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1 **ANTITUMOR AND HYPOTENSIVE ACTIVITY OF PEPTIDES FROM OLIVE**  
2 **SEEDS**

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6 4 Romy Vásquez-Villanueva<sup>1</sup>, Laura Muñoz-Moreno<sup>2</sup>, M. José Carmena<sup>2</sup>, M. Luisa  
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8 Marina<sup>1</sup>, M. Concepción García<sup>1\*</sup>  
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11 6 <sup>1</sup> Departamento de Química Analítica, Química Física e Ingeniería Química,  
12  
13 7 Universidad de Alcalá, Ctra. Madrid-Barcelona Km. 33.600, 28871 Alcalá de Henares  
14  
15 8 (Madrid), Spain.  
16

17 9 <sup>2</sup> Departamento de Biología de Sistemas, Universidad de Alcalá, Ctra. Madrid-  
18  
19 10 Barcelona Km. 33.600, 28871 Alcalá de Henares (Madrid), Spain  
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21 11  
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23  
24 12 \*Corresponding author (e-mail: concepcion.garcia@uah.es, telephone +34-918854915;  
25  
26 13 fax +34-918854971)  
27

30 **ABSTRACT**

1  
2 31 Peptides with molecular weights below 3 kDa from the hydrolysis of olive seed proteins  
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4 32 with Thermolysin (OS-3kDa), have demonstrated a high antihypertensive capacity. This  
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6 33 fraction has been further fractionated by semipreparative RP-HPLC to obtain 8  
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8 34 fractions. ACE inhibitor capacity of fractions was evaluated observing the highest  
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10 35 capacity in fraction F5. Peptides in fraction F5 were identified by RP-HPLC- and  
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12 36 HILIC-ESI-Q-ToF and cytotoxic effect was assessed in different cell lines. Peptide  
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14 37 LLPSY, present in this fraction, was synthesized and characterized. Despite  
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16 38 antihypertensive capacity was not as high as in fraction F5, a significant anti-  
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18 39 proliferative capacity on two different cancer cell lines was observed. Additional studies  
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20 40 to assess antitumor activity confirmed that this peptide showed capability to increase the  
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22 41 adhesion capacity of tumor cells, to decrease the migration capacity of cancer cells, and  
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24 42 to arrest cell cycle on S phase.  
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34 44 **Keywords:** peptide, olive seeds, antitumor capacity, antihypertensive capacity.  
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## 1. INTRODUCTION

*Olea europaea L.* is an evergreen tree found throughout the world but mainly farmed in Mediterranean countries (Terral et al., 2004; Cavalheiro et al., 2015). Olive processing generates millions of tons of waste that constitute an environmental problem due to their high amount of organic and phytotoxic compounds (Bhatnagar et al., 2014). Different strategies have been developed for the revalorization of these olive by-products (Roselló-Soto et al., 2015). Olive stones have been used for fuel production, especially in thermal processes or even to obtain biosorbents for the removal of metal pollutants (Sánchez, & San Miguel, 2016; Moubarika, & Grimib, 2015). Additionally, other studies have demonstrated that olive stones contain high-added valuable compounds such as lipids, polyphenols, free sugars, carotenoids, vitamin E, and proteins (Roselló-Soto et al., 2015, Nunes, Pimentel, Costa, Alves, & Oliveira, 2016). Moreover, olive seeds have a high protein content and the hydrolysis of these proteins has enabled to obtain peptides with antioxidant, antihypertensive, and hypocholesterolemic properties (Esteve, Marina, & García, 2015).

Peptide bioactivity mainly depends on its amino acid composition, sequence, structure, and other factors such as hydrophobicity, charge or even the binding properties of peptides (Korhonen & Pihlanto, 2003, Beaulieu, Thibodeau, Bonnet, Bryl & Carboneau, 2013). Antihypertensive peptides mainly act by the inactivation of angiotensin converting enzyme (ACE), strongly influenced by the C-terminal amino acid sequence of peptides (Erdmann, Cheung, & Schröder, 2008). ACE is a metalloprotease, zinc dependent enzyme that catalyzes the hydrolysis of the decapeptide angiotensin I, by cleavage of its C-terminal peptide, to the octapeptide angiotensin II. This peptide is

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69 responsible for the increase in blood pressure, and also, for the inactivation of  
70 antihypertensive vasodilator bradykinin (Erdmann et al., 2008, Bernstein et al., 2013).

71 A person is considered hypertensive when the high blood pressure is maintained for  
72 long time and, consequently, hypertension is a risk factor of cardiovascular diseases.  
73 Despite there are synthetic drugs for the treatment of hypertension, there is a growing  
74 interest for finding alternative treatments from natural sources preventing high blood  
75 pressure without exerting side effects (Erdmann et al., 2008, Puchalska, Marina, &  
76 García, 2015). Several research works have shown the potential of ACE inhibitor  
77 peptides from marine organisms (Pangestuti, & Kim, 2017; Wilson, Hayes, & Carney,  
78 2011), animal sources (Mane, & Jamdar, 2017), plant sources, and by-products  
79 (Rizzello et al., 2016). Concretely, ACE-inhibitory peptides have been identified in the  
80 fraction containing peptides with molecular weights (MW) below 3 kDa from the olive  
81 seed proteins hydrolysate (Esteve et al., 2015).

82 On the other hand, antitumor peptides from natural sources have been extensively  
83 studied. It has been reported that anti-proliferative food peptides could prevent different  
84 stages of cancer, including initiation, promotion, and progression (Gonzalez de Mejia,  
85 & Dia, 2010). Among their mechanisms of action is the inhibition of cell migration,  
86 anti-angiogenesis, and anti-proliferation, which lead to apoptosis and cytotoxic effects  
87 on cancerous cell lines (Bhutia, & Maiti, 2008). Some anti-proliferative peptides from  
88 food proteins are lectins from plants, lunasin from soybean, different peptides from  
89 hazelnuts, amaranth, milk, and egg, and widely studied peptides from marine organisms  
90 (Hernández-Ledesma, & Hsieh, 2017).

91 The aim of this work has been to further study the fraction containing peptides with  
92 MW below 3 kDa from the olive seed hydrolysates (OS-3kDa) that exerted high

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93 antihypertensive capacity. For that purpose, peptides in OS-3kDa will be further  
94 fractionated and fractions will be characterized by the evaluation of its ACE-inhibitory  
95 capacity, the identification of peptides (by HILIC- and RP-HPLC-ESI-Q-ToF and *de*  
96 *novo* sequencing), and the study of cytotoxicity. Most interesting peptides will be  
97 synthesized and their antihypertensive and antitumor capacities will be evaluated.

