# **ACCESS TO LIVER TRANSPLANTATION UNDER THE NEW EXCEPTION POLICY FOR HCC AND NON-HCC CANDIDATES**

by

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#### **ABSTRACT**

**BACKGROUND:** In October 2015, the Organ Procurement and Transplantation Network (OPTN) implemented a revised liver exception point policy to address the disparity between Hepatocellular Carcinoma (HCC) and non-HCC patients in access to deceaseddonor liver transplant (DDLT). Under the new policy, HCC patients obtain exception points only after 6 months on the waitlist. The impact of this policy change on access to DDLT and waitlist mortality for HCC and non-HCC patients has not been described.

**METHODS:** Using Scientific Registry of Transplant Recipients (SRTR) data on 29,759 adult, first-time DDLT waitlist registrants from 2014 to 2016, we compared access to DDLT and mortality risk in HCC vs. non-HCC patients, pre-implementation (10/8/2014- 10/7/2015) and post-implementation (10/8/2015-6/30/2016). Waitlist dropout due to deteriorating condition was classified as mortality. We estimated cumulative incidence of DDLT accounting for the competing risk of waitlist mortality overall and for four different strata of calculated MELD (6-10, 11-18, 19-24, and 25-40). We used Cox regression to model cause-specific hazard, and Fine and Gray methods to model mortality accounting for the competing risk of transplantation, adjusting for age, gender, race, and time-varying calculated MELD.

**RESULTS:** During the pre-implementation period, HCC patients had 5-fold higher access to DDLT than non-HCC patients (aCSHR =  $_{5.32}$  5.61  $_{5.91}$ , p<0.001). During the postimplementation period, HCC and non-HCC patients had comparable chances of receiving DDLT experiencing access to DDLT (aCSHR =  $_{0.81}$  0.93  $_{1.07}$ , p>0.1). After accounting for the reduction in mortality due to transplant in both groups, risk of waitlist mortality/dropout for HCC candidates compared to non-HCC candidates increased from 1.3-fold higher risk of waitlist mortality/dropout pre-implementation (asHR  $=$ <sub>1.15</sub> 1.30 <sub>1.46</sub>, p=0.005) to 2.18fold higher risk of waitlist mortality/dropout post-implementation ( $aSHR = 1.69 2.18 2.80$ , p<0.001).

**CONCLUSIONS:** The October 2015 HCC exception policy change eliminated the disparity in access to DDLT between HCC and non-HCC patients. However, risk of waitlist mortality/dropout increased in HCC candidates compared to non-HCC candidates.

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# **Table of Contents**



# **List of Tables**



# **List of figures**



#### **BACKGROUND**

Hepatocellular carcinoma (HCC) is primary malignancy of the liver resulting from the abnormal growth of hepatocytes. Major risk factors for developing HCC include hepatitis B virus (HBV) or hepatitis C virus (HCV) infection, heavy alcohol consumption, chronic liver disease, and cirrhosis (1). Obesity (2, 3), non-alcoholic fatty liver disease (1, 4), and diabetes (3, 5) have also been found to be associated with development of HCC.

#### **Global epidemiology of HCC**

Globally, the burden of HCC varies according to geographic region, occurring predominantly in men and following the distribution of endemic HBV infection (6). According to the Global Cancer Incidence, Mortality and Prevalence (GLOBOCAN) 2012, HCC was the fifth most common cancer among men and ninth most common cancer in women, representing 7.5% (554,000 cases) of all male cancer cases and 3.4% (228,000 cases) of all female cancer cases. In 2012, HCC was the second most common cause of cancer-related death worldwide with an estimated 746,000 deaths (including male and female). Altogether, 9.1% of all cancer deaths in the world occur due to HCC, with the highest incidence of and mortality due to HCC occurring in Eastern Asia for both men and women. In 2012, the estimated age-standardized incidence rate of HCC for men in Eastern Asia was about 31.96 per 100,000 persons per year, while for women the estimated agestandardized incidence rate was about 10.02 per 100,000 persons per year. The estimated age-standardized rates of mortality due to HCC for men and women in Eastern Asia were about 30 per 100,000 persons per year and 9 per 100,000 persons per year respectively (7).

#### **Epidemiology of HCC in the United States**

According to the 2013 Surveillance, Epidemiology, and End Results (SEER), HCC is relatively rare in the United States. Based on reported cases in 2009-2013, the age-adjusted incidence rate of combined liver and bile duct cancer is 8.4 per 100,000 per year. In 2016, there were an estimated 39,230 new liver and bile duct cancer cases, representing 2.3% of all new cancer cases. However, the incidence rate has increased by 3% per year over the last ten years (8). Between 2000 and 2010, HCC incidence increased by 5.4% per year (2000-2007) and then 2.3% per year (2007-2010). The rate of increase was highest among persons aged 50-64 years. Between 2000 and 2010, there was also a rising of HCC incidence rate among white, black and Hispanic persons, while HCC incidence among Asians/Pacific Islanders showed a decreasing trend from 2002 to 2010. Overall age and race-specific incidence rates are higher among men compared to women (9).

#### **Mortality of HCC in the United States**

Based on 2009-2013 cancer deaths, the combined age-adjusted mortality rate for liver and bile duct cancer in the United States is 6.1 per 100,000 persons per year. In 2016, there were an estimated 27,170 deaths due to liver and bile duct cancer representing about 4.6% of all cancer deaths. The mortality rate for liver and bile duct cancer has been increasing by 2.5% per year for the last decade. Based on 2006-2012 SEER data, only 17.5% of liver and bile duct cancer patients survived 5 or more years after being diagnosed. However, if diagnosed at a localized stage, about 43% of liver and bile duct cancer patients survived 5 or more years after being diagnosed (8). In a study conducted using 1992-2005 SEER data,

age-adjusted mortality rates due to liver and bile duct cancer were found to be the highest among Asians/Pacific Islanders in the 35-49 and 65+ age groups (9). The same study showed that among those in the 50-65 age group, mortality was highest in Black, followed by Hispanics, Asians/Pacific Islanders, and Whites. Mortality rate also differs by state, ranging from 2.3-6.8 per 100,000 people with the highest mortality rate in Washington, DC and gulf coast states (5.6-5.8 per 100,000 people) (9). Between 2000 and 2010, mortality rate increased among persons aged 50-64 years in most states while it either decreased or remained constant among those aged 35-49 years (9).

