

## Original Research Article

# Effect of Pyrodextrinization, Crosslinking and Heat-Moisture Treatment on In vitro Formation and Digestibility of Resistant Starch from African Locust Bean (*Parkia biglobosa*)

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### Abstract

**Purpose:** This investigation was carried out to determine the impact of *Parkia biglobosa* starch modification on the fractions, namely rapidly digestible starch (RDS), slowly digestible starch (SDS), and resistant starch (RS).

**Methods:** Aqueous solution of sodium hypochlorite and potassium hydroxide was used to extract starch prior to modification by pyrodextrinization, cross-linking and heat-moisture treatment. Solubility, swelling power, x-ray diffraction, scanning electron microscopy (SEM) and thermal properties of the native and modified starches were also studied.

**Results:** Pyrodextrinization (PD), cross-linking (CL), and heat-moisture treatment (HMT) reduced the swelling power to 6.73, 4.17 and 5.57 g/g, respectively but increased solubility by 59.0, 41, 41.5 and 39.5 %, respectively, and tended to decrease gelatinization enthalpy ( $\Delta H$ ). Starch yield was 25.7 % on a whole seed basis. RS content significantly ( $p < 0.05$ ) increased to 46.3, 49.2 and 45.3 %, respectively following PD, CL and HMT. X-ray diffraction results indicate the presence of V-type crystallinity in the modified parkia starch while SEM showed PD and CL starch structures were more compact and dense than HMT starch which was irregularly-shaped formed.

**Conclusion:** Native parkia starch modified by pyrodextrinization, cross-linking and heat-moisture treatment showed appreciably higher thermal stability which makes it suitable for incorporation in foods that are subject to high temperature processing and high shear.

**Keywords:** Pyrodextrinization, Crosslinking, Heat-moisture treatment, Gelatinization, Resistant starch, *Parkia biglobosa*

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## INTRODUCTION

Native starch finds applications in various industries, the researches for new sources of starch, like Africa locust bean (*Parkia biglobosa*), becomes necessary. Qualitative determination of the chemical and nutritional composition of *P.*

*biglobosa* seeds revealed that it is rich in starch, lipids, protein, carbohydrates, soluble sugars, and ascorbic acid [1]. Therefore, starch modification is commonly achieved through derivatisation (etherification, esterification, cross-linking and grafting), decomposition (acid or

enzymatic hydrolysis and oxidation) and physical treatment (using heat or moisture) [2].

The resistant starch (RS) represents one of the most important functional ingredients that have recently emerged from food science and pharmaceuticals research [3]. It has generally been defined as the fraction of dietary starch that is not digested in the small intestine of healthy individuals [4]. RS has been divided into four categories, which are type-1, -2, -3, and -4 for physically inaccessible starch, raw crystalline starch, retrograded starch, and chemically modified starch, respectively [5]. It was previously reported that RS type-3 can be produced by physical treatments including heat-moisture [6]. On the other hand, RS type-4 is produced by chemical reactions, in particular, cross-linking where sodium trimetaphosphate/sodium tripolyphosphate (STMP/STPP), or a mixture of acetic anhydride and adipic acid have been used as cross-linking agents [7].

Wang *et al* [8] showed that indigestible material content in dextrans obtained from starches modified by pyrodextrinization is inversely proportional to the amount of 1–4 glycosidic bonds, and that these dextrans exhibit characteristics similar to those of dietary fiber. Dextrans can be produced by dry pyroconversion, in which acid hydrolyzes the starch and preferentially attacks the amorphous regions, leaving a highly crystalline starch.

Digestibility of starch fractions obtained from *P. biglobosa* seeds has not been carried out. Therefore, the objective of this study was to evaluate the effect of pyrodextrinization, cross-linking and heat-moisture on *in vitro* digestibility and formation of resistant starch of an African locust bean. This could be of great interest to industries looking for slow digestible starch instead of resistant starch. In addition, swelling, and solubility properties, x-ray diffraction, scanning electron microscopy and thermal properties of the native modified starches were also determined.

