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Dual task training for the geriatric client: Promoting attention to detail

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Objective

 To describe the impact of dual tasking on the functional mobility of older adults



 To explore the role of interprofessional educational series to impact older adults attention to detail

 To discuss the utilization of technology and social media in dissemination of an interprofessional educational series for older adults

Impact of aging on functional mobility and gait

Musculoskeletal

Boss & Seegmiller,,(1981)

Levelser & Shakoor,,(2003)

Increased longevity has resulted in an 'Aging World'. US population of > 65 yrs. in 2010 is 12.5%; projected to increase by 20% in 2030 (US Census Bureau, 2010)

As the elderly population increases the care needs and expenditures for that care will increase (Lajoie et al., 1996; Sparow et al., 2002)

Neurological

Boss & Seegmiller,(1981)

Cognitive

Erber, 2002

In daily life, we are subjected to a variety of stimuli, often requiring dual tasking (multitask)





What do we know about the effects of Dual Tasking?



SHARING WHAT WE KNOW: A FRAMEWORK FOR AN PROFESSIOAL EDUCATIONAL SERIES **INTERPROFESSIO**



triangulated approach







Research

Across disciplines and within disciplines

Teaching

Community Academy

Service

Local and international

Dissemination options:



Summary

- dual tasking does effect functional mobility of older adults globally
- Triangulated framework can be used to bring attention to detail
- interprofessional educational series can impact older adults attention to detail
- technology and social media can aide in dissemination of an interprofessional educational series for older adults

QUESTIONS AND COMMENTS



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