# Evaluation of the Efficacy of Crude Extracts of Salix subserrata and Silene macroselen for the treatment of rabies in Ethiopia

<sup>1</sup>Asefa Deressa, <sup>1</sup>Kedir Hussen, <sup>1</sup>Dawit Abebe and <sup>2</sup>Demekech Gera <sup>1</sup> Ethiopian Health and Nutrition Research Institute, P.O.B. 1242, Addis Ababa, Ethiopia

<sup>2</sup>Agri-service Ethiopia, P.O. Box 2460, Addis Ababa, Ethiopia

### Abstract

A study was conducted between November, 2007 and April, 2008 to evaluate the anti-rabies activity of the leaf of Salix subserrata and root of Silene macroselen which are traditionally used for the treatment of rabies in Bereh-Aleltu Woreda, North Shewa, Central Ethiopia. The study involved oral administration of crude extracts of Salix subserrata and Silene macroselen to Pasteur Virus (PV) strain rabies virus infected mice which were assigned into three treatment and one negative control groups. Chloroform, methanol 80% and aqueous extracts of the study plants were prepared using maceration technique. Statistical analysis was performed by one-way analysis of variance tests coupled to least significant difference to compare result between treatment and positive control groups. Of the 6 crude extracts, chloroform and methanol 80% of Silene macroselen and chloroform and aqueous of Salix subserrata were found to increase the survival time of mice significantly (P< 0.05). Nevertheless, aqueous extract of Silene macroselen and methanol 80% extract of Salix subserrata did not exhibit a significant effect on the survival time. 1 day and 2 days treatment groups of the chloroform extract of S. macroselen indicated significant difference on the survival time from the positive control (P< 0.05). The chloroform and aqueous extracts of S. subserrata and the methanol 80 % extract of S. macroselen in their 1 day and 3 days treatment showed significant difference on survival time from the positive control group (P< 0.05). The results obtained from the present work suggest good correlation between traditional therapeutic uses and the in vivo anti-rabies activity. Further characterization of the active ingredients would reveal useful compounds.

Keywords: Anti-rabies, Ethno-pharmaceutical, Mice model, PV strain, Salix subserrata, Silene macroselen

# Introduction

Rabies is a fatal viral zoonosis, which causes encephalitis in warm-blooded animals and humans. Rabies virus belongs to the order Mononegavirales, family Rhabdoviridae, and genus lyssavirus. Despite the invention and application of the first rabies vaccine by Louis Pasteur in 1885, human rabies, is still a problem in the world (Hendekli, 2005).

In most developing countries like Ethiopia nervous tissue vaccines are administered to the people after exposure to rabid animal. These vaccines have side effects with neuroparalytic complications and should be replaced by modern cell culture vaccines (Hemachudha et al., 2002). Unlike other infective agents, viruses totally depend on the cell they infect for their multiplication and survival. Thus, a prospective antiviral agent may also damage the cell that houses the organism, and is therefore undesirable. It is for this main reason that many afflictions of viral origin still remain elusive to therapeutic and/or prophylactic means, though there have been very successful vaccines for the control of certain viral diseases. Therefore, the search for antiviral agents that are selectively virucidal remains a goal. In this regard, the potential of medicinal plants, especially those employed in indigenous medicine, is believed to be very significant in providing novel antiviral compounds or prototypes (Dawit Abebe et al., 2003).

The World Health Organization estimates that at least 80 % of the populations in most developing countries rely for their primary health care on traditional forms of health care (WHO, 1993). Recognizing this fact and the fact that modern health care system alone could not meet the health needs of the entire population of the world, the policy of urging its member states to promote and integrate traditional medicine into their national health care systems was launched by WHO in 1978 (WHO, 1996). The treatments recommended for people bitten by rabid animals mainly dogs have been recorded in many Ethiopian medical books since the early 17<sup>th</sup> century (Sterleyn, 1968 cited by Fekadu Mekonnen, 1982). The employment of a wide variety of supposed cures by early traditional practitioners illustrated the well-established character of the traditional pharmacopoeia in the country (Richard, 1990).

In Ethiopia, traditional medicine practices are deep-rooted and continue to be widely used among both rural and urban population. This wide spread use of traditional medicine in the country could be attributed to cultural acceptability, efficacy against certain type of diseases, physical accessibility and economic affordability as compared to modern medicine (Tilahun and Mirutse, 2007).

