

Recovery from Severe Mental Illness – Pilot Research Paving the Way

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Abstract

The ACT Center of Indiana is a research and training center devoted to helping organizations provide services to adults with severe mental illness that are based on the best research evidence and promote recovery. We briefly highlight 5 recent pilot studies that ultimately may help improve care. These involve measuring factors that promote recovery (pilot #1), strategies to involving family members in recovery (pilot #2), ensuring active participation of consumers (pilot#3), reducing burnout in staff (pilot #4), and cost-effective ways to measure program implementation (pilot #5).