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## **Molecular and immunological biomarkers to predict IVIg response**

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**Abstract**

Some patients with autoimmune and inflammatory diseases treated with intravenous immunoglobulin G (IVIg) as a first line therapy are refractory. Identification of predictive biomarker(s) to segregate responders and non-responders to IVIg therapy remains critical. A number of biomarkers, particularly in Kawasaki disease, have shown potential for predicting response to IVIg.

**Keywords**

intravenous immunoglobulin; cytokines; Fcγ receptor; Kawasaki disease; Guillain-Barré syndrome; immune thrombocytopenia

Intravenous immunoglobulin (IVIg) is a pooled preparation of normal human immunoglobulin G (IgG) purified from the plasma of several thousand healthy donors. IVIg is one of the most highly solicited therapeutic molecules for the therapy of autoimmune and inflammatory diseases. Randomized clinical trials have demonstrated the therapeutic utility of IVIg in a wide range of diseases including Kawasaki disease (KD), immune thrombocytopenia (ITP), chronic inflammatory demyelinating polyneuropathy, anti-neutrophil cytoplasmic antibody-associated-vasculitis, myasthenia gravis, dermatomyositis, Guillain-Barré syndrome (GBS), graft-versus-host disease and others. Several mutually nonexclusive mechanisms have been proposed for IVIg that include inhibition of innate and adaptive immune cell activation and their inflammatory mediators, and induction of anti-inflammatory cells and molecules.

Nevertheless, IVIg is not a magic bullet. Even among the diseases where IVIg is recommended as a first line therapy, there are patients who do not respond. Identification of predictive biomarker(s) to segregate responders and non-responders remains a critical issue and the subject of intense research. The majority of studies have focused on KD, although other pathologies such as ITP and GBS have also been investigated.

Identifying biomarkers to predict responders to IVIg therapy is important both for patients and the health-care system. Early identification of IVIg-resistant patients helps clinicians to promptly initiate alternative therapies, reducing the morbidity and also the cost associated with IVIg therapy. Further, it would also help in preventing the empirical use of IVIg, which is currently used for nearly 100 different pathologies.

KD is characterized by systemic vasculitis (mainly involving coronary arteries) in children. Preventing serious cardiac complications is the primary goal of treatment. High-dose IVIg treatment during the acute stage of KD is effective in preventing coronary artery lesions. Unfortunately, 10-20% of patients experience IVIg resistance, which is associated with poor coronary artery outcomes. Risk-scoring systems have been developed to predict resistance to initial IVIg treatment by taking into consideration age, illness duration and various blood and biochemical parameters such as platelet and neutrophil counts, alanine aminotransferase, and C-reactive protein (CRP). Although these scores have good specificity, their low sensitivity to predict IVIg resistance in other cohorts casts doubt on their universal applicability [1].

Inflammatory mediators such as cytokines and chemokines are key players in the pathogenesis of autoimmune and inflammatory diseases. They stimulate immune and non-immune cells, program T cell differentiation and instruct homing of immune cells. Pre-IVIg levels of inflammatory mediators such as granulocyte-colony stimulating factor (G-CSF), IL-1 $\beta$  and IL-6 determine the responsiveness to IVIg [2,3,4]. The circulating levels of G-CSF were significantly higher (three-fold) in IVIg-nonresponsive patients [2] and were corroborated with significantly higher levels of polycythemia rubra vera 1 (PRV-1) and matrix metalloproteinase-8 (MMP-8) [2,3]. As G-CSF stimulates granulopoiesis and granulocyte differentiation, these reports substantiated previous observations of significantly elevated neutrophils in IVIg-nonresponsive patients. In addition, the elevated levels of damage-associated molecular pattern molecules (DAMPs) such as high-mobility group protein B1 (HMGB1), S100A8 and S100A9 were reported to predict poor response to IVIg [3].

These DAMPs are released from stressed cells, and signal via receptor for advanced glycation end products (RAGE) and Toll-like receptors (TLR) to promote inflammatory responses from innate cells (Figure 1). S100A8 and A9 also regulate the adhesion of neutrophils and monocytes to endothelial cells, a process that is likely important in the vasculitis of KD.

Genetic and epigenetic studies on the pathways that signal cytokine and chemokine production have been undertaken to provide molecular insight on the IVIg response. The majority of autoimmune diseases are characterized by the presence of high-affinity autoantibodies that form immune complexes with auto-antigens and stimulate innate immune cells via Fc $\gamma$  receptors (Fc $\gamma$ R) to induce inflammatory mediators. A functional polymorphism in *FCGR2A* encoding an H131R substitution has been identified as a susceptibility locus for KD [5], confirming the role of Fc $\gamma$ R signaling in the pathogenesis of KD. A family-based genetic study also confirmed this observation [6], but this polymorphism does not predict response to IVIg therapy.