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## 98 2. MATERIAL AND METHODS

### 99 2.1. Materials

100 All reagents were of analytical grade. Water was daily obtained with a Milli-Q system  
101 from Millipore (Bedford, MA, USA). Tris(hydroxymethyl) aminomethane (Tris),  
102 hydrochloric acid, sodium phosphate, and sodium dodecyl sulphate (SDS) were from  
103 Merck (Darmstadt, German). Acetic acid (AA), N-(2-hydroxyethyl)-1-piperazinyl-N'-  
104 (2-ethanesulfonic) acid (HEPES), tripeptide hippuryl-histidyl-leucine (HHL),  
105 trifluoroacetic acid (TFA), angiotensin converting enzyme (ACE) from rabbit lung,  
106 Thermolysin, pancreatic and pepsin enzymes, dimethylsulphoxide (DMSO)  
107 concentrated type-I collagen solution, propidium iodide (PI), ribonuclease A from  
108 bovine pancreas (RNase A), Bovine serum albumin (BSA), phosphate-buffered saline  
109 (PBS), trypsin, 3-(4,5-dimethyl-2-thiazolyl)-2,5 diphenyltetrazolium bromide (MTT),  
110 and DMEM (Dubelcco's Modified Eagle's medium) and RPMI-1640 (Roswell Park  
111 Memorial Institute) media were purchased in Sigma-Aldrich (Saint Louis, MO, USA).  
112 Acetonitrile HPLC- and MS-grade (ACN), acetone, and n-hexane were from Scharlau  
113 Chemie (Barcelona, Spain). Peptide LLPSY was synthesized by GenScript Corp.  
114 (Piscataway, NJ, USA) with a purity > 95 %. Raw olives of Picual variety were  
115 collected in Toledo (Spain).

### 116 2.2. Cell lines

117 Cell lines (human cervical cancer cells (HeLa), human renal proximal tubule epithelial  
118 cells (HK-2), androgen-independent prostate cancer cells (PC-3), and triple-negative  
119 breast cancer cells (MDA-MB-468)) were from the American Type Culture Collection  
120 ATCC (Rockwell, MD, USA).

### 121 2.3. Preparation of olive seed hydrolysates

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122 Protein extraction was carried out following a method reported by Esteve et al. (2015).  
123 Briefly, olive seeds were manually pitted, ground, and defatted with n-hexane. Next,  
124 dried and defatted seeds were extracted with a 100 mM Tris-HCl buffer (pH 7.5)  
125 containing 0.5 % (w/v) SDS and DTT using a high intensity focused ultrasound probe  
126 (from Sonic Vibra Cell, CVX 130, Hartford, CT, USA) for 5 min at 30% amplitude.  
127 The mixture was centrifuged for 10 min at 4000 g and proteins were precipitated with  
128 cold acetone for 24 h at - 4 °C. Afterwards, acetone was removed and dried protein  
129 isolated was enzymatically digested in a phosphate buffer (pH 8.0) with Thermolysin at  
130 0.5 g enzyme/ g protein ratio. The blend was incubated in a Thermomixer Compact  
131 (Eppendorf, Hamburg, Germany) keeping the temperature at 50 °C. After 2 h digestion,  
132 the temperature was increased up to 100 °C for 10 min to stop the digestion.  
133 Hydrolysates were centrifuged at 4500g for 5 min and the supernatant was collected and  
134 fractionated by ultrafiltration using MW cut-off filters of 3 kDa from Merck Millipore  
135 (Tullagreen, Ireland).

#### 136 137 *2.4. Fractionation by semipreparative reversed-phase high performance liquid* 138 *chromatography (RP-HPLC)*

139 An HPLC system equipped with a quaternary pump (1100 Series, Agilent Technologies,  
140 Waldbron, Germany), an injection system, and a variable wavelength detector (both  
141 1265 Series, Agilent Technologies) was employed. A Jupiter 4 μm Proteo 90 Å  
142 chromatographic column (250 mm x 10 mm) from Phenomenex (Torrance, CA, USA)  
143 was employed. Chromatographic conditions were: mobile phases, 0.1% (v/v) TFA in  
144 water (phase A) and in ACN (phase B); elution gradient, 15-20% B in 5 min, 20-25% B  
145 in 15 min, and 25-40% B in 15 min. Furthermore, the flow rate was 1 mL/min, the  
146 injection volume was 600 μL, and column temperature was set at 25 °C. UV detection



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147 wavelengths were set at 254, 280 nm and, moreover fluorescence detection at excitation  
148 wavelength 280 nm and emission 360 nm. Eight fractions, collected every 5 min from  
149 minute 10, were obtained. Samples were injected 4 times and evaporated using a  
150 centrifugal evaporator (Concentrator Plus, Eppendorf, Hamburg, Germany). The  
151 remaining solid was dissolved in 2400  $\mu$ L of digestion buffer. Fractions were kept at -  
152 20  $^{\circ}$ C until their use.

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### 154 *2.5. ACE-inhibitory capacity measurements*

155 The ACE-inhibitory capacity was assayed following the method described by Vásquez-  
156 Villanueva et al. (Vásquez-Villanueva, Marina, & García, 2015). Shortly, 2.5  $\mu$ L of  
157 sample was added to a solution containing 17.5  $\mu$ L of 50 mM HEPES, 5  $\mu$ L of 1.3  
158 mg/mL HHL (freshly prepared in 50 mM HEPES (pH 8.3) and 300 mM NaCl), and 10  
159  $\mu$ L of an ACE solution (0.05 U/mL). The blend was incubated for 4 h at 37  $^{\circ}$ C and ACE  
160 was inactivated by the addition of 50  $\mu$ L of cold ACN. During reaction, peptide HHL  
161 was converted into hippuric acid (HA) and they were separated by RP-HPLC using a  
162 Zorbax SB-C18 column (0.5 x 150 mm, 5  $\mu$ m) from Agilent. Chromatographic  
163 conditions were: mobile phases, 0.05% (v/v) TFA in water (phase A) and in ACN  
164 (phase B); elution gradient, 5-95% B in 12 min; flow rate, 20  $\mu$ L/min; injection volume,  
165 10  $\mu$ L and temperature, 25  $^{\circ}$ C. UV detection wavelength was set at 228 nm. Sample  
166 ACE-inhibition was depicted as the percentage of inhibition (Mosmann, 1983). The  
167 concentration required for the 50% inhibition of ACE activity ( $IC_{50}$ ) was evaluated in  
168 those samples exceeding 50% of ACE-inhibition. For that purpose, the percentage of  
169 ACE-inhibition corresponding to, at least, six sample dilutions was plotted against the  
170 sample concentration and  $IC_{50}$  was obtained by interpolation at 50 % of ACE activity.  
171 Captopril was used as positive control.

172 *2.6 Identification of ACE-inhibitory peptides by HILIC- and RP-HPLC-ESI-Q-ToF*

173 Identification of peptides was carried out using an Agilent HPLC system equipped with  
174 a quaternary pump (1100 Series, Agilent Technologies, Waldbron, Germany), an  
175 injection system, and a variable wavelength detector (both 1265 Series, Agilent  
176 Technologies). This system was coupled to a Quadrupole-Time-of-Flight (Q-ToF) mass  
177 spectrometer (Series 6350), also from Agilent. Peptide separation was carried out by  
178 RP-HPLC and by hydrophilic interaction liquid chromatography (HILIC). An Ascentis  
179 Express Peptide ES-C18 column (100 mm x 2.1 mm I.D., 2.7 µm particle size) and an  
180 Ascentis Express HILIC column (100 mm x 2.1 mm I.D., 2.7 µm particle size), both,  
181 with their corresponding guard columns (5 mm x 2.1 mm, 2.7 µm particle size) from  
182 Supelco (Bellefonte, PA, USA), were employed. RP-HPLC chromatographic conditions  
183 were: mobile phases, 0.3 % (v/v) AA in water (phase A) and in ACN (phase B); elution  
184 gradient: 3% B for 3 min and 3-25 % in 30 min. Chromatographic conditions for the  
185 HILIC separation were: mobile phases, 65 mM ammonium acetate in ACN (phase A)  
186 and 65 mM ammonium acetate in water (phase B); elution gradient, 5-20% B in 20 min  
187 and 20-30% B in 15 min. Other common chromatographic conditions were: flow rate,  
188 0.3 mL/min; column temperature, 25 °C; injection volume, 10 µL.

