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Running Head: HAZARD PERCEPTION AND VISION

Watch out for the hazard! Blurring peripheral vision facilitates hazard perception in driving

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## Watch out for the hazard!

### Blurring peripheral vision facilitates hazard perception in driving

#### 1. Introduction

In dynamic externally paced activities such as driving a vehicle and playing sport, selecting and integrating the most useful visual information promotes successful performance. Visual stimuli change very rapidly across the entire visual field when driving, so quickly recognizing and anticipating future hazards is crucial to decrease the risk of vehicle accidents (Underwood, Crundall, & Chapman, 2008). Accordingly, investigations of the way drivers use their vision when faced with dynamic road scenes can provide important information about the mechanisms underpinning hazard perception and safe driving performance.

To understand the role of vision in driving, eye-tracking studies have demonstrated that experienced drivers fixate more distant locations while the fixations of novice drivers are generally confined to the section of road immediately in front of the vehicle. This contributes to inferior hazard detection in novice compared to experienced drivers (see Horswill & McKenna, 2004, for a review). Researchers have also tested the visual field by measuring the ability of the visual system to process light presented to the retina at varying eccentricities, and examining the relationship between the visual field and driving safety (e.g., Huisingsh, McGwin, Wood, & Owsley, 2015; McLean, Mueller, Buttery, & Mackey, 2002; Wood & Troutbeck, 1992). For example, Huisingsh et al. (2015) found that older drivers with severe impairments to their visual field (i.e., light sensitivity in the bottom quartile for their age group) were more likely to have a history of involvement in at-fault driving collisions than those without visual impairment. The useful field of view, which refers to the visual area from which information can be extracted in a single eye fixation and thereby indicates one's ability to pay attention to one's visual field, is also frequently explored in driving and road safety research (Ball, Beard, Roenker, Miller, & Griggs, 1988; Crundall, Underwood, &

1 Chapman, 1999). For example, Ball, Owsley, Sloane, Roenker, and Bruni (1993) revealed  
2 that the size of the useful field of view was associated with vehicle crash involvement risk;  
3 older adults were more likely to be involved in a crash with a smaller useful field of view.  
4 The useful field of view has also been applied in studies of experienced versus novice drivers.  
5 For example, Crundall et al. (1999) revealed that novice drivers had little attentional capacity  
6 to attend to peripheral visual information, as they required greater attentional resources to  
7 concentrate on unfamiliar information from central vision (perceptual narrowing; Underwood  
8 et al., 2008; Weltman & Egstrom, 1966). This finding is important because hazards that we  
9 must respond to while driving often first appear in our peripheral vision. As visual  
10 information is continuously changing and critical events occur with little or no advance  
11 warning in driving, the simultaneous use of central and peripheral vision seem essential for  
12 safe driving.

### 13 **1.1. The distinct roles of central and peripheral vision in driving**

14 In general, peripheral vision plays a role in both quickly detecting movement and in guiding  
15 direction of future eye movements. In driving, peripheral vision is important for vehicle  
16 control in lane maintenance (Land & Horwood, 1995) and risk/hazard detection (Chapman &  
17 Underwood, 1998; Crundall et al., 1999). For example, if an imminent hazard is evident in  
18 the peripheral visual field (e.g., the unexpected emergence of a cyclist from a side street),  
19 drivers first need to detect the hazard using their peripheral vision, and then re-direct their  
20 central vision towards the hazard to extract detailed information and to assess the most  
21 appropriate response (Chapman & Underwood, 1998; Crundall et al., 1999). Experienced  
22 drivers are better than novices at detecting risks with peripheral vision, and at re-directing  
23 central vision to the hazard (Crundall, Underwood, & Chapman, 2002). However, these  
24 previous studies used eye-tracking to measure central vision via line-of-gaze and assessed  
25 peripheral vision indirectly by making inferences from awareness of peripheral stimuli.

1 Fortunately, the interactions between central and peripheral vision can be assessed more  
2 directly via the gaze-contingent display paradigm.

3 Gaze-contingent display paradigms – which dynamically alter the information visible  
4 to participants depending on where the participant is fixating at that given moment in time –  
5 were first developed for the study of perceptual span in reading (McConkie & Rayner, 1975;  
6 Rayner, 1975). Observers are free to move their eyes in a temporally and spatially  
7 unconstrained manner and a blur or opaque occlusion is applied by software in real-time to:  
8 a) centre a clear window around the point of fixation and blur out peripheral information  
9 (called the moving window paradigm); or b) impair vision at and around the fovea to restrict  
10 central vision (called the moving mask paradigm). In both conditions the window or mask  
11 moves according to the online registration of foveal gaze (Reingold, Loschky, McConkie, &  
12 Stampe, 2003; van Diepen, Wampers, & d'Ydewalle, 1998). This experimental technique  
13 thereby allows a more direct assessment of the information processed by central versus  
14 peripheral vision during screen-based tasks, such as the hazard perception element of the  
15 driving test<sup>1</sup>.

16 While this paradigm has yet to be used in simulated driving, it has been used to assess  
17 the roles of central and peripheral vision during decision making in sport. Ryu, Abernethy,  
18 Mann, and Poolton (2015) asked skilled and novice basketball players to watch a series of  
19 basketball video clips and then make a decision on which player was best positioned to  
20 receive a pass from the player holding the ball when each clip was occluded at critical time  
21 points. Importantly, participants viewed the clips in both moving window (clear central and  
22 blurred peripheral vision) and moving mask (clear peripheral and blurred central vision)

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<sup>1</sup> The hazard perception test is designed to assess the ability of aspirant drivers to identify developing road hazards. It involves watching dashcam video clips / computer generated clips of naturalistic road traffic situations from a driver's perspective, and requires candidates to make a response (e.g., mouse click) to identify hazards that would require the driver to take action (e.g., apply brakes). It is a compulsory part of the driving test in nations such as the United Kingdom and Australia.

1 conditions. Results revealed that the skilled players made better decisions than the novices in  
2 both conditions. Importantly, when only peripheral vision was available (moving mask  
3 condition), the performance of novices deteriorated to chance level, while the skilled players  
4 were still able to make accurate decisions. This provides direct evidence that skilled players  
5 are better able to use both central and peripheral vision information to support performance,  
6 while novices are unable to extract information from the periphery. In the current experiment,  
7 we apply the gaze-contingent paradigm to driving for the first time. We expected to reveal  
8 similar effects to Ryu et al. (2015). Such results would support the findings of previous  
9 driving research suggesting that experienced drivers are more adept at using peripheral vision  
10 than novices, but with a more direct measure of peripheral vision than has previously been  
11 employed.

## 12 **1.2. How to develop effective vision control for safe driving?**

13 The risk of accidents in driving is thought to be highly associated with drivers' ability to  
14 perceive hazards. This ability increases, and accident risk decreases, as drivers become more  
15 experienced. Indeed, it has been demonstrated that the failure to effectively detect visual  
16 information about potential risk, and the consequent failure to deal with these risks, is the  
17 main cause of accidents among newly licensed drivers (Pradhan et al., 2005). Fortunately, the  
18 gaze-contingent display paradigm can be used to train visual processing, potentially  
19 expediting the development of hazard perception skills in trainee and inexperienced drivers.  
20 An example of gaze-contingent perceptual training was provided by Ryu, Mann, Abernethy,  
21 and Poolton (2016). They recruited recreational basketball players and asked them to undergo  
22 pre-test, post-test, and retention-test where they viewed basketball video clips and then made  
23 a decision on which player was best positioned to receive a pass when the clip was occluded.  
24 In between the pre- and post-tests, they underwent either moving window, moving mask, or  
25 full vision training, which involved watching the same video clips and making decisions with



1 either blurred peripheral vision (moving window group), blurred central vision (moving mask  
2 group), or unrestricted vision (full vision group). Results revealed that decision making  
3 accuracy improved from pre-test to post-test in all three groups. However, those participants  
4 whose peripheral vision was blurred displayed further improvements from post-test to a 2-  
5 week retention test. Training with impaired peripheral vision thereby enhanced participants'  
6 ability to detect and process visual information when transferred back to full vision  
7 conditions.

8 Training with blurred peripheral vision may be expected to yield similar benefits for  
9 learner and inexperienced drivers. In a driving scenario, the most crucial cues are likely to be  
10 centrally located stimuli (e.g., road or vehicle immediately in front; Mourant & Rockwell,  
11 1972) or peripherally located moving stimuli (e.g., car changing lanes, cyclist emerging from  
12 a side street; Crundall et al., 1999). Blurring peripheral vision may thereby facilitate relevant  
13 feature extraction in driving by: a) augmenting the processing of central information via a  
14 clear central vision window; b) retaining the processing of relevant peripheral information,  
15 since peripheral vision does not rely on high clarity/spatial resolution, and has high sensitivity  
16 to moving stimuli (e.g., Vater, Kredel, & Hossner, 2016, 2017); and c) suppressing the  
17 processing of static and likely non-hazardous / irrelevant peripheral information (e.g.,  
18 advertisement boards, buildings). In doing so, the peripheral blur would help draw the  
19 attention of learner drivers towards critical cues that experienced drivers rely on. In this  
20 experiment we apply this training approach to examine the effects of gaze-contingent training  
21 on hazard perception for the first time.

### 22 **1.3. The effects of gaze-contingent vision on the brain**

23 While our previous research has revealed that experts make superior use of peripheral vision  
24 than novices (Ryu et al., 2015) and that blurring peripheral vision during gaze-contingent  
25 training can improve decision making performance (Ryu et al., 2016), the mechanisms

1 underpinning these benefits are unclear. In the Ryu et al. (2016) study, the different gaze  
2 training interventions yielded different performance effects, but had no differential impact on  
3 the visual search strategies of participants. This led the authors to speculate that the benefits  
4 of training with blurred peripheral vision are attributable to a general improvement in  
5 information pick-up from both central and peripheral fields rather than increased efficiency of  
6 visual search. Specifically, they suggested that the moving window encourages the line-of-  
7 gaze and attention to be aligned. In other words, when central vision fixates, we are more  
8 likely to pay attention to the content of that fixation when peripheral vision is blurred. While  
9 this conclusion seems plausible, it warrants more direct testing via objective  
10 neurophysiological measures associated with attention. A candidate measure towards this end  
11 is electroencephalographic (EEG) high-alpha power – brain oscillations between 10-12 Hz –  
12 more high-alpha power is associated with neuronal inhibition, while less high-alpha power is  
13 associated with neuronal activation (Klimesch, 2012). For example, it is well established that  
14 high-alpha power increases (neuronal inhibition) when we close our eyes and remove the  
15 opportunity to process visual information, and it promptly decreases (neuronal activation)  
16 when we open our eyes and fixate (Adrian & Matthews, 1934). Based on these assumptions,  
17 we hypothesize that if moving window viewing increases attention paid to visual information,  
18 neuronal activity should be intensified in the moving window condition. In the current  
19 experiments, we combine gaze-contingent eye-tracking and EEG for the first time to examine  
20 the effects of gaze-contingent viewing on brain-based measures of attention.

