



Original article

Mucormycosis in Australia: contemporary epidemiology and outcomes

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ABSTRACT

Mucormycosis is the second most common cause of invasive mould infection and causes disease in diverse hosts, including those who are immuno-competent. We conducted a multicentre retrospective study of proven and probable cases of mucormycosis diagnosed between 2004–2012 to determine the epidemiology and outcome determinants in Australia. Seventy-four cases were identified (63 proven, 11 probable). The majority (54.1%) were caused by *Rhizopus* spp. Patients who sustained trauma were more likely to have non-*Rhizopus* infections relative to patients without trauma (OR 9.0, $p < 0.001$, 95% CI 2.1–42.8). Haematological malignancy (48.6%), chemotherapy (42.9%), corticosteroids (52.7%), diabetes mellitus (27%) and trauma (22.9%) were the most common co-morbidities or risk factors. Rheumatological/autoimmune disorders occurred in nine (12.1%) instances. Eight (10.8%) cases had no underlying co-morbidity and were more likely to have associated trauma (7/8; 87.5% versus 10/66; 15.2%; $p < 0.001$). Disseminated infection was common (39.2%). *Apophysomyces* spp. and *Saksenaia* spp. caused infection in immuno-competent hosts, most frequently associated with trauma and affected sites other than lung and sinuses. The 180-day mortality was 56.7%. The strongest predictors of mortality were

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mucormycete
mucormycosis
Rhizopus
Saksenaia
zygomycosis

rheumatological/autoimmune disorder (OR = 24.0, *p* 0.038 95% CI 1.2–481.4), haematological malignancy (OR = 7.7, *p* 0.001, 95% CI 2.3–25.2) and admission to intensive care unit (OR = 4.2, *p* 0.02, 95% CI 1.3–13.8). Most deaths occurred within one month. Thereafter we observed divergence in survival between the haematological and non-haematological populations (*p* 0.006). The mortality of mucormycosis remains particularly high in the immuno-compromised host. Underlying rheumatological/autoimmune disorders are a previously under-appreciated risk for infection and poor outcome. **K.J. Kennedy, CMI 2016;22:775**

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Introduction

Infections caused by fungi of the order Mucorales are uncommon, but are significant for their aggressive nature, challenges in diagnosis and high mortality (40–100%) despite antifungal and surgical therapy [1–6]. The Mucorales are a diverse group of fungi associated with characteristic presentations according to underlying host conditions [1–3]. A significant proportion of infection also occurs in hosts with no apparent immune compromise, often in association with trauma [1–3,7,8].

The epidemiology of mucormycosis may be changing with the emergence of uncommon genera such as *Apophysomyces* [7,9], increasing numbers and breadth of immuno-compromised hosts [1] and outbreaks of infection following natural disasters and iatrogenic or other environmental exposure [7,10,11]. However, despite reports of rising incidence of mucormycosis [1,4,12], data on infection risks, treatment and outcomes are limited to case series and expert opinion. The epidemiology of mucormycosis varies between geographic regions [1–5,9,12], so knowledge of local patterns of disease is necessary to inform diagnosis and management. This multicentre study provides contemporary insights into the epidemiology, predisposing factors and determinants of outcomes of mucormycosis in Australia.

Materials and Methods

Study design

A retrospective multicentre, observational study of mucormycosis in adults was conducted across 15 Australian tertiary hospitals from 2004 to 2012 under the auspices of the Australia and New Zealand Mycoses Interest Group, and formed a sub-study of a recently published analysis of invasive fungal disease (IFD) caused by non-*Aspergillus* moulds [13]. Institutional Human Research Ethics Committees approval was obtained at each site.

Collection of data

Cases were identified through a combination of pathology laboratory information systems, infectious diseases databases and hospital medical records coding [14]. A data review committee assessed each case for study inclusion. Only proven or probable infections were included. Patient demographics; co-morbid conditions (e.g. malignancy); predisposing factors for mucormycosis within the preceding 30 days of diagnosis (e.g. immunosuppressive therapies, trauma); site(s) of infection; microbiological and histological results; antifungal and other therapies; and clinical outcome at 30 and 180 days were collected.

