

1 **Loofah activated carbon with hierarchical structures for high-**  
2 **efficiency adsorption of multi-level antibiotic pollutants**

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22 **ABSTRACT**

23 For antibiotic contaminants, biochar adsorbents have been regarded as one of the most  
24 suitable materials due to their safety for human health and good adsorption performance.  
25 In this study, loofah activated carbon (LAC) was prepared by a simple high temperature  
26 carbonization process, while mixing LAC with agarose solution under stirring at 90 °C,  
27 after which LAC-loaded agarose aerogel (LAC-AA) adsorbents could be obtained by  
28 freeze-dried under a vacuum condition. The LAC is consisted of hierarchical laminae-  
29 trestle-laminae (L-T-L) microstructure with highly ordered, whose surfaces are fully  
30 covered by nanoscale protrusions. The unique hierarchical structures possessing high  
31 specific surface areas ( $\sim 736.86 \text{ m}^2 \text{ g}^{-1}$ ) and abundant active surface sites, which  
32 contribute significantly to the adsorption of antibiotics (to name a few, tetracycline (TC),  
33 ofloxacin (OFO) and norfloxacin (NFO)). The results indicate that the capacity of  
34 adsorption towards TC, NFO and OFO (1~40 ppm) by the LAC-loaded agarose aerogel  
35 (LAC-AA) adsorbents is 537.6, 434.8 and 581.4  $\text{mg g}^{-1}$ , respectively, which is  
36 significantly greater than that of currently-available adsorbents. In parallel, the atomic  
37 adsorption model's simulation further confirms that the OFO is prone to be adsorbed  
38 on the LAC with the lowest adsorption energy that resulted in the largest adsorption  
39 capacity.

40

41 **Keywords:** Loofah activated carbon; Adsorption; Antibiotics; Multi-level pollutants.

42

## 43 1. INTRODUCTION

44 Antibiotics are potent medicines that have been used for several decades in both human  
45 beings and animals for the therapeutic treatment of infections and diseases.<sup>[1,2]</sup> However,  
46 its water solubility makes the surrounding environments such as water, soil and food  
47 inevitably contaminated by antibiotics. With the developing of super-resistant bacteria,  
48 and the global antibiotics abuse thereof, antibiotic contamination has attracted  
49 increasingly concerns.<sup>[3]</sup> For most antibiotics, such as norfloxacin (NFO), ofloxacin  
50 (OFO) and tetracycline (TC), once they entered the body, the metabolic system can  
51 hardly eliminate them in a short period and the residues will accumulate in the body,  
52 resulting in bacteria tolerance.<sup>[4, 5]</sup> After excretion of antibiotics from body, they will  
53 remain almost unchanged in water bodies.<sup>[6]</sup> Therefore, the removal of antibiotics  
54 residues from polluted water is of significant importance for both human health and the  
55 aquatic environment. Moreover, low concentrations of antibiotics were reported to  
56 cause more serious hazards to human health and ecological environment than high  
57 concentrations of them.<sup>[7]</sup> Therefore, developing technologies and materials that are  
58 inexpensive and capable of removing antibiotic solutions in various concentration  
59 ranges with high efficiency is still a challenge.<sup>[8-10]</sup>

60 Generally, methods adopted to remove antibiotics from water mainly include  
61 biodegradation,<sup>[11]</sup> photocatalytic,<sup>[12]</sup> advanced oxidation,<sup>[13]</sup> electrochemical oxidation,  
62 <sup>[14]</sup> adsorption,<sup>[15]</sup> and so on. Among these technologies, adsorption exhibits distinctive  
63 advantages, such as easy operation process, low cost, high removal efficiency, and no  
64 toxicities generated from intermediates has been widely used for water treatment.<sup>[16,17]</sup>  
65 The adsorbent materials, such as natural ore materials, metal oxides (e.g., zeolites,<sup>[18]</sup>  
66 SiO<sub>2</sub>,<sup>[19]</sup> Al<sub>2</sub>O<sub>3</sub>,<sup>[20]</sup> Fe<sub>2</sub>O<sub>3</sub>,<sup>[21]</sup> H<sub>2</sub>Ti<sub>2</sub>O<sub>5</sub>•H<sub>2</sub>O nanobelts and magnetite nanocomposite,  
67 <sup>[22,23]</sup> and carbon nanomaterials have been studied for the adsorption of antibiotics. Note  
68 that the capacity of adsorption is closely linked with specific surface area of materials  
69 and structures, for instance, zeolite is a porous adsorbent, its adsorption capacity  
70 towards TC is found to be of 27.78 mg g<sup>-1</sup>,<sup>[24]</sup> while modified mesoporous zeolite  
71 composites demonstrate a greater adsorption capacity of 186.09 mg g<sup>-1</sup> due to its

72 increased specific surface area.<sup>[25]</sup> Therefore, carbon-based materials have become an  
73 intense study object for adsorption studies because of the excellent specific surface area.  
74 These materials include carbon nanotubes (CNTs),<sup>[26]</sup> graphene,<sup>[27]</sup> active carbon and  
75 biological activated carbon (BAC),<sup>[28, 29]</sup> among which graphene and graphene  
76 composite materials have received great attention arising from their fine chemical  
77 resistance and outstanding mechanical properties.<sup>[27, 30]</sup> However, nanoscale graphene  
78 is also reported to have toxicological effects on different cell lines of plants, animals,  
79 and even human beings.<sup>[31]</sup> In this scenario, BAC is being concerned by researchers due  
80 to its harmlessness to the human body as well as carbon sequestration on basis of unique  
81 characteristics of the physicochemical surface, as high hydrophobicity and high specific  
82 surface area, developed pore structure.<sup>[32, 33]</sup> There are many natural single structures  
83 and artificially assembled multi-structure biological activated carbon adsorbents, such  
84 as Human hair-derived biochar for tetracycline,<sup>[34]</sup> the Pinus taeda-derived activated  
85 biochar for the adsorption of tetracycline<sup>[35]</sup>, g-MoS<sub>2</sub> decorated biochar nanocomposites  
86 of tetracycline.<sup>[36]</sup> These studies indicate that the adsorbent materials with composite  
87 structure have better performance than the single-structure bioactive carbon. Therefore,  
88 there is an increasing demand for developing safe and non-toxic composite adsorbents  
89 with a composite structure and high specific surface area via easy and green methods.

90 In this study, loofah activated carbon (LAC) from natural loofah sponge was acquired  
91 by high temperature carbonization, while put LAC in agarose solution with stirring at  
92 90 °C as precursor to obtain LAC-loaded agarose aerogel (LAC-AA) adsorbents by  
93 freeze-dried under a vacuum condition. According to the result illustrations of BET and  
94 SEM, the LAC exhibit high specific surface area and highly ordered hierarchical  
95 laminae-trestle-laminae (L-T-L) microstructure, which the surface are fully covered by  
96 nanoscale protrusions. The unique structures and large specific surface areas of LAC-  
97 AA are the basis of exploring the behavior and performance for adsorbing three  
98 different antibiotics. A series of adsorption experiments were conducted by using NFO,  
99 OFO, TC solutions as the model antibiotics on LAC-AA adsorbents. In addition, the  
100 atomic adsorption model's simulation also carried out to explain the relationship

101 between the adsorption energy with adsorption capacity.