#### 21 **1.4. The Present Experiments**

22 The main objective of our experiments was to examine whether perceptual training, by  
23 impairing selective areas of the visual field, can enhance the ability to perceive and detect  
24 hazards and thus reduce the risk of accidents. To address this objective, we used the gaze-  
25 contingent display paradigm to selectively present information to central and peripheral parts

1 of the visual field. Following the approach of Ryu and colleagues in their gaze-contingent  
2 studies of basketball, we first sought to examine the roles of central versus peripheral vision  
3 in hazard detection as a function of driving experience (Experiment 1). Then we sought to  
4 examine whether gaze-contingent perception training can facilitate driving hazard perception  
5 skill (Experiment 2). We expected that participants who train with clear central vision and  
6 blurred peripheral vision would improve driving performance to a greater extent than those  
7 who did normal training. We also expected that moving window viewing would prompt  
8 increased cortical activity.

## 9 **2. Experiment 1**

10 In Experiment 1, we examined the role of central and peripheral vision in hazard perception  
11 as a function of driving experience (i.e., experienced versus newly-licensed drivers). We  
12 applied the gaze-contingent display paradigm and we measured brain activity to shed light on  
13 mechanisms underlying hazard perception during different viewing conditions (i.e., full  
14 vision; clear central and blurred peripheral vision; blurred central and clear peripheral vision).  
15 We hypothesized that experienced drivers would perform better in the hazard perception test.  
16 More importantly, we hypothesized that participants would perform better in the clear central  
17 and blurred peripheral vision (i.e., moving window) condition. Finally, we expected that this  
18 effect would be accompanied by reduced high-alpha power to indicate greater alignment  
19 between line-of-gaze and attention, in the moving window condition than in other viewing  
20 conditions.

## 21 **2.1. Method**

### 22 **2.1.1. Participants**

23 Twelve experienced ( $M_{\text{age}} = 36.17$  years,  $SD = 5.81$ ;  $M_{\text{driving experience}} = 16.25$  years,  $SD = 5.64$ )  
24 and 12 inexperienced drivers ( $M_{\text{age}} = 22.50$  years,  $SD = 6.97$ ;  $M_{\text{driving experience}} = 1.44$  years,  $SD$   
25  $= 0.64$ ) took part in the experiment. All participants had normal or corrected-to-normal vision

1 and provided informed consent before commencing the study. Ethical approval was obtained  
2 from the institution research ethics committee.

3         The GPower 3.1 (Faul, Erdfelder, Buchner, & Lang, 2013) calculation software  
4 indicated that by adopting an alpha of .05 and a sample size of 24 the experiment was  
5 powered at .80 to detect significant between-group, within-group and between-within  
6 interaction effects exceeding  $f = .27$  (i.e., medium size effects), by mixed-model analysis of  
7 variance (Cohen, 1992). Previous studies using the gaze-contingent paradigm for video-based  
8 tasks (i.e., Ryu et al., 2015; Ryu et al., 2016) reported large effect sizes ( $\eta_p^2$ 's  $> .25$ ).  
9 Accordingly, if similar effects were to emerge, the samples we recruited in both Experiment 1  
10 and Experiment 2 were adequately powered to detect them.

### 11 **2.1.2. Design**

12 We adopted a 2 (Group: experienced, inexperienced)  $\times$  3 (Condition: full vision, moving  
13 window, moving mask) mixed-model design. We provide details of the Condition factor in  
14 the Test Materials section below.

### 15 **2.1.3. Apparatus**

16 We used an EYELINK 1000 (SR Research Ltd., Mississauga, ON) to record the eye movements  
17 of participants and to control the gaze-contingent display. We tracked the monocular corneal  
18 reflection from the participants' dominant eye using a sampling rate of 1000Hz. The system  
19 was calibrated by asking participants to fixate on targets in a 9-point reference grid and then  
20 validated in the same manner (acceptable error to  $< 0.5^\circ$ ). Calibration was repeated if the  
21 error at any given point was  $> 1^\circ$ . Eye movement data were analysed using Data Viewer  
22 software (SR Research Ltd.).

23         Electroencephalographic activity (EEG) was recorded with from thirty-two (32)  
24 active electrodes at Fp1, Fp2, AF3, AF4, F7, F3, Fz, F4, F8, FC5, FC1, FC2, FC6, T7, C3,  
25 Cz, C4, T8, CP5, CP1, CP2, CP6, P7, P3, Pz, P4, P8, PO3, PO4, O1, Oz, O2 (10-20 system;

1 Jasper, 1958). Additional electrodes were positioned on each mastoid (for offline re-  
2 referencing). The signals were sampled at 1024 Hz, with no online filter, using an ActiveTwo  
3 amplifier (Biosemi, The Netherlands). Electrode offset was kept below 15 mV. TTL triggers  
4 were sent to the amplifier from the Eyelink system for the purpose of marking events (e.g.,  
5 onset and offset of hazards) during the test.

#### 6 **2.1.4. Test Materials**

7 Twenty hazard perception video clips (Imagitech Ltd., UK), each around 1 min in duration,  
8 were used in this experiment. All the clips were recorded from a driver's perspective and  
9 each clip contained either one or two hazards, defined as any situation that would require the  
10 driver to take corrective action (e.g., applying the brake, taking evasive action with the  
11 steering wheel) to avoid the hazard (e.g., potential collision), in accord with the criteria  
12 applied in the UK driving hazard perception test. Typical hazards included pedestrians,  
13 cyclists or other vehicles appearing ahead or from the side of the camera and making a  
14 movement towards the driver (e.g., cyclist or vehicle changing lanes and cutting in front of  
15 the driver). All our hazards initially appeared at the top or the side of the screen and moved  
16 towards the centre as the videos played. We avoided any hazards that exited from the side of  
17 the screen as lateral hazards do not represent well in two-dimensional screen-based hazard  
18 perception tests (Shahar, Alberti, Clarke, & Crundall, 2010). Experiment Builder (SR  
19 Research Ltd.) software was used to provide the gaze-contingent presentation of the video  
20 clips by creating three different viewing conditions: full vision, moving window, and moving  
21 mask. In the full vision condition, normal and unmanipulated videos were presented (see  
22 Figure 1a). In the moving window condition, a clear circle of 5-degree eccentricity was  
23 placed on the point of fixation and visual information outside of this circle was degraded with  
24 visual blur (Gaussian blur, 0.5 cycles per degree). The location of the clear window tracked  
25 participants' gaze in real time (Figure 1b). Conversely, in the moving mask viewing

1 condition, the same amount of blur (i.e., 0.5 cycles per degree) was applied to central vision  
 2 (i.e., 5-degree eccentricity), while information outside central vision was unrestricted (Figure  
 3 1c).



4  
 5 **Figure 1.** Screenshot of each viewing condition: (a) full vision, (b) moving window, and (c)  
 6 moving mask conditions. The locations of (b) clear window and (c) blurred mask were  
 7 changed in real time following participants' gaze (Copyright images Imagitech Ltd., UK).  
 8

### 9 2.1.5. Procedure

10 Participants were seated 80 cm from the Eyelink 1000 display monitor (AOC D2769Vh,  
 11 Taiwan). The horizontal and vertical extents of the monitor subtended  $41 \times 24^\circ$  of visual  
 12 angle (screen size =  $598 \times 336$  mm). Following fitting and calibration of Eyelink system and  
 13 fitting and signal checking of EEG system, an experimenter informed the participant of the  
 14 task. Specifically, we told participants that we would show a series of dashboard camera  
 15 video clips, and that they were to take perspective of the driver and click the mouse on any  
 16 hazards that emerged during the clips. We asked participants to respond by clicking the  
 17 computer mouse on the location of hazards as quickly and as accurately as possible. Each clip  
 18 contained one or two day-to-day hazards such as pedestrians stepping into the road, cyclists  
 19 emerging from side roads, other vehicles dangerously cutting across lanes. After this  
 20 explanation participants were given 6 practice trials to familiarize themselves with the test  
 21 procedure and the three types of viewing conditions (i.e., full vision, moving window, and  
 22 moving mask conditions). Participants then completed 60 test trials (the same 20 video clips  
 23 were shown in each of the three different viewing conditions), separated by a 5-minute  
 24 interval at the mid-point of the session. The order of trials was randomized. The entire test

1 session took approximately 2.5 hours including fitting and calibration of EEG and eye-  
2 tracking systems.

