

Research Article

Physicians' Human Papillomavirus Vaccine Recommendations in the Context of Permissive Guidelines for Male Patients: A National Study

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Abstract

Background: Little is known about physicians' human papillomavirus (HPV) vaccine recommendations for males while the Advisory Committee on Immunization Practices' (ACIP) permissive guidelines for male vaccination were in effect. The purpose of this study was to examine and explore factors associated with U.S. physicians' HPV vaccine recommendations to early (ages 11–12), middle (13–17), and late adolescent/young adult (18–26) males.

Methods: Nationally representative samples of family physicians and pediatricians were selected in 2011 ($n = 1,219$). Physicians reported the frequency with which they recommended HPV vaccine to male patients ["always" (>75% of the time) vs. other] for each age group. Statistically significant predictors of vaccine recommendation were identified using multivariable logistic regression.

Results: The prevalence of physicians reporting they "always" recommended HPV vaccination for males was 10.8% for ages 11 to 12, 12.9% for ages 13 to 17, and 13.2% for ages 18 to 26. Pediatrician specialty and self-reported early adoption of new vaccines were significantly associated with recommendation for all patient age groups. In addition, physician race and patient payment method were associated with physician recommendations to patients ages 11 to 12, and patient race was associated with recommendations to ages 13 to 17 and 18 to 26.

Conclusions: Less than 15% of physicians surveyed reported "always" recommending HPV vaccine to male patients following national guidelines for permissive vaccination. Vaccine financing may have affected physicians' vaccine recommendations.

Impact: If these recommendation practices continue following the ACIP's routine recommendation for males in October 2011, then interventions designed to increase recommendations should target family physicians and possibly use early adopters to encourage support of HPV vaccination guidelines. *Cancer Epidemiol Biomarkers Prev*; 23(10); 2126–35. ©2014 AACR.

Introduction

A growing body of evidence demonstrates the role of human papillomavirus (HPV) in cancers that affect males, including anal, penile, and oropharyngeal cancer (1, 2). Quadrivalent HPV vaccine trials have demonstrated high levels of immunogenicity, reductions in genital warts, and

potential reductions in precancerous anogenital lesions in males (3, 4). Thus, vaccination has significant primary prevention benefits for all males (5), but particularly for those from racial/ethnic and sexual minority groups, who are disproportionately affected by HPV-related diseases (1, 6).

In the United States, the Advisory Committee on Immunization Practices (ACIP), a national group of medical and public health experts, develops recommendations on how to use vaccines to control diseases (7). The ACIP also collaborates with the American Academy of Family Physicians and the American Academy of Pediatrics to approve an immunization schedule for persons ages 0 to 18 years (8). ACIP recommendations can be "permissive," meaning that vaccine providers may, but are not expected to, proactively offer vaccination, or may vaccinate upon request (9). In contrast, a "routine" vaccine recommendation means that the vaccine should be proactively provided as the standard of care.

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Private health insurance payers in the United States reference the ACIP's recommendations to determine their immunization coverage policy, and not all payers cover immunizations with permissive recommendations (10). Therefore, physician practices may choose to purchase and stock only vaccines for which these costs are most likely to be recouped and refer those who request these vaccines to settings that are supported directly or indirectly by the federal Vaccines for Children (VFC) program. The VFC program provides VFC through age 18 years who are Medicaid eligible, uninsured, American Indian or Alaska Native, or underinsured (11). Underinsured children, who have health insurance that does not cover vaccines or covers selected vaccines, can receive VFC-funded vaccines at a federally qualified health center, rural health clinic, or under an approved deputization agreement. The ACIP determines the vaccines that are available through the VFC (12) and voted for HPV vaccine coverage for males while permissive guidelines were in effect (13, 14). In addition to vaccines provided through the VFC program, state and local immunization programs may elect to use state/local funds to purchase vaccines for non-VFC eligible children (15).