The practice of traditional medicine for the control of rabies in most parts of Ethiopia is based on the use of plant medicines for many years. Several traditional herbs have been formulated by traditional healers to treat human and animal rabies. The fact that herbal medicines have been employed for such a long time does not guarantee their efficacy and safety. Thus, pharmacological screening of medicinal plants remains important to provide the society with new, effective and safe drugs. The present study was, therefore, carried out to evaluate the anti-rabies activities of the claimed medicinal plants and encourage further research on the claimed plants if they are proven to have antiviral activity.

# Materials and Methods

The leaves of Salix subserrata and the roots of Silene macroselen used by traditional healers were collected from Bereh-Aleltu Woreda, North Showa Zone of Oromia Regional State between December, 2007 and January, 2008. Botanical identification and authentication was done using the manual of the Department of Drug Research of the Ethiopian Health and Nutrition Research Institute (DDR-EHNRI), (Dawit Abebe et al., 2003).

### Processing and Extraction

The collected plant materials were brought to the DDR-EHNRI and stayed overnight. The specimens were processed and extracted according to the procedures given by Asfaw Debella (2002). Briefly, garbling was performed following collection before drying and processing of the roots and leaves of Silene macroselen and Salix subserrata respectively. The plant materials were chopped into smaller pieces before drying. Then, they were dried indoors without exposure to sunlight for 1 month. The dried plant materials were grounded to various degrees of fineness depending on their botanical structures. The grounded plant materials were weighed by sensitive digital weighing balance (scientech balance) and successively extracted in chloroform, methanol 80% and aqueous solvents in Erlenmeyer flask.

### In Vivo Anti-rabies Screening of Crude Extracts

**Experimental Animals** 

Male and female Swiss albino mice weighing 20-25 g were used for the in vivo anti- rabies drug trial. All the animals used for this experiment were bred in a standard laboratory animal house of the Ethiopian Health and Nutrition Research Institute (EHNRI.) After the mice were obtained from the laboratory animal unit, they were housed in a metal cage. As described by Gebrie Endalk et al., 2005 with some modification. Six mice were used in each group and each animal was used only for one experiment.

Experimental Protocols (Table 2)

The animals were randomly assigned into three treatment groups and three controls (one positive control and two negative controls). Though mice were assigned randomly, each group contained only male or female.

Table 2: Experimenta	l Design o	f the study
----------------------	------------	-------------

Group	No of mice/group	Administration/dose/freq
I	6	*PV 0.25ml, one time, 10- 3
II	6	80mg/kg extract, one time
III**	6	*PV 0.25ml + 80mg/kg extract for 1day
IV**	6	*PV 0.25ml + 80mg/kg extract for 2 days
V**	6	*PV 0.25ml + 80mg/kg extract for 3days
VI	6	Polysorbate-80, 1ml ,one time

\* Pasteur Virus strain

\*\*The treatment groups

### Dilution of the Extracts

The crude extracts were diluted before administration to the mice. Organic extracts (chloroform and methanol 80% extracts) were diluted using a 4% Polysorbate-80 solvent. Aqueous extracts were diluted using sterile distilled water.

### **Rabies Virus Inoculation**

PV strain rabies virus was obtained from Zoonoses Research Team of the -EH-NRI. The stock PV strain rabies virus ( $10^{-1}$  rabbit brain suspension) was diluted using sterile distilled water to  $10^{-3}$  suspension. Each mouse in the treatment

groups and positive control was injected 0.25ml of 10<sup>-3</sup> rabbit brain suspension intramuscularly into gastronemicus muscle (Meslin, 1996).

### **Extract Administration**

After virus inoculation, the mice were allowed to stay in their respective cages for about 1 hour so as to make them calm. Then, the extracts were orally administered to the mice in the treatment groups and negative control (Group II) (Table 2). Administration of the extract was done by using an intra-gastiric needle based on the animal's body weight in 1ml vehicle.

Determination of Mean Survival time

The animals were monitored daily for the sign of paralysis and mortality for about 50 days after inoculation of the virus. Death was recorded for each mouse in the treatment and control groups throughout the follow up period. The mean survival time (MST) for each group was calculated as (Birhanu Mengstie, 2008, unpublished).

