

# Ceftolozane/tazobactam for the treatment of complicated intra-abdominal and urinary tract infections: current perspectives and place in therapy

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Laura Escolà-Vergé<sup>1,2</sup>  
Carlos Pigrau<sup>1,2</sup>  
Benito Almirante<sup>1,2</sup>

<sup>1</sup>Infectious Diseases Department, Hospital Universitari Vall d'Hebron, Medicine Department, Universitat Autònoma de Barcelona, Barcelona, Spain; <sup>2</sup>Spanish Network for Research in Infectious Diseases (REIPI), Madrid, Spain

**Abstract:** The current prevalence of infections caused by multidrug-resistant (MDR) organisms is a global threat, and thus, the development of new antimicrobial agents with activity against these pathogens is a healthcare priority. Ceftolozane–tazobactam (C/T) is a new combination of a cephalosporin with a  $\beta$ -lactamase inhibitor that shows excellent in vitro activity against a broad spectrum of Enterobacteriaceae and *Pseudomonas aeruginosa*, including extended spectrum  $\beta$ -lactamase-producing (ESBL) strains and MDR or extensively drug-resistant (XDR) *P. aeruginosa*. In phase III randomized clinical trials, C/T demonstrated similar efficacy to meropenem for the treatment of complicated intra-abdominal infections (cIAIs) and superior efficacy to levofloxacin for the treatment of complicated urinary tract infections (cUTIs), including pyelonephritis. The drug is generally safe and well tolerated and its PK/PD profile is very favorable. Observational studies with C/T have revealed good efficacy for the treatment of different types of infection caused by MDR or XDR *P. aeruginosa*, including some that originated from the digestive or urinary tracts. The place of C/T in therapy is not well defined, but its use could be recommended in a carbapenem-sparing approach for the treatment of infections caused by ESBL-producing strains or for the treatment of infections caused by *P. aeruginosa* if there are no other more favorable therapeutic options. Further clinical experience is needed to position this new antimicrobial drug for the empirical treatment of cIAIs or cUTIs.

**Keywords:** ceftolozane-tazobactam, complicated intra-abdominal infections, complicated urinary tract infections, multidrug-resistant *Pseudomonas aeruginosa*

## Extent of complicated intra-abdominal and urinary tract infections in the era of bacterial multiresistance

Complicated intra-abdominal infections (cIAIs) are defined as infections resulting from perforation of the gastrointestinal tract that extend into the peritoneal space and are associated with either abscess formation or peritonitis.<sup>1</sup> This type of infection is usually polymicrobial and dominated by Gram-negative bacilli, particularly Enterobacteriaceae and *Pseudomonas aeruginosa* (found less frequently), and Gram-positive cocci and anaerobes have also been identified.<sup>2</sup>

These infections require immediate surgery combined with adequate antimicrobial treatment. The most widely used antimicrobial treatments are the combination of cefotaxime or ceftriaxone with metronidazole and monotherapy with amoxicillin/clavulanic acid. However, the use of piperacillin/tazobactam and even carbapenems

Correspondence: Benito Almirante  
Infectious Diseases Department, Hospital Universitari Vall d'Hebron, Paseo de la Vall d'Hebron, 119-129, Barcelona 08035, Spain  
Email balmirante@vhebron.net

is becoming more common, even for community-acquired infections. The reason for this change is the unstoppable dissemination of extended spectrum  $\beta$ -lactamase-producing (ESBL) enterobacteria. The global prevalence of class A ESBL-producing enterobacteria fecal colonization is 14%, as inferred from a meta-analysis that included a population of 28,909 healthy people from five continents, and this prevalence shows an annual increase of 5.4%. Africa and Asia are the continents with the highest prevalence, with rates of 45% and 15%, respectively, and these are followed by Southern Europe (6%), Central Europe (3%), Northern Europe (4%) and Northern America (2%).<sup>2</sup> In this context, the available antimicrobial treatment for cIAIs can be suboptimal, particularly in the countries and hospitals with the most unfavorable epidemiology.

The definition of complicated urinary tract infections (cUTIs) varies among studies, but the guidelines<sup>3,4</sup> define cUTIs as urinary tract infections in patients with one or more of the following conditions: a) men, children, pregnant women or individuals aged  $\geq 65$  years; b) women with functional or anatomical urinary tract abnormalities that cause obstruction or voiding disorders, any sort of ureteral derivation or foreign body (including indwelling bladder catheters), polycystic kidney disease, single kidney, recent (within 1 month) instrumentation or urinary tract surgery, diabetes mellitus, renal insufficiency or transplantation, other immunosuppressed states or underlying diseases (liver cirrhosis, active malignancy, congestive heart failure); and c) severe sepsis. The above conditions are frequently used to determine whether the patient needs to be admitted to the hospital, and some of these cUTIs are more likely to be related to multidrug-resistant (MDR) pathogens. However, the resistance rates in some of these populations, such as men, the elderly, patients with diabetes or acute urinary tract infection (UTI) following ureteral stone obstruction, might be similar to those of uncomplicated UTI.

The increased risk of UTIs due to MDR microorganisms is substantial in the group of healthcare-associated urinary tract infections (HCA-UTIs), which includes the following: a) patients who received intravenous therapy, wound care or specialized nursing care at home in the 30 days prior to the episode; b) patients who attended a hemodialysis center or received intravenous chemotherapy in the 30 days before the episode; c) patients who were hospitalized in an acute-care hospital for  $\geq 2$  days in the 90 days before the current

hospitalization; d) patients who reside in a nursing home or long-term care facility (LTCF); and e) patients who underwent an invasive urinary procedure in the 30 days before the episode or who have a long-term indwelling urethral catheter. This increased resistance has impacted the choice of empiric antibiotic therapy because higher failure rates with a poor outcome could be obtained if an adequate antibiotic therapy is not administered.<sup>3,4</sup>

Two recent studies<sup>5,6</sup> found that the *P. aeruginosa* etiology and resistance rates in HCA-UTIs were higher than those in community-acquired urinary tract infections (CA-UTIs). In our experience the resistance rates of CA-UTIs and HCA-UTIs among 607 patients with acute pyelonephritis (APN) were as follows: amoxicillin/clavulanic acid, 22.4% versus 53.2%; cefuroxime, 7.7% versus 43.5%; cefotaxime, 4.3% versus 32.6%; ciprofloxacin, 22.8% versus 74.5%; and cotrimoxazole, 34.5% versus 58.7%. In both studies, previous antibiotic use (in the last 3 months) was also identified as an independent risk factor for antibiotic resistance.

## Current management of complicated intra-abdominal and urinary tract infections

### Complicated intra-abdominal infections

The management of cIAIs includes a combination of source control and adjunctive antibiotic therapy. Source control is defined as any procedure that eliminates infectious foci, control factors that promote ongoing infection, and correct or control anatomic derangements that restore normal physiologic function<sup>7</sup> and can be achieved surgically and/or by percutaneous drainage of the associated abscess.

