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Discovery of sediment indicating rapid lake-level fall in the late Pleistocene Gokarna Formation, Kathmandu Valley, Nepal: implication for terrace formation

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Abstract

Sediment indicating a rapid fall in lake level has been discovered in the late Pleistocene Gokarna Formation, Kathmandu Valley, Nepal. The indicator is observed along a widely traceable erosional surface in this formation, and is characterized by (1) gently inclined (ca. 10°) tabular cross-stratified sand beds of delta front origin consisting of coarser material and showing gradual decrease in elevation of its top to the progradation direction, (2) an antidune cross-laminated sand bed that interfingers with the delta front deposit, and (3) an approximately 5 m-deep erosional depression filled with convolute laminated sand beds and recognized at a location distal to that where deposits (1) and (2) were found.

The early phase of rapid lake level fall caused minor erosion of the delta plain deposits by fluvial processes, introducing a higher rate of progradation of the delta front and resulting in the accumulation of deposit (1). The delta emerged as dry land due to further lowering of the lake level. The antidune cross-laminated sand bed shows evidence of having accumulated from a high-velocity stream that may have formed as the lake water drained from the delta front during the lowering of lake level. When the lake level fell below the level of the topographic high created by delta accumulation, incised valleys may have formed and part of them may have been filled with sediment at that time.

The rapid fall in lake level is interpreted to have been the result of lake-wall failure, which would have occurred at the gorge outlet as the only discharge path for the basin. The initial rise of lake level causing accumulation of terrace sediments may have been due to the formation of a plug at this outlet, attributable to mass movement along the gorge.

1. Introduction

The purpose of this study is to describe the depositional facies of the lacustrine terrace sediments (Gokarna and Thimi formations) distributed to the north of Kathmandu City, Nepal, to characterize deposits indicating a rapid fall in lake level in the Gokarna Formation, and to discuss potential causes of lake level change, and terrace formation. The Kathmandu Valley (Fig. 1) is one of several intermontane basins developed in the lesser Himalayan Belt (Katel, 1996; Yoshida and Igarashi, 1984; Sakai et al., 2000). This basin is filled with fluvio-lacustrine sediments that have formed several depositional terraces accumulated during the Pleistocene (e.g. Natori, 1980; Katel et al., 1996; Gajurel et al., 1998; Sakai et al., 2000). Topographic studies have discriminated three terraces in the southern region, and another three terraces in the central and northern regions of the basin (e.g. Akiba, 1980; Yamanaka, 1982; Yoshida and Igarashi, 1984). To explain their spatial distribution, Yoshida and Igarashi (1984) proposed a model for the formation of the Kathmandu Valley terraces based mainly on 14C age data from the northern and central terrace sediments (e.g. Yonechi, 1973; Yoshida and Igarashi, 1984). They explained that the southern terraces were formed in conjunction with the migration of the lake toward the north, caused by uplift of the

southern part of the basin, probably associated with Mahabharat Range, which punctuates the southern margin of the basin. However, this suggestion is unconfirmed because there is no age data for the southern terrace sediment. The age data from the northern and central terrace sediments indicated they were formed during the last glacial period, and the terrace tend to be young toward the basin center. Their formation has been interpreted as being due to lake area reduction toward the basin center (Yoshida and Igarashi, 1984). This model, however, cannot explain the buildup of each terrace, which has been recognized as being of depositional origin; the terrace sediments are composed of stacked delta deposits (cf. Sakai et al., 2000), which are suggestive of the terrace formation associated with lake level rise. Dill et al.(2001) inferred the cause of dry up of the lake as linear southern mountain erosion of the Kathmandu Valley associated with the progradation of frontal thrust tectonic structures and subsequent breakthrough of Bagmati River at the gorge to the south of Kathmandu after ca. 18 ka. But they did not show concrete evidence of such event recorded in both on the topography and in the sediments. They also did not explain terrace formation processes in their model.

The lack of a detailed description of the terrace sediments of the basin precludes concrete discussion on terrace formation and basin fill history. Therefore, the description we provide here will contribute not only to the understanding of the terrace formation processes in the Kathmandu Valley, but also provide a good example of sedimentation processes in the marginal areas of lakes in intermontane basins.