# MST = Sum of survival time of each mice in a group

Initial mice number in a group

### Acute Toxicity Test

All extracts were examined for acute toxicity by administering an oral dose ranging from 0.5 mg/ml to 2mg/ml for 15 mice per extract. Mortality in each group within 24 hours was recorded. The animals were observed for about 7 days for any sign of delayed toxicity (Miller and Tainter, 1944).

### **Statistical Analysis**

Data were analyzed using SPSS version 11.5 for windows software. Statistical analysis was undertaken by one-way analysis of variance (ANOVA) tests coupled to least significant difference (LSD) to compare results among different treatment groups and between treatment and control groups. Mean survival time were calculated by Microsoft-excel 2003 and expressed as mean  $\pm$ SD for each treatment and control groups. The result was considered statistically significant at 95% confidence level and P-value<0.05.

### Result

Parts of plants used by traditional healers to treat rabies are indicated in Table 1.

Table1: Parts of plants reported as used by traditional healers for treatment of rabies in Bereh-Aleltu woreda

Family	Species	Local	Parts us	Life	Preparation	Route
		name	used	form		
Salicaceae	S. subserrata	Aleltu	Leaves	Tree	Liquid	Oral
Caryophyllaceae	S. macroselen	Wegert	Root	Herbs	Liquid	Oral

Effect of crude extracts on survival time

Table 2 and 3 show a significant (P<0.05) effect of crude extracts of S. macroselen and S. subserrata on survival time, respectively. Treatment with crude extracts significantly increases the survival time.

Extracts/dose	Group	Treatment frequency(day)	Survival time(day)
Chloroform	III	1	32±8.94
80mg/kg	IV	2	27.67±11.8
	V	3	22.8±13.17
PV only*	I	1	12±0.82
0.25ml			
80%MeOH	III	1	26.83±12.97
80mg/kg	IV	2	22.83±13.22
	V	3	24±12.05
PV only*	I	1	8.83±0.69
0.25ml			
Aqueous	III	1	22.67±13.36
80mg/kg	IV	2	19.17±11.96
	V	3	19.33±11.79
PV only*	I	1	9.67±0.94
0.25ml			

Table 2: Effect of crude extract of S. macroselen root on mean survival time

N=6; survival time=mean ± SD

\*Included to compare with the treatment groups

Extracts/dose	Group	Treatment frequency(day)	Survival time(day)
Chloroform	III	1	50 ±0
80mg/kg	IV	2	6.5 ±1.89
	V	3	43 ± 15.65
PV only*	I	1	9 ±0.57
0.25ml			
80%MeOH	III	1	7.83 ±0.89
80mg/kg	IV	2	16.67 ±14.92
	V	3	10 ±0.57
PV only*	I	1	8.83 ±1.86
0.25ml			
Aqueous	III	1	31.83±9.31
80mg/kg	IV	2	24±12.12
	V	3	27.33±12.25
PV only*	I	1	11.83±1.34
0.25ml			

Table 3: Effect of crude extract of S. subserrata leaves on mean survival time

N=6; survival time=mean ± SD

\* Included to compare with the treatment groups

# Comparisons of treatment groups with positive control on survival time for each crude extract

# Salix subserrata

### Chloroform crude extract

As shown in table 4, 1day and 3 days treatment groups with the chloroform extract are significantly associated on the survival time. Therefore, 1 day and 3 days treatment exhibited anti- rabies activity.

		Mean Difference		-	
GROUP (a)	GROUP (b)	(a- b)	Sig.		
I	1111	-41.0000*	.000	Where:	
	IV	2.5000	.622	virus	GROUP I=PV rables
	V	-34.0000*	.000		GROUP III=PV rabies
III	I	41.0000*	.000	virus	+
	IV	43.5000*	.000		1 day treatment
	V	7.0000	.176		GROUP IV=PV rabies
IV	I	-2.5000	.622	virus	+
	III	-43.5000*	.000		2 day treatment
	V	-36.5000*	.000	virus	GROUP V=PV rabies
V	I	34.0000*	.000	virus	+
	Ш	-7.0000	.176		3 day treatment
	IV	36.5000*	.000	_	

Table 4: Multiple comparisons of positive control and treatment groups for chloroform extract of S. subserrata

\* The mean difference is significant at the 0.05 level

### i) Methanol 80% crude extract

Methanol 80 % extract did not show any statistical significant association on the survival time (table5).

