

Evaluation of fermented whole crop wheat and barley feeding on growth performance, nutrient digestibility, faecal volatile fatty acid emission, blood constituents, and faecal microbiota in growing pigs

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Abstract

This study was conducted to determine the effects of feeding diets with fermented whole crop wheat (FWW) and fermented whole crop barley (FWB) on growth performance, nutrient digestibility, blood constituents, faecal volatile fatty acid (VFA) emission and faecal microbiota in growing pigs. A total of 200 growing pigs were randomly allotted to five treatments with eight replicates per treatment and five pigs per replicate. Dietary treatments consisted of i) CON (basal diet), ii) 0.5% FWW (CON + 0.5% fermented whole crop wheat), iii) 1.0% FWW (CON + 1.0% fermented whole crop wheat), iv) 0.5% FWB (CON + 0.5% fermented whole crop barley), and v) 1.0% FWB (CON + 1.0% fermented whole crop barley). The digestibility of total dietary fibre was significantly higher in pigs fed FWW diets. The faecal emissions of VFA of pigs fed the fermented treatments was increased significantly compared with CON. Concentrations of cortisol and triglyceride in blood of pigs fed 1.0% FWW were significantly lower than pigs fed CON diets. The pigs fed 1.0% FWB diets had a significantly decreased level of total cholesterol in blood compared with CON. In conclusion, the current results indicated that diets supplemented with FWW and FWB could increase faecal VFA emission and reduce concentration of triglyceride and cortisol, while 0.5% and 1.0% FWW had no negative effects on growth performance, and could increase digestibility of dietary fibre in growing pigs.

Keywords: Dietary fibre, faecal short-chain fatty acid emissions, fermented feed, serum parameter, swine

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Introduction

Because of the ban on the use of antibiotics in feed as a growth promoter in Europe, research on alternative antibiotic drugs is needed. After maize, wheat and barley are produced in large quantities and account for a large proportion of winter crops. However, the whole crop cereal has high fibre content and may be poorly available for pig digestion. In general, the digestibility of nutrients is affected when pigs are fed dietary fibre, which is the sum of non-starch polysaccharides (NSP) and lignin (Knudsen & Hansen, 1991). Owing to the lack of endogenous enzymes for its digestion, the fibre component of a diet is fermented through microbial degradation in the cecum and colon. However, in the process, there could be pronounced negative effects on the utilization of other components.

Fermentation can be applied to pig feed as an alternative to antibiotic use as a growth promoter, as it does not adversely affect growth performance because it reduces factors that inhibit the growth of pigs (Skrede *et al.*, 2001; Brooks, 2008; Jørgensen *et al.*, 2010). Through fermentation, beneficial bacteria are increased and harmful microorganisms are decreased, which has a positive effect on the microorganisms in the gastrointestinal tract and the beneficial effect of increasing preference because of higher levels of lactic acid (Van Winsen *et al.*, 2001; Meeske, 2005). The VFAs that are made from fermented fibre by microbial activity are absorbed and metabolized promptly (Metzler, 2007), and have a nutritional effect on the intestinal epithelium in pigs (Metzler & Mosenthin, 2008). Increasing the concentrations of VFA lowers intestinal digesta pH, reduces the number of acid-sensitive *Enterobacteria*, and increases beneficial bacteria (O'Connell *et al.*, 2005).

With a view to implementing fibre diets in the pig industry, the benefits of fermented barley and wheat have been investigated with regard to the health and productivity of pigs (Moran *et al.*, 2006; Givens *et al.*,

2009; Hargreaves *et al.*, 2009). These fermented diets contain probiotics, which can improve the performance and intestinal health of pigs (Lindberg, 2014; Canibe & Jensen, 2007).

Although there are studies on fermented liquid wheat and diet feed (Canibe & Jensen, 2012; Missotten *et al.*, 2015), there are few studies on the effect of solid state FWW and FWB in pigs. They may also be effective in promoting animal health and growth in pigs. Thus, the objective of this study was to evaluate the effects of FWW and FWB as feed ingredients on growth performance, nutrient digestibility, faecal VFA emission, blood profile, and faecal microbiota in growing pigs.