In October 2009, the ACIP issued a permissive recommendation for vaccinating males ages 9 to 26 years against HPV (16). Although early studies suggest that pediatricians and family physicians support the concept of male vaccination (17–22), these studies were primarily conducted before the actual availability of the vaccine. As such, little is known about actual recommendation practices, particularly during the period between 2009 and 2011 when the ACIP's permissive recommendation was in effect. Examining physicians' HPV vaccine recommendations to males during a time of permissive recommendations from the ACIP provides the opportunity to characterize "early adopter" providers (23), establish a benchmark to which physician recommendation after the ACIP's 2011 routine recommendation for males can be compared, and understand the potential impact on physician practices to inform the decision for permissive recommendation for future vaccines.

As part of a larger study to examine trends in physicians' HPV vaccine recommendations to females (24, 25), we surveyed physicians after the ACIP's permissive guidelines for male vaccination about their HPV vaccine recommendations to male patients. On the basis of previous research that suggests differences in physicians' HPV vaccine recommendations by patient age (24, 26), recommendations in this study were assessed for males ages 11 to 12 years (the target group for HPV vaccination), ages 13 to 17 (a catch-up group that may still entail parental involvement in vaccine decision-making), and ages 18 to 26. This substudy was based on the Competing Demands Model (27), originally developed to understand delivery of clinical preventive services in the primary care setting and successfully applied by our team in prior studies of physician recommendation for HPV vaccination to females (24, 25). The Competing Demands Model

proposes three domains of factors influencing physicians' HPV vaccine recommendations. Physician factors include personal characteristics, knowledge, beliefs, attitudes, and experiences. Given the focus on adoption of a new clinical practice (i.e., HPV vaccination), we drew upon Diffusion of Innovations theory (23) to assess whether physicians who perceived themselves as early adopters of new technologies were more likely to recommend HPV vaccination. Patient factors include characteristics such as payment method. Practice factors are the immediate setting in which a physician delivers care (practice size, geographic location, single vs. the multispecialty group). Practice factors can also include issues outside the immediate practice environment, such as state/policy factors that may affect HPV vaccine recommendation (e.g., physician participation in the VFC program).

The primary aims of this study were to: (i) examine the prevalence of physicians' HPV vaccine recommendations to early (ages 11–12), middle (13–17), and late adolescent/young adult (18–26) males; and (ii) explore physician factors associated with recommendation to each patient age group after the ACIP issued permissive recommendations for HPV vaccination.

Materials and Methods

Sample and recruitment

Study methods are described in greater detail elsewhere (25). Briefly, a serial cross-sectional study was conducted at 3 (2009) and 5 (2011) years post-HPV vaccine licensure for females. Each year, nationally representative samples of family physicians, pediatricians, and obstetricians/gynecologists (OBGYN) were randomly selected from the American Medical Association (AMA) Physician Masterfile based on their proportional representation in the U.S. primary care physician workforce. OBGYNs were excluded from this study given that their practice focuses on female patients. After obtaining the Institutional Review Board approval, a recruitment approach based on the Dillman (28) method was used and included six varied contacts: prenotice postcard, survey packet mailed via FedEx, reminder postcard, reminder survey packet mailed via the U.S. Postal Service, another reminder postcard, and a final survey packet mailed via the U.S. Postal Service. Data used in this study were collected between April 2011 and February 2012. Three surveys were received after the ACIP guidelines for routine vaccination in October 2011, including one that the participant dated May 2011. Recommendation practices reported on these surveys were variable, ranging from "rarely" to "always," and, thus, these responses were included in the current analyses.

The survey was mailed to 746 family physicians and 473 pediatricians in 2011. Completed surveys were received from 406 family physicians and 322 pediatricians. After accounting for undeliverable surveys and ineligible participants (e.g., non-patient care), the specialty-specific response rate was 56.7% for family physicians and

70.2% for pediatricians. To evaluate the national representativeness of the sample, we used the AMA's Physician Characteristics and Distribution in the United States (29) to compare our study samples with the national data on demographic and clinical practice characteristics. Our samples were similar to the national population with respect to region for both specialties and sex for family physicians; however, a higher percentage of family physicians and pediatricians in our samples were in the older age groups, and a higher percentage of pediatricians in our sample were female.

Measures

Survey items and development are described elsewhere (24). The Competing Demands Model (27) and Diffusion of Innovations (23) guided survey development. Predictor and outcome variables included in the current analyses are briefly described in the following paragraphs.

