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4 5	<i>In situ</i> chelation of phosphorus using microencapsulated aluminum and iron sulfate to bind intestinal phosphorus in rainbow trout (<i>Oncorhynchus mykiss</i>)
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40 Highlights

- 41
- Incorporation of encapsulated P-chelating agents into fish reduces phosphorous
 release by feces.
- Using encapsulated AI and Fe does not induce a decrease in growth performance
 and does not alter the retention of phosphorus in fish.
- This encapsulation process limits the action of chelating agents (Al, Fe) in the stomach and proximal intestinal regions.

48 Abstract

49 Excess phosphorus (P) in freshwater ecosystems increases primary production which, left 50 uncontrolled, may lead to eutrophication, accelerating the ageing process of receiving 51 water bodies. To limit phosphorus release resulting from freshwater aquaculture, we 52 propose to incorporate microencapsulated P-chelating agents into fish diets. In a first trial, 53 alum (Al₂SO₄) and ferrous sulfate (FeSO₄) were encapsulated by spray-chilling in a 54 hydrogenated lipid matrix. Two practical diets incorporating one of these two chelating 55 elements (6 g/kg) were fed to fish for five weeks (w), and P release from resulting feces 56 was compared. In a second trial, a similar approach was used to evaluate the impact of 57 increasing supplementation of encapsulated alum (3, 6, 15 g/kg of diet). Feces from the 58 fish fed with the diets incorporating alum and ferrous sulfate released 62% and 54% 59 respectively less P than feces from fish fed with control diets. The second experiment 60 revealed a negative correlation between the level of encapsulated Al₂SO₄ included in the 61 diet and phosphorus released by the feces ($y = 0.18x^2 - 4.78x + 62.7$; $R^2 = 0.93$). Feces 62 from feed incorporating Al₂SO₄ at 0, 3, 6 and 15 g/kg released 62%, 52%, 39%, and 32% 63 of the total fecal P after 14 days respectively. Fish fed encapsulated Al_2SO_4 have similar growth performance and mineral status. Incorporation of encapsulated P-chelating agents 64 65 into fish feed offers an opportunity to manage P release from fish feces. Long-term feeding 66 studies are required for validation of dietary Al₂SO₄ and FeSO₄ impacts on potential toxicity and growth/environmental performance following chronic feeding of encapulated 67 68 P chelating agents.

69

Keywords: Fish farming - pollution - phosphorus solubilization – encapsulating - ferrous
 sulfate - Alum.

72 73 **Abb**

Abbreviations
AlA, Acid Insoluble Ash; AOAC, Association of Official Analytical Chemists; APHA, American Public Health
Association; ADC, Apparent Digestibility Coefficient, Ctrl, Control; Ctrl+, Positive control positive; FCR, Feed
Conversion Ratio; FI, Feed intake; HSI, Hepatosomatic Index; GRIPHA, Groupe de Recherche Intégrée en
Physiologie et Sciences Animales; LARSA, Laboratoire de Recherche des Sciences Aquatiques; NRC,
National Research Council; o-PO₄, Inorganic phosphorus; OP, Organic phosphorus; P, Phosphorus; PCBF,
Programme Canadien des Bourses de la Francophonie; RAQ, Ressources Aquatiques Québec; SGR,
Standard Growth Rate; TGC, Thermal-unit Growth Coefficient; TP, Total Phosphorus

81 Introduction

82 Eutrophication is a slow, natural process by which water bodies receiving excess nutrients , notably phosphorus (P) and nitrogen (N) leads to the growth of algae and aguatic plants 83 (Elser et al. 2007). In freshwater systems, it is typically the enrichment of P that 84 85 accelerates this process (Correll 1998; Elser et al., 2007). In streams and lakes, P is found 86 in dissolved and particulate forms; in dissolved form, soluble reactive phosphorus (SRP) 87 is the amount of phosphorus directly available for plants. This phosphorus fraction consists mainly of the inorganic orthophosphates (o-PO₄, H₃PO₄, H₂PO₄⁻ and HPO₄²⁻) (Maruo et 88 89 al., 2016). Particulate forms (organic or mineral) were in permanent exchange with 90 dissolved forms under the action of microorganisms and adsorption/desorption 91 mechanisms. The SRP from these above processes in the oligotrophic zone diffuses into 92 the eutrophic zone (Khan and Ansari, 2005).

93

Fish farming activities constitute point sources of organic-P discharge to the environment and measures to limit its release are necessary to protect receiving water bodies. Two strategies have been implemented to control P emissions: first; limiting dietary P level by reducing nonavailable P source from raw ingredients to improve the digestible P fraction in diet and second, treating effluents by mechanic filtration followed or not by a P-removal treatment (Koko, 2007). For this former strategy, organic matter filtration and removal treatment of dissolved orthophosphates are generally used.

101

102 Effluent P-removal methods include chemical precipitation; crystallization enhanced 103 chemical precipitation (e.g., using steel slag, Claveau-Mallet et al., 2015) and ion 104 exchange (Morse et al., 1998). Chemical precipitation by the addition of hydrated lime to 105 the supernatant from fish sludge storage tanks is the most widely-used method. This 106 approach was demonstrated to be very efficient (90% reduction of SRP) but leads to an 107 increase in effluent pH (\geq 10), which needs to be diluted into the main effluent stream. 108 Effluent treatment techniques often take place several (≤ 6) months after feces egestion, 109 resulting in potentially significant P (80% of total fecal P) release into the water column, making subsequent $o-PO_4$ to remove higher (Dosdat et al., 1992). 110

111

In this study, we hypothesized that incorporating chelating agents directly into the fish diet would reduce $o-PO_4$ solubilization by feces in settled ponds. The compounds used to chelate the unabsorbed P were aluminum sulfate (alum) and ferrous sulfate. These metal salts have been used since the 1950s in municipal wastewater treatment. Studies in poultry have demonstrated the efficiency of alum and ferrous sulfate to render P insoluble in broiler litter (Shreve et al., 1995; Moore et al., 1999; Codling et al., 2000; Sims and Luka-McCafferty, 2002).

