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Community Leadership Institute of Kentucky

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Background

The Community Leadership Institute of Kentucky (CLIK) aims to improve community research capacity to address health disparities in communities, particularly Appalachia.

Established in 2014, through a partnership of the UK Center of Excellence in Rural Health, the UK Center for Clinical and Translational Science Community Engagement Program, and the Kentucky Office of Rural Health, the intensive four-week training provides:

- Training in research and leadership
- Funding for community research projects
- Technical support for up to one year as participants implement community research projects

Up to 12 slots are available annually, with priority given to leaders from Appalachian Kentucky and to projects related to key areas of research interest, including:

- Cancer prevention (e.g., nutrition, physical activity, smoking cessation)
- Reducing obesity and sedentary lifestyle
- Prevention and management of chronic diseases (e.g., diabetes and cardiovascular disease)
- Prevention and treatment of substance abuse

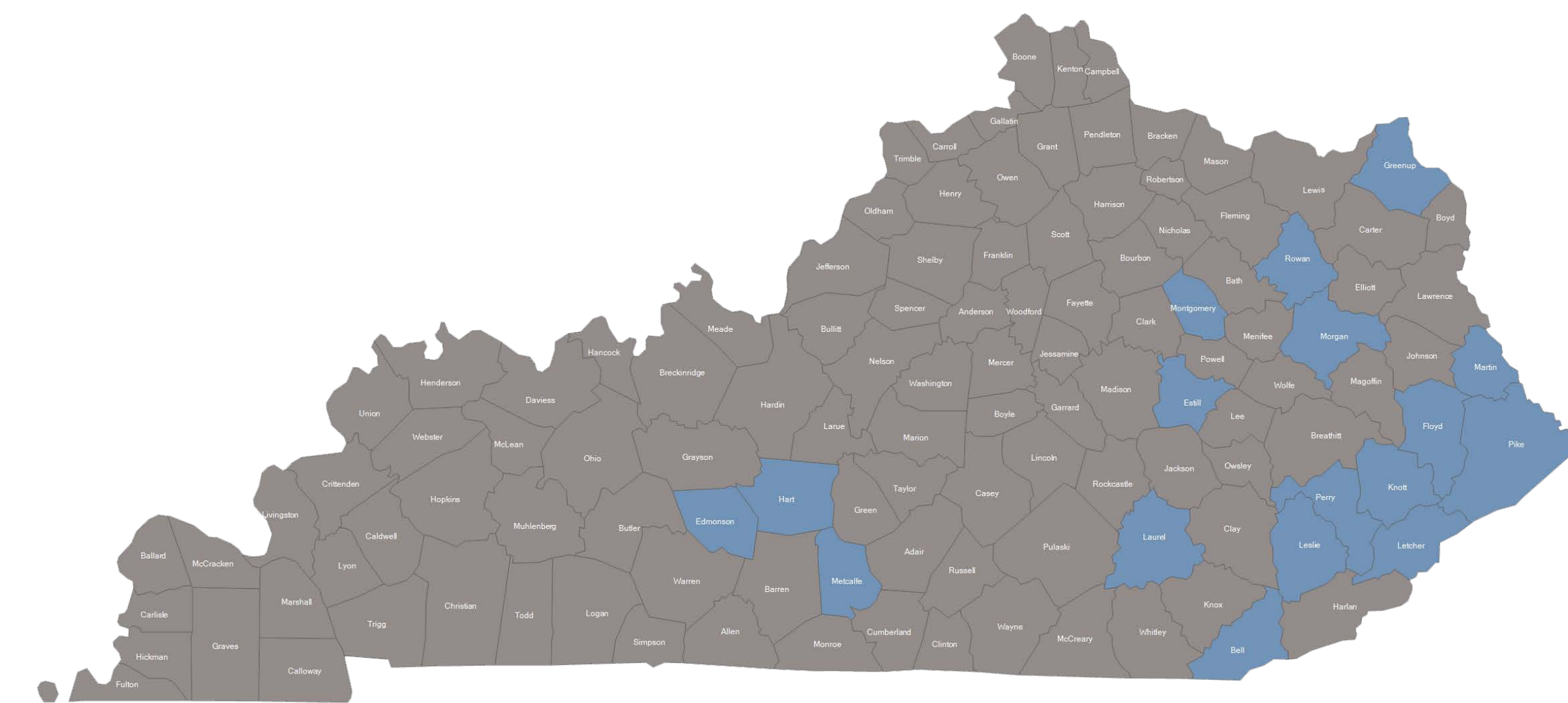
Training and Faculty

Interactive, hands-on training is provided by experienced faculty from the University of Kentucky's Colleges of Medicine, Public Health, Communications, Nursing and Health Sciences. CLIK participants receive diverse training from faculty who are top experts in their given fields.

