

OUTDOOR THERMAL COMFORT INDEX IN MALAYSIAN URBAN  
AREAS

MOHD HAFIZAL BIN HANIPAH

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## PREFACE

In the name of Allah, the Supremely Merciful and Most Kind.  
To my beloved family, who give me support and pray for my success.



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## ABSTRACT

Rapid urbanisation and industrialisation have adversely impacted the urban environmental heat stress due to urban heat island phenomenon. These thermal environmental problems can be even more challenging to people living in urban areas with tropical hot and humid climatic conditions throughout the year. Buildings in urban area is one of the major elements that contributes to the heat stress problem. The objectives of the study are threefolds. First, to evaluate outdoor thermal comfort by using Universal Thermal Climate Index (UTCI) associated with regression equation during the hottest daily temperature based on 3 years of hourly climatic data at principal meteorological stations of five selected cities in Malaysia. Second, to simulate the current urban layout of the five cities with different types of area (i.e., residential, commercial and industrial areas) based on the analysed climatic input data of the worst case scenario by using Computational Fluid Dynamic (CFD) modelling to investigate its impact on UTCI. Third, to establish the most influential building arrangement parameter towards the outdoor thermal comfort. It was revealed that the UTCI values at five principal meteorological stations for the worst case scenario of heat stress were in the range of 35 °C to 37 °C. Meanwhile, the predicted UTCI levels due to the impact of buildings within the current urban layouts of the five cities were generally higher in the range of 39 °C to 47 °C. Alor Setar's residential area was found to have the lowest UTCI while Alor Setar's industrial area demonstrated the highest UTCI value. The predicted results from the Pearson coefficient correlation analysis revealed that packing density and H/W ratio are the two parameters that show significant impact toward UTCI with the correlation coefficient ( $R^2$ ) of 0.746 and 0.689 respectively. However, the result from MLR analysis showed that packing density is the one and only BAP that has strong positive influence towards UTCI with the correlation coefficient ( $R^2$ ) of 0.557.

## ABSTRAK

Pembangunan dan perindustrian yang pesat telah memberi kesan buruk terhadap stres haba di persekitaran bandar akibat daripada fenomena pulau haba bandar. Masalah ini lebih kritikal bagi mereka yang tinggal di kawasan bandar yang beriklim tropika panas dan lembab sepanjang tahun. Bangunan merupakan elemen utama yang menyumbang kepada masalah stres haba ini. Terdapat tiga objektif di dalam kajian ini. Pertama, menilai tahap keselesaan termal luaran menggunakan Indeks Keselesaan Termal Universal (UTCI) berasaskan persamaan regresi pada data suhu tertinggi berdasarkan purata data cuaca untuk tempoh 3 tahun yang direkodkan setiap jam di stesen meteorologi utama bagi lima bandar terpilih di Malaysia. Kedua, mensimulasikan susun atur bandar semasa bagi lima bandar dengan berlainan jenis bangunan (kediaman, komersial & perindustrian) berdasarkan data input cuaca teranalisis bagi senario kes terburuk menggunakan pemodelan CFD bagi menyelidik kesannya terhadap UTCI. Akhirnya, menentukan Parameter Penyusunan Bangunan (BAP) yang paling mempengaruhi UTCI. Didapati bahawa tahap UTCI di lima stesen meteorologi utama adalah dalam lingkungan 35 °C hingga 37 °C. Sementara itu, tahap UTCI ramalan yang disebabkan oleh kesan bangunan-bangunan di dalam susun atur bandar semasa umumnya adalah lebih tinggi dalam lingkungan 39 °C hingga 47 °C. Kawasan jenis bangunan perumahan di Alor Setar didapati mempunyai nilai UTCI terendah manakala kawasan jenis bangunan industri di Alor Setar menunjukkan nilai UTCI tertinggi. Keputusan dari analisis korelasi *Pearson* menunjukkan ketumpatan pepadatan dan nisbah tinggi-lebar adalah dua BAPs yang memberi kesan signifikan terhadap UTCI dengan nilai pekali korelasi ( $R^2$ ) masing-masing adalah 0.746 dan 0.689. Namun begitu, keputusan dari analisis MLR menunjukkan bahawa ketumpatan pepadatan adalah satu-satunya BAP yang mempunyai pengaruh positif sederhana terhadap UTCI dengan nilai pekali korelasi ( $R^2$ ) 0.557.

