



Relationship of glycogen and lactate concentrations as a pork quality indicator

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Abstract

Muscle metabolites greatly determine pork quality. However, precise threshold values which indicate its deterioration or improvement are not fully known. This study aimed to determine the influences of pork *Longissimus lumborum* (LL) glycogen and lactate concentrations measured at 45 min post mortem on pH, colour (L^* , a^* , b^*) and drip loss (DL) measured during 144 hours post mortem in order to prescribe appropriate threshold values. The investigation used 30 gilts and 30 barrows being fattened for slaughter. After slaughter, the carcasses were assigned to groups based on the observed levels of glycogen and lactate: low GlyL with glycogen ≤ 35 $\mu\text{mol/g}$, GlyM with glycogen between 35 and 55 $\mu\text{mol/g}$, GlyH with glycogen > 55 $\mu\text{mol/g}$; LacL with lactate ≤ 40 $\mu\text{mol/g}$ and LacH with lactate > 40 $\mu\text{mol/g}$. Lower muscle pH was noted up to 24 h post mortem in the LacH group compared to LacL ($P \leq 0.01$). 24 h post mortem higher pH was found in GlyL than in GlyM and GlyH ($P \leq 0.01$), which were similar. Similarly no statistical differences were noted between the GlyM and GlyH groups were also similar in L^* , DL_{96} and DL_{144} , with lower values found for GlyL ($P \leq 0.01$). Compared to LacH, LacL had lower L^* , DL_{48} , DL_{96} and DL_{144} ($P \leq 0.01$) and higher a^* and b^* values. Muscle pH, drip loss, L^* and a^* values were more affected by lactate concentration if the glycogen concentration ≥ 35 $\mu\text{mol/g}$ muscle tissue. Thus, metabolite concentration may be a useful and valuable indicator of pork quality.

Keywords: drip loss, glycolytic resources, pork colour, post-mortem muscle metabolism

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Introduction

Satisfaction of consumers is a crucial part of modern shopping behaviour. Thus, it is necessary to understand their needs and to know the factors that generate these demands (Font-i-Furnols & Guerrero, 2014). In pork meat, colour, marbling, fat content and drip loss are the most important quality attributes for modern consumers and are known to determine their choices at the point of purchase (Verbeke *et al.*, 2005). Unfortunately, the trend of producing pork that excels in production attributes such as leanness and efficiency at minimal cost has caused meat quality to deteriorate (Lonergan *et al.*, 2001; Dokmanović *et al.*, 2015). The US pork industry loses more than \$100 million annually due to quality defects (Knox *et al.*, 2008) and the German pork industry loses EUR198 million as a result of a 1% increase drip loss from the loin (Fischer, 2007).

Thus, proper evaluation of pork quality is of great importance and the mechanisms of its development and especially post-mortem carbohydrate metabolism in the muscle are the subject of increased research efforts (Huff-Lonergan *et al.*, 2002; Pösö & Puolanne, 2005). During the post-mortem period, glycogen is converted to lactate releasing hydrogen ions (H^+), which are responsible for proper muscle acidification after slaughter and therefore for muscle protein denaturation and subsequently manifestation of meat quality traits (Hamm, 1977; Scheffler *et al.*, 2013; England *et al.*, 2015). According to Choe *et al.* (2008), changes in glycogen and lactate concentration may potentially indicate values of pork quality attributes and determine pork quality. However, strict threshold values for these muscle metabolites that may indicate deterioration or improvement in pork quality are not yet fully known. Henckel *et al.* (2002), identified an initial glycogen concentration of 53 $\mu\text{mol/g}$ as a potential threshold, above which no significant correlation with ultimate pH was found.

To the best of the authors' knowledge, there is no other information which identifies threshold values of muscle metabolite concentrations which might indicate potential for pork to attain sufficient levels of acidity or other quality attributes. This information could be used in the development of modern pork quality evaluation techniques, for example Raman and Fourier infrared spectroscopy, which could be applied directly in abattoirs at the pre-rigor stage and used for sorting carcasses (Andersen *et al.*, 2017). Thus, the aim of this study was to determine the influence of glycogen and lactate concentrations in pork *Longissimus lumborum* (LL) measured at 45 min post mortem on pH, colour and drip loss, measured up to 144 hours after slaughter. Secondly, threshold values for these metabolite concentrations which could be used as indicators of pork quality were sought.

Materials and Methods

Animal experimental procedures conformed to the scientific and ethical regulations provided in Directive 2010/63/EU and accepted by Siedlce University of Natural Sciences and Humanities. The investigation was carried out using Duroc sired pigs from Landrace-Yorkshire cross sows (30 gilts and 30 barrows) that were being fattened for slaughter. These pigs originated from the same breeder and were of similar live weight (ca. 105 kg) and age (ca. 160 days). At the breeding farm, animals were kept under the same environmental conditions (concrete floor) and fed a complete diet (Cargill, Inc.) according to age (25-45 kg of bodyweight: 13.0 MJ metabolizable energy, 160 g crude protein, 9.50 g lysine/kg; 45-65 kg of bodyweight: 12.75 MJ ME, 150 g crude protein, 8.50 g lysine/kg; and 65 +/- 100 kg of bodyweight: 12.0 MJ ME, 140 g crude protein, 8.00 g lysine/kg). Loading was performed in small groups by qualified personnel without use of electrical prods. The pigs were transported at night (approximately 280 km) in vehicles that were specifically designed for this purpose. After unloading at the meat plant, the pigs were moved to lairage pens for 2-4 hours and had easy access to fresh water. At slaughter they were moved to a stunning area by trained personnel with paddles and restrained with hydraulically powered equipment. The pigs were stunned electrically using an automatic electrical stunner (MIDAS, Stork RMS, The Netherlands, and INARCO constant voltage system) and exsanguinated in a horizontal position. Carcasses were chilled in a three-phase chilling tunnel (-10 °C for 15 min., -15 °C for 25 min., and -5 °C for 40 min. with air velocity of 3 m/s) and stored at 4 °C up to 24 hours after slaughter.

