# Social disadvantage and infant mortality: 

 the birth weight paradox revisitedBianca De Stavola
with Rhian Daniel, Richard Silverwood, Rachel Stuchbury, Emily Grundy

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- negatively related to birth weight (BW)
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## Infant mortality and disadvantage

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Complication:
low BW babies in high-risk populations tend to have lower mortality rates than low BW babies in low-risk populations.

First observed by Yerushalmy $(1964,1971)$ and interpreted as BW modifying the effect of many factors associated with infant mortality:

## BW paradox

## Example

■ Smoking known risk factor for low BW.
■ Low BW babies born to smokers lower mortality than those of non-smokers:


Figure: Birth-weight-specific infant mortality curves, US, 1991 (Hernandez-Diaz, AJE 2006)

## Outline

## 1 Background

2 An alternative model

3 Questions and estimands
4 Preliminary results
5 Critique and Conclusions

## The low birth weight paradox: collider bias?

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■ Comparing infant mortality rates at given values of BW leads to opening up a spurious path from $E$ to "Infant death" (Hernandez-Diaz et al. , 2006).
■ Paradox explained if $U_{1}$ and $U_{2}$ act in opposite directions (Basso et al., 2006 \& ${ }^{\text {nnni }}$


## An alternative explanation

Low BW is a crude measure of the mechanism of the exposure $E$, "Disadvantage":

■ It is only a proxy of intrauterine growth rate and time,

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■ Other pathways may link exposure to the infant mortality (hence the added arrows).

But how can we proceed without information on intrauterine growth?


## Wilcox Birth weight model

Wilcox $(1983,2001)$ suggested that there are two sub-populations of newborns:
(a) predominant: mostly term babies,
(b) compromised: mostly pre-term babies and small-for-gestational-age.


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■ Assuming that the birth weight distribution for each sub-population is normal,

- and including predictors, we can estimate Prob(class $=$ compromised) using Latent Class Modelling.



## Questions

With this more general theoretical framework, we reconsider the two main questions.
Is BW:
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2 a mediator for the effect of "Disadvantage" on Infant

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## The extended mediation model

■ BW: potential mediator ( $M$ ); "Disadvantage": exposure ( $E$ ); Infant mortality: outcome ( $Y$ ); "Intrauterine growth": intermediate confounder ( $L$ ).


## The extended mediation model

■ BW: potential mediator (M); "Disadvantage": exposure $(E)$; Infant mortality: outcome ( $Y$ ); "Intrauterine growth": intermediate confounder ( $L$ ).

- Replacing $L$ with $\hat{L}=\operatorname{Pr}(L=1)$ (1: compromised, 0 : predominant),



## Question 1: is BW an effect modifier?

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- by comparing Controlled Direct Effect of $E$ on $Y$ holding $M$ at either 0 or 1 - If thoce affents are similar there is no support for effect modification by M



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- the indirect effect is made of (a)
- and (b),
- and the direct effect is (c):

(c)


## Estimands and their estimation

## Estimands (CDE(m) and PNDE, TNIE) are expressed as OR

 contrasts.No interference, consistency, conditional exchangeability, and because of $L$. either:

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## Estimation:

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■ Record linkage study set up in 1974 (see htpp://celsius.Ishtm.ac.uk).
■ Comprises linked census and event (and thus infant mortality ${ }^{1}$ ) records for $1 \%$ of the population of England and Wales (about 500,000 people at any one census).

■ Includes BW of babies born to LS mothers (regularly since 1981, recorded at registration).

■ Several indicator of social disadvantage: here we show results for maternal education

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■ Today: data restricted to births of white mothers (85\%), with complete information on maternal education (loss of $3.8 \%$ ).
(Data only available at a dedicated lab at the Office for National Statistics, all results vetted before release.)

## The study population

■ 160,366 singleton live births in 1981-2011.

