



## The intestinal glucose-apelin cycle controls carbohydrate absorption in mice.

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1 **The Intestinal Glucose-Apelin Cycle Controls Carbohydrate Absorption in Mice.**

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17  
18  
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20  
21 Running title: Regulation and role of apelin in mouse intestine.

22  
23  
24 **Abbreviations:**

25  
26 AMPK AMP protein Kinase

27 APJ apelin receptor

28 BBM Brush-border membrane

29 CCK cholecystokinin

30 GLP glucagon-like peptide

31 Isc Short-circuit current

32 PKA protein kinase A

33 PKC Protein Kinase C

34 RELM- $\beta$  resistin-like molecule-  $\beta$

1 SGLT-1 Sodium-glucose transporter -1

2

3

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20 **Author contribution**

21 C.D, Y.S, D.D, E.W, C.V, B.M,R.D, L.L and S.G participated to the acquisition and analysis

22 of data. A.N-S, P.V, L.S. B and R.D obtained funding and supervised the study. P.V, R.D,

23 I.C-L, B.M, B-O.S and C.D designed experiments, drafted the manuscript and supervised the

24 study.

25 **Competing interest**

26 The authors declare that there is no duality of interest associated with this manuscript.

27

1 **ABSTRACT**

2

3 **Background & Aims:** Glucose is absorbed into intestine cells via the sodium glucose  
4 transporter 1 (SGLT-1) and glucose transporter 2 (GLUT2); various peptides and hormones  
5 control this process. Apelin is a peptide that regulates glucose homeostasis and is produced by  
6 proximal digestive cells; we studied whether glucose modulates apelin secretion by  
7 enterocytes and the effects of apelin on intestinal glucose absorption.

8

9 **Methods:** We characterized glucose-related luminal apelin secretion in vivo and ex vivo by  
10 mass spectroscopy and immunological techniques. Effects of apelin on <sup>14</sup>C-labeled glucose  
11 transport were determined in jejunal loops and in mice following apelin gavage. We  
12 determined levels of GLUT2 and SGLT-1 proteins and phosphorylation of AMPK $\alpha$ 2 by  
13 immunoblotting. The net effect of apelin on intestinal glucose transepithelial transport was  
14 determined in mice.

15

16 **Results:** Glucose stimulated luminal secretion of pyroglutaminated apelin-13 isoform ([Pyr-  
17 1]-apelin-13) in mice small intestine. Apelin increased specific glucose flux through the  
18 gastro-epithelial barrier in jejunal loops and in vivo following an oral glucose administration.  
19 Conversely, pharmacological apelin blockade in the intestine reduced the increased glycemia  
20 that occurs following oral glucose administration. Apelin activity was associated with  
21 phosphorylation of AMPK $\alpha$ 2 and rapid increase of GLUT2:SGLT-1 protein ratio in the  
22 brush-border membrane.

23

24 **Conclusion:** Glucose amplifies its own transport from the intestine lumen to the bloodstream  
25 by increasing luminal apelin secretion. In the lumen, active apelin regulates carbohydrate flux

1 through enterocytes by promoting AMPK $\alpha$ 2 phosphorylation and modifying the ratio of  
2 SGLT-1:GLUT2. The glucose–apelin cycle might be pharmacologically handled to regulate  
3 glucose absorption and assess a better control of glucose homeostasis.

4

5 **Keywords:** Calorie intake; mouse model; diabetes; adipokine, apelin

6

7

## 1 INTRODUCTION

2  
3 Apelin is the endogenous ligand for G protein-coupled receptor APJ<sup>1, 2</sup> acting under several  
4 molecular forms ([Pyr-1]-apelin-13, apelin-13, -17 and -36) processed from a 77-amino acids  
5 precursor<sup>3</sup>. The active forms of apelin are present in peripheral tissues including lungs, heart,  
6 adipose and pancreas (for reviews see<sup>4, 5</sup>). In the gastrointestinal tract, mRNA apelin-  
7 expressing cells were found in rat and mouse stomach, in mouse duodenum, and in human  
8 and mouse colon<sup>1,6</sup>. APJ immunostaining has also been described in the epithelium, goblet  
9 cells and crypt cell of the small intestine, and in the smooth muscle layer of rat  
10 gastrointestinal tract<sup>7</sup>. APJ is also located in the enteric blood vessels<sup>7</sup>. Thus, the apelin/APJ  
11 system may have a potential role in the digestive tract.

12         Recent studies established that apelin is involved in glucose homeostasis<sup>8</sup>. We  
13 demonstrated that iv injection of physiological doses of apelin decreased glycemia and  
14 stimulated glucose uptake in skeletal muscles of lean and obese insulin-resistant mice<sup>9</sup>.  
15 Moreover, apelin-stimulated glucose transport in muscle was dependent of AMPK activation.  
16 Similar results were described in cultured C2C12 myotubes by Yue et al.<sup>10</sup>. These authors also  
17 showed that apelin-deficient mice exhibit decreased insulin sensitivity<sup>10</sup>. Taken together, such  
18 studies support the assumption that apelin plays a physiological role in glucose metabolism  
19 and maintenance of insulin sensitivity<sup>8</sup>.

20         We demonstrated that leptin and resistin- $\beta$ , two adipokines secreted in the  
21 gastrointestinal lumen by gastric and intestinal endocrine cells, regulate the activity of the  
22 sugar transporters in enterocytes by an AMPK-dependent mechanism<sup>11-13</sup>. The net effect of  
23 this regulation of hexose transporters was an increase of sugar uptake with significant  
24 consequences on splanchnic metabolism. Interestingly, the adipokine apelin shares several  
25 features with these peptides such as i) the ability of being produced in gastrointestinal tract, ii)  
26 an implication in glucose metabolism and iii) the control of insulin sensitivity *via* AMPK<sup>10</sup>.

1 <sup>11</sup>.Recent studies brought evidence of a putative regulation of apelin by glucose in different  
2 tissues. Indeed, increased amounts of apelin in response to different glucose levels<sup>14, 15, 27</sup>  
3 were demonstrated in human endothelial as well as in pancreatic  $\beta$ -cell.

4         This study was designed to characterize the relationship between apelin and glucose in  
5 intestine.We showthat D-glucose promotes specifically [Pyr-1]-apelin-13 secretion in  
6 intestine.We further demonstratein vitro and in vivothe capacity of apelin to increase glucose  
7 flux from lumen toward the bloodstream by interacting with the APJ receptor present in  
8 enterocytes. This effect appears to involve an AMPK-dependant control of SGLT-1 and  
9 GLUT2 expression in apical enterocytes membrane by apelin. Moreover, pharmacological  
10 inhibition of endogenousapelin action bya selective APJ antagonist resulted in a decrease of  
11 glycemia,supporting the existence of a glucose/apelin cyclethat regulates intestinal  
12 carbohydrates absorption.

13



## 1 **METHODS**

2

3 **Animals** Male C57BL/6J mice (Centre Elevage Janvier, Le Genest-St-Isle, France) had free  
4 access to water and standard food. They were treated in accordance with European  
5 Community guidelines concerning care and use of laboratory animals.

6

7 **NanoLC-MS/MS analysis.** The gastric contents were filtrated with a 10kDa membrane and  
8 injected on a NanoRS 3500 chromatographic system (Dionex, Amsterdam, The Netherlands)  
9 coupled to an LTQ-Orbitrap XL mass spectrometer (Thermo Fisher Scientific, Bremen,  
10 Germany). Five  $\mu$ L of each sample were separated on a 75  $\mu$ m ID x 15 cm C18 column  
11 (Proxeon Biosystems, Odense, Denmark). Peptides were eluted using a 5 to 50% linear  
12 gradient of solvent B in 105 min (solvent A was 0.2% formic acid and solvent B was 0.2%  
13 formic acid in 80% ACN). Full MS scans were acquired in the Orbitrap on the 300-2000  $m/z$   
14 range with the resolution set to a value of 60000. An inclusion list corresponding to several  
15 charge states (2+, 3+, 4+) of [Pyr-1]-apelin-13 was used to select these ions for CID  
16 fragmentation and the resulting fragment ions were analyzed in the linear ion trap (LTQ).  
17 Dynamic exclusion was employed within 60 s to prevent repetitive selection of the same  
18 peptide.