189 Mass spectrometry (MS) detection was carried out in the positive ion mode using a  
190 scanning range from 100 to 1500 m/z. Tandem MS was performed using Auto  
191 (MS/MS) mode and collision induced dissociation was set at 5 V per each 100 Da. *De*  
192 *novo* sequencing of peptides was carried out with PEAKS Studio 7 software from  
193 Bioinformatic Solutions Inc. (Waterloo, ON, Canada). Identified peptides showed an  
194 average local confidence (ALC, expected percentage of correct amino acids in the  
195 peptide sequence) equal or superior to 90% and a good precursor fragmentation pattern.  
196 Identifications were carried out using two independent samples injected by duplicate.

197 2.7. Cytotoxicity assessment by MTT assay

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3 198 Cytotoxic effect of peptides in fraction F5 and of peptide LLPSY was estimated by cell  
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5 199 metabolic activity measurements. For that purpose, HeLa, HK-2, PC-3, and MDA-MB-  
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7 200 468 cells were employed and the colorimetric MTT assay reported by Mosmann et al.  
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10 201 (1983) was followed. Shortly, cells were seeded in a 96-well plate to obtain a cell  
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12 202 density of  $1.0 \times 10^4$  viable cells/well. Culture medium was constituted by DEMEM or  
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14 203 RPMI-1640 media containing penicillin-streptomycin and 10 % fetal bovine serum  
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16 204 (FBS). They were kept at 37 °C in a humidified atmosphere with 5 % of CO<sub>2</sub> until use.  
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18 205 Peptides were added at increasing concentrations to every cell culture. After 24 h  
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20 206 incubation of cells with peptides, a 5 mg/mL MTT stock solution in PBS was added to  
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22 207 each well in a 1:10 (cell volume: MTT stock solution volume) ratio and incubated for 4  
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24 208 h at 37 °C. Afterwards, MTT solution was carefully removed and formazan crystals,  
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26 209 formed by viable mitochondria, were solubilized with 500 μL DMSO. The absorbance  
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28 210 of formazan crystals was measured at a wavelength of 570 nm (with a reference  
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30 211 wavelength at 630 nm) using automated microplate reader (Model ELX 800, Bio-tek  
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32 212 instruments, INc., Winooski, VT, USA). Cytotoxicity was expressed as the percentage  
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34 213 of viability of cells treated with peptides relative to that the corresponding controls. Cell  
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36 214 viability was calculated as follow:

$$cell\ viability\ (\%) = \frac{Abs_{Sample}}{Abs_{Control}} \times 100$$

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50 215 where,  $Abs_{Sample}$  and  $Abs_{Control}$  is the absorbance of remaining blue formazan when  
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52 216 cells are treated with sample (F5 fraction or peptide LLPSY) and digestion buffer,  
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54 217 respectively.  
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219 *2.8. Cell Adhesion assay*

220 A concentrated type-I collagen solution was diluted in 10 mM glacial acetic acid and  
221 coated onto 96-well plates for 1 h at 37 °C. Plates were washed twice with PBS (pH 7.4)  
222 and cells were harvested with 0.25% trypsin/0.2% EDTA and collected by  
223 centrifugation. They were suspended in medium/0.1% (w/v) BSA (pH 7.4) and treated  
224 with 62.91 µg/mL of LLPSY peptide concentration (for PC-3 cells) and 97.56 µg/mL  
225 (for MDA-MB-468 cells) for 80 min. Control sample involved no addition of peptide.  
226 Then, cells were plated at  $2.5 \times 10^4$  cells per 100 µL. The assay was finished by  
227 aspiration of wells. Cell adhesion was quantified by adding 1 mg/mL of MTT followed  
228 by 1 h incubation. DMSO (50 µL) was added to each well to dissolve formazan crystals  
229 and the absorbance at 570 nm, with a reference wavelength at 630 nm (Muñoz-Moreno  
230 et al., 2013).

231 *2.9. Wound healing assay*

232 MDA-MB-468 and PC-3 cells were incubated in 24-well plates and a small wound area  
233 was performed in the confluent monolayer with a scraper. Cells were incubated in the  
234 absence (control) or presence of peptide LLPSY at concentrations of 62.91 µg/mL (in  
235 the case of PC-3 cells) and 97.56 µg/mL (in the case of MDA-MB-468 cells). Three  
236 representative fields of each wound were photographed by a Nikon Diaphot 300  
237 inverted microscopy at different times (0 and 24 h). Wound areas of samples were  
238 averaged and assigned a value of 100% at 0 h (Muñoz-Moreno et al., 2013).

239 *2.10. Cell cycle analysis*

240 PC-3 and MDA-MB-468 cells were grown in 6-well plates. After 24 h, the culture  
241 medium was removed and replaced with RPMI-1640 medium containing 10% FBS and  
242 1% antibiotic/antimycotic (penicillin/ streptomycin/amphotericin B) for 16 h. After that,

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243 cells were subjected to various treatments for 8 h. Then, cells were washed with PBS  
244 and detached with 0.25% trypsin/0.2% EDTA. After centrifugation at 500g for 5 min at  
245 4 °C, the pellets were mixed with ice-cold ethanol (70%) and kept at 20 °C for 30 min.  
246 After ethanol removing by centrifugation, the pellets were washed with PBS and  
247 centrifuged again. The supernatants were discarded and the pellets suspended in PBS,  
248 0.2 mg/mL RNase A and 20 mg/mL PI before flow cytometry analysis. Results obtained  
249 were analyzed with the Cyflogic v 1.2.1 program (Turku, Finland) (Muñoz-Moreno,  
250 Bajo, Prieto & Carmena, 2017).

251 *2.11 Data analysis*

252 Data were subjected to one-way ANOVA and differences were determined by  
253 Bonferroni's multiple comparison test with *GraphPad Prism software*. Each experiment  
254 was repeated at least three times. Data are the means of individual experiments and  
255 presented as mean ± SEM; p < 0.05 was considered statistically significant.

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### 257 3. RESULTS AND DISCUSSION

258 A previous work, reported by our research team, revealed that olive seeds and fruit  
259 seeds are sustainable and cheap sources of peptides with antihypertensive activity and  
260 that most active ones were always concentrated in the fraction, obtained by  
261 ultrafiltration, that contained peptides with MW below 3 kDa (Esteve et al., 2015,  
262 Vázquez-Villanueva et al., 2015; González-García, Marina, & García, 2015). In the  
263 present work, this fraction (OS-3kDa) has been further studied in order to obtain a  
264 deeper knowledge on peptides showing high bioactivity. For that purpose, OS-3kDa  
265 ultrafiltration fraction was next fractionated by semipreparative RP-HPLC and peptides  
266 in most active fractions were characterized.