Predictor variables. Physicians were surveyed about HPV information sources, HPV-related knowledge, vaccination barriers, vaccine practices, and vaccine recommendation and administration practices. Vaccine practices included the number of strategies used to get patients in for the first dose (e.g., send patient reminder about need for preventive visit/checkup) and number of strategies used to ensure three-dose series completion (e.g., send reminder/recall letter or call patient). Physicians were also asked whether they referred uninsured and underinsured patients elsewhere for HPV vaccination. Given that HPV vaccination for males was new at the time of the study, two questions assessed whether physicians considered themselves early adopters of medical innovations (23). These questions asked physicians about being among the first to use a newly recommended vaccine compared with clinical peers (five-point Likert-type scale ranging from strongly disagree to strongly agree) and waiting to adopt new medications, vaccines, or procedures until hearing about them from several trusted colleagues (same scale as previous item). Physician demographic, practice, and patient data also were collected.

The survey contained 10 items to measure participants' HPV-related knowledge, including items specific to U.S. Food and Drug Administration approval of HPV vaccine for males and noncervical cancers caused by HPV infection. Responses were summed to create a composite knowledge score and dichotomized on the basis of a median split: lower knowledge (0–7 correct responses) and higher knowledge (8–10 correct responses). In addition, physicians were asked to report their agreement that each of 14 items served as a barrier to immunizing their patients against HPV; a mean barrier score was obtained and a tertile split classified physicians as experiencing low, medium, and high barriers.

Outcome variable. Physicians were asked to report their HPV vaccine recommendation practices: "In the past 12 months, how often did you recommend the HPV vaccine to your male patients?" Physicians provided separate responses for each patient age group. Response

options included a qualitative descriptor and quantitative estimate: "never" (0%), "rarely" (1%–25%), "sometimes" (26%–50%), "often" (51%–75%), "always" (>75%), or "do not see patients in this age group."

Data analysis

Simple logistic regression models were used to determine the demographic and practice characteristics associated with "always" recommending HPV vaccine for each patient age group. The final multivariable logistic regression model for each age group was selected using the backward elimination approach (significance level of stay = 0.05). The models were assessed for multicollinearity among the predictor variables; variance inflation factors suggest that multicollinearity was not problematic (most values ≤ 1.5 ; all ≤ 3.5). Analyses were conducted using SAS 9.3 (SAS Institute Inc.).

Results

As shown in Table 1, the largest proportions of physicians were ≥ 50 years old (42.5%), White/Caucasian (71.2%), and not Hispanic or Latino (91.6%). Most physicians worked in a private practice setting (69.0%) and reported being a VFC provider (58.2%). About 43% did not use any strategies to get patients in for the first dose of HPV vaccine, whereas a higher percentage (57.1%) reported using ≥ 2 strategies to ensure vaccine completion. More than a third of physicians (38.9%) reported being among the first to use a newly recommended vaccine compared with their clinical peers.

The percentage of physicians reporting they "always" recommended HPV vaccination to males when permissive guidelines were in effect was 10.8% for ages 11 to 12, 12.9% for ages 13 to 17, and 13.2% for ages 18 to 26. Compared with family physicians, a higher percentage of pediatricians reported consistent recommendation for all age groups (Fig. 1). In bivariate analyses, the following variables were associated with "always" recommending HPV vaccine across all age groups: Pediatrician specialty; VFC program participation; seeing primarily patients of a race other than White; number of strategies used to get patients in for the first dose and to ensure vaccine completion; being among the first to use a new vaccine; and not waiting to adopt new medications, vaccines, or procedures (Table 2). Physicians of a race other than White, who practiced in a multispecialty or "other" practice environment, who did not refer underinsured patients for HPV vaccination, and with higher HPV-related knowledge also were more likely to consistently recommend HPV vaccination to ages 11 to 12 and 13 to 17. Variables associated with vaccine recommendation to only one age group included northeast practice region (11–12), patient payment method (11–12), perceived barriers to HPV vaccination (11–12), and not referring uninsured patients for HPV vaccination (13–17).

