A review of energy optimization modelling tools for the decarbonisation of wastewater treatment plants

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9 Abstract

Wastewater treatment plants strongly contribute to the Greenhouse Gas emissions of the water 10 industry and are responsible for the 3% of the global energy demand. This proportion of energy 11 is expected to double in the coming decade. It is therefore important to correctly investigate 12 the optimal use of energy in wastewater treatment facilities that can reduce their Greenhouse 13 Gas emissions. A review was developed on modelling tools that can be used for the analysis of 14 the water-energy nexus in wastewater facilities, from over 200 research articles collected from 15 16 different scientific resources published in the last 15 years. The aim was to analyse the state of art of existing tools to provide an aid for researchers and professionals to identify the most 17 suitable tool to investigate decarbonisation strategies for wastewater facilities. Studies were 18 grouped on the basis of the main intervention analysed: i) reduction of energy demand, 19 20 ii) energy production from wastewater and iii) integration of the available renewable sources on-site (e.g. PV, hydro). The work developed also provides an overview of the most applicable 21 22 decarbonisation strategies and their potential to reduce the CO₂ emissions of wastewater facilities. Results show that identifying the best tool strongly depends on the main aim of the 23 24 intervention. Existing tools, in fact, can help to analyse separately either technologies to reduce the energy demand or the integration of the most common renewable sources from both 25 wastewater (i.e. biogas and heat recover) and renewable sources exploitable on site. However, 26 the full decarbonisation of wastewater facilities can only happen by integrating different energy 27 savings and renewables solutions. There is, therefore, the need for a comprehensive energy-28 water optimization tool able to understand how key water parameters influence the energy 29 demand and to identify, on a single platform, the best energy saving solutions and the benefits 30 coming from integrating different renewable sources. Such platform could help in enhancing 31

the benefits of combined solutions, helping to maximise the reuse of the renewable energyproduced onsite and any opportunity of energy savings.

34 Keywords

Modelling tools, Wastewater treatment, Energy optimization, Energy recovery, Renewableenergy.

37 Highlights

- Wastewater treatment plants account for 56% greenhouse gas emissions of the water
 industry.
- An overview of potential energy decarbonisation strategies is presented.
- Analysis of energy optimisation tools for wastewater treatment plants is developed.
- 42 Modelling tools for assessing either the energy benchmarking or renewables are
 43 available
- Need to integrate energy benchmarking, resource recovery and renewables in a single
 platform.

46 Abbreviations

AA	Aerobic and Anoxic
AC	Alternative current
A ² O	Anoxic-Anaerobic-Oxic
AAS	Altering activated sludge process
AD	Anaerobic digester
A _T	Alkalinity
AFF	Artificial neural network
AFR	Average flow rate
A/O	Anaerobic/Oxic
ASPs	Activated sludge process
BNR	Biological nitrogen removal

BOD	Bio-chemical oxygen demand
СНР	Combined heat and power
CLEW	Climate, Land-use, Energy and Water
COD	Chemical oxygen demand
DC	Direct current
DO	Dissolved oxygen
DS	Dry solid content
DYNO	Dynamic optimization solver
EB	Energy benchmarking
EC	Electro-coagulation
ED	Energy demand
EED	Electrical energy demand
EO	Electro-oxidation
EOS	Energy Online System
ER	Energy recovery
EQ	Effluent quality
FL	Fuzzy logic
FOG	Fat, oil and grease
FR	Flow rate
GA	Genetic algorithm
GAMS	General Algebraic Modelling Software
GHGs	Greenhouse gases
HP	Heat pump
HRT	Hydraulic retention time

IRENA	International Renewable Agency
KPIs	Key performance indicators
LBE-INRA	Inra-Lbe Laboratorie De Biotechnologie De L'environnement
LIST	Luxembourgh Institute of Science and Technology
MBR	Membrane bioreactor
MC	Moisture content
mgd/MGD	Million gallons per day
MFC	Microbial fuel cell
MHP	Micro-hydropower
MLE	Modified Ludzack-Ettinger
MR	Maximizing revenue
MTC	Minimization of total cost of the system
MuSIASEM	Multi-scale Integrated Analysis of Societal and Ecosystem Metabolism
NexSym	Nexus Simulation System
Ν	Nitrogen
N ₂ O	Nitrous oxide
NH ₃	Ammonia concentration
NH ₃ -N	Ammonical nitrogen content
NO ₂ -	Nitrite concentration
NO ₃ -	Nitrate concentration
NPV	Net present value
NR	Nutrient recovery
OL	Organic load
PE	People equivalent

PNS	Process Network Synthesis
PRIMA	Platform for Regional Integrated Modelling and Analysis
PV	Photovoltaic
R ₁	Reduce
R ₂	Recover
R ₃	Renewables
RE	Renewable energy
RF	Rainfall/precipitation
SCMFC	Single cell microbial fuel cell
SHC	Specific heat capacity
SHP	Small hydropower
SMBR	Single membrane bioreactor
SMC	Sludge moisture content
SPSS	Statistical Package for Social Sciences
SRR	Sludge recycling rate
SRT	Solid retention time
SS	Suspended solids
SS-AD	Solid state anaerobic digester
SSTP	Sewage sludge treatment process
SWW	Solid waste and wastewater management system
TED	Thermal energy demand
TF	Trickling filter
TIAM-FR	TIMES Integrated Assessment Model
TIMES	The Integrated MARKAL-EFOM System

TN	Total nitrogen
TOC	Total organic carbon
TP	Total phosphorous
TS	Total solids
TSS	Total suspended solids
UAMFC	Up-flow anaerobic microbial fuel cell
UASB	Up-flow anaerobic sludge blanket
USEPA	United States Environmental Protection Agency
UV	Ultraviolet
VFA	Volatile fatty acids
VS	Volatile solids
VSS	Volatile suspended solids
W	Watt
WC	Water content
WEF	Water-Energy-Food
WEFO	Water-Energy-Food Security Nexus Optimization
WR	Water resources
WRRF	Water Resource Recovery Facilities
WW	Wastewater
WSHP	Water source heat pump
WWSHP	Wastewater source heat pump
WWT	Wastewater treatment
WWTPs	Wastewater treatment plants
Y	Year

47 Symbols

%	Percentage
Н	Efficiency
\checkmark	Applicable
Х	Not applicable

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49 **1. Introduction**

Wastewater treatment plants (WWTPs) account for about 56% of the greenhouse gas (GHG) 50 emissions among the water industry (Ainger et al., 2009). Concentration of the GHGs above 51 the permissible limit in the environment can lead to global warming, formation of smog and 52 haze, acid rains, acidification of oceans and photochemical oxidation (USEPA, 2013). 53 54 Numerous onsite processes like degradation of biosolids by aerobic treatment process, dewatering and degradation of sludge are the direct contributors of GHGs into the environment 55 56 (Sweetapple et al., 2013). However, direct GHG emissions from WWTPs are not accounted under the carbon footprint calculations due to their biogenic origin (Griffiths-Sattenspiel and 57 58 Wilson, 2009). The present paper will focus on indirect GHG emissions coming from the energy consumption (mainly electricity) of WWTPs, which is recognised as the major source 59 60 of their GHG emissions (Hao et al., 2015). Globally, about 3-5% of the electricity is used by 61 WWTPs (McCarty et al., 2011). Considering the 2019 electricity global demand and a CO₂ 62 emission factor for electricity of 475 gCO₂/kWh (EPA, 2019), it means 350 million ton of CO₂ per year, that it is almost the CO₂ emission of the entire UK. The 20% of this value comes from 63 the energy used for fully treated wastewater (WW) and the 80% from partially treated WW. 64 Today over 80% of the WW produced is directly discharged into the environment without 65 proper treatment (UNESCO, 2017), creating major problem on the environment and people 66 health. The problem will need to be addressed and as a result, energy analysts expect that the 67 energy demand for WW treatment plants will double by 2050 (World Energy Outlook, 2019). 68

Looking at existing review papers on the use of energy in wastewater facilities (water-energy nexus), authors have either discussed and reviewed energy benchmarking data (Longo et al., 2016) to provide target parameters to understand how energy is used in the facility or have discussed and compare different decarbonisation strategies. For examples, Gu et al. (2017)

have looked in details at energy recovery technologies like anaerobic digesters (AD), microbial 73 fuel cells (MFC), algal biofuels and heat pumps. Larsen (2015) has discussed the opportunities 74 coming from thermal energy recovery from household and sewer WW, and the optimization of 75 aerobic treatment process and nutrient recovery. Bastone and Virdis (2014) reviewed the 76 economic feasibility of low energy intensive nutrient recovery processes, like annamox and 77 78 chemical precipitation and energy recovery process, like AD. Gude (2015) reviewed different 79 energy recovery technologies such as chemical (AD, MFC, algal biofuels and microbial 80 desalination cell), thermal (heat pump) and hydraulic (hydropower) to understand how to 81 transform energy intensive WWTPs into energy positive facilities. Mo and Zhang (2013) reviewed the water reuse opportunities and nutrient recovery technologies to reduce the energy 82 consumption and management cost of wastewater facilities. Venkatesh et al (2014) examined 83 the key factors influencing the carbon emissions of the water industry (including collection and 84 treatment of WW) by analysing four case studies belonging to four different cities. 85

The analysis of existing studies shows that researchers have analysed and reviewed either a single or a combination of decarbonisation strategies, but none of them have looked at the modelling tools that can be used for the analysis. The present paper fills the gap with the aim to guide researchers and professionals to identify the best tools to assess the optimal use of energy in WW facilities. Furthermore, the study of the tools used in literature has provided the opportunity to critical analyse the most common decarbonisation strategies and compare their potential to reduce the CO_2 emissions.

93 Selection of resources and screening of the data for developing this review is detailed in Section 94 2. Section 3, 4 and 5 give an overview of the modelling tools and low carbon strategies aimed 95 at, respectively, reducing the energy demand, recover energy from wastewater and integrate 96 renewable sources onsite. Section 6 compares the different models and show the potential to 97 reduce the CO₂ emissions from different decarbonisation strategies. Finally, section 7 provides 98 the conclusive remarks.

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2. Methodological approach

Methodological workflow adopted in developing this review is given in Figure 2. In order to review the modelling tools and strategies to reduce the energy demand for WWTP decarbonisation, resources were rigorously searched from Scopus. The terminology used in finding the relevant resources are 'water energy nexus', 'wastewater energy consumption',

'low carbon wastewater treatment', 'wastewater energy optimization', 'energy from 104 wastewater', 'renewables for wastewater' and 'sustainable wastewater treatment. Other 105 resources like Government and Environmental Agency reports, technical guides and reports 106 on/by WWTPs were also collected for understanding how energy is used in different processes. 107 Overall, 220 resources were gathered for this study. Further to this, looking at the selected 108 literature we have identified the modelling tools used for the analysis. The result is 43 resources 109 that will be discussed in the following sections. Based on the main aim of the decarbonisation 110 strategy analysed we have grouped the studies into three categories i.e., Reduce, Recover and 111 112 Renewables (3R's) (Figure 1).



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Figure 1: Categories used to group the studies analysed.

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The category "Reduce (R_1) " looks at tools to reduce the energy demand of processes and devices, such as replacing pumps and air blowers. Although being waste, WW is a source of energy estimated to be 9-10 higher than the energy used for WW treatments (Shizas and Bagley, 2004). Modelling aimed at optimising the energy recovery potential and the respective technologies are categorised as "Recover (R_2) ". WWTPs have also a good opportunity of generating their own energy by exploiting local available renewable energy resources like solar, hydro and wind. Such tools are categorised as "Renewables (R_3) ".

