



South African Journal of Animal Science 2020, 50 (No. 6)

# Response of broiler chicks to L-Glutamine feeding in the immediate pre- and posthatch periods

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(Submitted 31 August 2020; Accepted 10 October 2020; Published 29 November 2020)

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### **Abstract**

This study was conducted to investigate the effects of in ovo and post-hatching supplementation with L-Glutamine (Gln) on hatching characteristics, performance, small intestinal morphology, and muscle development of broilers. At day 18 of incubation, 960 fertilized eggs were allocated to four treatments with six replicates. Eggs were i) not injected (negative control) (NC), ii) subject to the standard incubation procedure (PG), iii) injected with 1 ml sterile solution with 0.9% salt (positive control) (PC), and iv) injected with 1% Gln solution (IG). On hatching, the SC chicks were fed with 1% Gln for seven days. The remaining chicks were fed a commercial starter feed. After hatching, there were six replicates of 28 birds in each treatment. Hatchability and yolk sac weight were lower and yolk-free chick weight (YFCW), whole gastrointestinal tract (GIT) and breast muscle weights were higher at hatching for chicks from the IG treatment. At 42 days old, feed conversation ratio (FCR) was lower in birds that had Gln added to their diet than for the other treatments. The FCR was also lower in IG birds than birds in the NC group. The GIT weight, villus height, villus width and crypt depth of the birds receiving dietary supplementation of Gln were greater than those of birds in PC and IG. Thus, in ovo injection of Gln improved hatching characteristics except for hatchability. Further, in ovo and dietary Gln administration reduced FCR by stimulating digestive system development.

**Keywords**: amino acid supplementation, growth performance, hatchability, in ovo injection, intestinal morphology

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## Introduction

To ensure high productivity in poultry, the nutrient needs of chicks should be met in a balanced and complete manner during embryonic development and in the early stages of post-hatch life. Early feeding strategies are used to minimize the physiological changes caused by the delay in access to feed and water from the hatching period until the chicks can be placed with the hens where they will be reared. These applications can be performed by intra-egg injection (in ovo feeding) and during immediate post-hatch feeding. Both applications result in improvements in poultry performance (Kucharska-Gaca, *et al.*, 2017; Kop-Bozbay & Ocak, 2019, 2020). However, in general, the effects on these parameters of in ovo and early feeding were investigated individually in scientific studies, and the number of scientific studies that compare feeding strategies, within the same study, are limited (Atan & Kop-Bozbay, 2019).

The nutrient requirements of broilers with high genetic potential for growth are challenging during incubation and post hatch. One of the most important factors that affect performance in broilers is the healthy completion of digestive system development (Maiorka *et al.*, 2005). This is important to ensure the realization of growth potential (Uni & Ferket, 2004). Therefore, the transition period from pre-hatch (Uni & Ferket, 2004) to one week after hatching (Maiorka *et al.*, 2016) should be managed well. L-Glutamine is an amino acid that stimulates development of the intestine and its mucosa in broilers (Wu, 2009; Xue *et al.*, 2018). Chickens fed rations supplemented with Gln reportedly had greater intestinal weight, higher intestinal villi and deeper crypts (Yi *et al.*, 2005; Bartell & Batal, 2007; Fischer da Silva *et al.*, 2007; Murakami *et al.*, 2007; Soltan, 2009). However, although there are studies in which Gln was used in the immediate pre-hatch diet (Chen *et al.*, 2009; Salmanzadeh *et al.*, 2016; Youssef *et al.*, 2017) and post hatch (Dai *et al.*, 2009; Soltan, 2009; Salmanzadeh & Shahryar, 2013; Gholipour *et al.*, 2018), no study has compared the effects of these two

URL: http://www.sasas.co.za

ISSN 0375-1589 (print), ISSN 2221-4062 (online) Publisher: South African Society for Animal Science feeding strategies.

Differences between a negative control treatment and a positive control, and the effects of in ovo treatments on hatching characteristics have been demonstrated. However, differences between these treatments and standard incubation procedure have not been investigated. Therefore, the objectives of this study were to determine the effects of i) in ovo Gln feeding on hatching characteristics, ii) in ovo or dietary Gln administration on performance, small intestinal morphology and muscle development of broilers, and iii) sham in ovo injection on hatching characteristics.

