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CHEMICAL AND MECHANICAL PROPERTIES OF VELVET TAMARIND FRUIT (*DIALIUM GUINEENSE*)

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ABSTRACT

Information on chemical properties of fruits is crucial in processing it into different foods. Mechanical properties of fruits determine their susceptibility to mechanical damages that occur during harvest, transportation, and storage; and which eventually lead to a pronounced reduction in commercial value. This study was conducted to investigate the chemical and mechanical properties of unshelled (black), shelled (yellow) and kernel of Dialium guineense fruit. The chemical properties investigated include some proximate and mineral elements. The mechanical properties were bio-yield force, rupture force, deformation at rupture point, deformation ratio at rupture point, compressive strength and total strain energy. The fruit pulp was found to be composed of protein (9.4%), carbohydrate (75%), crude fat (5.2%), crude fibre (4.6%), and ash content (2.4%) at 19% moisture content (wb). The mineral composition of the pulp were sodium (3.2 g/kg), magnesium (2.9 g/kg), phosphorus (0.5 g/kg), calcium (0.5 g/kg), iron (0.1 g/kg), and vitamin C (0.3 g/kg) at a pH of 3.9. Less force is required to crack the fruit across the length, followed by across the thickness and then across the width. Velvet tamarind (Dialium guineense) fruit pulp is a promising source of food and essential minerals due to its nutritional values, hence facilitating its postharvest processing is inevitable.

Keywords: Chemical Properties; Mechanical Properties; Dialium Guineense; Velvet Tamarind; Deformation At Rupture; Ash Content.

1. INTRODUCTION

Velvet tamarind *(Dialium guineense)* is a tree of an average height of 30 m with densely leafy crown, smooth greyish bark. Leaves are hairy and the flowers are usually whitish while the fruits are less circular and flattened. The pulp of the fruit is edible and sweet, with fairly low levels of ascorbic acid and tannin. It is a fairly good source of protein and minerals [1]. Velvet tamarind *(Dialium guineense)* can be found in West African countries such as Ghana where it is known as *Yoyi*, Sierra Leone, Senegal, and Nigeria where it is known as *Awin* in Yoruba, *Icheku* in Igbo and *Tsamiyar kurm* in Hausa [2, 3].

The fruits are widely sold in local markets and are consumed fresh by people of all ages as a snack. Some elderly people consume non-alcoholic drink made from the fruit. *Dialium guineense* pulp flour is found to have desirable physicochemical and sensory properties which may predispose it as a useful raw material for food industries, especially for the production of highlysought-after candy [4]. In addition, the bark, roots and leaves of Dialium guineense have medicinal properties and are used for the treatment of variety of health problems. The fruits of the plant are chewed by most women in Southeastern Nigeria to improve lactation and check genital infection [2, 3, 5]. The leaves and stem bark are also used as folklore remedies for the treatment of infections such as diarrhoea. severe cough, bronchitis, wound. stomachaches, malaria, fever, jaundice, ulcer and haemorrhoids [6]. The flour of *Dialium guineense* pulp can be incorporated in infant foods to enhance appetite and provide remedy for the problem of scurvy and micro nutrient deficiencies[7]. Extracts from *Dialium guineense* plants have been shown to possess both anti-mutagenic and molluscicidal activities [7].

For optimizing equipment design for the mechanization, postharvest processing, storage, harvesting and transportation as well as oil extraction and handling,chemical and mechanical properties of *Dialium guineense* fruit have to be known. In Nigeria, there is hardly any machine for the mechanization and postharvest processing of *Dialium guineense* fruit. Most postharvest operations involve manual cracking of the pods with bare fingers to bring out the succulent (yellow) pulp, which is quite laborious, time consuming and cumbersome. This has reduced its utilization as a source of revenue for the country both locally and internationally. Despite the huge economic, medicinal, industrial and social importance of this fruit, little is known of its postharvest, physical, chemical and mechanical properties. Many researchers have determined the physical, chemical and mechanical properties of some economic seeds and grains, such as soyabean [8, 9], oil bean seeds [10], neem nuts [11], karingda seeds [12], cumin seeds [13], lentil seeds [14], sunflower seeds [15], coffee [16], green gram [17], chick pea seeds [18], African yam beans [19], blueberry [20], but very little information abound on the chemical and mechanical properties of this very important fruit. The objective of this study was therefore to determine some chemical and mechanical properties of velvet tamarind fruit (unshelled, shelled, and the kernel); so as to facilitate its postharvest processing and to enhance the various socioeconomic benefits of the fruit, both to individuals and the nation, and on a global scale.