In multivariable analysis, two factors were associated with "always" recommending vaccination for all three

Table 1. Demographic, practice, and patient characteristics; knowledge; perceived barriers; and vaccine practices in a representative sample of U.S. physicians, 2011 ($n = 728$)^a

	<i>n</i> (%)
Demographic characteristics	
Age, y	
30–39	137 (18.8)
40–49	260 (35.7)
50+	309 (42.5)
Gender	
Male	360 (49.5)
Female	361 (49.6)
Race	
White/Caucasian	518 (71.2)
Other	197 (27.1)
Ethnicity	
Hispanic or Latino	39 (5.4)
Not Hispanic or Latino	667 (91.6)
Practice characteristics	
Provider specialty	
Family Medicine	406 (55.8)
Pediatrics	322 (44.2)
Number of physicians	
1	137 (18.8)
2–15	503 (69.1)
16+	79 (10.9)
Number of specialties	
Single	517 (71.0)
Multiple	178 (24.5)
Other	20 (2.8)
Type	
Private practice	502 (69.0)
Other	216 (29.7)
Arrangement	
Full/part-owner physician practice	337 (46.3)
Other	379 (52.1)
Number of patients/day	
0–19	222 (30.5)
20–29	375 (51.5)
30+	121 (16.6)
Location	
Urban	193 (26.5)
Suburban	384 (52.8)
Rural	124 (17.0)
Other	8 (1.1)
Region	
Northeast	151 (20.7)
Midwest	172 (23.6)
South	241 (33.1)
West	149 (20.5)
VFC provider	
Yes	424 (58.2)

*(Continued in the following column)***Table 1.** Demographic, practice, and patient characteristics; knowledge; perceived barriers; and vaccine practices in a representative sample of U.S. physicians, 2011 ($n = 728$)^a (Cont'd)

	<i>n</i> (%)
No	213 (29.3)
Do not know	76 (10.4)
Refer uninsured patients for vaccine	
No or N/A	428 (58.8)
Yes, to federally qualified health center/ health department/other	300 (41.2)
Refer underinsured patients for vaccine	
No or N/A	427 (58.7)
Yes, to federally qualified health center/ health department/other	301 (41.3)
Patient characteristics	
Patient payment method	
Private insurance/HMO	
0%–50% of patients	343 (47.1)
51%–100% of patients	351 (48.2)
Patient race (majority)	
Non-Hispanic White	502 (69.0)
Other	217 (29.8)
HPV knowledge	
Lower (0–7 correct)	313 (43.0)
Higher (8–10 correct)	410 (56.3)
Perceived barriers related to HPV vaccination	
Low	218 (30.0)
Medium	236 (32.4)
High	263 (36.1)
Vaccine practices	
Strategies for HPV vaccine initiation	
0	314 (43.1)
1	168 (23.1)
2+	212 (29.1)
Strategies to ensure HPV vaccine completion	
0	118 (16.2)
1	160 (22.0)
2+	416 (57.1)
Early vs. late adopter	
First to use a new vaccine	
Agree	283 (38.9)
Neutral	263 (36.1)
Disagree	170 (23.4)
Wait to adopt	
Agree	304 (41.8)
Neutral	195 (26.8)
Disagree	219 (30.1)

Abbreviations: HMO, health maintenance organization; STIs, sexually transmitted infections.

^aPercentages may not add up to 100% due to missing data.

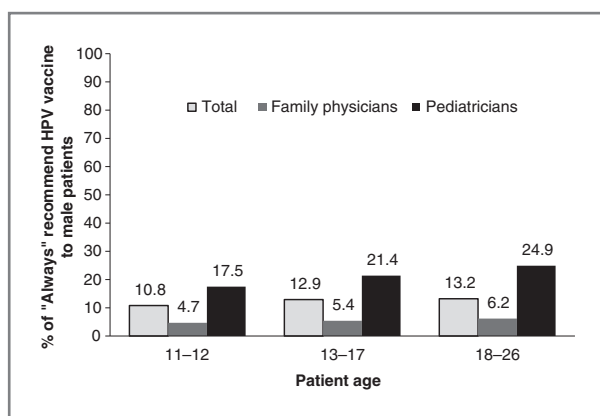


Figure 1. The percentage of physicians who "always" (defined as >75% of the time) recommended HPV vaccine to males, by physician specialty and patient age group. Note: In 2011, physicians seeing 11- to 12-year-old, $n = 648$; 13- to 17-year-old, $n = 658$; and 18- to 26-year-old, $n = 597$.

