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1 **Separation of N-derivatized di- and tri-peptide stereoisomers**
2 **by micro-liquid chromatography using a quinidine-based**
3 **monolithic column - Analysis of L-carnosine in dietary**
4 **supplements**

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21

22 **Abstract**

23 In the present study, a new analytical methodology was developed enabling the
24 enantiomeric determination of *N*-derivatized di- and tri-peptides in dietary
25 supplements using chiral micro-LC on a monolithic column consisting of
26 poly(O-9-[2-(methacryloyloxy)-ethylcarbamoyl]-10,11-dihydroquinidine-*co*-2-hydrox
27 yethyl methacrylate-*co*-ethylene dimethacrylate) (poly(MQD-*co*-HEMA-*co*-EDMA)).
28 After optimization of the mobile phase conditions, a baseline resolution of the
29 stereoisomers of 24 out of 53 *N*-derivatized di- and tri-peptides was obtained.
30 3,5-Dinitrobenzoyl- and 3,5-dichlorobenzoyl-peptide stereoisomers were separated
31 with exceptionally high selectivity and resolution. The monolithic column was then
32 applied to the quantitative analysis of *L*-carnosine and its enantiomeric impurity in
33 three different commercial dietary supplements. Method validation demonstrated
34 satisfactory results in terms of linearity, precision, selectivity, accuracy and limits of
35 detection and quantification. The determined amounts of *L*-carnosine in commercial
36 formulations were in agreement with the labeled content for all analyzed samples, and
37 the enantiomeric impurity was found to be below the limit of detection (LOD),
38 showing the potential of the poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column as
39 a reliable tool for the quality control of *L*-carnosine in dietary supplements by
40 micro-LC.

41 **Keywords:** carnosine / dietary supplements / enantioseparation / quinidine-based
42 monolithic column / small peptides

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44 1. Introduction

45 The stereochemistry of small peptides (di- and tripeptides) can profoundly influence
46 their biological and pharmacological activities. For example, L-carnosine
47 (β -alanyl-L-histidine) is widely distributed in mammalian tissues [1-2] and exhibits
48 numerous biochemical properties including pH buffering [2-3], antioxidant capacity
49 [3-4], inhibition of forming advanced glycoxidation and lipoxidation end-products [3],
50 etc. On the contrary, its optical antipode D-carnosine cannot be hydrolyzed by
51 carnosinases (a specific serum dipeptidase that rapidly hydrolyzes L-carnosine in
52 vivo), making it possible to cross the blood-brain barrier and maintain the same
53 radical-quenching activity as L-carnosine in vitro [5-6]. Hence, investigations of the
54 stereochemical composition of small peptides are an important aspect in the field of
55 peptide analysis [7-12]. To the best of our knowledge, most reports describing studies
56 of the discrimination of small peptide stereoisomers have usually focused on the
57 separation of either enantiomers or diastereomers, while papers dealing with both
58 kinds of stereoisomers are limited [7-13]. This could be related to an obvious lack of
59 appropriate functionalities to interact with the chiral selectors (CSs) and the
60 complexity of the stereochemical composition of small peptides [11,13]. In order to
61 enhance detection sensitivity and improve the intermolecular interaction between
62 small peptides and CSs, additional interaction sites could be introduced through the
63 derivatization of amino groups, using reagents such as 2,4-dinitrophenyl (DNP)
64 fluoride, 3,5-dinitrobenzoyl (3,5-DNB), 9-fluorenylmethoxycarbonyl (Fmoc),
65 3,5-dinitrobenzyloxycarbonyl (3,5-DNZ) or carbazole-9-carbonyl (CC) chlorides, etc
66 [14]. Furthermore, a wide array of analytical techniques and methods were developed
67 for the determination of small peptide stereochemical composition [11].
68 High-performance liquid chromatography (HPLC) is the most commonly employed

69 separation technique for analyzing the stereochemical composition of small peptides
70 [11,13,14], besides capillary electrophoresis (CE). In previous studies, different chiral
71 stationary phases (CSPs) have been evaluated for the separation of all stereoisomers
72 of small peptides by HPLC, such as those containing crown ethers [15-17],
73 macrocyclic antibiotics [18-19], cinchona alkaloids [13-14] or cyclodextrins [20-21] as
74 chiral selectors. In particular, cinchona alkaloid based CSPs have received great
75 attention due to their excellent stereoselectivity towards *N*-derivatized small peptides
76 [13-14]. Therefore, it is of high interest to systemically evaluate their enantio- and
77 diastereoselectivity toward a wide range of *N*-derivatized small peptides since only a
78 few peptide stereoisomers have been tested with these CSPs in HPLC [13-14,22-26],
79 capillary electrochromatography (CEC) [27], mass spectrometry (MS) [28-29], and
80 CE [30].

81 In the last two decades, monolithic columns have proved to be an effective alternative
82 to packed columns and have attracted considerable interest owing to their facile
83 preparation methodology and good column characteristics, such as permeability and
84 efficiency [31-34]. In our recent study [31], the poly(MQD-*co*-HEMA-*co*-EDMA)
85 monolithic column was systemically re-optimized according to Lämmerhofer *et al.*
86 [35-36] with some modifications. This column exhibited excellent enantioselectivity
87 and good efficiency in the micro-LC mode for a wide range of *N*-derivatized amino
88 acids [31]. However, the applicability of the poly(MQD-*co*-HEMA-*co*-EDMA)
89 monolith for the stereoselective analysis of small peptides have not been reported so
90 far.

91 In the present study, the enantio- and diastereoselective potential of the
92 poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column was systematically evaluated
93 for the micro-LC separation of a series of *N*-derivatized di- and tri-peptide

94 stereoisomers. The influence of the apparent pH of the mobile phase, the organic
95 solvent content, and the buffer concentration on the chiral separation of di- and
96 tri-peptide derivatives has also been investigated. Finally, a method based on this
97 monolithic column was developed and evaluated for the quantitative analysis of the
98 dipeptide carnosine, labeled as a pure enantiomer (L -carnosine) in several dietary
99 supplements.

100

101 2. Materials and methods

102 2.1. Reagents and samples.

103 All reagents employed were of analytical grade. Acetonitrile (ACN), methanol
104 (MeOH), acetic acid, and chloroform (CHCl_3) were obtained from Scharlau
105 (Barcelona, Spain). Boric acid and pentane were purchased from Sigma (St. Louis,
106 MO, USA), while ammonium acetate was from Merck (Darmstadt, Germany).
107 9-Fluorenylmethoxycarbonyl (Fmoc) chloride and triethylamine were obtained from
108 Fluka (Buchs, Switzerland). Propylene oxide, 3,5-dinitrobenzoyl (3,5-DNB) chloride,
109 3,5-dichlorobenzoyl (3,5-DCIB) chloride, 3,5-dimethoxybenzoyl (3,5-DMB) chloride,
110 DL-Alanyl-DL-Alanine (DL-Ala-DL-Ala), DL-Alanyl-DL-Leucine
111 (DL-Ala-DL-Leu), DL-Alanyl-DL-Methionine (DL-Ala-DL-Met),
112 DL-Alanyl-DL-Valine (DL-Ala-DL-Val), DL-Alanyl-DL-Phenylalanine
113 (DL-Ala-DL-Phe), DL-Leucyl-DL-Valine (DL-Leu-DL-Val), DL-Leucyl-Glycine
114 (DL-Leu-Gly), DL-Leucyl-DL-Phenylalanine (DL-Leu-DL-Phe),
115 DL-Leucyl-Glycyl-Glycine (DL-Leu-Gly-Gly), DL-Leucyl-Glycyl-DL-Phenylalanine
116 (DL-Leu-Gly-DL-Phe), Glycyl-DL-norLeucine (Gly-DL-norLeu),
117 Glycyl-DL-norValine (Gly-DL-norVal), and L -carnosine were purchased from Tokyo
118 Chemical Industry Co., Ltd. (Tokyo, Japan). DL-Leucyl-DL-Alanine