#### **Treatment options for HCC**

Treatment selection for HCC depends primarily on the size, severity, and distribution of the underlying tumor and on the patient's physical condition. Tumor resection and liver transplantation are potentially curative treatment options for HCC (10, 11). Other treatment options for early HCC include radiofrequency ablation, microwave ablation, percutaneous ethanol injection (PEI), and percutaneous acetic acid injection (PAI). For intermediate and advanced stage HCC, treatment options are trans-arterial chemoembolization (TACE) and, in some cases, systemic chemotherapy (10-12).

#### **Orthotopic liver transplantation**

Orthotopic liver transplantation (OLT) is usually suitable for early stage HCC patients with either a single lesion ≤5cm, or ≤3 nodules, each ≤3cm without any vascular or extrahepatic spread (10, 12). Several studies reported recurrence-free survival following OLT, and, in most cases, overall survival is better for liver transplant recipients compared to patients

undergoing surgical resection (10, 13, 14). A study of 11,187 HCC cases, using 2001-2009 SEER data, found that mortality within 2 years of HCC diagnosis for the surgical resection  $(N=2150)$  group was 44%, while it was only 29% for the liver transplant  $(N=296)$  group  $(p<0.001)$  (10)

#### **Liver transplantation in the United States**

In the United States, liver transplantation is performed using both living donors (LDLT) and deceased donors (DDLT). In 2012, a meta-analysis reported similar one, three and five year survival and recurrence rates of HCC for LDLT and DDLT recipients (15). However, controversy remains regarding the relative advantages of LDLT and DDLT (16, 17). Nevertheless, in the US more than 95% of OLT are DDLT (18, 19). Due to ethical debate regarding donor health, adult LDLT continues to be stagnant (19). Saidi et al. used data reported to the United Network for Organ Sharing (UNOS) to conduct a study of 6,028 HCC candidates who underwent LT (5,858 DDLT and 170 LDLT) between 1990 and 2009. In this study, there was an increase in the number of DDLT cases from 337 (2.3%) in 2002 to  $1,142$  (8.75%) in 2009 ( $p<0.001$ ) among HCC candidates. In contrast, the number of LDLT cases among HCC candidates was similar, decreasing slightly from 16 (5.7%) in 2002 to 14 in 2009 (5.7%) (p=0.1) (20). According to the 2015 SRTR annual report, 6,768 of 7,127 adult LT procedures in 2015 were DDLT (21).

#### **Development of allocation system for DDLT**

In the United States there are 140 liver transplant centers, each of which is affiliated with a local organ procurement organization (OPO) (22). Each OPO is connected with one to eight transplant centers and is responsible for retrieving, preserving, and transporting donor livers to regional liver transplant centers (22). Due to a constant organ shortage, a system was developed to prioritize the patients waiting for donor organs (22). Before 1997, waitlisted transplant candidates were stratified according to their hospital status (ICU patients, non-ICU hospitalized patients, ambulatory outpatient). Within each stratum, patients were prioritized according to their accrued waiting time. In 1998, a new allocation system was developed to classify transplant candidates as status 1, status 2A, status 2B, and status 3 based on their hospital status, Child-Turcotte-Pugh (CTP) score, and presence of sequelae of end stage liver disease (22). Child-Turcotte-Pugh (CTP) score is calculated from clinical and biochemical parameters and the total score was used to classify each patient as CTP class A (5-6 points), B (7-9 points), or C ( $\geq$ 10 points) (22). Within each stratum, candidates were again ranked according to accrued waiting time (22). As such, some patients with less medical urgency could have higher priority to receive a donor liver than patients with heightened medical urgency on the basis of longer accumulated waiting time (22). In addition, this system was highly dependent on subjective clinical assessment from physicians, which cannot be standardized (22).

#### **The Model for End-Stage Liver Disease (MELD) score**

Liver allocation policy was changed on February 27, 2002, granting priority to waitlisted candidates based only on their medical urgency as determined by the Model for End-Stage Liver Disease (MELD) score as opposed to on accrued waiting time (22). MELD score is a reliable measure of short-term mortality risk for patients with liver failure (27) which is calculated from serum bilirubin, serum creatinine, and international normalized ratio (INR) and ranges from 6 (least urgent) to 40 (most urgent) (23).

#### **Factors related to DDLT**

Using data from the Scientific Registry of Transplant Recipients (SRTR), a study, conducted on 57,503 adult waitlisted transplant candidates from 2002 to 2008, reported that blood group, and donation service area (the geographic area served by single OPO) were associated with access to DDLT (24). According to the findings of this study, candidate age, height, diagnosis, hospitalization, and combined liver-intestine or liverkidney listing were associated with higher rates of DDLT (24). In contrast, female sex, higher serum creatinine (S. Cr), higher bilirubin, dialysis, and prior liver transplant were associated with lower rates of DDLT (24). In another study using 2002-2007 SRTR data, Black transplant candidates were found to have similar access to DDLT compared to white candidates, while Hispanic and Asian candidates had lower rates of DDLT compared to white transplant candidates  $(25)$ .

#### **Eligibility criteria for HCC Liver transplantation candidates**

In 1996, Mozzafero et al. studied the outcomes of 48 cirrhosis patients with HCC who underwent OLT and found overall and recurrence-free survival at four years post-OLT to be 85% and 92% respectively for HCC patients with small tumors inside the Milan criteria (single nodule  $\leq$ 5 cm; up to three nodules  $\leq$ 3cm; and without macrovascular invasion or extra hepatic disease) (26). However, in cases in which the tumor exceeded the parameters specified by the Milan criteria, overall and recurrence-free survival rates decreased to 50% and 59% respectively (26). A later single center study of 489 HCC patients undergoing liver transplantation between 1985 and 2003 reconfirmed the bad prognosis following OLT

for HCC patients with tumors falling outside the Milan criteria (27). In 1998, the Organ Procurement and Transplantation Network (OPTN) adopted the Milan criteria and considered HCC candidates fulfilling these criteria to be eligible for DDLT (28).