### 3 **2.1.6. Dependent variables and data analysis**

#### 4 **2.1.6.1. Performance data**

5 Within each video clip, hazard events were time-stamped in the Experiment builder software.  
6 In line with UK hazard perception driving test hazard classification criteria, the clips  
7 contained stimuli that were initially nonthreatening, but then developed into a hazard  
8 requiring the driver to act. For example, a pedestrian on the sidewalk would initially be  
9 nonthreatening, but may develop into a hazard if they stepped towards the roadway. The  
10 opening of the designated “hazard windows” within our clips was the first frame at which a  
11 stimulus became a hazard that would require driver action (i.e., the point at which the  
12 pedestrian stepped towards the roadway in the above example). The closing of the hazard  
13 window was the point at which there would be insufficient time to react appropriately to that  
14 hazard in a real driving situation. This time-stamp information was provided by Imagitech  
15 Ltd following assessment of the clips by their expert raters using UK hazard perception  
16 driving test hazard classification criteria. The spatial location of each hazard was identified  
17 on a frame-by-frame basis in each clip and a “hazard area” was established by creating an  
18 invisible area around the hazard at 150% of the hazard size using Experiment Builder  
19 software. We created a hazard area slightly larger than the actual hazard in each frame to  
20 account for the dynamic nature of video; when the hazards were small and fast moving it was  
21 difficult to click precisely within the hazard location. Our enlarged hazard area allowed  
22 mouse clicks that were a few pixels behind or ahead of a moving hazard to be marked as  
23 correct, thereby minimizing any ambiguity zones around the hazard perimeter. This approach  
24 provides a balance to protect against false positive responses (e.g., participant clicking at the  
25 right time without recognising the hazard), such as can occur in paradigms that do not

1 consider the location of clicks. It also helps minimize false negative responses (e.g.,  
2 participant correctly identifies the hazard, but clicks a few pixels ahead of the moving hazard  
3 due to perceptual error), as might have occurred if we did not enlarge the hazard zone. The  
4 average duration of a hazard event was 3.6 sec, and each 1 min clip contained one or two  
5 hazards. Accordingly, hazard events were only a small part of each clip. To register a correct  
6 response participants had to click on the correct spatial location of the hazard (i.e., click  
7 somewhere within the invisible 150% scaled hazard area) within the designated hazard time  
8 window (mean = 3.6 s for our clips) that a driver would have to take corrective action and  
9 avoid a collision in a real driving scenario. Pilot testing revealed that most participants  
10 registered many “false positive” clicks during each video clip (e.g., they may have correctly  
11 clicked the hazard, but also clicked 4-5 other non-hazards during each 1-min video).  
12 Therefore, a crude measure of whether participants correctly identified hazards or not was not  
13 particularly informative (participants adopting a strategy of clicking more frequently were  
14 positively advantaged on this metric as they were more likely to hit the target by chance).  
15 Instead we extracted two more fine-grained measures of hazard perception performance:  
16 **Hazard Discrimination.** We calculated the percentage of correct clicks, by dividing the  
17 number of correct clicks on hazards by the sum of all clicks (i.e., hazardous and non-  
18 hazardous segments) in each video clip. This is a metric of hazard discrimination, as it  
19 indexes ability to discriminate between hazardous and non-hazardous situations, where a  
20 higher score indicates better performance. For example in a clip with one hazard, a  
21 participant who clicks only on the genuine hazard would score 100% on this measure while a  
22 participant who correctly identified the genuine hazard, but also clicked on three other non-  
23 hazardous segments of the clip would score 25%. Higher scores indicate better performance.  
24 **Hazard Detection Time.** To provide a time-based measure of performance, we calculated  
25 hazard detection time for all hazards that were correctly identified. Hazard detection time was



1 the mean time (in milliseconds) that elapsed from the time of the participant's first mouse  
2 click response to the hazard, to the end time of the same hazard. All values are negative, with  
3 greater negative values indicating earlier detection of the hazard and, thus, better hazard  
4 perception performance.

#### 5 **2.1.6.2. Gaze behaviour data**

6 Three dependent variables were computed for analysis. First, to determine whether the  
7 duration of the visual fixations changed as a result of the manipulation of visual information,  
8 the mean fixation duration (in ms) was calculated by averaging the duration of all fixations in  
9 each video clip. Second, as a proxy assessment for whether the breadth of the search changed  
10 as a result of viewing condition, mean saccadic amplitude (in degrees of visual angle) was  
11 calculated as the average angular subtense of all saccades in each trial to measure the breadth  
12 of the search. Third, time difference between hazard start time and fixation onset time on  
13 hazard was calculated to determine differences in fixation onset time on hazard in each trial.  
14 We expected a narrower search strategy to be induced by the moving window condition, with  
15 longer fixation durations and smaller saccadic amplitudes.

#### 16 **2.1.6.3. EEG data**

17 To determine cortical activity, High-alpha power (10-12 Hz) during each trial was calculated  
18 for Fz, Cz, Pz and Oz sites. Firstly, offline signal processing was performed using EEGLAB  
19 (Delorme & Makeig, 2004), ERPLAB (Lopez-Calderon & Luck, 2014), and bespoke scripts  
20 in MATLAB (Mathworks Inc., USA). Data were down-sampled to 250 Hz, re-referenced to  
21 the average mastoids (no bad channels were identified), and filtered 1 to 30 Hz (Butterworth,  
22 12dB/40 roll-off order 2 non-causal). Data were segmented around each video clip (i.e., a  
23 trial) into 66 seconds epochs in order to have 3 seconds of buffer before and after the end of  
24 the trial. Independent component analysis (ICA) was performed via the RunICA informax  
25 algorithm (Makeig, Bell, Jung, & Sejnowski, 1966) on these same EEG data (32 channels,

1 yielding the same number of independent components). Artefactual components (e.g., eye or  
2 muscle related) flagged by automated procedures (SASICA plugin; Chaumon, Bishop, &  
3 Busch, 2015) were then visually inspected and manually rejected.

4         Following artefact removal, a wavelet convolution was applied to obtain estimates of  
5 alpha power during each trial period. The application of wavelet is advantageous because it  
6 improves the stationarity of the signal and obtains a reliable spectral estimation. This  
7 technique was implemented by convolving the Fast-Fourier Transform (FFT) power spectrum  
8 of each EEG artefact-free epoch with a family of complex Morlet wavelets, defined as a  
9 Gaussian-windowed complex sine wave:  $e^{i2\pi t f} e^{-t^2/2\sigma^2}$  ; where  $t$  is time,  $f$  is frequency bin,  
10 which increased from 4 to 30 Hz in 30 logarithmic steps, and  $\sigma$  defines the width of each  
11 frequency band (set to  $\text{cycles}/2\pi f$ , with  $\text{cycles}$  ranging from 3 and 6), and then taking the  
12 inverse FFT to obtain the analytic signal  $z$ . Estimates of instantaneous power were then  
13 obtained from the complex signal of each frequency bin ( $f$ ) as the squared magnitude of the  
14 analytic signal defined as  $Z_t$  (power time series:  $p_t = \text{real}(z_t)^2 + \text{imag}(z_t)^2$ ). Each trial  
15 was then baseline normalized by means of a decibel change transformation (dB change =  
16  $10 \cdot \log_{10} \text{trial/reference}$ ) with reference period being -1000 to -500 milliseconds prior to the  
17 beginning of the trial (participants fixated the blank computer screen during this time). To  
18 obtain average activity during the trial, we averaged decibel corrected high-alpha power (i.e.,  
19 10-12 Hz frequency bins) across the whole of each trial within each participant and condition.

#### 20 **2.1.6.4. Statistical analyses**

21 The dependent variables were analysed using 2 (Group: Experienced, Inexperienced)  $\times$  3  
22 (Viewing condition: Full vision, Moving window, Moving mask) analyses of variance

1 (ANOVAs) with repeated measures on the second factor<sup>2</sup>. Significant main and interaction  
2 effects were followed up with least significant difference (LSD) post-hoc tests. For all  
3 inferential tests, effect sizes were reported as partial eta-squared values and a Greenhouse-  
4 Geisser correction was applied to the degrees of freedom when the assumption of sphericity  
5 was violated. The alpha level for all comparisons was set at  $p = .05$ .

## 6 **2.2. Results**

7 ANOVAs revealed a main effect for group for hazard discrimination and main effects for  
8 condition for all other variables with the exception of EEG activity at parietal (Pz) and  
9 occipital (Oz) sites. There were no Group  $\times$  Condition interactions. The statistical outcomes  
10 are summarised in Table 1, and the means and outcomes of post-hoc analyses are illustrated  
11 in Figures 2-4. In brief, the group main effect confirmed that experienced drivers displayed  
12 better hazard discrimination than inexperienced drivers (Figure 2a). The condition main  
13 effects showed that hazard discrimination and hazard detection time were similar in the full  
14 vision and moving window conditions but were impaired in the moving mask condition  
15 (Figure 2). Gaze behaviour showed that fixation durations were longest, and saccadic  
16 amplitudes were smallest in the moving window condition, while the full vision condition  
17 produced the fastest hazard fixation onsets (Figure 3). Finally, EEG analyses revealed that  
18 frontal (Fz) and central (Cz) EEG high-alpha power was reduced, signifying greater cortical  
19 activation, in the moving window condition (Figure 4).

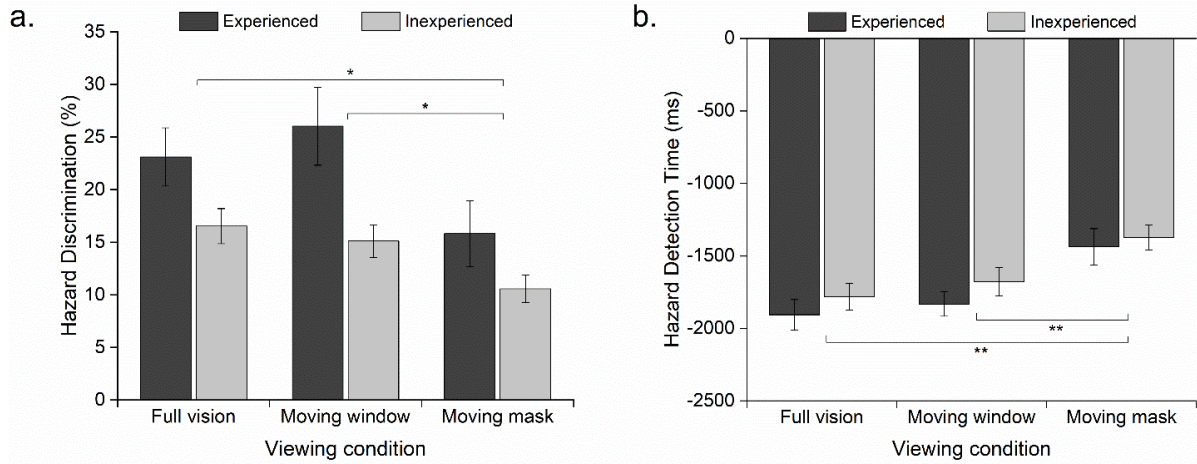
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<sup>2</sup> Additionally, for the performance measures only, we conducted 2 (Group: Experienced, Inexperienced)  $\times$  3 (Clip exposure: 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> presentation) ANOVAs to check whether there was a familiarity effect due to repeated exposure to the video clips. ANOVAs revealed no main effect for clip exposure,  $F$ 's(2, 44) = 0.25 - 2.23,  $p$ 's > .05,  $\eta_p^2$ 's = .01 - .09, and no group  $\times$  clip exposure interactions,  $F$ 's(2, 44) = 0.09 - 0.29,  $p$ 's > .05,  $\eta_p^2$ 's = .00 - .13. These control analyses rule out the possibility that participants memorised the hazards across the repeated trials.

