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# SPATIAL MODELLING OF POPULATION AT RISK AND PM<sub>2.5</sub> EXPOSURE INDEX: A CASE STUDY OF NIGERIA

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## Abstract

Particulate matter is a primary air pollutant, widely reported as important for public health especially for respiratory problems. However, monitoring, spatial representation and development of associated risk indicators have been major problems undermining formulation of relevant policy on air quality. This study used remotely sensed PM data complemented with population data to quantify population at risk and develop an Exposure Index (EI). Population at risk was computed from the population density data using the percentage contribution of two different ages groups (ages of 0-19 and 65+) and intersecting this with the PM concentration classes. EI is the sum product of the air quality measure and the population of vulnerable group per unit area. Almost the entire study area has  $PM_{2.5}$ concentration above the WHO guideline. Change in PM<sub>2.5</sub> concentration showed that, around 54% of the study area remains the same, 43% improved and the remaining areas showed reduction. Between 77million and 81million of young vulnerable people were at risk over the period and about 4million elders were at risk. EI ranges between  $1.5 \times 10^{-4}$  and  $8.3 \times 10^{-2}$  per capita in 2001 and 1.9 x  $10^{-4}$  and 1.5 x  $10^{-1}$  per capita in 2010. This situation presents an environmental health burden in relation to potential risk of continuous exposure to dangerous levels of PM<sub>2.5</sub>. This information is necessary for rapid assessment of environmental health risk. However, research on the computation and exploration of other risk measures such as relative and attributable risks would further enhance policy making in relation to environmental health.

**Key Words:** Population at risk, PM<sub>2.5</sub>; Spatial modeling, GIS, Exposure index, environmental health

#### Introduction

There has been a clear and relevant effort by researchers across the world to quantify the impact of poor air quality on human health, thereby informing better policy on management of air pollution and public health. Particulate matter (PM) is a primary air pollutant and includes all solids and/or liquids (dust and mists) suspended in the atmosphere and may or may not be visible as soil particles, soot, lead, lead and so on. Most of the PM will eventually settle out of the atmosphere, but microscopic particle may remain in the atmosphere for weeks or years (Berg and Hager, 2009). The microscopic particles served as binding surfaces for various other chemicals which are inhaled and caused various respiratory diseases as they are inhaled into the lungs (Berg and Hager, 2009). Among PM, those with aerodynamic diameter less than 10 $\mu$ m (PM<sub>10</sub>) and 2.5 (PM<sub>2.5</sub>) are widely reported as important for public health.

The effect of PM on human health has been reported to include acute pulmonary problems and cardiovascular problems consequently which may result in premature hospitalisation and death (Bhattacharjee et al., 1999). Other adverse effects reported include changes in pulmonary function, changes in host defence mechanisms, cancer. chronic respiratory problems, low birth weight and infant mortality (Bhattacharjee et al., 1999). Air pollution in urban areas is especially of special interest because of persistent high PM concentration, exposure of large population and the possibility of delayed health effects (Romieu et al., 2012). However, the biological mechanism linking PM exposure to mortality and morbidity are still not clear (Marcazzan et al., 2001), but there are evidences that socioeconomic condition, age, concentration and duration of exposure, type and characteristic of PM, season influence the effect of PM human health (Le et al., 2012). However, studies have shown that indoor PM<sub>2.5</sub> concentration is more representative of ambient PM2.5 and this is responsible for a higher proportion of PM-related morbidity and mortality (Bhattacharjee et al., 1999).

In Nigeria, for example, the situation of poor air quality is further exacerbated by the number of motorbike rider (*Okada*), lack of enforcement of road worthiness of vehicles (toxic exhaust emissions), lack of enforcement of land use zoning (location of industrial activities in populated areas) and lack of/ inefficiencies of other regulatory framework that could reduce the PM generation. Furthermore, with problems of cost, variation in monitoring equipment, and issue of spatial coverage, GIS and remote sensing technologies present veritable option in alleviating such problems.

There are myriads of models and used understanding simulations in environment. urban sprawl, waste management, landuse change etc. (Lawal, 2009. 2014). However. model and indicators are different. Models aim to predict the actual impact while indicators aim to provide information on risk or potential effect. Air pollution in relation to ambient or outdoor air quality is a major environmental risk to human health. Across many developing countries, outdoor air quality monitor is often sparse and where they exist, usually represent the condition for the immediate environment (Gutierrez. 2010). This constitutes a major data gap which hampers planning and proper policy making. Remote sensing offers a potential for filling this data gap in the air quality dataset due to its coverage in time and space. Recent advances in remote sensing have shown high correlation between satellite data and ground level PM<sub>2.5</sub> concentration e.g. Tsai et al., (2011). From these efforts various models have been developed and tested to quantify and fill the missing gaps in the air quality dataset.