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## LIST OF SYMBOLS AND ABBREVIATIONS

UHI	-	Urban Heat Island
BAP	-	Building Arrangement Parameter
BAPs	-	Building Arrangement Parameters
UTCI	-	Universal Thermal Climate Index
UTCI <sub>BAP</sub>	-	Universal Thermal Climate Index due to BAP
PET	-	Physiologically Equivalent Temperature
SET	-	Standard Effective Temperature
PMV	-	Predicted Mean Vote
MRT	-	Mean Radiant Temperature
TEP	-	Temperature of Equivalent Perception
PTCI	-	Perceptual Thermal Comfort Index
FAR	-	Floor Area Ratio
OSR	-	Open Space Ratio
TSV	-	Thermal Sensation Vote
S/V	-	Surface to Volume Ratio
<i>RH</i>	-	Relative Humidity
UDF	-	User Defined Function
CFD	-	Computational Fluid Dynamic
RANS	-	Reynolds Averaged Navier Stokes
UTHM	-	Universiti Tun Hussein Onn Malaysia
ppa	-	People per acre
$v_i$	-	Velocity input
$v_i$	-	Simulated velocity
$\lambda_f$	-	Frontal Area Density Ratio
$\lambda_p$	-	Packing density Ratio
H/W	-	Height to Width Ratio

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PTTA UTHM  
PERPUSTAKAAN TUNKU TUN AMINAH

## CHAPTER 1

### INTRODUCTION

#### 1.1 Background of study

The impact of urban heat stress on the society and environment, especially in the urban regions, prompted this study to explore such problem. Accordingly, global warming and climate change occur in different parts of the world, which primarily contribute to the phenomenon of urban heat island (UHI). The UHI, an anthropogenically generated phenomenon, occurs when an urban region, compared to rural region, becomes warmer than its surrounding environment. The region can be up to 10°C warmer, depending on the local environment and atmospheric conditions. Urban heat island is the ultimate phenomenon that causes urban heat stress. The subsequent chapter discusses factors that contribute to UHI and the strategies to mitigate urban heat stress in detail. Specifically, this study focused on the factor of building arrangement parameters (BAPs) with respect to the urban design purposes, especially in the early stage of urban planning. The outdoor thermal comfort index using the Universal Thermal Climate Index (UTCI) was used in this study to quantify the level of heat stress. Proper planning is highly imperative in the effort to minimise the impact of global warming in the urban canopy layer. In this case, the level of outdoor thermal comfort in these future urban areas can be improved. This study focused on the pedestrian level given the public preference to participate in the outdoor activities, such as cycling, walking, and other activities without experiencing unfavourable climatic conditions, especially in the worst-case scenario of heat stress.

## 1.2 Problem statement

An urban area can be described as a combination of place and occupants in a massive population that includes various natural elements, social activities, and human activities. Usually, the occupants prefer to participate in outdoor activities, such as cycling, walking, and other activities at the pedestrian level without experiencing unfavourable climatic conditions. However, rapid urbanisation and industrialisation have adversely impacted the urban environmental heat stress due to urban heat island phenomenon. Recently, the problem of heat stress becomes a major concern among people living in urban areas. Numerous studies highlighted the critical problem of heat stress across different countries all over the world. Additionally, the relationship between urbanisation and the formation of heat stress problem was also extensively demonstrated. For instance, Shenzhen in China was reported to encounter critical case of heat stress and thermal aggravation impact that affect urban sustainability (Chen *et al.*, 2004). The phenomenon of heat stress in Japan has also recently worsened during the summer, which prompted Ooka, Chen & Kato (2008) and other Japanese researchers to explore the impact of future plants and building layout for the development of optimum urban design guidelines. Besides that, van Hove *et al.* (2015) reported that Netherlands also recently experienced the highest increase of temperature (from a difference of 4.3 °C to about 8 °C) due to the rapid urbanisation, which reflects the critical case of urban heat stress.

The impact of urban heat stress on the public health have also gained growing interest among researchers. For instance, Tam, Gough & Mohsin (2015) assessed the level of urban heat stress at five selected urban areas (i.e., Buffalo, Chicago, Oshawa, Montreal, and Edmonton), which assisted the public health officials in their effort to reduce health-related risks due to heat stress problem. After all, extreme heat events (EHEs) in the urban regions were revealed to contribute to the high rates of both mortality and morbidity (Norton *et al.*, 2015). Similarly, Toparlar *et al.*, (2015) asserted that urban heat stress affects the urban microclimate and negatively affects the death and illness of society. Another study also revealed that the outdoor thermal comfort primarily affects the health of pedestrians in the urban areas (Taleghani *et al.*,

2014). Therefore, the unwanted impact of heat stress towards occupants in urban areas should be reduced.