102

## 103 2. EXPERIMENTAL SECTION

### 104 2.1 Preparation of the LAC

105 The LAC was obtained by the carbonization of loofah (Figure 1a) in a tube furnace.  
106 Argon was used as a protective gas, the temperature was raised to 800 °C at a rate of  
107 2 °C min<sup>-1</sup> and kept for 6 h, then waiting the temperature decrease to room temperature  
108 (Figure 1b).

### 109 2.2 Preparation of the LAC-AA adsorbent

110 Firstly, 400 mg of agarose (gelling point of ~36 °C) was dissolved in 50 mL deionized  
111 water at 90 °C under stirring, then 125 mg of the as-obtained LAC powder was poured  
112 into the agarose solution with vigorous stirring, keeping for 6 h. The LAC-loaded  
113 agarose hydrogel was obtained by 5 h storage of the mixture in a refrigerator (Figure  
114 1c, e). Afterward, the hydrogel was freeze-dried on a freeze-dryer under a vacuum  
115 condition at a temperature of -50 °C for 48 h. Finally, a lightweight and compressible  
116 biosorbent was obtained (Figure 1 d, f, g). For comparison, agarose hydrogel without  
117 loading LAC was also prepared under the same conditions, presented in Figure S1 (in  
118 Supporting information).

### 119 2.3 Characterizations

120 The morphology of the as-prepared samples was examined by a Field-Emission  
121 Scanning Electron Microscope (FESEM, Hitachi, S-4800). The components of the  
122 products were characterized by a D/max-2550 PC X-ray diffractometer (XRD, Rigaku,  
123 Cu-K $\alpha$  radiation). X-ray photoelectron spectroscopy (XPS) analysis tested the  
124 functional groups and the element state of adsorbents' surface. Characterize the  
125 structural integrity of the adsorbents by Raman spectroscopy (JOBIN-YVON T64000).  
126 The total specific surface area of the materials was determined making use of the

127 Brunauer-Emmett-Teller (BET) theory. BET specific surface area was calculated from  
128 N<sub>2</sub> adsorption/desorption isotherms determined by relying on an automated nitrogen  
129 adsorption analyzer (ASAP 2020, Micromeritics, America), the sample was degassed  
130 at 150 °C, keeping for 6 h in vacuum condition before the measurements. The  
131 concentrations of the antibiotics solutions after and before adsorption thermodynamic  
132 were measured by UV-Vis spectrophotometer (Rang Qi Instrument Technology Co.,  
133 Ltd, Shanghai, UVG-9PC).

## 134 **2.4 Adsorption thermodynamic experiments**

135 NFO, OFO and TC were selected as the target antibiotics in the adsorption experiments.  
136 A certain mass (1.5~3 mg) of the LAC-AA adsorbents were added into the antibiotics  
137 solutions (100 mL) with concentrations varying from 1.0 to 40.0 mg L<sup>-1</sup>. Typically, the  
138 LAC-AA adsorbents were incubated in a certain concentration of antibiotics solutions,  
139 and kept stirring at room temperature for different adsorption times. Sample solutions  
140 were collected by a 10 mL syringe, followed by filtering through a 0.22 μm Teflon  
141 microporous membrane. The concentrations of the sample solutions after a certain  
142 period of adsorption was determined by measuring its UV-Vis absorbance. **The absolute**  
143 **temperature of the system is under the room temperature (~ 25 °C), the pH value of**  
144 **solutions is kept at 7 during all experiment.**

### 145 **2.4.1 Langmuir and Freundlich isotherms**

146 The adsorption process of the three **different** antibiotics was fitted to the Langmuir  
147 formula which is classical monolayer model as well as the Freundlich that is Multilayer  
148 model. The monolayer equation demonstrates the concrete steps about randomly  
149 adsorbing antibiotics onto adsorbents' surface. The linearized forms of the Langmuir  
150 adsorption formulas are demonstrated as follows <sup>[37, 64]</sup>:

$$151 \quad \frac{c_e}{q_e} = \frac{1}{K_L q_m} + \frac{c_e}{q_m} \quad (1)$$

$$152 \quad q_e = q_m K_L C_e / (1 + K_L C_e) \quad (2)$$

154  $C_e$  stands for the equilibrium concentration (mg L<sup>-1</sup>),  $K_L$  represents the constant of

155 adsorption ( $\text{L mg}^{-1}$ ), while  $q_m$  is the meaning of maximum absorbed capacity by  
156 adsorbents ( $\text{mg g}^{-1}$ ),  $q_e$  is the values of **balanced** antibiotics adsorption ( $\text{mg g}^{-1}$ ).

157 **Empirical equation** is represented by Freundlich adsorption formula which is  
158 simple and commonly used. There is an account of multi-layer adsorption procession,  
159 while it means the sites of adsorption which located on surface are not uniform. The  
160 basis of multilayer adsorption formula and non-linear model equations areas follows in  
161 Equation 3 and 4, respectively [38, 64]:

$$162 \quad \ln q_e = \ln K_f + \left(\frac{1}{n}\right) \ln C_e \quad (3)$$

$$163 \quad q_e = K_F C_e^{1/n} \quad (4)$$

164  $K_F$  and  $n$  stand for the Freundlich constants [ $(\text{mg g}^{-1}) (\text{L mg}^{-1})^{1/n}$ ] and adsorption  
165 intensity of the adsorbents, respectively. The experimental adsorption isotherms of the  
166 LAC-AA adsorbents towards TC, OFO and NFO were fitted to Langmuir (Equation 1-  
167 2) and Freundlich isotherm (Equation 3-4) models, respectively.

#### 168 **2.4.2 Adsorption kinetics**

169 The adsorption kinetic mechanisms of three various antibiotics, which were  
170 studied in widely research. The pseudo-first-order formula was basis of the assumption  
171 that the dominant control of adsorption was diffusion. The pseudo-first-order dynamic  
172 formula is given as follows [39, 65]:

$$173 \quad \ln(q_e - q_t) = \ln q_e - K_1 t \quad (5)$$

174 There is a model, which name is pseudo-second-order kinetic, assumes the  
175 adsorption rate is determined by the square value about the amount of adsorbed  
176 vacancies on the surface of the adsorbent. The dynamic formula of pseudo-second-order  
177 is presented as follows [40]:

$$178 \quad \frac{t}{q_t} = \frac{1}{K_2 q_e^2} + \frac{t}{q_e} \quad (6)$$

179  $q_e$  stands for the equilibrium adsorption capacity ( $\text{mg g}^{-1}$ ), while  $q_t$  is the adsorption  
180 capacity ( $\text{mg g}^{-1}$ ) at time  $t$ .  $K_1$  is the pseudo-first-order adsorption rate constant, **as well**  
181 **as  $K_2$**  rate constant of **formula (6)**. The fitting figures of three **various** antibiotics are

182 given in Table 3.