Material and methods

This experiment was conducted at the Experimental Unit of Chungbuk National University. All protocols were approved by the Animal Care and Use Committee of Chungbuk National University.

Wheat and barley were harvested on the 40th and 35th days after heading, respectively, and were ground in a hammer mill to pass through a 5-mm screen. The inoculum was then treated and fermented for 40 days in the gunny bag. The inoculated microorganisms that were used as fermentation additives in this study were *Lactobacillus* sp. 3-1, 5-1, 14-1, as recommended by the National Institute of Agricultural Sciences, which were isolated from rice straw silage and have similar properties to *L. plantarum*.

A total of 200 pigs ((Landrace x Yorkshire) x Duroc) with initial body weight (IBW) of 23 kg \pm 0.5 kg were used in a 42-day trial. At the beginning of the experiment, the pigs were allotted to one of five dietary treatment groups on the basis of IBW in accordance with a randomized complete block design. There were eight replications per treatment, with five pigs per pen. The dietary treatments consisted of i) CON (basal diet), ii) 0.5% FWW (CON + 0.5% fermented whole crop wheat), iii) 1.0% FWW (CON + 1.0% fermented whole crop wheat), iv) 0.5% FWB (CON + 0.5% fermented whole crop barley), and v) 1.0% FWB (CON + 1.0% fermented whole crop barley). The diets employed in this experiment fulfilled or exceeded the NRC (2012) recommendations for all nutrients, regardless of treatment (Table 1). Table 2 shows the nutrient composition and *in vitro* digestion of wheat and barley. Throughout the experimental period, the pigs were permitted *ad libitum* access to feed and water with self-feeders and nipple water.

Pigs were weighed individually on day 1, day 21, and day 42 of the experiment. Feed consumption was determined on a pen basis. This information was used to calculate the average daily gain (ADG), average daily feed intake (ADFI), and gain/feed ratio (G/F). Chromic oxide (0.20%) was added as an inert indicator to calculate the apparent digestibility of dry matter (DM), nitrogen (N), and energy. Fresh faecal grab samples were obtained from each pen every day of the last week of the experiment (7 days). These samples were then dried at 70 °C for 72 hours, after which they were finely ground in order to pass through a 1-mm screen, and analysed for DM (method 930.15) (AOAC, 2006), N (method 968.06) (AOAC, 2000), total dietary fibre (TDF), and insoluble dietary fibre (IDF) (method 985.29) AOAC, 2006). The concentration of soluble dietary fibre (SDF) was calculated as the difference between TDF and IDF. Gross energy (GE) was determined by measuring the heat of combustion in the samples with a bomb calorimeter (Parr 6100; Parr instrument Co., Moline, IL, USA). Chromium levels were determined by UV absorption spectrophotometry (Shimadzu, UV-1201, Japan), following the method described by Williams *et al.* (1962). Apparent total tract digestibility (ATTD) was calculated according to the following formula:

$$\text{ATTD (\%)} = [1 - \{(N_f \times C_d)/(N_d \times C_f)\}] \times 100$$

Where: N_f = nutrient concentration in faeces (% DM)

N_d = nutrient concentration in diets (% DM)

C_f = chromium concentration in faeces (% DM)

C_d = chromium concentration in diets (% DM) (Lei & Kim, 2014)

At the end of the experiment, two pigs from each pen were randomly selected and blood samples were collected by jugular venipuncture. Blood samples were collected into vacuum tubes containing no additives to obtain serum. The serum was separated by centrifugation for 15 min at 3000 \times g at 4 °C, after which total cholesterol, HDL cholesterol, LDL cholesterol, triglyceride, cortisol, and blood urea nitrogen (BUN) concentrations were determined with an automatic biochemistry analyser (Hitachi 747, Tokyo, Japan). To measure faecal microbiota and faecal VFA emission, faecal samples were collected from two pigs randomly selected from each pen by massaging the rectum at the end of the experiment according to the method described by Yan *et al.* (2012). The composite faecal sample (1 g) from each pen was diluted with 9 ml of 10 g/L peptone broth (Becton Dickinson & Co., Franklin Lakes, NJ) and then homogenized. Viable counts of bacteria in the faecal samples were conducted by plating serial 10-fold dilutions (in 10 g/L peptone solution) onto MacConkey agar plates (Difco Laboratories, Detroit, MI, USA) and lactobacilli medium agar plates to isolate the coliform bacteria and *Lactobacillus*, respectively. The MacConkey agar plates were incubated for