#### 267 *3.1. ACE-inhibitory capacity of fractions obtained from OS-3kDa by semipreparative* 268 *RP-HPLC*

269 Figure 1 depicts the chromatogram yielded by the OS-3kDa and the fractions collected.  
270 Moreover, Figure 1 also shows the percentage of ACE inhibition reached by the 8  
271 collected fractions. Fractions F1, F3, F4, and F5 showed the highest percentage of ACE-  
272 inhibition (65-74%) while fractions F2 and F8 were the less active. Additionally, the  
273 IC<sub>50</sub> was measured for those fractions exceeding 50% of ACE-inhibition (F1, F3, F4  
274 and F5) and results are shown in Figure 1. Fraction F5 showed the lowest IC<sub>50</sub> value  
275 ( $3.6 \pm 0.9 \mu\text{g/mL}$ ). This value was even lower than the obtained for the whole OS-3kDa  
276 ( $29.6 \pm 0.5 \mu\text{g/mL}$ ), which means that this fraction was, at least, eight times more active  
277 than OS-3kDa. This is a high antihypertensive activity in comparison with purified  
278 peptides from red algae, where the most active fractions reached an IC<sub>50</sub> of  $57.2 \pm 5.0$   
279  $\mu\text{g/mL}$  (Wu et al., 2017) or even fractions derived from caprine kefir with IC<sub>50</sub> values  
280 higher than  $21 \mu\text{g/mL}$  (Quirós, Hernández-Ledesma, Ramos, Amigo, & Recio, 2005).  
281 This result encouraged to think that highly antihypertensive peptides similar to those

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282 observed in soybean (VLIVP ( $IC_{50} = 1.69 \mu M$ )) (Puchalska, García & Marina, 2014),  
283 corn (LQP ( $IC_{50} = 2.0 \mu M$ ), LSP ( $IC_{50} = 1.7 \mu M$ ), and LRP ( $IC_{50} = 0.29 \mu M$ ), and milk  
284 (VPP ( $IC_{50} = 9.13 \mu M$ ) and IPP ( $IC_{50} = 5.15 \mu M$ )) (Puchalska, Marina & García, 2012)  
285 could be obtained from the F5 olive seed fraction. All  $IC_{50}$  values were quite higher  
286 than the ACE-inhibitory drug exerted by Captopril<sup>®</sup>, which was used as positive control  
287 in our experiments. Indeed, Captopril reached 100% of ACE-inhibition and showed an  
288  $IC_{50} = 5.0 \text{ ng/mL}$ . In order to identify peptides with high bioactivity, F3, F4 and F5  
289 fractions were next analyzed by HPLC-MS/MS.

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### 291 3.2. Identification of peptides in fraction F5 by RP-HPLC- and HILIC-Q-ToF-MS

292 Amino acid sequencing of peptides in fractions F3, F4, and F5, that exerted the lowest  
293  $IC_{50}$ , was carried out by RP-HPLC-ESI-Q-ToF. Table 1 summarizes the peptides  
294 identified by MS/MS for these 3 fractions. Antihypertensive peptides are usually short  
295 size, present a significant amount of hydrophobic amino acids (A, F, I, L, M, P, W and  
296 V), and also they contain aromatic amino acids (F, H, Y) in the first three C-terminal  
297 positions (Amado, Vázquez, González, Esteban-Fernández, Carrera, & Pineiro, 2014;  
298 Ghassem, Babji, Said, Mohmoodani, & Aeihara, 2014; Balti, Bougatef, Sila,  
299 Guillochon, Dhulster, & Nedjar-Arroume, 2015). Sixteen and fifteen peptides could be  
300 identified in F3 and F4 fractions, respectively. All of them showed less than 10 amino  
301 acids and MW below 1 kDa. The contribution of hydrophobic and aromatic amino acids  
302 was 54%, in the fraction F3, and 57%, in the fraction F4. A further analysis of peptides  
303 was carried out in fraction F5 due to its higher antihypertensive activity and the lower  
304 number of identified peptides. In addition to RP-HPLC, fraction F5 was also separated  
305 by hydrophilic interaction liquid chromatography (HILIC) that enabled a better  
306 separation of most polar peptides. Identified peptides showed typical features of

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307 antihypertensive peptides, presenting 4-6 amino acids and MW below 1 kDa. When  
308 separation was carried out by RP-HPLC, 7 peptides were identified and the contribution  
309 of hydrophobic and aromatic amino acids residues was around 84%, much higher than  
310 in the case of F3 and F4 fractions. When using HILIC, 4 peptides were identified and,  
311 unlike those peptides observed by RP-HPLC, a lower amount of hydrophobic and  
312 aromatic amino acids (around 76%) was observed within sequences. The hydrophobic  
313 and aromatic amino acid content in F5 was higher than the content in F3 and F4, that  
314 could explain its high antihypertensive activity. Additionally, MS/MS fragmentation of  
315 peptide LLPSY, identified by both chromatographic modes is shown in Figure 2. This  
316 peptide was also observed in the most antihypertensive fraction obtained from an  
317 Arbequina variety olive seed by Esteve et al. (2015).

### 318 *3.3. Cytotoxicity of peptides in fraction F5*

319 Cytotoxicity of peptides in fraction F5 was evaluated by the MTT assay using two  
320 different cell lines, one healthy line (HK-2 cells) and one cancer line (HeLa cells).  
321 Fraction F5 did not show cytotoxic effects in any cell line, exerting cell viability values  
322 higher than 80%, even at higher concentrations than the IC<sub>50</sub> (data not shown).

### 323 *3.4. Characterization of the synthesized peptide LLPSY*

324 Within peptides identified in fraction F5, peptide LLPSY was selected for its synthesis  
325 and study since it was the only one that had been previously identified as  
326 antihypertensive peptide in the olive seed (Esteve et al., 2015). The percentage of ACE-  
327 inhibition of peptide LLPSY was 95.2% and the IC<sub>50</sub> was 23.6 ± 0.3 µg/mL (39.9 ± 0.5  
328 µM). Surprisingly, this value was higher than the calculated previously for the whole  
329 fraction F5 (3.6 ± 0.9 µg/mL). Furthermore, the resistance of LLPSY to gastrointestinal  
330 enzymes was also evaluated. Results showed a decrease in the percentage of ACE-



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331 inhibition to 11.6%. Similar behavior was observed in some synthesized peptides from  
332 caprine kefir peptides. In both cases, this behavior could be justified by the partial or  
333 total hydrolysis of the peptide, due to gastrointestinal enzymes, and to the lack of  
334 activity of resulting peptides or amino acids (Quirós et al., 2005).