119

Phosphorus is an essential element for fish and is uniquely obtained from ingested food. In rainbow trout (*Oncorhynchus mykiss*), available phosphorus is rapidly absorbed in the pyloric region of the proximal intestine (Avila et al., 2000; Vandenberg, 2001; Sugiura et al., 2003) with fractions of unabsorbed and unavailable P transiting to the distal intestine. To ensure adequate P absorption in the proximal intestine, chelating compounds were encapsulated in a hydrogenated lipid matrix. This appraoch was based on the ability of anencapsulation process to limit the action of chelating agents in the stomach and proximal intestinal regions by avoiding early release of chelating agents. In distal intestinal regions, the action of pancreatic lipases liberates the chelating compounds, allowing complexation prior to egestion into the tank water. This study aimed to determine the efficiency of the addition of microencapsulated chelating agents in the fish diet to reduce P release from settled and undisturbed feces at 7 and 22 °C. Secondly we study the dosereponse of incorporating alum on P release and P-status of fish.

133 Materials and methods

134 **Experimental Diets**

135 Four diets were formulated based on the National Research Council recommendations for 136 rainbow trout (NRC, 2011). The four diets included the following: diet Ctrl-, the control diet 137 without a chelating compound; diet Ctrl+, the positive control diet containing the lipid encapsulation matrix without a chelating compound: diet Al-containing the chelating 138 139 compound Al₂SO₄ in the lipid matrix; diet Fe containing the chelating compound FeSO₄ 140 in the lipid matrix. The two chelating compounds were encapsulated whereby a molten 141 lipid matrix (using a proprietary processing technique) by spray chilling, thus entrapping the product of interest. The information about the lipid matrix (Jefo matrix) and the 142 143 production process is internal to Jefo Nutrition Inc, (5020 Avenue Jefo, Saint-Hyacinthe, 144 Québec, Canada, https://iefo.ca/fr/innovation-developpement/technologie-iefo-matrix/). 145 The chelating compounds used to chelate the unabsorbed P in feces produced fine, freeflowing microbeads (between 500 -1000 µm) which were added in the feed mixture at a 146 147 level of 20 g/kg before pelleting for the first feeding study (**Table 1**). The chelating 148 compounds. Al₂SO₄ and FeSO₄ were encapsulated in a commercial-scale facility (Jefo 149 Inc., St Hyacinthe, Québec, Canada), based on preliminary work to validate the optimal 150 matrix composition to ensure chelating compound release in the hindgut.

151

For the second feeding study, encapsulated Al_2SO_4 was supplemented at four (0, 10, 20 et 50 g/kg of Al_2SO_4 -chelating compound which gives 0, 3, 6 and 15 g/kg of Al_2SO_4 in diet, respectively) dietary concentrations (**Table 2**). The nutrient digestibility of the two groups of 4 diets formulated in two experiments is indicated in **table 3**.

156

157 An indigestible marker (Sipernat 50[™] as a source of insoluble acid ash (AIA)) was added 158 to each diet at 10 g/kg to evaluate the apparent digestibility coefficient (ADC). Guar gum (3 g/kg) was added to the diets to improve feces stability. The ingredients were thoroughly 159 mixed, and steam pelleted using a California Pellet Mill (detail in the footnote of Table 1). 160 Fish oil was added to the feed in two stages; 25 g/kg of diet was first added to the mixture 161 162 and the remaining (90 g/kg of diet) quantity by coating after the pellets were produced and dried (45 °C, 8 h). Then pellets (4.0 mm dia.) were dried in a forced-air oven (45 °C, 24 h), 163 164 sieved and stored at -20 °C until feeding.

165

166 Fish rearing. feeding and experimental design

The feeding trials were conducted for 5 weeks in a freshwater recirculating aquaculture system (98% recirculation) at the *LAboratoire de Recherche en Sciences Aquatiques* (LARSA - Université Laval). Suspended solids were removed using a sand filter, and ammonia was converted to nitrate using a trickling biofilter. Ammonia and nitrite concentrations were monitored twice weekly to assess biofilter performance. Fish were held at 12°C. Dissolved oxygen varied between 9.4 -10.7 mg/L and the photoperiod were adjusted to 16 h light - 8 h dark. For each experiment, all-female (n = 264) triploid rainbow trout (Exp.1: 182 \pm 7 g; Exp.2: 110 + 5 g; mean \pm SEM) were transferred from a local fish farm (*Pisciculture des Monts de Bellechasse Inc., Saint-Damien-de-Buckland, Canada*) to

176 the LARSA facilities. Fish were randomly distributed among 12 gray semi-square tanks

- 177 (150 L volume; density of 24 kg/m³ at the start of the study) in a complete randomized
- 178 design with four diets and three replicate tanks per diet.
- 179

180 Fish were acclimated during the first week and fed with the control reference diet. Fish 181 were fed to satiation by hand on two consecutive days per week followed by restricted 182 feeding by belt feeders on the subsequent five days of the week. Restricted feeding was 183 defined as 80% of the average daily feed intake (FI) when fed to satiation. During satiation 184 feeding, fish were fed by hand at 08.00 and 15.00 until no further feeding activity was 185 observed. The experiments complied with the guidelines of the Canadian Council on Animal Care (Olfert et al., 1993) and approved by the Comité de Protection des Animaux 186 187 de l' Université Laval (CPAUL 2010).