## 183 **2.5 Calculation methods**

184 The calculations of first-principle were **applied for relying on** the Vienna Ab-initio  
185 Simulation Package (VASP) with the Perdew-Burke- Ernzerh (PBE) parameterization  
186 of the generalized gradient approximation (GGA) adopted for the exchange correlation  
187 potential.<sup>[41-42]</sup> There is a method whose name is projector augmented wave (PAW),  
188 carried for **describing** the interaction between ions and electrons,<sup>[43]</sup> and only  $1s^1$ ,  
189  $2s^22p^2$ ,  $2s^22p^3$ ,  $2s^22p^4$  and  $2s^22p^5$  were regarded as valence electrons for H, C, N, O and  
190 F atoms, respectively. Spin-polarized density functional theory was adopted and a  $1 \times$   
191  $1 \times 1$   $\Gamma$ -centered k-point mesh was utilized for two meaning **including** geometry  
192 optimization and energy calculation, respectively.<sup>[44]</sup> Thus, All the geometry  
193 optimization was carried out with a conjugate gradient algorithm, while all the energy  
194 calculations were carried out with gaussian smearing functions,<sup>[45]</sup> and the Gaussian  
195 smearing parameter was chosen to be  $\sigma = 0.02$  eV. 500 eV is the concrete figure of basis  
196 with the energy cutoff for the plane wave. It is true that the figure of the force on each  
197 atom was lower than  $0.02$  eV  $\text{\AA}^{-1}$ .

198

## 199 **3. RESULTS AND DISCUSSION**

200 The compositions of the LAC material were measured by XRD, XPS and Raman  
201 spectrum. The XRD pattern reveals that the as-obtained LAC material is typically a  
202 disordered structure, indicated by the two broadened peaks centered at  $23.5^\circ$  and  $43.7^\circ$ ,  
203 which are respectively assigned as the (002) and (101) reflection of graphite (Figure  
204 2a). XPS wide scan spectrum suggests that the as-obtained LAC material only has two  
205 peak signals, corresponding to C and O elements (Figure S2). After deconvolution, the  
206 C 1s signal can be de-convoluted into the C=C/C-C peak at 284.6 eV, the C-O peak at  
207 286.5 eV and the C=O peak at 288.1 eV (Figure 2b). Note that the contents of C-O and  
208 C=O are much lower than that of C-C/C=C, demonstrating that the oxidation degree of  
209 LAC is very low, consisting with the XRD analysis and the XPS wide scan spectra of



210 the LAC (Figure S2). To make a comparison, the content of C-O and C=O in the LAC-  
211 AA adsorbent is much higher than that of C-C/C=C, illustrating that the large amount  
212 of C-O and C=O is from agarose (Figure S3). Raman spectrum also illustrates the  
213 successful carbonization of the loofah. As shown in Figure 2c, the figure of G band at  
214  $\sim 1603\text{ cm}^{-1}$  reflects the in-plane vibration of  $sp^2$  carbon atoms, while the D band at  
215  $\sim 1343\text{ cm}^{-1}$  represents a defect induced Raman feature peak of carbon-based material,  
216 implying the non-perfect crystalline structure of the LAC material. The peak intensity  
217 ratio of G band to D band ( $I_G/I_D$ ) is 1.033, indicating that  $sp^2$  domains are the dominant  
218 component in the carbon structures which is due to high temperature induced  
219 graphitization of loofah. Further, the BET specific surface area of the LAC material was  
220 measured by  $N_2$  adsorption/desorption isotherms, as depicted in Figure 2d. As-obtained  
221 isotherm is a typical I-V adsorption-desorption curve, demonstrating the microporous  
222 structures of the LAC. In addition, the hysteresis loop of the isotherm curve can be  
223 classified as a typical H4-type, which reveals that the porous structure of the LAC is  
224 similar to the lamellar structure (also known as slit pores). Importantly, from the  
225 isotherms, one can figure out that the LAC material possesses a high specific surface  
226 area of  $736.86\text{ m}^2\text{ g}^{-1}$ . Inset of Figure 2d shows the pore size distribution of the LAC,  
227 the diameter is around 3.411 nm.

228 The microscopic structures of the LAC were measured by SEM. As clearly shown  
229 in Figure 3a, the LAC consists of a large number of microtubes, suggesting that the  
230 macroscopic fibrous-like LAC is actually assembled from one-dimensional porous  
231 microstructures (Figure 3b). From high magnification cross-sectional SEM images, one  
232 can deduce that the microtubes are uniform with average pore diameters of  $20\pm 5\ \mu\text{m}$ ,  
233 while there are a lot of micropores on the surface of its layered structure (Figure 3b).  
234 Interestingly, it is obvious that the microtubes of loofah may be formed by the gradual  
235 growth of the helix trestle structures during its growing stage. Besides, two types of  
236 helix structures are found in LAC, the red and yellow circles marked in Figure 3c  
237 represent the double-helix and single-helix trestle structures, respectively. The average  
238 width of the helix fibers is calculated as  $\sim 1\ \mu\text{m}$  (upper left inset of Figure 3c). The

239 enlarged SEM image shows that the surface of the helix fibers is densely occupied by  
240 numerous nanoscale protrusions (Figure 3d), which provide abundant active surface  
241 sites. Taken together, this unique hierarchical structure (microtubes are assembled from  
242 laminae-trestle-laminae (L-T-L) microstructure<sup>[46]</sup>, on which fully covered by nano-  
243 protrusions shown in Figure S4 of the LAC contributes significantly to its high specific  
244 surface areas, abundant active surface sites and excellent adsorption performances,  
245 which will be described hereafter. **Importantly, these structures are well maintained in**  
246 **the LAC-AA adsorbent (Figure 4 a-d), which ensures the high-performance adsorption.**  
247 **Moreover, the LAC-AA still exist a large number of microtubes (Figure 4c). Besides,**  
248 **as shown in Figure 4d, the helix structure can be clearly observed.**

249 The LAC-AA adsorbents were incubated in the antibiotics solutions with different  
250 concentrations, the incubation time for the adsorption is 140 h, which has been proved  
251 to be enough to reach equilibrium. Firstly, as the comparison of the adsorption mass  
252 between LAC and LAC-AA adsorbents towards NFO (Table S1), from which one can  
253 conclude that the addition of agarose in the LAC material will not affect the adsorption  
254 capability, as agarose is a carrier that doesn't have any charged groups, and this is  
255 exactly why it has been widely used in analytical chemistry for identifying biological  
256 molecules. LAC-AA possesses the super-hydrophilic properties of agarose itself  
257 (Figure S5), which accelerates the rate of reaching equilibrium (Table S1).