Table 5: Multiple comparisons of positive control and treatment groups for methanol80% extract of S. subserrata

		Mean Difference		-
GROUP (a)	GROUP (b)	(a-b)	Sig.	_
I	III	1.0000	.836	Where:
	IV	-7.8333	.116	GROUP I=PV rabies virus
	V	-1.1667	.809	GROUP III=PV rabies virus
III	I	-1.0000	.836	+ 1 day treatment
	IV	-8.8333	.079	i day treatment
	V	-2.1667	.655	GROUP IV=PV rabies virus
IV	I	7.8333	.116	+ 2 day treatment
	III	8.8333	.079	z day treatment
	V	6.6667	.178	GROUP V=PV rabies virus
V	I	1.1667	.809	+ 3 day treatment
	111	2.1667	.655	
	IV	-6.6667	.178	_

The mean difference is significant at the 0.05 level.

### i) Aqueous crude extract

As can be seen in table 6, there is a statistical significance difference on the survival time between the control and the treatment groups.

Table	6:	Multiple	comparisons	of	positive	control	and	treatment	groups	for	aqueous
extrac	t of	S. subserr	ata								

		Mean Difference		Where:
GROUP (a)	GROUP (b)	(a-b)	Sig.	GROUP I=PV rabies virus
I	III	-20.0000*	.004	
	IV	-12.1667	.064	GROUP III=PV rables virus +
	V	-15.5000*	.021	1 day treatment
III	I	20.0000*	.004	CPOLID IV-DV rabies virus
	IV	7.8333	.222	+
	V	4.5000	.477	2 day treatment
IV	I	12.1667	.064	GROUP V-PV rabies virus
	III	-7.8333	.222	+
	V	-3.3333	.597	3 day treatment
V	I	15.5000*	.021	
	III	-4.5000	.477	
	IV	3.3333	.597	

\* The mean difference is significant at the 0.05 level.

### Silene macroselen

## i) Chloroform crude extract

The third and fourth treatment groups have shown a reliable difference on survival time from the control group (table 7). Third group did show greater anti-rabies activity as compared to the fourth group.

				_
GROUP(a)	GROUP(b)	Mean Difference (a-b)	Sia.	Where: GROUP I=PV rabies virus
		20,0000*	005	-
1		-20.0000	.005	GROUP III=PV rabies virus
	IV	-15.6667*	.021	+
	V	-10.8333	.100	1 day treatment
III	I	20.0000*	.005	GROUP IV=PV rabies virus
	IV	4.3333	.498	+
	V	9.1667	.159	2 day treatment
IV	I	15.6667*	.021	GROUP V=PV rabies virus
	III	-4.3333	.498	+
	V	4.8333	.450	3 day treatment
V	I	10.8333	.100	
	111	-9.1667	.159	
	IV	-4.8333	.450	

Table 7: Multiple comparisons of positive control and treatment groups for chloroform extract of S. macroselen

\* The mean difference is significant at the 0.05 level.

ii) Methanol 80% crude extract

The survival time is significantly increased in 1 day and 3 days treatment groups as indicated in table 8.

GROUP (a)	GROUP (b)	Mean Difference (I-J)	Sia.	Where: GROUP I=PV rabies virus
1		-18.0000*	.018	- GBOLIP III-PV rabies virus
	IV	-14.0000	.059	+
	V	-15.1667*	.042	1 day treatment
III	I	18.0000*	.018	GROUP IV=PV rabies virus
	IV	4.0000	.574	+
	V	2.8333	.690	2 day treatment
IV	I	14.0000	.059	GROUP V=PV rabies virus
	III	-4.0000	.574	+
	V	-1.1667	.869	3 day treatment
V	I	15.1667*	.042	
	Ш	-2.8333	.690	
	IV	1.1667	.869	_

Table 8: Multiple comparisons of positive control and treatment groups for methanol 80% extract of S. macroselen

\* The mean difference is significant at the 0.05 level

### iii) Aqueous crude extract

Any treatment group of the aqueous extract did not show a significant association on survival time as compared to the positive control (table 9).