1 **Table 1.** The results of ANOVAs for performance data, gaze behaviour, and cortical activity  
 2 in Experiment 1

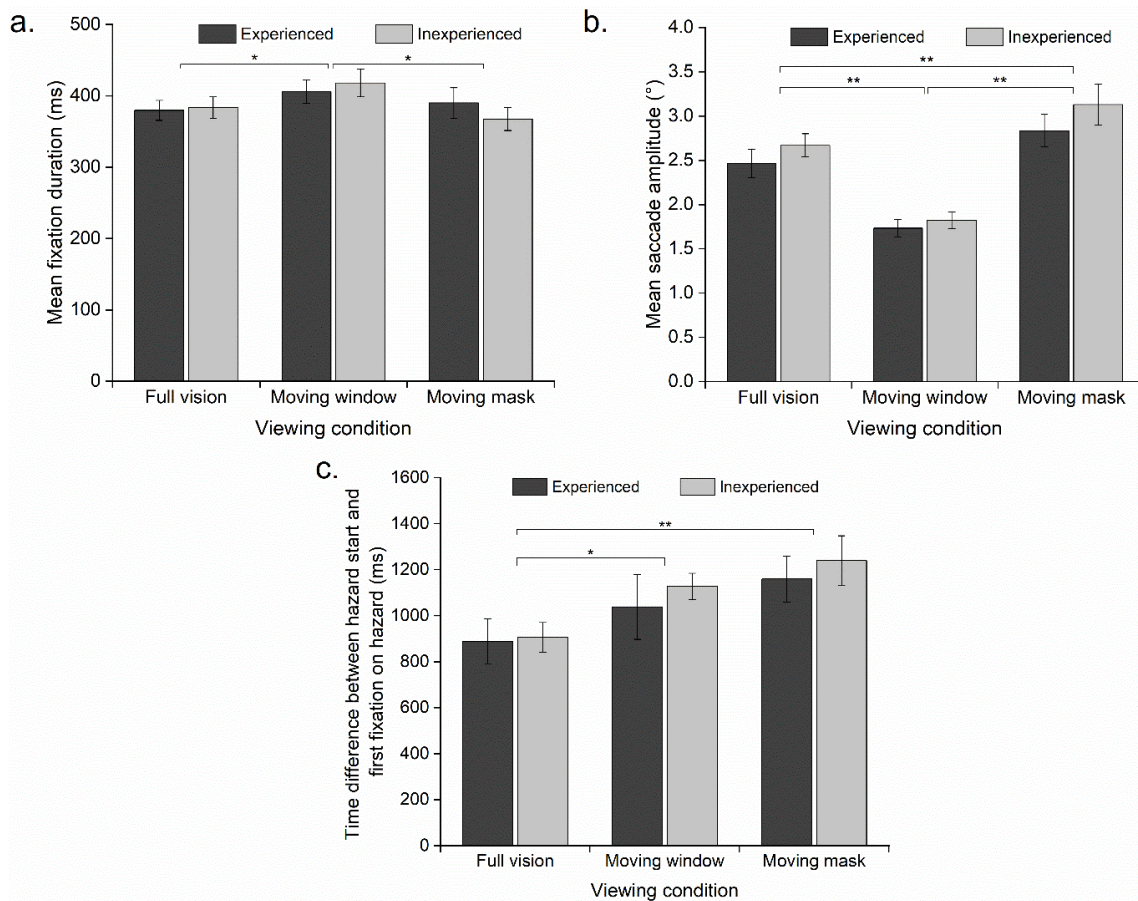
Dependent variables		Effect	<i>df</i>	<i>F</i>	$\eta_p^2$
Performance Data	Hazard discrimination	Group	1, 22	5.53*	.20
		Condition	1.48, 32.62	5.67*	.46
		Group $\times$ Condition	1.48, 32.62	2.47	.10
	Hazard detection time	Group	1, 22	1.90	.05
		Condition	2, 44	18.58**	.46
		Group $\times$ Condition	2, 44	.19	< .01
Gaze Behaviour	Mean fixation duration	Group	1, 22	.01	< .01
		Condition	2, 44	5.90*	.21
		Group $\times$ Condition	2, 44	1.47	.06
	Mean saccadic amplitude	Group	1, 22	.94	.04
		Condition	1.59, 35.06	123.22**	.85
		Group $\times$ Condition	1.59, 35.06	.87	.04
	Difference between hazard start and fixation onset time on hazards	Group	1, 22	.31	.01
		Condition	2, 44	8.92**	.29
		Group $\times$ Condition	2, 44	.15	.01
Cortical Activity	Fz	Group	1, 22	1.00	.04
		Condition	2, 44	3.68*	.14
		Group $\times$ Condition	2, 44	1.08	.05
	Cz	Group	1, 22	.21	.01
		Condition	2, 44	3.63*	.14
		Group $\times$ Condition	2, 44	1.42	.06
	Pz	Group	1, 22	< .01	< .01
		Condition	2, 44	.45	.02
		Group $\times$ Condition	2, 44	1.05	.05
	Oz	Group	1, 22	.01	< .01
		Condition	2, 44	2.56	.10
		Group $\times$ Condition	2, 44	1.13	.05

3 \* $p < .05$ , \*\*  $p < .01$ .



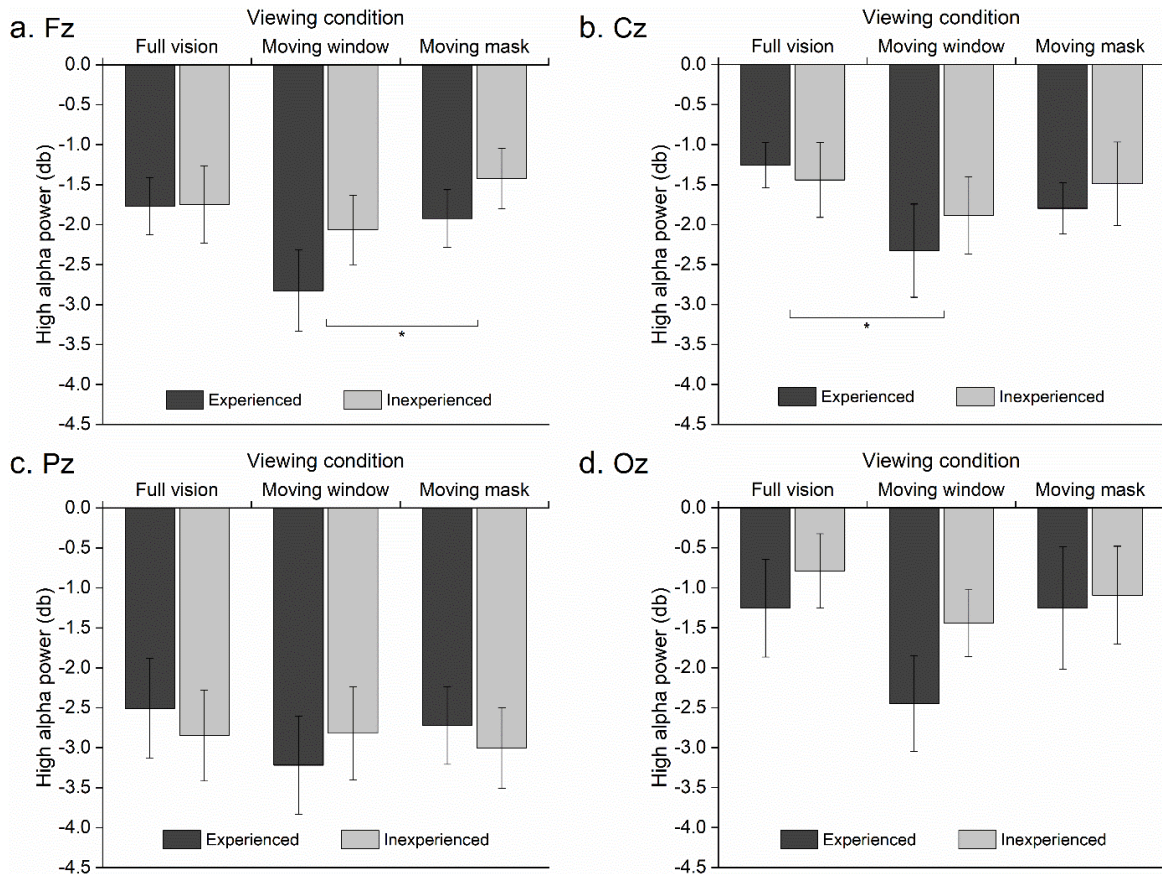
1  
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**Figure 2.** Mean (a) hazard discrimination and (b) hazard detection time for experienced and inexperienced drivers in Experiment 1 (\*  $p < .05$ , \*\*  $p < .01$ ). In hazard detection time (b), “0” indicates end of hazard window, so more negative values indicate better performance. Error bars indicate the standard error of the mean.



7  
8  
9  
10

**Figure 3.** Mean (a) fixation duration, (b) saccadic amplitude, and (c) time difference between hazard start and first fixation on hazards for experienced and inexperienced drivers in Experiment 1 (\*  $p < .05$ , \*\*  $p < .01$ ). Error bars indicate the standard error of the mean.



**Figure 4.** High-alpha power in the four regions in Experiment 1: (a) frontal (Fz), (b) central (Cz), (c) parietal (Pz), and (d) occipital (Oz) (\*  $p < .05$ ). Error bars indicate the standard error of the mean.

### 2.3. Discussion

In Experiment 1, we employed eye-tracking and brain imaging measures to provide a comprehensive examination of the role of central and peripheral vision in the hazard perception ability of experienced and inexperienced drivers. Three different viewing conditions (i.e., full vision, moving window, and moving mask conditions) were used to directly assess the information pick-up from central and peripheral vision while watching hazard perception video clips. We first hypothesized that experienced drivers would outperform inexperienced drivers on the hazard perception test. Results revealed that experienced drivers were better than inexperienced drivers at discriminating hazardous and non-hazardous situations. This provides some support for our hypothesis and previous studies

1 (e.g., Horswill & McKenna, 2004; Underwood et al., 2008). However, there were no  
2 significant group differences in hazard detection time.