## EXPERIMENTAL

### Materials

African locust bean (*P. biglobosa*) seeds were purchased and authenticated by Dr Moustapha Sangare (Departement Chimie Faculté des Sciences de la Nature, Université Julius Nyerere de Kankan, Guinea) in August, 2011, and shipped to Wuxi, China through TNT® mailing company (No. GD923580841WW). Porcine enzymes (invertase, pancreatic  $\alpha$ -amylase,

amyloglucosidase) were purchased from Sigma-Aldrich, Inc. (Shanghai, China). Potassium hydroxide, sodium hypochlorite, ethanol, 3, 5-dinitro salicylic acid were purchased from Sinopharm Chemical Reagent Co., Ltd (Shanghai, China). All other reagents used were of analytical grade.

### Starch isolation

Starch was isolated from 1 kg *P. biglobosa* seeds according to the method of Perez-Sira & Amaid [9] with slight modification. The seeds were steeped in a solution of sodium hypochlorite (35 g) and potassium hydroxide (50 g) in water (2 L) at room temperature (28 °C) for 3 h. The pH of the solution was elevated to 9, and the mixture was maintained at 100 °C in a thermostatted water bath for 3 h. The solution was then drained and the seeds were immersed in water and left overnight at ambient temperature. Finally, the seeds were thoroughly washed, manually dehulled, and the cotyledon was washed repeatedly until the pH of the washings was neutral. The cotyledon was blended with water for 24 h using a domestic blender. The homogenate was filtered through muslin cloth and the filtrate was allowed to settle overnight. The supernatant was decanted, and the sediment was centrifuged at 4500 rpm for 10 min using a ZOPR-52D refrigerated centrifuge (Hitachi Koki Co Ltd, Tokyo, Japan). The sedimented starch was re-suspended in water, and the process was repeated six times. The resultant starch was dried at 60 °C in a hot air oven, then ground into powder using a mortar and pestle and stored in cellophane. The yield of starch was determined.

### Proximate analysis

Moisture, ash, total protein, and total fat content of the native parkia starch were carried out according to AACC [10] methods. The apparent amylose content was determined by dissolving 20 mg db starch in 10 ml of a 0.5N KOH solution in a test tube. The mixture was vigorously mixed and then heated in a boiling water bath for 10 min. The test tubes were then cooled to ambient temperature (28 °C) and the mixture diluted with water to 100 ml in a volumetric flask. The diluted solution (1.0 ml) was mixed with 1 ml of 0.5N HCl and 0.5 ml iodine solution (2 % potassium iodide (KI) and then adjusted to a final volume of 50 ml. After the contents were allowed to stand for 15 min at ambient temperature (28 °C), the absorbance was measured at 640 nm.

## Starch modification

### Pyrodextrinization

Briefly, 5 g of starch was placed in 20 ml glass Petri dishes and 2.2 M hydrochloric acid was added. The starch/HCl ratio was 80:1 (w/v). The acid was dispersed on the starch and the mixture was allowed to react for 16 h at room temperature. After that the mixture was dried in an oven at 110 °C for 3 h and grinded to pass through a 100 µm sieve.

### Crosslinking

A starch sample (10 g) was mixed with 20 ml water containing 1.2 g sodium trimetaphosphate and 1.0 g sodium sulfate. The pH of the slurry was adjusted to 11.5 using 1.0M sodium hydroxide and the mixture was stirred at 45 °C for 3 h. After cooling the pH was adjusted to 6.5 using 1.0 M hydrochloric acid. The product was washed with distilled water and centrifuged at 4000×g for 10 min four times and freeze dried (Cryodos-50, Telstar, Terrassa, Spain). Dried starches were ground to pass through a 100 µm sieve.

### Heat-moisture treatment (HMT)

Starch powder was weighed into glass jars and the moisture level was increased to 20 % by adding the appropriate amount of distilled water. The mixture was stirred and the glass jars sealed before equilibration at room temperature (28 °C) for 24 h. Then, the jars were placed into air oven for 24 h at 110 °C. After cooling at ambient temperature, the jars were opened and the samples were dried at 30 °C for 48 h in air oven. Subsequently starch was ground to powder using a mortar and pestle pass through a 100 µm sieve.