258 **The fitting parameters, which are based on the isotherms of adsorption in Figure**  
259 **5, Langmuir and Freundlich formulas (Equation 3-4), are concluded in Table 1. As**  
260 **suggested by the values of  $R^2$ , the Langmuir isotherm model is the best fit for the**  
261 **adsorption data that better than the Freundlich model, suggesting the complete**  
262 **monolayer adsorption of antibiotics on the binding sites of the adsorbents. Firstly, the**  
263 **pressure around the atom would increase when the pollutant is adsorbed all the time**  
264 **until the surface of pores has been filled with the molecular, then the balance of**  
265 **adsorption and desorption will appear so that keep the status that the surface sites are**  
266 **filled with monolayer molecular.**

267 From Langmuir model, one can calculate the maximum adsorption capacity ( $q_m$ )

268 of the LAC-AA adsorbents. As listed in Table 1, the ( $q_m$ ) values of the adsorbents  
269 towards TC, OFO and NFO were calculated to be of 537.63, 581.40 and 434.78 mg g<sup>-1</sup>  
270 <sup>1</sup>, respectively. Moreover, there was a good adsorption performance to ppm (1~10 ppm)  
271 antibiotics that its maximum adsorption capacity for TC, OFO and NFO was  
272 respectively 275, 398 and 310 mg g<sup>-1</sup> when their equilibrium concentrations are  
273 respectively 4.8, 2.2 and 3.0 ppm (Figure S6). Table 2 summarizes the ( $q_m$ ) values of  
274 the currently reported adsorbents from the literatures for the adsorption of TC, OFO  
275 and NFO. As seen from Table 2, the LAC-AA adsorbents exhibit the highest ( $q_m$ ) values  
276 compared to currently-available adsorbents. Theoretically, the large adsorption capacity  
277 of the LAC-AA adsorbents not only arises from physisorption but also chemisorption.  
278 The hierarchical porous structure of LAC should give rise to physisorption, while the  
279 aromatic rings of the graphited LAC facilitate the  $\pi$ - $\pi$  interactions with the antibiotics  
280 [47].

281 Figure 6a shows the adsorption kinetics of TC, OFO and NFO with the initial  
282 concentrations of 8 mg L<sup>-1</sup> by the LAC-AA adsorbents. The adsorption proceeded  
283 rapidly within the first 80 h, and gradually slowed down with the increase of the  
284 incubation time, and it finally reached the equilibrium after 150 h.

285 Figure 6b-c illustrates the pseudo-first-order and pseudo-second-order kinetic  
286 formulas stick to 3 various antibiotics, while Figure 6d is meaning of the intra-particle-  
287 diffusion model. As Table 3 shows, the pseudo-first-order model best described the  
288 mechanism of adsorption. Thus, the adsorption step of the adsorbed OFO, TC and NFO  
289 by LAC-AA is mainly controlled by diffusion. The concrete formula as follows [22]:

$$290 \quad q_t = K_{id}t^{1/2} + C \quad (7)$$

291 It can be concluded that there are two processes of adsorption: adsorption of  
292 adsorbent surface as well as slow pore diffusion. It is the most suitable model (The  
293 particle diffusion model) to describe the dynamics of particles in the particle diffusion  
294 process [22, 64]. There is a straight line passes which is meaning of particle diffusion is  
295 the rate determining step [39, 65]. From Figure 6d, there are three stages of the LAC-AA

296 particle diffusion model which including as follows: the first step is diffusion of the  
297 boundary layer, which is mainly the external mass transfer of the adsorbent. Agarose  
298 evenly wraps the LAC activated carbon to make the LAC-AA material super  
299 hydrophilic (Figure 4, Figure S5). In the first stage, it can quickly contact the surface  
300 with nano-scale protrusions for adsorption. Therefore, the main factors of rapid  
301 adsorption in the first stage are the super-hydrophilic characteristics of LAC-AA and  
302 the adsorption sites of numerous nano-scale protrusions on the surface. After  
303 carbonization, the slightly graphitized protuberances on the surface of loofah contact  
304 with antibiotic molecules at first, and the  $\pi$ - $\pi$  bond accumulation of aromatic rings  
305 produces the first stage of adsorption.<sup>[66]</sup> The second stage represents that the internal  
306 diffusion of particles is influenced by the microstructure (eg. pores) of the adsorbent.  
307 The micropores present in the L-T-L microstructure promote the diffusion of the second  
308 stage. One of main ways to control the adsorption of antibiotics is filling the pores with  
309 size of 2-20 nm, while loofah activated carbon with pore size distribution of 3.41 nm  
310 has a favourable structure for absorbing antibiotics.<sup>[36]</sup> The superior porosity of biochar  
311 could offer more adsorption sites for pharmaceuticals molecules, and the micropore  
312 could decrease the steric hindrance effect.<sup>[67]</sup> These two main adsorption steps attract  
313 the accumulation of antibiotics under the initial  $\pi$ - $\pi$  bond accumulation and cooperate  
314 with the pore filling effect.<sup>[68]</sup> The third stage is usually not considered to be a rate-  
315 controlling step because of the surface-active adsorption sites and the active sites inside  
316 the micropores are all occupied and enter the adsorption equilibrium state. In a word,  
317 the three diffusion stages are consistent with the process of monolayer adsorption. In  
318 the beginning, the molecular contact the surface with high efficient adsorption, After  
319 which, the adsorbed sites become fewer so that the speed of adsorption become slower  
320 than before. At last, the balanced status appear and keep the status for a long time.  
321 Compared with the adsorption rate of a single LAC adsorbent, the addition of agarose  
322 can accelerate the absorption rate of the first stage without affecting the adsorption  
323 maximum (Table S1). The atoms or chemical groups on the surface of the biochar can  
324 attract the adsorbate to reduce its surface energy. The driving force of adsorption is the  
325 sum of many interactions, which contributes to the total free energy of the adsorption

326 process.<sup>[69]</sup>

327 The schematic illustration of the adsorption process of LAC towards OFO is  
328 shown in Figure 7a, the L-T-L microstructure has good stability, and this characteristic  
329 makes it difficult to change under an oscillating environment. Super hydrophilic of  
330 agarose is one beneficial factor for adsorption, while the L-T-L microstructure of LAC  
331 and a large number of uniform protrusions on the surface are the main factors affecting  
332 the external diffusion of adsorption. Moreover, the micropores with 3.411 nm diameter  
333 are the reason for the further diffusion of antibiotics. To understand the adsorption  
334 mechanism of these three adsorbates (OFO, TC and NFO), the graphene slab with  
335 disorder defects, containing 176 atoms, was used to simulate the amorphous carbon  
336 (Figure S7). A vacuum layer of 20 Å was added into two successive slabs to eliminate  
337 the interactions between two adjacent slabs. The three atomic adsorption models are  
338 shown in Figure 7b (detailed in Figure S8), and the adsorption energies of surface and  
339 adsorbates were computed using the following formula<sup>[70]</sup>:

$$340 \quad E_{ad} = E_{ads+surf} - (E_{ads} + E_{surf}) \quad (8)$$

341 Where  $E_{ads+surf}$ ,  $E_{ads}$  and  $E_{surf}$  are the total energies of the surface with adsorbates,  
342 isolated adsorbates and surface, respectively. According to this definition, negative  
343 values of  $E_{ad}$  indicate the preferential binding of adsorbate to the surface. From the  
344 formula for adsorption energy (Equation 8), the  $E_{ad}$  were calculated to be of -0.397, -  
345 0.629 and -0.385 eV (the calculated results are listed in Table S2) for LAC-TC, LAC-  
346 OFO and LAC-NFO, respectively. The probe atom is preferentially adsorbed on the  
347 sites with the lowest adsorption energy,<sup>[70-71]</sup> which means that the adsorbates are prone  
348 to be adsorbed on LAC with the order of OFO < TC < NFO. Therefore, the  
349 calculated results are in good agreement with the adsorption capacities following the  
350 order of OFO > TC > NFO.