Definitions

Proven or probable cases of mucormycosis were defined based on the European Organization for Research and Treatment of Cancer/Mycoses Study Group (EORTC/MSG) definitions for IFD [15]. However, in contrast to the EORTC/MSG criteria for assignment of probable IFD, host-specific criteria were not required.

Disseminated infection involved two or more non-contiguous sites or positive blood cultures. Gastrointestinal (GI) tissue infections included the intestinal tract, pancreas and liver. Prior antifungal use was defined as >7 days of treatment within the previous 30 days. Clinical outcome was assessed as all-cause mortality at 30 and 180 days.

Histopathological and microbiological examination

Clinical specimens were examined by experienced histopathologists at participating sites using local institutional protocols. The identity of cultured Mucorales was performed using standard phenotypic methods and, where available, characterized at a reference laboratory (Westmead Hospital or SA Pathology) by DNA sequencing targeting the internal transcribed spacer (ITS) regions or the D1/D2 regions of the 28S rRNA gene [16,17]. In some cases, panfungal PCR targeting the ITS 1 region was performed to identify Mucorales in histopathological specimens [18]. If species identification was not possible either by culture or by molecular methods, isolates were categorised either by genus or as ‘unclassified Mucorales’.

Statistical analysis

Cases of ‘unclassified Mucorales’ were excluded when comparisons were made between genera. Categorical variables were compared using the χ^2 or Fishers exact test, and continuous variables by the Student's *t* test or Mann-Whitney *U* test where appropriate. Determinants of all-cause 30-day and 180-day mortality were examined by univariate and multivariate analysis. Backward, stepwise multivariate analysis was conducted with Firth's penalized-likelihood logistic regression due to the presence of complete separation of one variable. Variables with a univariate *p* value <0.20 were considered for inclusion in the model for multivariate analysis. Variables with *p* values ≤ 0.05 in a significant model with the largest penalized log likelihood were included within the final model. Kaplan–Meier survival analysis was performed for all-cause 180-day mortality and assessed by the log rank test. Calculations were computed using STATA (StataCorp. 2015. STATA Statistical Software: Release 14. College Station, TX).

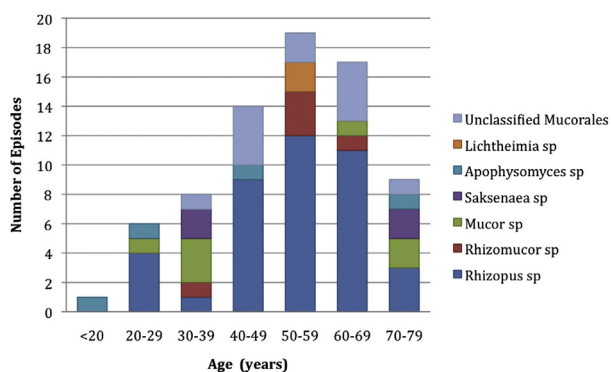


Fig. 1. Distribution of mucormycosis cases according to age and fungal genera.

Results

Seventy-four Mucorales infections were identified including 63 (85%) proven and 11 (15%) probable cases. There were no clusters of infection, with cases evenly distributed across the study period. The median patient age was 54 years (interquartile range (IQR) 42–63 years), and 48 (65%) of patients male. Although the number of cases varied across age groups, fungal aetiology was similar (Fig. 1). Thirty-three patients (45%) were admitted to an intensive care unit (ICU) at the time of diagnosis because of the fungal infection and/or underlying condition.

Diagnosis and aetiological agents

Seventeen cases (23%) of mucormycosis were diagnosed by histopathology without a positive culture. Twenty-five cases (34%)

