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Spatial and Long-Term Temporal Changes in Water Quality Dynamics of the Tonle Sap Ecosystem

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Abstract: Tonle Sap lake-river floodplain ecosystem (TSE) is one of the world's most productive freshwater systems. Changes in hydrology, climate, population density, and land use influence water quality in this system. We investigated long term water quality dynamics (22 years) in space and time and identified potential changes in nutrient limitation based on nutrient ratios of inorganic nitrogen and phosphorus. Water quality was assessed at five sites highlighting the dynamics in wet and dry seasons. Predictors of water quality included watershed land use, climate, population, and water level. Most water quality parameters varied across TSE, except pH and nitrate that remained constant at all sites. In the last decade, there is a change in the chemical nutrient ratio suggesting that nitrogen may be the primary limiting nutrient across the system. Water quality was strongly affected by development in the watershed i.e., flooded forest loss, climatic variation, population growth, and change in water level. Seasonal variations of water quality constituents were driven by precipitation and hydrology, notably the Mekong's distinct seasonal flood pulse.

Keywords: Mekong River Basin; Tonle Sap Lake; Tonle Sap River; hydroclimate; tropical lake; Cambodia

1. Introduction

Understanding water quality is key to understanding the health of an ecosystem [1]. Alterations to river hydrology, climate change, and nutrient loading due to anthropogenic pressure leads to the degradation of water quality and a reduction of biodiversity, fish survival, and fish growth [2–4]. The Mekong River is one of the world's largest tropical rivers, originating in China's Tibetan Plateau, and flows to the South China Sea [5]. While the river has been an important part of culture and society for thousands of years, in the past half-century, there have been substantial alterations to the Mekong River and its watershed including hydroclimate alterations, eutrophication, and deforestation [2,6,7].

Tonle Sap Lake (TSL) is in the Lower Mekong watershed and is one of the most productive freshwater fisheries in the world [8]. TSL has been recognized as a UNESCO

Biosphere Reserve due to its rich biodiversity and functional importance [9]. Together, the lake, river, and tributaries form a large and connected floodplain system called Tonle Sap Ecosystem (TSE) [10]. This ecosystem is tightly linked to water levels of the Mekong River. Flooded forest and floodplains are the primary sources of sediments and nutrients delivered to TSL [11] leading to extraordinary fish production [12]. The Tonle Sap River (TSR) has bi-directional flow depending on the season. In the wet season (June to November), water flows from the Mekong River to TSL, whereas TSL drains into the TSR into the Mekong River during the dry season (December to May) [13]. The TSE supports the economic well-being of Cambodia, providing food and especially protein to support human health [10]. The fishes returning from the lake into the TSR provide 70% of Cambodia's total inland fish catch, or 767,000 tonnes annually [14]. This is 80% of the protein for the people in Cambodia [15]. Moreover, the TSE supports both dry and wet season rice agricultural production [16].

The TSE is increasingly stressed by environmental pressures, such as changes to the watershed and hydrology of the Mekong River, which increase water pollution [2,5,17]. Recent studies have also highlighted changes in flooding regimes, alterations to floodplain habitats [18–20], and changes in river flows [21]. Dams built on the Mekong River mainstem and its tributaries have reduce streamflow and sediments flowing to TSL [11,22–24]. Also, flooded forest loss in the TSE watershed, increasing agriculture runoff and climate change are causing physical and chemical changes and water quality problems in TSL [16,25]. The flooded forest in the TSE has a constant annual loss rate of 1.2% for the last 25 years (from 1993 to 2017) [26]. Watershed characteristics of the TSE such as forest cover, climate, and agriculture influence lake characteristics (e.g., lake temperature) in the southern part of TSL [27]. The northern part of TSL receives higher nutrient concentrations due to human activities and development [2].

In general, few studies on long-term water quality dynamics exist for tropical lakes and rivers. Studies from TSL are no exception despite its ecological and socio-economic importance. The objectives of this study are to: (i) quantify the long-term spatial and temporal patterns of water quality constituents (i.e., TSS, TP, NO_3^- , NH_4^+ , DO, pH, water temperature, and dissolved inorganic nitrogen to total phosphorus ratio) in the TSE, and (ii) determine the effects of flow, climatic variables, land use types, and population density on water quality constituents. Quantifying the spatiotemporal variability and mechanisms regulating water quality patterns should assist Cambodian governmental institutions in developing policies to protect the productive fishery and livelihoods supported by the Lower Mekong Basin (LMB). To our knowledge, this is the first study of this kind analyzing high-resolution and long-term time-series data for a large tropical lake.

2. Materials and Methods

2.1. Study Area

We evaluated long-term, water quality trends from five river and lake sampling sites located in the TSE, situated from the central to northwestern portion of Cambodia (Figure 1). Prek Kdam (PK) is located in the TSR in Kandal Province. Kampong Chhnang (KC) is a transition zone that connects the TSR to TSL [8]. Kampong Luong (KL) is located in the middle of TSL in Pursat Province [8] and the area is likely polluted by domestic wastes [28] particularly from the relatively crowded floating villages. Situated toward the north of the lake, Back Prea (BP) is at the drainage of Sangke River during the flooding period, and has extensive agricultural lands, swamps, floating vegetation, flooded plains, and grasslands. This site may be affected by pollution from agricultural wastes, urban waste from the town Battambang town, gold mining, and deforestation [8,28]. Similarly, Phnom Krom (PR) is at the mouth of Siem Reap River, a TSL tributary which flows through the town of Siem Reap. This site is influenced by upland agriculture practices and domestic waste that flows directly from Siem Reap River [28] and the floating villages.