188

189 Growth measurements

Fish were weighed just before each experiment, after two weeks (w) and at the end of the experiment (5 weeks). Growth performance was evaluated based on fish tank biomass (tank biomass/number of fish = Initial Body Weight or Final Body Weight; concise respectively IBW or FBW) gain and FI using the total amount of feed given to each tank in this period divided by the number of fish. Average feed conversion ratio (FCR) standard growth rate (SGR) thermal-unit growth coefficient (TGC) and hepatosomatic index (HSI) were calculated as follows:

- 197 Weight gain = [(FBW IBW) / IBW] × 100 %
- 198 FCR = [FI / (FBW IBW)]
- 199 SGR = 100 × (InFBW InIBW) / days
- 200 TGC = $100 \times (FBW^{1/3} IBW^{1/3}) / sum of daily water temperature$
- 201 HSI = (liver weight/body weight) × 100 %
- 202

203 Fecal collection

204 Feces were collected using a modified Guelph system based on Cho et al., (1982) placed 205 under the fish tanks. Following the last feeding of the previous day, the tanks and collection 206 systems were thoroughly cleaned and purged immediately of any uneaten feed and feces. Feces were collected overnight; before the morning feeding, feces were decanted, excess 207 208 water removed and stored at -20 °C. Feces were freeze-dried for 7 d before analysis to 209 determine ADC. Feces used for the phosphorus release experiment were collected the 210 same day for all tanks. For each treatment, the feces collected in the three tanks were 211 pooled and used immediately for the experiment.

212

213 Scale and carcass collection

At the beginning and end of the experiments, six fish per tank (3 for scale and 3 for carcass collection) were sacrificed using MS-222 (150 mg/L, Syndel International Inc., Vancouver, BC, Canada), measured (fork length) and weighed. Scales were scraped from tail to head and stored in 70% ethanol solution until the ash and P determination. For carcass

218 processing, fish were stored at -20 °C pending the determination of mineral content. Ash

content in scales and carcass was determined using the method described in Le Luyer et
al. (2014). Scales were dehydrated in a graded series of ethanol (70, 90, 100 %; 24 h
/bath), delipidated in acetone (two baths of 24 h), then in trichloroethylene (two baths of
24 h). Carcasses were autoclaved, homogenized then freeze-dried. Scales and carcasses
were used to estimate fish bone mineral and ash whole-body content. These parameters
indicate the bone mineral status of fish (P-sufficient or P-deficient).

225

226 Analytical Methods

227 Scales, carcasses, feces, and diet were analyzed for dry matter (drying in a vacuum oven 228 for 18 h at 105 °C) and ashed (incinerating in a muffle furnace for 18 h at 550 °C) to the 229 nearest 0.1 mg according to AOAC 927.05 and 930.30 methods guidelines (AOAC 1990). 230 Phosphorus content was determined by ion chromatography (ICS-3000, Dionex 231 Corporation, Sunnyvale, CA, USA) following ash digestion in nitric acid (18 ml of HCI 50%) + 3 ml nitric acid) solution and filtering (Whatman paper #1, rinsed three times in 100 mL 232 233 volumetric flask) (Naumann and Bassler, 1976). The mass of acid-insoluble ash 234 represented mainly the mass of Sipernat 50[™] (Atkinson et al.,1984).

235

For diet and feces, crude protein (% N×6.25) was quantified using the semi-automatic Kjeldahl method (Foss Electric, Denmark; AOAC method 7, B01-7, B04), lipid content using ethyl ether extraction without acid hydrolysis (Soxtec System HT12, Foss Tecator AB; Hoganas, Sweden), and crude energy using content was an adiabatic bomb calorimeter (Parr Instrument Co., Moline, IL, USA). The ADC for dry matter, protein, energy, lipids, and P were calculated using the following formula (Gui et al., 2010):

- 242
- 243

ADC = 1- $(N_{feces}/S_{feces}) \times (S_{diet}/N_{diet})$

where S and N were the Sipernat 50 and nutrient content (dry matter, protein, lipids, energy, ash, and P) in the diet or feces, respectively.

244 245

246 **Fecal phosphorus release**

247 Feces use for P release trials were collected on two consecutive days, 3 weeks following 248 feeding initiation. These feces samples were pooled according to the treatment, transferred to 50 mL conical tube (Falcon, Becton Dickinson) and centrifuged (5 min at 249 250 1300 xg) to dewater feces to a similar degree. The supernatant was removed, and the 251 sedimented pellet was used for the P release experiments. The fecal samples used for 252 the digestibility study were collected during the entire experiment except for these two days. These fecal samples were frozen (-20 °C) until used for analytical analysis as 253 254 previously described.

255

256 Approximately 5 g of feces from each diet were placed in the bottom of a beaker (500 ml) 257 containing 300 ml of deionized water (Hasnaoui et al., 2001). Each treatment (feces from one of the four diets) was repeated three times. Two conditions were tested: low 258 259 temperature (7 °C) and room temperature (22 °C) in the absence of light. On days 1, 2, 4 260 and 7, duplicate water samples (5 mL) were aspirated from each beaker using a 15 mL syringe, fitted with a 0.45 µm EMD Millipore Millex filter, to measure the released inorganic 261 P, which was determined using the molybdate vanadate American Public Health 262 263 Association method (APHA, 1992).