#### **Liver allocation system for eligible HCC candidates**

HCC candidates who meet the Milan criteria usually have low MELD scores since underlying liver functions are often well preserved in these patients (22). Thus, if HCC candidates are only evaluated for transplant according to their calculated MELD scores, they will endure long waiting times prior to transplantation. During this time, HCC candidates' tumors will either grow larger or spread to other parts of the body, making these candidates ineligible for transplant (outside of Milan criteria). Therefore, the chances of waitlist mortality/dropout are heightened for HCC candidates if they are assessed only by their calculated MELD scores (22). To establish a fair chance of liver allocation for HCC candidates and to avoid higher rates of waitlist dropout, HCC candidates are granted MELD exception points equivalent to certain MELD scores from the beginning of the MELD era (29). This change results in higher DDLT rate, shorter median time to DDLT, and lower dropout rate for HCC candidates compared to the previous era (28).

#### **Modification of policy regarding exception score for HCC candidates**

To increase the efficiency of the organ allocation system and to establish an equity between HCC and non-HCC candidates, the policy regarding standardized MELD exception scores was modified on several occasions, the first of which occurred in 2002 (Table 1) (30). In 2005, the exception point policy was revised such that HCC candidates fulfilling the Milan criteria automatically received MELD scores of 22, 25, and 28 during initial application, first extension (3 months) and second extension (6 months), respectively (31).

#### **Disparity in access to DDLT**

Even after changing the initial exception point from 24 to 22, there was concern about disparities in organ allocation for HCC candidates compared to non-HCC candidates (32, 33). A study by Sharma et al. reported that HCC candidates had a 26% higher chance of getting transplanted compared to non-HCC patients (24, 34). In addition, non-HCC candidates also had higher rates of waitlist mortality/dropout compared to HCC exception patients at 30 (6% vs 1.8%), 60 (8.4% vs 3.6%), 90 (10.2% vs. 5.1%), 180 (13.6% vs. 8.6%) and 365 (17.7% vs. 11.5%) days (32, 34). The odds of waitlist dropout were also significantly higher among non-HCC candidates compared to HCC candidates (33, 35, 36). Additionally, the risk of waitlist removal increased over time for non-HCC candidates, but remained stable for HCC candidates (33).

#### **Revised policy for exception point allocation in October 2015**

To reduce the disparity in access to DDLT between HCC and non-HCC candidates, OPTN changed the policy regarding MELD exception points again in October 2015. Under the new policy, HCC candidates who meet the Milan criteria acquire a first exception score of 28 six months after their initial exception point application (37). Under this policy, HCC candidates are registered at their calculated MELD scores during initial application for exception points and also at first extension (3 months) (37). The October 2015 exception point policy also states that the exception point will be capped at 34 for all candidates. For candidates who already had MELD exception scores of 35-40, it would also be capped at 34 (31, 37, 38).

#### **Study rationale and objectives**

To assess the effectiveness of the revised MELD exception point policy (October 2015), OPTN's public comment proposal suggested a pre- vs. post-policy implementation analysis at six-month intervals with fixed metrics, including waitlist outcomes (probability of removal for transplant, mortality, dropout due to deteriorating condition) for approved requests (39). In response to the OPTN proposal, and to address the question of changes in access to DDLT for HCC and non-HCC patients following the recent policy change, we conducted a retrospective cohort study using national registry data to estimate the association between access to transplant and HCC in both the pre-policy-implementation and post-policy-implementation periods. We also explored the risk of waitlist mortality or dropout for HCC and non-HCC candidates before and after the policy change.

The findings from this study will inform the OPTN/UNOS Liver and Intestinal Organ Transplantation Committee as to whether the new policy achieves the desired equity in access to DDLT between HCC and non-HCC candidates without modifying the risk of waitlist mortality.

#### **METHODS**

#### **Data source**

This study used data from the Scientific Registry of Transplant Recipients (SRTR). The SRTR data system includes data on all donors, waitlisted candidates, and transplant recipients in the US, submitted by the members of the Organ Procurement and Transplantation Network (OPTN), and has been described elsewhere (40, 41). The Health Resources and Services Administration (HRSA), U.S. Department of Health and Human Services provides oversight to the activities of the OPTN and SRTR contractors.

This study utilized de-identified data and has been exempted by the Johns Hopkins School of Medicine Institutional Review Board (study number NA\_00042871).

#### **Study population**

Our study population consisted of 29,249 adult first-time transplant candidates prevalently listed for DDLT at any time between October 8, 2014 and July 1, 2016. We excluded candidates who first became active on the waitlist before January 1, 2007 to prevent any possible effects of different organ allocation policies on access to transplantation. We also excluded live donor recipients and patients who were ever classified as Status 1 (Figure 1).

#### **Person-time**

Time of origin for waitlisted candidates was their date of enrollment for this study (the later of their first date of waitlist registration or October 8, 2014). All waitlisted candidates were either administratively censored on July 31, 2016 or removed due to transplant, waitlist mortality/dropout, or censored if removed from the waitlist for reasons such as transfer to another center, transplant at a different center, or improved condition.

#### **Outcome ascertainment**

The primary outcome of this study was DDLT, which was ascertained from the SRTR registry. Patient mortality was ascertained from SRTR and supplemented with linkage to the Social Security Death Master File. Removal from the waitlist due to deteriorating condition (dropout) was treated as equivalent to waitlist mortality.

#### **Exposure ascertainment**

*Hepatocellular carcinoma:* Candidates were considered to have hepatocellular carcinoma (HCC) if they received a MELD exception point for HCC. Candidates with no MELD exception and who did not have a diagnosis of HCC were regarded as non-HCC candidates. Candidates with a diagnosis of HCC who did not receive a MELD exception (N=1097), or who received a MELD exception but who had no diagnosis of HCC  $(N=382)$ , were excluded from analysis.

*Policy era:* The change in allocation policy for DDLT with regards to MELD exception points was implemented on October 8, 2015. We therefore divided transplant candidates in our study population into two eras: pre-implementation (October 8, 2014 to October 7, 2015) and post-implementation (October 8, 2015 to July 31, 2016). HCC patients who applied for MELD exception during the pre-implementation era, and non-HCC patients who entered the study during the pre-implementation era, were classified as "preimplementation" even after October 8, 2015; in other words, era was not a time-varying exposure.