The quality of pork (from 45 min to 24 hours post mortem) was evaluated directly in carcasses in the *Longissimus lumborum* muscle behind the last rib. Meat quality parameters at 48 hours after slaughter were measured in meat samples taken at last rib and first lumbar vertebra. The samples were separated from the bone, external fat and epimysium and then stored in plastic bags at 0-4°C. Meat quality was evaluated on the basis of these parameters that were measured post mortem: acidity of muscle tissue (pH), drip loss at 48, 96, and 144 hours (DL48, DL96, and DL144, respectively), and colour. The pH was measured at 35 min. and 2, 3, 24, 48, 96, and 144 hours (pH₃₅, pH₂, pH₃, pH₂₄, pH₄₈, pH₉₆, and pH₁₄₄, respectively) post mortem using a pistol pH-meter MASTER (Draminski, Olsztyn, Poland) with temperature compensation. The meter was calibrated prior to collecting the data with pH 4.64 and 7.00 buffer solutions (Mettler-Toledo, LLC, Columbus, Ohio, USA). The probe was inserted perpendicularly to the long axis of the muscle. Colour was measured following Prange *et al.* (1977), at 24 hours with a Minolta Chroma Meter (model CR 310, Minolta, Osaka, Japan) using D65 illuminant orifice with the results recorded as lightness (L*), redness (a*), and yellowness (b*).

After the first measurement of pH (pH₃₅), LL muscle samples (1 g) were immersed (up to 45 min post mortem) in tubes with 10 ml of 0.5M Perchloric acid and homogenized at 11 000 rpm (Ultra-Turrax T25, Janke & Kunkel IKA® Labortechnik, Cridersville, Ohio, USA) to inhibit glycogen changes in muscles. Samples were stored at -20 °C for three weeks. Glycogen concentration was determined according to Dalrymple and Hamm (1973) using amyloglucosidase, which was derived from the yeast *Aspergillus niger*. Lactate concentration was determined following Bergmeyer (1974) using L-lactate dehydrogenase. The glycolytic potential (GP) was calculated as the sum of 2 [glycogen] + [lactate] according to the simplified formula of Monin & Sellier (1985) and expressed as μmol of lactic acid equivalent per gram of fresh muscle tissue.

The genomic DNA was isolated from white blood cells according to Kawasaki (1990), while the RYR1 C1843T polymorphic site was analysed with a DNA test using the PCR/RFLP method according to Fujii *et al.* (1991).

To the best of the authors' knowledge, there are no pre-existing precise threshold values of muscle metabolite concentration in the literature. Carcasses were grouped according to three classes for glycogen concentration and two classes for lactate concentration based on their observed distributions and means. For glycogen, these classes were as follows, GlyL: glycogen concentration $\leq 35 \mu\text{mol/g}$ of muscle tissue; GlyM: glycogen concentration between 35 and 55 $\mu\text{mol/g}$ of muscle tissue; and GlyH: glycogen

concentration >55 $\mu\text{mol/g}$ of muscle tissue. For lactate, these classes were as follows, LacL: lactate concentration ≤ 40 $\mu\text{mol/g}$ of muscle tissue; and LacH: lactate concentration >40 $\mu\text{mol/g}$ of muscle tissue.

Data were analysed by two-way analysis of variance using non-orthogonal contrast in STATISTICA 13.1 (StatSoft, Tulsa, OK, USA). The statistical model included the effect of glycogen concentration (2 degrees of freedom), lactate concentration (1 degree of freedom) and the interaction between them. Data were tested for normality using the Shapiro-Wilk statistic (Shapiro & Wilk, 1965). Significance of differences between means was calculated using the LSD test.

Results and Discussion

The average lean meat content of the population was $56.23 \pm 3.50\%$. Hot carcass weight was 86.80 ± 4.11 kg. None of the pigs had the $RYR1^T RYR1^T$ genotype.

The distributions of lactate and glycogen concentrations were approximately normal. Means and standard deviations for the classifications of the research material are shown in Table 1. In Tarczyński *et al.* (2018), similar glycogen, lactate and GP were reported for two analogous genetic groups that were differentiated by breed of sire. However, Lebret *et al.* (2011) noted higher lactate concentration and GP in genetically similar pigs (49.1 $\mu\text{mol/g}$ and 141.4 $\mu\text{mol/g}$ of muscle tissue, respectively) and crossbreeds from a different sire line (48.7 $\mu\text{mol/g}$ and 141.6 $\mu\text{mol/g}$ of muscle tissue, respectively). Zybert *et al.* (2015) also noted similar GP, glycogen, and lactate concentration in purebred Duroc pigs being fattened for slaughter.