19

## 20 **Fluorescence immunohistochemical studies and confocal microscopy**

21 Immunohistochemical staining was performed as previously described<sup>16</sup> using anti-APJ  
22 polyclonal antibody (Novus Biologicals, 1/100), anti-apelin polyclonal antiserum (Covalab,  
23 1/200) and anti-GLUT2 antibody (Abcam 54460, 1/100). Nuclei were stained with TOPRO-  
24 III (Invitrogen, 1/1000). Fluorescence analysis was performed utilizing a LSM510 Confocal  
25 Laser Scanning microscope. Samples were visualized with a 25X objective lens (Plan-  
26 Apochromat, N.A. 1,4, Oil) and excited using three laser lines (488, 543 and 633 nm). For

1 APJ and GLUT2 detection, control was achieved using an IgG mouse serum at the same  
2 concentration as the antibody. The specificity of apelin immunostaining was tested using  
3 primary antisera pre-absorbed with excess amount of homologous antigen ([Pyr1]-Apelin-13,  
4  $10^{-6}$  mol/L). Densitometric quantifications of fluorescence intensity were assessed by Image J  
5 software. The results represent the apelin-integrated density – (total area x mean fluorescence  
6 of background) of 3 different pictures per mouse and 4 mice per group.

7

8 **Tissue preparation and short-circuit measurement** Mice were 16 h fasted and euthanized.  
9 The proximal jejunum was dissected out and adjacent samples mounted in Ussing chambers.  
10 The tissues were bathed with Krebs Ringer solution (KRB) with 10 mmol/L glucose at 37°C  
11 (pH 7.4) and were gassed with 95% O<sub>2</sub>/5% CO<sub>2</sub>. Electrogenic ion transport was monitored as  
12 previously described<sup>11</sup>. KRB alone (vehicle) or containing apelin ( $10^{-10}$  to  $10^{-6}$  mol/L) was  
13 added in the mucosal bath 2 min before the 10 mmol/L-glucose challenge. Similar tests were  
14 performed with 100 nmol/L apelin incubated overnight at 4°C with 1/100 rabbit polyclonal  
15 antibody raised against apelin (Covalab, France).

16

17 **Transmural hexoses transport** The experiments were performed using jejunal sacs from  
18 fasted mice. The proximal jejunum was dissected out and rinsed in cold saline solution.  
19 Jejunal sacs (4 cm long) were prepared for D-[1-<sup>14</sup>C] glucose (49.5 mCi/mmol) transport as  
20 previously described<sup>11</sup>. The corresponding jejunal sacs were filled with 1 ml of KRB solution  
21 without (control) or with 1 nmol/L apelin and containing 0.02 μCi/ml of the isotopic tracer D-  
22 [1-<sup>14</sup>C] glucose (49.5 mCi/mmol) and glucose to obtain a final concentration of 30 mmol/L.  
23 Similarly, we studied the paracellular transport with 30 mmol/L mannitol and the isotopic  
24 tracer D-[1-<sup>14</sup>C] mannitol (59 mCi/mmol) at 0.2 μCi/ml.

25

1 **SGLT-1, GLUT2, AMPK and APJ western blot** Fasted animals were anesthetized and  
2 laparotomized for *in situ* experiments. Three jejunal segments (5 cm long) were tied and filled  
3 with 3 ml of KRB without (control) or with 1 nmol/L apelin. After 3 min of *in situ* incubation,  
4 3 ml of 60 mmol/L glucose solution were injected in the lumen to obtain a final concentration  
5 of 30 mmol/L. After a further 5 min, these sacs were removed and opened along the  
6 mesenteric border and the mucosa was scraped off on ice with a glass blade.

7 For APJ determination, mice were gavaged with water (control) or [Pyr-1]-apelin-13 (200  
8 pmol/kg in 100  $\mu$ l). After 10 minutes, mice were euthanized and whole intestine was  
9 dissected on ice. The total cell protein extracts and the brush-border membranes (BBM) were  
10 prepared from the scrapings as previously described<sup>17</sup>. Solubilized proteins were resolved by  
11 electrophoresis on 10% SDS-PAGE gels and proceeded for immunoblotting. The  
12 following antibodies were used at a 1:1000 dilution: SGLT-1 (AB 1352; Chemicon  
13 International); GLUT2, phospho-AMPK- $\alpha$ 1/2 (Thr172) and AMPK $\alpha$  1/2 (sc-9117, sc-33524,  
14 sc-25792, respectively; Santa Cruz Biotechnology) and 1:500 for APJ (NLS 64, Novus  
15 Biologicals). The intensity of the specific immunoreactive bands was quantified using NIH  
16 Image (Scion).

17

18 **In vivo luminal apelin secretion** Fasted C57BL/6J mice were orally loaded by 100  $\mu$ l of D-  
19 glucose solution (0.5 or 1 g/ml) or water (control). After 10 minutes, mice were  
20 euthanized, whole intestine was dissected and the luminal content gently collected and  
21 immediately frozen.

22

23 **Apelin secretion and immunoblotting from everted intestinal sacs** Whole proximal  
24 intestine was harvested, rinsed, everted and filled with PBS. Then, 1 cm long everted-

1 intestine sacs were incubated in gassed and warmed PBS with or without glucose (5 and 30  
2 mmol/L). Fifty  $\mu$ l of media were collected at time 5, 30 and 60 min of incubation and  
3 immediately frozen in liquid nitrogen before a column-filtration step (Amicon Ultra, 10,000  
4 MWCO, Millipore) and measure of apelin concentration. To normalize results obtained,  
5 each sac was collected for protein quantification. The same experiments were done to  
6 determinate apelin-77 content in jejunal mucosa by western blotting after 60 minutes with  
7 (30 mmol/L) or without glucose in KH buffer incubation. Solubilized proteins were resolved  
8 by electrophoresis on 10% SDS-PAGE gels. Apelin-77 (Abcam 59469) and  $\beta$ -actin (Cell  
9 Signaling Technology 13E5) antibodies were used at a 1:500 dilution. The intensity of the  
10 specific immunoreactive bands was quantified using NIH Image (Scion).

11

12 **Apelin's effect on oral glucose load** Gavages of fasted mice with a D-glucose solution (3  
13 g/kg of body weight) were performed. Glucose load was preceded (10 min) by a PBS  
14 (control) or a [Pyr-1]-apelin-13 (200 pmol/kg in 100  $\mu$ l) gavage. Ten minutes later, mice were  
15 anesthetized and the blood was harvested from hepato-portal vein for glucose (RTU kit  
16 Roche) and apelin concentration determination. Same experiments were performed in  
17 presence or absence of APJ antagonist (1  $\mu$ mol/kg in 200  $\mu$ l, 10 min before glucose load).

18

19 **APJ-mediated  $\beta$ -arrestin 2 recruitment measured by BRET assay** Fasted mice were  
20 gavaged with apelin (200 pmol/kg in 100  $\mu$ l) or APJ antagonist (1  $\mu$ mol/kg in 200 $\mu$ l) and the  
21 luminal content of proximal intestine was collected 10 minutes later and immediately frozen  
22 in liquid nitrogen. After a step of filtration and purification, apelin and antagonist's activities  
23 of luminal content of PBS-, apelin- or APJ antagonist-gavaged mice were assessed on  $\beta$ -  
24 arrestin 2 recruitment to APJ by BRET. HEK-293T cells were transfected with the human

1 apelin receptor tagged on its C-terminus with the BRET donor Renilla luciferase and  $\beta$ -  
2 arrestin2 double tagged with the yellow fluorescent protein (YFP) at the N- and C-terminus.  
3 BRET approach was assayed as previously described<sup>18</sup>. Intrinsic activities of filtered luminal  
4 contents were measured by adding samples 5 min after the Rluc substrate coelenterazine. To  
5 determine if the antagonist was still active after gavage, luminal content was added 1 min after  
6 the luciferase substrate and exogenous [Pyr1]-apelin-13 was added 5 min before reading.

7

8 **Apelin assay** Apelin was quantified with the non-selective apelin-12 EIA kit (Phoenix  
9 Pharmaceuticals, Belmont, CA). Before dosage, luminal content, plasma and conditioned  
10 medium were filtrated and concentrated by column (Amicon Ultra, 10,000MWCO,  
11 Millipore).