2. MATERIALS AND METHODS

2.1 Sample Collection and Preparation

Freshly harvested *Dialium guineense* fruits were sourced from some local farmers at Ogige market, Nsukka local government area of Enugu state, Nigeria. The fruits were cleaned manually by hand to remove foreign matter such as dust, dirt, pieces of stones, as well as broken and immature fruits. Some of the fruits were manually cracked and grouped. Determination of the mechanical and chemical properties was carried out in Civil Engineering Laboratory and Crop Science Laboratory, respectively in the University of Nigeria, Nsukka. Figure 1 shows the unshelled, shelled and kernel of *Dialium guineense* fruits.





(a) Unshelled (b) Shelled.....(c) Kernel Figure 1. Pictorial view of Dialium guineense fruit

2.2 Determination of Chemical Properties 2.2.1 Determination of Proximate Composition

In order to minimize problems caused by insect infestation, fruit pulp was hand-scraped from the seeds

and stored in an industrial freezer at -20°C until the time of analyses. Prior to analyses, samples were inspected for non-plant materials, and all visible dirt and insectinfested parts of the fruits were removed [21]. Crude protein was determined by the micro kjeldahl method [22]. Available moisture content, ash content, crude fibre content and carbohydrate were estimated as described by the Association of official analytical chemists, AOAC [23], ASAE [24] and Pearson [25]. Crude fat was extracted by the soxhlet extraction method with petroleum ether (40-60°C) for 8 hours [26, 27].

2.2.2 Determination of Mineral Composition

Some mineral elements in the *Dialium guineense* fruit pulp (yellow portion) comprising sodium, magnesium, phosphorus, calcium and iron were determined according to the method of Shahidi et al. [28] and Hacıseferog`ulları et al. [29]. Vitamin C was determined by the method described by Pearson [25] while pH values of the solutions of the fruit pulp was measured using an HI 8521 pH meter (Hanna Instruments, Woonsocket, RI, USA).

2.3 Determination of Mechanical Properties of Unshelled and Shelled *Dialium guineense* Fruit

Mechanical properties such as bio-yield force, rupture force, deformation at rupture point, deformation ratio at rupture point, compressive strength and total strain energy of *Dialium guineense* fruit were evaluated using unshelled and kernel parts of the fruit. Samples of the fruit were loaded across each of the length (L); width, perpendicular to the length (W); and thickness, perpendicular to the length and width (T). This was done by means of a UK- made Universal Testing Machine (Monsanto Tensometer A220 - 9).

2.3.1 Determination of bio-yield force

The bio-yield force (N) is the force at which the sample begins to fail. This is the force at which the material yields. Further application of force beyond the bio-yield force ruptures the sample.

2.3.2 Determination of rupture force

The rupture force, F_R (N) is the minimum force required to break the sample. Rupture force is expressed as the peak force in a force - deformation curve.

2.3.3 Determination of deformation at rupture point

Deformation at rupture point, R_{DP} (m) is the deformation at loading direction.