3         The second hypothesis was that the moving window condition would support the best  
4 performances. There was limited support for this hypothesis. While the moving window  
5 condition did indeed foster superior hazard discrimination as well as faster hazard detection  
6 when compared to the moving mask condition, it was not different to the full vision  
7 condition, suggesting that full vision and moving window viewing conditions were  
8 equivalent. There was some evidence that the moving window condition was better than the  
9 full vision condition in terms of hazard processing time. Specifically, while the moving  
10 window and the full vision conditions yielded similar hazard detection times (Figure 2B),  
11 participants took longer to fixate on hazards in the moving window condition (Figure 3C).  
12 This delay in looking at hazards combined with no delay in responding to hazards provides  
13 evidence that moving window conditions encourage purposeful fixations that allowed faster  
14 information processing compared to full vision conditions. This was also supported by the  
15 increased fixation durations and smaller saccade amplitudes in the moving window condition,  
16 which reflects a narrowed and concentrated search strategy. Taken together, the findings  
17 indicate that central vision is important during hazard perception, and the removal of central  
18 vision (i.e., moving mask condition) significantly degrades hazard perception for both  
19 experienced and inexperienced drivers.

20         Our final hypothesis was that EEG high-alpha power would be reduced to indicate  
21 greater attention devoted to information processing in the moving window compared to the  
22 other viewing conditions. This hypothesis was partially supported as high-alpha power was  
23 reduced at frontal and central electrodes during the moving window condition. Since less  
24 high-alpha power reflects relatively greater neuronal activation, and since frontal and central  
25 electrodes overlie brain areas associated with perceptual-motor decision making and motor

1 response programming (e.g., Ashe, Lungu, Basford, & Lu, 2006; Cooke et al., 2015), our  
2 finding provides more evidence that the moving window condition encourages line-of-gaze  
3 and attention to be aligned, and this could be of benefit to performance.

### 4 **3. Experiment 2**

5 Experiment 1 provides new neurophysiological evidence to support the idea that the moving  
6 window viewing condition helps ensure line-of-gaze and attention are aligned. It also  
7 provides encouraging evidence that the moving window paradigm could be employed as a  
8 training tool **that should be at least as effective (and potentially more effective) than full**  
9 **vision training in helping** new drivers to pay attention and to better identify road hazards.

10 Experiment 2 will provide a direct test of this suggestion. We sought to examine whether  
11 perceptual training can enhance hazard perception ability among unlicensed trainee drivers.  
12 Participants were assigned to one of two training groups: a moving window training group  
13 (training with clear central vision and blurred peripheral vision) and a full vision training  
14 group (training with unrestricted vision). We are particularly interested in maximizing the  
15 learning trajectory of learner drivers, so we sought to explore the possible differences  
16 between the two optimal conditions from Experiment 1 (i.e., the full vision and moving  
17 window conditions) rather than the moving mask condition, which was consistently and  
18 significantly less effective (for detecting hazards). We hypothesized that the moving window  
19 group who trained with blurred peripheral vision would improve their hazard perception more  
20 than normal/unmanipulated vision training group. This is because moving window viewing  
21 encourages gaze and attention to move into alignment, thereby increasing the processing of  
22 the most relevant cues in both central and peripheral vision.

### 23 **3.1. Method**

#### 24 **3.1.1. Participants**



1 Twenty unlicensed drivers, who had either begun driving lessons or had indicated an  
2 intention to begin driving lessons within the next month, participated in Experiment 2.  
3 Participants were assigned to either a full vision training group ( $M_{\text{age}} = 22.60$  years,  $SD =$   
4  $1.90$ ) or a moving window training group ( $M_{\text{age}} = 21.80$  years,  $SD = 3.99$ ). All participants  
5 had normal or corrected-to-normal vision and provided informed consent before commencing  
6 the study. Ethical approval was obtained from the institution research ethics committee.

### 7 **3.1.2. Design**

8 We adopted a 2 Group (full vision training, moving window training; between-participant  
9 factor)  $\times$  3 Test (pre-test, post-test, retention test; within-participant factor) mixed-model  
10 design. In the pre-test, post-test, and retention test phases, participants watched 20 video clips  
11 in full-vision and 20 video clips in moving window conditions, as per Experiment 1.  
12 Importantly, the pre-test and the post-test were separated by the training intervention (90 full  
13 vision video clips different from the 20 testing video clips for members of the full vision  
14 group; 90 moving window video clips different from the 20 testing video clips for members  
15 of the moving window group), spread evenly over 3 days. The retention test was 1-month  
16 after the post-test and allowed examination of the extent to which any benefits of the training  
17 intervention had been retained. More details about the test and training phases are provided in  
18 the Procedure section below.

### 19 **3.1.3. Apparatus**

20 In Experiment 2, we used 16 active electrodes positioned on the scalp at Fp1, Fp2, F3, Fz, F4,  
21 T7, C3, Cz, C4, T8, P3, Pz, P4, O1, Oz, O2 to record cortical activity (10-20 system; Jasper,  
22 1958). All other setup and apparatus used in Experiment 2 were identical to Experiment 1.

### 23 **3.1.4. Test and training materials**

24 In the test phase of the experiment, 20 hazard perception video clips (Imagitech, UK) were  
25 shown in each of two different viewing conditions: full vision (unrestricted normal vision)

1 and moving window (clear central and blurred peripheral vision) viewing conditions. Each  
 2 clip contained between 1 and 4 hazards ( $M = 2.2$ ) with an average duration of 5.7 sec per  
 3 hazard<sup>3</sup>. We deliberately used clips with more hazards and longer duration hazards in  
 4 Experiment 2 given the longitudinal design (i.e., to reduce the risk of performance ceiling  
 5 effects) and based on the inexperienced nature of the sample.

6 In the training phase of the experiment, participants watched video clips that we  
 7 created especially for this experiment, recorded using a high-definition dashcam attached to a  
 8 windscreen (Thinkware Dashcam F770, Thinkware, Korea). The angle and structure were  
 9 identical to that seen in the video clips used in the test phase, and we ensured that our  
 10 bespoke training clips matched the clips used in the test phase for duration, type and number  
 11 of hazards. Two experienced drivers assigned and agreed the hazards in our test clips, using  
 12 the same criteria as applied in the test phase (i.e., hazard is a situation that would require the  
 13 driver to take corrective action to avoid a collision). From approximately 50 hours of  
 14 dashcam footage, we selected 90 1-min video clips for use in the training sessions.

### 15 **3.1.5. Procedures**

16 Experiment 2 consisted of four parts: pre-test, training intervention, post-test, and retention  
 17 test. The pre-test took place 1 day prior to the commencement of the training intervention.  
 18 The training intervention occurred over 3 days and the post-test took place one day after  
 19 training intervention. Finally, the retention test was scheduled 1 month after the post-test.

#### 20 **3.1.5.1. Pre, Post, and Retention tests**

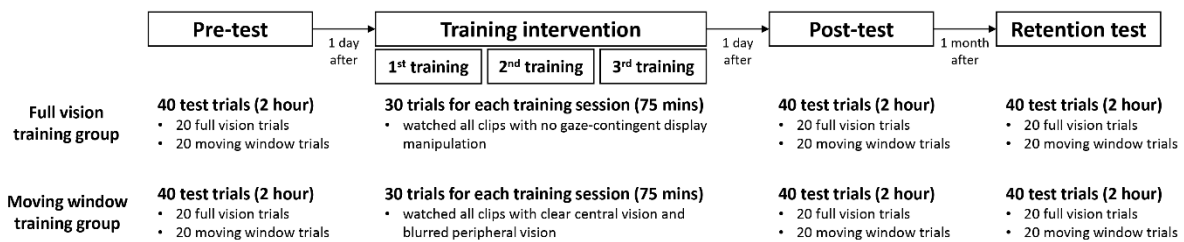
21 The procedure of this test phase of the experiment was identical to the Experiment 1 except  
 22 participants watched only two different viewing conditions in Experiment 2: full vision and  
 23 moving window viewing. We omitted the moving mask condition from Experiment 2

---

<sup>3</sup> The same test-phase clips were used for all conditions and across all groups within each experiment, so any  
 between group / between condition differences should not be differentially influenced by hazard duration.

1 because it was clear that this condition impaired performance. At the start of each session  
 2 participants were given 6 practice trials to familiarize themselves with the test procedure and  
 3 the two types of viewing conditions (i.e., full vision and moving window viewing  
 4 conditions). Participants then completed 40 test trials (20 video clips presented in full vision  
 5 and the same 20 clips presented in moving window viewing), with a mandatory 5-min  
 6 interval at the mid-point of the session. All trials were randomized. The entire test session  
 7 took approximately 2 hours including fitting and calibration of EEG and eye-tracking  
 8 systems.

9



10

11 **Figure 5.** A schematic of the Experiment 2 timeline for full vision and moving window  
 12 training groups

13

### 14 3.1.5.2. Training intervention

15 In the training phase of the experiment, 30 hazard perception video clips were viewed in a  
 16 random order in each of the three training sessions (a total of 90 trials). The 90 video clips  
 17 (90 trials) used in the training intervention were different from the 20 video clips (40 trials)  
 18 used for testing. Importantly, after each trial, feedback on performance was provided by  
 19 showing each frame containing hazardous situations with correct hazard(s) highlighted  
 20 alongside a brief description of the nature of the hazard. The twenty participants were  
 21 randomly assigned to one of two training groups: (i) a full vision training group ( $n = 10$ ) who  
 22 watched all their training phase clips with no gaze-contingent display manipulation; and (ii) a  
 23 moving window training group ( $n = 10$ ) who watched all their training phase clips with clear

1 central vision and blurred peripheral vision. EEG data were not recorded during the training  
 2 phase. Each training session, including calibration and feedback, took approximately 75 mins  
 3 to complete. Training sessions were scheduled on separate days, and were separated by 1-2  
 4 days ( $M$  intersession interval = 1.38 days).

### 5 **3.1.6. Dependent variables and data analysis**

#### 6 **3.1.6.1. Performance data**

7 We focused our analyses on performance in the test phase of the experiment. In accordance  
 8 with Experiment 1, we calculated two metrics of performance.

9 **Hazard Discrimination.** To further increase the sensitivity of this metric, we refined the  
 10 measure of hazard discrimination from Experiment 1 to Experiment 2 by segmenting the  
 11 hazard window and offering more points for early than for late hazard responses. This  
 12 approach also matched more closely the scoring system employed in the UK driving hazard  
 13 perception test. Specifically, we adopted a points system where the duration of each hazard  
 14 window was divided into five equal segments, and a mouse click in the first segment (i.e., an  
 15 early response) was awarded five points, while a click in the final segment (i.e., a late  
 16 response) was awarded one point. To ensure we tested hazard discrimination (i.e., ability to  
 17 distinguish between hazards and non-hazards) and to mitigate against the risk of participants  
 18 repeatedly clicking the mouse to “cheat” the system, we divided their total number of points  
 19 for each clip by the total number of mouse clicks for that clip. Scores range from 0 (hazard  
 20 not detected) to 5 (hazards detected at earliest segment and no false positive clicks). Higher  
 21 scores indicate better performance<sup>4</sup>.