2. Geologic and topographic setting

The Kathmandu valley is located in the central part of Nepal, and is almost hemi-spherical, with a maximum width of about 30 km (Fig. 1). This basin is surrounded by mountains and the only discharge path is to the south of the basin, cutting through the Mahabharat Range (Bagmati River). The basement geology, forming these mountains, consists of sedimentary rocks of the Paleozoic Phulchauki Group and Precambrian gneiss distributed in the north of the basin which are referred to as Kathmandu Complex (Stöcklin and Bhattarai, 1980; Ray et al., 1997)(Fig. 1B).

The basin is filled with unconsolidated siliciclastic sediment; the succession is more than 600 m thick (Moribayashi and Maruo, 1980; Katel et al., 1996), and is of fluvio-lacustrine origin (Natori et al., 1980; Yoshida and Igarashi, 1984), which is defined as Kathmandu Group by Sakai (2001). There are several litholostratigraphical studies in Kathmandu Valley (Yoshida and Igarashi, 1984; Dongol, 1985; Dongol and Brookfield, 1994; Sakai, 2001), Here we basically follow the classification by Yoshida and Igarashi (1984) for the northern part of the basin, who studied the stratigraphy of this in detail. Older lake sediments, defined as the Tarebir, Lukundor and Itaiti formations in the Sakai (2001)'s classification, deposited during the Pliocene through to the Pleistocene (Yoshida and Gautam, 1988), are exposed in the southern part of the basin. This sequence is overlain by terrace sediments in an area confined to the southern region. These terrace have been defined as Pyangaon (1480 ~ 1520 m), Chapagaon (1440 ~ 1460 m) and Boregaon (1410 ~ 1430 m) (Yoshida and Igarashi, 1984). In the central and northern part of the basin, other depositional terraces, Gokarna (1350 ~ 1390 m), Thimi (1330 ~ 1340 m) and Patan (1300 ~ 1320 m) have been discriminated (Akiba, 1980; Yoshida and Igarashi, 1984). Our field observations have revealed that there is small cliff that separates the Gokarna Surface into two minor surfaces; the newly defined Gokarna I Terrace (1380 ~ 1390 m) and Gokarna II Terrace (1350 ~ 1370 m). These terraces do not appear to have been directly affected by tectonic activity; the elevation of the top surface of the terrace is almost the same in the central and northern parts of the basin.

These three terrace sediments have been stratigraphically defined using the appropriate terrace name (Gokarna, Thimi, and Patan formations), and were 14C-dated as follows: ~28 ka (Gokarna Formation), 28 ~ 24 ka (Thimi Formation) and 19 ~ 11 ka (Patan Formation) (e.g. Yonechi, 1973; Yoshida and Igarashi, 1984).

Herein we describe the Gokarna and Thimi terrace sediments distributed to the north of the Kathmandu City. A thick diatomite bed can be traced in the major part of the study area as a strong tool for stratigraphic correlation (Fig. 3).

3. Depositional facies

Here, we applied facies analysis (e.g. Walker, 1984; Walker and James, 1992) to the terrace sediments in the study area. The results reveal that the Gokarna and Thimi formations consist of sediments that constitute a delta system.

Facies 1: Fluvial channel fill deposits

(Description) This facies is characterized by trough cross-laminated and parallel-laminated sand or sandy gravel beds (Fig. 4A). The maximum thickness is 2 m (average 0.7 m). The sandy gravel beds of this facies have a lenticular shape with a concave-up erosional base, and some lenses extend for up to 30 m laterally. There is also large-scale gently inclined cross stratification showing lateral accretions of the beds with fining-upward trend in some beds. The beds truncates the underlying silt beds (Facies 2). The beds with well lateral continuation and without lateral accretion pattern do not exhibit distinct upward-fining trend (Fig. 4A). This facies overlies, and is commonly overlain by silt beds of marsh or flood plain and interdistributary bay origin (Facies 2 and 3). In the marginal region of the terrace, this facies conformably covers Facies 4 sand beds of delta front origin.

(Interpretation) The sedimentary structures and coarser materials show that this facies is formed in a strong unidirectional flow environment. The deposits underlying this facies (delta front deposit) suggest that this is a fluvial channel developed on the delta plain environment. The beds with lateral accretion pattern suggest that they are of meandering stream origin (cf. Miall, 1992). The beds with well lateral continuation and without lateral accretion and upward fining trend indicate frequent lateral channel shifts through their accumulation. This is suggestive of deposition from braided stream. The facies feature reveals the presence of both the meandering and braided streams while the both formations were accumulated. Because the presence of two types of channel fill deposits in the same stratigraphic horizon is not major purpose of this study, this subject will be discussed in other paper.