As mentioned above, due to the increasing resistance to aminopenicillins, third-generation cephalosporins, fluoroquinolones and aminoglycosides among *Escherichia coli* and the spread of ESBL-producing Enterobacteriaceae, antibiotic recommendations, in particularly those for high-risk and healthcare-associated infections,<sup>8,9</sup> have changed because studies have shown that ineffective antimicrobial therapy is strongly associated with unfavorable outcomes in septic patients.<sup>10</sup>

For patients with mild-to-moderate community-acquired cIAIs, the current recommendation is to use narrower-spectrum antibiotics with activity against Enterobacteriaceae, aerobic streptococci, and anaerobes, and avoid

antipseudomonal coverage. Cefotaxime or ceftriaxone plus metronidazole or ertapenem are some recommended agents for the initial therapy. As mentioned above, amoxicillin/clavulanic acid and fluoroquinolones are no longer advisable as an empiric treatment due to frequent resistance, and clindamycin should also be avoided due to the increasing resistance rates among *Bacteroides fragilis*.<sup>1,11,12</sup>

Empirical treatment with broad-spectrum agents is needed for patients with high-risk community-acquired cIAs. At present, piperacillin–tazobactam, doripenem, imipenem–cilastatin, meropenem, ceftazidime or cefepime plus metronidazole are some of the recommended regimens.<sup>1,11,12</sup> For the empirical treatment of health-care-associated cIAs, the choice of antibiotic should be guided by regional epidemiological and resistance data.<sup>1,11,12</sup> ESBL-producer coverage is usually needed, and the use of piperacillin/tazobactam in this scenario remains controversial.<sup>13</sup> Thus, carbapenems have been considered the preferred agents, but the spread of carbapenemase-producing Enterobacteriaceae (CPE) and MDR *P. aeruginosa* has become a global threat worldwide. Therefore, new antibiotics, such as ceftolozane/tazobactam (C/T) and ceftazidime/avibactam in combination with metronidazole appear promising.

Finally, the tailoring of antimicrobial treatment once the results of susceptibility reports become available is essential, and limiting the length of antimicrobial therapy to four days in patients with adequate source control is also important.<sup>14</sup> Patients showing ongoing signs of infection after five days of adequate antibiotic treatment should undergo a diagnostic investigation and be reassessed for a possible new source control intervention.<sup>1</sup>

## Complicated urinary tract infections

According to the IDSA guidelines,<sup>4</sup> the empiric antimicrobial therapy for APN should be based on local susceptibility antibiotic data. It has been recommended that antibiotics with a resistance rate higher than 10% should be avoided in empirical therapy. However, this recommendation is not based on clinical studies.

The mortality rates of CA-UTIs are low (1%), and in our clinical practice, an inadequate empirical antibiotic is not associated with a worse outcome, particularly in patients without septic shock.<sup>5</sup> Thus, when discussing a new local guideline for the treatment of cUTIs, the severity of the underlying infection and the risk of an MDR microorganism should be balanced with the initiation of an antibiotic with broad-spectrum coverage, such

a carbapenem, because the overuse of carbapenems might increase the risk of infections due to CPE.<sup>3–6,15,16</sup>

Risk factors for ESBL-producing bacterial infections are previous colonization, recurrent UTIs, previous use of third-generation cephalosporins or quinolones, healthcare-associated infections and recent travel to high-risk areas. In our setting, Germany and other countries with high resistance rates to amoxicillin, cotrimoxazole, amoxicillin/clavulanic acid, and quinolones, a second- or third-generation cephalosporin or an aminoglycoside are adequate initial options for non-severe patients without risk factors for ESBL-producers.<sup>3,5,6</sup> Aztreonam, an aminoglycoside, a carbapenem, or intravenous fosfomycin could be used for allergic patients.

For more severe infections or patients with risk factors for ESBL-producing bacteria, a carbapenem or piperacillin–tazobactam may be used.<sup>17</sup> Other options could be aminoglycosides or intravenous fosfomycin, although the experience with these antimicrobial agents is limited.

An antipseudomonal agent should be used for the treatment of nosocomial or health-care cUTIs because *P. aeruginosa* is the most commonly found pathogen (15% of our HCA-UTIs). The choice of empirical agent should be based on local susceptibility data. In our setting, 25–35% of the isolated agents are resistant to piperacillin–tazobactam, ceftazidime, aztreonam, cefepime, fosfomycin, gentamicin, tobramycin or antipseudomonal carbapenem. Amikacin (which has the lowest resistance rates) should be included in the treatment of septic cases. C/T or ceftazidime–avibactam might be other alternatives, particularly for cases with previous MDR or extremely drug-resistant (XDR) *P. aeruginosa* colonization. In countries with a high incidence and risk factors for carbapenem-resistant microorganisms, ceftazidime–avibactam, aztreonam, aminoglycosides, fosfomycin, colistin or a combination with a carbapenem should be considered.

For patients with indwelling urinary devices and septic shock, antimicrobial coverage against multiresistant Gram-positive microorganisms, such as methicillin-resistant *Staphylococcus aureus* and *Enterococcus faecium*, should be considered; however, a recent study that included consecutive adult (mainly elderly) patients with a chronic indwelling catheter-associated UTI and sepsis revealed that appropriate antibiotic treatment had no significant effect on short- and long-term survival or on the length of stay and length of febrile illness. The overall mortality was approximately 30%, but the mortality rate of patients with an MDR Gram-negative infection and that of

patients with enterococcal infection were 55% and only 8.6%, respectively.<sup>18</sup> These data suggest that enterococci likely have little impact on mortality.

## Spectrum and in vitro activity of ceftolozane/tazobactam

### Chemistry and mode of action

C/T is a new combination of a novel semisynthetic antipseudomonal cephalosporin with a well-established  $\beta$ -lactamase inhibitor (2:1 ratio).<sup>19</sup> The approved indications of C/T are the treatment of cUTIs and the treatment of cIAs when administered in combination with metronidazole, and it is currently investigated in phase III trials for the treatment of hospital-acquired pneumonia.