Table 1 Means (\pm SD) of glycogen and lactate concentrations and the glycolytic potential of pork assigned to groups characterized by low, medium and high levels of glycogen, and low and high levels of lactate

Trait	Glycogen concentration ranges ($\mu\text{mol/g}$)			Lactate concentration ranges ($\mu\text{mol/g}$)		\bar{x} n=60	F-statistic		
	GlyL n=12	GlyM n=36	GlyH n=12	LacL n=29	LacH n=31		Gly	Lac	(Gly \times Lac)
Glycogen concentration ($\mu\text{mol/g}$)	28.72 ^A ± 4.54	45.33 ^B ± 6.06	61.17 ^C ± 5.15	46.67 ± 10.11	43.77 ± 12.31	45.17 ± 10.73	95.32 ^{**}	0.04	0.84
Lactate concentration ($\mu\text{mol/g}$)	41.81 ± 8.67	41.40 ± 10.31	35.33 ± 7.60	32.18 ^A ± 4.23	47.87 ^B ± 6.69	40.29 ± 9.71	3.09	77.47 ^{**}	0.63
Glycolytic potential ($\mu\text{mol/g}$)	99.34 ^A ± 11.75	132.06 ^B ± 14.53	157.68 ^C ± 14.87	125.51 ^A ± 21.30	135.43 ^B ± 24.33	130.64 ± 23.27	69.65 ^{**}	13.93 ^{**}	0.47

^{A,B,C} Within a row, means with a common superscript do not differ significantly at $P \leq 0.01$, ^{**} $P \leq 0.01$

Gly: glycogen; Lac: lactate; GlyL: ≤ 35 μmol glycogen per g of muscle tissue; GlyM: glycogen concentration between 35 and 55 μmol per g of muscle tissue; GlyH: >55 μmol glycogen per g of muscle tissue; LacL: ≤ 40 μmol lactate per g of muscle tissue; LacH: >40 μmol lactate per g of muscle tissue

Glycolytic resources in pre-rigor muscle influence muscle acidity after slaughter. According to Van Laack (2000), GP explains the 42% of variation in ultimate pH. Zybert *et al.* (2014) showed that the concentrations of glycogen and lactate measured at 45 min. after slaughter were indicative of pH decline up to 48 hours post mortem. Additionally, if glycogen level at the slaughter is low, higher concentration of lactate can indicate faster glycolysis and therefore lower pH at early post-mortem period (Koćwin-Podsiadła *et al.*, 2006). The effects of glycogen and lactate concentration on pH measured up to 144 hours post mortem are shown in Table 2. Ryu and Kim (2005) and Lebret *et al.* (2011) noted lower pH values at 45 min after slaughter (6.02 ± 0.26 and 6.40 , respectively) than were observed in the present study. Similar pH_{35} (6.58 ± 0.15) and lower pH_3 (5.91 ± 0.19) were noted by Rybarczyk *et al.* (2018). Zhang *et al.* (2018) also found a similar pH value at 45 min after slaughter (6.55 ± 0.07). Lebret *et al.* (2011), Ryu and Kim (2005), and Zhang *et al.* (2018) all found lower pH_{24} (5.56 , 5.57 ± 0.12 and 5.58 ± 0.14 , respectively) in pork from Duroc sired pigs out of Landrace-Yorkshire cross bred sows than was noted in this study. Similar values of pH measured at 24 hours (5.65 ± 0.16), and higher at 48 hours (5.72 ± 0.20) and 96 hours (5.68 ± 0.14) after slaughter, were noted by Rybarczyk *et al.* (2018).

Table 2 Means (\pm SD) of pH of pork measured between 35 minutes and 144 hours post mortem as related to its levels of glycogen and lactate at 45 minutes post mortem

Trait	Glycogen concentration ranges ($\mu\text{mol/g}$)			Lactate concentration ranges [$\mu\text{mol/g}$]		\bar{x} n = 60	F-statistic		
	GlyL n = 12	GlyM n = 36	GlyH n = 12	LacL n = 29	LacH n = 31		Gly	Lac	Gly x Lac
pH ₃₅	6.63 \pm 0.18	6.60 \pm 0.15	6.67 \pm 0.16	6.68 ^B \pm 0.16	6.57 ^A \pm 0.12	6.62 \pm 0.16	0.79	14.67**	3.81**
pH ₂	6.43 \pm 0.14	6.44 \pm 0.18	6.56 \pm 0.18	6.55 ^B \pm 0.17	6.37 ^A \pm 0.14	6.45 \pm 0.18	0.97	15.07**	1.14
pH ₃	6.27 \pm 0.17	6.24 \pm 0.19	6.35 \pm 0.22	6.38 ^B \pm 0.18	6.18 ^A \pm 0.15	6.27 \pm 0.19	0.82	19.23**	0.72
pH ₂₄	5.81 ^B \pm 0.14	5.67 ^A \pm 0.08	5.65 ^A \pm 0.11	5.74 ^B \pm 0.10	5.64 ^A \pm 0.11	5.69 \pm 0.11	17.9**	24.90**	1.20
pH ₄₈	5.63 ^B \pm 0.15	5.46 ^A \pm 0.07	5.43 ^A \pm 0.06	5.50 \pm 0.11	5.48 \pm 0.11	5.49 \pm 0.11	20.8**	3.00	1.20
pH ₉₆	5.56 ^B \pm 0.16	5.39 ^A \pm 0.07	5.35 ^A \pm 0.04	5.43 \pm 0.11	5.40 \pm 0.12	5.41 \pm 0.12	19.4**	2.60	0.81
pH ₁₄₄	5.75 ^B \pm 0.18	5.46 ^A \pm 0.07	5.41 ^A \pm 0.06	5.51 \pm 0.12	5.51 \pm 0.14	5.51 \pm 0.16	44.6**	2.80	1.80

^{A,B} Within a row, means with a common superscript do not differ significantly at $P \leq 0.01$, ** $P \leq 0.01$

Gly: glycogen; Lac: lactate; GlyL: ≤ 35 μmol glycogen per g of muscle tissue; GlyM: glycogen concentration between 35 and 55 μmol per g of muscle tissue; GlyH: >55 μmol glycogen per g of muscle tissue; LacL: ≤ 40 μmol lactate per g of muscle tissue; LacH: >40 μmol lactate per g of muscle tissue; pH₃₅, pH₂, pH₃, pH₂₄, pH₄₈, pH₉₆, and pH₁₄₄: pH at 35 min, 2, 3, 24, 48, 96, and 144 hours post mortem

