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Original Research Article

Hepatoprotective effect of Fufang-Huanglu oral liquid on αnaphthylisothiocyanate-induced hepatitis jaundice in mice

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Abstract

Purpose: To investigate the effect of Fufang-Huanglu Oral Liquid (HOL) on hepatitis jaundice in mice. **Methods:** A total of 72 mice were divided into 6 groups (n = 12): normal group, control group (model group), positive-treated group, and 3 HOL treatment groups (7.5, 15 and 30 mL/kg). Mice in normal and control groups received normal saline (20 mL/kg) orally, while positive and HOL-treated mice were orally administered Huganning tablets (1.0 g/kg) and HOL (7.5, 15 and 30 mL/kg), respectively. After 8 days, all mice (except normal group) were orally administered α -naphthylisothiocyanate (ANIT, 100 mg/kg) to induce hepatitis jaundice, and sacrificed 2 days after drug administration. Serum GPT, GOT and TNF- α , as well as liver index, MDA, SOD and lipid profiles were determined.

Results: The results showed that HOL, at all doses, significantly decreased liver index, serum GPT, serum SGOT and serum TNF- α (p < 0.01). HOL also significantly decreased MDA, total cholesterol, TC and triglycerides, TG (p < 0.01), but increased liver SOD (p < 0.01). Histological results indicate that HOL ameliorated liver injury induced by ANIT.

Conclusion: These results showed that HOL possesses significant hepatoprotective effects against liver injury.

Keywords: Fufang-Huanglu Oral Liquid, Hepatoprotective, Mice, Hepatitis, Jaundice, α-Naphthylisothiocyanate, Liver index

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INTRODUCTION

It is well known that the liver is a vital intraabdominal organ which performs important biological functions such as bile secretion, synthesis of plasma proteins and lipid biosynthesis [1,2]. It is known that liver injury may arise from excessive alcohol intake, as well as exposure to various toxins and environmental pollutants. These risk factors are responsible for increasing incidence of liver injury, which may degenerate to severe liver diseases such as hepatitis, cirrhosis, and even liver cancers [3,4].

Thus, it is necessary to develop more potent drugs for treatment of liver injury-related diseases.

Fufang-Huanglu Oral Liquid (HOL), a herbal prescription in traditional Chinese medicines, is clinically used for treatment of hepatitis jaundice (icteric), chronic hepatitis and hepatitis C [5,6]. HOL is composed of *Cotinus coggygria, Schisandra chinensis, Sedum sarmentosum, Fructus gardenia, Fructus lycii,* and *Fructus jujubae* [5]. Recently, HOL was developed as an effective Chinese patent medicine by the 371

Hospital of Chinese People's Liberation Army. However, there are no animal studies so far on the health benefits of HOL. The present study was aimed at investigating the effect of HOL on ANIT-induced hepatitis jaundice in mice, with a view to establishing a basis for its clinical application in the treatment of liver diseases.

EXPERIMENTAL

Animals

Male specific pathogen Free (SPF) KM mice (weighing 18 - 21 g) were purchased from the Shandong Lukang Pharmaceutical Co., Ltd (certificate no. 37009200000791) (Jinan, China). All animals were housed in a room with natural lighting at relative temperature of 20 - 25 °C and humidity of 40 - 60 %. They were allowed free access to food and water. All the animal according protocols used were to the international standard protocols for the use of laboratory animals [7], and were approved by Animal Care and Use Committee of The 371 Hospital of Chinese People's Liberation Army (no. an-2015-245#).

Chemicals and reagents

Fufang-Huanglu Oral Liquid (HOL) was obtained from the 371 Hospital of Chinese People's Liberation Army (Batch No. 20150420, Xinxiang, China); Huganning tablets were used as the positive drug and were purchased from the Guangdong Baodan Pharmaceutical Co., Ltd (Batch No. 20150701, Huizhou, China). Mouse serum glutamic-oxaloacetic transaminase (SGOT) Elisa kit (Batch No. 23037906), Mouse serum glutamate pyruvate (SGPT) Elisa kit (Batch No. 23037907), and other Elisa kits were purchased from the Beijing Dongge (DG) Boye Biotech. (Beijing, China). ANIT was product of Aladdin Chemical Reagents Co. (Shanghai, China).