12

13 **qPCR experiments** Jejunal loops were incubated during 24h in warmed oxygenated KRB  
14 containing [Pyr1]-apelin-13 ( $10^{-6}$  mol/L) or APJ-antagonist ( $5 \cdot 10^{-6}$  mol/L) and/or D-glucose  
15 (30 mmol/L). After treatment, loops were rinsed in KR buffer and immediately liquid  
16 nitrogen-frozen for GLUT2 and SGLT-1 mRNA quantification as previously described.<sup>8</sup>

17

18 **Chemicals** [Pyr1]-Apelin-13 was purchased from Bachem (Switzerland), D-[1-<sup>14</sup>C]  
19 mannitol was from GE Healthcare Amersham Biosciences, (les Ulis, France) and D-[1-<sup>14</sup>C]  
20 glucose from Perkin Elmer, (Boston USA). All other chemical reagents were purchased  
21 from Sigma (St. Louis, MO). Apelin antagonist (C-14-C dicyclic<sup>19</sup>) was purchased from  
22 Polypeptide (Strasbourg, France).

23

1 **Statistical analysis** All results were expressed as means  $\pm$  SEM. One-way ANOVA with  
2 Turkey-Kramer multiple comparisons posthoc-test was performed using GraphPad Prism  
3 (GraphPad Software, San Diego, CA). Significance was set at  $p < 0.05$ .

4

## 1 RESULTS

2 **Glucose increases luminal secretion of apelin in vitro and in vivo** When administrated by  
3 gavage to mouse, exogenous glucose promotes apelin luminal secretion. Indeed, 10 minutes  
4 after an oral load with high glucose solutions (50 or 100mg in 100  $\mu$ l of water), luminal apelin  
5 amount measured in the collected luminal material raised by twofold (Fig. 1a). This  
6 regulation is glucose-specific and independent of osmolarity since the same concentration of  
7 mannitol did not induce apelin secretion (supplemental Fig.S1). Consequently, as shown in  
8 figure 1b and c, apelin contained in jejunal cell cytoplasm (red) was partially depleted when  
9 glucose was orally-given, leading to a significant decrease of immunoreactivity. No staining  
10 was observed when the same experiments were performed with preabsorbed immune serum  
11 (Fig. 1b, bottom panel). Taken together, these results suggest that apelin stored in the  
12 epithelial cells (supplemental fig. S2) has been released in the lumen in response to glucose.  
13 To confirm this hypothesis, we further quantified apelin secretion ex vivo on everted intestine  
14 loops from mouse duodenum and jejunum (Fig. 1e and f). Both tissues exhibit the same  
15 kinetic apelin secretion profile characterized by a dramatic increase of apelin concentration in  
16 the medium 30 minutes after incubation of everted loops with 5 or 30 mmol/L glucose  
17 solutions. After 60 minutes, similar increase was observed suggesting that maximal release of  
18 apelin was reached already after 30 minutes. Moreover, western blottings showing intracellular  
19 form of apelin (dimer of apelin-77; 16kDa) in jejunal-everted loop incubated 60 minutes with  
20 30 mmol/L of glucose corroborate these results and reinforce a glucose-dependent apelin  
21 release (Fig. 1d). Then, in order to determine if immunoreactive quantification of apelin was  
22 specific of one isoform, we performed mass-spectrometry (MS) analysis of gastric secretions  
23 collected from PBS-, apelin- or glucose-gavaged mice. As [Pyr-1]-apelin-13 (resulting from a  
24 pyroglutamination of apelin-13) is the most stable isoform in aqueous phases,  
25 comparisons were done with a control profile processed with synthetic [Pyr-1]-apelin-13 alone

1 (data not shown and <sup>20</sup>) or added in PBS-treated mice luminal content (figure 2a). Figure  
2 2a shows that after purification and filtration steps of gastric secretions, spiked synthetic [Pyr-  
3 1]-apelin-13 can be recovered by this technique. Figures 2b and 2e (middle panel) show that  
4 after [Pyr-1]-apelin-13 gavage, the same peptide is recovered in intestinal lumen of mice after  
5 10 min in contrast to PBS orally-load mice (figure 2d). Moreover, after glucose load (1g/ml),  
6 [Pyr-1]-apelin-13 was also detected in gastric secretions (figure 2c and 2e; lower panel) in the  
7 same extent. Further MS experiments and analysis based on ion signal extraction indicated  
8 that other apelin isoforms were not recovered in glucose-load mice lumen secretions when  
9 compared to their published MS profile (supplemental figure S3).

10

11 **Exogenous apelin binds APJ receptor present in brush-border membrane of**  
12 **enterocyte and controls abundance of glucose transporters in BBM.** As apelin secretion  
13 appears to be controlled by glucose, we investigated the reciprocal role of [Pyr-1]-apelin-13  
14 on enterocyte glucose pathways. We first measured the presence of apelin receptor on small  
15 intestine. Fluorescent immunohistological studies were performed on mouse jejunal mucosa  
16 sections showing that apelin receptor (APJ) is expressed in villi associated primarily with the  
17 cell membrane (Fig. 3a). No staining was observed when the same experiments were  
18 performed with non-specific IgG antibody. Moreover, immunoreactive signal corresponding  
19 to apelin receptor APJ was found by western blotting in total proteins (fig 3b) and brush-  
20 border membranes (fig 3c) from mice enterocytes. Significant signal was found in BBM in  
21 basal condition indicating a constitutive expression of APJ receptor. However,  
22 immunoreactive signal was 3.9-fold decreased ( $p=0.013$ ) when [Pyr-1]-apelin-13 was given to  
23 the mice (Fig. 3c) suggesting effective activation of APJ receptor by exogenous [Pyr-1]-  
24 apelin-13 and consequently APJ internalization.



1 Intestinal glucose physiology is characterized by post-translational regulation of glucose  
2 transporter abundance in BBM. We thus examined *ex vivo* whether apelin modifies glucose  
3 transporters amount and activity on jejunal loops. As expected, glucose (10 mmol/l) induced a  
4 2.4-fold increase of SGLT-1 amounts in BBM compared to controls (Fig. 4a). Apelin (1  
5 nmol/l) alone significantly reduced the basal level of SGLT-1 ( $p < 0.01$ ) and markedly  
6 prevented glucose-increase in SGLT-1 abundance ( $p < 0.001$ ) when injected into the loop 3  
7 minutes before glucose (Fig. 4a).

8 The effect of apelin on SGLT-1 activity was then studied using Ussing chamber on mice  
9 jejunum isolated. As previously described<sup>11, 12, 21</sup>, the addition of 10 mmol/L D-glucose to the  
10 mucosal bath of Ussing chamber induced a rapid and marked increase in *I*<sub>sc</sub> (vs. basal  
11 conditions), reaching a plateau after 3-4 minutes. Addition of apelin in mucosal compartment  
12 3 minutes before glucose challenge markedly reduced the glucose-induced *I*<sub>sc</sub> ( $\Delta I_{sc}$ ). As  
13 depicted in figure 4b, the inhibition of  $\Delta I_{sc}$  was dose-dependent with a maximal inhibition of  
14 0.1  $\mu\text{mol/L}$  and an  $\text{IC}_{50}$  of 0.1 nmol/L. Overnight incubation with apelin antibody totally  
15 blocked the inhibitory effect of the peptide (Fig. 4c). Since SGLT-1 expression is balanced  
16 by GLUT2 expression<sup>14</sup>, the effect of apelin on GLUT2 was studied. Apelin induces a  
17 significant increase in the abundance of GLUT2 in BBM ( $p < 0.05$ ) (Fig. 4d). Glucose alone  
18 induces a 2.1-fold increase in apical GLUT2 protein and apelin co-incubated with glucose  
19 resulted in a significant increase in immunoreactive GLUT2 over the value of glucose or  
20 apelin alone indicating an amplification mechanism or additive effects via distinct pathways  
21 (Fig. 4d).

22 Since AMPK is a key-regulator of glucose transporter in enterocyte, we measured the effect  
23 of apelin on the phosphorylation of AMPK $\alpha$ 2 subunit. Apelin alone significantly stimulated  
24 AMPK $\alpha$ 2 phosphorylation (Fig. 4e). This effect was less marked when compared with  
25 glucose alone but when apelin was injected in the jejunal loop together with glucose, the

1 phosphorylation of AMPK $\alpha$ 2 was significantly enhanced showing an additive effect of apelin  
2 and glucose (Fig. 4e).

3

#### 4 **Apelin stimulates transepithelial transport of <sup>14</sup>C-glucose through GLUT2**

5 **regulation** Since AMPK $\alpha$ 2 activation is associated with glucose flux control in enterocyte<sup>13</sup>,

6 we investigated [Pyr-1]-apelin-13 effect on transmural hexoses transport (Fig. 5). As shown in

7 Fig. 5a, [Pyr-1]-apelin-13 (1 nmol/L) significantly increased 30 mmol/L glucose uptake in the

8 isolated mice jejunum. This effect was fast (2 min after apelin addition) and glucose specific.