264

265 Statistical analysis

266 Data were expressed as mean ± standard error mean (SEM) or standard deviations (SD) 267 with tank or beaker as the experimental unit. Normality and homogeneity of variance were tested using Shapiro Wilk, and Bartlett tests and data were log-transformed when needed. 268 269 When data respected the assumptions of normality ANOVA, or ANCOVA was performed. 270 For growth performance indicators and P-status despite the initial body weight (IBW) was 271 significantly (P = 0.033 and 0.007) different between diet, ANCOVA was used to compare the effect of diet on the growth indicators (FBW, FI, WG, TGC, HIS, ash, and P content). 272 273 When analysis showed a significant difference, the Tukey test was performed to compare 274 the treatments. For the o-PO4 release, two way (feces and time) analysis of variance was 275 performed. When significant interaction between these factors was found, the Tuckey test was used to compare treatment each time (Zar, 1999). All statistical analyses were 276 277 performed using R version 3.2.3. The level of significance used in all tests was P<0.05 278 except the scale's ash (P<0.01) in experiment 2. Regression analysis was performed using the regression function of the software Microsoft Excel (Microsoft, Seattle, WA, 279 280 USA).

281

282 Results

283 Effect of feeding encapsulated alum and iron sulfate

At day 0, individual average body mass for fish fed with Fe was lower than fed with Ctrl+. However, the initial individual body mass of these two groups does not individually differ with the other two groups (Ctrl and Al). These differences were found to impact FI, mass gain, and TGC during the first two weeks. At the end of the experiment these effects disappeared. Indeed, no significant effect of diet were found on FCR, TGC and HSI, but remain for FI and FBW (**Table 4**).

The ash content in fish scales $(30.6 \pm 2.2 \%)$ was similar at the beginning and end of the experiment. However, the ash content of carcasses was significantly higher at the beginning $(9.4 \pm 1.0 \%)$ than the end $(7.8 \pm 0.4 \%)$ of the experiment. At the end of the experiment, carcass ash was similar regardless of the dietary treatment. These same variations were found in carcass P (**Table 6**).

295

296 The growth performance the differences at the end of the experiment were not statistically 297 significant but we note that the fish fed with a diet incorporating AI have numerically lower 298 weight gains than the other treatments (40.7 vs. 51.9, 54.4, 54.1; see Table 4). Therefore, 299 FCR was numerically (1.65 vs. 1.40, 1.46 and 1.19) higher.. These results were correlated 300 with a lower scale P (P=0.026) for a fish fed diet containing AI (3.0 vs. 3.9, 3.2 and 4.4). 301 These results (weight gain, FCF, scale P) suggested lower availability of P dietary due to 302 the presence of AI in this diet. These results weren't confirmed in experiment 2 where 303 higher levels of AI were incorporated in the diet (Figure 1). Scale P, FCR, TGC, FI, FBW 304 were not significantly different at the end of experiment 2 (Table 5).

305

P content in fecal matter used for the P-release experiment was 18 ± 0.75 g/kg (mean ± sd; dry basis). P-release was calculated using total P in feed taking in account ADC of total P (TP). The release of o-PO₄ from the feces of fish fed different diets was higher at room temperature (**Figure 2**). Indeed, the minimum and maximum values, after seven days, were 1.2 ± 0.7 and 40.7 ± 2.5 % of TP in feces at 7 °C and 0.7 ± 0.5 and 70.4 ± 2.2 % of TP in feces at 22 °C; the effect of chelating compounds was more pronounced at room temperature.After seven days, the o-PO₄ released from feces in Ctrl and Ctrl+ 313 groups was significantly higher than released by feces from diets with chelating 314 compounds (Fe and AI). The feces from the diet including encapsualted AI released the 315 lowest quantity of $o-PO_4$.

316

317 Experiment 2: increasing Al₂SO₄ concentration

At the end of the five-week feeding study, the level of alum incorporation did not affect scale mineralization of fish fed increasing encapsulated Al (**Figure 1**). Scale mineralization differed between fish at the beginning, and the fish fed after five weeks with the diet having the highest inclusion of alum (15 g/kg)..

322

The release of $o-PO_4$ from the feces increased significantly during the incubation period (0-14 d). The level of encapsulated Al incorporated in diets influenced fecal $o-PO_4$ release over time. The interactions between the level of encapsulated Al and time were highly significant (*P*<0.001). Thus, after 14 days, the amount of $o-PO_4$ released was highest from the feces of fish consuming the control diets (62.0 ± 6.3 % of TP in feces, *P*<0.01).

At the end of the feces incubation period (d 14), there was a strong relationship ($R^2 = 0.81$ and $R^2 = 0.93$ for linear and polynomial models; respectively; *P*<0.001; **Figure 3**) between fecal o-PO₄ release and encapsulated Al concentration fed to fish. At the end of the P release experiment, feces from fish fed with a diet having 15 g/kg of encapsulated alum demonstrated a significantly reduced rate of P solubilisation/release.

333

334 Discussion

Numerous developments have been made in the field of encapsulated food ingredients (Gibbs, 1999). In this study, o-PO₄ chelating compounds were dispersed within a molten hydrogenated vegetable fat matrix and lipid microcapsules produced by spray-chilling (Champagne and Fustier, 2007). Lipid-based microcapsules resulting from this process were assumed to remain mostly intact through gastric and proximal intestinal transit, with chelating compounds being released into the intestinal lumen as intestinal lipases degrade the lipid matrix.

