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## Exploring the 'shared'in shared decision making in child health

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# Exploring the 'shared' in shared decision making in child health

## Research Questions

- 1 What are the possible roles for both parents and professionals in shared decision making?
- 2 How do parents and professionals experience determining roles in consultation and decision making?

## Future steps:

- 3 What do parents and professionals think is necessary to determine these roles in collaboration?



## Background

There is variability of roles during shared decision making (SDM) and in consultation. For example, roles of parents can change over time and vary by phase in the process of SDM, which requires different interpretations of the roles of professionals.

Despite a growing body of literature about the added value of SDM and decision support, few studies elaborate on the respective roles of parents and professionals.

## Method



- Scoping review
  - Meta-aggregation of qualitative and quantitative studies on roles in shared decision making
- Semi-structured interviews

## What are the roles of parents and professionals? Preliminary Results

### Possible Roles

- Passive
- Active
- Collaborative
- Autonomous
- Paternalistic
- Shared

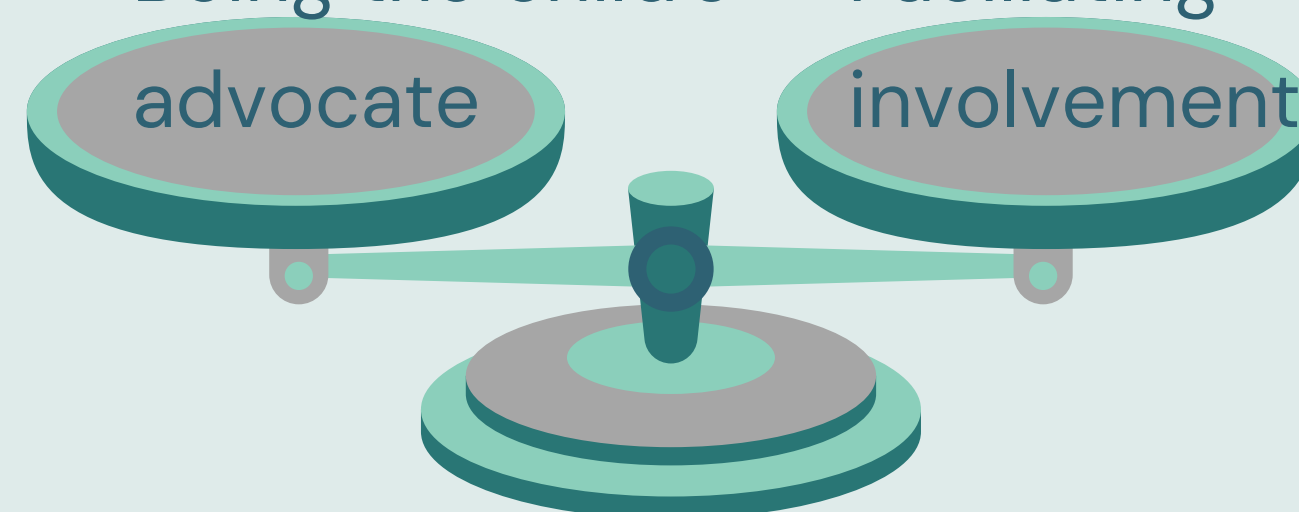
*Parents want to collaborate with professionals, but professionals often determine roles. This shared process is a struggle for both parents and professionals*

### Parents:

- Expert role
- Initiative
- Being the child's

### Professionals:

- Expert role
- Informant
- Facilitating



## Ask Yourself

*What roles do you recognize as a parent or professional in shared decision making and during consultation?*

*How do you determine your own role during SDM? How do you help parents/professionals with that?*