9 Indeed, no effect on 10 mmol/L mannitol uptake was observed indicating that the increased

10 transport of glucose induced by apelin was unlikely to be caused by changes in paracellular

11 permeability (Fig. 5b). To better understand the apelin's pathways allowing this glucose flux,

12 we performed the same experiment in presence of phloretin, a GLUT transporter selective

13 inhibitor. The results show that the transepithelial glucose transport stimulated by apelin is

14 significantly decreased to control value in presence of the inhibitor suggesting that GLUT2

15 translocation is necessary for apelin's effect (Fig. 5c).

16

#### 17 **Orally-given apelin increases intestinal transepithelial glucose transport from lumen to**

#### 18 **bloodstream in mice**

19 The net effect of oral apelin on glucose absorption was further investigated. For that purpose,

20 the consequence of an oral administration of [Pyr-1]-apelin-13 on hepato-portal glucose

21 concentration was studied during an oral glucose load in fasted mice. Orally-given apelin

22 dramatically increased glucose concentration in hepato-portal vein 15 minutes after glucose

23 load (Fig. 6a). Then, in order to demonstrate the physiological effect of endogenous apelin

24 production on intestine glucose uptake, we inhibited the glucose/apelin cycle by using a

25 specific APJ antagonist<sup>19</sup> orally-given 10 minutes before the glucose load. Data presented in

1 figure 6b show that 1  $\mu\text{mol/kg}$  antagonist promoted a marked reduction of plasmatic glucose  
2 10 and 20 minutes after the glucose load. This result clearly indicates that  
3 apelin physiologically promotes carbohydrates absorption. Finally, to evaluate the long-term  
4 effect of both apelin and APJ-antagonist, we studied the consequence of a 24h-treatment on  
5 SGLT-1 and GLUT2 mRNA level (Fig. 6c). As expected, GLUT2 was significantly increased  
6 while SGLT-1 mRNA level was decreased by 30 mmol/l glucose. Apelin had the same effect  
7 than glucose on carbohydrate transporters mRNA expression. Such effects were blunted by  
8 APJ-antagonist treatment.

9

#### 10 **Exogenous apelin given by gavage remains active in the proximal intestine**

11 To know if exogenous [Pyr-1]-apelin-13 and APJ-antagonist orally-given to mice are still  
12 active when they reach proximal intestine, the luminal content was collected 15 minutes after  
13 gavage, purified, filtered and tested for APJ-inducing  $\beta$ -arrestin 2 recruitment. Control of cell  
14 transfection as well as BRET experiment validity obtained by increasing doses of apelin are  
15 presented in supplemental data (supplemental figure S5). Luminal content collected from  
16 [Pyr-1]-apelin-13 orally-loaded mice displayed a significant rise in BRET signal compared to  
17 PBS-stuffed mice, indicating that orally-loaded apelin is active and induces arrestin  
18 recruitment to the membrane (Fig. 7a). Conversely, when APJ-antagonist was given by  
19 gavage to mice, the resulting luminal content did not modify basal APJ activity by BRET.  
20 Finally, the efficiency of the APJ-antagonist collected after gavage was studied on apelin-  
21 induced BRET signal (Fig. 7b and c). As expected, exogenous [Pyr-1]-apelin-13 added to  
22 cells ( $10^{-7}$  mol/L and  $10^{-6}$  mol/L, Fig. 7b and c respectively) induced a significant increase in  
23 BRET signal. This effect was totally blunted by lumen content from APJ-antagonist orally-  
24 loaded mice when  $10^{-7}$  mol/L exogenous apelin was used (Fig. 7b.) but not for a higher dose  
25 of the peptide ( $10^{-6}$  mol/L, Fig. 7c). These results demonstrate that exogenous [Pyr-1]-apelin-

1 13and APJ-antagonist remain efficient when they reach glucose absorption zones of the  
2 intestine, i.e. duodenum and jejunum.

3

## 1 DISCUSSION

2 This study demonstrates the presence of a regulatory intestinal loop between apelin  
3 and glucose leading to a rapid regulation of intestinal glucose absorption. In order to  
4 insure balanced glucose absorption during or after a meal, the activity of sugar transporters in  
5 the enterocytes appears highly regulated. Indeed, glucose itself is able to promote its own  
6 transit through the intestinal barrier towards bloodstream by a fine regulation of SGLT-1 and  
7 GLUT2 abundance in the BBM<sup>22</sup>. Recent studies described other factors of glucose absorption  
8 implicating hormones such as CCK<sup>23</sup>, angiotensin II<sup>24</sup>, insulin<sup>25</sup>, leptin<sup>11</sup>, RELM- $\beta$ <sup>12</sup> or  
9 GLP1/2<sup>26</sup>. Apelin shares characteristic features with these hormones, particularly with leptin,  
10 since both are increased with obesity, target the intracellular AMPK and are closely related to  
11 glucose homeostasis and insulin sensitivity through their action on skeletal muscle and  
12 adipose tissue<sup>9, 27</sup>. In this study, we demonstrate by different approaches that glucose  
13 specifically enhances [Pyr-1]-apelin-13 secretion from intestine cells into the lumen without  
14 modifications in plasma apelin (supplemental fig. S4). This is in line with our previous  
15 demonstration that luminal secretion of gut leptin was observed without any modification of  
16 blood leptin levels in rat<sup>13</sup>. Even though apelin and glucose have been tightly associated in  
17 several studies, the direct effect of glucose on a putative apelin secretion has been poorly  
18 described. Yamagata et al. have recently shown that human endothelial cultured cells secrete  
19 apelin in response to glucose and Ringstrom et al. described a slight increase of mRNA apelin  
20 in isolated human pancreatic islets after glucose stimulation<sup>15, 28</sup>. In our study, although  
21 concentrations of glucose used *ex vivo* (30 mmol/L) are physiologically relevant and  
22 comparable to other studies<sup>12, 13</sup>, *in vivo* experiments required higher doses of glucose (up to  
23 100mg/100 $\mu$ l) to ensure that a significant amount of glucose reaches small intestine few  
24 minutes after oral load.

1 Apelin secretion in the lumen in response to sugar is in line with previous demonstration of  
2 luminal leptin secretion in the intestine after fructose load<sup>13</sup>. The question arises of  
3 bioavailability of peptides in the lumen characterized by its acidic pH and proteolytic  
4 enzymes activity. Interestingly, orally-given apelin remains active as shown by APJ activation  
5 and BRET studies. Leptin was shown to be secreted in the lumen together with a soluble  
6 receptor allowing a protection from degradation by proteolytic enzymes<sup>29</sup>. It could be  
7 hypothesized that such an associated protein could exist for apelin and further consideration  
8 to propose pharmacological modulations of luminal free/bound apelin concentrations are  
9 needed.

10 This glucose-induced luminal apelin secretion led us to investigate the functional  
11 effect of [Pyr-1]-apelin-13 on glucose absorption. We showed by different approaches that  
12 physiological concentration of apelin enhances glucose transmural transport from lumen to the  
13 bloodstream. This effect is specific for glucose and not associated with modifications of  
14 enterocytes tight-junction's permeability since mannitol is not translocated from the lumen to  
15 the serosal side in presence of apelin. Our results also show that, consistently with previous  
16 works in muscle and adipose tissue<sup>9, 30</sup>, apelin can also activate AMPK in enterocytes. AMPK  
17 is an important glucose sensor in enterocyte<sup>13, 31</sup> and its activation must initiate apelin's effects  
18 on glucose transporters balance. Indeed, apelin induces *ex vivo* decrease of SGLT-1 in BBM  
19 whereas GLUT2 expression was increased. SGLT-1 is a high-affinity low-capacity glucose  
20 carrier constitutively expressed in the BBM of epithelial cell lining the small intestine lumen.  
21 SGLT-1 is responsible for luminal glucose uptake against concentration gradient using a  
22 membrane potential generated by the sodium pump<sup>32</sup>. Conversely, when glucose  
23 concentration increases in the small intestine lumen, mechanisms including PKA, PKC $\beta$ II and  
24 AMPK $\alpha$ 2 activation are rapidly activated to traffic GLUT2 into the BBM. The fact that [Pyr-  
25 1]-apelin-13 controls SGLT-1's activity and further triggers a switch in glucose transporters

1 SGLT-1/GLUT2 ratio, activities and gene expression, gives a new insight into control of  
2 physiological sugar absorption by apelin. It has been reported<sup>16</sup> that GLUT2 is over-expressed  
3 in enterocytes during metabolic diseases which could participate to post-absorptive elevated  
4 glycemia. Thus, as showed here, pharmacological approach consisting in the blockade of  
5 the glucose/apelin cycle by using oral APJ antagonist could be used to lower glucose  
6 absorption.