342

343 The anatomical region where chelating compounds are released is a key component 344 determining the effectiveness of this technique. Ideally, the chelating compounds should 345 be released after P absorption sites, those being within the pyloric caecae and regions 346 immediately distal thereof (Avila et al., 2000; Sugiura et al., 2003). Release occurring 347 before these regions may lead to inadequate P absorption inducing P deficiency, with negative impacts on adequate tissue mineralization and growth performance (NRC, 2011). 348 349 Preliminary work from our laboratory demonstrated that inclusion of AI and Fe directly in 350 the diet, without encapsulation, led to a significant decrease in feed intake and growth 351 performance in trout (Fournier, 2008). Considering this, we proposed the use of microencapsulation to reduce the negative impacts on feed intake and growth performance, and 352 353 control the release and the action of these two compounds towards the hindgut.

354

The kinetics of chelating compound release from lipid microcapsules depends on the activity of the lipases in the different regions (stomach, pyloric caeca, midgut, and hindgut) of the gastrointestinal (GI) tract. Few studies have been conducted to determine the difference in lipase activity between these GI tract regions in rainbow trout. One relevant study only considered the total lipase activity (Furné et al., 2005). We previously determined that lipase activity is significantly higher in the pyloric caeca/midgut versus the
 stomach and hindgut in rainbow trout of 120 and 800 g (Ndiaye, 2018 unpublished data).

362

363 The results of scale mineralization demonstrate no signs of P deficiency in fish fed diets with encapsulated chelating compounds. This supports the underlying assumption that the 364 lipid microspheres were degraded distal to the sites of P absorption.Deschamps et al. 365 (2014) and Le Luyer et al. (2014) revealed a rapid decrease (within 2 weeks) of scale 366 mineralization in rainbow trout fed a P-deficient diet. The levels of ash in scales of fish 367 368 used in the two feeding experiments (30.6-32.0%) were similar to the values found in trout 369 fed with sufficient dietary phosphorus (Le Luyer et al., 2014). In the current studies, neither 370 scale nor carcass mineralization was altered following feeding encapsulated P-chelating 371 compounds.

372

373 The level of dietary total P was higher compared to commercial rainbow trout diets (11.2-374 13.7 vs. 10 g/kg). Apparent P digestibility was relatively low, and not affected by dietary 375 inclusion of encapsulated chelating compounds in a consistent manner. (Table 3). 376 Difference in P availability is not correlated to a different levels of scale ash. The method 377 of digestibility evaluation (settling columns) can result in significant leaching into the 378 supernatant (data not shown) during feces collection and partially explain this difference 379 on P apparent digestibility beetwen the diets., The release of chelating compounds in the 380 proximal intestinal tract of fish would lead to either a P-deficiency or significant absorption 381 of Fe or Al. In both cases, we did not notice any significant difference in mineral status 382 (Table 3 and Figure 2) or AI or Fe digestibility (Table 3), when compared to the other 383 treatments, thus confirming our underlying assumptions.

384

385 Another observation that confirms liberation in the distal part of the intestine is the fact that we do not detect any sign of short-term toxicity despite the increased dietary inclusion of 386 387 Fe and Al. For fish, iron is more toxic than Al (Desjardins et al., 1987; Handy and Poxton, 388 1993; Bury et al., 2003;) and it is required in small quantities in the feed (0.1-0.3 g of Fe/kg 389 of feed). At higher concentrations (0.2-6.3 g of Fe/kg of diet), fish develop signs of toxicity 390 from this element (Desjardins et al., 1987; Baker et al., 1997;). Iron toxicity causes a 391 decrease in FI and growth, diarrhea, and liver damage (an increase of HSI) that can lead 392 to fish death. Despite the high level of iron (2.4 g of Fe/kg of feed) inclusion in Experiment 393 1, no short-term signs of toxicity were observed (**Table 3**). Long-term growth studies are 394 required to specifically address potential toxicity issues of chonic feeding of encapsulated 395 Al and Fe.

396

397 Few studies have been performed to highlight the effect of adding alum or iron on the insolubilization of P from egested fish feces. Preliminary studies on the use of 398 399 encapsulated alum in the diet of rainbow trout were aimed to reduce feces friability 400 (Fournier, 2012). This study demonstrated that the addition of alum reduced the 401 suspension of o-PO₄ by up to 85% (10.5 g of Al/kg of feed) over a one-week sampling 402 period. In experiment 1, we observed reductions of 54% and 38% of o-PO₄ with the 403 inclusion of 0.9 g/kg of AI and 2.4 g/kg of Fe, respectively, which is consistent with Fournier 404 (2008). The second experiment also confirmed this study and highlighted the dose-effect of encapsulated dietary alum on the insolubilization of fecal P. Indeed, the levels of o-PO₄ 405

released from feces after 14 days were reduced by 15, 38 and 50% for the 3, 6, and 15 g/
kg feed of encapsulated alum, respectively.

