副論文1

Development of a Collaborative Relationship Scale between Clients and Occupational Therapists of the Japanese version

Yuki Choji^{1),2)} Ryuji Kobayashi³⁾

- Department of Occupational Therapy, Graduate School of Human Health Sciences, Tokyo Metropolitan University, Tokyo, Japan
- 2) Department of Occupational Therapy, Toyama Rehabilitation Medical Health and Welfare College, Toyama, Japan
- 3) Department of Occupational Therapy, School of Health Science, Tokyo Metropolitan University, Tokyo, Japan

Published online: January 30, 2020
Progress in Rehabilitation Medicine Vol.5,20200001
Received: October 8, 2019, Accepted: January 19, 2020

Abstract

Introduction. The success of a client-centred practice depends on the relationship between the client and therapist, and their ability to make constructive decisions together, particularly in the field of occupational therapy. The aim of this study was to develop a Collaborative Relationship Scale (OTCRS) to measure the quality of such interaction.

Materials and Methods. This effort included constructing a draft questionnaire and testing its validity and reliability. A Rasch analysis was applied to determine validity, and several tests were used to confirm its internal consistency.

Results. After reviewing over 130 scientific papers and books, we built explicit selection criteria for issues to be addressed in this instrument, and we developed 40 questions to be included. These were analysed using a standard content validation process and a

Rasch analysis to examine confirmation validity. A nine-item

scale was finalised for testing(OTCRS-9). This review process

revealed OTCRS-9's validity, high internal consistency and

item/person separation reliability.

Conclusion. This study presents only the initial phase of scale

development. As suggested by COnsensus-based Standards for

the selection of health Measurement Instruments (COSMIN), the

OTCRS-9 score should be tested further for validity and

reliability and should also be conducted in other ethnicities to

improve its generalizability.

Key Words: client-centred, occupational therapy, scale

Introduction

Teamwork approach is the foundation of rehabilitation medicine. This approach brings mutual reinforcement and synergy effort, and more than each profession can achieve alone [1-2]. For the team approach to work to its fullest, team members should identify with their own profession, have mutual respect for the skills of other professionals, recognize their personal and professional limitations in teamwork. However, a previous study reports that physiotherapists have felt insufficient understanding of nurses' practice and lacked recognition of nurses' professional autonomy; consequently, barriers existed to effective teamwork [3]. Therefore, it is very important for occupational therapists to make other professionals aware of their value and role.

In occupational therapy (OT) practices around the world, the

phrase 'client-centred' is widely employed in a great variety of contexts and has always been an integrated value and a fundamental element [4-6]. The focus of the client-centric approach is on treating the client as a unique individual, considering the client's point of view, and participating in the decision making and treatment processes [7]. In particular, one of the core values that underpin this client-centric approach is the equal sharing of power that can be enacted through communication practices such as sharing decisions [8].

It is generally understood that the success of an OT intervention depends on the quality of the relationship between the client and the therapist and regarding the decision-making processes that are virtually always involved in the course of treatment [9]. The occupational therapist needs to fully understand and respect these client values and daily priorities

materially assist clients in solving a wide variety of daily performance issues [10]. Therefore, in a client-centric approach, it seems important that the client and therapist have approximately equal power in the relationship through decision-making processes, that are mutually interdependent and engage in activity that will in some ways be satisfying to each other. The 'power' used in this study is defined as a related, co-built process [11]. Because power exists in all interpersonal relationships, there are no interactions that are not related to OT.

However, there can be impediments in the decision-making process between the client and occupational therapist, even in a truly client-centred practice. These can include the following: (a) a client with reduced cognitive function, (b) clients who may have no desire to set their own goals, (c) physical facilities that are

not effective, (d) clients who cannot convey their worries to occupational therapists, (e) client goals that are different from those of the health care team and (f) clients that are simply indifferent to almost all choices [9]. Indeed, in a typical clinical setting, no power is shared in the relationship between clients and occupational therapists, and other decision-making models are used, i.e. paternalistic [12] or Shared Decision Making [13]. Occupational therapists need to recognise that a relationship with a client can change over the course of treatment and that it takes time to develop relationships. It is common to start in a paternalistic framework and evolve to a shared decision working environment. However, the OT needs to remain aware that any sharing of power should be based on what is right for the client at the time so that the entire relationship remains truly clientcentred.

In OT fields, there are established tools that evaluate the relationship between providers and patients, such as the intentional relationship model [14]. This tool features the use of six therapeutic modes in the practice of OT, describes the method of therapeutic use of self and advocates, collaborates, empathises, instructs, problem solving. Furthermore, encourages, occupational therapists in Japan use several evaluation tools to promote the relationship with their clients, such as the Canadian Occupational Performance Measure (COPM) [15] and the Occupational Self-Assessment (OSA) [16]. These scales are the client-centric measures of the clients' perceived occupational competence and value and are designed to identify changes in the client's personal perceptions of occupational performances. Studies have also shown that the identification of self-recognised occupational performance problems appears to enhance client

motivation and increase the relevance of personalised goals in rehabilitation [17,18]. However, there is no single tool to assess the degree of shared power between the client and the occupational therapist in the client-centric decision making process. Therefore, it is, by default, evaluated simply by the subjectivity of occupational therapists at the clinical site.