119 (DL-Leu-DL-Ala) was obtained from Bachem (Switzerland). D-Carnosine was a
120 generous gift from Flamma S.p.A (Chignolo di'Isola, Bergamo, Italy). Dietary
121 supplements containing L-carnosine were commercially available and obtained in
122 several health food shops in Alcalá de Henares, Spain. Distilled water was deionized
123 using a Milli-Q system (Millipore, Bedford, MA, USA).

124 **2.2. Apparatus.**

125 A detailed description of the preparation of the poly(MQD-co-HEMA-co-EDMA)
126 monolithic column for micro-LC by in situ copolymerization of MQD, HEMA, and
127 EDMA, can be found in an earlier paper [31]. All micro-LC experiments were
128 performed on a laboratory self-assembled system that consisted of a Shimadzu
129 LC-10AS pump (Shimadzu, Kyoto, Japan), a UV-Vis detector model 200 (Linear
130 instruments, Fremont, California, USA), and a Valco four-port injection valve with a
131 20 nL internal loop (Houston, TX, USA). To reduce the flow and pressure inside the
132 capillary column, a T-shaped stainless steel piece (Cheminert, Valco Instruments
133 Houston, Texas, USA) was employed to connect the pump to the injection valve via a
134 split-flow capillary (dimensions: 150 mm × 25 μm I.D). Data acquisition and data
135 handling were performed using a N2000 chromatography workstation (Science
136 Technology, Hangzhou, China). The pH values were measured with a 744 pH-meter
137 from Metrohm (Herisau, Switzerland).

138 **2.3. Chromatographic conditions.**

139 Unless otherwise stated, the mobile phase was a mixture of 0.1 M ammonium
140 acetate/ACN (35/65, v/v). The apparent pH of the mixture was adjusted to the desired
141 pH with acetic acid. The total flow rate was set to 20 μL/min. The mobile phase for
142 the separation of Fmoc-derivatized peptides was a mixture of ACN/MeOH (35/65,
143 v/v) containing 0.1 M acetic acid and 4 mM of triethylamine. The separation of

144 Fmoc-derivatized peptides was performed at a total flow rate of 10 μ L/min. The
145 mobile phase was filtered through a 0.22- μ m membrane and degassed before use. The
146 injection volume of all samples was 20 nL and the analytes were all monitored at a
147 wavelength of 254 nm, using on-column detection.

148 **2.4. Derivatization of small peptides in standard solutions and dietary** 149 **supplements.**

150 Three different L-carnosine dietary supplement products were obtained from health
151 food shops in Alcalá de Henares, Spain. Sample 1 was a supplement tablet containing
152 500 mg L-carnosine plus some excipients like cellulose, stearic acid and silica.
153 Samples 2 and 3 were capsules containing only 500 mg L-carnosine as the active
154 ingredient. A stock solution of each product was prepared by grinding tablets or the
155 content of emptied capsules to a fine powder and transferring a certain amount of
156 powder into a 50 mL conical flask to which 0.2 M borate buffer (pH 9.0) was added.
157 After weighing the flask, the solution was stirred magnetically for 30 min and
158 sonicated for 30 min to dissolve L-carnosine completely. After removal of the stir bar,
159 a slight amount of borate buffer was added into the flask in order to maintain its total
160 weight constant. The solution was shaken and undissolved ingredients were
161 removed by centrifugation and filtration. The theoretical L-carnosine concentration of
162 the solutions was 40 mM, on the basis of the label declarations.

163 The N-derivatized di- or tri-peptides were synthesized according to the literature [37],
164 except for the Fmoc derivatives. For example, to 0.152 mmol of peptide standard or
165 dietary supplement suspended in 10 mL of dry CHCl_3 , 0.167 mmol of
166 3,5-dinitrobenzoyl chloride and 0.172 mmol of propylene oxide were added. After
167 sonication for 1 h at room temperature, the solvent was evaporated under nitrogen, the
168 crude N-(3,5-dinitrobenzoyl) peptide was dissolved in methanol and the solution was

169 filtered to remove any insoluble residue [37]. As described previously [38-39],
170 peptides were amidated by 9-fluorenylmethoxycarbonyl chloride in aqueous solution
171 to afford Fmoc derivatives. Briefly, 300 μL of 60 mM Fmoc chloride were mixed
172 with 300 μL of 20 mM peptide standard or dietary supplement solution in 0.2 M
173 borate buffer (pH 9.0). The reacted mixture was kept at room temperature for 2 min,
174 and was then extracted with 600 μL of pentane to remove the reagent excess. Finally,
175 the Fmoc-peptide solution was diluted 10 times with mobile phase prior to injection
176 [38-39].

177 **2.5. Data treatment and calculations**

178 The resolution (R_s) between adjacent peaks was determined according to the
179 following equation:

$$180 \quad R_s = 1.18 \frac{t_{R2} - t_{R1}}{w_{1/2,1} + w_{1/2,2}}$$

181 where t_{R1} , t_{R2} are the retention times of the adjacent peaks, respectively, and $w_{1/2,1}$ and
182 $w_{1/2,2}$ are their corresponding widths at half-height [40].

184 The enantioselectivity (α) and the theoretical plate number (N) were obtained
185 according to standard equations from the literature [31,41-42]. Experimental data
186 analysis was performed using Excel Microsoft 2007 and Origin 7.5. A comparison of
187 the slopes of regression lines was based on F - and t -tests using Statgraphics Plus 5.0.

188 **3. Results and Discussion**

189 **3.1. Investigation of the enantio- and diastereoselectivity of the** 190 **poly(MQD-co-HEMA-co-EDMA) monolithic column toward N -derivatized di-** 191 **and tri-peptides**

193 In order to systemically evaluate the discrimination power of the

194 poly(MQD-co-HEMA-co-EDMA) monolithic column in the micro-LC mode for
195 *N*-derivatized di- and tri-peptide stereoisomers, nine *N*-protected small peptides were
196 employed as test analytes (DL-Ala-DL-Ala, DL-Ala-DL-Leu, and DL-Leu-DL-Ala,
197 with three different derivatization agents, 3,5-DNB, 3,5-DCIB, and 3,5-DMB
198 chlorides). The structures of the different *N*-protecting groups and small peptides
199 studied in this paper are presented in **Fig. S1**. The influence of the apparent pH of the
200 mobile phase, the organic solvent and buffer concentrations were especially
201 investigated.