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125 Figure 2: Methodological approach adopted

3. An overview of wastewater treatment and its energy consumption

The main purpose of WWTPs is to protect the public health and the environment and, when possible, reduce the water scarcity through the water reuse (Massoud, Taehini and Nasr, 2008).
Treatment of WW occurs in 5 stages at WWTPs such as preliminary, primary, secondary, tertiary and sludge treatment. An overview of the WW treatment stages and its energy demand (kWh/m³) is given in Figure 3.



133 *Figure 3:* Wastewater treatment stages and its energy demand (ED)(Longo et al., 2016)

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135 WW collected from the source primarily undergoes preliminary treatment, where WW is screened for the removal of the coarse and floatable solids like paper, plastics, rags, rubber, 136 137 metals, fruit and vegetable waste. Following this, WW is transferred to grit removal chamber for the removal of gravel, sand and cinder to avoid any clogging in the pipelines and pumps 138 139 (EPA Fact Sheet, 2013). Energy demand of the preliminary treatment ranges between 0.009- 0.018 kWh/m^3 , which represents 2-8% of the total energy demand of the WW treatment process 140 (Longo et al., 2016). Effluent from the preliminary treatment is then transferred to the primary 141 clarifier/sedimentation tank, where suspended solids are separated by gravity in a circular tank 142 with a mechanical scrapper for the removal of scum. Solids settled in this process are called 143 primary sludge, which are collected in the hopper and sent for further treatment. About 50-70% 144 of total suspended solids (TSS) and 25-40% of the biochemical oxygen demand (BOD) are 145 removed by this process. Efficiency of this process can further be increased by addition of the 146 coagulants prior to the sedimentation process (Metcalf and Eddy, 2014). This stage of WW 147 treatment demands for 2-3% of the energy demand of the treatment (Longo et al., 2016). 148 Following this, a secondary/biological WW treatment is applied for the removal of dissolved 149 150 organic solids. Where, the aerobic or anaerobic bacteria degrades dissolved organic solids in WW. Aerobic WW treatment processes include activated sludge process, high-rated oxidation 151 152 pond, oxidation ditch, carrousel, tapered aeration, step-aeration, contact stabilization, aeration

pond, rotating biological contactors and trickling filters. Of these, activated sludge, trickling 153 filters and aeration ponds are the most commonly used processes. The most used anaerobic 154 treatment processes include up-flow anaerobic sludge blanket (UASB) and fluidized bed 155 bioreactor (Boari, Mancini and Trulli, 1997). Membrane bioreactor is an efficient biological 156 treatment process that can be operated in aerobic and anaerobic conditions (Yeh and Perito, 157 2011). Biological techniques such as anaerobic-oxic (A/O), anaerobic-anoxic-oxic (A^2O), 158 Bardenpho, Ludzack-Ettinger and modified Ludzack-Ettinger (MLE) are few of the biological 159 nutrient removal techniques followed by the WWTPs (ENERWATER, 2018). Effluent from 160 161 the secondary treatment is then transferred to the secondary clarifier/sedimentation tank, where microbes settled are partially recirculated to the biological treatment tank and rest is removed 162 as secondary sludge (Nathanson and Ambulkar, 2019). Biological WW treatment with 163 secondary clarification process forms third stage of the WW treatment. The efficiency of this 164 stage ranges within 0.15-0.77 kWh/m³ based on the applied treatment technique (Longo et al., 165 2016). Effluent from secondary clarifier is then transferred to the tertiary treatment tank for 166 the nutrient removal and disinfection. Chemical precipitation, adsorption, chemical oxidation, 167 168 phostrip (Boari, Mancini and Trulli, 1997) and filtration are some of the physio-chemical nutrient techniques. Chlorination and UV disinfection techniques are the most used disinfection 169 process. Ozonation is also a disinfection technique followed by some WWTPs (Longo et al., 170 2016). The type of the tertiary treatment applied varies with the level of nutrients and pathogen 171 in the secondary effluent and the regulations of the respective geographic location. The energy 172 demand of the tertiary treatment processes accounts for about 8-13% (Longo et al., 2016). 173 Finally, the sludge generated during different stages of WW treatment is collectively treated 174 i.e., stabilized (aerobic or anaerobic), dewatered (mechanical or thermal) and disposed (land or 175 water) (Hall, 1999) at an energy demand of 0.012-0.27 kWh/m³ (Longo et al., 2016). 176

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4. Energy reduction tools and strategies (R₁)

The energy demand of WWTPs varies from one plant to the other. Energy demand of the WWTP with nutrient recovery facility ranges between 0.5-2.0 kWh/m³, whereas for plants without nutrient removal facilities is lower than 0.5 kWh/m³ (Gude, 2015). From the energy data represented in Figure 4 (gathered from different literature), medium to large scale WWTPs are more likely to have nutrient recovery facilities. It is also shown that the energy demand of WWTPs increases with the increase in the level of the WW treatment (i.e., number of WW treatment stages). It is also evident from Figure 4 that the energy intensity per cubic meter of 185 WW treated decreases with increase in the size of the WWTP, mainly due to the effects of186 economies of scale (PIER/EPRI, 2002).



Figure 4: Average energy consumption of the WWTPs based on plants capacity and level of
 treatment (Longo et al., 2016)

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One of the initial steps in assessing the energy demand of WWTPs and its carbon emissions is 190 191 by energy auditing. Energy auditing helps in identifying the significant energy consumers (processes and equipment) of the WWTPs (Daw et al., 2012). According to some studies in 192 193 literature, old or aging equipment is reported as inefficient, cost and energy intensive. Regular evaluation of equipment (electro-mechanic devices) condition, performance and lifespan helps 194 195 in the repair and replacement. Preventative maintenance practices are the most suggestive evaluation measures for an appropriate maintenance of the equipment (Hernández-Chover et 196 197 al., 2020). Around 5% of the energy can be saved by regular maintenance of the electro-198 mechanic devices and repair and replacement of the inefficient systems.

The modelling tools belonging to the R1 category can be classified as: i) energy auditing and benchmarking tools, ii) energy management tools, aimed at improving the energy efficiency of specific process/equipment and iii) decision support tools. Some tools are specific for the facility for which they have been developed while others can be more widely applied.

The European project "ENERWATER" developed one of the most comprehensive energy benchmarking model. Energy benchmarking can be seen as the first step to understand how energy is used in the WWTPs. However, energy benchmarking of WWTPs is a difficult task,

as there is no standard key performance indicator (KPI) to analyse the energy demand of 206 different wastewater facilities, furthermore since the energy demand is strongly influenced by 207 the characteristics of the wastewater treated and the process used, the challenge is to identify 208 common benchmarking values. "ENERWATER" attempted to address such challenges by 209 developing an MS-Excel tool that analyses the energy consumption of the WWTPs based on 210 the size of the plant, flowrate and quality of the influent WW and type of the WW treatment 211 techniques applied. According to this study, kWh per People Equivalent (PE) per year 212 (kWh/PE*y) and kWh of Chemical Oxygen Demand (COD) removed (kWh/kg COD) are the 213 214 most reliable water-energy indexes over kWh per cubic meter of treated WW (kWh/m³). The energy benchmarking in this study was developed using different KPIs based on pollutant load 215 such as COD, total nitrogen, total phosphorus and total suspended solids aligning with the 216 purpose of treatment stages. Average influent flow rate and characteristics, equipment 217 inventory with nominal power load and number of working hours are the major inputs of this 218 219 tool. The output is the energy breakdown of the treatment processes and equipment. This tool is freely available for any manager of a WWTP who may get guidance on how to improve the 220 energy on site (Longo et al., 2019). Similarly, Sabia et al (2020) developed an energy 221 benchmark model to evaluate WWTP energy performance. 222

"Energy Online System (EOS)" is an example of energy auditing and benchmarking tool that 223 can be used by researchers, local and regional water facilities. The methodology was developed 224 by Torregrossa et al (2018) at Luxembourg Institute of Science and Technology (LIST). The 225 tool provides a daily benchmark analysis under limited database conditions. Different from 226 ENERWATER the tool is completely dependent on the data received from sensors installed at 227 the WW facility. The data recorded by sensors is collected, analysed and the outputs are 228 represented as daily Key Performance Indicators (KPIs). Information gathered can be used to 229 230 optimize the pumps, blowers and the anaerobic digesters for the sludge treatment. Support vector regression, Fuzzy logic (FL), Artificial neural network (ANN) and Random forest (RF) 231 232 are the optimization techniques (machine learning methods) applied for the development of this tool. Similarly, Ramli and Hamid (2019) developed a prediction model to optimize the 233 WWTP equipment and machines using machine learning method ANN. The main purpose of 234 this study was to minimize the energy demand of the WWTP by predicting the energy demand 235 one month in advanced. The final goal was to make wastewater treatment plants affordable for 236 underdeveloped regions. WWTP in Peninsular Malaysia configured with aerated lagoons and 237

Conventional Activated Sludge (CAS) was considered for this study. Energy savings of 2.23%
were predicted by this model.

Looking at energy auditing tools developed for specific wastewater facilities, Long and Cudney 240 (2012) developed a multilinear regression model to analyse the key operating parameters 241 influencing the energy consumption of Rolla Missouri Southeast WWTP and to identify the 242 most energy demanding processes. The energy was accounted on the basis of an average 243 influent flowrate and pollutant load (Biological Oxygen Demand, BOD, and suspended solids). 244 245 Based on the treatment and building efficiencies, an energy rating of the plant was developed. The highest energy demanding equipment identified was the blowers in oxidation ditch, pumps 246 247 in trickling filter, and clarifier. This study also highlighted a high GHG emissions from old equipment used at the plant and suggested an upgrade of such technologies. 248

249 Another example of management tool was developed by Holanda et al. (2007). The aim of this 250 study was to improve the activated sludge process for an efficient removal of pollutants especially nitrogen, reduce the energy consumption and the sludge generation. The modelling 251 tool is aimed at optimally manage the Altering Activated Sludge (AAS) process. In the work 252 aerobic and anoxic (AA) treatment was initiated in a single tank to optimize energy 253 consumption and reduce sludge generation. Genetic algorithm (GA) is the optimization 254 technique followed to develop this biological nitrogen removal (BNR) model. Maximum 255 pollutant removal efficiency of the process was evaluated by the effluent quality (EQ) index. 256 According to this study, the influent quality plays a vital role in the selection of the aeration 257 time, number of cycles and energy consumption of the process. It also states that the efficiency 258 of the treatment increases by increasing the number of aeration cycles (up to 26 cycles) and 259 260 decreases with the increase in aeration time of each cycle (i.e., above 20 minutes). Application of this model and process is suggested to reduce the pollutant load and energy consumption by 261 262 about 10% to the conventional process. Alongside its benefit, this model has low computational intensity, which can be minimized by the identification of the initial pollutant load of the WW 263 264 and appropriate selection of optimization parameters (Holanda et al., 2007).

