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Nurses' Alumnae Association Bulletin, May 1956

Dorothy J. Edgar

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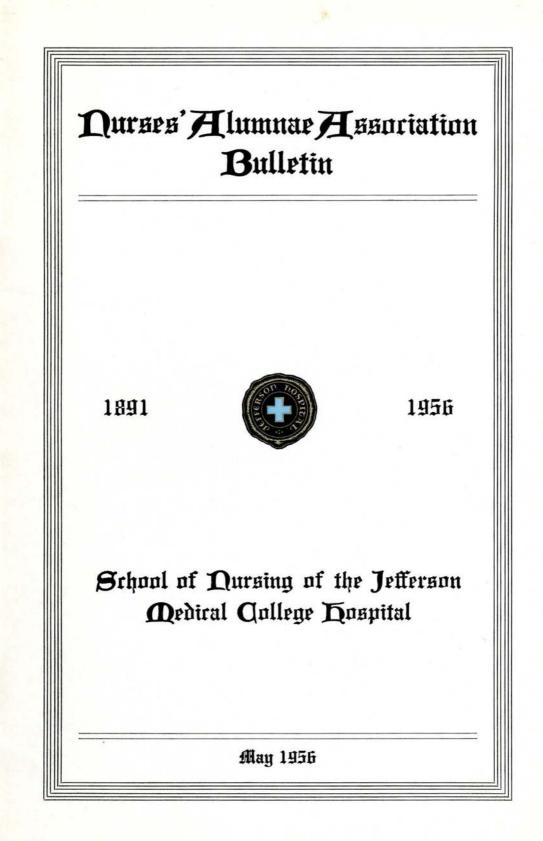
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JEFFERSON NURSES' ALUMNAE ASSOCIATION BULLETIN

PUBLISHED ANNUALLY

OFFICERS - 1955

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FINANCIAL REPORT

December 31, 1955

Annual Giving Receipts

Relief Fund	\$ 845.00
Scholarship Fund	253.50
Nurses' Home Fund	938.00
	\$ 2,036.50

Investments (At cost)

Relief	Fund	e.	i.	ł	•		 e		3	•		\$42,175.00

Scholarship Fund 17,500.00

On Deposit

Relief Fund	\$ 112.04
Scholarship Fund	5.65
Nurses' Home Fund	3,077.00

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Nurses' Alumnae Association Bulletin

MAY, 1956

DEAR ALUMNAE:

It is again my privilege to be able to send you good wishes as the president of the Jefferson Nurses' Alumnae Association.

The year, 1955-56 was a busy and prosperous one. More of our members are marrying, more raising families and more making valuable contributions to a profession where the numbers are too few.

The Alumnae Association continued and expanded its activities. The Annual Giving of 1955 was only moderately successful. A revision of the Constitution and By-Laws started us out in 1956 with a clear slate. The Thomas A. Shallow Fund received wholehearted support from our members and our friends. The meetings in the Nurses' Home both at Spruce Street and the Whittier added much sociability to our meetings. The programs have been varied and interesting.

We hope you will contribute as much as you can to the Alumnae Giving for 1956 for the needs for financial assistance during illness, scholarship aid, and a new Nurses' Home are greater than ever.

It is our hope you will read the BULLETIN from cover to cover so that you may be brought up to date on hospital and Alumnae activities. The officers, committee chairmen and participating members deserve many thanks for their devoted efforts during the past year.

Let us strive to keep up the good work and make 1956 a bigger year than ever for our Alumnae Association.

Sincerely yours,

DOROTHY J. EDGAR, President

DIGEST OF ALUMNAE ASSOCIATION MEETINGS

FEBRUARY 1, 1955

23 members present.

The following recommendation was approved: That the Alumnae Association By-Laws be revised.

Resigned from the Association: Eileen Gingrih Ebling.

A demonstration of the Stryker Frame was given by Miss Ramp.

MARCH 1, 1955

30 members present.

A donation of \$100.00 was given toward the student nurses' yearbook 'NOSOKOMOS.

Miss Edgar and Miss Wildonger were selected to attend the National League of Nursing convention at St. Louis in May.

