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## Analysis of gut microbiota and immune-related genes during sea cucumber (*Apostichopus japonicus*) response to dietary supplementation with *Codonopsis pilosula*

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**Key words:** *Codonopsis pilosula*, *Apostichopus japonicus*, gut microbiota, high-throughput sequencing, immunity

### Abstract

The gut microbiota composition of sea cucumber (*Apostichopus japonicus*) was investigated using high-throughput sequencing techniques. The mRNA expression of complement component 3 and lysozyme genes was evaluated using quantitative fluorescence PCR. Sea cucumbers were fed with a basal diet (control group) and an experimental diet supplemented with *Codonopsis pilosula* (experimental group) for 30 days. The results showed that the alpha diversity of the gut microbiota was changed in different indices, including Chao1, the abundance-based coverage estimator, the Shannon index, and Good's coverage. Dietary *C. pilosula* promoted the proliferation of the Flavobacteriaceae family of the Proteobacteria phylum and reduced the relative abundance of the Verrucomicrobiaceae family of the Verrucomicrobia phylum. We concluded that dietary *C. pilosula* supplementation could alter the network interactions among different microbial functional groups by changing the ecological network's microbial community composition and biological evolution. A positive effect on *A. japonicus* immune responses in the gut was seen via increasing the mRNA expression of the complement component 3 and lysozyme genes. It seems to happen via modulating the balance in gut microbiota.

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### Introduction

The animal gut is a complex and powerful immune organ. It harbors complex communities of microbes, which play a critical role in the host's health by improving digestion or protecting against pathogenic bacterial infections (Clemente et al., 2012). There are trillions of bacteria in animals' guts, interacting with each other and forming complicated networks that accomplish systems functions through the flow of energy, matter, and information. In recent years, because of their high abundance and nutritional value, bacteria in the gut have been considered as either a direct source of disease or a source that indirectly provides the host with essential nutrients (Amaro et al., 2009; Gao et al., 2010). With the rapid development of high throughput sequencing technologies, genetic information has provided deep insights into microbiota. The association between diet and health is vital and accepted by aquaculture researchers. For example, a study using fatty acid biomarkers showed that bacteria were important dietary components of the sea cucumber, *Apostichopus japonicus* (Gao et al., 2010). Gut microbiota in the holothurians, *A. japonicus* and *Holothuria leucospilota* were shown to produce extracellular enzymes that could degrade indigestible products such as polysaccharides (Zhang et al., 2012; Zhang et al., 2013). Other reports suggested that gut bacteria may play a role in supplying specific essential amino acids to holothurians (Phillips, 1984). Researchers well accept the strong association between diet, microbes, and health. However, no reports have studied the interactions and changes among gut microbiota after *A. japonicus* is fed *C. pilosula*.

The sea cucumber is an economically important aquaculture species in China. Recently *A. japonicus* has become one of the most expensive and highly-demanded sea foods, and the farming of *A. japonicas* in northern China is essential for fisheries (Jia et al., 2020; Song et al., 2019). The rapid expansion and industrialization of sea cucumber farming have been negatively affected by infectious diseases, which have caused substantial economic losses (Wang et al., 2007). However, potential preventive and therapeutic strategies for sea cucumber infections are unavailable due to limited research efforts. Existing dietary supplementation strategies, especially the use of immunostimulants, may be applied to the control and prevention of *A. japonicas* disease. The composition and diversity of microorganisms in the digestive tract of *A. japonicus* have been surveyed sporadically. For example, Zhang et al. (2011) investigated the microorganism composition in the digestive tract of *A. japonicus* using traditional culture-dependent methods. Gao et al. (2010) analyzed bacterial diversity in the digestive tract of *A. japonicus* cultured in a pond, and found differences between the anterior intestine, middle intestine, and posterior intestine. Song et al. (2019) suggested that dietary Astragalus polysaccharide (APS) supplementation changed the enzymatic activity and expression levels of immune-related genes and antioxidant-related genes. They significantly changed the relative abundances of Proteobacteria and Bacteroidetes in the intestines of sea cucumber.