Table 1
Pathogens causing mucormycosis: Australia 2004–2012

| Genus | No. of isolates | No. identified by DNA sequencing ^b |
|-------------------------------------|-----------------|---|
| <i>Apophysomyces</i> spp. | 4 (5.4%) | |
| <i>Apophysomyces elegans</i> | 3 | 2 |
| <i>Apophysomyces variabilis</i> | 1 | 1 |
| <i>Lichtheimia corymbifera</i> | 2 (2.7%) | 2 |
| <i>Mucor</i> spp. | 7 (9.5%) | |
| <i>Mucor circinelloides</i> | 1 | 1 |
| <i>Mucor indicus</i> | 1 | 1 |
| <i>Mucor</i> spp. | 5 | 3 |
| <i>Rhizomucor</i> spp. | 5 (6.8%) | |
| <i>Rhizomucor miehei</i> | 1 | 1 |
| <i>Rhizomucor pusillus</i> | 1 | 1 |
| <i>Rhizomucor</i> spp. | 3 | 2 |
| <i>Rhizopus</i> spp. | 40 (54.1%) | |
| <i>Rhizopus microsporus</i> | 12 | 7 |
| <i>Rhizopus arrhizus</i> | 10 | 4 |
| <i>Rhizopus schipperae</i> | 1 | 1 |
| <i>Rhizopus stolonifer</i> | 2 | 2 |
| <i>Rhizopus</i> spp. | 15 | 4 |
| <i>Saksenaia vasiformis</i> complex | 4 (5.4%) | 3 |
| Unclassified Mucorales ^a | 12 (16.2%) | |
| Total | 74 | 35 |

^a Characteristic hyphae of Mucorales seen on histopathology without identification by culture or DNA sequencing.

^b DNA sequencing either (i) corroborated the species identification provided by phenotypic methods or (ii) provided genus-level and/or species-level identification where morphological methods failed to provide an identification.

were diagnosed by culture without histopathology, and 32 cases (43%) were diagnosed by both culture and histopathology.

Molecular methods provided identification or confirmation of fungal identity to genus ($n = 9$) or species ($n = 26$) level in 35 (47%) cases (Table 1), including five cases diagnosed by histopathology without culture.

A broad range of pathogens were identified, with *Rhizopus* spp. accounting for the majority (Table 1). *Saksenaia vasiformis* complex and *Apophysomyces* species contributed over 10% of cases. One patient had infection with *Mucor circinelloides* (lung) and *Fusarium* spp. (blood and skin) resulting in death. No other mixed infections were identified.

Co-morbidity and predisposing factors

The commonest co-morbidities were haematological malignancy (48.6%) and diabetes mellitus (27%), although; none with ketoacidosis (Table 2). Rheumatological/autoimmune diseases were present in 9 (12.1%) cases (rheumatoid arthritis ($n = 2$), systemic lupus erythematosus (3), vasculitis (2), autoimmune hepatitis (1) and autoimmune haemolytic anaemia (1)). All but one of these patients had received prior treatment with corticosteroids, with combinations of other immunosuppressive drugs, including rituximab ($n = 1$), infliximab (1), calcineurin inhibitor (1) and other chemotherapeutic agents (3). Seventeen patients (22.9%) had antecedent trauma, including motor vehicle accidents and burns, with one patient sustaining massive injuries from the Boxing Day tsunami in Asia. Eight patients (10.8%) had neither underlying co-morbidity nor immuno-compromise, and were significantly more likely to have acquired infection through trauma (7/8; 87.5%) compared to trauma-related infections in those with an underlying co-morbidity and/or immune-compromise (10/66; 15.2%; $p < 0.001$).

Patients who sustained trauma were significantly more likely to have non-*Rhizopus* infections compared with patients without trauma (11/15, 73.3% versus 11/47, 23.4%; OR 9.0; 95% CI 2.1–42.8; $p < 0.001$).

Site of infection

The lung was the most common site of infection (44.6%), followed by sinuses (29.7%), skin and soft tissue (20.3%), brain (14.9%) and bone/joint (14.9%) (Table 3). Twenty-nine (39.2%) cases were disseminated, with individual sites represented in various combinations, including the lung ($n = 16$), sinus (10), brain (9) and skin (9). One patient had 4 sites and 6 patients 3 sites involved. All episodes of GI mucormycosis were disseminated. Of the patients with rheumatological/autoimmune diseases, the lung ($n = 5$), sinus (4), brain (3), eye (1), skin (1) and heart (1) represented the sites of infection, including 3 cases of disseminated disease.

Patient management

Antifungal treatment for mucormycosis was initiated in 64 patients (86.5%) and continued for a median of 64.5 days (IQR 21–365 days). Of those who survived 180 days ($n = 33$), the median treatment duration was 196 days (IQR 64–587 days).