Accepted into the organization: Caroline Hill Masuda, Rose McGready Miller, Dolores Ann Pauster, and Florence Thorpe Williams.

It was announced that our first Negro nurse has been accepted into the school of nursing.

A film entitled "A Day in the Life of the Cerebral Palsied Child" was shown.

APRIL 5, 1955

27 members present.

Accepted into the organization: Theresa Ludrof Lewis, Harriet Spatig Zeller and Harriet E. Metz.

The Alumnae Association will send two student nurses to the Student League for Nursing convention in June at Bedford Springs, Pennsylvania.

A recommendation was made and accepted to give the student nurse in the 1955 graduating class who has the highest scholastic average, an award of \$100.00.

The 1955 graduating class was entertained by the Alumnae Association at a dinner at the Warwick Hotel, April 21, 1955.

A program on "Cardiac Disease, A Chronic Illness," was presented by a panel of junior student nurses.

MAY 3, 1955

32 members present.

A group of White Haven nurses were accepted in the Alumnae Association.

Miss Dorothy Ranck was appointed chairman of the Constitution and By-Laws Committee.

Resigned from the Association: Ruth McAllonis Wainwright.

Miss Kevel presented a sum of \$100.00 to the Relief Fund from the sale of stockings and sweaters.

This meeting was held in the Nurses' Home and was followed with refreshments.

SEPTEMBER 5, 1955

36 members present.

The following were selected as delegates to the Pennsylvania Nurses' Association Convention at Pittsburgh in October: Miss Edgar, Miss Prendergast and Miss Ramp. Two students will also be sent to the convention.

Miss Wildonger and Miss Edgar gave reports on the N.L.N. convention.

October 4, 1955

47 members present.

A recommendation was made and accepted to send Coronet Magazine as a Christmas gift from the Alumnae Association to any member who is chronically ill.

The Honorable Hazel H. Brown spoke on the importance of supporting the 1956 United Campaign.

Mrs. Cope, a Blue Cross representative, spoke on the difference between Blue Cross and Intercounty insurance.

NOVEMBER 1, 1955

39 members present.

Accepted into the Association: Mrs. Nellie Shermer Barclay.

Reports on the P.N.A. convention were given by Miss Edgar, Miss Prendergast and Miss Ramp.

Mrs. Haviland of Inter-County Hospitalization talked to the group.

JANUARY 3, 1956

30 members present

The By-Law revisions were read and approved. It was recommended and accepted to have the By-Laws with the revisions printed in booklet form.

The annual election of officers for the Association was conducted.

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ENTERTAINMENT COMMITTEE

The members of the entertainment committee wish to thank all of the Alumnae members for the support they gave us by attending the functions held during the past year.

A dinner for the graduating class of 1955 was held at the Warwick Hotel on Thursday, April 21, 1955. There was 100% attendance.

The big event of the year was the program for Alumnae Day which was held on May 7, 1955. The luncheon was in the Ball Room of the Benjamin Franklin Hotel. We had a record attendance as there were 438 present. The program following the luncheon was a series of tours arranged for the inspection of our new pavilion. Approximately 376 nurses took advantage of the tours. The dance in the evening was held at the Melrose Country Club in Cheltenham, Pennsylvania. There were 63 couples present.

Another event was the Buffet Supper and Card Party held at the Whittier House at 15th and Cherry Streets, on October 26, 1955. Everyone attending enjoyed the evening.

We also attempted something different for our March 1956 meeting. We had a Buffet Supper preceding the meeting held at the Whittier House. It was very successful as we had a record attendance at the meeting of 48 members.

BULLETIN COMMITTEE

This committee has, as its annual function, the preparation for publication and the distribution of the BULLETIN. We have tried to bring you news of Jefferson and of Alumnae activities accurately and in an interesting manner. Your impressions and reactions to the BULLETIN are always welcome and appreciated.

As in the past, we appeal to you to notify us of any change in your name and/or address.

SCHOLARSHIP FUND

It is gratifying to note that our Alumni are eagerly taking advantage of the Scholarship Fund to assist them in pursuing advanced study.