- Accessing and Mining Public Datasets
- Advanced Public Speaking
- Assessing Community Health Needs
- Data Analysis
- Data Visualization
- Designing and Implementing a Solid Budget
- Ensuring Evidence-Based Practice
- Grant Proposal Writing
- Human Subjects Protection
- Program Evaluation
- Quality Improvement
- Survey Development



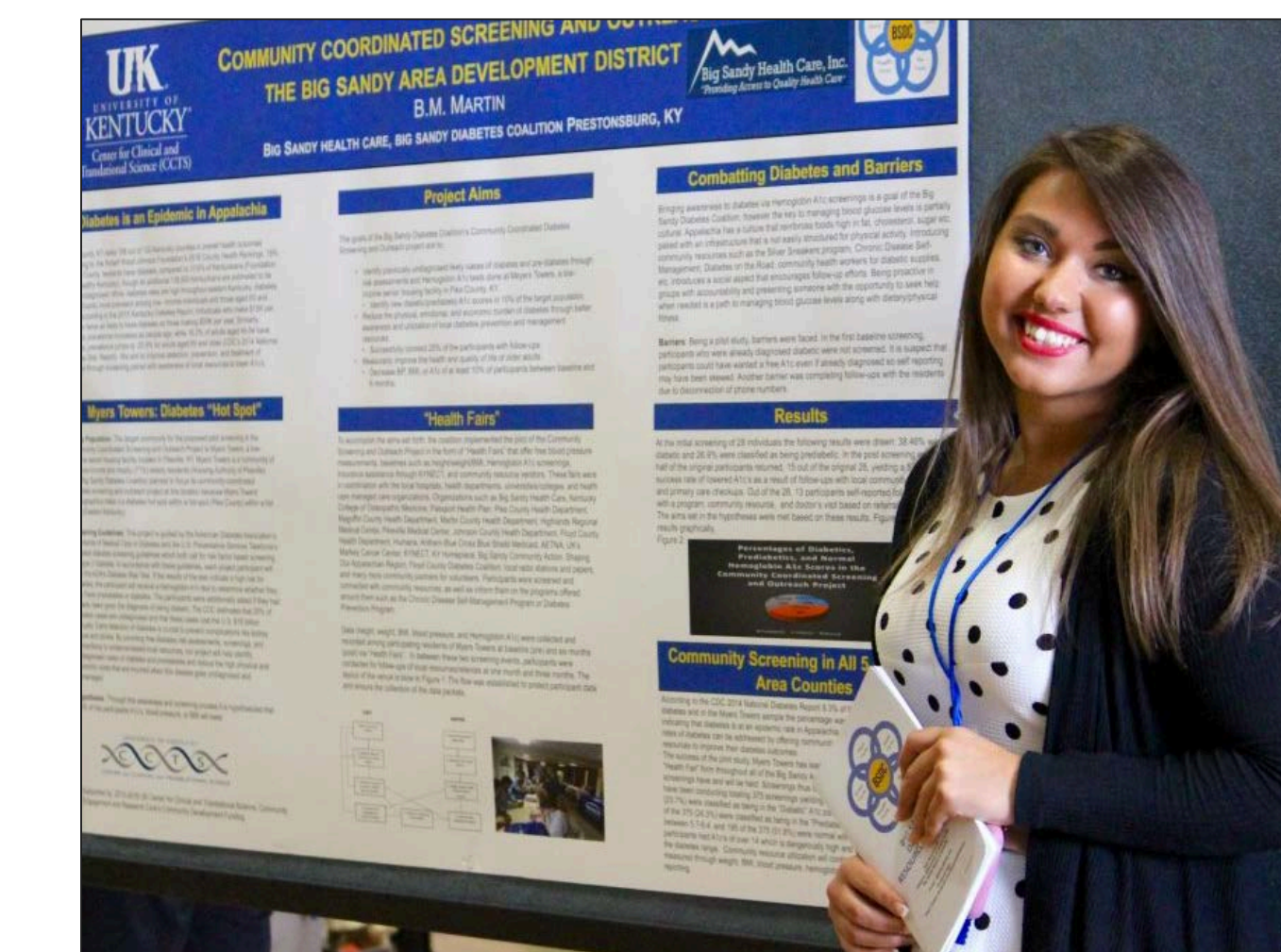
Participants, Organizations and Projects by County



