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Research Article

Ethyl Alcohol Extract of *Hizikia fusiforme* Induces Caspase-dependent Apoptosis in Human Leukemia U937 Cells by Generation of Reactive Oxygen Species

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Abstract

Purpose: *Hizikia fusiforme* is renowned for the possession of anti-inflammatory and anti-oxidant properties. In this study, the role of the ethyl alcohol extract of *H. fusiforme* (EAHF) in the induction of apoptosis in human leukemia U937 cells was investigated.

Methods: Protein expression was investigated by Western blot analysis. Cell viability and apoptosis were analyzed by an MTT assay and flow cytometric analysis. Caspase activity was analyzed using a caspase-specific kit.

Results: EAHF suppressed the proliferation of U937 cells in a dose-dependent manner. This effect was closely related to the induction of apoptosis via the downregulation of IAP family members such as IAP-1, IAP-2 and XIAP, as well as Bcl-2 proteins. The results also showed that caspases play an essential role in EAHF-induced apoptosis by generating of reactive oxygen species (ROS). In addition, ROS scavenging by N-acetyl-L-cysteine (NAC) and glutathione (GSH) decreased EAHF-induced apoptosis via the suppression of caspase activity. Although EAHF induced the phosphorylation of mitogen-activated protein kinases (MAPKs), treatment with MAPK inhibitors did not affect EAHF-induced apoptosis.

Conclusion: These results suggest that EAHF induces apoptosis in U937 cells via ROS-dependent caspase activation.

Keywords: *Hizikia fusiforme*, Apoptosis, Caspase, Reactive oxygen species

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INTRODUCTION

Hizikia fusiforme is an edible brown seaweed, which is widely distributed in the coastal areas of Korea, Japan, and China. It is broadly used as an Oriental herbal medicine [1]. A recent study reported that *H. fusiforme* contains a number of compounds possessing anti-inflammatory, anti-oxidant and anticoagulant properties [2]. Previous research has reported that *H. fusiforme* has a variety of physiological activities, such as reactive oxygen species (ROS) scavenging and lipid oxidation inhibitory effects [3]. Recently, we demonstrated that the ethyl alcohol extract of *H. fusiforme* (EAHF) sensitizes cancer cells to apoptosis through the tumor necrosis factor-related apoptosis-inducing ligand (TRAIL), although no cytotoxicity was reported at low concentrations of EAHF itself [4].

Apoptosis is genetically programmed cell death, which is necessary for the control of cell numbers during natural development, the removal of unwanted or damaged cells, and the continuation of tissue homeostasis in multicellular organisms [5]. The significance of cell death via apoptosis is currently recognized [6]. The absence of cellular control can lead to several diseases such as cancer, AIDS and Alzheimer disease [7]. Elucidation of apoptotic mechanism is important for the prevention and cure of various currently incurable diseases such as cancer and AIDS [9]. Apoptosis suppression in various cancer cells is known to cause tumor growth and resistance to cytotoxic anti-cancer agents.

Apoptosis occurs through 2 main pathways, namely mitochondria-mediated and death receptor-mediated pathways. These 2 apoptotic signals are transmitted together to effector molecule caspase-3 and then to other nucleases and proteases such as poly (ADP-ribose) polymerase (PARP), which are involved in a number of cellular processes related mainly to DNA repair and apoptosis [9]. Caspase-3, in particular, is a prerequisite

for the management of cell death by diverse apoptotic stimuli [10]. Its activation is influenced by diverse cellular proteins such as inhibitor of apoptosis proteins (IAP) and Bcl-2 family proteins [11]. Apoptosis also has distinguishing properties such as cell shrinkage, chromatin condensation, DNA fragmentation, and nuclear collapse without inflammation [5].

Reactive oxygen species (ROS) perform vital roles in regulating various functional pathways such as cell proliferation, cellular transformation, and apoptosis [12]. In addition, it is well known that oxidative stress is a notable factor in the initiation and progression of many diseases including Parkinson and Alzheimer diseases as well as cancer [13]. Excessive ROS generation induces apoptosis in a variety of cancer cells through mitochondrial dysfunction due to alterations in oncogenic proteins such as H-Ras and FK228 [14].