Eight patients either died before diagnosis or were actively palliated without receiving antifungal therapy. Another patient received voriconazole alone and died of disseminated infection at 17 days. One patient had trauma-related soft-tissue infection, without underlying co-morbidity, was treated with surgery alone and was alive at 180 days.

An amphotericin B formulation (predominantly liposomal amphotericin B) was the mainstay of antifungal therapy (62/64

Table 2
Genera or groups of Mucorales by patient co-morbidity or predisposing factor^a

| Variable | All episodes (n=74) | Unclassified mucormycete (n=12) | <i>Rhizopus</i> spp. (n=40) | <i>Mucor</i> spp. (n=7) | <i>Rhizomucor</i> spp. (n=5) | <i>Saksanaea</i> spp. (n=4) | <i>Apophysomyces</i> spp. (n=4) | <i>Lichtheimia</i> spp. (n=2) |
|--|------------------------|------------------------------------|--------------------------------|----------------------------|---------------------------------|--------------------------------|------------------------------------|----------------------------------|
| Co-morbidity | | | | | | | | |
| None ^b | 8 (10.8) | 0 | 2 ^c (5) | 1 (14.3) | 1 (20) | 2 (50) | 2 (50) | 0 |
| Diabetes mellitus | 20 (27.0) | 4 (33.3) | 13 (32.5) | 0 | 0 | 1 (25) | 2 (50) | 0 |
| Chronic lung disease | 11 (14.9) | 4 (33.3) | 3 (7.5) | 1 (14.3) | 1 (20) | 1 (25) | 0 | 1 (50) |
| Haematological malignancy ^d | 36 (48.6) | 5 (41.7) | 20 (50) | 6 (89.6) | 4 (80) | 0 | 0 | 1 (50) |
| Solid organ cancer | 2 (2.7) | 1 (8.3) | 0 | 1 (14.3) | 0 | 0 | 0 | 0 |
| Bone marrow transplant | 13 (17.6) | 0 | 9 (22.5) | 4 (57.1) | 0 | 0 | 0 | 0 |
| Solid organ transplant | 8 (10.8) | 1 (8.3) | 6 (15) | 0 | 0 | 0 | 0 | 1 (50) |
| Rheumatological / autoimmune conditions | 9 (12.1) | 2 (16.7) | 4 (10) | 1 (14.3) | 2 (40) | 0 | 0 | 0 |
| Chronic renal failure | 7 (9.5) | 2 (16.7) | 5 (12.5) | 5 (71.4) | 0 | 0 | 0 | 0 |
| Predisposing factor | | | | | | | | |
| Neutropenia | 32 (43.2) | 4 (33.3) | 17 (42.5) | 6 (85.7) | 4 (80) | 0 | 0 | 1 (50) |
| Corticosteroid use | 39 (52.7) | 3 (25) | 25 (62.5) | 6 (85.7) | 4 (80) | 0 | 0 | 1 (50) |
| Cancer chemotherapy | 31 (41.9) | 4 (33.3) | 18 (45) | 5 (71.4) | 3 (60) | 0 | 0 | 1 (50) |
| Calcineurin inhibitors | 15 (20.2) | 0 | 14 (35) | 1 (14.3) | 0 | 0 | 0 | 0 |
| Monoclonal antibodies | 7 (9.5) | 2 (16.7) | 4 (10) | 1 (14.3) | 0 | 0 | 0 | 0 |
| Major or minor trauma | 17 (22.9) | 2 (16.7) | 4 (10) | 3 (42.9) | 2 (40) | 3 (75) | 3 (75) | 0 |
| Major surgery | 18 (24.3) | 2 (16.7) | 9 (22.5) | 0 | 1 (20) | 1 (25) | 3 (75) | 2 (100) |
| Hospital construction | 10 (13.5) | 3 (25) | 4 (10) | 1 (14.3) | 2 (40) | 0 | 0 | 0 |
| Antifungal prophylaxis Medication^{e,f} | | | | | | | | |
| Any agent | 34 (44.9) | 5 (41.7) | 19 (45.7) | 6 (85.7) | 3 (60) | 0 | 0 | 1 (50) |
| Voriconazole | 10 (13.5) | 1 (8.3) | 6 (15) | 1 (14.3) | 2 (40) | 0 | 0 | 0 |
| Posaconazole | 10 (13.5) | 2 (16.7) | 6 (15) | 2 (28.6) | 0 | 0 | 0 | 0 |

^a Expressed as number of patients (percentage of patients with co-morbidity or predisposing factor).