patient age groups while adjusting for other factors: pediatricians (vs. family physicians) and agreeing (vs. disagreeing) that one was among the first to use a newly recommended vaccine compared with clinical peers (Table 3). Two factors were independently associated with "always" recommending vaccination for males ages 11 to 12: Physicians who reported a race other than White (vs. White) and physicians who reported that 0% to 50% (vs. 51%–100%) of their patients used private insurance as their primary payment method. Finally, one factor was significantly associated with "always" recommending vaccination for males ages 13 to 17 and 18 to 26: Physicians who reported their patients were primarily of a race other than White (vs. non-Hispanic White).

Discussion

Physicians' recommendations seem to be one of the most effective methods for increasing HPV vaccine uptake (30–32), yet little research (26) has been conducted to examine primary care physicians' HPV vaccine recommendations to male patients. This study offers insight into physician practices while HPV vaccine was available, but not universally recommended, for males. Findings suggest that most family physicians and pediatricians did not consistently recommend HPV vaccination to males during the ACIP's permissive recommendation period. Results from this study highlight key variables associated with physicians' HPV vaccine recommendation practices while permissive guidelines were in effect.

Physician clinical specialty and early adoption of new vaccines were associated with "always" recommending HPV vaccine across all three patient age groups. Consistent with prior research on HPV vaccination for females (24, 25), pediatricians were more likely than family physicians to recommend HPV vaccination to males. If this finding persists following the ACIP's routine recommendation for males, then this is concerning given that many adolescent males may transition to the care of family

physicians as they move through adolescence; therefore, family physicians could be critical for providing information about and recommending vaccination (33).

In accordance with the Diffusion of Innovations theory (23), physicians who self-identified as being among the first to use a newly recommended vaccine (i.e., innovators/early adopters) were more likely to "always" recommend HPV vaccine when permissive guidelines were in effect compared with later adopters. This finding parallels previous research reporting that physicians who were late adopters of new drugs/vaccines or technologies were less likely to give HPV vaccine to all eligible patients (34) or offer HPV vaccine (35). Innovators/early adopters have more favorable attitudes toward change (23) and are likely more knowledgeable about innovations. Innovators/early adopters in our study may have been routinely offering HPV vaccine to males despite only permissive guidance from the ACIP because they may have been more knowledgeable about promising results from clinical trials of HPV vaccine in males (16) and anticipated expanded ACIP guidelines. Innovators/early adopters also may be more tolerant of and have the resources to support risk (36), such as financial resources to accept the risk of not receiving reimbursement for vaccinating male patients. Identifying and supporting innovators/early adopters may facilitate diffusion of male HPV vaccination, given these physicians are watched by colleagues as they test evidence-based changes (e.g., feasibility of implementing the new guidelines in clinical practice; ref. 36) and could influence other physicians' support (e.g., strength of recommendation) for HPV vaccination.

In addition to physician clinical specialty and early adoption of new vaccines, patient payer status seems to be associated with physicians' HPV vaccine recommendations to males. In this study, physicians whose patients primarily used payment methods other than private insurance (e.g., Medicaid, uninsured/self-pay) were more likely to recommend HPV vaccine to males 11 to 12 years old. These patients likely were eligible for free HPV vaccine, even during the permissive recommendation period, through the federal VFC program (13, 14). Accordingly, more VFC eligible patients may have had financial coverage for the vaccine compared with patients with private insurance, and, thus, providers were more likely to "always" recommend vaccination to these patients. However, broader HPV vaccine coverage is necessary to help ensure that physicians' HPV vaccine recommendations are aligned with ACIP guidelines and not contingent upon patient payer status.