351 The thermodynamics parameters concerning antibiotic adsorption onto LAC-AA,  
352 such as Gibbs free energy ( $\Delta G$ ), the solid and liquid phases at equilibrium ( $K_d$ ), through  
353 the following equations can be calculated<sup>[72]</sup>:

354 
$$K_d = q_e/c_e \quad (9)$$

355 
$$\Delta G = -RT \ln(K_d) \quad (10)$$

356 **R** is meaning of the universal gas constant (8.314 J mol<sup>-1</sup> K<sup>-1</sup>), and 298K is the concrete  
357 figure of T in the system (K). Normally, it stands for the physical adsorption is dominant  
358 when 0 < ΔG < -20 kJ. mol<sup>-1</sup>, while the value decreases to it changes to more negative  
359 than -40 kJ mol<sup>-1</sup>, which stands for chemical adsorption is dominant. As shown in Table  
360 4, the calculated result supports the Langmuir formula.

361

#### 362 4. CONCLUSIONS

363 The LAC-AA adsorbents have been facilely fabricated on a large scale, for highly  
364 effective removal of antibiotics from contaminated water. Thanks to the unique  
365 hierarchical L-T-L microstructures, high specific surface areas and abundant active  
366 surface sites of the LAC material, the LAC-AA adsorbents exhibit the largest adsorption  
367 capacities towards antibiotics compared to those of currently-available adsorbents. In  
368 addition, the LAC-AA adsorbents can effectively improve the circumstance that the  
369 water environments were contaminated by multi-level antibiotics (1~40 ppm). This  
370 work also encourages us to use naturally occurring products to prepare biosorbents for  
371 antibiotics removal from water, which will reduce the cost of the adsorbents and obviate  
372 the secondary adverse health effects. The lightweight and compressible properties of  
373 the adsorbents ensure their handling and transportation in practical water treatment.  
374 Overall, this work should expand new avenues for applying biosorbents in high-  
375 performance removal of various antibiotics from water.

376

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383

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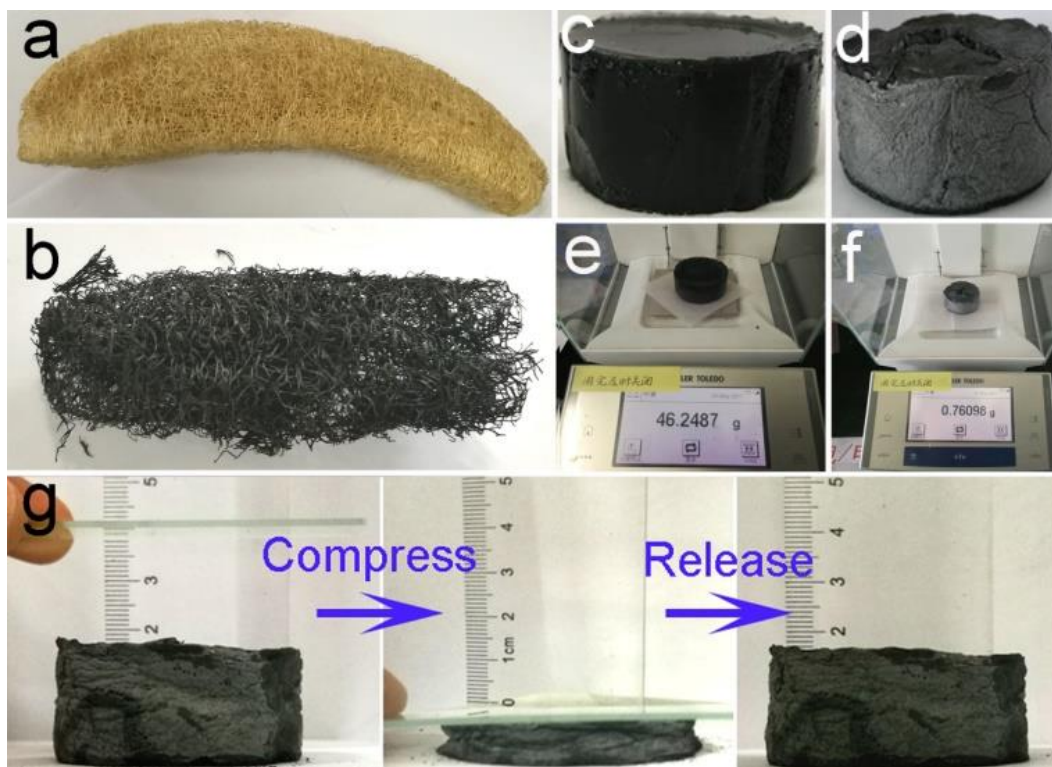
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612 **Figures and Tables:**

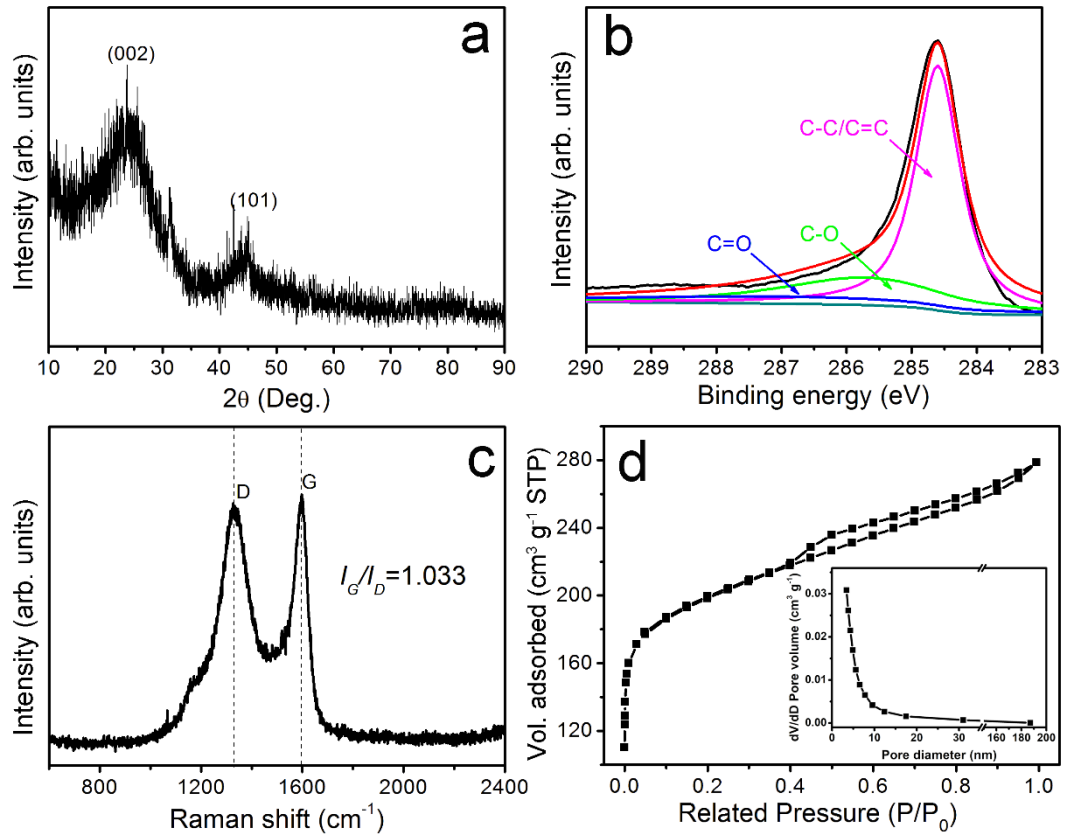
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615 **Figure 1** Photographic images of the peeled and naturally-dried loofah (a), the  
616 obtained loofah activated carbon (LAC) (b), LAC-loaded agarose hydrogel (c) and  
617 aerogel (d), respectively. Photographic images showing the weight of the LAC-AA  
618 hydrogel (e) and the LAC-AA aerogel (f), respectively. (g) Photographic images  
619 showing the intact structures of the LAC-AA adsorbent after compressing and releasing.