According to WHO (2014), policies reducing air pollution by any nation could significantly reduce burden of diseases such as stroke, heart disease, lung cancer and chronic and acute respiratory diseases. They also reported that PM component of air pollution being closely related to lung cancer. Moreover, they estimated ambient air pollution caused 3.7million premature deaths in cities and rural areas and could be attributed to exposure to PM. А

disproportionately high percentage (88%) of these deaths was found to occur in the low- and middle income countries. These burden estimates show that there is a need for concerted effort at the regional, national and international levels since it is obvious that the control of outdoor air pollution is beyond individuals due to huge impact reported. Therefore, it is necessary to create an indicator which could identify, quantify and located vulnerable population, as well as their level of exposure. This thus will relevant provide information for jumpstarting policy making to mitigate problems associated with ambient air quality and its attendant effects.

Therefore, this study aims to develop risk index, which combines total number of vulnerable people and air quality value for a particular area. This will serve as a tool to express the risk of the negative effect (as enumerated in the introduction) of low air quality. The study also aims to provide an estimate of population of vulnerable people at risk to different concentration of PM<sub>2.5</sub>, will highlight the thus we spatial distribution of ambient air quality in Nigeria and quantify the average exposure of vulnerable group to prevailing ambient air quality.

# Methodology

# Data Collection and Modelling

PM<sub>2.5</sub> annual mean data for 2001 and 2010 were used for the study. The data have global coverage (Battelle Memorial and Center for International Earth Science Information Network, 2013). The data set represents latest advances in the field of remote sensing and environmental modelling. Data for Nigeria was extracted from this dataset.

In order to model population at risk and create an index of exposure to particulate matter, data were sourced for population.

Population density data were sourced for 2000 and 2010. The 2000 was sourced from GRUMP v1 (Balk et al., 2006; Center for International Earth Science Information Network. International Food Policy Research Institute, The World, and Centro Internacional de Agricultura Tropical, 2011). In representing the 2010 population density, the UN Population division estimate was used (Population Division, 2010), method and input data used in generating the grid map were described by Linard et al. (2012). In addition to the population density, the age structure data were also sourced in order to evaluate the population of the vulnerable groups. Age structure data were sourced from World Population Prospect dataset (UN, 2013). Data for the age structure for 2000 and 2010 for Nigeria were extracted for the medium variant and total population per age group was used to calculate percentage of each of the identified vulnerable groups. The vulnerable groups in the study were defined as age groups 0 - 19 years and 65 years old and above. In order to compute the proportion of these across the country, the total population of these was summed and percentage was calculated based on the total population from the database (World Population Prospect: The 2012 Revision). Computed proportions were then multiplied by the population density grid within ArcGIS (ESRI, 2011) to create a grid of vulnerable population (i.e. same resolution as that of the population density grid map). From this, four grid maps were created two for each year (one for each vulnerable group).

Modelling operations were carried out in two phases: data processing and overlay analysis.  $PM_{2.5}$  data and population related dataset were pre-processed to prepare them for the overlay analysis. All operations were carried out within ArcGIS (ESRI, 2011).

Population data were geo-processed to create a map of vulnerable population across the country. This was done by using the percentage distribution of each of the vulnerable groups to derive a representation of vulnerable group per unit area across the study area. Derived distribution was then aggregated to the second administrative boundaries (Local Government Area-LGA), this gave an overview of the number of the identified vulnerable groups within this geographical unit.

The pre-processing operation was also carried out for the PM data, this grid data re-sampled using the bilinear was interpolation method. This method usually results in smoothing of the data, but it is adequate for continuous data and will not generate data outside the range of the input values. Interpolation was carried out to match the resolution of the PM data with that of the population data. Re-sampled dataset was then classified according to their difference to the WHO guideline.

EI was prepared as the sum product of the air quality measure and the population of vulnerable group per unit area. The resulting map is a population weighted PM EI. Thus, places with high PM values and high population of vulnerable group results in higher EI values. This was done to prevent administratively tied index from having high index value for large administrative unit when they are actually less populated than smaller administrative units with larger population. The index was then summed using zonal statistics tools within ArcGIS to calculate the total value of the index at the LGA level. This value represents the concentration average exposed to by the population of each LGA.