2.3.4 Determination of deformation ratio at rupture point

Deformation ratio at rupture point, R_{DR} is the axial strain at rupture point of the sample. It was calculated as ratio of deformation at rupture point to the dimension of the sample in loading direction. It was calculated with the expression in equation (1)

$$R_{DR} = \frac{R_{DP}}{L \text{ or } W \text{ or } T} \tag{1}$$

2.3.5 Determination of Compressive Strength

Compressive strength was calculated as the rupture force divided by the area (A) in contact with the fruit. Compressive strength, H (N m^{-2}) is the ratio of rupture force to the area (A) in contact with the fruit. It was calculated using equation (2).

$$H = \frac{F_R}{A} \tag{2}$$

2.3.6 Determination of Total Strain Energy

Energy for rupture, E_R (N m) is the energy needed to rupture the sample, which was determined from the area under the curve between the initial point and the rupture point. It was also calculated as the product of rupture force and deformation at rupture point as expressed in equation (3).

$$E_R = F_R \times R_{DP} \tag{3}$$

3. RESULTS AND DISCUSSION

3.1 Chemical Properties

Chemical properties of *Dialium guineense* fruit pulp (edible portion of the fruit) are presented in Table 1.

3.1.1 Proximate Composition

The proximate composition (%) for the pulp of Dialium guineense fruit (edible yellow portion) which include crude protein (CP), moisture content (MC), ash content (AC), crude fibre content (CFC), crude fat (CF) and carbohydrate (CB) were determined as 9.378%, 19.038% (wb), 2.446%, 4.574%, 5.218% and 75.03% respectively. Coulter and Lorenz [30] in a previous study determined the proximate composition of quinoa seeds which ranges from 10-18% for crude protein, from 4.5-8.75% for crude fat, from 54.1-64.2% for carbohydrates, from 2.4 to 3.65% for ash and from 2.1-4.9% for crude fibre content. The value for crude protein was low, but slightly above the range of values reported by Adeola and Aworh [21] for *Dialium guineense* from different locations in Nigeria. However, it was almost the same value with the result of 9.2% reported by FAO [31]. According to Essienet al. [32], Dialium guineense fruits are generally not considered as excellent sources of proteins. *Dialium guineense* fruit pulp is also low in moisture content because they are normally harvested dry, though higher than the unshelled and kernel of the fruit. This result is within the range of values reported by Adeola and Aworh [21], but lower than the values of 22.6% and 31% reported by Leung and Flores [33] and FAO [31] respectively. Represented in a pie chart (Figure 2), carbohydrate (CB) has the highest percentage composition, followed by moisture content (MC), crude protein (CP), crude fat (CF), crude fibre content (CFC) and ash content (AC). The crude fibre content value was 22.47% below the value reported by Saka and Msonthi [34] and within the range of values of 2.4-4.7% reported by Adeola and Aworh [21], for Dialium guineense fruit pulp from different locations in Nigeria.

Table 1. Chemical properties of Dialium guineense fruit pulp

Property	No. of Replication	Range	Mean	Standard deviation				
Proximate Composition (%)		x						
Crude Protein (CP)	_							
	5	9.34 - 9.42	9.378	0.033				
Moisture Content (MC)(wb)	5	16.914 - 24.315	19.038	1.522				
Ash Content (AC)	5	2.35 – 2.6	2.446	0.102				
Crude Fibre Content (CFC)	5	4.5 - 4.63	4.574	0.051				
Crude Fat (CF)	5	5.1 - 5.34	5.218	0.101				
Carbohydrate (CB)	5	74.5 – 75.75	75.03	0.484				
Mineral Composition (g kg ⁻¹)								
Sodium	5	3.13 - 4.16	3.199	0.0279				
Magnesium	5	2.78 - 3.06	2.902	0.1252				
Phosphorus	5	0.42 - 0.52	0.491	0.0201				
Calcium	5	0.49 - 0.522	0.5102	0.0131				
Iron	5	0.122 - 0.125	0.123	0.0011				
Vitamin C	5	0.32 - 0.3318	0.3262	0.0051				
pH Value	5	3.8 - 3.9	3.85	0.05				



Figure 2. Percentage proximate composition of Dialium guineense fruit pulp

Different researchers have also reported on the crude fat and carbohydrate content of *Dialium guineense* fruit pulp with slightly varying values [21, 31, 33-35]. Variations in the reported values of proximate composition of *Dialium guineense* fruit pulp may be due to differences in the soil, climatic conditions, geographical condition and relative humidity of the surrounding atmosphere as well as cultural practices [21, 36, 37].