In this study, we investigated whether EAHF itself induces apoptosis in human leukemia U937 cells. Our results showed that EAHF sensitizes apoptosis through ROS-dependent caspase activation.

EXPERIMENTAL

Preparation of EAHF

EAHF was obtained from Institute of Oriental Medicine (Donggeui University, Busan, Republic of Korea). Briefly, fresh *H. fusiforme* was washed three times with tap water to remove salt, epiphyte and sand on the surface of the samples before storage -20°C. The frozen samples were lyophilized and homogenized using a grinder before extraction. The dried powder was extracted with ethyl alcohol and evaporated in vacuo.

Antibodies and reagents

Antibodies against caspase-3, caspase-8, caspase-9, PARP, IAP-1, IAP-2, XIAP, and Bcl-2 were purchased from Santa Cruz

Biotechnology (Santa Cruz, CA, USA). Antibodies against JNK, phosphor (p)-JNK, ERK, p-ERK, p38, and p-p38 were purchased from Cell Signal (Beverly, MA, USA). Antibody against β -actin was obtained from Sigma (St. Louis, MO, USA). 6-Carboxy-2',7'-dichlorofluorescein diacetate (DCFDA) and 3,3'-dihexyloxycarbocyanine iodide (DiOC₆) were purchased from Molecular Probes (Eugene, OR, USA). Glutathione (GSH) and N-acetyl-L-cysteine (NAC) were purchased from Sigma (St. Louis, MO, USA). PD98059, SP600125, SB239063, and z-VAD-fmk were purchased from Calbiochem (San Diego, CA, USA).

Cell line and cell growth assay

Human leukemia U937 cells were cultured in RPMI1640 (Life Technologies, Grand Island, NY, USA) supplemented with 10% fetal bovine serum and antibiotics (WelGENE Inc., Daegu, Republic of Korea). Cells were seeded at a density of 1×10^5 cells/ml, incubated for 24 h, and then treated with the indicated concentrations of EAHF. 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assays were used to determine cell viability.

Detection of apoptosis

Flow cytometric analysis was used to assess the ratio of apoptosis, mitochondrial membrane potential, and cell distribution. Briefly, cells (1×10^6) were fixed in 70% ethanol overnight at 4 °C and washed in phosphate-buffered saline (PBS) with 0.1% BSA. Cells were then incubated with 1 U/ml of RNase A (DNase free) and 10 μ g/ml of propidium iodide (PI; Sigma) overnight at room temperature in the dark. The level of apoptotic cells containing sub-G₁ DNA content was determined as a percentage of the total number of cells. For PI/annexin-V and DiOC₆ staining, live cells were washed with PBS and then incubated with annexin-V fluorescein isothiocyanate (Koma Biotechnology, Seoul, Republic of Korea) and DiOC₆. FACSCalibur flow cytometer (Becton

Dickenson, San Jose, CA, USA) was used to analyze the cells.

Western blotting assay

Total cell extracts were prepared using PRO-PREP protein extraction solution (iNtRON Biotechnology, Sungnam, Republic of Korea). Total cell extracts were separated on polyacrylamide gels and then standard procedures were used to transfer them to the nitrocellulose membranes. The membranes were developed using an ECL reagent (Amersham, Arlington Heights, IL, USA).

Measurement of ROS

Cells were plated at a density of 5×10^4 , allowed to attach for 24 h, and exposed to 5 mM of NAC alone, 5 mM of GSH alone, 30 μ g/ml of EAHF alone, or NAC or GSH plus EAHF for 1 h. The cells were stained with 10 μ M of DCFDA for 10 min at 37°C, and flow cytometry was used to determine the fluorescence intensity of DCFDA in the cells.