408

409 The form of phosphorus has a significant effect on the solubilization of P from feces. Lall and Lewis-McCrea (2007) noted that calcium-bound phosphorus (mainly hydroxyapatite) 410 fractions were insoluble, whereas fractions of organic P (OP; 60-80% of total P) were 411 412 dissolved over time (Foy and Rosell, 1991; Dosdat, 1992; Ackefors and Enell, 1994). 413 There is a consensus on this level of fecal organic P (Ouellet, 1999) despite great 414 variability from one experience to another (Dosdat, 1992; Lall, 1991). It seems that fecal 415 OP is largely mineralized to $o-PO_4$ within a few days. Garcia-Ruiz and Hall (1996) showed with laboratory tests that 40% of TP in feces could be dissolved in 5 hours, which 416 417 corresponds to a proportion of 50-70% of the o-PO4 fraction. Dosdat (1992) reported 48% TP mineralization after 15 days (at 17°C). In our first study, 50-60% of fecal TP 418 mineralization (18-20 mg of P/g of feces, dry basis) was observed after one week from 419 420 feces of fish fed control diets (Ctrl and Ctrl+) devoid of chelating compounds and incubated 421 at 22 °C. In the second experiment, 69% of the TP was mineralized at the end of the 14th 422 day (at 22°C) for feces from control feed-derived feces.

423

424 These results clearly demonstrate that it is possible to reduce by about half the OP 425 solubilization from trout feces using the encapsulated chelating compounds, that are 426 already approved and widely employed as approaches for wastewater treatment (Morse 427 et al., 1998; Metcalf, 2003;). Several nutritional strategies have been developed to 428 minimize the P loads in fish farm effluent. Low-P diets (Ketola and Harland, 1993; Bureau 429 et al., 2000, Sarker et al., 2011), high nutrient-dense diets (Cho et Bureau, 1997) and inclusion of plant-derived proteins (Médale et al., 1998) have been described as 430 431 approaches to address the problem. Considering that the requirements of nutrients in most animals are known to decrease with age because the growth rate decreases and the 432 433 dietary nutrients including P are used mainly for maintaining metabolic functions. 434 According to this Sarker et al. (2011) reported that the feeding phase of P in diets 435 (alternating P-sufficient and Low-P diets) for larger fish is a clear opportunity to significantly 436 reduce P output from trout farm facilities.

437

438 This P output from aquaculture operations is predominantly represented by fish feces. 439 Mechanical filtration and settling suspend solids allowed to reduce 20 to 55% of total P 440 release into effluents (D'Orcastel, 2006). Using the technique described in this study we obtained similar reductions to using both mechanical filtration and settling suspended 441 442 solids (34 to 54%) and higher P retention versus those found with sludge filtration in steel 443 slag filter beds (36%, e.g., Puigagut et al. (2011) and Kõiv et al., 2016). Contrary to steel 444 slag methods and liming using CaO, micro-encapsulating AI and Fe included in the diet 445 does not increase effluent pH. The combination of inclusion of encapsulated P-chelating 446 agents in early growing (50-250 g) phase and the use of low- P diets in the post-juvenile 447 growing phases (> 250 g) combined with sludge treatment (Kõiv et al., 2016) methods, could allow fish farms to reduce P loading to the environment, improving the environmental 448 449 performance of rainbow trout diets.

- 450
- 451 Conclusion

452 Minimizing P wastes is a critical factor for the environmental sustainability of freshwater aquaculture operations. The proposed technique offers a novel approach to capture 453 soluble P from feces. This will have the effect of limiting the level of effluent phosphorus 454 455 and ultimately, the level of this element being discharged into receiving aquatic ecosystems. In the context of Quebec's freshwater aquaculture sector, where there exists 456 a mandatory threshold of 4.2 kg of P/ton of fish produced, the dietary incorporation of 457 458 microencapsulated chelating compounds described herein may provide a practical tool to assist in managing effluent P emissions and allow the sector to pursue anticipated 459 460 sustainable industry growth and development. A complementary long-term study is 461 required ensure no toxic impacts of chronic feeing of micro-encapsulated AI and Fe in diets. Finally, large-scale experiments on conventional rainbow trout farms over an entire 462 463 grow-out cycle should be carried out to validate the reduction of P output from these 464 facilities.

465

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474 **Declaration of Competing Interest**

475 None

476

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639 **Figure and Tables**

Table 1: Ingredients (g/kg) and proximate composition (g/kg dry-weight basis) of

641 the test diets in experiment 1^a.

Diets (chelating inclusion) ^b						
Ingredients (g/kg)	Ctrl	Ctrl+	Al	Fe		
Herring meal ¹	300	300	300	300		
Soybean meal ²	130	130	130	130		
Corn gluten meal ²	167	147	147	147		
Wheat grain ³	165	165	165	165		
Dried whey ²	100	100	100	100		
Fish oil ¹	115	115	115	115		
Vitamin and mineral premix ^{4, e}	10	10	10	10		
Sipernat 50 ^{5,c}	10	10	10	10		
Guar gum ⁶	3	3	3	3		
P-chelating microbeads ^d	0	20	20	20		
Lipid matrix	0	20	14	13.4		
Chelating compound	0	0	6	6.6		
Chemical composition (g/kg, dry basis)						
Dry matter	940	934.2	937.6	941.9		
Crude protein	422	427.8	419.2	403.4		
Crude lipid	146.6	176.7	174.8	160.9		
Ash	105.7	107.2	107.5	111.5		
Energy (E. MJ/kg)	22.4	22.8	22.6	22.3		
Total phosphorus (P)	11.4	12.9	12.7	12.7		
Aluminium (Al, mg/kg)	57.1	56.8	960.2	50.5		
Iron (Fe, mg/kg)	82.8	87.8	92.0	2490		

⁶⁴²

^aValues were means of triplicate chemical analyses (n=3) per diet; ^bDiet designations: Ctrl, control
 diet without P-chelating microbeads; Ctrl+, positive control diet with 20g/kg of microbeads
 containing no chelating agent; Al, diet with microbeads containing Al₂SO₄; Fe, diet with microbeads
 containing FeSO₄; ^cSipernat 50: a source of insoluble acid ash comprised of 98.50% SiO₂ with an
 average particle size of 50 µm; ^dg/kg diet (italics) of lipid or chelating compound in microbeads.