A mathematical model was developed by Novak and Horvat (2012) for improving the treatment and energy efficiency of the aerobic WW treatment process. This model involves optimizing the oxygen electrode type (oxygen diffusion layers around the cathode) and position (within bioreactor and in outlet shaft) in an aerobic bioreactor. The biological process modelling was based on the ASM-3_2N model i.e., a modified activated sludge model number 3 with two-

step nitrification-denitrification process. Optimization of this model was based on cost module 270 i.e., the total functional cost of the WWT that varies with the volume of the bioreactor. It is a 271 MATLAB launch code for activated sludge model with three benchmark input files (third 272 modified version of original model) developed by researchers at the University of Florence. 273 According to this study, the electrode with (1) an outer membrane layer and (2) electrolytic gel 274 275 between membrane layer and cathode are highly efficient for the treatment of WW due to its reaction mechanism. It also states that the increased number of oxic/anoxic cycles with low 276 277 cycling time for oxygen electrode placed within bioreactor is more efficient over the oxygen 278 electrode placed in an outlet shaft. The WW parameters such as Dissolved Oxygen (DO), COD, BOD for 5 days (BOD₅), Suspended solids, nitrates, nitrites and ammonia were analysed to 279 assess the efficiency of the treatment process. 280

281 Machine Learning Techniques represent the most innovative approach to reduce the energy demand of the WWTPs, which was discussed earlier in this section for WW treatment 282 283 equipment's energy optimization. Similarly, other researchers like Cao and Yang (2020) developed a model using Online Sequential Extreme Learning Machine (OS-LEM). OS-LEM 284 is a modified neural network. This model is based on Benchmark Simulation Model No.1 285 286 (BSM1), which consists of two anoxic and three anaerobic zones that are designed from Activated sludge model no.1 (ASM1). The main purpose of this model is to improve the supply 287 of dissolved oxygen (DO) to the treatment zones considering various factors such as influent 288 and effluent WW quality and weather. Around 40% of the energy savings is suggested by 289 290 controlled DO supply to the aerobic/anoxic treatment tanks (Cao and Yang, 2020).

291 Molinos-Senante et al (2015) assessed (by modelling) the CO₂ shadow price that represents the 292 economic value of the externalities linked to the energy consumed by WWTPs. The model uses directional distance functions. Directional distance function is a generalised form of 293 294 Shephard's output distance function that allows elaboration of the desired output and curtails the undesired ones. General Algebraic Modelling Software (GAMS) in combination with 295 296 CPLEX solver was used in addressing the problem (linear) and estimating the directional 297 distance functional parameters. The study involves 25 WWTPs in Spain with capacity ranging 298 between 0.5-1.5M m³/year. Energy, staff and other costs are the main inputs of this analysis to return the desired outputs like volume of the treated WW and the quantity of the WW pollutants 299 300 removed (like COD, suspended solids, nitrogen and phosphorus). According to this study, the CO₂ shadow price of WWTPs ranges between 5 to 35% the price of the treated water. The 301 study also states that large WWTPs and plants with the tertiary treatment process are more 302

likely to have high CO₂ shadow price. Sewage sludge treatment was also suggested as the most
influential factor affecting the value of CO₂ shadow pricing and concluded that anaerobic
treatment is the better option over other techniques due to its energy recovery potential.

Another example of decision support tool is TIAM-FR developed by researchers at the MINES 306 Paris Tech Centre for Applied Mathematics. The model aimed at optimising the future energy 307 demand of the water sector in region under severe water scarcity like Middle East countries 308 309 (Arabian Peninsula, Caucasus, Iran and other regions near East) (Dubreuil et al., 2013). The 310 TIAM-FR is a TIMES integrated water allocation assessment model that was developed based on resulted efficiencies of the three simulation studies (1) only water, (2) only energy module 311 312 and (3) combination of water and energy module. Optimization of the developed simulation model was based on the total discounted cost of the energy system, which includes investment 313 314 cost, fixed cost, variable costs of the processes and commodities, taxes and subsidies, elastic demand adjustment cost and salvage. Water allocation technologies, water reuse (non-315 316 conventional) and efficient irrigation technologies were analysed under the water module of the model. Whereas, energy demand for water abstraction, treatment and supply to the end-317 users such as rainfed agriculture, irrigation, municipal and industrial sectors was considered 318 319 under the energy module. The time frame considered for this study is from 2005 to 2050 with a time series of 10 years. The energy intensity of the water use, such as technical strategies and 320 available water management options were suggested as the best analysers of the Water-Energy 321 nexus tool (which also includes WW) (Dubreuil et al., 2013). 322

Padrón-Páez et al (2020) conducted a case study on municipal WWTPs in Mexico to guide 323 policy makers in designing new polices for future (new) plants. Different optimization methods 324 325 like Mixed-integer non-linear programming (MINLP), Lexicographic and ε constraint methods were used in the analysing various factors influencing the cost and energy demand of the 326 327 treatment plants. Finally, the results obtained from different techniques were compared using Technique for order of preference by similarity to ideal solution (TOPSIS) method for the best 328 329 solution. According to this, the energy and total cost of the plant can be reduced by 20% and 330 93% respectively by appropriate selection of treatment techniques and optimization of flowrate 331 and pollutant load for treatment.

Table 1 gives an overview of the different modelling studies on wastewater treatment energyoptimization discussed earlier in this section.

334 Table 1. Overview of Wastewater treatment energy optimization

Reference	Wastewater treatment process considered	Model goal	Energy reduction/savings achievable	Study location			
Longo et al., 2019	Entire WW facility	Energy benchmarking	-	-			
Long and Cudney, 2012	Not Specified	Minimise the consumption of pumps, motors and other electro- mechanic devices	10-20%	Rolla, Missouri Southeast WWTP, USA			
Torregrossa et al., 2018	Aerobic treatment and anaerobic sludge digestion	Minimise the consumption of pumps, blowers and AD	50-80%	Europe			
Ramli and Hamid, 2019	Aerated lagoons and CAS	Minimizing the energy consumption of pumps and blowers	2.23%	WWTP in Peninsular Malaysia			
Fikar et al., 2005	Activated sludge process	Minimise the energy demand of the activated sludge process	20-30%	Small scale WWTP in France			
Holanda et al., 2007	Altering activated sludge/Biological nutrient removal	Minimise the number and time of aeration cycles	10%	-			
Novak and Horvet 2012	Activated sludge	Minimise the	20-25%	WWTP in Croatia			
Molinos-Senante et al., 2015	Entire WW facility	Minimise the CO2 shadow prices linked to the energy used by 25 WWTPs	Up to 50%	-			
Dubreuil et al., 2013	Not specified	Minimise the forecasted energy demand of the water sector (considering WW facilties)	5-30%	Middle East countries			
Cao and Yang, 2020	CaoandYang,Anoxic and aerobic2020reatment (ASM1)		Controlled DO Up to 40% supply through cost				
Padrón-Páez et al., 2020	Not specified	Minimizing the total cost and energy consumption of the WWTPs for designing sustainable WWTPs	Up to 20.2%	Municipal WWTP in Mexico			

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The studies developed so far show that the energy demand of WWTPs depend on several factors: the influent flowrate and pollution load, size of the WWTP, type of the treatment technologies employed and level of the WW treatment applied. COD, suspended solids, nitrogen and phosphorus are the most commonly considered load parameter that influence the

energy consumption of the plant and the treatment efficiency. Regular evaluation of the influent 340 and effluent operational parameters, that are highly influenced by seasonal variations, time of 341 the day and other characteristics help in controlling the operations of the plant (Daw et al., 342 2012). Pumps used at the WWTPs are reported as the most energy consuming equipment in 343 the literature, whose optimization can save 5-30% of the total energy demand (Panepinto et al., 344 345 2016). Timely identification of infiltration breaks and leaks in the pipes enables its possible repair or replacement along with energy and financial saving. Coming to the treatment 346 processes, the aerobic treatment is the most widely used secondary treatment at high energy 347 348 input. There is a good scope of energy saving in this process, estimated at about 20-50% (Georges et al., 2009) by installation of automatic control system for aeration and installation 349 of energy efficient aerating devices. Installation of the automatic system for monitoring the 350 equipment, treatment processes and influent and effluent quality can further improve the energy 351 efficiency of the WWTP and increases flexibility in supervision of the plant. Further, 352 replacement of the aerobic treatment (where possible) with anaerobic reduces the CO₂ 353 emissions up to 60% (Keller and Hartley, 2003). Next to the aerobic treatment, WWTPs with 354 355 tertiary treatment and sludge treatment are also suggested to increase the energy demand of the plant, which are purely based on the treatment techniques employed by the plant. Smart 356 357 selection of the technology for sludge treatment can help the WWTPs to reduce the energy demand and, as we will discuss in the following section, to produce energy. 358

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5. Energy recovery tools and technologies (R₂)

360 Although the current study focuses on energy optimization of the WWTPs, effluent quality is of primary significance to avoid any negative impacts on our health and environment. In some 361 362 cases, the most efficient WW treatment remains a high energy intensive process even after energy optimization. Such WWTPs still have a room of opportunity for reducing its 363 364 dependency on grid electricity by energy recovery from WW or, as discussed in section 5 by integrating local available renewable sources. Wastewater is a good carrier of energy and 365 nutrients (van Loosdrecht et al., 2014) and defined by some researchers as "Water Resource 366 Recovery Facilities (WRRF)" (Bala, 1997). The economic value of the resources such as water, 367 nutrients (Nitrogen, Phosphorus and Potassium), energy (biogas) and biofertilizer (treated 368 nutrient rich sludge) recovered from the WW is \$0.47/unit WW (Verstracte et al., 2009). As 369 mentioned above, WW contains an organic energy of about 9-10 times greater than the energy 370 371 used for its treatment (Shizas and Bagley, 2004) and 3 times more thermal energy (Dürrenmatt

and Wanner, 2014). The major source of organic energy at WWTPs is the sludge generated by 372 the WW treatment. Sludge is a heterogeneous mixture of undigested and partially digested 373 organic matter, fat, oil and grease (FOG), micro-organisms, inorganic material and moisture 374 (water) (Tyagi and Lo, 2013). Landfill, agriculture use, ocean disposal and incineration have 375 been the commonly used sludge management techniques for many years. Few of these 376 377 techniques are banned in some regions and few others are limited in application due to their adverse effects on the environment, marine ecosystem, ground water resources and in turn on 378 379 human health (Frišták et al., 2018). The anaerobic sludge treatment can serve as an economical 380 and ecologically efficient process due to biogas production (World Energy Outlook 2019). Anaerobic digestion (AD) is a well-known technology that is highly efficient in extracting the 381 organic energy from sludge (Hao et al., 2015). Anaerobic digestion is a degradation of the 382 organic matter by diverse micro-organisms in the absence of oxygen to produce biogas. There 383 are four stages in the AD process: (i) hydrolysis- breakdown of carbohydrates, proteins and 384 lipids to simpler molecules i.e., sugars, amino acids and long chain fatty acids, (ii) 385 acidogenesis- production of acids (acetic, propionic and butyric acids) and alcohols (ethanol 386 387 and lactate) from simple molecules formed in hydrolysis, (iii) acetogenesis- conversion of acids and alcohols formed in acidogenesis to acetate, hydrogen and carbon dioxide and (iv) 388 389 methanogenesis- production of biogas (CH4, CO2, H2 and other gases) and nutrient rich digestate (Meegoda et al., 2018). According to the IPCC (2007), carbon emissions from the 390 391 combustion of the biogas are considered as short-cycle and are not accounted under the GHG emissions from the wastewater treatment facilities. Although, anaerobic digestion (AD) 392 393 increases the rate of sludge production, its CO₂ emissions are five times less than the other sludge treatment processes (especially aerobic) (Mayhew and Stephenson, 1997). Utilizing the 394 digestate from anaerobic digester as a biofertilizer reduces -7.04×10^{-2} kg CO₂ of global 395 warming caused due to the chemical fertilizer manufacturing (Pasqualino et al., 2009). 396

The models belonging to R₂ group are aimed at assessing and maximising the energy production from wastewater. Majority of models have been developed for the biogas production from sludge, being the main source of energy production from wastewater. Additional models have looked at the recovery of thermal energy and hydrogen production from wastewater.