202 The apparent pH is one of the most critical factors in the optimization of the mobile
203 phase composition. Different apparent pH values were tested (4.0, 5.0, 5.3, and 6.0) in
204 a mobile phase made of 0.05 M ammonium acetate/ACN (35/65, v/v). As can be seen
205 in **Table S1**, the retention factors of the nine *N*-derivatized dipeptides dramatically
206 increased as the mobile phase pH increased from 4.0 to 6.0. However, the increase in
207 retention was somewhat more pronounced for the stereoisomers of the dipeptide
208 derivatives in positions 1 and 4 in the chromatograms, so that the $\alpha_{1/2}$ values had a
209 slight tendency to decrease with increasing pH while the opposite effect was observed
210 for the $\alpha_{3/4}$ values (**Table S1**). Moreover, the stereoisomers of all dipeptide derivatives
211 could not be completely separated at pH 6.0. The best compromise with respect to
212 overall selectivity and resolution was obtained at pH 5.3. At this apparent pH, a
213 baseline separation was observed for the four stereoisomers of
214 3,5-DNB-DL-Ala-DL-Leu, 3,5-DNB-DL-Leu-DL-Ala, 3,5-DCIB-DL-Ala-DL-Leu,
215 3,5-DCIB-DL-Leu-DL-Ala and 3,5-DMB-DL-Leu-DL-Ala. This positive effect might
216 be attributed to optimum electrostatic interaction between the positively charged
217 tertiary nitrogen of quinidine on the monolithic CSP and the negatively charged
218 carboxylate function of the *N*-derivatized dipeptides at pH 5.3. Furthermore,

219 according to Lindner et al., the electrostatic interactions would keep the chiral selector
220 and the analyte close enough, so that other intermolecular interactions, such as
221 additional stereoselective hydrogen bonding, π - π and steric interactions, could take
222 place and contribute to the separation of the dipeptide stereoisomers [13,26,43-46].
223 Therefore, a mobile phase apparent pH of 5.3 was selected for further experiments.
224 The organic modifier proportion in the mobile phase is another important parameter in
225 the optimization of the separation of the stereoisomers of *N*-derivatized small peptides.
226 As shown in **Table S2**, the selectivities remained almost constant while the retention
227 factors and the resolution values for the stereoisomers of the nine tested analytes
228 decreased when the ACN content was increased from 55 to 75%. These results
229 indicated the existence of a hydrophobic retention on the
230 poly(MQD-*co*-HEMA-*co*-EDMA) monolithic stationary phase under these separation
231 conditions. In order to make a trade-off between resolution and analysis time, a
232 mobile phase containing 65% ACN was selected for further studies.
233 The influence of the ammonium acetate concentration in the mobile phase on
234 retention, selectivity and resolution was also studied by varying the buffer
235 concentration from 0.05 to 0.15 M, while the other separation conditions were kept
236 constant (**Table S3**). No significant influence on selectivity was observed for the
237 stereoisomers of the nine *N*-derivatized small peptides over this concentration range,
238 but their retention factors and resolution values increased with decreasing buffer
239 concentration. These results seem to indicate that electrostatic interactions contribute
240 to the retention of the *N*-derivatized small peptides. Finally, a 0.1 M concentration of
241 ammonium acetate was chosen as a good compromise between resolution and
242 analysis time.
243 Unless otherwise stated, the stereoisomers of the other *N*-derivatized di- and

244 tripeptides examined could be separated under the same chromatographic conditions
245 as those selected for the nine tested dipeptides. In a few cases, better results were
246 obtained by decreasing the ACN content in the mobile phase from 65 to 50 % or by
247 replacing ACN with MeOH. For Fmoc derivatives, chiral separations could only be
248 achieved with a polar organic mobile phase consisting of a mixture of ACN and
249 MeOH (see section 3.2).

250 As can be seen in **Table 1**, all stereoisomers of 24 out of the 53 *N*-derivatized di- and
251 tripeptides could be baseline separated. In most cases, the stereoisomers of the
252 *N*-derivatized di- and tri-peptides could be at least partially separated, except those of
253 3,5-DMB-DL-Leu-DL-Val, 3,5-DMB-DL-Leu-Gly-DL-Phe,
254 3,5-DMB-Gly-DL-norVal, 3,5-DMB-Gly-DL-norLeu, Fmoc-DL-Ala-DL-Met,
255 Fmoc-DL-Leu-Gly-Gly, Fmoc-DL-Leu-Gly-DL-Phe, Fmoc-Gly-DL-norLeu and
256 Fmoc-Gly-DL-norVal. **Fig. 1** depicts representative chromatograms obtained under
257 the selected conditions. It is worth noting that the four stereoisomers of the dipeptide
258 derivatives have not equivalent peak areas: one pair of enantiomers is generally
259 present in a larger amount than the other one, in accordance with previous
260 observations [14,21]. It is then easy to see that the resolution of one enantiomeric pair
261 (peaks in positions 1 and 4) is much higher than that of the other one (peaks in
262 positions 2 and 3). This also explains why the separation of diastereomers (peaks 1-2
263 or 3-4) is often more difficult to obtain than enantioseparations.

264 **Table 1** also shows that the highest enantioselectivity and resolution values were
265 obtained for the stereoisomers of 3,5-DNB derivatives, followed by those of
266 3,5-DCIB derivatives. These results demonstrate that the
267 poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column is well suited to the separation
268 of the enantiomers and diastereomers of *N*-derivatized di- and tripeptides.

269 From these results several other conclusions can be drawn. First, the influence of
270 *N*-protecting groups with different levels of π -acidity such as those possessing
271 aromatic rings with different electron densities can be investigated. As a general
272 observation, the π -acidity groups have a favorable impact on the chiral separation of
273 the peptide derivatives. As could be expected, the selectivities for the stereoisomers of
274 the peptide derivatives were found to decrease with decreasing electrophilic character
275 of the *N*-protecting groups (3,5-DNB > 3,5-DCIB > 3,5-DMB, cf. **Tables S3** and **1**).
276 The higher selectivities obtained for 3,5-DNB derivatives (e.g. α
277 (3,5-DNB-DL-Ala-DL-Leu) = 1.17, 1.69, 1.40) could be explained by the fact [45]
278 that the electron-deficient 3,5-DNB group will undergo stronger π - π interaction with
279 the electron-rich quinoline ring of quinidine than the 3,5-DCIB (e.g. α
280 (3,5-DCIB-DL-Ala-DL-Leu) = 1.18, 1.37, 1.20) and 3,5-DMB (e.g. α
281 (3,5-DMB-DL-Ala-DL-Leu) = 1.20, 1.24, 1.00) groups (**Table S3**). This additional
282 chiral discrimination increment could facilitate the separation and lead to an increase
283 in the resolution of the stereoisomers of *N*-derivatized peptides [45].

284 On the other hand, it is clear that the 3,5-DNB derivatives exhibit higher selectivities
285 than the Fmoc derivatives (**Table 1**). This trend was evidenced by comparison of the
286 selectivities for a wide range of dipeptide derivatives, including
287 3,5-DNB-DL-Ala-DL-Leu (α = 1.17, 1.69, 1.40) and Fmoc-DL-Ala-DL-Leu (α =
288 1.18, 1.16, 1.00) (see **Table 1**). However, 3,5-DNB-, 3,5-DCIB- and
289 3,5-DMB-derivatives of carnosine could not be prepared according to the
290 derivatization method used for other small peptides due to the low solubility of
291 carnosine in most organic solvents [47]. Moreover, when carnosine was dissolved in
292 aqueous solution, the corresponding derivatization agents reacted with water so that
293 the products could not be obtained, Fmoc-carnosine being the only derivative that

294 we could study.