Benero et al. [38] had earlier reported differences in cultural practices in the handling of *Dialium guineense* fruits. According to Benero*et al. [38]*; Krithika and Radhai Sri [39]; and Sadik[40], matured *Dialium guineense* fruits are left to dry, at different rate on trees till the next harvesting season.

Considering the proximate composition, *Dialium guineense* fruit pulp is therefore recommended for children and people with hypoglycaemia. The fruit pulp contains vitamin C (0.3262 g kg⁻¹) which acts as a good source of nutrient for humans and animals but not as much as is generally acclaimed. The importance of vitamin C rest on its antioxidant power as well as its ability for inhibiting the ominous effect of free radicals on the DNA [41-43]. It is also indispensable for iron absorption, cloves repair and blood vessels formation via collagen synthesis. Any food poor in vitamin C is associated with fatigue [44] and immunodeficiency [45]. The value for pH was 3.85 ± 0.05 . This indicates that the pulp of the fruit is acidic, which clearly agrees with the result of Adeola and Aworh [21].

3.1.2 Mineral Composition

The percentage mineral composition of sodium, magnesium, phosphorus, iron, calcium and vitamin C as shown in Figure 3 were 42%, 38%, 7%, 2%, 7% and 4% respectively. The mineral composition (g kg⁻¹) for *Dialium guineense* fruit pulp indicates that sodium, magnesium, phosphorus, iron and calcium were 3.199 g kg⁻¹, 2.902 g kg⁻¹, 0.491 g kg⁻¹, 0.123 g kg⁻¹, and 0.5102 g



Figure 3. Percentage mineral composition of Dialium guineense fruit pulp

kg⁻¹ respectively. Adepoju [46] reported slightly higher values for sodium (3.9 g kg⁻¹) and magnesium (3.0 g kg⁻¹) and slightly lower values for phosphorus (0.429 g kg⁻¹) and calcium (0.47 g kg⁻¹). According to Kadri et al. [47], these minerals are essential in numerous biological functions and are very important for health. Calcium is needed for ossification, muscular contraction and blood coagulation [48]. As for magnesium, it cooperates with calcium for muscular contraction and blood coagulation. It is a co-factor for several enzymes [49]. Iron content of the fruit is a good means of preventive struggle against anemia. This result shows that *Dialium guineense* fruit pulp is rich in most of the minerals.

Of the entire *Dialium guineense* fruit, only the pulp (edible yellow portion) was investigated for proximate and mineral composition because it is the most valuable of all the portions, in terms of consumption, industrial, pharmaceutical and health purposes.

3.2 Mechanical Properties

Mechanical properties of unshelled and kernel of *Dialium guineense* fruit are presented in Tables 2 and 3 respectively.

3.2.1 Bio-yield force

The unshelled *Dialium guineense* fruit, loaded across the width has the highest bio-yield force (32.091 N) when compared with loading across the length (19.394 N) and across the thickness (14.569 N) as shown in Figure 4. The highest bio-yield force for the fruit kernel across the thickness was 58.275 N, compared with the width (37.0125 N) and the length (24.4125 N). This means that it takes the highest force for unshelled *Dialium guineense* fruit to yield across the width and least force to yield across the thickness. For the fruit kernel, the highest force is needed for the fruit to yield across the thickness while the least force is needed across the fruit length (Figure 4).