### **Other variables**

*Model of End-stage Liver Disease (MELD) score:* MELD score for each individual was calculated from the laboratory values of creatinine, bilirubin, and INR (42) and was designated "calculated MELD (cMELD)" for this study. We also used "allocation MELD (aMELD)" to denote MELD score that was used to decide a candidate's priority for liver allocation. In nonexception cases, allocation MELD and calculated MELD had the same value. For exception cases, allocation MELD was the larger of calculated MELD or exception MELD. MELD score was treated as time-varying due to variation in MELD score over time depending on a candidate's physical condition. Candidates who were temporarily inactive on the waitlist were not excluded from the primary analysis since they were still at risk for death.

*Age and race:* Age was dichotomized as 18-49 years and >50 years, based on Martingale residual plots. Race was categorized as non-Hispanic White, non-Hispanic Black, Hispanic, and Other.

#### **Statistical analysis**

*Descriptive analysis:* All statistical analyses were performed using Stata 14.2 for Linux (Stata Corp., College Station, TX). HCC and non-HCC candidates were compared using chi-squared and Fisher's exact tests for categorical variables and unpaired t-tests or Wilcoxon rank sum tests for continuous variables with normal or non-normal distributions respectively. Comparisons between HCC and non-HCC candidates were made separately for both eras. All tests were two-sided, and a p-value of  $\leq 0.05$  was considered statistically significant. Confidence intervals were reported as per the method of Louis and Zeger (4). *Cumulative incidence of waitlist mortality/dropout and transplantation:* Cumulative incidence of DDLT accounting for the competing risk of waitlist mortality/dropout was estimated for each era as described by Coviello et al. (43); for each era, we estimated the cumulative incidence of DDLT overall and for each of four different strata of calculated MELD (6-10, 11-18, 19-24, and 25-40). Cumulative incidence of waitlist mortality/dropout accounting for the competing risk of DDLT was estimated using the same techniques.

*Transplant rates for HCC and non-HCC patients pre- and post-policy change:* We used a Cox proportional hazards model to compare rates of DDLT among HCC versus non-HCC patients, both pre- and post-policy change, adjusting for age, gender, race, and calculated MELD. This model treated the competing event as a censored observation and did not assume independence between the two events. Thus, cause specific hazard ratio (CSHR) provides only the association between the exposure and the outcome and should not be interpreted directly as a cumulative incidence function (44). Similarly, we conducted a competing risk analysis using the Fine and Gray method (45) to account for the fact that waitlist mortality/dropout prevents access to DDLT.

*Waitlist mortality/dropout for HCC and non-HCC patients, accounting for the competing risk of transplantation:* We compared mortality/dropout for HCC versus non-HCC

patients, accounting for the competing risk of transplant, pre- and post-policy implementation using the Fine and Gray method (45). This method models subdistribution hazard ratio (sub-HR) for both events between HCC and non-HCC candidates after accounting for the fact that the two events preclude each other. In this method, candidates were not censored even if they had the competing event and were allowed direct modeling of sub-distribution cumulative incidence function (CIF) (44). Competing risks analyses were performed for the entire cohort, and stratified by MELD category as described above. We also constructed a separate model using Cox regression to compare rates of waitlist mortality/dropout among HCC versus non-HCC patients.

#### **Sensitivity analysis**

Although candidates who were temporarily inactive on the waitlist were at risk of mortality, they were not considered eligible for DDLT. Therefore, we excluded candidates who were inactive on the waitlist at any point during the study period and ran the same models as a sensitivity analysis.

#### **RESULTS**

#### **Study population**

During the pre-implementation era, 4,716 of 21,984 candidates (21.4%) had HCC compared to 2,084 of 7,775 candidates (26.8%) during the post-implementation era. Compared to non-HCC candidates in both eras, HCC candidates were older (median (IQR) age 61 (57-65) years vs. 57 (57-65) years, p<0.001), and were more likely to be male (76% vs.  $59\%$ ,  $p<0.001$ ). The racial distribution was similar in both eras and most HCC and non-HCC waitlist candidates were white (pre-implementation  $63\%$  vs.  $72.4\%$ , p<0.001; postimplementation  $64\%$  vs.  $71.9\%$ ,  $p<0.001$ ). Among HCC and non-HCC candidates during both periods, blood type O was the most common (pre-implementation 47.3% vs. 46.5%; post-implementation 46.8% vs. 47.0%) (Table 2).

At baseline, HCC candidates had median calculated MELD of 10 (IQR 8-14) in both eras. Pre-implementation, median calculated MELD among non-HCC candidates was 15 (IQR 11-20), while post-implementation, median calculated MELD among non-HCC candidates was 19 (IQR 14-26). In the pre-implementation era, allocation MELD was higher for HCC candidates compared to non-HCC candidates (median (IQR) aMELD 22 (22-25) vs. 16  $(11-22)$ ,  $p<0.001$ ). However, in the post-implementation era, allocation MELD was significantly lower among HCC candidates compared to non-HCC candidates (median (IQR) aMELD 11 (8-15) vs. 20 (15-28), p<0.001). Hepatitis C cirrhosis (preimplementation 39.6% vs post-implementation 35.9% ), hepatoma with cirrhosis (preimplementation 19.5% vs post-implementation 21.9%), alcoholic cirrhosis (preimplementation 11.7% vs post-implementation 12.9%), and hepatoma without cirrhosis (pre-implementation 12.1% vs post-implementation 10.7%) were the most common

primary diagnoses for HCC candidates regardless of the policy era. Alcoholic cirrhosis (pre-implementation 30.3% vs post-implementation 33.7%), fatty liver disease (preimplementation 15.3% vs post-implementation 20.2% ), and hepatitis C cirrhosis (preimplementation 22.4% vs post-implementation 13.1% ) were the most common primary diagnoses for non-HCC waitlist candidates.

#### **Access to DDLT**

During the pre-implementation era, the incidence of DDLT was 35.7% among HCC candidates compared to 18.7% among non-HCC candidates. Conversely, during the postimplementation era, the incidence of DDLT was 42.7% among non-HCC candidates compared to 11.2% among HCC candidates (Figure 2).