Therefore, this study aims was therefore to develop and evaluate what we will call the Occupational Therapy Collaborative Relationship Scale (OTCRS) for use in both research and clinical practice. The hypothesis behind our work here is that well-trained OTs fully understand the importance of the relationship that they have with patients, that this can evolve over the course of treatment and that being able to measure its quality can lead to more effective clinical outcomes.

Materials and Methods

This study was performed between April 2018 and February 2019 after receiving approval from the Ethics Committee of Tokyo Metropolitan University (Project No. 18044). The development of the OTCRS item bank proceeded in three distinct phases: (phase I) defining a conceptual framework, conducting a literature search and constructing a draft questionnaire, (phase II) ensuring the face validity of the draft OTCRS and (phase III) field testing and calibration of the item bank. These three efforts are detailed below.

 $Phase\ I\ -\ Literature\ search\ and\ construction\ of\ a\ draft$ question naire

During the month of April 2018, an extensive review of PubMed,
CINAHL, Medical Online, CiNii Articles and Ichushi-Web was

made to find historical efforts to define and measure the quality of relationships between OTs and their clients. Medical Online, CiNii Articles and Ichushi-Web were used because they were major electronic databases in Japan. An initial literature search in PubMed and CINAHL was performed that were search terms in the Medical Subject Heading (MeSH) keyword searches. Several searches using different word combinations were performed; with 'Occupational therapy' and 'Occupational therapist', 'patient' and client', 'collaborative' and 'collaboration' or 'client-centred' and client-centre' or 'relation'. Client-centred synonyms, such as 'Patient-centred' or 'patient-focused care' are terms that are not used in the OT profession; therefore, they were not included. A search of the reference list of published manuscripts was also conducted to ensure that other relevant studies were captured.

We included studies that met all of the following criteria: (1) Elements needed for a client-centric approach for decision making; (2) Collaboration relationship between the client and therapist and (3) published in the English or Japanese language. Studies that did not meet these inclusion criteria were all excluded.

The titles and abstracts of the records identified by searching the electronic database were initially assessed for eligibility by three independent reviewers. We collected full text articles of studies that appeared to be eligible and considered inclusion or exclusion by three independent reviewers. Discrepancies among the reviewers were resolved by agreement. From this effort, we developed a draft OTCRS.

Phase II - Determining the validity of the draft OTCRS

To ensure internal consistency of the raw instrument, two experts in this field reviewed it independently. These outside experts have well-known specialisations in the concept of client-centred OT practice, specifically in Japan [19,20]. At each selection step, the two independent reviewers rated the development of the scale, and these views were then compared and discussed in case of disagreement. They were asked to judge the relevance of each question (yes/no) and then to suggest possible modifications, as well as additional items.

Phase III - Field testing and calibration of the item bank participants

Field testing and calibration of the item bank participants

To ensure appropriateness of the items included in the instrument, the preliminary list of questions was field-tested

using a sample of Japanese inpatients. In Japan, although clientcentric approach is widespread, it is generally limited to some occupational therapists.

Therefore, we recruited at least 100 hospitalised patients from 22 hospitals throughout Japan using convenience sampling; a number that we regarded as sufficient for item calibration on the basis of the requirements of the Rasch analysis [21].

We included studies that met all of the following criteria: (1) they were receiving OT services in a client-centric practice, (2) they had already discussed treatment targets with their occupational therapist, (3) they had no cognitive impairment, and (4) they could understand and sign the relevant informed consent forms. Studies that did not meet these inclusion criteria were all excluded. Furthermore, the non-responses were invalidated. Prior to conducting the survey, the patients were

informed about the purpose and procedure of the study and that their anonymity was guaranteed.

Assessments

Statistical analysis

Participant demographics were summarised using descriptive analyses. To test whether all OTCRS scores were normally distributed, we used the Shapiro-Wilk test (p < 0.05). Responses were evaluated using standard item reduction statistics (e.g. ceiling/floor effects and missing data) to explore individual OTCRS items, and then, a Rasch analysis was used to review how well each item functioned as part of the overall goal of the instrument, since this is an effective approach to describe the difficulty of an item and provides a way to evaluate the extent to which a person's reaction matches the general pattern of item