In vitro caspase activity assay

A caspase activation kit was used according to the manufacturer's protocol to measure the activity of caspase-like protease. This assay is based on spectrophotometric detection of the color reporter molecule p-nitroaniline (pNA) that is linked to the end of the caspase-specific substrate. The cleavage of the peptide by the caspase releases the chromophore pNA, which can be quantified spectrophotometrically at a wavelength of 405 nm. Ac-DEVD-pNA (for caspase-3), Ac-IETD-pNA (for caspase-8), and LEHD-pNA (for caspase-9) were used as the substrates.

Statistical analysis

All data were derived from at least three independent experiments. Statistical analyses were conducted using SigmaPlot software (version 11.0). Values were presented as mean \pm SE. Significant differences between the groups were

determined using the two-way ANOVA test. Statistical significance was regarded at $p < 0.05$.

RESULTS

EAHF induces apoptosis in human leukemia U937 cells

Treatment with EAHF suppressed cell viability in a dose-dependent manner at concentrations exceeding 30 $\mu\text{g/ml}$ (Fig 1A). EAHF treatment resulted in a significant increase of PI⁺/annexin-V⁺ populations, suggesting that EAHF induces apoptosis in a dose-dependent manner. In particular, 50 $\mu\text{g/ml}$ of EAHF conducted the double-positive populations to 24.7% in U937 cells (Fig 1B). Furthermore, treatment with concentrations higher 30 $\mu\text{g/ml}$ of EAHF enhanced morphological characteristics, including cell shrinkage observed under light microscopy (Fig 1C). These data indicate that high concentrations of EAHF itself are capable of

inducing apoptosis with cell morphological changes.

Caspases are potential regulators in EAHF-induced apoptosis

Results of studies on the effect of EAHF on caspase activation are shown in Fig 2. Treatment with EAHF for 24 h significantly increased the cleaved forms of caspases -3, -8, and -9, and PARP in U937 cells (Fig 2A). Moreover, EAHF resulted in an increase in the activity caspases -3, -8, and -9 activity in a dose-dependent manner (Fig 2B). EAHF treatment reduced the expression of anti-apoptotic proteins, Bcl-2, IAP-1, IAP-2, and XIAP in a dose-dependent manner (Fig 2C). Pretreatment with z-VAD-fmk significantly decreased EAHF-induced annexin-V⁺ (Fig 2D) and sub-G₁ phase populations (Fig 2E). These data indicated that the activation of caspases is a potential effector in EAHF-induced apoptosis.