### **Materials and Methods**

All the procedures with animals were approved by the Local Ethics Committee of Animal Experiments of Eskisehir Osmangazi University (Protocol no. HAYDEK-642/2018). A total of 960 fertile Ross 308 eggs of approximately similar weights (46.7  $\pm$  1 g) were obtained from a commercial company (CP Group, Istanbul, Turkey).

The eggs were incubated under optimal conditions (37.7 °C - 37.2 °C and 60% - 75% humidity) at the Research and Application Farm of Agricultural Faculty of Eskişehir Osmangazi University. At day 18 of incubation, the eggs were candled and those eggs containing viable embryos were allocated randomly to four treatments with six replicates of 40 eggs per tray. The treatments consisted of i) an untreated negative control (NC), ii) a positive control in which the eggs were injected with 1 ml sterile solution with 0.9% salt (PC), iii) eggs that were injected with a 1% Gln solution (IG), and (iv) the chicks from untreated eggs, which received dietary supplementation with 10 g/kg Gln for seven days after hatching (PG). For the IG treatment, a sterile solution with 0.9% salt was prepared (Foye et al., 2006). Then, 1 g Gln (Sigma Aldrich No. H8125 and A9920; Merck KGaA, Darmstadt, Germany) was dissolved completely in the sterile solution to produce 100 ml of solution containing approximately 1 g Gln. The IG treatment was applied by manual injection into the amniotic fluid with a 19 mm and 27-gauge needle (Uni et al., 2005). After injection, the holes in the eggshells were sealed immediately with liquid paraffin, and the eggs were transferred to hatching baskets in the incubator. The NC, PC, and IG eggs were treated similarly. Eggs from PG were placed in the incubator immediately after being candled, and standard incubation procedures were applied.

On hatching, some of the chicks were transferred to an experimental house with six replicates of 28 birds (14 females and 14 males) with similar average weights (42  $\pm$  3 g) and reared for 42 days. All groups were fed ad libitum with corn-soybean-based commercial diets through 42 days old (Table 1), except that the PG chicks were given the feed supplemented with Gln for the first seven days post hatch. All birds were reared on the floor pens (2.5 m  $\times$  1.0 m  $\times$  4.5 m) with wood shavings. The pens contained a poultry feeder plate and automatic drinkers.

To determine embryonic weight at day 18 of incubation and the weights of the chicks, organs, and tissues at hatching, 12 embryonated eggs and 12 chicks were randomly selected from each treatment. The day 18 yolk-free embryos and the yolk-free newly hatched chicks were weighed individually and the gain between day 18 of incubation and hatching was calculated. At hatch, the yolk sac (YS) and whole GIT were removed carefully from the abdominal cavity and measured. The *Iliotibialis muscle* (ITM) and *Pectoralis major* muscle (PM) were also removed carefully from the carcass and weighed (Kop-Bozbay & Ocak, 2019). The relative weights of YS, GIT, ITM, and PM were calculated as percentages of bodyweight (g or cm/100 g)

At hatch, the chicks and all unhatched eggs were counted, and the percentage hatchability of fertile eggs was calculated. All unhatched eggs were opened and examined macroscopically for indicators of physiological processes (dead with pipping or dead without pipping). Dead poults in each class were expressed as the percentages of incubated fertile eggs.

Feed intake (FI) was measured for the entire experiment and recorded for each pen. Bodyweight was recorded at 42 days old. Feed conversion ratio (g feed to g gain) was calculated from the bodyweight and feed consumption for each pen.

