

Anticoagulation therapy in patients with atrial fibrillation and transcatheter aortic valve implantation

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Background: Patients scheduled for transcatheter aortic valve implantation (TAVI) have advanced age, with estimated more than 30% of patients with an indication for oral anticoagulation therapy due to atrial fibrillation (AF). Dual antiplatelet therapy after TAVI has been historically considered as a standard approach, with current guidelines supporting the use of oral anticoagulation monotherapy with vitamin K antagonists (VKA) in patients requiring stroke protection in atrial fibrillation.¹ Direct oral anticoagulants (DOACs) are being currently investigated as monotherapy in patients with AF after TAVI, with conflicting results among different agents.

Patients and Methods: We analyzed 151 consecutive patients who underwent TAVI procedure in our institution from 2013 to 2021.

Results: There were 67 (44%) patients with AF (paroxysmal AF in 17 (25%) patients) that underwent TAVI procedure. Their median age was 80 years, 24% had diabetes mellitus, 30% had concomitant coronary artery disease, and their median CHA₂DS₂Vasc score was 5 (high thrombotic risk). Pre-procedural anticoagulation therapy was AVK in 34 (51%), DOACs in 18 (27%), and the remaining 22% of patients were taking ASA or clopidogrel. Early post-procedural anticoagulation therapy was AVK in 44 (67%), DOACs in 7 (12%), with antiplatelet therapy in 14 (21%) of patients. One patient with AF had post-procedural stroke, with no cases of post-procedural stroke among non-AF group. Their in-hospital mortality was 3.4%, in comparison to 2.7% in patients without AF. After 2017, all patients with AF were anticoagulated with AVK or DOAC after TAVI. After 2019, when full percutaneous approach was introduced, 7 patients were managed with single DOAC early after TAVI (5 with apixaban, and 2 with rivaroxaban) and had no peri-procedural ischemic or bleeding complications related to anticoagulation therapy.

Conclusion: Patients with AF scheduled for TAVI have increased bleeding and thrombotic risk and require scrutinized tailoring of anticoagulation and other concomitant therapy. With fast-track transfemoral TAVI and full percutaneous approach, early continuation of a single DOAC in optimal dose adjusted to age, renal function and other comorbidities appears to be safe and effective and needs to be evaluated in a larger cohort of patients.

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LITERATURE

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