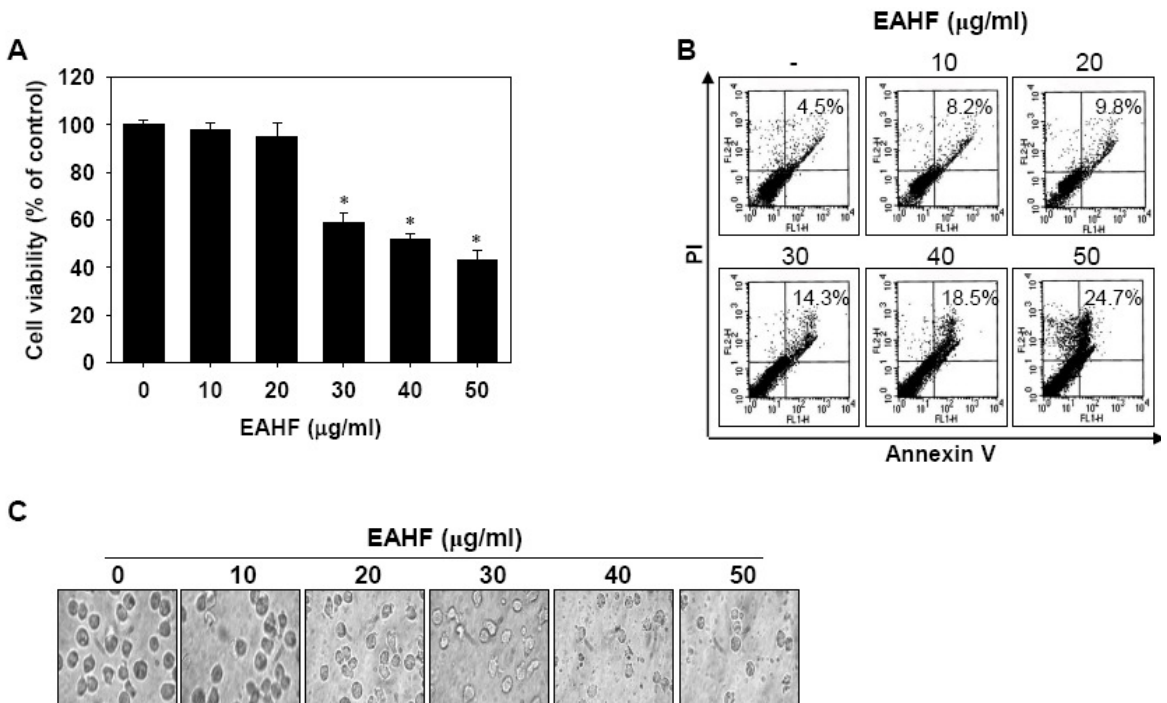


Fig. 1: Effect of EAHF on U937 cell viability (A), PI⁺/annexin-V⁺ staining (B) and U937 cell morphology. Data represent the mean \pm SE ($n = 3$)

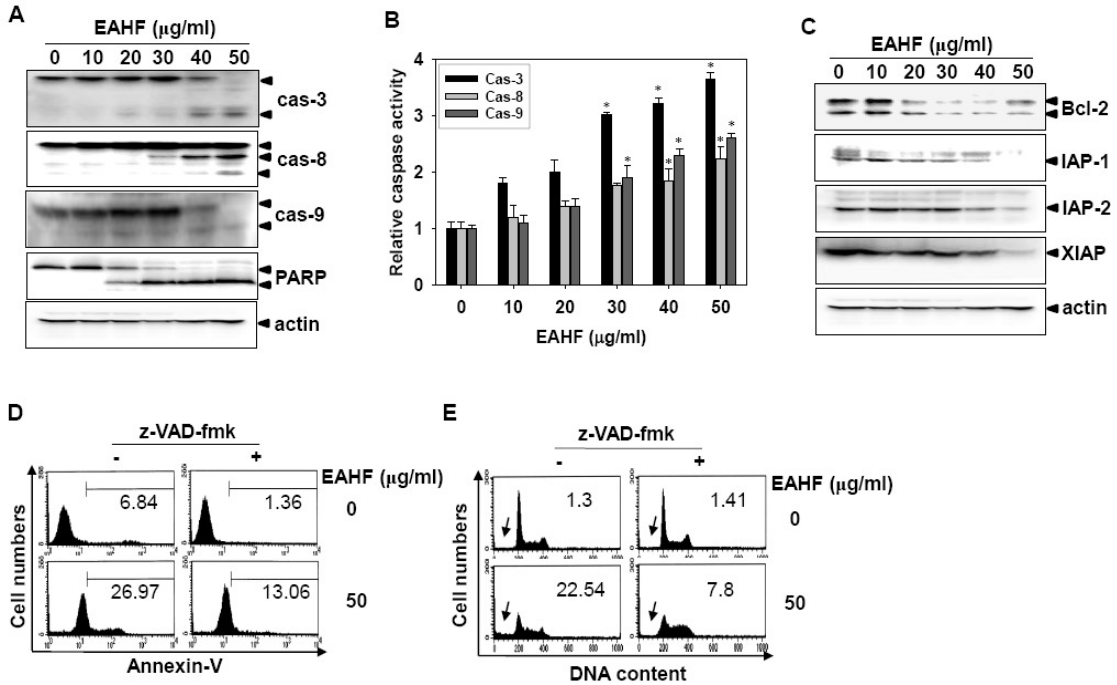


Fig 2: Effect of EAHF on caspase expression (A), caspase activities (B), anti-apoptotic factors (C) and apoptosis of U937 cells (D and E). Data represent the mean ± SE (n = 3)