The following scholarships have been granted:

Dolores Pencavage1954	
Helen Sheriff	č
Nancy Thompson	5
Eloise Hippensteel	Ŕ

THE THOMAS A. SHALLOW MEMORIAL FUND

DEAR ALUMNAE:

The Thomas A. Shallow Memorial Fund project was started at the February Alumnae meeting.

Thanks are due to the members of the Alumnae on establishing a memorial to Dr. Shallow, to those who were helpful in furthering the project and to those whose contributions brought it to a success.

The \$1,692.50 collected so far with the aid of all of you and the money that is still coming in, will result in a permanent memorial that will keep green the memory of the one who gave his whole life to the relief of the suffering and to the help of the distressed.

Gratefully,

ISABELLE R. KEVEL HEVERLY, Chairman

Committee: Evelyn Dute Emma Frigar Ann Bergner Newhouse Henrietta Spruance 7

Contributors to the Thomas A. Shallow Memorial Fund:

Elsie Chase Isabelle Kevel Heverly Leah H. Friendly Adele Lewis Agnes Kevel Henry Susan Watson Grace Bird Butler Olga Dygan Mitchell Frances Eutermarks Ethyl S. Maull Vivian I. Moyer Paul W. Mood Evelyn R. Curran Ann H. Willson Harriet Werley Emma Dabenian Julia Gaskill Ellen Steward Helen Reed Naffin Overton & Mildred O'Connor Sara Detwiler Leona Gehris Marion Faulk Reighard Nora S. Ehrig Mildred English Hively Betty Howard Farmer Ada Crouse Zelda Nencer Evelyn Wilson Frazier **Ruth Purinton** R. Hallcook

Mrs. Richard Flood Audrey K. Myers Mrs. James Stone Evalvn C. Bennett Mrs. John S. Fetter Lillian Mertz Ann Scarlett Eleanor Selfridge Duncan Selfridge Helyn Long Irene Sales Evelyn Fore Evelyn Dute Elinor Brosious Margaret Ransom Anne Shafer Mary Bonenberger Shirley M. Hoffert Nora S. Fry Kathryn F. Hood Virginia DelVecchio Margaret Evans Koehler Ann Craver Anna Craver Rose McNulty Graham Marie Byrne **Ruth Thomas** Grace J. Dunkelberger Virginia Rozell Edda Pupo S. Applebaum

Marjorie Hunsicker Lorah Nora Shoemaker Ella Shoemaker Gladys Brundage Mary Lois Bivans Mary B. Mullin Naomi D. Price C. Margaret Donaldson Mary H. Moore Jane E. Aires Anna Knight Hill Barbara Godfrey Smith Ann Williams Candler Elva Morris Cohn Patricia Long Haupt Mrs. Ogden Henrietta Spruance Mrs. Herbert Flack Lucile B. Spangler Elizabeth D. Jones Della P. Speidel Lorraine K. Mayers Dorothy B. Ranck Elva Schoen Blanche Wilson S. Elizabeth Joy Madelyn Reimel Knapp Mrs. Joan Clauss Mrs. George Pfeiffer Dorothy J. Edgar Matilda Knerr

Mrs. Harold Hunter Martha Riland Mary Smith Kessler Nancy Greising Wilhelm Emma G. Frigar A. Ruth Ranney Juliet Hubschmann Marion B. Hooper Mrs. Stevens Margaret Summers Mrs. William Miller Anne and John Newhouse William N. Bergner Elizabeth Heaton Helen Beale Betty Piersol Clara Hardy Blanche Neifert Jennie Kutz Jeannette Wolfe Mary A. Kimble Jean B. Ward Thelma M. Saylor George E. Zeller Mary Jo Muster Emma G. Knock Maude Schwab B. P. McNulty Freida Mosser Carol Biork Catherine Prendergast Lois Kelly Rose Mulligan Mildred Fetter Semler Grace H. Waltersdorf Katharine Purcell Smock Marie Maxwell France C. Platt Ruth V. Spencer Margaret Moscarella Irene Gibson Nancy Albright Mary Stauffer Malick Hannah Wertman Umpstead Florence Hitchins Evelyn Thompson Niece Helen Niles Miss Dilmore Johanna Winner Pearl Hallenbaugh Miss Schmeck Laura Z. Johnson Edna Shearer Richards Christina M. Blasius Ellen R. Carlton Margaret Feiler Cygan Geraldine Williams Waters Maggie Llovd Clarke Lilv Lindberg Helen Tananis Louise Douglas Margaret M. Pargola Mildred Waldman Isabel Conners Edith Scott Lane Margaret Connell Kathryn Combs Alice P. Hammond Helen Robinson Emma Subers Mercedes Geil Weber Savlor McGhee Florence Howanitz Ann Gambal Patricia Zarella Olive Goodwin Anna C. Schwab S. Elizabeth Scotton Wealthy M. Shutt Betty L. Suttles Eloise Hippensteel Catherine Paine Mary McGowan Shirley Kneebone Rush Belle T. Carr Helen Sheriff Ruth Stouch The Berger Girls