#### **Access to DDLT across MELD strata**

Pre-implementation, the incidence of DDLT at 6 months was higher among HCC candidates compared to non-HCC candidates in calculated MELD strata 6-10 (29.5 % vs. 0.59%), 11-18 (30.8 % vs. 4.5%), and 19-24 (22.2% vs. 12.9%). In calculated MELD stratum 25-40, HCC candidates had lower access to DDLT compared to non-HCC candidates (32.8% vs. 44.3%) (Figure 3).

Post-implementation, HCC and non-HCC candidates had similar incidence of DDLT at 6 months in calculated MELD strata 6-10 (5.1% vs. 3.7%) and 11-18 (12.0% vs. 15.8%). However, HCC candidates had lower incidence of DDLT compared to non-HCC

candidates in calculated MELD strata  $19-24$  (13.3% vs. 33.7%) and 25-40 (67.0% vs. 27.4%) (Figure 4).

#### **Waitlist mortality/dropout**

Among all transplant candidates, HCC candidates had slightly lower incidence of waitlist mortality/dropout compared to non-HCC candidates in both eras (pre-implementation 6% vs.  $9\%$ ; post implementation  $6\%$  vs.  $10\%$ ) (Figure 5).

#### **Waitlist mortality/dropout across MELD strata**

Pre-implementation, incidence of waitlist mortality/dropout was higher among HCC candidates compared to non-HCC candidates in MELD strata 6-10 (3.1% vs. 1.3%), 11-18  $(5.7\% \text{ vs. } 3.5\%)$ , 19-24  $(11.0\% \text{ vs. } 5.7\%)$  and 25-40  $(25\% \text{ vs. } 19.9\%)$  (Figure 6).

Post-implementation, incidence of waitlist mortality/dropout was 1.64% for both HCC and non-HCC candidates in MELD stratum 6-10. However, HCC candidates had slightly higher incidence of waitlist mortality/dropout in MELD strata 11-18 (5.8% vs. 3.9%) and 19-24 (9.8% vs. 5.8%). In MELD stratum 25-40, waitlist mortality/dropout was 44.5% among HCC candidates versus 21.8% among non-HCC candidates (Figure 7).

#### **HCC and DDLT rate pre-and post-implementation**

In an adjusted model, access to DDLT was 5-fold higher for HCC candidates compared to non-HCC candidates during the pre-implementation period (aCSHR =  $_{5.32}$  5.61  $_{5.91}$ , p<0.001) (Table 3). During the post implementation era, there was no evidence of a difference in access to DDLT among HCC and non-HCC candidates ( $aCSHR = 0.81$  0.93

 $1.07$ ,  $p>0.1$ ). The change in association between HCC and access to DDLT from preimplementation to post-implementation was statistically significant (interaction  $p<0.001$ ) (Table 3).

Waitlisted candidates older than 50 years of age had 1.11 fold higher access to DDLT compared to candidates aged 18-50 (aCSHR =  $_{1.06}$  1.11  $_{1.17}$ , p<0.001). Female candidates had 18% lower access to DDLT compared to male candidates (aCSHR =  $_{0.79}$  0.82  $_{0.86}$ , p<0.001). Compared to white candidates, Black candidates had similar access to DDLT (aCSHR =  $_{0.90}$  0.97 <sub>1.04</sub>, p>0.1). However, compared to white candidates, Hispanic candidates and those of other races had  $35\%$  (aCSHR =  $_{0.61}$  0.65  $_{0.69}$ , p<0.001) and 19% lower access to DDLT (aCSHR =  $_{0.74}$  0.81  $_{0.89}$ , p<0.001) respectively. Access to DDLT for waitlisted candidates was 2.25 fold higher with 5 points increase in calculated MELD scores (aCSHR =  $_{2.23}$  2.25  $_{2.28}$ , p<0.001) (Table 3). Table-3 also showed the result from the competing risk model.

#### **HCC and DDLT rate across MELD strata**

*Calculated MELD 6-10:* Pre-implementation, HCC candidates had 114.49 fold greater access to DDLT compared to non-HCC candidates after adjusting for age, gender, race, and calculated MELD (aCSHR =  $_{82.26}$  114.49 <sub>159.35</sub>, p < 0.001). Post-implementation, the association between HCC and access to DDLT persisted, but was attenuated to only 2.91 fold higher access to DDLT for HCC candidates compared to non-HCC candidates ( $aCSHR = 1.64$  2.91 5.18, p<0.001). The difference in pre- and post-implementation association between HCC and access to DDLT was statistically significant (interaction p<0.001) (Table 5).

*Calculated MELD 11-18:* Pre-implementation, HCC candidates had 10.70 fold higher access to DDLT compared to non-HCC candidates (aCSHR =  $9.67 \times 10.70 \times 11.83$ , p<0.001). Post-implementation, HCC and non-HCC candidates had similar access to DDLT (aCSHR  $=$  0.75 0.94 1.18, p > 0.1). The difference in pre- and post-implementation association between HCC and access to DDLT was statistically significant (interaction  $p<0.001$ ) (Table 5).

*Calculated MELD 19-24:* Pre-implementation, HCC candidates had 2.18 fold higher access to DDLT compared to non-HCC candidates ( $aCSHR = 1.85$  2.18  $_{2.57}$ ,  $p<0.001$ ). Postimplementation, access to DDLT was attenuated for HCC candidates compared to non-HCC candidates: HCC candidates had 61% lower access to DDLT compared to non-HCC candidates (aCSHR =  $_{0.27}$  0.39  $_{0.58}$ , p<0.001). The difference in pre- and postimplementation association between HCC and access to DDLT was statistically significant (interaction p<0.001) (Table 5).

*Calculated MELD 25-40:* Pre-implementation, HCC candidates had 42% lower access to DDLT than non-HCC candidates (aCSHR =  $_{0.48}$  0.58  $_{0.69}$ , p<0.001). Post-implementation, access to DDLT was substantially reduced for HCC candidates compared to non-HCC candidates after adjustment. HCC candidates had 73% lower access to DDLT compared to non-HCC candidates (aCSHR =  $_{0.18}$  0.27  $_{0.40}$ , p<0.001). The difference in pre- and postimplementation association between HCC and access to DDLT was statistically significant (interaction  $p<0.001$ ) (Table 5).