responses [22]. In particular, rasch analysis can be used with both dichotomous and polytomous data sets either through the dichotomous model or either of the polytomous models [23]. In this study, we used Rasch Rating Scale (RSM), a polytomous model, because of handle ordered categorical items by the selfquestioning sheet. RSM in the polytomous models expected there to be an equal difference between item thresholds and only one Discrimination value was estimated. For difficulty, the difference pattern of estimates has equal features in all items. We used three criteria to describe the quality of each item: (a) the standard error of the estimate of item difficulty (criterion: <0.24) [24], (b) 'item misfit', i.e. the extent to which the sample as a whole responds unexpectedly to specific items (criterion: information-weighted mean square fit statistic (Infit MnSq) < 1.4, standardised as a z-score (Zstd) < 2.0) [25,26], and [c] outliersensitive fit statistic (outfit MNSQ) < 1.6 [21]. If misfitting items were found, they were deleted from the scale. In addition, if there were items with similar difficulties, the researchers discussed and ultimately rejected one of them.

Reliability was evaluated using the indices generated by Winsteps, which produces an analysis of how well separated each item is when examined across individuals. Our reliability metric reports how reproducible the results are when tested against numerous subjects. We used the following criteria to describe the quality of the items: [a] item separation reliability, i.e. the potential range covered by the measure (criterion: >0.80), and [b] person separation reliability, i.e. the ratio of person variation to measurement error (criterion: >0.80) [27].

The assumption of unidimensionality is required for Rasch analysis. For this reason, dimensionality was checked for

sophisticated items using Principal Component Analysis (PCA; criterion: <2.0 eigenvalue) [27]. PCA analyses the components of the residual correlation matrix in terms of 'contrasts'. The 'first contrast' is an element that explains the maximum dispersion amount of the residual.

Generally, in Japan's medical field, there are few Japanspecific evaluation tools used to evaluate the relationship
between clients and therapists. Because representative
evaluation tools are widely used in Japan, there are Client-Nurse
Relationship Scale (CNRS) [28] and the General Self-Efficacy
Scale (GSES) [29]. Therefore, for concurrent validity, the
correlations between the OTCRS and CNRS and the GSES were
verified using Spearman's correlation coefficient.

The CNRS, developed by Fukai et al., is a standardised assessment tool that focuses on the relationship between

patients and medical personnel in their care) [28]. Patients respond to 24 items, and their responses are scored on a four-point scale, with lower scores denoting more severe dysfunction. The CNRS is applicable not only to nurses but also to all medical staff. The GSES was developed by Sakano et al., and it is a standardised assessment tool that focuses on the individual's strength regarding general self-efficacy across a variety of settings in everyday life [29]. This is a 16-item scale with only two response options, 'Yes' and 'No'. The statistical packages used were Winsteps (Version: 4.0.1), STATAv 15 and HAD.

Results

Phase I - Literature search and construction of a draft questionnaire

As presented in Figure 1, we identified 480 studies, and

abstracts were screened, 130 papers and seven books on this topic remained for full-text readings. The authors independently read these studies and refined the concept of the metric that we wanted to develop in a series of pre-defined selection. In each selection, we compared and discussed the merit of each concept until agreement was reached. This literature search and its evaluation yielded 41 questions that could potentially be used in the instrument. For each of these, a four-point Likert scale (from 1 to 4) was developed to assess the severity of impairment.

Phase II - Ability to ensure face validity

Each reviewer examined the composition of the OTCRS three times. During the face and content validation processes, items were eliminated if they generated unacceptable scores. In addition, 40 preliminary items were modified, replacing the

initial questions with alternatives having more suitable words or rephrasing the questions to improve their clarity. Finally, the draft instrument was reduced in size from 41 to 40 items after each question was refined, and the views regarding each one across all reviewers were compatible.

Phase III -Field testing and calibration of the item bank Description of the study sample

Of the 220 questionnaires sent out, we received 112 responses from 14 hospitals. Seven of these were excluded for not fully completing the instrument, resulting in 105 valid responses, a rate of 47.73%.

The characteristics of the responders were as follows: mean age, 68.37 (with a standard deviation (SD) of 16.80, range 21–96); sex, 48 males (45.71 %) and 57 females (54.29%); and mean length of

stay in the hospital, 129.43 days (SD, 370.01, range 2-2730). The diagnoses included the following: stroke and head trauma (n = 45, 42.86%), fracture (n = 24, 22.86%), pulmonary disease (n = 6, 5.71%), spinal cord injury (n = 5, 4.76%), cancer (n = 5, 4.76%), cardiovascular diseases (n = 2, 1.90%), Guillain-Barre syndrome (n = 2, 1.90%), Parkinson's disease (n = 1, 0.95%), multiple sclerosis (n = 1, 0.95%) and others (n = 14, 13.33%). The clinical and demographic details are provided in Table 1.

The Shapiro-Wilk test showed that all scores did not have a normal distribution. In addition, 18 of our 40 items obtained the highest level on the Likert scale with a ceiling effect and were therefore discarded. These were the following: (1-4, 6, 8, 11, 13, 14, 17, 20, 24, 25, 34 and 37-40).