295 From the results given in **Table 1**, another interesting observation can be made: the
296 effect on chiral recognition when introducing one or two achiral glycine moieties into
297 an amino acid or a dipeptide. For that purpose, 3,5-DCIB protected DL-Leu,
298 DL-Leu-Gly, DL-Leu-Gly-Gly, DL-Leu-DL-Phe, and DL-Leu-Gly-DL-Phe were
299 chosen as test analytes under the usual chromatographic conditions (0.1 M ammonium
300 acetate/ACN (35/65, v/v), apparent pH = 5.3). With the exception of
301 3,5-DCIB-DL-Leu-Gly-DL-Phe, a successful separation was achieved for all pairs of
302 enantiomers or diastereomers (**Table 1**). It is interesting to note that the retention
303 factors, enantioselectivities, and resolution values decrease by addition of glycine
304 moieties. For instance, the α values for some amino acid or peptide enantiomers or
305 diastereomers as 3,5-DCIB derivatives decrease as follows: DL-Leu ($\alpha = 2.95$) >
306 DL-Leu-Gly ($\alpha = 1.96$) > DL-Leu-Gly-Gly ($\alpha = 1.21$) in the one hand and
307 DL-Leu-DL-Phe ($\alpha = 1.31, 1.23, 2.04$) > DL-Leu-Gly-DL-Phe ($\alpha = 1.07, 1.16, 1.00$)
308 on the other hand. This finding is consistent with the conclusions of earlier studies
309 that the reduction of selectivity may be attributed to a loss of enantiomer or
310 diastereomer discriminating interactions as a consequence of the increment in the
311 chain length [26,43-44].

312 Finally, in order to confirm the enantiomer elution order, $_{LL}$ -form and $_{DL}$ -form
313 enantio-enriched 3,5-DNB-Ala-Leu and 3,5-DCIB-Leu-Phe were selected as analytes.
314 As shown in **Fig. S2**, the $_{LL}$ -form of 3,5-DNB-Ala-Leu was eluted first and followed
315 with $_{LD}$ -, $_{DL}$ - and $_{DD}$ -form in turns. The same enantiomer elution order was also
316 observed for 3,5-DCIB-DL-Leu-DL-Phe.

317 **3.2. Development of a micro-LC method for the individual quantification of**
318 **carosine enantiomers employing the poly(MQD-co-HEMA-co-EDMA)**

319 monolithic column

320 The successful separation of the stereoisomers of most *N*-derivatized di- and
321 tri-peptides on the poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column encouraged
322 us to apply this chiral discrimination system to the analysis of real samples. In a
323 previous study, Su et al. developed a sensitive LC method for the simultaneous
324 determination of carnosine enantiomers in rat plasma [6]. After derivatization with
325 *o*-phthalaldehyde and *N*-acetyl-L-cysteine, the carnosine enantiomers were separated
326 on an ODS column and quantified using fluorescence detection. The lowest limit of
327 quantification (LLOQ) was 40 ng/mL for each enantiomer [6]. In order to evaluate the
328 applicability of the poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column, a
329 micro-LC method for the stereoselective determination of *L*-carnosine in different
330 dietary supplements was developed.

331 From initial experiments with a hydro-organic mobile phase (0.1 M ammonium
332 acetate/ACN (35/65, v/v), apparent pH = 5.3), it became evident that the
333 FMOC-DL-carnosine enantiomers could not be successfully separated. Therefore, a
334 polar organic mobile phase consisting of ACN/MeOH (50/50, v/v) containing 0.1 M
335 acetic acid and 4 mM triethylamine was chosen for method development. First of all,
336 the effect of the ACN content in the mobile phase was tested in the range from 50 to
337 20 %. A decrease in the ACN content resulted in an increase in the retention of the
338 FMOC-DL-carnosine enantiomers (from 12 to 18 min); however, a baseline
339 separation of these enantiomers could not be achieved in the studied ACN
340 concentration range and a mobile phase with an intermediate ACN content (35 %)
341 was chosen. Other parameters such as acetic acid concentration and flow rate were
342 also investigated. Different concentrations of acetic acid in the mobile phase were
343 evaluated (0.05, 0.1 and 0.15 M), keeping the ratio of ACN/MeOH constant at 35/65

344 (v/v). However, the variation of acetic acid concentration did not lead to an important
345 improvement in the enantioresolution of FMOC-DL-carnosine, so that the 0.1 M
346 concentration was selected. Finally, the total flow rate was studied in the 10-30
347 $\mu\text{L}/\text{min}$ range. By decreasing the total flow rate, a significant increase in
348 enantioresolution was obtained. Therefore, using a mobile phase consisting of
349 ACN/MeOH (35/65, v/v) containing 0.1 M acetic acid and 4 mM triethylamine at a
350 total flow rate of 10 $\mu\text{L}/\text{min}$, a baseline separation of FMOC-DL-carnosine
351 enantiomers could be achieved (**Fig. 2**).

352 Furthermore, in order to obtain a reliable derivatization method, the conditions
353 affecting the reaction between DL-carnosine and FMOC chloride, such as the FMOC
354 chloride/DL-carnosine concentration ratio, the buffer pH and the reaction time were
355 also investigated. After evaluating the effect of the FMOC chloride/DL-carnosine
356 concentration ratio on the average peak area, a ratio of 3 was found to be optimum
357 and selected for further experiments (**Fig. S3**). The influence of the reaction time was
358 also studied in the range from 0.5 to 5 min. At times higher than 1 min, the reaction
359 was found to reach the same yield as that at 5 min; therefore, a reaction time of 2 min
360 was selected. The next step was to study the effect of the buffer pH employed in the
361 reaction medium. As this reaction needs a basic medium to take place, the tested pH
362 values ranged from 8 to 10. The maximum reaction rate was achieved at pH 9.0, this
363 result being consistent with the findings of a previous study [48]. These results
364 demonstrate that the developed derivatization method can be used for a quantitative
365 application.

366 **3.3. Validation of the developed method**

367 Before proceeding with the analysis of L -carnosine in real samples, the analytical
368 characteristics of the developed method such as selectivity, linearity, precision,

369 accuracy, LOD, the limit of quantification (LOQ), and the stability of the standard
370 solution of the FMOC derivative, were studied.

371 The developed method has proved to be selective for carnosine enantiomers as no
372 interfering peaks originating from the sample matrices were found; the small peak
373 observed in all samples at the front of the L -carnosine peak is most probably an
374 impurity of L -carnosine, also present in trace amounts in the reference standard (**Fig.**
375 **2**). However, the analysis time was fairly long and the peaks were rather broad. This
376 might be due to the extra-column volume contributions. Concentration ranges for
377 calibration curves were 0.19-15 mM for L -carnosine and 0.019-1.5 mM for
378 D -carnosine, respectively. As can be seen in **Table 2**, linearity was adequate in both
379 cases since R^2 values were $> 99.0\%$, confidence intervals for the slopes did not
380 include the zero value and confidence intervals for the intercepts included the zero
381 value (at a 95 % confidence level). Moreover, the p -value of the t -test between the
382 standard calibration and standard addition calibration methods allowed to conclude
383 that no matrix interferences existed since for both enantiomers, this value was above
384 0.05 (at a 95 % confidence level) (**Table 2**). Thus, external standard calibration
385 method has proved to be adequate for the quantification of carnosine enantiomers in
386 the dietary supplement products.