In the present study, the initial glycogen level, independent of the lactate concentration, determined pH measured at 24 hours post mortem onward, but not pre-rigor. No differences in pH measured at 24 hours after slaughter were noted between GlyM and GlyH groups; a finding which is some respects similar to the results of Sheffler *et al.* (2013). These authors found that GP was indirectly related to the extent of pH decline. However, Sheffler *et al.* (2013) did not examine glycogen and lactate concentrations separately but showed that different pH₂₄ could be obtained in meat with similar (normal) GP and potentially similar glycogen concentrations. Lactate concentration, independently of glycogen level, differentiated pH measured up to 24 hour post mortem with significantly higher pH values being obtained in LacL group (Table 2). Van Laack and Kauffmann (1999) also showed that muscles with similar lactate concentration may have different ultimate pH levels. In the study by Dokmanović *et al.* (2015), higher pH measured at 60 min after slaughter ($P \leq 0.01$) was noted in the group with lower lactate concentration (<12 mmol/g vs >12 mmol/g). However, in this study, lactate concentration was determined in blood samples. No interaction of glycogen and lactate concentrations affecting pH was seen in the present study, other than for its initial value measured at 35 min post mortem (Table 2).

The effect of the lactate level on pH measured up to 144 hours post-mortem within the GlyL, GlyM and GlyH groups are presented in Figures 1-3. Overall, lower lactate concentration was connected with more favourable pH values measured up to 24 hours post mortem within analysed glycogen ranges.

In a study by Choe *et al.* (2008), lactate level differentiated ($P \leq 0.05$) pH measured after slaughter at 45 min, but not at 24 hours post-mortem among meat samples with high glycogen concentration. These authors found no differences in pH₄₅ and pH₂₄ values between low and high lactate concentration groups when the glycogen level was low, which was the opposite of the results obtained in the present survey (Figure 1). In addition, it might be that lactate differentiates pH changes up to 24 hours post mortem to a lesser degree if the glycogen level is low and to a greater degree if the glycogen concentration is high. England *et al.* (2016) showed that oxidative muscles produce high pH₂₄ even in the presence of excess glycogen. However, in England *et al.* (2016) low pH₂₄ (ca. 5.4 units) was found in the LL muscle with the initial glycogen level between 30 and 35 $\mu\text{mol/g}$ of muscle tissue. In the present study, the average pH₂₄ value of 5.65 ± 0.11 was obtained even for those samples in which the glycogen level at 45 min after slaughter was higher than 55 $\mu\text{mol/g}$ of muscle tissue (Table 2). Choe *et al.* (2008) observed that pH₂₄ was greater than 5.54 units, regardless of glycogen and lactate concentration, except in groups characterized by high glycogen and high lactate concentrations wherein it was reduced (5.43). As suggested by England *et al.* (2014), the reason for normal pH₂₄ values, despite the high glycogen level at 45 min post mortem, could be the loss of phosphofructokinase activity.

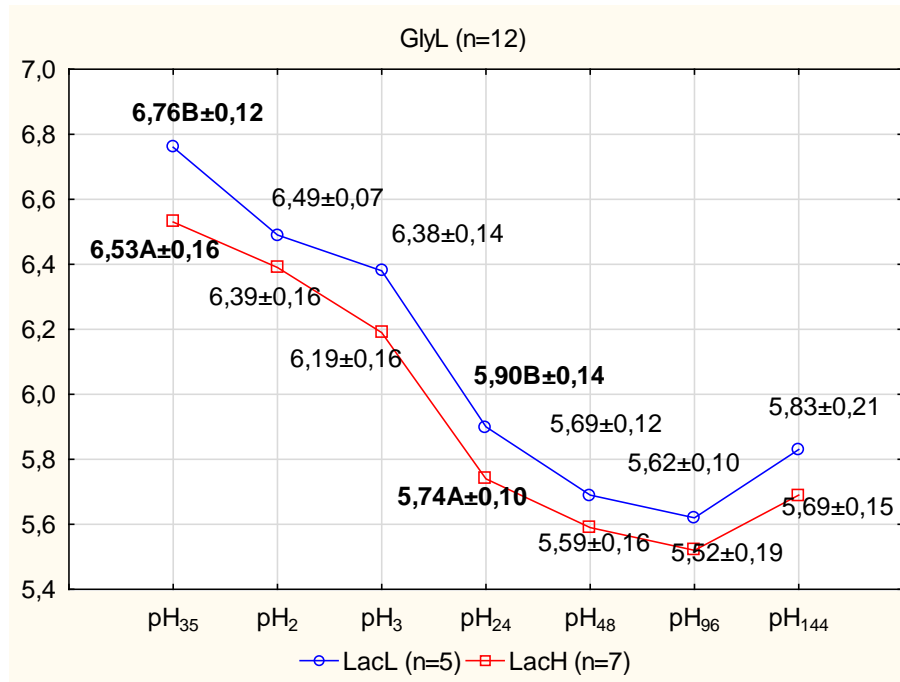


Figure 1 The effect of lactate concentration in muscle on pH up to 144 hours post mortem in pigs characterized by low glycogen concentration

A,B: At each time-point, means followed by different letters are significantly different at $P \leq 0.01$

GlyL: glycogen ≤ 35 $\mu\text{mol/g}$; LacL: lactate ≤ 40 $\mu\text{mol/g}$; LacH: lactate >40 $\mu\text{mol/g}$

pH₃₅, pH₂, pH₃, pH₂₄, pH₄₈, pH₉₆, pH₁₄₄: pH measured at 35 min., 2, 3, 24, 48, 96 and 144 hours post mortem