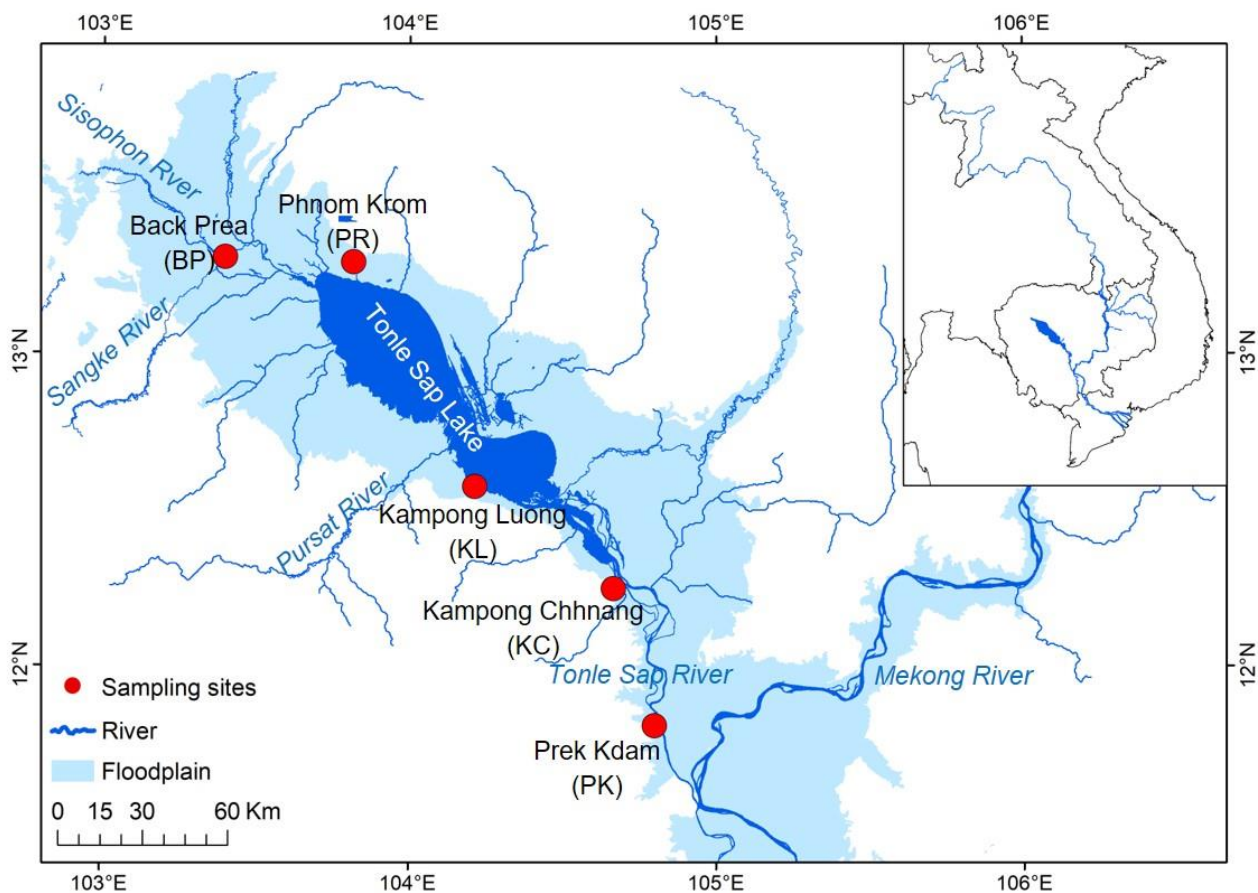


Figure 1. Sampling sites in the Tonle Sap Ecosystem.

The TSE catchment covers an area of approximately 85,790 km² [13]. About 53.5% of inflow is from the Mekong River via the TSR, 12.5 % is from precipitation, and 34% is from other tributaries [29]. Lake size and ecosystem dynamics are regulated by the flow pulse from the Mekong River and the contribution of water from tributary inflows that are driven by the tropical monsoon during the wet season [29]. The variation in water level in the Mekong River between seasons creates the two water flow regimes in the TSE. The maximum water level in TSL rise to nearly 10 m in wet season and the minimum water level decreases to less than 1 m in dry season [30]. Changes in water level between seasons change lake surface area and volume. The lake surface area ranges from 3500 km² in the dry season to 14,500 km² in the flooded season, while the water volume ranges from 1–2 km³ in the dry season to 50–80 km³ during the flooding season [30]. The floodplain of TSL watershed is dominated by rice fields and forests extending 20 to 40 km from the lake's edge [5].

2.2. Sample Collection and Laboratory Techniques

The physicochemical and water level data used in this study were obtained from the Water Quality Monitoring Network of the Mekong River Commission (MRC). The MRC in partnership with its member countries regularly monitors water quality on 48 stations in the LMB [31] and we analyzed the data from the five sites in the TSE, Cambodia (Figure 1). Three sites, PK, KC, and KL, were monitored from 1996 to 2017 while BP and PR were monitored from 2005 to 2017. Water samples were collected from 30–50 cm below the water surface between the 13th and 18th day of each month [32].

Water sampling, preservation techniques, and chemical analysis protocols followed the methods outlined in The 20th edition of the Standard Methods for the Examination of Water and Wastewater [33] or the national standards complying with the requirements of method validation of ISO/IEC 17025-2005 (Table 1) [34]. In situ water quality measure-

ments included water temperature (wtm, °C), pH, and dissolved oxygen (DO, mg/L) which were measured using calibrated water quality probes. Grab samples of water were preserved in the field and brought to the laboratory at the Ministry of Water Resources and Meteorology in Phnom Penh to analyze ammonium, dissolved inorganic nitrogen, and total phosphorus [28]. Total suspended solids (TSS) were measured using a 0.45 µm pore size glass fiber filter following the 2540-D-TSS-SM standard method (Table 1). Dissolved inorganic nitrogen (combined nitrate-NO₃⁻ and nitrite-NO₂), hereafter referred to as “NO₃⁻”. Ammonium (NH₄⁺) concentrations were measured following the 4500-NH₄⁺-SM method with the minimum detection of 0.002 mg/L (Table 1). Total phosphorus (TP) concentration was measured by the stannous chloride method (4500 SM) with the minimum detection of 0.003 mg/L (Table 1).

Table 1. List of the water quality methods used for each nutrient and total suspended solids.

Parameters	Abbreviation	Units	Methods	Filter	Detection Limit
Total Nitrate and Nitrite	NO ₃ ⁻	mg/L	4500-NO ₃₋₂ /SM	0.45 µm	0.001 mg/L
Total Phosphorus	TP	mg/L	4500-P/SM	0.45 µm	0.003 mg/L
Ammonium	NH ₄ ⁺	mg/L	4500-NH ₄ ⁺ /SM	-	0.002 mg/L
Total Suspended Solids	TSS	mg/L	2540-D-TSS-SM	0.45 µm	-

2.3. Watershed Land-Use Estimations and Climate Data

We delineated watershed area for each of the five study sites (Figure 1) using a 90-m resolution digital elevation model (DEM) [35]. We filled pits, calculated flow direction within an eight-cell neighborhood, and calculated flow accumulation to estimate watershed delineation [36]. Due to the low-angle topography of the Tonle Sap Basin and the coarse resolution of the 90-m DEM, the location of the study sites did not exactly match the DEM used to delineate the watersheds. To solve this issue, the location for each of the five site locations was manually moved to the nearest cell with a high flow accumulation (i.e., rivers).

In each of the five watersheds, we calculated the proportion of five land cover categories and population density at an annual resolution from 2000 to 2017. Total forest cover and flooded forest cover were from [26] which were smoothed in order to ensure realistic changes from one year to the next. The remaining land cover types were downloaded from the Regional Land Cover Monitoring System website [37] and included the proportion of rice, plantations (mostly rubber, cassava, and mangoes), and all other crop types. Fully urbanized land cover types were rare in this study area. Therefore, we used the Gridded Population of the World dataset version 4 [38] which provided gridded population estimates at 1 km resolution for five-year increments (2000, 2005, 2010, 2015, and 2020). For the intervening years, we estimated the population by linearly interpolating between the five-year start and endpoints. The gridded population data was mapped as population count in 1 km grid cells.

Monthly mean precipitation and air temperature were downloaded from the Centre for Environmental Data Analysis [37,38] which is available at [39] using `ncdf4` and `raster` packages in R program to gather and synthesize the data [40,41].

2.4. Data Preparation

Linear interpolation was used to estimate the missing values within our time-series data [42]. Missing values of daily water level data (~1.04%) in KL between January and March 1996 and April 1998 were filled by using a linear regression ($R^2 = 0.87$) between the water level in PK and the water level in KL from April 1996 to December 2019. Next, we computed maximum monthly water level data from the daily data at both sites, KL and PK. As water level data from TSL were available only from KL, these data were also used as predictors for water quality parameters at other lake's sites (BP and PR). For the same

reason, water levels in PK were used as predictors for water quality parameter analyses at river sites PK and KC.