The recent study by Kuo *et al.* demonstrates that it is not the polymorphism in *FCGR2A*, but rather epigenetic changes, in particular hypomethylation in five CpG sites that predicts IVIg resistance [7]. Therefore, the threshold of activation of Fc $\gamma$ RIIA determines the responsiveness to IVIg. Fc $\gamma$ RIIA is highly expressed on innate immune cells (including macrophages, dendritic cells and neutrophils), therefore stimulation via Fc $\gamma$ RIIA leads to the secretion of various inflammatory cytokines and chemokines (Figure 1). Thus, this data provides mechanistic insight into previous reports of elevated levels of pro-inflammatory cytokines and unresponsiveness to IVIg therapy in KD.

As the inhibitory FcγRIIB counteracts activation-associated signaling, it had been proposed that functional polymorphisms in *FCGR2B* might determine IVIg responders. In fact, increased *FCGR2B* promoter activity due to high numbers of A alleles upstream of the translation start site of *FCGR2B* was associated with IVIg response in KD patients [8]. As FcγRIIA and FcγRIIB are co-expressed on innate immune cells, the intensity of expression of these two receptors and their activity determine the severity of inflammatory response to IgG immune complexes.

Further studies are required to determine if epigenetic changes in *FCGR2A* could be used to predict IVIg response in other pathologies. The signaling pathways that lead to the inflammatory response often vary among the pathologies and even patients. As IVIg is also beneficial in T-cell mediated inflammatory pathologies, FcγR-related biomarkers might only prove useful in diseases where autoantibodies are implicated in the pathogenesis. High expression levels of interferon-γ (IFN-γ) were associated with poor response to IVIg in childhood ITP [9]. Prominent peripheral mobilization of HLA-DR<sup>high</sup>CD138<sup>low</sup>CXCR4<sup>low</sup> immature plasma cells by day 7 post-IVIg therapy was correlated with strong clinical improvement in patients with GBS [10]. Importantly, such plasmacytosis was also observed in patients with chronic inflammatory demyelinating polyneuropathy, myasthenia gravis and inflammatory myopathies [10]. Hence, the quest for universal biomarker(s) that predict IVIg responsiveness should continue, and the search should focus on innate/adaptive immune cells and their cytokines and molecular regulators. Pre-IVIg levels of IL-17A in the circulation could be used to predict response to IVIg. Although there are differences in IVIg products from different suppliers, in general they are quite similar in therapeutic efficacy and anti-inflammatory mechanisms. Therefore, potential

biomarkers would (and should) not vary for each IVIg product that is available for the therapy.

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## Figure legend

**Figure 1. Examples of molecular and immunological biomarkers reported to predict response to IVIg therapy.** The majority of the data presented in the figure has been derived from studies of patients with Kawasaki disease (KD). In the figure, putative biomarkers of poor response to IVIg are depicted in red boxes. The elevated levels of DAMPs (such as HMGB1, S100A8 and S100A9) released from stressed cells, and G-CSF, released from vascular endothelial cells and smooth muscle cells, were reported to predict poor response to IVIg. G-CSF stimulates granulopoiesis and granulocyte differentiation by signaling via STAT3. Hypomethylation in five CpG sites of *FCGR2A* predicts IVIg resistance. NF- $\kappa$ B signaling activated by DAMPS via TLR and RAGE, and by IgG-immune complexes via Fc $\gamma$ RIIA, lead to activation of innate immune cells such as neutrophils, macrophages and dendritic cells. These cells then secrete high levels of inflammatory mediators such as IL-6, IL-1 $\beta$ , TNF, PRV-1 and MMP-8. IL-1 $\beta$  stimulates vascular endothelial cells to produce G-CSF. Pre-IVIg levels of these inflammatory mediators were also used to predict IVIg response. Abbreviations: DAMPs, damage associated molecular pattern molecules; G-CSF, granulocyte-colony stimulating factor; G-CSF-R, granulocyte-colony stimulating factor receptor; HMGB1, high-mobility group box-1; IVIg, intravenous immunoglobulin G; MMP-8, matrix metalloproteinase-8; NF- $\kappa$ B, nuclear factor kappa-light-chain-enhancer of activated B cells; PRV-1, polycythemia rubra vera-1; RAGE, receptor for advanced glycation end products; STAT-3, signal transducer and activator of transcription 3; TLR, Toll-like receptor; TNF, tumor necrosis factor.