Item fitness

The estimation results for the fitness of the 22 items of the OTCRS(OTCRS-22), after excluding those having a ceiling effect, are summarised in Table 2. Most items were well fitted to the Rasch model. All of the model's standard errors were between 0.14 and 0.16. Infit MnSq/Zstd and outfit MnSq were well within a criterion range, except for the four items (18, 19, 35 and 36). MnSq/Zstd and outfit MnSq of these four items were above the criterion range. However, since the first component had an eigenvalue of OTCRS-22> 2 (3.76),the assumption of unidimensionality was not confirmed. Therefore, we discussed these items so that the eigenvalue is 2 or less and deleted them. Finally, we extracted nine items (23, 26, 27, 28, 29, 30, 31, 32 and 33) (OTCRS-9). The first component had an eigenvalue of OTCRS-9 <2 (1.85), indicating that the overall instrument might be unidimensional. Also, OTCRS-9 items were well refitted to the

Rasch model.

Reliability

Item separation reliability in OTCRS-9 was determined to be 0.83, and person separation reliability was 0.85. This indicated that CRS-9 has a strong capability to generate accurate precision measurements for reliability indices, which represent a good level of separation.

Person-Item histogram

This was examined using item-person histograms (Figure 2), which show the relative positions of 'item difficulty' and 'personal ability', and a difference between the averages of persons and items up to one logit is generally considered acceptable [30]. The average person ability was 0.90 logit (SD of

2.05, range -2.00 to 5.11), whereas item ability averaged 0 logit (SD 0.40, range -0.67 to 0.58). In this context, it turned out that item 29 was the easiest for participants to endorse, and item 26 was the most difficult. Eight participants (7.62%) scored full points on all items, and no participants scored zero for all items.

Category order

The estimation results for the four-point rating scale of the OTCRS-9 are shown in Table 3 and Figure 3. To best evaluate the category function of each item, we checked the ordering of thresholds. Each category has a clear peak, indicating that they are not disturbed (Figure 3). On the other hand, 'Category Level 1' (count = 117, 12%) had the fewest number of observed counts at each category level compared with others. In addition, the 'Category Level 1' fit index showed Infit MnSq values ≥ 1.4,

implying that the applicable scale was not properly functioning.

Concurrent validity

Table 4 shows the results related to concurrent validity, which was confirmed by the positive correlations between OTCRS-9 and CNRS total score (r = 0.36 to 0.59, p < 0.01). On the other hand, there was virtually no correlation between OTCRS-9 and the GSES, except for item 31. This result supports discriminatory validity between the OTCRS-9 and the GSES.

Discussion

The substantial reduction in the number of items from the initial draft to the final result was necessary to fine tune the validity of the resulting OTCRS-9. As mentioned above, we discarded 18 items which had a ceiling effect on the Likert scale.

Next, four items that showed a misfit in the Rasch model were discarded. We also discussed these items so that the eigenvalue is 2 or less and deleted them. Ultimately, the OTCRS was carefully pared down to nine items, and we readily confirmed both the unidimensionality and the concurrent validity between OTCRS-9 and CNRS.

For a client-centred practice, it is essential to establish a relationship of trust between the client and occupational therapist. Unsurprisingly, there was a correlation between OTCRS-9 and CNRS which can measure the trust relationship between the client and therapist, and the concurrent validity was supported. On the other hand, there was no correlation between the raw OTCRS-9 and the GSES, and the difference in their structures was revealed on the scale. This result supported the discriminatory validity between the OTCRS and the GSES. We

also found that the OTCRS-9 has a high level of internal consistency, as shown by the item and person separation reliabilities in the Rasch models.

Difficulties that might arise because OTCRS-9 was fitted to the population of Japan was analysed by comparing individual attribute scores and item difficulty. If these scores and the distribution range of item difficulties coincide, the distribution is considered sufficient [31]. In our field testing, the client's overall ability to develop a good relationship with a therapist was found to be high, so OTCRS-9 is likely more sensitive to clients with relatively lower values regarding this capability. In addition, each category has a clear peak, indicating that the categories are not distributed in category order. However, 'Category Level 1' had the fewest number of observations compared to the others, indicating that the applicable scale was

not properly functioning. This result suggests the need to modify the OTCRS-9 response scale in the future. An investigation by Tourangeau emphasised that respondents hesitated to assign a negative score to themselves [32]. Further, the Japanese tend to prefer positive intermediate responses compared to negative ones [33]. In general, if the number of answer categories is small, reliability will be low, so it has been suggested that the number of reply categories should be five or more [34,35]. For these reasons, it may be necessary to modify this instrument to allow a reaction scale of five points or more.