7 In summary, the present data show the involvement of the apelinergic system in  
8 mechanisms controlling the intestinal absorption of glucose. As we recently described a  
9 putative role for apelin in glucose uptake in muscle and adipose tissue, it could be  
10 hypothesized that apelin firstly acts by enhancing intestinal glucose uptake from digested  
11 sugars in order to secondarily furnish energetic substrate to apelin-activated tissues.  
12 Consequently, intestinal apelin regulation by pharmacological agents such as APJ  
13 antagonists could allow a better control of blood sugar amounts after a meal. This process could  
14 be compared to the effect of lipase inhibitors that are clinically used to avoid lipid  
15 absorption. Finally, the present study brings new paradigm on luminal secretion,  
16 bioavailability and efficiency of gut peptides and paves the way for future utilization of apelin  
17 or apelin-antagonist by oral route.

18

19

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6



1 **LEGENDS TO FIGURES**

2 **Figure 1: D-glucose triggers intestinal apelin secretion.** **a)** In vivo apelin secretion  
3 measured in luminal fluid collected from proximal part of intestine after gavage. n=5; \*  
4  $p < 0.05$  vs. no glucose. **b)** and **c)** Confocal micrographs (x25 top line and x50 middle line) of  
5 jejunum sections from mice treated or not with oral glucose load (50 and 100 mg in 100  $\mu$ l)  
6 and stained with anti-apelin immune serum. Immune serum preincubated with an excess of  
7 apelin was used as control (bottom line). The white bars represent 100  $\mu$ m. **c)** Densitometric  
8 quantification of apelin immunoreactivity in jejunum. n=4; \*  $p < 0.05$ , \*\* $p < 0.01$  vs. no  
9 glucose. **d)** Representative immunoblots of intracellular apelin-77 from mice jejunum sacs  
10 treated with 30 mmol/L glucose. Data of densitometric analysis are expressed as relative  
11 protein levels ( $\beta$ -actin as control) n=3; \*  $p < 0.01$ . **e)** and **f)** Kinetics of apelin secretion by  
12 duodenum or jejunum everted sacs in medium without (0) or with glucose (5 or 30 mmol/L).  
13 n=5; \*  $p < 0.05$ .

14

15 **Figure 2: D-glucose induces in vivo [Pyr-1]-apelin-13 isoform luminal secretion.**

16 Extracted ion chromatograms of the pQRPRLSHKGPMPF sequence of [Pyr-1]-apelin-13 in  
17 gastric secretions of mice gavaged with PBS plus 2 picomoles of synthetic [Pyr-1]-apelin-13  
18 added before MS analysis **(a)** synthetic [Pyr-1]-apelin-13 **(b)**, glucose **(c)** and in gastric  
19 secretion of mice treated with PBS **(d)**. **e)** Manually annotated MS/MS fragmentation spectra  
20 of the pQRPRLSHKGPMPF peptide obtained from experiments **a** (upper panel), **b** (middle  
21 panel) and **c** (lower panel). **f)** Sequence of [Pyr-1]-apelin-13.

22

23 **Figure 3: Presence of APJ in enterocytes and activation by apelin** **a)** Jejunum sections  
24 from mice stained with anti-APJ antibody, Topro III or both. Pictures are representative of 4  
25 mice. Control was achieved with non-specific IgG antibodies. Photomicrographs are 50x

1 magnification, the white bar represents 100  $\mu\text{m}$ . **b)** and **c)** Representative immunoblots of APJ  
2 and  $\beta$ -actin in jejunum from mice orally-loaded by [pyr1]-apelin-13 (200pmol/kg) (A1, A2,  
3 A3) or PBS (C1, C2, C3). Protein detection was achieved from whole jejunum (**b)** or from  
4 BBM purified material (**c**). Data of densitometric analysis using  $\beta$ -actin as control. \*  $p < 0.05$

6 **Figure 4: Luminal apelin promotes AMPK phosphorylation and controls SGLT-1 and**

7 **GLUT2 presence in enterocyte BBM a)** Representative immunoblots of SGLT-1 from mice

8 jejunum sacs treated with or without [pyr1]-apelin-13 in association or not with 30 mmol/L  
9 glucose. Data of densitometric analysis using  $\beta$ -actin as control. \*  $p < 0.05$  \*\*, $p < 0.01$  and \*\*\*  
10  $p < 0.001$  vs. NaCl. **b)**Effect of luminal [pyr1]-apelin-13on glucose-induced Isc. Electrogenic  
11 sodium transport was followed in mouse jejunum in Ussing chamber as an index of active  
12 glucose transport by SGLT-1.[pyr1]-apelin-13was added in bath 2 min before10 mmol/l  
13 glucose.c)Effect of 10 nmol/l [pyr1]-apelin-13 on glucose-induced Isc.after an overnight  
14 incubation with an antibody against apelin (Apelin+Ab.)  $n = 5-7$  tissues studied. \*  $p < 0.05$ .**d)**  
15 Representative immunoblots of GLUT2 proteins in extracts from jejunum mucosa treated  
16 with luminal apelin with or without 30 mmol/L glucose. Densitometric analysis of the blots  
17 using  $\beta$ -actin as control. \*  $p < 0.05$ , \*\*  $p < 0.01$  and \*\*\*  $p < 0.001$  vs. NaCl. **e)** Effect of apelin on  
18 phosphorylation of AMPK $\alpha$ 2 in the jejunum. Phosphorylated AMPK $\alpha$  to total AMPK was  
19 used for densitometric analysis. \*  $p < 0.05$  and \*\*  $p < 0.01$  vs. NaCl.

21 **Figure 5 Apelin increases transmural transport of D-glucose in jejunal sac through**

22 **GLUT2 control a)** Kinetic of transmural transport of glucose was performed in jejunal sacs

23 from mice. Intestinal sacs were incubated during 15 min with 1 nmol/L apelin (●) or vehicle  
24 (□) in KRB containing glucose (30 mmol/L) and D-[1-<sup>14</sup>C] glucose. Data are representative of  
25 four experiments, \*  $p < 0.05$  vs. control. **b)** Similar experiment with 30 mmol/L mannitol. \*  $p$

1 < 0.05 vs. control. **c)** Effect of GLUT2 inhibitor phloretin (1 mmol/L) on apelin-induced  
2 glucose transportin jejunal sacs from four mice. \*  $p < 0.05$  vs. NaCl.

3

4 **Figure 6: In vivo effect of [Pyr-1]-apelin-13 on intestinal glucose absorption** a) Apelin (200  
5 pmol/kg in 100  $\mu$ l (black bar) or PBS (100  $\mu$ l, white bar) was administered to mice by gavage  
6 10 min before oral glucose load (3 g/kg). Ten minutes after the glucose load, blood was  
7 collected from hepato-portal vein for glucose determination. Data are given as mean  $\pm$  SEM  
8 (n=8) per group. \*\*  $p < 0.01$  vs. PBS. **b)** Glycemia after oral glucose load (3g/kg) performed  
9 without (white) or with (black) APJ antagonist (1  $\mu$ mol/kg body weight, 200  $\mu$ l) given orally  
10 10 minutes before glucose load. \*\*  $p < 0.01$  vs. PBS. **c)** GLUT2 and SGLT-1 mRNA  
11 expression in everted jejunal loops treated by [pyr1]-apelin-13 ( $10^{-6}$  mol/L), APJ-antagonist  
12 ( $5 \cdot 10^{-6}$  mol/L) and/or glucose (30 mmol/L) during 24h. Results are the mean  $\pm$  SEM of 5 mice.  
13 \*  $p < 0.05$  vs. Ct; \*\*  $p < 0.01$  vs. Ct; #  $p < 0.05$  vs. glucose.