Mary Metzger Nora B. Dwyer Mercedes Breen Christ Margaret Dorsey Ethel Genzmer Jean Kehm Gladys Keiper Genevieve Lewis Svlvia Lambdin Henry C. Legg Ethel Todaro Laura Hill Irene E. Wright N. D. Crandall Adelaide Richards Irma O'Donnel Mary R. Godfrey Barbara Marks Joan Yocum Marjorie Searing Josephine Stevenson Charlotte Stacey I Mackie Carson Mary Louise Brumbaugh Alma Miller C. A. Callis, M.D. Ellen Teague Ruth Roberts David Cramp Mary Albright Minerva Welch Sara Werstler Anna M. Hall Evelyn Geovanelle Dorothy Smith Bennett Bonita Hartshorn Alice D. Chase Norma Nace Frances Wildonger **June Everly** Shirley Leidy Edwards Morton Witkin Julia P. Diamond Robert Krook, Inc.

ALUMNAE NOTES

Major Harriet Werley (Class of 1940) was assigned to the Army Medical Service Graduate School on July 1, 1955, as staff officer with the recently established department of atomic casualties studies. She is the first woman officer to be named to the school's new department.

Major Werley completed four years of duty in the office of the Surgeon General of the Army where first she was a staff officer in the Army Nurse Corps assignment section, and later in the career management section to institute a career guidance program for the Army Nurse Corps. She completed that tour of duty by evolving a long range career plan for ANC officers.

In addition to her duties in atomic casualties studies. Major Werley serves as liaison officer between the Army Medical Service and the military professional specialty short courses given for nurse officers at the graduate school.

Catherine T. Betz Fall, 1945, was commissioned a captain in the Army Nurse Corps in July, 1955. She is presently stationed at Fort Benjamin Harrison in Indiana.

MARRIAGES

S. Elizabeth Neely, '28 Marshall W. Joy Eugenia Hoover, '33.. Carson Kline Hendricks Delores Pauster, '51 . William Gorham, M.D. Anna J. Troxell, '51 . . Wm. H. Humphreys Mary Alice Bond, '51 William Romig Nancy Greising, '52 George Wilhelm Dolores Evey, '52 Robert Justice Irene Wilson, '52 Donald Flanagan Mary Ann Yoder, '52 Samuel Wertman Jacquelyn Malone, '52 Harry Boehm Jacquelyn Malone, '52 Robert Kolshey Doris McClure, '52 Bruce Givin

Margaret Umbower, '53 Mr. Paul Ruth Shonk, '53 Thomas Trettis Gertrude Lange, '53 Honns Anend Louisa Manhart, '54 John Koch Jane Snyder, '54 Donald Wilgus Jane Snyder, '54 Donald Wilgus Jean Tomlin, '54 Joseph Ward Patricia Wells, '54 Joseph Ward Carol Stuart, '54 Craig Baxter Rena Sauvageot, '54 Charles Graham Roberta Mengotto, '54 Thomas E. Smith Jeanne Curcio, '55 Anthony Pelleriti Doris Amorose, '55 Joseph Blackburn Shirley Brown, '55 Joseph Blackburn Dawn Deitmen, 55 Joseph A. John, M.D. Rosemary Evans, 55 Jo Reese Williams Audrey Titlow, 55Edward Priga Marjorie Sue Roberts, 55, Carl W. Boyer, Jr., M.D. Georgene B. Strazzeri, 55 ...Wm. F. Callahan