Ceftolozane is an oxyimino-aminothiazolyl cephalosporin that is structurally similar to ceftazidime but has a modified side chain that contributes to the stability of the drug in the presence of AmpC  $\beta$ -lactamases, prevents the hydrolysis of the  $\beta$ -lactam ring, and thus confers potent activity against *P. aeruginosa*.<sup>20,21</sup> This cephalosporin exerts its bactericidal activity by binding to penicillin-binding proteins (PBPs) and causing cell death.<sup>21</sup> Compared with ceftazidime, ceftolozane shows at least two-fold higher potency in terms of minimum inhibitory concentration (MIC) and binding affinities for PBP1b, PBP1c, PBP2, and PBP3.<sup>21</sup> Ceftolozane is not a substrate of the carbapenem-specific porin OprD or the efflux pumps found in *P. aeruginosa*.<sup>22</sup> However, the ceftolozane activity can be affected by some other  $\beta$ -lactamases, such as ESBLs. Thus, it has been formulated in combination with tazobactam to broaden its antimicrobial activity.<sup>23</sup> Tazobactam is a sulfone  $\beta$ -lactamase inhibitor that binds irreversibly to the active site of serine  $\beta$ -lactamases and thereby protects the  $\beta$ -lactam against hydrolysis. It inhibits most class A narrow-spectrum  $\beta$ -lactamases, ESBLs, and some class C enzymes and enhances the activity of ceftolozane against some ESBL-producing Enterobacteriaceae and anaerobes.<sup>24,25</sup>

### Spectrum and in vitro activity

C/T primarily shows in vitro activity against many aerobic Gram-negative bacilli, including most ESBL-producing *E. coli* (particularly TEM- and CTX-M-type ESBLs), but its potency against ESBL-producing *K. pneumoniae* is lower.<sup>23,26,27</sup> Several studies have tested the in vitro activity of C/T against clinical isolates from intra-abdominal and urinary tract infections (Table 1).<sup>28–30</sup> C/T, amikacin, and meropenem are the antibiotics with the highest activity

against Enterobacteriaceae.<sup>26,30</sup> C/T is very active against *E. coli* (MIC<sub>50/90</sub>, 0.25/0.5 mg/L; 98.5–99.9% inhibited at an MIC of  $\leq 8$  mg/L), and many of the MDR (MIC<sub>50/90</sub>, 0.5/2–>32 mg/L) and ESBL-phenotype strains (MIC<sub>50/90</sub>, 0.5/2–>32 mg/L). It also showed activity against most *K. pneumoniae* strains (MIC<sub>50/90</sub>, 0.25/16 mg/L, 88.9–89.6% inhibited at an MIC of  $\leq 8$  mg/L), but elevated MIC values were found for some ESBL-phenotype strains (MIC<sub>50/90</sub>, 4–8/>32 mg/L) and MDR (MIC<sub>50/90</sub>, 16/>32 mg/L).<sup>29</sup> C/T was very active as well against other Enterobacteriaceae, such as *Enterobacter* spp. (MIC<sub>50/90</sub>, 0.5/8 mg/L), *Citrobacter* spp. (MIC<sub>50/90</sub>, 0.25/32 mg/L), *Serratia* spp. (MIC<sub>50/90</sub>, 0.5/2 mg/L), *K. oxytoca* (MIC<sub>50/90</sub>, 0.25/2 mg/L), *Proteus mirabilis* (MIC<sub>50/90</sub>, 0.5/0.5 mg/L), and indole-positive Proteae (MIC<sub>50/90</sub>, 0.25/0.5 mg/L).<sup>29,30</sup> However, C/T lacks activity against CPE (MIC<sub>50/90</sub>, 32/>32 mg/L)<sup>30,31</sup> because it has no activity against metallo- $\beta$ -lactamases, *K. pneumoniae* carbapenemases, and class D enzymes.<sup>23</sup>

However, the standout quality of C/T is its singular potency against *P. aeruginosa*. C/T generally showed four-fold higher activity against *P. aeruginosa* compared with ceftazidime,<sup>28</sup> and it was the most potent  $\beta$ -lactam agent and inhibited >90% of isolates at an MIC of <8 mg/L.<sup>28,30</sup> In addition, C/T had activity against many MDR *P. aeruginosa* strains (MIC<sub>50/90</sub>, 2–4/>32 mg/L), ceftazidime-nonsusceptible strains (MIC<sub>50/90</sub>, 2–4/>32 mg/L), and meropenem-nonsusceptible strains (MIC<sub>50/90</sub>, 2/>32 mg/L).<sup>29</sup> Only colistin was more active; specifically, colistin inhibited 99.5% of isolates.<sup>31</sup> However, C/T has no in vitro activity against other nonfermenting bacteria such as *Acinetobacter* spp. or *Stenotrophomonas* spp.

In contrast, C/T lacks activity against many Gram-positive pathogens. Although it shows some in vitro activity against *Streptococcus* species, it has very limited activity against *S. aureus* and no anti-enterococcal activity. The activity of C/T against anaerobic bacteria is very variable: it shows in vitro activity against *Fusobacterium* spp., adequate activity against *B. fragilis* and *Prevotella*, and low or no activity against other *Bacteroides* spp. and *Clostridium* spp.<sup>32</sup> Based on this finding, metronidazole should be added to C/T to ensure for anaerobic coverage in cIAs.<sup>33–35</sup>

### Pharmacokinetics and pharmacodynamics of ceftolozane/tazobactam

When ceftolozane is administered as a 1-h intravenous infusion at a dose of 1.5 g (1 g of ceftolozane and 0.5 g of Tazobactam),

**Table 1** In vitro activity of ceftolozane–tazobactam against clinical isolates from intra-abdominal and urinary tract infections

Source	Pathogen	Number of isolates	TOL/TAZ MIC <sub>50</sub> (µg/mL; range)	TOL/TAZ MIC <sub>90</sub> (µg/mL; range)	TOL/TAZ S% <sup>a</sup>
Aerobic Gram-negative organisms isolated from intra-abdominal and urinary tract infections in hospitals in Europe and the USA (2012) <sup>29</sup>	<i>Escherichia coli</i>	1,674	0.25	0.5	98.5–99.9
	MDR <i>E. coli</i>	85	0.5	2 to >32	75–98.6
	<i>K. pneumoniae</i>	442	0.25	16	88.9–89.6
	MDR <i>K. pneumoniae</i>	78	16	>32	NR
	<i>Enterobacter</i> spp.	228	0.25–0.5	4–8	NR
	<i>Citrobacter</i> spp.	113	0.25	2	NR
	<i>Proteus mirabilis</i>	117	0.5	0.5	NR
	<i>P. aeruginosa</i>	327	0.5	4	93.4–95.7
	MDR <i>P. aeruginosa</i>	59	2–4	>32	65–73.7
	XDR <i>P. aeruginosa</i>	43	4–8	>32	56.7–61.5
	CAZ-NS <i>P. aeruginosa</i>	61	2–4	>32	60–80.8
MEM-NS <i>P. aeruginosa</i>	77	2	>32	75.5–79.2	
	Pathogen	Number of isolates	TOL/TAZ MIC <sub>50</sub> (µg/mL)	TOL/TAZ MIC <sub>90</sub> (µg/mL)	TOL/TAZ S% (CLSI/EUCAST)
Enterobacteriaceae and <i>Pseudomonas aeruginosa</i> causing urinary tract and intra-abdominal infections in Europe (2012–2015) <sup>30</sup>	Enterobacteriaceae	5,950	0.25	1	93.5/91.3
	ESBL non-CRE phenotype	906	0.5	8	82.8/74.9
	<i>Escherichia coli</i>	3,460	0.25	0.5	98.8/98
	ESBL non-CRE phenotype	559	0.5	2	92.7/87.8
	<i>K. pneumoniae</i>	917	0.25	>32	79.3/75.8
	ESBL phenotype	373	4	>32	49.1/41.6
	ESBL non-CRE phenotype	280	1	>32	65.4/55.4
	<i>Enterobacter</i> spp.	432	0.5	8	78/69.7
	<i>Enterobacter cloacae</i>	278	0.5	16	76.6/70.1
	<i>Citrobacter koseri</i>	101	0.25	0.5	100/100
	<i>Citrobacter freundii</i>	111	0.25	8	79.3/78.4
	<i>P. mirabilis</i>	368	0.5	0.5	97.3/95.7
	ESBL phenotype	32	1	8	71.9/56.2
	Indole-positive Proteeae	237	0.25	1	97.5/94.9
	<i>Serratia</i> spp.	77	0.5	2	98.7/88.3
	<i>P. aeruginosa</i>	603	0.5	4	91.7/91.7
	CAZ-NS <i>P. aeruginosa</i>	139	4	>32	65.5/65.5
	MEM-NS <i>P. aeruginosa</i>	126	2	>32	65.9/65.9
PIP/TAZ-NS <i>P. aeruginosa</i>	162	2	>32	70.4/70.4	