Table 1 The composition of diet used in feeding trial

| Items | CON | FWW | | FWB | |
|-----------------------------|--------|--------|--------|--------|--------|
| | | 0.5 | 1.0 | 0.5 | 1.0 |
| Ingredients (g/kg) | | | | | |
| Maize | 577.10 | 572.10 | 567.10 | 572.10 | 567.10 |
| Soybean meal | 324.5 | 324.5 | 324.5 | 324.5 | 324.5 |
| Wheat bran | 50.0 | 50.0 | 50.0 | 50.0 | 50.0 |
| FWW | | 5.0 | 10.0 | | |
| FWB | | | | 5.0 | 10.0 |
| Soybean oil | 20.0 | 20.0 | 20.0 | 20.0 | 20.0 |
| L-Lysine | 0.80 | 0.80 | 0.80 | 0.80 | 0.80 |
| DL-Methionine | 0.80 | 0.80 | 0.80 | 0.80 | 0.80 |
| L-Threonine | 0.30 | 0.30 | 0.30 | 0.30 | 0.30 |
| Dicalcium phosphate | 14.70 | 14.70 | 14.70 | 14.70 | 14.70 |
| Limestone | 6.30 | 6.30 | 6.30 | 6.30 | 6.30 |
| Salt | 2.50 | 2.50 | 2.50 | 2.50 | 2.50 |
| Min mix ¹ | 1.0 | 1.0 | 1.0 | 1.0 | 1.0 |
| Vit mix ² | 2.0 | 2.0 | 2.0 | 2.0 | 2.0 |
| Chemical composition (g/kg) | | | | | |
| ME (Mcal/kg) | 3.2 | 3.2 | 3.2 | 3.2 | 3.2 |
| Crude protein | 199.6 | 199.7 | 199.9 | 199.8 | 199.9 |
| Lysine | 11.63 | 11.64 | 11.64 | 11.63 | 11.64 |
| Methionine | 3.88 | 3.88 | 3.88 | 3.88 | 3.88 |
| Calcium | 6.8 | 6.8 | 6.8 | 6.8 | 6.8 |
| Total phosphorus | 7.0 | 7.0 | 7.0 | 7.0 | 7.0 |

FWW: fermented whole crop wheat; FWB: fermented whole crop barley; ME: metabolizable energy

¹Provided per kilogram of diet: 37.5 mg of Zn, 37.5 mg of Mn, 37.5 mg of Fe, 3.75 mg of Cu, 0.83 mg of I, 62.5 mg of S, and 0.23 mg of Se

²Provided per kilogram of diet: 15,000 IU of vitamin A, 3,750 IU of vitamin D3, 37.5 mg of vitamin E, 2.55 mg of vitamin K3, 3 mg of thiamin, 7. Mg of riboflavin, 4.5 mg of vitamin B6, 24 µg of vitamin B12, 51 mg of niacin, 1.5 mg of folic acid, 0.2mg of biotin, and 13.5 mg of pantothenic acid

³Calculated

24 hours at 37 °C. The lactobacilli medium agar plates were then incubated for 48 hours at 39 °C under anaerobic conditions. *E. coli* and *Lactobacillus* colonies were counted immediately after removal from the incubator.

A total of 300 g of fresh faeces samples from each pen was fermented in 2.6 L plastic boxes for 24 hours at room temperature. After the fermentation period, a Gastec (model GV-100, Gastec, Japan) gas sampling pump was utilized for gas detection (No. 81L for acetic acid and 81L* for butyric acid) (Gastec Corp., Kanagawa, Japan).

All data were analysed by ANOVA using the general linear model (GLM) procedure of SAS (SAS, 2008), with the pen being defined as the experimental unit. Differences among treatments were determined with Duncan's multiple range tests. The results were expressed as the least square means ± SEM and the differences between treatments were considered statistically significant if $P < 0.05$.