ROS generation is the first step in EAHF-induced apoptosis

Consistent with the decrease in anti-apoptotic proteins (Fig. 2), the treatment of U937 cells with EAHF significantly lowered mitochondrial membrane potential in a dose-dependent manner (Fig 3A). Additionally, EAHF itself increased ROS generation and sub-G₁ populations. However, pretreatment with NAC or GSH significantly attenuated EAHF-stimulated ROS generation (Fig 3B) and completely restored EAHF-induced sub-G₁ populations (Fig 3C). Pretreatment with NAC or GSH also suppressed the cleavage of PARP induced by EAHF treatment (Fig 3D). In a parallel experiment, EAHF-induced caspase-3 activity was significantly suppressed in the presence of NAC or GSH (Fig 3E). These results indicate that ROS generation regulates apoptosis in U937 cells through caspase-3 activation.

EAHF-induced apoptosis is not induced via the MAPK signal pathway

EAHF treatment for 24 h led to increases in the phosphorylation of ERK, p38, and JNK in a dose-dependent manner (Fig 4A). However, none of the MAPK inhibitors could restore the loss of cell viability (Fig. 4B) and block the decrease of sub-G₁ phase populations induced by treatment with EAHF (Fig 4C). These results indicate that MAPKs might not be involved in EAHF-induced apoptosis.

DISCUSSION

Dietary habits can influence the progression of a variety of diseases, including cancers and inflammatory diseases [1,]. A number of studies are focusing on the evaluation of the anti-cancer and anti-inflammatory effects of seaweed extracts [15]. Recently the inhibitory properties of *H. fusiforme* on the production of pro-inflammatory mediators and ethanol-