402 Considering the energy and environmental benefits of sludge, two municipal WWTPs in 403 Austria have successfully proved to be energy positive by efficient utilization of energy 404 recovered from sludge. One of these plants are Wolfgangsee-Ischl WWTP in Austria. The

positive energy balance of this WWTPs was reported due to the long life of the plant (in 405 operation since mid-1980s) along with optimized mechanical devices and aeration process at 406 the plant. Further to this, this plant generated 7% surplus electricity from biogas generated from 407 anaerobic digestion sludge. Whereas the other municipal WWTPs "Strass" was reported with 408 an average surplus electricity generation of 6.3% from sludge anaerobic digestion during 2005-409 410 2007. This value was further increased to 80% by co-digestion of sludge with kitchen waste in 2008. Most of the WWTP anaerobic digesters are designed oversize, whose extra space can be 411 efficiently utilized by co-digestion with other organic wastes like kitchen waste, restaurant 412 413 waste, animal waste etc. This not only helps in improving the quantity of biogas produced but also the quality i.e., increases methane concentration in biogas. The produced biogas can 414 efficiently be utilized at the site for energy generation or can be supplied to grid or 415 neighbourhood to reduces its wastage and emission into the environment (World Energy 416 Outlook 2019). The digestate generated from the two Austrian WWTPs was dewatered and 417 used in land application (as fertilizer). Despite the surplus energy generation, these two 418 WWTPs rely on the grid electricity for their peak electricity supply (Nowak et al., 2015). 419

Another group of researchers Puchongkawarin et al (2015) developed a methodology for 420 421 resource recovery and energy generation from WW by superstructure modelling. The optimization of the model is based on maximizing the net present value (NPV) of the system, 422 for which the cost data was derived from CAPDETWORKSTM costing software. A WW 423 simulator, GAP-XTM was used to predict the efficiency of different treatment integrations. To 424 425 demonstrate the efficiency of this model, a case study was conducted on wine distillery WW. The superstructure model of the case study involved two biological treatment units i.e., up-426 flow anaerobic sludge blanket reactor (UASB) and single membrane bioreactor (SMBR), two 427 filtration units i.e., sand filter and membrane unit and two nutrient recovery units i.e., struvite 428 429 crystallizer and zeolite adsorption as a part of the investigation. Three scenarios of integrated treatment and resource recovery were considered in this study. In the first scenario, 60% of the 430 431 WW was treated by UASB and 40% was transferred directly to the recovery unit. In the second scenario, major of the WW was treated by UASB and very little volume was transported to the 432 extraction unit directly without any treatment and in third scenario WW was initially treated 433 by UASB then followed by ion exchange. Among these, the first scenario was found efficient 434 over other two scenarios due to better treatment of WW at low capital expenditure and high 435 revenue from energy and nutrient recovery. Further, the authors recommended broad range of 436

technological exploration for this methodology to be considered as a decision support tool forenergy and nutrient recover by WWTPs.

439 Similarly, Sun et al (2020) developed a composite model to assess the sustainability and resilience of the WW management through four alternative approaches by Analytical hierarchy 440 method. These approaches include (i) centralised WW treatment by activated sludge (AS) and 441 MBR, (ii) decentralised approach of UASB and trickling filter (TF), and (iii) centralised-442 decentralised hybrid system (based on the type of WW). A decentralised and hybrid approach 443 444 was resulted in higher sustainability and resilience over others (centralised CAS and MBR) 445 with 7-17% higher trade-off cost and energy and nutrient recovery. Alternatively, decentralised 446 WW treatment was suggested as the best approach, except for the regions with the increased risk of eutrophication. Likewise, Sarpong et al (2019) assessed energy self-sufficiency of the 447 448 small scale WWTPs under different combinations of WW treatment (including advanced treatment) and energy recovery technologies. Combination of anammox process followed by 449 450 activated sludge process and anaerobic digestion of sludge was reported with higher energy reduction/recovery (115%). This was further increased (above 225%) by co-digestion of sludge 451 with FOG. According to this study, selection of an appropriate treatment technique and co-452 digestion of sludge can make small scale WWTPs energy self-sufficient. 453

Soda et al (2010) evaluated energy recovery potential of sludge by AD along with estimation 454 of energy demand and GHG emissions of a sewage sludge treatment plant (SSTP) in Osaka 455 (Japan) by a modelling approach. Energy demand of different processes such as sludge 456 thickening, sludge dewatering, anaerobic digestion, sludge incineration and melting applied at 457 the plant were accounted. Different treatment configuration with AD energy recovery was 458 459 formed to identify economic and environment friendly approach. Treatment configuration with high loading rate of AD was found economically feasible but landfilling of partially digested 460 461 sludge from AD had high risk of CH₄ and N₂O release into the environment. To address this, two solutions i.e., (1) environment friendly- application of incineration and melting to the 462 463 digested sludge to reduce the risk of environmental emissions, although at high energy demand or (2) economical- disposal of digested sludge to landfills for high energy recovery (by landfill 464 465 gas collection) were suggested by the authors. Incineration is a thermochemical process majorly employed for volume reduction of waste and destruction of the harmful substances in 466 467 the sludge at very high temperature prior its disposal (Syed-Hassan et al., 2017). It is a heavily regulated and socially opposed issue to incinerate the sludge due to its emissions into the 468 atmosphere such as mercury, dioxins, ash etc. The ash produced during the process of 469

incineration are to be handles as the hazardous waste or are to be landfilled to avoid its impact 470 on the environment (Palme et al., 2005). Hence, this technology is applicable at facilities with 471 limited disposal space and lower odour tolerance plants such as municipalities with high 472 population (Werther and Ogada, 1999). In some cases, heat generated by incineration of sludge 473 is recovered for its further application as thermal energy. For example, in heating boilers for 474 475 steam generation at steam power plants (Cui et al., 2006). A group of researchers in USA analysed the status of energy recovery of sludge by anaerobic digestion and incineration 476 techniques. According to this study, WWTPs above 19,000 m3/day are suitable for energy 477 478 recovery by AD. It also reported that an electricity generated from biogas and biosolid incineration can reduce the energy dependency of the WWTPs by 2.1-26% and 2.5-57% 479 respectively in Texas city. Whereas, combination of AD and incineration can reduce the energy 480 dependency between 4.7-83% in Texas city and 2.6-27% in whole USA (Stillwell et al., 2010). 481 This study also reported that some of the WWTPs in USA does not make efficient use of the 482 483 biogas produced and flare it into the atmosphere. This has a risk of increasing GHGs in the environment. Collection of this biogas and efficient use or treatment of this gas (less impact 484 485 gas) before releasing into the environment is important. An integrated waste management tool "Solid waste and WW management system (SWW)" was developed by Maalouf and El-Fadel 486 487 (2020) to minimize the carbon emissions and cost of the system. Due to integrated waste management system, the biological WW treatment such as aerobic (CAS) and anaerobic 488 (lagoons and septic tank) and sludge management are the significant processes considered 489 under WW management. Here, the energy was recovered using AD and incineration in 490 491 combination with MSW. Along with energy recovery, sludge disposal methods like 492 composting and controlled landfilling were reported to reduce the carbon emissions of the integrated system by about 90% by smart selection of the technologies/treatment process. 493 Although incineration seems an interesting technique for energy recovery but incurs additional 494 495 cost (10% of the total cost of the system). This tool is highly suitable for the regions with 496 integrated waste management systems (solid and WW treatment together).

497 Some of the models developed in literature consider the energy recovery in combination with 498 nutrient recovery. An example is given by an excel based simulation model was developed by 499 Khiewwijit et al (2015) for future Dutch WWTPs. The model was built based on data collected 500 from 29 Dutch WWTPs, data available in the literature and lab scale experiments. The 501 treatment technologies considered for this design are: bio-flocculation, AD, phosphorus 502 recovery through micro-algae, chemical precipitation and biological process, annamox process

for nitrogen recovery and conventional activated sludge. The design of this model consists of 503 five steps, first is setting up a key performance indicator, second is the selection of efficient 504 treatment and resource recovery technologies, third is to integrate all the selected technologies, 505 fourth is to perform a steady-state simulation for energy balance and finally conducting 506 sensitivity analysis of the developed model. Different configuration of the energy recovery 507 processes considered were analysed. Of which, three combinations i.e., Bio-flocculation with 508 509 AD, Annamox process (only) and chemical precipitation and biological phosphorus recovery was reported to be the most efficient with 0.24 kWh/m³ net electricity generation and 35% 510 reduction in the carbon emissions. The organic load was reported as the rate limiting factor in 511 512 the energy consumption and generation.

As abovementioned, WW is good carrier of thermal energy, it is a good opportunity for the 513 514 WWTPs to recover that energy and use on site, the key aspect is to identify a heat load on site or nearby, since WWTPs consume mainly electricity. Water source heat pumps (WSHP) are 515 the most used technology for heat recovery from WW. Net electricity equivalence of heat 516 recovered from WW is 0.26 kWh per m³ effluent cooled by 1°C (Dürrenmatt and Wanner, 517 2014). Due to lower electrical conversion efficiency of thermal energy recovered by WSHP, 518 heat generated can be used at WWTPs towards biological treatment process like AD, sludge 519 drying, heating and cooling of WWTP. The surplus thermal energy recovered can also be 520 supplied to the neighbourhood buildings (Gude, 2015). A decentralised approach of thermal 521 energy recovery from sewer WW and electricity from organic kitchen waste of small residential 522 community in USA was reported by Yang and Shen (2014). The main purpose of this study 523 was to reduce waste at source. Electricity of 2.98x10⁵ kWh, which is equivalent to 8% of the 524 total electricity demand of the community was generated from anaerobic digestion of kitchen 525 waste. Thermal energy required for the waste digestion was recovered from the sewer WW, 526 which is equivalent to 1.5×10^{12} J of useful heat per year. To maximize the energy and nutrient 527 recovery from municipal WWTPs in Austria, a simulation model was developed using Process 528 529 Network Synthesis (PNS) method (Kretschmer et al., 2016). PNS is a bipartite graph method used in structuring the optimization problem. According to one of the case studies on this 530 model, electric energy from anaerobic digestion of sludge and thermal energy recovery from 531 WW using heat pumps is higher than the plant demand. Supply of the surplus electricity to the 532 neighbouring buildings or society was suggested as an alternative and revenue making option. 533 A simple system management to decarbonize the domestic WW from its generation 534 (household) to treatment and discharge (into water bodies) was studied by Larsen (2015). 535