In modelling the population at risk an overlay analysis was carried out, using the

intersection of the population data and the PM concentration class data. Concentration class data were converted to endemic zone/area map by converting the classes to polygons. The polygon served as input in the computation of the population at risk for each of the classes derived.

# **Results and Discussion** Spatial Distribution of PM<sub>2.5</sub>

 $PM_{2.5}$  derived from remotely sensed data shows a spatially explicit distribution of ambient PM across the study area (Figure 1). Four classes were derived (Table 1) to aid visualisation of the dataset. For Class 1 ambient PM concentration, about 0.3% and 16.5% of the area falls within this class for 2001 and 2010 respectively. In 2010 about 65% of the total land mass falls within Class 2 compared to about 36% in 2001. However, Class 3 recorded a reduction from 2001 to 2010 of about 28%. Class 4 also recorded a reduction of about 18% from 2001 to 2010.

The spatial distribution of the class showed that almost the entire study area has PM<sub>2.5</sub> concentration above the WHO guideline of  $10\mu g/m^3$  across the two periods under consideration. This is in line with the observations of Efe (2008), the author examined the spatial distribution of particulate air pollution in Nigeria cities and reported that 70% of the cities studies have values above the daily and annual mean recommended by WHO. Works of Ezeh et al. (2012) and Obioh et al. (2013)also corroborate the levels of PM<sub>2.5</sub> observed from the dataset used for this study. There are serious implications for human health with this level of ambient air quality, especially since PM<sub>2.5</sub> has been implicated in many pulmonary and cardiovascular problems.

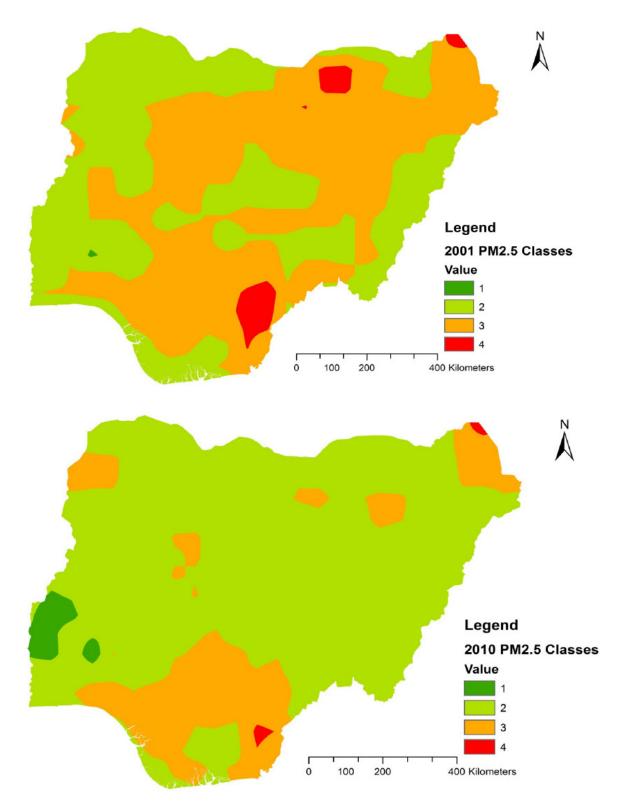


Figure 1: Spatial distribution of PM2.5 concentration in 2001(a) and 2010(b)

#### Exploration of Population at Risk to PM<sub>2.5</sub>

Intersecting human population of defined vulnerable groups with four classes of PM<sub>2.5</sub> classification presented an overview of the total population of people exposed to different range of PM concentration. Results indicate that over the observation there period of were considerably increase in the population of the two vulnerable groups living within the WHO guideline of  $10\mu g/m^3$ . The number of young people living within the WHO guideline increased from about 35, 000 to about 1.1 million in 2010, similarly there was an increase of over 57,000 individuals of 65 years of age and above living in areas within or below the guideline figure. These population figures further highlight how low and middle income countries disproportionally suffers the burden of outdoor air pollution (WHO, 2014)

Class	PM <sub>2.5</sub>	Population at Risk				Change	
	$(\mu g/m^3)$	0-19 Years of Age		Above 65 Years of Age		0-19 Yrs.	Above 65 Yrs.
		2000	2010	2000	2010	2000 - 2010	
1	<u>&lt;</u> 10	34,922	1,170,570	1,798	58,862	1,135,647	57,063
2	10.001 - 20	35,360,100	60,423,200	1,820,940	3,038,360	25,063,100	1,217,420
3	20.001 - 30	39,380,700	20,192,600	2,027,990	1,015,380	(19,188,100)	(1,012,610)
4	> 30	1,893,190	72,533	97,493	3,647	(1,820,656)	(93,845)

Table 1: Population at Risk to different concentration of PM<sub>2.5</sub>

NB. Value in bracket indicate negative numbers

In areas with  $PM_{2.5}$  above the guideline and double the guideline figures, there was an increase across the country for both vulnerable groups examined. For younger individuals, there was an increase of about 25 million over the period examined while for the elders the increase was considerably higher (1.2 million). For the other two classes of concentration there were decreases of about 19.2 million and 1.8 million for younger individuals and about 1 million and 94,000 for these classes of  $PM_{2.5}$  concentration for the elderly.