Georgene B. Strazzeri, 55 ... Wm. F. Callahan Peggy Waite, '55 ... Allan W. Lazar Carol Young, '55 ... Arthur B. Justice Rosemary Yablonski, '55 ... Alfred Lulaunge Betty Lou Bingman, '56 ... Samuel A. Kendall Jo Mae Straughen, '56 ... Charles Ellington

NECROLOGY

Bernice Wigglesworth Sprecher, '40 girl Esther Thomas Watts, '41 boy Dorothy Fraley Templeton, '42 boy Lois Longacre Kelly, '42 boy Jane Metzler Flack, '42 boy Irene Lauver Polner, '42 boy Frances Trimble Barnard, '42 gril Audrey Ohler Zydel, '43 girl Elizabeth Smith Alt, '44 boy Rita Vitetta Labat, '45 boy Louise Brodginski McGowan, '46 girl Ruth Groves McCormick, '47boy

 Ruth Gloria Wray Green, '48
 boy

 Neta Flemming Glennan, '48
 boy

 Ruth Von Franzke Cassidy, '48
 girl

Elizabeth Tratch, '50 September, 1955

NEW ARRIVALS

Arlene Wilson Seasoltz, '49gir
Arlene Wilson Seasoltz, '49
Jane Norstedt Johnson, '49boy
Jean Beard Davison, '49gir
Ruth Lange Wettig, '49gir
Patricia Loftus O'Riordan, '49boy
Eleanor Kowaleski Krestynick, '50gir
Mary Louise Osborne Foy, '50boy
Rita Krestvnick Bolinsky, '50boy
Barbara Duckworth Arkes, '51
Elizabeth Hastings Donald, '51boy
Jean McCoy Paschelbel, '52gir
Jeannette Wightman Coffey, '52gir
Nellie Adelaide Crandall Richards, '53 boy
Paully Jane Boerlin Kreps, '53 twin boy
Patricia Narusieurcz Yurick, '54gir
Josephine Henninger Murray, '54boy
Doris Henry Innes, '54bo
Janet Herring Oswald, '54gir
Betty Richards Stone, '54gir

DEAR FELLOW ALUMNAE MEMBERS:

So many events have been crowded into the past year, that the months have slipped by, almost unnoticed.

The new wing has been in full operation for almost a year and has proved so popular with patients that it is nearly always filled to capacity. The patient census throughout the hospital has reached and remained at a new high level.

Looking toward continued expansion and improvement of patient care other services have been established. These services have contributed to the modern and effective care of patients:

The Recovery Room, or post-anesthesia room, was opened in August of last year. This department is located on the fifth floor of the Thompson Annex. It has a capacity of fifteen beds. It is intended primarily for private patients, but ward patients needing special care are often sent from the operating room to this department. To date, nearly five thousand patients have been cared for in the Recovery Room.

An Intravenous Team of two nurses has been in operation since last October. These nurses were instructed in their duties by members of the Anesthesia Department. This team has assumed the responsibility of most intravenous therapy for private and semi-private patients. Patients no longer have to wait for busy physicians to complete rounds or operations to render this type of treatment.

The Patient Escort Service, mentioned last year, is now in full operation. This group of personnel escorts patients between their rooms and the various hospital departments where they must go for treatment or special studies. All departments of the hospital now use this service which averages two hundred calls a day. This Service has enabled the nursing staff to remain in the patient units to give more direct patient care.

Courses for nurse's aides and for operating room technicians are now in session. It is hoped that these trained non-professional personnel will relieve the nurses of some of their duties and free them for the more complex care of the patient.

Our student enrollment is gradually increasing—ninety-nine students were admitted in September of 1955 and twenty-three entered in February of this year. We must continue to recruit qualified young women for the school, if we are to look forward to an adequate number of graduate staff nurses.

We are hopeful that we will soon have a new nurses' residence, since this is a vital factor in the student recruitment program. Several other schools in this area have modern residences which have attracted some of the applicants for our school. Renovation in our present buildings is continuous and everything possible has been done to make the residence attractive. It cannot, however, offer much competition to the modern facilities found in newly-built residences.