Facies 2: Marsh or flood plain deposits

(Description) The lithology of this facies resembles that of Facies 4. This facies is characterized by black silt beds (up to 2 m thick) with thin interbedded very fine to fine sand layers (up to 20 cm thick). Roots are common in this facies, particularly reed roots (Fig. 4B). This facies is overlain by the fluvial channel deposits of Facies 1, and in some cases changes gradually upward into Facies 4 silt beds. The interbeded sand beds are commonly parallel stratified and are well-continued in outcrops

(Interpretation) The lithology suggests that this facies was deposited under calmer hydraulic conditions than the other facies. In particular the presence of reed roots is a very good indicator of a marsh environment. The relationship between this facies and the overlying Facies 3 suggests that the marsh was distributed along the head of interdistributary bays. The sand interbeds are interpreted to have been transported by low-energy streams during flood events (probably by small scale sheet flood (cf. Rust and Nanson, 1989).

Facies 3: Interdistributary bay deposits

(Description) This facies consists of black, laminated or massive silt beds with interbedded sand layers. The silt is slightly finer than that of Facies 3. The maximum thickness of this facies is about 3 m, with an average thickness of 0.5 m. Some silt beds are very rich in diatom and organic materials (Fig. 4C) such as reed stem and root

fragments. The interbedded sands are up to 30 cm thick, and are characterized mainly by parallel and ripple cross-laminations. Some coarse to very coarse sand interbeds have tabular cross-lamination and taper out into silt beds. There is also local wave ripple lamination in this facies. This facies is commonly overlain by fluvial channel fill deposits (Facies 1), very thin (up to 50 cm thick) prodelta and delta front deposits (Facies 4 and 5) and marsh deposits (Facies 2). The silt beds of this facies are not generally traceable between outcrops.

(Interpretation) The predominance of finer laminated sediments, the presence of local wave-generated structures, the poor lateral continuity and the diatom-rich silt beds, all suggest that deposition occurred primarily from suspension in a shallow closed <u>bay</u> environment. This facies is interpreted as being of narrow, shallow interdistributary bay origin (cf. Elliot, 1974). Sand interbeds with tangential shapes might have been deposited from short-lived high-energy currents, representing crevasse-spray or crevasse-delta deposits (cf. Reading and Collinson, 1996). Reed fragments appear to have been transported from the marsh environment that is thought to have stretched along the head of the bay. The overlying deposits suggest that the bay was filled by channel migration or changed into an open lake environment by subsequent lake-level rise.

Facies 4: Delta front deposit

(Description) This facies consists of sand, sandy gravel, or alternating sand and sandy-silt beds with large-scale tabular cross-stratification (Fig. 4D). This facies is

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between 0.3 m and 10 m thick. Some beds exhibit good lateral continuity; the maximum lateral extent was observed to be about 300 m. Each sand unit in the tabular cross-stratified beds is up to 50 cm thick (average 5 cm), and each shows massive, inverse or normal grading and parallel lamination. Wave ripple lamination and hummocky cross-stratification are also recognized in this facies sand beds thicker than 5 m.. In the case that facies thickness is less than 5 m, coarser grains tend to be distributed in the basal part of the cross-stratification. Several fine to very fine sand beds extend into the underlying prodelta silt beds. This facies is overlain by fluvial channel fill deposits (Facies 1).

(Interpretation) The wave-generated sedimentary structures indicate subaqueous deposition. The massive, inverse or normal grading of the sand beds and the coarser grains in the basal part of the cross-stratified beds suggest that the sediments were transported by small-scale gravity flows such as grain flows on the slope (cf. Nemec, 1990). The large-scale cross-stratification, good lateral continuity and overlying fluvial deposits indicate that this facies is of delta front origin (cf. Flores, 1990; Garcia-Mondejar, 1990).