Table 2 Chemical analysis and *in vitro* digestibility of wheat and barley

| Items | Wheat | Barley | SE |
|-------------------------------|-------|--------|------|
| Composition (g/kg) | | | |
| Crude protein | 98.9 | 137.6 | |
| Crude fat | 22.3 | 25.9 | |
| Crude fibre | 264.6 | 249.4 | |
| Ash | 88.4 | 76.8 | |
| NDF | 567.7 | 515.2 | |
| ADF | 320.7 | 306.1 | |
| ME (Mcal/kg) | 4.1 | 3.9 | |
| <i>In vitro</i> digestion (%) | | | |
| DM digestion | 54.42 | 52.57 | 1.10 |
| OM digestion | 68.50 | 66.40 | 0.86 |

DM: dry matter; OM, organic matter; ME: metabolizable energy
SE: standard error

Results

The results of the growth performance are presented in Table 3. The CON treatment was significantly improved ($P < 0.05$) in ADG compared with 0.5% FWB treatment at weeks 0–6. There was no significant difference in ADG between CON and FWW. ADFI of 1.0% FWW and 1.0% FWB treatment was decreased ($P < 0.05$) compared with CON treatment at weeks 3–6.

Table 3 Effect of fermented whole crop wheat and barley diets on growth performance in growing pigs

| Items | CON | FWW | | FWB | | SE |
|-----------------------|--------------------|---------------------|---------------------|---------------------|---------------------|-------|
| | | 0.5 | 1.0 | 0.5 | 1.0 | |
| Weight, kg | | | | | | |
| Initial weight | 23.26 | 22.95 | 22.98 | 22.95 | 22.98 | 0.65 |
| Weight (3 weeks) | 36.58 | 35.80 | 35.81 | 35.04 | 35.29 | 0.72 |
| Final weight | 52.86 | 50.85 | 51.32 | 50.07 | 51.09 | 0.75 |
| Daily weight gain, kg | | | | | | |
| 0–3 weeks | 0.634 | 0.612 | 0.611 | 0.576 | 0.586 | 0.043 |
| 3–6 weeks | 0.775 | 0.717 | 0.738 | 0.715 | 0.752 | 0.031 |
| 0–6 weeks | 0.705 ^a | 0.664 ^{ab} | 0.675 ^{ab} | 0.646 ^b | 0.669 ^{ab} | 0.010 |
| Daily feed intake, kg | | | | | | |
| 0–3 weeks | 1.117 | 1.097 | 1.096 | 1.099 | 1.093 | 0.019 |
| 3–6 weeks | 1.475 ^a | 1.404 ^{ab} | 1.362 ^c | 1.380 ^{bc} | 1.376 ^c | 0.030 |
| 0–6 weeks | 1.296 ^a | 1.250 ^b | 1.229 ^b | 1.239 ^b | 1.234 ^b | 0.021 |
| Feed efficiency | | | | | | |
| 0–3 weeks | 0.568 | 0.558 | 0.557 | 0.524 | 0.536 | 0.021 |
| 3–6 weeks | 0.529 | 0.511 | 0.542 | 0.518 | 0.547 | 0.022 |
| 0–6 weeks | 0.545 | 0.531 | 0.549 | 0.521 | 0.542 | 0.03 |

CON: basal diet; 0.5% FWW: control diet + 0.5% fermented whole crop wheat; 1.0% FWW: control diet + 1.0% fermented whole crop wheat; 0.5% FWB: control diet + 0.5% fermented whole crop barley; 1.0% FWB: control diet + 1.0% fermented whole crop barley.

^{a, b, c} Means in the same row with different superscripts differ ($P < 0.05$). SE: standard error

Furthermore, the ADFI of CON treatment was higher ($P < 0.05$) than other treatments in weeks 0–6. There was no significant difference in feed efficiency among treatments.

Table 4 shows nutrient digestibility in pigs. The digestibility of DM, N, and GE was lower ($P < 0.05$) in pigs fed 1.0% FWB compared with pigs fed the CON diet. Digestibility of TDF, SDF, and IDF was improved ($P < 0.05$) in pigs fed 0.5, 1.0% FWW compared with CON treatments.