To determine the weights of the GIT, ITM, PM, and small intestine segments, such as duodenum, jejunum and ileum, 12 birds per treatment (one female and one male per repetition) were selected, weighed, and killed by cervical dislocation, at 42 days old (Maiorka, 2003). The relative weights of the organs and tissues at day 42 were calculated as percentages of bodyweight (g/100 g bodyweight). Subsequently, tissue samples were collected from the duodenum, jejunum, and the ileum (Gholipour *et al.*, 2018) to evaluate intestinal morphology (villus height, villi width, and crypt depth). These sections were fixed in 10% formalin buffer solution after extraction, washed with physiological serum (0.9% salt), and placed in a histolectric device for processing. After paraffin moulding, five micrometre sections were prepared from each sample, and the samples were stained with haematoxylin and eosin and observed under a computer-connected light microscope (Zeiss-Scope A1;Carl-Zeiss-Promenade, Jena, German) (lji *et al.*, 2001).

One-way analysis of variance used to determine the effect of the treatments on the variables using the

Windows version of SPSS (SPSS Inc., Chicago, Illinois, USA). Differences between the treatments were considered significant at P < 0.05. The normal distribution of the data was evaluated with the Levene test and homogeneity of variance was tested with the Kolmogorov-Smirnov test. Differences between treatments were assessed by Duncan's multiple comparison test when the overall treatment effect was significant.

Table 1 Ingredients and calculated nutrient values of basal diets for broiler chickens

gredients (g/kg)	Starter (0 - 21 d)	Finisher (21 - 42 d)	
Corn	555.75	586.88	
Soybean meal (46% crude protein)	380.00	330.00	
Vegetable oil	25.00	45.08	
Dicalcium phosphate	19.39	19.61	
Limestone	8.75	7.31	
Sodium chloride	3.61	3.61	
Lysine-Hcl	2.50	2.50	
DI-Metionine	2.50	2.50	
Vitamin-mineral premix <sup>1</sup>	2.50	2.50	
alculated nutrient analysis			
Metabolizable energy, Kcal.kg	3038.00	3190.00	
Dry matter, g/kg	88.81	89.09	
Crude protein, g/kg	21.85	19.76	
Crude oil, g/kg	4.50	6.52	
Crude fibre, g/kg	2.90	2.78	
Ash. g/kg	6.17	5.78	
Lysine, g/kg	1.50	1.15	
Methionine, g/kg	0.57	0.51	
Methionine+Cysteine, g.kg	0.92	0.86	
D-Tryptophan, g/kg	0.24	0.21	
Calcium, g/kg	0.96	0.90	
Available phosphorus, g/kg	0.40	0.40	

 $^{1}$ Vitamin A: 12000 IU, vitamin D<sub>3</sub>: 2400 IU, vitamin E: IU, vitamin K<sub>3</sub>: 2.5 mg, vitamin B<sub>1</sub>: 3.0 mg, vitamin B2: 7 mg, nicotinamide: 40 mg, calcium d-pantothenate: 8.0 mg, vitamin B<sub>6</sub>: 4.0 mg, vitamin B<sub>12</sub>: 0.015 mg, folic acid: mg, D-biotine: 0.045 mg; vitamin C: 50 mg; chlorine chloride: 125 mg, manganese: 80 mg, iron: 40 mg, zinc: 60 mg, copper: 5 mg, cobalt: 0.1 mg, iodine: 0.4 mg, selenium: 0.15 mg

## **Results and Discussion**

Hatchability was reduced by IG compared with NC and PG (P <0.05), which, as expected, were similar. Embryos fed Gln had a higher weight gain than those in PC (P <0.05). The yolk-free weight of embryos in IG was higher than in PG (P <0.01). The YS of the IG group had a lower relative weight than for chicks from PG (P <0.05). The IG treatment increased the relative weight of the PM compared with PC and PG (P <0.05), and that of the GIT compared with all other groups at hatch (P <0.001). The results for hatchability are presented in Table 2.

The FI and BW of birds at 42 days old were not affected by the treatments (Table 3). However, the FCR was lower in the PG birds than in the birds that did not receive supplemental Gln after hatching. The FCR was also lower for IG birds than for those in the NC group (P < 0.001).

At 42 days old, birds in the PG treatment had an increased relative weight of the GIT, compared with PC and IG. In contrast, birds in IG had increased relative weight of the duodenum in comparison with those in PG (P <0.05) (Table 4).