**Notes:** <sup>a</sup>Percentage of isolates inhibited at an MIC of ceftolozane–tazobactam of ≤8 mg/L. Adapted with permission from Sader HS, Farrell DJ, Flamm RK, Jones RN. Ceftolozane/tazobactam activity tested against aerobic Gram-negative organisms isolated from intra-abdominal and urinary tract infections in European and United States hospitals (2012). *J Infect.* 2014;69(3):266–277. Copyright © 2014 The British Infection Association. Published by Elsevier Ltd. All rights reserved.<sup>29</sup> And from: Pfaller MA, Bassetti M, Duncan LR, Castanheira M. Ceftolozane/tazobactam activity against drug-resistant Enterobacteriaceae and *Pseudomonas aeruginosa* causing urinary tract and intraabdominal infections in Europe: report from an antimicrobial surveillance programme (2012–15). *J Antimicrob Chemother.* 2017;72(5):1386–1395. © The Author 2017. Published by Oxford University Press on behalf of the British Society for Antimicrobial Chemotherapy. All rights reserved.<sup>30</sup>

**Abbreviations:** TOL/TAZ, ceftolozane–tazobactam; MIC, minimum inhibitory concentration; S, susceptible; MDR, multidrug-resistant; XDR, extensively drug-resistant; CAZ-NS, ceftazidime-non-susceptible; MEM-NS, meropenem-non-susceptible; ESBL, extended-spectrum β-lactamase; CRE, carbapenem-resistant Enterobacteriaceae; PIP/TAZ-NS, piperacillin–tazobactam-non-susceptible.

including when it is administered at multiple doses, it exhibits dose-linear pharmacokinetics (PK), with a mean C<sub>max</sub> of 74 mg/dL (Table 2).<sup>19,36–39</sup> Unlike piperacillin, which increases the tazobactam levels, the combination of ceftolozane with tazobactam does not affect the PK of tazobactam. The mean plasma half-life is approximately 2.3 h and the

protein binding is approximately 20%. The steady-state distribution volume (VD) of ceftolozane is approximately 14 L, which is close to the average extracellular volume, which suggests that ceftolozane can reach its therapeutic levels at extracellular sites of infection. The VD might be increased in patients with obesity and infection.<sup>19</sup> The plasma to epithelial

**Table 2 Pharmacokinetics of ceftolozane–tazobactam in healthy adults**<sup>38,39</sup>

Antibiotic (1 g ceftolozane – 0.5 g tazobactam)	Ceftolozane	Tazobactam
Cmax mg/dl	58–92	18.0–18.4
Plasma half-life (h)	1.86–2.64	1.0–1.1
Protein binding (%)	16–21	30%
AUC (mg h/L)	143–230	24–25
Volume of distribution (L)	13–17	18.2
Epithelial lining fluid (ELF) (%)	0.46–0.60	44–46
ELF (mean mg/dL)	21	8
Urinary elimination (%)	97–100	>80%
Hemodialysis removal	>90%	-

**Notes:** Adapted from: Miller B, Hershberger E, Benziger D, Trinh M, Friedland I. Pharmacokinetics and safety of intravenous ceftolozane-tazobactam in healthy adult subjects following single and multiple ascending doses. *Antimicrob Agents Chemother.* 2012;56(6):3086–3091. Copyright © 2012, American Society for Microbiology. All Rights Reserved.<sup>38</sup> And from: Ge Y, Whitehouse MJ, Friedland I, Talbot GH. Pharmacokinetics and safety of CXA-101, a new antipseudomonal cephalosporin, in healthy adult male and female subjects receiving single and multiple-dose intravenous infusions. *Antimicrob Agents Chemother.* 2010;54(8):3427–3431. Copyright © 2010, American Society for Microbiology.<sup>39</sup>

lining fluid penetration (ELF) of ceftolozane is approximately 50%, with a 42% interindividual variability.<sup>40</sup> To our knowledge, there are no data on biliary excretion.

Ceftolozane is mainly eliminated by renal excretion, and tazobactam is mainly eliminated by renal excretion and by an M1 metabolite (Table 2). Ceftolozane has a linear PK over the range of renal function, and dose adjustments are required for subjects who show creatinine clearance ( $CL_{Cr}$ ) <50 mL/min.<sup>36,37</sup> Because approximately 90% of the drug is removed during hemodialysis, it should be administered after dialysis.

Similar to other cephalosporins, C/T is bactericidal, and the pharmacodynamic (PD) parameter that best predicts the bacteriologic efficacy is the time above the MIC ( $T > MIC$ ) for 40–50% of the dosing interval.<sup>36,37</sup> Based on Monte Carlo simulation models the probabilities of target attainment (PTAs) with a C/T dose of 1.5 g every 8 h for 50%  $T > MIC$  are 100% with an MIC  $\leq$  4 mg/L and 90% with an MIC = 8 mg/L. For patients with pneumonia, and MIC values up to 8 mg/L, the PTAs in ELF for 40% and 50%  $T > MIC$  are 75% and 59%, respectively, and for a dose of 3 g every 8 h these values increase to 96% and 88%, respectively. Thus, it has been suggested that higher doses should be administered to patients with pneumonia.<sup>40</sup>

For patients with cUTIs or cIAIs, the conventional dose of 1.5 g every 8 h is used, but real-life studies for the treatment of XDR *P. aeruginosa* infections have used higher

doses, particularly for patients with abscesses, due to the lower penetration of antibiotics at the site of the infection.<sup>41</sup>