335 In parallel, cytotoxicity of peptide LLPSY was evaluated using several cell lines, one  
336 healthy line (HK-2 cells) and three cancer lines (HeLa, PC-3, and MDA-MB-468).  
337 Unlike the whole F5 fraction, LLPSY caused a different cytotoxicity in the cell lines  
338 (see Figure 3). It did not show cytotoxic effects at any concentration in healthy HK-2  
339 cells and in cancer HeLa cells. However, LLPSY peptide treatment showed a strong  
340 anti-proliferative effect dose-dependent manner in PC-3 and MDA-MB-468 cancer cells  
341 after 24 h (Figure 3C and 3D). Indeed, both cancer cell lines showed IC<sub>50</sub> values lower  
342 than 100 µg/mL (IC<sub>50</sub> = 86.1 ± 2.6 µg/mL for the prostate cancer PC-3 cells and 97.6 ±  
343 1.9 µg/mL for the breast cancer MDA-MB-468 cells). In the same direction, the  
344 antiproliferative effects of lunasin peptide and common bean have been defined in colon  
345 and breast cancer cells (Dia, & Gonzalez de Mejia, 2011; Chan, Zhang, & Ng, 2013,  
346 Wu, Zhang, Wang, & Ng, 2011). Taking into account these results, and that LLPSY  
347 presents common characteristics with other antitumor peptides (Hernández-Ledesma et  
348 al., 2017, Kim et al., 2013; Chan et al., 2013; Wu et al., 2011), further studies to assess  
349 anti-carcinogenic activity of this peptide were next carried out.

### 350 *3.5. Effect of peptide LLPSY on several tumoral processes*

351 Additional studies to evaluate the capability of peptides to modify the adhesion and  
352 migration processes of cancer cells in presence of peptide LLPSY and its capacity to  
353 arrest cell cycle were performed.

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354 Cell adhesion is an essential aspect of cell survival for metastatic tumor cells. When cell  
355 adhesion is disrupted, cancer cells are able to migrate to other healthy tissues and could  
356 lead to metastatic processes (Fernández-Martínez, Bajo, Sánchez-Chapado, Prieto, &  
357 Carmena, 2009). Cell adhesion assay was carried out by treating PC-3 and MDA-MB-  
358 468 cells with LLPSY peptide at concentrations corresponding to the IC<sub>50</sub> (86.1 µg/mL  
359 for PC-3 and 97.6 µg/mL for MDA-MB-468). Figure 4A shows that the treatment with  
360 LLPSY resulted in increasing cellular adhesion in both cell lines, observing a higher  
361 effect on breast cancer cells (37% increase) than in prostatic cancer cells (21%  
362 increase).

363 Furthermore, in order to evaluate whether LLPSY could modify the capability of cancer  
364 cells to migrate to other tissues, the wound-healing assay was employed. For that  
365 purpose, after performing the wound on the cells monolayer, it was treated with LLPSY  
366 peptide at concentrations corresponding to the IC<sub>50</sub> (86.1 µg/mL for PC-3 and 97.6  
367 µg/mL for MDA-MB-468). Figure 4B shows that the presence of peptide significantly  
368 retarded the close of the wound as compared to untreated cancer cells (controls) after 24  
369 h of treatment. Lowering migration capability of cells in presence of peptide was more  
370 significant on breast cancer cells (63%) than on prostate cancer cells (49%). In this  
371 regard, other peptides derived from food, like those present in soybean, have  
372 demonstrated inhibitory effect on cancer cell migration (Lima, Oliveira, Saúde, Mota, &  
373 Ferreira, 2017).

374 The cell cycle consists of several well controlled phases or stages. Briefly, in G<sub>1</sub> phase,  
375 the cell grows in size and synthesizes all it needs to duplicate DNA in S phase. In G<sub>2</sub>  
376 phase, cell grows rapidly and prepares for mitosis in M phase. In M phase, chromatids  
377 are separated. After daughter cells are separated in cytokinesis, they can enter again to  
378 G<sub>1</sub> phase or can arrive to a resting phase (G<sub>0</sub> phase), which could result in an apoptosis

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379 process. In order to find out the reasons involved on the anti-proliferative effects in  
380 presence of peptide LLPSY on PC-3 and MDA-MB-468 cells, the cell cycle analysis  
381 was carried out. Figure 5 shows that the treatment of cells with peptide resulted in an  
382 increase of the number of cells in sub G<sub>0</sub> phase and a decrease of the number of cells in  
383 G<sub>2</sub>/M phase. These results could indicate that peptide LLPSY arrests cell cycle on S  
384 phase. Similar results were observed for other peptides such as lunasin from soybean  
385 that showed capacity to arrest cell cycle in S phase on breast cancer cells (MDA-MB-  
386 231) (Hsieh, Hernández-Ledesma, & de Lumen, 2010) and at G<sub>2</sub>/M phase on metastatic  
387 colon cell line KM12L4 (Dia et al., 2011) or peony polysaccharides that arrested cervix  
388 cancer cell cycle at S phase (Zhang, Shi, Thakhur, Hu, Zhang, & Wei, 2017).

389 Take all together, the results suggest that LLPSY peptide shows antiproliferative and  
390 antimetastatic effects on prostate and breast cancer cells. However, further studies are  
391 needed to confirm the antitumor capacity of LLPSY from olive seeds.

392 **4. CONCLUSIONS**

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3 393 Fraction containing peptides with MW less than 3 kDa from an olive seed hydrolysate  
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5 394 has demonstrated high antihypertensive capacity ( $IC_{50} = 29.6 \pm 0.5 \mu\text{g/mL}$ ). A further  
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7 395 fractionation by semipreparative RP-HPLC enabled to concentrate highly  
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10 396 antihypertensive peptides in a subfraction exerting an  $IC_{50} = 3.6 \pm 0.9 \mu\text{g/mL}$ . The  
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12 397 analysis of this fraction by LC-MS/MS required the use of reverse phase and  
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15 398 hydrophilic liquid interaction chromatography for the comprehensive identification of  
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17 399 peptides. Ten peptides with common characteristic with antihypertensive peptides were  
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19 400 identified. This fraction did not show cytotoxic effects on HeLa and HK-2 cell lines.  
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22 401 Nevertheless, synthetic peptide LLPSY, identified in previous fraction, showed a huge  
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24 402 anti-proliferative effect on aggressive stages of prostate cancer cells (PC-3) and breast  
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26 403 cancer cells (MDA-MB-468). Further studies to asses this effect by the evaluation of the  
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28 404 capacity of LLPSY peptide to modify cell adhesion, migration, and cell cycle processes  
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30 405 enabled to confirm the potential antitumor character of this peptide from the olive seed.  
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549 **FIGURE CAPTIONS**

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3 550 **Figure 1.** Chromatogram obtained by semipreparative RP-HPLC of peptides with MW  
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6 551 below 3 kDa from the olive seed hydrolysate, ACE-inhibitory capacity of fractions (F1-  
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8 552 F8) expressed as % of ACE- inhibition, and IC<sub>50</sub> values of most active fractions.

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11 553 **Figure 2.** Fragmentation spectrum of peptide LLPSY in fraction F5 of the olive seed  
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14 554 hydrolysate.

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17 555 **Figure 3.** Cell viability of human cell lines HK-2 (A), HeLa (B), PC-3 (C), and MDA-  
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19 556 MB-468 (D) after treating with peptide LLPSY. The results are expressed as percentage  
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22 557 of control value. Data are mean ± SEM of at least three independent experiments; \*\*\*p  
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24 558 < 0.001.