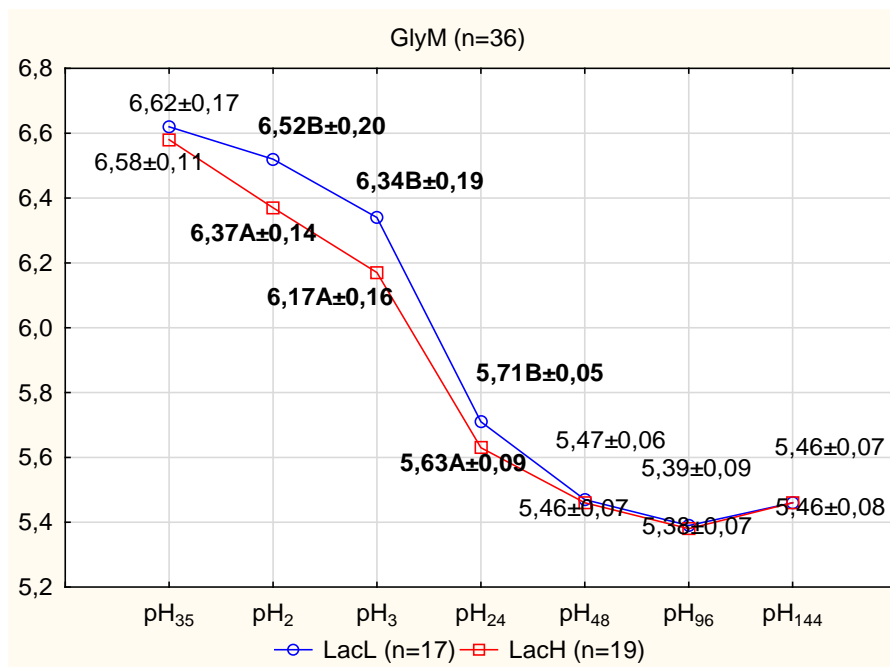


Figure 2 The effect of lactate concentration in muscle on pH up to 144 hours post mortem in pigs characterized by intermediate glycogen concentration

A,B: At each time-point, means followed by different letters are significantly different at $P \leq 0.01$

GlyM: glycogen concentration between 35 and 55 $\mu\text{mol/g}$ of muscle tissue; LacL: lactate concentration ≤ 40 $\mu\text{mol/g}$ of muscle tissue; LacH: lactate concentration >40 $\mu\text{mol/g}$ of muscle tissue

pH₃₅, pH₂, pH₃, pH₂₄, pH₄₈, pH₉₆, pH₁₄₄: pH measured at 35 min., 2, 3, 24, 48, 96 and 144 hours post mortem

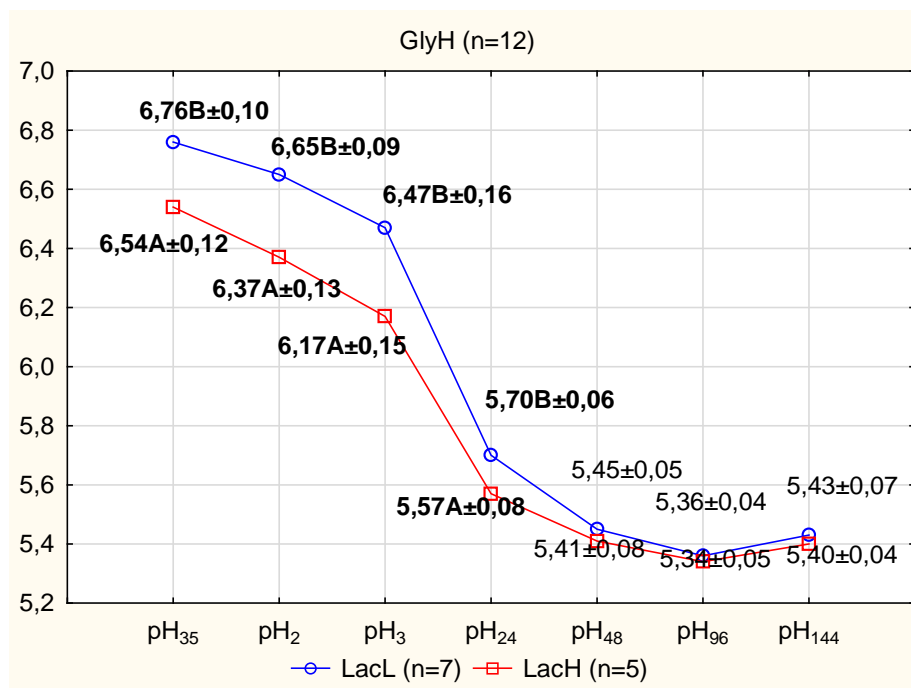


Figure 3 The effect of lactate concentration in muscle on pH up to 144 hours post mortem in pigs characterized by high glycogen concentration

A,B: At each time-point, means followed by different letters are significantly different at $P \leq 0.01$

GlyL: glycogen $>55 \mu\text{mol/g}$; LacL: lactate $\leq 40 \mu\text{mol/g}$; LacH: lactate $>40 \mu\text{mol/g}$

pH₃₅, pH₂, pH₃, pH₂₄, pH₄₈, pH₉₆, pH₁₄₄: pH measured at 35 min., 2, 3, 24, 48, 96 and 144 hours post mortem