648 ^eSupplied the following: (to provide mg/kg except when noted): vitamin mix = thiamin HCI, 2; 649 riboflavin, 3; pyridoxine HCI, 0.6; niacin, 1; calcium pantothenate, 4; folic acid, 0.2; biotin (1mg/g), 4, vitamin B12 (0.1%), 10; vitamin A palmitate, (250,000 IU/g) 2; vitamin D3 (400,000 IU/g), 1.5; 650 vitamin E acetate (500 IU/g), 29.8; menadione sodium bisulfite (62.3% menadione), 3.2; t-BHQ, 651 0.03, dextrose, 938.66; mineral mix = potassium iodide (76%I), 2.63; ferrous sulfate 7H₂O (20%Fe), 652 653 50; manganese sulfate H₂O (32.5% Mn), 24.6; zinc sulfate H2O (36.44%Zn), 37.48; cupric sulfate 654 5H₂O (25% Cu), 8; sodium selenite (45.6% Se), 0.35; cobalt chloride 6H₂O (24.77% Co), 0.085; 655 dextrose, 876.855. Each mix was added at 5g/kg of diet.

656

657 North American supplier:

¹Comeau Seafood Ltd; ²Meunerie Gérard Soucy Inc. 926 route Laurier. Sainte-Croix. QC. GOS
²H0; ³Colabor. 820 rue St-Alphonse Desrochers. Lévis. Qc. G7A 5H9; ⁴Dyets. Inc. 2508 Easton
Avenue. Bethlehem. PA 18017. Bethlehem. PA 18017; ⁵Evonik Corporation. 2 turner place
Piscataway. NJ 08855-0365. USA; ⁶Laboratoire Mat Inc. Quebec. QC.

662

663 Pelleting machine: Model CPM CL-5, California Laboratory Pellet Mill, Crawfordsville, IN, USA

Table 2: Ingredients (g/kg) and proximate composition (g/kg dry-weight basis) of the test diets in experiment 2^a .

	Diets⁵ (alum			
Ingredients (g/kg)	0	3	6	15
Herring meal ¹	300	300	300	300
Soybean meal ²	130	130	130	130
Corn gluten ²	167	167	157	127
Wheat grain ³	155	155	155	155
Dried whey ²	100	100	100	100
Fish oil ¹	115	115	115	115
Vitamin and mineral premix ^{4, e}	10	10	10	10
Sipernat 50°	10	10	10	10
Guar gum	3	3	3	3
P-chelating microbeads ^d	10	10	20	50
Lipid matrix	10	7	14	35
Chelating compound (Alum)	0	3	6	15
Proximate composition (g/kg, dry basis)				
Dry matter	964.3	961.5	974.6	971.0
Crude protein	416.8	409.9	406.9	380.7
Crude lipid	160.3	160.3	166.1	186.2
Ash	109.0	108.9	109.2	111.3
Energy (E, MJ/kg)	21.8	21.6	21.7	22.0
Total phosphorus (P)	13.6	13.7	13.2	13.0

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^aValues were means of triplicate chemical analyses (n = 3) per diet; ^bDiet designations: Ctrl+ or 0, positive control diet with 10g/kg of microbeads containing withour chelating compound; 3, diet with 3 g/kg of aum inclusion, 6, diet with 6 g/kg of alum inclusion; 15, diet with15 g/kg of alum inclusion. Microbeads with Al₂SO₄ as chelating coumpound was was used for inclusion. ^cSipernat 50: a source of insoluble acid ash comprised of 98.50% SiO₂ with an average particle size of 50 µm, ^dg/kg diet (italics) of lipid or chelating compound in microbeads.

673

⁶⁷⁴ ^eSupplied the following: see table 1

675 ¹⁻⁴North American supplier: see table 1

Table 3: Nutrient digestibility for diets used in the two experiments (g/kg or mg/kg dry basis).

Experiment	Experiment 1 (chelating inclusion) Experiment 2 (alum inclusion)											
Diets	Ctrl	Ctrl+	Al	Fe	Pooled SEM	<i>P</i> -value	0	3	6	15	Pooled SEM	P-value
Digestible dry matter ¹	646	644	661	643	28.5	0.072	656	672	648	645	21.5	0.063
Digestible protein ¹	355	356	362	352	6.3	0.092	NA	NA	NA	NA	NA	NA
Digestible lipid ¹	97	121	120	107	18.2	0.045	NA	NA	NA	NA	NA	NA
Digestible ash ¹	43	48	48	47	1.5	0.052	47	57	51	48	2.4	0.031
Digestible E ¹	16.2	16.6	16.8	16.2	3.2	0.520	NA	NA	NA	NA	NA	NA
Digestible P ¹	0.53	0.82	0.72	0.62	0.141	0.022	0.72	0.54	0.63	0.54	0.130	0.041
Digestible AI (mg/kg) ¹	8.5	8.2	9.1	7.3	0.52	0.055	NA	NA	NA	NA	NA	NA
Digestible Fe (mg/kg) ¹	8.2	8.2	8.3	7.9	0.34	0.105	NA	NA	NA	NA	NA	NA

681 682 683 ¹The digestibility study was conducted in triplicate tanks. Energy values as MJ/kg. Values are indicated as mean (n = 3 tanks) ± standard deviation (sd). NA: in Experiment 2, only the digestibility of dry matter, ash, and P content in the diet were evaluated.