### In vitro digestibility

Five hundred milligrams of starch fractions: total starch (TS), rapidly digestible starch (RDS), slowly digestible starch (SDS) and resistant starch (RS) were measured. Samples were incubated with invertase, pancreatic α-amylase and amyloglucosidase at 37 °C in capped tubes immersed in a water bath shaker and the supernatants were measured at 0 min, 20 min, and 120 min for glucose content. The glucose data obtained were used to compute the content of various starch types as in Eqs 1- 4.

$$TS = (TG - FG) \times 0.9 \dots\dots\dots (1)$$

$$RDS = (G20 - FG) \times 0.9 \dots\dots\dots (2)$$

$$SDS = (G120 - G20) \times 0.9 \dots\dots\dots (3)$$

$$RS = TS - (RDS + SDS) \dots\dots\dots (4)$$

where, free glucose (FG), G20 and G120 (mg) represent the amount of glucose in the supernatant at 0 min, 20 min and 120 min of hydrolysis, respectively. Total glucose (TG) was measured with 3, 5-dinitrosalicylic acid after the starch was completely hydrolyzed into glucose by perchloric acid [11]. The *in vitro* digestibility of starch was determined from the calibration curve ( $y = 0.743x + 0.0004$ , and  $R^2 = 0.9958$ ) equation.

### Swelling power and solubility

Mixing of 0.6 g starch (native or modified) with 30 ml of distilled water and stirred at 85 °C on a magnetic stirrer for 30 min then the mixture was centrifuged (Hitachi Koki Co Ltd, Tokyo, Japan) at 2026×g for 15 min. The supernatant was carefully removed, and the swollen starch sediment was weighed ( $M_1$ ). The supernatant was evaporated and dried at 105 °C in an oven until constant weight ( $M_2$ ). Swelling power and solubility were calculated as in Eqs 5 and 6.

$$\text{Swelling power} = \frac{M1}{M0} \dots\dots\dots (5)$$

$$\text{Solubility \%} = \frac{M2}{M0} \times 100 \dots\dots\dots (6)$$

where  $M_0$  is the initial dry weight of the starch sample

### Scanning electron microscopy (SEM)

SEM samples were gold-coated and scanned using an Electro Scan Quanta 200 environmental scanning microscope (Fei Company, Netherlands).

### X-ray powder starch diffraction

X-ray powder diffraction apparatus (Shimadzu Lab XRD-6000) was used to examine the crystalline property of the starch samples. The scanning range was from 2° to 40° and it covered all the significant diffraction peaks of starch crystallites.

### Differential scanning calorimeter (DSC)

Gelatinization temperature and enthalpy of the processed parkia starch product were analyzed with the Pyris-1 DSC (PE, USA). The sample (2 – 3 mg) was placed in sample aluminum pans together with deionizer water; after sealing, the pans were left to equilibrate at room temperature (28 °C) and then heated to 120 °C at 10 °C/min. An empty pan was used as reference.

### Statistical analysis

The test results were processed by one-way analysis of variance (ANOVA) test using a

statistical software (SAS, version 8.1). Differences at  $p < 0.05$  were considered to be significant.

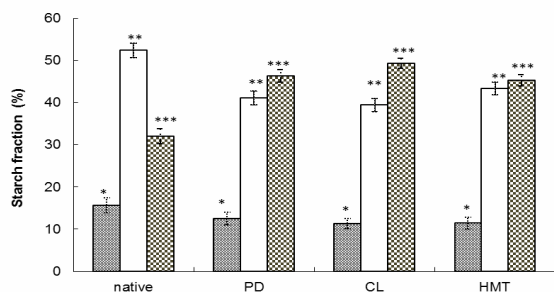
## RESULTS

The chemical compositions are as followed: yields (on total seed basis) 25.7 % pure starch, and the isolated parkia starch showed low ash, protein and fat contents of 0.16, 0.09 and 0.12 %, respectively. The amylose content of parkia starch was 32.6 %, which is similar to previously reported values of 30.1 – 34.4 % [6] in lentil starches.

### Effect of method modification on parkia starch

The proportion of the RDS, SDS, and RS of native and modified parkia starch are shown in Figure 1. Impact of PD, CL and HMT on parkia starch has the lowest RDS with 12.54, 11.35 and 11.45 %, respectively, which were expected since their granular structure was disrupted during modification and thus, became more susceptible to enzymatic hydrolysis.