---

<sup>4</sup> While the hazard discrimination metric employed in Experiment 1 accounted for the problem of false positive clicks, it could not distinguish between two participants who made the same number of false positive clicks, but who varied in the latency of their correct clicks, as all correct clicks were weighted the same. The approach adopted in Experiment 2 solves this problem by awarding greater credit for correct responses that occur earlier in the hazard window. As location and segmentation of hazard windows were pre-programmed and analysed online, we were unable retrospectively to apply this refined strategy to the data collected in Experiment 1.

1 **Hazard Detection Time.** This measure was calculated in the same way as described in  
 2 Experiment 1.

### 3 **3.1.6.2. Gaze behaviour data**

4 The analyses of gaze data were identical to Experiment 1.

### 5 **3.1.6.3. EEG data**

6 EEG data were analysed at Fz, Cz, Pz, and Oz in the same way as in Experiment 1.

### 7 **3.1.6.4. Statistical analyses**

8 In accordance with our aim to determine whether the training intervention would enhance  
 9 hazard perception among unlicensed trainee drivers during naturalistic conditions, our  
 10 analyses focus on performance, gaze, and EEG when viewing full vision condition trials in  
 11 the test phase<sup>5</sup>. We performed 2 (Group: Full vision training, Moving window training) × 3  
 12 (Test occasion: Pre, Post, Retention) analyses of variance (ANOVAs) with repeated measures  
 13 on the second factor. Significant main and interaction effects were followed up with least  
 14 significant difference (LSD) post-hoc tests. For all inferential tests, effect sizes were reported  
 15 as partial eta-squared values and a Greenhouse-Geisser correction was applied to the degrees  
 16 of freedom when the assumption of sphericity was violated. The alpha level for all  
 17 comparisons was set at  $p = .05$ .

## 18 **3.2. Results**

### 19 **3.2.1. Performance data**

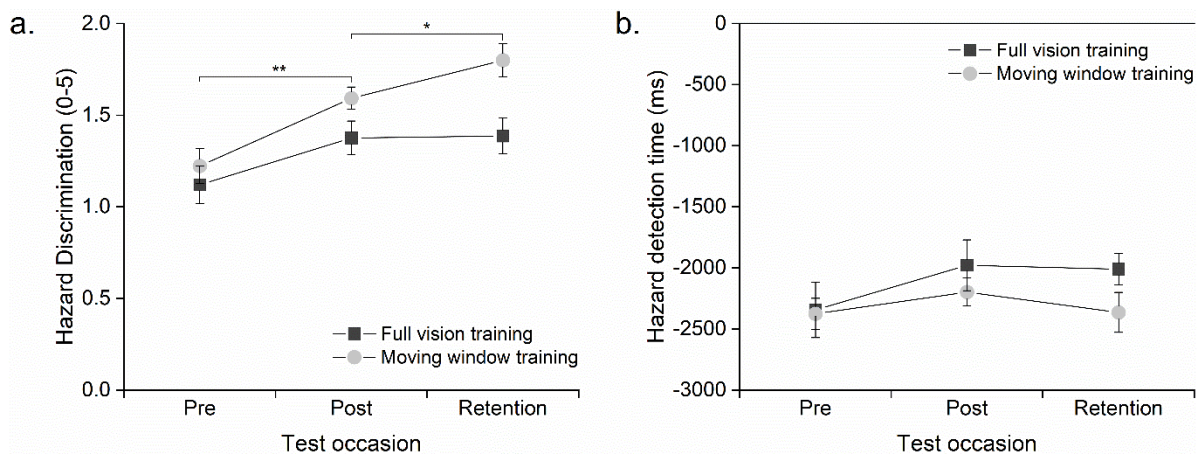
20 **Hazard Discrimination.** Hazard discrimination results are illustrated in Figure 6a. ANOVA  
 21 revealed a significant main effect for group,  $F(1, 18) = 4.49, p < .05, \eta_p^2 = .20$ , and test  
 22 occasion,  $F(1.33, 23.93) = 20.28, p < .001, \eta_p^2 = .53$ . The moving window training group

---

<sup>5</sup> The results of analyses performed on our performance, gaze and EEG measures in the moving window condition are reported in the supplementary material. The effects are largely consistent with those from the full vision condition.

1 showed better hazard discrimination than the full vision training group. Hazard  
 2 discrimination scores improved from pre-test to post-test ( $p < .05$ ), and from post-test to  
 3 retention test ( $p < .05$ ). Although the interaction between group and test occasion failed to  
 4 reach statistical significance,  $F(1.33, 23.93) = 2.66, p = .11, \eta_p^2 = .13$ , we proceeded with  
 5 pre-planned comparisons on the basis of our *a priori* hypothesis that the moving window  
 6 training would be more effective than full-vision training. These tests revealed that the  
 7 moving window training group increased their hazard discrimination scores from pre-test ( $M$   
 8  $= 1.22, SD = 0.10$ ) to post-test ( $M = 1.59, SD = 0.06; p < .05$ ) and then again from post-test to  
 9 retention test ( $M = 1.80, SD = 0.09; p < .05$ ). Hazard discrimination scores of the full vision  
 10 training group did not change across pre-test ( $M = 1.12, SD = 0.10$ ), post-test ( $M = 1.38, SD =$   
 11  $0.09$ ) or retention test ( $M = 1.39; SD = 0.10; p$ 's  $> .09$ ).

12 **Hazard Detection Time.** Hazard detection time data are illustrated in Figure 6b. ANOVA  
 13 failed to reveal any significant main effects for test occasion,  $F(2, 36) = 3.11, p = .06, \eta_p^2$   
 14  $= .15$ , for group,  $F(1, 18) = 1.14, p = .30, \eta_p^2 = .06$ , and there were no significant training  
 15 group  $\times$  test occasion interaction,  $F(2, 36) = 1.08, p = .35, \eta_p^2 = .06$ .



16

17 **Figure 6.** Mean (a) hazard discrimination and (b) hazard detection time for the full vision  
 18 training group and moving window training group in the full vision condition (\*  $p < .05$ , \*\*  $p$   
 19  $< .01$ ). In hazard detection time (b), “0” indicates end of hazard window, so more negative  
 20 values indicate better performance. Error bars indicate the standard error of the mean.

21

### 1 3.2.2. Gaze behaviour

2 The gaze behaviour data are summarized in Table 1. ANOVAs revealed no significant  
3 differences between the two training groups,  $F$ 's(1, 18) = 0.11 – 1.10,  $p$ 's = .31 - .75,  $\eta_p^2$ 's  
4 = .01 - .06, no main effects for test occasion,  $F$ 's(2, 36) = 1.10 – 2.57,  $p$ 's = .09 - .35,  $\eta_p^2$ 's  
5 = .06 - .13, and no interaction effects between training group and test occasion,  $F$ 's(2, 36) =  
6 0.22 - 1.13,  $p$ 's = .32 - .80,  $\eta_p^2$ 's = .01 - .05, for any of the gaze measures. In sum, the  
7 training interventions had no impact on gaze behaviour.

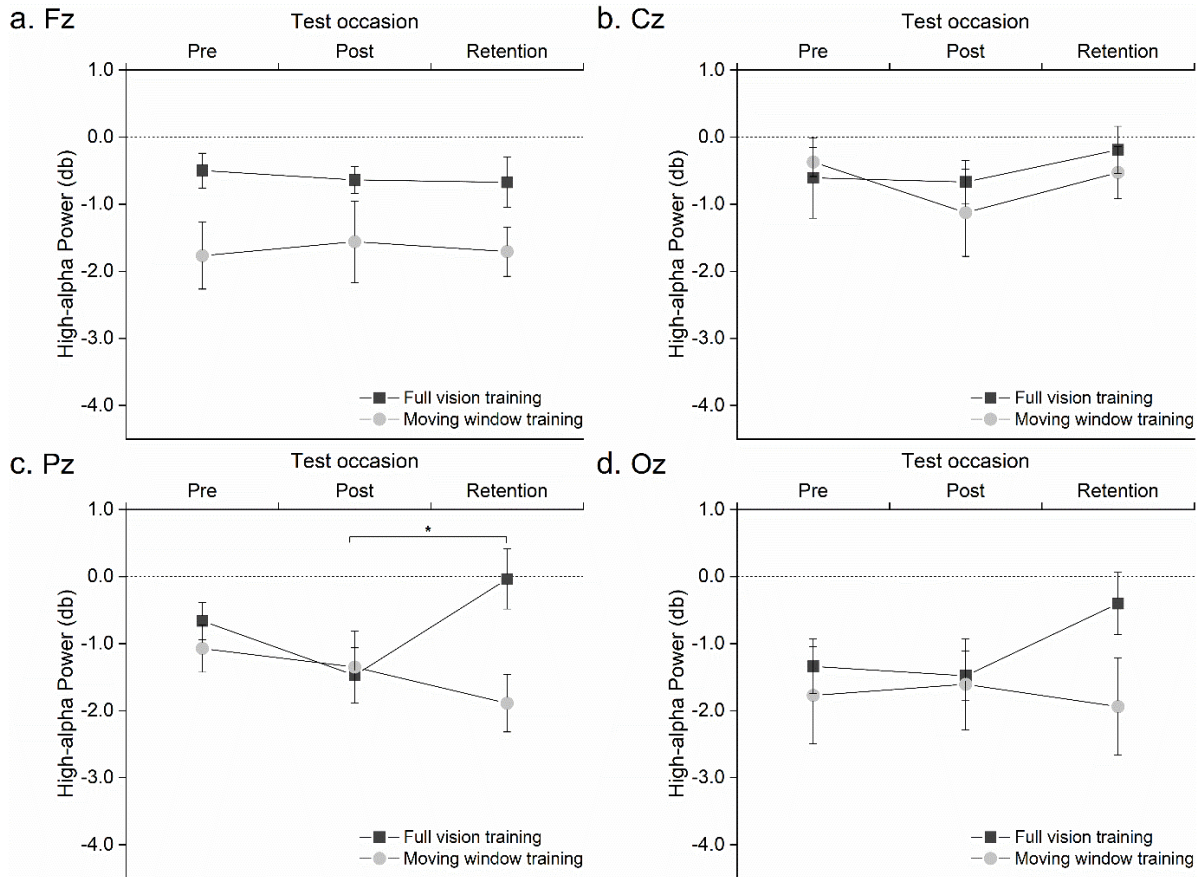
**Table 2.** Mean (*SD*) fixation duration, mean saccade amplitude, and time difference between hazard start and first fixation onset time on hazards for full vision training group and moving window training group in Experiment 2.