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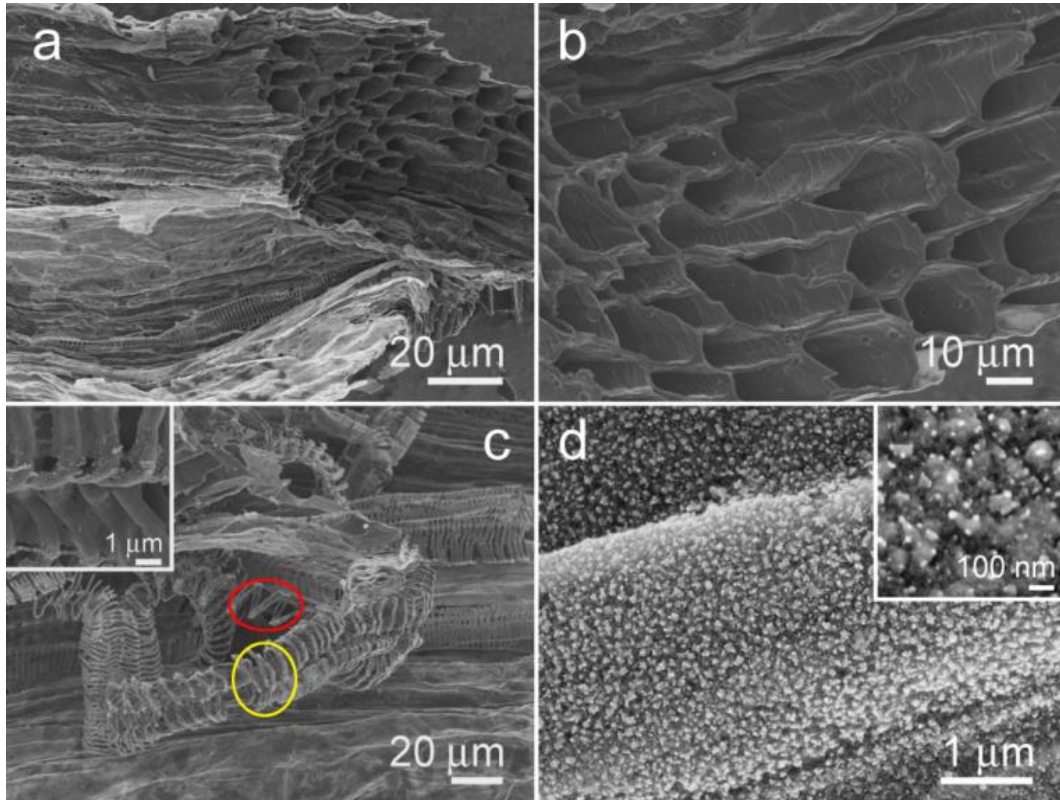
622 **Figure 2** XRD pattern (a), high resolution XPS spectra of the C 1s peaks (b), Raman  
 623 spectrum (c) and Nitrogen adsorption isotherm (d) of the as-prepared LAC.

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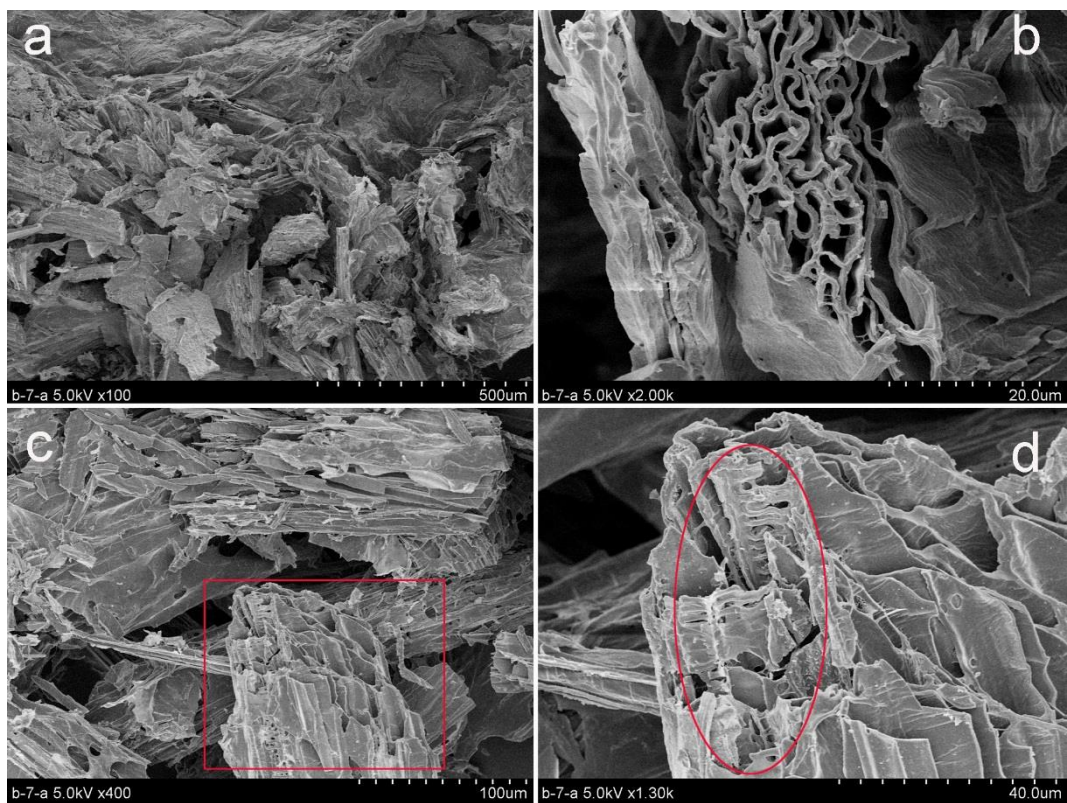
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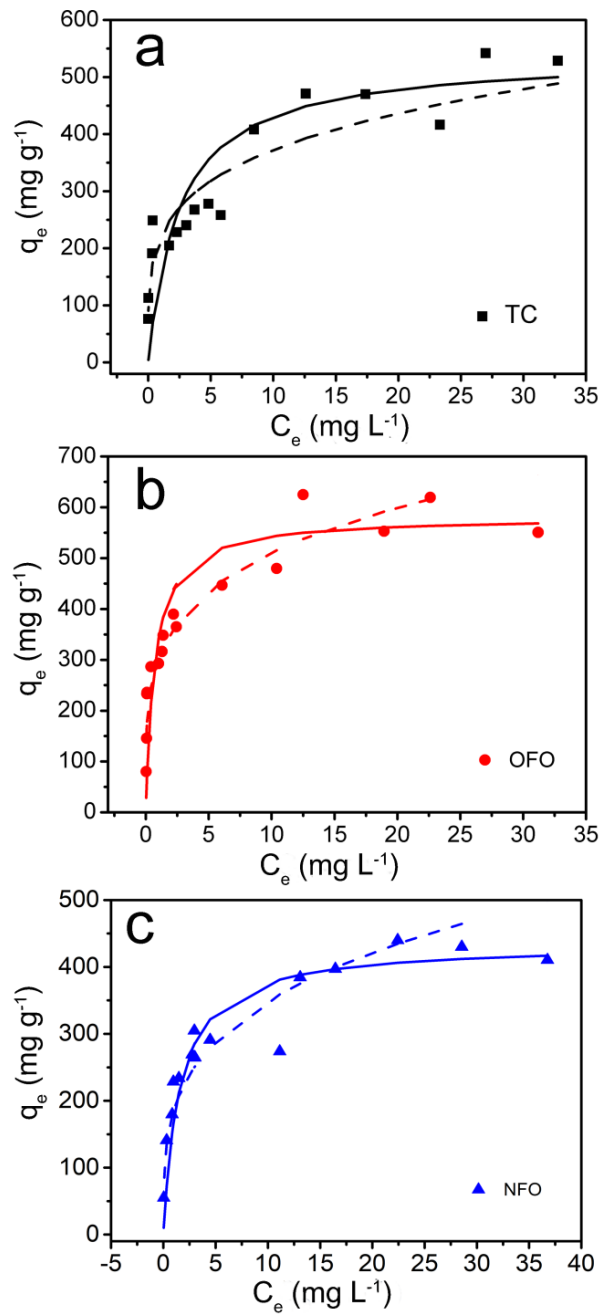
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629 **Figure 3** Microstructure characterization of LAC: low (a,c) and high (b,d) resolution  
630 SEM images of the LAC. The upper left inset of (c) is an enlarged SEM image of the  
631 helix structure. The upper right inset of (d) shows the surface protrusions of the LAC.