Therefore, this study aimed to evaluate the effects of dietary *C. pilosula* supplementation for the gut microbiota of sea cucumber by using high-throughput sequencing techniques. We identified a role for *C. pilosula* as a new feed additive. Lysozyme (LSZ) is an efficient natural antimicrobial enzyme and is one of the most critical immune factors in aquatic animals. LSZ can effectively damage the cell walls of pathogens invading hosts and plays an essential role in the innate immune defense (Wang et al., 2011). The complement system has been discovered in invertebrates and vertebrates, and plays a crucial role in the host's innate defense against common pathogens (Zhou et al., 2011). As a central component in the complement system, complement component 3 (C3) is an intermediary between the innate and adaptive immune systems. Thus, the mRNA expression of C3 and lys was evaluated further to summarize *C. pilosula* on the immunity of sea cucumber.

## Materials and Methods

### *Experimental animals and culture conditions*

Disease-free healthy sea cucumbers were obtained from a sea cucumber farm (Qingdao, China). Sea cucumbers were cultured in a 60 L fiberglass tank and fed a basal diet (Great seven Bio-Tech, Qingdao, China) for 7 d to acclimate to the experimental conditions. Following a 24 h fast, sea cucumbers of similar size ( $19.0 \pm 2.0$  g, means  $\pm$  SE) were randomly distributed into five aquaria at a density of 12 sea cucumbers per aquarium. Sea cucumbers were fed once daily at 3:00 pm for 30 days. The feeding rates were 2% of the bodyweight during the feeding trial. The temperature was  $16 \pm 2$  °C, the pH was  $8.0 \pm 0.5$ , the salinity was 30 ‰, and the dissolved oxygen was  $> 5$  mg/L. One-half of the water volume in the recirculating system was replaced by fresh seawater once per day, and all water was replaced once per week to maintain the water quality.

### *Experimental diets and design*

*C. pilosula* was provided by Qingdao Guofeng Pharmaceutical Co., Ltd. (Qingdao, China) and crushed to 300 mesh before use. The marine mud and *Sargassum thunbergii* were provided by Qingdao Saigelin Bioengineering Co., Ltd (Qingdao, China). The basal diet was a 1:1 mixture of marine mud and *Sargassum thunbergia*. The experimental diet was made by adding *C. pilosula* at 2% of the mass of *Sargassum thunbergia* to the basal diet. Sea cucumbers in the control group (CT) were fed with the basal diet, while sea cucumbers in the experimental group (EP) were fed the experimental diet. CT and EP had three replicates.

### *Sample collection and processing*

On the 28<sup>th</sup> day of the experiment, three sea cucumbers from each aquarium were removed at random. Their guts were isolated and immediately placed on an ice plate in a sterile environment. The gut contents were then removed through sterile operation. The contents were then collected and placed into a sterile Eppendorf centrifuge tube, and immediately placed in liquid nitrogen until experimentation. A portion of the contents were used for mRNA expression analyses, while another was used for gut microbiota analysis.