Training group	Mean fixation duration			Mean Saccade amplitude			Time difference between hazard start and first fixation onset time on hazards		
	Pre	Post	Retention	Pre	Post	Retention	Pre	Post	Retention
Full vision training	383.29 (45.99)	414.02 (104.00)	419.36 (76.82)	2.61 (0.26)	2.81 (0.16)	2.83 (0.41)	1016.36 (456.56)	1005.41 (395.17)	998.50 (366.33)
Moving window training	412.75 (76.65)	395.17 (105.71)	442.01 (105.63)	2.46 (0.49)	2.62 (0.70)	2.56 (0.66)	1370.49 (606.89)	1179.84 (597.35)	978.99 (700.65)



### 1 3.2.3. Cortical Activity

2 The EEG high-alpha power data are illustrated in Figure 7. ANOVA revealed no main effects  
3 of test occasion at any of the sites,  $F$ 's(2, 36) = 0.04 - 1.51,  $p$ 's = .13 - .96,  $\eta_p^2$ 's = .002 - .08.  
4 However, there was a significant main effect for group at Fz,  $F(1, 18) = 5.83$ ,  $p = .03$ ,  $\eta_p^2$   
5 = .25, members of the moving window training group displayed less high-alpha power than  
6 members of the full vision training group at all timepoints. Importantly, there was also a  
7 significant group  $\times$  test occasion interaction at the parietal site (i.e., Pz),  $F(2, 36) = 4.68$ ,  $p$   
8 = .02,  $\eta_p^2 = .21$ . High-alpha power increased from post-test to retention test in members of  
9 the full vision group only ( $p < .05$ ). This resulted in significant between-group difference in  
10 high-alpha power at retention test ( $p < .05$ ). There were no other group effects,  $F$ 's(1, 18) =  
11 0.18 - 2.58,  $p$ 's = .13 - .67,  $\eta_p^2$ 's = .01 - .13, or interaction effects,  $F$ 's(2, 36) = 0.16 - 1.89,  
12  $p$ 's = .18 - .86,  $\eta_p^2$ 's = .01 - .09.



1

2 **Figure 7.** High-alpha power of the four regions in Experiment 2: (a) frontal (Fz), (b) central  
 3 (Cz), (c) parietal (Pz), and (d) occipital (Oz). Error bars indicate the standard error of the  
 4 mean. Asterisk (c) indicates post-to-retention test difference ( $p < .05$ ) for the full vision  
 5 training group only.

6

### 7 3.3. Discussion

8 In Experiment 2, we examined whether gaze-contingent training could enhance hazard  
 9 perception of unlicensed trainee drivers by comparing two different training tools. The full  
 10 vision training group watched all the video clips with unmanipulated vision during the  
 11 training intervention whereas the moving window training group watched all the video clips  
 12 with clear central and blurred peripheral vision during the training intervention. Before and  
 13 after the training intervention, all the participants' hazard perception abilities were assessed at  
 14 pre-test, post-test, and one month later in a retention test.

15 Based on the findings of Experiment 1 and Ryu et al. (2016), we expected that the  
 16 moving window training group would show greater improvement in their skills than the full

1 vision training group. The data did not reveal the expected group  $\times$  test interactions. There  
2 was, however, a group main effect indicating that the moving window group performed better  
3 than their full vision counterparts. Closer inspection of each group indicated that the moving  
4 window training group improved their hazard discrimination from pre-test to post-test to  
5 retention test while the hazard discrimination scores of the full vision training group  
6 remained stable<sup>6</sup> (Figure 6a). The training protocols did not influence hazard detection time.  
7 It is possible that training protocols of this nature first influence spatial perception, and may  
8 require more extensive training to deliver temporal perception benefits (see also Ryu et al.,  
9 2016). In sum, the results provide limited support for the primary performance-orientated  
10 hypothesis.

11 Our second hypothesis was that moving window training would encourage line-of-  
12 gaze and attention to align, and we tested this prediction by measuring EEG high-alpha  
13 power. Our hypothesis was partially supported. Specifically, members of the moving window  
14 training group tended to display less high-alpha power, reflecting increased cortical  
15 activation, at post-training retention, compared to their full vision trained counterparts.  
16 Importantly, high-alpha power increased from post-test to retention test at the parietal  
17 electrode for members of the full vision training group. Since parieto-occipital brain areas are  
18 important for the integration of visual and sensorimotor information (Ashe et al., 2006) it  
19 seems that the full vision group were less adept at integrating key visual information than the  
20 moving window group in the retention test.

21 In conclusion, the results of Experiment 2 suggest that blurred peripheral vision training  
22 may yield subtle benefits in hazard perception skill by increasing attention and improving  
23 information pick-up from central vision.

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<sup>6</sup> Readers should interpret these latter results with a degree of caution, as they represent planned follow-up tests of a non-significant group  $\times$  test interaction.

## 1 **4. General Discussion**

2 The main objectives of the two experiments reported in this paper were to examine (i) the  
3 roles of central and peripheral vision in hazard detection as a function of driving experience;  
4 and (ii) whether perceptual training via the gaze-contingent paradigm can enhance hazard  
5 perception skill. The evidence accumulated from the two experiments provide several new  
6 mechanistic insights regarding driving hazard perception and how this can be developed.

### 7 **4.1. The importance of central vision in driving**

8 A first key finding is the importance of central vision for hazard detection. In earlier studies  
9 using the gaze-contingent display paradigm, experienced sport performers outperformed  
10 novices in both moving window and moving mask viewing conditions (Ryu et al., 2015; Ryu,  
11 Abernethy, Mann, Poolton, & Gorman, 2013). This shows that experienced performers were  
12 superior at using both central and peripheral vision when compared to beginners. When  
13 central vision was removed, the experienced players were able to maintain reasonable  
14 performance by using the foveal gaze as an anchor point and monitoring the movement of  
15 players using peripheral vision (Ripoll, 1991). In driving, however, such a strategy might be  
16 difficult. In Experiment 1, hazard perception performance of both experienced and  
17 inexperienced drivers deteriorated significantly when central vision information was  
18 impaired. Although both driving and sport are dynamic visual environments, a key difference  
19 is that in sports such as basketball, players move their body and head to navigate the space  
20 around them, in response to the movement of other players and the ball. When driving a car,  
21 the body and head are fairly stationary in comparison, and this stationarity combined with the  
22 generally linear nature of driving could dampen the importance of peripheral vision.  
23 This observation is important since it was previously assumed that both central and peripheral  
24 vision were of critical importance to skilled driving when driving a car (Chapman &  
25 Underwood, 1998; Crundall et al., 1999). Previous studies, however, did not measure

1 peripheral vision directly. The utility of peripheral vision in driving has also been questioned  
2 by another recent study showing that drivers' performance was significantly impaired when  
3 they were asked to fixate their central vision on a smartphone inside the car, and thereby rely  
4 on peripheral vision for driving (Wolfe & Rosenholtz, 2019). In brief, our findings imply that  
5 drivers require their attention to be aligned with their central vision to detect hazards and  
6 maintain safe driving. However, it is important to note that peripheral vision may be more  
7 important than our current results imply when in real driving scenarios containing wider  
8 fields of view and objects moving in three-dimensional space. Direct tests of the roles of  
9 central and peripheral vision in real driving should be conducted by future research (Crundall  
10 et al., 1999, 2002).

#### 11 **4.2. The alignment of gaze and attention**

12 It has been argued that a limitation of gaze measurement systems that track only the line-of-  
13 gaze is that they cannot evidence that attention is extracted from the points of fixation (see  
14 Ryu et al., 2013). For example, knowing the line-of-gaze does not tell us whether the  
15 person's attention is allocated centrally around the line-of-gaze or if the line-of-gaze is  
16 simply a convenient anchor point from which to extract information from the peripheral  
17 vision (Findlay, 1982; Ripoll, 1991; Zelinsky, Rao, Hayhoe, & Ballard, 1997). The findings  
18 of both our experiments provide evidence that moving window viewing encourages attention  
19 and line-of-gaze to align. In Experiment 1, we observed longer fixation durations, shorter  
20 saccadic amplitudes (Bertera & Rayner, 2000; Cornelissen, Bruin, & Kooijman, 2005;  
21 Loschky & McConkie, 2000, 2002; Nuthmann, 2014; Ryu et al., 2015; Ryu et al., 2016) and  
22 more intense cortical activity at frontal and central sites in the moving window condition. **The**  
23 **moving window condition also supported performance levels that were superior to the**  
24 **moving mask condition and equivalent to the full vision condition.** In Experiment 2, hazard  
25 discrimination was superior at post-test and retention test in the group that received moving

1 window training. This was again endorsed by the EEG data providing some evidence of more  
2 intense cortical activation at the post-training retention in members of the moving window  
3 training group. There were no differences in the visual search strategies adopted by the  
4 participants who had undergone the moving window versus those who had undergone the full  
5 vision training in Experiment 2. This is consistent with a previous study that used a similar  
6 training paradigm in expert decision making (Ryu et al., 2016). It provides good evidence that  
7 the effects of moving window training are underpinned by more optimal neurophysiological  
8 patterns of attention, rather than anything related to visual search strategies.

### 9 **4.3. A new approach to assess and develop hazard perception ability**

10 Moving window training is by no means the first training intervention designed to improve  
11 driving hazard perception. Other well-used approaches include pausing video clips and  
12 asking the driver to predict what would happen next (McKenna & Crick, 1994), instructing  
13 beginner drivers where to look in order to identify hazards (Chapman, Underwood, &  
14 Roberts, 2002), asking inexperienced drivers to place markers on potential hazard locations  
15 (Pollatsek, Narayanaan, Pradhan, & Fisher, 2006), and by using commentary driving  
16 (Crundall, Andrews, van Loon, & Chapman, 2010). The results of these studies are  
17 encouraging insofar as they reveal an increase in the ability to detect risk/hazard. However,  
18 despite these existing approaches, poor hazard perception remains a problem for  
19 inexperienced drivers. Our moving window training intervention, which operates in a less  
20 explicit manner than other methods, could provide an important step forward.