Facies 5 Prodelta deposits

(Description) This facies consists of alternating sand and black silt beds or silt beds with traceable diatomaceous interbeds containing organic material. The maximum thickness of this facies is about 2 m. The interbedded sand is commonly a continuation from the delta front deposits, is characterized by parallel and climbing ripple laminations, and

tends to thin away from the foot of the delta front slope. Wave ripple lamination is also found in the sand beds. This facies can be confidently traced between outcrops in some cases (e.g. a silt bed above the solid line at around 1320 m in Fig. 3).

(Interpretation) Wave ripple lamination, and more extensive facies continuity suggest that deposition occurred in a open lake environment. The interbedded sand layers exhibit indicators of intermittent sediment supply from the delta front environment as traction or suspended load. These features suggest that this facies is of prodelta origin (cf. Flores, 1990; Garcia-Mondejar, 1990).

4. Lateral and Vertical Facies Relationships

Facies analysis reveals that the terrace sediments constitute a lacustrine delta system. Facies 1 ~ 3 are components of delta plain deposits (cf. Elliot, 1974; Bhattacharya and Walker, 1992; Plint and Browne, 1994; Reading and Collinson, 1996). Cross sections (Fig. 3) taken subparallel to the paleo shore-normal direction (from paleoflow observations), reveal different facies stacking patterns in the southern and northern part of the study area (Fig. 3). The terrace sediments in the southern part, typically found below the erosion surface at around 1330 m (Fig. 3), are comprised of thick delta front deposits (e.g. Loc. 2) that grade into several complete delta successions to the north (Locs. 4, 5, 7 and 8). Further north, only delta plain deposits (Facies 1 - 3) are distributed (Loc. 9). Similar facies changes are also recognized in the sediments above the erosion surface (Fig. 3). This lateral facies change indicates that delta plain deposits accumulated in the northern part of the study area during the lake-level rise, and progradation of deltas occurred to the south when the lake-level was stabilized. The stacked delta successions found, particularly in Locs 4 and 5, is interpreted to be accumulated by repeated lake-level rise and stabilization. The flat top of the each delta plain deposits in piled delta successions indicates that the delta progradation occurred when the lake level was stabilized. During the lake-level rise, the sediment accumulation is interpreted as having been occurred on the delta plain in the northern part of the study area. Sediment accumulation on the delta plain is also reported from the another areas (Garcia-Mondejar, 1990). The lateral variation in the number and thickness of delta successions can be attributed to the lateral shift of delta lobes. The thicker delta front deposits at Locs. 2 and 3 are interpreted to have been formed as a result of progradation of the delta front beyond the underlying delta margin.

In the basinward end of the Gokarna Formation, small incised valleys are commonly found. In the case of the Loc. 2, the valley fill deposits consists of basal fluvial channel fill deposits followed by sandy prodelta and delta front deposits. Boulder-sized sand or mud clasts which are interpreted to be fall or slide origin covers the side wall of the valley (Fig. 5).

The sediments at Loc. 1 and in the upper part of Loc. 2 appear to belong to the Thimi Formation. The presence of delta plain deposits distal to the thick delta front deposits suggests that these sediments were associated with another lake-level rise that would have occurred after the deposition of the Gokarna Formation.

5. Characteristics of beds indicating rapid lake-level fall

The traceable erosion surface recognized at around 1330 m records a lake-level fall event during the deposition of the Gokarna Formation. The erosion surface incises the delta front deposits in the marginal region of the Gokarna Terrace (Loc. 2 of Fig. 3 and Fig. 5). The incised valley is filled with trough cross-stratified sandy gravel beds of fluvial channel origin, with overlying tabular cross-laminated sand beds of delta front origin. Sand beds with abundant boulder-sized sand clasts, which appear to have been entrained due to slope failure of the incised valley wall, are also interbedded in the valley fill deposits (Fig. 5).

The surface becomes nearly flat toward the north between Locs. 5 and 9, with undulations of less than 1 m relief. In this area, this surface is overlain by pebble or cobble gravel beds containing abundant boulder-sized mud clasts (Fig. 3).

The presence of the valley fill fluvial deposits indicates that almost all of the topographic high formed by delta accumulation temporally emerged as a subaerial terrace. Surface features and overlying sediments between Locs. $5 \sim 9$ also suggest a drop in water level. The deposition of overlying delta front deposits is associated with subsequent lake-level rise.