Table 4 Effect of fermented whole crop wheat and barley diets on nutrient digestibility in growing pigs

| Items, % | CON | FWW | | FWB | | SE |
|-------------------------|-------------------|--------------------|--------------------|--------------------|--------------------|------|
| | | 0.5 | 1.0 | 0.5 | 1.0 | |
| DM | 84.3 ^a | 82.2 ^{ab} | 81.2 ^{ab} | 81.2 ^{ab} | 79.7 ^b | 1.02 |
| N | 79.2 ^a | 75.5 ^{ab} | 73.2 ^{ab} | 70.3 ^{bc} | 70.1 ^c | 1.54 |
| GE | 82.4 ^a | 82.2 ^a | 79.5 ^{ab} | 80.0 ^{ab} | 79.1 ^b | 0.55 |
| Total dietary fibre | 78.6 ^b | 82.2 ^a | 81.5 ^a | 80.2 ^{ab} | 80.3 ^{ab} | 0.65 |
| Soluble dietary fibre | 83.5 ^b | 87.6 ^a | 87.2 ^a | 86.5 ^{ab} | 85.9 ^{ab} | 0.88 |
| Insoluble dietary fibre | 74.5 ^b | 78.8 ^a | 78.1 ^a | 77.5 ^{ab} | 76.8 ^{ab} | 0.24 |

GE: gross energy; CON: basal diet; 0.5% FWW: control diet + 0.5% fermented whole crop wheat; 1.0% FWW: control diet + 1.0% fermented whole crop wheat; 0.5% FWB: control diet + 0.5% fermented whole crop barley; 1.0% FWB: control diet + 1.0% fermented whole crop barley

^{a, b, c} Means in the same row with different superscripts differ ($P < 0.05$)

SE: standard error

Table 5 shows faecal VFA emission of supplementation diets of FWB, and FWW. Feeding FWW and FWB diets to growing pigs resulted in a significant increase in faecal emissions of acetic acid and butyric acid compared with pigs fed a basal diet.

Table 5 Effect of fermented whole crop wheat and barley diets on volatile fatty acid emission in growing pigs

| Items, ppm | CON | FWW | | FWB | | SE |
|--------------|--------------------|--------------------|---------------------|---------------------|--------------------|------|
| | | 0.5 | 1.0 | 0.5 | 1.0 | |
| Acetic acid | 8.40 ^d | 11.48 ^c | 12.33 ^{bc} | 14.07 ^{ab} | 14.63 ^a | 0.71 |
| Butyric acid | 10.92 ^d | 14.93 ^c | 16.03 ^{bc} | 18.29 ^{ab} | 19.02 ^a | 0.92 |

CON: basal diet; 0.5% FWW: control diet + 0.5% fermented whole crop wheat; 1.0% FWW: control diet + 1.0% fermented whole crop wheat; 0.5% FWB: control diet + 0.5% fermented whole crop barley; 1.0% FWB: control diet + 1.0% fermented whole crop barley

^{a, b, c, d} Means in the same row with different superscripts differ ($P < 0.05$)

SE: standard error

The results of the blood profile are presented in Table 6. In terms of the total cholesterol in blood, the 1.0% FWB treatment was lowest, and there were no significant differences among the other four treatments. Pigs fed the diets with FWW, 1.0% FWB treatments had significantly reduced triglyceride and cortisol levels, and 1.0% FWW treatment was the lowest. There were no significant differences in HDL cholesterol, LDL cholesterol and BUN among treatments.

The results of the faecal microorganisms are presented in Table 7. In the present study, there were no significant differences in *Lactobacillus* and *E. coli* counts in faeces among treatments.