21 Our findings have the potential not only to benefit new drivers, but also to improve current  
22 hazard perception driving tests. The current driving hazard perception test was developed  
23 based on the earlier studies (1960s and 70s; see for a discussion, Crundall, 2016; see also,  
24 Pelz & Krupat, 1974) where it was simply reasoned that safer driving is associated with  
25 earlier detection of hazards. Our findings demonstrate that there is more to hazard perception

1 than simply hazard detection time. In fact, hazard detection time was our least sensitive  
2 measure of performance – in Experiment 2 this measure did not change over the course of our  
3 training intervention, nor did not distinguish the two training groups. It is possible that our  
4 gaze-training intervention facilitates the stimulus identification and decision-making  
5 components of information processing (i.e., stages that regulate response accuracy) more than  
6 the stimulus detection component (i.e., a stage that concerns detection speed). Employing a  
7 range of performance measures related to both speed and accuracy would provide a more  
8 comprehensive assessment of the various components of hazard perception and improve the  
9 current driving hazard perception test.

#### 10 **4.4. Limitations and future directions**

11 While we sometimes refer to driving safety and accident risk, we should be careful to point  
12 out that the current experiments did not assess driving, they simply assessed hazard  
13 perception via computer-based video tests. We scaled our videos to simulate real driving by  
14 scaling the visual angle of the screen, but we acknowledge that the inability to replicate the  
15 wider field of view (e.g., awareness of stimuli in side windows and wing mirrors) and the  
16 three dimensional perspective of real driving is a limitation of screen-based studies. It should  
17 also be noted that most of our hazard events were towards the centre of the screen, at least for  
18 the final part of the hazard window, due to hazards that exit from the side being difficult to  
19 represent in two-dimensional screen-based viewing. This might contribute to the seemingly  
20 high importance of central vision for hazard perception in the current experiments. The  
21 importance of peripheral vision may be higher for real driving than we have detected here  
22 (Shahar et al., 2010). The extent to which our findings generalize to real driving is something  
23 that can be explored by future research. Future research could also further develop the  
24 measures of hazard perception. We decided to improve our hazard discrimination measure  
25 after conducting Experiment 1, and we switched to a more sensitive scoring metric in

1 **Experiment 2.** Future studies wishing to develop metrics even further could introduce  
2 ambiguity zones around the perimeter of hazards to more precisely characterise varying  
3 levels of response accuracy rather than adopting leniency via oversized hazard zones as we  
4 did here (e.g., Wetton, Hill, & Horswill, 2011).

5 While the technology is not currently able to provide gaze-contingent training in a live  
6 driving scenario, we foresee smart windscreen technology or smart contact lenses as ways to  
7 incorporate this paradigm into real driving soon. It should be noted that this limitation of our  
8 research applies to all research concerning the driving hazard perception test, and it even  
9 applies to the hazard perception test itself. The extent to which performance on screen-based  
10 tests predicts real-life driving safety remains a source of debate. Nonetheless, given that  
11 governments around the world enforce that learner drivers pass a hazard perception test  
12 before securing their driving license, there is an assumption that results on this test  
13 correspond to one's capacity to be a safe driver.

## 14 **5. Conclusion**

15 Across two experiments, we used a gaze-contingent display paradigm to examine the roles of  
16 central and peripheral vision and to determine whether perceptual training can enhance  
17 hazard perception skill. The findings highlight that (i) information from central vision is more  
18 important, at least for screen-based hazard perception tests, than information from peripheral  
19 vision in detecting hazards, (ii) clear central and blurred peripheral vision viewing helps to  
20 align line-of-gaze and attention, and (iii) training with clear central and blurred peripheral  
21 vision may provide some benefits above those yielded by full vision training to improve  
22 screen-based hazard perception ability. These results could have many implications for road  
23 safety. For example, our findings would caution against the development of in-vehicle  
24 technology (e.g., smartphones, navigation systems) that may divert central vision away from



1 the road. Importantly, our findings provide a new perceptual training paradigm which could  
2 improve hazard perception in dynamic activities such as driving.

3

4

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- 25

## 1 **Supplementary Material**

### 2 **Experiment 2**

#### 3 **Results - Moving Window Condition**

##### 4 **Performance**

5 **Hazard Discrimination.** In the moving window condition, there were significant main  
6 effects for group,  $F(1, 18) = 5.22, p < .05, \eta_p^2 = .23$ , and test occasion,  $F(2, 36) = 24.15, p$   
7  $< .001, \eta_p^2 = .57$ . The moving window training group showed higher response accuracy than  
8 the full vision training group. Hazard discrimination improved from pre-test to post-test ( $p$   
9  $< .001$ ), but not from post-test to retention test ( $p = .63$ ). Finally, there was no interaction  
10 effect between group and test occasion,  $F(2, 36) = .61, p > .05, \eta_p^2 = .03$ .

11 **Hazard detection time.** ANOVAs failed to reveal any significant main effect for test  
12 occasion,  $F(2, 36) = 1.49, p > .05, \eta_p^2 = .08$ . There was no main effect for group,  $F(1, 18)$   
13  $= .85, p > .05, \eta_p^2 = .05$ . Finally, there was no significant training group and test occasion  
14 interaction,  $F(2, 36) = .08, p > .05, \eta_p^2 < .01$ .

##### 15 **Gaze Behaviour**

16 **Mean fixation duration.** The results for mean fixation duration showed no significant  
17 differences between the two training groups,  $F(1, 18) = .08, p > .05, \eta_p^2 < .001$ . There was no  
18 main effect for test occasion,  $F(1.47, 26.39) = .27, p > .05, \eta_p^2 = .02$ . Finally, there was no  
19 interaction effect between training group and test occasion,  $F(1.47, 26.39) = .32, p > .05, \eta_p^2$   
20  $= .02$ .

21 **Mean Saccadic amplitude.** There was a significant main effect for test occasion,  $F(2, 36) =$   
22  $6.19, p < .01, \eta_p^2 = .23$ . Saccadic amplitude was increased after the training intervention in  
23 post ( $p = .01$ ) and retention ( $p = .02$ ) tests when compared to pre-test. There was no



1 difference between the two training groups,  $F(1, 18) = .34, p > .05, \eta_p^2 = .02$ , and no  
2 interaction between training group and test occasion,  $F(2, 36) = .82, p > .05, \eta_p^2 = .04$ .

3 **Time difference between hazard start and first fixation onset time on hazards.** There was  
4 a main effect for test occasion,  $F(2, 36) = 7.71, p < .01, \eta_p^2 = .30$ . The first fixation on  
5 hazards occurred more quickly after the training intervention at retention test than pre-test ( $p$   
6  $< .05$ ) and post-test ( $p = .02$ ). However, there were no training group differences,  $F(1, 18)$   
7  $= .46, p > .05, \eta_p^2 = .03$ , nor interaction between group and test occasion,  $F(2, 36) = .65, p$   
8  $> .05, \eta_p^2 = .04$ .

### 9 **Cortical Activity**

10 In the moving window condition, ANOVA revealed a significant main effect for test occasion  
11 at Pz,  $F(2, 36) = 3.42, p < .05, \eta_p^2 = .16$ , showing less high-alpha power after training  
12 intervention at post-test ( $p = .03$ ) when compared to pre-test, but not at retention test ( $p$   
13  $= .06$ ). High-alpha power was not different between post-test and retention test ( $p = .90$ ).  
14 There were no main effects of test occasion at other sites,  $F$ 's(2, 36) = .10 – 2.17,  $p$ 's = .13  
15 - .83,  $\eta_p^2$ 's = .00 - .11. Further, there were no other group effects at any of the sites,  $F$ 's(1,  
16 18) = 0.49 – 2.38,  $p$ 's = .14 - .50,  $\eta_p^2$ 's = .03 - .12, or interaction effects,  $F$ 's(2, 36) = .45 –  
17 1.24,  $p$ 's = .30 - .65,  $\eta_p^2$ 's = .02 - .06.

**Table S1.** Mean (*SD*) hazard discrimination and hazard detection time in the moving window condition for full vision training group and moving window training group in Experiment 2.

Training group	Hazard discrimination			Hazard detection time		
	Pre	Post	Retention	Pre	Post	Retention
Full vision training	0.99 (0.29)	1.34 (0.18)	1.32 (0.32)	-2317.03 (656.43)	-2116.56 (396.96)	-2147.83 (533.15)
Moving window training	1.15 (0.19)	1.64 (0.30)	1.59 (0.40)	-2438.46 (364.61)	-2270.20 (490.22)	-2355.54 (376.03)

**Table S2.** Mean (*SD*) fixation duration, mean saccade amplitude, and time difference between hazard start and first fixation onset time on hazards in the moving window condition for full vision training group and moving window training group in Experiment 2.

Training group	Mean fixation duration			Mean saccadic amplitude			Time difference between hazard start and first fixation onset time on hazards		
	Pre	Post	Retention	Pre	Post	Retention	Pre	Post	Retention
Full vision training	592.98 (130.70)	606.61 (150.86)	648.98 (128.07)	1.69 (0.29)	1.82 (0.17)	1.81 (0.25)	1525.05 (441.28)	1455.25 (438.15)	1175.23 (347.40)
Moving window training	633.27 (154.02)	653.19 (148.41)	685.33 (143.02)	1.68 (0.46)	1.97 (0.43)	1.93 (0.51)	1775.04 (464.07)	1462.45 (397.19)	1206.45 (521.16)

**Table S3.** Mean (*SD*) high-alpha power in the moving window condition in Experiment 2

Training group	Fz			Cz			Pz			Oz		
	Pre	Post	Retention	Pre	Post	Retention	Pre	Post	Retention	Pre	Post	Retention
Full vision training	-1.53 (1.49)	-1.28 (0.98)	-1.43 (1.66)	-0.92 (1.44)	-0.60 (1.42)	-1.29 (1.74)	-0.17 (1.22)	-1.22 (1.23)	-0.79 (1.71)	-1.24 (1.18)	-2.00 (1.61)	-1.93 (1.98)
Moving window training	-1.47 (1.84)	-2.01 (2.17)	-1.93 (1.28)	-0.08 (1.25)	-0.46 (0.76)	-0.61 (0.83)	-0.77 (1.33)	-1.09 (0.99)	-1.60 (1.68)	-2.02 (1.77)	-2.13 (2.53)	-2.68 (2.43)