SDS fraction was low in content after PD, CL and HMT modifications, yielding 41.1, 39.4 and 43.3 %, respectively. After PD, CL and HMT treatment, RS content increased significantly to 46.3, 49.2 and 45.3 %, respectively. Similar results were reported by Campechano-Carrera *et al* [12] with the effect of PD on starch yielding 47.5 % resistant starch content for Lima bean and 62.8 % for cowpea. The effect of cross-linking on corn starch showed that RDS content decreased from 58.1 to 28.6 %, SDS content from 36.5 to 12.7 % ( $p < 0.05$ ) while RS content increased from 5.5 to 58.7 % with increasing concentration of cross-linking reagent [13].



**Figure 1:** Effect of pyrodextrinization (PD), cross-linking (CL) and heat-moisture (HMT) treatments on parkia starch. Data are mean and standard deviation with significant differences ( $p < 0.05$ ) for % starch fractions: RSD (\*), SDS (\*\*), and RS (\*\*\*).

### Effect of treatments on swelling power and solubility of native parkia starch

Swelling power and solubility of the starch samples, determined at 85 °C, are given in Table 1. The effect of PD, CL and HMT of parkia starch on swelling power was significantly low in native starch ( $p < 0.05$ ). The solubility of HMT starches increased sharply when the temperature was increased above 70 °C.

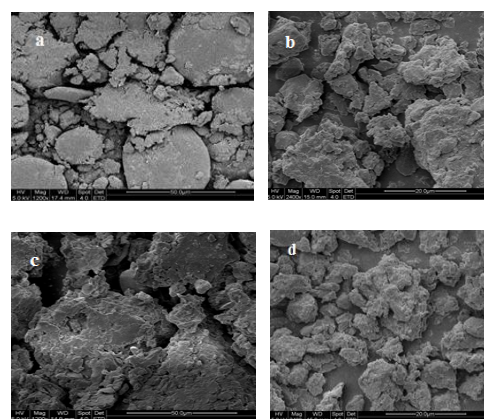
**Table 1:** Swelling power and solubility of native parkia starch following pyrodextrinization, cross-linking and heat-moisture treatment

Parkia starch	Swelling power (g/g)	Solubility (%)
Native starch	8.74±0.80 <sup>a</sup>	26.1±1.2 <sup>d</sup>
Pyrodextrinization	6.73±0.50 <sup>b</sup>	59.0±2.3 <sup>a</sup>
Cross-linking	4.17±0.70 <sup>d</sup>	41.5±0.9 <sup>b</sup>
Heat-moisture treatment	5.57±0.40 <sup>c</sup>	39.5±0.7 <sup>c</sup>

Values are expressed as mean ± standard deviation ( $n = 3$ ). Mean values in the same column with different superscript letters (a, b, c and d) are significantly different ( $p < 0.05$ )

### Scanning electron microscopy (SEM)

The effect of PD, CL and HMT on the SEM images of modified parkia starch is compared with that of native parkia starch in Figure 2. It illustrates that the modification of native parkia starch by PD, CL and HMT altered the starch structure. While native starch exhibited a granular appearance (Figure 2a), the use of PD and CL agents appeared to make the starch structure more compact and dense (Figure 2b and c). On the other hand, the granular structure disappeared and a continuous network with irregular shape was formed in the physically modified starch (Figure 2d).



**Figure 2:** Scanning electron micrographs of native starch (a) and of those modified by pyrodextrinization (PD, b), cross-linking (CL, c) and heat-moisture (HMT, d) treatments