Although the VD and  $Cl_{Cr}$  might be different from that of healthy adults, a recent study of severely obese patients (BMI >35 kg/m<sup>2</sup>) achieved a PTA of bactericidal activity of >90% at an MIC up to 8 mg/L. Moreover, pivotal phase 3 studies on cUTIs and cIAIs revealed similar clinical outcomes in severely obese and nonobese patients, and thus, no drug adjustments are needed in these cases.<sup>42</sup>

The FDA-approved dose adjustments for C/T for patients with renal failure (RF) are as follows: for a  $Cl_{Cr}$  of 30–50 mL/min, 500/250 mg/8 h; for a  $Cl_{Cr}$  of 15–29 mL/min, 250/125 mg/8 h, and for end-stage renal disease (EERD), loading dose of 500/250 followed by 100/50 mg/8 h.<sup>19</sup> However, two randomized controlled trials (RCT) on cIAIs and cUTIs showed that the clinical outcome in patients with moderate RF, which was observed in approximately 6% of cases, was lower compared with that of patients with mild or no RF.<sup>43</sup> Moreover, a recent study revealed that patients with EERD and renal-replacement therapy showed lower cure rates.<sup>44</sup>

In a recent review, that included >10,000 patients with different types of infections, approximately 20% of the patients with cUTIs or cIAIs had acute kidney failure (AKF), which resolved by 48 h in >50% of the cases.<sup>45</sup> These data suggest that in septic patients with AKF, renal clearance improvement might lead to lower antibiotic plasma levels which could partially explain the higher failure rates observed in cases with RF. Thus, close renal clearance monitoring is necessary in cases with AKF.

For patients on hemodialysis and difficult-to-treat infections, such as *P. aeruginosa* pneumonia, higher doses (a loading dose of C/T of 1.5 g followed by 300 mg/8 h) have been administered.<sup>46</sup> There are scarce data for critically ill patients on continuous hemofiltration. It has been suggested that a C/T dose of 1.5 g/8 h administered during an extended-infusion time of 4 h might work.<sup>47</sup>

C/T has a low potential for clinically relevant drug–drug interactions because it is not a substrate for CYP and is not transported by OAT1 and OAT3 enzymes.<sup>48</sup>

## Importance of inappropriate treatment in complicated intra-abdominal and urinary tract infections

Severe sepsis and septic shock remain a significant public health concern. Although the associated mortality has

decreased due to increased awareness and improved management, it remains high, and a value of approximately 20% was obtained in the most recent multicenter trials.<sup>49</sup>

In 2010, a Cochrane Review on patients with sepsis concluded that although there is some evidence supporting the early administration of antimicrobials for these patients, a strong recommendation cannot be provided given the lack of prospective trials.<sup>50</sup> The Survival Sepsis Campaign (SSC) released their latest guidelines in 2012, which included statements emphasizing that in patients with septic shock (1B) or severe sepsis (1C) antibiotics should be administered within an hour of recognition.<sup>51</sup> A recent systematic review of the available literature (2005–2015) concluded that patients with septic shock who received appropriate antimicrobial therapy within 1 h of recognition had the greatest benefit in mortality.<sup>49</sup>

In patients with severe sepsis or septic shock, the control of the infectious foci (for example, abscess drainage in intrabdominal infection or insertion of a pig-tail urinary tract catheter for ureter obstruction) also has an important impact on mortality. In this sense, in a large study that included 3,663 patients with severe sepsis admitted to the ICU, lower mortality (21.2% versus 25.1%) was detected in those who underwent source control for the infectious foci.<sup>52</sup>

In UTIs, discordant antimicrobial therapy selected based on in vitro antimicrobial susceptibility test results does not always yield a poor clinical outcome of the nonbacteremic UTI, because urinary concentrations of most antimicrobial agents are much higher than those in blood.<sup>53</sup> However, in community-acquired bacteremic APNs, discordant empirical therapy leads to a notably worse early clinical response and longer hospital stay than concordant therapy, even though it does not affect the overall mortality or clinical cure rates.<sup>54</sup> Other studies have found that appropriate antibiotic therapy has no impact on mortality but reduces the hospital stay and costs.<sup>55,56</sup> Most likely, appropriate antibiotic therapy has no impact on mortality because the death rates related to APN are low (1%),<sup>5</sup> even in elderly febrile UTI patients with severe underlying conditions.<sup>18</sup> However, in our experience with APN, significantly higher (8.5% versus 14.7%,  $p > 0.01$ ) relapse rates are obtained if antibiotic therapy is not tailored based on available susceptibility data.<sup>5</sup>

An antimicrobial-based approach for the treatment of cIAIs always involves a delicate balance between the optimization of empirical therapy, which has been shown to improve clinical outcomes, in some situations, and the reduction of excessive antimicrobial use, which has been proven to increase the rate of emergence of antimicrobial-resistant strains. In several reviews or guidelines,<sup>1,12</sup> it has

been suggested that antimicrobial therapy plays an important role in the management of cIAIs. In severe septic patients, an insufficient or otherwise inadequate antimicrobial regimen is one of the variables most strongly associated with an unfavorable outcome. To our knowledge, the impact of an adequate empirical antimicrobial therapy on conditions with low mortality, such as noncomplicated appendicitis and non-severe cholecystitis, has not been adequately studied when the patients are treated with early surgery, but in our opinion the place of antibiotic therapy is probably irrelevant, because mortality is very low, and the recommended postoperative duration of therapy is very short. Excessive antimicrobial use might contribute to the emergence and spread of drug-resistant microorganisms and increase the overall treatment costs.<sup>12</sup>

In the IDSA guidelines<sup>1</sup> for IAI, the selection of the appropriate antimicrobial regimen is selected primarily based on the presence or absence of risk factors for potential failure. The populations of patients at high risk include those with severe anatomically unfavorable infections or healthcare-related infections. In the WSES guidelines, high-risk patients are those with cIAIs with a specific risk for antimicrobial-resistant bacteria and/or a severe clinical IAI.<sup>57</sup> In the worldwide CIAOW study on cIAIs,<sup>58</sup> which included 1,898 patients with an overall mortality of 10%, the factors associated with a higher mortality were the presence of sepsis or septic shock, a health-care infection, colonic nondiverticular perforation, a postoperative infection, complicated diverticulitis, malignancy or immunosuppression, delayed surgery and, logically, ICU admission, but the study did not analyze the impact of adequate antibiotic. All these factors should be considered in the future when analyzing an appropriate antibiotic therapy.

Moreover, the appropriateness of an antibiotic therapy might also depend on the causative agents and the type of intrabdominal foci. A retrospective study revealed that the mortality of patients with *P. aeruginosa* of an intraabdominal non-hepatobiliary source who received inappropriate antibiotic therapy as higher than that of adequately treated patients.<sup>59</sup> However, discordant antimicrobial therapy has no impact on the mortality of patients with hepatobiliary disease.