The student educational program has been greatly enriched by the inclusion of some nursery school experience and home visits in the course of Pediatrics, and increased clinic experience in all of the specialties. The ward teaching program is much more meaningful since it is better correlated with the formal educational program.

The class which entered the school last September is now assigned to the class block program. One-half of the group attends class for two weeks with one day assigned to clinical practice, while the other half is assigned to two weeks of clinical practice. At the end of two weeks, the groups change. This program enables the student to give complete care to the patient as she is taught in the classroom.

The Student Nurse Library is now well-organized. Two part-time, qualified librarians have catalogued all volumes, and many new books have been added to the collection. Modern magazines which appeal to this age group, works of fiction as well as professional references and texts are included in the library.

The school catalogue has been completely revised and the new issue is most attractive. We hope it will prove a recruitment aid.

The Student Nurse basketball team had outstanding success this year and won the trophy for the second best team in the Student Nurses' Basketball League. The cheerleaders who supported the team nobly also won a trophy. The Nurses' Home Activities Committee gave a victory banquet for the team, cheerleaders, sponsor, and coach.

In spite of the changes and improvements accomplished during the past year, some problems seem almost constant. Professional nurse shortage and the too-rapid turnover of nursing staff tend to decrease efficiency, since time which might well be spent in patient care must be devoted to the orientation of new staff nurses. We must expect some turnover in our professional personnel since many job opportunities are available for young nurses today. We must, however, increase our staff so that this turnover does not interefere with the normal operation of the departments.

We have appreciated your help in the past, and look to you, the Alumnae Association, for continued assistance in recruiting graduate staff nurses as well as students for the school. We hope that we may look for your understanding and support and that the year 1956 may prove to be a successful one.

With my very best wishes,

Sincerely,

MABEL C. PREVOST, Director School of Nursing and Nursing Service 12

PHYSICAL ADVANCES AT JEFFERSON HOSPITAL, 1956

PAUL F. RAKE, Director of Development

Jefferson has been in an important period of advancement and growth and this progress is especially noticeable in the physical facilities of the hospital. The board of trustees and administration have carried out extensive additions and plans are made for further improvements during the coming year.

The ultra-modern New Pavilion of the hospital has been functioning at capacity with its unexcelled appointments and technical facilities. It has been invaluable in bringing better treatment, patient care and a more comfortable environment to the increased number of patients. The new post-operative recovery suite and new kitchens and food service areas, as reported last year, have proved to be substantial improvements.

The hospital has recently established improved facilities for a new Blood Donor Center. As part of the Charlotte Drake Cardeza Foundation the new Center has been established in an attractive building at 1015 Sansom Street, directly across from the entrance to the Thompson Annex of the hospital.

The experience at Jefferson and elsewhere has been that many more blood donors are willing to come, and return, to a Center set up apart from the array of laboratories, operating rooms and other clinical facilities of the hospital. This not only enables Jefferson to meet regular hospital needs for service to patients but will supply sufficient blood to extend the research facilities.

In order to improve this service and provide a safe margin for emergencies and the development of research and other special procedures, it was necessary to so arrange the mode of selection and processing of donors as to encourage a large volume of volunteer donors.

Everything in this new Center has been prepared to embody efficiency in function and also comfortable and cheerful surroundings for donors and their families.

With a fifty-foot frontage on Sansom Street, the newly installed building facade is of stainless steel, marbleized metal panels and glass. The main floor and mezzanine are devoted to the expanded facilities of the Center.

The equipment for blood collecting, storage, labelling, refrigerating, etc., is arranged in a central core on the first floor behind a screening partition. Six cubicles are placed in front of this partition. Instead of lying prone with equipment arranged by the bedside, the donor gives blood in a semi-reclining position with his arm placed through an aperture in the partition. Donors in a semi-reclining position are more comfortable, breathe more easily and can assume the erect posture more promptly than those supplying blood lying flat. The donor stalls are so arranged that a donor cannot see other donors during the procedure and they, in turn, cannot see him. Since he is semi-reclining, the donor can read a magazine or newspaper while giving blood and during the rest period following.

