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Esprit de la mer: Spirit of the Sea

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Esprit de la mer

La mer est le sang de l'esprit
Elle coule dans les veines
Guérit les blessures du temps

L'esprit chante l'envie du cœur
Fait fleurir nos désirs
Parsème nos plaisirs

Le cœur relie
Les chemins de la vie
Unifie le corps
Manifeste l'amour

La vie reflue
Comme la marée
De haut en bas
De bas en haut.

Ashley Jones

Spirit of the Sea

The sea is the blood of the spirit
Flowing through veins
Healing the wounds of time

The spirit sings the heart's desire
Sows our passions
Inspires our pleasures

The heart unites
Our lifelines
Connects the body
Manifests love

Life pulses
Like the tide
From high to low
And low to high.

Translated by Grace DuGar