		Maan Diffor		
		Mean Diner-		
		ence		GROUP I=PV rables virus
GROUP (a)	GROUP (b)	(a-b)	Sig.	_
I	III	-13.0000	.070	GROUP III=PV rabies virus
	IV	-9.5000	.177	+ 1 day treatment
	V	-9.6667	.170	r day treatment
III	Ι	13.0000	.070	GROUP IV=PV rabies virus
	IV	3.5000	.612	2 day treatment
	V	3.3333	.629	
IV	I	9.5000	.177	GROUP V=PV rabies virus
	III	-3.5000	.612	3 day treatment
	V	1667	.981	
V	I	9.6667	.170	
	III	-3.3333	.629	
	IV	.1667	.981	

Table 9: Multiple comparisons of positive control and treatment groups for aqueous extract of S. macroselen

\* The mean difference is significant at the 0.05 level.

### Acute toxicity

No mortality was observed with the extract given up to 80mg/kg. No visible signs of delayed toxicity were also observed within 7 days in surviving mice.

General information about these plants is listed in Table 1.

### Discussion

S. maroselene and S. subserrata have never been evaluated for anti-rabies activity in the laboratory before, and thus, the present study was the first to evaluate the above plants in mice model. Some extracts of the plants showed anti-rabies activity. Similarly, Muller and colleagues (2007) found leaves and flowers of Alamanda schottii to have anti-rabies activity. Four of the six crude extracts, namely chloroform and methanol 80 % extracts of S. macroselen and chloroform and aqueous extracts of S. subserrata, did show a significant antirabies activity. Methanol extracts of Alamanda schottii showed anti-rabies activity (Muller et al., 2007). However, the anti-viral activity resided only in aqueous rather than in ethanol extracts of Nepeta nepetella leaves (Abad et al., 2000). On the other hand, in the current study, neither the aqueous extract of S. macroselen nor methanol 80% extract of S. subserrata did show significant anti-rabies activity.

The 1 day and 2 days treatment groups of the chloroform extract of S. macroselen did show a significant difference on their survival time from the control group than the 3 days treatment group. This might be attributed to the established fact that the percentage of population affected increases as the dose is raised (Goldan et al., 2005).

The chloroform and aqueous extracts of S. subserrata and the methanol 80 % extract of S. macroselen in their 1 day and 3 days treatment did show significant difference on survival time from the control group. Nevertheless, they did not show any statistical difference in their 2 days treatment groups. This might be due to the fact that all mice admitted to Group II were males. However, Gochfeld (2007) suggested that female rats required half the dose of barbiturates, compared to males, to induce sleep, and the duration of sleep was substantially longer in females given the same dose as males.

In the current investigation, anti-rabies activity of S. macroselen was detected from the chloroform and methanol 80% crude extracts. Though no identification of secondary metabolites responsible for this activity was done, the active compound(s) is/are more of non-polar. However, that of S. subserrata was observed from the chloroform and aqueous crude extracts, which indicates the responsible secondary metabolites are from both non-polar and polar compounds. Medicinal plants have a variety of chemical constituents, which have the ability to inhibit the replication cycle of various types of DNA or RNA viruses (Jassim and Naji, 2003).

In the investigated plants' crude extracts, aqueous of S. macroselen and methanol 80 % of S. subserrata did not show a significant anti-rabies activity. However, negative results do not mean absence of bioactive constituents nor that the plant is inactive. Active compound(s) may be present in insufficient quantities in the crude extracts to show activity with the dose levels employed (Taylor et al., 2001). Alternatively, if the active principle is present in high enough quantities, there could be other constituents exerting antagonistic effects or negating the positive effects of the bioactive agents (Jager et al., 1996).

Generally, the results obtained are in line with the traditional uses of the plants as crude anti-rabies drugs. However, traditional healers seldom use a single plant in their extracts. In many cases, the therapeutic benefits are attributed to the consumption of plant mixtures in which different plant parts

are prepared and/or consumed in combination or in sequence (Etikin, 1986; Taylor et al., 2001).

In view of the significant number of plant extracts that have yielded positive results in the present study, seems reasonable to conclude that there are probably numerous kinds of anti-rabies agents in these materials. It is also recommendable to make further investigation of the active ingredients to reveal more useful compounds.

### Acknowledgements

This work was supported by the grants from Agri-service Ethiopia and Ethiopian Health and Nutrition Research Institute based on the memorandum of understanding signed between both institutions in September 2006. We would also extend our gratitude to Aleltu-Berh woreda traditional healers.