The potential limit of this study was its relatively small sample size, where we found that a normal distribution could not be obtained. In order for OTCRS-9 to adapt to clients with a wide range of abilities, it is necessary to review the response scale and increase the number of samples. The value of OTCRS-9 is that it

provides information on the client's power and comfort level with regard to making decisions, in the context of a client-centred OT practice.

There are several other advantages of OTCRS-9. First, it promotes the development of a client-centred practice for occupational therapists such that they can more readily develop and share meaningful targets with clients. Second, it is a much shorter measure, with only nine items compared to many other scales that patients might encounter. It can be completed within 5 min and is easily administered in routine practice. It can also be used as a screening tool to capture a snapshot of the cross section of a client's outcomes. Third, using OTCRS is expected to be a tool to convey the role and value of occupational therapy to other professionals.

Research is needed to determine scale responsiveness and its

understand how a collaborative relationship between the client and occupational therapist can be improved. Future work should focus on exploring the psychometric properties of OTCRS-9 in a larger sample and assessing convergent and divergent validity, as well as to determine test-retest reliability.

Conclusion

OTCRS-9 is a simple and brief assessment tool with good internal consistency and validity, and it has a remarkable correspondence with the CNRS. In addition, it is a valid instrument for promoting a client-centred practice for occupational therapists and sharing meaningful targets with clients, and it can easily be employed in everyday clinical settings. OTCRS-9 can also be used to further investigate

numerous issues regarding the quality of the collaborative relationship between clients and occupational therapists.

Limitations

This study presented only the initial phase of scale development. As suggested by COnsensus-based Standards for the selection of health Measurement Instruments (COSMIN), the OTCRS-9 score should be tested further for validity and reliability and should also be conducted in other ethnicities to improve its generalizability. Also, OTCRS-9 score has a very short questionnaire, so it does not cover all domains identified in the literature searches.

Conflicts of Interest

The Author(s) confirm(s) that there is no conflict of interest.

Funding Statement

This work was supported by the Japanese Society for Occupational Behavior.

Acknowledgements

The authors would like to thank Prof. Ryuji Kobayashi (Tokyo Metropolitan University, JPN), Prof. Takashi Yamada (Research Institute of the Model of Human Occupation, JPN) and Prof. Hiromi Yoshikawa (Prefectural University of Hiroshima, Japan) for their helpful comments in the drafting of this paper.

References

- [1]J Guzman, R Esmail, K Karjalainen et al., Multidisciplinary bio-psycho-social rehabilitation for chronic low back pain.

 Cochrane Database Systematic Reviews 2002;(1):CD000963.

 [2]K Karjalainen, A Malmivaara, M Tulder, et al.,

 Multidisciplinary biopsychosocial rehabilitation for subacute low back pain among working age adults. Cochrane Database.

 Systematic Reviews 2003;(2):CD002193.
- [3]J Dalley, J Sim, Nurses' perceptions of physiotherapists as rehabilitation team members.

Clinical Rehabilitation, vol.15, no.4, pp.380-389,2001.

- [4] K.R. Hammel, "Client-centred practice in occupational therapy: critical reflections," Scandinavian Journal of Occupational Therapy, vol.20, no.3, pp.174-181, 2013.
- [5] A. Kjellberg, I. Kåhlin and L. Haglund et al., "The myth of

participation in occupational therapy: re-conceptualizing a client-centred approach," Scandinavian Journal of Occupational Therapy, vol.19, no 5, pp.421-427, 2011.

- [6] T. Sumsion and M. Law, "A review of evidence on the conceptual elements informing client-centred practice," Canadian Journal of Occupational Therapy, vol. 73, no.3, pp.153-162, 2006.
- [7] R.Pelzang, "Time to learn: understanding patient-centred care," British Journal of Nursing, vol. 19, no. 14, pp. 912-917, 2010.

 [8] A.A. Kon, "The shared decision-making continuum," JAMA, vol. 304, no. 8, pp. 903-904, 2010.
- [9] K.K.Maitra, "Perception of client-centered practice in occupational therapists and their clients," *American Journal of Occupational Therapy*, vol.60,no.3,pp.298-310, 2006.
- [10] G. Palmadottir, "Client-therapist relationships: experiences

of occupational therapy clients in rehabilitation," *British Journal of Occupational Therapy*, vol.69, no.9, pp.394-401, 2006.

[11] L.Nimmon and T. Stenfors-Hayes, "The "Handling" of power in the physician-patient encounter: perceptions from experienced physicians," *BMC Medical Education*, vol.16,pp.114,2016.

- [12] J.S. Kahana, E. Kahana, "Disability and Aging: Learning from Both to Empower the Lives of Older Adults," Boulder, CO: Lynne Rienner Publishers, 2017.
- [13] M.F.Coutu, F. Légaré and Durand MJ et al., "Operationalizing a shared decision making model for work rehabilitation programs: a consensus process," *Journal of Occupational Rehabilitation*, vol.25, no.1, pp.141-52, 2015.
- [14] R. Taylor, "The international relationship:Occupational therapy and use of self," F.A. Davis: Philadelphia, 2008.
- [15] M. Law, S. Baptiste and A. Carswell et al., Canadian

Occupational Performance Measure Manual. 5th ed, CAOT

Publications: Ottawa (ON), 2014.