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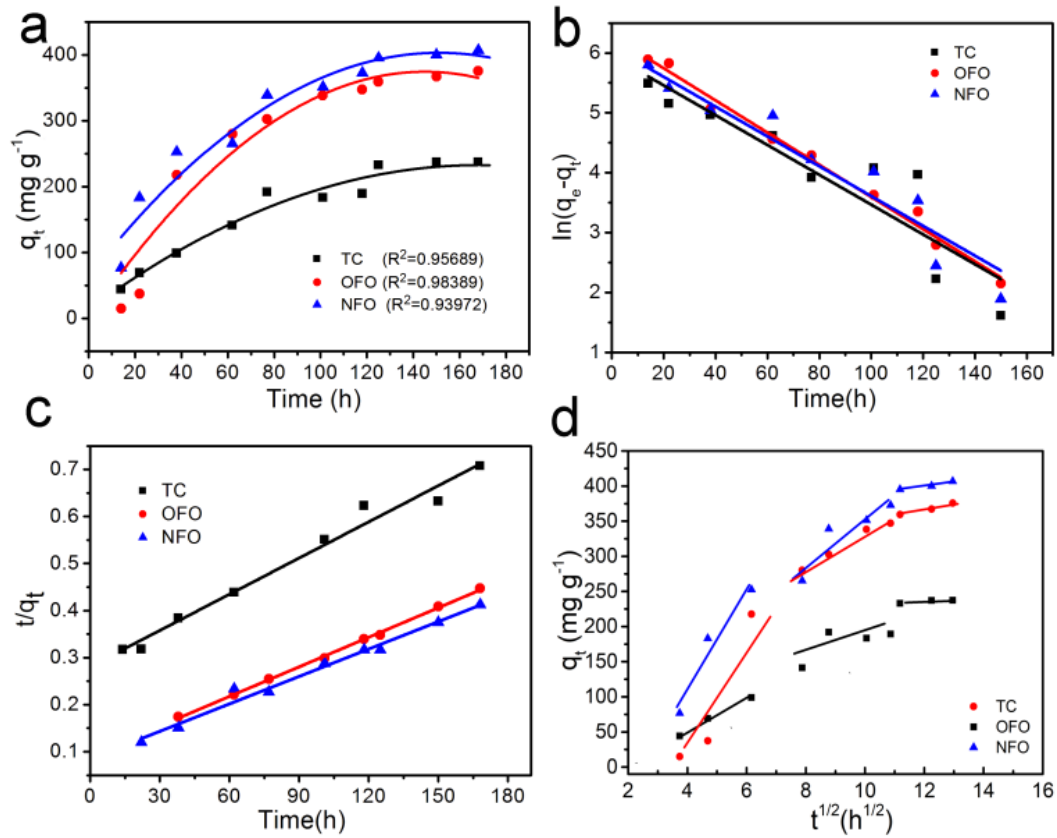
633 **Figure 4** (a-d) Low to high magnification SEM images of as-obtained LAC-AA  
634 material.



635

636 **Figure 5** The isotherms of adsorption of (1-40 ppm) TC (a), OFO (b) and NFO (c) by  
 637 the LAC-AA adsorbents, which are fitted by Langmuir (solid curves) and Freundlich  
 638 models (dashed curves), respectively.