Along with the patient payment method, physician and patient race/ethnicity were linked to physicians' HPV vaccine recommendations. HPV-associated anal cancer rates are higher for Black men compared with White men (37) and sexually transmitted infection rates tend to be higher in minority populations (38). Physicians' HPV vaccine recommendation practices may have reflected their recognition of and desire to reduce these disparities, particularly among physicians seeing

Table 2. Physician demographic, practice, and patient characteristics; knowledge; perceived barriers; and vaccine practices associated with HPV vaccine recommendation ("always" vs. other) by the patient age group, 2011

	Ages 11–12 (n = 648) ^a		Ages 13–17 (n = 658) ^a		Ages 18–26 (n = 597) ^a	
	n	OR (95% CI)	n	OR (95% CI)	n	OR (95% CI)
Demographic characteristics						
Provider specialty						
Family medicine	340	Reference	350	Reference	372	Reference
Pediatrics	308	4.3 (2.41–7.70) ^b	308	4.8 (2.78–8.13) ^b	225	5.0 (2.99–8.45) ^b
Age, y						
50+	269	Reference	274	Reference	257	Reference
40–49	237	0.6 (0.36–1.14)	240	0.8 (0.45–1.29)	214	0.8 (0.47–1.36)
30–39	125	0.9 (0.45–1.69)	126	0.9 (0.51–1.74)	112	0.8 (0.43–1.59)
Gender						
Male	319	Reference	324	Reference	314	Reference
Female	325	1.3 (0.77–2.09)	330	1.5 (0.93–2.34)	279	1.4 (0.88–2.26)
Race						
White/Caucasian	463	Reference	469	Reference	440	Reference
Other	176	2.0 (1.19–3.36) ^b	180	1.9 (1.17–3.03) ^b	150	1.3 (0.75–2.15)
Ethnicity						
Not Hispanic or Latino	598	Reference	606	Reference	552	Reference
Hispanic or Latino	32	1.2 (0.40–3.45)	34	0.9 (0.30–2.55)	27	0.8 (0.23–2.71)
Practice characteristics						
Number of physicians						
2–15	461	Reference	466	Reference	417	Reference
1	115	1.1 (0.59–2.15)	118	0.8 (0.43–1.52)	112	0.7 (0.34–1.31)
16+	65	1.4 (0.66–3.05)	67	1.0 (0.48–2.14)	62	1.0 (0.48–2.20)
Number of specialties						
Single	470	Reference	476	Reference	437	Reference
Multiple	155	1.9 (1.08–3.24) ^b	159	1.7 (1.03–2.83) ^b	140	1.0 (0.56–1.74)
Other	17	5.9 (2.06–16.70) ^b	17	4.5 (1.61–12.81) ^b	13	3.0 (0.88–9.94)
Type						
Other	175	Reference	178	Reference	162	Reference
Private practice	466	0.7 (0.40–1.14)	473	0.8 (0.47–1.26)	428	1.0 (0.58–1.66)
Arrangement						
Other	330	Reference	337	Reference	304	Reference
Full/part-owner physician practice	309	1.0 (0.63–1.72)	312	1.1 (0.69–1.73)	286	1.3 (0.82–2.12)
Number of patients/day						
30+	114	Reference	115	Reference	103	Reference
20–29	351	0.7 (0.36–1.31)	357	0.8 (0.42–1.41)	315	0.9 (0.49–1.75)
0–19	178	0.9 (0.44–1.79)	181	0.9 (0.45–1.72)	175	0.8 (0.37–1.55)
Location						
Suburban	347	Reference	353	Reference	324	Reference
Urban	164	1.6 (0.88–2.82)	167	1.4 (0.81–2.36)	149	1.2 (0.70–2.16)
Rural	115	1.6 (0.87–3.14)	116	1.4 (0.79–2.62)	104	1.2 (0.63–2.27)
Other	8	1.5 (0.17–12.22)	8	1.1 (0.13–9.32)	6	0.0 (0.00–∞)
Region						
West	131	Reference	133	Reference	118	Reference
Northeast	136	0.4 (0.16–0.94) ^b	141	0.7 (0.32–1.38)	132	0.8 (0.37–1.58)
Midwest	159	0.8 (0.37–1.53)	159	0.9 (0.44–1.70)	149	1.0 (0.49–1.89)
South	210	0.9 (0.49–1.76)	213	1.1 (0.57–1.96)	186	0.8 (0.40–1.53)

(Continued on the following page)

Table 2. Physician demographic, practice, and patient characteristics; knowledge; perceived barriers; and vaccine practices associated with HPV vaccine recommendation ("always" vs. other) by the patient age group, 2011 (Cont'd)