[16] K. Baron, G. Kielhofner and A. Iyenger et al., The Occupational Self Assessment(version 2.2) Model of Human Occupation Clearinghouse, Department of Occupational Therapy, College of Applied Health Sciences, University of Illinois at Chicago; Chicago: 2006.

[17] L.A. Enemark, G. Carlsson, "Utility of the Canadian Occupational Performance Measure as an admission and outcome measure in interdisciplinary community-based geriatric rehabilitation," Scandinavian Journal of Occupational Therapy, vol.19, no.2, pp.204-213, 2011.

[18] J. Lee, G. Kielhofner, "Vocational intervention based on the Model of Human Occupation: a review of evidence," *Scandinavian Journal of Occupational Therapy*, vol.17, no. 3, pp.177-90, 2010.

- [19] R. Taylor, Kielhofner's model of human occupation theory and application. 5th edition, Wolters Kluwer:USA, 2017.

 (Translation supervised by T.Yamada, In: Tokyo: KYODO ISHO, INC, 2019).
- [20] H.Yoshikawa, What is Occupation-Introduction of Occupational Science. 2nd Edition, ISHIYAKU PUBLISHERS, INC: Tokyo, 2017.
- [21] R.M. Smith, R.E. Schumacker and M.J. Bush, "Using item mean squares to evaluate fit to the Rasch model," Journal of Outcome Measurement, vol. 2, no. 1, pp. 66-78, 1998.
- [22] P. Baghaei, "The Rasch model as a construct validation tool,"

 *Rasch Measurement Transactions, vol. 22, no. 1, pp. 1145–1146,

 2008.
- [23] A. Tennant, P.G. Conaghan, "The Rasch measurement model in rheumatology: what is it and why use it? When should it be

applied, and what should one look for in a Rasch paper?,"

Arthritis Care & Research, vol.57,no.8, pp. 1358-62, 2007.

[24] B.D. Wright, "Solving measurement problem with Rasch model," *Journal Educational Measurement*, vol.14, no.2, pp.97–116,1997.

[25] S.F. Garcia, E.A. Hahn and S. Magasi S, et al., "Development of self-report measures of social attitudes that act as environmental barriers and facilitators for people with disabilities," *Archives of Physical Medicine and Rehabilitation*, vol.96, no.4, pp. 596-603, 2015.

[26] G. Kielhofner, K. Forsyth and J. Kramer et al., "Developing the Occupational Self Assessment: The Use of Rasch Analysis to Assure Internal Validity, Sensitivity and Reliability," *British Journal of Occupational Therapy*, vol.72, no.3, pp. 94–104, 2009.

[27] J.M. Linacre, A User's Guide to WINSTEPS MINISTEP

Rasch-Model Computer Programs. Program Manual 4.4.1.

Available at: https://www.winsteps.com/a/Winsteps-Manual.pdf.

(Accessed 3 April 2019).

- [28] K. Fukai, A. Niimi and M. Ohkura, "The development of a client-nurse relationship scale (CNRS)," *Kawasaki Medical Welfare Journal*, vol.10, no.2, pp.285-291,2000.
- [29] K. Sakano, M. Tohjoh, "The General Self-Efficacy Scale (GSES) Scale development and validation," *Japanese Journal of Behavior Therapy*, vol.12, no.1, pp. 73-82, 1968.
- [30] J. Khadka, K. Pesudovs and C. McAlinden et al., "Reengineering the glaucoma quality of life-15 questionnaire with Rasch analysis," *Investigative ophthalmology & visual science*, vol.52, no. 9, pp.6971-6977, 2011.
- [31] S. Hong, B.S. Kim and M.M. Wolfe, "A psychometric revision of the European American values scale for Asian Americans using

the Rasch model," Measurement and Evaluation in Counseling and Development, vol.37, no. 4, pp.194-207, 2005.

- [32] R. Tourangeau, M.P. Couper and F. Conrad, "Color, Labels, and Interpretive Heuristics for Response Scales," *Public Opinion Quarterly*, vol. 71, no. 1, pp. 91–112, 2007.
- [33] S. Masuda, T. Sakagami, "Midpoint response in social research: causes, consequences and possible means to prevent it,"

 Japanese Psychological Review, vol. 57, no.4, pp.472 -494, 2014.

 [34] L. Weng, "Impact of the number of response categories and anchor labels on coefficient alpha and test-retest reliability,"

 Educational and Psychological Measurement, vol.64, no.6, pp.956-972, 2004.
- [35] J.A. Krosnick, S. Presser, Question and questionnaire design.
 In: Marsden PV and Wright JD, (eds). Handbook of survey research, Emerald Publishing Group; Bingley (UK): pp. 263-313,

2010.