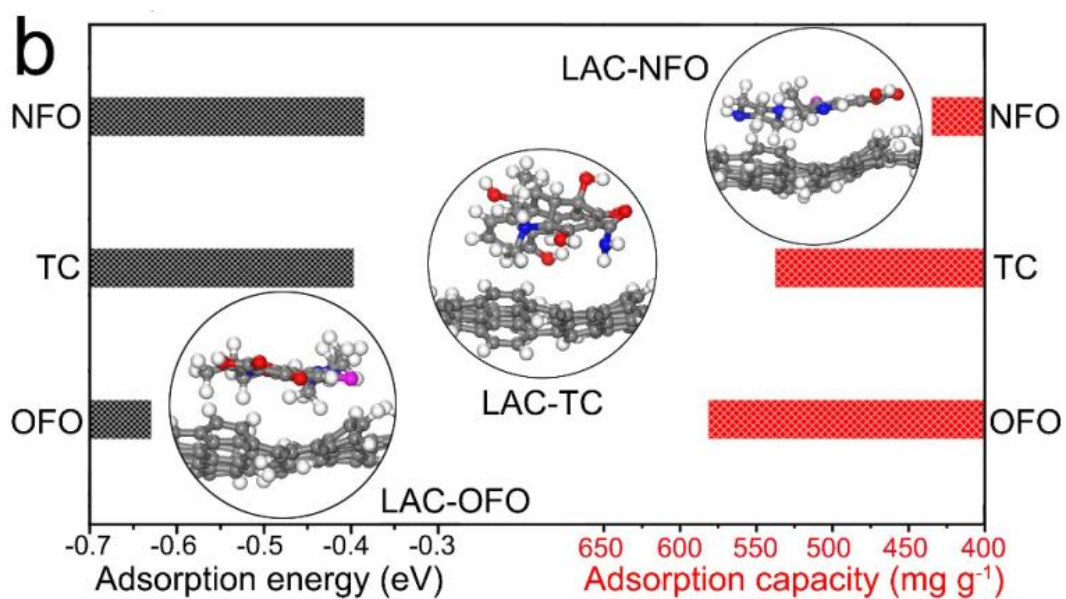
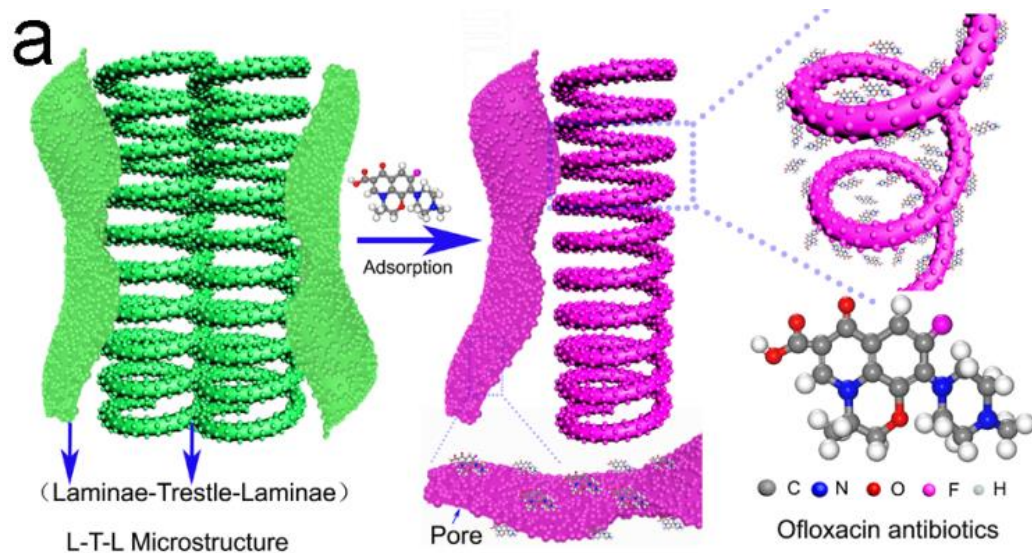
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641 **Figure 6** (a) The kinetics profiles of adsorption of antibiotics by the LAC-AA  
 642 adsorbents. (b) The pseudo-first-order model of OFO, TC, NFO. (c) The pseudo-  
 643 second-order model of OFO, TC, NFO. (d) The intra-particle-diffusion model of OFO,  
 644 TC, NFO.

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647 **Figure 7** (a) Schematic illustration of the adsorption process of LAC towards OFO. (b)

648 The atomic adsorption model for NFO, TC and OFO adsorbed on LAC and the

649 comparison of the corresponding adsorption energy (left axis) and capacity (right axis).

650 The gray, blue, red, pink and white balls represent carbon, nitrogen, oxygen, fluorine

651 and hydrogen atoms, respectively.

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654 **Tables:**

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656 **Table 1.** Langmuir and Freundlich regression data from the adsorption isotherms of  
657 NFO, TC and OFO by the LAC-AA adsorbents.

Isotherm models Pollutant	Langmuir			Freundlich		
	$K_L$ (L mg <sup>-1</sup> )	$q_m$ (mg g <sup>-1</sup> )	$R^2$	$k_f$	$n$	$R^2$
NFO	0.637	434.78	0.981	185.73	3.658	0.917
TC	0.403	537.63	0.956	220.18	4.374	0.891
OFO	1.398	581.40	0.990	300.49	4.343	0.858

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**Table 2.** The adsorption capacity comparison of the adsorbent materials

Adsorbents	Antibiotics	$q_m$ (mg g <sup>-1</sup> )	Ref.
Carbon nanotubes (CNTs)	TC	202.67	48
Magnetic microsphere	TC	166	49
Multilayered graphene-phase biochar	TC	388.33	50
Modified biochar derived from sawdust	TC	84.82	51
Human hair-derived porous carbon	TC	128.52	34
AC from beet pulp	TC	288.30	52
Waste textiles	TC	109.00	53
La-modified magnetic composite	TC	145.90	54
GAS composite microspheres	TC	247.52	30
Single-cell carbon microspheres	TC	23.73	55
Zn-AC	TC	282.06	56
Rice husk ash	TC	8.37	57
AC prepared from apricot shell	TC	308.33	58
Graphene-soy protein aerogel	TC	137.00	59
Macroporous polystyrene microsphere/graphene oxide composite	TC	197.90	60
LAC-AA adsorbents	TC	458.00	This work
Biomorphic nano-hydroxyapatite	OFO	29.15	61
Hydrogen titanate nanobelts	OFO	148.14	22
Nonporous SiO <sub>2</sub>	OFO	18.70	62
LAC-AA adsorbents	OFO	476.19	This work
Pretreated barley straw	NFO	349.00	63
Octahedral UIO-66-NH <sub>2</sub> nanomaterials	NFO	20.9	39
Hydrogen titanate nanobelts	NFO	111.73	22
LAC-AA adsorbents	NFO	450.45	This work

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**Table 3.** Dynamic correlation fitting data of OFO, TC and NFO

Model	Pseudo-first-order				Pseudo-second-order		
	$C_0$ (mg L <sup>-1</sup> )	$K_1$ (L min <sup>-1</sup> )	$q_{e,cal}$ (mg g <sup>-1</sup> )	R <sup>2</sup>	$K_2$ (g mg <sup>-1</sup> min <sup>-1</sup> )	$q_{e,cal}$ (mg g <sup>-1</sup> )	R <sup>2</sup>
OFO	8	0.027	535.44	0.988	$4.41 \times 10^{-6}$	476.19	0.998
TC	8	0.025	386.47	0.840	$2.27 \times 10^{-3}$	390.63	0.977
NFO	8	0.025	445.84	0.927	$3.76 \times 10^{-6}$	515.46	0.982

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669 **Table 4.** The values of  $\Delta G$  calculated by the LAC-AA adsorbing three antibiotics

Pollutant (40 mg L <sup>-1</sup> )	TC	OFO	NFO
$q_e$ (mg g <sup>-1</sup> )	528.35	568.36	402.78
$C_e$ (mg L <sup>-1</sup> )	32.76	31.19	36.75
$K_d$ (L g <sup>-1</sup> )	16.12	18.22	11.16
$\Delta G$ (kJ mol <sup>-1</sup> )	-6.88	-7.19	-5.97

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