### *Gut microbiota analysis*

According to the manufacturer's instructions, Bacterial DNA was extracted using a TIANamp Stool DNA Kit (Tiangen Biotech, Beijing, China). Amplification and sequencing of the V3 region of the bacterial 16S DNA gene were performed using primers F357 (5'-CCTACGGGAGGCAGCAG-3') and R518 (5'-ATTACCGCGGCTG CTGG-3'). PCR amplification was performed under the following conditions: initial denaturation at 94°C for 2 min, 30 cycles of 94°C for 30 s, 52°C for 30 s and 72°C for 90 s, with an extension time increase of 1 s over each cycle. A final extension of 72°C for 5 min was also performed. All samples were amplified in triplicate, and all products were purified using the AxyPrep PCR Cleanup Kit (Axygen, USA). The purified PCR products were quantified using a Quant-iT PicoGreen dsDNA Assay Kit on the Promega QuantiFluor Fluorescence Quantitative System. The library concentration was more than 2 nM. After gradient dilution, the qualified libraries were mixed in proportion according to the required quantities and sequenced by NaOH denaturation as a single chain. The final library was sequenced using the Illumina Miseq 2 × 300 bp paired-end platform. From the original data, the joint sequences were removed; the paired-end reads were merged into a long tag, and tags with N (undetermined base information)  $\geq 5\%$  and inferior quality (quality Q  $< 10$  and base  $> 20\%$  of the whole tag) were removed to obtain clean data. Operational taxonomic units (OTUs) were defined with a threshold of 97% similarity. Then, a representative OTU sequence was assigned to a taxonomic identity using an RDP classifier with a default confidence threshold of 0.8-1.0. Of the remaining OTUs, only those for which at least five reads were recovered across all samples were retained for further analyses.

The relative abundance of bacteria was calculated using the sum of all tags corresponding to one bacterial group from the replicates, divided by the sum of all tags of all bacterial groups from the replicates. Alpha diversity between bacterial communities was evaluated by Shannon, ACE, Chao1, and Goods coverage. The mean of the estimated richness was used for comparisons between different samples.

### mRNA expression analysis

According to the manufacturer's instructions, total RNA was isolated using the UNIQ-10 Column Total RNA Isolation Kit (Sangon, Shanghai, China). The quality and quantity of the extracted RNA were measured using the Ultramicro Nucleic Acid Analyzer (Biodrops BD-1000) and agarose gel electrophoresis. First-strand cDNA synthesis was performed in a volume of 20  $\mu$ L with 900 ng of total RNA, 25 pM of oligo dT primers, 50 pM of random hexamers, 1  $\times$  PrimeScript buffer, and 0.5 mL of PrimeScript RT enzyme Mix I (PrimeScript RT reagent Kit, TaKaRa, China). Reactions were incubated at 37°C for 15 min, and then at 85°C for 5 s to deactivate the enzyme.

Equal amounts of cDNA templates were used for quantitative real-time PCR (qRT-PCR). qRT-PCR was performed in 20  $\mu$ L reactions containing the following components: 10  $\mu$ L of 2  $\times$  SYBR Green Master mix (SYBR PrimeScript RT-PCR Kit II, TaKaRa), 0.4  $\mu$ L of ROX Reference Dye II, 1  $\mu$ L of cDNA template, and 0.4 mM of each primer (**Table 1**). The qRT-PCRs were performed in triplicate using the CFX96 Real-Time System (Bio-RAD). The qRT-PCR parameters were as follows: one cycle of 95°C for 30 s, followed by 40 cycles of 95°C for 10 s, 56°C for 25 s and 72°C for 25 s. Melting curve analyses of the amplification products were performed at the end of each PCR reaction to confirm that only one PCR product was amplified and detected. In addition, the amplicon size was confirmed by agarose gel electrophoresis with a 100 bp ladder. The cytochrome b (Cytb) gene was used as the reference. The relative mRNA levels of the target genes were calculated as  $2^{-\Delta\Delta C_t}$  (Livak and Schmittgen, 2001).

### Statistical analysis

The gut microbiota data were analyzed using mean values. The RT-qPCR data were expressed as the mean  $\pm$  standard error (SE). Duncan's multiple range test tested the differences in SPSS 17.0. The level of significance was set at  $P < 0.05$ . All of the data were tested for normality, homogeneity, and independence before ANOVA.

