuklu district center and its villages, it can encourage the increase of intercultural ethnobotanical studies, contribute to the development of the current knowledge of plants used as medicinal and food, and also lead to the can constitute of an action plan for the protection of rare and endemic plant species.

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## **Conflict of interest**

The authors declare that they have no conflict of interest.

#### **Authors' contributions**

K Y designed the study. M K conducted the f eld work. M K, K Y and F M K analyzed the data and provided comments on the study. M K drafted the article and provided fnal version to publish. All authors read and approved the final manuscript.

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