387 Method accuracy was evaluated by measuring the recoveries obtained from solutions
388 of DL -carnosine spiked samples, injected in triplicate, at three different percentages of
389 the labeled content (80, 100 and 120%). Mean recoveries were acceptable as they
390 were near 100% (see **Table 2**). Method precision was evaluated in terms of
391 instrumental and method repeatabilities, and intermediate precision. RSD values (%)
392 obtained for areas and retention times are shown in **Table 2**. It can be concluded that
393 RSD (%) obtained for peak areas are acceptable as they were $< 5\%$ for instrumental

394 repeatability and < 10% for method repeatability and intermediate precision. The limit
395 of detection for _D-carnosine was calculated as equivalent to 3 times the *S/N* ratio,
396 which corresponds to 6.25 μM, while the limit of quantification was determined as
397 equivalent to 10 times the *S/N* ratio, resulting in a value of 20.8 μM (**Table 2**). It is
398 worth noting that both LOD and LOQ values for _D-carnosine were determined in the
399 presence of a large excess of _L-carnosine (see **Figs. 2A** and **B**).

400 Finally, the stability of FMOC-_L-carnosine stored at 4 °C was evaluated by injecting a
401 solution containing 2 mM FMOC-_L-carnosine in triplicate in three different days.
402 RSD values were 0.8 and 4.8 % for retention times and peak areas, respectively.

403

404 **3.4. Quantification of carnosine in dietary supplements**

405 The developed and validated quantitative method was applied to the analysis of
406 carnosine enantiomers in dietary supplement products. Three different products,
407 containing in principle 500 mg of _L-carnosine per tablet or capsule, were analyzed.
408 **Table 3** shows the results obtained for the analyzed samples. In all cases, the
409 concentration of _D-carnosine was below the detection limit (see **Figs. 2A** and
410 **C**) of the present method and the amount of _L-carnosine was in agreement with the
411 labeled content for all the analyzed products (**Table 3**).

412 **4. Conclusions**

413 In this research, the poly(MQD-*co*-HEMA-*co*-EDMA) chiral monolithic column has
414 been evaluated in terms of performance and stereoselectivity towards a wide range of
415 *N*-derivatized di- and tri-peptides, using a laboratory self-assembled micro-LC system.
416 A baseline separation of all stereoisomers of 24 out of the 53 small peptide derivatives
417 studied was obtained with this CSP, demonstrating its excellent enantioselectivity and
418 diastereoselectivity. The effects of the apparent pH of the mobile phase, the organic

419 solvent content and the buffer concentration on the retention and separation of the
420 stereoisomers of *N*-derivatized di- and tri-peptides seem to confirm that electrostatic
421 and hydrophobic interactions are both responsible for the retention of these acidic
422 analytes while chiral recognition is more related to other kinds of intermolecular
423 interactions, such as hydrogen binding, π - π and steric interactions. Finally, a method
424 was developed to quantify carnosine enantiomers in real samples and its analytical
425 characteristics (linearity, specificity, accuracy, precision, LOD, and LOQ) were
426 evaluated. The applicability of the validated method has been demonstrated by
427 analyzing carnosine in several dietary supplements.

428

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438

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593

594 **Figure captions**

595 **Fig. 1. Separation of *N*-derivatized small peptide stereoisomers on the poly(MQD-*co*-HEMA-*co*-EDMA)**
 596 **monolithic column.** Separation conditions: column dimensions: 210 mm × 100 μm I.D.; mobile phase: (a). 0.1 M
 597 ammonium acetate/ACN (35/65, v/v) (apparent pH = 5.3) for all chromatograms except f, total flow rate: 20
 598 μL/min, backpressure: 24 bar; (b). ACN/MeOH (35/65, v/v), 0.1 M acetic acid, 4 mM triethylamine (apparent pH
 599 = 6.0) for chromatogram f, total flow rate: 5 μL/min, backpressure: 6 bar; UV detection wavelength: 254 nm;
 600 injection volume: 20 nL.

601

602 **Fig. 2. A. Chromatogram of D-carnosine at a concentration (6.25 μM) corresponding to LOD in the**
 603 **presence of a large excess of L-carnosine (0.25 mM).**

604 **B. Chromatogram of D-carnosine at a concentration (20.8 μM) corresponding to LOQ in the presence of a**
 605 **large excess of L-carnosine (0.25 mM).**

606 **C. Chromatograms of 1) FMOC-D,L-carnosine standard solution (concentration 1 mM); 2) dietary product**
 607 **#3; 3) dietary product #2; 4) dietary product #1.**

608 Separation conditions: column dimensions: 210 mm × 100 μm I.D.; mobile phase: ACN/MeOH (35/65, v/v), 0.1
 609 M acetic acid, 4 mM triethylamine (apparent pH = 6.0), total flow rate: 10 μL/min, backpressure: 10 bar; UV
 610 detection wavelength: 254 nm; injection volume: 20 nL.

611

612 **Table 1. Retention and separation of *N*-derivatized peptide stereoisomers on the**
 613 **poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column.** Separation conditions: mobile phase, ^a 0.1 M ammonium
 614 acetate/ACN (35/65, v/v) (apparent pH = 5.3), total flow rate: 20 μL/min; backpressure: 24 bar; ^b 0.1 M
 615 ammonium acetate/ACN (50/50, v/v) (apparent pH = 5.3), total flow rate: 10 μL/min; backpressure: 20 bar; ^c 0.1 M
 616 ammonium acetate/MeOH (35/65, v/v) (apparent pH = 5.3), total flow rate: 10 μL/min; backpressure: 16 bar; ^d
 617 ACN/MeOH (35/65, v/v), 0.1 M acetic acid, 4 mM triethylamine (apparent pH = 6.0), total flow rate: 10 μL/min;
 618 backpressure: 10 bar; ^e ACN/MeOH (35/65, v/v), 0.1 M acetic acid, 4 mM triethylamine (apparent pH = 6.0), total
 619 flow rate: 5 μL/min; backpressure: 6 bar; UV detection wavelength: 254 nm; injection volume: 20 nL.

620

621

622 **Table 2. Analytical characteristics of the developed micro-LC method for the individual determination of**
 623 **carnosine enantiomers in dietary supplements.**

624 a) Six standard solutions at different concentration levels injected in triplicate.