## ■ E: 38\% of mother with fewer that 5 ○-levels ("Low education"

 ■ $M: 5.3 \%$ with birth weight $<2.5 \mathrm{~kg}$
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Natural direct and indirect effects of low maternal education VERY PRELIMINARY RESULTS- SEs not yet corrected

|  | Model I |  | Model II |  |
| :--- | :---: | :---: | :---: | :---: |
|  | In OR | (SE) | In OR | (SE) |
| CDE(0) | - | - | 0.205 | $(0.076)$ |
| CDE(1) | - | - | 0.206 | $(0.076)$ |
|  |  |  |  |  |
| PNDE | 0.221 | $(0.082)$ | 0.227 | $(0.077)$ |
| TNIE | 0.011 | $(0.007)$ | -0.012 | $(0.005)$ |
|  |  |  |  |  |
| TCE | 0.232 | $(0.082)$ | 0.205 | $(0.076)$ |


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- Model I and II give similar results, despite the difference in assumptions.
- CDE(0) and CDE(1) from Model II are very similar: no evidence of effect modification.
- There is little support for a mediating effect of BW (also supported by sensitivity analyses).
- However problems of stability of the results.


## Critique

## What about unmeasured confounders?

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■ Results would still be biased.
■ However, not if $U_{1}$ and $U_{2}$ influenced $L$ directly.


## Conclusions

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■ Estimation of mediation effects and their SEs raises several problems. There are issues with:

- estimation of the class probability,
- correlations among the outcomes of siblings,
- instability due to small number of events.
- These are being addressed by extending the Monte Carlo G-formula algorithm

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The authors alone are responsible for the interpretation of the data.
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## Additional slides

## Estimands of interest

■ The total causal effect (TCE):

$$
T C E^{O R}=\frac{E[Y(1)] /\{1-E[Y(1)]\}}{E[Y(0)] /\{1-E[Y(0)]\}}
$$

■ The natural direct effect (NDE):

$$
N D E^{O R}=\frac{E[Y(1, M(0))] /\{1-E[Y(1, M(0))]\}}{E[Y(0, M(0))] /\{1-E[Y(0, M(0))]\}}
$$

■ The natural indirect effect (NIE):

$$
\text { NIE }^{O R}=\frac{E[Y(1, M(1))] /\{1-E[Y(1, M(1))]\}}{E[Y(1, M(0))] /\{[1-E[Y(1, M(0))]]\}}
$$

[^0]
## Maternal education and infant mortality

|  | Birth weight $\geq 2.5 \mathrm{~kg}$ Low High |  | Birth weight $<2.5 \mathrm{~kg}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| Mat Education |  |  | Low | High |
| Births | 92,704 | 59,141 | 4,393 | 4,128 |
| Deaths | 220 | 222 | 225 | 195 |
| Rates ( $\times 1,000$ ) | 2.4 | 3.8 | 51.24 | 47.2 |
| Sex-adjusted OR heterog test (p) | 1.58 (1.31, 1.91) ${ }^{(0.031)}$ |  |  | $0.92^{(0.76, ~ 1.12)}$ |
| Adjusted OR heterog test (p) | 1.23 (1.01, 1.49) |  | 8. $0.92_{(0.76,1.12)}$ |  |


|  | Variable | Class 1 | Class 2 |
| :---: | :---: | :---: | :---: |
| For $\mu$ |  |  |  |
|  | Intercept | 3.51 | 3.65 |
|  | sex | - | - |
|  | year birth | - | + |
|  | mat age | + | + |
|  | birth order | - | + |
| For $\sigma$ |  |  |  |
|  | Intercept | 0.90 | 0.45 |
| For $\pi$ |  |  |  |
|  | sex | - |  |
|  | Mat educ | + |  |

About 10\% of births predicted to be "compromised".

■ There is another source of bias: conditioning on live birth.

- Still births are a form of competing event, reducing the denominator of possible infant deaths.
■ Consider the composite outcome of Infant death or Still birth (Kramer et al. , 2014).

|  | Only Infant deaths <br> Model I |  | Only Infant deaths \& Still births |  |
| :--- | :--- | :--- | :--- | :---: |
| Model II |  |  |  |  |
|  | In OR | (SE) | In OR | (SE) |
|  |  |  |  | $(0.067)$ |
| PNDE | 0.221 | $(0.082)$ | 0.174 | $(0.008)$ |
| TNIE | 0.011 | $(0.007)$ | 0.018 |  |
| TCE |  |  |  |  |
|  |  |  | $(0.082)$ | 0.192 |


[^0]:    where $Y(x)$ is the potential value of $Y$ that would have occurred had $X$ been set to $x$ and $Y(x, m)$ the potential value of $Y$ that would have occurred had $X$ been set to $x$ and $M$ to $m$