**Table 1** PCR primers used in this study

Prime	Sequence (5' to 3')	Sequence information
Aj-C3-F	GCGTTGTTTCGTTCAACAAGGGGA	For AjC3 Real-time PCR
Aj-C3-R	GCCATTCACTGGAGGTGTGGCA	
Aj-LSZ-F	AGGGAGGTAGTCTGGATGGA	For Aj-LSZ Real-time PCR
Aj-LSZ-R	GCGCAAATCCTCACAGGTA	
Cytb-F	TGAGCCGCAACAGTAATC	For Real-time PCR
Cytb-R	AAGGGAAAAGGAAGTGAAAG	

## Results

### Diversity of gut microbiota

The number of OTUs, the Chao1, abundance-based coverage estimator (ACE), and Shannon indices were obtained for all samples to assess the alpha diversity of gut microbiota in sea cucumbers in the two groups (**Table 2**). All indices suggested that there were different diversities between the CT group and the ET group. *C. pilosula* optimized the gut microbiota. *C. pilosula* supplementation may inhibit the growth of some bacteria. We also computed the Good's coverage. On average, the two groups had a Good's coverage of 0.971 and 0.966, respectively, indicating that roughly two additional OTUs would be expected for every 100 additionally-sequenced reads.

### Composition of gut microbiota

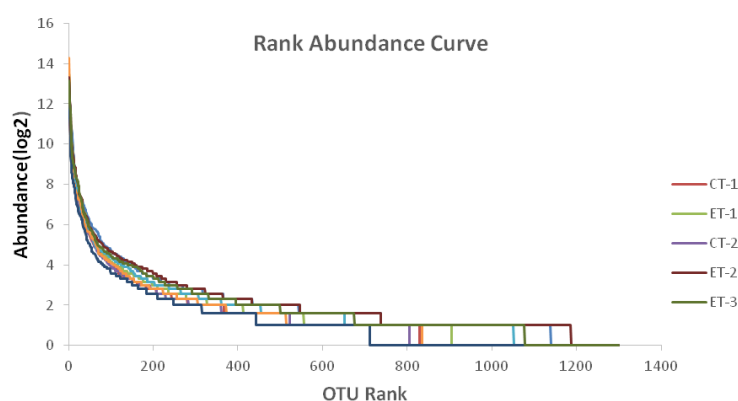
QIIME was used to randomly sample the total number of sequences in the operable taxon abundance matrix at different depths. The sparse curve (**Figure 1**) was drawn according to the number of sequences extracted at each depth and the corresponding operable taxon number. With the further increase of the number of sequences randomly selected, the curve of each sample tended to be flat. The results showed that the effective sequencing quantity had been able to cover the diversity of bacteria, the sampling depth

was reliable, and the sequencing results could truly reflect the quantity relationship of dominant bacteria in the sample.

**Table 2** Diversity indices used in this study (means  $\pm$  SE)

Groups	Diversity index				
	OTUs	Chao1	ACE	Shannon	Good's coverage
Control group, CT	3665 $\pm$ 336 <sup>a</sup>	4860 $\pm$ 376 <sup>a</sup>	7286 $\pm$ 332 <sup>a</sup>	4.12 $\pm$ 0.56 <sup>a</sup>	0.971
Experimental group, EP	3011 $\pm$ 421 <sup>b</sup>	4151 $\pm$ 423 <sup>b</sup>	5893 $\pm$ 362 <sup>b</sup>	3.60 $\pm$ 0.48 <sup>b</sup>	0.966

Note: Values in the same column with different lowercase superscripts are significantly different ( $P < 0.05$ ).