^b Also no host immuno-compromise.

^c *Rhizopus microsporus* (n = 1); *Rhizopus schippelae* (n = 1).

^d Haematological cancers included: acute leukaemia (n = 16), chronic leukaemia (n = 7), lymphoma (n = 5), multiple myeloma (n = 3), myelodysplastic syndrome (n = 4) and other cancers (n = 2).

^e Antifungal medications prescribed for at least 7 days within the preceding 30 days.

^f Includes itraconazole (3), liposomal amphotericin B (1) and fluconazole (10).

Table 3
Mucormycosis: site of infection and 180-day mortality according to pathogen group^a

| Body site (total) | Unclassified Mucorales (n=12) | <i>Rhizopus</i> spp. (n=40) | <i>Mucor</i> spp. (n=7) | <i>Rhizomucor</i> spp. (n=5) | <i>Apophysomyces</i> spp. (n=4) | <i>Saksanaea</i> <i>vasiformis</i> complex (n=4) | <i>Lichtheimia</i> <i>corymbifera</i> (n=2) | 180-day mortality, n (%) |
|----------------------------------|----------------------------------|--------------------------------|----------------------------|---------------------------------|------------------------------------|--|---|-----------------------------|
| Lung (n=33) | 4 | 20 | 5 | 3 | 0 | 0 | 1 | 24 (72.7%) |
| Sinus (n=22) | 5 | 13 | 2 | 1 | 0 | 0 | 1 | 14 (63.6%) |
| Skin/deep soft tissue (n=15) | 3 | 5 | 1 | 2 | 2 | 2 | 0 | 7 (46.7%) |
| Brain (n=11) | 1 | 5 | 0 | 1 | 1 | 1 | 2 | 9 (81.8%) |
| Bone/joint (n=11) | 2 | 5 | 0 | 0 | 2 | 2 | 0 | 3 (27.3%) |
| Gastrointestinal tissue (n=7) | 1 | 1 | 3 | 0 | 1 | 0 | 1 | 5 (71.4%) |
| Eye (n=4) | 2 | 1 | 0 | 0 | 0 | 1 | 0 | 1 (25%) |
| Blood (n=2) | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 1 (50%) |
| Other (n=7) ^b | 0 | 4 | 1 | 1 | 0 | 0 | 1 | 4 (57.1%) |
| Disseminated (n=29) | 5 | 12 | 5 | 1 | 3 | 1 | 2 | 18 (62.1%) |
| 180-day mortality (n=42; 57%) | 5 (41.7%) | 23 (57.5%) | 6 (85.7%) | 3 (60%) | 2 (50%) | 1 (25%) | 2 (100%) | |

^a Numbers total more than 74 as many patients had more than one site of infection.

^b Includes kidney (n = 3); endocardium (n = 1); gingival tissue (n = 1); genitalia (n = 1).

cases), with amphotericin B-based combination therapy administered in 11 cases (17.7%), including caspofungin (n = 5), posaconazole (n = 5) and terbinafine (n = 1). Posaconazole alone, or in combination with caspofungin, was used as definitive therapy in two patients. Posaconazole solution was used as step-down therapy in all cases where the patient was alive following initial 'induction antifungal therapy'. Adjunctive granulocyte-macrophage colony-stimulating factor or granulocyte infusion therapies were administered to two acute myeloid leukaemia patients with fatal lung (+/- sinus) infection. Surgery was performed in 44 of 64 (69%) patients receiving anti-fungal therapy.

Outcomes

The all-cause 30- and 180-day mortality was 42% (n = 31) and 56.7% [42] respectively. Deaths occurred at a median of 14 days (IQR 4–32 days, range 1–169 days) following diagnosis.