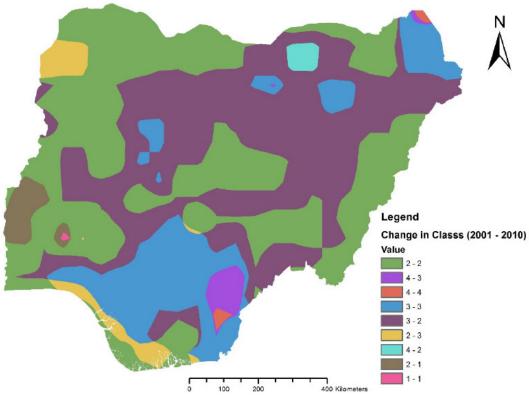


Figure 2: Change in class of PM<sub>2.5</sub> concentration from 2001 to 2010

Examination of the change in  $PM_{2.5}$  concentration over the period, about 54% of the study area remains in the same class as they were in 2001. However about 43% showed an improvement (i.e. decrease in mean annual  $PM_{2.5}$  concentration) while the remaining areas witnessed a degradation in ambient air quality over the period under study.

From the foregoing, one could deduce that there were positives in relation to the increase in numbers of people within the guideline and decrease in the number living at the extremes of  $PM_{2.5}$  concentration. This could be attributed to the improvement in ambient air quality (Figure 1) over the period considered (reduction from Class 4 to 3, 3 to 2, 4 to 2 and 2 to 1). Moreso, there is an increase in population density (World Bank Estimates) for the country (from about 136 individuals/km<sup>2</sup> to 176

individuals/km<sup>2</sup>), this could also explain why there are more people in these areas of better air quality. However, this increasing population density also explains why there are more people, especially the young, vulnerable groups (making up more than half of the population) are increasingly exposed to very high level of PM<sub>2.5</sub>. While the number decrease for the extreme classes (3 and 4) for both groups of vulnerable individuals, the increase over the years present a difficult challenge which could overwhelm the health facilities and frameworks in place in the country due to the attendant chronic effect of this level of exposure. This low level of air quality coupled with high population density is an additional national burden.

## Spatial Representation of EI

EI aggregated to the LGA boundary shows the average exposure per person

within the smallest geographical unit in the country. In 2001, there is a swath of high index value across the North Central to the North Eastern part of the country as well as from the South-East towards the SouthSouth regions of the country (Figure 2a). There is a cluster of high values which could be related to the location of Lagos Metropolis and some parts of Ogun State with high EI for the same year.

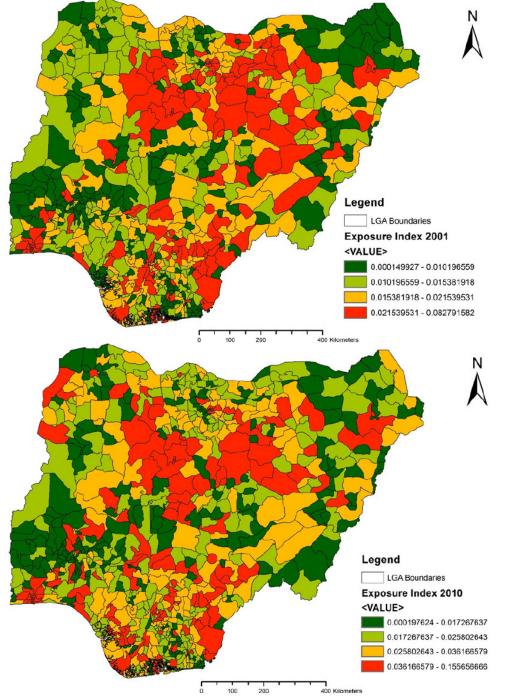
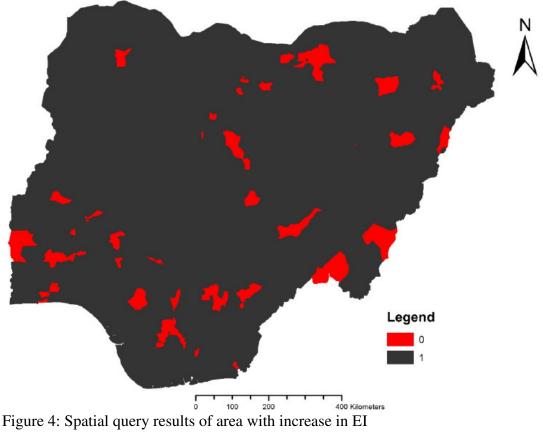