The new organization of the Donor Center rounds out the hematological facilities at Jefferson to some of the finest available anywhere.

Extensive improvements in construction and equipment are planned for the physiotherapy department.

A new location for the housekeeping department is being planned for the ground floor of the Annex building. The occupied area will be about four times its present size.

Plans have been prepared for a new psychiatric unit to include 25 beds on the fourteenth floor of the Annex.

Arrangements have been completed and work has started on the new inter-faith meditation room located on the first floor of the New Pavilion adjacent to the Thompson Annex. The meditation room is being established through the help of the House Committee of the Women's Board.

A new deep therapy x-ray unit with extensive new equipment is being planned to be located in the former laundry area of the Main Hospital building.

There have been extensive improvements made in the hospital and Curtis Clinic in painting and renovation.

Other important construction and remodelling will be carried out as part of the over-all program of expansion and reorganization.

All the alumnae of Jefferson Hospital may take pride in the growth of the hospital and medical center, whose importance to the state and nation has been outstanding.

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ANESTHESIOLOGY AT JEFFERSON

A Department of Anesthesiology was activated in Jefferson Medical College 5 July 1955, and for the first time in its existence the Hospital appointed a staff of anesthesiologists. The chairman of the new department, and attending anesthesiologist, is Dr. Louis J. Hampton who came here from New Haven, Conn., where he had organized a department of anesthesiology in Grace-New Haven Community Hospital and Yale University School of Medicine in 1946. Associated in the new department at Jefferson are Drs. Harold F. Chase, Robert T. McSherry and Georgina Y. Goodwin. Dr. Chase, formerly of the Department of Pharmacology of Western Reserve, came here from Charlottesville, Virginia where he had organized a department of anesthesiology in 1949. Drs. McSherry and Goodwin had been members of the Department of Anesthesiology in Yale University.

In its relationship with the Hospital the new department stresses clinical functions, the training of residents, internes and nurses, and clinical research.

CLINICAL FUNCTION

Departmental activity is directed mainly to patient care. The bulk of the clinical anesthesia is done by Mrs. Nellie Moses Maloney and her staff of fifteen nurse anesthetists and thirteen student nurse anesthetists. In addition to supervising anesthetists, the anesthesiologists do clinical anesthesia for poor-risk cases, those for whom specialized or regional techniques are indicated, and for the members of the "hospital family" who specifically request their services.

The most evident change in clinical management of patients has been the introduction, on a rather wide scale, of so-called "balanced anesthesia." Anesthesia for surgical patients serves two main functions: prevention of pain and provision of good working conditions (muscular relaxation). The aim of good anesthesia is the accomplishing of these functions with minimal upset of the patient's physiological status. Prevention of pain and provision of muscular relaxation can be obtained with single, powerful agents such as ether, but not always without the occurrence of unpleasant side-effects, such as vomiting, severe cardiovascular depression and prolonged unconsciousness. In an effort to minimize these side-effects modern anesthesia techniques call on one or several agents to produce unconsciousness or pain relief, and one or more agents to produce muscular relaxation and, by combining the action of several drugs, avoid toxic doses of any one. For example, one may use a small dose of pentothal to produce unconsciousness, nitrous oxide and oxygen to maintain analgesia and fortify this mixture with intermittent doses of intravenous morphine, and finally add small doses of curare to obtain relaxation. This is what is meant by "balanced anesthesia": the use of specific agents for specific purposes, and in dosages tailored to fit the needs of the moment. This change in practice has been of considerable, though intangible, benefit to nursing care throughout the entire hospital because an attempt is made to have most patients awake before they leave the operating room.

Other clinical functions in which the department participates are the management of unconscious patients . . . cerebrovascular accidents, barbiturate poisoning; the treatment of patients with respiratory paralysis; and the performance of diagnostic and therapeutic nerve blocks. Consultation service is provided for problems of sedation and the management of pain, and for oxygen therapy.

TEACHING

The American Board of Anesthesiology has granted temporary approval for the training of residents in this department pending the outcome of surveys not yet completed. The first resident will arrive in May 1956 and the second in July. Internes have had no training in anesthesiology during the current year, but next year's group

is large enough to permit several to rotate through the service on an elective basis.