Table 4 demonstrates the variables associated with mortality at 180 days by univariate and multivariate analyses. Independent predictors of mortality on multivariate analysis were the presence of a rheumatological/autoimmune disorder (OR = 24.0, p 0.038, 95% CI 1.2–481.4), haematological malignancy (OR = 7.7, p 0.001, 95% CI 2.3–25.2) and ICU admission (OR = 4.2, p 0.02, 95% CI 1.3–13.8). The Kaplan–Meier survival curves for the whole patient

Table 4
Mucormycosis: univariate and multivariate analysis of overall 180-day mortality

| Variable | Univariate analysis | | | Multivariate analysis | | |
|---|---------------------|--------------|-------------------|-----------------------|---------|-------------------------------|
| | Died (n=42) | Alive (n=32) | p value | OR (95% CI) | p value | OR (95% CI) |
| Male gender (n=48) | 26 (62%) | 22 (69%) | 0.54 | – | – | – |
| Co-morbidities / Predisposing conditions | | | | | | |
| Diabetes (n=20) | 10 (24%) | 10 (31%) | 0.41 | – | – | – |
| Chronic lung disease (n=11) | 6 (14%) | 5 (16%) | 0.87 | – | – | – |
| Chronic renal failure (n=7) | 3 (7%) | 4 (13%) | 0.46 | – | – | – |
| Rheumatological/ autoimmune disorders (n=9) | 9 (22%) | 0 (0%) | 0.004 | – ^a | 0.038 | 24.0 (1.2–481.4) ^a |
| Haematological malignancy (n=36) | 27 (64%) | 9 (28%) | 0.002 | 4.6 (1.7–12.3) | 0.001 | 7.7 (2.3–25.2) |
| Bone marrow transplant (n=13) | 10 (24%) | 3 (9%) | 0.132 | – | – | – |
| Solid organ transplant (n=8) | 4 (10%) | 4 (13%) | 0.69 | – | – | – |
| No co-morbidities (n=8) | 1 (2%) | 7 (22%) | 0.02 | 0.087 (0–0.59) | – | NS |
| Additional predisposing factors within the preceding 30 days | | | | | | |
| Major/minor trauma (n=17) | 7 (17%) | 10 (31%) | 0.11 ^b | – | – | NS |
| Surgery (n=18) | 10 (24%) | 8 (25%) | 0.9 | – | – | – |
| ICU admission (n=33) | 23 (55%) | 10 (31%) | 0.044 | 8.1 (2.9–23) | 0.020 | 4.2 (1.3–13.8) |
| Hospital construction (n=10) | 4 (10%) | 6 (19%) | 0.31 | – | – | – |
| Cancer chemotherapy (n=31) | 23 (55%) | 8 (25%) | 0.01 | 7.67 (2.56–23) | – | NS |
| Corticosteroids (n=39) | 29 (69%) | 10 (31%) | 0.001 | 4.9 (1.8–13.1) | – | NS |
| Monoclonal antibodies (n=7) | 6 (14%) | 1 (3%) | 0.13 ^b | – | – | NS |
| Calcineurin inhibitors (n=15) | 8 (19%) | 7 (22%) | 0.77 | – | – | – |
| Neutropenia (n=32) | 25 (60%) | 7 (22%) | 0.001 | 5.25 (1.89–14.6) | – | NS |
| Manifestations of infection | | | | | | |
| Disseminated infection (n=29) | 18 (43%) | 11 (34%) | 0.46 | – | – | – |
| Antifungal treatments | | | | | | |
| Surgery (n=45) | 20 (51%) | 25 (78%) | 0.02 | 0.29 (0.11–0.83) | – | NS |
| Amphotericin B combination antifungal therapy (n=11) | 6 (14%) | 5 (16%) | 0.87 | – | – | – |
| Combination surgery and antifungal agent (n=44) | 20 (48%) | 24 (75%) | 0.02 | 0.25 (0.09–0.71) | – | NS |

^a Rheumatological/autoimmune disorders is a perfect predictor of mortality and therefore OR, 95% CI and p values cannot be determined in the univariate analysis. Firth's logistic regression was used for multivariate calculations.

^b Variables that were included in the multivariate analysis and remained in the final model but where p > 0.05 on univariate analysis.