Animal grouping and experimental protocols

A total of 72 mice were divided into 6 groups (n=12): normal group, control group (model group), positive treated group, and 3 HOL treated groups (7.5, 15 and 30 ml/kg body weight). The mice in normal and control groups were treated orally with normal saline (20 ml/kg body weight). The commercial drug, *Huganning* tablets possess definite curative effect on hepatitis [8]. Mice in the positive group were treated orally with *Huganning* tablets (1.0 g/kg body weight). The HOL-treated mice were orally administered with HOL (7.5, 15 and 30 mL/kg). After 8 days treatment, all mice (except the normal group)

were orally administered ANIT (100 mg/kg) to prepare the hepatitis jaundice mice model. Then, after 2 days of drug administration, the mice were sacrificed by decollation after collection of blood samples from the aorta abdominals under anesthesia (phentobarbital sodium, 45 mg/kg body weight through intraperitoneal injection). The blood samples were used for assay of SGPT, SGOT, and TNF- α , while liver tissues were dissected out and used for determination of liver index, pathological changes, MDA, SOD, TC and TG.

Determination of serum levels of SGPT, SGOT and TNF- $\!\alpha$

Blood samples were centrifuged at 3000 rpm for 10 min to obtain the serum samples, and then the serum levels of SGPT, SGOT and TNF- α were determined by using commercial ELISA kits according to the manufactures' instructions.

Determination of MDA, SOD, TC and TG in liver tissues

Liver tissues were homogenized and centrifuged at 3000 for 20 min, and then commercial ELISA kits were used to determine the levels of MDA, SOD, TC and TG in the liver homogenate according to the manufactures' instructions.

Histological examination of liver tissues

Fresh liver tissue samples from each group were fixed in 10 % neutral formalin and processed for light microscopy in line with standard protocols (dehydration, embedding in wax, sectioning, and staining with H&E). The liver sections were examined in a microscope (Olympus CX22LED, Tokyo, Japan) [9].

Statistical analysis

Data are represented as mean \pm SD (N = 12), and statistical analysis was carried out using twotailed Student's t-test with the SPSS 17.0 (SPSS Inc., USA). *P* < 0.05 was considered as significant.

RESULTS

Liver index

Results of liver index are shown in Table 1. Compared to the normal mice, the liver index values of control mice were significantly increased by treatment with ANIT (100 mg/kg body weight; p < 0.01). Furthermore, the results also showed that treatment with positive drug (1 g/kg body weight, p < 0.01) and HOL (30, 15 and

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7.5 mL/kg body weight; p < 0.01, p < 0.05 and p < 0.01, respectively) led to significant decreases in liver index when compared with the control mice.

Effect of HOL on SGPT and SGOT levels

Results of the effect of HOL on the serum levels of GPT and GOT are shown in Table 1. After treatment with ANIT (100 mg/kg body weight), SGPT and SGOT were significantly increased in the control mice relative to mice in the normal group (p < 0.01 and p < 0.01, respectively). In addition, the results revealed that HOL at the doses of 30, 15 and 7.5 ml/kg body weight significantly reduced both SGPT (p < 0.01) and SGOT (p < 0.01) levels.

Effect of HOL on the serum level of TNF- α

Effects of HOL on the serum level of TNF- α are shown in Table 1. Serum TNF- α was significantly increased in control mice (p < 0.01), compared with the normal mice. The positive drug (*Huganning* tablets) at the dose of 1 g/kg body weight significantly decreased serum level of TNF- α (p < 0.01). Interestingly, compared to the control mice, the results indicated that serum level of TNF- α were significantly decreased by treatment with HOL at the doses of 30, 15 and 7.5 mL/kg (p < 0.01).

Effect of HOL on liver levels of TC and TG

As shown in Table 1, TG and TC levels in control mice were significantly higher than that of normal mice (p < 0.01). The results indicated that the positive drug (1 g/kg body weight) and HOL (30, 15 and 7.5 mL/kg) brought about significant decreases in the levels of TC (p < 0.01) and TG in liver tissues (p < 0.01).

Effect of HOL on levels of MDA and SOD in liver tissues

The MDA level in control mice was significantly increased (p < 0.01), whereas SOD level in the same group significantly decreased (p < 0.01) when compared to the normal mice (Table 1). Treatment with HOL significantly reversed this trend, by significantly reducing MDA levels while bringing about significant increases in SOD at the three doses used (p < 0.01).

Effect of HOL on liver histology

As shown in Figure 1, no obvious pathological changes were evident in the liver sections of

normal mice. In contrast, for the control mice, the hepatic lobule boundary was unclear, and the arrangement of the hepatocytes appeared distorted. In addition, local necrosis and severe inflammatory cell infiltration were observed. Compared with the control mice, HOL treatment (30, 15 and 7.5 mL/kg) significantly reversed the liver injury, just like in the positive drug-treated mice. For example, a clear hepatic lobule boundary could be seen, and the local necrosis and severe inflammatory cell infiltration were obviously decreased In addition, abundant regenerated liver cells could be found in the liver tissues of HOL treated mice.