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			Di	ets		Statisti	cs
Growth performance	Unit	Ctrl	Ctrl+	Al	Fe	Pooled SEM	<i>P</i> -value
IBW ¹		179 ^{ab}	190 ^b	185 ^{ab}	175ª	3.4	0.033
FBW ¹	a	269 ^{ab}	286 ^b	260 ^{ab}	256 ^{ab}	6.2	0.005
FI	9	64.8 ^c	62.2 ^b	60.1 ^b	55.1ª	1.53	<0.001
Weight gain		46.3	49.2	38.0	43.2	3.54	0.112
FCR ¹	g/g	1.28	1.30	1.44	1.24	0.150	0.431
TGC ¹		0.21	0.20	0.15	0.19	0.034	0.177
HSI ^{1,2}	%	1.62	1.44	1.40	1.42	0.201	0.001

Table 4: Growth performance indicators of fish at the end (5 w) of the experiment 1.

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¹IBW, Initial body weight; FBW, Final body weight; FI, Feed Intake; FCR, feed conversion ratio; TGC, thermal-unit growth coefficient; HSI, hepatosomatic index. Values (IBW, FBW, FI, weight gain, FCR, TGC, and HSI) were means of 3 tanks by treatment (experimental unit). For parameter pooled standard error of means (SEM) were shown. Means were analyzed with one-way ANCOVA (effect of diet), as covariable IBW (*P*=0.033). Values not sharing identical letters were significantly different (*P*<0.05). ²For HSI at the beginning of the trial (0 w), measurements from 12 fish were taken. This mean was 1.03% and was significantly (*P*=0.001) different to 4 means from 4 treatments (diets, Ctrl = control, Ctrl+ = control positive, AI = diet with alum inclusion, Fe = diet with Iron inclusion) at the end of the experiment.

Table 5: Growth performance indicators of fish at the end (5 w) of the experiment 2.

			Diet	Statistic	s		
Growth performance	Unit	0	3	6	15	Pooled SEM	<i>P</i> -value
IBW ¹		113 ^b	109 ^a	114 ^b	112 ^b	2.2	0.007
FBW ¹	a	171	168	173	167	4.5	<0.001
FI	9	49.5	44.9	50.2	43.8	2.4	0.095
Weight gain		31.0 ^{ab}	30.8 ^{ab}	31.6 ^b	29.3 ^a	1.15	0.032
FCR ¹	g/g	1.61	1.44	1.61	1.45	0.057	0.539
TGC ¹		0.17	0.176	0.174	0.162	0.010	0.075

¹IBW, initial body weight; FBW, final body weight; FI, feed intake; FCR, feed conversion ratio; TGC, thermal-unit growth coefficient. Values were means of 3 tanks by treatment (experimental unit). For parameter pooled Standard Error of Means (SEM) are shown. Means were analyzed with one-way ANCOVA (effect of diet). Values not sharing identical letters were significantly different (*P*<0.05).

Table 6: Ash and P level (%, dry basis) in carcasses and scales at the beginning (0 w) and the end (5 w) of the first experiment¹.

P statut indicator	0.54	5 w				Statistics		
	0 w	Ctrl	Ctrl+	Al	Fe	Poled SEM	1 <i>P</i> -value	
Scale ash	31.4	31.3	28.3	31.5	30.9	2.35	0.303	
Carcass ash	9.4 ^b	8.3 ^a	7.7 ^a	7 .8 ^a	7.5 ^a	0.70	0.012	
Scale P	2.9 ^a	3.9 ^{ab}	3.2 ^{ab}	3.0 ^a	4.4 ^b	0.08	0.026	
Carcass P	1.51 ^b	1.36 ^a	1.26 ^a	1.29 ^a	1.22 ^a	0.81	<0.001	

¹Values were indicated as means. The different letters indicate significantly different means (P<0.05). Ash (or P) (%) = ash (or P) content/dry sample weight (g). For parameter pooled Standard Error of Means (SEM) were shown. At the beginning of the trial (0w), one sample of 12 fish was taken.

This mean is compared to 4 means from 4 treatments (diets, Ctrl = control, Ctrl+ = control positive, Al = Diet with alum inclusion, Fe = diet with Iron inclusion) at the end. One way ANCOVA follows by Tuckey pairwise comparison.



Figure 1: Scale mineralization of graded levels of alum included at the beginning (T0) and the end of experiment 2 (0, 3, 6, 15 g/kg). The values represent mean \pm sd (n = 3). Values were analyzed with one-way ANCOVA (effect of treatment), as covariable IBW (*P*=0.007). Tucky test was used to identify significant differences between treatments. Values not sharing identical letters were significantly different (*P*<0.1).

754 755 A 756 757 80 ↓ Dict D=0.002



Ē.a

0

2

0

Figure 2: $o-PO_4$ release from feces over 7-day incubation (expressed as % of total P in feces) from fish fed with experimentals diets and incubated at 7 °C (A) and 22 °C (B). The value represents the $o-PO_4$ release (mean ± sd, n = 3). Two-way ANOVA followed by

7

4

Days

Tukey pairwise comparison was used to identify the differences treatement in each time.

763 The different letters indicate significantly different means (*P*<0.05).



Figure 3: Relation between o-PO₄ feces (0, 3, 6, 15 g/kg of alum) released after 14 days and the level of encapsulated alum included in diets.