625 b) Addition of four known amounts of D- and L-carnosine to a dietary supplement sample containing a

- 626 constant concentration of L-carnosine.
- 627 c) Accuracy was evaluated as the recovery obtained from three dietary supplement sample solutions spiked
- 628 with standard D,L-carnosine solution at three different percentages (80, 100, and 120 %) of the labelled
- 629 content (n = 9).
- 630 d) Six consecutive injections of a dietary supplement sample solution containing 2 mM L-carnosine (as
- 631 labeled amount) spiked with 0.5 mM L- and D-carnosine (n = 6).
- 632 e) Six dietary supplement sample solutions containing 2 mM L-carnosine (as labeled amount) spiked with
- 633 0.5 mM L- and D-carnosine (n = 6).
- 634 f) Three dietary supplement sample solutions containing 2 mM L-carnosine (as labeled amount) spiked
- 635 with 0.5 mM L- and D-carnosine in 3 different days (n = 9).
- 636 g) LOD: equivalent to $3 \times S/N$.
- 637 h) LOQ: equivalent to $10 \times S/N$.
- 638

639 **Table 3. Analysis of three different dietary supplement products with a labeled content of 500 mg of**

640 **L-carnosine per tablet or capsule.** ND: Not detected (<LOD). Experimental conditions as in Fig. 2.

641

642

643 **Table 1.** Retention and separation of *N*-derivatized peptide stereoisomers on the

644 poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column.

Sample	k_1	k_2	k_3	k_4	$\alpha_{1/2}$	$\alpha_{2/3}$	$\alpha_{3/4}$	$R_{s\ 1/2}$	$R_{s\ 2/3}$	$R_{s\ 3/4}$	<i>NI</i>
3,5-DNB-DL-Ala-DL-Ala ^a	2.03	2.26	4.86	5.15	1.12	2.15	1.06	1.16	7.10	0.52	18336
3,5-DNB-DL-Ala-DL-Leu ^a	1.76	2.05	3.46	4.86	1.17	1.69	1.40	1.55	5.40	3.59	18168
3,5-DNB-DL-Ala-DL-Val ^a	1.97	2.41	3.96	4.97	1.23	1.64	1.26	2.04	5.13	2.39	16208
3,5-DNB-DL-Ala-DL-Met ^a	1.50	1.50	2.55	2.55	1.00	1.69	1.00	0.00	4.49	0.00	14467
3,5-DNB-DL-Ala-DL-Phe ^b	4.72	5.19	7.72	15.44	1.10	1.49	2.00	1.38	6.35	12.33	21294
3,5-DNB-DL-Leu-DL-Ala ^a	1.85	2.14	5.00	6.58	1.16	2.34	1.32	1.50	8.95	3.12	19315
3,5-DNB-DL-Leu-DL-Val ^a	2.03	2.03	3.38	3.38	1.00	1.67	1.00	0.00	4.32	0.00	12000
3,5-DNB-DL-Leu-DL-Phe ^a	2.61	3.12	4.91	12.35	1.20	1.57	2.52	1.63	4.06	7.91	13696
3,5-DNB-DL-Leu-Gly ^a	1.93	4.96			2.57			7.98			13248
3,5-DNB-DL-Leu-Gly-Gly ^a	1.49	1.96			1.32			2.14			13425
3,5-DNB-DL-Leu-Gly-DL-Phe ^a	2.01	2.01	2.50	2.74	1.00	1.24	1.09	0.00	1.24	0.59	4439
3,5-DNB-Gly-DL-norLeu ^a	3.20	4.20			1.31			2.44			11783
3,5-DNB-Gly-DL-norVal ^a	2.91	3.79			1.30			2.93			16301
3,5-DCIB-DL-Ala-DL-Ala ^a	2.16	2.43	3.96	3.96	1.12	1.63	1.00	1.27	3.94	0.00	20127
3,5-DCIB-DL-Ala-DL-Leu ^a	1.75	2.06	2.83	3.39	1.18	1.37	1.20	1.68	3.38	1.92	19290
3,5-DCIB-DL-Ala-DL-Val ^a	2.48	2.48	3.25	3.25	1.00	1.31	1.00	0.00	2.68	0.00	15440
3,5-DCIB-DL-Ala-DL-Met ^a	1.81	1.81	2.50	2.50	1.00	1.38	1.00	0.00	2.93	0.00	14901
3,5-DCIB-DL-Ala-DL-Phe ^a	2.92	3.41	4.17	5.99	1.17	1.22	1.44	1.68	2.10	3.79	15153
3,5-DCIB-DL-Leu-DL-Ala ^a	1.91	2.24	3.81	4.79	1.18	1.70	1.25	1.52	5.35	2.23	15182
3,5-DCIB-DL-Leu-DL-Val ^a	2.22	2.22	2.87	2.87	1.00	1.29	1.00	0.00	1.34	0.00	2429
3,5-DCIB-DL-Leu-DL-Phe ^a	2.60	3.42	4.20	8.56	1.31	1.23	2.04	2.53	2.04	6.68	11381

3,5-DCIB-DL-Leu-Gly ^a	2.05	4.02			1.96				6.50		14840
3,5-DCIB-DL-Leu-Gly-Gly ^a	1.45	1.75			1.21				1.70		16183
3,5-DCIB-DL-Leu-Gly-DL-Phe ^a	1.89	2.02	2.35	2.35	1.07	1.16	1.00	0.29	0.80	0.00	2519
3,5-DCIB-Gly-DL-norLeu ^a	3.18	3.68			1.16				1.71		17742
3,5-DCIB-Gly-DL-norVal ^a	3.03	3.47			1.14				1.59		18315
3,5-DCIB-Leucine ^a	2.57	7.57			2.95				8.71		

Sample	k_1	k_2	k_3	k_4	$\alpha_{1/2}$	$\alpha_{2/3}$	$\alpha_{3/4}$	$R_{c\ 1/2}$	$R_{c\ 2/3}$	$R_{c\ 3/4}$	NI
3,5-DMB-DL-Ala-DL-Ala ^a	1.28	1.42	1.87	2.00	1.11	1.32	1.07	0.97	2.41	0.51	22949
3,5-DMB-DL-Ala-DL-Leu ^c	2.89	3.51	4.57	5.67	1.22	1.30	1.24	1.94	2.68	2.22	13784
3,5-DMB-DL-Ala-DL-Val ^a	1.41	1.41	1.68	1.68	1.00	1.19	1.00	0.00	1.37	0.00	12493
3,5-DMB-DL-Ala-DL-Met ^a	1.49	1.49	1.94	1.94	1.00	1.30	1.00	0.00	2.22	0.00	13401
3,5-DMB-DL-Ala-DL-Phe ^b	2.29	2.66	3.07	3.86	1.16	1.16	1.26	1.89	1.92	3.12	26371
3,5-DMB-DL-Leu-DL-Ala ^b	1.41	1.65	2.50	3.03	1.18	1.51	1.21	1.77	4.99	2.49	23756
3,5-DMB-DL-Leu-DL-Val ^a	1.33	1.33	1.33	1.33	1.00	1.00	1.00	0.00	0.00	0.00	3398
3,5-DMB-DL-Leu-DL-Phe ^b	2.96	3.66	4.08	7.48	1.24	1.11	1.83	2.74	1.50	8.35	20081
3,5-DMB-DL-Leu-Gly ^b	1.56	2.63			1.69			6.18			23578
3,5-DMB-DL-Leu-Gly-Gly ^b	0.84	0.99			1.17			1.34			23237
3,5-DMB-DL-Leu-Gly-DL-Phe ^a	1.37	1.37	1.37	1.37	1.00	1.00	1.00	0.00	0.00	0.00	16662
3,5-DMB-Gly-DL-norLeu ^a	1.31	1.31			1.00			0.00			21807
3,5-DMB-Gly-DL-norVal ^a	1.30	1.30			1.00			0.00			24991
FMOC-DL-Ala-DL-Ala ^d	3.06	3.59	3.79	4.18	1.17	1.06	1.10	1.63	0.57	1.09	15935
FMOC-DL-Ala-DL-Leu ^d	2.02	2.38	2.77	2.77	1.18	1.16	1.00	1.49	1.40	0.00	13579
FMOC-DL-Ala-DL-Val ^d	3.14	3.14	3.58	3.58	1.00	1.14	1.00	0.00	1.02	0.00	8901
FMOC-DL-Ala-DL-Met ^d	4.74	4.74	4.74	4.74	1.00	1.00	1.00	0.00	0.00	0.00	9119
FMOC-DL-Ala-DL-Phe ^d	4.75	5.29	6.00	6.51	1.11	1.13	1.08	1.25	1.44	0.95	15297
FMOC-DL-Leu-DL-Ala ^d	1.88	2.23	2.44	2.44	1.19	1.09	1.00	1.55	0.80	0.00	14367
FMOC-DL-Leu-DL-Val ^d	2.38	2.38	3.64	3.64	1.00	1.53	1.00	0.00	3.04	0.00	6749
FMOC-DL-Leu-DL-Phe ^e	2.59	2.94	3.81	4.69	1.14	1.29	1.23	1.57	3.25	2.74	19382
FMOC-DL-Leu-Gly ^c	2.91	3.28			1.13			1.57			24751
FMOC-DL-Leu-Gly-Gly ^d	3.24	3.24			1.00			0.00			14842
FMOC-DL-Leu-Gly-DL-Phe ^d	3.01	3.01	3.01	3.01	1.00	1.00	1.00	0.00	0.00	0.00	2241
FMOC-Gly-DL-norLeu ^d	3.13	3.13			1.00			0.00			4713
FMOC-Gly-DL-norVal ^d	3.33	3.33			1.00			0.00			4813
FMOC-DL-Carnosine ^d	6.87	8.31			1.21			1.55			6339