The composition and features of a delta succession and its lateral facies change at Loc. 11 (open-arrowed interval in Fig. 6), located near the head of the incised valley, suggest that this lake-level fall occurred in a relatively short time interval. The delta

front and its distal correlates have the following features: (1) The delta front deposit consists of very coarse sand to granule, which is coarser than that of other delta front deposits in this area, and have slightly gentler tabular cross-stratification (ca. 10°) than in other intervals (Fig. 7A). The elevation of the top of the delta front deposits tends to decrease to the progradation direction. (2) The delta front deposit interfingers with a sand bed that exhibits antidune cross-lamination where delta progradation ceased (Fig. 7B). The antidune cross-laminated sand overlies prodelta sand and silt beds and tends to thin away from the foot of the delta front. Both the antidune sand bed and the delta front sand beds are truncated by another erosional depression, which is filled with fluvial channel sandy gravel and abandoned channel fill silt beds (Fig. 7B). (3) An erosional depression, about 5 m deep, appears in the south of the antidune site. The erosional depression is filled with convolute laminated sand beds (Fig. 7C) that contain elliptical boulder-sized mud clasts, the maximum long axis of which is about 3 m. The 5 m-thick bed continues at least 50 m without thickness change. Undeformed tabular cross-stratified beds are partially interbedded with the convolute laminated sand beds (Fig. 7D), indicating that this interval was originally a delta (referred to as delta-like deposit) filling the depression, which might not have been formed by normal fluvial processes.

The delta front deposit, consisting of coarser materials and representing a gradual decrease in the height of the delta, exhibits features suggestive of enhanced fluvial erosion processes that can be associated with a gradual drop in water level (Fig. 8B). The gentler inclination of the cross-stratified beds may have resulted from a faster

progradation rate. According to flume experiments, the shape of cross-stratification changes from angular to tangential type with lowering the base level (Jopling, 1965) and the inclination of stratification tends to decrease.

Antidunes are commonly formed in water that is shallow enough to produce in-phase waves between the bed and the water surface at high stream energies, or upper flow regime condition (e.g. Kennedy, 1969; Simons et al., 1965; Cheel, 1990). These types of deposits have been reported to have been formed in environments such as wash-over fans (Barwis and Hayes, 1985) and gravel bars in a braided river (e.g. Suzuki, 2000), where strong currents are generated during storms or floods. The interfingering relationship between the antidune cross-laminated sand and the delta front deposits indicates that a stream with sufficiently high velocity to form antidunes was caused at the time when delta progradation ceased (Fig. 8C). This fast flow condition may have as the last of the lake water drained from the topographic high of the delta, forming an erosional depression.

The phase in which the erosional depression was filled is still uncertain, however, we believe that it was filled during the final stages of draining. Strata formed during this period are unlikely to have been preserved. As the base of the depression is almost flat, convolute laminated beds, originally a delta-like deposit, that would have accumulated from a sediment-rich flow that concentrated in the depression after the lake level fell below the topographic high, might be preserved(Fig. 8D)..

6. Cause of lake-level fluctuation and terrace formation

The rise of lake level suggested by the delta successions and the rapid fall in lake level recorded by the terrace sediments are interpreted as having been the result of plug formation and destruction in the gorge at the basin outlet. The Bagmati River, which cuts across the Mahabharat Range, forms a gorge as the only discharge path for the basin. Due to the lack of evidence in the terrace for a gradual fall in lake level at the terrace top, such as a gradual decrease in the height of the delta front deposits, the most likely interpretation is that the Gokarna Terrace was formed as a result of plug destruction and rapid lake level fall. If this is the case, then the elevation of the three terraces (Gokarna, Thimi and Patan) would have been determined by the height of the plug in the gorge, which would have constrained the upper limit of lake-level rise. As such, the Gokarna formation can be assumed to have formed as a result of the greatest lake-level rise event (highest plug level), followed by the Thimi phase and the Patan phase with lowest plug level through the late Pleistocene. If a higher plug had formed during the Patan phase, further accumulation of the delta deposits would have buried the Gokarna Terrace. There is also the possibility that this process of lake level rise and rapid fall may have occurred numerous times before the deposition of the Gokarna Formation, meaning that there may be older terrace sediments below the Gokarna Formation that are not yet to be identified. Further studies are needed to reconstruct in detail the basin fill history of the Kathmandu Valley, which will provide fundamental information for deciphering the paleoclimatic change and uplift of the Himalayan Mountains.