Name/Title	Class	Organization	County	Project Title
Ashley Nicole Gibson TLCZ Practice Facilitator	2017	St. Clair Regional Medical Center	Rowan	A School-based Tobacco Cessation Program: An Alternative Approach to Disciplinary Action
Betsy Clemons Executive Director	2017	Hazard-Perry County Chamber of Commerce	Perry	Extending the Walking Path of the River Arts Greenway
Elisha Fisher Health Educator	2017	Barren River District Health Department	Edmonton, Hart and Metcalf	Wellness Works
Jimmy Cantrell	2017	Appalachian Outdoorsman Association	Morgan	Hitting the Goal on Healthy Habits
Mary Alice Prater Faculty and Success Coach	2017	Maysville Community and Technical College	Montgomery	Fit for Life
Mayur Ramesh Shah Volunteer	2017	Backpack Program	Laurel	Learning Lessons from Community Backpack Programs: Best Practices and Opportunities
Morgan Fowler Director of Operations	2017	Marcum and Wallace Memorial Hospital	Estill	Opioid Medication Disposal
Sherrie Stidham Health Educator	2017	KY River District Health Department	Perry And Letcher	100% Tobacco Free Schools
Jill Conway Provider Liaison	2015	Bluegrass Care Navigators (formerly Hospice of the Bluegrass)	Perry	Medical Order Scope of Treatment (MOST) Form Advanced Planning Education
Emily Cornett AmeriCorps Vista	2015	Discover Downtown	Bell	Analyzing the Impact of Trail Usage on Health Outcomes in Middlesboro
Kelli Thompson Student Agency Lead	2015	KY Valley Education Coop	Pike	Ensuring Growth is Our Business – Replicating School Gardens
Sarah Osborne Coordinator	2015	Leslie County Schools 21 st Century Community Learning Center	Leslie	Get Fit Academy
Brittany Martin Health Planner and AmeriCorps Vista	2015	Big Sandy Health Care, Inc.	Martin	Community Coordinated Diabetes Screening and Outreach Project in Martin County
Ashley (Harkins) Webb, LPN Licensed Diabetes Educator	2015	Perry County Health Department	Perry	Stick It To Diabetes
Shannon Adams, MSN Executive Director of KRHIT	2015	Kentucky Rural Health Information Technology	Laurel	Project Affecting Care Transitions (PACT)
Holly West Healthcare Innovator and Grant Writer	2015	Our Lady of Bellefonte Hospital	Greenup	Using the Social Influences Resistance Model to improve youth tobacco and substance-abuse prevention and control: Is it effective?
Steve Richardson Director of Pupil Personnel	2014	Knott County Schools	Knott	Bright Smiles: Brighter Futures
Sandy Hogg Wellness Lead	2014	Kentucky Valley Education Cooperative	Perry	Diabetes Wellness at Work
Neva Francis Vice President Healthy Communities	2014	Kentucky OneHealth	Floyd	Diabetes Care Coordination
Sandy Bowling Registered Nurse	2014	Compassionate Hearts Daycare	Perry	Increasing Physical Activity at Adult Daycare
Kelsey Tackett Teacher	2014	Floyd County Schools	Floyd	Successful Women and Appalachian Girls (SWAG) Take on the Greenhouse
Haley Siler Performance Management Coordinator	2014	Barren River District Health Department	Edmonton, Hart and Metcalf	Improve healthy eating/cooking among SNAP (Supplemental Nutrition Assistance Program) recipients in Hart, Edmonson, and Metcalfe counties

Impact

- ✓ 22 CLIK Graduates
- ✓ 22 Real-World Projects Implemented
- ✓ 17 Appalachian Counties Impacted
- ✓ 12,000 Adults and Children Impacted
- ✓ \$70,000 In Additional Funding and In-kind Services/Supplies
- ✓ 2 CLIK Graduates Now Employed in Appalachian Research Projects
- ✓ 6 CLIK Graduates' Projects Featured in News/Media
- ✓ 2 CLIK Graduates Presented Research Posters at 3 Venues
- ✓ 2 CLIK Graduates Selected for Shaping Our Appalachian Region Innovation Summit



Special Program Features

Each participant receives:

- A \$2500 grant awarded to their organization for their participation in the competitive program and completion of a proposed project.
- An assigned research mentor.
- The opportunity to present their research at the annual CCTS conference.
- Extensive networking opportunities.