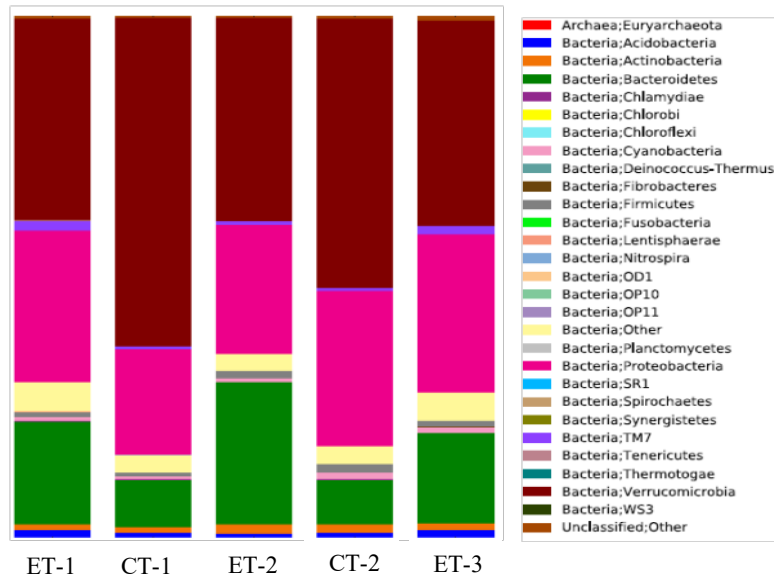
**Figure 1** Diversity comparison

Taxonomically, 34 different bacterial phyla or groups in the sea cucumber gut were identified (**Table 3**) (**Figure 2**). The dominant phyla in both groups were Proteobacteria, Bacteroidetes, and Verrucomicrobia. Specifically, as shown in **Table 3**, the CT group contained Bacteroidetes (8.8%), Proteobacteria (25.1%), and Verrucomicrobia (57.4%), while the EP group contained Bacteroidetes (21.4%), Proteobacteria (28.1%), and Verrucomicrobia (39.1%).

**Table 3** The abundance of different bacterial phyla in the gut of *A. japonicus* [(%) means]

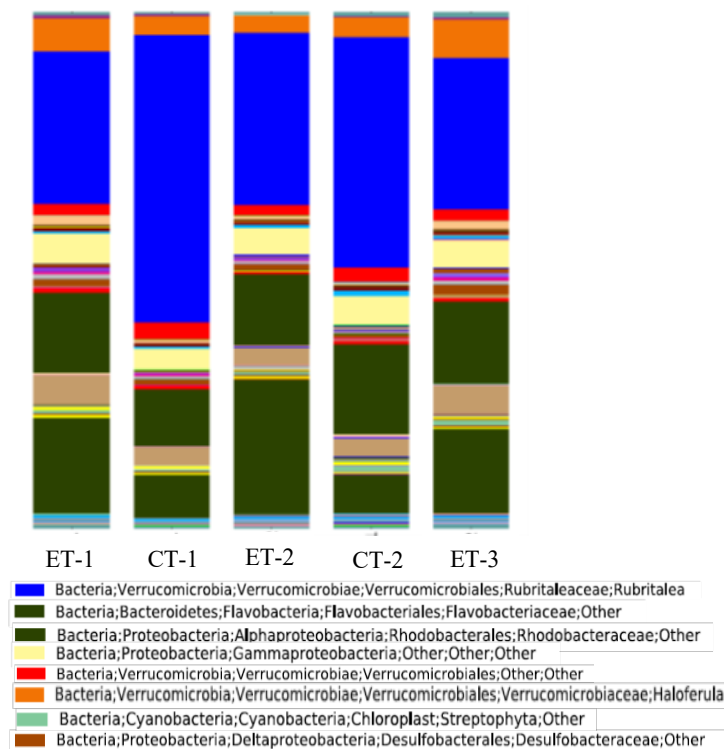
Bacteria	Control group (CT)	Experimental group (EP)
Verrucomicrobia	57.4	39.1
Sphingobacteria	0.5	1.4
Proteobacteria	25.1	28.1
Chlorobi	3.4	4.7
Firmiaites	1.2	1.2
Cyanobacteria	0.8	0.8
Bacteroidetes	8.8	21.4
Actinobacteria	1.8	1.2
Acidobacteria	0.8	1.1

The relative abundance of Proteobacteria and Bacteroidetes increased by dietary supplementation of *C. pilosula*, which was concurrent with the reduction in Verrucomicrobia.