Shown in Table 3 are the colour values L^* , a^* and b^* of the meat samples. Glycogen concentration, independent of lactate level, differentiated L^* values. Significantly higher L^* values were noted in GlyH group than in GlyL group. Lactate concentration, independent of glycogen level, differentiated L^* and a^* values ($P \leq 0.01$) and b^* value ($P \leq 0.05$). More favourable values of aforementioned parameters were noted in LacL group. No interaction effect was found between glycogen and lactate concentration for L^* , a^* , and b^* values. Choe *et al.* (2008) observed that higher L^* was associated with higher lactate concentration in both low and high glycogen concentration groups. The average L^* value observed here was similar to those noted by Tarczyński *et al.* (2018) in two groups of pigs being fattened for slaughter and by Zybert *et al.* (2015) in purebred Duroc. Other studies using crosses of Duroc boars on Landrace-Yorkshire sows have found variable results relative to the present study. Lebret *et al.* (2011) observed a similar value of b^* , a slightly higher value of L^* (55.4), but notably lower value of a^* . Slightly higher values of L^* (55.24 ± 2.78), and notably lower a^* (5.10 ± 1.06) and higher b^* (13.34 ± 0.60) values were found by Rybarczyk *et al.* (2018). Ryu & Kim (2005) noted values that generally indicated less intense colour (L^* : 47.25 ± 3.52 ; a^* : 6.95 ± 1.26 ; and b^* : 3.98 ± 1.11). Finally, Zhang *et al.* (2018) observed values of L^* , a^* and b^* of 46.29 ± 1.37 , 8.25 ± 0.31 and 6.09 ± 0.32 , respectively.

Drip loss is currently regarded as a primary concern for the meat industry owing to the financial losses that result from it (Fischer, 2007; Otto *et al.*, 2007). The impact of glycogen and lactate concentration on drip loss is shown in Table 4. Ryu and Kim (2005) and Zhang *et al.* (2018) found less drip loss at 48 hours post mortem ($4.71 \pm 2.55\%$ and $3.63 \pm 0.15\%$, respectively) than was observed in this study. Much lower DL_{48} ($2.19 \pm 0.99\%$) and DL_{96} (4.37 ± 1.75) values were noted by Rybarczyk *et al.* (2018).

Table 3 Means (\pm SD) of the colour values of pork for average effects of glycogen and lactate concentrations

Colour	Glycogen concentration ranges [μ mol/g]			Lactate concentration ranges [μ mol/g]		\bar{x} n = 60	F-statistic		
	GlyL n = 12	GlyM n = 36	GlyH n = 12	LacL n = 29	LacH n = 31		Gly	Lac	Gly x Lac
Lightness (L*)	52.36 ^A \pm 2.62	54.36 ^{AB} \pm 2.50	55.69 ^B \pm 2.95	53.09 ^A \pm 2.70	55.28 ^B \pm 2.47	54.23 \pm 2.78	7.29**	10.70**	1.10 ^{NS}
Redness (a*)	14.40 \pm 1.49	14.38 \pm 1.29	14.04 \pm 1.47	14.84 ^B \pm 1.63	13.82 ^A \pm 0.77	14.32 \pm 1.35	0.63 ^{NS}	8.25**	0.22 ^{NS}
Yellowness (b*)	5.38 \pm 1.99	5.12 \pm 1.51	5.34 \pm 1.06	5.63 ^b \pm 1.99	4.84 ^a \pm 0.73	5.22 \pm 1.52	0.32 ^{NS}	3.87*	1.12 ^{NS}

^{A,B} With a row, means with a common superscript do not differ significantly at $P \leq 0.01$

^{a,b} With a row, means with a common superscript do not differ significantly at $P \leq 0.05$

* $P \leq 0.05$, ** $P \leq 0.01$, NS $P > 0.05$

Gly: glycogen; Lac: lactate; GlyL: ≤ 35 μ mol glycogen per g of muscle tissue; GlyM: glycogen between 35 and 55 μ mol per g of muscle tissue; GlyH: >55 μ mol glycogen per g of muscle tissue; LacL: ≤ 40 μ mol lactate per g of muscle tissue; LacH: >40 μ mol lactate per g of muscle tissue

Table 4 Means (\pm SD) of drip loss measured at 48, 96 and 144 hours post mortem from pork differing in levels of glycogen and lactate

Drip Loss (hours)	Glycogen concentration ranges [μ mol/g]			Lactate concentration ranges [μ mol/g]		\bar{x} n = 60	F-statistic		
	GlyL n = 12	GlyM n = 36	GlyH n = 12	LacL n = 29	LacH n = 31		Gly	Lac	(Gly x Lac)
48	4.23 \pm 2.39	5.43 \pm 2.23	6.04 \pm 2.56	4.45 ^A \pm 1.73	6.12 ^B \pm 2.61	5.31 \pm 2.37	2.94 ^{NS}	9.25**	0.41 ^{NS}
96	6.37 ^A \pm 2.88	8.82 ^B \pm 2.34	9.47 ^B \pm 2.60	7.22 ^A \pm 2.02	9.61 ^B \pm 2.76	8.46 \pm 2.69	8.63**	16.19**	0.16 ^{NS}
144	8.48 ^A \pm 3.12	11.83 ^B \pm 2.55	11.89 ^B \pm 2.67	9.96 ^A \pm 2.64	12.29 ^B \pm 2.86	11.17 \pm 2.97	10.73**	15.81**	0.47 ^{NS}

^{A,B} With a row, means with a common superscript do not differ significantly at $P \leq 0.01$

** $P \leq 0.01$, NS $P > 0.05$

Gly: glycogen; Lac: lactate; GlyL: ≤ 35 μ mol glycogen per g of muscle tissue; GlyM: glycogen concentration between 35 and 55 μ mol per g of muscle tissue; GlyH: >55 μ mol glycogen per g of muscle tissue; LacL: ≤ 40 μ mol lactate per g of muscle tissue; LacH: >40 μ mol lactate per g of muscle tissue