#### **HCC, DDLT, and waitlist mortality/dropout pre- and post-implementation**

After taking into account the fact that transplantation precludes waitlist mortality/dropout, HCC candidates were at higher risk of waitlist mortality/dropout compared to non-HCC candidates when adjusting for age, gender, race, and calculated MELD. Preimplementation, the risk of waitlist mortality/dropout was 1.30 fold higher for HCC candidates compared to non-HCC candidates (asHR =  $_{1.15}1.30$   $_{1.46}$ , p<0.001). Postimplementation, the risk of waitlist mortality/dropout for HCC candidates increased further up to 2.18 folds higher compared to non-HCC candidates (asHR =  $_{1.69}$  2.18  $_{2.80}$ , p<0.001). The difference in pre- and post-implementation association between HCC and waitlist mortality/dropout was statistically significant (interaction p<0.001) (Table 4).

Age >50 years (asHR =  $_{1.75}$  1.93  $_{2.12}$ , p<0.001), female gender (asHR =  $_{1.06}$  1.15  $_{1.24}$ ,  $p<0.001$ ) and 5 point increase in calculated MELD score (asHR =  $_{1.69}$  1.72  $_{1.75}$ ,  $p<0.001$ ) were identified as risk factors for increased risk of waitlist mortality/dropout. White and Hispanic candidates had similar risks of waitlist mortality/dropout (asHR=  $_{0.88}$  0.97  $_{1.07}$ , p>0.1). Black and those of other race had 23% (asHR =  $_{0.66}$  0.77  $_{0.89}$ , p<0.001) and 20% (asHR= $_{0.67}$  0.80  $_{0.96}$ , p=.017) lower risks of waitlist mortality/dropout compared to white respectively (Table 4).

#### **HCC, DDLT, and waitlist mortality/dropout across MELD strata**

*Calculated MELD 6-10:* Within this stratum, the risk of waitlist mortality/dropout was 39% higher among HCC candidates compared to non-HCC candidates in the preimplementation era (asHR =  $_{1.01}$  1.39  $_{1.92}$ , p=0.046) Post-implementation, HCC and nonHCC candidates had comparable risks of waitlist mortality/dropout (asHR =  $_{0.18}$  0.53  $_{1.54}$ , p>0.1) (Table 5). The difference in pre- and post-implementation association between HCC and risk of waitlist mortality/dropout was not statistically significant (interaction  $p=0.08$ )

*Calculated MELD 11-18:* Pre-implementation, HCC and non-HCC candidates had comparable risks of waitlist mortality/dropout (asHR =  $_{0.98}$  1.18  $_{1.43}$ , p=0.08). Postimplementation, HCC candidates had 1.71 times higher risks of waitlist mortality/dropout compared to non-HCC candidates (asHR =  $_{1.02}$  1.71  $_{2.86}$ , p=0.04) (Table 5). The difference in pre- and post-implementation association between HCC and risk of waitlist mortality/dropout was not statistically significant (interaction p-value >0.1).

*Calculated MELD 19-24:* Pre-implementation, the risk of waitlist mortality/dropout for HCC candidates was 1.64 folds higher (asHR =  $_{1.27}$  1.64  $_{2.11}$ , p<0.001) compared to non-HCC candidates. Risk of waitlist mortality/dropout increased to 1.82 fold among HCC candidates compared to non-HCC candidates post-implementation (asHR =  $_{1.02}$  1.82  $_{3.25}$ , p=0.04). The difference in pre- and post-implementation association between HCC and risk of waitlist mortality/dropout was not statistically significant (interaction p-value >0.1) (Table 5).

*Calculated MELD 25-40:* Pre-implementation, the risk of waitlist mortality/dropout for HCC candidates was found to be 1.31 fold higher than that for non-HCC candidates (asHR  $=$  1.08 1.31 1.58, p<0.01). Post-implementation, the risk of waitlist mortality/dropout increased to 3.11 fold higher for HCC candidates compared to non-HCC candidates (asHR

 $=$  2.19 3.11 4.42, p<0.001). The difference in pre- and post-implementation association between HCC and risk of waitlist mortality/dropout was statistically significant (interaction p<0.001).

#### **DISCUSSION**

In this study of access to DDLT among HCC and non-HCC candidates before and after the October 2015 policy change regarding MELD exception points for HCC candidates, we found that, compared to non-HCC candidates, HCC candidates had higher access to DDLT in the pre-implementation period. However, in the post-implementation period, HCC and non-HCC candidates had similar access to DDLT. Additionally, the risk of waitlist mortality/dropout for HCC candidates increased from 1.3-fold in the pre-implementation era to 2.18-fold in the post-implementation period compared to non-HCC candidates.

We found that, in the pre-implementation period, HCC candidates had a higher rate of DDLT compared to non-HCC candidates. Previous studies by Washburn et al. and Goldber et al. found that the current liver allocation system favors HCC candidates over non-HCC candidates, as evidenced by the lower rate of waitlist mortality/dropout among HCC candidates (32, 33). Northup et al. also reported similar findings, indicating a higher rate of DDLT and lower rate of waitlist mortality/dropout for candidates with exception points, such as HCC candidates (34). Our current study showed that these disparities between HCC and non-HCC candidates with regards to the rates of DDLT and waitlist mortality/dropout persisted until the October 2015 MELD exception point policy change. Our group also previously used 2002-2010 OPTN data to describe these disparities, finding that HCC candidates were advantaged with regards to DDLT organ allocation in the preimplementation period as compared to non-HCC candidates (36). The present study extends our prior work by reporting the rate of DDLT across strata of calculated MELD,

and by comparing rates of DDLT in the pre-implementation and post-implementation periods.