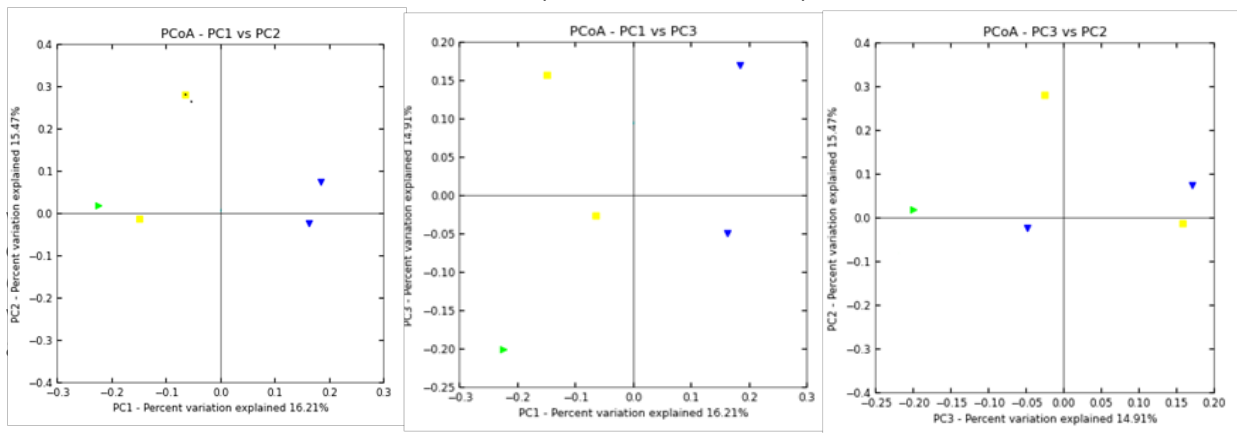
**Figure 2** Microbial communities in phylum level

The abundance results of genus level were consistent with that of phylum level (**Figure 3**). The higher abundance was streptophyta in the Verrucomicrobia (36.8%), the second was Rhodobacteraceae in Proteobacteria (13.9%).



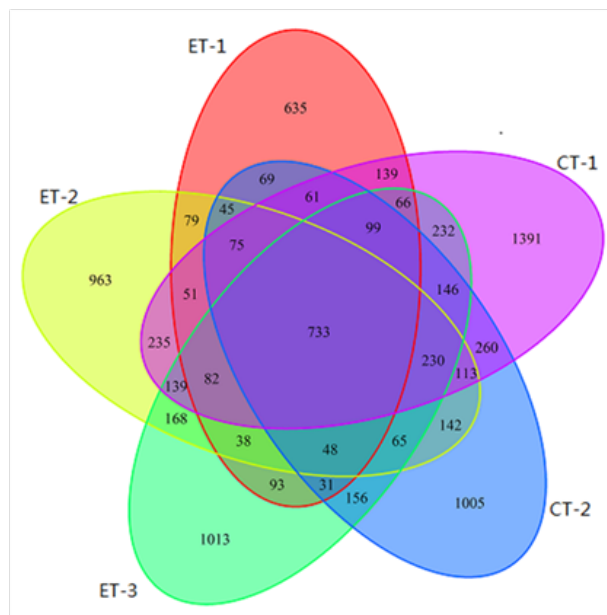
**Figure 3** Microbial communities in genus level

According to the principal coordinate PCoA analysis, the change situation and change rate of species among communities were shown in **Figure 4**, and the range of diversity coefficient was within 14.91% ~ 15.47%, 15.47% ~ 16.21%, 14.91% ~ 16.21%.



**Figure 4** 2D PCoA graph in PCoA analysis (percentage of diversity)

**Figure 5** presents the analysis of the relationship among the bacterial diversity of each sample expressed in a VENN diagram. There were 733 standard operable units between control and experimental groups in the gut samples after administering the Chinese herbal medicine *C. pilosula*. In comparison, there were 1198 different operable units in the control group, and there were 870 other operable units. In brief, dietary *C. pilosula* supplementation dramatically altered the interaction relationship.