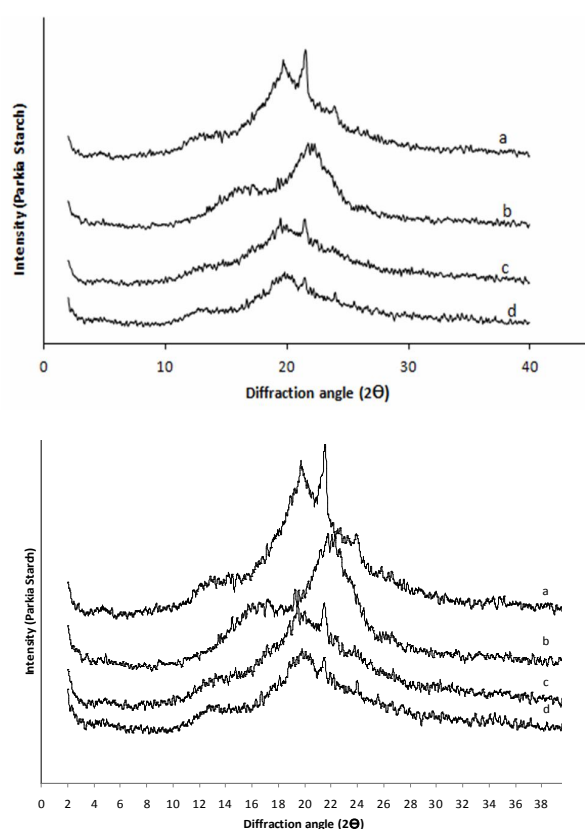
**Table 2:** Thermal properties of native and pyrodextrinization (PD), cross-linking (CL) and heat-moisture (HMT)-modified parkia starches

Parkia starch	T <sub>o</sub> (°C)	T <sub>p</sub> (°C)	T <sub>c</sub> (°C)	ΔH (J/g)
Native starch	62.7±0.8 <sup>c</sup>	89.6±0.3 <sup>a</sup>	62.7±0.5 <sup>d</sup>	13.93±0.20 <sup>a</sup>
Pyrodextrinization (PD)	60.3±0.4 <sup>d</sup>	72.4±0.2 <sup>d</sup>	95.7±0.3 <sup>b</sup>	6.81±0.40 <sup>c</sup>
Cross-linking (CL)	69.6±0.9 <sup>a</sup>	81.8±0.6 <sup>c</sup>	93.6±0.3 <sup>c</sup>	5.29±0.30 <sup>d</sup>
Heat-moisture (HMT)	63.7±0.6 <sup>b</sup>	82.5±0.4 <sup>b</sup>	103.6±0.4 <sup>a</sup>	8.94±0.60 <sup>b</sup>

Values are expressed as mean ± standard deviation (n = 6); mean values in the same column with different letters are significantly different (p < 0.05). **Key:** To = onset temperature; Tp = peak temperature; Tc = degradation temperature; ΔH = enthalpy of gelatinization.

### X-ray powder starch diffraction of native and modified parkia starch

The x-ray diffraction patterns of crystalline types of native and modified parkia starches are shown in Figure 3. Native parkia starch showed a typical A-type pattern with strong reflections at 2θ degrees about three short peaks (5, 16 and 24) and two long peaks (19 and 22 °). After PD, CL and HMT, the strongest peaks were observed at around 16, 19 and 22 °, and four peaks at around 5 and 27 ° (b), 5, 13 and 24 ° (c and d) were generated, exhibiting the typical characteristics of B-type starch. In addition to B-type crystallinity, an additional peak at 22 ° was clearly observed, indicating the presence of V-type crystallinity in the modified parkia starch.



**Figure 3:** X-ray diffractograms of native starch (a) and those modified by pyrodextrinization (PD, b), cross-linking (CL, c) and heat-moisture (HMT, d) treatments

### Thermal properties of native and modified starches

The effect of PD, CL and HMT on the gelatinization endotherms of native and modified starches are shown in Table 2. A significant increase (p < 0.05) was observed in the onset temperature of gelatinization (To) of PD, CL and HMT treated starches. The gelatinization enthalpies (ΔH) of the PD, CL and HMT-modified parkia starch decreased significantly (p < 0.05) compared with native starch.

### DISCUSSION

The purity of the parkia starch obtained in the present study, based on its low protein, ash and lipid contents, makes it suitable for the production of syrups with high glucose content. Similar results were reported by Hoover and Ratnayake [15]. Thus, amylose content has a significant effect on functional and physicochemical properties, including pasting, gelatinization, retrogradation and swelling behaviour of starch.

Our *in vitro* starch digestibility results corroborate those of Zhang *et al* [16] in waxy maize, wheat, rice and maize starches. The RDS, SDS and RS levels of the parkia starches cannot be compared with those reported for other legume starches, due to differences in methods used and different duration of hydrolysis that were used for determination of RDS, SDS and RS levels. A moderate postprandial glycemic and insulinemic response of SDS implies that SDS rich foods may provide wide health benefits in alleviating common chronic diseases such as obesity, diabetes, and cardiovascular disease through lessening the stress on regulatory systems related to glucose homeostasis [4, 17].