Glycogen concentration, independent of lactate level, differentiated drip loss at 96 and 144 hours post mortem. Significantly higher DL_{96} and DL_{144} values were achieved in the GlyM and GlyH groups. Lactate concentration, independent of glycogen level, differentiated drip loss at all time-points. More favourable values, lower drip losses, were noted in the LacL group. No interaction effect was found between glycogen and lactate concentration for drip loss (Table 5). The effect of lactate concentration on drip loss within GlyL, GlyM, and GlyH was presented in Figures 4-6. Significantly lower drip loss in all time-points was noted in LacL group, however only within GlyM and GlyH groups. In Choe *et al.* (2008), DL_{48} values were not statistically different between low lactate and high lactate concentration groups when the glycogen level was low. However, Choe *et al.* (2008) also found relatively insignificant differences ($P < 0.1$) in DL_{48} values between low lactate and high lactate concentration groups if glycogen level was high despite these differences being rather considerable, for example 2.5%. This leads to the conclusion that the impact of lactate level on DL measured up to 144 hours post mortem is higher if the glycogen level is at least moderate.

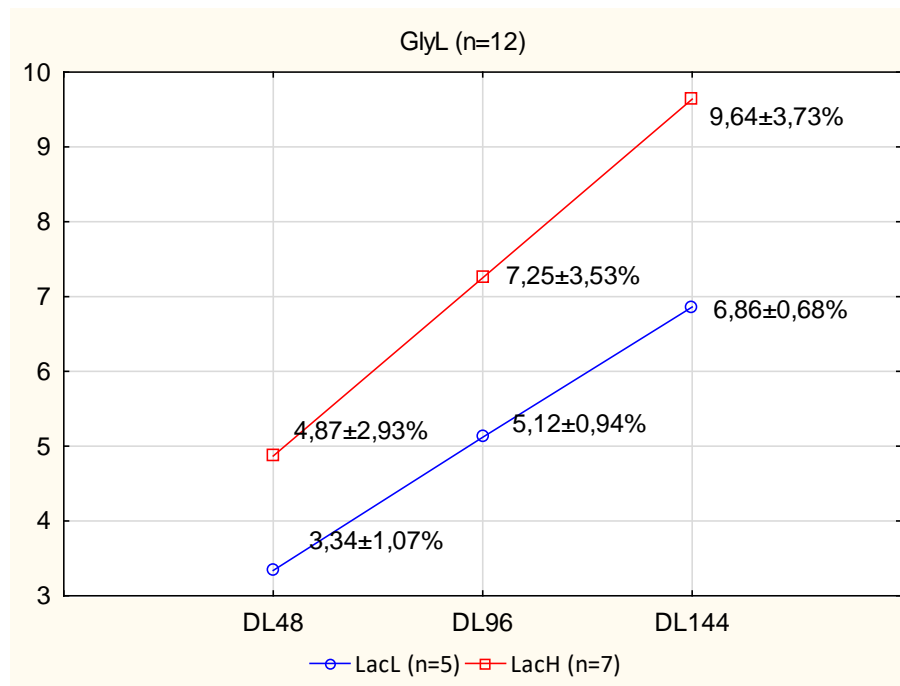


Figure 4 The effect of lactate concentration in muscle on drip loss measured at 48, 96 and 144 hour post mortem in pigs characterized by low glycogen concentration

GlyL – glycogen ≤ 35 $\mu\text{mol/g}$; LacL – lactate ≤ 40 $\mu\text{mol/g}$; LacH – lactate > 40 $\mu\text{mol/g}$; DL_{48} , DL_{96} , DL_{144} : drip loss measured at 48, 96 and 144 hour post mortem

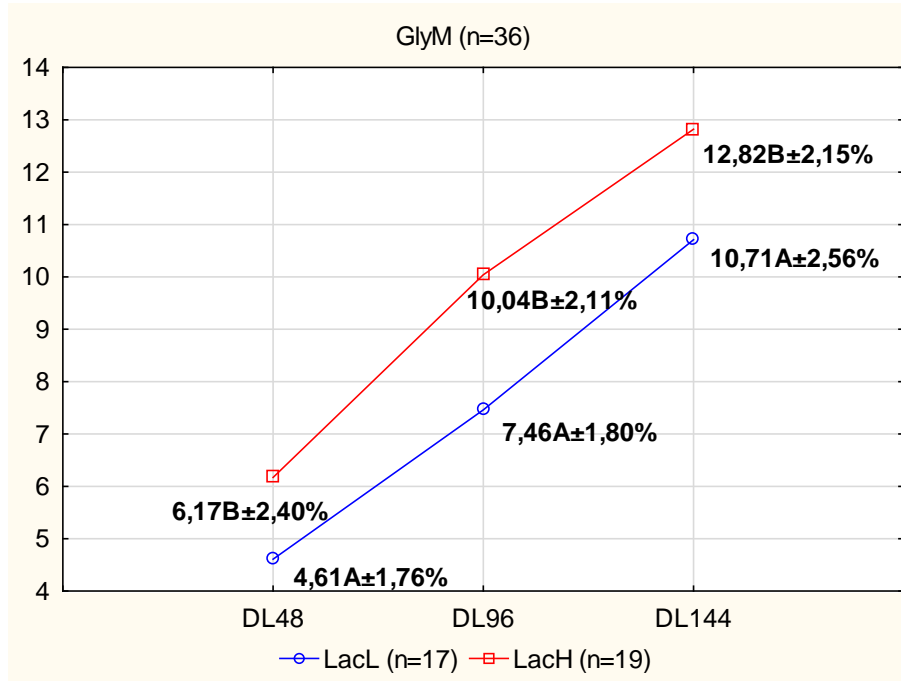


Figure 5 The effect of lactate concentration in muscle on drip loss measured at 48, 96 and 144 hour post mortem in pigs characterized by intermediate glycogen concentration