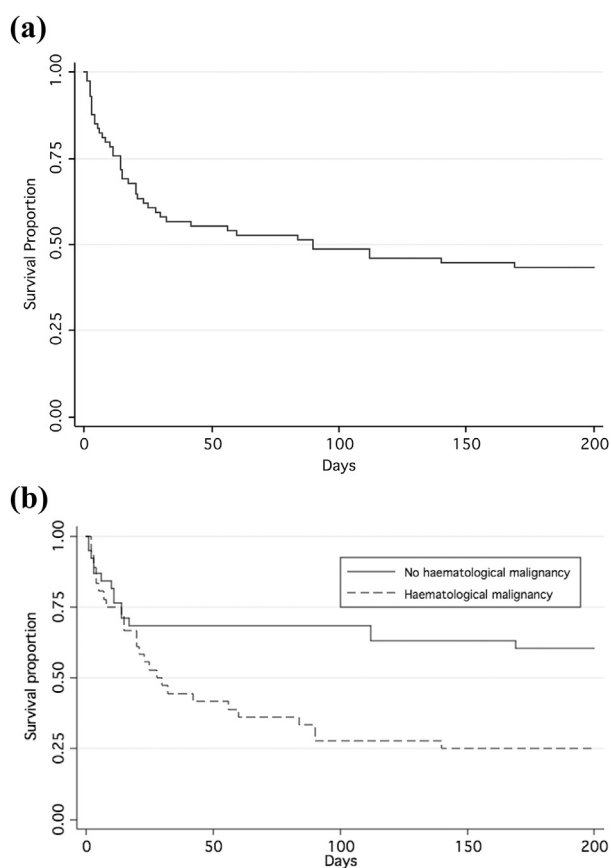


Fig. 2. (a) Kaplan–Meier survival curve of all patients with mucormycosis. (b) Kaplan–Meier survival curve stratified by the presence or absence of haematological malignancy (p 0.006).

cohort (Fig. 2a) and stratified by the presence of haematological malignancy (Fig. 2b), demonstrate that most deaths occurred within the first month, with subsequent divergence in survival between the haematological and non-haematological populations (p 0.006). There was no association between specific fungal genera and mortality (Table 3).

Discussion

Despite recent reports of increasing incidence [1,4,12], infections due to Mucorales remain infrequent. This multicentre study describes the epidemiology of mucormycosis across Australia, demonstrating the diversity in causative fungi and predisposing factors, and the overall high mortality despite intensive treatment that included surgical debridement in most cases. Underlying rheumatological/autoimmune disorders, haematological malignancy and ICU admission were variables associated with increased mortality.

Rhizopus spp. account for most cases of invasive mucormycosis, with *R. arrhizus* (formerly *R. oryzae*) the predominant species [1–3,5–7,19]. In this study, *R. microsporus* was most frequently isolated although almost 40% of *Rhizopus* spp. were not assigned to species level and hence certain species may have been under-represented. *Rhizopus microsporus* has been associated with nosocomial outbreaks [11]; however, we did not observe any case clusters. Contrary to European studies where *Lichtheimia* spp. have represented up to one-third of cases [2,3,6,20], this genus was encountered infrequently. Of note, *Apophysomyces* spp. and *Saksenaia vasiformis* complex together caused 10.8% of cases compared with <5% in Europe [2,3,6,20]. In India however, *Apophysomyces* spp. is the second most common causative pathogen [12].

Both *Apophysomyces* and *Saksenaia* are soil saprophytes, with IFD occurring mainly in tropical and subtropical climates [21]. As noted by others [21], our eight patients were all

immunocompetent, had predominantly acquired infection through trauma (75%) and had infection frequently localized to the skin/soft tissue and bone/joint (50%). No infection involved the lung.

Excluding *Apophysomyces* and *Saksenaia* infections, the majority of hosts were immunocompromised, most commonly haematological malignancy and corticosteroid use. Indeed haematological malignancy has surpassed diabetes mellitus as the commonest predisposing factor in many regions [1–3,5] excluding countries, such as India [12]. Although diabetes was present in 27% of our patients, ketoacidosis was not observed [1].

A key finding from this study was the relatively high proportion of patients with rheumatological/autoimmune conditions (12.1% of cases) compared with previous studies (<2%) [1,2,22]. Such patients may be at risk for IFD because of intensive immune suppression, but have delayed diagnosis and institution of appropriate treatment due to under-recognition of the risk. Importantly, outcomes were particularly poor (100% mortality), indicating the need for heightened awareness among clinicians of mucormycosis and further research into risk profiles in this patient cohort.