Efficiency of different aerobic treatment processes (like conventional, annamox and 536 mainstream), electric energy recovery potential of sludge and thermal energy recovery 537 potential of household and sewer WW were analysed for low carbon options. As per the 538 analysis, heat recovery from the household WW (less heat dissipation) and WW treatment by 539 annamox process were found energy efficient and environment friendly. Another study 540 evaluated the energy generation potential of the dewatered sludge at Balingian and Mannheim 541 WWTPs in Germany by gasification and combustion (Yang et al., 2016). Gasification is a 542 thermochemical process that transforms organic matter in sludge to syngas (CO₂ and H₂) in the 543 544 presence of gasifying agents (e.g. controlled amount of oxygen, air, CO₂) at high temperature (>700°C) (Situmorang et al., 2020). Heat generated by combustion of syngas or heat released 545 from cooling of syngas was used as a source of heat in drying sludge for gasification at these 546 WWTPs. Electricity potential of 24-28% of the total plant demand was estimated from the 547 combustion of syngas. The moisture content and equivalence ratio of 25% and 2.3, 548 respectively, were reported as the optimum conditions of sludge gasification. The equivalence 549 ratio is a ratio of stoichiometric air-fuel mass ratio to actual air-fuel mass ratio. 550

Simultaneous, WW treatment and electricity generation were demonstrated by Subha et al 551 (2019) through a mathematical modelling (Monod Kinetics) of Up-flow anaerobic microbial 552 fuel cell (UAMFC) at lab scale. It is an integrated process of UASB and Single cell microbial 553 fuel cell (SCMFC). The UAMFC consists of an anode covered with biofilm (growth of 554 microorganisms on surface of solids) that degrade the organic matter present in the WW and 555 556 produces electrons and hydrogen ions. These electrons from anode chamber travels to cathode through an external circuit to produce an alternative current (AC from DC current) (Al-Megren, 557 2009). The anode was separated from cathode by a proton exchange membrane (Nafion 117). 558 WW (Chocolateries manufacturing) for treatment and electricity generation was supplied to 559 560 the anode chamber through a WW holder at the bottom of the anode. The maximum power density of 98 mW/m2 and 104.9 mW/m2 was observed at an optimum HRT and OLR of 15 h 561 and 0.8 g/L COD respectively. An overall COD reduction of 70% was reported by UAMFC. 562 Similarly, another group of researchers in USA have evaluated the economic feasibility of the 563 MFC in treatment of the food processing WW for its reuse in irrigation. According to this 564 study, although MFC seems to be highly expensive, it can be ideal for (i) drought/arid regions, 565 where the cost of water is high and (ii) regions with high electricity prices. Preliminary research 566 conducted by these researchers also states that the replacement of the conventional aerobic 567

- system with MFC can treat the WW at 9% of the total cost of the aerobic system. Further,techno-economic feasible study is required for scaling up of this technology.
- 570 An overview of different modelling studies whose main aim is the WW energy recovery is
- 571 given in Table 2.
- 572 *Table 2: Overview of the energy recovery and WW treatment process energy optimization*
- 573 *models*

Reference	WW treatment	Energy	Energy	Energy	Study
	technique	recovery technology	optimization goal	generation	location
Nowak et al., 2015	AerobicWWtreatmentandAnaerobicsludgetreatment	AD	Pump and blowers; overall AD process	100%	WWTPs in Austria
Khiewwijit et al., 2015	Bio-flocculation, Activated sludge process, Chemical precipitation and Annamox	AD & Heat pump (HP)	WW treatment, AD and HP	Up to 50%	WWTPs in Netherlands
Puchongkawarin et al., 2015	Singlemembranebioreactor(SMBR),Sandfiltration,Membranefiltration,Struvitecrystallizerand Zeoliteadsorption	Up-flow anaerobic sludge blanket reactor (UASB)	Optimal configuration of WW treatment and biogas recovery	Up to 50%	-
Sun et al., 2020	Centralised- CAS & MBR, Decentralised- UASB and Trickling filter	UASB	WW treatment and maximizing biogas production	24% (average) of sludge organic energy	-
Soda et al., 2010 Incineration, Melting and Landfill		AD	Maximise the biogas production and digested sludge disposal	Above 50%	Sewage sludge treatment plant in Osaka (Japan)
Sarpong et al., 2019	Sarpong et al.,Enhanced2019sedimentation, CAS, Nitrification/anammox and biofiltration		Maximizing energy and nutrient recover by cost minimization	35 to >100% based on the treatment process and co-digestion	Gresham WWTP (USA) and Strass WWTP (Austria)
Stillwell et al., 2010	-	AD and Incineration	Maximise the Biogas and Incineration heat	3.0-83%	Texas and USA
Maalouf and El- Fadel, 2020	Aerobic (CAS) and Anaerobic (anaerobic lagoon and septic tank)	AD and Incineration	Minimizing cost and carbon emissions	31-96% (integrated MSW)	MSW and WW in Beirut, Lebanon

Yang and Shen, - 2014		AD and HP	Maximise biogas and heat recovery	8% electricity and up to 50% heat	Small community in USA		
Kretschmer et al., 2016	-	AD and HP	Maximise biogas and heat recovery	Above 50%	Municipal WWTP in Austria		
Larsen, 2015	Activated sludge process, Annamox and Mainstream process	AD and HP (from sewer)	Improve Aeration and maximise biogas and heat recovery	30-40%	-		
Yang et al., 2016	-	Gasification and Combustion	Syngas 25.4-28.4% generation		Balingian and Mannheim WWTPs in Germany		
Abourached et al., 2016	MFC	MFC	Cost minimization of the treatment process and energy generation	40% (MFC efficiency in electricity generation)	Food processing WW treatment in San Joaquin Vally, California		
Subha et al., 2019	Up-flow anaerobic microbial fuel cell (UAMFC)	UAMFC	Maximizing power generation from organic fraction of WW	40-60% (104.9mW/m ²)	Muttathara WWTP in Trivandrum, India		

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On the basis of the model analysed, we can conclude that the anaerobic digestion of sludge is 575 576 a widely explored option for electric recovery and heat pump for thermal energy recovery. 577 Although AD is widely used, it is highly recommended for medium to large scale WWTPs due to its high sludge production rate and the high capital and operational cost of AD. Alongside 578 this, any WWTPs with poor quality sludge can co-digest the sludge with other locally available 579 organic waste to enhance the biogas production. This concept of co-digestion can also be 580 581 employed by small scale WWTPs by efficient planning. The other opportunity of energy recovery for small plants with low sludge generation could be gasification, incineration 582 583 (combustion) and microalgae cultivation. These technologies can also be applied in conjugation with AD at larger plants to reduce burden on landfills. Another energy recovery 584 technology is MFC, although seems efficient in energy generation, however further research is 585 586 required for its commercialization. Most of the energy recovery models seems to be plant 587 specific based on the treatment configuration and resource availability. These can only give an overview of the available technologies, but none provide any benchmark for WW energy 588 589 recovery. There are no specific tools so far developed exclusively for energy recovery from the 590 WW, but some of these technologies are integrated with the renewable energy modelling tools like HOMER, RETScreen etc. The carbon reduction reported in Table 2 is expressed as thepercentage of the energy demand supplied from the recovered energy in the respective study.

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6. Tools and opportunities for integrating local available renewable energy sources (R₃)

WWTPs have a good opportunity of generating its own energy from locally available 595 596 renewable resources like hydropower (treated effluent) and solar energy. The use of locally available renewable energy sources can reduce the electricity supply from the grid and the 597 598 relative CO₂ emissions. A group of researchers evaluated the potential of micro hydropower (MHP) for WWTPs in Ireland and UK (Power et al., 2014). According to this study, flowrate 599 600 of the WWTPs is of significance in hydro turbine installation. The seasonal variations (especially the rainfall and precipitation) and feed-in-tariffs of the respective geographic 601 602 locations are said to influence the power output and economic viability of the hydropower 603 system. Considering these, this study recommends MHP installation for large scale plants (due to high flow) and onsite utilization of the generated power(for low payback period). 604 Fluctuation in the WW flow can be a rate limiting factor for MHP. To address this, a small 605 606 scale WWTP "Kiheung Respia" in Yongin (South Korea) with highly fluctuated WW flow was investigated (Chae et al., 2015). MHP system of this study consists of effluent forebay tank to 607 608 store the treated effluent and transfers it to the micro-turbine through the pressurized penstock 609 (water level tracker), a system bypass that is used to divert the flow during very high flow conditions, self-induction generator and sensors to measure the flow. A semi-Kaplan turbine 610 with adjustable blades and simple mechanical structure was used in this process due to its high 611 efficiency and cost-effectiveness. According to this study, steady energy generation ranges 612 within 57-123% of designed flow with $(0.35 \text{ m}^3/\text{s})$ with turbine efficiency of 91.3% and overall 613 electrical efficiency of 80.3%. It also reported that the system can work below the designed 614 flow (< 23%) at lower efficiency. The efficiency of the turbine in this study was interpreted by 615 616 the hill-chart diagram plotted with the model performance and prototype turbine data at varying conditions. Although the electric efficiency of this system is high, it can only supply 0.83% of 617 the total electricity demand of the plant annually. High flow adjustability of this model provides 618 an opportunity for WWTPs with extreme flow variations to assess their power generation 619 potential through MHP (Chae et al., 2015). Head of the turbine is also of significance in MHP 620 generation. Considering this, an evaluation model was developed by Ak et al (2017) for Tatlar 621 622 WWTP in Ankara (Turkey) using multicriteria fuzzy-logic tool. Kaplan and Archimedean

623 screw are the two low-head hydropower technologies considered for this study. Archimedean 624 screw turbine was reported as highly efficient low-head hydropower turbine. This is due to 625 better power generation (34% total energy demand of WWTP), low construction time (nine 626 months) and payback period (2.4 years).

Chae and Kang (2013) assessed sustainability of the Kiheung Respia municipal WWTP in 627 Korea by integrating the renewable energy technologies such as Solar PV (100kW), Small 628 Hydropower (SHP) (10kW) and thermal energy recovery by heat pump (HP) (25 refrigeration 629 630 ton). Solar energy is a green and affordable energy with inexhaustible and inherent nature and 631 can benefit in long-term energy planning (Zhang et al., 2013). The total energy demand of 2% 632 was reported from solar PV positioned at optimum tilt angle. This was further increased to 6-8% by coating PV with super hydrophilic nanoparticles. Whereas, the SHP proved inefficient 633 634 with very low energy generation (<1% of total energy demand) due to low turbine head. Evaluation of thermal energy potential of this plant reported in thermal energy greater than the 635 636 demand of the plant. The electricity generation potential of PV and SHP was analysed using RETScreen energy modelling tool, whereas the thermal energy recovery was manually 637 calculated using mathematical equations from the literature. An ordinary least square 638 regression model was developed by Yang et al (2020) to evaluate energy self-sufficiency of 639 the WWTPs and guide the policy makers in constructing new WWTPs (medium scale) in 640 China. According to this study, WWTPs with influent COD of 200-400 mg/L and flowrate of 641 55K m3/d are more likely to attain higher energy self-sufficiency. Above 35% of thermal 642 energy and 20% of the electric energy generation potential was reported with further increase 643 in this percentage by renewable energy integration. Feasibility of sludge incineration was 644 suggested for WWTPs with sludge water content below 57%. 645