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27 559 **Figure 4.** (A) Cell adhesion and (B) cell migration capacity of PC-3 prostate and MDA-  
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30 560 MB-468 breast cancer cells in presence or absence of synthesized peptide LLPSY at 0  
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32 561 min (□) and at 80 min (■). (B) The results are expressed as percentage of control  
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35 562 value. Data are mean ± SEM of at least three independent experiments; \*\*p < 0.01;  
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37 563 \*\*\*p < 0.001.

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40 564 **Figure 5.** Analysis of cell cycle in prostate cancer PC-3 cells (A) and in breast cancer  
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43 565 MDA-MB-468 cells (B) after treatment with 87.1 µg/mL and 97.56 µg/mL of peptide  
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45 566 LLSPY, respectively. The results are shown as % of cells in each phase of the cycle  
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48 567 compared to untreated control. Data are mean ± SEM of at least three independent  
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50 568 experiments; \*p < 0.05; \*\*p < 0.01.

**Table 1.** Sequence, ALC, mass, retention time, and mass accuracy obtained in the identification of peptides in fractions F3, F4, and F5 collected by semipreparative RP-HPLC from an olive seed hydrolysate by RP-HPLC- and HILIC-ESI-Q-ToF (in the case of fraction F5).

<b>F3</b>					
	<b>Peptide sequence</b>	<b>ALC (%)</b>	<b>Mass (Da)</b>	<b>Retention time (min)</b>	<b>Mass accuracy (ppm)</b>
<b>RP-HPLC</b>	VVLED	94	573.301	16.2	5.6
	VSVDD	94	533.2333	4.74	6.5
	LGLGD	94	473.2485	16.83	9.4
	LMAPH	94	567.2839	9.4	3.4
	FEET	94	524.2118	5.91	6.7
	LVLAK	94	542.3792	13.24	2.3
	LMSPH	94	583.2788	5.57	3.2
	VVVVPH	93	648.3959	17.27	2.5
	VSVND	92	532.2493	3.87	5.0
	LVTPH	91	565.3224	7.95	1.2
	YEPTPR	91	761.3708	7.61	4.5
	MDMS	91	482.1505	4.99	4.7
	VDLE	91	474.2325	12.36	6.7
	VVVVPHN	90	762.4388	16.34	4.3
	LVVN	90	443.2744	7.51	2.4
LLDE	90	488.2482	8.24	1.5	
<b>F4</b>					
<b>RP-HPLC</b>	LLVN	98	457.29	16.39	0.9
	LLVD	97	458.274	18.38	3.5
	DEFR	96	565.2496	5.42	8.4
	LGLGD	95	473.2485	16.97	9.4
	LVVD	95	444.2584	12.65	3.9
	VLVD	95	444.2584	11.63	3.9
	YDYNDDFR	94	1235.4731	24.06	3.1
	VLAD	94	416.2271	4.35	4.4
	VGGTL	93	445.2536	11.83	8.2
	VFDD	92	494.2013	10.37	5.4
	FLPH	92	512.2747	14.45	1.6
	VAEL	91	430.2427	14.01	7.4
	VAVLE	91	529.3112	18.28	3.8
	ESTL	91	448.2169	4.85	4.5
	LLDT	91	460.2533	14.17	4.2
<b>F5</b>					
<b>RP-HPLC</b>	KLPL	96	469.3264	20.43	2.2
	LVLT	94	444.2948	18.43	2.1
	LLNY	93	521.2849	21.49	4.9
	LMAPHW	93	753.3632	29.5	5.7
	LMAPH	92	567.2839	10.72	2.6
	VFDD	91	494.2013	10.52	4.2
<b>HILIC</b>	LLDY	95	522.2689	1.59	0.8
	LPAE	94	428.2271	27.24	0.8
	PEFS	91	478.2063	24.56	0.7
<b>RP-HPLC and HILIC</b>	LLPSY	91 <sup>a, b</sup>	591.3268	25.53 <sup>a</sup> , 1.79 <sup>b</sup>	4.0 <sup>a</sup> , 0.5 <sup>b</sup>

<sup>a</sup> Parameters obtained by RP-HPLC and <sup>b</sup> parameters obtained by HILIC.

Figure 1

[Click here to download Figure: Figure 1.docx](#)

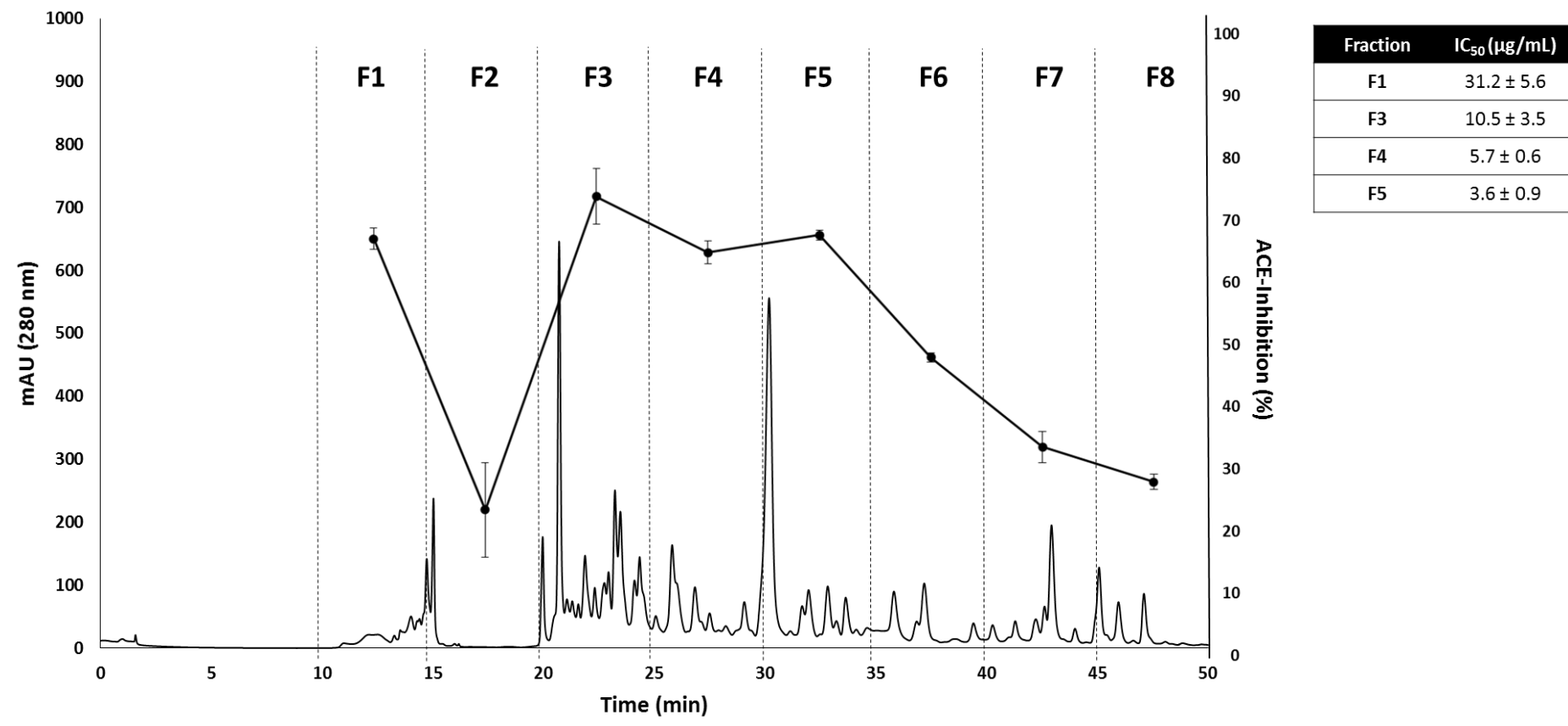


Figure 1.