14

15 **Figure 7: Orally-given [Pyr-1]-apelin-13 and APJ-antagonist activity on APJ**  
16 **internalization** a) Effect of luminal contents on net BRET signal in transfected cell. Content  
17 of proximal intestine was collected 10 min after PBS, apelin or APJ-antagonist mouse gavage  
18 and filtered and purified by column (see Methods). n=4-5 mice per group. \*\*  $p < 0.01$  vs.  
19 PBS. **b)** and **c)** Effect of luminal content collected from mice staffed with PBS or APJ-  
20 antagonist on exogenous synthetic [pyr1]-apelin-13 ( $10^{-7}$  mol/L and  $10^{-6}$  mol/L respectively)-  
21 mediating  $\beta$ -arrestin 2 recruitment to APJ measured by BRET. n=5 mice per group. \*\*  $p$   
22  $< 0.01$  vs. [pyr1]-apelin-13 alone.

23

24

25

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FIGURES

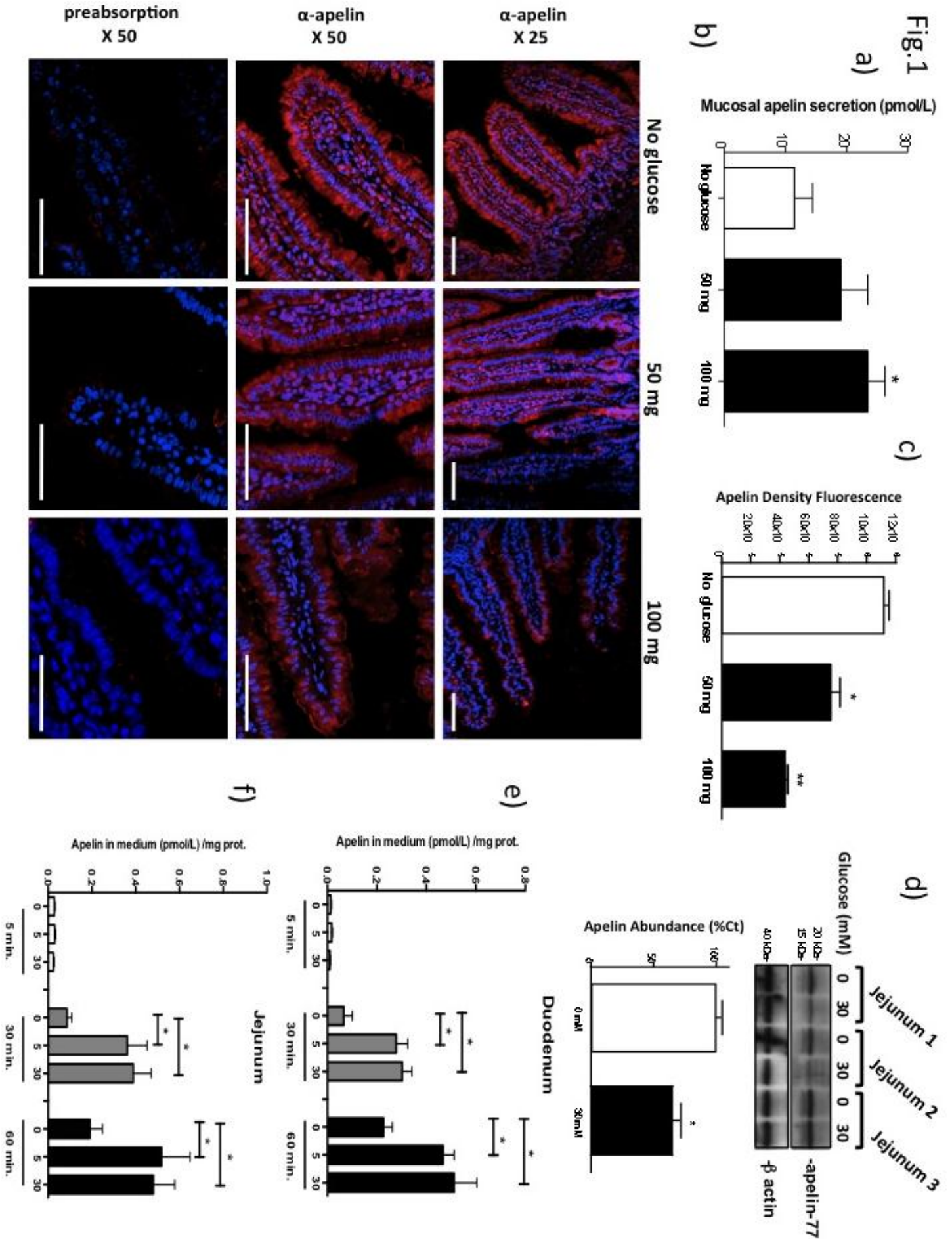


Fig.2

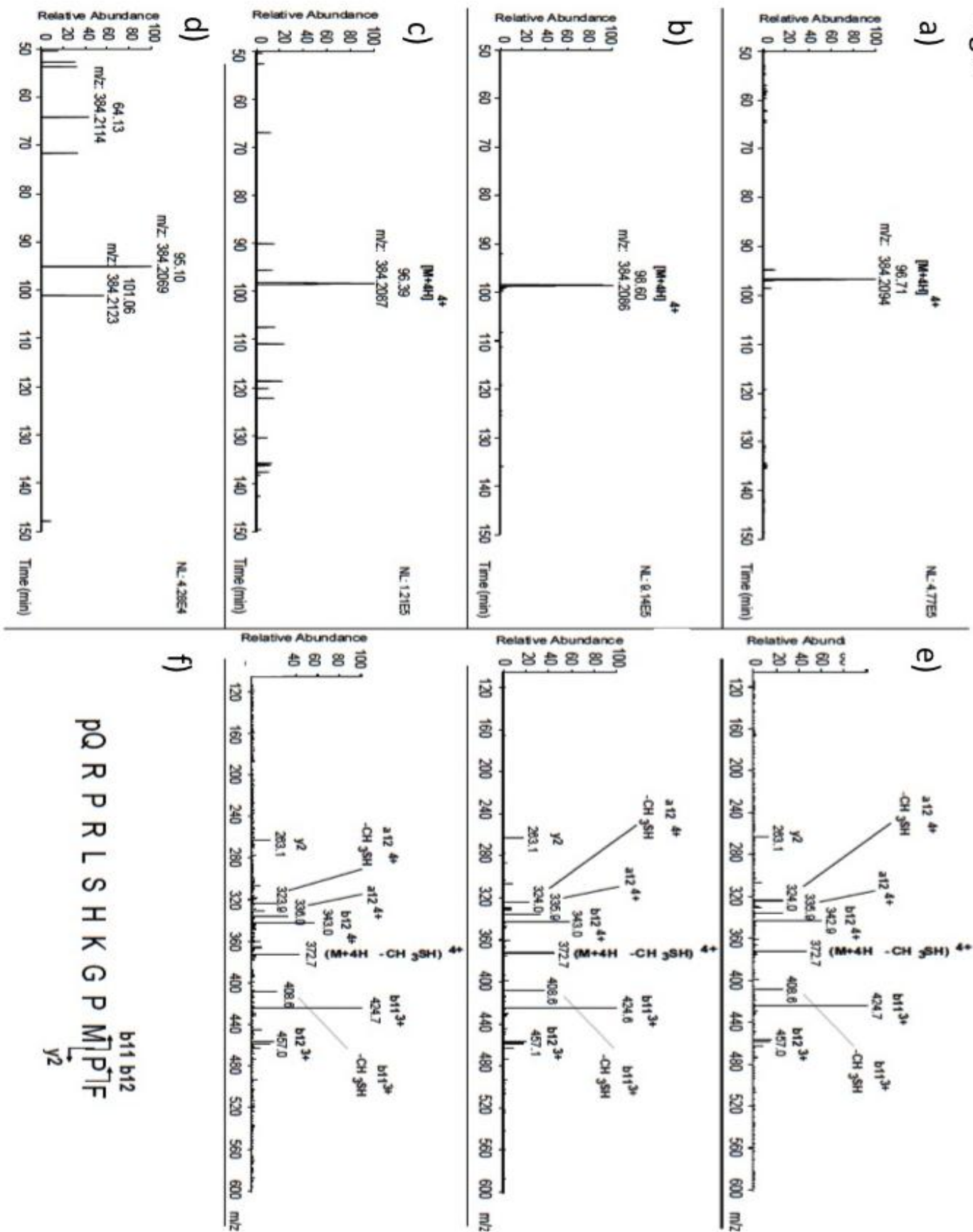




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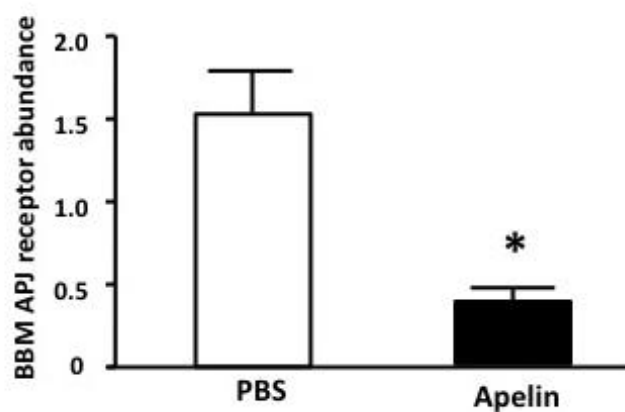
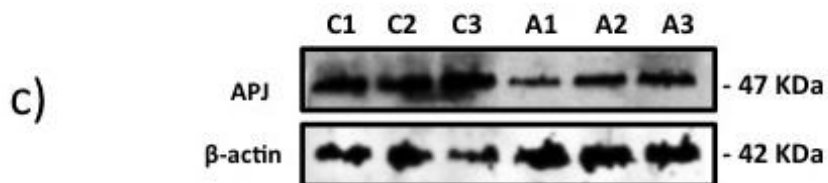
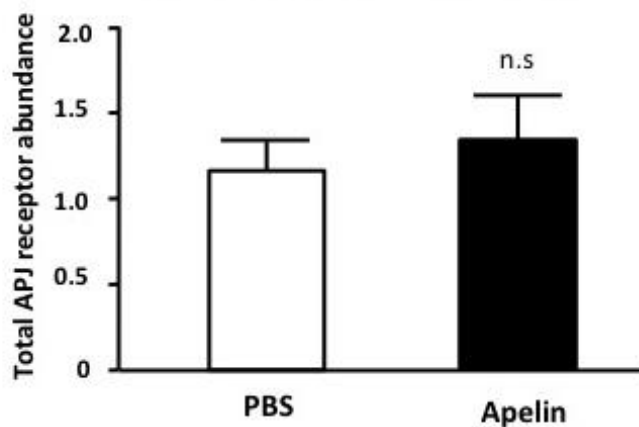
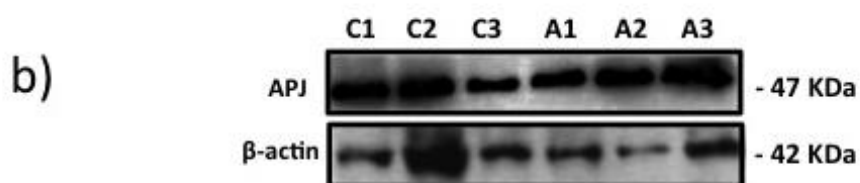
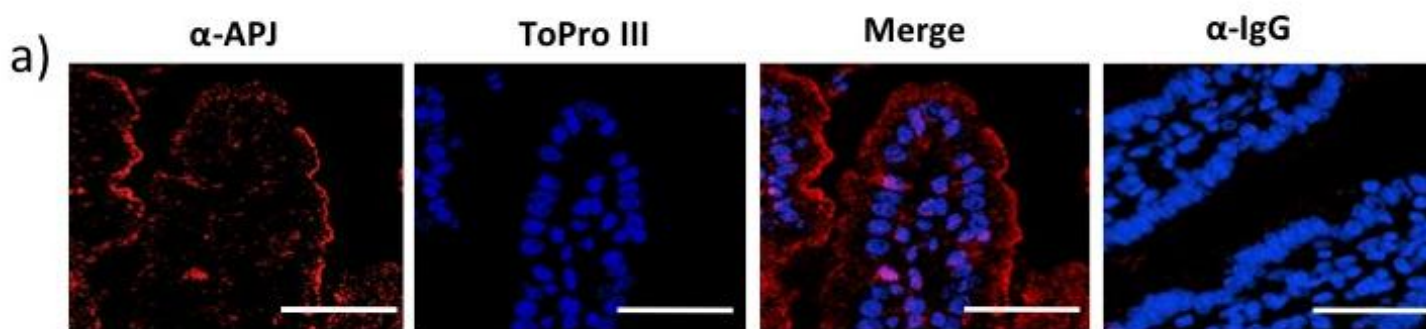