Trauma, burns or surgery have been identified as risk factors for mucormycosis in as many as 19% of cases [1–3,9,23] and typically in immuno-competent hosts. Of the 17 trauma-associated cases in this series, 9 (53%) had disseminated mucormycosis, which may have contributed to the higher mortality (41%) than generally observed (22.9%) [8]. As observed previously [9], mucormycosis resulting from trauma was more commonly associated with non-*Rhizopus* Mucorales (73.3%).

Improvements in laboratory techniques over time have resulted in increases in the isolation rate of pathogenic Mucorales [1]. In this series, 77% of cases were diagnosed by culture with/without histopathology. Although DNA sequencing of the cultured isolate or directly from tissue (either fresh or retrieved specifically for this study), provided species or genus identification in 35 episodes, including five episodes diagnosed by histopathology alone, 9 Mucorales could not be assigned to a species. We used ITS sequencing as a first-line method for species identification as is recommended [24,25]. However, assays which target the ITS region lack sufficient discriminatory power, particularly if direct detection in tissue is attempted. Sequencing of alternate loci, such as the 18S and 28S rRNA regions and cytochrome b may be additionally required to speciate Mucorales [25]. Nonetheless, routine use of molecular diagnostics has the potential to improve the identification of Mucorales, particularly species such as *Apophysomyces* and *Saksenaia* spp. that do not sporulate well.

Infection sites were similar to previous reports [1–5,19] excluding higher occurrences of disseminated infection (39.2% vs 6.8–26%). All infections involving gastrointestinal tissue (9.5%) were disseminated. Gastrointestinal mucormycosis is uncommon and is predominantly associated with low-birthweight infants, malnutrition and peritoneal dialysis [1]. These predisposing factors were not noted in our study. Both patients with fungaemia had *Mucor* spp. infections, with one surviving beyond 6 months [26]. Positive ante-mortem blood cultures in the context of mucormycosis are extremely rare [27].

The 180-day mortality remains high (57%) despite antifungal therapy with or without surgery, and is comparable to that reported previously (44–59%) [1–3,5]. Despite the availability of amphotericin in the 1960s, there has been no significant improvement in mucormycosis-associated mortality [1]. However, over this time there has been an increase in the proportion of cases of mucormycosis in severely immuno-compromised individuals. Indeed, in our study, the poorest outcomes were identified for the first time in patients with rheumatological/autoimmune conditions, with independent predictors of death also including underlying haematological malignancy and ICU admission. Conversely,

survival was greatest in those without co-morbidities. Divergence in survival between cases with and without haematological malignancy occurred approximately 1 month after diagnosis, suggesting that persisting immuno-compromise is the key to poor outcomes. This finding is important for the design of new clinical trials, as assessment of clinical endpoints may need to be undertaken at specific times in different populations.

Limitations of this study include its retrospective nature, which may explain the relatively low numbers of probable episodes, and trauma-related cases could be over-represented because tissue-confirmed cases are easier to acquire. Potential differences in clinical and diagnostic practice may have influenced case detection and outcomes. In particular, as there was no systematic use of molecular diagnostics, the diversity of Mucorales may have been underestimated, affecting the reported relationship between specific genera and clinical features and outcomes. The study did not capture all hospitals across Australia, hence the incidence of infection cannot be accurately determined.

In conclusion, this study provides insights into mucormycosis within Australia, and highlights the need for further research to facilitate risk stratification, case definitions in immuno-competent hosts, early diagnosis and optimal management to improve the currently poor outcomes.

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Transparency Declaration

See the Funding section for details.

Drug Advisory Boards

Sharon Chen, Monica Slavin, Sebastian van Hal, Christopher Heath, Deborah Marriott, C. Orla Morrissey and Tania Sorrell, are on the Antifungal Advisory Boards of Gilead Sciences Inc., MSD Australia and Pfizer Australia. Sarah Kidd is on the Antifungal Advisory Board of Pfizer Australia, MSD Australia and Mayne Pharma. Tony Korman is on the Antibacterial Advisory Board of Pfizer Australia.

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