Properties	No of Replications	Loading	Range	Mean	Standard
		Direction			Deviation
Bio-yield Force (N)	4	Length	17.325 - 22.05	19.394	1.9818
	4	Width	30.713 - 34.65	32.091	1.7460
	4	Thickness	12.6 - 15.75	14.569	1.5079
Rupture Force (N)	4	Length	25.2 - 31.5	28.744	3.2469
	4	Width	40.95 - 50.4	44.888	4.1671
	4	Thickness	31.5 - 47.25	38.981	6.7284
Deformation at Rupture Point (m)	4	Length	0.002 - 0.0023	0.0021	0.0001
	4	Width	0.002-0.0023	0.0021	0.0001
	4	Thickness	0.0025 - 0.0035	0.0028	0.0005
Deformation Ratio at Rupture Point	4	Lenght	0.1149 -0.1293	0.1203	0.0069
	4	Width	0.125 -0.1406	0.1328	0.0090
	4	Thickness	0.3086 -0.4321	0.3472	0.0584
Compressive Strength (10 ⁴) (N m ⁻²)	4	Length	5.4427 - 6.8034	6.208	0.701
	4	Width	8.8444 - 10.886	9.695	0.9
	4	Thickness	6.8034 - 10.205	8.419	1.453
Total Strain Energy (N m)	4	Length	0.0504 - 0.0709	0.0589	0.0091
	4	Width	0.0819 - 0.1134	0.0958	0.0149
	4	Thickness	0.079 - 0.1433	0.1101	0.0304

Table 2. Mechanical properties of unshelled Dialium guineense fruit

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Table 3. Mechanical	properties of Dialium	guineense fruit kernel
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Properties	No of Replications	Loading Direction	Range	Mean	Standard Deviation
Bio-yield Force (N)	4	Length	18.9 – 28.35	24.4123	3.9637
	4	Width	34.65 – 37.8	37.0125	1.575
	4	Thickness	53.55 – 63	58.257	4.0666
Rupture Force (N)	4	Length	31.5 - 37.8	34.65	2.572
	4	Width	50.4 - 69.3	60.6375	7.875
	4	Thickness	81.9 - 97.65	90.5625	6.9847
Deformation at Rupture Point (m)	4	Length	0.0018 - 0.0025	0.0022	0.0003
	4	Width	0.002 - 0.0026	0.0024	0.0003
	4	Thickness	0.002-0.0033	0.0025	0.0006
Deformation Ratio at Rupture Point	4 4 4	Lenght Width Thickness	0.2273-0.3247 0.2778-0.3646 0.5556-0.9028	0.2841 0.3299 0.6858	0.0409 0.0375 0.1662
Compressive Strength (10 ⁴) (N m ⁻ ²)	4	Length	34.317-41.1764	37.745	2.802
	4	Width	54.9019-75.490	66.054	8.578
	4	Thickness	89.2156-106.37	98.652	7.609
Total Strain Energy (N m)	4 4 4	Length Width Thickness	0.0551-0.0866 0.1008-0.1819 0.1638-0.2867	0.0762 0.1456 0.2239	0.0145 0.0341 0.0572







Loading direction

Figure 5. Rupture force of unshelled and kernel of Dialium guineense fruit across different loading directions.

3.2.2 Rupture Force

The highest rupture force for the unshelled fruit occurred across the width (44.888 N), followed by the thickness (38.981 N) and the length (28.744 N) as shown in Figure 5. This implies that unshelled Dialium guineense fruit is strongest across the width but weakest across the length. It required least force to rupture the fruit across the length, followed by the thickness and then across the width. For the fruit kernel, the thickness has the highest rupture force (90.5625 N) when compared with the width (60.6375 N) and length (34.65 N). This implies that the kernel of fruit is strongest across the thickness, weaker across the width, and weakest across the length. It required the least force to crack the fruit across the length followed by the width, and the thickness. Figure 5 suggests that it requires more force to rupture the kernel of the fruit than the unshelled fruit.

3.2.3 Deformation at Rupture Point

Values of deformation at rupture point across the unshelled fruit length, width and thickness were 0.0021 m, 0.0021 m and 0.0028 m respectively as shown in Figure 6. The fruit kernel had values for deformation at rupture across the length, width and thickness as 0.0022



Figure 6. Deformation at rupture point of unshelled and kernel of Dialium guineense fruit across different loading directions.