As in UTIs, the identifications of risk factors for ESBL-IAIs might be useful for selection of the initial antibiotic therapy. In recent studies in patients with bacteremia from an intrabdominal source, carbapenem therapy was associated with a lower mortality rate than that of piperacillin-tazobactam treatment.<sup>13</sup>

The influence of adequate antibiotic therapy on the incidence of postoperative surgical site infections has not been adequately studied. In a recent worldwide study of 567 patients with acute cholecystitis treated mainly with surgery, factors associated with the presence of MDR microorganisms (mainly ESBL-producing enterobacteria) were the presence of a health-care infection and recent antibiotic therapy. However, factors associated with a poor outcome were the presence of diffuse peritonitis and an inadequate source control, but the inadequacy of the empiric antibiotic therapy had no influence on mortality.<sup>60</sup>

In conclusion, in cUTIs, due to its low rates of mortality, an appropriate antibiotic therapy seems to have little impact on the outcome mortality but has an impact on the clinical outcome, hospital stay and risk of relapse. In severe cIAIs, inadequate antibiotic therapy has an impact on the outcome, with the control of the infection source being essential. The impact of adequate empiric antibiotic therapy on less severe IAIs when treated early with surgery (cholecystectomy, appendectomy) is less relevant.

## Ceftolozane/tazobactam in the treatment of complicated intra-abdominal infections

### Clinical trials

A phase II prospective, double-blind, randomized and multicenter trial compared C/T plus metronidazole to meropenem for the treatment of cIAIs.<sup>33</sup> Hospitalized adult patients with cIAIs that required surgical intervention were randomized 2:1 to receive C/T (1.5 g IV q8h) plus metronidazole (500 mg IV q8h) or meropenem (1 g IV q8h). Clinical response at the test-of-cure visit in the microbiologically modified intent-to-treat (mMITT) and microbiologically evaluable (ME) per-protocol populations was the primary endpoint. Eighty-two patients received C/T, and 39 patients received meropenem. Clinical cure was observed in 83.6% (51/61) of patients who received C/T versus 96% (24/25) of patients in the meropenem arm (difference -12.4%; 95% CI, -34.9–11.1%) in the mMITT population, and in 88.7% (47/53) and 95.8% (23/24) of the patients who received C/T and meropenem, respectively (difference -7.1%; 95% CI, -30.7% to 16.9%), in the ME population.<sup>33</sup>

The ASPECT-cIAIs (assessment of the safety profile and efficacy of C/T in complicated intra-abdominal

infections) combined two identical prospective, double-blind, randomized, multicenter phase III clinical trials that compared C/T plus metronidazole with meropenem for the treatment of cIAIs. Hospitalized adult patients with cIAIs that required surgical intervention were randomized 1:1 to receive C/T (1.5 g IV q8h) plus metronidazole (500 mg IV q8h) or meropenem (1 g IV q8h) for 4–14 days. The C/T dose for patients with  $Cl_{Cr}$  of 30–50 mL/minute was reduced to 750 mg every 8 h, and the meropenem dose was reduced to 1 g every 12 h. The study endpoints were to demonstrate statistical noninferiority in clinical cure rates in the mMITT and ME populations using a noninferiority margin of 10% at the test-of-cure (TOC) visit (24–32 days from the start of therapy). Of 993 patients that were randomized only 806 (81.2%) met the criteria for the mMITT population. Statistical noninferiority was demonstrated in both populations. The clinical cure rates were 83% (323/389) for C/T plus metronidazole and 87.3% (364/417) for meropenem in the mMITT population (weighted difference, -4.2%; 95% CI, -8.91–0.54), and 94.2% (259/275) for C/T plus metronidazole and 94.7% (304/321) for meropenem (weighted difference, -1.0; 95% CI, -4.52–2.59) in the ME population.

Most diagnoses were appendicular perforation or peri-appendicular abscess (43.3%) and peritonitis was present in >80% of both patient populations. The distribution of pathogens and the per-pathogen clinical cure rates were similar in both arms, and most infections in both populations were polymicrobial. Resistant bacteria were slightly represented but equally distributed: 29 ESBL-producing Enterobacteriaceae in each group (overall rate of 7.2%), and three of the 52 isolated *P. aeruginosa* were resistant to three or more classes of antipseudomonal antibiotics. In patients with ESBL-producing Enterobacteriaceae, the clinical cure rate was 95.8% (23/24) for C/T plus metronidazole and 88.5% (23/26) for meropenem, and clinical cure rates of 100% (13/13) and 72.7% (8/11) were obtained in patients with CTX-M-14/15 ESBLs, respectively. The type and frequency of adverse events (AEs) was similar in both groups (44.0% versus 42.7%).

### Real-life clinical experience

As mentioned above, C/T has proven effective for the treatment of cIAIs, with a clinical success rate of more than 80% in RCTs,<sup>33,34</sup> but MDR microorganisms were not very well represented, particularly MDR *P. aeruginosa*, for which



**Table 3** Clinical characteristics and outcome of patients treated with ceftolozane-tazobactam for multidrug-resistant *Pseudomonas aeruginosa* intra-abdominal infections

Age/sex (reference)	Comorbidities	Type of infection	Procedure	Presence of bacteraemia	Initial presentation of infection	Duration, dose of C/T treatment	Creatinine clearance mL/min	Other anti-pseudomonal agents given in combination with CT	Clinical outcome (days)	Microbiological outcome	CT MIC ( $\mu\text{g/mL}$ , initial $\rightarrow$ subsequent)
65/F <sup>61</sup>	Diabetes	Abdominal	Drainage of abscess	Yes	Septic shock	14 days, 1.5 g q8h	No data	No data	Cure	Eradication	0.25
70/M <sup>61</sup>	None	Intraabdominal infection	Drainage of abscess	No	Septic shock	21 days, 1.5 g q8h	No data	No data	Cure	Eradication	0.5
53/M <sup>61</sup>	Hepatitis C infection	Intraabdominal infection	Laparotomy	No	Septic shock	11 days, 1.5 g q8h	No data	No data	Death	Persistence	<4
76/F <sup>61</sup>	Diabetes mellitus, COPD	Biliary infection	Biliary drainage	No	Septic shock	9 days, 1.5 g q8h	No data	No data	Cure	Eradication, late colonization with resistant isolate	1 $\rightarrow$ 48
58/F <sup>62</sup>	Pancreatitis, ventilator-dependent respiratory failure	Intraabdominal infection	No data	No data	SAPS II 26, SOFA Score 8	40 days, 750 mg q8h	15–29	Inhaled colistin	Cure	Colonization with resistant isolate during treatment	4 $\rightarrow$ 128
54/M <sup>63</sup>	Acute myeloid leukemia	Perirectal abscess	No data	No data	No data	21 days, 3 g q8h	>70	No	Cure	Eradication	1.5
70/M <sup>63</sup>	Liver transplantation	Liver abscess	No data	No data	No data	28 days, 1.5 g q8h	>50	No	Cure	Eradication	0.75
71/F <sup>63</sup>	Uterine malignancy	Pelvic abscess	No data	No data	No data	7 days, 750 mg q8h	30–50	IV ciprofloxacin	Death	Eradication	2
48/F <sup>64</sup>	Pancreatic cancer	Intraabdominal infection	No data	No data	No data	16 days, 3 g q8h	69	No	Cure	No data	No data
53/F <sup>64</sup>	Autoimmune hepatitis	Intraabdominal infection	No data	No data	No data	15 days, 1.5 g q8h	19	No	Death	No data	No data
74/M <sup>65</sup>	Liver cirrhosis, recent subtotal colectomy, chemotherapy and resection of hepatic metastases	Hepatic abscess secondary to biliary leakage	Percutaneous drainage	No	No data	6 weeks, 1.5 g q8h	46	IV colistin	Cure	No data	3
44/M <sup>65</sup>	Liver transplantation due to sclerosing cholangitis	Cholangitis	No	Yes	Septic shock	4 weeks, 1.5 g q8h	>90	No	Cure	Eradication	1