Since water quality data were not available for all years before 2005, we used data from 2005 to 2017 to compare water quality parameters among sites as well as between wet and dry season. However, to highlight temporal change and to evaluate the overall trend within a site, we used all data available at each site, which included data from 1996 to 2017 for KC, PK, and KL and from 2005 to 2017 for BP and PR.

Then, we studied the relationship between water quality parameters and drivers. Water quality parameters, precipitation and air temperature had a monthly; water levels had a daily timestep, and watershed land use was the annual proportion of land cover type. We used average wet and dry season data of monthly water quality parameters, air temperature, precipitation, monthly maximum water levels (Max. WL), and annual watershed land use data to study relationship between each water quality parameter and predictors in the wet and dry season in each site. After that, we averaged annual data of all predictors and water quality parameters to study their relationship overtime. We defined the wet season (June–November) and dry (December–May) seasons, based on 9-year mean daily water levels of the Mekong River when entering Cambodia in Stung Treng Province [43].

2.5. Statistical Analyses and Data Presentation

Water quality parameters at each site were described by descriptive statistics including mean, maximum, minimum, median, standard error, and standard deviation from 2005 to 2017. In aquatic systems, the dominant forms of inorganic nitrogen associated with nutrients enrichment include NH_4^+ and NO_3^- ; these chemical species are commonly measured to when trying to understand pollution [44]. TP is commonly measured in water since it includes orthophosphate, an inorganic phosphorus form, and in particulate matter which supply or uptake of inorganic phosphorus within water [45]. Moreover, DIN:TP can predict nutrient limitation on phytoplankton growth with 84% accuracy and applies to a variety of lake conditions and types [45]. Unfortunately, the long-term data collections used here do not include analysis of dissolved inorganic phosphorus including orthophosphate. As a result, we estimate the potential nutrient limitation of algal growth over time using chemical conditions of DIN:TP and estimated deviations from the Redfield's ratio (by weight) of 7.2. The DIN:TP ratio values above 7.2 suggest the potential for P-limitation, whereas values below this threshold (by weight) indicates N-limitation. We recognize there can be variation in the threshold ratio used to estimate nutrient limitation. Reasons for variation in this threshold includes the algal physiological condition, species community composition, and the chemical composition of constituents in the water. Thus, we view these estimations as a first cut at estimating nutrient limitation with subsequent research needed to quantify algal nutrient limitation in the TSE.

Differences in each water quality parameter (i.e., TSS, TP, NO_3^- , NH_4^+ , DIN:TP ratio, DO, pH, and wtem) among sites were investigated using a non-parametric multiple comparison test after Kruskal Wallis test, using *kruskalmc()* function of "pgirmess" package. This method is useful to indicate which groups are different in multiple comparisons, using adjusted pairwise comparisons [46]. Then, the nonparametric Mann–Whitney test (MWT) for non-paired samples (using *wilcox.test()* function) was used to reveal the significant difference between dry and wet seasons within each site for water parameters (TSS, TP, NO_3^- , NH_4^+ , DIN:TP ratio, and wtem for all sites, DO in BP, and pH in PK, KL, and PR). DO in PK, KC, KL, PR, and pH in KC and BP were tested for significant difference between wet and dry seasons by using the paired t-test (PTT) because data for those parameters were normally distributed. Box and whisker plots were used to visualize patterns in water quality parameters among sites and between wet and dry season using the "ggplot2" package [47].

To address overall long-term trends in the parameters selected, we performed a seasonal and trend decomposition analysis using a loess algorithm for water quality param-

eters (TP, NO_3^- , NH_4^+ , TSS, DO, pH, and wtem). The seasonal and trend decomposition loess algorithm was conducted by applying loess smoother, which allows fast computation for long time-series data and seasonal smoothing, and is robust in the presence of missing values and outliers [48]. This model was performed based on the “periodic” method using the *stl()* function of the “stats” package.

Following the time series decomposition analysis, the nonparametric seasonal Mann-Kendall trend test (SMK) was applied to detect the long-term monotonic trend in the monthly data of the study water quality parameters when seasonality is accounted [49,50]. The null hypothesis (H_0) was that no monotonic trends in time series data existed due to seasonality [50,51]. SMK can carry all robust data, missing values, and skewness [52]. SMK also provides the significant and trend direction by providing a positive and negative z-value indicating an upward and downward trend, respectively. More information about SMK is in [50]. The model was performed using the *smk.test()* function of the “trend” package [53].

Finally, multiple linear regression models (MLR) were applied to determine the influence of predictors on water quality parameters in each site. In the model, response parameters were TSS, DO, pH, NO_3^- , NH_4^+ , TP, wtem, and DIN:TP while predictors were Max. WL, watershed land use, population density, air temperature, and precipitation. Before building the model, the dependent and independent parameters were log-transformed to reduce the effects of outliers on the model performance. Then, a backward variable selection approach based on Akaike information criterion was applied to remove unimportant parameters or retain important parameters using the “MASS” package [54].

The relative effect of each predictor on water quality parameters was assessed using the multiple linear regression standardized coefficients. The performance of the model was evaluated using the coefficient of determination (multiple R-squared). All data and statistical analyses were performed in the R language program v.4.0.5 for Windows [55].

3. Results

3.1. Spatial Variation in Water Quality Parameter

We found median TSS, TP, and NH_4^+ concentration was highest in PR followed by BP, KL, KC, and PK (Figure 2). Median TSS was significantly different between PR and the other sites. For TP, the significant difference was found between PK, KC, and PR. NH_4^+ tended to be higher north of TSL than in the south (except between PR and KL). Surprisingly, there was high variation in DO among the northern sites, with the lowest DO indicated in BP (median: 5.5 ± 0.17 mg/L) and the highest in PR (median: 6.6 ± 0.11 mg/L). The coolest water temperature in the TSE was in BP (median: 29.5 ± 0.14 °C) while the warmest water temperature was in KL (median: 30.4 ± 0.14 °C). Water temperature was similar among sites in the southern portion of TSL, and similarly tended to be higher in the northern sites. The DIN:TP ratio was under 7.2 by weight with significant variability among sites. The highest median of DIN:TP ratio was at BP (2.0 ± 0.97) and the lowest value was at PR (1.4 ± 1.37). NO_3^- and pH were not significantly different for any pairwise comparisons between sites.