GlyL – glycogen ≤ 35 $\mu\text{mol/g}$; LacL – lactate ≤ 40 $\mu\text{mol/g}$; LacH – lactate > 40 $\mu\text{mol/g}$; DL₄₈, DL₉₆, DL₁₄₄: drip loss measured at 48, 96 and 144 hour post mortem

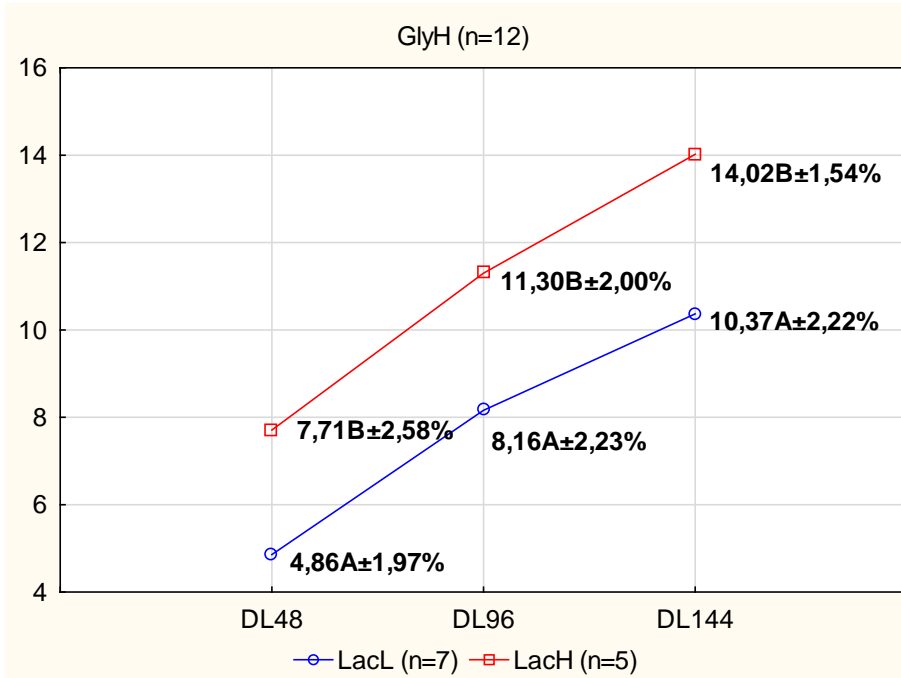


Figure 6 The effect of lactate concentration in muscle on drip loss measured at 48, 96 and 144 hour post mortem in pigs characterized by high glycogen concentration

GlyL – glycogen ≤ 35 $\mu\text{mol/g}$; LacL – lactate ≤ 40 $\mu\text{mol/g}$; LacH – lactate > 40 $\mu\text{mol/g}$; DL₄₈, DL₉₆, DL₁₄₄: drip loss measured at 48, 96 and 144 hour post mortem

Although muscle metabolite concentrations and their relationship could possibly be used as pork quality indicators, some limitations may occur due to mechanisms of post-mortem metabolism not being fully understood. According to Schäfer *et al.* (2002) to explain 89% of the variation in drip loss, pH and temperature measurements at significant time points were sufficient. Variation in post-mortem metabolites did, however, explain why variation in pH and temperature occurred. Additionally, mechanisms that control pork quality development are associated not only with post-mortem muscle metabolism, but also with the chilling and stunning method (Zybert *et al.*, 2019), transportation and stress (Henckel *et al.*, 2002; Hambrecht *et al.*, 2005), and variations in temperature (combination of high temperature and low pH appears as pale, soft, exudative meat (Pearson & Young, 1989).

Additionally, in the present survey the relatively small number of samples could be the limiting factor in precise determination of muscle metabolite threshold values. This study was carried out using exclusively Duroc sired pigs out of Landrace-Yorkshire crossbred sows which is a popular commercial cross. Thus, the results might be different in other crossbreds. This could be especially relevant to the Hampshire breed, in which the frequency of the RN⁻ allele is relatively high and when homozygous can result in a low and dramatic drop in meat pH due to its high glycogen muscle content post mortem (Monin & Sellier, 1985). This rapid drop in pH leads to breakdown in protein resulting in pale muscle colour and increased DL. Another breed to which these concerns may be of particular importance is the Piétrain, a known carrier of the *RYS1^T* allele. This allele is also associated with post-slaughter metabolism in met thus accelerating the post-mortem decline of pH. Moreover, in the survey by Tarczyński *et al.* (2018), significant changes in post-mortem metabolism that occurs during ageing were suggested and could possibly be relevant to commercial pork production as well.

Conclusion

The levels of glycogen and lactate that were examined in this study show that more favourable pork LL muscle pH, drip loss, and L^ab values are generally associated with lower concentrations of these metabolites. If glycogen was at least 35 µmol/g of muscle tissue, its further rise did not influence pork quality, which leads to the possibility of sorting carcasses prior to the onset of rigor mortis using its concentration as a criterion. Because the majority of muscle samples had adequate glycogen concentrations, lactate levels are also deemed to be a useful and valuable indicator of pork quality.

Authors' Contributions

AZ designed the study and analysed the data. KT prepared and revised the manuscript. HS, EK-N and KA edited the layout and content of the manuscript. All authors approved the final manuscript after critical revision.

Conflict of Interest Declaration

The authors declare that there is no conflict of interest between them and other people or organizations that could inappropriately bias the results.

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