Nguyen et al (2020) developed a power management model using Fuzzy-TOPSIS tool for 646 647 optimal sizing of hybrid renewable energy and storage system for WWTPs. The optimal renewable energy configuration of the wind (5) and solar PV (165) was reported in 85% of the 648 649 total energy demand of the plant considering economic and environmental demands. The total 650 annual cost of this hybrid system was reported to be high with in electricity generation (AC) 651 range of 10-70%. This was further suggested to decrease with reduction in the load and number of wind turbines at the study location. Another group of researchers tried to improve the 652 653 environmental sustainability of WW treatment plants through electricity supply from solar PV (Han et al., 2013). Solar PV used in this study was without any battery storage to make the 654 process economical. Here, aerobic-anoxic-anaerobic treatment of WW was carried out in a 655

single tank. The electricity supply from PV enhanced the aerobic and anoxic treatment of WW, 656 thanks to the presence of sun (therefore electricity production) during the day and absence of 657 sun in the night that led to anaerobic treatment of the WW. Finally, the resulted effluent of this 658 process was proved efficient with great reduction in COD (88%), ammoniacal nitrogen (98%), 659 total nitrogen (70%) and total phosphorous reduction (83%). Similarly, García-García et al 660 (2015) evaluated electro-chemical treatment of industrial WW by power supply from ERDM 661 225TP/6 solar module with 1.50 m² catchment area. Here, electro-coagulation (EC) of the WW 662 was conducted in monopolar electro-chemical cell with copper electrodes (anode and cathode) 663 664 in batches for 50 minutes with the current supply of 1-3 A. Followed by electro-oxidation process in batches with a boron-doped diamond anode and copper electrode for 180 minutes 665 (3 hr). Application of electro-oxidation was initiated due to poor efficiency of organic carbon 666 removal by the electro-coagulation. This combined technology resulted in reduction of 70% 667 TOC, 99.7% COD, 100% (colour) and 95% (turbidity) in the effluent. pH and current density 668 669 of the process are reported as the significant factors for organic solids reduction in WW. A municipal WWTP in Benijing (China) with Anoxic-anaerobic-aerobic treatment evaluated its 670 671 carbon neutrality by energy recovery (AD, heat pump) and renewable energy generation (solar PV) (Hao et al., 2015). About 50% of the plant electric and thermal energy supply was reported 672 673 from anaerobic digestion of sludge and heat recovered from WW using heat pump. Whereas, the solar PV mounted on the top of the anaerobic digester contributed 10% of the total 674 electricity demand of the plant. Another similar study was conducted by Taha and Al-Sa'ed 675 (2017) for WWTPs in three Palestinian cities- Nablus, Al-Bireh and Altira. Conventional 676 activated sludge, extended aeration and membrane bioreactor are the three WW treatment 677 techniques at these plants that were supplied with the electricity from anaerobic digestion of 678 sludge and solar PV. The power supply from PV was just a backup for emergency situations 679 like power-cuts at pumping station. Supply of total electricity demand of the plant solar PV 680 was reported as cost effective over Combined Heat and Power (CHP) of the biogas produced 681 by AD. Alternatively, combination of grid connected CHP and off-grid solar PV was reported 682 economical for the WWTPs in Palestine. Brandoni and Bošnjaković (2017) assessed the cost-683 effectiveness of renewable energy integration with WWTPs (with ASP and MBR) in Sub-684 685 Saharan Africa for efficient treatment of WW and its reuse in the agriculture. The assessment was carried out using renewable energy modelling tool 'HOMER'. This software is specifically 686 developed to assess the optimal hybrid microgeneration system. Solar PV, Wind and AD are 687 the energy sources considered in assessing and developing a hybrid micro-generation system 688 for Bahir Dar town in Ethiopia, Sub-Saharan region. Different scenarios such as (i) baseline 689

690 (varying cost energy), (ii) emergency (use of diesel engine) and (iii) selling back the renewable electricity generated to grid was analysed. This assessment reported in supply of 33-55% of 691 the total energy demand of the plant from renewable energy system at high investment cost. 692 Ali et al (2020) demonstrated the energy generation potential and 100% renewable electricity 693 utilization at WWTPs in Australia. Energy sources such as anaerobic digestion of sludge, 694 biomass energy, solar energy (rooftop and centralised), wind and hydro were considered 695 696 alongside the load-shifting of the WWTPs. Some WWTPs practice load shifting i.e., partial storage of the daytime WW influent in a storage tanks and treating in the night when the 697 698 electricity cost is low (Simon-Várhelyi et al., 2020). Data of 30 WWTPs in Australia was collected on hourly basis for a year from Geographic Information System (GIS) and was 699 simulated in MATLAB environment. The load-shifting of six hours and electricity generation 700 from wind (39%), solar (29%), sludge digestion (1%) and biomass (31%) was suggested to 701 make WWTPs in Australia carbon free. An overview of different modelling studies on WW 702 treatment optimization, energy recovery technology and renewable energy integration are 703 704 given in Table 3.

Table 3: Overview of the models on WW treatment energy optimization, Energy recovery

Reference	WW treatment technique	Energy recovery technology	Renewable technology	Energy optimization goal	Energy generation	Study location			
Power et al., 2014	Not specified, however mainly based on Activated	-	Micro hydropower (MHP)	Minimisation of flow variation and payback	Up to 50%	Ireland and UK			
Chae et al., 2015	-	-	МНР	Effluent flow	0.83%	Kiheung Respia WWTP in Yongin (South Korea			
Ak et al., 2017	-	-	МНР	Type of turbine and payback period	34%	Tatlar WWTP in Ankara (Turkey)			
Chae and Kang et al., 2013	-	HP	Solar PV and Small hydropower	Optimizing size of the energy system	7-9% electricity and over 100% heat	Kiheung Respia municipal WWTP in Korea			
Han et al., 2013	Oxidation ditch	-	Solar PV	COD, Nitrogen and	100% electricity	-			

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				Phosphorus removal		
García- García et al., 2015	Electro- coagulation and Electro- oxidation	-	Solar cell	TOC, COD, Colour and Turbidity removal	100%	-
Hao et al., 2015	-	AD and HP	Solar PV	Energy generation process	upto 60%	Municipal WWTP in Benijing (China)
Brandoni and Bošnjaković, 2016	Activated sludge process and Membrane bioreactor	AD	Solar PV and Wind	Optimal combination of energy sources	33-55%	Bahir Dahr, Ethiopia, Africa
Taha and Al-Sa'ed, 2017	Activated sludge process, Extended aeration and Membrane bioreactor	AD	Solar PV	Energy generation process	9-15%	WWTPs in Palestinian
Yang et al., 2020	Anaerobic- Anoxic- Aerobic (AAO) process	Incineration and HP	Solar PV	Optimal combination of energy generation at source (WW and renewables)	Above 40%	WWTPs in China
Nguyen et al., 2020	-	-	Solar PV, Wind, battery and hydrogen storage	Optimal combination of renewable energy and storage system	Approximately 85%	WWTP in Vietnam
Ali et al., 2020	NA	AD	Solar PV, Wind and Hydropower	Load-shifting and optimal combination of renewable energies	69%	WWTPs in Australia

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708 Most studies on WWTP energy integration have focused on solar energy, since it is the most economic and widely applicable. Modelling studies on micro hydropower mentioned in this 709 section opens room of opportunity for WWTPs to become energy self-sufficient and carbon 710 711 neutral. But, the MHP is highly suitable for WWTPs with high flow rates i.e., for larger WWTPs than the smaller ones. Larger WWTPs can be transformed to energy self-sufficient by 712 WW energy recovery and renewable energy integration. Whereas, the small scale WWTPs with 713 high energy demand and low/no scope of energy recovery from wastewater can be sustainable 714 715 and energy self-sufficient by integration of renewable energy sources locally available. The idea of solar energy systems integrated with energy intensive treatment processes may be 716

replicated at the plants that are economically weak (like decentralised WW treatment and 717 small-scale WWTPs). WWTPs that have already optimized the treatment processes and 718 devices and partially supply the energy demand by WW energy recovery can evaluate the 719 720 renewable energy potential of the plant using different energy modelling tools like HOMER 721 and RETScreen. Load-shifting of WWTPs as per the design of the WWTP can also serve as one of the good options for cost cutting in WWTPs. Although, load-shifting reduces the cost 722 of the WW treatment, it still contributes to carbon emissions due to electricity supply from grid 723 724 (fossil fuel-based electricity).

725 726

7. Comparison of energy optimisation modelling tools and strategies for WWTP decarbonisation

Table 4 compares the main characteristics of all the models developed so far for the study of 727 728 the use of energy in wastewater treatment facilities. The references reported in the previous 729 Tables have been reported in Table 4 for a full comparison and to provide further information 730 on different tools. Table 4 shows different categories: model type, modelling environment used (when specified), purpose of study, optimization goal, Water-Energy nexus focus, time frame, 731 time series, validation, applicability and CO₂ reduction potential of the study. The category 732 "Model type" gives information about the type of the model i.e., regression model or kinetic 733 734 model or superstructure model or chemical equilibrium model etc, used in addressing the nexus issue by the respective studies. Main reason behind developing the model or tool i.e., 735 parameters, technologies, treatment conditions etc are categorised as "Purpose of study". The 736 aim of the decarbonisation strategies (energy optimization) analysed such as energy reduction 737 (R_1) , energy recovery (R_2) , renewable energy (R_3) is reported in the "Decarbonisation strategy" 738 column. The time series and time frame considered in developing the model/tool and its 739 validation at any WWTPs or community are mentioned under the respective category name. 740 Flexibility of the model in terms of applicability to different size of WWTPs and geographic 741 742 location are given under "Applicability". The carbon emissions reduction (%) of different modelling studies are calculated based on the results achieved from the individual studies such 743 as reduction in energy consumption or percentage of the energy demand covered from local 744 available renewable sources or energy recovered from wastewater. 745

Source of Information	Purpose of study	Water source	Input	Output	Model Type	Modelling environment	ries	ame	ility	ion	De st	carb satio trate	oni n gy	ssion 1 (%)
							Time se	Time fra	Applicab	Validat	R ₁	R ₂	R ₃	CO2 emis reduction
Long and Cudney, 2012	Integration of Energy and Environmen tal system	WWTP	BOD, SS, FR and RF	Energy and emission efficiencies	Multi- linear regression	NA	Monthly	2 years	Any WWTP	Rolla, Missouri Southeast WWTP	\checkmark	X	X	10-20 ^a
Novak and Horvat, 2012	Improve efficiency of aeration	WWTP	BOD, DO, FR, SRR, NH ₃ , NO ₂ ⁻ , NO ₃ ⁻	Reduction in the oxygen consumption	Mathemati cal	MATLAB/Simu link	Seconds	Hours	Any WWTP- aerobic process	WWTP in Croatia	\checkmark	X	X	20-25ª
Dubreuil et al., 2013	Energy optimizatio n for water allocation	Surface, ground, rain agricultur e drained, saline and brackish, WW etc	WR and FR	Energy demand and efficiency	Bottom-up Energy model	TIAM-FR (CLEW)	Years	years	Any water and WWTP in Arid regions	NA	√	X	X	5-30 ^b
Holenda et al., 2007	Improve aeration efficiency of aerobic process	WWTP	Average FR, OL and Nitrogen	Water quality and energy efficiency	Genetic algorithm	MATLAB	Hours	Days	Any WWTP- aerobic process	NA	\checkmark	X	X	10 ^g
Ramli and Hamid, 2019	Minimize energy consumptio n	WWTP	WW flow	Power	Artificial Neural Network	SPSS	Months	Years	Any WWTP	NA	\checkmark	Х	Х	2.23 ^b