Unfortunately we can not know the specific mechanisms of such catastrophic lake level fall in this basin because the sediments which might have plugged the basin seems to be completely removed now. Near the basin exit gorge, thick poorly sorted gravel beds, which are interpreted to be of large scale gravity flow deposits including debris flow, are frequently recognized. We now believe that such large scale mass wasting contributed to make the plug of the basin. Because the basin exit gorge is narrow (in some locations less than 200 m), a large mass wasting from the adjacent steep slopes easily plugs the gorge to the higher level. Probably larger volume of lake water spill-over triggered by flooding or earthquakes must be a possible cause of the out-burst. Basin tilting could not be attributable because each terrace surfaces have the almost same level in the major part of the basin.

7. Summary

(1) The Gokarna Formation consists of delta deposits, and its characteristics differ between the northern and southern regions of the study area. Typical delta successions characterize the southern area, and delta plain deposits occupy the majority of the northern sediments. The accumulation of delta deposits record a lake-level rise.

(2) Evidence of a rapid lake level fall was discovered in deposits along a traceable erosional surface, characterized by gentle tabular cross-stratification, antidune cross-laminated sand beds that interfinger with the delta front deposits, and erosional depressions.

(3) The cause of lake level fluctuation has been attributed to plugging and unplugging of the gorge at the basin outlet.

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- * in Japanese ** in Japanese with English Abstract

Figure caption

- Fig. 1 Location map (A) and simplified geologic map for Kathmandu Valley (B), modified from Rai et al. (1997). KTM: Kathmandu
- Fig. 2 Topographic classification map for the area indicated in Fig. 1, based on Yonechi (1973) and Yoshida and Igarashi (1984). 1 ~ 11 are sites where the columnar sections shown in Figs. 3, 5 and 6 were measured. TIA: Tribhuvan International Airport
- Fig. 3 Columnar cross sections of Thimi and Gokarna formations to the north of Kathmandu City (Locs. 1 ~ 10). Small and large arrows indicate paleoflows (up = north) and traceable erosional surfaces. Coarse intervals without "f" and silt beds without "p" represent Facies 1 and 3 or 4, respectively. f: delta front deposits; p; prodelta deposits
- Fig. 4 Outcrop photographs of typical facies of Gokarna and Thimi formations. (A) An example of fluvial channel fill deposit (arrowed interval). The scale is 50 cm long.
 (B) Silt bed of marsh origin, containing reed roots (black arrows). The scale is 30 cm long. (C) Close-up of interdistributary bay deposit containing diatomite and plant fragment-rich, black silt beds. The scale is 30 cm long. (D) Typical delta succession in Gokarna Formation. The outcrop is ca. 15 m high. DP; Delta-plain deposit, DF; Delta-front deposit, PD; Prodelta deposit.
- Fig. 5. Columnar cross sections for Loc. 2. The erosion surface forms a small incised valley at this site. Fluvial channel fill deposits characterized by trough

cross-laminated sand beds are recognized inside the valley (shown in "A"). Other abbreviations, see Fig. 3.

- Fig. 6 Columnar cross sections for Loc. 11. An erosion surface, indicated by the large arrow, corresponds with that shown in Fig. 3. AN: Antidune cross-lamination, CV;Convolute lamination. See text for detailed description of open-arrowed interval in which there is evidence of rapid lake-level fall. Symbols and other abbreviations, see Fig. 3.
- Fig. 7 Outcrop photographs for Loc. 11. (A) Outcrop at Loc. 11. Black arrow shows the delta front deposit, having gently inclined tabular cross-stratification. White arrow indicates the position of photograph in Fig. 7B. (B) Close-up of Fig. 7A. Black arrows indicate antidune cross-lamination. Cross-laminated part represents a delta front deposit. F; Fluvial deposits, consisting of thin gravel beds and abandoned channel fill silt beds; PD; Prodelta deposit. (C) Convolute laminated sand beds. Arrow indicates undeformed interval in the convolute laminated division of Fig. 7D. The outcrop is 7 m high. (D) Close-up of point in Fig. 7C. The scale is 30 cm long.
- Fig. 8 Model of sedimentation associated with the rapid lake level fall. See text for details.



Fig. 1 Sakai et al.















Fig. 8 Sakai et al.