**Figure 5** VENN diagram of the OTU Intersections

There was a positive impact on the immunity of sea cucumber. After dietary *C. pilosula* supplementation, the relative expression levels of the Aj-C3 and Aj-LSZ genes in the gut tissue of sea cucumber in the EP group were significantly higher than those in the CT group on the 28<sup>th</sup> day ( $P < 0.05$ ) (**Table 4**).

**Table 4** The relative expression of immune genes in the gut of *A. japonicus* (means  $\pm$  SE)

Groups	Aj-C3	Aj-lys
Control group, CT	1.44 $\pm$ 0.57 <sup>a</sup>	1.16 $\pm$ 0.12 <sup>a</sup>
Experimental group, EP	2.43 $\pm$ 0.06 <sup>b</sup>	1.89 $\pm$ 0.09 <sup>b</sup>

Note: Values in the same column with different lowercase superscripts are significantly different ( $P < 0.05$ ).

### Discussion

Chinese herbal medicines are well known as immune enhancers. In aquaculture, Chinese herbal medicines can inhibit pathogens, improve growth and immunity, promote digestion, and improve the structure of the intestinal microbiota (Chang et al., 2017; Chen et al., 2018; Wang et al., 2017). *C. pilosula* is a type of Chinese herb that contains active ingredients, such as polysaccharides, phenols, sterols, and saponins, among others. Such ingredients would play a positive role in the immune and digestion of sea cucumber. It has been reported that polysaccharides, which are major components of *C. pilosula* have many bioactivities, including immuno-enhancement, antitumor, antioxidant, and hypolipidemic (Sun and Liu, 2008). Thus, *C. pilosula* can replace antibiotics, inhibit pathogenic microorganisms, regulate the gut environment, and is safer than antibiotics (Zhao et al., 2013). However, a few polysaccharides have been studied in sea cucumber (Fan et al., 2013; Zhang et al., 2011; Zhao et al., 2011) and the results of those studies should be considered during the administration of polysaccharides.

In the present study, *C. pilosula* influenced interactions between species. From the microbiome viewpoint, OTUs of the same species within a module likely shared the same functions, consistent with the findings of Yan et al. (2014). Different indexes (e.g., Chao1, ACE, Shannon, Good's coverage) represented different meanings, and showed different effects. The Chao1 and ACE indexes indicate different community richness. The Shannon index indicates different community diversities. Good's coverage calculates of the number of OTUs with abundance of 1 and estimates the influence of low abundance. These indexes showed that the contents of *C. pilosula* promoted the proliferation of dominant bacteria and inhibited the growth of few bacteria; thus, adjusting the balance of the microbiota and indirectly regulating the immunity and health of sea cucumbers.

In addition to the changes in gut microbial diversity, the composition of gut microbes changed as well. The dominant phyla in both groups were Proteobacteria, Bacteroidetes, and Verrucomicrobia. At the class level, the dominant bacterial in the CT group were Verrucomicrobiae, Proteobacteria, and Bacteroidetes, whereas the dominant bacteria in the EP group were Alphaproteobacteria, Flavobacteriia, and Verrucomicrobiae. The reasons for such differences might be due to *C. pilosula* optimizing the gut environment by adding nutrients or altering micro-metabolism. A considerable role for the gut microflora is the processing and assimilation of food. It was similar to the findings of Bogatyrenko and Buzoleva (2016), Gao et al. (2014) and Yang et al. (2015). Those studies found that different dominant groups likely resulted from differences in diets. Compared to the control group, *C. pilosula* supplementation changed the nutritional composition in the gut, which led to changes in the flora, but did not increase the abundance of Verrucomicrobia. Little is known about the metabolism and ecological roles of Verrucomicrobia, except that they can degrade polysaccharides (Cardman et al., 2014). Proteobacteria and Bacteroidetes increased significantly following *C. pilosula* supplementation. The difference between these phyla and Verrucomicrobiaceae was likely because few to no Bifidobacterium spp. or Lactobacillus spp. are found in the sea cucumber, and *C. pilosula* was used as their nutrient source, which accelerated the growth of the bacteria.