Table 4: Wastewater-Energy modelling studies by different researchers

Cao and Yang, 2020	Improving aerobic/ano xic treatment	WWTP	Influent and effluent quality, weather data	Treatment efficiency	Online Sequential Extreme Learning Machine	MATLAB		Days	Weeks	Any WWTP with aerobic/ anoxic	NA	\checkmark	X	X	Up to 40
Padrón-Páez et al., 2020	Sustainable designing of WWTPs	WWTP	Quality and quantity of WW, regional regulation	Level of treatment, optimum WW flowrates	MINLP, Lexicogra phic, e constraints and TOPSIS	MATLAB GAMS	and	I	Year	Any WWTP focusing on sustaina ble treatmen t	NA	\checkmark	X	X	Up to 20.2 ^k
Molinos- Senante et al., 2015	Account the CO ₂ emission price	WWTP	Compositio n of the WW & FR	GHG emissions	Directiona 1 distance functional approach	NA		NA	NA	Any WWTP	NA	Х	\checkmark	Х	>50 ^a
Stillwell et al., 2010	Implementa tion of sustainable energy policy	WWTP	FR, DS	Energy recovery	Mathemati cal	NA		NA	NA	WWTP >5mgd (million gallon per day)	NA	X	\checkmark	X	Texas=4 .7-83 ^g ; US=2.6- 27 ^g
Yang and Shen, 2014	Energy recover using HP & SS-AD	Sewers (small communit y)	FR, OL & WW temperature	Thermal energy	NA	NA		Days	NA	Large flow plants	1000 houses residential area in USA	X	\checkmark	X	8 ^a
Nowak et al., 2015	Energy recover using AD & HP	WWTP	COD & FR	Electricity	NA	NA		NA	Years	Any WWTP	NA	X	\checkmark	X	>50 ^a
Khiewwijit et al., 2015	Potential of energy and nutrient recovery	WWTP	COD, TN, TP	Energy (electric and thermal) and CO ₂ emission reduction	Simulatio n	MS-Excel		NA	NA	Any WWTP	NA	X	\checkmark	X	35 ^h

Yang et al., 2016	Energy recover by thermal technics	WWTP	OL & SMC	Electric energy	Chemical equilibriu m	NA	NA	NA	Any WWTP with sludge treatmen t	NA	X	\checkmark	X	25.4– 28.4 ^d
Maalouf and El-Fadel, 2020	Integrated waste managemen t and emission reduction	Municipal WW	Quality and quantity of MSW and WW, cost modules of respective processes	Cost of the Integrated waste management, emission reduction	Linear optimizati on	MS-Excel	Year	Years	Any Integrate d waste manage ment system	NA	Х	√	X	30-90 ^h
Power et al., 2014	Evaluated hydropower generation from WWTP outlet	WWTP	flow rate and head pressure	Electricity and payback	Evaluation	NA	Days	Years	Large WWTPs in urban area	NA	X	X	\checkmark	Up to 50 ^d
Chae et al., 2015	Application of Hydro power at small scale municipal WWTPs	WWTP	FR, H	Electricity	Hill-Chart method	HydroHillChart	Hours	Year	Small scale WWTPs	NA	X	X	\checkmark	0.83 ^d
Ak et al., 2017	Evaluation of low head hydropower technology	WWTP	Turbine head, FR, flow duration	Investment cost, payback period, energy generation performance, construction duration, fish- friendliness, and aeration capacity	Fuzzy logic	MATLAB/Simu link	Seconds	Year	Low head effluent discharg e WWTPs	NA	X	X	\checkmark	< 34 ^d

Nguyen et al., 2020	Optimal sizing of hybrid renewable energy and storage system	WWTP	Energy demand, cost modules, wind speed, solar irradiance	Cost, optimal size, reliability and CO2 emissions of the hybrid system	Fuzzy- TOPSIS	NA	Days	Year	Any WWTP	NA	X	X	\checkmark	Around 85 ^d
Kretschmer et al., 2016	Transform WWTP into regional energy cell (heat recovery)	WWTP	FR, OL, TN, TP, TED, EED, SHC	Thermal (WW through HP & AD) and electric (AD) energy generated and process energy efficiency (Aerobic)	Process network synthesis (PNS)	MS-Excel	Years	NA	Any WWTP with sludge treatmen t	NA	✓ 	✓	X	>50 ^d
Soda et al., 2010	Evaluation of energy consumptio n of sludge treatment plant	WWTP	Sludge load, WC, Solid load	Energy efficiency of the sludge treatment and thermal energy recoverable	Analytical	NA	Days	NA	Any Sludge treatmen t plant	NA	\checkmark	\checkmark	х	>50ª
Larsen, 2015	Evaluation of CO ₂ neutrality processes of the WWTPs	WWTP & Sewer	COD, NH ₃ & WW temperature	Energy efficiency, recoverable thermal energy, N_2O & CH_4 emissions	NA	NA	NA	NA	Any WWTP	NA	\checkmark	\checkmark	х	30-40 ^a
Puchongkaw arin et al., 2015	Resource recover from WW	WWTP	COD, TN, TSS & TP	Energy and resources recoverable	Super structure	GPS-X TM and CAPDETWOR KS TM	Hours	Years	Any WWTP	NA	\checkmark	\checkmark	Х	10-50 ^d
Subha et al., 2019	Simultaneo us WW treatment and energy generation	WWTP	COD, OLR, Flow rate	Optimum OLR, HRT, Electricity generated	Monod Kinetic model	NA	Hours	Days	Any lab scale experim ent	NA	\checkmark	\checkmark	X	40-60 ^{id}

Abourached et al., 2016	Cost effective WW treatment and electricity generation	WWTP	Cost modules, HRT, COD, flow rate	Cost of WW treatment and electricity generation by MFC	NA	NA	Hours	NA	Lab scale	NA	√	\checkmark	X	40 ⁱ
Sun et al., 2020	Centralised and decentralise d WW treatment and energy recovery (AD) of medium scale WWTPs	Residenti al WW and WWTP	WW quality (COD, TN, TP), sludge generated, cost modules of WW treatment and energy recovery	Sustainability (energy generated, CO2 reduced and potential of eutrophication) and resilience	Assessme nt	Analytical Hierarchy process	Days	Months	Regions with around 30K PE	NA	\checkmark	✓	X	24 ^j
Longo et al., 2019	Energy benchmarki ng of the WWTP	WWTP	Water flow, Organic load (COD), TS, TSS, TN, TP	Energy consumption and load reduction	Mass- balance	ENERWATER	Yearly	NA	Any	NA	\checkmark	\checkmark	Х	30-80 ^{df}
Torrehrossa et al., 2018	Energy optimizatio n of WWTP	WWTP	AFR, BOD, biogas composition , sludge, pH and digester temperature	Final pH & Temperature of digester, SRT and biogas volume	Fuzzy logic, Support Vector Regressio n, Random Forest and Artificial Neural Network	Energy Online System (EOS)	Daily	Monthly and weekly	WWTPs in Europea n Union only	Burg- Solingen (Germany) and Hidden- City (Netherlan ds)	✓	~	X	50-80 ^{df}
Sarpong et al., 2019	Evaluation of energy self- sufficiency of the small	WWTP	Influent and effluent COD, Nitrogen and	Energy consumption, energy recovery and energy self- sufficiency	Mass- balance	NA	Day	Year	Small scale WWTPs	Gresham WWTP (USA) and Strass	\checkmark	\checkmark	X	35 to >100 ^d

	scale WWTPs		Phosphorus, Cost modules of WW treatment and energy recovery							WWTP (Austria)					
Han et al., 2013	Utilization of RE for aerobic WWT process	WWTP	COD, NH ₃ - N, TN, TP & Solar irradiance	Portable water and energy	Prediction model	NA	Days	NA	Solar resource availabl e WWTP	NA	√	X	✓	100 ^e	
García- García et al., 2015	Effective pollutant removal from Industrial WW and energy generation	WWTP	COD, TOC and Solar irradiance	Clean/potable water and energy	Mass- balance	NA	Minutes	NA	Industria l WW (solar rich regions)	NA	V	X	\checkmark	100 ^e	
Chae and Kang, 2013	Energy self- sufficient WWTP	WWTP	T, SHC, η _{th} , FR, head of turbine and solar irradiance	Electrical (PV+SHP) and thermal (HP) energy and payback.	Evaluation	RETScreen	Monthly	Yearly	Any WWTP	NA	X	√	√	Up 5% ^d	to
Hao et al., 2015	To Achieve Energy neutral WWTP	WWTP	COD, T & Solar irradiance	Electric and thermal energy	Evaluation	NA	Days	Year	WWTPs in China	Municipal WWTP in Beijing, China	X	\checkmark	\checkmark	Up 60 ^d	to
Brandoni and Bošnjaković, 2016	To assess cost effectivenes s of renewable energy integration to WWTPs	WWTP	Different renewable energy system efficiency, cost and lifespan	Levelized cost and configuration of the hybrid energy system	Assessme nt	HOMER	Hours	Years	WWTPs in Sub- Saharan Africa	NA	X	\checkmark	\checkmark	33-55	5 ^d

Yang et al., 2020	Energy self- sufficiency guide for future WWTPs	WWTP	Influent quality, flow rate, WW temperature, surface area for PV, geographic coordinates, effluent temperature	Annual energy consumption of the plant, annual excess sludge production and carbon footprint of the bioreactor	Ordinary least square regression analysis	MATLAB and SPSS	Day	Year	WWTPs in China	NA	X	~	✓	> 45 ^d
Ali et al., 2020	Zero carbon WWTPs	WWTP	WW treatment process, Cost modules, weather data	Energy demand, Energy generation potential, Optimal size of the renewable energy system	Simulatio n model	GIS and MATLAB	Hour	Year	Any WWTP	WWTPs in Australia	Х	\checkmark	\checkmark	69 ^d
Taha and Al- Sa'ed, 2017	To make WWTP energy efficient	WWTP	BOD, SS, TN and solar irradiance	Energy efficiency and energy generated (PV)	Assessme nt	NA	Days	Year	NA	NA	\checkmark	\checkmark	\checkmark	9-15 ^d
Zhang and Vesselinov, 2017	WEF Nexus	Ground, susrface and recycled (WWTP)	Water, energy and food demand, availability of coal and natural gas, water resources	Electricity and Food production	Linear	Water-Energy- Food security nexus Optimization (WEFO)	NA	NA	NA	NA	X	X	X	NA
Daher and Mohtar, 2015	WEF Nexus	Surface, ground, rain and WWTP	Types and characteristi cs of food, water and energy system	Water requirement, local energy requirement, low carbon emissions, land requirements, financial	Dynamic	WEF Nexus Tool 2.0	NA	NA	NA	NA	X	X	X	NA

				requirements, import energy consumption and carbon emission										
Giampietro et al., 2013 & 2014	WEF Nexus	All the available water sources	Socio- economic indicators (including workforce evolution), availability of the land, climate change impacts, characteriza tion of all flows.	Energy (fossil fuels & electricity), Water (drinking, domestic use, irrigation, industrial processes etc) and Food flow in the society	Flow fund	MuSIASEM	NA	NA	NA	NA	х	Х	Х	NA
Shinde, 2017	WEF Nexus	Surface water (lake, river & sea), ground water, WW	Energy balance, water and food resources data for energy, energy types and systems, policy and regulations in energy context	Water, energy and food requirements for various scenarios. Cost associated with different scenarios, Acceptability of different policies through index-based approach	Nexus assessmen t model	IRENAS's Preliminary Nexus Assessment Tool	NA	NA	NA	NA	X	✓	X	NA
Foreseer Beta, 2018	WEF Nexus	Surface and ground water, precipitati on, saline	Energy sources and systems; land use types and food characteristi	Natural resources supply, transformation and use, GHG emissions and other measures	Simulatio n	Foreseer	NA	NA	NA	NA	Х	Х	X	NA