	Ages 11–12 (n = 648) ^a		Ages 13–17 (n = 658) ^a		Ages 18–26 (n = 597) ^a	
	n	OR (95% CI)	n	OR (95% CI)	n	OR (95% CI)
VFC provider						
No	162	Reference	167	Reference	170	Reference
Yes	416	2.1 (1.07–4.11) ^b	417	2.1 (1.14–3.84) ^b	350	2.4 (1.28–4.34) ^b
Do not know	60	0.7 (0.20–2.69)	64	0.5 (0.15–1.94)	67	0.7 (0.22–2.23)
Refer uninsured patients for vaccine						
No or N/A	383	Reference	388	Reference	336	Reference
Yes, to federally qualified health center/health department/other	265	0.6 (0.34–1.00)	270	0.5 (0.32–0.86) ^b	261	0.8 (0.47–1.24)
Refer underinsured patients for vaccine						
No or N/A	381	Reference	386	Reference	336	Reference
Yes, to federally qualified health center/health department/other	267	0.6 (0.34–0.99) ^b	272	0.5 (0.29–0.80) ^b	261	0.9 (0.57–1.47)
Patient characteristics						
Patient payment method						
Private insurance						
51%–100% of patients	317	Reference	326	Reference	300	Reference
0%–50% of patients	309	1.8 (1.06–3.02) ^b	309	1.6 (0.96–2.50)	278	1.2 (0.76–2.00)
Patient race (majority)						
Non-Hispanic White	454	Reference	458	Reference	429	Reference
Other	187	2.6 (1.56–4.27) ^b	193	2.3 (1.42–3.61) ^b	161	1.9 (1.16–3.10) ^b
HPV knowledge						
Higher (8–10 correct)	381	Reference	384	Reference	350	Reference
Lower (0–7 correct)	264	0.6 (0.33–0.98) ^b	271	0.6 (0.37–0.99) ^b	244	0.6 (0.37–1.02)
Perceived barriers related to HPV vaccination						
Overall						
High	225	Reference	231	Reference	211	Reference
Medium	211	2.0 (1.05–3.81) ^b	215	1.7 (0.97–3.14)	203	1.5 (0.83–2.74)
Low	205	1.8 (0.94–3.50)	206	1.7 (0.94–3.08)	179	1.7 (0.92–3.07)
Vaccine practices						
Strategies for HPV vaccine initiation						
2+	198	Reference	204	Reference	167	Reference
1	163	0.8 (0.43–1.49)	163	0.8 (0.43–1.36)	145	0.8 (0.43–1.38)
0	280	0.5 (0.30–0.98) ^b	284	0.5 (0.27–0.81) ^b	279	0.4 (0.21–0.65) ^b
Strategies to ensure HPV vaccine completion						
2+	393	Reference	400	Reference	348	Reference
1	152	1.0 (0.58–1.81)	153	1.0 (0.57–1.65)	142	1.0 (0.58–1.75)
0	96	0.2 (0.07–0.76) ^b	98	0.2 (0.09–0.69) ^b	101	0.4 (0.19–0.99) ^b
Early vs. late adopter						
First to use a new vaccine						
Disagree	145	Reference	148	Reference	146	Reference
Neutral	231	2.3 (0.73–7.05)	236	2.6 (0.97–7.22)	211	2.7 (1.07–6.88) ^b
Agree	267	8.5 (3.02–24.09) ^b	269	8.0 (3.15–20.51) ^b	235	6.3 (2.63–15.13) ^b
Wait to adopt						
Agree	268	Reference	272	Reference	253	Reference
Neutral	175	0.7 (0.34–1.51)	178	0.9 (0.47–1.66)	156	1.0 (0.50–1.84)
Disagree	201	2.3 (1.33–4.07) ^b	204	1.9 (1.14–3.23) ^b	184	2.0 (1.14–3.38) ^b

NOTE: Rows containing statistically significant variables are shaded for ease of viewing patterns across age groups.

Abbreviation: CI, confidence interval.

^aNumber of physicians who see male patients in the age group.^bStatistically significant variable included in the multivariable model.