(Continued)

Table 3 (Continued).

Age/sex (reference)	Comorbidities	Type of infection	Procedure	Presence of bacteraemia	Initial presentation of infection	Duration, dose of C/T treatment	Creatinine clearance mL/min	Other anti-pseudomonal agents given in combination with CT	Clinical outcome (days)	Microbiological outcome	CT MIC (µg/mL, initial → subsequent)
54/F <sup>65</sup>	Gastrectomy for gastric carcinoma, with suture leakage, needing surgical reintervention	Abdominal abscess	Percutaneous drainage	No	No data	9 days, 1.5 g q8h	>90	No	Cure	No data	1.5

ceftolozane–tazobactam might be important. Therefore, several case reports and series have focused on analyzing the outcome of patients with cIAIs due to MDR *P. aeruginosa* who were treated with C/T in daily practice.

Table 3 shows the clinical characteristics and outcomes of different cases of cIAIs due to MDR *P. aeruginosa* (the last five cases are due to XRD *P. aeruginosa*) that were treated with C/T.<sup>61–65</sup> Overall, 10 of 13 (76.9%) exhibited a good clinical outcome, and the other three died; in addition, in two (15.4%) of the cases with favorable clinical outcome showed colonization with a C/T-resistant *P. aeruginosa* isolate. Each of two other unicenter observational studies of MDR *P. aeruginosa* infections treated with C/T (one with 38 patients and the other with 58 patients) also included four cases of cIAIs, and in both studies three (75%) of the cIAI patients exhibited a good clinical outcome.<sup>41,44</sup>

Two published multicenter retrospective studies also included some cases of cIAIs treated with C/T. In one study, which was performed in Italy,<sup>66</sup> C/T was administered to 101 patients with diverse infections, including 13 (12.8%) with cIAIs. Almost half of the *P. aeruginosa* strains included in this series were XDR (51%), concomitant antibiotics were administered to 35% of patients, and high doses of C/T (3 g every 8 h) were given to 30.7% of patients, including two patients with cIAIs. The overall clinical success rate for cIAIs was 76.9% (10 of 13). The other multicenter study, which was performed in the USA,<sup>67</sup> included 205 patients, and 20 (9.8%) of these patients had a cIAI. Thirty-day or inpatient mortality was observed in two (10%) of the patients with cIAI, clinical success was seen in 15 (75%) of the cIAI patients, and a microbiological cure was achieved in 18 (90%).

The reasons for clinical failure in patients treated with C/T for *P. aeruginosa* infections have been analyzed. The risk factors associated with clinical failure that have been identified are a higher Simplified Acute Physiology Score-II (SAPS-II) score,<sup>62</sup> sepsis,<sup>66</sup> the administration of continuous renal replacement therapy during C/T treatment,<sup>66</sup> and an inadequate source control.<sup>41</sup> In a unicenter study, a comparative univariate analysis evaluating risk factors for clinical failure found significant differences in disease severity, ventilator-dependent respiratory failure, XDR profile, high-risk clone ST175, negative control culture, and resistance development, but the multivariate analysis only identified ventilator-dependent respiratory failure as an independent risk factor.<sup>44</sup> One study also found that the initiation of C/T treatment within 4 days of culture collection is a significant predictor of survival, clinical success, and microbiological success.<sup>67</sup> Concomitant anti-pseudomonal

therapy or high doses of C/T have not been identified as significant risk factors.

Another issue of concern is the selection of C/T-resistant strains due to mutations or overexpression in the resident AmpC  $\beta$ -lactamase during therapy,<sup>44</sup> which has been observed in some cases of intraabdominal infections,<sup>41,61,62</sup> particularly in those with inadequate source control.<sup>41</sup>

## Ceftolozane/tazobactam in the treatment of complicated urinary tract infections

### Clinical trials

The evidence for the efficacy of C/T in cUTIs is based on the ASPECT-cUTI phase III trial, which was a prospective randomized, double-blind, double-dummy-controlled non-inferiority trial undertaken in 135 centers worldwide.<sup>68</sup> This trial included 1,083 hospitalized patients with clinical evidence of APN (82%) or complicated lower UTI (18%), defined by symptoms of acute cystitis plus one of the following: obstructive uropathy, indwelling urinary catheter or anatomical urogenital tract abnormality. Patients with severe progressive disease or septic shock, immunosuppressed patients, patients with severe renal failure ( $Cl_{Cr}$  <30 ml/min), patients with an infection that the investigator determined would require more than 7 days of therapy and patients who were not expected to survive 5 weeks were excluded. Only 7.8% of the patients had bacteremia. The infection was monomicrobial in 97% of the infections, *E. coli* was isolated in 79% of the cases, 14.8% of the patients had ESBL-producing Enterobacteriaceae, and only 2.9% of the infections were due to *P. aeruginosa*. The participants were randomized 1:1 to receive C/T at 1.5 g/8 h (n=543) or levofloxacin at 750 mg (n=540) daily for 7 days. Of note, approximately 25% of the isolated pathogens were resistant to quinolones, and 2.7% to C/T.