		water and WW	cs; water sources, systems and demands; socio- economic and policy related information	of stress (like ground water depletion)									
Martinez- Hernandeza et al., 2017	WEF Nexus	WWTP & aquifers	Climate and ecosystem data, water, energy & food demand	Trends of ecosystem states and services, Demand satisfaction/reso urce sufficiency, Nexus resource overview, Export/import flows, Contribution analysis, Total emission/waste flows, Land use and Other indicators	Dynamic and algebraic	NexSym	NA	NA	NA	X	X	X NA	
Kraucunas et al., 2015	WEF Nexus	Surface and ground water	Climate data, water resources and land availability, Available energy technologies	GHG emissions, Electricity load, Energy price, Electricity generation technology mix (includes biofuel), water availability (for power plants	NA	PRIMA	NA	NA Z	NA	X	X	X NA	

and agriculture),

Note: AFR=Average flow rate, A_T=Alkalinity, BOD=Biochemical oxygen demand, COD=Chemical oxygen demand, DO= Dissolved oxygen, DS=Dry solid content, EED= Electric energy demand, ER=energy recovery, FR=flow rate, η_{th} =Heat transfer efficiency, NH₃=Ammonia Concentration, NO₂⁻=Nitrite concentration, NO₃⁻=Nitrate concentration, OL=Organic load, RE=Renewable energies, RF=Rainfall/precipitation, SHC=Specific heat capacity, SMC=Sludge moisture content, SRR=Sludge recycling rate, SS=suspended solids, T=Temperature of the effluent, TED=Thermal energy demand, TN=Total nitrogen, TOC=Total organic carbon, TP=Total phosphorus, TSS=Total suspended solids, VFA=Volatile fatty acids, VSS=Volatile suspended solids, WC=Water content, WR=Water resources, SRT=Solid retention time, MTC= Minimization of total cost of the system, MR=Maximizing revenue, UAMFC= Up-flow anaerobic microbial fuel cell.

a= Reduction in energy consumption (%) from (Georges et al., 2009); b= Reduction in energy consumption (%) from (Panepinto et al., 2016); c=

From (Hwang and Hanaki, 2000); d= Energy recovered or generated at site (%); e= All the electricity required for the process is from Solar

technology, considering 100% carbon emission reduction; f= (Gude, 2015); g= Carbon emission reduction equivalent to reduction in the energy

demand of WWTP (%); h= Carbon reduction mentioned in the article; i= Electricity generation efficiency of the system (Chen et al., 2013); j= %

of biogas produced; k= Energy reduction mentioned in the study.

Very few studies have focused so far on the water and energy issues together. In addition to 759 the models discussed in the previous sections, Table 4 reports additional nexus tools that 760 involve water and energy as components of the tool, but they were developed for a different 761 purpose, mainly understanding the nexus between the use of energy, water and food. For those 762 tools it is not always possible to clearly gather detailed information such as the WW treatment 763 techniques applied, energy recovery solutions from WW. These tools include IRENA's 764 Preliminary Nexus Assessment Tool (Shinde, 2017), Water-Energy-Food Security Nexus 765 Optimization (WEFO) (Zhang and Vesselinov, 2017), Water Food Energy Nexus Tool 2.0 766 767 (Daher and Mohtar, 2015), Multi-scale Integrated Analysis of Societal and Ecosystem Metabolism (MuSIASEM) (Giampietro et al., 2013, 2014), Forseer (Forseer beta, 2018), 768 NexSym (Martinez-Hernandez et al., 2017) and Platform for Regional Integrated Modelling 769 and Analysis (PRIMA) tool (Kraucunas et al., 2015). 770

Most of the studies shown in Table 4 are aimed at improving the WWT process efficiency along with energy and resource recovery. Models are mostly analytical or deterministic (Mass balance models) providing a clear view of underlying process mechanism and energy consumption of specific treatment techniques such as Aerobic process, electric energy recovery by AD and MFC, thermal energy recovery etc.

Main reason for grouping all the modelling studies in Table 4 is to compare the level of 776 decarbonisation strategies (3R's) discussed in different studies and identify gap in existing 777 energy decarbonisation tools for WWTP application. The expected carbon reduction of 778 779 different modelling studies is further compared in Figure 7. As already mentioned, the energy 780 intensity of the WWTP (including sludge treatment) differs from plant to plant based on the 781 quality of influent WW, treatment techniques employed and its efficiency. The optimal configuration of the WW treatment (i.e., selection of the treatment techniques) based on the 782 783 influent WW quality and desired effluent quality is suggested to reduce the carbon footprint of the plant up to 20% (Long and Cudney, 2012). Optimization of the equipment and machines 784 785 involved in the WW treatment can further reduce the energy demand (Ramli and Hamid, 2019). 786 Energy recovery from sludge using AD can reduce the CO₂ emissions by 50% (Molinos-787 Senante et al., 2015). The most frequently used and efficient biological treatment technique is the activated sludge process which is also the main energy consumer in the WW process. 788 789 Improving the energy efficiency (optimizing) of the aeration process can reduced carbon 790 emissions between the 10-30%, as mentioned in the earlier sections and up to 40% with machine learning control strategies (Cao et Yang, 2020). When considering energy recovery 791

technologies, AD is the most commonly used for electricity and heat generation. AD not only 792 treats the organic content of the sludge generated at the WWTP, but also generates up to 50% 793 of the energy used by the plant based on (i) the energy content of the organic fraction of sludge 794 and (ii) working conditions of the AD (Soda et al., 2010). Nowak et al (2015) reported that an 795 increased energy efficiency of the AD by co-digestion of the sludge with other locally available 796 organic waste can make WWTPs 100% carbon neutral. Integration of AD with other thermal 797 techniques like incineration (under controlled conditions including gas capture) for sludge 798 799 treatment can increase the energy production and reduce carbon footprint above 50. The value 800 depends on the sludge availability and regional regulation (Stillwell et al., 2010). Heat recovery from sewer WW (using heat pumps) can reduce carbon emissions of about 8% (Yang and Shen, 801 2014). As already mentioned in the initial section of this paper that the thermal energy stored 802 in the WW is higher than that demand, which can be supplied to the neighbourhood buildings 803 (Kretschmer et al., 2016). WWTPs with less scope for organic energy recovery, especially 804 805 small-scale WWTPs can reduce their carbon footprint in the range of 30-40% by optimizing their aerobic treatment process and by thermal energy recovery through wastewater heat pumps 806 (Larsen, 2015). Supply of the electricity from the solar PV towards the biological treatment 807 process (Han et al., 2013) or electro-chemical treatment process (Garcia-Garcia et al., 2015) 808 809 can reduce the carbon footprint of the specific treatment techniques due to electricity supply 810 from the renewable resource (;), however storage would be needed in order to provide a 811 continuous load and due to the low power density of PV systems, the solution would require an excessive investment and large area available to be able to cover the energy demand of the 812 813 most common activated sludge plants. Installation of micro hydropower turbine at low head WWTPs can reduce carbon emissions related to grid power consumption of about 30% (Ak et 814 al., 2017), whereas the same strategy at large flow plants (urban WWTPs) can reduce carbon 815 emissions associated with electricity consumption of up to 50% (Power et al., 2004). 816 Integration of water pumps alone with solar PV can reduce 9-15% of the total energy demand 817 and related carbon emissions (Taha and AL-Sa'ed, 2017). Plants with low scope for 818 819 biochemical process of energy recovery can apply techniques such as gasification/combustion, which not only generated energy in the range of 25-28%, but also reduces the air emissions and 820 821 reduces the waste volume to be disposed to landfill site (Yang et al., 2016).

Modelling studies on efficient WW treatment through electrochemical methods (García-García et al., 2015) and A^2O (anoxic-anaerobic-oxic) process (Han et al., 2013) by electricity supply from solar PV have good CO₂ reduction but are limited in application i.e., to lab-scale and 825 small WWT facilities, respectively. Application of MFC (Subha et al., 2019) for electricity generation and simultaneously treatment of WW has good potential to reduce carbon emission 826 from WW but are also limited similar to electro-chemical methods due to scalability issues. 827 The modelling works based on AD integration with heat pump (for heat recovery) (Yang and 828 Shen, 2014) or nutrient recover techniques (Khiewwijit et al., 2015) or aeration optimization 829 (Kretschmer et al., 2016) have achieved good carbon reduction efficiency, which ranges 830 between 40 to 60%. Further, the carbon reduction efficiency of WWTPs can be improved (up 831 to 80%) by integrating AD with thermo-chemical technologies like Pyrolysis, Gasification and 832 833 combustion, which not only helps in recovery of energy from the digested sludge, but also reduces the quantity of sludge sent to landfills. Further, excess electricity generated at the 834 WWTPs can further be stored in hydrogen storage tank and can be utilised when required as 835 mentioned in Nguyen et al (2020). 836



Figure 7. Carbon reduction of different modelling studies on Water-Energy Nexus of WWTPs

(*Note*: nWWT= Improvement in the wastewater treatment process; MFC= Microbial fuel cell; EC= Electro-coagulation; PV= Solar photovoltaic

- 842 digester; HP= Heat pump; Hydro= Hydro power; OD= Oxidation ditch; SHP= Small-scale hydropower; Inc= Incineration; NR= Nutrient recovery;
- 843 Comb= Combustion; Gasify= Gasification; ηsludge= Improving the sludge treatment; EB= Energy benchmarking; LS= Load-shifting; H₂=
- 844 Hydrogen storage).

845

846 **8. Conclusion**

WWTPs are reported as the highest energy consumers and CO₂ emitters among the water 847 industry, therefore it is important to access dedicated tools to investigate the best 848 decarbonisation strategies for WWTPs. The study shows that identifying the perfect tool is not 849 850 straightforward. Modelling tools available in literature have been developed with different purposes, either for improving the efficiency of the energy used by the facility or for integrating 851 renewable energy sources. Furthermore, several modelling tools have been developed for 852 specific WWTPs. Energy Online System is one of the few examples that could be widely 853 applied for optimizing the use of energy intensive devices like pumps and blowers and 854 improving the efficiency of AD. Another interesting tool is ENERWATER, an energy 855 856 benchmarking model that can help wastewater managers to understand how efficient they use energy. However, the benchmarks used come from data collected from some European 857 wastewater facilities and they are not always applicable to WWTPs belonging to other 858 859 geographic areas.

The studies analysed in the present paper clearly indicate that the complete decarbonisation of 860 861 the wastewater sector is possible, but only through the integration of both the energy saving and renewable energy production technologies. The challenge is to access a decision support 862 863 tool that can help wastewater managers to identify all possible decarbonisation strategies and prioritise the investments. Although, there are dedicated energy optimisation tools like 864 865 HOMER and RETscreen for renewable sources, such tools have not been developed for wastewater applications. It is not possible to link the energy demand to the main WW 866 parameters and to assess energy saving initiatives. In authors' opinion there is still the need to 867 868 develop a single platform able to understand how to reduce the energy demand of the wastewater process and to identify possible synergies between energy saving and renewable 869 870 sources exploitable in the wastewater facilities. The possibility to understand with a single tool 871 how to: i) use the excess electricity produced by intermittent renewable sources, ii) improve 872 the efficiency of the wastewater treatments, iii) shift the electrical loads to minimise the energy consumption and iv) optimise the energy generation from programmable renewable sources, 873 874 could, for example, increase the energy self-sufficiency of the WWTP and therefore show a better CO₂ emission reduction and profitability of the entire investment. 875

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