Table 3. Multivariable logistic regression analysis of factors associated with HPV vaccine recommendation ("always" vs. other)^a by the patient age group, 2011

Predictor	Patient age group adjusted OR (95% CI)		
	11–12 (n = 581)	13–17 (n = 619)	18–26 (n = 571)
Specialty			
Family physician	1.0 (Reference)	1.0 (Reference)	1.0 (Reference)
Pediatrician	3.5 (1.82–6.74)	3.5 (1.95–6.23)	3.8 (2.23–6.50)
First to use a new vaccine			
Disagree	1.0 (Reference)	1.0 (Reference)	1.0 (Reference)
Neutral	2.0 (0.55–7.49)	2.3 (0.74–6.92)	2.1 (0.81–5.38)
Agree	6.9 (2.05–23.06)	6.4 (2.21–18.24)	4.2 (1.72–10.37)
Physician race		–	–
White/Caucasian	1.0 (Reference)		
Other	1.9 (1.06–3.46)		
Patient payment method, private insurance		–	–
51%–100% of patients	1.0 (Reference)		
0%–50% of patients	2.1 (1.18–3.81)		
Patient race (majority)	–		
Non-Hispanic White		1.0 (Reference)	1.0 (Reference)
Other		2.0 (1.17–3.28)	1.8 (1.06–3.04)

Abbreviation: CI, confidence interval.

^aVariables were selected through backward selection at the level of stay $\alpha = 0.05$.

a patient population that is not non-Hispanic White. More research is needed to understand the role of race/ethnicity in physicians' HPV vaccine recommendations.

Given that physicians' perceived barriers to immunizing patients were statistically significantly associated with HPV vaccine recommendations for females (24, 25), an interesting finding was the lack of a significant association between perceived barriers and HPV vaccine recommendations for male patients. One possible explanation for this result is the absence of male-specific barrier items and the timing of survey. The assessment of physicians' barriers related to immunizing patients against HPV was neutral with regard to patient sex and, because the ACIP guidelines for males were permissive at the time of the survey, physicians may have responded to the barrier items with their female patients in mind. More recent assessments of barriers to HPV vaccination suggest there are male-specific barriers (39), such as lack of office visits by adolescent male patients (26) and physicians' belief that vaccinating males is not worth the cost or effort (40). Future assessments of physicians' barriers to immunizing patients against HPV should include these barriers.

This study has notable strengths, including the use of nationally representative samples of physicians most likely to be involved in male HPV vaccination and an overall response rate exceeding 60%. Despite its strengths, there are several limitations. First, the data may be subject to recall bias; however, self-reported measures are necessary to assess physicians' recommendation practices given that recommendation may be inconsistently documented in medical records and cannot be assessed using

claims data. Similarly, physicians may have reported socially desirable responses about practice behaviors, although we attempted to minimize socially desirable responses through an anonymous survey. Finally, although our response rate exceeds that of other studies of U.S. physicians pertaining to HPV vaccination (22, 41, 42), the responders to our survey may have had stronger opinions about HPV vaccination or more time to devote to taking the survey than nonresponders. This issue may be particularly relevant for family physicians, whose response rates were lower than pediatricians.

Conclusions and Future Directions

This article provides a unique glimpse into physicians' HPV vaccine recommendations early in the dissemination of the vaccine for male patients. Overall rates of recommendation were low and possibly influenced by the permissive nature of the ACIP recommendation. However, the study results largely mirror previous studies of recommendations to females (24, 25) demonstrating the strong association between physician recommendation and specialty. In addition, recommendation to males was associated with self-identification as an innovator/early adopter of new vaccines. An important next step is to examine whether physicians' recommendation rates have improved now that the vaccine is fully recommended by the ACIP, and, thus, is more likely to be covered by private insurance. If these same factors continue to be influential in predicting recommendation practices, then public health interventions designed to increase HPV vaccine recommendations

for males should focus on increasing recommendations by family physicians, who likely assume care of adolescent males as they transition from pediatric settings. In addition, identifying and supporting innovators/early adopters may help diffuse HPV vaccination guidelines and encourage later adopters to support guidelines.

Disclosure of Potential Conflicts of Interest

A.R. Giuliano is a consultant/advisory board member for Merck. J.A. Kahn and G.D. Zimet report receiving commercial research grants from Merck. No potential conflicts of interest were disclosed by the other authors.

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