

Team Time: supporting students during the COVID19 pandemic



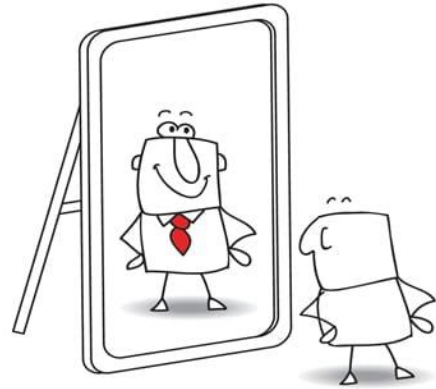
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Learning and Teaching Conference – June 2020

Schwartz Rounds to Virtual Team Time



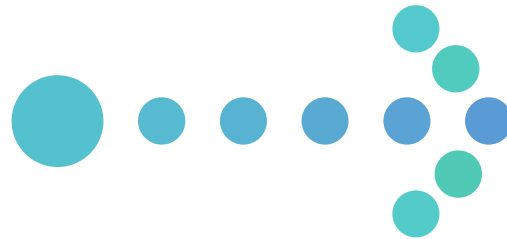
Team Time



Sharing stories



Protected and
boundaried
space



- Normalising of emotions
- Promote connectedness
- Create a culture of openness
- Develop resilience

Overall aim: reduce stress and isolation, strengthen teams and increase compassion for ourselves and each other

What we did.....



Evaluation of Team Time

The Jisc logo consists of the word "Jisc" in a white, sans-serif font, centered within a solid orange square.

- **Arrangements of the Team Times**
- Monthly – 75%; weekly 25%
- Timing – 50% (6.00-6.45pm); 50% (6.30-7.15pm)
- Professional mix – 100% multi-professional
- Number – 20 seemed about right



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- **Specific comments**
- Guidance on Zoom etiquette and facilitation made it a comfortable place to be
- Well-timed, good pace, clear introduction and welcome
- Lovely to hear stories
- Reflection – informed space to reflect gently but also lack of time to reflect
- Multi-professional stories





- Plan for further Team Time sessions
- Students as story tellers to become partners in the initiative

References

- <https://www.pointofcarefoundation.org.uk/our-work/schwartz-rounds/team-time/#:~:text=Team%20Time%20is%20a%2045,social%20response%20to%20their%20work.>