Fig.4

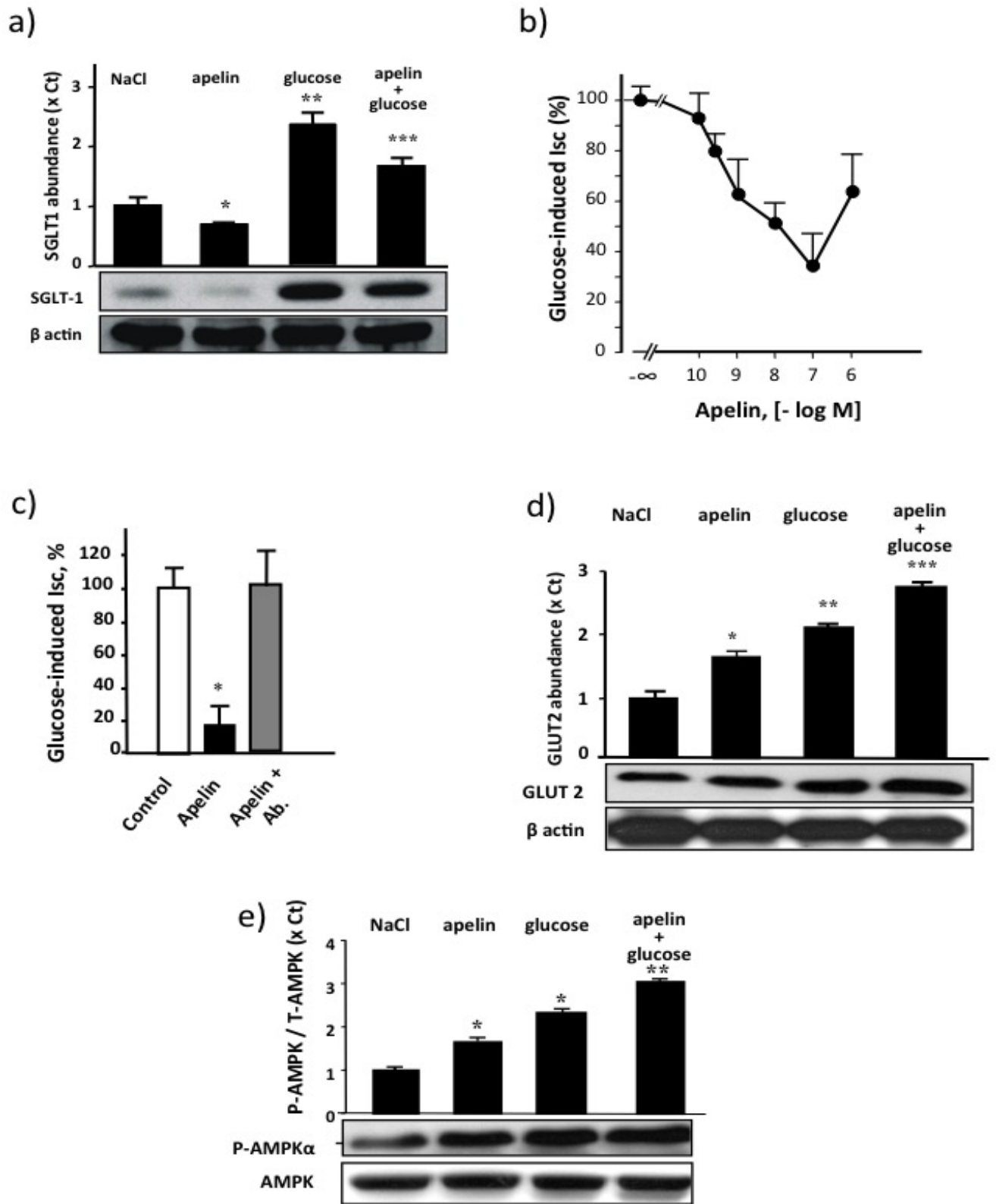


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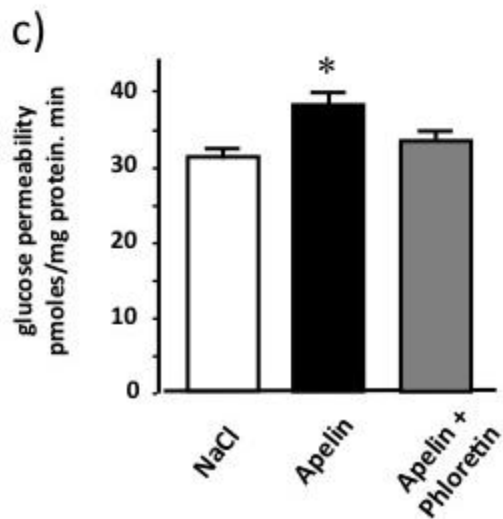
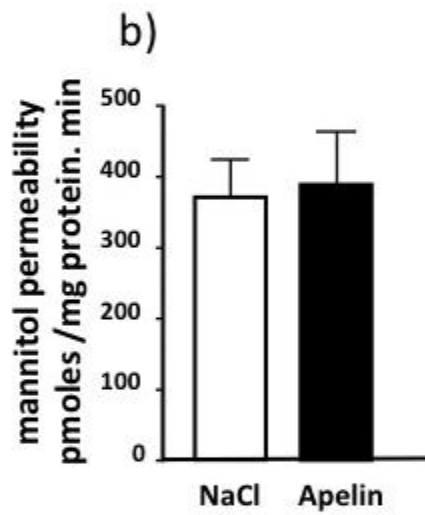
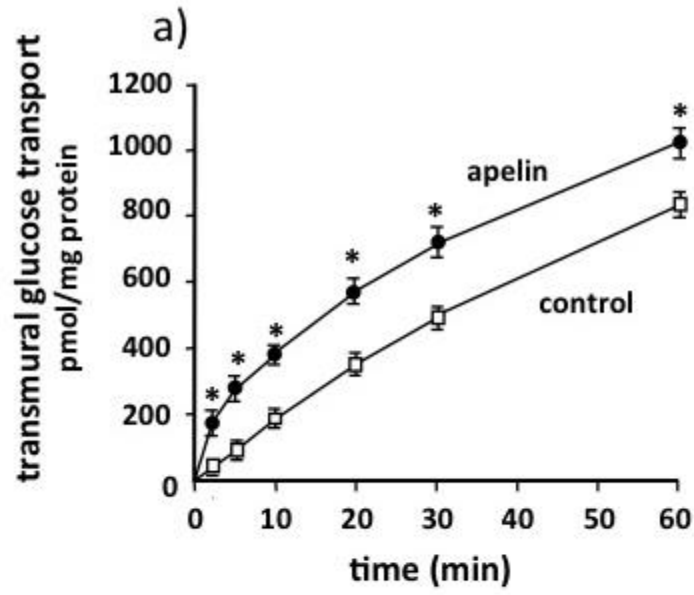
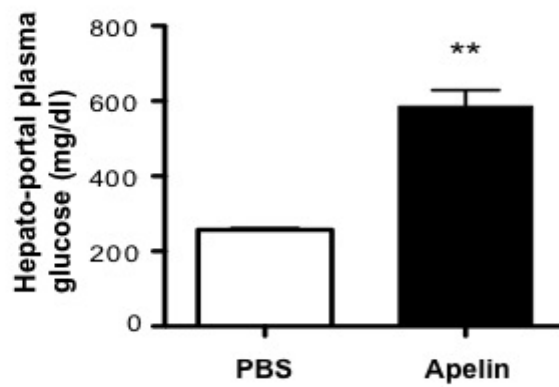
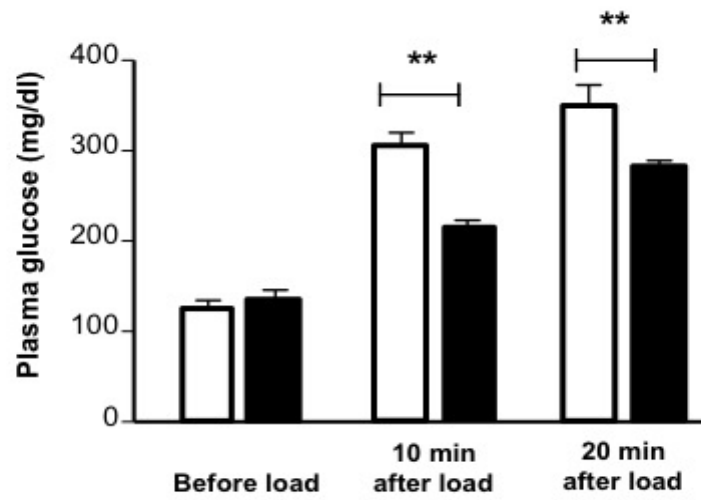


Fig. 6

a)



b)



c)

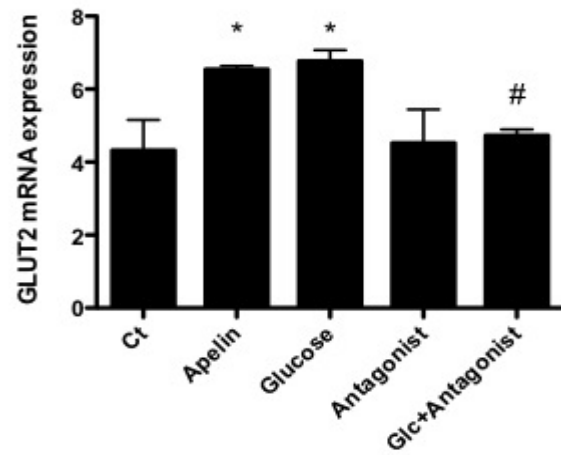
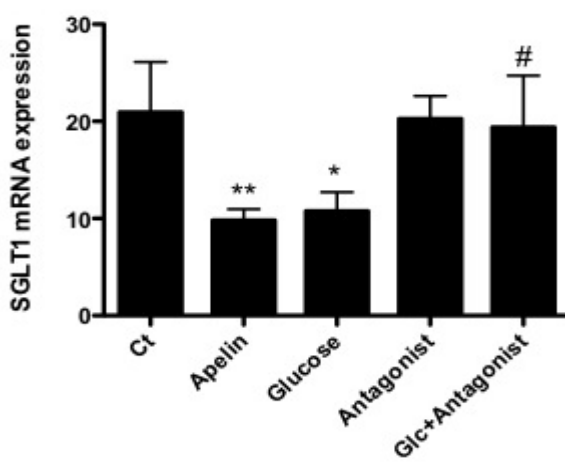
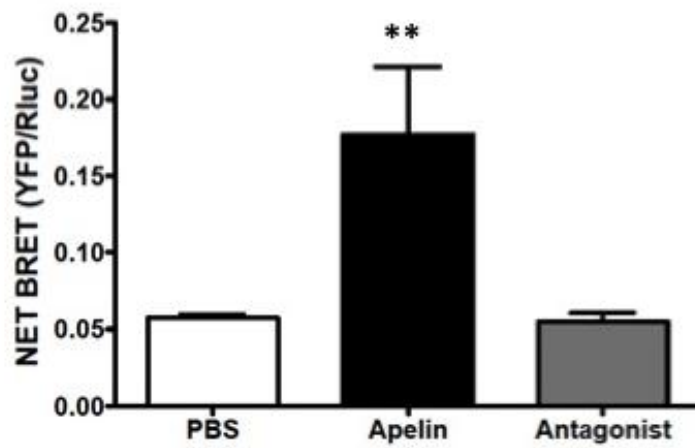
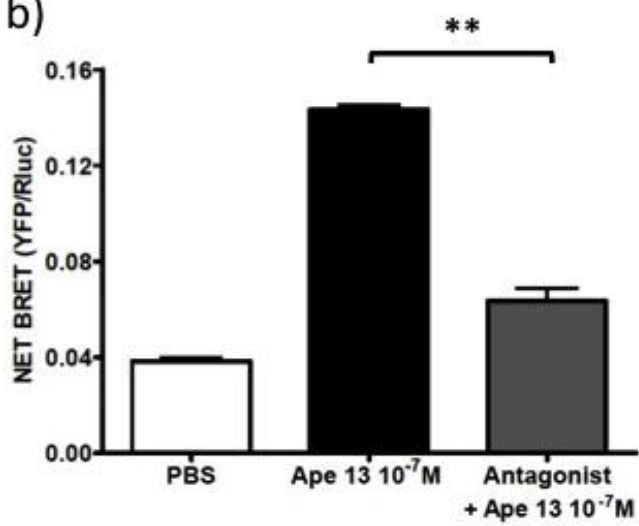


Fig. 7

a)



b)



c)