We reported that HCC and non-HCC candidates had similar access to DDLT in the postimplementation period. Two studies have previously predicted a reduced disparity in access to DDLT between HCC and non-HCC candidates accounting for the 6 month delay in exception point allocation using UNOS data from the pre-implementation period (46, 47). Applying liver simulation allocation modeling (LSAM) on waitlisted candidates from the year 2010, Heimbach et al. predicted that a 6 month delay in exception point allocation would diminish the disparity in access to DDLT between HCC and non-HCC candidates (44.2 vs. 33.9 per 100 person-years) (46). Similarly, Alver et al. used 2009-2014 UNOS data to construct a non-parametric multistate model for predicting probabilities of transplant and waitlist mortality/dropout for HCC and non-HCC candidates in both the preimplementation and post-implementation eras. In this study, Alver et al. reported lower access to DDLT for HCC candidates compared to non-HCC candidates (8.2% vs. 41.2%) at 6 months and improved equity at 1 year (45.9% vs. 46.8%). Our study findings are consistent with these predictions, demonstrating that the overall rate of DDLT was similar between HCC and non-HCC candidates during the post-implementation period (aCSHR = 0.81 0.93 1.07). However, in the same study, Alver et al. also predicted that this improved equity in access to DDLT among HCC and non-HCC candidates would subsequently diminish after 1 year, again resulting in an advantage for HCC candidates compared to non-HCC candidates (70.2% vs. 50.1% at 18 month, 78.3% vs. 52.2% at 24 month and 83.8% vs. 54.9% at 36 months) (47). Since our study is limited to only the first 8 months

post-implementation, further studies are needed to investigate the equity in transplant rate between HCC and non- HCC candidates after 6 month.

In a recent study, Marvin et al. used 2005-2009 UNOS data to predict the probabilities of waitlist mortality/dropout and transplantation considering the six month delay in exception point allocation (48). Using multistate models in different strata of an alternative MELD score named equivalent MELD (MELD<sub>EQ</sub> = max $[MELD_{CALO-EO}$ , calculated MELD]), in which MELD $_{\text{CALO-EO}}$  was determined by equating the hazards of waitlist dropout for HCC and non-HCC candidates based on other covariates and their calculated MELD scores, Marvin et al. reported an increased risk of waitlist mortality/dropout among HCC candidates with higher MELD<sub>EQ</sub> versus a decreased risk of waitlist mortality/dropout among HCC candidates with lower MELD $_{\text{EQ}}$  (48). The results of our study extend Marvin et al.'s findings by showing that this relationship holds in the post-implementation era and after accounting for the competing risk of transplantation. Furthermore, our finding that, in the post-implementation period, HCC candidates in higher MELD strata (19-24, 25-40) had a lower rate of DDLT and a higher risk of waitlist mortality/dropout bolsters Marvin et al.'s case that an improved system is needed for prioritizing HCC patients with higher calculated MELD (48).

Our study must be understood in the context of several limitations. Due to concerns about potential reporting bias we are only able to study waitlist mortality/dropout for the first 8 months following the October 2015 exception point policy change. Thus, it remains uncertain whether the patterns we identified will persist. We also recognize the potential

limitations of using registry-based data. OPTN data are gathered across hundreds of centers, potentially with varying degrees of quality control and different policies for checking and updating MELD scores. Additionally, we adjusted for a limited number of covariates based on what factors were available in this database; for instance, we were unable to adjust for factors such as pre-transplant HCC treatment as such covariates were not available in our data. However, despite these limitations, national registries constitute the only comprehensive data source for studies of changes in organ allocation at the national level.

Despite the aforementioned limitations, our study also has several key strengths. To our knowledge, this is the first study of changes in rates of DDLT and risk of waitlist mortality/dropout in light of recent changes to the policy regarding exception point allocation for HCC liver transplant candidates. The sample size of our study was large enough to provide sufficient power in the stratified analysis. Other strengths include accounting for the dynamic nature of MELD, and the use of competing risks methods to elucidate the relationship between allocation priority and waitlist mortality/dropout.

In conclusion, our findings from this national registry-based study of access to DDLT among HCC and non-HCC transplant candidates suggest that post implementation of the October 2015 MELD exception point allocation policy, the disparity in access to DDLT among HCC and non-HCC candidates was eliminated while the risk of waitlist mortality/dropout increased almost 2-fold for HCC candidates compared to non-HCC candidates. The relationship between HCC and rate of DDLT varied across different strata of calculated MELD in both the pre- and post-implementation periods. In lower MELD strata (6-10, 11-18), discrimination regarding organ allocation between HCC and non-HCC candidates was reduced post-implementation, however the risk of waitlist mortality/dropout did not change. In higher MELD strata (19-24, 25-40), there was decreased access to DDLT for HCC candidates in the post-implementation period along with a corresponding increase in the risk of waitlist mortality/dropout for HCC candidates compared to non-HCC candidates.

Further research is needed to explore post-transplant outcomes for HCC candidates who had a 6 month delay in getting their first exception point. Additional investigation is also necessary to explore geographic disparity in access to DDLT under the new policy since several studies reported about existing geographic disparity in liver allocation (49, 50)..

Our study findings show that after the policy change, there was a reducion in disparity between HCC and non-HCC candidates within lower calculated MELD strata (6-10, 11- 18). However, under the new policy, HCC candidates within higher calculated MELD strata (19-24, 25-40) also had lower access to DDLT. Therefore, revision to the exception point allocation policy for HCC candidates may be warranted.

# **APPENDICES**



Table 1: Modification of standardized exception score from 2002-2015





Table 3. DDLT candidate characteristics associated with access to DDLT, regardless of mortality/dropout (Cox) and accounting for waitlist mortality/dropout as a competing risk (CR)

	$\bf{Cox}$	CR
HCC (pre-implementation)	5.61	$4.14\,4.43\,4.74$
HCC (post-implementation)	5.32 5.91 0.93 0.81 1.07	$0.61\ 0.71\ 0.83$
Age $>50$ year	1.11 1.06 1.17	0.92 0.86 0.97
Female	0.82 0.79 0.86	0.82 0.86 0.77
White	ref	ref
<b>Black</b>	0.97 0.90 1.04	1.01 0.91 1.10
Hispanic/Latino	0.65 0.61 0.69	0.70 0.65 0.75
Other	0.81 0.74 0.89	0.85 0.76 0.95
Calculated MELD (per 5 units)	2.25 2.23 2.28	1.64 1.62 1.67
p-value for HCC and policy intercation	< 0.001	< 0.001

Cox= Cox regression; CR=competing risk analysis

Table 4. DDLT candidate characteristics associated with waitlist mortality/dropout, regardless of access to DDLT (Cox) and accounting for access to DDLT as a competing risk (CR)



Cox= Cox regression; CR=competing risk analysis





Figure 1. Study Population



Figure 2. Cumulative incidence of DDLT for HCC and non-HCC candidates, treating waitlist mortality/dropout as a competing risk. Pre-implementation, cumulative incidence of transplantation was substantially higher for HCC candidates than for non-HCC candidates; post-implementation, cumulative incidence of transplantation was lower for HCC candidates.