Figure 3: Spatial distribution of EI for 2001(a) and 2010(b)

Dotted around the Niger Delta are pockets of areas with high EI and a number of low exposure areas. But generally, the North Central and South Eastern area down to the South-South has the highest concentration of high exposure areas. In 2010, the pattern is similar to these high regions still persists (Figure 2b). In addition, outside this core area (i.e. North Central, South East and South South) most LGA witness an improvement in their EI and few were showing deterioration.

The results indicate areas with varying levels of EI. High exposure could be attributed to a combination of low air quality and high population density. With this, it is possible to possible to deduce at the local level where vulnerable people intersect with areas of low air quality. The index values show that many of the urban conglomerations have high exposure, which signifies that there is a high per capita exposure to  $PM_{2.5}$ . Moreover, areas with sparse population have a relatively low EI value. Across the study area, large expanse of populated area shows considerably high EI, this situation is common in the Niger Delta region, some parts of the South Western region as well as major urban centres of the North East and North West of the country.

Furthermore, a query of the differences between the two years reveals areas where there are increases in EI. Figure 3 was generated using the spatial query to find areas with EI less than 0 thus areas designated as 1 are true and 0 as false. The result shows that a significant proportion of the area understudied recorded no increase in EI (94%) which is a positive development.



A total of about 53,000km<sup>2</sup> of the study area recorded an increase in EI, most of this increase occurred in and around populated places across the country. The increase could be attributed to increase in population generally across the country. Moreover, increases in EI could also be as a result of the increase in PM created by human activities as brought about by the increasing population.

This result highlights the importance of monitoring and the need to improve urban area's air quality. Rural areas should also not be neglected, but urban areas need to take precedence due to the higher risk to a large number of people. Results across Europe (WHO, 2014) showed an average reduction in life expectancy of 8.6 months in relation to exposure to PM. Moreover, in 2013 the WHO's International Agency for Research on Cancer, in a press release announce the classification of outdoor air pollution (OAP) and PM as carcinogenic to humans (Group 1) and also noted a positive association between OAP and increased bladder cancer after review of scientific literature. With this understanding there is a need to develop policies which are geared towards reducing the exposure and improving air quality These across urban areas. will consequently reduce environmental health burden and contribute to sustainable development.

## Conclusion

The study presents a method which could be used for regional or national planning for environmental and health policy decision making. To achieve this, the study highlights the spatial distribution of vulnerable people using aggregated data at the LGA levels and intersected this spatial distribution with the mean annual concentration of  $PM_{2.5}$  across the country for 2001 and 2010. This combined dataset was then used to compute the population at risk for different ranges of  $PM_{2.5}$ concentration. Furthermore, a population weighted EI was used to evaluate the per capita PM exposure at the local scale.

The results show that across the country very few places have annual mean values of PM<sub>2.5</sub> below the WHO guideline value and large numbers of vulnerable people are exposed to these dangerous levels of air quality. Guideline values are meant to provide targets and thus promote towards movement а lower PM concentration. With this in mind, looking at the values obtain across the country, presents a worrying situation. It creates a significant burden on the national health infrastructure and portends great risks to sustainable development. human and Further to this is the increase in EI across many of the urban centre, thus increasing the risk of attendant health effect (chronic and acute) of low air quality to a large number of people. Thus, prevalent use of Kerosene stove and other activities contributing increases PM to in concentration both indoor and outdoor. we could deduce that reduction in life expectancy could be higher across our study area in comparison to figures obtained in Europe where air quality are well within WHO guideline values.

Across the study area a huge number of vulnerable people are found in high risk regions (low air quality areas). While this information is necessary for rapid assessment of environmental health risk, it is also important the effort be made to explore indoor air quality as well as the interaction of other socio-economic, demographic and physiographic attributes on development of pulmonary and

cardiovascular problems. Research on the computation and exploration of other risk measures such as relative and attributable risks would further enhance policy making in relation to environmental health.

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