Table 6 Effect of fermented whole crop wheat and barley diets on blood profile in growing pigs

| Items | CON | FWW | | FWB | | SE |
|---------------------------|---------------------|---------------------|---------------------|---------------------|--------------------|------|
| | | 0.5 | 1.0 | 0.5 | 1.0 | |
| Total cholesterol (ml/dl) | 104.50 ^a | 98.75 ^{ab} | 94.75 ^{ab} | 98.00 ^{ab} | 87.00 ^b | 4.21 |
| HDL cholesterol (ml/dl) | 31.50 | 30.75 | 34.75 | 31.50 | 32.75 | 5.22 |
| LDL cholesterol (ml/dl) | 58.00 | 57.35 | 54.85 | 56.15 | 58.35 | 4.21 |
| Triglycerides (ml/dl) | 40.00 ^a | 33.25 ^b | 30.75 ^c | 31.75 ^c | 34.50 ^b | 1.02 |
| BUN (mg/dl) | 22.98 | 18.68 | 23.73 | 21.75 | 23.88 | 1.38 |
| Cortisol (μ g/dl) | 3.53 ^a | 2.48 ^{bc} | 1.10 ^c | 2.90 ^{ab} | 2.53 ^{bc} | 0.38 |

BUN: blood urea nitrogen; CON: basal diet; 0.5% FWW: control diet + 0.5% fermented whole crop wheat; 1.0% FWW: control diet + 1.0% fermented whole crop wheat; 0.5% FWB: control diet + 0.5% fermented whole crop barley; 1.0% FWB: control diet + 1.0% fermented whole crop barley

^{a, b, c} Means in the same row with different superscripts differ ($P < 0.05$)

SE: standard error

Table 7 Effect of fermented whole wheat and barley diets on faecal microbial shedding in growing pigs

| Items, log ₁₀ cfu/g | CON | FWW | | FWB | | SE |
|--------------------------------|------|------|------|------|------|------|
| | | 0.5 | 1.0 | 0.5 | 1.0 | |
| <i>Lactobacillus</i> | 7.66 | 7.62 | 7.59 | 7.64 | 7.65 | 0.05 |
| <i>E. coli</i> | 6.23 | 6.21 | 6.20 | 6.24 | 6.19 | 0.41 |

CON: basal diet; 0.5% FWW: control diet + 0.5% fermented whole crop wheat; 1.0% FWW: control diet + 1.0% fermented whole crop wheat; 0.5% FWB: control diet + 0.5% fermented whole crop barley; 1.0% FWB: control diet + 1.0% fermented whole crop barley

Discussion

In terms of growth performance, there were no significant differences in the final weights among treatments, although the 0.5% FWB treatment led to a significantly lower ADG than CON. There was no significant difference in the feed efficiency of FWW and FWB treatments in the total growth period, compared with the CON treatment. Diets supplemented with 15% solid-state fermented feed had no difference in growth performance compared with pigs fed diets supplemented with antibiotics in growing-finishing pigs (Hu *et al.*, 2008). Missotten *et al.* (2010) reported that the feed efficiency was improved when growing-finishing pigs were fed fermented liquid diets. Liu *et al.* (2007) also showed that fermented soybean meal diets improved growth performance by 8.33% compared with non-fermented soybean meal diets. Rudbäck (2013) reported that acid (e.g. lactic acid, citric acid, and fumaric acid) metabolized through the citric acid cycle had a positive effect on the relatively high feed intake. However, in this study, the ADFI of FWW and FWB diets was significantly reduced. Canibe & Jensen (2003) reported that growing pigs fed non-fermented liquid feed showed high feed intake compared with fermented liquid diets, which conforms with the findings of this study. Canibe *et al.* (2010) showed that feed intake decreased with increasing acetic acid concentration in feed.

The nutritional value of whole cereals was found to improve via ensiling. Fermented wheat and barley had a lower total NSP content than non-fermented cereals (Sholly *et al.*, 2011), which could reduce the harmful effects on nutrient digestion (Marklinder & Johansson, 1995). In a previous study, fibre diets supplemented with wheat bran could reduce total tract energy digestibility (Wilfart *et al.*, 2007) and had a negative effect on carbohydrate digestibility (Le Gall *et al.*, 2009). The DM and N digestibility was reduced when pigs were fed diets that included fibre (Noblet & Perez, 1993). However, the digestibility of carbohydrate was increased when pigs were fed a fermented fibre diet, while total NSP was reduced (Jørgensen *et al.*, 2010). In the current study, pigs that were fed 1.0% FWB showed reduced digestibility of DM, N, and GE, which may have had a negative impact on their growth. The digestibility of TDF, SDF, and IDF was significantly

greater in pigs that were fed 0.5% or 1.0% FWW than in the CON group. Cho *et al.* (2013) showed that DM digestibility and N digestibility were improved when 50% of wheat in diets was replaced by fermented wheat. However, Zanfi & Spanghero (2012) reported that the addition of whole ear maize silage in feeds had a negative effect on OM digestibility and NDF digestibility.