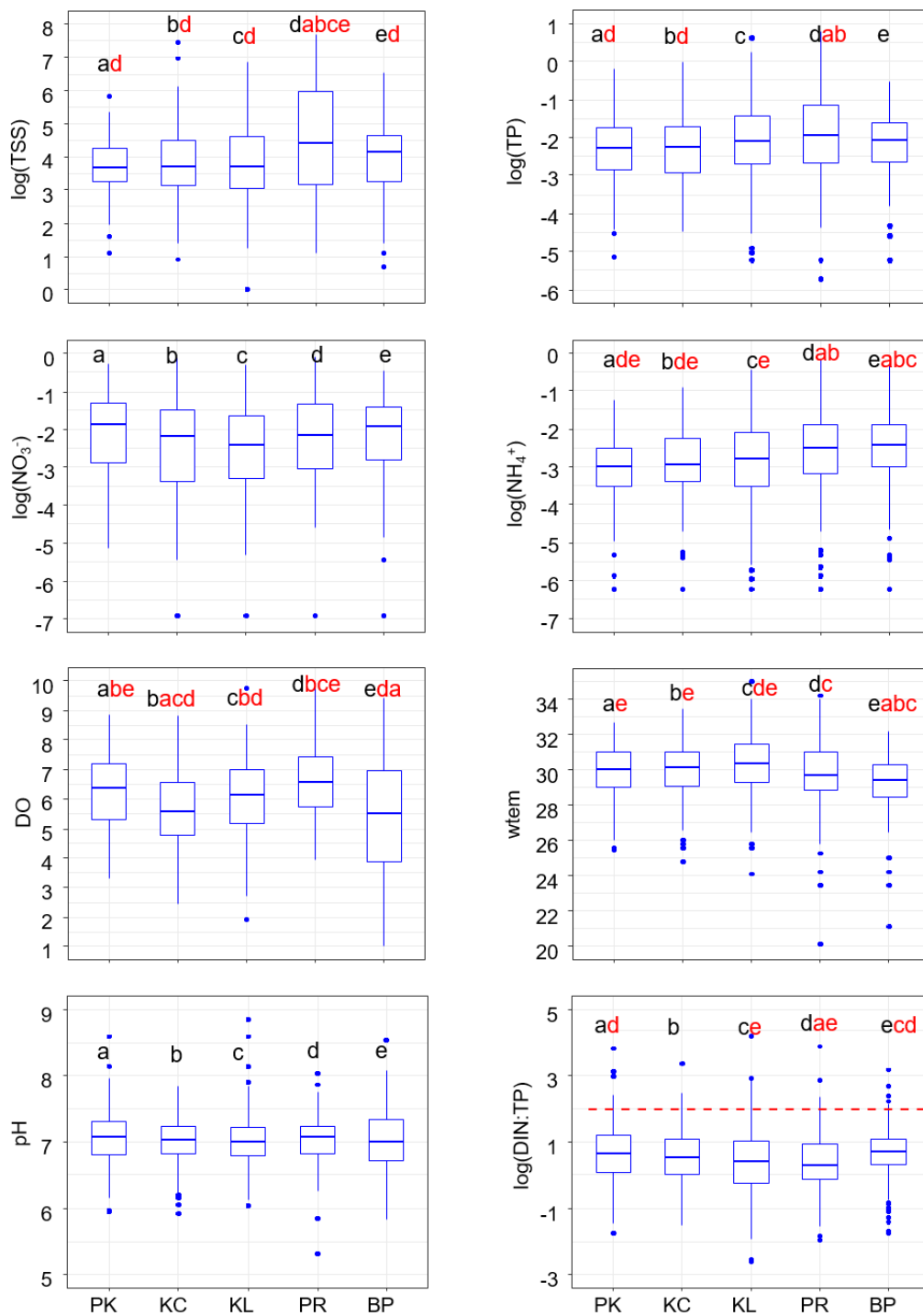


Figure 2. Variability of water quality parameters across the Tonle Sap Ecosystem and the results of the multiple comparison test after Kruskal Wallis test. The red dashed line indicates the DIN:TP ratio value at 7.2. Values above and below 7.2 indicate P-limited and N-limited, respectively. Abbreviations are as follows: PK: Prek Kdam; KC: Kampong Chhnang; KL: Kampong Luong; BP: Back Prea; PR: Phnom Krom. The label “a, b, c, d, and e” in black refer to PK, KC, KL, PR, and BP, respectively. Red letters refer to sites that were significantly different ($p < 0.05$). The location of each site is shown in Figure 1.

3.2. Temporal Trends in Water Quality Parameter

3.2.1. Trend Analyses of Water Quality Parameters

Most water quality parameters significantly increased over time except NO_3^- (Table 2). TSS and TP time series increased significantly at all sites in the south of the lake (PK and KC), except for the northern sites (BP and PR) where no significant change in TP values

was detected. NO_3^- trends were significantly downward at river sites in the south but increased trend in BP, the northern part of the lake. NH_4^+ trend was significantly upward at river sites in the southern part of TSL. DO trend increased significantly at rivers sites in the south and in the northern portion (BP) of the lake. pH trends increased significantly at the south and northern section (BP) of the lake. Last but definitely not least, water temperature trend increased significantly in the northern part (BP and PR) of the lake over the study period. Detailed results regarding the time-series decomposition analysis are given in the Supplementary Materials Table S2.

Table 2. Seasonal Mann-Kendall analysis on monthly water quality parameter time series.

Site	Parameters						
	TSS	TP	NO_3^-	NH_4^+	DO	pH	wtem
PK	+4.57 ***	+9.74 ***	−3.99 ***	+4.03 ***	+6.57 ***	+1.95	−0.84
KC	+7.79 ***	+10.35 ***	−3.70 ***	+3.77 ***	+2.65 *	+2.00 *	+0.86
KL	+5.52 ***	+8.65 ***	−0.75	+1.37	+0.49	+2.35 *	+0.82
PR	+3.44 ***	−0.35	−0.53	+0.81	+0.28	+1.46	+2.84 **
BP	+0.16	+1.22	+3.15 *	+0.37	+6.62 ***	+4.37 ***	+2.25 *

The values are the standardized z-statistic with plus “+” and minus “−” signs indicate the positive and negative long-term trend in the water quality constituents in each study site. The *p*-value denotes the significance level of the detected trend. The *p*-value follows * *p*-value ≤ 0.05, ** *p*-value ≤ 0.01, and *** *p*-value ≤ 0.001.

3.2.2. Temporal Variation of DIN:TP Ratio by Wet and Dry Season

Long-term DIN:TP ratio by weighted mass illustrated that algal production in southern sites may have changed from P-limited to N-limited while sites in the north were N-limited over time (Figure 3). The sites in the south of the lake such as PK, KC, and KL dropped below 7.2 between 2003 to 2017, suggesting the potential changes in nutrient limitation of algal growth from phosphorus to nitrogen during the study period from 1996 to 2017. Sites in the north (BP and PR) were always under the ratio of 7.2, suggesting N-limitation during the study period from 2005 to 2017.

3.3. Seasonal Patterns of Water Quality

The seasonal difference for each water quality parameter is demonstrated in Figure 4. Wet season TSS was significantly lower than that of the dry season in most study sites (KC, KL, and BP) except PR. TP values in the wet season were significantly lower than those in the dry season, particularly in KC and KL. No significant seasonal difference in NO_3^- was indicated, except at BP when dry season, NO_3^- was higher than that of the wet season. Wet season DO was significantly higher than dry season DO at KC, KL, and PR. NH_4^+ and pH during the dry season were significantly higher than the wet season at all sites. However, there were no significant differences in water temperature between seasons at any sites. Lastly, the DIN:TP ratio in the dry season was significantly higher than the wet season at PK and BP only.