Table 2 Influence of in ovo injection of L-Glutamine on the hatchability and hatchability traits

Variable	NC	PG	PC	IG	SE	<i>P</i> -value
Hatchability of fertile eggs, %	93.70 <sup>a</sup>	91.59 <sup>a</sup>	90.43 <sup>ab</sup>	86.85 <sup>b</sup>	0.86	0.018
Percentages of dead-in-shell chicks, %						
Pipped	1.33	1.00	2.00	2.00	0.28	0.624
Non-pipped	3.93	7.31	5.03	9.68	0.85	0.056
Bodyweight change, g	16.68 <sup>ab</sup>	15.63 <sup>ab</sup>	13.20 <sup>b</sup>	18.28 <sup>a</sup>	0.74	0.050
Yolk-free chick weight, g	35.59 <sup>ab</sup>	34.67 <sup>b</sup>	36.26 <sup>ab</sup>	40.34 <sup>a</sup>	0.87	0.001
Relative weights of (g/100 g bodyweight)						
Yolk sac	15.32 <sup>ab</sup>	17.81 <sup>a</sup>	14.04 <sup>ab</sup>	11.42 <sup>b</sup>	0.87	0.047
Gastrointestinal tract	5.99 <sup>b</sup>	6.05 <sup>b</sup>	5.97 <sup>b</sup>	7.47 <sup>a</sup>	0.55	< 0.001
Thigh muscle	5.67	6.04	5.68	6.15	0.11	0.101
Breast muscle	1.62 <sup>ab</sup>	1.55 <sup>b</sup>	1.50 <sup>b</sup>	1.67 <sup>a</sup>	0.04	0.024

<sup>&</sup>lt;sup>a,b</sup>Within a row, means with a common superscript were not different at P = 0.05

PC: eggs injected with 1ml sterile solution; NC: eggs not injected; IG: eggs injected with 1 ml sterile solution containing L-Glutamine; PG: eggs subjected to standard incubation procedure

Table 3 Influence of in ovo or dietary L-Glutamine administration on the performance of broiler chickens

Variables	NC	PG	PC	IG	SE	<i>P</i> -value
Feed intake, g	4713.25	4628.25	4669.5	4697.75	50.26	0.951
Bodyweight, g	2560.55	2570.60	2548.50	2577.60	29.98	0.989
Feed conversion ratio, g feed/g gain	1.84 <sup>a</sup>	1.80 <sup>c</sup>	1.83 <sup>ab</sup>	1.82 <sup>b</sup>	0.01	<0.001

<sup>&</sup>lt;sup>a,b</sup> Within a row, means with a common superscript were not different at P = 0.05

PC: eggs injected with 1ml sterile solution; NC: eggs not injected; IG: eggs injected with 1 ml sterile solution containing L-Glutamine; PG: eggs subjected to standard incubation procedure with the chicks receiving L-Glutamine post hatch

**Table 4** Influence of in ovo or dietary L-Glutamine administration on the relative weights (g/100 g bodyweight) of digestive organs, breast, and thigh muscle in broiler chickens

Relative weights	NC	PG	PC	IG	SE	<i>P</i> -value
Gastrointestinal tract	6.77 <sup>ab</sup>	7.55 <sup>a</sup>	6.36 <sup>b</sup>	6.40 <sup>b</sup>	3.86	0.022
Duodenum	7.95 <sup>ab</sup>	7.63 <sup>b</sup>	9.09 <sup>ab</sup>	10.39 <sup>a</sup>	0.64	0.034
Jejunum	19.51	18.77	19.21	18.65	1.26	0.919
lleum	14.22	13.63	15.37	13.27	1.10	0.653
Thigh muscle	8.03	7.90	7.90	7.91	3.48	0.984
Breast muscle	11.46	12.75	12.05	11.77	6.41	0.156

<sup>&</sup>lt;sup>a,b</sup> Within a row, means with a common superscript were not different at P = 0.05

PC: eggs injected with 1 ml sterile solution; NC: eggs not injected; IG: eggs injected with 1 ml sterile solution containing L-Glutamine; PG: eggs subjected to standard incubation procedure with the chicks receiving L-Glutamine post hatch