Figure 2

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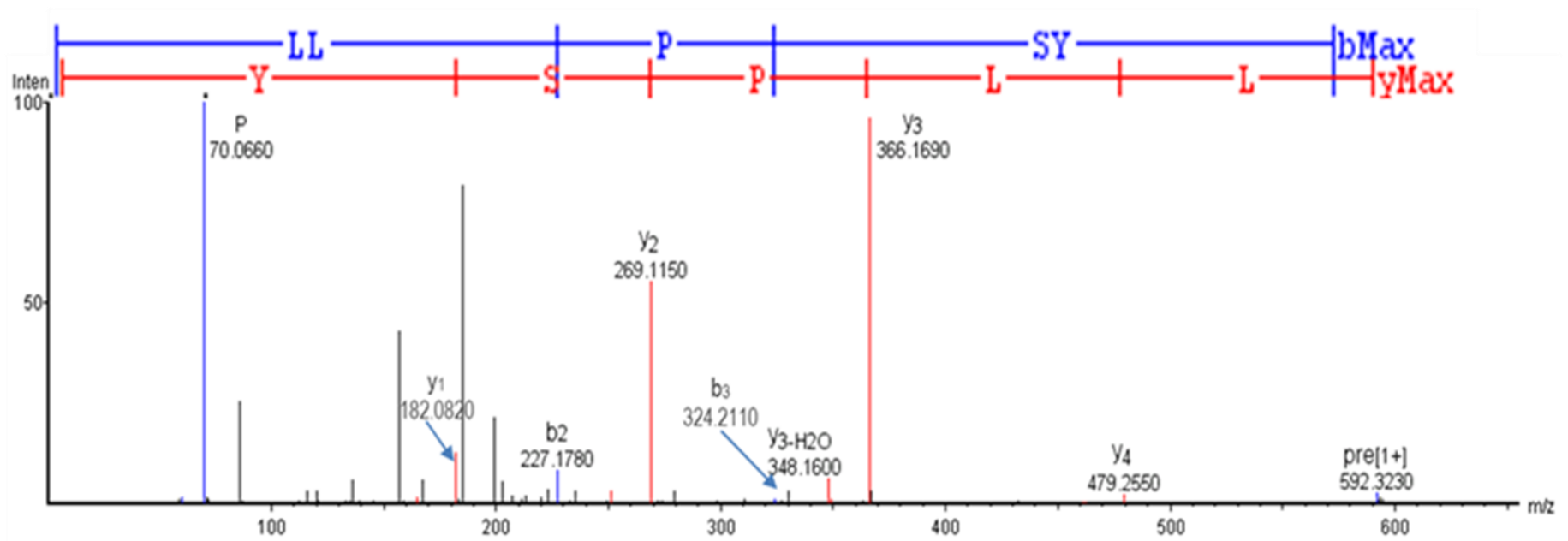
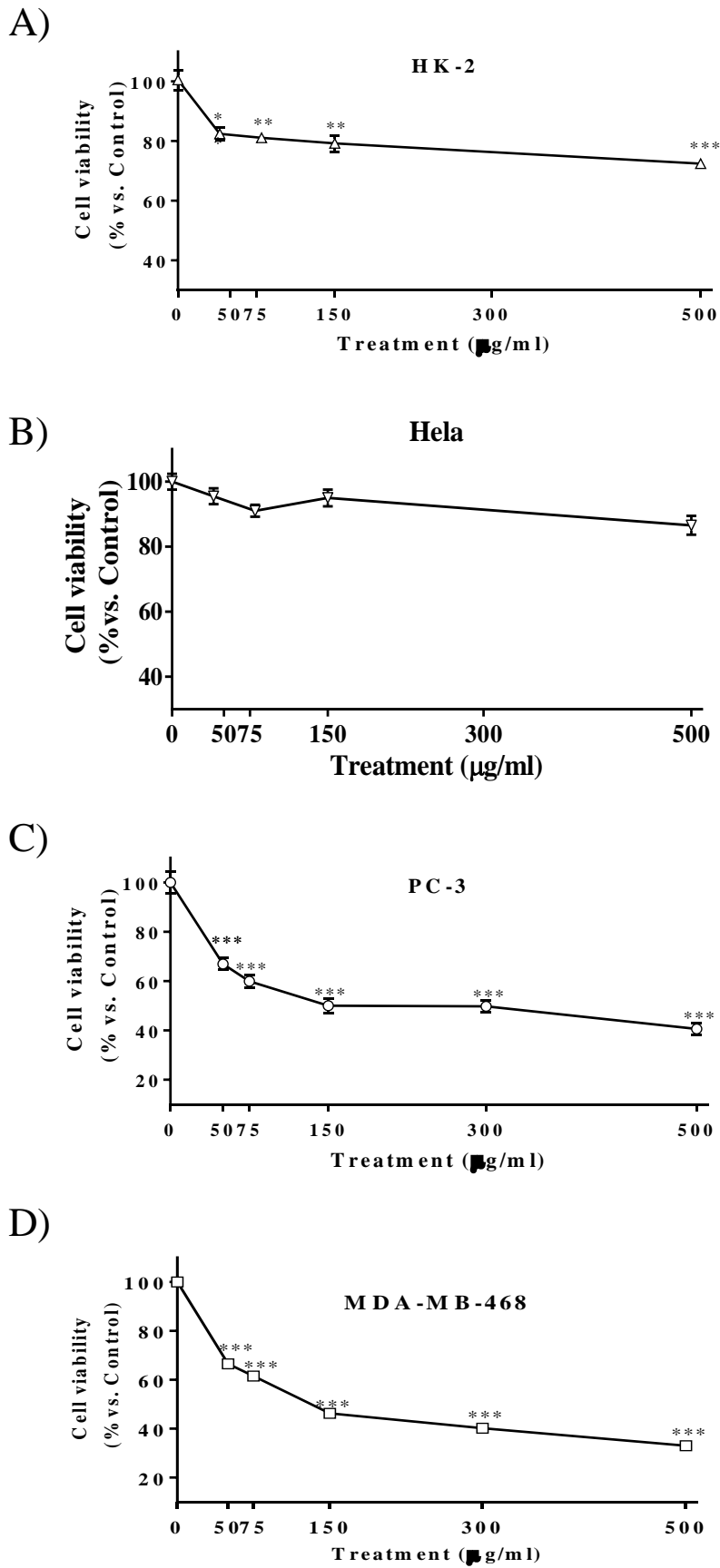