A heat map was generated after classifying the sequencing data at the genus level and it was found that *C. pilosula* changed the composition of the microbiota. The similarity between the CT and EP groups was still high. Beta diversity based on the community structure was used to compare the differences among samples, and reflected the environmental heterogeneity. The specific mechanism must be further studied.

During the coevolution of intestinal microbial communities and hosts, some genes involved in host microbial interactions will be increased. Such genes have particular specificity to host intestinal microorganisms, which can be referred to in the functional network. A network connection between OTUs described the co-occurrence among microbiomes, which might be due to species performing similar or complementary functions (Zhou et al., 2011). Bacteria in the gut interact with each other, form complicated networks, and perform functions through the flow of energy, matter, and information. Thus, it is important to understand the functional network structures and the underlying mechanisms, an essential part of ecology (Olesen et al., 2007).

In addition to the change in microbial community composition, the module hubs in the EP group were also different from those in the CT group. This was probably due to the negative impact of *C. pilosula* supplementation on intestinal bacterial diversity in the EP group. From the molecular viewpoint, OTUs of the same species within a module likely share the same functions (Yan et al., 2014). Negative interactions may indicate competition or predation among the taxa, while positive interactions signify complementation or cooperative behaviors. The analysis of modular topological roles was important to identify key microbial groups based on the OTUs' roles in their modules (Deng et al., 2012). Structurally, the networks would not be affected by the extinction of peripherals.

Conversely, connectors and module hubs could play an indispensable role in the network. In brief, those results suggested that the dietary supplementation of *C. pilosula* regulated the balance of intestinal microbiota in sea cucumbers via changes in microbial community composition. However, the details of the functions of the microbiota in the ecological network require mechanistic studies. Apart from that, the strains of the typical sea cucumber microbiota characterized by the ecological network may be good probiotics for use in aquaculture (Bogatyrenko et al., 2010).

Intestine immunity plays a vital role in protecting sea cucumber from different pathogens and environmental stresses. Sea cucumbers lack an adaptive immune system and their defense mechanisms mainly rely on innate immune responses to protect them against diseases. The diverse microbial communities in the gut play a critical role in the host's health, including influencing immunity, nutrient processing, and homeostasis (Becattini et al., 2016). It was reported that the intake of exogenous substances could damage the intestinal structure, increase the abundance of pathogenic bacteria, and stimulate the responses of the inflammatory and immune systems. Therefore, it is crucial to improve intestinal immunity to resist pathogen challenge (Duan et al., 2017; Suo et al., 2017). LSZ plays a crucial role in mediating protection against bacterial invasion in the presence of complement (Duan et al., 2016). Complement components also play a pivotal role in immune responses toward bacterial infections (Gao et al., 2010). Although the heterogeneous nature of gut contents might result in different gene expression patterns, the primary purpose of this study was to gain a broad understanding of gut health in response to *C. pilosula*. We performed analyses of gene expression and provided insights into critical immune pathways and processes. In the present study, dietary supplementation with *C. pilosula* significantly induced and improved the mRNA expression of Aj-LSZ and Aj-C3 in the gut of sea cucumber. Those data suggested that *C. pilosula* might influence the intestinal immune responses of sea cucumber to protect intestinal health. The bioactivity of *Codonopsis* polysaccharide could participate in metabolic processes and promote the expression of immune-related genes. Similar results were found in a previous study where *Astragalus membranaceus* and its polysaccharides beneficially affected the immune system of sea cucumber (Wang et al., 2009). However, how dietary *C. pilosula* supplementation modulates the innate immune responses via alterations in the sea cucumber gut microbiota requires further investigation.

In conclusion, our study demonstrated that dietary supplementation of *C. pilosula* could modulate the gut microbial community in sea cucumber by promoting the proliferation of Proteobacteria and Bacteroidetes. It also changed the topological roles of the OTUs, and increased the mRNA expression of complement component 3 and lysozyme genes in the gut.

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