In general, several factors contribute to the phenomenon of UHI that can lead to urban heat stress problem. The factors that contribute to heat stress in urban areas include: (1) the production of anthropogenic heat from various industrial activities; (2) the emission of light from the buildings and ground, resulting in the formation of infrared radiation; (3) the shrinkage of green areas; (4) sunlight and climatic conditions; and (5) poor urban design that contributes to heat stress problems, such as the increase in temperature and heat from solar radiation (Memon, Leung, & Chunho, 2008; You, Kim, & You, 2013). For instance, Papamanolis (2015) acknowledged the characteristics of the built environment as a factor that contribute to heat stress problem. Thus, building arrangement in terms of building height serves as an important factor that contributes to urban heat stress. Urban morphology and urban properties were identified as some of the major factors that influence the urban microclimate of urban areas (Latini, Cocci Grifoni, & Tascini, 2010). On a similar note, van Hove *et al.* (2015) highlighted the significant relationship of building arrangement, urban furniture, and green landscaping with the formation of urban heat stress. The BAPs, such as height to width ratio (H/W ratio), packing density, and building shape, also influence the wind flow and dispersion (Ahmad, Khare, & Chaudhry, 2005). Niu *et al.* (2015) also identified the density of tall buildings in the urban areas as a major factor that reduces the average wind speed and contributes to urban heat stress. According to Rajagopalan *et al.* (2014), narrow streets with the growing number of tall buildings entrap heat and greatly reduce the wind flow, which contribute to the increase of temperature. This highlights the significance of building arrangement in terms of building height as a factor that contributes to urban heat stress. Building arrangement, especially of those densely built-up urban zones, increases the temperature, resulting in the formation of urban heat stress zones (Abd Razak *et al.*, 2013; Gago *et al.*, 2013; Yuan, Ng & Norford, 2014). Notably, the relationship between building arrangement and urban heat stress within the Malaysian context was also assessed. Rajagopalan *et al.* (2014) demonstrated the existence of urban heat stress in Muar, Johor, which reaffirmed the occurrence of urban heat stress in Malaysia. The study revealed that urban heat stress intensifies around 4 °C during the day and around 3.2 °C at night.

Despite the significance of building arrangement strategies as one of effective measures to minimise the impact of urban heat stress which subsequently reduces the heat stress problem, the study did not highlight systematic means to mitigate urban heat stress in detail. Meanwhile, Jamei *et al.*, (2015) also demonstrated the existence of urban heat stress in Melaka, Malaysia. Evidently, urban heat stress is a critical thermal environmental problem that occurs in the urban areas globally (Å & Lun, 2008), including Malaysia which subsequently reduce the outdoor thermal comfort at pedestrian level. Hence, BAPs clearly would contribute to urban heat stress, which propelled this study to investigate the significant BAPs that influence the heat stress particularly in Malaysian urban areas. In this thesis, an attempt has been made to evaluate the most influential building arrangement parameter towards the pedestrian's outdoor thermal comfort.

### 1.3 Research questions

Based on the research problem highlighted earlier, the following questions have been formulated for this study:

- i. What is the level of outdoor thermal comfort at the worst case scenario at urban areas in Malaysia?
- ii. What is the impact of the current complex building layouts on the outdoor thermal comfort at urban areas in Malaysia?
- iii. What are the most influential of BAPs towards outdoor thermal comfort in hot and humid tropical climate especially in Malaysia urban areas?

### 1.4 Research aims and objectives

The aim of this research is to establish the outdoor thermal comfort index due to BAPs in hot and humid tropical climatic region, particularly in the urban areas (complex building) of Malaysia. In order to achieve this aim, specific objectives are set as the following;

- i. To evaluate the outdoor thermal comfort at the hottest daily temperature based on the climatic data of 3 years at selected urban areas in Malaysia.
- ii. To investigate the impact of the current complex building layouts on the outdoor thermal comfort at selected urban areas in Malaysia based on the analysed climatic input data of the worst case scenario using CFD modelling.
- iii. To establish the most influential building arrangement parameter towards the outdoor thermal comfort.

### **1.5 Scope of study**

This study specifically evaluated the outdoor thermal comfort adopting UTCI with respect to the urban design purposes. Hence, the development of a new assessment method to quantify the outdoor thermal comfort level was not part of this study. Instead, this study served to assist in the planning and design of building with respect to the BAPs, which addressed the urban heat stress and outdoor thermal comfort in hot and humid tropical climate, particularly in the urban areas of Malaysia. In addition, this study employed 3D urban simplified models of actual case studies of five selected cities namely Alor Setar (represents northern region), Shah Alam (represents Central Region), Kuantan (represents East Coast Region), Kuching, and Kota Kinabalu (both represent East Malaysia) to characterise the urban areas in Malaysia (Burian, Brown, & Linger, 2002). Johor Bahru city (represents Southern Region) was not considered since the nearest weather station located in Senai is quite far, which is more than 25 km away. In particular, a flat surface for all cases was assumed for the topographic map in this study. A static condition (i.e., stationary objects, such as buildings) without green areas, human beings, or any factors that produce water vapour or condensation (that may have contributed to the relative humidity changes) was assumed. It may have contradicted to the actual situation with dynamic conditions due to non-stationary objects, such as automobiles, green areas, and human beings. Nevertheless, this dynamic approach was clearly not possible for this study to explore the urban areas at macro-scale that typically requires a super computer to run the simulation (extremely high computational cost). Apart from that, this study explored the outdoor thermal comfort level in only three different types of urban area, namely commercial, residential, and industrial areas within the five selected cities, using the Computational



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