

## Abstract

**Title:** The competency profile of a taekwondo coach.

**Objective:** The main objective of this thesis is to create a competency profile of a taekwondo coach from the view of taekwondo trustees and to compare the importance of each competences between the categories children and adults, competitors and recreational taekwondists.

**Methods:** The method used to create a competency profile of a taekwondo coach in this thesis is a quantitative research, specifically in the form of an electronic inquiry of the trustees and then a qualitative research through half-structured interviews with taekwondo club coaches and the president of the taekwondo union.

**Results:** The created competency profile includes a total of 20 most important competences from three main areas: personality characteristics (*honest, trustworthy, consistent, empathetic, friendly, mentally resilient, fair and responsible*), skills and abilities (*punctuality, communicativeness, organizational skills, critical situation solving skills, the ability to analyze mistakes, the ability to motivate, the ability to explain, the ability to create a training plan and feedback*) and education and knowledge (*the knowledge of taekwondo rules and hygienics*). Concurrently a second competency profile was created, replacing some of the competences from the first profile with competences that are considered to be missing (*2<sup>nd</sup> coaching class, self-education, the ability to cooperate with other coaches and the presence at trainings*). After comparing the groups children-adults and competitors-recreational taekwondists there were noticeable differences in regards to the importance of individual competences (children-adults: *amusing, individuality and the knowledge of a foreign language other than English*; competitors-recreational taekwondists: *amusing, the ability to motivate and competing past*).

**Keywords:** competence, competency model, coach, taekwondo, personality