### References

- Abad, M. J., Guerra, A., Bermejo, P., Irurzun, A. and Carrasco, L., 2000. Search for Antiviral Activity in Higher Plant Extracts. J. Phytother., 14, 604-607.
- Abebe, D., Debella, A. and Urge, K., 2003. Medicinal pants and other useful plants of Ethiopian, 1st edition, Camerapix publishers International, Nairobi, Kenya, pp. 1-275.
- Debella, A., 2002. Manual for Phytochemical Screening of Medicinal Plants. Ethiopian Health and Nutrition Research Institute, Addis Ababa, Ethiopia, pp. 1-84.
- Etikin, N. L., 1986. Multidisciplinary perspectives in Interpretation of Plants used in Indigenous Medicine and Diet, Redgrave publishing company, New York, USA, pp. 2 29.
- Fekadu, M., 1982. Rabies in Ethiopia. Am J Epidemiol., 115, 266-273.
- Gebrie, E., Mekonnen, E., Debella, A. and Zerihun, L., 2005. Phytochemical Screening and Pharmacological Evaluations for the antifertility effect of the methanolic root extract of Rumex steudelii. J. ethnopharmecol., 96, 139-143.
- Gochfeld, M., 2007. Framework for gender differences in human and animal toxicology. Environ. Res .104, 4–21.
- Goldan, D. E., Tashjian, A. H., Armstrong, E. J., Galanter, T. M., Armstrog, A.W., Arnaout, R. and Rose, H. S., 2005. Principles of Pharmacology The Pathophysi-

ologic Basis of Drug Therapy. Lippincott Willians and Wilkins. New York. USA, pp. 1-856.

- Hemachudha, T., Loathamatas, J. and Rupprecht, C. E., 2002. Human Rabies: a disease of complex neuropathogenetic mechanisms and diagnostic challenges. Lan. Neurol. 1, 101-109.
- Hendekli, C. M., 2005. Brief review Current therapies in rabies. J. Archvirol. 150, 1047–1057.
- Jager, A. K., Hutchings, A. and Staden, J. V., 1996. Screening of Zulu medicinal plants for prostaglandin–synthesis inhibitors. J. Ethiopharmacol. 52, 95 100.
- Jassim, S. A. and Naji, M. A., 2003. A Review Novel antiviral agent: a medicinal plant erspective. J. Appl. microbiol., 95, 412 427.
- Meslin, F. X., Kaplan, M. M. and Koprowski, H., 1996. Laboratory techniques in rabies, 4<sup>th</sup> edition, WHO, Geneva, Switzerland.
- Miller, L. C. and Tainter, M. L., 1944. Estimation of the ED<sub>50</sub> and its errors by means of logarithmic-probit graph paper. Biol.Med. 57, 261-264.
- Muller, V., Chavez, J. H., Reginatto, F. H., Zucolotto, S. M., Niero, R., Nararro, D., Yunes, R. A., Schenkel, E. P., Barardi, C. R., Zanetti, C. R. and Simoes, C. M., 2007. Evaluation of Antiviral activity of South American Plant Extracts Against Herpes Simplex Virus Type 1 and Rabies virus. J phytother. Res. 21, 970 – 974.
- Pankhurst, R., 1990. An Introduction to the medical history of Ethiopia, The Red Sea Press. Inc. Trenton, New Jersey, pp. 93-101.
- Taylor, J. L., Rabe, T., McGaw, L. J., Jager, A. K. and Van Staden, J., 2001.Towards the scientific validation of traditional medicinal plants. Plant Gro. Regul.. 34, 23 37.
- Teklehaymanot, T. and Giday, M., 2007. Ethnobotanical study of medicinal plants used by people in Zegie Peninsula, Northwestern Ethiopia. J .EthnoBio Ethnomed. 3,12-16.
- WHO, 1993. Herbal medicine. WHO Research guidelines for evaluating the safety and efficacy of herbal medicines. World Health Organization (WHO), Manila, Philippines. pp. 1-2.

Asefa Deressa, et al.

WHO, 1996. Traditional Medicinal Program. WHO manual for traditional medicine program policy and activities. World Health Organization (WHO), Geneva, Switzerland. pp.96-102.