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647 Separation conditions: mobile phase, ^a 0.1 M ammonium acetate/ACN (35/65, v/v) (apparent pH = 5.3), total flow648 rate: 20 μ L/min; backpressure: 24 bar; ^b 0.1 M ammonium acetate/ACN (50/50, v/v) (apparent pH = 5.3), total649 flow rate: 10 μ L/min; backpressure: 20 bar; ^c 0.1 M ammonium acetate/MeOH (35/65, v/v) (apparent pH = 5.3),650 total flow rate: 10 μ L/min; backpressure: 16 bar; ^d ACN/MeOH (35/65, v/v), 0.1 M acetic acid, 4 mM651 triethylamine (apparent pH = 6.0), total flow rate: 10 μ L/min; backpressure: 10 bar; ^e ACN/MeOH (35/65, v/v), 0.1652 M acetic acid, 4 mM triethylamine (apparent pH = 6.0), total flow rate: 5 μ L/min; backpressure: 6 bar; UV

653 detection wavelength: 254 nm; injection volume: 20 nL.

654

655 **Table 2.** Analytical characteristics of the developed micro-LC method for the

656 individual determination of carnosine enantiomers in dietary supplements

	L-carnosine	D-carnosine
External standard calibration method ^{a)}		
Range	0.1875 – 15 mM	0.01875 – 1.5 mM
Slope $\pm t \cdot s_{\text{slope}}$	152000 \pm 13000	210000 \pm 20000
Intercept $\pm t \cdot s_{\text{intercept}}$	-13000 \pm 101000	2000 \pm 17000
R ²	99.8 %	99.5 %
Standard addition calibration method ^{b)}		
Study of matrix interferences (p-value of t-test)	0.162	0.663
Accuracy ^{c)}		
Mean recovery (%)	105 \pm 13	108 \pm 7
Precision		
Instrumental repeatability ^{d)}		
t, RSD (%)	0.8	1.8
A, RSD (%)	3.3	4.8
Method repeatability ^{e)}		
t, RSD (%)	0.7	1.5
A, RSD (%)	7.2	8.0
Intermediate precision ^{f)}		
t, RSD (%)	2.4	5.0
A, RSD (%)	7.2	7.8
LOD ^{g)}	6.25 μ M	6.25 μ M
LOQ ^{h)}	20.8 μ M	20.8 μ M

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- i) Six standard solutions at different concentration levels injected in triplicate.
- j) Addition of four known amounts of D- and L-carnosine to a dietary supplement sample containing a constant concentration of L-carnosine.
- k) Accuracy was evaluated as the recovery obtained from three dietary supplement sample solutions spiked with standard D,L-carnosine solution at three different percentages (80, 100, and 120 %) of the labelled content (n = 9).
- l) Six consecutive injections of a dietary supplement sample solution containing 2 mM L-carnosine (as labeled amount) spiked with 0.5 mM L- and D-carnosine (n = 6).
- m) Six dietary supplement sample solutions containing 2 mM L-carnosine (as labeled amount) spiked with 0.5 mM L- and D-carnosine (n = 6).
- n) Three dietary supplement sample solutions containing 2 mM L-carnosine (as labeled amount) spiked with 0.5 mM L- and D-carnosine in 3 different days (n = 9).
- o) LOD: equivalent to $3 \times S/N$.
- p) LOQ: equivalent to $10 \times S/N$.

673

674 **Table 3.** Analysis of three different dietary supplement products with a labeled content
 675 of 500 mg of L-carnosine per tablet or capsule.

Samples	D-carnosine content (%)	L-carnosine content (mg/capsule)	L-carnosine content (%)
#1	ND	525 ± 9	105 ± 2
#2	ND	509 ± 38	102 ± 8
#3	ND	529 ± 27	106 ± 5

676 ND: Not detected (<LOD). Experimental conditions as in **Fig. 2.**

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682 **Highlights**

683 ♦ *N*-derivatized peptides were successfully enantioresolved on the
 684 poly(MQD-*co*-HEMA-*co*-EDMA) monolithic column.

685 ♦ The monolith exhibited good enantioselectivity and diastereoselectivity for
 686 *N*-derivatized di- and tri- peptides.