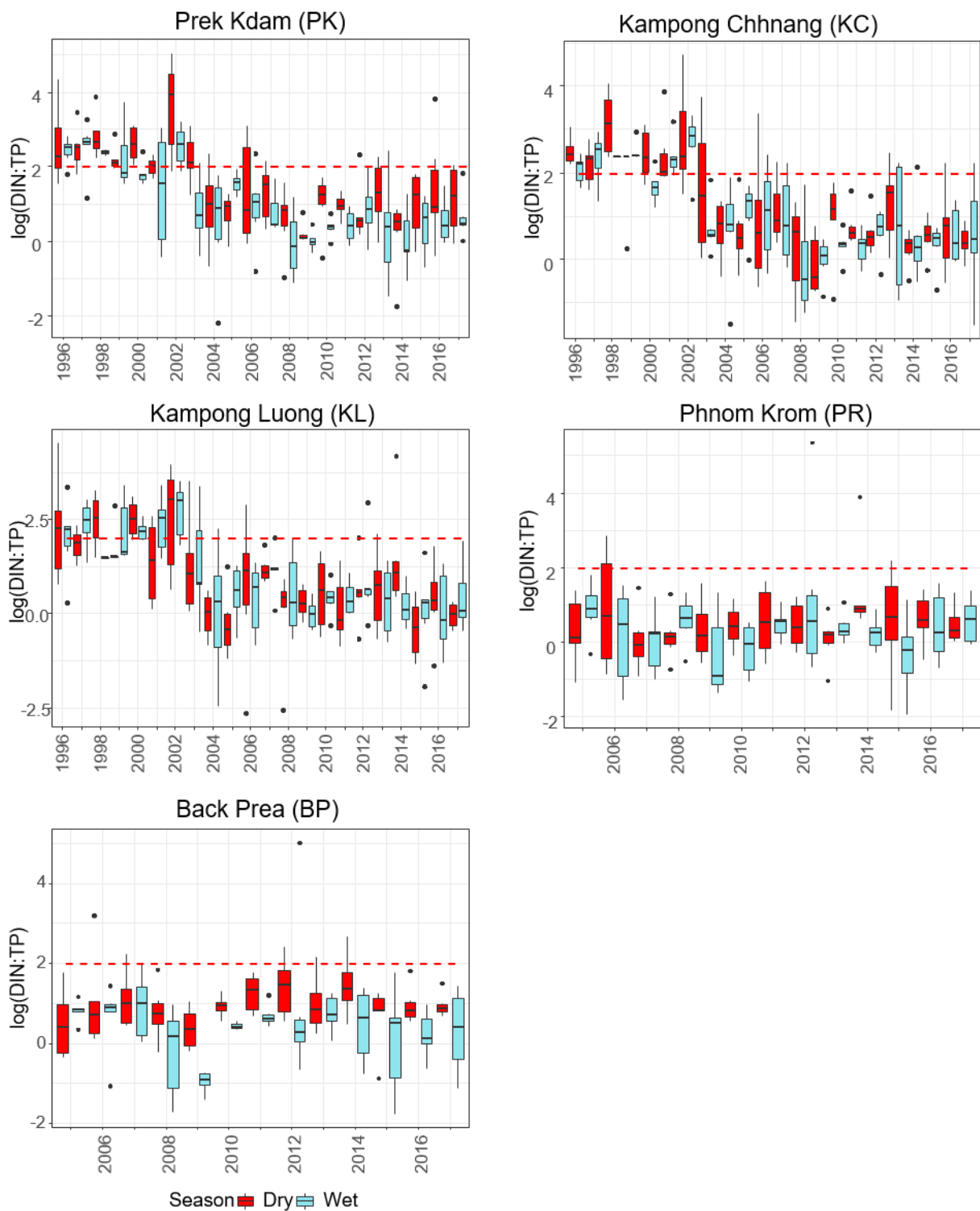


Figure 3. Temporal variation of the DIN:TP by weighted mass ratio, and grouped by wet and dry seasons. The red dashed line indicates the ratio equal to 7.2 which is the potentially optimized, nitrogen to phosphorus ratio as determined by Redfield during study periods needed for phytoplankton growth.

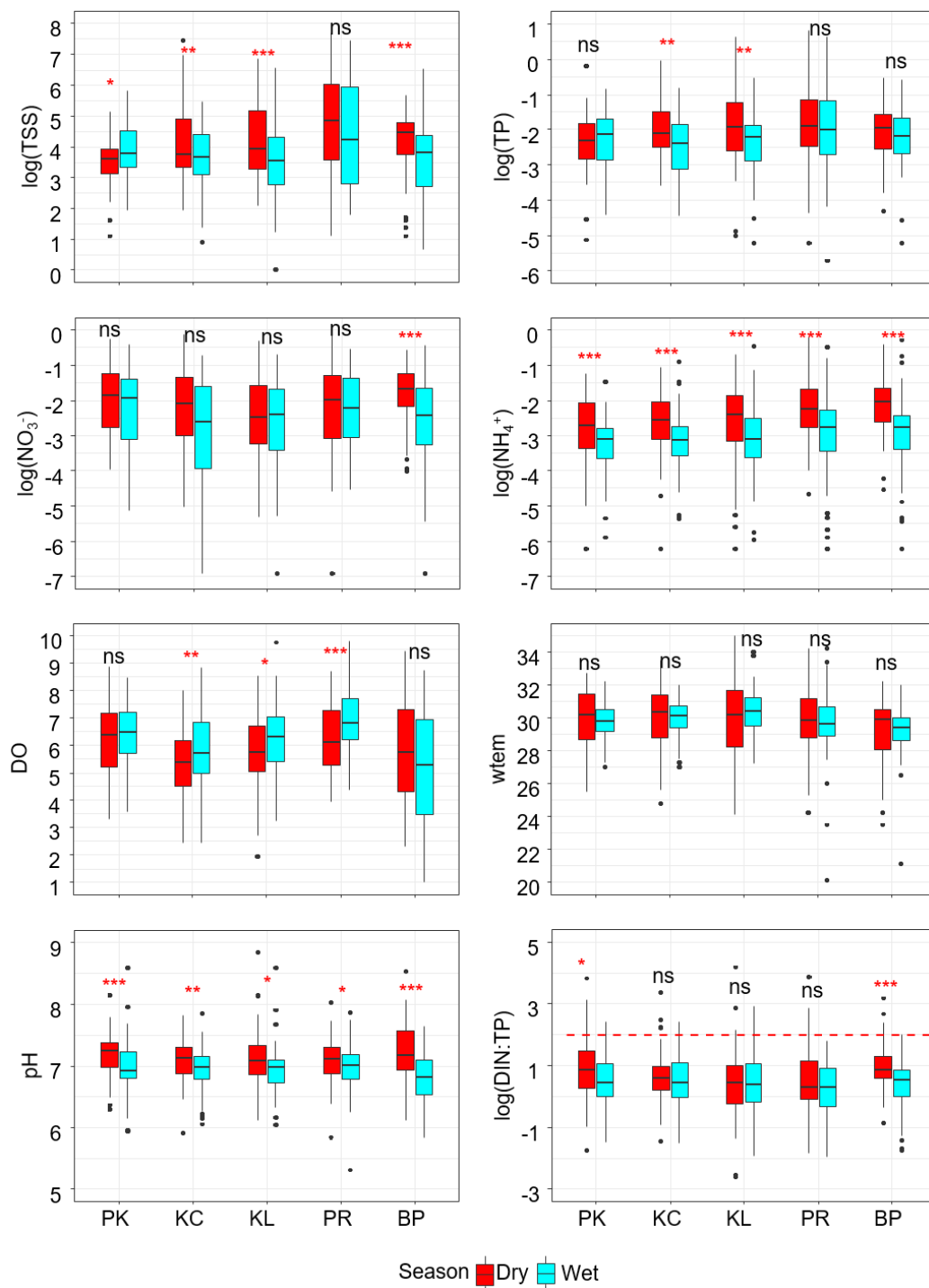


Figure 4. Wet versus dry season of water quality parameters by site in the Tonle Sap Ecosystem from 2005 to 2017. The significance levels are labeled as “ns” for a p -value > 0.05 , * p -value ≤ 0.05 , ** p -value ≤ 0.01 , and *** p -value ≤ 0.001 . The red dashed line indicates the ratio of DIN:TP at 7.2 by mass weight.