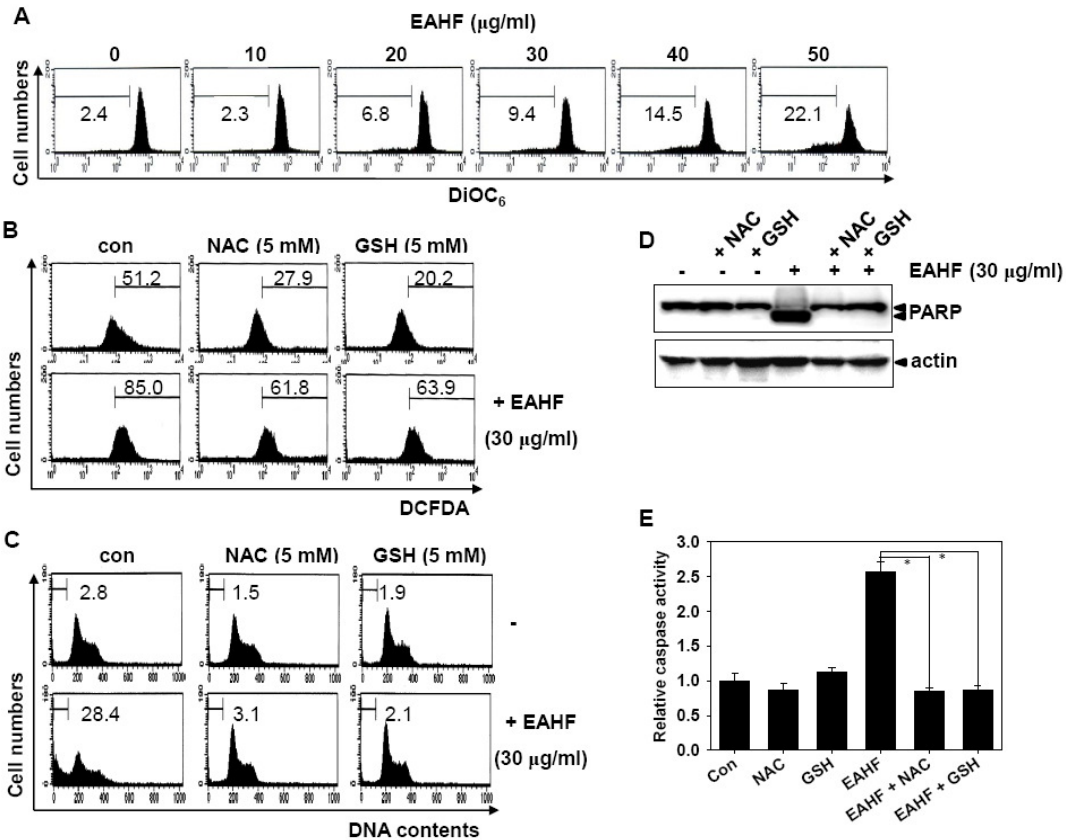


Fig 3: Effect of EAHF on mitochondrial membrane potential (A), ROS generation (B), apoptosis of ROS inhibitors (C), PARP expression (D) and caspase activity of U937 cells (E). Data represent the mean \pm SE (n = 3).

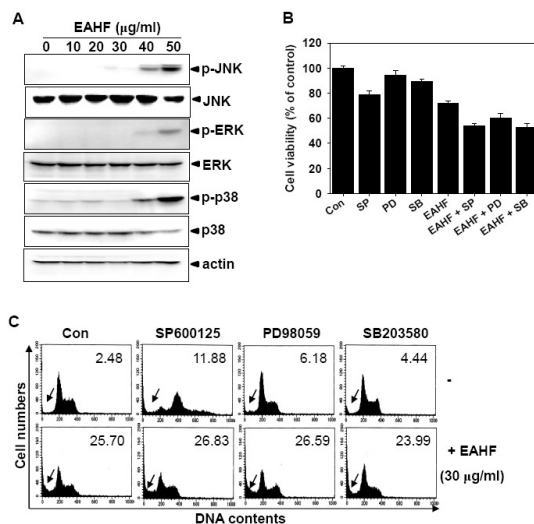


Fig. 4: Effect of EAHF on expression of MAPKs (A), cell viability (B), PI staining of U937 cells (E). Data represent the mean \pm SE (n = 3).

induced cytotoxicity have been demonstrated [2,16]. Additionally, we previously reported that EAHF sensitizes TRAIL-induced apoptosis and inhibits matrix metalloproteinase activity as well as tight junction in cancer cells [4,17]. Before now, there were no reports on whether EAHF itself induces apoptosis in cancer cells. In this study, EAHF was shown to induce apoptosis in human leukemia U937 cells through ROS-dependent caspase activation.

The critical pathways of caspase activation have recently been assessed in relation to induction of apoptosis [5]. Once the caspase signal pathway is initiated and propagated by proteolytic autocatalysis, downstream molecules act to induce the cleavage of caspase substrates such as PARP, suggesting initiation of apoptosis [6]. In this study, we demonstrated that EAHF induces apoptosis through the activation of caspases. This is confirmed by the finding that treatment with EAHF in the presence of z-VAD-fmk significantly inhibited apoptosis. Recent studies also reported that ROS generation has been strongly implicated in caspase-dependent apoptotic response induced by various chemotherapeutic agents [10]. Nevertheless, further experimental investigation is necessary to determine the association of ROS generation with caspase activation in EAHF-induced apoptosis.

The MAPK protein family is known to play critical roles in cell survival and death in many physiological and pathological conditions. It has been demonstrated that activation of p38 MAPK and JNK activates a variety of pro-apoptotic downstream effectors, whereas ERK is involved in cell survival and growth [18]. However, recent studies differ on the relationship between MAPKs and apoptosis under question. In this study, EAHF was shown to induce the phosphorylation of 3 types of MAPKs, namely, ERK, p38, and JNK. However, inhibition of MAPKs appears to have no influence on cell viability. In particular, various studies have revealed that ROS

generation results in apoptotic cell death through a variety of mechanisms such as the activation of JNK [19]. However, in this study, ROS generation significantly increased JNK phosphorylation, but this was not linked with the JNK pathway in inducing apoptosis. Therefore, further investigation is required in order to determine the mechanisms associated with the phosphorylation of MAPKs.

CONCLUSION

In summary, our results suggest that EAHF induces apoptosis in human leukemia U937 cells through ROS-dependent caspase activation.

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