In the duodenum, the villus length of PG was greater than that of t NC (P < 0.05), and the crypt depth of the PG birds was higher than that of the controls (P < 0.05). The villus length and crypt depth of the birds in the NC treatment were lower than birds in the other treatments (P < 0.05). The villus width in the jejunum of

NC birds was lower than all birds supplemented with Gln (P <0.05). At the distal end of the small intestine (ileum), the villus length of PG birds was greater than that of PC and NC birds (P <0.001) and the crypt depth in the ileum of birds in the NC treatment was lower than that of birds in the other treatments (P <0.05). The effects of immediate pre- and post-hatch Gln supplementation on small intestinal morphology at 42 days old are shown in Table 5.

**Table 5** Influence of in ovo or dietary L-Glutamine administration on villus length, villus width and crypt depth of duodenum, jejunum, and ileum in broiler

Instestinal characteristics	NC	PG	PC	IG	SE	P-value
Duodenum						
Villus length	1322.64 <sup>b</sup>	1650.05 <sup>a</sup>	1480.23 <sup>ab</sup>	1531.01 <sup>ab</sup>	42.169	0.028
Villus width	177.98	202.68	182.98	196.68	4.082	0.096
Crypt depth	198.25 <sup>b</sup>	249.07 <sup>a</sup>	211.57 <sup>b</sup>	222.69 <sup>ab</sup>	6.347	0.013
Jejunum						
Villus length	1140.82 <sup>b</sup>	1561.56 <sup>a</sup>	1365.10 <sup>a</sup>	1438.46 <sup>a</sup>	49.080	0.005
Villus width	163.06 <sup>c</sup>	208.10 <sup>a</sup>	181.15 <sup>bc</sup>	197.89 <sup>ab</sup>	5.368	0.003
Crypt depth	182.65 <sup>b</sup>	220.23 <sup>a</sup>	210.04 <sup>a</sup>	208.53 <sup>a</sup>	4.110	0.001
lleum						
Villus length	1092.26 <sup>c</sup>	1507.78 <sup>a</sup>	1353.32 <sup>b</sup>	1423.64 <sup>ab</sup>	42.708	<0.001
Villus width	166.92	190.60	189.92	194.39	5.993	0.382
Crypt depth	165.51 <sup>b</sup>	203.10 <sup>a</sup>	190.55 <sup>a</sup>	189.43 <sup>a</sup>	4.255	0.003

a,b Within a row, means with a common superscript were not different at P = 0.05

PC: eggs injected with 1ml sterile solution; NC: eggs not injected; IG: eggs injected with 1 ml sterile solution containing L-Glutamine; PG: eggs subjected to standard incubation procedure with the chicks receiving L-Glutamine post hatch

In the present study, in ovo Gln feeding affected hatchability negatively, as was also reported by Salmanzadeh *et al.* (2016) which differed from the results reported by Youssef *et al.* (2017). Youssef *et al.* (2017) injected a 0.2 ml solution (with 5 mg Gln) into each egg in their study, whereas Salmanzadeh *et al.* (2016) injected a 0.5 ml solution (with 10, 20, 30, 40, and 50 mg of Gln) into each egg. In the current study, 10 mg Gln, dissolved in 1 ml of solution, was injected into each egg. Nutrient specificity and the osmolarity of the vaccine diluent in the in ovo studies may result in different responses among the embryos (Uni & Ferket 2003, Salmanzadeh *et al.*, 2016; Kop-Bozbay & Ocak, 2019). Therefore, the quantity of solution could be detrimental to the internal environmental sensitivity of the embryo and might have a negative effect on hatchability.