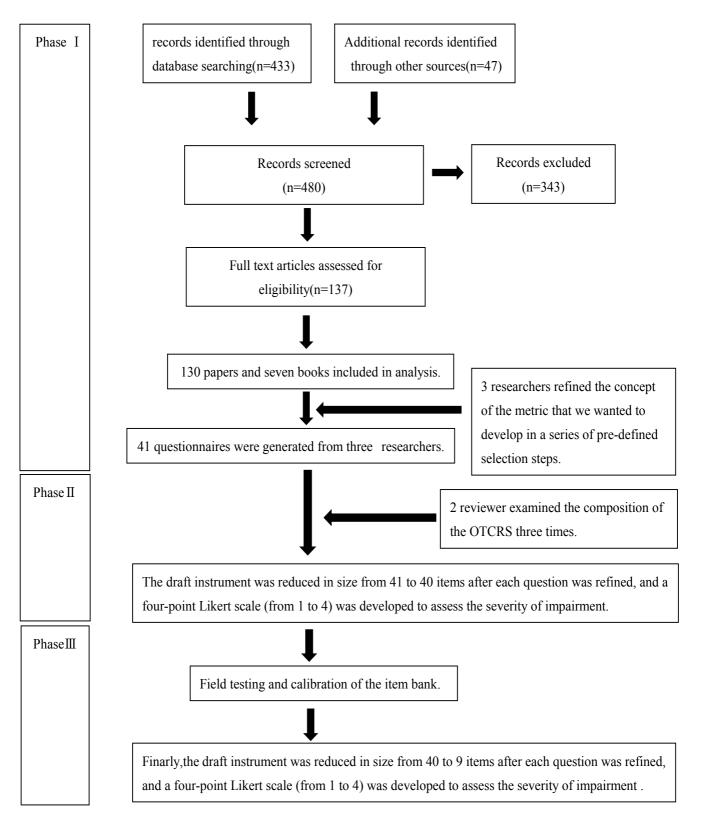


Figure 1. Study flow

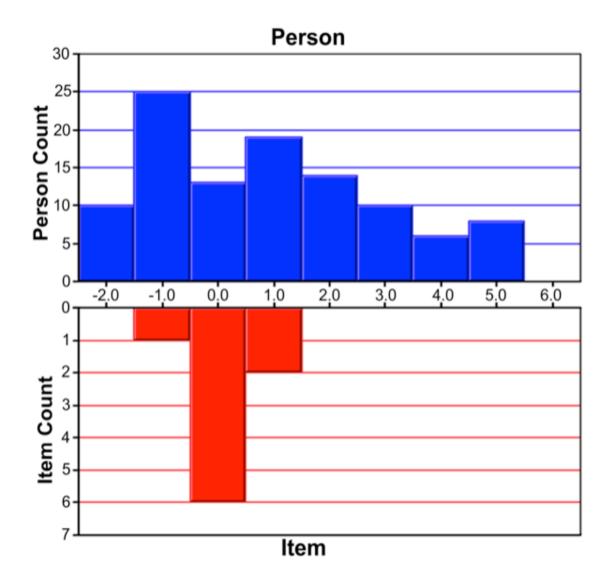


Figure 2. Person-item histograms

The x-axis represents the construct. Higher scores increase to the right.

The y-axis represents the frequency of person and item measures.

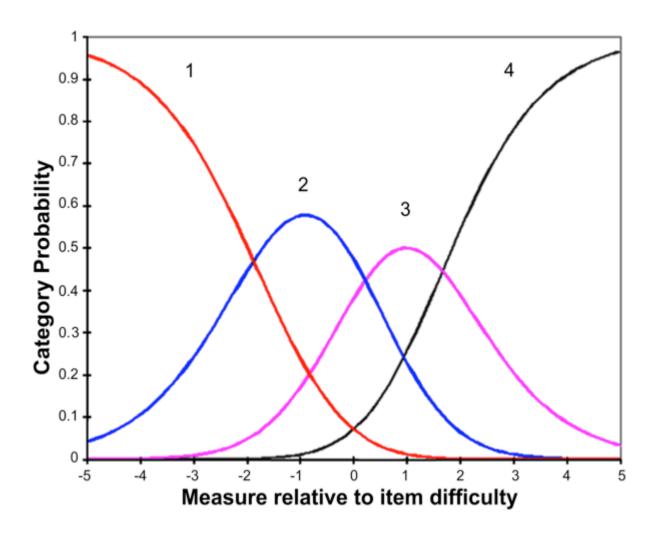


Figure 3. Category probability curves for four response categories (1=disagree, 2=tend to disagree, 3=tend to agree and 4=agree)