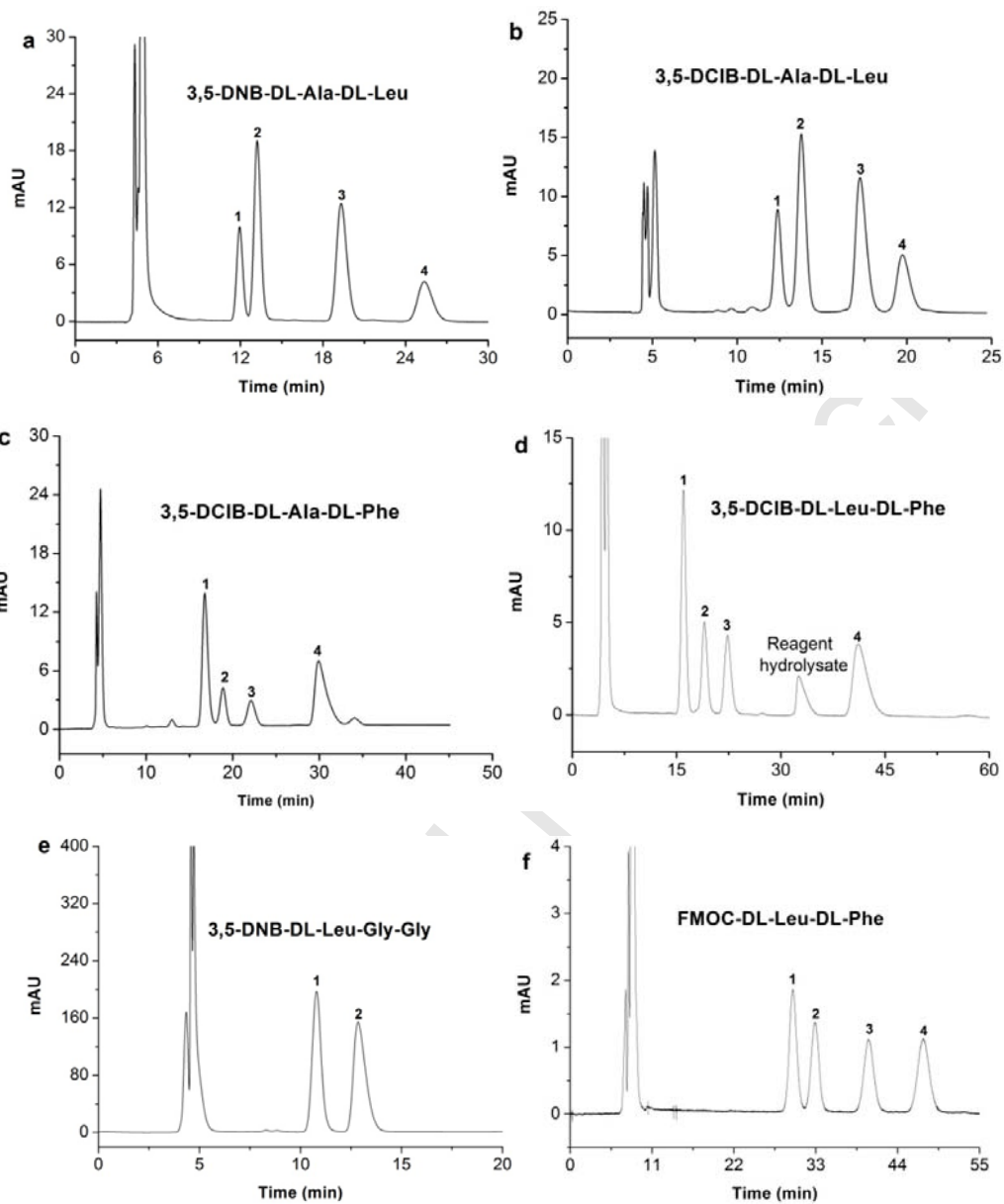
687 ♦ The monolith shows potential as a reliable tool for the quality control of
 688 L-carnosine in dietary supplements.

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692 **Figures:**



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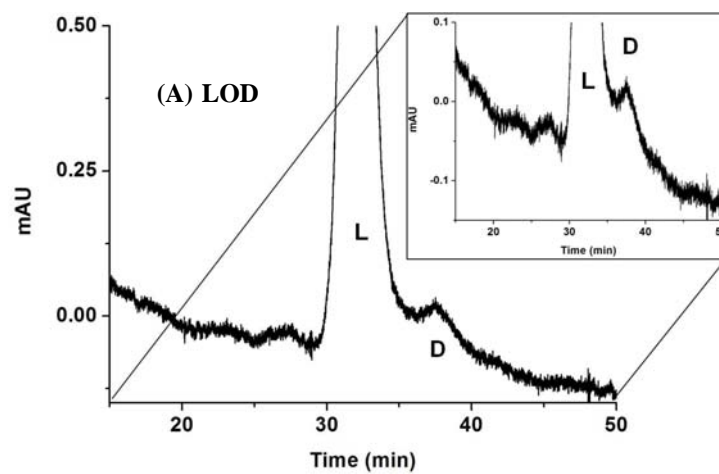
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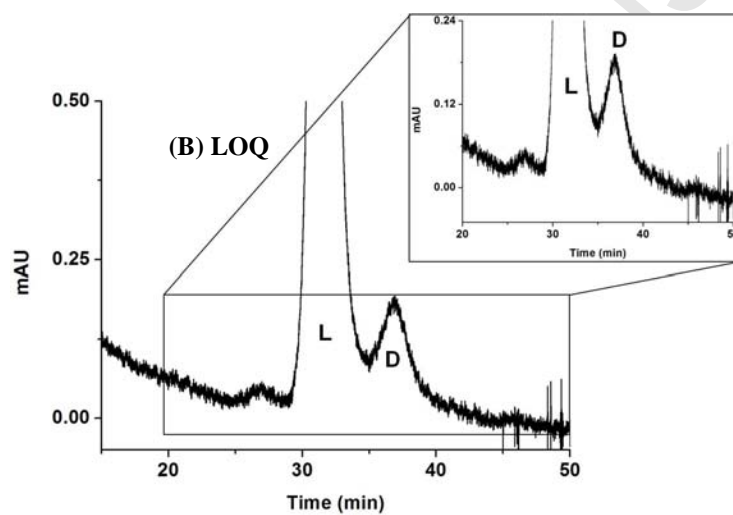
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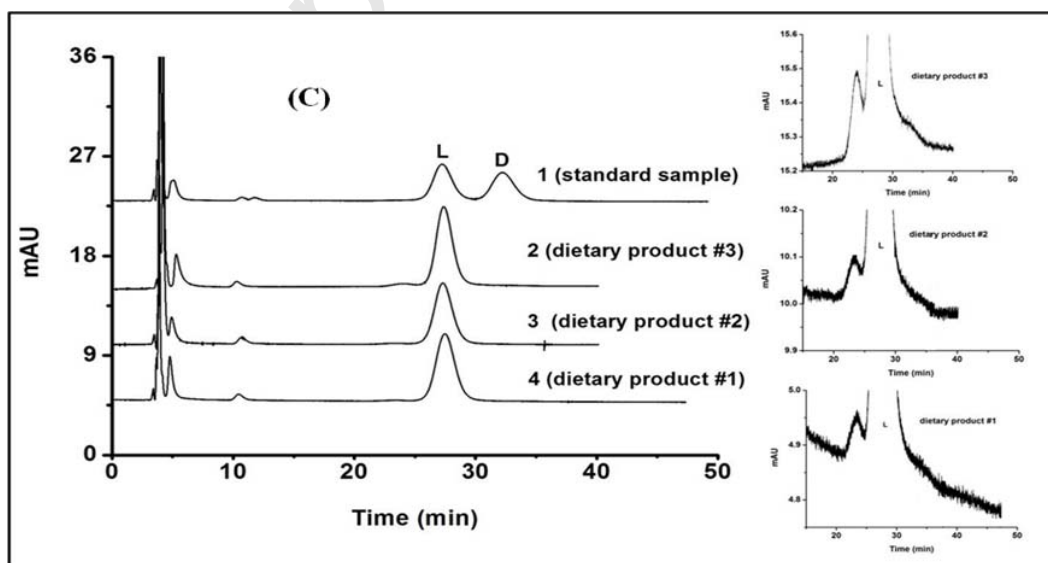


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