Studies have shown that in ovo feeding affects the chick's physiology, nutrient reserve and use of the YS in embryonic development and improves post-hatch growth performance (Soltan, 2009; Salmanzadeh et al., 2016; Kriseldi, 2017). In this study, the in ovo Gln injection increased YFCW and weight gain at hatch. The IG chicks had a lower YS weight and a higher GIT weight at hatch, which supported the concept that the concentration of amino acids in the egg was insufficient to support embryo development in late incubation (Ohta et al., 1999). This observation suggests that embryos that underwent IG treatment had an exogenous feed source earlier than other groups, which encouraged digestive system development and improved YS utilization. The height, width, and area of the villus in the small intestine are considered important indicator parameters for the functionality of the small intestine (Awad et al., 2009). Unfortunately, small intestine morphology was not investigated at hatching of the chicks. However, based on the findings of hatching properties (Table 2), it can be inferred that by stimulating the development of these morphological features, nutrients can be used more effectively. Thus, improved utilization of the YS and the weight of the GIT, PM and CW might encourage general weight gain (Awad et al., 2006). Indeed, the exogenous Gln source may have been beneficial to the development of the GIT, since endogenous GIn production was insufficient to meet body needs (Lobley et al., 2001). In addition, the increased PM weight at hatch after in ovo Gln feeding may be because of the improved amino acid utilization of the embryo. These changes indicated that in ovo Gln injection increased embryonic growth.

In the present study, the results of hatching characteristics of chicks that underwent the NC and PG

treatments revealed no differences. Therefore, the current results support the idea that standard incubation procedures can be applied without creating negative control groups, which saves time and labour.

The effects of Gln in either in ovo or in the starter feed on FI and BW were not observed in this study. These results are contrary to previous reports (Bartell & Batal, 2007; Salmanzadeh, *et al.*, 2016; Gholipour, *et al.*, 2018; Xue *et al.*, 2018; Abdulkarimi *et al.*, 2019). However, the FCR was lower among the PG birds than those that underwent the other treatments and was lower among IG than NC. This positive effect can be explained by the increase in weight of the GIT and duodenum, which was evidence of the accuracy of Gln administration, demonstrating the effects of the starter feed on the digestive system (Yi *et al.*, 2005, Bartell & Batal, 2007; Kriseldi, 2017; Gholipour *et al.*, 2018; Barekatain, 2019).

L-Glutamine plays a role in increasing muscle mass and weight (Watford & Wu 2005). In the present study, contrary to the findings of Chen *et al.* (2009) and Gholipour *et al.* (2018), beneficial effects of Gln supplementation on muscle weight were not detected. The Gln doses and the duration of treatment in the current study may have been insufficient to support the development of muscles.

The results for crypt depth, villus width and villus height (Table 5) show that Gln was used as an energy source for increased intestinal villus height and total mucosal development, stimulated small intestinal cell proliferation, and thus enhanced the absorption surface of the mucosa in the digestive system, increasing the use of nutrients (Caspary, 1992). As a result, it may be concluded that Gln decreases FCR by stimulating the digestive system.

The effects of Gln administration in this study showed that dietary Gln feeding post hatch was more effective. This could be because villus development in all areas of the small intestine is completed early post hatch, within 14 days (Uni *et al.*, 1998) to 21 days (Iji *et al.*, 2001). Therefore, in this study, the effect of dietary Gln supplementation on the morphological characteristics of the small intestine may have been seen more clearly.

#### Conclusions

In ovo Gln supplementation improved embryo development and hatching characteristics, whereas hatchability was depressed. There were no differences in hatching characteristics between the treatments that did not entail injection of the eggs, namely IG and PG. In ovo and dietary Gln administration reduced FCR by stimulating digestive system development without affecting FI and BW. Since small intestine morphology developments are faster in the post-hatching period of the chick, the development of the digestive system can be promoted by using L-Glutamine during early feeding.

## Acknowledgements

This research was the M.Sc. project of first author and was supported by the Scientific Research Fund of Eskisehir Osmangazi University (BAP 201723A123). The authors are grateful for the support of the staff and facilities of the Department of Animal Science, Faculty of Agriculture, Eskisehir Osmangazi University.

#### **Authors' Contributions**

CKB was responsible for the concept, formulation of objectives and scope of research, formulation of conclusions, and creation of the publication text. SK co-conducted the laboratory studies and implementation of the research.

## **Conflict of Interest Declaration**

The authors declare that they have no competing interests.

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