The size of the student nurse anesthetist class has been reduced because teaching material is limited and room must be provided also for the training of residents. The program has been improved by extending the period of training from twelve to eighteen months, and by addition to the requirements for admission the provision that a candidate have at least six months of nursing experience following graduation from an approved nursing school, preferably in an operating room. Credits from a liberal arts college are desirable, although not yet required. The school is approved by the American Association of Nurse Anesthetists and provides extensive classroom teaching as well as ample training in the use of all currently accepted anesthetic agents. Graduates of the new eighteen-month course will have the benefit of a well rounded clinical experience when they begin their own careers.

CLINICAL RESEARCH

Dr. Chase has cooperated with Dr. Nealon of the Department of Surgery in work already in progress relating to ventilation of patients during anesthesia and surgery. Evaluation of two new drugs is in progress: an intravenous barbiturate, Lilly Compound No. 22451; and a meperidine derivative, "Anileridine," developed by Merck. The department owns an electroencephalograph, an electrocardiograph, a pneumotachograph and an infra-red carbon dioxide analyzer, all of which are useful in this clinical research. In addition, Dr. McSherry, aided by funds supplied by Burroughs Wellcome and Company, is developing methods of measuring neuromuscular blockade in the anesthetized patient.

LOCATION

Mrs. Maloney occupies a small office on the fifth floor of the new Pavilion. Temporary departmental headquarters are in a televoice room on the fourth floor of the Pavilion. The main offices and laboratories will be moved this summer to the ninth floor of the College, and an office will also be provided in a space opposite the entrance to the Recovery Room.

RECOVERY ROOM

An area of the 5th Annex adjoining the corridor from the Pavilion was remodeled to provide one of the most pleasant and well-equipped recovery rooms in the United States. Space is available for fifteen post-anesthesia stretchers (Jarvis and Jarvis), and two Hill-Rom beds. Operating under the professional direction of the anesthesiologists, a very capable nursing staff, headed by Miss Viola Fox '37 provide nursing care for post-operative patients. Assisting Miss Fox are Renee Weinberg (Einstein '53), Susan Watson '55 and Barbara Georgette '55. A nurse's aid and an orderly complete the regular staff. Patients remain in this area until they are fully conscious or until spinal anesthesia has worn off. The average length of stay is two hours. The Recovery Room operates from 8:30 a.m. to 8:00 p.m. Monday through Friday, and from its opening on 20 August 1955 through 30 March 1956 has provided treatment facilities for 3,831 patients. The functioning of this unit has been so successful and has alleviated nursing problems on the floors so much that it is now planned to extend its closing time to 11:00 p.m.

INTRAVENOUS THERAPY TEAM

An additional activity of the Department of Anesthesiology is the maintenance of an intravenous therapy team whose function of starting intravenous infusions has relieved house staff and attending physicians of a time-consuming chore, and has made it possible for patients to receive parenteral solutions on schedule. This work is being very ably carried on by Miss Nancy Katherman '51 and Miss Evelyn Clampffer '54. Headquarters for their activity is the Recovery Room, and when they are not starting infusions they are actively participating in post-operative care.

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GRADUATION AWARDS - 1955

The William Potter Memorial Prize of twenty-five dollars to a member of the February section for outstanding scholastic performance to:

CLAIRE CARISSIMI

The Jefferson Hospital Women's Board Prize of twenty-five dollars to the member of the graduating class who, in the opinion of the School of Nursing Faculty, demonstrated the greatest versatility and cooperation in nursing situations to:

NORMA NACE

The Adeline Potter Wear Memorial Prize of twenty-five dollars to the member of the graduating class who, in the opinion of the School of Nursing Faculty, has demonstrated outstanding ability in Nursing Arts to:

JOYCE WIDNEY

The Bessie Dobson Altemus Memorial Prize of twenty-five dollars to the member of the graduating class who, throughout her training contributed most to harmonious living in the Nurses' Home to:

SUSAN WATSON

The Jefferson Hospital Nurses' Alumnae Association Prize of one hundred dollars to the member of the graduating class who attained the highest average during the three-year course to:

NORMA NACE