3.4. Drivers of Water Quality Change

The relationship between the study water quality parameters and environmental drivers (e.g., max water levels, climate, and land use types) and human population density for each site is presented in Table 3.

Table 3. Multiple linear regression coefficients between the eight water quality parameters and independent variables by site in the Tonle Sap Ecosystem.

Parameters	Predictors	Sites				
		PK	KC	KL	BP	PR
TSS	Max. WL	3.42 **	1.89.	2.55 *	3.02 *	(-)1.14
	Air Temperature	2.11.	2.34 *	2.36 *	—	(-)0.93
	Precipitation	(-)1.47	—	—	(-)2.94 *	(-)1.02
	Forest cover	(-)1.90.	-1.92.	(-)2.87 *	(-)5.87 **	1.32
	Flooded forest	—	—	—	1.87	—
	Population density	(-)1.67	(-)1.17	-2.61 *	—	1.73
	Plantation	—	(-)2.30 *	—	1.76	0.95
	Crops	—	(-)2.34 *	—	(-)3.45 *	(-)2.44.
	Rice	—	—	(-)1.86	—	—
	Multiple R ²	0.53	0.59	0.65	0.93	0.68
TP	Max. WL	—	—	—	—	-1.56
	Air Temperature	(-)1.49	—	—	—	—
	Precipitation	—	—	—	—	—
	Forest cover	(-)2.54 *	(-)3.39 **	(-)3.94 **	—	—
	Flooded forest	(-)3.83 **	(-)2.12.	(-)1.59	—	—
	Population density	(-)3.70 **	(-)6.13 ***	(-)5.43 ***	—	—
	Plantation	—	(-)1.74	—	—	—
	Crops	—	—	—	1.48	—
	Rice	—	—	—	—	2.73 *
	Multiple R ²	0.78	0.87	0.83	0.17	0.43
NO ₃ ⁻	Max. WL	—	—	—	(-)2.79 *	(-)4.68 **
	Air Temperature	—	—	—	(-)1.46	(-)3.03 *
	Precipitation	—	—	—	1.94	—
	Forest cover	(-)1.37	—	—	1.9	3.32 *
	Flooded forest	—	—	—	—	(-)3.26 *
	Population density	(-)1.53	—	—	1.73	2.73 *
	Plantation	—	—	—	2.31.	—
	Crops	—	—	—	—	(-)4.79 **
	Rice	—	—	—	0.95	—
	Multiple R ²	0.27	—	—	0.71	0.91
NH ₄ ⁺	Max. WL	3.06 **	—	(-)2.37 *	(-)1.07	(-)1.64
	Air Temperature	—	—	(-)4.69 ***	—	(-)1.1
	Precipitation	—	1.7	—	1.5	5.51 **
	Forest cover	—	(-)1.87.	—	—	(-)1.76
	Flooded forest	(-)2.91 *	—	—	1.95	1.88
	Population density	(-)2.03.	-1.65	—	1.67	—
	Plantation	—	—	—	2.66 *	4.03 *
	Crops	—	—	—	2.26.	1.61
	Rice	—	—	—	2.58 *	5.46 **
	Multiple R ²	0.67	0.39	0.54	0.82	0.96
DIN:TP	Max. WL	—	—	—	1.54	2.41.
	Air Temperature	1.83.	—	—	—	1.89
	Precipitation	—	—	—	—	—
	Forest cover	1.51	2.87 *	4.19 **	(-)1.57	(-)1.49
	Flooded forest	3.38 **	—	—	2.48 *	—
	Population density	2.71 *	2.25 *	3.08 **	(-)1.54	(-)1.89
	Plantation	—	—	2.00.	3.30 *	—
	Crops	—	—	2.21 *	2.70 *	1.97.
	Rice	—	(-)1.94.	(-)1.47	—	(-)2.31.
	Multiple R ²	0.70	0.77	0.81	0.76	0.71
DO	Max. WL	—	—	(-)1.25	(-)2.70 *	(-)2.02.
	Air Temperature	—	—	—	(-)4.11 **	(-)1.75
	Precipitation	(-)2.08.	—	—	(-)2.43.	—
	Forest cover	—	—	2.87 *	1.67	2.77 *
	Flooded forest	(-)2.26 *	—	(-)2.79 *	5.35 **	—
	Population density	(-)1.85.	—	—	4.78 **	2.83 *
	Plantation	-1.4	—	(-)2.11.	6.09 **	—
	Crops	—	1.57	—	—	—
	Rice	(-)1.90.	(-)1.66	(-)5.22 ***	—	—
	Multiple R ²	0.73	0.32	0.71	0.97	0.52

Table 3. Cont.

Parameters	Predictors	Sites				
		PK	KC	KL	BP	PR
pH	Max. WL	2.04.	1.71	–	1.27	1.78
	Air Temperature	–	–	–	1.24	0.75
	Precipitation	(–)1.43	(–)1.86.	(–)2.23 *	–	(–)1.3
	Forest cover	(–)2.70 *	–	4.00 **	–	(–)1.54
	Flooded forest	1.92.	1.87.	–	(–)1.65	1.1
	Population density	–	2.25 *	4.25 ***	(–)1.11	(–)1.21
	Plantation	–	–	–	(–)1.99	(–)3.43 *
	Crops	–	–	–	(–)1.15	1.93
	Rice	–	–	–	(–)1.05	–1.3
	Multiple R ²	0.56	0.44	0.62	0.76	0.92
wtem	Max. WL	–	–	(–)2.59 *	(–)2.07.	1.14
	Air Temperature	2.73 *	–	–	–	–
	Precipitation	–	–	–	0.98	2.94 *
	Forest cover	–	–	2.66 *	–	(–)1.89
	Flooded forest	1.51	3.24 **	(–)1.27	1.84	1.76
	Population density	1.81.	3.68 **	1.59	1.14	(–)1.3
	Plantation	–	–	(–)2.48 *	1.31	(–)2.42.
	Crops	–	–	–	1.88	3.29 *
	Rice	–	–	(–)1.36	1.5	(–)1.39
	Multiple R ²	0.59	0.62	0.71	0.71	0.93

The model performance for the parameters is indicated as the multiple R². A dash “–” indicates no relationship between parameters and predictors. The minus sign “(–)” indicates a negative relationship. Significance levels are: * p -value ≤ 0.05 , ** p -value ≤ 0.01 , and *** p -value ≤ 0.001 .