DISCUSSION

In this investigation, the effects of HOL on hepatitis jaundice induced by ANIT in mice were studied for the first time. Previous reports demonstrated that traditional Chinese medicines (TCM) are important resources for discovery of useful potential drugs with low side-effects, for treating various diseases. Currently, many studies have consistently demonstrated that TCMs are especially suitable agents for protection of liver function and treatment of liver diseases [9,10].

The model of ANIT-induced hepatitis jaundice mice is a useful tool for investigating the hepatoprotective effects of candidate drugs [11,12]. The current study successfully established the model by using ANIT, and demonstrated that HOL could decrease liver index and degree of liver injury in the experimental model mice, indicating that HOL possesses potential hepatoprotective effects. Elevated SGPT and SGOT are two characteristic markers for hepatic injury [2,13,14]. In this study, the levels of SGPT and SGOT were sharply increased after ANIT treatment. Interestingly and HOL importantly, treatment significantly decreased the elevated SGPT and SGOT levels. TG and TC are another two biomarkers of liver function [8,15,16]. Similar to SGPT and SGOT, TC and TG were found to be significantly increased in the model mice, whereas the HOL treatment reversed the increases. These results indicate that HOL has the potential to protect the liver. TNF- α is a notable marker for inflammatory reactions in liver tissues [2,17]. The results of the present study revealed that HOL caused significant decreases in TNF- α levels. MDA, the major end products of lipid peroxidation, is considered a marker of oxidative stress and one of the indicators of liver injury [9,18].

Group	Normal	Control	Positive	HOL-H	HOL-M	HOL-L
Liver index (mg/g)	50.66 ± 2.01**	63.50 ± 6.44	52.02 ± 3.15**	53.03 ± 6.54**	54.40 ± 5.85*	53.35 ± 4.78**
SGPT (U/L)	9.93 ± 0.72**	27.35 ± 1.58	10.52 ± 1.05**	17.26 ± 1.81**	11.57 ± 1.24**	10.05 ± 0.89**
SGOT (U/L)	6.71 ± 1.03**	16.04 ± 1.09	6.12 ± 0.64**	7.01 ± 0.56**	5.74 ± 0.61**	6.93 ± 0.89**
TNF-α (pg/mL)	983.67 ± 90.83**	1743.04 ±118.21	985.23 ± 79.68**	1336.42 ± 132.21**	1108.45 ± 128.62**	986.34 ± 89.85**
TC (mmol/L)	1.53 ± 0.24**	2.54 ± 0.21	1.59 ± 0.25**	1.74 ± 0.25**	1.60 ± 0.19**	2.01 ± 0.16**
TG (mmol/L)	0.53 ± 0.087**	0.89 ± 0.071	0.61 ± 0.067**	0.67 ± 0.065**	$0.66 \pm 0.070^{**}$	0.61 ± 0.078**
MDA (nmol/L)	2.86 ± 0.20**	3.53 ± 0.21	2.88 ± 0.17**	3.26 ± 0.10**	3.10 ± 0.13**	2.89 ± 0.10**
SOD (U/mL)	51.00 ± 5.25**	25.04 ± 2.03	47.33 ± 4.38**	28.81 ± 2.57**	38.03 ± 5.52**	46.77 ± 4.72**

Table 1: Effects of HOL on liver index and on serum levels of SGPT, SGOT, TNF-α, TC, TG, MDA and SOD of mice with jaundice hepatitis induced by ANIT

HOL-H, HOL-M and HOL-L means the high, middle and low doses of HOL. Data are expressed as mean \pm SD (n = 12), *p < 0.05, **p < 0.01, compared with the control group



HOL-M (× 400)

HOL-L (× 400)

Figure 1: Results of the pathological examination in liver tissues

In addition, SOD is an antioxidant enzyme recognized as an inhibitor of oxidative stress [19,20]. HOL treatment significantly decreased MDA and concomitantly increased SOD. These results strongly suggest that HOL inhibited inflammatory reactions and oxidative stress in liver tissues.

CONCLUSION

The findings of this study demonstrate that HOL possesses good hepatoprotective effects in mice with hepatitis jaundice induced by ANIT. The potential mechanisms are closely related to decreasing SGPT and SGOT, TC, TG, TNF- α and MDA, as well as increasing SOD. Thus HOL has a potential for development as a treatment option in the management of liver injury.

DECLARATIONS

Acknowledgement

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Conflict of Interest

No conflict of interest associated with this work.

Contribution of Authors

The authors declare that this work was done by the authors named in this article and all liabilities pertaining to claims relating to the content of this article will be borne by them.

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