Figure 8: Compressive strength of unshelled and kernel of Dialium guineense fruit across different loading directions.

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m, 0.0024m and 0.0025 m respectively. This implies that the unshelled *Dialium guineense* fruit has the highest deformation at rupture point across the thickness and the least across the length. The fruit kernel had generally higher values of deformation at rupture point than the unshelled. This points out that the unshelled fruit need lower compression to rupture than the kernel.

3.2.4 Deformation Ratio at Rupture Point

In Figure 7, values of deformation ratio at rupture point across unshelled *Dialium guineense* fruit length, width and thickness were 0.1203, 0.1328 and 0.3472 respectively. For the fruit kernel, they were 0.2841, 0.3299 and 0.6858 across the length, width and thickness respectively.

3.2.5 Compressive Strength

The compressive strength for the unshelled *Dialium* guineense fruit across the length, width and thickness were 6.208×10^4 N m⁻², 9.695×10^4 N m⁻² and 8.419×10^4 N m⁻² respectively (Figure 8). Therefore loading across the width required the highest compressive strength when compared with loading across the thickness and length.



Figure 7. Deformation ratio at rupture point of unshelled and kernel of Dialium guineense fruit across different loading directions.



Figure 9: Total strain energy of unshelled and kernel of Dialium guineense fruit across different loading directions.

The values of compressive strength for the fruit kernel were 37.745×10^4 N m⁻², 66.054×10^4 N m⁻² and 98.652×10^4 N m⁻² across the length, width and thickness respectively. Therefore, loading across the thickness had the highest compressive strength while the length had the least for the fruit kernel. The compressive strength values for the kernel were quite higher than that for the unshelled fruit. This could be due to the hard and viscous nature of the fruit kernel.

3.2.6 Total strain energy

The total strain energy required in breaking the unshelled fruit across its length, width and thickness were 0.0589, 0.0958 and 0.1101 N m, while total strain energy needed for breaking kernel of fruit across the same geometric dimensions was 0.0762, 0.1456 and 0.2239 N m (Figure 9). Measurement of total strain energy across different dimension is important because deshelling efficiency depends on the orientation of the sample on the crushing bars and on the separation of unit mass [50]. It implies that it will be most efficient to shell Dialium guineense fruit across fruit length. In a related work, Sirisomboon et al. [51] reported values for rupture force, deformation at rupture point, deformation ratio at rupture point and total strain energy for fruit, nut and kernel of Jatropha as 135.39 N, 4.36 mm, 0.15 and 300.88N mm; 146.63 N, 2.10 mm, 0.22 and 124.44 N mm; and 60.23 N, 1.74 mm, 0.23 and 51.61 N mm respectively.

The mechanical properties of the unshelled and kernel of *Dialium guineense* fruit were only investigated across three different loading directions as these are the forms where mechanical applications for fruit processing, storage, handling, product quality evaluation, and transportation are most vital.

4. CONCLUSIONS

Crude protein, ash, crude fibre, crude fat, and carbohydrate contents of *Dialium guineense* fruit pulp were found to be 9.4%, 2.5%, 5.7%, 5.2%, and 75% respectively at moisture content of 19% wb. Sodium, magnesium, phosphorus, calcium, iron and vitamin C contents were 3.2 g kg⁻¹, 2.9 g kg⁻¹, 0.4 g kg⁻¹, 0.5 g kg⁻¹, 0.1 g kg⁻¹ and 0.3 g kg⁻¹ in composition respectively. Least energy and force were required to rupture and crack the unshelled fruit and kernel of velvet tamarind (*Dialium guineense*) across their lengths. Mechanical cracking of unshelled fruit and kernel of *Dialium guineense* should not be done across their geometric width or thickness. Cracking both the kernel and unshelled fruit is easier across the length.

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