For TSS, the coefficient of determination (R²) of the model for each site explains between 50 to 70% of the total variance, while the model R² explained up to 93% in BP. Max. WL had a significantly positive relationship with TSS from the south to north across the lake (PK, KL, and BP), while the opposite was found for land cover types (e.g., forest cover and crops) over the study period. For TP, the model R² explained about 80% for sites in the southern and middle part of the lake (PK, KC, and KL). Land use change and population density were observed to have a significantly negative relationships with TP. Toward the northern site (PR), a significantly positive relationship was indicated between TP and rice farming, with R² of 0.43.

NO₃[–] was negatively related with most of the predictors in the northern sites of the lake except for precipitation, plantation and rice farming in PR (R² = 0.91) while, in BP, Max. WL significantly explained the change in NO₃[–] (R² = 0.71).

NH₄⁺ was negatively correlated with Max. WL and air temperature in the open area of the lake in KL (R² = 0.54, $p < 0.05$). At the river site (PK), NH₄⁺ was positively correlated with Max. WL and negatively correlated with flooded forest (R² = 0.67, $p < 0.05$). NH₄⁺ was significantly correlated to precipitation, plantation, and rice farming with R² of 0.96 and 0.82 ($p < 0.05$) for PR and BP, respectively.

The DIN:TP ratio had a significantly positive relationship with human population density and the change in watershed land use (R² range from 0.70 to 0.81, $p < 0.05$) across the system except PR.

DO was negatively correlated with flooded forest in PK (R² = 0.73, $p < 0.05$), and with flooded forest and rice farming in KL (R² = 0.71, $p < 0.05$). In the northern sites, we found a significant positive relationship between DO and population density as well as forest cover, but a negative relationship with Max. WL, with an R² of 0.52 and 0.97 for PR and BP, respectively.

pH exhibited a significant negative relationship with forest cover in PK ($R^2 = 0.56$) but a positive relationship to population density in KC ($R^2 = 0.44$). In the open area of the lake (KL), pH was negatively related to precipitation and positively correlated to forest cover and population density ($R^2 = 0.62$, $p < 0.05$). In the north of the lake, pH was negatively correlated to plantation in PR ($R^2 = 0.92$, $p < 0.05$).

Water temperature was positively correlated with air temperature in PK ($R^2 = 0.59$), and with flooded forest and population density in KC ($R^2 = 0.62$). In the open area of lake (KL), wtem had a positive relationship with forest cover but a negative relationship with Max. WL and plantations ($R^2 = 0.71$, $p < 0.05$). In the north (PR), wtem was positively correlated to precipitation and crops ($R^2 = 0.93$, $p < 0.05$), while no significant relationship between wtem and all predictive variables was found in BP.

The relationship between water quality parameters and predictors for dry and wet season is summarized in Supplementary Materials Tables S3 and S4. We found both dissimilar and similar drivers of change in water quality between seasons and this may be related to local conditions of each site. For example, precipitation impacted TSS in BP during the wet season but not in the dry season while TSS in PR was related to crops in both the wet and dry seasons.

4. Discussion

4.1. Spatial Heterogeneity of Water Quality in the Tonle Sap Lake-River Ecosystem

There was significant variability in space and time of water quality parameters within the TSE which affects the lake ecosystem. Higher concentration of TSS, TP, and NH_4^+ in the northern part of TSL may be caused from water level changes, altered sediment transport from TSL and Mekong River's tributaries [11,29], and chemical pollution from rice fields [5]. Changes in land management such as forest cover, flooded forest, and human waste likely drives the localized response of TP in the southern part of the lake. Changes in watershed and urban TP loading has also occurred in Lake Victoria, another large, tropical freshwater ecosystem [56].

Water temperature governs metabolism, biogeochemical transformations, and the distribution of biodiversity [57]. Lower water temperature in the northern part of TSL compared to southern locations may be related to agricultural development and floodplain deforestation [27]. The southern sites are within shallow and open water and connections to the atmosphere, compared to the north part e.g., BP which is covered by trees along the tributary inputs, connecting to mountains such as the Kulen mountain in Siem Reap and Cardamon mountain in Pursat.

DO is spatially variable within the TSE. Other authors have also noted spatially variable patterns in DO across TSL [58]. Quantifying why spatial variability occurs is complex but could be associated with lake depth and resulting physical air-water turbulence, biogeochemical oxygen demand within benthic sediments, or algal production. Moreover, the greening of the Mekong River, meaning increased algal production of the Mekong River, has been identified as a potential driver and has occurred from drought and changing in the Mekong's hydrology. This greening is likely due to the increases in algal production which would result in spatial variability of DO. The lowest median of DO was 5.5 ± 0.17 mg/L at BP. Thus, in general, DO concentrations were adequate for aquatic life [30] and not likely a concern for the lake as whole.

The pH values and NO_3^- concentrations were similar across study sites of the TSE. This result is likely due to chemical constituents and buffering capacity of lake water, which has also occurred in the Lake Victoria [59]. The minimum pH value at each site ranged from 5.3 to 6.0 (Table S1). Literature suggests these values could be harmful to aquatic life [34]. The spatial variation of DIN:TP might be related to different spatial pattern of nutrients nitrogen and phosphorus loading and concentration within the lake, as we suggest in the description above.

4.2. Water Quality Trends

The time series analysis indicated significant temporal changes to some of the water quality constituents of the TSE (Table 2). Sediment contributions are an important factor for explaining potential changes in the decline of fish catch in the Lower Mekong Basin. In some locations of the lake, increasing floodplain vegetation density also reduces soil erosion and TSS concentrations [25]. The decline in forest cover and water level [5,25] leads to spatial variability in the sediment pulse and increased TSS. Quantifying new sediments deposition from sub-watersheds surrounding the lake versus internally cycled sediment from lake mixing is an important next step for understanding TSS dynamics in the TSE. To our knowledge, very little effort has been undertaken to quantify TSS loads from the sub-watersheds entering TSL, which may become increasingly important as the mainstem Mekong River, and its tributaries are dammed [60].

Variability of TP increased in the southern part of the lake through time (Table 2). We believe this is from increasing human population and decline in flooded forest and forest cover resulting in nonpoint run-off (Table 3). Conversely, Chea et al. [2] found that TP increased in the northern part of TSL, a trend we observed in BP though it was not significant. The timescales of the studies are different. Chea et al. [2] measured dynamics from 1995 to 2010 while our study was conducted using data from 1996 to 2017. Given the changes to the Mekong River in the last decade from dam building, and altered hydrology, we may be observing more recent change in our study.

NO_3^- declined over time in the southern extent (PK and KC), while increasing trends were observed in BP, possibly from land use changes and dam development in the Lower Mekong River that reduced water flow [60–62]. While a previous study found NH_4^+ increase in north of TSL [2], we found NH_4^+ increased in PK and KC, which may be attributed to flooded forest loss or biogeochemical changes in the sediment-water interface of this shallow lake ecosystem. Mechanistic studies which evaluate nutrient transformation (denitrification and nitrification) along the river gradient are necessary to understand the control of nitrogen species in the Mekong River.

Temporal pH increased particularly over the last decade could be sediment presented in the water increased nutrients and alkalinity in water. Overall, water temperature is warming slightly through time. Daly et al. [27] also found a monthly temperature increase 0.03°C per year between 1988 to 2018 during the dry season in TSL due to warming air temperatures. Increasing water temperature could lead to future stress to fish, affecting biodiversity, especially for non-migratory fishes [57]. For example, lower fish species richness and yield were observed in the north part of the lake [63]. Warm water increases in the north part of the TSE might be related to pollution since water temperature, nutrients, and TSS increase in tandem, as described above.