Figure 3. Access to DDLT for HCC and non-HCC candidates, pre-implementation, across MELD strata, treating waitlist mortality/dropout as a competing risk. Cumulative incidence of transplantation was substantially higher for HCC candidates than for non-HCC candidates in MELD strata 6-10, 11-18 and 19-24 but lower in MELD strata 25-40.



Figure 4. Access to DDLT for HCC and non-HCC candidates, post-implementation, stratified by MELD strata, treating waitlist mortality/dropout as a competing risk. Cumulative incidence of transplantation was similar for HCC and non-HCC candidates in MELD strata 6-10 & 11-18 but lower for HCC candidates compared to non-HCC candidates in MELD strata 19-24 & 25-40.



Figure 5: Waitlist mortality/dropout risk for HCC and non-HCC candidates, treating access to DDLT as a competing risk. Among all waitlist candidates, cumulative incidence of waitlist mortality/dropout was slightly higher for non-HCC candidates than for HCC candidates in both pre-implementation and post-implementation era



Figure 6. Waitlist mortality/dropout risk for HCC and non-HCC candidates, preimplementation, stratified by calculated MELD, treating access to DDLT as a competing risk across MELD strata (Pre-implementation era). Cumulative incidence of mortality/dropout was similar for HCC and non-HCC candidates in MELD strata 6-10 & 11-18 but slightly higher for HCC candidates than for non-HCC candidates in MELD strata 19-24 and 25-40.



Figure 7. Waitlist mortality/dropout risk for HCC and non-HCC candidates, postimplementation, stratified by calculated MELD, treating access to DDLT as a competing risk across MELD strata (Pre-implementation era). Cumulative incidence of mortality/dropout was similar for HCC and non-HCC candidates in MELD strata 6-10 & 11-18 but slightly higher for HCC candidates than for non-HCC candidates in MELD strata 19-24 and 25-40.



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• Project: Incidence and predictors of recurrent pulmonary tuberculosis among successfully treated cohort under DOTS program

## **Research Fellow October, 2013 to November, 2014**

Emerging diseases and immunobiology, Centre for food and water borne disease, icddr,b, Dhaka, Bangladesh

- Data Analysis, Manuscript Preparation
- Project:-
	- Mortality of Guilain Barre Syndrome in Bangladesh;
	- Risk factors of respiratory failure in Guillain-Barre syndrome patients in a low income country: a prospective study.
- Data collection, Data entry and Field supervision
	- Project:
	- Prospective hospital based surveillance on Encephalitis in Bangladesh: clinical features, diagnostic imaging and etiology
	- International GBS outcome study

## **Research Associate October, 2012 to September, 2013**

Research and Evaluation Division, BRAC, Dhaka, Bangladesh

- Qualitative study: Proposal writing, study design, data collection, data analysis, report writing
	- Project: Client satisfaction: user and provider perspective on facility-based obstetric care in rural Bangladesh
- Data Analysis for health survey:
	- Project: Improved MNCS in rural Bangladesh-evidence from end line survey"

## **Research Physician**

CRF project of BIRDEM, Dhaka, Bangladesh January, 2011 to September, 2012

- Data collection, Data cleaning, exploratory data analysis
	- Project: Study on therapeutic efficacy in controlling long term progression of nephropathy in Diabetics - BNDC Trial (Blood pressure, Nephropathy & Dyslipidemia Control Trial)- Patient recruitment 2008-10 and follow-up up to 2013 (1st Phase)

## **Intern December, 2009 to December, 2010**

Dhaka Medical College, Dhaka, Bangladesh

• Rotatory placement in Medicine, Surgery and Gynecology wards to get hand on training on clinical care

## **HONORS & AWARDS**

- Young Investigator Award for the American Transplant Congress (ATC) 2017
- Jonathon Pembroke Australasia award, 2014
- Government education board scholarship

## **PUBLICATION: JOURNAL ARTICLE**

 Assessing community based Improved Maternal Neonatal Child Survival (IMNCS) program in rural Bangladesh [PLoS One. 2015; 10(9)]

*Mahfuzar Rahman, Fatema Tuz Jhohura, Sabuj Kanti Mistry, Tridib Roy Chowdhury, Tanveen Ishaque, Rasheduzzaman Shah and Kaosar Afsana*

• High mortality of Guillain-Barré syndrome in Bangladesh, Journal of the peripheral nervous system [Accepted]

*Tanveen Ishaque, Mohammad B. Islam, Gulshan Ara, Hubert P. Endtz, Quazi D. Mohammad, Bart C. Jacobs, Zhahirul IslamJournal of the Peripheral Nervous System*

## **POSTER: CONFERENCE PAPER**

• Access to liver transplantation under the new HCC exception policy

*Tanveen Ishaque, Allan Massie, , Mary Bowring, Jessica Ruck, Andrew MacGregor Cameron, Benjamin Philosophe and Dorry Segev*

 Risk factors of respiratory failure in Guillain-Barre syndrome patients in a low income country: a prospective study.

*Mohammad B. Islam, Tanveen Ishaque, A. Ul. Alam Gulshan Ara, Quazi D. Mohammad, Zhahirul Islam*

## **PUBLICATION: REPORT**

• Incidence and predictors of recurrent pulmonary tuberculosis among successfully treated cohort under DOTS program

*Tanveen Ishaque, Morsheda Banu,Mahmuda Akter Sarkar, Khadiza Begum,Shayla Islam, Md Akramul Islam and Mahfuzar Rahman*

 Bound to be satisfied: user and provider perspective on facility-based obstetric care in rural Bangladesh.

*Tanveen Ishaque, Khadiza Begum*