The effect of pyrodextrinization, cross-linking and heat-moisture treatments on parkia starch that demonstrated higher RDS was expected due to its granular structure which renders it more susceptible to enzymatic hydrolysis. However, the proportion of RDS fraction of starch PD, CL

and HMT starches implies that new structural changes occurred after CL and HMT rendering the starch resistant to  $\alpha$ -amylase attack. This might be due to leaching of the amylose from the granules into solution as a random coil polymer, whereas the crystalline regions of clusters of branched amylopectin chains had disappeared [6,7]. However, it was distinctly increased after physical and chemical treatments, indicating low digestibility of the modified starch samples. No significant data have been reported, to the best of our knowledge, comparing the levels of RDS, SDS, and RS legume starch; most of the studies reported used different digestibility methods varying in time of hydrolysis and enzyme sources. It is well known that the contents of starch fractions (RDS, SDS and RS) are affected by various factors such as amylose content, swelling power, granule surface area and starch crystalline structure [6].

The low significant swelling power of native starch is notable and as well as that PD treatment caused slightly higher swelling of the starch than those modified by CL and HMT treatment. This swelling may be due to PD producing partial changes in the amorphous regions of the starch structure. Thus, the starch partially lost the ability to hold absorbed water. CL reinforced the structure of starch granules and limits water absorption by restricting the mobility of starch chains in the amorphous region. In the case of HMT treatment, additional interactions may have occurred between amylose–amylose and amylose–amylopectin chains which restricted swelling. Amylose – amylose interaction after PD and HMT treatment might have reduced the mobility of the amorphous region, leading to increase in gelatinization temperature. As explained above, CL limits water absorption and therefore delayed gelatinization. A similar result for increment in solubility after HMT has been reported for finger millet starch [14], indicating that HMT starches have a higher solubility than that of native starch.

After PD and CL, we noted a significant increase in starch solubility. The solubility of parkia starch after PD, may be explained by increase in the low molecular weight linear fractions with hydroxyl groups that facilitates solubilization in hot water. There was increase in solubility as temperature increased. Solubility increased as the temperature increased because of increase in the mobility of the starch granules, which facilitated enhanced dispersion of starch molecules in water. It is suggested that HMT starch might have made it easier for water to access the amorphous regions of the starch and the remaining unassociated starch chains can

solubilize in water, and therefore increase the solubility of starch.

SEM changes can be attributed to interplay of factors such as amylose content, interaction between starch chains, arrangement of amylose chains within the amorphous domains and lipid–amylose complexes. The morphology of chemically and physically modified granules depends on the botanical source of starch. In this case, crystalline perfection and amylose–amylose and/or amylose–amylopectine interactions might have theoretically increased RS level.

X-ray diffraction of the modified parkia starch revealed the coexistence of B- and V-types of starch comparable to that reported for corn starch [18]. However, the increased intensity of the peak at  $5^\circ$  which is a fingerprint of B-type starch structure suggests that the content of RS was increased by chemical cross-linking.

Since crosslinking limits water absorption and delayed gelatinization, therefore, gelatinization enthalpies ( $\Delta H$ ) of the PD, CL and HMT parkia starch decreased. The reduced enthalpy may be attributed to the transformation of the intercrystalline part into an amorphous phase, and thus the crystalline regions would melt more easily, i.e., with lower energy. Lim *et al* [19] reported that the relative decrease in double helix content parallels the relative decrease in both crystallinity and enthalpy of gelatinization ( $\Delta H$ ). This agrees with the lowest enthalpy of gelatinization value assessed in the PD, CL and HMT parkia starch and with the lowest SDS and slight increased RS contents in the samples.

## CONCLUSION

Parkia starch is suitable for incorporation into foods subjected to high temperature processing, high shear, and frozen storage due to higher thermal stability. However, this would require extensive modification of the starch before it can be utilized in the food industry. It has been demonstrated in this study that native parkia starch modified by pyrodextrinization, cross-linking and heat-moisture treatment may be useful in the development of new starch products with reduced calorie and slower glycemic response in humans since resistant starch has received much attention for both its potential health benefits and functional properties.

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