DO trends were variable depending on sediment flux, air temperature, forest cover, and flooded forest [25,27,43]. Chea et al. [2] found a decline in DO in the northern part of the lake due to human activities. We also observed declining DO in PR from 2006 to 2010. This decline may be attributed to the site location near Siem Reap city, a tourist destination city with expected more pollution anticipated than at other sites. On the contrary, DO was increasing at BP, a site with substantial forest cover. Given recent hydroclimate changes of the Lower Mekong River, understanding water temperature trends could be a key to understanding changes to the TSE. Yang et al. [64] have demonstrated that increasing water temperatures and TP were the factors driving increasing phytoplankton abundance in Fenhe River, China.

4.3. Seasonal Pattern in Water Quality

In the TSE, we found that water quality parameters often differed between seasons (Figure 4). Higher sediment influxes occurred at TSL during the dry season when the lake becomes shallow and agricultural activities increase around the perimeter of the lake [23]. Sediment is also delivered to the lake through tributary inputs. At the same time, sediment at the bottom of the lake is resuspended due to wind movement and increased chemical

concentration i.e., TSS, TP, NH_4^+ , and NO_3^- [5,25,65]. However, at PK in the TSR, sediment during the wet season was about 20% higher than the dry season [66]. Lake pH differed between seasons and was significantly correlated with TSS and nutrients (Table S2). DO was influenced by floodplain changes [5]. However, a negative correlation between TSS and DO (Table S2) suggested that DO was reduced by TSS in KC, KL, and PR during the dry season perhaps from reduced primary production [67]. Utilizing other techniques to assess the amount of algal biomass, through chlorophyll-a pigmentation or oxygen water quality sensors, and free water metabolism measurements could assist in understanding links between TSS and algal productivity over time. Our results contrasted with Chea et al. [2] because we found a strong seasonal influence on most water quality parameters in the TSE. This could be due to the differences in study period length (see Section 4.2), climate, and development around the system in the last decade. We found similar results to [58] showing that water temperature across the system does not significantly differ between seasons.

4.4. Potential Nutrient Limitation Change to Algal Production

Even with the extensive spatial variation in water quality parameters presented above (Figure 2), the TSE may be a N-limited ecosystem similar to much of the Lower Mekong River system [68] and other tropical lake systems [68]. N limitation in the TSE was also confirmed by Campbell [5] based on mean monthly N:P ratio of 7.0. On the contrary, Bennet et al. [69] suggested the lake productivity is limited by phosphorus. Our studies interpreted used different water source (ground water versus surface waters), thresholds, and chemical constituents for interpreting nutrient limitation. For example, Burnett et al. [69] used the atomic ratio of DIN:DIP > 22 for P-limitation and DIN:DIP < 10 for N-limitation while our study used threshold of the Redfield ratio by mass of 7.2, where measurement below 7.2 are N-limited [70]. Future efforts should incorporate measurements of DIP, conduct P release experiments (as conducted in Bennet et al.), and employ nutrient bioassays experiments across TSL gradient to quantify algal limitation.

The significant difference of DIN:TP between wet and dry season revealed that there were seasonal dynamics influencing productivity in PK and BP. Under nitrogen limitation, high algae growth [70,71] and cyanobacteria blooms (blue-green algae) could occur [67,72]. Likewise, Campbell et al. [73] found green algae and cyanobacteria dominated with phytoplankton from August 2003 to May 2004 in the TSE.

4.5. Influence of Water Parameters

The multiple linear regression indicated that water level drives sediment concentrations, NO_3^- , and NH_4^+ in TSE. Population density, vegetation, flooded forest, and forest cover, and climate (air temperature and rainfall) also govern changes in water quality parameters [23,27]. This could influence distribution and migrations of fish species in TSL [74]. Moreover, rice field activities decreased in PR in the last decade due to urbanization and that might have reduced chemical fertilizer and pesticide use [75]. A recent study found a 26.3% reduction of resuspended sediment by floodplain vegetation and that flood pulse changes affected sediment fluxes between wet and dry seasons [76]. Forest cover may interact with TP in the southern part of the lake and with TSS in KL.

5. Conclusions

There are few, if any studies of long-term dynamics from tropical lakes particular those which play a major role in the production of the world's freshwater biodiversity. There are also few studies that integrate rivers and lakes to understand nutrient, temperature, and pollution effects on fish production [77]. In this study, we found that long-term water quality parameters in the TSE change in space and time depending on watershed land use, water level dynamics, population density, air temperature, precipitation, and flood pulse change. TSS in river sites was influenced by water level and is probably related to inflow from the Mekong River. TSS in lake sites was affected by runoff, rising air temperature,

and resuspended sediment from the bottom of the lake. TP has increased in the TSE due to the loss of forest cover and flooded forest, and rising population density. Similarly, rice production likely contributed TP to the TSE. Changes in water level, flooded forest, forest losses, crops, plantation, population density, and climate have changed in NH_4^+ and NO_3^- in water, particularly in the north part of the lake. DO, water temperature and pH in KL and the northern part of the lake were are threatened by low water levels, change in forest and flooded forest cover, population, and climate. At the same time, variability of DO, pH, and water temperature in TSR (PR) and KC occurred due to deforestation and air temperature change. Lastly, DIN:TP ratio change in space and time, indicating potential alterations to algal nutrient limitation which should be further studied if we are to understand the linkages between changes in hydrology and changes to fish production.

Our research highlights the need for research examine links between the spatial-temporal patterns of water quality and fish production and biodiversity. For example, Chea et al. [2] showed that spatial patterns of DO, pH, and TP influenced the spatial structure of the fish assemblages in the Lower Mekong River. It is likely that variations in water quality in the TSE drive some of the spatial and temporal variation of fish catch, similarly to what has been found in [78] and in the Amazon River [79]. We recommend spatially distributed water concentration monitoring in the same locations of fisheries monitoring to answer these questions and predict future fish diversity and yield scenarios. We also recommend investigating the species specific water quality tolerances of fishes, and another biodiversity to each water constituents. Researchers are needed to support research that considers mechanistic investigations to understand the biogeochemical and metabolism transformations associated with elevated temperatures, changes in nutrient state, and light. In general, there are far fewer studies in the literature related to the mechanistic understanding of basic limnological processes including metabolism and nutrient transformations in tropical aquatic ecosystems. With the flood pulse of the Mekong River and alterations to upstream hydrology, there is a unique opportunity to understand mechanistic influences of anthropogenic drivers to a tropical lake. Finally, increasing pollution of concern not only for the animal biodiversity but also for human health. Local people who use water directly from the lake or river system. In summary, the Cambodian government and scientists should invest in understanding water quality drivers and their implication for food web production in the system to improve biodiversity, and human health for the impoverished that depend on the Tonle Sap ecosystem functions and services.

Supplementary Materials: The following are available online at <https://www.mdpi.com/article/10.3390/w13152059/s1>, Table S1. Summary data. Table S2. Decomposition time series. Table S3. Correlation matrix. Table S4. Plots of drivers. Table S5. Drivers of water quality change in wet and dry season.

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