Based on the composite cure outcome, which included clinical cure and microbiological eradication at 5–9 days after the last dose, C/T was superior to levofloxacin in both the mMITT analysis (77% versus 68%) and the per-protocol analysis (83% versus 75%). However, if only the patients with susceptible pathogens were analyzed, the outcomes were similar. As expected for ESBL-producing *E. coli* infections, higher microbiological cure rates were obtained with C/T [27/36 (75%) versus 18/36 (50%)] due to the high resistance rates to fluoroquinolones. For *P. aeruginosa* infections, the microbiological eradication rates obtained

with C/T and levofloxacin were 86% (6/7) and 58% (7/12), respectively. Based on these data, the clinical and microbiological efficacy of C/T in MDR pathogens, which is one of the main indications for this drug, is insufficient because the efficacy of C/T for ESBL infections has not been compared with the gold-standard antibiotic therapy, carbapenems, and patients with XDR *P. aeruginosa* infections were not included. In addition, only a few patients had severe infections, because bacteremia was uncommon.<sup>69</sup>

### Real-life clinical experience

Most of the real-life published clinical experience on C/T involves the treatment of MDR *P. aeruginosa* cUTIs. The published studies are case reports and small series of different types of MDR or XDR *P. aeruginosa* that include cases of cUTIs.<sup>41,62</sup> Among these studies, the overall clinical efficacy was approximately 70%, and 30–50% of the cases were treated with high doses of C/T. In our limited experience with patients with *P. aeruginosa*, patients with cUTI are usually treated with low C/T doses (only one case with a prostatic abscess received high C/T doses).<sup>41</sup>

In a study that included 58 patients (cUTI was the second type of treated infection), 8 of 10 patients with cUTI were cured.<sup>44</sup> In another study that included 23 patients, among which seven had a cUTI (all were treated with conventional C/T doses), only one showed clinical failure.<sup>65</sup> Furthermore, in four studies that included a limited number of cases of cUTIs, none of the five included cases treated with low doses of C/T showed clinical failure.<sup>61–64</sup> A recent nationwide multicenter Italian study<sup>66</sup> with 101 patients treated with C/T for serious *P. aeruginosa* infections showed clinical failure in only one of 14 (7.1%) patients with a cUTI. Overall, 30% of the cases were treated with high doses, but the dose to patients with a UTI was not specified. In the largest series, which included 205 patients with MDR *Pseudomonas* infection treated with C/T, the overall clinical and microbiological cure rates were 73.7% and 70.7%, respectively, and those for patients with cUTIs were 89% (22/25) (89%) and 89% (22/25), respectively.<sup>67</sup>

In summary, 49/57 (86%) of the cases with MDR *P. aeruginosa* cUTIs treated with C/T, usually with conventional doses (when specified), were cured, and this percentage is higher than the overall cure rate. In these studies patients with severe infections were included, because a significant percentage had bacteremia, and some patients had undergone solid organ or hematopoietic stem cell transplantation, had EERD and/or were admitted to the ICU.

## Safety and tolerability of ceftolozane/tazobactam

C/T has a safety and tolerability profile similar to that of any other cephalosporin, as demonstrated by RCTs, which showed a percentage of AEs ranging from 35% to 50% [overall 438 AEs over 1,097 (39.9%) patients treated with C/T] and no significant differences with respect to their comparators. Between 3% and 17% of the patients presented severe adverse events (SAEs), although only three cases of *Clostridium difficile* infection were considered to be related to C/T. In the RCTs, no drug-related death was reported, and the most frequently reported AEs (with an incidence greater than 5% in either indication) experienced by the patients treated with C/T were nausea, headache, diarrhea, and pyrexia.<sup>33,34,68</sup>

In a postmarketing safety evaluation, seven cases of medication errors were reported to the FDA: these patients were administered a dose of C/T that was 50% higher than the prescribed dose and experienced no AEs related to the medication error.<sup>70</sup> Similarly, a multicenter, retrospective study of patients with carbapenem-resistant *P. aeruginosa* infections who were treated with C/T ranging from 375 mg to 3,000 mg every 8 h for 5–27 days observed only two AEs (self-limited diarrhea and peripheral eosinophilia with eosinophiluria possibly due to interstitial nephritis), which resolved after the drug was stopped.<sup>63</sup> In a retrospective series of 38 patients with XDR *P. aeruginosa* infections treated with C/T for 15.5 days (range of 3–62 days), 60.5% of the patients were administered doses of 3 g every 8 h, and no AEs that forced the withdrawal of the antibiotic were observed.<sup>41</sup>

In summary, C/T is a cephalosporin with a safety profile and tolerability similar to those of the remaining cephalosporins and can be administered to patients with cIAIs or cUTIs, and in particular, C/T can be used, if necessary, at doses of up to 3 g every 8 h for a prolonged time (at least for 4 weeks).

## Conclusions and place in therapy

C/T is a cephalosporin with activity against most ESBL-producing Gram-negative rods and against MDR or XDR *P. aeruginosa*. Different published RCTs have reported the efficacy and safety profile for the treatment of cIAIs and cUTIs, and the results show that the drug has a favorable PK/PD profile. The use of C/T for the treatment of these infections should be considered in two clinical situations: as a potential alternative therapy to carbapenems in a carbapenem-sparing strategy, or for the treatment of infections caused by MDR or XDR *P. aeruginosa*.

In the first clinical situation, the use of C/T for the treatment of ESBL-producing Gram-negative rod infections has been proposed for the recovery of carbapenem activity in a given health institution. It has been well demonstrated that the overuse of carbapenems can condition the appearance and dissemination of carbapenem-producing Enterobacteriaceae (CPE), which would significantly limit the potential use of these drugs. The reduction in the use of carbapenems is associated with a decrease in the frequency of CPE infections. In centers where ESBL-producing Gram-negative rod infections are endemic, a carbapenem-sparing strategy (in either first-line therapy or de-escalation therapy) could be effective in preventing the appearance and dissemination of CPE. The recently published results of the MERINO study<sup>13</sup> demonstrate the superiority of a carbapenem regimen over piperacillin–tazobactam for the treatment of infections caused by ceftriaxone-resistant *E. coli* or *K. pneumoniae*, and thus this therapeutic alternative should not be used in a carbapenem-sparing strategy. However, the results of the MERINO study could have been subject to numerous biases, both in the selection of patients, in the choice of the primary outcome, in the inclusion of patients from countries with different profiles and rates of antimicrobial resistance, and in the manner of administration of piperacillin–tazobactam. Therefore, its conclusions should be considered with caution.

Although there is no relevant clinical information, the stability of C/T against AmpC beta-lactamases would allow its alternative use to carbapenems for the treatment of infections caused by SPACE organisms (*Serratia*, *Providencia*, *Acinetobacter*, *Citrobacter*, *Enterobacter*).

C/T maintains its activity against *P. aeruginosa* species with multiple resistance mechanisms (efflux pumps, reduction uptake through porin channels, or modification of penicillin-binding proteins). Several observational studies have found that C/T can be an effective therapy for the treatment of serious infections caused by MDR or XDR *P. aeruginosa*. In particular, when administered at an adequate dose (usually up to 3 g every 8 h), C/T can act on the source of the infection and the MIC value for C/T does not exceed 4 mg/L. C/T therapy for these serious infections provides a clinical success rate (in-hospital survival plus resolution of signs and symptoms) of approximately 75%. Although the published experience in the treatment of cIAIs or cUTIs produced by MDR or XDR *P. aeruginosa* is very limited, the absence of effective therapeutic alternatives with an acceptable safety profile would make C/

T a first-line therapeutic option for these infections. Therefore, C/T should be routinely tested against every Gram-negative rod, and particularly against MDR or XDR *P. aeruginosa*.

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