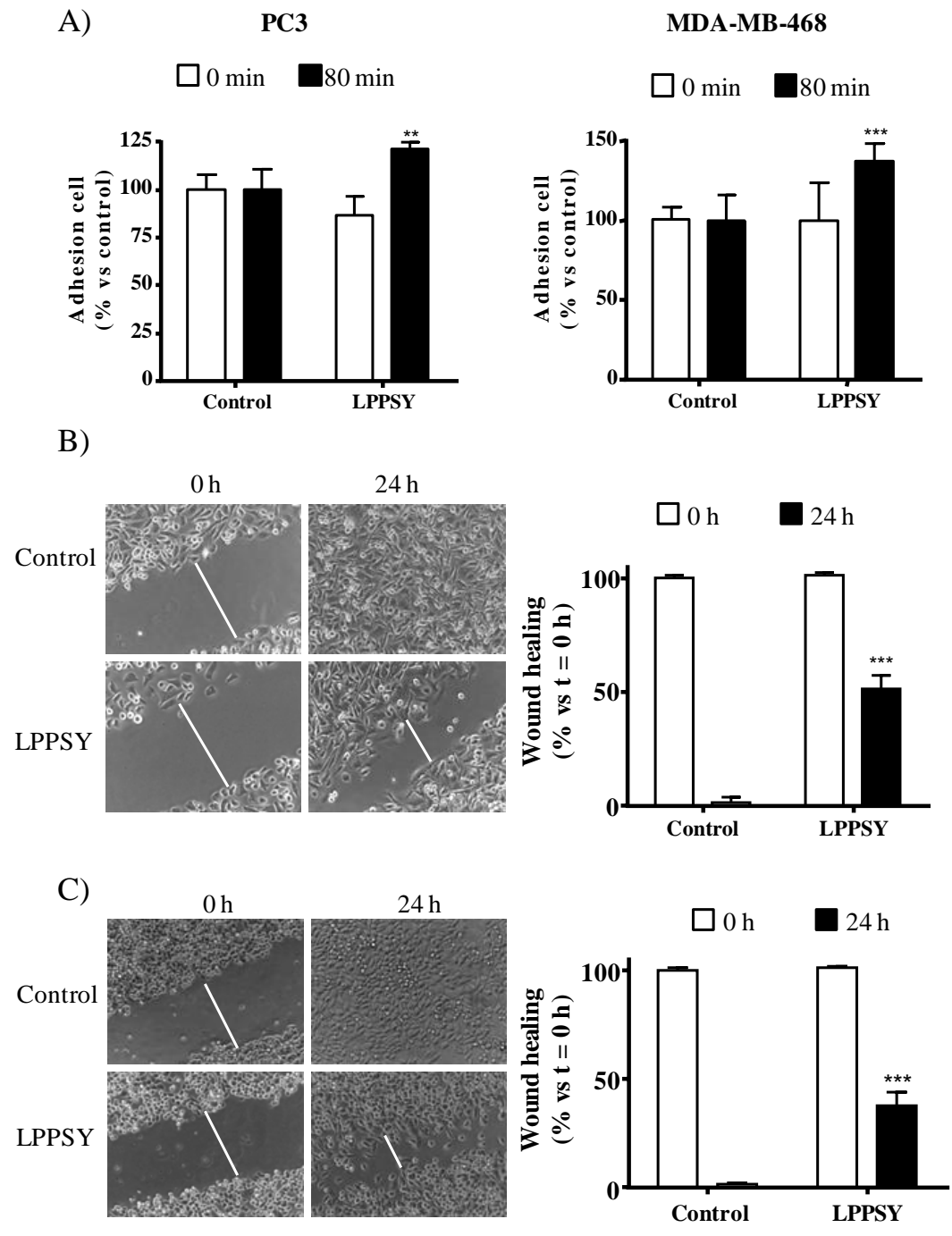
Figure 2



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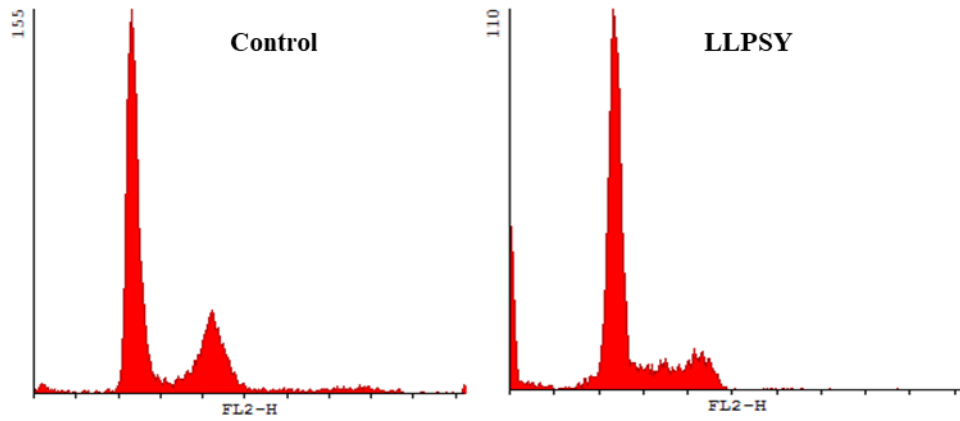
2 **Figure 3.**





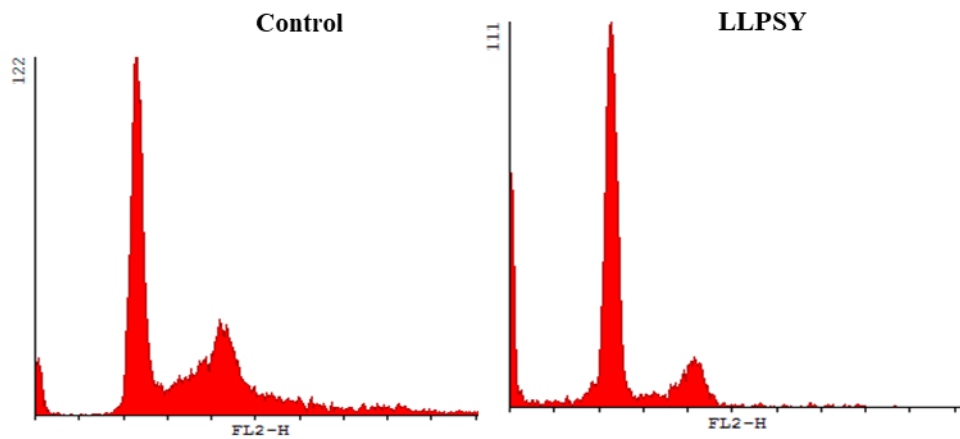
**Figure 4.**

**A) PC3**



	SubG <sub>0</sub>	G <sub>1</sub>	S	G <sub>2</sub> /M
CONTROL	1.13 ± 0.12	53.82 ± 0.32	6.53 ± 0.46	37.29 ± 0.52
LLPSY	6.26 ± 0.36 *	54.46 ± 1.90	9.57 ± 0.25	25.48 ± 0.27 **

**B) MDA-MB-468**



	SubG <sub>0</sub>	G <sub>1</sub>	S	G <sub>2</sub> /M
CONTROL	3.28 ± 0.52	49.59 ± 0.56	12.53 ± 0.46	39.14 ± 0.62
LLPSY	7.65 ± 0.42 *	48.414 ± 1.89	9.37 ± 0.52	21.11 ± 0.72 **

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**Figure 5.**