Table 1. Clinical and demographic details

Chamatanistia		Total Sample		
Characteristic		n = 105 (%)		
Age	$Mean \pm SD$	68.37 ± 16.80		
	min-max	21–96		
Gender	Males	48(45.71)		
	Females	57(54.29)		
Type of admittance	in-patients	105		
	out-patients	0		
Length of stay in the hospital	$Mean \pm SD$	129.43 ± 370.01		
	min-max	2–2730		
Diagnosis	stroke and head trauma	45(42.86)		
	Fracture	24(22.86)		
	pulmonary disease	6(5.71)		
	spinal cord injury	5(4.76)		
	Cancer	5(4.76)		
	cardiovascular diseases	2(1.90)		
	Guillain-Barre syndrome	2(1.90)		
	Parkinson's disease	1(0.95)		
	multiple sclerosis	1(0.95)		
	others	14(13.33)		

Table 2. Rasch fit statistics for the 22-item four-point response OTCRS scale

Item		MEASURE	MODELCE	INFIT		OUTFIT
code	Item	(logits)	MODEL.S.E.	MNSQ	ZSTD	MNSQ
Item 36	I passive participate in occupational therapy service.	1.57	0.14	1.83	5.1	1.71
Item 35	I want the occupational therapist to decide the goal setting.	1.00	0.14	2.50	8.5	2.64
Item 26 ^a	I have the same authority as occupational therapist.	0.57	0.14	0.89	-0.8	0.87
Item 18	Occupational therapist forces me to his/her value.	0.53	0.14	2.81	9.7	3.12
Item 27 ^a	I decide on my own priorities of goals.	0.51	0.14	1.04	0.3	0.97
Item 31a	I have the right of final decision making in occupational therapy service.	0.36	0.14	1.01	0.2	0.96
Item 33 ^a	I consult with occupational therapist either for "what I want to do", "what I need to do", or "what is expected to me".	0.14	0.14	0.90	-0.7	0.90
Item 23 ^a	I have an understanding of how much my goal can be achieved.	0.12	0.14	1.04	0.4	1.04
Item 28a	I consult with the occupational therapist about the outcome of my goal.	0.08	0.14	0.88	-0.9	0.83
Item 19	I would like to seek assistance from an occupational therapist.	0.05	0.14	1.47	3.1	1.57
Item 30 ^a	I know what will be needed to achieve the goal.	-0.07	0.14	0.83	-1.3	0.81
Item 32 ^a	I actively participate in the setting of occupational therapy goals.	-0.21	0.14	0.64	-3.0	0.60
Item 21	I talk to the occupational therapist like my friends.	-0.27	0.14	0.83	-1.3	0.78
Item 15	The occupational therapist gives me sufficient information about goal setting.	-0.31	0.14	0.51	-4.2	0.47
Item 16	The occupational therapist clarifies needs based on my position.	-0.33	0.14	0.46	-4.8	0.45
Item 10	The occupational therapist understands my values.	-0.35	0.14	0.58	-3.5	0.56
Item 9	The occupational therapist respects my strengths.	-0.37	0.14	0.57	-3.6	0.61
Item 22	I set a meaningful goal with the occupational therapist.	-0.37	0.14	0.56	-3.7	0.51
Item 29 ^a	I clarify what I want to acquire from occupational therapy service.	-0.39	0.14	0.63	-3.0	0.57
Item 12	The occupational therapist helps me solve the problem myself.	-0.45	0.14	0.42	-5.2	0.45
Item 7	The occupational therapist appreciates my experience.	-0.47	0.14	0.58	-3.4	0.61
Item 5	The occupational therapist gives me energy.	-1.38	0.16	0.44	-4.6	0.53

^a These entries were included in the final scale.

All the research was done with Japanese questionnaires and the items shown here are translations.

Table 3. Summary of the rating analysis of the four-point scale

Category Level	Observed Count	Observed Average	Infit MNSQ	Outfit MNSQ	Andrich Threshold	Category Measure
1. Disagree	117(12%)	-1.06	1.53	1.45	NONE	-3.06
2. Tend to disagree	267(28%)	-0.93	0.6	0.59	-1.88	-0.9
3. Tend to agree	244(26%)	1.14	0.72	0.81	0.22	0.99
4. Agree	317(34%)	2.34	1.08	1.07	1.66	2.91

Table 4. Correlation analyses between OTCRS-9 and the CNRS, as well as OTCRS-9 and the GSES

	CRS-9									
	Item 23	Item 26	Item 27	Item 28	Item 29	Item 30	Item 31	Item 32	Item 33	total
CNRS	0.52**	0.51**	0.36**	0.49**	0.54**	0.43**	0.48**	0.55**	0.51**	0.59**
GSES	0.05	0.16	0.05	0.15	0.07	0.16	0.22*	0.18	0.16	0.15

^{**} Significant at 1% level.

^{*} Significant at 5% level.