Microbes decompose polysaccharides into smaller polysaccharides or monosaccharides by fermentation in pigs' ceca and colons. These monosaccharides are then oxidized and turned into acetate, propionate, or butyrate. VFAs are efficiently absorbed in the large intestine and could work to facilitate the absorption of water and sodium (Yen, 2001). In the present study, the contents of acetic acid and butyric acid in faecal emissions were higher in pigs fed FWW and FWB diets than the CON diets. Pigs fed with high crude fibre levels could have increased VFA contents in ceca and colons (Giusi-Perier *et al.*, 1989). Demecková *et al.* (2002) showed that feeding with fermented liquid feed increased acetic acid and propionic acid in sows. However, Cho *et al.* (2012) showed that fermented diets that were fed to pigs could reduce the concentration of acetic acid and propionic acid compared with non-fermented diets. Thus, the authors believe that the relationship between fermented feed and VFA concentration requires further investigation.

Rauw *et al.* (2007) reported a positive correlation between growth of pigs and HDL cholesterol, and a positive correlation between HDL cholesterol and triglyceride. In this study, the total cholesterol and triglyceride levels were lower than in pigs that were fed the CON diet. In previous studies, Loh *et al.* (2003) showed a decrease in plasma cholesterol levels in the fermented product group compared with the non-fermented product group in rats. Chu *et al.* (2011) reported that fermented diets could have an effect on reducing HDL and LDL cholesterol in fattening pigs. Blood cortisol levels were significantly decreased in the pigs that were fed FWW and FWB diets. The cortisol concentration was the lowest in the 1.0% FWW group. The cortisol concentration in the 0.5% FWW and 1.0% FWB groups was lower than CON diets. Roh *et al.* (2015) showed that feeding pigs with diets containing 10% fermented soybean meal could reduce cortisol levels. Pigs fed 3.32% rye silage showed a positive effect on total cholesterol, triglyceride plasma, and cortisol level in blood (Cho *et al.*, 2006). Han *et al.* (2001) reported that the growth hormone levels increased when the cortisol level was reduced. Thus, the authors hypothesized that the growth performance of the 1.0% FWW group was a numerically effective result owing to the low concentration of cortisol.

In the present study, faecal *Lactobacillus* and *E. coli* counts were not significantly different in treatments. The most well-studied external factor that influences the establishment of internal microbiota is diet (Demecková *et al.*, 2002). In previous studies, supplement fermentation in diet affected the pathogenic bacteria in the intestine, such as *E. coli*, *Salmonella* spp. (Nout *et al.*, 1989; Urlings *et al.*, 1993; Jensen, 1998), and lactic acid. VFAs were able to reduce the numbers of Enterobacteriaceae (Prohaszka *et al.*, 1990), which have beneficial effects on the intestinal health of pigs. Increased VFA could reduce the pH of the gastrointestinal tract. VFA in the gastrointestinal tract has a negative relation to the numbers of coliform bacteria in the faeces (Russell *et al.*, 1996), and lowering the pH could improve the *Lactobacillus* count (Van Winsen *et al.*, 2001).

Conclusion

This study was conducted to test the effects of feed supplementation with FWW and FWB. It was found that dietary inclusion of FWW and FWB had beneficial effects in lowering blood triglycerides and cortisol. Dietary inclusion of FWW had no negative effects on growth performance and could increase the digestibility of dietary fibre in growing pigs.

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Authors' Contributions

J.H. CHO was in charge of project design. W. YUN and S.J. Park supervised the course of the study. J.H. Lee, W. G. Kwak and S.Y. Oh were in charge of sample collecting and participated in results and statistics. C.H. Lee wrote the manuscript and revised it.

Conflict of Interest Declaration

The authors declare that they have no conflict of interest.

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